October 7, 2005

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A riddle for your thoughts...
General Gasslefield, accused of high treason, is sentenced to death by the court-martial. He is allowed to make a final statement, after which he will be shot if the statement is false or will be hung if the statement is true. Gasslefield makes his final statement and is released. What could he have said?
Making life better at Ali Base...
services is here to help, needs yours

By Senior Master Sgt. Ray Magby
407th Air Expeditionary Services Squadron superintendent

One of the greatest joys I’ve had as services troop is deploying. Granted, sometimes the location isn’t the best, and sometimes the weather can be unbearable—but these are little things compared to what I get out of the experience.

I’ve been to locations where the temperature has soared past 130 degrees Fahrenheit and to others where it was so cold that I’ve tossed a cup of hot coffee in the air and watched it crystallize before hitting the ground. Regardless of the temperature or the location, when services Airmen deploy we have a great opportunity to do what we do best: provide morale lifting events.

Our main goal is to provide programs to keep your morale high—whether we’re working in the dining facility, fitness center, or lodging. Whatever limitations or restrictions we have to live with, your quality of life is the forefront of our mission.

The Air Force focuses a great deal of effort toward making quality of life things happen quickly in deployed locations: funding of services programs is much faster and we’re able to do things in days and weeks rather than months to do the same things while at a permanent base.

The 407th Expeditionary Services Squadron staff is dedicated to improving the programs, activities and equipment used by the Airmen of Ali Base. Previous rotations have done some great things and we intend to build on them. In order to make this happen we’ll need your help in taking care of what we already have. Please remember that the Hot Spot, Muscle Beach Fitness Center, the Big Top and all of the equipment you use for recreation are here for your enjoyment and recreation. We must take care of it for ourselves and those who follow.

For example, keeping things in order is crucial at the fitness center. Putting weights back in their proper place is just one of them. This may sound trivial, but to the person who has to look all over the facility for the match to a set of 45 pound dumbbells, it’s key. Respect each other and the equipment while in the fitness center. There are other rules posted in the fitness center, as well as in other services facilities; please abide by them.

We’ve recently posted signs in the Morale Phone and Computer room asking you not to bring food or beverages into the room and yet people still do. Please help us with this. Any damage to the computers means longer waiting lines for everybody while the machines are removed and repaired. According Tech. Sgt. Marina Moore, Hot Spot director, her staff recently spent three hours cleaning the computers because of food and beverage spills. I was deployed to another location years ago, and the communication squadron shutdown the Morale Phone and Computer room for three days to clean the computers; we surely don’t want that to happen here.

My point is simple: services will continue to do anything we can to improve the quality of life here, so keep the good ideas coming. But we need everyone’s help following posted instructions designed to make sure that everything we already have stays in usable condition for us and those who follow.

“Any damage to the computers means longer waiting lines...”

Helping out now will keep services items in good condition, allowing the squadron to concentrate on adding items said Senior Master Sgt. Ray Magby, 407th Expeditionary Services Squadron superintendent, here at Muscle Beach.

Photo by Senior Airman Jennifer Haas
Out and about: Public Affairs

Col. Don Palandech,
407th Air Expeditionary Group commander, visits Team Ali.

One stop that I made this week was right down my own hall at the public affairs office. It's a one man shop staffed by our very own Army helicopter mechanic turned Air Force public affairs craftsman Tech. Sgt. Paul Dean, a reservist from Homestead Air Reserve Base, Fla.

It seemed like a good opportunity to find out more about his job and what he does for all of us. Sergeant Dean is a jack of all trades who’s most important job here is to make sure our story is heard. To do this, he is one part reporter, getting and writing the story; he is one part photographer, capturing us as we do the mission; he is one part editor, refining the stories you submit so you sound great; and one part publisher, laying out the stories for the Ali Times. He works to let us know what is going on around Ali Base and to let those in the outside world know what we are doing. By putting out interesting and honest stories, good information reaches our loved ones back at our homes.

Whether it’s in the Ali Times, on Air Force Link or your hometown newspaper, Sergeant Dean is the focal point for the flow of information off Ali Base (for the Air Force.) The most basic information is put out when you complete a Hometown News Release. There’s a link on the Ali Intranet page under PA for the HTNR. Please complete one if you haven’t already.

