



ALI TIMES

May 5, 2006

Table of contents

Team Ali...AEF Champions

Col. Kevin Kilb talks about the accomplishments of AEF 9/10 in his last article: Page 2

COMM feature

Feature on the 407th Expeditionary Communications Squadron's Base Information Infrastructure shop: Pages 3 and 4

Monthly/rotational awards

407th Air Expeditionary Group commander presents monthly and rotational awards: Pages 5 and 6

Promotions

Promotions and accomplishments: Page 7

New CMSAF named

Chief McKinley selected as 15th CMSAF: Page 8

Safety tips

The 407th AEG Safety gives safety tips to make transition back home smooth: Page 9

Bird Flu explained

The 407th AEG Medical Clinic explains Avian Influenza or Bird Flu: Page 10

Chapel article

Chaplain (Capt.) Carl Phillips explains that trials and hardships are necessary for growth and maturity: Page 11

Warrior of the Week

This week's Warrior of the Week is from the 192nd Expeditionary Airlift Squadron: Page 13

Movies and more

Event schedules: Pages 14-15





ALI TIMES

Vol. 4, Issue 18
May 5, 2006

Col.

Kevin J. Kilb

Commander, 407th AEG

Lt. Col.

Elizabeth B. Borelli

Deputy Commander,
407th AEG

Master Sgt.

Jon Hanson

Editor/Chief, Public Affairs

This funded newspaper is an authorized publication for members of the U.S. military services overseas. Contents of the *Ali Times* are not necessarily the views of, or endorsed by, the U.S. Government, the Department of Defense, or the Department of the Air Force.

The content is edited, prepared and provided by the public affairs office of the 407th Air Expeditionary Group. All photographs are U.S. Air Force photographs unless otherwise indicated.

The *Ali Times* accepts stories, photographs and commentaries, which maybe submitted to the public affairs staff—located in the group headquarters building—or can be sent directly to the newspaper at

Ali.Times@tlab.centaf.af.mil

Deadline for publication is 7 p.m. Thursday before the week of publication.

For more information, call 445-2318, or e-mail the staff.

Front Page photo

Staff Sgt. Benjamin Puryear (left) and Senior Airman Jonathan Williams splice copper cables on a 710 splice machine. See Pages 3 and 4 for story and more photos on the 407th Expeditionary Communications Squadron's Base Information Infrastructure shop. (Photo by Master Sgt. Jon Hanson).

Team Ali ... AEF champions

By Col. Kevin Kilb

407th Air Expeditionary Group commander

AEF Champions? You bet! On Jan. 10 in my change of command speech I challenged everybody to bring their "A" game ... and reiterated it in my first *Ali Times* article.

I compared our AEF rotation system to putting together "pick up" teams, and those "pick up" teams that came together to do great things would be champions. Now you may ask yourself how one determines what an "AEF Champion" is. Well here's how I do it.

Since hitting the ground in January we've made a remarkable number of improvements. We revamped Right Start, re-energized the Foreign Object Damage (FOD) program, re-organized the airfield to improve security, and responded to two aircraft accidents rescuing 96 people with only minor injuries.

We finally solved the drainage problem in Bedrock, ensuring no matter who lives here ... they won't get flooded out ... and installed a common sense expeditionary sidewalk system to boot!

We re-scoped our Desert Hunters mission ... allowing 175 SF Airmen to be re-allocated in the AOR thus easing tempo on an incredibly stressed career field. As Senior Airfield Authority, we reorganized our cargo and passenger terminals, greatly increasing capacity and efficiency.

The vehicle maintainers kept our fleet of 410 vehicles ... everything from fire trucks to fuel trucks to forklifts ... at an unprecedented 93 percent in-commission rate. Although there were many who doubted we could do it ... we executed a complicated mass casualty exercise that involved using all uniform postures and responses!

Our "people programs" went to new heights as we executed the best expeditionary intramural program I've seen, and the most comprehensive chapel program to date ... safely tak-



Col. Kevin Kilb

ing advantage of our historical surroundings. We took fiscal responsibility and accountability to heart clearing out all reports of surveys and reconciling all accounts ... resulting in a net balance change of only \$100K over four months!

We encouraged local Iraqi businesses by giving them the opportunity to provide services ... and, oh by the way, we completed the move of the first Iraqi Air Force Squadron (Squadron 23) to their new home at New Al Muthana Air Base!

The above are just a few of the many examples of extraordinary teamwork and achievement. If we look at our mission motto of "Defend the Base, Sustain the Force, Take the Fight to Them!"... no one can deny we had an undefeated season.

We accomplished our mission safely, we stayed incredibly flexible and we took great care of each other. As I said in that first article; "If we take care of each other, stay flexible, work smart and safely ... we will grow professionally and personally during our turn on Team Ali ... and we will finish as world champions ... I guarantee it!"

Well I sure did ... and can't tell you what a privilege it's been to serve here on Team Ali with each and every one of you. I'm leaving here feeling like a Champion ... you should to!

