

ESC TODAY

Soldiers of the Caribbean

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Weapons of choice

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In for the long haul

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ESC TODAY

Commander
143d Sustainment Command
(Expeditionary)
Brig. Gen. Mark W. Palzer

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143d ESC
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Command Sergeant Major
143d ESC
Command Sgt. Maj. Jeffrey E. Uhlig

Public Affairs Officer/Editor
143d ESC
Maj. John Adams



<< On the Front Cover

The 143d Sustainment Command (Expeditionary) Color Guard team presents the colors during the Orange County's War Memorial Rededication Ceremony May 28 in front of the Orange County Courthouse in Orlando, Fla. The event honored Pfc. Alberto L. Obod and Pfc. Jalfred D. Aquerano, two of the county's most recent fallen heroes.

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Photo by Maj. John Adams, 143d ESC

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The Command Post

Greetings fellow Soldiers, Leaders, Families, and Civilians of the 143d ESC! I have quite a bit to relay to you this month. Before I get started, I want to wish the Army a Happy 237th Birthday! In addition, I want to extend best regards to the formation for an outstanding show of support to our local communities during the remembrance of Memorial Day. Both occasions are deserving of time-honored traditions, and the 143d ESC remains committed to those traditions. To ensure we remain a force bonded together by trust, respect, honor and duty, I ask all of you to honor those among our formation originating from the Asian-Pacific community and Holocaust Remembrance Societies across America. Always remember, two of the Army's strongest attributes are our diversity and professionalism.

I want to share a brief quote with you: *"The leader considers the use and location of rally points. A rally point is a place designated by the leader where the unit moves to reassemble and reorganize . . . Soldiers must know which rally point to move to at each phase of the mission should they become separated from the unit. They must also know what actions are required there . . ."* (U.S. Army Ranger Handbook)

This quote from the 32nd Chief of the Army Reserve, Lt. Gen. Jeffrey W. Talley, signifies and illuminates the description of current operations, vision, and both strategic and operational guidance outlined in Rally Point 32. Many of you have heard of this guidance; however,

it is important to know the way ahead rests upon our ability to remain America's Enduring Operational Reserve Force of Decisive Action. After a decade of war, the Army Reserve will face challenges and reductions across all fronts while driving readiness to deliver capabilities to the Army and our nation. This is not the time to rest on our laurels of years past. Now is the time to continue to show that we are the Army's premiere Sustainment Command. I will discuss his vision and guidance further at the upcoming 143d ESC Commander's Conference in August.

I would like to ask a question a little closer to home: Are you sharing your personal and professional knowledge with subordinate leaders and more importantly, junior leaders? If not, get to it. The Noncommissioned Officer is the backbone of the Army, and empowering junior leaders is essential for the NCO core to remain strong and capable of training and leading the future force. As we enter the main Active Training season, I ask you to coach, mentor and challenge your junior leaders. Allow them to make mistakes, then engage in discussion that leads to knowledge sharing and learning. There is only one standard, the Army standard. Train to that standard and remain committed to it.

Tropical Storm Debby recently plowed through the Gulf of Mexico and across the Southeastern United States, directly affecting many of our units. The entire 143d ESC resides within a geographic region prone to hurricanes,



Brig. Gen. Mark W. Palzer
Commander
143d Sustainment Command
(Expeditionary)

floods, tornadoes and much more. Do you have a plan in the event Mother Nature takes her toll in your area? The 143d Family is too vital for that answer to be, "no." We have tools in place to ensure you and your family remains safe in the event of such disasters. Ensure your units are ready and communicate the plan to the lowest level. Remember, communication is vital to the success of any plan. I look forward to seeing many of you in the months ahead. Until then, remember to tell your unit's specific stories and maximize your Soldiers at every opportunity.

Sustaining Victory! Army Strong!

237TH ARMY BIRTHDAY

The Strength of our Nation is our Army
The Strength of our Army is our Soldiers
The Strength of our Soldiers is our Families

AND THAT'S WHAT MAKES OUR ARMY STRONG!

Take 5 before bad weather hits!

Looks Like Nasty Weather ...

- Create and practice a family plan for each emergency hazard
- Prepare a family disaster kit with drinking water, food, batteries, flashlight, batteries, extra clothing and prescription medications
- Practice emergency phone calls (report to your location)
- Gather information about weather hazards in your area
- Contact your local emergency management office and learn your community's warning system and evacuation route
- Purchase a weather radio

SAFE Summer

What Have You Done to Save a Life Today?

ARMY SAFE & ARMY STRONG

The Bottom Line

Do you want to get promoted? Have you completed the necessary coursework featured in the Structured Self-Development (SSD) program?

If you answered, “no,” to the second question, you might as well say, “no,” to the first.

Since the introduction of SSD in 2010, Soldiers benefited from the option to enhance their military knowledge at a place and time most convenient for them. While the self-paced, online format of SSD remains unchanged, the “optional” aspect will give way to “mandatory completion” beginning Oct. 1.

For those desiring to enter a promotion board dressed in your Army Service Uniform, it is in your best interest to log onto SSD through your Army Knowledge Online account and start studying. Don’t think that you can complete the course in a single sitting. Each of the five levels of SSD requires at least 80 hours of your undivided attention.

Whether you recently marched across the parade grounds at Basic Military Training or fought alongside your comrades during Operation Enduring Freedom, SSD applies to you. Soldiers seeking sergeant stripes must complete SSD-1 prior to attending Warrior Leader

Course. Those striving for a staff sergeant’s rocker will complete SSD-2 as the core phase for the Advanced Leader Course. Future sergeants first class must meet the requirements in SSD-3 prior to attending Senior Leader Course, while the next generation of sergeants major must have the SSD-4 graduation certificate in hand before beginning the Sergeants Major Course.