Sergeant Dean’s duty isn’t limited to putting out the newspaper; the office is also the point of contact if there were an “event” on base, visiting media, or situations when I need advice about speaking to the public. Also, Sergeant Dean is always looking for stories. Give him a call if there is something that you think is newsworthy or could be interesting for others, such as something that will help him tell the public the Air Force story or how air power is contributing to the fight. He is also interested in any joint services or coalition missions and projects.

The best thing about his job according to Sergeant Dean is when he gets a call thanking him for a story he wrote that got back to somebody’s home. He can only get that good feeling if you give him the stories to write. Call the public affairs office with any story ideas or questions about your Hometown News Release at 445-2318. And watch for his e-mails because he spends a lot of time Googling for us.

Information Assurance Tip of the Week

USBs are not to be used on SIPR computers.
Use a CD or diskette to transfer files from your NIPR to the SIPR.

English translation:
USB—Universal Serial Bus
SIPR—Secret Internet Protocol Routing Network
NIPR—Non-classified Internet Protocol Routing Network
Promotions, awards ceremony

Sept. 30: hard work rewarded (promoted to)

Airman 1st Class Michael DeLong, 407th ECES (28th CES Ellsworth AFB, S.D.)

Airman 1st Class Amorita Jenkins, 407th ELRS (4th LRS Seymour Johnson AFB, N.C.)

Airman 1st Class Christie Thrash, 407th ESVS (7th SVS Dyess AFB, Texas) Photos by Senior Airman Jennifer Haas

Senior Airman Gabriel Barker, 407th ESFS (354th SFS Eielson AFB, Ala.)

Senior Airman Jason Brusso, 407th ECES (56th CMS Luke AFB, Ariz.)

Senior Airman William Jimenez, 407th ECES (60th CES Travis AFB, Calif.)

Senior Airman Dhanajay Patel, 407th ECES (60th CES Travis AFB, Calif.)

Staff Sgt. Jahara Brown, 407th ESFS (325th SFS Tyndall AFB, Fla.)

Staff Sgt. Nicole Eisenbarth, 407th AEG (4th MSG, Seymour Johnson AFB, N.C.)

Staff Sgt. Michael Fosdick, 777th EAS (86th AMXS Ramstein AB)

Staff Sgt. Edward Weathersby, 777th EAS (86th MXS Ramstein AB, GE)

Master Sgt. Roxanne Porter, 777th EAS (52nd LRS Spangdahlem AB, GE)
It’s Sunday afternoon at 5 p.m. and the 407th Personnel Support for Contingency Operations section here is winding down the day shift. The cable dawgs of the 407th Expeditionary Communications Squadron are doing the same.

Things changed rapidly 10 minutes later when 1st Lt. Adam Pudenz, PERSCO team chief, walked across Bedrock (tent city) to the communication squadron compound. He couldn’t call or e-mail because the PERSCO building had no telephone or computer network service.

“We knew what that meant right away,” said Tech. Sgt. Carl Beaty, 407th ECS noncommissioned officer in charge of base information infrastructure, deployed from the 28th Communication Squadron, Ellsworth Air Force Base, S.D. If both systems were down it meant that a cable system had been severed somewhere between the PERSCO building and the communications compound.

“We knew what that meant right away,” said Tech. Sgt. Carl Beaty, 407th ECS noncommissioned officer in charge of base information infrastructure, deployed from the 28th Communication Squadron, Ellsworth Air Force Base, S.D. If both systems were down it meant that a cable system had been severed somewhere between the PERSCO building and the communications compound.

Sergeant Beaty had a crew of seven, including Staff Sgt. Brad Hendrix, a computer systems operator deployed from the 36th Communications Squadron, Anderson Air Force Base, Guam.

“I’ve been learning a lot about cable maintenance since I’ve been here,” said Sergeant Hendrix. This stuff isn’t really part of my Air...
Force Specialty Code but I wanted to see if I could actually do some of the things I’ve been learning about.”

The team went into an organized scatter: some getting lighting, others going to get tools and equipment. Lieutenant Pudenz, realizing that the cable dawgs were going to do whatever it took to have him back in business quickly, went on a pizza run.

