



Red Flag
Luftwaffe in Alaska
 Luftwaffe Airmen support Typhoon fighter operations at JBER, Eielson Air Force Base
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Deployment
An eventful week
 Soldiers of the Spartan Brigade patrol Kuygar village, are visited by representatives
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ARCTIC WARRIOR

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AIRMAN RANGER RETIRES AFTER 41 YEARS

Air Force Col. George Hays poses in front of old military memorabilia that captures his time in the Air Force May 29. Hays retires from the Air Force July 1 after 41 years of service. Hays was the director for command, control, communications and computer systems, Headquarters Alaskan Command and Joint Task Force Alaska. (U.S. Air Force photo/Staff Sgt. Cynthia Spalding)

By Air Force Staff Sgt. Cynthia Spalding
 JBER Public Affairs

41 years, 167 temporary duty assignments, 22 base assignments, six deployments and three wars later, Air Force Col. George W. Hays, director of Command, Control, Communications, and Computer Systems, HQ Alaskan Command, retires from active duty service July 1 as the longest-serving colonel in the Air Force.

"When I joined in 1971, I was a country boy from Eglin, Oregon, who had never been to a big city, no plane or bus of any kind," Hays said. "Then I had to get on a bus to get on a plane to get on a bus and it all seemed traumatic, but it was pretty exciting. I didn't know exactly what to think because I had never had any experiences like this. My brother, who came in with me under the buddy system, and I were just going to do our four years and get out. I wanted to go on to college; however, my brother ended up doing 20 and well, you see where I'm at."

Hays explained joining the military wasn't really popular due to the draft and the Vietnam War, but his father, and all seven of his uncles were in World War II. Keeping it in the family, his two oldest brothers were in too, so it was expected if you were a male to serve your country.

"My draft number was 157," Hays said. "I wasn't in danger of being drafted, but my brother's number was under 50, so we joined together. I wanted to go to Vietnam and wanted to do my time serving the country just like my family did before me."

He said when you're young and enlisted

and you finally start seeing money save up, getting out of the military doesn't always seem like the best idea to anyone. Young "buck Sergeant" Hays realized when it was time for him to re-enlist that he was going to get a bonus and that he had a wife and a daughter to care for.

"I thought, 'I can keep taking classes, get a bonus and care for my family,'" Hays said. "Then, during my second tour I got to liking it a lot. So I decided I was going to make a career out of this."

Hays originally wanted to be a pararescueman and go to Vietnam and save lives but didn't have 20/20 vision, so he ended up with a communications job after looking into what his oldest brother did in the Navy.

"Nothing I wanted was available, and not too many people wanted communications back then," Hays said. "It's not like it is now where you have communications with all sorts of computer science and how it's really sought out in the outside world. Back then it was offline encryption, what they call "poking tape on a teletype," the old paper tape readers and the IBM 80 character cards – that was my communications. I enjoyed it once I got it into it and thought that it was pretty cool."

As for the Vietnam war, Hays said he felt like he was a contributor, but he didn't really feel like he was in the midst of the war.

"I did get there," Hays said. "Just once I was there they shortly split us off and I went to Thailand and continued to support the war from there. I felt like there was some type of contribution that I needed to do, so it wasn't

See Hays, Page A-3



Air Force Col. George Hays's basic training photo taken August 1971. (Courtesy photo)



Air Force Col. George Hays stands in front of the Swords of Qadisayah during his deployment March 2006. (Courtesy photo)

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Community
 Check out the Arctic Warrior community section for the latest sports, family and recreation news for JBER and the Anchorage Bowl area.



Command Emphasis

Garrett publishes 30-day assessment of USARAK

Editorial by Army Maj. Gen. Michael Garrett
USARAK commanding general

Editor's note: This editorial is excerpted from a U.S. Army Alaska memorandum entitled Commanding General's 30-Day Assessment.

I intend to continue to get out and see more units, meet more key leaders, and learn more about USARAK for the next 60 days prior to developing a commander's vision for the next two years. Overall, in the last 30 days, I am confident USARAK is meeting its mission requirements and maintaining a great reputation among our partners in Alaska, USARPAC, and the Department of the Army.

Our USARAK staff, installation, and support processes are on track and we are able to deliver ready units to combatant commanders and take care of our families via lean but effective staffs and a civilian workforce committed to taking care of Soldiers, families and units.

I have seen that USARAK has met or exceeded expectations with respect to our Pacific Theater Security Cooperation Program requirements.

We can expect more requirements in this part of our mission set and we can expect to host more Pacific armies in Alaska for Theater Security Cooperation Plan training events.

Our units will need to be responsive in

training and exercise support that demonstrates the very best in mission essential task list task proficiency and professional execution of well-planned training events.

I have not had the opportunity to observe USARAK during an exercise related to our obligations to Defense Support to Civil Authorities and Joint Task Force Alaska. I look forward to upcoming exercises of this type and I am confident we will make a valuable contribution to the collective efforts of JTF Alaska, Federal Emergency Management Agency Region IX, and Alaska Army National Guard team.

With respect to leader development, discipline and small unit readiness, you need to know this has always been important to me as a leader in our great Army, and this tour as the USARAK Commander will be no different. I expect leaders to know the standard and enforce the standard. Our standards in garrison are found in the USARAK Blue Book.

I want to see junior leaders taking charge and making the tough call. I expect to see quality training that is planned and executed in accordance with our training doctrine. I expect the chain of command to own the barracks and ensure leaders are checking and enforcing standards in the barracks both during the duty day and after hours and during the weekends.

We must take care of each other.
We need to get back to the basics.



U.S. Army Alaska Commanding General Maj. Gen. Michael X. Garrett leads USARAK Soldiers off post for a portion of the 4-mile Army Birthday Run June 22 that paralleled the Glenn Highway. (U.S. Army/photo/Staff Sgt. Matthew E. Winstead)

First Air Force Reservist graduates from Army's top enlisted school

By Air Force Capt Candice Allen
Air Force News Service

Chief Master Sgt. Timothy Lehane, an Individual Reservist, made history when he graduated from the U.S. Army Sergeants Major Academy June 22 at Fort Bliss, Texas.

Last week Lehane, a security forces manager for the 673rd Security Forces Squadron, became the first Air Force Reservist to graduate from the 10-month-long academy.

"This is a great achievement and huge milestone for the command," said Chief Master Sgt. Kathleen Buckner, command chief master sergeant of Air Force Reserve Command. "It's courses like this academy that will prepare our enlisted leaders for increased challenges and responsibilities in joint environments."

Maj. Gen. Carl M. Skinner, mobilization assistant to the commander of Air Education and Training Command, Randolph Air Force Base, Texas, Col. Dawn Wallace, commander of the Readiness Management Group at Robins Air Force Base, Ga., and Chief Master Sgt. James Pascarella, RMG superintendent, were on hand at the graduation to congratulate Lehane.

"This is a huge accomplishment for Chief Lehane, the Reserve Command,



Chief Master Sgt. Timothy Lehane

RMG and Enlisted Force Development," Pascarella said. "The joint experience he received is invaluable and enhances future opportunities for all Reservists to train with our sister services."

Lehane was placed in a chief position working with the Army prior to attending

the academy and will serve in that position for two years.

"I remember sitting in the training block of the Air Force Reserve Chief Orientation Course and Chief Master Sgt. Ingrid Floyd, superintendent of the Enlisted Force Development, was briefing on different opportunities we had to participate in joint training," Lehane recalled. "She mentioned how the Air Force Reserve was sending someone to the Army Sergeants Major Academy and I raised my hand and said, 'That's me.'"

The U.S. Army Sergeants Major Academy was founded in July 1972, and graduated its first students in 1973.

"At first I had no idea what to expect, but I knew I was going to learn a lot," he said. The first four months were intense, but then the learning changed to applying the knowledge we received operationally, Lehane added.

Being a Reservist aided the chief during his time at the academy.

"We had a joint operation and homeland defense block, and my civilian experience helped to bridge that gap for my active-duty classmates by explaining how different agencies at all levels are interconnected," Lehane said.

In addition to training the chief received,

he was able to complete another not so small task - his bachelor's degree. He took six classes and received a degree in liberal arts and criminal justice.

"That's another benefit [to the training] is the opportunity to work on your civilian education," Lehane said.

