



Ghost Rider Post

Newsletter of the 191st Combat Sustainment Support Battalion



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APRIL, 2012



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Ghost Rider named 'Best Warrior'

By Spc. Michael R. Gault

SALT LAKE CITY, Utah— On 25 March, Pfc. Carlton D. Joyner, an information technologies specialist with the 191st Combat Sustainment Support Battalion, resident of Salt Lake City, Utah, took first place in the 96th Sustainment Brigade hosted '2012 Best Warrior Competition' held at Fort Douglas.

'The Best Warrior Competition' is a three-day test of the contestants' physical endurance and soldiering skills relevant in today's Army.

"It showed me a lot of my strengths and weaknesses," said Joyner. "I experienced challenges that I don't ordinarily experience as a drilling Reservist."

As the 96th SBDE 'Best Warrior', Joyner will now compete in the 364th SSC Best Warrior Competition which will be held at Fort Lewis, Wash. April 12-16.



Col. Phillip S. Jolly, Commander of the 96th Sustainment Brigade, awards Pfc. Carlton D. Joyner the Army Commendation Medal for winning the 2012 '96th Sustainment Brigade Best Warrior Competition' on March 25.



'Deadeyes' Prepare for Deployment

By Spc. Michael R. Gault

FORT DOUGLAS, Utah -- Deadeyes from the 191st Combat Sustainment Support Battalion are training hard in preparation for mobilization to Kuwait later this spring. Their mission includes managing one of the largest military equipment retrograde op-

erations in recent military history. In addition, the 191st CSSB will assume command of several support units deployed in the area and oversee multi-million dollar logistics contracts supporting Operation Enduring Freedom.

"This mission is about get-

ting the supplies and equipment utilized in Iraq back into the Army's supply system or redistribute to current operations such as Afghanistan," said Lt. James Groark, the 191st CSSB commander and native of West

(DEPLOYMENT Continued on page 15)



FIRST SERGEANT'S CORNER

April's BTA Information

21st - 22nd



SFC Alicia Stakely

SATURDAY

Normal Training Day

Location:

Bldg. 102, Ft. Douglas

Sign In:

0700-0730

Formation:

0730- 0745

Uniform:

ACU's

SUNDAY

Family Day

Location:

Bldg. 131, Ft. Douglas

Sign In:

0800-0830

Formation:

None

Uniform:

Proper Civilian Attire

We have three important tasks to perform for this BTA.

Saturday, bring your gear load out for the deployment so we can get the Connex loaded and sent off to Fort Hood. Packing list was sent to all Soldiers' AKO email accounts 29 March.

There will be makeup classes for missed 1st Army Training on Saturday from 0830 till 1200. This training needs to get done or you will be spending what off time you have at Hood getting it done.

On Sunday, the 22nd, we will be meeting at Bldg. 131. with our families. **Do not go to Bldg. 102.**

Also for Sunday, be sure to bring Social Security Cards, Birth Certificates, and Marriage Certificates for yourself and all your dependents with you. The ID card shop will be open and you will need these items to confirm your DEERS.



REMINDERS

- Be Proactive instead of Reactive.
- Keep Your Family Informed!
- Know your Platoon Sergeant and First Line Supervisor Contact Information!
- Our Dining-In is on May 19th. Have Your Dress Uniform Ready.
- Remember to keep your files on 2x Citizen Updated (IPERM awards, promotions, and schools)!
- Do Your Best in Every Task!
- Check Your AKO email account daily!

Going 'That Extra Mile' as Citizen and Soldier

By Spc. Michael R. Gault



As a chaplain assistant in the 191st CSSB, Spc. Brandon K. Bassett, of Lindon, Utah, selflessly provides for the needs of both the battalion's Chaplain and Soldiers. Often times, this is a full time job.

FORT DOUGLAS, Utah – As a Chaplain Assistant in the U.S. Army Reserve, Brandon K. Bassett, from Lindon, Utah, personifies the idea of “Twice the Citizen”.

