

# OKINAWA MARINE

JULY 13, 2012

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## RIMPAC 12 steps off with 22 nations



Cpl. Jerel Bersolona helps members of 2nd Battalion, Princess Patricia's Canadian Light Infantry, practice using the fast-rope insertion system during the Rim of the Pacific exercise at Marine Corps Base Hawaii July 2. More than 40 ships and submarines, 200 aircraft and 25,000 personnel from 22 nations are participating in RIMPAC 2012, the world's largest international maritime exercise, from June 29 to Aug. 3. RIMPAC participants foster and sustain relationships critical to ensuring safety of sea lanes and security on the world's oceans. RIMPAC 2012 is the 23rd exercise in the series that began in 1971. Bersolona is the rappel master with 1st Battalion, 3rd Marine Regiment, III Marine Expeditionary Force. Photo by Canadian Forces Master Cpl. Marc-Andre Gaudreault

## 12th Marine Regiment departs for Korea

**Lance Cpl. Kasey Peacock**

OKINAWA MARINE STAFF

CAMP HANSEN — Approximately 250 Marines with 12th Marine Regiment departed Kin Red Beach training area, near Camp Hansen, July 9-11, for the Republic of Korea.

The regiment, a part of 3rd Marine Division, III Marine Expeditionary Force, left the area onboard a high-speed vessel to the Republic of Korea for Korean Marine Exchange Program 12-7. A detachment of Marines with 5th Air Naval Gunfire Liaison

Company, III MEF, joined the regiment for the exercise.

Marines loaded food and supplies for the exercise onto the vessel using Humvees, 7-ton trucks, tractors and forklifts.

“Having all of the Marines out here loading the (vessel) and preparing for deployment reminds us that we are expeditionary,” said Chief Warrant Officer Nicholas Farmer, an embarkation officer with the regiment. “Seeing (them) out here working hard shows that we can be ready when called upon, whether it be for

training or the real thing.”

The KMEP series of exercises is conducted annually between U.S. and Republic of Korea Marine Corps units to increase interoperability and combined capabilities.

“This is a great opportunity to enhance our partnering relationships and demonstrate our war-fighting techniques,” said Capt. Caleb A. Murphy, a fire direction officer with the regiment. “During the exercise, we hope to learn as much as possible from training see **KMEP** pg 5

## Nations commemorate US Independence Day

**Lance Cpl. Ian M. McMahon**

OKINAWA MARINE STAFF

ROBERTSON BARRACKS, NORTHERN TERRITORY, Australia — The smell of hot dogs on the grill and sounds of a softball game are familiar reminders of Independence Day traditions. This Fourth of July, those traditions took on a new meaning for several hundred Marines, sailors, and Australian Army soldiers.

At Robertson Barracks in Australia's Northern Territory, members of 2nd Cavalry Regiment, 1st Brigade Australian Defence Force and Marines with Company F, 2nd Battalion, see **FOURTH** pg 5



Australian Army Lt. Col. Michael Bye speaks to U.S. and Australian service members during an Independence Day cookout at Robertson Barracks near Darwin, Australia, July 4. Marines and Australian soldiers marked Independence Day with a cookout, rugby and softball games. Bye is the commanding officer of the Australian Army's 2nd Cavalry Regiment. Photo by Lance Cpl. Ian M. McMahon

# Maintain vigilance at all times

Allan R. Lee

In 1993, foreign terrorists bombed the World Trade Center complex in New York City and in 1995, domestic terrorists bombed the Alfred P. Murrah Federal Building in downtown Oklahoma City.

In 1996, terrorists breached force protection measures for U.S. personnel located in Saudi Arabia in an assault on the Khobar Towers, killing 19 U.S. service members and wounding hundreds of civilians.

"The Khobar Towers attack should be seen as a watershed event, pointing the way to a radically new mindset and dramatic changes in the way we protect our forces deployed overseas from this growing threat," said William J. Perry, the secretary of defense at the time.