Since 1973, USASMA has graduated more than 120,000 Soldiers from various NCO Education System courses. More than 90 percent of Sergeants Major Course students graduate with a college degree.

Those interested in attending sister service academies or other developmental education, can apply to the Enlisted Development Education Board. Courses are available for those in grades E-6 through E-9. Applicants in grades E-8 and E-9 must obtain a Community College of the Air Force degree and complete the online Senior Enlisted Joint PME course.

Additionally, E-9s must submit a Reserve Enlisted Development Plan to the E-9 Development Team. The board convenes annually around October.

The board selects Reservists to attend sister service schools including the Navy Senior Enlisted Academy, Marine Corps Staff NCO Academy Advanced Course and Coast Guard Chief Petty Officer Academy.

Bulldog Raptors fly first sorties in multi-national Red Flag-Alaska exercise



ABOVE: A 525th Fighter Squadron F-22 Raptor lands June 20 at JBER. (U.S. Air Force photos/Luke Waack)

LEFT: Pilots of 525th Fighter Squadron "Bulldogs" prepare to land F-22 Raptors at JBER June 20 after flying sorties in Red Flag-Alaska. Red Flag-Alaska 12-2, from June 6 to 22, was the first multinational Red Flag-Alaska in which F-22s cleared the skies of simulated enemies for partner nations.

By Luke Waack
JBER Public Affairs

Airmen of the 525th Fighter Squadron, and its associate Air Force Reserve unit, the 302nd Fighter Squadron, flew the F-22 Raptor in its first multinational Red Flag-Alaska exercise, June 6 to 22.

This is the first time F-22s have participated in a Tier 2 or multinational Red Flag-Alaska.

The Raptors cleared the skies of simulated enemy forces and provided security for Australian, German, Japanese, Polish and North Atlantic Treaty Organization aircraft.

"The procedures and standards we set in the exercise will be the benchmark for years to come," said Air Force Lt. Col. Paul Moga, 525th FS commander.

The 525th FS along with four 302d FS pilots, were the only Raptors to participate in the exercise.

"We executed a wide spectrum of missions from defensive counter air, to offensive counter air attack operations," Moga said. "Our role in each vulnerability period ranged from lane commander duties to overall Mission Commander duties. Nearly every skill set we expect to utilize in contingency operations was practiced."

The 525th FS and 302d FS

teams flew 80 sorties in all, with a very high mission success rate.

"Our aircraft maintenance unit's performance was exemplary, meeting every single mission tasking," Moga said.

The 525th FS also learned lessons about operating with multinational partners.

"The most critical lessons learned out of this particular Red Flag were all about interoperability with partner nations and the unique capabilities they bring to the fight," Moga said. "There are many inherent challenges such as language barriers and differing tactical execution techniques that take time and experience to overcome. That's exactly why we execute these types of large force exercises."

The exercise provided the 525th FS with valuable feedback on unit capabilities, Moga said.

"After two solid weeks of tactical mission planning, execution and debriefs, suffice it to say that our swords are razor sharp and our shields are rock solid," Moga said.

The Bulldogs' planning for this exercise lasted months, beginning in 2011.

Red Flag-Alaska takes place over the Joint Pacific Alaska Range Complex three to four times per year. For more information on JPARC, visit www.jber.af.mil/jparc/.

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TRAINING WITH TYPHOONS

German Air Force gains compatibility in Alaska

By Air Force 1st Lt. Matthew Chism
JBER Public Affairs

In 2007, then 13th Air Force Commander Lt. Gen. Loyd Utterback said, "(Red Flag-Alaska) allows us to exchange tactics, techniques and procedures and improve interoperability."

Today, many of the same sentiments are echoed by military leaders.

"Although we are flying alongside coalition forces on a regular basis (in Europe), what we learn here is a completely different dimension ... and we are able to prepare ourselves for possible future operations anywhere," said German Air Force Col. Andreas Pfeiffer, wing commander, Fighter Wing 74, Neuburg air base, Bavaria, Germany, last week during his time at Eielson Air Force Base.

The possible complexity of those future operations requires militaries to be agile, flexible and ready.

Air Force Maj. Tony Thomas, a U.S. military exchange officer with the German air force, explained that with operations going so smoothly the exercise has been a huge learning opportunity for the personnel.

"The main mission here is to support the Eurofighter Typhoon and also work with our international partners to coordinate our operations without creating conflicts," he said. The Alaskan tactical air combat employment exercise, marks as one of the few times that these aircraft (Airbus A310 and Typhoon) have had a chance to work together in an international training environment, Thomas said.

This session of Red Flag-Alaska not

only afforded the German air force its first chance to participate with the Typhoon in a U.S. exercise, it also allowed the support functions of that aircraft to get a taste of what it's like to deploy.

"This exercise will act as training for how to prepare for an exercise of this magnitude," Thomas said. "As well it has been like a deployment of sorts for the personnel. They've had an opportunity to go through, make adjustments, and assess the process as it is fairly new for these two airframes."

In total, the German air force brought one A310 multirole transport tanker, eight Typhoons, and about 150 maintainers, pilots and staff to participate in Red Flag-Alaska.

The A310, recently reconfigured into a tanker platform, is assigned to the Special Air Mission Wing of the German Federal Ministry of Defense. The Typhoons are compatible with the A310 Tanker, which uses a "probe and drogue system" to refuel other aircraft.

Though some German personnel spend time at Holloman Air Force Base, home to the German Air Force Tactical Training Center, Thomas said they were still "excited at the chance to work and communicate with the all the U.S. and international exercise participants."

"The chance to integrate the airframes and of course ourselves, in a combined environment, is a great experience," Thomas said.

Germany, a member of the North Atlantic Treaty Organization, conducts about half of their real world missions in support of the International Security Assistance Force in Afghanistan, Thomas said.



ABOVE: German Air Force Capt. Martin Jackiewicz, Special Air Mission Wing, reviews footage of an Airbus A310 Multi-Role Tanker Transport refueling a German Eurofighter during Red-Flag Alaska, on JBER June 19. (U.S. Air Force photo/Airman 1st Class Ty-Rico Lea)
LEFT: A German Air Force Eurofighter Typhoon launches from the runway June 4. (U.S. Air Force photo/Staff Sgt. Miguel Lara III)

Hays

From Page A-1

all about being macho. Maybe it was a right of passage, with my brother in Vietnam, dad and all my uncles in WW II, if I wasn't in the combat zone I didn't have the right of passage so to speak, so I volunteered to go to Iraq later."

Still a Vietnam veteran, Hays didn't know it yet, but he had a few more chances to go to war coming in his future.

In 1982, Hays decided his goal was to make chief in 20 years. He was set to go to the non-commissioned officer academy in March and then test for master sergeant when he returned. Two weeks before this, Hays received a call up to the commander's office. The commander wanted to nominate then Technical Sergeant Hays for officer training school.

"When I was told this, I stuck to my goal and said 'no sir, I want to be a chief in 20,'" Hays said. "Its one of those pictures you kind of keep in your mind, the commander kind of scooted back from his desk and said 'Well George, we need good NCOs too, but I think that you'd make a good officer.'"

Hays said he soon realized that he did want to become an officer. He felt he would be able to understand where his Airmen were coming from both on and off-duty, the serious financial problems they have and sometimes some serious relationship issues, understanding their goals and what exactly they are looking for.

"I learned that I wanted to be able to take care of my people when I knew they deserved it," Hays said. "If I become an officer, I know that I could take better care of the mission and contribute. Those were my reasons then."

As a lieutenant, Hays didn't at first get the job he wanted. After patient waiting and hard work, he started to land some highly competitive positions. As a captain, Hays spent four years with the Joint Special Operations Command at Fort Bragg, N.C., in a position that required a high-altitude, low-opening and static-line parachutist, to lead a joint communications team. He had 67 communicators, which included 12 Army Rangers, six Green Berets, one Navy SEAL and two Force Reconnaissance Marines.

Hays said he didn't get this job with pure luck. The infamous physical fitness test is something Hays has excelled in ever since he joined. Never scoring below 100 percent, the special operations physical included a six-mile run, 12-mile ruck march, sit-ups, push-ups and pull-ups. In-between his second and third interviews for the position, the commander had initially not wanted to accept Hays due to his lack of experience. However, after hearing that Hays blew everyone out of the water on this test, the commander commented, "I think you can learn" and Hays got the position.