Connecting the world one wire at a time

By Master Sgt. Jon Hanson

407th Air Expeditionary Group Public Affairs

They are responsible for miles and miles of cable and wire just so everyone can communicate here and to the world. The job has them working above and below ground, fighting all the elements of working in a desert climate.

This responsibility lies with the 407th Expeditionary Communications Squadron's Base Information Infrastructure shop at Ali Base.

Being responsible for all telephones and wiring, copper cable, fiber optic cable and local area network cabling for the Air Force portion of Ali Base means this nine-person shop says busy.

The shop is a mix of telephone maintenance, cable maintenance, computer network switching cryptographic maintenance and computer communication technicians.

Having different job specialties is good but also meant more work at the beginning of their rotation.

"A lot of our workcenter are not doing the job they were trained to do," said Tech. Sgt. Dan Dvorak, NCO in charge of the 407th ECS BII shop. "We had to do a lot of training right off the bat to get things running smoothly."

The BII shop has had to tackle several major projects this rotation.

One of the on-going projects is moving the main distribution frame which services all Ali Base telephone, local area network and special circuits from one building to a tactical shelter. The new shelter is a dust free environment and should improve the life of the fiber and copper cables.

"This entails moving 350 strands of fiber and 3,500 pair of copper cables," Sergeant Dvorak said, who is deployed here from Tinker Air Force Base, Okla. "This (moving the main distribution frame) has never been done before and is a major undertaking for our workcenter."

This might not seem like that much to many people since they are only dealing with a few thousand wires, but that is definitely not the case.

"It took us 11 days with five people to move the 350 strands of fiber," Sergeant Dvorak said. "The copper is going on right now. It (took) three days for

four people to splice 500 pair of copper. The 3,500 pair of copper has to be spliced twice to install the section of cable we need to reach the new manholes."

To splice it requires a person to place 25 different colored wires from "side A" into color-coded slots on a 710 splice machine. The splice machine trims the end of the wire on one side. Then an additional 25 wires from "side B" are put on the other side,

Continued on next page:

BII



Staff Sgt. Lee Doolen connects jumper cables to telephone circuits in the new main distribution frame. (Photo by Master Sgt. Jon Hanson)

BII

From page 3.....

spliced and then merged together with "Side A." This tedious task takes a long time. All of this work is done in humid and mostly water-filled manholes.

"The hardest thing I have done here would have to be all the cable splicing we've had to do here," said Staff Sgt. David Reyes, who is deployed here from F.E. Warren Air Force Base, Wyo. "Just splicing 600 cable pairs together has been very tedious and time consuming that by the end of (each) day I am completely drained mentally and physically."

One of the limiting factors they have had to overcome was the shape of manholes. Many of them were collapsed so all of the wiring had to be moved to new manholes. Others were just crowded with cables.

"Manhole number one was a mess with cables everywhere," said Staff Sgt. Lee Doolen, who is also deployed here from Tinker AFB. "So now we are routing wires to the tactical shelter through our two new manholes. Once we get all the wires routed the right way, we can start using manhole one again.

Another undertaking they have



Tech. Sgt. Dan Dvorak (left) and SSgt. Lee Doolen remove a "finger trap" off a 600 pair cable used to pull it through the manhole system. (Photos by Master Sgt. Jon Hanson)



Staff Sgt. David Reyes splices copper telephone wires together in a manhole.

done is move telephone and network connections for a half dozen offices from one building to another. This entailed moving approximately 70 telephones and 100 secure and unsecure network connections.

During

all of the moving of wires and cables, they have met some major challenges along the way.

One of the challenges was when 72 strands of fiber and 250 pair of copper was accidentally cut near the passenger terminal. The cabling serviced more than six offices. This required the entire office to work a full

day to splice all the cable and re-

turn services to the area, Sergeant Dvorak said.



Senior Airman Jonathan Williams places copper telephone wires in a 710 splicer.

For many of the members of the BII shop this deployment has been harder here than at their homestation but very rewarding.

"I think that the job is harder here. Being from the 3rd Combat Communications Group (at Tinker AFB), we train constantly to initially set up our communications equipment," said Senior Airman Melissa Curry. "So for me being fairly new at the whole thing, and working at the 3rd CCG so long, I haven't gotten to experience the fixed comm part of the job that we do here.

"I've learned so much by coming here, such as the art of pulling cable, fusion splicing fiber optic cable together, how the telephone network operates on a base wide scale, etc."