The site was an eerie scene a little while later. The sky was almost moonless and Bedrock was pitch black except for the small hole illuminated by a couple of halogen work lights. The cable dawgs were in and around the hole, splicing and dicing, doing this and that, trying to make ends meet. The task of matching 12 halves of fiber optic paled in comparison to the copper problem, which included two cables with four groups of 25 wires, each with unique patterns and color codes.

Darkness and dust compounded what would be a difficult task under the best of conditions. But this was where the action was and all the cable dawgs wanted in on it. Then the generator died, but still they continued. The crew used flashlights to keep going while they waited for the lights to turn on again.

By 8 p.m. the phones and Internet were back online in the PERSCO building.

“These guys really went above and beyond considering the circumstances,” said Sergeant Beaty. “They knew what had to be done and they took the ball and ran.”

“It was really something,” said Staff Sgt. Paul Mattke, 407th ECS voice and network systems journeyman, also deployed from the 28th CS. “Everybody knew what their part of the job was. Everybody just took it upon themselves to make sure it got done, whatever it took.”

“I take my hat off to all of them,” said Lieutenant Pudenz.

“They told me that things would be taken care of as quickly as possible, but seeing the mess there a couple of hours ago and now being able to log on and dial a phone is really something,” said Lieutenant Pudenz.

The dawgs included:

Tech. Sgt. Carl Beaty, NCOIC, deployed from the 28th Communications Squadron, Ellsworth Air Force Base, S.D.

Staff Sgt. Brad Hendrix, computer systems operator, deployed from the 36th Communications Squadron, Anderson Air Force Base, Guam.

Staff Sgt. David Isaacs, voice network systems journeyman, deployed from the 52nd Communications Squadron, Spangdahlem, Germany.

Staff Sgt. Paul Mattke, voice network systems journeyman, deployed from the 28th CS, Ellsworth Air Force Base, S.D.

Staff Sgt. Fernando Perez, communications cable and antenna systems journeyman, deployed from the 65th Communications Squadron, Lajes Field, Azores.

Staff Sgt. Gary Sayre, voice network systems journeyman, deployed from the 62nd Communications Squadron, McChord Air Force Base, Wash.

Staff Sgt. Richard Trimble, computer network switching and cryptographic systems journeyman, deployed from the 28th CS.

Senior Airman Michael Woods (front) uses a fiber inspection scope to check the quality of a fiber optic connection. Working on the copper connections in the hole behind him are Staff Sgts. Fernando Perez (left) and Paul Mattke.

The generator quit for a while but a flashlight was all Staff Sgts. Gary Sayre (left) and Paul Mattke needed to keep working.

Senior Airman Michael Woods, communications cable and antenna systems journeyman, deployed from the 65th CS, Lajes Field, Azores.

“This is a great example of teamwork. These Airmen arrived just two weeks ago from different bases for the start of their rotation—now they’re a seamless team and won’t stop working until the job is 100 percent complete,” said Maj. Todd Glanzer, commander 407th ECS deployed from the 27th Communications Squadron, Cannon Air Force Base, N.M.
Nothing would seem out of place if the room were inside an American schoolhouse: posters with picture clues describe nouns and the like; the tables have books, pens, paper and lesson books on them; and the people seated take notes, talk amongst themselves and laugh occasionally.

All things considered, there’s nothing uncommon about English as a second language classes. But there’s a unique reason ESL classes are held at this base: Iraqi airmen are required to take the course so they can read and understand Air Force technical orders that outline the operation and maintenance of three C-130s gifted to them.

Iraqi air force leaders decided several months ago that aircraft TOs wouldn’t be translated into Arabic, which meant operators and maintainers would have to be taught English—from scratch in most cases. The task of teaching English to the almost 500-person strong Iraqi air force went to the Defense Language Institute.

Beverly Hall is part of a 4-person DLI mobile training team here to teach the Iraqi airmen assigned to Squadron 23 (Transport).

Teaching English to non-English speaking students, has never been so important said Mrs. Hall.

“These guys are building a democracy, and I get to be here to watch it grow. This is a once in a lifetime opportunity,” she said.