Hays didn't stop doing every-



ABOVE: Air Force Col. George Hays holds a newspaper clipping from 1980 when he won non-commissioned officer of the quarter.

RIGHT: Hays is one of 13 Airmen who earned an Army ranger tab by 1989. (U.S. Air Force photos/Staff Sgt. Cynthia Spalding)

MORE PHOTOS

For more photos of Hays, scan this QR code with a smart phone or visit the JBER photostream at <http://tiny.cc/pg9kgw>



thing he could then. Everyone in the unit was airborne. A Ranger slot was opened and he was given the spot.

"Everyone had excuses, and I went to the boss and said that I wanted it," Hays said. "And the boss said 'you're Air Force.' So I told him 'you know I'm in good physical shape. Boss, I have 30 days and 67 people working for me and I'll spend all my time in the field if I need to.'"

Hays explained how his bosses, both Army Rangers, "kind of leaned" back in their chair and looked at him saying same thing. Thirty days later, he left for Army Ranger School. This wasn't a school to teach him skills - it was a school to see if he could lead under simulated combat conditions, taking away his sleep, his normal food supply, and every day he'd go on a convoy, raid or ambush. Hays graduated in February 1989 as one of 13 Airmen to receive the Ranger tab up to that time.

"Even though it was joint, a majority of my people were Army, so having that Ranger tab became a huge credibility factor for me and the special ops community," Hays said. "So instead of just an Air Force captain with my jump wings, HALO jump wings, and master parachutist wings, I was now what they call a 'master-blast' with halo wings and a Ranger tab' and gained instant credibility."

In January 3, 1990, Hays was sent to Howard Air Force Base, Panama, in support of Operation Just Cause. During this time the dictator of Panama, Manuel Noriega, was wanted by many countries.

"The day I landed, they closed

the runway and some one said, 'Sir, come with me,'" Hays said. "We had to get down to the end of the runway and I noticed there was blood on the ground from the casualties. At that time, two UH-60 Black Hawks came over Hangar 4 and landed right in front. Some special operations guys got off first and then you saw a little short guy in kakis, Manuel Noriega, in handcuffs and we're all cheering. They took him to a C-130 and flew him to the states to face charges in drug trafficking and murder. It was one of my greatest experiences in the military history to be there for that event. Of course no one got any pictures of it, but it is forever ingrained in my mind."

After Hays's four years with JSOC, he completed 91 jumps and 36 temporary duties. He was also afforded the opportunity to obtain foreign wings from Canada. For not getting the pararescueman position when he went to basic, this Colonel said he sure got his pick of wings to wear.

"In Special Ops, the biggest problem was that if you were married you had almost no family life," Hays said. "In 48 months, I went TDY 36 times never being able to tell my family where I was going or how long I would be gone. Most of the time we'd leave on no-notice TDYs from work, sometimes we'd get called in the middle of the night. Every type of bag was always pre-packed. However, it was so exciting always doing something behind the scenes, a lot of people wanted to stay in special ops."

So when the first part of the Iraq war came in 2003, Hays said

he volunteered. He was stationed at Headquarters European Command at the time and was a part of the 'northern squeeze' to get Saddam Hussein. Having to push in from Turkey still didn't fulfill his long-awaited desire to be in the midst of combat. In 2006 he volunteered to go to Baghdad. He completed 81 combat missions and received the Air Force Combat Action Medal.

"There, I felt like I was in the mix of it," Hays said. "I finally really felt like I was in the war. I'd hear the gun fire and the bombs going off every night. For 365 days, I got what I had been looking for in Vietnam, and Panama for some 35 years. I finally had my chance to make a difference in a war zone; to contribute something towards the war."

With a running log of far more than 20,000 miles since 1979, and many personal accomplishments under his belt, Hays says he holds true to his "habits of success" motto.

"The No. 1 rule is to take care of your people and they'll take care of the mission," Hays said. "Give them the resources and training to do their job and also do discipline as well."

Getting reactions anywhere from raised eyebrows to 'Oh my God, how old are you?' are among the few things Hays hears when people ask how long he's been in.

"If I talk to young people, they don't see how it could be possible because this is history book stuff, it's their grandfather's war," Hays said. "Then after I explain it, they ask why did I stay in so long and I tell them, 'because I feel like I am contributing. I think that the mili-

tary feels like I am contributing and I am still enjoying it and having fun at what I am doing.' I think all three of those need a good balance in our lives and those three are in a good balance with me."

When Hays was asked to share something he's learned from his experience in a few wars, he stressed how important it was to maintain calmness. Having that in balance with a sense of urgency or otherwise one could lose their temper and your ability for rational thinking much more so than you do in a peace time environment.

"As an Airman, early in my career, I was doing exactly what I was told for the exact number of hours I was told and as soon as my shift was over I was out and on my own," Hays said. "After I decide to stay in and the subsequent deployments came I felt like at that point that I owned the mission. If you own the mission you do what it takes to get the mission done instead of just doing what you are assigned. It's not a rank thing, it's either an attitude you have or don't have. If you don't, in a lot of cases the mission doesn't get done."

Hays, who had his retirement ceremony June 22, plans to search for a job. No matter where he starts, he knows he will grow.

"Grow where you are planted," Hays said. "I got that saying from a wise chief master sergeant who used to work for me. I have had some jobs that I didn't particularly care for. No matter what job you have, do the absolute best job you can do with the most enthusiastic attitude that you can and I think that you'll be successful. It doesn't matter if you're placed in a really exciting job like jumping out of airplanes or being made a security manager when you thought that you were going to be a branch chief."

"I thought that it was going to hurt my career," Hays continued. "But after diving into it the program, it became successful and I won some awards and therefore I was given the position I wanted to begin with. Excel as far as you can excel in all your after duty things. For instance, in Special Operations, I had no idea that that PT test would make such a difference in my career."

Out of 3,345 colonels, Hays was the longest-serving colonel who was currently in the Air Force with more than 40 years. He started out wanting to keep tradition and came out with three different sets of wings, a Ranger tab and a wide range of friends and knowledge.

"I still would have joined today," Hays said. "It's due to the wide range of knowledge that I have been exposed to. I feel I became more prepared for the outside world because I served. It has been my distinct honor and privilege to serve this great country. Although I will be hanging up the material which makes up this uniform, I know in my heart I will never hang up this uniform or my service-to-my-country way of life. I will always love and defend my God, my family, my friends and this great country."



Army 1st Lt. Jeffery Dannemiller, a native of Cody, Wyo., 3rd Battalion (Airborne), 509th Infantry Regiment, provides security during a dismounted patrol in Kuygar village June 14. The platoon patrols the village frequently with Afghan soldiers. (U.S. Army photos/Staff Sgt. Frank Inman)



ABOVE: Afghan National Army soldiers and 3-509th Inf. paratroopers, make their way back to Combat Outpost Rahman Kheyli June 14. The patrol back to the COP was ANA led.
LEFT: Army 1st Sgt. Robert George, a native of Clintonville, Pa., first sergeant of B/3-509th Inf., gives an Afghan boy a high-five during a dismounted patrol in Kuygar village June 14.

Congressional delegation visits Spartans in Afghanistan



Rep. Todd Platts (R-Pa.) thanks Army Capt. Aaron Pearsall, outgoing commander for Chaos Troop, 1st Squadron (Airborne), 40th Cavalry Regiment, from Eagle River, Alaska, for his continued service during a visit to Combat Outpost Wilderness June 11. COP Wilderness was the third stop of the day for the representatives to also meet with U.S. military, civilian, and foreign leaders to discuss issues that affect the war on terror. (U.S. Army photos/Spc. Eric-James Estrada)



ABOVE: Army Capt. Cody Pittman, incoming commander for C/1-40th Cav., from Eagle River (left), and Army Chaplain (Capt.) Chad Thompson from Tucson, Ariz., share a laugh with Rep. Glenn Thompson (R-Pa.).
RIGHT: Sgt. 1st Class Rodney Nelson, from Potosi, Mo., explains the job of a mortarman to representatives Stephen Lynch (D-Mass.) and Jack Kingston (R-Ga.).

Briefs and Announcements

Disposition of effects

Army 2nd Lt. Augustin Paulo, 1st Squadron (Airborne) 40th Cavalry Regiment, is authorized to make disposition of personal effects of Pfc. Vincent J. Ellis, 1-40th Cav., as stated in Army Regulation 638-2.

