

Krabb KRONICLE

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506th Air Expeditionary Group, Kirkuk Air Base, Iraq

March 27, 2006

News Briefs

See and be seen

Airmen are required to wear reflective belts between sunset and sunrise. The only exceptions are for those Airmen performing "outside the wire" or perimeter security duties or wearing the Air Force physical training uniform.



Let's talk trash



No one wants to live in a dump so don't make the KRAB trashy. Green Days are the 1st and 15th of each month. Each squadron is required to police their work areas on these days. The following squadrons are scheduled for weekly cleaning duty for cleaning of the common areas:

AEG Staff	March 26 to April 1
ECES	April 2-8
ELRS	April 9-15

To complete a Hometown News

Release, go to
<http://intranet.krabb.cen.taf.ds.af.mil/aeg/Public%5Faffairs/DOCS/DD2266.htm>

Plan brings patrols to base

By Staff Sgt. Kristina Barrett
 506th AEG Public Affairs

The 506th Expeditionary Security Forces Squadron began implementing the base Law and Order Response Plan recently.

The plan calls for security forces to exercise control during incidents by containing a situation or detaining those who are threatening the security of Airman, Soldiers and resources on Kirkuk.

"The basic idea is a community policing presence," said Senior Master Sgt. James Johnson, superintendent of security forces operations. "Their presence will be seen throughout the base in patrols and building checks."

Patrols will be able to respond to incidents or accidents in progress. For example, if an Airman or Soldier witnesses an assault in progress, security forces patrols will respond, get the situation under control, then turn it over to the unit first sergeant. If an incident or accident has already happened, however, then the correct reporting procedure would be to contact the unit's first sergeant, who is trained to handle it from here.

Other agencies that could possibly get

involved, given the nature of the incident, would include the Office of Special Investigations for serious criminal acts or unit commanders and first sergeants for minor infractions.

Those observing an incident or suspicious activity are asked to call the 506th ESFS Base Defense Operations Center at 444-2303. Red

phones are available in various points on the base – the dining facility, bus stop located across from the DFAC, near the current BX and in the AAFES compound area where the beauty and barber shops are located. When reporting an incident callers will be asked to provide the following information:

WHO – security forces will need a description of the offender and the victim, if available;

WHAT – be clear on the specifics of what is happening or what has happened;

WHEN – let the responders know when the incident

or accident happened, if possible, or when it was observed;

WHERE – security patrols will respond to the scene – pay attention to landmarks or building numbers; and

WHY – if the reason is known why an incident or accident happened.

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Photo by Staff Sgt. Kristina Barrett

Security forces patrols are recognizable by the tan brassard on the left shoulder.

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Don't just float through your career Be a swimmer

By Master Sgt. Linda Anderson
506th ELRS First Sergeant

Through out our career we will be faced with many challenges. Some of those challenges we may like and some we may not. It is how we handle those tasks that will determine how we succeed in today's military.

I once worked for a chief who told me surviving in the military is like swimming in a pond. He went on to explain that there are four types of people in the Air Force ... swimmers, treaders, floaters, and pond scum.

Swimmers are those that are always on the move, covering new ground, and pushing to move forward. These are the people that get tasked the most because they are dependable and display confidence in their abilities. They are often referred to as "go-getters" by their leadership and "brown-nosers" by their peers.

Swimmers often take on more than they can handle for fear of letting down those who have placed faith and trust in their abilities. These individuals often come to work early or leave late to ensure the mission is accomplished. But as we all have learned while swimming, sometimes you get tired and just begin to tread water.

Treaders are those who do enough to keep their head above water but aren't really making any forward movement. They are often

swimmers who have become so overloaded they begin to tire and wear down. Everyone needs a break at times and treading water can be OK as long as the mission does not suffer.

The downfall is the lack of forward motion. Some treaders may start to feel complacent and begin to wonder "why do I have to work so hard." It is here supervisors should recognize the hard work done by these individuals and the need

Throughout our career we will be faced with many challenges. Some of those challenges we may like and some we may not. It is how we handle those tasks that will determine how we succeed in today's military.



not normally get involved in unit activities but when they do they contribute little. This type of worker can bring down an organization because they are not active and do not provide new or fresh ideas. If allowed to

continue, floaters can negatively impact the unit morale. They usually just go with the flow and hope for little or no waves. But as the law of gravity tells us, you can only float for so long before you sink to the bottom and risk becoming pond scum.

Pond scum are those who take and do not give. These are the individuals who take up most of the leadership's time with disciplinary issues and other such problems. These individuals are not "bad" people they have

just adopted bad ways. Perhaps they were not mentored as treaders, not noticed as floaters or rewarded as swimmers. Perhaps they were the ones tasked to cover for those that came before them and just simply gave up.

So what are you? How do you contribute to your organization? We all must choose what we will become. It is up to each of us to make the decision to sink or swim.

Be a swimmer!



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Krab KRONICLE

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For more information, call 444-2075, or e-mail the editor/chief.

Air Force puts CAC on track

By Staff Sgt. Kristina Barrett
506th AEG Public Affairs

There are many different missions happening within Kirkuk and thanks to the work of Airmen here, the mission of creating a community activities center for Airmen and Soldiers was a great success.

The Kirkuk Community Activities Center opened recently with the 506th Expeditionary Civil Engineer Squadron and the 506th Expeditionary Communications Squadron working side-by-side to achieve mission success.

“The project was originally awarded to a civilian contractor,” said Maj. Freddie Rosas, 506th ECS Information Systems Flight Commander. “After encountering problems, the Air Force and Army stepped in and created a place where both Airmen and Soldiers could go to relax.”