407th AEG/CC presents Monthly Awards



Airman of the Month
Airman 1st Class **Matthew McKenna**
407th ECS



NCO of the Month
Tech. Sgt. **David Moore**
407th ELRS



Senior NCO of the Month
Master Sgt. **Deric Ross**
407th ECS



Company Grade Officer of the Month
Capt. **Gayle Barajas**
407th AEG



Winner of the Sharp
Saber Team Award is
the 407th
Expeditionary Security
Squadron Bravo Flight
Leadership

407th AEG/CC presents Rotational Awards



Airman of the Rotation
Airman 1st Class **Leonard Antonio**
407th ESFS



NCO of the Rotation
Staff Sgt. **Jesus Reyes**
407th EOSS



Senior NCO of the Rotation
Senior Master Sgt. **Diane Scott-Dailey**
407th ELRS



Company Grade Officer of the Rotation
Capt. **Randolph Witt**
407th ECS



First Sergeant of the Rotation
Master Sgt. **Michael Jennings**
407th EOSS



Winner of the Sharp Saber Team
Award for the rotation is the 407th
Expeditionary Civil Engineer
Squadron's Horizontal Shop



Promotions and Accomplishments

Promotions

To Airman 1st Class:
Madonna Tuamasaga, 407th ESFS
Nicholas Caldwell, 407th LRS
Shasta Williams, 407th ESFS

To Senior Airman:
Christopher Bieu, 407th ESFS
Tessa Bucy, 407th ESFS
Shawn Bordges, 407th ESFS
Ryan Christensen, 407th ESFS
Morgan Duty, 407th ESFS
Amber Jones, 407th ESFS
Christopher Jones, 407th ESFS

To Staff Sergeant:
Christopher Coyne, 407th ECES
Cody Robertson, 407th ELRS

To Technical Sergeant:
John Maske, 407th ELRS
Gregory Steffars, 407th ELRS
James Craig, 407th ESFS
Phillip Padilla, 407th ESFS

To Master Sergeant:
Gordon Robinson, 407th EOSS

Base Honor Guard

Col. Kilb also recognized the 407th Air Expeditionary Group Honor Guard for their service.
Tech. Sgt. **Adrienne Mimms**
Airman 1st Class **Caleena Campbell**, 407th ESFS
1st Lt. **Eddie Jones**, 407th ESVS
Tech. Sgt. **Andrew Peters**, 407th EOSS
Tech. Sgt. **Donald Rousseau**, 407th ECES
Staff Sgt. **Crystal Brown**, 407th ELRS
Staff Sgt. **Ebony Craig**, 407th ECS
Staff Sgt. **Dawnmosha Williams**, 407th ELRS
Senior Airman **Helen Coleman**, 407th EOSS
Senior Airman **Kenneth Dunham**, 407th ECS
Senior Airman **Diego Romero**, 407th ECS
Senior Airman **Michelle Valdez**, 407th ELRS
Airman 1st Class **Christopher Gora**, 407th ESVS

Airman 1st Class **Alonza Loury**, 407th ESVS
Airman 1st Class **Danielle Smith**, 407th ELRS
Airman **Martaiez Brown**, 407th ESVS

90 percent or higher in the completion of Career Development end of course:

Staff Sgt. **Edward Tobin**, 407th ECES (91 percent)
Staff Sgt. **Justin Bender**, 407th ECES (92 percent)
Senior Airman **Joshua Rose**, 407th ESFS (93 percent)
Senior Airman **Erich Grice**, 407th ECES (94 percent)
Senior Airman **Andrew Sheldon**, 407th ECES (95 percent)
Staff Sgt. **Brannon Soter**, 407th ECES (95 percent)
Staff Sgt. **Moises Alhambra**, 407th ESVS (95 percent)
Staff Sgt. **Christopher Spear**, 407th ECES (96 percent)

On this day: Air Force History and Heritage

May 5, 1970 — Air Force ROTC expanded to include women after test programs at Ohio State, Drake, East Carolina and Auburn Universities proved successful.

May 6, 1994 — First Lt. Leslie DeAnn Crosby graduated from the Air National Guard's F-16 Fighting Falcon training course in Tucson, Ariz., and became the first U.S. Air Force Reserve woman fighter pilot.

May 7-8, 1992 — The Command Band of the Air Force Reserve marched in a parade in Moscow, becoming the first U.S. military band to visit the Russian capital.

May 9, 1932 — First blind solo flight was made relying solely on instruments.

May 10, 1972 — Operation Linebacker began during the Vietnam War.

May 12, 1968 — Lt. Col. Joe M. Jackson landed his C-123 Provider on a special forces airstrip that was being overrun by hostile forces. Despite intense enemy fire, Colonel Jackson rescued a three-man combat control team, earning the Medal of Honor.

May 12, 1980 — The KC-10 Extender made its first flight.

Safety tips to make transition smooth

Courtesy 407th Air Expeditionary Group Safety Office

You have a key part in keeping new Ali Base personnel safe so they too can return safely at the end of their rotation.

For a smooth transition to the new personnel, communicate safety issues and unique situations your unit experienced during AEF 9/10.

Short term fixes of safety hazards or deficiency must be briefed to the next rotation. Pass on to them any key parts, tools or safety equipment items that are on order.

Your successor may be suffering jet lag so in addition to discussing safety concerns document the information in a memo for record and consider adding it to the Job Safety Training Outline (JSTO).

Ensure AEF 1/2 personnel receive a safety briefing using the JSTO and that it is documented on their AF Form 55 Employee Safety and Health Record.

As you pass the torch set the example of the right way and the safe way to do your job. We want the same number that arrived at Ali Base to be the same number that depart here.

Once you get home

You have safely made it through AEF 9/10, now make safety a part of what you do when you return home.

