



3D MDSC OCP (FWD)

DET-36

February - April 2012

“DESERT MEDICS!”

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See Coverage of the
Change of
Command
Ceremony!



<http://www.dvidshub.net/video/139155/3rd-mdsc-change-command>

DET-36 is Online!



www.facebook.com/det363rdmdscocpfd

New Boots on Ground!

Earlier this year, Detachment-36 rolled into the US Army Central Command (USARCENT) Area of Responsibility (AOR), replacing DET-30. Led by COL Danny Baldwin, the Soldiers carry-on the Third Medical Command's footprint in Southwest Asia. A Transfer of Authority (TOA) ceremony was held in mid-February, to signify changing of the leadership. BG Craig Bugno, Deputy Commander for Medical Professional Services, 3D MDSC, presided over the ceremony. Many Kuwaiti National Guard (KNG) Soldiers were also in attendance, to include Colonel Khalid S. Al-Bader, KNG Engineer. Their presence demonstrates the ever-increasing ties between the 3D MDSC and the Kuwaiti military. The road ahead is bright as great opportunities arise for the 3D MDSC to continue to demonstrate their leadership.



COL Baldwin (left) receives the Colors from BG Bugno (right) as they are passed from COL Kaplan (center).

Commander's Message

Hello to all family, friends and loved ones, I want to take a few minutes to let each and every one of you know that we miss being home with our loved ones. We have been deployed now for approximately 3 months and time is actually flying by for us! We hope everyone back in the States feels the same way. Detachment-36 Soldiers have gelled together exceptionally well, forming a great team and most importantly a family over here. This camaraderie helps fill the void many Soldiers face due to being away from home for such a long period of time. Each of us acts as a "battle buddy," keeping an eye on each other daily, helping keep us all safe.



Our new home is really not such a bad place thanks in part to the many Morale, Welfare and Recreation (MWR) events we can engage in to keep us occupied. Some enjoy a daily leisure walk on the track, or go to the gym which has all the greatest

equipment for improving overall physical fitness. Now I don't want to give anyone the wrong impression here, but we do have a nice pool for swimming and a MWR center that provides numerous events such as bingo, arts and crafts, Texas Hold'em, movies and many others that our Soldiers can enjoy! In closing, communication is critical to mission success; I would like to remind you that if your loved one is not able to make contact with you as often as you think they should, please contact my wife (pbaldwin@centurytel.net) and we will provide the necessary support!

COL DANNY C. BALDWIN
3D MDSC OCP (FWD)
Commanding



Mass Casualties Hit the Area!

(Articles by 1LT Keary Close)

-2 training exercises help Soldiers prepare for the worst by being the best.

325th CSH MASCAL Exercise

SGT Tedesco, SFC McLeod, and SSG Gwinn of the 3rd MEDCOM adorn moulage dressing in preparation for the 325th Combat Support Hospital (CSH) Mass Casualty (MASCAL) Exercise. The injuries are intended to be bloody, visually stimulating, and realistic. Much like a real-life scenario, the hospital staff has no idea what type of injuries or how many patients will be thrown their way. As the ambulances come roaring up to the hospital doors, the Soldiers quickly react; preparing litters, orchestrating movements, and providing life support. The entire scenario lasted only a few hours, yet the training received will provide Soldiers with a life-long experience. The Third Medical Command provided a command and control element to this exercise while also assisting the hospital with casualty-volunteers.



SFC McLeod poses before loading the ambulance as a casualty.



SSG Gwinn displays the moulage eye injuries he received as a casualty.



SGT Tedesco (right) receives moulage dressing from a 325th CSH Soldier.