The CAC is a place where Airmen and Soldiers can go to watch movies, play video games and hang out.

Air Force civil engineers and communications Airmen dedicated more than 2,300 total man-hours to the project, finishing it before the deadline of March 1.

ECS dedicated more than 600 man hours to the project and finished their portion in one week – 7 days ahead of schedule.

“Everyone from the different work centers in the squadron came together, worked around the challenges and made it happen,” Major Rosas said. “The communications squadron represents 15 bases with talents



Courtesy Photo

Senior Airmen Thomas Hall and Michael Brown from the 506th Expeditionary Civil Engineering Squadron install flooring in the Community Activities Center.

and expertise across the spectrum and it couldn't happen without the coordination between ECS, ECES and the Army.”

1st Lt. Jacob Leck, ECES chief of operations, agreed.

“Without the support of all the different agencies, this project would have never come together,” he said.

Within the ECS, the mission systems (maintenance) flight ran local area network drops and phone lines while the information systems flight reconfigured the 39 computers in the CAC – 29 with internet access, two office computers and eight gaming systems not connected to the network – and the mission systems flight ensured connectivity. In addition, televisions and gaming systems were installed along with DSN telephones and a giant voice system.

Civil engineers from the structures, HVAC, electrical, heavy equipment and

engineering flights ensured the building was up to standards.

“When I walked into the building I couldn't believe the work that needed to be done,” stated Master Sgt. Bradley Badali, lead craftsman for CE.

There were no interior doors in the facility, no ceiling tile was installed and the floor tile had not been laid.

“CE laid all the flooring, put in the ceiling tile, electrical wiring and the HVAC units in the 5,000 square foot facility,” Lt. Leck said. “In addition we put up all the partition walls, assembled and moved all the furniture in and hung all the doors.

“CE also fixed the drainage issue outside the building by grading and placing and compacted gravel to improve the area,” he added.

The team faced many challenges in the project. In the end CE spent over 1,700 hours in the facility and completed the job eight days ahead of schedule.

“I couldn't be prouder of CE and the professional job they did to complete this great facility,” said Lt. Col. Christopher Adams, ECES commander.

“The opening of the Community Activity Center is a culmination of an incredible, total team effort completed organically, providing Airmen and Soldiers with a great venue to unwind,” said Lt. Col. Mike Redding, ECS commander.

The project was the result of the Air Force and Army coming together to make a place for Airmen and Soldiers to feel comfortable while deployed.

Community policing *Continued From Page 1*

For those who carry radios, call StoneKrab, who will relay the information to the BDOC.

Suspicious behavior includes unescorted local or third country nationals or someone who doesn't belong or isn't where they're supposed to be.

In addition to responding to calls, law enforcement patrols will be vigilant of suspicious activity and will conduct facility walk-throughs and building checks.

“We are here for the people of the base,” Sergeant Johnson said. “More than that, it's everyone's responsibility to ensure the safety and security of the base.”

The success of the plan depends on every

Airman and Soldier on Kirkuk, according to Col. Pete Hronek, 506th Air Expeditionary Group commander.

“Everyone is a sensor,” he said. “We need everyone to be vigilant of their surroundings and police their own areas.”

“If something doesn't look right, do something about it – there are trained responders who can handle the situation,” he added.

In addition, Airmen should use common sense when reporting to security forces, Sergeant Johnson said.

“If an Airman is in his or her mod and someone is playing their music too loud, they should handle the situation and not call

the LE patrol,” he explained. “If the patrols are called out for minor disturbances, it detracts from their ability to respond in an actual emergency.”

LE patrols will be easily recognizable by the tan brassard on the left arm, which denotes them as security forces members. In addition, marked vehicles will be performing road patrols, but will not be conducting traffic enforcement, which will remain the responsibility of Air Force, Army and KBR safety officials. Airmen will begin to see flyers posted around the base with reporting information. In addition, stickers will be located on public base telephones with the the BDOC number.

USO show rocks Kirkuk

By Staff Sgt. Kristina Barrett
506th AEG Public Affairs



Photo by Airman 1st Class JoAnn White

Country music duo Montgomery Gentry played for more than 1,000 fans.

Country music duo Montgomery Gentry performed a concert here March 11 for approximately 1,000 Airmen and Soldiers.

The performance was a part of a United Services Organization-sponsored tour of bases supporting Operation Iraqi Freedom.

Country music fan Master Sgt. Cindy McKee, 506th Air Expeditionary Group law office superintendent, enjoyed the concert and was appreciative the duo would come this far.

"I think it's cool country music stars like Montgomery Gentry support our troops," She said. "I think it's really awesome they came here."

Coming here was just one of the ways the duo could support service members serving overseas, according to Eddie Montgomery.

"We're here to salute our American heroes, especially the ones serving in Iraq," he said. "We want to make sure they know how we feel about them and the job they are doing here."

How the Airmen and Soldiers felt about the concert was evident in the whoops, hollers and huas of the crowd. The duo played for more than an hour while the crowd sang along and danced in front of the stage.

Before the concert, the duo went to Forward Operating Base McHenry in an Army UH-60 Blackhawk. As they were traveling, many Iraqis waved to them.

"It was interesting having the Iraqi people waving to us in the helicopter," Mr. Montgomery added. "It was also great to see the good things the military is doing here."

SARC services available locally

By Staff Sgt. Kristina Barrett
506th AEG Public Affairs

In an effort to ensure deployed Airmen are taken care of while deployed in theater, the Sexual Assault and Prevention program, administered by Capt. Willie Cooper, Kirkuk's liaison to the Sexual Assault Response Coordinator at Balad Air Base, is available locally.