I understand that, as Army Reserve Soldiers, we have full-time commitments with civilian employers, college professors and, of course, our families. Some of us may wonder if we have the time to take on an assignment beyond a battle assembly or active training mission. My solution is simple: make the time. The Army has given its Soldiers the flexibility to work on SSD coursework from nearly any computer with Internet access. It’s up to YOU to set aside ample time to finish it.

The SSD program provides for life-long learning from the day you swore the oath to the day you retire. Completion of these practical courses ensures every Soldier maximizes his or her ability to take on more responsibility and earn the right to climb the enlisted ranks. There also lies a possibility that you can apply your completed courses toward a college degree.



Command Sgt. Maj. Jeffrey E. Uhlig
Command Sergeant Major
143d Sustainment Command
(Expeditionary)

Failure to take advantage of the Structured SELF-Development program will not only bar you from ever appearing at a promotion board, but also cut your military career short as the Army strives to keep the best and rid itself of “the rest.”

Army Strong!

ARMY FAMILY TEAM BUILDING - CYSS - AFG

ANMP - FINANCIAL - EMPLOYMENT - CRISIS

143D

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143ESCFamilies

19 Dec 2011

JULY

HISTORICAL MILESTONES

Title VII of the Civil Rights Act of 1964 Title VII prohibits employment discrimination based on race, color, religion, sex and national origin.

Army Organization Act of 1950 Congress repealed the statutory requirement for the service's four all-black regiments.

AMENDMENT XIV 1868 No State shall make or enforce any law which shall abridge the privileges or immunities of citizens of the United States; nor shall any State deprive any person of life, liberty, or property, without due process of law.

Executive Order 9980 Established a policy of fair employment throughout the Federal establishment; without discrimination because of race, color, religion, or national origin. 1948

Executive Order 13163 Increasing the opportunity for individuals with disabilities to be employed in the Federal government. 2000

Americans With Disabilities Act of 1990 An act to establish a clear and comprehensive prohibition of discrimination on the basis of disability.

Executive Order 9981 There shall be equality of treatment and opportunity for all persons in the armed services without regard to race, color, religion, or national origin. 1948

Women's Reserve PL689, HR6807 Created to expedite the war effort by releasing officers and men for duty at sea and their replacement by women in the shore establishment of the Navy. 1942

Prepared by Peter Steiner for the Defense Equal Opportunity Management Institute



Lt. Col. Brian Ray
 Command Chaplain
 143d Sustainment Command
 (Expeditionary)

Click here to watch Chaplain Ray's words of motivation for this month.

My father-in-law recently sent me a story about an elderly gentleman who visited a physician's office. I am confident that this tale will touch your heart in a very special way.

It was a busy morning, approximately 8:30 a.m., when an elderly gentleman in his 80s arrived to have stitches removed from his thumb. He stated that he was in a hurry and had another appointment at 9 a.m. I took his vital signs and asked him take a seat, knowing it would be more than an hour before someone would be able to see him. I saw him looking at his watch and decided, since I was not busy with another patient, that I would examine his wound. I noticed that the wound had healed well, so I went ahead and began to remove his stitches. While removing the stitches, he and I began to engage in small talk. I asked him if he had another doctor's appointment this morning. The gentleman told me no, that he needed to go to a nursing home to eat breakfast with his wife. I inquired about her health. He told me that she had been there for quite a while and that she was suffering from

Reflections by the Chaplain:

Loyalty, Duty, Selfless Service, Personal Courage Army Values that will serve us well in all walks of life

Alzheimer's Disease. As we talked, I asked if she would be upset if he was a bit late. He replied that she no longer knew who he was, that she had not recognized him in more than **five** years! I was surprised and asked him, "And you still go every morning, even though she doesn't know who you are?" He smiled at me and said, "She doesn't know who I am . . . but I still know who she is."

I had a hard time holding back tears of admiration as the elderly gentlemen left. I had goose bumps . . . and thought to myself, "That is the kind of love I want in my life . . . for true love is neither physical nor romantic. Quite the contrary . . . true love is an acceptance of all that is, all that has been, all that will be, and all that will never be."

For Soldiers, the real lesson we can learn from this remarkable gentleman is not the enduring love that he has for his wife. Instead, it is his unwavering fidelity to a pledge that he made to her many decades ago. The word, "fidelity," is described well by the four army values of loyalty, duty, selfless service and

personal courage. Think for a moment of the American Soldiers who have gone before us and overcame tremendous hardship and strife. They serve as timeless pillars of dedication and beacons of fidelity for us to follow.

- Think of the loyal patriots who stayed with Gen. George Washington in the dead of winter against all odds and when all hope seemed lost.

- Recall the courageous Soldiers of the 20th Maine who defended Little Round Top at Gettysburg.

- Consider the bravery of the "Lost Battalion" in the Argonne Forest during World War I.

- Consider the fidelity of the Soldiers who stormed the beaches at Normandy.

Soldiers of the 143d ESC, you and I are called on to preserve the Army's 237-year legacy of fidelity . . . fidelity to the America ideal. Let us pledge our best efforts to do so through unwavering loyalty, an uncompromising commitment to duty, and steadfast personal courage.

Sustaining Victory.....Army Strong !

"Pro Deo et Patria.....For God and Country!"



"Hero of Little Round Top"
 Mort Kunstler

DID YOU KNOW?