Post-Wide MASCAL Exercise

A Vehicle-Borne Improvised Explosive Device (VBIED) is detonated shortly after making its way through the numerous gates and security checkpoints on post. The explosion is massive, the injuries are even more severe; worst of all, the explosion may be Biological in nature causing further injury and illness to all first-responders. Even though the scenario is a strategically developed training exercise for the medical and emergency services located on post, the training itself seems all too real. An explosion triggers the event; the tire flying through the air helps all to visualize the damage which can be created by an IED. An overturned and badly burned vehicle lies on its side with a handful of Soldiers dressed in fake wounds (moulage) strewn about. Every step of the way, the first-responders



carryout their assigned duties, set up equipment, shout commands over the radio for assistance, and hastily direct the flow of information; however everybody's mission is the same: SAVE LIVES! The 3rd MEDCOM had a significant impact for the Command and Control of medical assets required for such an elaborate mission; to include oversight of the 325th Combat Support Hospital (CSH) which provided the first-line of medical care for the "victims" of the MASCAL.

(Above) Soldiers in biohazard suits prepare to receive "victims;" (Below) Soldier with a moulage head injury lies next to the mock-VBIED.



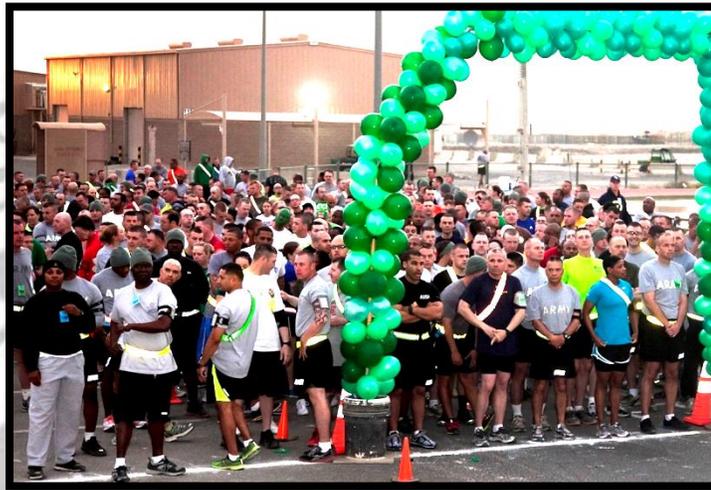
A tire flies through the air as a planned explosion marks the start of the post-wide MASCAL training exercise.





Ready, Set, Go! (Article by LTC Freda Bredy)

“Ready-Set-Go!!” These are the words several members of 3D MDSC hear at the start of the “Fun Runs” held here at Camp Arifjan. Since February, members of the unit, along with other fellow Service Members, civilians and friends have participated in 5 kilometer and 10 mile runs at the Camp. The events, such as February’s Black History Month Run, March’s Women’s History and St. Patrick’s Day Run, and April’s Credit Union 10-Miler, Sexual Assault Awareness Month Run and Army Reserve Birthday Run, raise awareness of these areas as well as provide a great form of cardiovascular exercise and an opportunity for esprit de Corps. Participants may walk or run, and there is no time limit to the event. Some participants have even been “gung ho” enough to add extra gear such as a ruck sack, or colorful attire and headgear to add a little variety to the event. Some 3D MDSC Soldiers have also ignited a spirit of friendly competition, completing the races well ahead of the rest of the pack. CPT John Saindon, 3d MDSC Detachment-36 Company Commander, who finished the 5K Sexual Assault Awareness Month race in 19 minutes, 37 seconds, commented, “The advantage of being in front is the opportunity to cheer on fellow Soldiers [as they finish their runs]. It brings me joy!” Not only have 3D MDSC Soldiers walked or run in the event, they have also volunteered their time to assist in such capacities as handing out water to participants along the race route, distributing T-Shirts and/or coins to Race Finishers, assisting with race registration, and picture-taking.



(Above) Runners at the starting line for the ST Patty 5K.



(Above) COL Tucker-Osborne hands out T-shirts to the runners;
(Right) MSG James shows enthusiasm during the 10-miler;
(Below) 3D MDSC Soldiers before the USAR birthday 5K.