In reaction to this incident, the anti-terrorism force protection program was created.

The Department of Defense defines antiterrorism as defensive measures used to reduce the vulnerability of individuals and property to terrorist acts. This is different from counterterrorism, which refers to offensive measures taken to prevent, deter, and respond to terrorism.

Both are part of the DOD concept of force protection, which brings together all the security disciplines in a broad program to protect service members, civilian employees, family members, facilities and equipment.

The danger to military personnel comes from foreign states, nation-states and terrorist groups. Any of these can devastate our military strength and attack our vulnerabilities in the absence of

proper force protection measures.

Prior to 9/11, government agencies worked independently regarding potential terrorist threats. Since the attacks, antiterrorism efforts are more proactive as the joint effort to standardize procedures and report suspicious activity has increased the nation's vigilance and safety.

Terrorists do not discriminate. It is everyone's responsibility to be cognizant of and report suspicious activities. If you see something suspicious, report it to authorities.

Taking proactive measures costs much less than ignoring the possibility of harm altogether. Follow these key steps to lessen your threat level:

1. Keep a low profile and make an effort to blend in. Your dress, conduct and mannerisms should not attract undue attention.

2. Keep your movements unpredictable by varying your route, time and mode of travel. Let others know where you are going and when you plan to return.

3. Be alert! Watch for suspicious activities or unusual behaviors.

4. Do not release personal information; keep it secure.

If you observe any suspicious activities, report them to the provost marshal's

office, the Naval Criminal Investigative Service or your camp's antiterrorism and physical security officers. When reporting these events, remember who was involved, what took place, when and where it happened, and try to provide any pictures or video which can be taken safely.

Allan R. Lee is an antiterrorism officer with Headquarters and Service Battalion, Marine Corps Base Camp Butler.

- **Maintain a low profile**
- **Vary your route, time and mode of travel**
- **Be alert and aware of your surroundings**
- **Keep personal information secure**

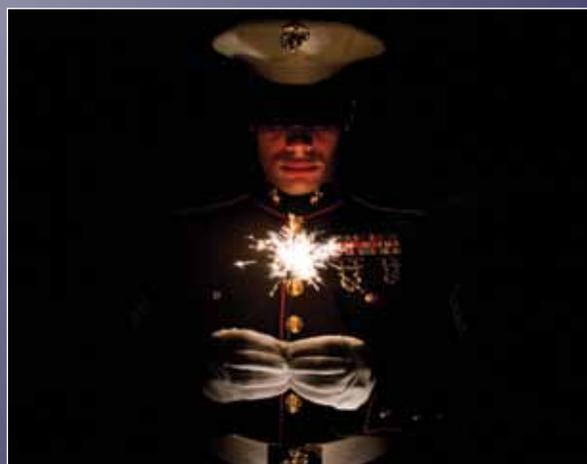
## AROUND THE CORPS



Marines walk ashore from Landing Craft Utility 1656 onto Kuwait Naval Base after disembarking USS Gunston Hall to participate in training exercises in Kuwait July 4. The Marines are with the 24th Marine Expeditionary Unit, which is currently deployed with the Iwo Jima Amphibious Ready Group to the U.S. Central Command area of operations as a theater-reserve and crisis-response force. Photo by Sgt. Richard Blumenstein



A color guard composed of Marines with Regimental Combat Teams 5 and 6 prepares to present the colors during a transfer of authority ceremony on Camp Delaram II, Helmand province, Afghanistan, July 5. RCT-5, a part of 1st Marine Division, I Marine Expeditionary Force, officially transferred authority for its area of operations to RCT-6, a part of 2nd Marine Division, II MEF. Photo by Sgt. Sheila Brooks



Sgt. Giovanni Cruz holds a firework while celebrating Independence Day in Richfield, Minn., July 4. Cruz is an automotive maintenance technician with Marine Wing Support Squadron 471, Marine Wing Support Group 47, 4th Marine Aircraft Wing, Marine Forces Reserve. Photo by Staff Sgt. Clinton Firstbrook

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# OKINAWA MARINE

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# Critical Days of Summer

*Safety ... look beyond the horizon*

## Awareness, knowledge crucial in preventing sports-related injuries

Lance Cpl. Kasey Peacock

OKINAWA MARINE STAFF

CAMP FOSTER — Recreational sport activities are common among Marines during the summer months on Okinawa.