Here are some safety tips to live by:

- ✓ One of your biggest challenges may be getting back into heavy traffic and being able to go more than 20 MPH.
- ✓ Let some one else drive at first.
- ✓ Ease back into driving in heavy traffic and at higher speeds.

- ✓ Have a plan before traveling long distances
- ✓ Take breaks and change drivers
- ✓ Don't chance falling asleep at the wheel; get proper rest at a hotel/rest stop
- ✓ Motorcycles and excessive speed kill!
- ✓ Wear your protective equipment
- ✓ Maintain situational awareness
- ✓ Avoid DUIs ... have a plan
- ✓ Assign a designated driver
- ✓ Don't risk driving drunk -- take a taxi
- ✓ Wear your seat belt -- Click It or Ticket!

Sports and Recreation

Be safe with high speed and high risk activities upon returning home, here's some guidelines:

- ✎ Wear protective gear such as helmet, goggles, gloves, protective pads or floatation device.
- ✎ Get to know what gear is required or recommended for the activity.
- ✎ Do a function check on your equipment before use to make sure it is fully operational.
- ✎ Check safety devices especially with jet skis, power boats, off road motorcycles, ATVs and bikes.
- ✎ Alcohol and high speed activities don't mix. Don't drink and operate equipment.
- ✎ If inexperienced or not familiar with the terrain, start slow, refer to a map if available.
- ✎ Find out what rules apply to the activity in your location.
- ✎ Whether boating or on trails watch out for others, use caution around blind corners or hilly terrain.
- ✎ Don't drive faster than you can see the trail ahead. Be aware of cross traffic.
- ✎ Plan ahead. Consider the risks and find ways to reduce those risk to avoid injuries or even death.

407th AEG holding Combat Dining In next week

On Wednesday ... the time honored event of camaraderie and esprit de corps is coming to Ali Base ... the Combat Dining In.

The Combat Dining In is being hosted by the Ali Base Top 3 Association. Be prepared for sparkling conversation, a dynamic guest speaker and great food!

Following are the first five rules for the evening:

1. The President is the final decision maker

and is never wrong.

2. Thou shalt arrive within 10 minutes of the appointed hour.

3. Thou shalt not wear hats or caps into the Mess.

4. Thou shalt make every effort to meet all guests.

5. Thou shalt move to the Mess when thou hearest the announcement and remain standing until seated by the President.

Chief McKinley selected as 15th CMSAF

WASHINGTON (AFPN) — Air Force Chief of Staff Gen. T. Michael Moseley has named Chief Master Sgt. Rodney J. McKinley to serve as the 15th chief master sergeant of the Air Force.

Chief McKinley will assume his new position July 1, following the June 30 retirement of Chief Master Sgt. of the Air Force Gerald R. Murray. Chief Murray's retirement culminates 29 years of service to the Air Force.

"I'm excited to have Chief McKinley take the helm of our enlisted force," General Moseley said. "Chief McKinley is a tremendous leader with an impressive array of expeditionary and combat experiences to help him steer our Airmen and serve as my partner.

"We were blessed to have a number of exceptionally well-qualified candidates for the position. While the decision was not an easy one, I feel we have the right person to lead our enlisted force during this time of a long war on terrorism, recapitalization and

transformation. I look forward to working with him."

Chief McKinley is currently the command chief master sergeant for Pacific Air Forces. He originally joined the Air Force in 1974, took a break in service in 1977, attended college and re-entered the Air Force in 1982.

Chief McKinley's career includes assignments in the medical, aircraft maintenance and first sergeant fields. He has also served as the command chief master sergeant of the 86th Airlift Wing at Ramstein Air Base, Germany; 1st Fighter Wing at Langley Air Force Base, Va.; 379th Air Expeditionary Wing in Southwest Asia; and 11th Air Force at Elmendorf AFB, Alaska.

The office of the chief master sergeant of the Air Force represents the highest enlisted level of leadership, provides direction for the enlisted corps and represents their interests to the American public and all levels of government.



Chief Master Sgt. Rodney J. McKinley, shown here shaking hands with Airmen, has been selected as the 15th chief master of the Air Force by Air Force Chief of Staff Gen. T. Michael Moseley. (U.S. Air Force photo)

The chief master sergeant of the Air Force serves as a personal adviser to the Air Force chief of staff and secretary of the Air Force on all issues regarding the welfare, readiness, morale, proper utilization and progress of the enlisted force and their families.

Network passwords soon will be a thing of the past

By Staff Sgt. C. Todd Lopez

Air Force Print News

WASHINGTON (AFPN) -- Airmen have been carrying around some pretty high-tech identification cards in their wallets for quite a while now. That technology will soon be put to good use.

For many, the Common Access Card, or "CAC," is just a replacement for the green military ID card used for so many years. But the card can be used for more than getting Airmen past gate security. The cards carry digital "certificates" that allow a user to more securely identify themselves to a computer network.

By July, the Air Force expects that nearly 80 percent of Airmen and Air Force civilians will use their Common Access Card, or "CAC," to log in to their NIPRNet, or "Non-secure Internet Protocol Router Network," accounts at work. These cards

carry digital "certificates" that allow a user to more securely identify themselves to a computer network.

