



Fitness center opens gymnasium addition

Joint project finished just six months after ground breaking

Staff Sgt. Ryan Hansen
386th AEW/PA

They built it and they are coming.

After months of hard work the eagerly anticipated Rock Fitness Center gymnasium addition officially opened with a ribbon cutting ceremony Saturday.

"This is really a much needed facility here," said Col. Timothy Hale, 386th Air Expeditionary Wing commander. "It's a great addition to our community."

Work on the facility originally began in August. It was a joint effort by members of the 386th Expeditionary Contracting Squadron, 386th Expeditionary Civil Engineer Squadron and 386th Expeditionary Services Squadron.

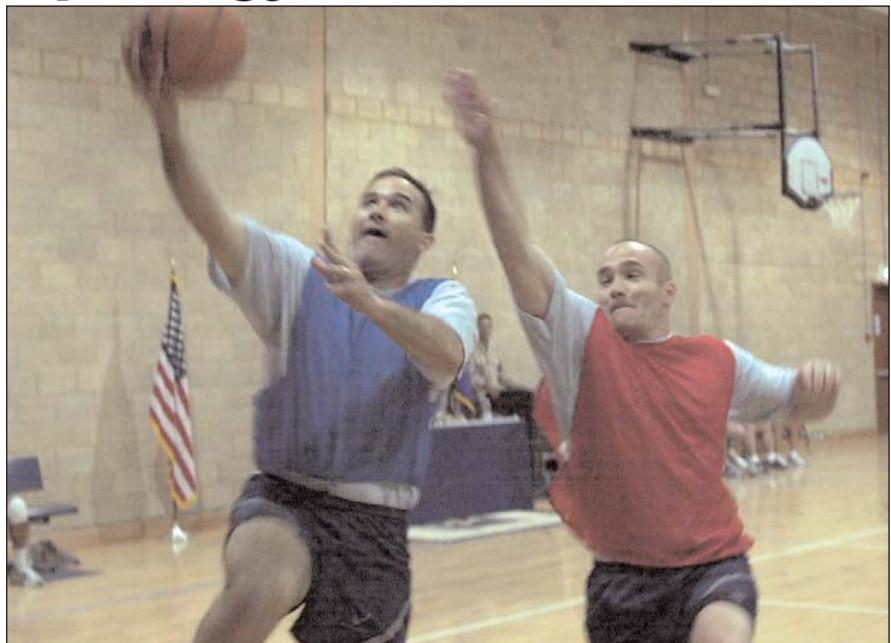
"There have been a lot of individuals who have worked long and hard for this facility to become a reality," said Master Sgt. Ernest Ridings, superintendent of the Rock Fitness Center for the 386th ESVS.

"Seeing the new addition open is really a big relief," said 2nd Lt. Peter Sabatowski, who was the project manager for the new addition from the 386th ECES. "My predecessors really did most of the ground work while I put the finishing touches on it and gave it the details that make it a gym."

The new addition includes a huge all-purpose floor that can be used for basketball, volleyball and soccer.

"This place is my savior," said Tech. Sgt. Derrick Winder, 386th Expeditionary Maintenance Group. "It's nice and cool in here and really impressive."

It also includes a utility room that can



Air Force/Airman 1st Class Jose' Rodriguez

Col. Timothy Hale, 386th Air Expeditionary Wing commander, goes up for a layup as Chief Master Sgt. Gary Noll, fire chief for the 386th Expeditionary Civil Engineer Squadron, defends during the Chiefs-Eagles basketball game Saturday.

Rock Fitness Center Addition

- Gymnasium - 6,570 square foot gym can be used for basketball, volleyball and soccer.
- Utility Room - Room can be used for aerobics, martial arts, spinning and yoga.
- Locker Room - 58 for men, 46 for women and 22 in the hallway.

be used for aerobics, martial arts, spinning and yoga.

"It's really going to be nice," said Staff Sgt. Misty Russell, 386th ECES. "I will be using the aerobic room a lot more now."

In addition to the recreation facilities, the new addition also includes men's and women's locker rooms.

"The facility may have cost less than one million dollars to build," Colonel Hale said, "but its worth a lot more than that to us."

The 386th ESVS plans to start intramural sports inside the new facility very soon.