Whether it is a soccer match or a one-on-one basketball game, service members are constantly engaging in physical activities. It is important to be both physically and mentally prepared to help prevent sports-related injuries.

Marines must remain operationally ready at all times. If service members are not taking proper precautions to avoid sports-related injuries, it can affect their unit's mission.

"Marines engage in many different activities which run the risk of injury," said Bonnie Axman, a fitness coordinator for Marine Corps Community Services health promotion at Marine Corps Air Station Futenma. "Stretching techniques, hydration and humidity awareness and proper protective equipment should all be taken into consideration before engaging in sporting events."

Stretching before and after sporting activities, as well as getting adequate rest, can help prevent injuries, according to Axman.

"The tighter muscles are when they are expected to perform, the greater the risk for tearing or pulling a muscle," said Axman. "Nothing worthwhile was ever obtained in a short amount of time. It takes work, discipline and consistency (to develop) proper preventative measures."

On Okinawa, temperatures can reach to more than 100 degrees, increasing the risk of heat-related injuries such as dehydration, heat exhaustion and heat stroke.

"It can take months for people to acclimate to the humidity on Okinawa," said Axman. "Any prolonged activity outside should be done with caution and during the cooler parts of the day to avoid heat-related injuries."

Staying hydrated and being mindful of the weather are good ways to avoid injuries, according to Axman.

Wearing protective equipment during contact sports, such as a helmet or pads, can help prevent serious injuries to the head or chest.



Marines play basketball during their lunch break in the field house at Gunner's Fitness Center on Camp Foster July 11. The basketball courts and the gym are often full during this time of day on most Marine Corps installations. It is important for participants to remember to stay safe while taking part in physical activity. Stretching and hydrating are crucial but often forgotten when Marines participate in sporting events. Photo by Lance Cpl. Jose D. Lujano

"A lot of injuries leading to medical discharges come from playing sports," said Petty Officer 1st Class Ricardo A. Alonsolopez, a corpsman with Combat Logistics Regiment 37, 3rd Marine Logistics Group, III Marine Expeditionary Force. "A sports-related injury can have a significant impact on the life of any service member. Not only can the injury affect overall well-being, but it can also play a direct role in affecting their readiness and deployment status."

Marines are expected to be in top physical condition at all times.

Conditioning the body to endure extensive physical training can also help prevent injuries, according to Alonsolopez.

"It is important for service members to stay consistent with stretching and conditioning," said Axman. "If you remain active throughout the year, you don't run the risk of overtraining your body to the point of injury."

For more information on preventing sports-related injuries, contact the sports medicine and reconditioning therapy clinic at 645-6213.

## Marines, Japanese celebrate day of friendship in Hokkaido

Lance Cpl. Donald T. Peterson

OKINAWA MARINE STAFF

YAUSUBETSU MANEUVER AREA, HOKKAIDO, Japan — Marines with 3rd Battalion, 12th Marine Regiment, celebrated a day of friendship with citizens of Betsukai-town to conclude Artillery Relocation Training Program 12-1 June 27.

The friendship day was hosted to create a greater bond between Japanese citizens and Marines and to wrap up the training event. Officers and staff noncommissioned officers attended the event to display their gratitude toward the Hokkaido Defense Bureau, Japan Ground Self-Defense Force and the local citizens for their support while Marines trained at Yausubetsu Maneuver Area.

