



The Sather Pathfinder

Volume 1, Issue 1

Dec. 3, 2005

Baghdad International Airport, Iraq



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COMMENTARY

Honoring religious diversity

By Chap. (Capt.) Steven A. Fisher and Maj. Michael J. Coco

379th Air Expeditionary Wing Chapel, Legal Offices

Happy Holidays! Or maybe it's more appropriate to spell holiday out and say: Happy Holy Days.

As we approach the end of a calendar year many people around the world, at home and working next to us, are already celebrating holy days; while many others are anticipating the holy days yet to come.

It is important for Americans to respect and accommodate religious diversity while representing our heritage across the globe.

In 1789, our forefathers gathered to bring clarity to the Constitution of the United States, and in 1791 the Bill of Rights was ratified.

First on the list was the intent for all Americans to have the right to exercise religious freedom. Yet it seems ironic at this time of year that the issue of religious accommodation and sensitivity is a hot button in the military of a nation founded on religious freedom.

At times it appears the only religious freedom we support is our own and that of others who believe the way we do. As men and women in service to our country, it behooves us to practice what we preach as a nation.

With our religious freedom comes the sensitivity of accommodating all religions which compose our military community.

It has been said: The surest way to the heart of a people is through their faith. A person's faith is what they believe. What a person believes is the core of who they are

and how they live.

The decision a person makes and the actions a person takes are all directly linked to what the person truly believes at that moment in time. It is to our advantage to provide people around us the opportunity to practice their religion, and take time to better understand what they believe.

In August, the Air Force Chief of Staff published "Interim Guidelines Concerning Free Exercise of Religion in the Air Force." These guidelines remind us that we are sworn to uphold the Constitution. That includes the right to the free exercise of religion and freedom from government establishment of religion.

As such, commanders, supervisors and leaders at every level have the responsibility to foster an environment that neither appears to endorse or disapprove of any religion, or a lack of religious belief.

The guidelines state that commanders should accommodate religious conduct when it does not interfere with military necessities. These include readiness, unit cohesion, standards and discipline.

Commanders need to be sensitive to the potential that their (or others) personal expressions of religious belief may appear to be official expressions, especially when higher ranking officials appear to endorse a particular religious belief.

Accordingly, commanders use their discretion to determine what is appropriate in their work spaces, understanding that they must subordinate their personal beliefs to the good order of their unit.

However, they also must accommodate religious conduct when possible.

In accordance with these guidelines, commanders may allow holiday displays consistent with readiness, good order, discipline and unit cohesion. Non-religious holiday symbols such as trees, holly, lights, Santa Clause, etc., are permissible.

Religious displays are also permissible, as long as the display does not appear to constitute an official endorsement of a particular religion. For instance, a commander would not want to put a crucifix in the entrance to his squadron area. However, an all inclusive display, which included religious symbols from different religions, is permissible. The key is to ensure that a particular religion is not being endorsed within the unit display.

Commanders may also allow religious symbols in "personal" work spaces. While all of our work spaces are government property, the place where a particular individual works becomes a "personal" area. Generally, Airmen are free to have small expressions of faith displayed in their individual work spaces, so long as the commander feels it does not result in the appearance of an official endorsement of religion by the Air Force or his or her unit.

At all times, commanders must ensure that they create a climate where individuals believe that requests for religious accommodation are welcomed and will be fairly considered. Commanders cannot anticipate every request, but where practicable, avoiding scheduling conflicts with major religious observance days can build unit confidence in leadership and enhance unit effectiveness.

Whatever our faith background, may we all share this season of joy and peace with mutual respect and sensitivity toward all people.



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Formerly known as the BLAP Sentinel

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Front Page photo



A young Iraqi girl smiles after receiving an armful of school supplies from the Civil Military Operations Center at RBC. Read the story on Page 6.

Photo by Master Sgt. Randy L. Mitchell



AIR FORCE PERSONNEL NEWS

700-plus Airmen face retraining into new specialties

RANDOLPH AIR FORCE BASE, Texas - The Noncommissioned Officer Retraining Program Phase II, which started Nov. 18 and continues until retraining targets are met, will involuntarily retrain up to 777 active-duty Airmen.

Enlisted retraining staff personnel at the Air Force Personnel Center here will place Phase II involuntary retraining candidates into Air Force specialties to help balance the enlisted force.

“This phase of the retraining program is necessary to help meet the needs of the Air Force by moving Airmen from career fields with manning surpluses to those experiencing shortages,” said Tech. Sgt. Catina Johnson-Roscoe, NCO in charge of Air Force Enlisted Retraining.

In Phase I of the program, Air Force officials notified more than 3,000 Airmen selected as vulnerable to retrain and asked them to submit their choices of shortage career fields they would most like to retrain into. Of that number, AFPC approved nearly 300 Airmen to change career fields or separate.