"The gymnasium will be used to conduct multiple sports seasons and tournaments," Sergeant Ridings said. "We will begin our first intramural basketball season on July 5."

To celebrate the opening, a team of colonels battled a team of chief master sergeants in a traditional Chiefs-Eagles basketball game. And members of the Republic of Korea Air Force were on hand to put on a Tae-Kwon-Do demonstration.

Integrity first, always

Maj. Joseph Mullen, Jr.
386th EAMXS commander

For those of you still here from AEF 9/10 and getting ready to depart the AOR, thank you for all your hard work and dedication to the mission. For those of you just arriving for AEF 1/2, welcome to the "Rock." Believe it or not, this will be a memorable time in your career, one that you will enjoy telling your friends and family about how you supported the president's Global War on Terror.

But let's look at how our actions here in the military affect our lives. How many times have each of us blown off finishing a task and instead, taken shortcuts to get it done? Any problem with that? I mean, heck, your supervisor didn't even notice. What if this task entails the well-being of an aircraft crew and what if that airplane crashed? Your lack of integrity in this situation, directly or indirectly, causing the loss of these valuable lives would no-doubt come back to haunt you ? for the rest of your life. Is it worth it?

This of course concerns the first core value of the Air Force: Integrity. In Air Force Doctrine Document 1-1, Leadership and Force Development, integrity is defined as, "...the willingness to do what is right even when no one is looking. It is the 'moral compass,' the inner voice, the voice of self-control, the basis for the trust imperative in today's Air Force."

Furthermore, Gen. Charles A. Gabriel, our Chief of Staff of the U.S. Air Force from 1982 to 1986 stated, "Integrity is the fundamental premise for military service in a free society. Without integrity, the moral pillars of our military strength, public trust, and self-respect are lost."

Ok, well you have all seen definitions like this in school books, but what does

this really mean? Let's look at it another way. Envision a nurse gave you the wrong medication, and since no one noticed, she signed the record saying the proper medication was given. Worse yet, imagine the medication was given to your child or a loved one, who will eventually suffer grave illness from this wrong medication. See where I'm going with this?

Still don't get it? How about this – you take a short cut while working on an aircraft in direct violation of technical orders, but no one notices and it seems like a good fix and anyway you want to get to the dining facility to have dinner with your friends. The next day, the aircrew takes that aircraft and your best friend goes along as the flying crew chief and during the flight the problem that you thought was a "good fix" goes bad and we lose the aircraft and everyone on board. Will you be able to just forget it? Will you be able to face your friend's family? Will you be able to face yourself in a mirror? I don't think so.

Mistakes are made, of course, it's the nature of our being. Intentionally making a mistake or cutting corners is not. Integrity, however, is the ability to realize an error, and admit to it ? sometimes to the loss of respect of who we considered our friends. Can it be a tough choice? You bet it can. But you know what? You can sleep well knowing that you did the "right thing."

Of course we're always capable of being swayed away from the path of integrity. You know what I mean, or you wouldn't have read this far. Yep, cheating: cheating on a test, on your job, on all of those people in continental U.S. who trust you to make that right decision, or even on your "significant other."



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Mark the date...

Wing Change of Command

**9:30 a.m. Tuesday, July 4
At the Passenger Terminal**

Chief warrant officer to celebrate 60th birthday

Staff Sgt. Ryan Hansen
386th AEW/PA

Tennessee is known as the Volunteer State, and the Rock has a true example as to why.

When the state's Army national guard unit was tasked to mobilize in February, Army Chief Warrant Officer-5 Ricky Goodrich raised his hand and said he would go if they needed him.

"They came up short one body, so I volunteered to come," he said. "I really wanted to get over here and be part of the fight. My commander said with all of my experience that I could be a big help to them, so here I am."

The 38-year armed forces veteran is here serving with the base's U.S. Army Aviation Task Force C-12 Detachment. Now halfway done with his six-month tour, Chief Goodrich will celebrate his 60th birthday June 26.

"I thought it would be neat to turn 21 in Vietnam and turn 60 here," he said. "And I've rally



Air Force/Staff Sgt. Ryan Hansen

U.S. Army Chief Warrant Officer-5 Ricky Goodrich.

enjoyed my time here. The leadership here is great and it's been nice to work with the Air Force."

Here in Southwest Asia the chief is a "jack-of-all-trades" for the detachment. He uses his vast military background to help accomplish the mission – whatever the task.