One weekend a month, Bassett attends battle training assembly with the 191st Combat Sustainment Support Battalion, Fort Douglas, Utah, supporting Soldiers as a member of the Unit Ministry Team.

When he is not serving his country, Bassett works for a publishing company

that produces classroom curriculum materials used to educate elementary students. In addition, the military benefits he receives as a member of the Army Reserve allows Bassett to study

“I enlisted to serve, help my fellow Soldiers and help our nation’s mission to promote freedom.”

Computer Science at a local university.

“I believe it is very possible to be successful as

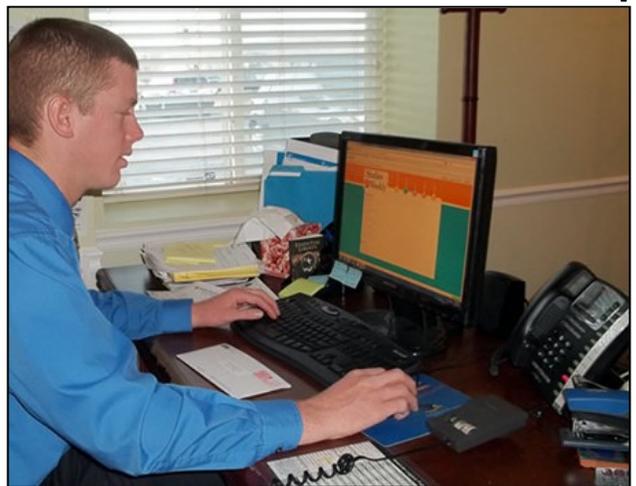
both a civilian and a Soldier,” said Bassett. “I learned to use my military accomplishments to be more

productive in my civilian life. In turn, my success in my civilian life makes me a better Soldier. Both have given me the confidence to accomplish anything.”

Citizen Soldiers such as Brandon Bassett have been answering the call to serve their country for over 230 years.

“I didn’t enlist just to train and get paid,” said Bassett. “I enlisted to serve, help my fellow Soldiers and help our nation’s mission to promote freedom.” As a Soldier, civilian, and student, Bassett still found time to support families of military veterans by setting up the entertainment in support of the community partnership between the 191st CSSB and the Salt Lake City Fisher House.

“He is a highly motivated Soldier and citizen,” said 1st Lt. John Marriot, chaplain for the 191st CSSB. “He goes above and beyond what he is asked to do to help anybody he can.” 



When not in uniform, Bassett works for a publishing company that produces classroom education material for elementary students.

Chaplains provide what supply cannot stock

Written by Sgt. Duncan Brennan
101st Combat Aviation Brigade

Fort Campbell, KY – Getting soldiers and families ready for deployment is a monumental undertaking. It is a puzzle with an untold number of moving parts. A big component of soldier readiness is spiritual guidance and counseling.

Soldiers and family members seek guidance, counseling and camaraderie at the chaplain's office, because supply does not keep those things in stock.

"The battalion and brigade chaplains provide single and married soldiers retreats prior to deployment," said Spc. Andrea Fifer, 2nd Squadron, 17th Cavalry Regiment, 101st Combat Aviation Brigade chaplain assistant. "We also host things like financial workshops and prayer breakfasts to strengthen the individual soldier."

The chaplaincy provides similar services for single and married soldiers, allowing every individual the opportunity to grow.

"We help strengthen family relationships," said Maj. Billy Graham, 101st CAB chaplain. "We conduct the 'Strong Bonds' retreats for married soldiers and hold events for single soldiers as well. We help single soldiers see what healthy relationships look like."

These are just a few of the things that are offered through the chaplain's office. Often, chaplains are on the forefront when soldiers lives take a turn for the worse.

"Some of what the chaplains do is crisis ministry," said Graham. "We help soldiers through the deaths of loved ones or financial hardship. If we cannot help them, we will connect them to resources that can help."

Even though the chaplains have a wide array of resources where they can send troops when they are having difficulty with life, it is always been the ministry portion that has been the bread and butter for the chaplain.