Sexual assault is defined as intentional sexual contact, characterized by use of force, physical threat or abuse of authority or when the victim does not or cannot consent. Sexual assault includes rape, nonconsensual sodomy (oral or anal sex), indecent assault (unwanted, inappropriate sexual contact or fondling), or attempts to commit these acts. Sexual assault can occur without regard to gender or spousal relationship or age of victim.

"Consent" shall not be deemed or construed to mean the failure by the victim to offer physical resistance. Consent is not given when a person uses force, threat of force, coercion or when the victim is asleep, incapacitated, or unconscious.

"If an individual is a victim of sexual assault, he or she should call me immediately, without talking to anyone else," Captain Cooper said. "Airmen have a responsibility to report a crime, which is what sexual assault is, through third-party reporting, which does not

SARC CONTACT INFO

The Sexual Assault Response Coordinator Coordinator Liaison for Kirkuk is Capt. Willie Cooper. He can be reached 444-2080 8 a.m. to 8 p.m. Mondays through Fridays and 8 a.m. to 5 p.m. on Saturdays. If calling outside duty hours, Airmen should call the command post at 444-2096.

allow the confidentiality that restricted reporting offers."

Additionally, the captain said the victim should not bathe, clean up, or change their clothes. They should not eat or brush their teeth or use mouthwash. Finally, they should not use the bathroom, but if they must, they should save their voided urine for testing. By doing this, it allows medical personnel to capture evidence in case the victim wants to press charges later.

The Airman does not have to identify themselves and they shouldn't, the Captain Cooper added. If they do call, they should ask to speak directly with the SARC.

"Once the Airman makes contact will me, a victim advocate will be assigned and it's the VA's responsibility to help get the victim through the process of dealing with the assault by getting them the help they need and even-

tually moving on to the investigation phase, if the victim chooses," he added.

The program offers two avenues for the victim – one enables military members to report allegations of sexual assault to specified personnel, without triggering an investigation. Another allows victims of sexual assault the opportunity to get physical and emotional help but starts an investigation. These are called restricted and unrestricted reporting.

"With restricted reporting, the victim has the opportunity to meet with those individuals who can offer them help, such as a chaplain, counselor or doctor," Captain Cooper explained. "Unrestricted reporting allows for investigation into the alleged assault." He further explained restricted reporting allows the victim to remain anonymous, while unrestricted reporting starts an investigation and allows the victim's identity is released.

The Department of Defense released the results of the second annual report on the Sexual Assault Prevention and Response program.

The Air Force received 584 reports of alleged sexual assault, according to Claudia Bayliff, chief of the Air Force sexual assault prevention and response office.

Nationally, Sexual Assault Awareness Month is observed in April and is dedicated to raising awareness about the nature and prevalence of this crime.

ABU finalized, ready for production

WASHINGTON (AFP) — The new Airman Battle Uniform is ready for production and will be available in fiscal 2007, said the Air Force deputy chief of staff of personnel.

Many factors were considered in developing the final uniform selection, with the concern for Airmen being at the top of the list, said Brig. Gen Robert R. Allardice.

"We were looking for a uniform that would be easier to maintain," he said. "We wanted to provide a uniform that the Airman wouldn't need to spend a lot of out-of-pocket expenses to maintain."

Also, Airmen's feedback throughout the process was beneficial in adding new pockets on the uniform.

"We listened to the Airmen's request where they wanted pockets to hold small tools and when they wear body armor the existing shirt pockets are not accessible or usable," General Allardice said. "It will have the four pockets on the front of the shirt, and also a small pencil pocket on the left forearm and two pockets on the lower legs. In addition, inside the side pockets and inside of the breast pockets there will be smaller sewn-in pockets to hold small tools, flashlights or cell phones."

The new uniform design is a pixelated tiger stripe with four soft earth tones consisting of tan, grey, green and blue. The ABU will have a permanent crease and will be offered in 50-50 nylon-cotton blend permanent press fabric eliminating the need for winter and summer weight uniforms.

Will the new ABU need to be starched and pressed?

"Absolutely not," he said. "Our uniform requirement is we want a uniform that you wash, pull it out of the dryer, and wear it. This requirement meets the ease and cost effectiveness needs in maintaining a uniform."

He speaks from personal experience and added that in the long run it will save Airmen money on dry cleaning costs.

"I tested this uniform. I wash it, take it right out of the dryer and wear it," General Allardice said. "We don't want people putting an iron to it."

The fit of the uniform was also a concern for Airmen.

"We're making them available in more sizes to fit the body better," he said. "We've taken the time to produce more sizes and tailored them for men and women."

Some other ABU accessory items:

— A tan T-shirt will be worn; Airmen will be required to maintain one tan T-shirt with an Air Force logo on the front and Air Force written on the back.

— Suede cowhide boots in matching green-gray color; like the desert boot these will be polish-free and available in men's and women's sizes.

— The word color for the name, U.S. Air Force, and rank is midnight blue; nametapes and rank insignia background will be tan and will be sewn on using a matching tan color thread.

— The ABU adopts the battle dress uniform hat style for primary use and the floppy hat design will be used in some deployed areas.

"This is the uniform of the future," General Allardice said. "Eventually when enough of these uniforms are manufactured, we will phase out the BDU and desert combat uniforms."

The current projected mandatory wear date for the new ABU is fiscal 2011.

The only thing that needs to be determined is if patches will be worn and the Air Force chief of staff will make that determination soon, General Allardice said.



News from around the Air Force

NCO gets jail for cheating KADENA AIR BASE, Japan (AFP)

-- An 18-year master sergeant was sentenced to a bad conduct discharge, demotion to airman basic and two months confinement by a military judge during a special court-martial here March 20 after pleading guilty to cheating on a promotion test in 2004.