"I'm a hustler," he said. "I get in and do anything around here that needs to get done. Whatever it is these guys need I'm out there trying to get it for them. With all of my experience I'm pretty good at doing that."

Chief Goodrich even found time to referee the Chiefs-

Eagles basketball game at the opening of the Rock Fitness Center gymnasium addition recently and he helps train more than 25 boxers for the upcoming Rock Fight Night in late June.

"I'm an old prize fighter and I love working with those kids," he said. "They beat up on me pretty good."

In Tennessee Chief Goodrich is the command chief warrant officer for the Tennessee Army National Guard headquarters. He is the primary advisor to the adjutant general on all warrant officer issues and technical systems.

"I have a real rewarding job back home," he said. "We have 300 warrant officers and we cover every career field in the Army. I'm the warrant officer's go-to guy. We're a bit of a different breed and no one quite understands us, so that's where I come in."

He also serves on the Army National Guard National Bureau's senior warrant adviso-

ry council. This group sets the standards for all warrant officers in the Reserve and guard.

"I think we've done some great things for our career field," Chief Goodrich said. "I think the warrant officer program has come farther in the last three years than it has in the last forty."

Throughout this 38-year career, Chief Goodrich has served in the infantry, logistics, maintenance and medical career fields.

"My family has 144 years of total military service," he said. "My dad had 38 years, my brother retired from it and my son is currently in the air guard."

Chief Goodrich was originally drafted in 1968 to serve in Vietnam. After returning to the states he went back and finished college and then took a part-time job with the National Guard.

"I went to the guard part-time and never left," he said. "And I'm still here."

New AAFES Internet cafe opens its doors

Shop can be used for many online activities

Staff Sgt. Ryan Hansen
386th AEW/PA

The Rock officially opened the doors on the Army & Air Force Exchange Service's Cyber Zone Internet Café in a ribbon cutting ceremony Friday.

The CZee, as its known, allows users to surf the World Wide Web, compete in online gaming and participate in video or voice conferencing with loved ones back home.

"What this represents is a great joint effort between AAFES and us," said Col. Timothy Hale, 386th Air Expeditionary Wing commander. "This is absolutely great for the base."

"Being here, and going where the troops

are is what AAFES is all about, said Ruth Campbell, AAFES team leader at the Rock. "I'm so excited about this place."

The new facility houses 19 state-of-the-art computers. Soldiers, Sailors, Airmen, Marines and civilians at the Rock now have a place to go to get the fastest connection available.

"This is a great way to communicate with family and friends back home," said Airman 1st Class Dan Dougherty, an electronic countermeasures troop with the 386th Expeditionary Maintenance Squadron. "I've been here for almost four months now and I wish it would have been here the entire time."

"This place is wonderful," said Staff Sgt. William Durham, a vehicle operations troop with the 386th Expeditionary Logistics Readiness Squadron. "I'm very happy that it's available to us."

One advantage for users of the CZee is that they can access a few Internet sites they cannot on government computers.

"Even if you have a computer at work you can't access a lot of sites because of security reasons," Sergeant Durham said. "Here I can access my personal mail accounts ... and it's very convenient."

Users pay \$5 an hour to use the equipment at the CZee.

"I don't think the price is bad at all," Airman Dougherty said. "And for people who do not have access to a computer, this place is really nice."

The CZee is another example of how the base's leadership is constantly working to improve the quality-of-life here for everyone.

"I really have to say thanks to AAFES for always going where we go," Colonel Hale said.

Memories of father stay strong, even after 63 years

Annette Crawford

Air Force Print News

She hasn't seen her father since 1943, but the years have done nothing to lessen the admiration and love she feels for him.

"He's been gone 60-something years, but all my sister and I remember is a kind, sweet man," said Margaret Ramey Watkins, speaking of her father, Brig. Gen. Howard K. Ramey.

In January 1943, General Ramey took command of the 5th Bomber Command in New Guinea. The assignment was at Port Moresby on the south-eastern shore of the island. The location was coveted by both sides in World War II due to its strategic location near the Coral Sea and South Pacific Ocean.

On March 26, 1943, the 47-year-old general flew a B-17 Flying Fortress from Port Moresby on a reconnaissance mission. The aircraft vanished over the Bismarck Sea. The general and his crew were declared missing in action.