"The number one thing I enjoy about being a chaplain is interacting with soldiers," said Graham. "Talking to soldiers and families and knowing what some of their struggles and joys are, is awesome."

The chaplain does not work alone. An integral part of the unit ministry team is the chaplain's assistant.

"The chaplains assistant's main responsibility is to assist the chaplain in providing ministry to our Soldiers," said Fifer. "We

minister by doing administrative work and talking to junior soldiers who may not come to talk to the chaplain. We can also give the chaplain another perspective from the enlisted side. Our tie to the enlisted side allows NCOs and the chain of command to help the chaplain be more successful helping soldiers."

The Army works as a team, and the chaplain provides a critical function. But even the chaplains have job hazards.

"There is always a risk of burn-out," said Graham. "The same spirit that wants to serve also pushes the chaplain to give all he has to offer leaving him an empty shell. As brigade chaplain, it's one of my responsibilities to be a chaplain of chaplains. I also encourage all the chaplains to take care of each other."

Ultimately, the chaplain's program is based firmly on taking care of soldiers and families.

"The Army works as a team, and the chaplain provides a critical function. But even the chaplains have job hazards."



FORT DOUGLAS, Utah — Sgt. Miguel Sandoval, an automated logistics, a resident of Dugway, Utah, meets with 1st Lt. John Marriot of North Ogden, Utah, between pre-mobilization classes on March 6. Marriot serves as the 191st CSSB as chaplain who will also be deploying with the battalion. (Photo by Spc. Michael Gault)

191st Soldiers Attend Yellow Ribbon

By Michael R. Gault

DALLAS, TEXAS – Soldiers of the 191st Combat Sustainment Support Battalion, along with their friends and family, attended the Yellow Ribbon Reintegration Experience event held at the Hilton on February 24 through 26.

To date, over 800,000 Guard and Reserve members have been activated since 2001, and more than 72,000 are currently activated in support of military operations all around the world. The overall impact of years of war has leaders at all levels concerned about its effects it has had on service members and their families. In 2008, in answer to these growing concerns, Congress ap-

proved a program for service members and their families to help deal with a number of issues that comes with deployments. The Yellow Ribbon was created.

“Families of Soldiers need to be just as informed as the Soldiers themselves,” said Sgt. First Class Alicia

Stakely, First Sergeant of the 191st CSSB and resident of Salt Lake City, Utah. “This program is great for providing that information for them before, during and after a deployment.”

(RIBBON Continued on page 12)

“Families of Soldiers need to be just as informed as the Soldiers themselves.”



Pfc. Janessa M. Keeling, of West Valley City, Utah, 1st Sgt. Alicia Stakely, of Salt Lake City, Utah, and Andy T. Mounsema, of West Valley City, Utah, all with the 191st CSSB, stop to smile for the camera on opening day of Yellow Ribbon.

Help us make the Ghost Rider Post even better!



What type of things is your unit doing? We want to know!

Send us your stories, story ideas, or photographs to:

michael.gault@us.army.mil

Comments? Suggestions? Let us know!

Contact the 191st CSSB Public Affairs at:

sarah.n.snow@usar.army.mil

Ghost Riders Compete in Best Warrior Competition

By Spc. Michael R. Gault

SALT LAKE CITY, Utah –

Four Soldiers from the 191st Combat Sustainment Support Battalion, ‘Ghost Riders’, competed in a grueling three-day test of skills relevant in today’s Army during the 96th Sustainment Brigade’s ‘2012 Best Warrior Competition’ held on March 23-25 at Fort Douglas, Utah.

“The Best Warrior Competition is a test of the contestants’ basic soldiering skills” said Pfc. Joseph S. McGrath, an intelligence analyst, resident of Ammon, Idaho. “The first job of every Soldier is a Warrior; that is exactly what this competition tests.”

At the start of the event, the competitors were given a modified APFT test where no rest between the events was permitted. Later, in their dress uniforms, they appeared before a board of noncommissioned officers headed by Command Sgt. Maj. Vicki Briggs, Command Sergeant Major of the 96th Sustainment Brigade to answer a battery of questions.