“The Air Force makes every effort to place Airmen through the voluntary retraining phase, a program that allows Airmen to apply for their preferred career field choices,” said Chief Master Sgt. Christine Williams, chief of the AFPC skills management branch.

“Now, during the involuntary phase, we must place the overage Airmen in the remaining shortage AFSCs to best position enlisted manpower to meet Air Force mission requirements,” she added.

For those retraining selectees, the enlisted retraining staff will work with each Airman to make the transition as smooth as possible for the Airman and his or her family while still meeting the needs of the Air Force, according to Sergeant Johnson-Roscoe.

Vulnerability listings by grade and Air Force Specialty Code will be updated weekly on AFPC’s Web site beginning Dec. 1 at <https://www.afpc.randolph.af.mil/enlskills/retraining/retraining.htm>.

For more information about the program, people should contact the PERSCO flight.

CSRB changes sweeten cash incentive for eligible Airmen

RANDOLPH AIR FORCE BASE, Texas - The Air Force recently changed the re-enlistment window and waived obligated service requirements for Airmen eligible to receive the enlisted critical skills retention bonus.

The re-enlistment window now allows CSRB-eligible Airmen to re-enlist at any time. If eligible Airmen have a year left on their current enlistment, the updated CSRB program allows that service time to be waived clearing the way for Airmen to re-enlist and receive the bonus. CSRB program changes will remain in effect until Dec. 31, 2007.

“The changes made allow eligible Airmen to maximize use of the bonus,” said Chief Master Sgt. Christine Williams, chief of the skills management branch at the Air Force Personnel Center here.

The CSRB program is open to technical sergeants and above with:

- at least 19 years of service, but not more than 24 years of service;
- a controlled AFSC of 1C2X1, combat control; or 1T2X1, pararescue;
- a willingness to commit to serving two to six years.

Meeting those requirements, Airmen may qualify for a retention bonus of up to \$150,000.

Additionally, Airmen must meet re-enlistment eligibility and either re-enlist or extend for a maximum of six years, but no less than two years.

Enlisted members who accept the bonus will incur an active-duty service commitment equal to their extension or re-enlistment.

Airmen are allowed to project their re-enlistment six months in advance provided the re-enlistment occurs on the actual day Airmen reach 19 years of total active federal military service.

Airmen unable to re-enlist on their 19-year anniversary date due to the date falling on a weekend, holiday or for other unforeseen circumstances may request an exception to policy.

For more information, eligible Airmen should contact the PERSCO Flight.

White House Fellowship Program seeks applicants

RANDOLPH AIR FORCE BASE, Texas - Military personnel may apply by Jan. 15 for the White House Fellowship Program that provides first-hand experience in how the government operates.

Up to 19 people are selected each year to work full-time for one year as special assistants to senior executives in cabinet-level agencies or in the executive office of the president. Military personnel are particularly encouraged to apply since the program enhances executive development.

Applicants must meet the following criteria:

- have 24 months time on station as of Aug. 1, 2006, or be returning from an overseas assignment from July 1 - Aug. 31;
- have sufficient retainability to serve a three-year active-duty service commitment upon completion of the program; and
- be available for reassignment.

Applying Airmen must obtain written endorsement and authorization from the first colonel in their chain of command. They must have completed all developmental or professional military education appropriate to their rank. Also enlisted applicants must have an overall 5 rating on their last enlisted performance reports.

Applications may be obtained by writing to the following address:

**President’s Commission on White House Fellows
712 Jackson Place NW
Washington DC 20503**

Completed packages, to include applications and endorsements, must be postmarked by Jan. 15 and sent to:

**HQ AFPC/DPAPE
550 C St. West, Suite 32
Randolph AFB TX 78150-4734**

Founded in 1964, the Fellows Program is one of America’s most prestigious programs for leadership and public service. Because the program is open to all U.S. citizens, except those who are federally employed, there are no restrictions for age, sex, race or physical requirements.

For more information, contact PERSCO or visit <http://www.whitehouse.gov/fellows/>.

AIR FORCE NEWS

Deployment health assessment ready

WASHINGTON (AFPN) — Airmen returning from deployment now have two opportunities to let healthcare workers know of their mental and physical health status.

Beginning in December, the Air Force will require all Airmen returning from deployments to complete a post-deployment health reassessment. The PDHRA needs to be completed between 90 and 180 days after returning home from a deployment. The PDHRA complements the post-deployment health assessment, which Airmen complete at the end of their deployments.

The PDHRA is another layer of assessment meant to capture information about mental and physical health issues that may not have materialized immediately upon a return home, said Lt. Col. Jim Favret, the clinical consultant to the Air Force Surgeon General for the biomedical science corps.