Exactly nine years earlier, on March 26, 1934, then Captain Ramey had been one of 35 American military pilots from World War I who founded the National Order of the Daedalians, a fraternal order of military pilots.

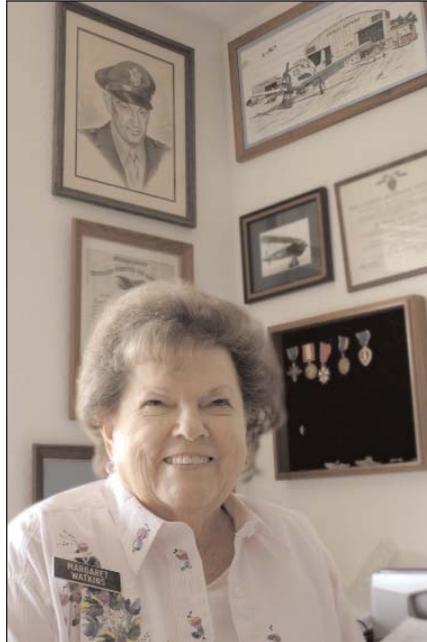
General Ramey was one of four Daedalians honored at the "Spirit of Founders Ceremony" at the Fort Sam Houston National Cemetery in San Antonio on May 27. Sponsored by the Daedalians' Stinsons Flight No. 2, the ceremony also honored Lt. Gen. Barney Giles, Maj. Gen. Warren Carter and Maj. Gen. Clements McMullen.

Mrs. Watkins was 10 when the pilots met at the Ramey home at Maxwell Field, Ala. She knew something special was happening.

"It was exciting; you could just feel it," she said. "All the men, of course, they knew each other so well. In the old air corps there were so few of them."

She still has the songbook that her father and his friends used at their home more than 70 years ago.

"They would gather in the evening and we would hear many of these songs," she said.



Air Force/Tech. Sgt. Cecilio M. Ricardo Jr.

Margaret Ramey Watkins sits beneath a portrait of her father, Brig. Gen. Howard K. Ramey, at her home in San Antonio.

Mrs. Watkins was born at Walter Reed Army Hospital in Washington, D.C.

"She's a southerner because she was born in the south wing," said her husband, retired Air Force Lt. Col. Miles Watkins. The colonel, a proud South Carolinian, is also a member of the Daedalians and served in the Air Force 28 years.

The couple, married 61 years, now live in Air Force Village I in San Antonio. From their apartment they have an expansive view of the Texas countryside — countryside where her father flew as a young pilot. One of her favorite stories about her father took place just a few miles from her present home.

"He was an instructor pilot at Kelly around 1925 and he sent one of his students off on his solo cross-country flight," she said. "In the process of flying the designated route, he had engine trouble ... in those days the planes only had one engine.

"(The student pilot) landed in a pasture of cattle out in west Texas. I'd give anything to know where (that pasture) is. When he didn't appear for several

hours, Dad went out after him.

"All the pilots then wore white scarves. When it was cold in the cockpit they'd wrap them around their faces. The student was waving his scarf and Dad saw him and landed," Mrs. Watkins said.

The general's daughter said her father's legacy was his dedication and daring. She said her father, who was born in Waynesboro, Miss., lived to fly.

"He was a pilot's pilot," she said. "He was known for being an outlaw.

"The first time he saw an airplane, that was it. He just had to fly. He went to the University of Mississippi a couple of years, but flying was something he had to do."

Colonel and Mrs. Watkins looked over the memorabilia of the general's life — photos, a pilot's log books, certificates and medals. The colonel picked up a photo of General Ramey on the day he was promoted to captain — he's wearing a pair of extremely oversized bars on his shoulders and is laughing.

"There's a story behind that," he said. "He got promoted from first lieutenant to captain, but his monthly pay decreased. That was right after the big bank failures of '29, and the beginning of the Depression. Have you ever known anyone to be promoted and get a cut in pay?"

Mrs. Watkins doesn't hesitate a second when she talks about the last time she saw her father. It is evident in her eyes that this is a scene she has replayed many times.

"Oh yes, I remember. We went to say goodbye to him — my mother and sister and I — he was getting on an airplane. It was dark at Hamilton Field (in Marin County, Calif.) We said the usual goodbyes and he told us to take care of our mother."