Mrs. Hall realized the importance of the task early on, focused on the goal, and signed a new three month contract at the end of her first tour here. She’s now been teaching ESL to the Iraq air force since May.

A common interest in the future of Iraq and the importance of learning to read and write English has created unique bonds between the teacher and her 15 students. “Teacher, hello teacher,” the students call out frequently in the partitioned tent used as a classroom. The calls are often questions about how their answer differs from that in the book. Many times answers given by the students are better than the book answer—but above the grade level of the lesson—at which time they give Mrs. Hall a look or a smile. “No schmoozing,” she replies. “You still have homework.”

The motivation behind the learning here is different from any Mrs. Hall has ever experienced, and one she doesn’t think could ever be duplicated.

“Adult students in general are more self-motivated. But these guys, well they don’t need me to motivate them at all. They know what the motivation is, they have to build a country; they come to class ready to learn,” she said.

Mrs. Hall has to be on her game every day and
on time, if not the students tell her “Come on teacher, come on! We have to learn, we have to get into this, we need to know this English today,” she said.

Not only do the students push Mrs. Hall to keep the learning on track, they help each other. A student will jump in at the slightest hint of a stumbling block when a fellow student is reading out loud. Then there’s a student instigated mini-huddle after the jump in—with some back and forth in Arabic for a second or two, making sure everybody understands—and ending when three or four of them say the word out loud to validate group understanding and cue Mrs. Hall that she can go on.

It’s been this way from the beginning said Mrs. Hall. Each of the Iraqi students truly wants all of the others to do their best.

Mrs. Hall started her teaching career 22 years ago in Arizona. Five years later she was looking for a part-time job to stay busy while her husband was at work. She was already teaching full time for the Department of Defense Dependents school system but took on another job as a part-time ESL instructor for the city of Misawa, Japan, where Mr. Hall was stationed. The irony and a common source of chuckles between the couple today, is that Mr. Hall retired from the military never having to see combat, but Mrs. Hall now collects imminent danger pay. Along the way Mrs. Hall has taught in DoDDs, public and private schools.

The decision to sign on for a second term here was made after Mrs. Hall explained to her husband how important she thinks this opportunity is. Things that are happening here are different than what most Americans see on TV or read about in the paper and magazines she explained to her husband. Both agreed that this is where she needs to be right now.

“For a teacher who taught history and government to be here and watch history in the making is really fascinating,” she said.

Mrs. Hall makes little of her contribution and said all of the accolades should go to her students for their courage.

“They know about our country and the founding fathers. I remind them that they are going to be in [the Iraqi] history books one day,” she said. “Your grandchildren are going to read about you building your country the same way our founding fathers did,” Mrs. Hall tells them.
Identify This

Do you know what this is?

If you can identify the object, e-mail the paper at Ali.Times@tlab.centaf.af.mil with “Identify This” in the subject block by 3 p.m. Thursday Oct. 13. All correct entries will be placed in a box and three winners will be randomly selected at Combat Bingo (at the Hot Spot) at 7:30 p.m., Friday Oct. 14. Participants do not have to attend bingo to win. The three winners will receive a complimentary T-shirt or coin from the 407th Expeditionary Services Squadron. The Sept. 30 ID This winner, the only person who identified (and did it quite clearly) was Staff Sgt. William Brown, 407th ECS (port hole in the temper tent for the heater stack for the 70,000 BTU pre-way heater. For winter use only). "Hole in a tent" would have been fine!

From the CPIC

Briefs off of the wire from the Combined Press Information Center.

October 6

BAGHDAD, Iraq — During combat operations to crack down on terrorist cells and their support networks in and around Baghdad, Iraqi and Coalition Forces seized 31 weapons caches in September, making it the largest monthly haul since 54 caches were seized in May.

October 5


BAGHDAD, Iraq — U.S. Soldiers, responding to an Iraqi citizen’s tip, foiled a potential terrorist car bomb attack near an elementary school in west Baghdad Oct. 3.

BAGHDAD, Iraq — Task Force Baghdad Soldiers and Iraqi security forces continue working hard to create a secure environment for the Oct. 15 constitutional referendum.

Operations in south Baghdad netted 11 suspected terrorists in the past 48 hours.