Sound-Off!

“The route was a good course, not terribly difficult--especially the St. Patrick’s Day Run!”-SGT Michael Butler

“It was good to be part of a group. It was team building; a sense of community and a sense of belonging. It felt as if I was completing a similar event back at home!”-CPT Edward Quinn

“There is a lot of camaraderie in volunteering!”-COL Annette Tucker-Osborne

“It was a fun run!”-SFC Richard McLeod

“Once you cross the finish line, you feel a huge sense of accomplishment”—1LT Keary Close



Work Hard, Play Hard!

Every week the staff gathers together on the field to get some exercise, release some stress, have some fun, and start-up a little friendly competition. The sporting events have already involved: Soccer, Football, Kickball, Softball, Volleyball and even Zumba. The games have quickly become a week-ending tradition which everyone enjoys. As the temperatures rise, so does the competition!



(Top) Staff gathers after Kickball;
(Middle) LTC Cressman and SGM Mills Hi-Five crossing home plate!
(Left) Staff posing after a Football game



BBQ's, Cookouts, Food and Fun!

Before the 994th Veterinary Detachment left the area in February, they hosted a BBQ to say goodbye and welcome the new 422nd Veterinary Soldiers. Conducting food audits over the course of their deployment came with some perks, as the Veterinary Unit made the right point of contacts over to be able to provide an assortment of delicious ribs, burgers and other meats.

The 3D MDSC also held a cookout in April, inviting all Direct Reporting Units to participate and have a chance to relax outside of the work environment. The cookout was a great success with over 100 Soldiers in attendance. The event allowed Soldiers to relax, play some games and enjoy freshly grilled foods.



(L-R) MAJ Heck, LTC Cressman, CPT Quinn, SFC McLeod and CPT Saindon during the 422nd VET BBQ.





DET-36 Awards One of its Own

On March 19th, DET-36 Soldiers gathered around the small workspace and stood tall as “Attention to Orders” was announced. SPC Thomas Barclay was presented with an Army Commendation Medal by the 3D MEDCOM Commander, COL Danny Baldwin. His award outlined the accomplishments and dedication he provided as an enlisted Soldier with DET-36. SPC Barclay’s Army Commendation Medal stated:

“For exceptionally meritorious achievements while serving as the Information Technician Specialist, 3D MDSC OCP (FWD) during the period of 02 September 2011 to 31 March 2012. His outstanding initiative, leadership and technical knowledge greatly improved the Information Technology productivity for all staff in the Detachment and Down Trace Units. His skillful administration of technical expertise and tenacity resulted in the 3D MDSC OCP (FWD) ongoing success of its mission of command and control of medical assets in the Kuwaiti Area of Operations. SPC Barclay's outstanding achievements and devotion to duty reflect favorably upon himself, the 3D MDSC OCP (FWD), and the 3D Army Central Command.”



SPC Barclay is presented with an Army Achievement Medal by the 3D MEDCOM Commander, COL Baldwin.

Other Honorable Mentions!

Congratulations to the following Soldiers for their accomplishments:

SFC McLeod became certified as an Equal Opportunity Leader (EOL)

SPC Barclay graduated from Warrior Leader Course (WLC)

SGT Tedesco was the Certifying Official for a Field Sanitation Course

CPT McNulty took 5th place in a Texas Hold'em tournament (out of 80)

Page 5 Photo Captions

(Left to Right, Top to Bottom)

MAJ Heck gives a thumbs-up after making an RBI single during a game of Kickball.

COL Tucker-Osborne flies in a UH-60 during a CLINOPS Staff Visit to Qatar.

A DRU Soldier, SFC McLeod, 1LT Close, SGM Mills and SPC Barclay pose by a concrete barrier painted in 3D MEDCOM colors.

SGM Moody makes a “GEN Patton” pose after mounting a newly refurbished Stryker.