"I would like to say I appreciate the agencies and local citizens for all their assistance during ARTP 12-1," said Maj. Jason P. Brown, the commanding

officer of the battalion. "It was a great experience for all of us and we look forward to coming back to Yausubetsu Maneuver Area next year."

The Marines were accompanied by community members and Japan Self-Defense Force personnel as they sat around one of fourteen fires, which had dinner cooking over it. Everyone came together and participated in friendly games and traditional Japanese dances.

"It was a great pleasure having the Marines here," said Mizunuma Takeshi, the mayor of Betsukai-town. "I'm glad their training went well and I hope to see them again."

This is the first time in two years the battalion trained at Yausubetsu Maneuver Area, and they hope it will not be their last.

"The friendship day was a good way to end our training here," said Brown. "I hope when we come back, we (are) able to train with Japanese artillery units. It would make a great difference because we would be working together."

## BRIEFS

## CHANGE FOR DRIVERS LICENSING

Due to a scheduled power outage, the installation safety office, located at Camp Foster, building 5831, will be closed July 17 from 7:30 a.m. to 4:30 p.m.

In support of customers attending the newcomers orientation and welcome aboard indoctrination session scheduled for July 18, the office will offer private motor vehicle licensing examinations at the Camp Foster Education Center, building 5679, room 10, at 8:30 and 10 a.m. and at 1 and 2:30 p.m. Normal operating hours and services will resume the following day. Camps Kinser and Hansen's satellite offices will remain open for safety compliance services.

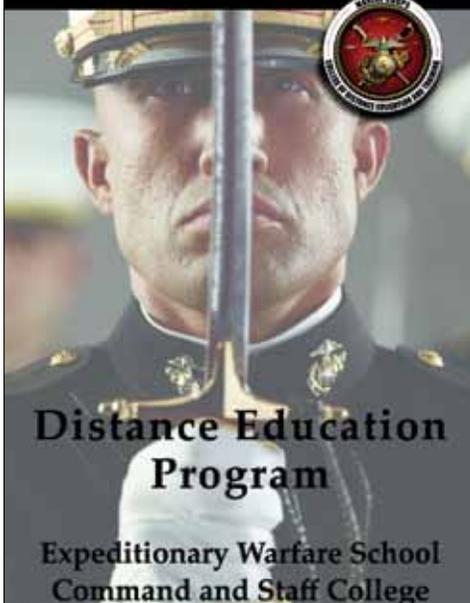
All other safety issues requiring immediate attention during this period can be addressed to Mr. Shawn Curtis at 090-6861-4270.

## RECREATIONAL WATER SAFETY

A reminder to all personnel: III Marine Expeditionary Force/Marine Corps Installations Pacific Order 5101.1 stipulates all regulations and policies personnel must follow when engaging in recreational water activities on Okinawa, including beaches and marinas run by the U.S. military. Personnel are not permitted to enter open water during "Sea Condition Danger," periods of heavy rains and reduced visibility, in the presence of thunder and lightning, or when local conditions result in the closure of a beach or coastal area.

For more information, contact the Marine Corps Base Camp Butler Installation Safety Office at 645-2651.

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## 3rd Recon welcomes Thompson



THOMPSON



HOMIAK

Maj. Eric N. Thompson assumed command of 3rd Reconnaissance Battalion, 3rd Marine Division, III Marine Expeditionary Force, from Lt. Col. Travis L. Homiak during a ceremony at Camp Schwab July 6. Homiak commanded 3rd Recon Bn. since July 2010 and will become the future operations officer for G-3, training, operations and plans, 3rd Marine Division. Thompson's previous assignment was at Peterson Air Force Base, Colorado Springs, Colo., where he served as the land domain chief, J3, U.S. Northern Command.

## Corpsmen advance life-saving skills

Lance Cpl. Erik S. Brooks Jr.