Florida's vast military and veteran community seeks Soldiers to serve on the United States Army Reserve Military Funeral Honors Team. Members provide fitting, final respects to their fallen comrades while earning active duty pay and retirement points without negatively impacting their drill pay. In addition to owning a servicable Class A or Dress Blue uniform, Soldiers must complete at least 16 hours of training and commit to no less than four hours per funeral assignment. Contact Sgt. 1st Class Eugene Jones at (321) 689-7918 or eugene.b.jones@us.army.mil for more information.

In for the LONG HAUL

BY SPC. AARON ELLERMAN
414th Transportation Company U/PAR

BASTION AIRFIELD, Afghanistan - A giant thud echoes through the plane as the shockwave of impact causes the Soldiers to lurch forward and grip their chairs when the C-17 Globemaster drops onto the runway at Bastion Airfield, Afghanistan. The Soldiers of the 414th Transportation Company packed like sardines clad in camouflage and body armor will soon begin the next part of their journey.

Based out of Orangeburg, S.C., the 414th had spent more than a month in Fort Bliss, Texas, preparing for this deployment to Afghanistan in support of Operation Enduring Freedom.

To be considered ready to go overseas, each Soldier had to pass numerous health screenings and receive vaccinations, eyeglasses and medications, if needed.

Soldiers were also required to train in basic soldiering skills like marksmanship, combatives and first aid. They also received training on specific skill sets like operating a Mine Resistant Ambush Protected vehicle, reacting to improvised explosive devices, and convoy operations and tactics.

Staff Sgt. Marshakie Applewhite, a unit supply specialist for the 414th, has served in the military for more than 15 years and

highly anticipates experiencing overseas logistical operations.

"I look forward to my first deployment," said Applewhite. "This might be my only chance to put my years of training to the test in a field environment."

Pfc. Cody D. Odom, a motor transport operator for the 414th, believes this deployment will help him elevate his military career while saving money.

"I joined [the Army] to be a part of something bigger," said Pfc. Odom. "You can't get much bigger than this."

Despite shortening deployment times, the 414th may likely experience a nine-month tour.

"The new tour lengths may not work as well for the Reserve," said Capt. Rosalyn Hood, commander of the 414th TC. "Soldiers actually go longer than nine months without seeing their families due to the mobilization and demobilization process . . . That's a long time away from their families, especially without any R&R."

With a long tour ahead, the 414th gets ready to step out into the foreign war zone of Afghanistan. As the rear hatch opens, the scorching dry air funnels in and surrounds the Soldiers as the bright beams of light reflect off of the pavement and illuminate the hull. The Soldiers venture into the blinding light, their shadows cling to the aircraft as if waiting for the ride back home. ☒



Spc. Cedric Greene (front) and Spc. Jeremy Brelin, both motor transport operators in the 414th Transportation Company out of Orangeburg, S.C., check the air pressure of a Mine Resistant Ambush Protected vehicle's tire while performing Pre-Mission Preventative Maintenance Checks and services May 21 at Camp Leatherneck, Afghanistan.



Mine Resistant Ambush Protected vehicle

Capt. Rosalyn Hood, 414th Transportation Company commander, and 1st Sgt. Aida Mew, the 414th's first sergeant, unravel the company guidon at the transfer of authority ceremony held May 14 at Camp Leatherneck, Afghanistan. The ceremony signifies the arrival of a new unit and its readiness to take the place of the unit it will replace.

Photos by Spc. Aaron Ellerman | 414th TC U/PAR

Take 5

for Fireworks Safety

- Never allow children to handle fireworks.
- Only use fireworks outdoors.
- Obey local laws - read the warning labels.
- Always have water handy.

Take 5 ... then take action.



ARMY STRONG™



U.S. ARMY COMBAT READINESS/SAFETY CENTER
<https://safety.army.mil>

ARMY SAFE
IS ARMY STRONG



A BAND OF BROTHERS
& SISTERS

The ASAP Corner

Bath Salts are a potent designer synthetic stimulant with amphetamine like chemicals produced by illegal street chemists. Bath Salts have increased in popularity because they produce similar effects to cocaine and methamphetamines and, until recently, were not considered illegal.

Bath Salts are very toxic and dangerous. Hospital emergency rooms have reported an alarming number of side effects such as high blood pressure and pulse, extreme agitation, hallucinations, paranoia, delusions and violent behavior. The hallucinations from Bath Salts can be very real, and the experience can be extremely frightening; users have reported delusions of super-human strength and invincibility. The drug is most commonly swallowed, snorted or injected. Bath Salts are sold over the Internet or by illegal dealers primarily as a

white or brown powder under the guise of the label, “not for human consumption.” Approximately 90 percent of Bath Salts are manufactured in China or India. Street dealers in the U.S. have started producing more of the drug due to its high demand.

The U.S. Drug Enforcement Administration has banned the three major stimulants of this drug: Methedrone, Methylone and MDPV. Bath Salts are now designated as a Schedule 1 drug, which is the most restrictive category under the Controlled Substance Act. Possession or intent to distribute bath salts is punishable under the Uniform Code of Military Justice and can lead to a 20-year prison sentence.

Bath Salts may look and sound harmless, but beware . . . these are not powders or crystals you put in your bath water!



Gilbert Rivera
Alcohol & Drug Coordinator
143d Sustainment Command
(Expeditionary)

SOLDIER ON THE STREET

Chaplains and chaplain assistants around the 143d ESC were asked:
How does the Chaplain Corps help Soldiers stay, “Army Strong?”



Capt. Richard W. Anderson
Chaplain
207th Regional Sustainment Group
Marion, N.C.

“A Soldier going into battle without spiritual strength is like a knight entering a joust without his armor. Chaplains provide that armor, giving our Soldiers the best chance to come home alive and well.”



Spc. Joseph J. Geiniman
Chaplain Assistant
641st Regional Sustainment Group
Spring Hill, Fla.