CAMP BUCCA, Iraq — A 43-year-old male security detainee died this morning at Camp Bucca.

BAGHDAD, Iraq — Coalition Forces captured 20 terror suspects during seven pre-dawn raids against terrorist safe-houses in Baghdad Oct. 4 in order to break up terror networks operating in and around the city.

All seven raids were conducted between 1 a.m. and 4 a.m. in west, northwest, south and southeast Baghdad.

October 4

CAMP ECHO, Iraq — Multi-National Division Central South handed over 120 police cars to Iraqi Police in the Babil and Diwaniyah provinces Oct. 4.

BAGHDAD, Iraq — Iraqi and Coalition forces captured 78 suspected terrorists and seized eight weapons caches while carrying out a combined total of 12 raids and 66 search operations throughout the city from Sept. 28 through Sept. 30.

Iraqi Security forces and Task Force Baghdad Soldiers also conducted nearly 1,600 combat patrols, and continued to receive tips from Iraqi citizens fed up with terrorist violence in their neighborhoods.

October 3

BAGHDAD, Iraq — Iraqi Army and Task Force Baghdad Soldiers seized six suspected improvised explosive device emplacers, detained two car bombing suspects, and unearthed three weapons caches during combined and independent combat operations Oct. 2.
Madman (and helpers) loose on Ali Base!

Or more accurately...

Where the boss goes,

He got the boss, 407th Air Expeditionary Group Commander Col. Don Palandech (far left), the boss’s right hand man, deputy commander Lt. Col. Jerry Perkins (top), then he went after the superintendent, Chief Master Sgt. Cindy Davis!

When will he stop?

Who is he?
The Group goes

Don't worry, it's just Staff Sgt. Eric McCoy and the folks from the clinic making their rounds with the influenza vaccine. The annual shot is mandatory. Your first sergeant will let you know when it's your turn; no need to go to the clinic.

Top down: Capt. Tony Martin sticks Senior Master Sgt. Carl Graap; Tech. Sgt. Jeff Merritt and Senior Airman Stephanie Zengerle are jabbed by Sergeant McCoy.
Rumor Control

Here’s the real deal, the truth!

A flap about tent maintenance

Rumor
I hear that I’m not allowed to do anything to my tent but to call CE if there’s anything wrong at all. I don’t mind helping but not if I’m going to get in trouble for it.

Fact
I’ll answer this with a simple statement from the Ali Base 407 AEG Instruction 36-01, (Aug. 1, 2005), which you can find on the Intranet home page by clicking on “Ali Base OI’s.”

7.4 Maintain Living Quarters: Tent occupants are expected to make sure tents are properly tied, all ropes are tightened, and tent sections are staked and sandbagged to prevent wind damage. Tent chiefs are responsible for ensuring occupants stake/sandbag tent. All occupants are responsible for ensuring the tent remains staked down after high winds.

If the problem with your tent doesn’t fall under the above responsibilities then you should call the CE Help Desk at 445-2237.

This rumor was addressed by 407th Air Expeditionary Civil Engineer Squadron superintendent Chief Master Sgt. Darryl Brundidge.

Heard a rumor?
Don’t speculate. Get the facts by e-mailing the Ali.Times@tlab.centaf.af.mil or call Chief Master Sgt. Cynthia Davis, 407th Air Expeditionary Group superintendent at 445-2027.

AEF 7/8— Doing things right the first time, every time!

Did you see a photographer out and about?
For your viewing and sharing pleasure...
V:\Shared\Photographs\AEF 7&8

407th AEG Warrior of the Week

Senior Airman Peter Ahleong

Unit:
407th Expeditionary Civil Engineer Squadron

Duty title:
Structural Journeyman

Home station:
60th Civil Engineer Squadron, Travis AFB, Calif.

Why other warriors say he’s a warrior:
“Airman Ahleong is the go-to-guy with a can-do attitude. He is always first on the job site and the last to leave. He continuously puts service before self in every aspect to complete the mission.” —Tech. Sgt. Lucian Urbina, structures shop assistant NCOIC

Most memorable Air Force experience:
Becoming an American citizen

Hobbies:
Sports, movies and roughhousing with his children
Break it down, the goal is envious

By Chaplain (Capt.) David Kelley
407th Air Expeditionary Group Chaplain

How are we going to get through this deployment? How will we reach the finish line knowing this isn’t a short sprint but a marathon?