Any person or persons having claims for or against the estate of the deceased should contact Paulo at (817) 501-7791.

Disposition of effects

Army 2nd Lt. Andrew Rampp, 1st Battalion (Airborne), 501st Infantry Regiment, is authorized to make disposition of personal effects of Pfc. Nathan T. Davis, 1-501st Inf., as stated in Army Regulation 638-2.

Any person or persons having claims for or against the estate of the deceased should contact Rampp at (907) 384-7668.

Hospital closure

The 673d Medical Group will close the hospital all day July 4 and also July 5 for a family day.

Coaches needed

Volunteer youth soccer coaches are needed in several divisions. For more information, call 552-2266.

Road closures

Juneau Avenue will be closed between 5th and 6th streets until March 15, 2013, to support demolition operations and construction of new homes.

Public Health closures

Public Health closes the first Thursday of the month from 1 to 4:30 p.m. and the third Thursday of the month from noon to 4:30 p.m. every month. For more information, call 580-4014.

Air Force ROTC instructors wanted

Eligible first lieutenants, captains and majors interested in teaching future Air Force officers must indicate that interest on their statement of intent, via the Airman Development Plan.

Fully-coordinated, approved application packages are due to Air Education and Training Command by Aug. 10.

Lieutenants must have at least a year in grade and three years of

commissioned service.

All applicants must have four years on station by June 2013, or be in a mandatory move status during summer 2013 or have a Jan.-May 2013 date eligible for return from overseas. Applicants must also have superior performance records, and some universities require a master's degree, so applicants should note that before listing their duty preferences.

Before applicants can submit their packages to AETC, they must be released from their career field.

For full application package instructions, visit <https://mypers.af.mil>.

School physicals

The 673d Medical Group is offering physicals by appointment only for school and sports. Physicals are valid for one year. To schedule an appointment, call 580-2778.

U-Fix-It Store

The U-Fix-it Store is located in Building 706 and is open to all Aurora Military Housing tenants.

Assorted items for maintaining your home may be issued from the U-Fix-It Store.

The items available are subject to change and limits and some may have a cost.

There are also American flag kits, and fire extinguishers available. U-Fix-It work includes all home maintenance activities.

Its purpose is to allow the occupant to make minor improvements and repairs to their home and cut down on the amount of service orders at maintenance.

This allows tenants to do work in their homes themselves, thus improving the appearance of the interior as well as the exterior of the home. There are two stores located on base.

The JBER-Elmendorf location is 6350 Arctic Warrior Drive and it is open 8:30 a.m. to 5:30 p.m., Monday through Friday and Saturday, 9 a.m. to noon and 1 to 4 p.m. (closed for lunch noon to 1 p.m.).

The JBER-Richardson location is Building 706 1st St., open from 8:30 a.m. to 5:30 p.m., Monday to Friday.

A window blind cleaning machine is currently located at the JBER-Elmendorf location.

A "reservation required to use" policy is in place with the priority going to military members PCSing. For more information, call 375-5540.

MiCare registration

MiCare, the online personal health record and secure messaging application, has been available to patients and medical group staff at Joint Base Elmendorf-Richardson since December.

More than 2,400 patients have already signed up to take advantage of the ability to communicate with their primary care clinicians online. Registered patients also have access to electronic records, allowing them to view and maintain their health records.

The 673d Medical Group is the first Air Force site to test this system.

Once registered, patients have the ability to participate in the study by completing a short series of surveys during the course of the next year. This provides an opportunity for all active-duty, retired and dependent patients to have an impact on shaping the future of Air Force health services.

To register, visit the Military Treatment Facility, where enrollment specialists are available in each primary care clinic.

All beneficiaries who are enrolled in the family health, pediatrics, flight medicine and internal medicine clinics are eligible to participate. Patients need to show a military identification card and provide information, including name, social security number, birthday and email address.

The enrollment specialist will enter the information and patients will receive an email which contains a link and instructions for completing the process.

Find housing

Visit the Automated Housing Referral Network at www.ahrn.com to find housing before packing up.

Sponsored by the Department of Defense, the website listings include available community rentals, military housing, shared rentals, temporary lodging and military for sale by owner listings.

Listings include property descriptions, pictures, maps, links

to local schools, and contact information.

Service members who would like to rent their homes, sell their homes, or are looking for another service member as a roommate in their current homes, may post an ad free of charge on the site.

For more information, call 552-4439.

Rental Partnership

The Rental Partnership Program at Joint Base Elmendorf-Richardson is available to all eligible active-duty members and consists of two options. The first option, RPP Plus, includes utilities and sometimes cable costs providing an easier budget with a set rental payment year round.

The other option, RPP 5 Percent Below Market, saves the member five percent off the rental fee that other tenants pay however utilities are paid for by the tenant.

Both options are made available with no deposits or fees to the member with the exclusion of pet fees as it may apply.

This program is designed to provide active-duty military personnel, enlisted and officers, accompanied and unaccompanied with affordable off-base housing.

An allotment must be executed under either option of the RPP for the rental payments which is made directly to the landlord resulting in a more trouble free transactions.

JBER-Elmendorf can see RPP officials at the Capital Asset Management Office, Building 6346, Arctic Warrior Drive, or call at 552-4328 or 552-4374 for further information and assistance regarding this program.

At JBER-Richardson, visit the Housing Management Office, Building 600, Richardson Drive, or call at 384-3088 or 384-7632.

Giant Voice testing

Giant Voice mass notification system testing occurs every Wednesday at noon. If the announcement is difficult to hear or understand, please call 552-3000.

If the announcement is difficult to hear or understand in any base housing area, please contact JBER at [Facebook.com/JBERAK](https://www.facebook.com/JBERAK).

Motorcycle training

Riders can now start the reg-

istration process for the 2012 Contracted Motorcycle Training.

A change from previous years is training is only offered to uniformed service members and Department of Defense civilians who have motorcycle operation listed in their position descriptions.

For information on how to register, call 552-5092.

Furnishings management

The Furnishings Management Office offers 90-day loaner furniture for Airmen arriving at or leaving JBER-Elmendorf.

The FMO also has appliances for Airmen residing off base, for longterm use.

Delivery and pick-up is provided for 90-day loaner furniture and appliances.

The FMO also has longterm furniture for ranks E-1 through E-5. These items are available on a first-come, first-served basis. The service member is responsible for transport.

Airmen should take a copy of PCS orders to the Government Housing Office at 6346 Arctic Warrior Drive to schedule delivery.

Call 552-2740 for any questions regarding the FMO program. Hours of operation are Monday through Friday, 8 a.m. to 4:30 p.m.

Soldiers can call 384-0092 for the JBER-Richardson FMO.

Home buyer's seminar

The 673d Civil Engineer Squadron Capital Asset Management Office offers a first-time home buyer's seminar two times each month through the Volunteer Realtor Program.

The seminar covers home loan prequalification, negotiations, offer acceptance, inspection, title search, available types of loans, and the closure process as well as many other aspects of interest to a prospective home owner.

If interested in becoming a home owner and wish to attend, please call 552-4439 to be included on the sign-up sheet.

Quartermaster Laundry

The Quartermaster Laundry, located at 726 Quartermaster Road, cleans TA-50 gear for free and is open Monday to Friday 7:30 a.m. to 4:30 p.m.

Service members
take on APD, AFD
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www.jber.af.mil/news

COMMUNITY

Volume 3, No. 29

Joint Base Elmendorf-Richardson

June 29, 2012

Remember sunblock

Summer days are back – make
sure you don't burn.
Page B-2



ABOVE: Gary Sinise kicks off the Lt. Dan Band's performance by joining the crowd on JBER June 22. The band has been supporting the military for 10 years. BELOW: Band members perform for the gathered service members, civilians and families. (U.S. Air Force photos/Staff Sgt. Robert Barnett)



By Air Force Staff Sgt.
Robert Barnett
JBER Public Affairs

Actor and musician Gary Sinise paid his second visit to Joint Base Elmendorf-Richardson to give back to those who serve through a free Lt. Dan Band concert June 22.

"We're back at JBER to play for our military folks up here, service members and their families," the actor said. "We were here in September a couple years ago and I've been wanting to get back. Thankfully, with the USO and Triwest Health Care Alliance, we've been able to be back, they have graciously taken care of the expenses so my band can come up so we can play for our service members and families."