“‘Army Strong’ defines chaplain assistants. We do more than help chaplains. It’s not uncommon to see us cleaning dishes or joining an infantry squad on a patrol. We offer a helping hand whenever possible.”



2nd Lt. William J. Maitre
Chaplain Candidate
641st Regional Sustainment Group
Land O Lakes, Fla.

“Chaplains provide the ultimate open door policy . . . We go where the Soldiers go no matter how bad things get, so as to offer that spiritual strength needed when physical or mental strength is not enough.”



Spc. Margie S. Smith
Chaplain Assistant
207th Regional Sustainment Group
Columbia, S.C.

“Soldiers need a strong foundation, and the Chaplain Corps can provide that in the form of religious support and spiritual motivation. Sometimes our mere presence on the field gives Soldiers a boost in morale.”

DID YOU KNOW?

Military teens 14-18 years old may participate in adventure camps scheduled through March, 2013. These excursions take place at parks, forests, mountains, lakes and rivers throughout the country. Each camp offers unique opportunities to enhance one’s leadership and teamwork skills while introducing participants to various outdoor activities such as biking, backpacking, rock climbing and whitewater rafting. Several camps also offer programs tailored to youth with special needs. Register your military teens today at https://www.extension.purdue.edu/Adventure_camps/campshome.html.



M16A2 Weapons of Choice: M16A2 Rifle

BY SPC. MICHAEL J. DAVIS
444th Mobile Public Affairs Detachment

Photo by John L. Carkeet IV | 143d ESC

Key M16A2 Enhancements

- Heavier, stiffer barrel
- Redesigned handguard (to resist breakage)
- Improved rear sight (with adjustable windage and range)
- Modified upper receiver (to deflect ejected cartridges)
- New burst control device (to improve accuracy and reduce wasted ammo)
- Redesigned muzzle compensator (to reduce position disclosure and improve controllability)

Quick Facts

- Primary function: **Infantry weapon**
- Length: 39.63 inches
- Weight (with 30 round magazine): 8.79 pounds

Background

For nearly three decades, the Model 16 Advanced 2, or M16A2 Rifle, has been the standard issue infantry rifle. Familiarization, training and marksmanship with the M16A2 rifle are at the core of every Soldier's military training. Just ask any Soldier during his or her second week of basic training what an M16A2 is, and they'll tell you, "The M16A2 Rifle is a 5.56 mm, lightweight, magazine fed, gas-operated, air-cooled, semiautomatic or three-round burst, hand-held, shoulder-fired weapon."

The M16A2's predecessor, the M16A1, was first fielded in October, 1961, during the Vietnam War. The Marine Corps' extensive combat experience with the M16A1 yielded the precise feedback needed to improve the weapon's inherent limitations and design flaws. After nearly a decade of prototype production and trials, the M16A2 rifle was officially adopted by the Marines in 1983. Today, the M16A2 rifle remains in use with active, Reserve and National Guard components from all military branches across the globe.

Capabilities

The M16A2 rifle can be fired in both semiautomatic (single shot) and burst (three round shots) by adjusting the selector switch. Its enhanced lightweight design and reinforced buttstock make it perfectly suited for extremely mobile ground units. The rear sight aperture can be adjusted for range and windage at targets with varying ranges from 300 to 800 meters.

While the M16A2 is not compatible with many of the advanced sights and optics like its newer models (A4 & M4 Carbine), it can be fitted with an M203 Grenade Launcher. The eight types of grenades the M203 can launch, coupled with the seven types of rounds the M16A2 can fire, continue to make this a versatile and highly effective weapon for today's military. ☑

Rates of fire:	Maximum effective ranges:
Cyclic: 800 rounds per minute	Area target: 800 meters
Sustained: 12-15 rounds per minute	Point target: 550 meters
Semiautomatic: 45 rounds per minute	Muzzle velocity:
Burst: 90 rounds per minute	853 meters per second

Personally owned weapons safety

■ BY MARK DALY
143d ESC Safety

I was 15, and it was summer time. My friends and I would gather at one of our houses and try not to get into too much trouble. All of our parents worked, so we were unsupervised. One morning we met at Mike's house. Mike's Dad was an avid hunter and had an impressive collection of rifles. We managed to get into the glass and wood display case and started playing with these cool weapons. Then "BOOM!" The 30-06 rifle went off. Luckily, it was pointed at the ceiling, and the only casualties were our ears ringing, dirty underwear and the addition of a new sun roof. Needless to say, we weren't allowed at Mike's house for a while. When we were later granted access, Mike's Dad had hidden the rifles. We later found them, but wisely left them alone.

This scenario is played out every summer. Children manage to get into their parents' "mystery closet," then find and play with the forbidden fruit and get killed. Take notice of the word, "forbidden." Kids are very curious and will busy themselves trying to unravel the big mystery.

Here are some tips to keep your Personally Owned Weapons (POW) safe from unauthorized access.

1. Take your kids to the range and show them the proper handling and use of firearms. Take the mystery out of the equation. Many local gun shops have training programs. You can also take advantage of The

National Rifle Association (NRA)'s Youth Programs. Find out more by calling 877-672-6282 or visit <http://www.nrahq.org/safety/eddie/infoparents.asp>.

2. Talk to your kids about what to do if one of their friends wants to show off their parent's guns. STOP! Don't touch, leave the area and tell an adult.

3. DO NOT display your weapons! You are just inviting trouble. It's not just a temptation to kids, but an open invitation for bad guys to steal them. I bought a cheap, \$140 metal safe that is bolted to the wall and floor.

Did you know that insurance will only give you at most \$2,000 for stolen guns, no matter what the real cost was? Check your policies.