As we begin this Air and Space Expeditionary Force cycle I challenge you to accept no other alternative than this: we will reach the finish line together—with honor and for honor.

Honor is a word used too little these days, even in the military. We have terms like honorable service, an honorable discharge, even a medal of honor, but still, the word is hard to come by in a real sense.

I want us to understand honor by looking at its five parts, this will help us achieve it during the next few months.

First, “h” stands for heart. It takes a special kind of heart to do what we do, day in and day out—and there are no better “hearts” in uniform than those in the Air Force. As you are here, make sure you keep your heart tender and kind.

The first “o” is for others before us. We, in the Air Force, are about serving others. In some unique way, when we serve others, we somehow get energized ourselves. The truth is Ali Base is about “team,” and doing the mission together; therefore, as you are reading this article, think about the person next to you or your tent mates and think of ways you can better their lives through service.

The “n” is for name. All Airmen wear two names on their DCUs: the name of the United States Air Force and their family name. We do not simply represent ourselves, but millions of others from the homeland. When we leave this place we want both of those names to be remembered for things like integrity, service, and compassion. As someone very wise once said, “A good name is worth more than gold.”

The second “o” is for ourselves. As I mentioned earlier, this is a marathon, not a sprint; therefore, we are going to have to take care of ourselves for the long run. To achieve the goal of honor at the end of the race you must make it to the end of the race! So take care of yourself out there.

The last letter is “r,” and it signifies reward. There are rewards at the end of this race if we do not faint, if we keep our hand to the task, and if we refuse to settle for second best. This reward goes much deeper than ribbons, medals, or fame.

The reward is, you guessed it, honor! You will leave Ali Base with a strong pride, your head held high, and with a dignity that only comes from hard, diligent service for a cause greater than yourself.

Our time here is an opportunity to hold the banner of righteousness high and to be a part of something your great grandchildren will read about. We have a chance to make a difference for good when so many things look bad in the world.

And someday, when your grandchildren ask you about your part in the Global War on Terror, you will again fill with an honor that is truly yours, and which can never be taken from you.

Again I ask the question, “How are we going to get through this deployment?” I challenge you to join with me in answering, “With honor and for honor.”
Serenity in the Sand

Faith-based Services Schedule

Worship is at the 407th Air Expeditionary Group Oasis of Peace chapel, unless otherwise noted. The Oasis is open 24 hours a day for prayer and reflection. For details on worship opportunities, or directions to worship locations, please call 445-2006.

Friday
1 p.m., Muslim prayer/service (temporarily unav.)
6 p.m., Weekday Mass: Oasis
6:30 p.m., Jewish Service: Army Religious Activities Center (ARAC)
7 p.m., Bible Study: ARAC
7:30 p.m., Gospel choir rehearsal: Army Post Chapel (APC)
8 p.m., Alcoholics Anonymous: ARAC annex

Saturday
5:30 p.m., Catholic Confession: Oasis Office
6 p.m., Catholic Vigil Mass: Oasis
7 p.m., Kick the Camel (quit smoking) club: ARAC

Sunday
7:30 a.m., Catholic Confession: Oasis Office;
Traditional Protestant Service: APC
8 a.m., Roman Catholic Mass: Oasis; Church of Christ Service: ARAC
8:30 a.m., Contemporary Protestant Service: Sapper Chapel; Sunday School: APC
9:30 a.m., Traditional Protestant Service: Oasis
10 a.m., Contemporary Protestant Service: APC; Latter Day Saints Service: ARAC
10:30 a.m., Roman Catholic Mass: Camp Cedar
1 p.m., Gospel Service: APC
7 p.m., Contemporary Worship Service: Oasis

Sunday (continued)
7:30 p.m., Contemporary Christian Service: Sapper Chapel
8 p.m., Alcoholics Anonymous: ARAC annex

Monday
6 p.m., Weekday Mass: Oasis
7 p.m., Protestant Bible Study: Sapper Chapel
7:30 p.m., Discipleship Bible study/fellowship: Oasis