The band played in Fairbanks Saturday, and Kodiak on Monday.

"It's an ongoing mission to make sure that the men and women who are serving our country know that they are appreciated," he said.

"That's why I continue to go out and do it. I've been teamed up with the USO for almost 10 years now. I've probably done almost 200 USO shows alone, and there are military charities that we play for and other military concerts or support concerts.

"I've got a foundation that's all military support and is dedicated to giving back to our men and women, so it's a very, very active schedule and once I start shooting my show, CSI: NY, in about a month, it'll get a little crazier because there's a lot of travel."

Sinise said he started out playing in bands in high school.

"I had my own bands all the way through high school and up into my early 20s," he said. "I started playing jazz bass in my early 20s and at the same time I was acting in high school plays.

"I started (with) the theater company. I got very busy with acting and so I didn't play music for a long time. Then this band just sort of evolved and I got very serious about it. We're probably playing 50 shows this year ... most of them are in support of the military. I feel fortunate that I can make my living as an actor and have fun and do something good with the music."

Sinise is perhaps most well-known for his role as Lt. Dan Taylor in the movie "Forrest Gump."

He said he wanted that role because it told a unique story.

"Anything that had anything to do with a Vietnam veteran showed him as somebody that couldn't overcome his experience," he said. "Forrest Gump comes along, and you see the Vietnam veteran go to be a great Soldier and that gets taken away.

"He gets injured and gets depressed and goes through a lot of anguish and all that, but then he comes out on top and he's okay in the end. He's wealthy and he's a businessman and things are going well. That was the story of a lot of Vietnam veterans."

Sinise's family also served. "I have Vietnam veterans on my wife's side of the family," he said. "On my side of the family, my

dad was in the Navy; my grandfather was in the Army in World War I. My two uncles served in World War II; one was a navigator on a B-17 bomber over Europe and the other in the Pacific.

"I remember all too well what it was like for them when they came home from war and nobody cared. Nobody appreciated them, that they in fact were treated very shamefully, so we can't ever let that happen again."

Sinise said he wants military to know they are appreciated.

"As long as the military folks are out there doing what they do in defense of our country," he said, "they should have the knowledge that there are people that appreciate them and don't forget about those sacrifices."

Ensuring service members and their families know that their sacrifices are appreciated

Gary Sinise is Lieutenant Dan

US Army honors its 237th birthday

Army 1st Sgt. Tarvis Walker, 56th Engineer Company (Vertical) (Combat), a native of Aberdeen, Miss., runs next to his company formation during the Army Birthday Run on JBER June 22. The celebration continued with an all-ranks ball later that evening in Anchorage for military, spouses, retired service members and civilians. Army units frequently celebrate the organization's birthday with cake, morale runs and other festivities. (U.S. Air Force photo/Justin Connaher)



Supporting the cause of freedom throughout the year

Commentary by Army Chaplain (Col.) Richard Quinn USARAK Chaplain

I sat under the blue-and-white-striped canopy at Monterey Lakes Memorial Park at Fort Wainwright as 21 black granite memorial stones glistened in the sun under a warm Alaska blue sky.

Twenty-one Soldiers stood watch over the markers in final honor to their fallen friends and fellow warriors.

Sitting in a wheelchair in front of me was a Soldier with no legs. We clapped and I noticed him slapping his chest – he only had one arm.

Gold Star families stared longingly at 21 memorial displays and photos in mournful

silence as the names were read, rounds fired, and Taps played by a lone bugler.

With pain too deep for the rest of us to truly understand the grieving say, “Thank you,” as we extend our hand or give a comforting hug.

While we in U. S. Army Alaska paused on May 16 to reflect on the cost of a deployment, the rest of America went about their business unaware, just like every other day in the land of the free.

I returned to my office at USARAK where the morning event had begun and opened my email.

A friend had sent me a “thought for the day” from the American Revolutionary, Thomas Paine. “Those who expect to reap the blessings of freedom must undergo the

fatigue of supporting it.”

On the evening news I watch politicians argue and newscasters editorialize about the financial cost of combat.

The “man-on-the-street” answers a reporter’s question without having done military service, as he ignorantly speaks for all our common citizenry.

A few seconds of airtime and a commercial comes on for SUVs only to be ironically followed by the next news sound-bite on gas prices.

“Those who expect to reap the blessings of freedom must undergo the fatigue of supporting it.”

Game shows, reality shows, American Idol – everyone is wanting to reap the blessings of financial freedom by luck, wit, guts,

talent or charm.

We watch with intrigue as winners strut and losers cry foul.

Millionaire athletes, Hollywood celebs, rap and rock star musicians – everyone is an expert on freedom, fidelity and foreign policy.

“Those who expect to reap the blessings of freedom must undergo the fatigue of supporting it.”

As I walk the “Warrior’s Walk” around Memorial Park in my mind each day, I pray for the fallen, I pray for the families, I pray for the wounded, I pray for the Soldiers deployed. I pray for the Soldiers yet to come.

“Those who expect to reap the blessings of freedom must undergo the fatigue of supporting it.”

Enjoy the summer sun - but beware of skin cancer risks

Commentary by Air Force Capt. Shamana Stevens Air Force News Service

Summertime is here!

We will soon enjoy time at the beach, swimming pools, bike rides and more time doing outdoor activities all because of precious sunlight – all twenty hours a day of sun.

The sun provides us with the benefits of Vitamin D production, warmth and a good mood.

While we enjoy the wonderful solar benefits, it is important to use proven methods to reduce the risk of skin cancer.

According to the Centers for Disease Control, skin cancer is the most common type of cancer among Americans.

More than two million people are diagnosed with skin cancer every year, which exceeds the combined amount of breast, prostate, lung and colon cancer.

One in five Americans will develop skin cancer in their lifetime.

Things you can do to prevent skin cancer:

Find the shade – between the hours of 10 a.m. and 4 p.m., the ultraviolet rays of the sun are strongest, which means more damage to your skin can occur in a short amount of time.

This leads to premature aging and wrinkling of the skin. Water, sand and even snow reflect up to 30



Kayaking and other summer sports are great ways to stay fit and enjoy the weather – but be cautious, use sunscreen and sunglasses, and be careful not to get sunburned. (Courtesy photo)

In the summer sun, a wide-brimmed hat and sunglasses should be considered must-haves.

The hat casts a shadow over the face and neck – the most vulnerable areas to sun exposure.

The sunglasses prevent damage to the eyes.

Lack of sun protection is associated with increased incidence of cataracts.

Wear long pants and long sleeves when possible. In today’s market, there is a wide variety of clothing options touting sun-blocking effects.

Interesting fact: We’ve been taught to wear white and light colors for protection in the sun, but bleached fabrics offer the lowest level of protection because they lack UV absorbing pigment, so go for color.

The UV Index provides important information to help you plan your outdoor activities in ways that prevent sun over-exposure.

Examine your skin – do a head-to-toe visual exam every month and see your physician for a yearly professional exam if you have ever been diagnosed with skin cancer, or identified as someone who is at high risk for skin cancer.

For more information about sun safety and skin cancer prevention, visit www.skincancer.org.

Take the time to educate yourself and enjoy the summer.

percent of ultraviolet rays, further increasing chance of sunburn.

Learn not to burn.

Repeated sunbathing escalates damage to your skin. Just one isolated sunburn significantly increases one’s risk of developing skin cancer, especially in children. Keep newborns out of the sun.

Ultraviolet light from tanning beds and the sun causes cancer and

wrinkles the skin.

The Skin Cancer Foundation reports that people who engage in indoor tanning are 74 percent more likely to get melanoma, a potentially fatal form of skin cancer.

Generously apply sunscreen – Generously apply a broad spectrum (UVA/UVB) product with an SPF of 15 or higher.

For extended outdoor activity,

use a water-resistant, sunscreen with an SPF of 30 or higher; re-apply every two hours, and after swimming or sweating.

Be sure to use one ounce to cover every bit exposed skin 20 minutes before going outside.

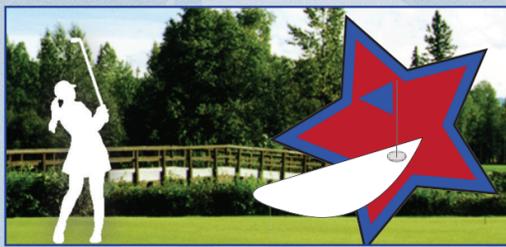
This allows the sunscreen time to bind to the proteins of your skin, and give it the best possible defense.