Master Sgt. Ulysses S. Dotson of the 733rd Air Mobility Squadron at Kadena, admitted to possessing controlled test materials before an examination under the Weighted Airman Promotion System in March 2004 while assigned to Rhein-Main AB, Germany.

Air Force prosecutors charged that Sergeant Dotson used an advance copy of the test to cheat and was wrongfully promoted in April 2005 to master sergeant based on his high scores.

Sergeant Dotson received the tests in early February 2004 from his former supervisor, another master sergeant, at Rhein-Main. That supervisor received a dishonorable discharge, demotion to airman basic and a three and a half-year prison sentence for his involvement in the cheating scam.

Updated AF Crossroads site

WASHINGTON (AFP) -- The Air Force A1 office of family matters will soon unveil its updated Air Force Crossroads Web site for Airmen and families to gather facts about installations, military moves, education and more.

Based on feedback and analysis, the new Web site was built to address the ever-changing needs of the military family, including helping former Airmen find employment outside the gates. Employers looking to

specifically employ former Airmen have recently been contacting the Crossroads Web site. The new site will make its official debut April 1. A link to the new format is available on www.afcrossroads.com.

Center to open at Kirtland

KIRTLAND AIR FORCE BASE, N.M.

-- Kirtland will become the home of Air Force Materiel Command's newest organization, the Nuclear Weapons Center, March 31.

Kirtland has a rich nuclear history beginning in 1942 with the establishment of the Manhattan Engineering District's Armed Forces Special Weapons Command.

The Air Force's Special Weapons Center served as the host unit in the 1960s and 1970s, and the Air Force Weapons Laboratory became the focus of nuclear activity through the early 1990s.



Courtesy Photo

Senior Airman Keith Handley, 506th Expeditionary Logistics Readiness Squadron fuels flight, instructs members of the Iraqi Air Force on how to test fuels for contaminants.

Fuels Airmen train Iraqi Air Force

By Staff Sgt. Kristina Barrett
506th AEG Public Affairs

Fuels Airmen take pride in knowing they supply aircraft with the juice to keep them flying and their ability to provide fuel to the fight. One more thing they can be proud of is their role in getting the Iraqi Air Force off the ground.

Members of the 506th Expeditionary Logistics Readiness Squadron fuels flight recently got the opportunity to train mem-

bers of the Iraqi Air Force assigned to Kirkuk in fuels testing, which will eventually allow the IAF to become a self-sustaining military.

“The IAF was not familiar with the idea of testing fuel to ensure good gas was being used in the aircraft,” said Master Sgt. Don Gale, fuels manager. “This is all new to them so we are instructing them how to do simple fuel testing.”

Members of the IAF do not specialize in the jobs they do, explained Staff Sgt. Jermie Johnson, fuels supervisor.

“The person who maintains the aircraft is

the one who fuels it – there is one person to do it all,” he said. “Since we do all of our fuels testing in-house and have very basic equipment, it’s a very easy process for them to learn.”

In the past, IAF members did not understand that the fuel used in aircraft affects how the aircraft flies and testing fuel before using it was important, said Tech. Sgt. David Laun, fuels operations NCOIC.

“If you have bad gas in a car, the driver can pull over if the car stalls,” he explained. “An aircraft can’t do that so the pilot is in trouble,” he said.

“We showed them our standards and gave them a hands-on base of knowledge to build on,” Sergeant Laun explained. “This process really enhances their ability to understand the how and why the aircraft is able to fly.”

Senior Airman Keith Handley has a fuels lab special experience identifier, which allows him to explain the importance of fuels testing to Iraqi Airmen.

“There are three basic tests for fuels – all of which can be done with basic equipment,” he explained. “This allows them to remove most of the risks associated with handling and storage of combustible materials, which is one less thing to worry about when they are trying to build their military.”

Airman Handley instructed them on performing the flash test, which is the lowest temperature at which fuel ignites, which changes based on the composition of the fuel. The density test is important in accounting for storage purposes.

Since fuel expands and contracts based on heat or cold, the test shows the temperature the fuel is at that moment and shows how much it represents in gallons and pounds.

The final test evaluates is the conductivity and measures the static dissipater additive. When fuel is moved, it builds up and electric charge. SDA lowers the chance of a spark igniting the fuel – making it safer to handle.

“This is just one step for the Iraqi Air Force to become a fully independent and successful Air Force,” Airman Handley said.

“They did very well in the learning process,” Sergeant Gale added. “They will grow by leaps and bounds from what they’re used to and become an independent air force.”

Treating Airmen outside the wire

Medcell serves as "insurance policy" for security forces

By Staff Sgt. Kristina Barrett
506th AEG Public Affairs

Most medical teams deployed to Iraq treat their patients from the forward operating base but three Airmen in Kirkuk are taking their knowledge to the streets by providing medical care to security forces troops stepping outside the wire.

The 506th Expeditionary Security Forces Squadron boasts a medical cell attached to the unit comprised of one physician assistant and two independent duty medical technicians. The Airmen train along side the security forces members in weapons qualification, performing patrols and convoy training. Then medical training takes off in the form of tactical combat casualty care.

"Our mission is to treat Airmen in a combat environment," said Capt. Edward Smith, who has been with the unit for two years and is the PA and head of the medcell team. "We are there for traumas and injuries. In addition, we are able to stabilize a patient in a hot zone if transportation out isn't available."

Providing care from the front is no easy task but it's one that earns them a place on the security forces team.

"We have a special bond with security forces - we are a part of their family," said Tech. Sgt. Barbara Daum, IDMT who has been with the unit for two years. "In a normal clinic environment, it's touch and go - you don't have the constant contact that keeps you in touch with each other."