Once fully implemented, users can forget their network account names and passwords. Instead, they will log in to work computers by sliding their CAC into a reader and entering a personal identification number. While not all computer systems in the Air Force will require Airmen to use a CAC for login, most eventually will.

In addition to certificates, the cards also store a member's full name, e-mail address, date of birth, gender, blood type, organ donor status, military exchange and commissary status, and meal plan status. All the information is protected by a personal identification number.

For more information, read the Air Force Print News story at <http://www.af.mil/news/story.asp?storyID=123018884>.

407th AEG Medical Clinic Health Highlights

Avian Influenza (Bird Flu) – What are the Facts?

By Lt. Col. (Dr.) Ron Johanson

407th Air Expeditionary Group Medical Clinic

What is Avian Influenza?

This communicable disease is caused by a virus. The virus occurs naturally among wild birds which carry the virus in their intestines, but do not usually get sick from the virus.



It can pass to domesticated birds (chickens, ducks and turkeys, for example) and make them sick enough to die. A particular subtype type of Avian Influenza virus (H5N1) is more contagious and deadly among birds.

Can humans get Avian Influenza?

Bird flu viruses do not usually infect humans, but there have been slightly more than 200 cases reported since 1997.

Most of these human infections have resulted from direct or close contact with infected poultry (birds like those mentioned above).

The spread of the bird flu vi-

rus from one sick person to another person does not generally occur.

However, there is a serious potential that the virus could mutate (or change its character) and become highly contagious as it spreads from person to person. This has the potential to become a very serious health concern on a worldwide level.

What are the symptoms of Avian Influenza in humans?

Usually the bird flu causes fever, cough, sore throat and muscle aches (like any flu).

However, depending on the strain of virus, it can also cause eye infections, pneumonia, and very severe respiratory diseases which can be fatal.

If the virus mutates, the newer strains in the future could cause more serious illness.

How is it treated?

There are prescription medicines which have been used to treat viral infections in the past (for example, Tamiflu).

Unfortunately, the viruses can become resistant to these

drugs so they may not work. The regular “flu shot” given each year does not protect you from Avian Influenza.

Work is underway to develop a vaccine to protect against the bird flu.

Is there a risk from eating poultry? How can I reduce my chances of getting the virus?

There is no evidence that eating cooked poultry or eggs will cause bird flu. However, do not pick up diseased or dead wildlife. Wear disposable gloves when you have to handle game.

Do not eat, drink or smoke when handling animals and cook all games thoroughly.

Wash your hands often with soap and water.

Where has the bird flu occurred?

The more aggressive type of bird flu (H5N1) has been reported in birds of many countries including some in Africa, Asia, Europe and the Near East (including northern Iraq).

As of this time, it has not been found in birds within the United States. There is a U.S. ban on importing birds or bird products from certain countries.

Mother’s Day messages

Mother’s Day is May 14. If you would like to write a Mother’s Day message to your wife, mother or grand mother please e-mail the Ali.Times@flab.centaf.af.mil by noon Saturday. The *Ali Times* will publish as many messages as possible in the May 12 edition.

Trials, hardships necessary for growth, maturity

By Chaplain (Capt.) Carl Phillips

407th Air Expeditionary Group Chapel

The end of the AEF 9 and 10 is approaching quickly. It is apparent by the smiles on people's faces and the lightness in their step.

It has been a wonderfully enjoyable time in the desert. There is nothing like being rained on with muddy water; having your bed sway in the wind; walking one-half mile to dinner; being confined to the base for four months; hiking to the restroom at night; having a fresh coat of dust on the furniture daily; eating in a crowded and noisy environment; and being awakened by the Giant Voice letting you know that the lightning has moved out of the area. Yes, it is the vacation spot that we have all dreamed of.

OK, so there are a few things that we don't appreciate. Yet all of the inconveniences and difficulties that we have endured have a benefit that we may overlook.

Being deprived of the conveniences and comforts of home help us to appreciate what we left even more. We often take things for granted until we no longer have them.

Hardship, difficulties and trials have great benefits in our lives. No one likes going through difficult experiences and we wouldn't wish them on anyone.

The sadness at the loss of a loved one, the pain of being hurt by someone we love and the disappointments in life are unpleasant but in the end help us to ma-

ture.

Difficult times help us appreciate what we have. When you get home and are able to walk across a soft green lawn, you'll appreciate it. When you take only five steps to go from the bathroom to your bed, you will be grateful.

In four months I've regained a new appreciation for my wife. Her handling of the children, the finances and the house repairs has given me a greater admiration for her.

Being deprived makes us appreciative of the things we have taken for granted. What things in your life will you appreciate more when you return home?

Hardships have other effects on us. The loss of loved ones makes us treasure the moments we have with our family and friends. Grief helps us to sympathize with others in order to comfort them.

Frustrations teach us how to be patient. Disappointment helps us to understand what others endure. It is through the dark hours of our lives that we mature. No one who has lived a pampered life of ease can appreciate what they have.