Most states impose some form of legal duty on adults to take reasonable steps to deny access by children to dangerous substances or

instruments. It is your responsibility to understand and follow all laws regarding gun purchases, ownership, storage, transport, etc. Contact your state or local police for information.

In the real world, no one is magically resurrected after being shot. Don't get me wrong, I enjoy the TV programs and love to play the first person shooter video games. As an adult, I know the difference, but many children and teenagers do not.

We in America have the Right to Bear Arms. It is our responsibility to ensure the safety of our families as well as those around us. Ensure that your weapons are properly secured, teach your children about weapons safety, and take the mystery out of the equation. There are many organizations that will assist you in the proper use of your specific weapon.

Stay safe. ☒

Mission: Off-duty Conduct

Hazards

- ❑ Handling a privately owned weapon while under the influence of alcohol
- ❑ Inadequate personal Composite Risk Management (CRM)

Results

- ❑ One Soldier fatally injured

Controls

- ❑ Ensure every Soldier understands that weapons and alcohol do not mix
- ❑ Emphasize the applicability of personal CRM in both on- and off-duty activities
- ❑ Reinforce the personal role every Soldier has in curbing hazardous off-duty behavior

Springfield Armory XD-45

©D:Gunshot Wound Fort Bragg NC 23 Nov 11



Independence Day: A Celebration of Freedom

4 July 2012

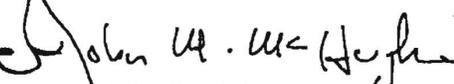
Gathered in the sweltering heat of Philadelphia in July 1776, the signers of the Declaration of Independence risked treason to proclaim the rights of "the People" to life, liberty and the pursuit of happiness. For eight years, Soldiers and Patriot Civilians fought and gave their lives to earn the freedom we cherish today. Through the trials, challenges and hardships of the past 237 years, our Nation has prevailed and America has stood for freedom.

But freedom has a price. Past and present, our Citizen Soldiers have stood in the forefront in defense of our freedom at home and abroad. Their dedication and selfless service characterize every member of the Army Family who has volunteered to guard and protect our freedom and the American way of life.

As we observe Independence Day 2012, we ask that you pause for a moment to remember the prior generations of dedicated Soldiers who risked their lives to protect what we hold so dear. Their extraordinary service inspires us all to be better Soldiers and Patriots, as we continually strive to live up to their remarkable legacy of bravery, loyalty and sacrifice.


Raymond F. Chandler, III
Sergeant Major of the Army


Raymond T. Odierno
General, United States Army
Chief of Staff


John M. McHugh
Secretary of the Army



Troops train for boat, shore operations during TransLOTS 2012

■ BY SGT. COOPER T. CASH
518th Sustainment Brigade

PONCE, P.R. -- As the midday sun reflected off the Caribbean water, Soldiers looked to the horizon in anticipation. Slowly, the shape of an Army landing craft came into view toward the east. Nearly 200 Soldiers from transportation units across the U.S. came together in Puerto Rico for a Transportation Logistics Over the Shore (TransLOTS) operation May 15 through 30.

The operation concentrated around three locations near Ponce, P.R.: Camp Santiago, Fort Allen and The Port of the Americas. TransLOTS was a real-world mission and provided invaluable training for Soldiers. The goal was to transport old equipment from Puerto Rico to Florida and to deliver updated equipment to the island.

"This operation allows us to train Soldiers in their fields: specifically, crane operating, transportation coordination, vessel loading, and intra-transit visibility training," said Maj. John D. Rhodes, the 332nd Transportation Battalion executive officer from Tampa, Fla. "Transportation is very technical. You can't effectively break this down into modular training events."

Army Landing Craft (Utility) 2031 New Orleans entered the port and pulled up to an improvised loading area. The boat operators carefully positioned the vessel and dropped the ramp on the shoreline. Within 30 minutes, two cranes had been

offloaded and staged to hoist the remainder of cargo from the landing craft.

The Soldiers traversed unpredictable conditions while transporting the equipment from Florida to Puerto Rico.

"These were the roughest seas I have seen in nine years coming from Florida to Puerto Rico," said Staff Sgt. Richard Walker, the 824th Transportation Company assistant chief engineer from Tampa, Fla.

The rough seas took a toll on the vessel, but when the LCU pulled into port, Soldiers assigned to the 175th Transportation Company (Watercraft Maintenance) were quick to offer assistance.

"We evaluated the vessel and found ways to correct any problems," said 1st Sgt. Erica C. McArtor, the 175th Trans. Co. first sergeant. "This is real world work; we are making repairs that make this vessel seaworthy."

After the cranes were offloaded, Soldiers began

the process of offloading equipment and loading equipment that needed to go back to Florida. Not only is this operation a practical way to offer real world training to Soldiers, it is fiscally responsible as well.

Often, the military contracts civilians to move equipment, but there was good reason to go another way this time, said Rhodes. "It's more cost effective to send equipment by means of the LCU rather than commercially."

Offloading and loading equipment at the port is only a portion of the operation. A way to move outgoing equipment to the port, and incoming equipment to its final location must also be devised. Soldiers from the 614th Automated Cargo Documentation Detachment and 832nd Surface Deployment Distribution Command had the daunting task of following the movement of each piece of equipment throughout the operation.

"We keep account of all land movement of equipment and personnel, as well as tracking watercraft coming into port," said Sgt. Pedro A. Martinez, a 146th Transportation Control Detachment transportation management coordinator from Orlando, Fla. "We are tracking nearly 100 land vehicles as well right now."