“The PDHRA enhances the existing procedures we have to monitor the health of our Airmen,” he said. “It is an additional tool we are about to put in place to check the health of our Airmen after deployment.”

Airmen will not fill out a paper form. Instead, some 90 days after returning from overseas, their unit deployment manager will send them a link to a Web-based version of the form.

The results of an Airman’s PDHRA will be sent to his or her medical treatment facility for review. At the Airman’s request, or as the result of a determination made by someone reviewing their assessment, an Airman may be called in to discuss potential health concerns with a medical professional.

“If folks indicate they are experiencing some symptoms, then they will have an opportunity to meet with a health care provider who will do a more in-depth assessment,” Colonel Favret said. “Then we will provide them with follow-up care if it is needed.”

The PDHRA gathers information from Airmen about their current health status with questions similar to what might be filled out when visiting a doctor’s office. For instance, the assessment provides a list of symptoms Airmen can select. There are also questions about injuries or wounds sustained during deployment and potential exposure to environmental hazards.

While the PDHRA is not a substitute for a consultation with a medical professional, it is another opportunity for Airmen to let the Air Force know about their health status. And it is another opportunity to catch something serious before it can escalate.

The paper version of the PDHRA can be found at: www.dtic.mil/whs/directives/infomgt/forms/forminfo/forminfo3292.html

Standard federal ID to replace common access cards

WASHINGTON (AFPN) — A new, standardized identification card is being developed for all federal employees.

The new card will replace the common access cards that military personnel, government civilians and contractors now hold, said Mary Dixon, deputy director of the Defense Manpower Data Center.

The new cards will look much the same as CACs, with a few changes, Mrs. Dixon said. The color scheme will be different and

more information will be embedded in the card, she said.

The added information will be a biometric of two fingerprints, to be used for identification purposes, and a string of numbers that will allow physical access to buildings, Mrs. Dixon said.

The biggest change will be the addition of wireless technology, which will allow the cards to be read by a machine from a short distance away, Mrs. Dixon said. This will make the new cards much easier to use for access to buildings than CACs, which must be swiped through a reader, she said.

The new cards themselves will not be enough to grant access to all federal buildings, Mrs. Dixon said. Rather, they will be checked against each building’s database to determine if an individual has access.

A prototype of the new card is being developed and will be finalized in the next couple of months, Mrs. Dixon said. The cards will be issued starting in October 2006 to all military personnel, government civilians and qualified contractors. In the Defense Department, all employees should have the new cards within three and a half years, she said. A timeline has not been set for the rest of the federal government.

New guide helps maintain ‘human weapon system’

LANGLEY AIR FORCE BASE, Va. (AFPN) — A guide published by the Air Force Suicide Prevention Program is now available to explain how to be a good “wingman.”

The Leader’s Guide for Managing Personnel in Distress is a tool that “helps commanders, first sergeants and supervisors recognize distress-related behaviors and assist Airmen who demonstrate distress symptoms,” said Maj. Jill Scheckel, chief of Air Combat Command’s life skills branch.

Experts in the behavioral health field developed the guide. It addresses an important issue in the Air Force today: To maintain a healthy force, there is a need to recognize and implement intervention strategies for those experiencing increased stress.

“We know that emotional well-being, like physical well-being, can significantly impact work performance and health,” Major Scheckel said. “In this sense, we need to ensure our most precious resource — the human weapon system — is maintained adequately.”

The guide encompasses not only behaviors associated with distress — like suicidal thoughts, depression, domestic violence and substance abuse — but also significant life challenges. These include financial and legal problems and relationship difficulties, Major Scheckel said.

Overall, the guide covers 35 stress-related topics and provides checklists and recommended actions.

Major Scheckel hopes the guide will also stop the myth that seeking help ruins careers. Because, in many cases, delaying assistance is more likely to impede job performance.

Although the guide was initially developed for leaders, she said it is very useful for every Airman, regardless of whether they are supervisors.

“We each have a responsibility to initiate support when a fellow Airman is in distress,” the major said. “It’s really a community culture where every Airman must look out for his or her wingman.”

NOVEMBER AWARDS RECOGNITION CEREMONY



SABRE Team -- 447th Expeditionary Civil Engineering Squadron Explosive Ordnance Disposal Flight
 Col. Joel Malone, commander, presents the December SABRE Team award to Senior Master Sgt. Larry Senst and Capt. Joshua Tyler. Also pictured (from left to right) Master Sgt. Michael Pitts, Senior Airman Ivan Tarin, Staff Sgt. Paul Horton, Tech. Sgt. Brian Schilhabel, Senior Airman Gevoyd Little, Senior Airman Patrick Farber, Senior Airman Matthew Muse and Chief Master Sgt. Cynthia Solomito, Chief Enlisted Manager. Not pictured: Staff Sgt. Joseph Upton, Staff Sgt. Matthew Bingaman and Senior Airman Daniel Acosta.