They cannot grow in patience because they never needed to. They don't understand hope because it was never something they



Chaplain (Capt.) Carl Phillips

had to think about. Hardship is necessary for our mental and spiritual growth and maturity.

Don't yield to the temptation to drown in self-pity or wallow in anger when life gets rough. Instead, be thankful that you can become a better person because of the pain.

Allow this deployment to be an opportunity for you to become a better person and to grow in character. May you never regret serving your country here at Ali Base and may you look back on these months as one of the highlights of your life.

"... but we also rejoice in our sufferings, because we know that suffering produces perseverance; perseverance, character; and character hope. And hope does not disappoint us ..." Romans 5:3-5



World Series of Poker Championship Game

The 407th Expeditionary Services Squadron is hosting the World Series of Poker Championship Game at 6 p.m. Sunday in the Big Top. Over the past 12 weeks 423 people have participated in a series of 20 Texas Hold'em Tournaments. Participation in these tournaments determined how many chips each player would get in the championship. The value of the chips range from 350 to 650. Players in the championship were required to play in at least one mini-tournament. All eligible players need to be checked in and seated by 5:55 p.m. Sunday. Prizes will go to the top 10 finishers. Volunteers are needed as dealers during this event. For more information contact Tech. Sgt. Jeff Thomas at 445-2306/2498.

Strongest in AOR

Airman 1st Class Jordan Thorton spots Staff Sgt. Jennifer Simmons, both with the 407th Expeditionary Security Forces Squadron, at the bench press. Both were named the "Strongest in the AOR" for April. Airman Thorton lifted a combined total of 1,370 pounds and Sergeant Simmons lifted a combined total of 685 pounds. This competition was open to all armed forces members, civilians, contractors and coalition forces personnel in CENTCOM's area of responsibility. They dominated their competitors in the squat, bench press and dead lift. (Photo by Master Sgt. Jon Hanson)



A lot of candy

There were 256 guesses submitted for the Skittles Contest held recently at the Hot Spot. There were 10,765 actual Skittles in the jar. The closest guess (96 off) was 10,669 by Airman 1st Class Thomas Haga, from the 407th Expeditionary Security Forces Squadron. The second closest guess (135 off) was 10,900 by Amn. Madonna Tuamasaga, also from 407th ESFS. (Photo by Staff Sgt. Moises Alhambra)

Intramural Volleyball Standings

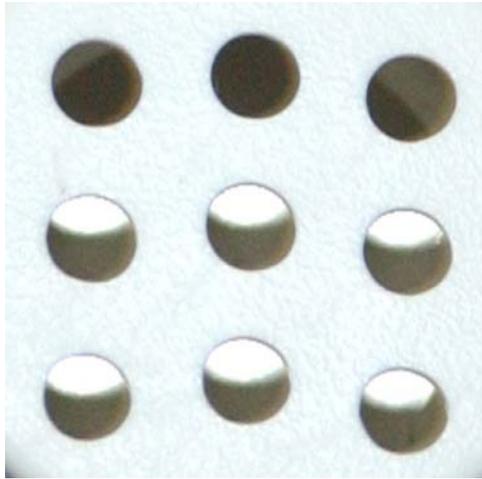
(As of May 1)

TEAM	WON	LOST
ITALIAN AIR FORCE	6	0
FIRE DEPT	5	2
407 ELRS	5	2
407 ECS	4	3
407 EOSS	3	4
ESVS/AEG	3	4
407 ESFS	1	6
HONOR GUARD	0	7

**Intramural Volleyball Championships
Tuesday at 6 p.m.**

Identify This

Do you know what this is?



If you can identify the object, e-mail the paper at Ali.Times@t1ab.centaf.af.mil with "Identify This" in the subject block **by noon Wednesday**.

The winner will receive a complimentary **phone card** from the 407th Air Expeditionary Group Chapel. There were 4 out of 5 correct responses identifying the face of a speaker for the April 28 *Ali Times* and the winning person drawn was **Senior Airman Jessica Corbit**, 407th Expeditionary Operations Support Squadron.



*Connor, 5, says he misses his father, Tech. Sgt. John Burton, and can't wait to have him home.
(Shar Burton)*

407th AEG

Warrior of the Week



Staff Sgt. Triston Cornet

Unit: 192nd Expeditionary Airlift Squadron

Duty title: Electro/Environmental

Home station: 152nd Airlift Wing, Nevada Air National Guard, Reno, Nev.

Why other warriors say he's a warrior: "SSgt. Cornet brought a tomato growing kit from his home in Fernley, Nev. Thought it would be fun to see if he could grow something in Iraq. He did and it has brought not only our unit but to everyone that has seen it in Bedrock, a smile and conversation. Just a little reminder of the good things like morale."

- Senior Master Sgt. Joseph Martini, NCOIC, 192nd EAS

Most memorable Air Force experience: "The heat of Iraq and proving that you can grow anything anywhere if you try."

Hobbies: "Snowboarding, fishing and hydroponic gardening."

Notes about my family: "My wife is at home waiting for my return."