OKINAWA MARINE STAFF

CAMP HANSEN — Corpsmen with 3rd Medical Battalion completed the tactical combat casualty care course at the Tactical Medical Simulation Center at Camp Hansen June 29.

The corpsmen, with 3rd Med. Bn., Combat Logistics Regiment 37, 3rd Marine Logistics Group, III Marine Expeditionary Force, are required to take the course every two years.

"TCCC is designed for the corpsmen to learn how to treat patients on the battlefield," said Petty Officer 2nd Class Diamse P. Fernan, a TCCC instructor at the simulation center. "Our goal is to eliminate preventable deaths."

Students learned the order in which to treat patients' injuries, according to Petty Officer 2nd Class Brian B. Kirks, a TCCC instructor.

"We teach the corpsmen to use the acronym MARCH when treating patients," said Fernan.

Major hemorrhages are checked first to stop all critical bleeding, according to Fernan. Assessing the air way is next and ensures the wind pipe is not damaged. A respiratory check follows to make sure the patient is breathing properly. A circulation check is then performed to make sure they have no arterial bleeding. Finally, a head to toe assessment of the patient is performed.

"We stress the importance of taking care of the major injuries first to best treat patients," said Fernan. "This allows them to keep a cool head when downrange."

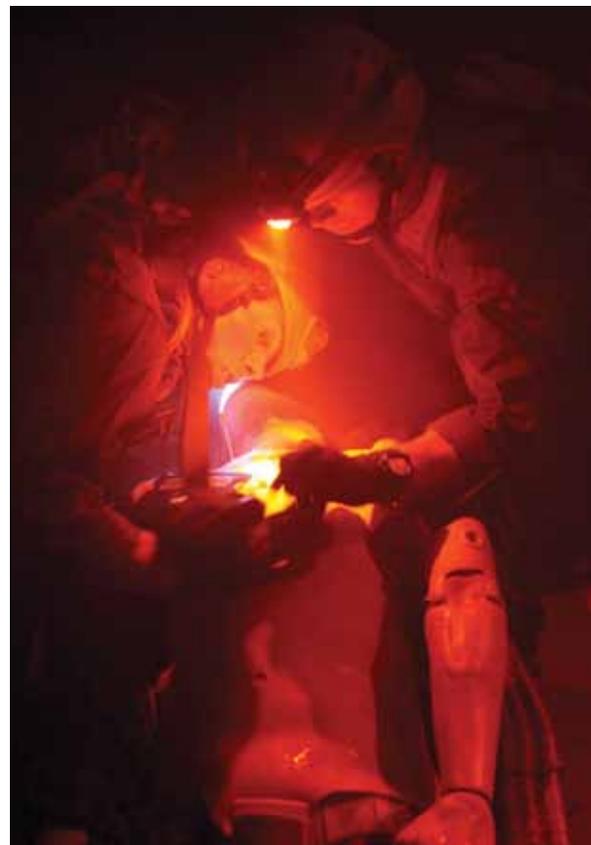
The corpsmen also learned how to help control patients' breathing while on the battlefield.

"In this course we also teach surgical airway placement," said Fernan. "It allows the patient to breathe by placing a tube either down the patient's throat or by cutting a hole outside the neck and sliding the tube down the windpipe."

Corpsmen were taught how to identify the problem and what equipment to use in each situation, according to Petty Officer 3rd Class Steven V. Garcia, a surgery technician with the battalion. "Knowing your gear is important when you are deployed, so you know what to use on a patient."

Once their classroom lesson was complete, the corpsmen moved to hands-on training.

"We placed the corpsmen in an environment



Corpsmen with 3rd Medical Battalion apply a bandage to a simulated casualty during the tactical combat casualty care course at the Tactical Medical Simulation Center at Camp Hansen June 29. 3rd Med. Bn. is part of Combat Logistics Regiment 37, 3rd Marine Logistics Group, III Marine Expeditionary Force.