Many of the vehicles that are being tracked are moved from the equipment concentration site at Fort Allen, P.R. This site is where

See "CARIBBEAN", pg. 13>>>



Photo by Sgt. Cooper T. Cash ■ 518th Sustainment Brigade

Soldiers prepare a crane to lift cargo from an Army landing craft at The Port of the Americas May 19 during operation Transportation Logistics Over the Shore (TransLOTS) 2012.

<<< "CARIBBEAN," cont.

vehicles are assigned to move the incoming and outgoing cargo.

Along with facilitating a vital role in moving troops and equipment, Soldiers are also focusing on something else.

"This gives us practical, real-world training that can't be squeezed into a two-day battle assembly," said Staff Sgt. Robert A. Stafford, with the 146th Movement Control Team, from Orlando, Fla. "This also helps make us aware of all of the support needed to move troops, like food and water."

Since the Army is fighting a war in Afghanistan, Soldiers are focused on war-time training as well.

"This spins us up to be ready for a potential deployment and teaches us to be self sustained," said Staff Sgt. Terry A. Stallings, a 650th Transportation Company motor transportation operator. "This builds unit cohesion and makes us familiar with our equipment and other units within the battalion."

As with all Army operations, safety is a key

component. When Soldiers were not hard at work managing port and movement operations, they took the time to focus on life-saving skills. Drown-proofing and Combat Lifesaver classes were conducted throughout the operation.

"We are based around port areas, so we need to teach our Soldiers how to survive if they find themselves in the water," said 1st Lt. Earl R. Swaney, the officer in charge of the drown-

proofing class from Wilmington, N.C.

Throughout the operation, 61 pieces of equipment were moved between Puerto Rico and Florida by means of two LCUs, 100 land vehicles, and nearly 200 Soldiers. But this would not have been enough had it not met one goal.

"I want all Soldiers to leave this operation having enhanced their skills in their [Military Occupational Specialty]," said Rhodes. ☒



Photo by Sgt. Cooper T. Cash | 518th Sustainment Brigade

Soldiers offload equipment from an Army landing craft at The Port of the Americas May 19 during operation transportation logistics over the shore.



WHY I SERVE:

Name: Reinaldo L. Corredor
Rank: Specialist
Unit: 143d ESC
Job Title: Paralegal Specialist
Hometown: West Palm Beach, Fla.

I wanted to pursue a career to protect the lives of others. This pursuit brought me to a fork in the road. Should I serve my community as a police officer or serve my country as a Soldier? The answer came in the form another question: Why not do both?

My uncle, a 20-year Army veteran and master sergeant, encouraged me to join the military. He preferred that I did so through an Army [Reserve Officer Training Corps] program at a college or university. After getting into trouble in high school, however, I decided that I needed more discipline before going to college.

I enlisted in the Army Reserve in 2009 after graduating from high school. Thanks to my

time as a Junior ROTC cadet, I entered Basic Military Training as a private first class.

Similarly, my high [Armed Services Vocational Aptitude Battery] scores gave me the opportunity to pick nearly every [Military Occupational Specialty] available to new recruits. Naturally, I selected 27D: paralegal specialist.

The Army Reserve has exceeded my expectations. In addition to learning invaluable life skills, it has given me the discipline, determination and dollars needed to earn admittance into Valencia College's police academy in Orlando, Fla. From there I plan to earn my bachelor's degree and commission through the Army ROTC program at the

University of Central Florida. I may even proceed to law school and stay in the legal field as a Judge Advocate General officer.

None of this would be possible without taking initiative while wearing the uniform. The rate you advance in your military career rests on your willingness to take on tasks beyond your MOS. Learn all that you can from your superiors and apply to all military schools. I never would have attended—much less graduated—from Warrior Leader Course if I didn't ask my superiors how I could become a noncommissioned officer.

For me, joining the Army Reserve was the best decision I've ever made. It might be yours, too, so long as you take action to reap all the benefits.

Photo by Spc. John L. Carkeet IV | 143d ESC

Around the ESC



Photo by 2nd Lt. Nicole Rossman | 143d ESC

Master Sgt. Eugene Shiner, support operations mobility noncommissioned officer in charge for the 143d Sustainment Command (Expeditionary), raises Old Glory during an Army Birthday Recognition Ceremony hosted by the Universal Orlando Veterans Network June 14 at Universal Studios theme park in Orlando, Fla.



Photo by Sgt. Jamar A. Sherrill | 143d ESC

From left to right: Capt. Nitzaira Rodriguez, Capt. Jonathan Pipkens-Smith, Sgt. 1st Class Jose Castillo, Sgt. Jamar A. Sherrill and Master Sgt. Gene A. Smith pose for a group photo during a Defense Logistics Agency site visit May 3 in Philadelphia. The group plans to apply their newfound knowledge toward the 143d ESC's future logistical operations.



Photo by Spc. John L. Carkeet IV | 143d ESC

Spc. Larry Dix, a command readiness specialist with the 143d ESC, perfects his omlette flipping skills while volunteering as a chef for the 143d ESC's inaugural breakfast sale held June 26 at the David R. Wilson Armed Forces Reserve Center in Orlando, Fla. In addition to made-to-order omlettes, Soldiers could stack their plates with toast, eggs, bacon, sausage, fresh fruit and pastries. The proceeds from the sale will help fund the 143d ESC's organizational day in August.



Photo by 2nd Lt. Nicole Rossman | 143d ESC

Brig. Gen. Mark W. Palzer, commander of the 143d Sustainment Command (Expeditionary), passes the 641st Regional Support Group's guidon to its incoming commander, Lt. Col. (promotable) Christopher Govekar. The change-of-command ceremony took place June 16 in Saint Petersburg, Fla.