A sign at Camp Williams, Utah, welcoming the competitors of the Best Warrior Competition on March 23.

Bright and early the next morning, the Ghost Riders begin their day with the EST 2000, a computer simulated weapons qualification range, where they showed off their skills with the M4 at Camp Williams, Utah.

Afterwards, they had to tackle land navigation. Given a map, a lensatic compass, and grid coordinates of four points, they had up to three hours to negotiate the hilly terrain of Camp Williams. Soldier common task stations, were also positioned near their objectives, to serve as

unexpected distractions for the competitors.

Immediately following land navigation, the competitors were faced with a box full of weapons parts for a M9, M249 and the M16-A2, in which they had six minutes to not only reassemble the weapons, but also a proper functions check.

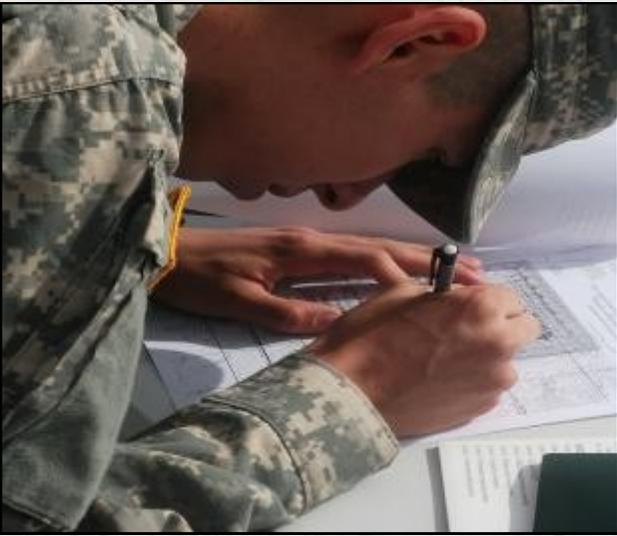
“I was almost completely unprepared to do Warrior Tasks while also negotiating the land navigation,” said Spc. Conor A. O’Farrell, a signal support system specialist, resident Pocatello, Idaho. “A hint as what to expect would have been nice, but that wouldn’t help evaluate what we knew.”

To add to the challenge, the seven mile road march was increased to 9.2 miles with a time limit of two hours, no running



Staff Sgt. Anthony C. Mutter, the command group liaison, sponsor/trainer for the 191st CSSB competitors, gives some last minute advice to the 191st competitors before they set out to negotiate land navigation on March 24.

As 'Best Warrior', Joyner will now compete in the 364th SSC Best Warrior Competition which will be held at Fort Lewis, Wash. April 12-16.



Pfc. Justin P. Kelleher, a human resource specialist, resident of Salt Lake City, Utah, carefully plots his points on a map prior to negotiating the land navigation portion of the competition March 24.

was allowed.

For the event finale, the warriors competed in an intense combatives tournament where they grappled and wrestled each other and other competitors, one on one, in a series of several matches. Intense and competitively fought, the matches were a spectacle to behold for both the judges and audience alike.

“Combatives was the most challenging event for me,” said Pfc. Justin P. Kelleher, a human resource specialist, resident of Salt Lake City, Utah. “It physically drains you and mentally psyches you out.”

Throughout the competition, the Ghost Riders were motivated, representing the 191st CSSB well by projecting positive competitive character.

“I am very proud of our Warriors and how well they have competed,” said Staff Sgt. Anthony C. Mutter, the command group liaison and a sponsor/trainer for the 191st CSSB competitors, resident of Murray, Utah. “We could not have chosen a better group of Soldiers!”



Motivated and highly competitive, most of the competitors of the 'Best Warrior Competition' choose to run to their objectives, determined to be the best.