"That's the difference when you go outside the wire - you have to depend on each other," she added.

Captain Smith says trust is what keeps the whole team working as one in life-threatening situations. Trust, and being confident in each other's skills.

"I trust that the security is there when I



Courtesy Photo

Capt. Edward Smith treats the hand of an Iraqi civilian in a nearby village. Captain Smith is a physician's assistant assigned to the 506th Expeditionary Security Forces Squadron medical cell.

need them," Captain Smith said. "I don't have to think about my own safety or security because I know security forces members are watching out for me."

"I can concentrate on working on the patient because I know and trust the Airmen of the unit," he added.

Even though the members of the medcell have different jobs than their brothers and sisters in security forces, sometimes the line between the two career fields doesn't exist.

"I feel like I belong to them and it's a good feeling," Sergeant Daum said. "I'd rather be in ditches with these Airmen than in a clinic any day."

She said security forces airmen are trained to take care of one another, which is what they do when in patrols throughout the countryside, but she can give something back by taking care of them too.

Although there isn't an opportunity for these Airmen to offer medical care to the civilians outside the base, if needed, they can respond. However, there are limitations because everything they need is on their vest, which limits the quantity and variety of the supplies they can take.

"Sometimes we have civilians come up to us and ask us to help them," Captain Smith said. "We mostly carry just the basics and what we need for traumas."

The team doesn't carry the medications needed for long-term care and follow-up

care for the help they do provide is dependent on whatever care the civilian can get from a clinic or hospital.

Regardless, Sergeant Daum said it's rewarding to be able to do whatever they can for the Iraqi people.

In addition to their activities outside the wire, the team also conducts post visits for the Airmen performing the base defense mission. The team has portable equipment to perform most exams.

"We conduct health and safety inspections on the troops in the towers," Captain Smith said. "We ask questions like if they have noticed a large amount of insects, such as mosquitoes, in the area, which could be an indication of Malaria, and try to address those issues before they become problems."

Staff Sgt. Joseph Keddie is the third member of the medcell team and the youngest in terms of how long he's been with them - only about 8 months. Because the IDMT job is on a volunteer basis, he said you really have to want to do the job and do it right.

"The Airmen of security forces depend on us," he said. The best thing we can do is help the Airmen and make the right diagnosis."

Even though the job can be a little tedious at times, he said he looks forward to doing the job everyday.

As long as security forces has the medcell, they have their own built-in insurance policy.

Beware of FOD's damaging effects to the mission

By Master Sgt. Todd Miller
506th EOSS Airfield Management

Foreign Object Debris/Damage or FOD can have devastating effects on a jet engine because the intakes operate like giant vacuum cleaners, sucking up anything and everything in their path. Some aircraft engine intakes are very close to the ground.

The F-16 Fighting Falcon is a common divert aircraft to Kirkuk. The F-16 is extremely susceptible to FOD because of its powerful engine, large intake, and proximity to the ground. Bits of rock, sand, grass, and metal ingested into a jet engine can cause significant damage to the compressor blades and other internal parts. This translates into a lot of money to repair or replace a FOD-damaged engine.

The prevention and control of FOD is even more true at a bare base or joint-use civilian airfield typically used for contingency operations.

While deployed, we need to adopt the same standard FOD operating procedures that we use at home. This starts with awareness of its presence on the parking ramp, taxiways, runways, and even the roads that lead into and out of these areas. Good housekeeping on



the parking ramp will go a long way in preventing hardware, stones, rocks, rubbish, and clothing from finding its way into a jet engine. This is the responsibility of every aircrew member, mechanic, technician, and driver who works on the flightline.

If FOD is laying around, pick it up and dispose of it properly. Make sure your vehicle has a FOD container. FOD containers should be in every flightline vehicle and in every flightline work area. To get a FOD container, call airfield management at 444-2456.

Don't forget to empty the FOD containers daily.

When driving a vehicle, inspect the tires before driving onto the flightline or taxiway. Failure to conduct thorough vehicle FOD checks, tires can pick up rocks and deposit them in the flightline area. If departing the pavement to avoid a greater risk (i.e., an airplane taxiing), check tires for FOD after returning to the pavement and dispose of it properly and immediately.

The key to FOD prevention and control is constant vigilance and immediate action to remove the hazards from the area. The mission—especially at deployed locations—depends on assets being fully mission capable.

That can only happen when everyone does their part to prevent FOD.

Knife safety is everyone's business

By Master Sgt. Larry Nara
506th AEG Safety Office

Knife mishaps have been on the rise. During the month of March, there have been five mishaps reported.

Airmen must remember knives of any kind are not toys. The following are some tips on how to handle a knife safely:

- Keep the knife clean and sharp.
- Hold the knife firmly by the handle and never press on the blade when cutting.
- Never use a knife to pry or as a screwdriver and always cut away from the body.
- Remember to close the knife before passing it to others and if it isn't closed, lay it down to be picked up.
- When done using the knife, close it and put it away.
- Always be knowledgeable of the knife's closing instructions and this will help prevent any knife mishaps.

PROTECT YOURSELF FROM THE SUN AND AVOID HEAT INJURIES

SHADE: When possible, spend rest periods in natural or artificial shelter

SUNSCREEN: Use high SPF sunscreens Apply sunscreen liberally - the more, the better Reapply every two hours

CLOTHING: Use wide brimmed hats to protect your eyes, head, and neck. Cover arms, legs, and torso with loose-fitting clothing

EYEWEAR: Use wrap around design eye wear if possible - these will protect from sun rays that come from the front and the side. To protect your health when temperatures are extremely high, remember to keep cool and use common sense. The following tips are important.