Serenity in the sand

faith-based services schedule

Worship is at the 407th Air Expeditionary Group **Oasis of Peace** chapel, and at the Army Post Chapel. The *Oasis* is open 24 hours a day for prayer and reflection.

For details on worship opportunities, or directions to worship locations, please call 445-2006.

Oasis = Air Force Chapel/Bedrock

OA = Oasis Annex

ARAC = Army Religious Activity Center

APC = Army Post Chapel

TCN = Third Country Nationals living area by DFAC

FRIDAY

1 p.m., Muslim prayer/
service: (TCN)

6 p.m., Roman Catholic
Mass: Oasis

6:30 p.m., Jewish Service:
ARAC

7:30 p.m., Gospel Choir
Rehearsal: APC

SATURDAY

6 p.m., Roman Catholic
Mass: Oasis

SUNDAY

8 a.m., Roman Catholic
Mass: Oasis

9:30 a.m., Traditional
Protestant Service: Oasis

10 a.m., Protestant Service:
APC

10 a.m., Latter Day Saints
Service: ARAC

10:30 a.m., Church of
Christ: ARAC

7 p.m., Contemporary
Worship Service: Oasis

MONDAY

6 p.m., Roman Catholic
Mass: Oasis

7:30 p.m., Back to the
Basics Bible Study: Oasis

7:30 p.m., Gospel Choir
Rehearsal: APC

TUESDAY

6 p.m., Roman Catholic
Mass: Oasis

7:30 p.m., Word of Faith
Bible Study: APC

8 p.m., Contemporary
Worship Rehearsal: Oasis

WEDNESDAY

6 p.m., Roman Catholic
Mass: Oasis

7 p.m., Catholic Choir
Practice: Oasis

7 p.m., Spanish Bible
Study: ARAC

7 p.m., Women's Bible
Study: Army Hospital

7:30 p.m., Protestant
Worship Service/Bible
Study: APC

THURSDAY

6 p.m., Roman Catholic
Mass: Oasis

6:30 p.m., Ladies Bible
Study: ARAC

7:30 p.m., Creationism
Study: Oasis

7:30 p.m., Men's Bible
Study: APC

CRICKET MOVIE THEATER

at the Hot Spot

Today's times and movie descriptions for the week

The Visitation (2005), 1 a.m., Randy Travis, Edward Furlong, Kelly Lynch, sci-fi, religious; **Serenity** (2005), 3 a.m., Nathan Fillion, Gina Torres, Alan Tudyk, *action/adventure, sci-fi*; **The Woodsman** (2004), 5 a.m., Kevin Bacon, Kyra Sedgwick, David Alan Grier, *drama, crime/gangster*; **Your, Mine & Ours** (2005), 7 a.m., Dennis Quaid, Rene Russo, Jerry O'Connell, *comedy, family*; **Waiting to Exhale** (1995), 9 a.m., Whitney Houston, Angela Bassett, Gregory Hines, *comedy, drama*; **The Sentinel** (2006), 11 a.m., Michael Douglas, Kiefer Sutherland, Eva Longoria, *drama, thriller*; **Pink Panther** (2006), 1 p.m., Kevin Kline, Steve Martin, Jean Reno, *action/adventure, comedy*; **The Sum of All Fears** (2002), 3 p.m., Ben Affleck, Morgan Freeman, *drama/thriller*; **Sideways** (2004), 5 p.m., Paul Giamatti, Thomas Haden Church, *comedy, drama*; **Date Movie** (2006), 7 p.m., Alyson Hannigan, Adam Campbell, *comedy/romance*; **The Ice Harvest** (2005), 9 p.m., John Cusack, Billy Bob Thornton, *action/adventure, comedy*; **When a Stranger Calls** (2006), 11 p.m., Camilla Belle, *horror/thriller*

Saturday

The Woodsman 1 a.m.
Pink Panther 3 a.m.
Sideways 5 a.m.
The Sum of All Fears . 7 a.m.
Date Movie 9 a.m.
Serenity 11 a.m.
Yours, Mine & Ours 1 p.m.
When a Stranger Calls 3 p.m.
The Ice Harvest 5 p.m.
The Visitation 7 p.m.
Waiting to Exhale 9 p.m.
The Sentinel 11 p.m.

Sunday

The Sum of All Fears . 1 a.m.
The Ice Harvest 3 a.m.
Serenity 5 a.m.
Waiting to Exhale 7 a.m.
The Sentinel 9 a.m.
Sideways 11 a.m.
When a Stranger Calls 1 p.m.
The Visitation 3 p.m.
The Woodsman 5 p.m.
Yours, Mine & Ours 7 p.m.
Date Movie 9 p.m.
Pink Panther 11 p.m.

Monday

When a Stranger Calls 1 a.m.
The Woodsman 3 a.m.
Sideways 5 a.m.
Date Movie 7 a.m.
Yours, Mine & Ours 9 a.m.
The Visitation 11 a.m.
The Sum of All Fears . 1 p.m.
Pink Panther 3 p.m.
Waiting to Exhale 5 p.m.
The Sentinel 7 p.m.
The Ice Harvest 9 p.m.
Serenity 11 p.m.