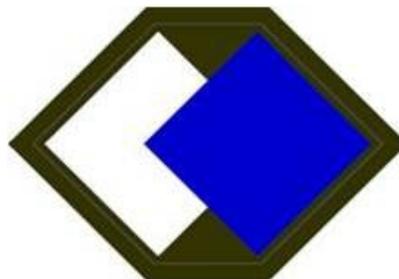
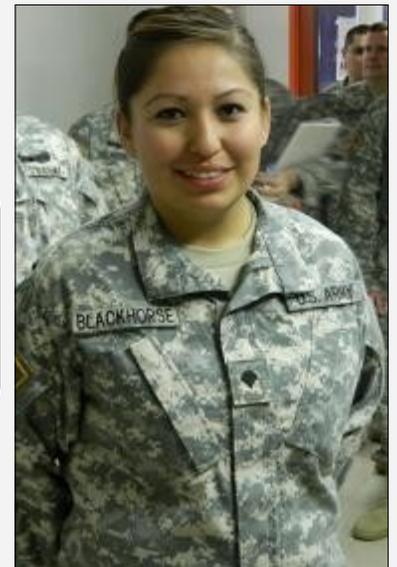


Promotions in the Month of February



FORT DOUGLAS, Utah – Darryl J. Villamor, a information technologies specialist, was promoted to the rank of Private First Class by the battalion commander Lt. James Groark on February 11, 2012. Villamor, a resident of West Valley, has been a member of the U.S. Army Reserves for over a year. He attended basic training at Fort Jackson, S.C.

FORT DOUGLAS, Utah – Deidra D. Blackhorse, a power generation equipment repairer, was promoted to the rank of Specialist on February 11, 2012. Blackhorse, a resident of Bluff, has been a member of the U.S. Army Reserves for 16 months. She attended basic training at Fort Jackson, S.C.



Promotions in the Month of March

FORT DOUGLAS, Utah – First Lt. Berni J. Davis, Commander of the 191st HHC, was promoted to the rank of captain at Osborne Hall on Fort Douglas on March 11. Davis, a native of West Valley, first joined the U.S. Army Reserves as an enlisted Soldier 12 years ago. In 2008, she received her commission as an officer. Later, she joined the 191st CSSB becoming HHC commander soon afterwards.



FORT DOUGLAS, Utah – Jonathan R. Norman, a automated logistical specialist, was promoted to the rank of Private First Class on March 16. Norman, a resident of Sandy, attended basic training at Fort Benning, Georgia, and has been a member of the U.S. Army Reserves for a year.



191st Soldiers Attend Combat Lifesaver Course

By Spc. Michael Gault, 191st Public Affairs, 96th Sustainment Brigade

FORT DOUGLAS, Utah – Soldiers of the 191st Combat Sustainment Support Battalion attended a five day Combat Lifesaver Course instructed by medics of the 96th Sustainment Brigade March 12 through March 16.

“The purpose of the Combat Lifesaver class is to train Soldiers to render first aid quickly



Spc. Christopher Graham, a Healthcare Specialist and Combat Lifesaver instructor for the 96th Sustainment Brigade, demonstrates important lifesaving techniques on Spc. Brain T. Rolstad of the 191st CSS during a Combat Lifesaver Course on March 15.

and effectively during combat situations,” said Spc. Logan M. Kupitz, a Healthcare Specialist and Combat Lifesaver instructor for the 96th Sustainment Brigade, resident of West Jordan, Utah. “Keeping a level head and maximizing on the precious first few minutes on a fallen comrade can help save lives on a battlefield.”

Throughout the 40-hour course, 16 Soldiers studied situational awareness, the evaluation of a casualty, opening and management of the airway, treating of wounds, treating for shock, intravenous therapy, and calling for a medical evacuation.

Through several hands-on practical exercises, the students demonstrated their new skills on each other. On the final day, they were given a written exam followed by lane exercises.

“We have been running the course this way since our deployment to Iraq back in October, 2009,”

said Jake P. Hardee, a Healthcare Specialist and Combat Lifesaver instructor for the 96th Sustainment Brigade, resident of Salt Lake City, Utah. “We take that average Soldier with little or no previous medical training and instruct them

so they know how to utilize everything they have in their CLS bag and help save lives.”