Drink Plenty of Fluids

Increase your fluid intake - regardless of your activity level. Avoid very cold beverages because they can cause stomach cramps. In addition, avoid drinks containing caffeine because they will actually cause a person to lose more fluid. During heavy exercise in a hot environment, drink 2-4 glasses (16-32 ounces) of cool fluids each hour.

Replace Salt and Minerals

Heavy sweating removes salt and minerals from the body. These are necessary for the body and must be replaced. The easiest and safest way to replace salt and minerals is through the drinking fruit juice or a diluted sports beverage during exercise or any work in the heat. Wear

Appropriate Clothing and Sunscreen

Choose lightweight, light-colored, loose-fitting clothing. In the hot sun, a wide-brimmed hat will provide shade and keep the head cool. Limit sun exposure during the mid-day hours and in places of potential severe exposure. Select SPF 30 or higher to protect yourself adequately. Apply sunscreen 30 minutes before going outdoors and reapply according to directions.

Adjust to the Environment

Be aware that any sudden change in temperature will be stressful to your body. Limit physical activity until accustomed to the heat. Allow several days to become acclimated before attempting any vigorous exercise, and work up to it gradually. If exertion in the heat makes the heart pound and leaves you gasping for breath, STOP all activity, get into a cool area, or at least in the shade, and rest, especially if lightheaded, confused, weak, or faint.

Schedule Activities Carefully and Use Common Sense

If required to be out in the heat, try to plan outdoor activities either before noon or in the evening. While outdoors, rest frequently in a shady area. Resting periodically will give the body's thermostat a chance to recover. The most efficient way to beat the heat is to stay in a cooled area. Consider a visit to an air-conditioned or fan-cooled public place for a few hours during the hottest part of the day.

Any questions or concerns please call

SSgt William Leyva at 444-2108 or SSgt Brent Simpson at 444-2262.

Photos from around the KRAB



Safety first

“Dan Dan The Safety Man” Salinas emphasizes the importance of safety at the Safety Day briefing. Safety is just as important in the AOR as it is back home. Mr. Salinas is the safety officer for the 506th Air Expeditionary Group.

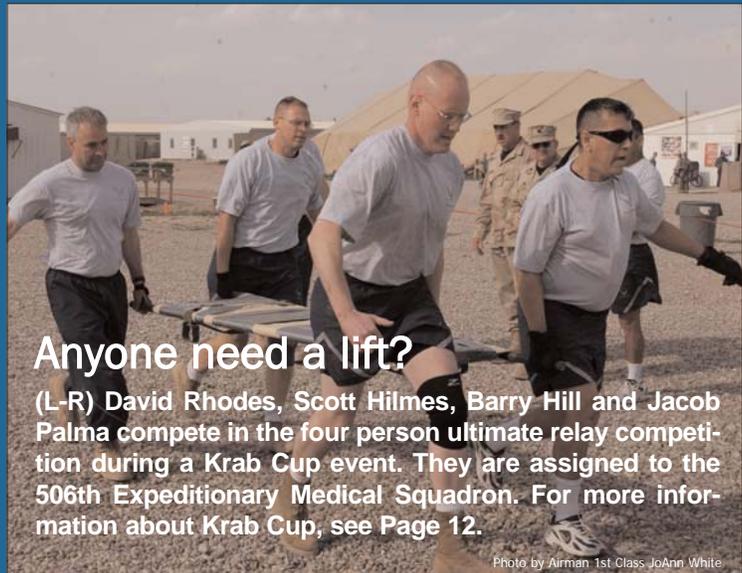
Photo by Airman 1st Class JoAnn White



Post security

Senior Airman Aaron Ruckman, stands guard at a perimeter post, which is the frontline mission for air base defense. Airman Ruckman is a member of the 506th Expeditionary Security Forces Squadron.

Photo by Airman 1st Class JoAnn White



Anyone need a lift?

(L-R) David Rhodes, Scott Hilmes, Barry Hill and Jacob Palma compete in the four person ultimate relay competition during a Krab Cup event. They are assigned to the 506th Expeditionary Medical Squadron. For more information about Krab Cup, see Page 12.

Photo by Airman 1st Class JoAnn White



Photo by Airman 1st Class JoAnn White

One great patch deserves another

Captain Anthony Brim, Col. Pete Hronek and Lt. Col. Dave Carrell trade patches with members of the Iraqi 3rd Squadron.



Ready to rumble

Country music duo Montgomery Gentry tour the 506th Expeditionary Security Forces Squadron the day after their USO-sponsored show here. For more information on the concert, see Page 4.

Photo by Airman 1st Class JoAnn White

Chaplain's Thoughts

By Chaplain Jason Peters



On January 8, 1956, five missionaries were speared and hacked to death by warriors from the Auca tribe in the Amazon jungle. When the missionaries landed on a sandbar in the jungle near the tribe, they knew the Aucas had killed all strangers for centuries.

Amazingly, the missionaries were armed, but chose not to defend themselves. But, perhaps the most amazing thing about the story is that several family members of the men who had been killed forgave the tribe members who had killed their husbands, brothers and fathers and eventually moved in with the Auca tribe.

The KRAB Library has a copy of a documentary showcasing their story entitled, "Beyond the Gates of Splendor." Check it out and I guarantee you will be inspired by the lives of these five brave men!

One of the slain missionaries, Jim Elliot, said, "He is no fool who gives what he cannot keep to gain that which he could never lose." Jim Elliot was all about the "Big Picture." He thought often of what his tombstone would say about his life and then

adjusted his priorities to match his calling in life—to love God and others! How can we make sure we focus on what really matters in life?

We all know life is short, but I want to make a difference with the short life I live!