A free-roaming camel owns the road.

LTC Cressman gets attacked by a military working dog during a 422nd Veterinary staff visit.

SPC Atehortua receives his Combat Patch from COL Baldwin during the 3D MEDCOM patch ceremony.

SFC McLeod is the grill-master during the 3D MEDCOM cookout!

All 3D MEDCOM Soldiers stand in formation outside the ARCENT headquarters during the 3D MEDCOM Combat Patch ceremony.

MAJ Hanna shakes hands and receives a coin of excellence award from MG Stone, US Army Deputy Surgeon.

MAJ Heck, SPC Atehortua, MSG Cook, CPT Hicks, CPT Quinn, 1LT Close, SGM Mills, LTC Cressman, CPT Saindon, COL Politowicz, and MSG Buck pose for a picture at the office.

SGT Butler gets surprised with gifts during a baby shower to honor a new addition to his family!

SFC McLeod, CPT Quinn, 1LT Close, SPC Young and SFC Muller get together during the 5 Finger Death Punch concert held on post.

MAJ Heck, MSG Cook, and MSG Buck pose with country music singer, Toby Keith.



Morale, Welfare and Recreation Events

(Article by CPT Jane Hicks)

To provide cultural awareness and a chance to take a break from the day to day business, DET-36 offers a few different tours every month. In March, three Soldiers toured the Kuwaiti Towers, the Scientific Center, Dhow Harbor, and even visited the international restaurant Radisson Blu. In April a group of eight Soldiers spent the day enjoying the same sights and cuisine; and two golfing trips were also scheduled in April. There are also 3 upcoming trips to Tareq Rajab Museum, which offers an extensive private collection of Arab and Islamic Calligraphy and Art. The second trip is scheduled to the Grand Mosque which is the largest of Kuwait's 800 mosques; and the third trip is a golfing event. In June, there will be a tour of the War museum with dining at an authentic Lebanese restaurant. Many other Soldiers are looking forward to the shopping trips which should be available mid-May timeframe.

Shown Right (L-R): MAJ Brock, CPT Hicks, COL Politowicz, COL Tucker-Osborne, SGT Jenkins, and SSG Bradley in downtown Kuwait during their trip to the Dhow Harbor and Kuwaiti towers.



Kuwaiti AIR-EVAC Exercise

(Article by ILT Keary Close)

The 3D MEDCOM in conjunction with the 325th Combat Support Hospital, and the 386th Expeditionary Medical Group conducted a trial run for receiving rotary wing air-evacuated patients from Kuwaiti military assets. This exercise marked the first time, in at least 8 years, a Kuwaiti aircraft landed at the Army-run hospital. Allowing the Kuwait military to land helicopters directly at the Combat Hospital is a huge benefit for both the U.S. and Kuwait; further extending the relationship between the two. The exercise evaluated the ability to rapidly respond to an incident, establish and maintain communications, execute MASCAL procedures at multiple scenes/locations, initiate a 9-Line to MRO for Air Transport, transfer patients to the flight-line, and load Kuwaiti rotary wing aircrafts. Shown left, a Kuwaiti military helicopter lands at the hospital's landing pad, creating an inevitable cloud of Kuwaiti dust.



Kuwaiti Service Members and 325th Combat Support Hospital Soldiers off-load a moulaged patient on a litter during the exercise.



“Hurts One, Affects All”

(Article by COL Annette Tucker-Osborne)

April is Sexual Assault Awareness Month. The Army Sexual Harassment/Assault Response & Prevention Program (better known as SHARP) reinforces the Army’s commitment to eliminate incidents of Sexual Assault through a comprehensive policy that centers on awareness, prevention, training, education, and victim advocacy. On April 17, 2012 SHARP Coordinators set out to spread the word. Booths were set up around Post where Soldiers and Civilians alike were asked to sign the SHARP Signature Board representing “Against Sexual Assault”. Those that signed were then entered into a SHARP Sweepstake to win AAFES Gift Card. SHARP Literature and Water Bottles were also given out.