“I am really enjoying this class,” said Pfc. Nicolas A. Downs, a signal system support specialist with the 191st CSSB, resident of Salt Lake City, Utah. “It’s actually fun and informative. I understand how to properly access someone who is injured

(LIFESAVER Continued on page 15)



Spc. Brandon K. Bassett, the Chaplain's Assistant with the 191st Combat Sustainment Support Battalion relaxes after receiving a I.V. during Combat Lifesaver Course on March 15.

(Photo by Pfc. Nicolas A. Downs)

“Keeping a level head and maximizing on the precious first few minutes on a fallen comrade can help save lives on a battlefield.”

Deadeyes Embrace their Military Heritage

Story and Photos by Pfc. Johnson, Human Resource Specialist, 191st CSSB, 96th Sustainment Brigade



Members of the 191st CSSB present their 'Deadeye' unit patches for a photo during their tour of the Fort Douglas Military Museum, Salt Lake City, Utah.

"I know that the men of Love Company (382nd Infantry Regiment, 96th Infantry Division) were, in most instances, unrecognized for doing their dirty job day after day with amazing Perseverance."

- Donald O. Dencker

FT. DOUGLAS, Utah –

On March 9, officers of the 191st Combat Sustainment Support Battalion stepped back in time at the Fort Douglas Military Museum with an officer development class to discover lessons learned from the WWII era 96th Infantry Division 'Deadeyes' and providing them with a perspective between past and upcoming deployments.

During the event, the Deadeyes participated in a guided tour of the museum, examined equipment, weapons, and informative displays on the history of the 96th Infantry Division.

During the museum tour, Deadeyes focused their attention on their tour guide, Mike Cullis, as he explained each historical era. The one exception was when they arrived at a glass weapons

display which contained a variety of both dated and modern firearms, inciting discussions among the Deadeyes as they compared and analyzed the various weapons.

When the museum tour concluded, Lt. Col. Groark presented the tour guide, Mr. Cullis, with a Deadeye coin. Then, as all of the Sol-

(HERITAGE Continued on page 14)

Yellow Ribbon

(RIBBON Continued from page 5)

The resources and opportunities for the deployment cycle and reintegration support includes: managing family finances during deployment, access to veterans' and G.I. Bill benefits, coping with combat stress, taking care of legal concerns, addressing substance abuse, finding employment, education counseling, anger management services, and identifying other support services.

"There was a lot of useful

information," said Pfc. Janessa Keeling, a supply specialist for the 191st CSSB and resident of West Valley City. "I now understand more about Tricare than I ever did."

There were two types of people at the event to support the Soldiers: those who serve and those who support the ones who serve. Many of the representatives from the Red Cross, Veterans Administration, Military One Source, universities, and other community organizations



Maj. Patrick G. O'Leary, executive officer for the 191st CSSB, resident of North Salt Lake City, Utah, along with his family, on stage motivating the audience during the opening ceremony of the Yellow Ribbon.



Spc. Jean R. Richard, a movement operations specialist with the 191st CSSB, resident of Springville, Utah, does his best to console a 'troubled drunk friend' portrayed by an instructor.

boast of a long history of support to the U.S. Armed Forces. Many of the representatives either have served in the Armed Forces themselves at one time or have come from proud military families. Trust and mutual respect between them and the people seeking their services were easy to develop. . . and did the swapping their stories.

For more information about the Yellow Ribbon Program or to check for upcoming events, log on to:

www.yellowribbon.mil



"I now understand more about Tricare than I ever did."

191st CSSB says Farewell to Lt. Col. Lawrence

Story and photos by Spc. Kayla Benson, 358th Public Affairs Detachment

FORT DOUGLAS, Utah - Lt. Col. Kenneth R. Lawrence smiled as he held the unit colors in his hands. He passed the red and beige flag to Col. Phillip S. Jolly, who in turn gave it to Lt. Col. James J. Groark. This tradition marks the first step the new commander takes to show his responsibility over his Soldiers.

Groark took command of the 191st Combat Sustainment Support Battalion, 96th Sustainment Brigade, during the change of command ceremony Jan. 22, 2012, replacing Lawrence, in preparation for the unit's deployment this year.