Senior Airman Patrick Farber
 Airman of the Month



Staff Sgt. Chad Lee
 NCO of the Month



Master Sgt. Ander Rogers
 Senior NCO of the Month



Capt. Joshua Tyler
 Company Grade Officer of the Month

Air Force, Army team cares for Iraqi patients

By Master Sgt. Randy L. Mitchell

Chief, Public Affairs

BAGHDAD INTERNATIONAL AIRPORT, Iraq – The 447th Air Expeditionary Group has teamed with members of the 48th Brigade Combat Team and Charlie Company, 490th Civil Affairs Battalion, to provide medical care near the Radwaniya Civil Military Operations Center.

Soldiers constructed the clinic Sept. 20 by refurbishing an existing building. The clinic addresses an urgent need of the people living to the South and West of Baghdad for medical care.

“The area is poor, rural, and the Iraqi government currently lacks the resources to supply desperately needed medical services,” said Maj. Mark Cuttle, C/490 CA commander. “In the face of this need the clinic has stepped forward and is filling the void.”

The clinic had been staffed with medical personnel from the 48 BCT and the 5th Special Forces Group. But operational needs caused the Army to step back and offer the Air Force an opportunity to assist.

Sather Air Base personnel here were eager to help and jumped at the opportunity right away.

“I see this as a great opportunity to show the humanity of the American military,” said Col. (Dr.) Salvatore Lombardi, 447th Expeditionary Medical Squadron commander.

Since opening, the clinic has averaged roughly 25 to 30 patients a day, except during Ramadan.

The clinic is currently open three days a week for three hours, and operates on a walk-in basis providing medical services to all Iraqis, regardless of tribe affiliation or religious preference.

The 447th EMEDS has seen more than 150 patients since they began assisting the Army Nov. 10.

“Providing quality medical care is what we do for all our patients,” said Dr. Lombardi, “but I also see this as an excellent opportunity to touch the hearts and minds of our Iraqi neighbors outside the wire.”



(Right) Dr. Randy Guliuzza, Chief of Aerospace Medicine for the 447th Expeditionary Medical Squadron, uses an otoscope to put a young Iraqi patient at ease prior to her exam.

(Below) An 83-year-old Iraqi woman was comfortable enough to visit the clinic and entrust her care to an American doctor.



Photos by Master Sgt. Randy L. Mitchell

That sentiment was echoed by one of the flight surgeons who volunteered to work at the clinic.

“The clinic provides an opportunity to build a sense of trust between some Iraqis and Americans,” said Lt. Col. (Dr.) Randy J. Guliuzza, chief of Aerospace Medicine. “It also provides the possibility to influence a future generation of Iraqis. By touching one life at a time, the hope is to prevent future anger and violence, particularly toward Americans.”

Providing quality medical help to people who have essentially no access to any type of medical care is another reason Dr. Guliuzza chose to volunteer.

“In a few hours, I am able to help people find relief from problems that have hurt them for a long time,” said Dr. Guliuzza. “For example, many Americans have been able to get relief from chronic reflux disease, or heartburn, with some education and use of the newer medications.

“With treatment, more serious diseases can also be prevented,” the doctor said. “I am able to help these people, most of whom are very poor, see that same improvement in their quality of life.”

Patients suffer from a variety of illnesses and injuries, according to Major Cuttle. “The most common conditions are chronic respiratory conditions, orthopedic injuries and ear problems in children,” he said.

The 447th Expeditionary Civil Engineering Squadron saw a need where they and base volunteers could become involved.

“Captain Morin (447th EMEDS) brought to my attention some minor projects including some drainage work for the parking lots, minor heating/air conditioning work, plumbing repairs and some small carpentry projects that would really improve quality of life for the clinic patrons,” said 2nd Lt. Jeffrey England, 447th ECES. “One specific project we are taking on, and I think will be a big hit, is the construction of some playground equipment for the Iraqi children.”

According to Lieutenant England, some of the work for the playground won’t require expert craftsmen so they are hoping to get a lot of volunteers from across the base to help out.

“Where we really need volunteers is in spreading pea gravel around the playground and landscaping,” said Lt. England, “volunteers will also be needed for painting, resurfacing the floor and other small projects.”

There are real needs being met here that have to be told according to Major Cuttle, which he summed it up in the words of the poet Pindar, “Unsung, the noblest deed will die.”

Seeing Double

By Master Sgt. Randy L. Mitchell

Chief, Public Affairs

Some brothers live near each other, some take vacations together and some enjoy grand adventures with one another. But seldom do two deploy in order to see more of one another.