Five years after his death, Borinquen Field in Puerto Rico was renamed Ramey Air Force Base in honor of the general.

"Miles once commented that Dad was always smiling when he stood by an airplane," Mrs. Watkins said. "I guess that is because he loved flying."

Summer School for Warriors

USAFA cadets get real-world ops lesson in a deployed locale

Capt. Thomas Crosson
386 AEW/PA

Summertime for university students is normally the chance to relax and unwind after surviving grueling semesters of cramming for exams and researching term papers. Some students spend this time at home with their family; some travel to tropical vacations spots.

Some students go to a war zone.

Nineteen U.S. Air Force Academy juniors and seniors embarked on a summer intern program of sorts on June 5, when they arrived in Southwest Asia to begin a nearly four-week, hands-on orientation with the 386th Air Expeditionary Wing at an air base supporting operations Iraqi Freedom and Enduring Freedom and Joint Task Force - Horn of Africa.

Every year, through Operation Air Force, academy upperclassmen have the opportunity to visit Air Force bases throughout the world. Last year marked the first time cadets were selected for Southwest Asia air bases. While cadets are not permitted within Iraq or Afghanistan, the locations they will visit will be close enough to give them the perspective they will need to lead tomorrow's expeditionary Airmen. The 386th AEW will host two groups of cadets this summer, mentoring 37 students.

For one cadet who will



Air Force/Capt. Tom Crosson

Air Force Academy Cadet First Class Matt Jasinski goes over a vehicle operations checklist with Staff Sgt. Marvin Skinner, 386th Expeditionary Security Forces Squadron, prior to heading out on a base defense mission June 7.

USAFA Facts

Location: Colorado Springs, Colo.

Established: April 1, 1954

Mission: To inspire and develop outstanding young men and women to become Air Force officers with knowledge, character and discipline; motivated to lead the world's greatest aerospace force in service to the nation.

Admissions: Cadets must be between 17 and 22 on July 1 of the year of admission.

become an aircraft maintenance officer when she graduates in 2007, a flightline at an air base in Southwest Asia is exactly where she wanted to spend her Operation Air Force tour.

"I wanted to get a feel for what I'll be doing (upon graduation), said Cadet 1st Class April McDonald. "I wanted to see what it was like to be deployed."

During their visit, cadets will be exposed to a variety of career fields, including pilots, aircraft maintenance,

security forces and contracting, to see firsthand how each function works in order to accomplish the Air Force mission. They will also receive mission briefings, go on C-130 *Hercules* static tours, visit the local U.S. Embassy and other area military installations and attend cultural awareness events.

"This is a phenomenal program. It gives our future officers the most realistic and intensive picture of what



they will be doing for the next four-plus years of their lives," said Capt. Aaron

Gibson, 386th AEW executive officer and Operation Air Force project officer.

"This is a great opportunity for our Airmen here to interface with the cadets to show off what they do and to help mold the cadets into great officers."

While the cadets are here,

they'll each be paired up with a company grade officer in a career field they are interested in learning more about. They'll work the same jobs alongside company grade officers and NCOs during the duty day to gain insight and experience about that particular Air Force specialty they would never receive in a classroom.

Some cadets choose to pair up with a career field they have been selected to join or hope to join when they enter active duty, while other cadets chose a completely different career field to shadow.

Cadet First Class Matt Jasinski is one of the 525 members of the Class of 2007 who will attend undergraduate pilot training after graduation. But rather than embedding with a flying squadron, Cadet Jasinski chose to join up with the 386th Expeditionary Security Forces Squadron.

"I don't want to be a know-nothing lieutenant on day one (on active duty)," Cadet Jasinski said. "I've talked to plenty of pilots at the academy. I'll have the chance to shadow plenty of pilots at undergraduate pilot training."

For Cadet 1st Class Stephen Boyd, a future intelligence officer, he wanted to shadow the 386th ESFS to gain better insight on what security forces troops in the field do.

"I might be over here right after technical school," he said. "Why not take the opportunity to what is going on...to get a better understanding of what is going on here?"

COMBAT STRESS

Capt. Thomas Crosson

386 AEW/PA

The term “combat stress” has several connotations associated with it. There are those in the Armed Forces that see combat stress as a sign of weakness or even a potential career-ending affliction.