Over 70 soldiers with logistical, movement, and ammunition specialties are scheduled to mobilize to Kuwait this year for nine months. There, they will be reducing the logistical footprint in Kuwait and assisting the drawdown in Iraq by relocating equipment into areas that need logistical support, including Afghanistan.

"Col. Lawrence did such a phenomenal job of getting the unit ready that the headquarters is deploying fourteen months ahead of schedule - that is unheard of," said Jolly, commander of the 96th Sus-

tainment Brigade, during the change of command ceremony.

Usually, Reserve units have fifteen months to prepare for mobilization, where as Groark has less than half that time to ready his unit.

"We've had to double up on drills to accomplish what units do in a year in five months," said Command Sgt. Maj. Christopher A. Beyer.

Lawrence showed confidence in his former unit.

"We've built a great team. They're going to come together to do a great job," said Lawrence.

Jolly expressed faith in Groark's command during the change of command ceremony.

"I lobbied hard to get Col. Groark into this command because I believe in Col. Groark. He is an outstanding leader," said Jolly.

"Everything he's done for me has

been nothing but excellent and I know he's the right guy to take the headquarters into combat."

"I know with the help of Sgt. Maj. and his phenomenal headquarters that they will have every success in theater," Jolly said.

The soldiers of the 191st CSSB welcomed Groark with a booming "Dead Eye Ready!" when he called them to attention for the first time.



Soldiers of the 191st CSSB welcomes Lt. Col. James J. Groark as the new commander during the change of command ceremony Jan. 22.

"Col. Lawrence did such a phenomenal job of getting the unit ready."

(HERITAGE Continued from page 11)

diers were leaving the museum, they gathered for one more group photo with the battalion commander holding a historic Japanese Arisaka rifle that was recently donated by Leonard Lazarick Sr., the son of a Deadeye veteran.

The Deadeyes then moved into a neighboring building where they received two sepa-



Lt. Col James Groark, commander of the 191st CSSB, resident of West Valley City, Utah, stands by a vintage 'Deadeye' guidon from World War II.

rate slide show presentations from historians Ephriam Dickson, of the Fort Douglas Museum, and Dr. John S. Reed, of the Department of History at the University of Utah.

Mr. Dickson started off with

a fascinating presentation of how the U.S. Army first arrived in mass to the Utah Territory in 1857 providing a detailed explanation of the Army's resources at the time. He explained the difficulties they had faced while traveling to and establishing Ft. Douglas in Salt Lake City Utah. The Deadeyes examined the similarities and the differences between the modern mobilization responsibilities and those of their predecessors.

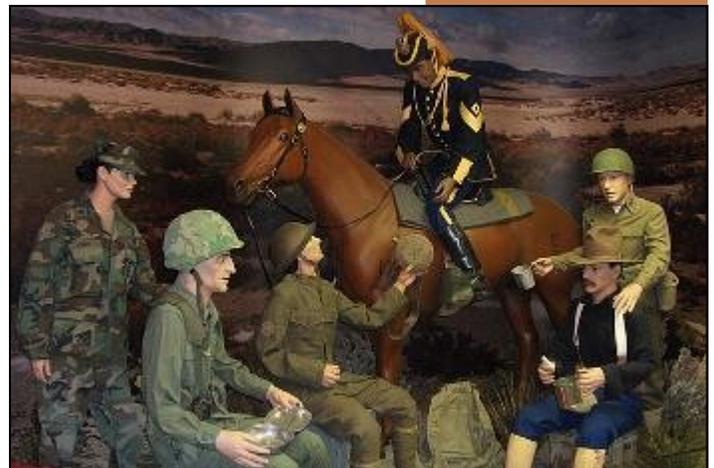
After Mr. Dickson's presentation, Dr. Reed engaged the soldiers with the targeted history and origins of the 96th Infantry Division, Deadeyes. He also shared his own personal experiences in meeting several of these honored veterans. In

addition, Dr. Reed presented emotionally stimulating images of Deadeyes fighting in Leyte and Okinawa during WWII. "Leyte prepared the Dead-

eyes for the meat-grinder that was Okinawa." Dr. Reed stated.