One way to make a difference is to love others deeply. Sacrificial love will "cover a multitude of offenses."

I remember talking with an Airman who found out that his wife had had multiple affairs in their nearly 20 years of marriage. Two days before their divorce hearing, he decided that he needed to forgive her. And so he did. He got together with her and heroically said "I love you. I forgive you

KRAB Religious Schedule

<p>Monday 11:30 a.m. — Catholic Mass (Freedom Chapel) 7 p.m. — Ladies Fellowship (Freedom Chapel) 7 p.m. — Catholic Fellowship/Discussion Group (Hotel Charlie) 7 p.m. — Family Night (Bastogne Chapel) 7:30 p.m. — Daniel Bible Study (Eagle's Nest)</p> <p>Tuesday 7 p.m. — Protestant Praise Team (Freedom Chapel) 7 p.m. — Men's Bible Study (Bastogne Chapel)</p> <p>Wednesday 11:30 a.m. — Catholic Mass (Freedom Chapel) 7 p.m. — Gospel Service Bible Study (Freedom Chapel) 7 p.m. — Bible Study (Bastogne Chapel)</p> <p>Thursday 7 p.m. — Protestant Praise Team (Freedom Chapel) 7:30 p.m. — Praise Team (Bastogne Chapel) 8:30 p.m. — "Common Ground Kirkuk" Protestant Community (Freedom Chapel)</p>	<p>Friday 7:30 a.m. — Common Ground Kirkuk (Freedom Chapel) 11:30 a.m. — Catholic Mass (Freedom Chapel) 6:30 - Jewish Service (Freedom Chapel) 7 p.m. — Gospel Choir Practice (Freedom Chapel)</p> <p>Saturday 7 p.m. — Catholic Mass (Freedom Chapel) 7 p.m. — Gospel Joy Night (Bastogne Chapel) 9:15 p.m. — Rosary & Catholic Mass (DFAC)</p> <p>Sunday 8 a.m. — Gospel Service (Freedom Chapel) 9 a.m. — Catholic Mass (Bastogne Chapel) 10 a.m. — Contemporary Worship Service (Freedom Chapel) 11 a.m. — General Protestant Service (Bastogne Chapel) 11:30 a.m. — Catholic Mass (Freedom Chapel) 1 p.m. — Protestant Sunday School (Freedom Chapel) 1:30 p.m. — LDS Service (Bastogne Chapel) 7 p.m. — Contemporary with Communion Worship Service (Freedom Chapel)</p>
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Lenten Schedule

March 31	7 p.m.	Stations of the Cross	Freedom Chapel
April 7	7 p.m.	Stations of the Cross	Freedom Chapel
April 9	Palm Sunday	Normal weekend schedule	

for everything you've done. And I want to spend the rest of my life with you!" He is a changed person today. He is learning how to love deeply!

Unforgiveness is like drinking poison and expecting it to hurt the person you are unwilling to forgive. Now, the burden of bitterness has been lifted and he is a free man!

If you find yourself struggling with bitterness, stop by - we'll talk about it.

Sects of Islam: Alawi

By Capt. Matthew Ence
 Middle East Foreign Affairs Officer



The Alawi (alahwee) sect of Islam is a branch of Shi'a Islam prominent in Syria. Since the 1970s, the Alawis have held dominant political power in Syria despite making up only 12-15% of the country's total population. Alawi Islam is believed to have originated in the 9th century A.D. Like Shi'a Muslims, Alawis regard Ali, the cousin and son-in-law of the prophet Muhammad, as his rightful successor. Taking it a

step further, many Alawis consider Ali as an incarnation of God. This belief has earned them the ire of Sunni Muslims and accusations that the Alawis are not true Muslims at all.

While Alawis accept the Five Pillars of Islam, they assert that the practice of religious rites alone is insufficient to win oneself a place in paradise. Alawis emphasize the importance of living one's life in accordance with the example

set by Ali. An Alawi's personal relationship with God should take precedence over the public performance of religious rites.

Alawis are secretive about the details of their theology. They do not accept converts and the contents of their sacred texts are guarded by a small group of male initiates. They have, however, made an effort to integrate and become accepted by the surrounding Sunni community.

Did you know...?

- scholars believe Alawi Islam is somewhat influenced by Christianity because of their strong love for Jesus Christ. Alawis are also known to study the works of Socrates and Aristotle.
- while concentrated on Syria's Mediterranean coast, there are also small communities living in Lebanon and the southern provinces of Turkey.



USAF wins 4-2

Rohan Auld fights for control of the ball during an U.S. Air Force versus Iraqi Air Force soccer game at Warrior Field. Both teams played a great game, but the USAF came out on top. The next challenge is the Turkish team, who is undefeated. Auld is a member of the 506th Expeditionary Security Forces Squadron.

Photo by Airman 1st Class JoAnn White

Competition fierce in Krab Cup series

By Staff Sgt. Kristina Barrett
506th AE Public Affairs

The points are close and the competition is tough for bragging rights as the Krab Cup winner for AEF 9/10.

Teams have been battling it out for the past seven weeks to see who will be the Krab Cup series leader and has become the spectator sport for Airmen on Kirkuk.

“We normally have approximately 200 to 300 people either participating or watching Krab Cup events,” said Capt. Lee Commerford, 506th Expeditionary Services Squadron commander. “People are really getting into it and are really enjoying themselves.”

The Krab Cup series culminates on May 7 with a 506th AEG picnic, coupled with finale events, which will include dodgeball, a 2 x 600 yard relay, 5 on 5 football, ultimate frisbee and kickball.

Points standing are tight, the captain said. The series is up for grabs.

“There are 21 first place points still available,” he added. “Right now it’s anyone’s cup.”