Around the ESC



Photo by Spc. John L. Carkeet IV | 143d ESC

Soldiers and their respective friends and loved ones gather around Brig. Gen. Mark W. Palzer (center), commander of the 143d Sustainment Command (Expeditionary), for a group photo during the Association of the United States Army's annual Army birthday ball held June 16 at the Renaissance Orlando Resort in Orlando, Fla.



Photo by Spc. John L. Carkeet IV | 143d ESC

Spc. Sonny Phan, a generator mechanic for the 143d Sustainment Command (Expeditionary), "stakes his claim" while erecting a Trailer Mounted Support System (Medium) tent June 12 in Orlando, Fla. More than 20 Soldiers from the 143d ESC participated in a 10-day course that taught the troops how to set up, secure, connect and break down a variety of Deployable Rapid Assembly Shelters.



Photo by Spc. Aaron Ellerman | 414th TC UPAR

In April, Spc. Corey Clayton from the 414th Transportation Company works under the hood of a Mine resistant Ambush Protected vehicle in Fort Bliss, Texas. Based out of Orangeburg, S.C., the 414th completed its pre-deployment training in Fort Hood before embarking on its mission to Afghanistan.

Around the ESC



Photo by Spc. Aaron Ellerman | 414th TC UPAR

Sgt. Jose Vasquez, a Soldier assigned to the 375th Combat Sustainment Support Battalion out of Mobile, Ala., reassembles an M-16 A2 assault rifle during the 375th's Sustainer Challenge June 11 at Camp Leatherneck, Afghanistan. This stage of the competition tasked Soldiers to disassemble, reassemble and perform a functions check in a timed relay. Teams of four from the 375th and its supporting companies competed in several challenges testing the Soldiers' mental and physical endurance.



Photo by Spc. John L. Carkeet IV | 143d ESC

Sgt. Nathaniel Perez, the color guard noncommissioned officer in charge for the 143d Sustainment Command (Expeditionary), cuts an Army birthday cake alongside Fred D. White, senior director of diversity for Universal Orlando Resort. The Universal Orlando Veterans Network presented the cake to Perez and several other Soldiers from the 143d ESC in honor of the Army's 237th birthday June 14. The staff also treated the troops to a complimentary visit to its two theme parks in Orlando, Fla.



Photo by Staff Sgt. Eric E. Wade | 145th TTOE UPAR

Four Soldiers from the 145th Transportation Theater Open Element work together to build and cross a bridge under strict time and space restraints at the Leader's Reaction Course June 3 in Pelham Range near Anniston, Ala. The 145th TTOE Soldiers broke themselves into teams of four, then combined their brains and brawn to accomplish the LRC's nine land-based and two water-based challenges. From left to right: Master Sgt. Donald Scott, Sgt. 1st Class Flenardo Taylor, Spc. Samuel Hunt and Spc. Javie Zayas.

Around the ESC

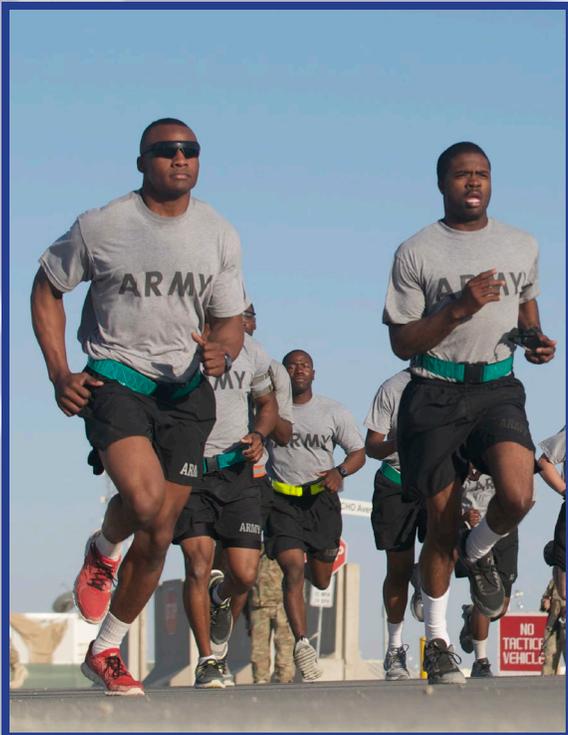


Photo by Spc. Aaron Ellerman | 414th TC UPAR

Soldiers sprint off the starting line during the last leg of the Army Physical Fitness Test. The two-mile run, the first component of the 375th Combat Sustainment Support Battalion's Sustainer Challenge, took place June 11 at Camp Leatherneck, Afghanistan. Teams of four from the 375th and its subordinate companies competed in the day-long event that measured the Soldiers' physical and mental endurance and ability to perform basic warrior tasks.

UNIT PHOTOS WANTED

The "ESC Today" wants to show off photos of Soldiers from your unit performing operational duties and basic soldiering skills. Include a caption with names, ranks, place, date and a short description of what is happening in each photo, then send your images to:
john.adams16@usar.army.mil



Courtesy Photo

Command Sgt. Maj. Jeffrey Uhlig (far right), command sergeant major for the 143d Sustainment Command (Expeditionary), along with his fiancée, Debbie Hardie, and her parents show off their 143d ESC polo shirts before teeing off at the Association of the United States Army's third annual golf tournament held June 22 at the River Run Golf Course in Sparta, Wis. The tournament honored fallen Soldiers in the local community while raising funds for local high school scholarships.



Photo by Staff Sgt. Rael Tirado | 143d ESC

Sgt. Elisebet Freeburg-Lalisan poses with her husband, Jay Lalisan, and their newborn son during a surprise award ceremony held July 5 at the David R. Wilson Armed Forces Reserve Center in Orlando, Fla. Freeburg-Lalisan received an Army Achievement Medal for her public affairs support during MEDFLAG 2011 in Ghana, Africa.