Photo by Lance Cpl. Erik S. Brooks Jr.

similar to what they would see when deployed," said Kirks. "The corpsmen (were) in a dark room with the sound of (gunfire) and smoke in the air. The environment basically makes them revert back to the training they learned."

When the corpsmen are in the simulation room, they are assessed by the instructors to make sure they are doing everything correctly, according to Kirks.

"We look to make sure they are following the procedures step-by-step," said Kirks. "Also making sure they use the right equipment and apply the right bandages. Basically, we look for those life saving interventions."

Everyone learned communication is key to being successful in a combat environment, according to Garcia. "With everything going on around (you), it is important to talk to your fellow corpsmen."

The corpsmen responded very well to the training, according to Kirks. They took the lessons learned in the classroom and demonstrated them during hands-on training.

"This course taught me to use my muscle memory and fall back on my training when put (in) a stressful situation," said Garcia.

# Host families sought for homestay program

**1st Lt. Jeanscott Dodd**

OKINAWA MARINE STAFF

CAMP FOSTER — Families of the III Marine Expeditionary Force and Marine Corps Installations Pacific community are invited to serve as hosts in a homestay program, part of a community relations project sponsored by III MEF/MCIPAC in the near future.

Volunteer families will host Japanese children or adult chaperones from Oshima Island and Kesennuma City, Miyagi prefecture. This is the area where the 31st Marine Expeditionary Unit contributed significantly to relief and recovery efforts during Operation Tomodachi.

This event follows last year's successful homestay program and seeks to give visiting children an opportunity to share their experiences and lessons with the status of forces agreement and Okinawa communities, according

to Col. Jonathan T. Elliott, assistant chief of staff, G-7, government and external affairs division, MCIPAC.

"Last year, the program's intent was to give children a break and some exposure to the military, let them unwind, relax, and reunite them with members of the 31st MEU who assisted in the relief efforts," said Elliott. "Now that some time has passed since the disaster, we wanted to take the opportunity to learn from the children in a forum where they can share some thoughts and lessons from what happened and use it in the SOFA and Okinawa community to be better prepared for natural disasters."

To facilitate this, III MEF/MCIPAC will host a children's summit focusing on humanitarian assistance and disaster relief issues and disaster preparedness with selected students ranging from 5th to 8th grade.

Last year, approximately 25 children and five adult chaperones took part in the program, and Elliott hopes to have similar numbers this year.

"A lesson learned from last year was to have the children stay with host families for more exposure and to be able to learn more about American and Okinawan culture, so this year they will be staying with host families for the duration instead of taking them back to a central billeting location at night, which was the case last year," said Elliott. "Last year's event was very positive for everyone involved, bonds were made for life, and a lot of people still have connections with the children they met."

Volunteer families last year spared no expense or effort in making the children and chaperones feel welcome, and there were no shortage of tears when the time came to say goodbye,



**Students from Oshima district play water games with Marines at a pool party held as part of a four-day cultural exchange program, which took place Aug. 6-9, 2011. The homestay program last year was hosted by Marine Corps Bases Japan, now Marine Corps Installations Pacific, and for 25 students and five chaperones from Oshima district, Kesennuma City, Miyagi prefecture, which was heavily damaged in the March 11, 2011, Great East Japan earthquake and tsunami. Photo by Lance Cpl. Brianna Turner**

according to Elliott.

"It's a big responsibility to volunteer, but nobody from last year regretted participating. It blessed them just as much as the children, and the overwhelming response was that they wished it had been longer," said Elliott. "I would encourage anyone with children of

similar age who are willing to accept people into their homes to volunteer."

A background check and other personal information will be required from those wishing to volunteer. Japanese language skills are not needed. For more details, call 645-4220. The deadline for sign-ups is July 19.