FSS EVENTS & ACTIVITIES

JULY 4TH EVENTS



4TH OF JULY BBQ BUFFET
\$10 FOR BBQ BUFFET
JULY 4 · 9 A.M. - 3 P.M.
MOOSE RUN GOLF COURSE
BLDG. 27000 ARCTIC VALLEY ROAD
428-0056



RED, WHITE, & BLUE TOURNAMENT!
JULY 4 · 8 A.M. · TEAMS OF 2 · \$90 + green fees
EAGLEGLLEN GOLF COURSE
4414 FIRST STREET JBER
552-3821



FREE SLICE OF APPLE PIE!!!
FOR GOLFERS
JULY 4 · 9 A.M. - 3 P.M.
MOOSE RUN GOLF COURSE
BLDG. 27000 ARCTIC VALLEY ROAD
428-0056

FUN FOR EVERYONE



2012 PHOTOGRAPHY CONTEST
JULY 1 - SEPT 22
3 CATEGORIES: NATURE · ANIMALS · PEOPLE
WIN \$25 VISA GIFT CARD
ARCTIC OASIS COMMUNITY CENTER
BLDG. 9497 · 552-8529



SWEET FREEBIES!
POPCORN DAYS
JULY 2 & 6 · 2 - 4 P.M.
ARCTIC OASIS COMMUNITY CENTER
BLDG. 9497 · 552-8529



BOOTHS ON THE LAWN
JULY 11 · 2 - 4 P.M.
SUMMER READING PROGRAM INVITES YOU AND YOUR CHILD TO COME DECORATE A CHEF'S HAT AND ENJOY SNACKS FROM THE FRUIT TABLE.
JBER CONSOLIDATED LIBRARY
BLDG. 7 · 384-1640

Community happenings

THROUGH SUNDAY

Commissary sidewalk sale

Check out the buys from 9 a.m. to 8 p.m. June 29 and 30 and 9 a.m. to 7 p.m. on July 1.

Sparky the Fire Dog and McGruff the Police Dog will be making the rounds to talk to children from 11 a.m. until 2 p.m. June 30, and drawings and samples are on tap.

For information, call 580-9996.

SATURDAY

Scottish Highland Games

Break out your kilt and caber for the annual Highland Games in Eagle River's Lions Park.

Piping and drumming, dancing and dining, and a Kilted Mile run are on the schedule along with much more.

For information, visit www.alaskascottish.org.

TUESDAY AND WEDNESDAY

July 4th celebration

The communities of Eagle River and Chugiak host a celebration for locals to enjoy entertainment, skydivers, games and concessions.

Midnight means the first July 4th fireworks display, and the 4th is time for the Chugiak Community Parade, which starts at the Latimer Fire Station on the Old Glenn Highway.

For information, visit www.cer.org.

WEDNESDAY

Mount Marathon race

The 85th annual race in Seward is the second-oldest footrace in the country.

The race is a 3,022-foot climb over rocks, roots, cliffs and waterfalls before hitting the turn-around point and racing down to the Fourth Avenue finish line.

For information visit www.sewardchamber.org or call 224-8051.

July 4th Celebration

The citywide celebration of Independence Day features a parade at the Park Strip, a pancake breakfast and tons of activities for the whole family.

For information visit www.anchoragejuly4thcelebration.com.

JULY 6 THROUGH 8

Girdwood Forest Fair

The fair features Alaska artists,

hand-crafted items, exotic foods and entertainment from all over the state.

The event kicks off with a parade Saturday at 10 a.m. with parking at the Alyeska Resort daylodge.

July 6 and 7 from 11 a.m. to 8 p.m. and July 8 from 11 a.m. to 6 p.m. For information, visit www.girdwoodforestfair.com.

JULY 9

Alaska Flag Day

Celebrate the Alaska flag and its designer, Benny Benson, with music, food, face-painting and balloon-tying.

The Service High School parking lot hosts this celebration from 5:30 p.m. until 9:30.

For more information, call 346-2101.

JULY 11 THROUGH 15

Bear Paw Festival

Join the Eagle River and Chugiak communities for this annual festival of fun.

Barbecues, a carnival with rides, military and civilian bands, and performing arts and exhibits are just the tip of the iceberg with this family hit.

For information visit www.bearpawfestival.org or call 694-4702.

JULY 20

EcoChallenge

Individuals and teams are invited to participate in the annual EcoChallenge - a four-and-a-half-mile cross-country run, a nine-mile bike course, a half-mile kayak course and a four-mile hike.

The challenge kicks off at 9 a.m. at the Hillberg parking lot on JBER.

Participants can pre-register at the Elmendorf Fitness Center or call 552-0610.

JULY 21

Alaska Men's Run

Join this 5-mile run or 2-mile walk with registration from 8:30 to 9:30 a.m. at the Anchorage football stadium.

The run starts at 10 a.m. and benefits those with prostate or testicular cancer.

For information call 622-9243.

Cardboard Boat Regatta

Design and build a cardboard boat with duct tape and white glue,

then get in and race it at Anchorage's Goose Lake Park.

This family-friendly, team-building activity is an Alaska tradition.

For information, visit www.muni.org/parks or call 343-4130.

JULY 28 AND 29
Arctic Thunder Open House and Airshow

Join JBER for this joint-base extravaganza all weekend.

The Air Force's Thunderbirds demonstration team and the Army's Golden Knights parachute team headline, with many other air acts and static displays including Army vehicles and demonstrations.

This open house is a great time to explore the military's presence in Alaska, with vendors, activities and fun for all.

For more information, visit www.jber.af.mil/arcticthunder/.

ONGOING

Sing-along at the zoo

Pre-school aged children can explore the world of animals through music with musician Annie Reeves.

Children can sing along with the guitar, or play with the musical instruments for kids.

Sing-alongs are at 10:30 a.m. Mondays at the coffee shop greenhouse.

For information email klarson@alaskazoo.org.

Wired Cafe for Airmen

The Wired Cafe is located at 7076 Fighter Dr., between Polaris and Yukla dormitories.

The cafe has wireless Internet and programs throughout the week for single Airmen living in the dorms.

There are free homestyle meals Fridays at 6 p.m. at the cafe.

For information, call 552-4422.

Model railroading

The Military Society of Model Railroad Engineers meets at 7 p.m. Tuesdays and 1 p.m. Saturdays in basement Room 35 of Matanuska Hall, 7153 Fighter Drive.

Anyone interested in model railroading is invited.

For information about meetings, work days, and shows, call 552-5234, visit their site at

www.trainweb.org/msmrrre or email bjorgan@alaska.net.

Motorcycle training

The Basic Rider Course, Basic Rider Course 2 and Military Sport-bike Rider Course are now accepting applications.

All military personnel and those civilians who use motorcycles as a duty requirement need to be certified.

To register, visit www.militarysafepmv.com and select Elmendorf-Richardson, or contact the safety office at 552-5092 or 552-6850.

Experience the Aurora

It's the next best thing to the Alaska winter sky - and a lot more comfortable than standing around in a parka.

The Anchorage Museum's planetarium provides an immersive show that explains the science behind the Aurora Borealis or Northern Lights.

The show projects time-lapse footage of the lights in the Arctic Circle.

For more information, call 929-9200 or visit anchoragemuseum.org.

Spennard Farmer's Market

Under the windmill between 25th and 26th Avenues, you can find everything made, caught or grown in Alaska.

Fresh oysters, organic bread, garden starts, flowers and reindeer sausage are just a few of the offerings on tap every Saturday from 9 a.m. to 2 p.m. through Sept. 29.

For information call 563-6273 or visit www.spennardfarmersmarket.org.

Anchorage Market

More than 300 booths offer a host of items weekends from 10 a.m. to 6 p.m. at the 3rd Avenue and E Street parking lot.

With free lively entertainment and food vendors, the Anchorage market is a family-friendly outing every weekend through the end of September.

For information, visit www.anchoragemarkets.com.

Road Warriors running

Want to get out and run, bike or swim?