Travis and Terence Mimms did. Identical twins, born only eight minutes apart, they found themselves deployed here to the same location.

Strange enough in itself, but it gets better when you realize they are in different career fields and stationed at separate bases.

“We actually see more of each other now than we did before deploying,” said Airman 1st Class Travis Mimms, 447th Expeditionary Logistics Readiness Squadron, and eldest of the two.

“We can chill together here just about everyday,” said Airman 1st Class Terence Mimms, 447th Expeditionary Security Forces Squadron. “Back at our home stations it’s a little different because of the distance and our work schedules.”

The distance ‘back home’ isn’t much, since Travis is assigned to Hurlburt Field and Terence is at Eglin Air Force Base, both in the Florida panhandle about 10 miles apart. But work and living the ‘single life’ can sometimes find the two going weeks without seeing each another.

The Clarksville, Tennessee natives are devoted Airmen making a positive impact within their work areas here too.

“Travis is always willing to learn new tasks and has a ‘can do’ attitude,” said Senior Master Sgt. William Manley, chief of supply. “Travis excelled in his duties in the armory, but has also done a great job working in the receiving section processing incoming supplies. He is truly a team player and dedicated Airman.”

They see each other daily and enjoy their off-duty time together working out in the gym, playing sports or just ‘chilling out’ watching a movie.

They both joined the Air Force for the educational benefits and to travel, but neither expected they would travel to Iraq during the same rotation. Their mom, Tanya, who still lives in Clarksville certainly wasn’t pleased when she first found out.

Terence, who splits his time between working entry control points and patrols to keep the base safe and secure, was the first to find out he was deploying and to tell his mother.

“Originally, I was the only one deploying and I was supposed to be going to Balad,” said Terence. “So later when Travis told her he was going to Baghdad she really got heated.”

In fact, Travis was the first to deploy and didn’t know his brother’s deployment had been changed to Baghdad.

“I was the first one here,” said Travis, “and when I was walking to the gym I saw a figure walking my way and I thought ‘this person looks like me and walks the same as I do,’ so when he got closer I thought ‘that is me’...my twin!

“We just smiled and hugged each other,” Travis added. “Terence told me he went to the recreation tent, where someone began talking to him thinking he was me. It took several minutes before the person believed he was my twin brother, and finally told Terence that I usually go to the gym around 7:30 p.m.

“That made my mother more comfortable,” said Travis. “Knowing we were together, she just told us to watch out for each other.”

The two are enjoying their time together here for more reasons than one.

“Its good being here together,” said Terence, “at least I have someone I can relate to.”

“Its kind of funny seeing each other,” added Travis, “especially when people get us confused.”

That happens often here, but there is a way to tell them apart. In his duty uniform, Terence wears a security forces patch; and in his physical training uniform Terence has tattoos on each arm – initials on his right forearm and a black panther on his left.

Even though the two enjoy each others company, they are still mindful of their mission here.

“It’s a blessing to defend my country alongside my brother here in support of Operation Iraqi Freedom and to be a part of history,” said Terence. “This is something that will never be forgotten.”

Although Travis arrived here first, he will depart before Terence who is deployed for six months due to his career field. Though their desert vacation will end at separate times; they know the time they’ve shared here will be a memory each will cherish – by being blessed to share this holiday season and deployment with one another.

Travis may enjoy hitting the beach at sunset when he returns home first, but knows his thoughts will return to the sand where his brother is still serving.



Photo by Master Sgt. Randy L. Mitchell

Airmen 1st Class Travis (left) and Terence Mimms are identical twins deployed here. Travis deployed first from the Air Force Special Operations Command Regional Supply Center at Hurlburt Field, Fla., and did not know his twin was deploying to the same location. Terence is deployed from Eglin Air Force Base, Fla., where he works in the 96th Security Forces Squadron.



Striker Dining Facility Menu

Daily Breakfast Menu

Baked bacon/sausage patties
Creamed beef
Canadian bacon or ham slices
Onion&mushroom quiche
breakfast burrito
Assorted omeletes/eggs to order
Scrambled eggs/hard boiled eggs
Hash browns
Grits/Oatmeal
Waffles/French toast
Buttermilk biscuits

Short Order Lunch/Dinner

Hamburger/Cheeseburger
Frankfurters
Grilled cheese
Egg rolls
Chicken tenders/Buffalo wings
Pizza/Tacos
Potato/Pasta bar
Baked beans
French fries/onion rings
Philly cheesesteaks
Corn dogs

SATURDAY, Dec. 3rd

Lunch

Vegetarian vegetable soup
Cornish game hens
Grilled pork chops
Fried shrimp
Meat loaf
Buttered noodles