**Marines use a tractor to load supplies onto a high-speed vessel headed for Korean Marine Exchange Program 12-7 at Kin Red Beach training area, near Camp Hansen, July 9. The exercise demonstrates the mutual continued dedication to the ROK-U.S. relationship and contributes to security and stability on the Korean Peninsula and throughout the Asia-Pacific region. The Marines are with Headquarters Battery, 12th Marine Regiment, 3rd Marine Division, III Marine Expeditionary Force, and 5th Air Naval Gunfire Liaison Company, III MEF. Photo by Lance Cpl. Kasey Peacock**

**KMEP** from pg 1

with the Republic of Korea Marines."

During the exercise, ROK and U.S. personnel will conduct bilateral field training. The training will include U.S. Marines serving as a command and control element for ROKMC 8th Artillery Battalion during live-fire artillery training and bilateral combined small-arms and machine gun ranges.

Marines will also be involved in several community relations events alongside ROK Marines. In addition to the equipment, the regiment brought other assets to ensure the success of KMEP 12-7.

"My job during the exercise is to facilitate the interaction between Korean and U.S. service members and civilians," said Lance Cpl. Jordan Back, an interpreter with the regiment. "The more I can help the interaction between the two countries, the smoother the exercise will be."

KMEP 12-7 will take place at Rodriguez Live Fire Complex and at St. Barbara and Nightmare Ranges in the Republic of Korea from July 8 – August 14.

The exercise demonstrates the mutual continued dedication to the ROK-U.S. relationship and contributes to security and stability on the Korean Peninsula and throughout the Asia-Pacific region.

**FOURTH** from pg 1

3rd Marine Regiment, 3rd Marine Division, III Marine Expeditionary Force, celebrated Independence Day together.

The Australians and Americans partnered together to prepare an American-style barbecue, complete with hot dogs, hamburgers and potato salad. They also participated in rugby and softball games. USO Pacific sponsored the barbecues by providing food and holiday decorations.

"It's great to see the Australians coming out to join us in celebrating our culture and sharing some of theirs," said Sgt. Kyle Coe, a platoon sergeant with Company F. "The (USO) couldn't have done a better job setting up the cookout for us."

The barbecue was not the first time Marines and Australians partnered to celebrate a national holiday. In April, Marines of Company F marched through downtown Darwin alongside Australian troops in celebration of Anzac Day, which commemorates the sacrifices of the Australian and New Zealand Army Corps during World War I.

"We've forged a very good relationship with (the Marines) since Anzac Day when they joined in (our) celebrations," said Sgt. Kayla Williamson, an Australian soldier with 2nd Cavalry Regiment. "It's an honor to be able to facilitate this with them, and we hope they enjoy their day."

Approximately 70 Australian soldiers joined in the cookout with the Marines. There were plenty of happy faces throughout the day, over the grill, at picnic tables, and on the athletic fields.

"I don't think we could get any closer to home than this," said Lance Cpl. Anthony Vaccaro, an ammunition technician with Company F. "Both countries have truly come together during the time we've spent here. I'm looking forward to continuing to train here."

During the remaining months of its deployment to Australia, Company F, as part of Marine Rotational Force-Darwin, will conduct bilateral martial arts training, small-unit operations and other combat training with various supporting elements, all cooperation with the Australian Army's 1st Brigade, based at Robertson Barracks.

Lance Cpl. Hung Q. Nguyen crosses a two-strand rope bridge at the Jungle Warfare Training Center at Camp Gonsalves July 7. Nguyen, along with his unit, are participating in a seven-day training package to develop their skills in a jungle environment. Nguyen is a ground communications organizational repairer with Marine Wing Support Squadron 172, Marine Aircraft Group 36.



Pfc. Eric R. Weeman crosses a rope bridge at the Jungle Warfare Training Center at Camp Gonsalves July 7. Bridges can be assembled to permit Marines to cross valleys in any location. Weeman is a motor vehicle operator with Marine Wing Support Squadron 172, Marine Aircraft Group 36.