What many may not realize is stress from combat related events come in many different forms and if not addressed, could have a permanent and tragic impact on one’s life, and on the lives of others around you.

The symptoms of combat stress don’t discriminate and can impact anyone, not just those directly involved in combat. Combat stress can be brought on by having difficulty adjusting to deployed working or living conditions, domestic or personal problems to participating in combat.

Common symptoms of combat stress include headaches, loss of appetite, sleep problems, lack of interest or pleasure, mood swings and poor concentration.

For Airmen who are having a hard time coping in a deployed environment or for those who are just having a tough day, the 386th Expeditionary Medical Group’s Combat Stress team is standing by to provide support, advice or just a shoulder to lean on to help the Airmen assigned here get through their day.

While dealing with combat related stress is critical to maintaining a healthy and productive force, Capt. Noreen Kern, 386th EMDG Combat Stress Control Counselor, said one of the toughest parts of her job is convincing Airmen that it is okay to reach out for help. All too often, troops avoid seeking help as are



Air Force/Capt. Thomas Crosson

Capt. Noreen Kern and Senior Airman Joseph Terrell, Combat Stress Control Counselors with the 386th Expeditionary Medical Group, talk with maintainers on the flightline while delivering drinks on the flightline recently.

afraid it might adversely affect their career. Contrary to this belief, going to counseling often prevents bigger problems from occurring. It’s better to be proactive than reactive.”

“All counseling is confidential, with the exception of UCMJ violations and where there is imminent risk of harm. In those instances, squadron commanders would be informed.”

“There is no documentation in an Airmen’s outpatient medical record that will show a visit to our office,” she added, “Unless the patient has significant mental health issues that warrant on going care.”

Don’t knock it until you try it

A visit to a combat stress counselor is only a phone call away. An Airman wishing to see a combat stress counselor contacts the medical group appointment line at 442-2302 to set up an appointment. In cases of emergencies, the team is on call 24-hours a day for immediate assistance.

Once an Airman arrives for the appointment, they undergo an initial evaluation which involves answering 45 simple questions which help the counselors gain a better understanding of the stresses the Airman is facing. Following the initial assessment, the

Airman and the counselor sit down for a private, one-on-one chat. While the patient won't be subject to ink-blot



charts or hypnosis, they are welcome to use the clinics vibrating massage chair to help ease the tension.

The goal of the discussion according to Captain Kern, is identify three of the root causes of the Airman's stress.

Once those are identified, the counselor and the patient develop a game plan on how to mitigate the root causes in order to alleviate the stress.

"Sometimes a person's stress derives from something as simple as not adjusting to their new surroundings or from having a difficult time with a coworker or supervisor" said Senior Airman Joseph Terrell, 386th EMDG combat stress counselor.

In most cases like these, the combat stress team will work with the Airman by addressing the causes of their stress head-on and to help chart a course of action help them better physically and mentally deal with their stress.

According to Captain Kern and Airman Terrell, the myriad of stress-reducing techniques involve everything from relaxation techniques to working with a patient's unit leadership to adjust working conditions.

Conflict resolution and empowerment play a large role in developing solutions to an Airman's stress, Captain Kern said. "Our role is to be a facilitator in helping Airmen to arrive at their own solutions to their problems and handle them in an appropriate manner."

One the initial visit has taken place and the counselor and patient have developed a course of action, the patient is typically scheduled for a follow-up visit approximately one week later. Visits with the counselor beyond that are dependent on the level of improvement shown by the patient and the judgment of the counselor.

Referrals welcome

Part of being at a deployed location is being a good Battle Buddy. This involves looking out for one another both in the work center and off duty.



Captain Kern said that her

office welcomes referrals from Battle Buddies and supervisors.

"Sometimes people come in or call to tell me about someone in their unit who they think is having a problem, and they ask us to help."

When the team receives a referral about an Airman, they make every effort to contact the Airman, although they may not do it directly.

"We won't necessarily contact the (referred) Airman right off the bat. We'd work with the person making the referral and work with the Airman's unit," Airman Terrell said.

"Unless an Airman displays signs of acute stress or threatens to hurt themselves or someone else, nobody can force them to see a counselor," Captain Kern said. "We can just let them know about the services we provide and that we can help."

"We just want to make sure the Airman is safe," she added.