Speaking with Soldiers, who attended the event, they confirmed the overall value and impact it had for the Soldiers. 1st Lt. Sarah Snow stated, "It was very interesting to see the WWII exhibit and learn about the Soldiers who served at that time, as both of my grandfathers served in the military covering both the Navy and Army points of view."

"Leyte prepared the Deadeyes for the meat grinder that was Okinawa."



A display depicting various Army uniforms throughout of the times at Fort Douglas Military Museum, Salt Lake City, Utah.



Pfc. Nicolas A. Downs, a signal system support specialist with the 191st CSSB, explains key points to his team during Contractors' Course training on March 7.

(DEPLOYMENT Continued from page 1)

Valley City, Utah. "It is about moving the right equipment, to the right place, at the right time."

From supporting retrograde missions in Kuwait to facilitating supply needs in Afghanistan, this is a very exciting, fast-paced and high profile theater-level sustainment support mission with Deadeye operations being con-

ducted throughout U.S. Central Command. They will also oversee the operation of the largest Ammunition Supply Point in the world.

As part of their training, Deadeye officers ventured over to the Fort Douglas Military Museum and studied operations from previous deployments and retrograde operations such as the 96th Division's Pacific Theater Campaign during World War II.

"It is about moving the right equipment, to the right place, at the right time."

"Not only is it important to learn from history," said Pfc. Matthew D. Johnson, a human resource specialist for the 191st CSSB and native of Kearns, Utah. "We also need to remember where we came from and to continue to build upon that proud legacy for our own future generations."



(LIFESAVER Continued from page 10)

and I feel very confident I can fulfill the role as combat lifesaver."

To help teach the course, Graham utilized material from the Army Medical Department, clips from iconic movies such as 'Full Metal Jacket', and even photographs of accident scenes that he had witnessed during nine years as a civilian para-

medic for Salt Lake County, Utah.

"I use these visual examples," said Spc. Christopher Graham, a Healthcare Specialist and Combat Lifesaver instructor for the 96th Sustainment Brigade, resident of Pleasant Grove, Utah. "Because it helps keep everyone attention and actively participating."



Pfc. Andy T. Mounsena, a information technologies specialist, receives a I.V. from Spc. Brain T. Rolstad, a chemical, biological, radiological, and nuclear specialist, as part of their training during CLS on March 15. (Photo by Pfc. Nicolas A. Downs)



Ghost Rider of the Month

FORT DOUGLAS, Utah – For his hard work as the Unit Administrator for the 191st Combat Sustainment Support Battalion for over a year, Spc. Joshua D. Bird, resident of West Haven, Utah, is recognized by the command and staff as March's 'Ghost Rider of the Month'.

As a UA, Specialist Bird is entrusted with the authority to represent any section (i.e. – personnel, supply, finance, etc.) and make decisions on their behalf which best interests the unit when the need arises. He also facilitates the needs of the unit's Soldiers by working on their orders, making sure they get paid, and keeping them informed by email.

"He knows his stuff and stays on top of what he does," said Sgt. 1st Class Dave Sivewright, the S-1 non commission officer in charge for the 191st CSSB battalion. "He doesn't hesitate to get the job done and done right."



Photo by Spc. Michael R. Gault

"I enjoy this job," said Bird. "But ultimately, it's all for the Soldiers and I enjoy being able to help them."



DEPARTMENT OF THE ARMY
191st COMBAT SUSTAINMENT
SUPPORT BATTALION
BLDG 102 SOLDIERS CIRCLE
SALT LAKE CITY, UT 84113-5007

191st Combat Sustainment Support Battalion

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Command Sergeant Major:

Command Sgt. Maj. Christopher Beyer

Public Affairs Officer:

1Lt. Sarah Snow

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Sfc. David Sivewright

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Copy-Editor:

Spc. Jennifer Gonzales

We're on Facebook!

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"Ghost Riders, Out Front!"