(L-R) MSG James, SHARP Coordinator, 3D MDSC and CPT Ericson, SHARP Coordinator, 325th CSH.



Kuwait Weather

(Article by MSG Lindsay Buck)

When the first group arrived the temperature was below freezing. It got down to 25° F overnight. We ran the furnace and felt cold at night. During the days it would warm up and feel comfortable around 70° F. But that did not last long. We are now getting above 100° F during the day and only cooling down to 80° F at night. Kuwait is below most of the United States in latitude and is mostly desert. They do not have much vegetation to keep things cool or to keep the sand from blowing around. When it starts to blow, the sand can become a sun-obscuring sandstorm. The sky turns orange, red, and sometimes brown. If it gets really bad, it will almost look like night. That is why we wear reflective belts, to keep us safe. Shown right, are the before and after photos of a sandstorm which rolled through our area in early April.



TRIVIA QUESTION!

What animal is a national symbol for Kuwait, found all over the country, and even pictured on their stamps and currencies?

Hint: It is NOT the Camel!



*Answer on last page.

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Visit the 3D MEDCOM
 Unit Homepage:

<http://www.usar.army.mil/arweb/organization/commandstructure/USARC/OPS/3MDS/SC/Pages/default.aspx>



Look for the Next DET-36 Newsletter in **JULY!**

Articles will include:

- Saying Farewell to Redeploying Soldiers
- Numerous Upcoming Promotions
- Post-wide Health Fair
- Warrior Leader Course (WLC) Graduations
- Steppe Eagle Medical Symposium
- Best Warrior Competition

*Trivia Answer (Page 8):
 -The Falcon!*

Past and Upcoming Birthdays...

| | |
|----------------------------|----------|
| MAJ Patrick Brock | 29 April |
| MAJ Mark Haxton | 01 May |
| LTC George Cressman | 04 May |
| COL Danny Baldwin | 09 May |
| 1LT Keary Close | 12 May |
| MAJ William Heck | 16 May |
| COL Annette Tucker-Osborne | 01 June |
| COL Lisa Breitenbach | 08 June |
| MSG Pamela Cook | 10 June |
| CW4 Robert Kamp | 13 June |
| MSG Peter Clouden | 28 June |
| CPT Edward Quinn | 03 July |
| SSG Jason Gwinn | 12 July |
| MSG Lindsay Buck | 14 July |
| CPT John Saindon | 21 July |



Special Thanks to the Following Soldiers...

For their assistance in providing articles, pictures and support:

- | | |
|----------------------------|--------------------|
| COL Danny Baldwin | 1LT Keary Close |
| COL Annette Tucker-Osborne | MSG Pamela Cook |
| LTC Freda Bredy | SFC Richard McLeod |
| MAJ Mark Haxton | MSG Lindsay Buck |





3RD MEDCOM OCP (FWD) "DESERT MEDICS!"



OPERATION ENDURING FREEDOM

CAMP ARIFJAN, KUWAIT ~ 2012

(L-R, Standing) SGT Harrell, MSG Sydow, MSG James, SSG Bradley, COL Breitenbach, SGT Butler, SSG Gwinn, LTC Bredy, SFC Collier, MAJ Brock, SPC Atehortua, COL Goode, COL Tucker-Osborne, SGT Jenkins, MSG Clouden, SPC Young, MSG Cook, MAJ Haxton, CPT Saindon, SPC Barclay, CPT Quinn, CPT McNulty, CPT Hicks, SGT Tedesco, COL Politowicz, SFC Muller, CW5 Kamp, 1LT Close, SFC McLeod; (L-R, Kneeling) SSG Lopez, SGM Mills, LTC Cressman, COL Baldwin, SGM Moody, MAJ Heck, MSG Buck, MAJ Hanna.