Scoring for the finale will be different than regular series scoring. First place will garner 3 points, second place, 2 points, third place, 1.5 points, fourth place 1 point and fifth place, .5. Participation points will be .5 for each event.

KRAB CUP STANDINGS AND EVENTS

Standings:

ESFS	26 pts	EMEDS	18 pts.
ELRS	24 pts	EOSS	16 pts.
ESVC	22 pts	732 ECES	15 pts.
ECES	21 pts	ECS	12 pts.
Group Staff	18 pts		

Events remaining:

April 2	5 on 5 Football
April 9	Kickball
April 16	6x200 yard Relay
April 23	Push up/Sit up/Pull up Challenge
April 30	All Ranks PT Test
May 4	3 on 3 Basketball
May 5	Volleyball
May 6	Tug of War
May 7	Krab Cup Finale
May 7	506th AEG Picnic

Clamtina Events

Mondays
 Hearts 8 p.m.
 Dominoes 8:15 p.m.

Tuesdays
 Texas Hold 'Em 8 p.m.
 8-Ball/9-Ball 8:15 p.m.

Wednesdays
 Darts 7 p.m.
 Spades 8 p.m.

Thursdays
 March 30 Heartland of America Band 8 p.m.
 April 6 Balck Jack 8 p.m.
 April 6 Ping Pong 8:30 p.m.

Fridays
 March 31 Birthday Party/Hip Hop Night 8 p.m.
 April 7 Country Night 8 p.m.

Saturdays
 Progressive BINGO 8 p.m.
 Karaoke 9:30
 April 1 NCAA Final Four 1 p.m.

Sundays
 Foosball 7 p.m.
 Texas Hold 'Em 8 p.m.

Fitness Center Events

Mondays
 Ab Class - 5:30 a.m. Spin Class - 6:30 a.m.
 Martial Arts 7 p.m.

Tuesdays
 Abs Class 6:30p.m.
 Boxing Basics/Spin Class 7:30 p.m.
 March 28 Deadlift Competition 8 p.m.
 April 4 Arm Wrestling 8 p.m.

Wednesdays
 Ab Class - 5:30 a.m. Spin Class - 6:30 a.m.
 Martial Arts 7:30 p.m.

Thursdays
 Spin Class 7:30 p.m. Abs Class 6:30 p.m.
 March 30 Bench Press Competition 8 a.m.
 April 6 Squats 8 a.m.

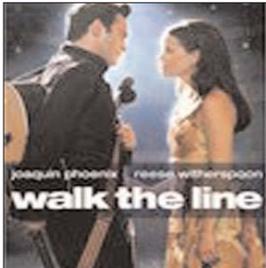
Fridays
 Ab Class - 5:30 a.m. Spin Class - 6:30 a.m.
 Boxing Basics 7:30 p.m.

Saturdays
 5K Run 10 a.m.
 Spin Class 7:30 p.m.

Sundays
 KRAB Cup 3 p.m. Spin Class 7:30 p.m.



KRABusters Video



Monday, March 27
 0700 & 1900 Glory Road
 1000 & 2200 Darkness Falls
 1300 & 0100 Jurassic Park
 1600 & 0400 Mrs. Doubtfire

Tuesday, March 28
 0700 & 1900 Walk the Line
 1000 & 2200 Strange Brew
 1300 & 0100 Perfume
 1600 & 0400 Apollo 13

Wednesday, March 29
 0700 & 1900 Just Like Heaven
 1000 & 2200 Scream 2
 1300 & 0100 Ed TV
 1600 & 0400 Cyborg

Thursday, March 30
 0700 & 1900 The Legend of Zorro
 1000 & 2200 Shiner
 1300 & 0100 Punch Drunk Love
 1600 & 0400 Seabiscuit

Friday, March 31
 0700 & 1900 Last Holiday
 1000 & 2200 20,000 Leagues Under the Sea
 1300 & 0100 Boys and Girls
 1600 & 0400 Traffic

Saturday, April 1
 0700 & 1900 Jarhead
 1000 & 2200 Pulp Fiction
 1300 & 0100 Stripes
 1600 & 0400 Windtalkers

Sunday, April 2
 0700 & 1900 Night Watch
 1000 & 2200 The Bachelor
 1300 & 0100 Kiss of the Dragon
 1600 & 0400 Rush Hour

Monday, April 3
 0700 & 1900 The Ringer
 1000 & 2200 Nowhere to Run
 1300 & 0100 Head of State
 1600 & 0400 China Strike Force

Tuesday, April 4
 0700 & 1900 Wedding crashers
 1000 & 2200 All I Want
 1300 & 0100 The Glass House
 1600 & 0400 It's a Wonderful Life

Wednesday, April 5
 0700 & 1900 Chicken Little
 1000 & 2200 Till the Clouds Roll By
 1300 & 0100 Patriot Games
 1600 & 0400 The Core

Thursday, April 6
 0700 & 1900 Get Rich or Die Tryin'
 1000 & 2200 Independence Day
 1300 & 0100 Love and Action in Chicago
 1600 & 0400 Stargate

Friday, April 7
 0700 & 1900 Big Momma's House 2
 1000 & 2200 Kings of Comedy
 1300 & 0100 Scary Movie
 1600 & 0400 Ghostbusters

Saturday, April 8
 0700 & 1900 Tristan and Isolade
 1000 & 2200 The Hunt for Red October
 1300 & 0100 Andersonville
 1600 & 0400 What Dreams May Come

Sunday, April 9
 0700 & 1900 The Fog
 1000 & 2200 Armageddon
 1300 & 0100 The Endurance
 1600 & 0400 The Skulls