Prevention is Key

While the Combat Stress team provides individual counseling for combat stress, post traumatic stress disorder, anxiety and depression. They also work with personnel before they are likely to be exposed to potentially traumatic events.

"We get out when we can to conduct wellness checks. Out on the flightline, out at the perimeter, wherever," said Captain Kern. "These are brief encounters to just ask an Airman 'how's it going' and to let them know that we are here for them. Our goal is to reach everyone on base."

The combat stress team also provides training and council to commander, first sergeants and supervisors on how to spot the signs and symptoms of combat stress within an organization and how the combat stress team plays an active roll in the wing's ability to maintain its high level of readiness.

"We don't want people to feel forgotten," Captain Kern said. "We want to help keep morale up. We want our Airmen to know that we are here to help!"



What Is Combat Stress?

Whether you are directly involved in combat or are working in support of combat related missions, you might be experiencing distress that is negatively affecting your physical and emotional health. This is known as "combat stress."

There are numerous factors that can cause combat stress, but more importantly, there are methods of prevention. First, recognize what you are experiencing is normal. Attempt to establish a routine as soon as possible. Stay connected with loved ones and reach out to co-workers; establishing a support system is important! Be sure to stay hydrated, get plenty of sleep and exercise. Take deep breaths, remember positive self talk, and reward yourself with small breaks.

Finally, if all methods have been tried and you feel that things are getting out of control, help is available. Please call the Combat Stress Control Counselors with the 386th Expeditionary Medical Group Combat at 442-2302.

Some Causes of Combat Stress

- Working and living conditions
- Lack of time to assimilate into unit
- Unclear roles or assignments
- Long duty days & inadequate rest
- Interpersonal problems with peers
- Level of preparedness to perform job
- Problems with leadership
- Limited opportunities for recreation
- Domestic worries-personal problems

Some Symptoms of Combat Stress

- Headaches
- Lack of appetite
- Sleep problems, nightmares
- No energy
- Lack of interest/pleasure in doing things
- Poor concentration
- Mood swings, emotional outbursts
- Excessive crying, sadness, depression
- Irritability
- Anxiousness, feeling keyed up, on edge
- Apathy
- Fatigue
- Exaggerated startle response
- Isolation
- Pounding heart
- Diarrhea

Remedies for Combat Stress

- Remind yourself that it is normal
- Get plenty of sleep, food, water, exercise
- Establish a support system
- Stay connected with loved ones at home
- Learn effective relaxation techniques
- Practice positive self talk
- Develop a routine
- Write a journal
- Set goals for yourself
- Reward self with small breaks
- Take deep breaths

386th Air Expeditionary Wing Rock Solid Warriors



**Senior Airman
Corey Fines**

586th Expeditionary Security Forces Squadron
Initial Response Force

Home unit, base: 97th Security Forces Squadron, Altus Air Force Base, Okla.

How do you support the mission here? I conduct patrols inside and outside the base perimeter and prevent unauthorized entry to the base.

How many times have you deployed and what makes this one unique? Twice. This deployment is unique in that we have a dual mission. The first mission is the one of protecting the base and our second and most important mission is preventing detainee's from escaping from our sphere of control.

How does your job differ in a deployed environment versus home base? At the home station we work to protect resources and prevent the criminal aspect. Here we are protecting people and denying insurgents the opportunity to attack coalition forces.



**Tech. Sgt.
Gary Bubar**

386th Expeditionary Security Forces Squadron
Assistant NCOIC, Fly Away Security Team

Home unit, base: 375th Security Forces Squadron, Scott Air Force Base, Ill.

How do you support the mission here? I schedule an average of 50 Fly Away Security Missions per month. These Fly Away Security Teams provide flight deck denial for various missions as well as providing ground security at locations deemed by the defense department to have inadequate security measures in place.

How many times have you deployed and what makes this one unique? I've deployed five times in my nine year career. This deployment is unique in the fact that I have deployed to this location in the past and now get to see how the people who arrived here after me built upon past successes and have the unique opportunity to build upon theirs.

How does your job differ in a deployed environment versus home base? At home I am the NCOIC of Contingency Operations. I manage deployments for a 248 person unit and \$11 million in deployable equipment. Here I schedule security forces on an array of different missions and accomplishes a variety of operations tasks.