Tuesday

Sideways 1 a.m.
The Woodsman 3 a.m.
When a Stranger Calls 5 a.m.
The Ice Harvest 7 a.m.
The Sentinel 9 a.m.
Yours, Mine & Ours .. 11 a.m.
Waiting to Exhale 1 p.m.
Date Movie 3 p.m.
Serenity 5 p.m.
The Sum of All Fears . 7 p.m.
Pink Panther 9 p.m.
The Visitation 11 p.m.

Wednesday

Waiting to Exhale 1 a.m.
Date Movie 3 a.m.
The Visitation 5 a.m.
Pink Panther 7 a.m.
Serenity 9 a.m.
The Sum of All Fears 11 a.m.
The Woodsman 1 p.m.
The Ice Harvest 3 p.m.
The Sentinel 5 p.m.
When a Stranger Calls 7 p.m.
Yours, Mine & Ours 9 p.m.
Sideways 11 p.m.

Thursday

The Ice Harvest 1 a.m.
The Sentinel 3 a.m.
Serenity 5 a.m.
The Woodsman 7 a.m.
When a Stranger Calls 9 a.m.
Yours, Mine & Ours .. 11 a.m.
Date Movie 1 p.m.
Sideways 3 p.m.
Pink Panther 5 p.m.
Waiting to Exhale 7 p.m.
The Sum of All Fears . 9 p.m.
The Visitation 11 p.m.



Bedrock and beyond...

activities to keep you fit, happy and hungry for more

Today

Cinco De Mayo: Big Top

7:30 a.m., **Karate:** Muscle Beach (I)

10 a.m. - 4 p.m., **Unit Sports Day**

5 p.m., **Spin:** Muscle Beach (I)

7 p.m., **Dominoes:** ACC

7 p.m., **Toning:** HOP

7:30 p.m., **Step Aerobics:** Muscle Beach (D)

7:30 p.m., **Bingo and Music:** Big Top

8 p.m., **Step Aerobics:** HOP

Saturday

2:30 p.m., **Yoga:** Muscle Beach (DVD)

6:30 p.m., **Spin:** HOP

7 p.m., **Absolute Abs:** Muscle Beach (I)

7:30 p.m., **Karaoke:** Big Top

7:30 p.m., **Hip Hop:** ACC

Sunday

8 a.m., **Tae-Bo:** Muscle Beach (DVD)

10 a.m., **Spin:** HOP

2 p.m., **Spin:** Muscle Beach (DVD)

5 p.m., **WSOP Texas Hold'em Final:** Big Top

6 p.m., **Squat Competition:** Muscle Beach

7 p.m., **Spin:** HOP

7 p.m., **Darts:** ACC

Monday

8 a.m., **Checkers:** Hot Spot

4:30 p.m., **Circuit Training:** Basketball Court (I)

5 p.m., **Spin:** Muscle Beach (I)

6 p.m. **Volleyball Championship:** Volleyball Courts

7 p.m., **Toning:** HOP

7 p.m., **Ping Pong:** ACC

7:30 p.m., **Step Aerobics:** Muscle Beach (DVD)

8 p.m., **Step Aerobics:** HOP

8:30 p.m., **Checkers:** Hot Spot

Tuesday

5 a.m., **Step Aerobics:** Muscle Beach (I)

2 p.m., **Tae Bo:** Muscle Beach (DVD)

6:30 p.m., **Tae Bo:** HOP

7 p.m., **Absolute Abs:** Muscle Beach (I)

7:30 p.m., **Tae Kwon Do:** HOP

8:30 p.m., **8-Ball:** Big Top

8:30 p.m., **Salsa:** ACC

Wednesday

407th AEG Dining In: Big Top

7:30 a.m., **Karate:** Muscle Beach (I)

5 p.m., **Spin:** Muscle Beach (I)

7 p.m., **Toning:** HOP

7 p.m., **Spades:** ACC

7:30 p.m., **Step Aerobics:** Muscle Beach (DVD)

8 p.m., **Step Aerobics:** HOP

Thursday

407th AEG Change of Command: Big Top

5 a.m., **Step Aerobics:** Muscle Beach (I)

4:30 p.m., **Circuit Training:** Basketball Court (I)

6:30 p.m., **Tae Bo:** HOP

7 p.m., **8/9-Ball:** ACC

7 p.m., **Absolute Abs:** Muscle Beach (I)

7:30 p.m., **Pull-up Competition:** Muscle Beach

7:30 p.m., **Tae Kwon Do:** HOP

8 p.m., **Blackjack:** Hot Spot

8:30 p.m., **Salsa:** HOP

(I)—Instructor

(DVD)—DVD

TNY—Tournament

HOP—House of Pain, Army Fitness Center

ACC—Army Community Center

Call the 407th Expeditionary Services Squadron with ideas for activities at 445-2696; for information about the House of Pain, Army fitness center call 833-1709. For information about Army morale, welfare and recreation activities call 833-1745.