Tuesday
Noon, Alcoholics Anonymous: ARAC annexe
6 p.m., Weekday Mass: Oasis
7:30 p.m., Catholic Study: Oasis Annex; Combat Bible Study: ARAC

Wednesday
6 p.m., Weekday Mass: Oasis
7 p.m., Spanish Bible Study: ARAC; Midweek Service Discussion: APC
7:30 p.m., Protestant Evening Service: APC;
Mens Bible Study: APC
7:45 p.m., Alpha Course Bible Study: Oasis Annex

Thursday
6 p.m., Weekday Mass: Oasis
6:30 p.m., Ladies Bible Study: ARAC
7 p.m., Latter Day Saints Study: ARAC
7:30 p.m., Workman’s Fellowship: RAC; A Man and His World Bible Study: Oasis

This week at the Cricket

Drumline (2002), 1 a.m., 1 p.m., Nick Cannon, Zoe Saldana, comedy/drama

Big Bounce (2004), 3 a.m., 3 p.m., Owen Wilson, Butch Helena, crime/thriller/comedy

In Her Shoes (2005), 5 a.m., 5 p.m., Cameron Diaz, Anson Mount, comedy/drama

Fantastic Four (2005), 7 a.m., 7 p.m., Ioan Gruffudd, Jessica Alba, action/adventure/fantasy

Roll Bounce (2005), 9 a.m., 9 p.m., Bow Wow, Brandon T. Jackson, comedy/drama

War of the Worlds (2005), 11 a.m., 11 p.m., Tom Cruise, Dakota Fanning, action/adventure/sci-fi

Transporter 2 (2003), Jason Statham, Alessandro Gassman, action/crime/thriller

Saturday
Transporter 2 .......... 1 a.m.
Drumline .......... 3 a.m.
The Big Bounce .......... 5 a.m.
In Her Shoes .......... 7 a.m.
Fantastic Four .......... 9 a.m.
Roll Bounce .......... 11 a.m.
War of the Worlds .... 1 a.m.
Drumline .......... 1 p.m.
Transporter 2 .......... 3 p.m.
Drumline .......... 5 p.m.
The Big Bounce .......... 7 p.m.
In Her Shoes .......... 9 p.m.
Fantastic Four .......... 11 p.m.

Sunday
Roll Bounce .......... 1 a.m.
War of the Worlds .......... 3 a.m.
Transporter 2 .......... 5 a.m.
Drumline .......... 7 a.m.
The Big Bounce .......... 9 a.m.
In Her Shoes .......... 11 a.m.
Fantastic Four .......... 9 a.m.
Roll Bounce .......... 11 a.m.
War of the Worlds .... 1 a.m.
Drumline .......... 3 p.m.
Transporter 2 .......... 3 p.m.
Drumline .......... 5 p.m.
War of the Worlds .... 5 p.m.
Drumline .......... 7 p.m.
In Her Shoes .......... 9 p.m.
The Big Bounce .......... 11 p.m.

Movie times are subject to change.
Bedrock and beyond...

activities to keep you fit, happy and hungry for more

Today
8 a.m., Women’s Weight Lifting: Muscle Beach (I)
4:30 p.m., Slim in 6, Resist-a-Band: HOP
5 p.m., Tang Soo Do: Muscle Beach (I)
6 p.m., Tae Kwon Do: HOP
6:30 p.m., Spin: Muscle Beach (I)
7 p.m., 9-Ball and Video Game TNYs: ARC
7:30 p.m., Bingo and “Transporter 2”: Big Top
8 p.m., 3-point shootout, Basketball courts
8 p.m., Step Aerobics: HOP

Saturday
5:30 a.m., Pilates: HOP
8 a.m., Sit-up competition: Muscle Beach
8 a.m., Women’s Weight Lifting: Muscle Beach (I)
2:30 p.m., Pilates: Muscle Beach (DVD)
4:30 p.m., Slim in 6, Resist-a-Band: HOP
5 p.m., Pull-up competition: Muscle Beach
6:30 p.m., Advanced Step: HOP
7 p.m., Spades TNY: Big Top
7 p.m., Hip Hop Night: Big Top
7 p.m., Dominoes and Dart TNYs: ARC
7 p.m., “Batman Begins”: Adder Common
7 p.m., Karaoke: Sprung Center
8 p.m., Salsa Lessons: HOP
8:30 p.m., Absolute Abs: Muscle Beach (I)