Military, family members and

Chapel services

Catholic Mass

Sunday

9 a.m. - Soldiers' Chapel
10:30 a.m. - Elmendorf Chapel 1

Monday through Friday

11:40 a.m. - Soldiers' Chapel
Monday, Tuesday, Wednesday and Friday

11:30 a.m. - Elmendorf Chapel Center
Thursday

11:30 a.m. - Hospital Chapel

Confession

Saturday

6 p.m. - Soldiers' Chapel
Monday through Friday
Before/after 11:40 Mass - Soldiers' Chapel

Protestant Sunday Services

Joint Liturgical Service
9 a.m. - Elmendorf Chapel 2

Traditional Service
9 a.m. - Elmendorf Chapel 1

Contemporary Protestant Service

11 a.m. - Soldiers' Chapel
Gospel Service

Noon - Elmendorf Chapel 1
Contemporary Protestant Service

5 p.m. - Elmendorf Chapel 1

Buddhist

Soka Gakkai Goshu

7 p.m., first Friday of the month - Chapel Center (10427 Kuter Ave.)

civilians alike are welcome to train regularly with the group and get involved with monthly running, biking and swimming events with the Road Warriors.

For events and more information, check the Road Warriors (Alaska) Facebook page or call 384-7733 or 552-1361.

FSS EVENTS & ACTIVITIES

OUTDOOR ACTIVITIES



FREE TAI CHI CLASSES
THURSDAYS - 7 - 8 A.M.
MOOSE RUN GOLF COURSE
BLDG. 27000 ARCTIC VALLEY ROAD
428-0056



STAND UP PADDLEBOARDING
JULY 3 & 17 - 5 - 7 P.M. - \$25
JBER ELMENDORF OAP
BLDG. 7301 - 552-4599



WHITewater RAFTING
MATANUSKA
JULY 5 - 7 A.M. - 5 P.M. - \$99
JBER RICHARDSON OUTDOOR RECREATION
BLDG. 794 - 384-1475/76



RIFLE CARTRIDGE RELOADING
JULY 6 - 5 P.M. - \$5
JBER ELMENDORF OUTDOOR RECREATION
BLDG. 7301 - 552-2023



HATCHER PASS ATV
JULY 7 - 8 A.M. - 6 P.M.
\$150 DRIVERS - \$50 RIDERS
JBER ELMENDORF OAP
BLDG. 7301 - 552-2023



BIKE MAINTENANCE CLINIC
LEARN THE BASICS OF BIKE MAINTENANCE
JULY 8 - 1 P.M. - \$5
JBER ELMENDORF OUTDOOR RECREATION
BLDG. 7301 - 552-2023

EDUCATION AND SKILL BUILDING

CLUB SCHOLARSHIP



CLUBS' \$1000 SCHOLARSHIP
500 WORD ESSAY
APPLICATIONS ARE DUE BY JULY 2.
FOR MORE INFORMATION AND APPLICATION FORMS GO ONLINE TO
HTTP://AFCLUBS.NET UNDER THE SCHOLARSHIP PROGRAMS LINK.
SUBMISSIONS CAN BE DROPPED OFF WITH MARKETING
BLDG. 10480 - 552-5900





Service members compete against firefighters, police at downtown Anchorage's Summer Solstice Festival

By Air Force Staff Sgt.
Robert Barnett
JBER Public Affairs

Active-duty Army and Air Force members, along with members of the Anchorage Police Department, fire department, state troopers and other branches of service participated in the Hero Games, held in downtown Anchorage Saturday.

"This is the Hero Games for the Solstice Festival," said Air Force Capt. Michael Twining, 673d Security Forces Squadron, captain of the team Arctic Defenders and native Bellingham, Wash. "What we're doing is a community event where teams from the base and from downtown, like the police department, fire department, all come together to compete.

"We just finished balloon volleyball. So we have a blanket, four team members use team work to get that water balloon up over the net and hope the other team doesn't catch it. When it breaks, it gets them wet. We all had fun."

Thousands of people came to attend, watch the games, and shop.

"This is great; you can see how many people are down here in Anchorage," he said. "It's great for the economy; it's great to show us in uniform, whether it be PT gear or whatever down here. We're here, we're involved, and we're part of the Anchorage community."

The Hero Games are a day-long friendly competition between the police, troopers, each military branch and the fire department that takes place in downtown Anchorage during the Summer Solstice Festival.

The teams were challenged with events such as the obstacle course, a "rescue the cat" climb, litter carry, the bucket brigade and tricycle races.

"We actually organized this event," said Corey Evans of the Anchorage Downtown Partnership. "This is our fourth year doing it.

"It's been a great thing to get all the competitors together from the Air Force, the Army, the National Guard, everybody coming together and makes teams together and just having a good time today.

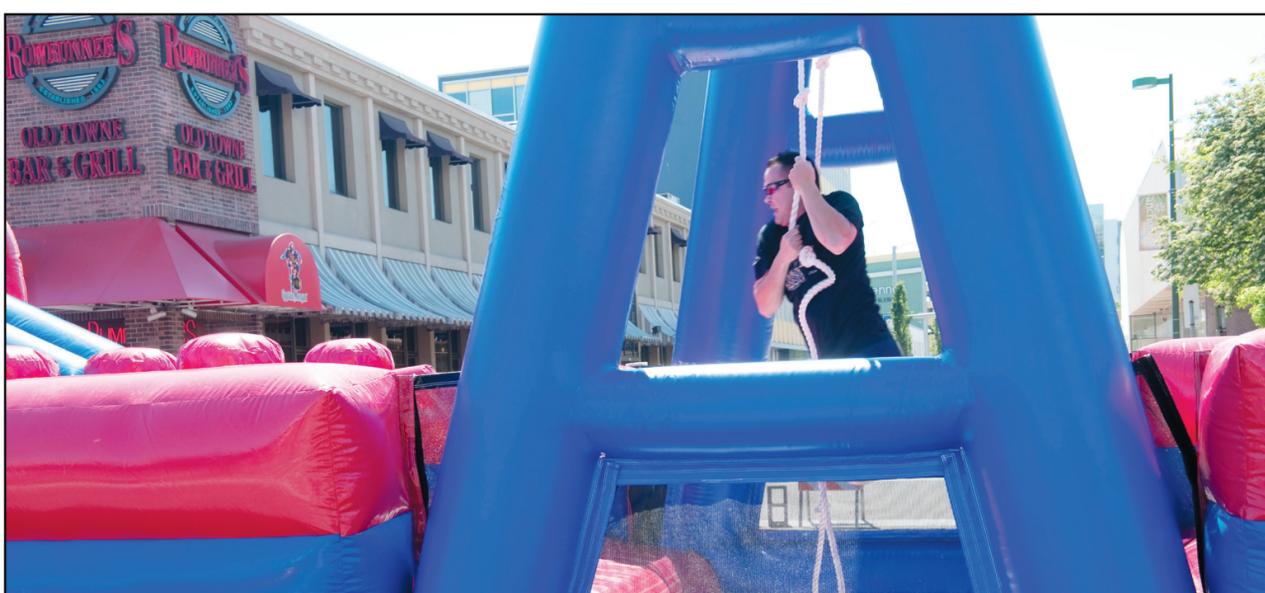
"It's just wonderful that everyone gets to come out and see everyone working together, it's high in spirit, there's real good gamesmanship, they all talk and they shake hands afterwards – but at the moment they're competing against each other, it gets pretty fierce."

On the longest day of the year – summer solstice – Anchorage, gets 22 hours of functional daylight.



TOP: A Soldier races against a member of the Anchorage Fire Department in an obstacle course that involved events such as carrying a fire hose, completely changing a tire, eating a donut and whistling, and getting through an inflatable obstacle course during the Hero Games. Teams made up of Active Duty Army, Air Force, Guard, Reserve, the APD, fire department and other units participated in the friendly competition.

ABOVE: An Army team blanket-tosses a water balloon into the Air Force team's side of the court during the water-balloon volleyball event at the Hero Games in Anchorage.



ABOVE RIGHT: A member of the Anchorage Police Department Employees Association rolls out of an inflatable obstacle course during the Hero Games Saturday.

RIGHT: An Anchorage police officer navigates part of the inflatable obstacles course as part of the friendly competition at the Hero Games.