Dinner

Roasted chicken
Yankee pot roast
Herb-baked salmon filets
Spaghetti w/meat sauce

SUNDAY, Dec. 4th

Lunch

Chicken noodle soup
Roasted turkey
BBQ ribs
Fried fish
Beef stroganoff

Dinner

Smothered pork chops
Grilled steak
Fried chicken
Baked fish
Ham hocks
Polish sausage w/peppers & onions
Baked macaroni & cheese

MONDAY, Dec. 5th

Lunch

Cream of mushroom soup
Salisbury steak
Oven-baked chicken
Glazed baked ham
Turkey curry

Dinner

Lemon-baked fish
Breaded shrimp
BBQ beef cubes
Honey-glazed Cornish game hens
Baked macaroni & cheese

TUESDAY, Dec. 6th

Lunch

Cream of broccoli soup
Spaghetti w/meat sauce
Braised beef cubes
Fried fish
Grilled pork chops

Dinner

Fried fish
Veal schnitzel
Meatloaf
Chicken Cordon Bleu

WEDNESDAY, Dec. 7th

Lunch

New England clam chowder
Roast beef
Fried chicken
Lemon-baked fish
Turkey pot pie
Noodles Parmesan

Dinner

Baked chicken
Chili mac
Lasagna w/eggplant parmesan
Corned beef
rice and/or potatoes
various vegetables

THURSDAY, Dec. 8th

Lunch

Chicken noodle soup
Baked salmon/crab bites
Breaded scallops
Turkey cutlets
Noodles Jefferson

Dinner

Grilled pork chops
Roast beef
Roasted turkey
Chicken Cordon Bleu

FRIDAY, Dec. 9th

Lunch

Cream of mushroom soup
T-bone steak
Lobster tails
Crab legs
Baked fish
Fried fish
Fried shrimp
Seafood gumbo
Fried chicken
Baked macaroni & cheese

Dinner

BBQ ribs
Beef pot pie
Roasted turkey
Salisbury steak

SATURDAY, Dec. 10th

Lunch

Vegetarian vegetable soup
Meat loaf
BBQ ribs
Spaghetti w/meat sauce
Caribbean chicken

Dinner

Beef & Noodles
Baked ham
Fried fish
Chicken Cordon Bleu

SUNDAY, Dec. 11th

Lunch

New England clam chowder
Roast beef
Cornish game hens
Veal parmesan
Baked fish

Dinner

Smothered pork chops
Fried chicken
BBQ ribs
Fried fish

MONDAY, Dec. 12th

Lunch

Cream of mushroom soup
Rotisserie chicken
Italian-style veal steak
Salisbury steak

Dinner

Texas-style beef brisket
Turkey cutlet
Braised beef & Noodles
Fried chicken

TUESDAY, Dec. 13th

Lunch

Cream of broccoli soup
Yakisoba
Pulledpork BBQ
Caribbean chicken
Swiss steak w/mushrooms&onions

Dinner

Roast pork loin

Veal parmesan
Meatloaf
Parmesan Pollock fish

WEDNESDAY, Dec. 14th

Lunch

Chicken w/rice soup
Swedish meatballs
BBQ chicken
Corned beef
Honey-glazed ham
Buttered noodles

Dinner

Baked chicken
Grilled pork chops
Fish fillet
Roast beef

THURSDAY, Dec. 15th

Lunch

Vegetarian vegetable soup
Roast turkey
Chicken pot pie
Braised beef
Roast pork ham

Dinner

Lasagna w/eggplant
Spaghetti w/meat sauce
Veal parmesan
Cheese manacotti
Fried chicken

FRIDAY, Dec. 16th

Lunch

Surf & Turf day -- see Dec. 9th menu

Dinner

Salisbury steak
Bakedchicken
Glazed-baked ham
Italian veal
Steamed pasta (tri-color rotini)

SATURDAY, Dec. 17th

Lunch

Bean w/bacon soup
Fried chicken
Pot roast
Lemon-baked fish
Roasted turkey

Dinner

Vealsteak
Salmon w/garlic sauce
Chicken Vega
Sweet & sour pork chops

Note: Rice and/or potatoes and a variety of vegetables are served with every meal.

Menu is subject to change without notice!

Chapel Activities

Song of Solomon Video Series

9-10 a.m., Saturdays, Victory Chapel

This is one of the hottest deployment video series of the past decade, and now the 10th Anniversary Edition is new and improved.

Tommy Nelson, pastor of *Denton Bible Church* and teacher of the *Metro Bible Study* in Dallas, speaks frankly and humorously about one of the most neglected books in the Bible, the *Song of Solomon*, and some of the most ignored topics in the church today -- intimacy, sexuality and romance.