WANTED

Army Reserve



WARRANT OFFICERS



W.O.C.

Minimum WO Qualifications

Must be a US Citizen

General Technical (GT) score of 110 or Higher

High School graduate or GED

Secret Security Clearance (Interim secret is acceptable to apply)

Pass 3 event APFT and meet Height and Weight Standards

Pass the Chapter 2 Appointment Physical

Between ages 18 – 46 (waiverable)

Be a Specialist or above

Have Relevant Civilian Experience or hold a Feeder MOS

Additional criteria based on Warrant Officer MOS applying for:

Visit: www.usarec.army.mil/hq/warrant/

CONTACT INFO:

SFC Lionel Spooner@ 321.695.6189

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MSG Angelina Craigen@ 386.916.5632

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CW5 David N. Conrad@ 407.421.7097

David.N.Conrad@usar.army.mil

Call or Email TODAY for more information!

HORSEPOWER HEROES

M916A3

■ BY 2ND LT. NICOLE ROSSMAN
143d ESC

Time in service: 1990-present
Missions: Transport supplies and equipment
Length: 24.2 feet (7.4 meters)*
Width: 10.1 feet (3.1 meters)*
Height: 9.8 feet (3 meters)*
Weight: 52,000 pounds (23,587 kg)*
Crew: 1-2 (in cab)
Engine: 6 cylinder, 12.7 liter diesel, 430 hp
Max speed: 65 mph (105 kph)*
Max range: 480 miles (772 kilometers)*
Max payload: 130,000 pounds (58,967 kg)*



Photo by Spc. John L. Carkeet IV | 143d ESC

Background

These vehicles first came out in 1990 to replace the aging M35 family of trucks. Freightliner, LLC, out of Portland, Ore., earned a \$725.3 million firm fixed-price contract to deliver more than 1,000 vehicles to the Army in the past 22 years.

The M916 Tractors are employed at the platoon level in an essentially all engineer table of organization and equipment (TOE) except for airborne and air mobile units. The engine, transmission and other components are shared with the M915 series of trucks.

Capabilities

There are three types of trailer models for the M916 tractor: M916A1, M916A2 and M916A3. The military use these trucks to transport other heavy vehicles such as bulldozers, boats and even helicopters through rough road conditions for long durations of time. With its fording depth of 20 inches, an M916 series truck can haul equipment along deep mud and snow.

These trucks also offer drivers and passengers in the cabin protection and comfort from hazardous weather and

driving conditions with daytime running lights, multi-speed windshield wipers, Bostrom suspension seats, cabin heat and air condition. The Army has installed some trucks with up-armored, crew protection kits for service in combat zones.

**The dimensions listed above do not include any of the M916A3's compatible semitrailers, though the maximum speed and range assume the vehicle is hauling a 25-ton payload.*

Since the M916 series is nearly identical to its civilian counterparts, these trucks can travel along commercial highways.

BE SMART WHEN YOU EAT LOCAL DURING DEPLOYMENT!

MAN, MY STOMACH IS WRECKED!
WHERE'S THE NEAREST BATHROOM?

GROSS, DUDE! YOU SHOULD'VE
JUST STUCK WITH THE BREAD...

CHOOSE LOWER RISK FOODS

- ✓ Breads
- ✓ Fully cooked vegetables, beans and rice that are kept and served hot
 - ✓ Boiled or well done meats (lamb, beef, poultry and fish) that are eaten within 2 hours after cooking
- ✓ Hard-skin fruits and vegetables that you peel yourself (bananas, oranges, limes)
- ✓ Hot tea
- ✓ Bottled water or canned carbonated drinks that you open yourself

AVOID HIGHER RISK FOODS

- ✗ Milk and dairy products (cheese, ice cream and butter)
- ✗ Partially cooked or raw meats or fish
- ✗ Raw, leafy vegetables
- ✗ Leftovers, "doggie bags"
- ✗ Opened/unsealed beverage containers
- ✗ Ice, iced drinks, frozen desserts and juices
- ✗ Locally canned or packaged products

*Go to sick call if you
have nausea, vomiting,
diarrhea or fever.*

USAPHC
U.S. ARMY PUBLIC HEALTH COMMAND

**Eat
SMART,
Stay
Ready!**

THANK YOU VETERANS CRUISE



For our Veteran friends making their own cruise reservation:

We thank you for deciding to join us in a memorable event for all veterans and especially our soldiers returning from their recent tours of duty in the Middle East. Young and old, we're all brothers and sisters who have shared the military experience. See you on board!

The Cpl. Larry E. Smedley National War Museum has chosen USAA's travel alliance partner, Explore Cruise and Travel, to handle bookings. They have assured us we are getting the best prices available. The stateroom prices found on the attached form include all taxes, port charges, onboard ship gratuities as well as a \$50.00 stateroom onboard credit. You are strongly encouraged to reserve with a deposit now in order to hold these room prices. Cancellation with a full refund is allowed prior to October 8, 2012. Low cost USAA travel insurance is also available through the Travel Agent.

The cruise will take place aboard the Royal Caribbean Cruise Lines ship Monarch of the Seas, sailing from Port Canaveral on Friday Dec. 7 returning Monday Dec. 10, 2012, with ports of call in Nassau and Coco Cay.

What you need to do -

Please refer to and complete the accompanying form.
Fax the completed form to: (602)896-4720 or
e-mail carol.lee@ourvacationcenter.com
For more information, please call Carol Lee, our Cruise
Coordinator at 800-571-4208, ext. 5078
Please Reference Our Group Code PV1207
A \$50.00 Per Person Deposit Is Required