The games pit service members against each other and Anchorage police and firefighters in friendly competition. (U.S. Air Force photos/Staff Sgt. Robert Barnett)

Births

JUNE 4

A daughter, Magdalena Aneira Esposito was born 20.5 inches long and weighing 6 pounds, 10 ounces at 1:30 p.m. to Ellen Elizabeth Esposito and Cpl. Joseph Rodney Esposito of the 20th Engineer Brigade.

JUNE 5

A son, Lokahi Kapu'uwai Hamana Lee Jr., was born 21.5 inches long weighing 7 pounds, 12 ounces at 5:04 p.m. to Airman 1st Class Courtney Mahealani Lee of the 673rd Medical Operations Squadron and Lokahi Kapu'uwai Hamana Lee.

JUNE 6

A daughter, Kyla Alice Gilbert, was born 21.5 inches long and weighing 8 pounds, 13 ounces at 1:09 a.m. to Allison Christina Gilbert and Air Force Staff Sgt. Joshua Dean Gilbert of the 673rd Aircraft Maintenance Squadron.

A son, Shawn Karl Reed Jr., was born 21.75 inches long and weighing 7 pounds, 14 ounces at 7:37 a.m. to Shayla Dionne Reed and Pfc. Shawn Karl Reed of 23rd Engineer Company, 6th Engineer Battalion (Combat) (Airborne).

JUNE 7

A son, Christian Anthony Brazell, was born 20 inches long and weighing 7 pounds, 11 ounces at 7:46 a.m. to Air Force Staff Sgt. Anastasia L. Atterberry of the 673d Contracting Squadron.

JUNE 8

A daughter, Izabella Theresa Lynn Hoover, was born 19.25 inches long, weighing 6 pounds, 15 ounces at 8:38 p.m. to Catherine Casandra Butler and Sgt. Adam Errol Hoover of Headquarters and Headquarters Detachment, U.S. Army Alaska.

A daughter, Virginia June Tate, was born 21 inches long and weighing 9 pounds, 3 ounces at 8:58 p.m. to Kathleen Ramsey Tate and Sgt. Robert Dale Tate Jr. of the 2nd Battalion, 377th Parachute Field Artillery Regiment.

JUNE 10

A son, Abel Eugene Zerby, was born 19.5 inches long and weighing 6 pounds, 5 ounces at 6:53 p.m. to Kara Gail Zerby and Army 1st Lt. Keaton Jack Zerby of the 3rd Battalion (Airborne), 509th Infantry Regiment.

A daughter, Emily Marie Budniewski, was born 20 inches long and weighing 6 pounds, 14 ounces at 8:51 a.m. to Rachelle Melissa Budniewski and Army Staff Sgt. Richard Steven Budniewski Jr. of the 425th Brigade Special Troops Battalion.

A son, Aiden James Kirkrett, was born weighing 21 inches long and weighing 7 pounds, 15 ounces at 10:46 a.m. to Elizabeth Dawn Kirkrett and Senior Airman Steven T. Kirkrett of the 3rd Maintenance Squadron.

A son, Jason Asher Brazeal, was born 21 inches long and weighing 8 pounds, 7 ounces at 12:39 p.m. to Candice Annamaylay Brazeal and Sgt. Nicholas Eugene Brazeal of Headquarters and Headquarters Company, 425th Brigade Special Troops Battalion.

JUNE 11

A daughter, Livvy Jean DeArmond, was born 21.5 inches long and weighing 8 pounds and 5 ounces at 2:05 p.m. to Kara Michelle DeArmond and Army Maj. Justin L. DeArmond of the U.S. Army Corps of Engineers.

JUNE 12

A son, James Dean Edwards, was born 20.5 inches long and weighing 6 pounds, 10 ounces at 5:46 p.m. to Sarah Beth Edwards and Air Force Staff Sgt. Joshua Dean Edwards of the 773rd Civil Engineer Squadron.

JUNE 14

A son, Richard Paul-Dante Warren Jr., was born 18.75 inches long and weighing 6 pounds, 7 ounces at 8:21 to Caryl Tura Warren and Spc. Richard Paul Warren of the 2nd Battalion, 377th Parachute Field Artillery Regiment.

A son, Dustin Jacoby Griffis, was born 22.5 inches long and weighing 8 pounds, 14 ounces at 7:26 a.m. to Lacey Mae Griffis and Air Force Staff Sgt. Casey Mathew Griffis of the 517th Aircraft Maintenance Unit.

A son, Broden James Horn, was born 23 inches long and weighing 9 pounds, 11 ounces at 5:23 a.m. to Anna Maureen Horn and Air Force Staff Sgt. Ryan Anderson Horn of the 517th Airlift Squadron.

A son, Alejandro James Davila, was born 20.5 inches long and weighing 8 pounds, 8 ounces to Air Force Staff Sgt. Kelley Ann Davila and Air Force Staff Sgt. Carlos Davila, both of the 673d Medical Support Squadron.

JUNE 16

A daughter, Jacqueline Renae Franklin, was born 18 inches long and weighing 6 pounds, 11 ounces to Jessica Danae Smothermon and Spc. Jacob Jarrod Franklin of the 98th Maintenance Company.

A daughter, Kiara Isabella Guillen, was born 19.5 inches long and weighing 6 pounds, 14 ounces to Hester Luzt Guillen and Sgt. Hector Hugo Guillen Jr. of the 425th Brigade Special Troops Battalion.

JUNE 17

A son, Aiden Taylor Kooistra, was born 20.5 inches long and weighing 7 pounds, 5 ounces at 2:01 p.m. to Ashlee Brianna Kooistra and Air Force Staff Sgt. Steven Edward Kooistra of the 773rd Logistics Readiness Squadron.

JUNE 18

A son, Thomas Daniel Bouton, was born 20 inches long and weighing 8 pounds, 5 ounces at 10:45 p.m. to Navy Lt. Lea Elizabeth Bouton and Navy Lt. Jeffrey Bengé Bouton.

A daughter, Evelyn Leigh Lacy, was born 21 inches long and weighing 9 pounds, 4 ounces at 9:40 a.m. to Meaghen Leigh and

Senior Airman Maxwell Scott Lacy of the 773rd Logistics Readiness Squadron.

A daughter, Olivia Dae Tillman, was born 20 inches long and weighing 6 pounds, 13 ounces at 11:10 p.m. to Salina Antoinette Tillman and Sgt. Samuel Terrance Tillman of D Company, 1st Squadron (Airborne), 40th Cavalry Regiment.

JUNE 19

A daughter, Anna Janette Dillman, was born 20.5 inches long and weighing 8 pounds, 9 ounces at 4:38 p.m. to Nancy Lee Dillman and Tech. Sgt. Kenneth Allen Dillman of the 3rd Air Maintenance Squadron.

A daughter, Kayla Elizabeth LaHaie, was born 20 inches long and weighing 7 pounds, 14 ounces at 7:25 a.m. to Elizabeth Ruth LaHaie and Sgt. Cody Allan LaHaie of the 2nd Engineer Brigade.

JUNE 21

A son, Evan Lionel Moyers, was born 20.5 inches long and weighing 5 pounds, 11 ounces at 8:41 a.m. to Veroniuq Esmarelda Moyers and Pfc. Bryant Paul Moyers of the 545th Military Police Company.

A son, Aaron Michael Alexander, was born 21 inches long and weighing 8 pounds, 2 ounces at 4:16 p.m. to Morgan Lynn Alexander and Spc. Shawn Michael Alexander of the 725th Brigade Special Troops Battalion.

JUNE 22

A son, Isaiah Christopher Robinson, was born 21 inches long and weighing 6 pounds, 13 ounces at 6:35 a.m. to Irish Durango Robinson and Army Staff Sgt. Thaddeus Elijah Robinson of E Company, 1st Battalion (Airborne), 501st Infantry Regiment.

A son, Saviano Lukas Manning, was born 21.5 inches long and weighing 8 pounds, 13 ounces at 12:52 a.m. to Tech. Sgt. Jennifer M. Poto-Manning of the 477th Fighter Group and Air Force Staff Sgt. Stanley Lucas Manning of the 673rd Medical Operations Squadron.



The Arctic Thunder Open House is coming up July 28 and 29. Programs will be distributed in the Arctic Warrior, or information about the events can be found at www.jber.af.mil/arcticthunder.

The program will feature the U.S. Army's Golden Knights parachute demonstration team, the Air Force's Thunderbirds, and the F-22 demonstration team. It's a weekend full of fun for the whole family.