Sunday
8 a.m., Women’s Weight Lifting: Muscle Beach (I)
noon, Tae Kwon Do: Muscle Beach (I)
2 p.m., “Child’s Play”: Big Top
2:30 p.m., Yoga: Muscle Beach (DVD)
3 p.m., Spin: HOP
4 p.m., “Seed of Chucky”: Big Top
6:30 p.m., Cardio Mix: HOP
7 p.m., Karaoke: Big Top
7 p.m., “Bad News Bears”: Adder Common
7 p.m., Spades TNYs: ARC
8:15 p.m., Popcorn and a Movie: Oasis Annex

Monday
8 a.m., Women’s Weight Lifting: Muscle Beach (I)
4:30 p.m., Slim in 6, Resist-a-Band: HOP
5 p.m., Tang Soo Do: Muscle Beach (I)
6 p.m., Tae Kwon Do: HOP
6:30 p.m., Spin: Muscle Beach (I)
7 p.m., Chess Club: ARC
8 p.m., Checkers: Hot Spot
8 p.m., Step Aerobics: HOP

Tuesday
5:30 a.m., Pilates: HOP
6 a.m., Pump it Up: Muscle Beach (I)
2:30 p.m., Yoga: Muscle Beach (DVD)
4:30 p.m., Slim in 6, Resist-a-Band: HOP
6:30 p.m., Advanced Step: HOP
7 p.m., Ping Pong TNY: ARC
8 p.m., 9-Ball: Hot Spot
8 p.m., Spin: HOP
8:30 p.m., Absolute Abs: Muscle Beach (I)

Wednesday
5:30 a.m., Aerobics: Muscle Beach (DVD)
2:30 p.m., Pilates: Muscle Beach (DVD)
4:30 p.m., Slim in 6, Resist-a-Band: HOP
6 p.m., Tae Kwon Do: HOP
6 p.m., 3 on 3 basketball TNY: Bedrock Courts
6:30 p.m., Spin: Muscle Beach (I)
8 p.m., NCAA Football: Hot Spot
8 p.m., Step Aerobics: HOP

Thursday
5:30 a.m., Pilates: HOP
6 a.m., Pump it Up: Muscle Beach (I)
9:30 a.m., Tae Kwon Do: Muscle Beach (I)
4:30 p.m., Slim in 6, Resist-a-Band: HOP
6:30 p.m., Cardio mix: HOP
7 p.m., Scrabble TNY: ARC
8 p.m., 5-Card Stud: Hot Spot
8 p.m., Spin: HOP
8:30 p.m., Absolute Abs: Muscle Beach (I)

It’s your base, so...

Call the 407th Services Squadron with ideas for activities: 445-2696; For information about the House of Pain, Army fitness center: 833-1709; For information about Army morale, welfare and recreation activities: 833-1745.
The judges know it.

Yeah Buddy!

The audience knows it.

Photos by Tech. Sgt. Paul Dean
Sunday Karaoke is the place to be!

There’s only three weeks left to win a spot in the finals. The big winner gets some nice prizes and a chance to sing with some special musical guests in November. What are you doing on Sunday nights? Come on, dis’ is da joint heeaya!

The singers: (lower left, clockwise) Army Spc. Stan Solian, 145th Maintenance Battalion; Senior Airman Russell Buell, 407th ELRS; Staff Sgt. Quamesha Smith, 407th ELRS; Chaplain (Lt. Col.) Joseph Vu.

The judges: (from the left) Tech. Sgt. Patricia Hairston, Airman 1st Class Alexander Sharpe, Master Sgt. James Roschal, all 407th ESVS.

The crowd: front and center are Capt. Charley Parent (PT) and 1st Lt. John Contreras, 777th EAS.
Air Force Services Presents

SHOOT FOR THE STARS!

October weekly Karaoke winners can compete to win a chance to sing with special musical guests in November 445-2306 for details

Preliminary Rounds:
Oct. 9
Oct. 16
Oct. 23