You will find this series refreshing and energizing. It is excellent for those of you who are married and want to strengthen your relationship with your spouse. It is also a great preparatory tool for those of you thinking about marriage or just dating.

Bottom line, you won't want to miss this series. The material is designed for both individual and group study. Whether for singles, married couples, young or old, this study will be of great benefit.

"Romantic relationships affect everyone. Do we think that God has given us desire and passion without any instruction? Has God given us romance and tossed it like a grenade? Did He just say, 'play around with it until you figure it out?' No, He has given us an entire book that deals with all of this and more. It's called the Song of Solomon." -- Tommy Nelson

That the World May Know - Faith Lessons

7:30-9 p.m., Saturdays, Glass House Conference Room

Filmed on location in Israel, Faith Lessons is an in-depth video tour of the buried, distant or otherwise forgotten places where the stories of the Bible actually happened.

Creation vs. Evolution

4-5 p.m., Sundays, Victory Chapel

The chances are good that you have already conceded to one view or the other, or maybe you've found yourself comfortable on the middle ground, saying something like, "the Creator used Evolution."

The chances are also good that you have not heard the science behind creationism. **This is one of the hot-button topics of our time**, and we have on Sather Air Base, a person extremely well-qualified to present the Creation view from a scientific perspective.

Dr. (Lt. Col.) Randy Guliuza, 447th Expeditionary Medical Squadron's chief of Aerospace Medicine, began his military career as a Navy engineer straight out of the South Dakota School of Mines, then received his M.S. in Public Health from Harvard as his interests began to change. When he asked Dr. Gish (of the Institution for Creation Research) how he could help in creation ministry, he was sent back to school for a doctorate, which he received from the University of Minnesota. His typical debate lecture follows Dr. Gish's big-issue format, stressing the lack of transitional forms in the fossil record, the laws of thermodynamics, and the impossibility of a naturalistic origin of life (as stated at www.icr.org). Dr. Guliuza will continue his lecture series over the next five weeks. A question and answer period is provided after each lecture.

Victory Chapel Worship Services

SATURDAY

4 p.m., Catholic Confession

4:30 p.m., Catholic Mass

SUNDAY

8 a.m., Traditional Protestant Service

10 a.m., Gospel Worship Service

2 p.m., LDS Service

3 p.m., Catholic Mass: Striker Chapel

7:30 a.m., Contemporary Protestant Service

Note: All worship services held at the Victory Chapel unless otherwise noted

Believers Fellowship

5-6 p.m., Mondays, Victory Chapel

This is an informal gathering for anyone wanting to attend and discuss various 'real life' issues and how the Bible provides guidance. It is an open forum where each person is encouraged to express their thoughts. Come out and enjoy some fellowship and lively discussion.

Wild at Heart - Men's Study

8-9 p.m., Tuesdays, Victory Chapel

In *Wild at Heart: Discovering a Life of Passion, Freedom, and Adventure*, John Eldredge throws down the gauntlet--men are bored; they fear risk, they refuse to pay attention to their deepest desires.

He challenges Christian men to return to authentic masculinity without resorting to a "macho man" mentality.

Having a Mary Heart in a Martha World

Women's study opportunity

Have you ever felt that no matter how hard you try, it's never enough? Maybe it's time to follow Mary's example: leave the dishes in the sink and sit at Jesus' feet!

Through practical strategies and devotional illustrations, Joanna Weaver explains how "living room intimacy" with Christ is the key to successful "kitchen service" in the world. Updated with a new 12-week companion Bible study, Weaver's popular book shows women how to blend intimacy with Jesus with service for Him.

Ladies, if you are interested and would like more information, please contact SA Lauren Almond at 446-2465.

A time and location will be determined by response and interest.

If you have any questions or other religious or spiritual needs, please contact the chapel staff in the chapel office or call 446-2452.



Sizzlin' Hot Expeditionary Services

Unit tree decorating contest

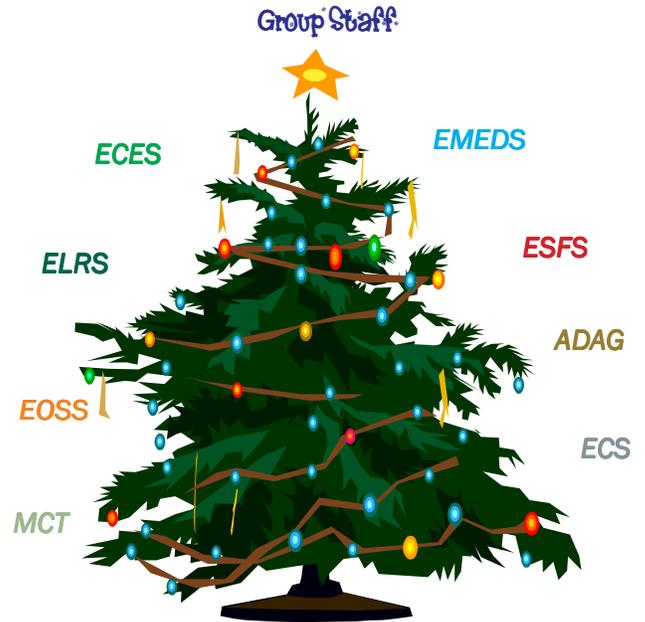
Sather Airmen and soldiers, its that time of the years to celebrate with cheer and near beer!

Also, what would the holidays be without some friendly competition?

This time its a "unit versus unit" holiday tree decorating contest. The unit with the most creative and original tree will receive a \$50 gift card - with the winner being decided on Dec. 23.

Choose a theme and out-decorate your fellow units. Trees are available at the recreation tent.

Have fun, be safe and happy holidays to all!



12 Days of Christmas

So you don't have to sing the song to remember what the items were to rewrite it, here they are. But remember this song begins on 12th day, ending at first..

- 12 Drummers Drumming
- 11 Pipers Piping
- 10 Lords a Leaping
- 9 Ladies Dancing
- 8 Maids a Milking
- 7 Swans a Swimming
- 6 Geese a Laying
- 5 Golden Rings
- 4 Calling Birds
- 3 French Hens
- 2 Turtle Doves
- and a Partridge in a Pear Tree

12 Days of Christmas...

SATHER STYLE!

Holiday songs are cherished by many, especially the famous "12 Days of Christmas."

We all know the original version with the doves and golden rings, but now it's your turn to put a Sather spin on this holiday classic with the remix.

The unit with the funniest, most ridiculous rendition of this classic favorite will win a \$50 gift card!



ESVs December Events

Thursday

Friday

Saturday

Sunday

Monday

Tuesday

Wednesday

1

2

3



Merry
Christmas

And a
Happy
New
Year!

From
your
Sizzlin'
Hot SVS
Team

Chess
0900/1930

Salsa Dance
Class
and Music
Night, 2000

Circuit
Training,
0530/1830
Line Dance
Class and
Country
Music Night,
1930
Texas Hold-
em,
0900/1930

Horseshoes
0900/1930
Karaoke
Night &
Variety
Music, 1930
Boxing at
Camp
Victory, 1800

4
Bingo @ 0900
Bingo (Top 3),
2030

5
Circuit
Training,
0530/1830
Darts,
0900/1930

6
Ping-Pong,
0900/1930

7
Circuit
Training,
0530/1830
8 Ball,
0900/1930
Rock Music
Night, 1930

8
Darts, 0900
Dodge Ball,
1930
Salsa Dance
Class
and Music
Night, 2000

9
Circuit
Training,
0530/1830
Hip Hop
Night, 1930
Texas Hold-
em,
0900/1930

10
Spades,
0900/1930
Karaoke
Night &
Variety
Music, 1930

11
Bingo,
0900/2030

12
Circuit
Training,
0530/1830
Halo,
0900/1930

13
Horseshoes,
0900/1930

14
Circuit
Training,
0530/1830
Dominoes,
0900/1930
80's Music
Night,
1930

15
Foosball,
0900/1930
Salsa Dance
Class
and Music
Night, 2000

16
Circuit
Training,
0530/1830
Line Dance
Class and
Country
Music Night,
1930
Texas Hold-
em,
0900/1930

17
**5K Fun
Run,
0700**
Karaoke
Night &
Variety
Music, 1930

18
Bingo, 0900
Bingo (Rising
6), 2030

19
Circuit
Training,
0530/1830
Ping-Pong,
0900/1930

20
Dominoes,
0900/1930

21
Circuit
Training,
0530/1830
Chess,
0900/1930
Hip Hop
Music Night,
1930

22
Spades,
0900
Dodge Ball,
1930
Salsa Dance
Class
and Music
Night, 2000

23
Circuit
Training,
0530/1830
**Holiday
Party
Glass
House,
2000**

24
**Sather
Winter
Olympics
, 1300**
Karaoke
Night &
Variety
Music, 1930

25
Bingo, 0900
**Holiday
Movie
Marathon
,
Glass
House**

26
Circuit
Training,
0530/1830
9 Ball,
0900/1930

27
Spades,
0900/1930

28
Circuit
Training,
0530/1830
Ping-Pong,
0900/1930
Old School
Music Night,
1930

29
Horseshoes,
0900/1930
Salsa Dance
Class
and Music
Night, 2000

30
Circuit
Training,
0530/1830
Hip Hop,
1930
Texas Hold-
em,
0900/1930

31
**New
Year's
Party
Glass
House,
2000**