# Every

## 1st MAW Marine

Story and photos by  
Lance Cpl. Erik S. Brooks Jr.

OKINAWA MARINE STAFF

Marines with various units of Marine Aircraft Group 36 and Marine Wing Headquarters Squadron 1 trained at the Jungle Warfare Training Center at Camp Gonsalves July 7.

The units, part of 1st Marine Aircraft Wing, III Marine Expeditionary Force, performed fast and hasty rappelling and crossed rope bridges as part of a jungle warfare training package.

"The Marines are currently completing a seven-day basic jungle warfare training package," said Staff Sgt. Timothy H. Davis, the staff noncommissioned officer-in-charge of combat engineer platoon, Marine Wing Support Squadron 172, MAG-36. "Rappelling was the first exercise we completed."

Marines practice rappelling because there may be situations during combat deployments where having that skill is the difference between staying safe or suffering injury, according to Davis.

The Marines began the day with classes outlining knot-tying techniques.

"We taught the Marines four different knots they would need to use," said Cpl. Joseph H. Leiding, an assaultman and instructor at the center. "Each knot serves a different purpose."

The first knot Marines learned was the square knot, which is commonly

Lance Cpl. Hung Q. Nguyen rappels down a 70-foot cliff at the Jungle Warfare Training Center at Camp Gonsalves July 7. Rappelling skills can be used to overcome obstacles such as impassable rock cliffs. Nguyen is a ground communications organizational repairer with Marine Wing Support Squadron 172, Marine Aircraft Group 36.



Cpl. Joseph H. Leiding, left, shows Cpl. V. a knot-tying class at the Jungle Warfare Training Center. Leiding is an aviation operations specialist with

# Time and place

## Marines progress through jungle

used to secure rope around an object. The second knot was the around-the-body knot, which is used when crossing a man-made rope bridge. Connected to that knot is the figure-eight knot.

“The figure-eight knot allows Marines to use a climbing clip to attach themselves onto the knot and safety line when crossing obstacles,” said Leiding.

The final knot-tying technique learned was the military rappel seat, which serves as a makeshift harness used to rappel down cliffs.

“The knots we learned will help us in our everyday job,” said Lance Cpl. Harrison H. Burrage, a combat engineer with MWSS-172 and course participant. “They can be used to assist with construction jobs and to help secure pallets together.”

After mastering knots, Marines used their skills to safely rappel down a 70-foot cliff while performing stopping maneuvers.

“As we descended the cliff, we performed three controlled stops,” said Burrage. “We performed these to show we have control of our descent.”

Marines were taught the “3 o’clock method,” during which the rope flows freely, allowing them to start and stop while rappelling down the cliff. The method gets its name from the placement of the brake hand in the 3 o’clock position, or horizontally to the right of their body.

They also learned the “6 o’clock method,” which allows them to rappel faster while still maintaining

control. Using this method, the brake hand is moved to the 6 o’clock position, or straight down, to tighten the ropes and stop.

“To have a controlled descent, the Marine can’t hold the rope too tight,” said Leiding. “It not only causes rope burn but also creates a bumpy ride down.”

After each participant practiced fast rappelling, they transitioned into hasty rappelling, which is an improvised method used to descend moderate slopes without the use of a climbing clip.

“Hasty rappelling is difficult for some because they underestimate the hill,” said Davis. “The hill is steeper than they expect, and they try to go too fast.”

The final exercise involved crossing several rope bridges.

To maneuver the bridges, Marines used the around-the-body knot, requiring them to hook onto the safety line and walk across the narrow bridges one foot at a time.

“If there is no other way around, these bridges can be set up during operations to overcome obstacles such as valleys,” said Leiding.

Most of the rappel training is not new for the Marines, but it is important to keep such skills fresh.

“This was a chance for the Marines to get out of their everyday work environment,” said Davis. “They learned individually to overcome their sense of fear and to trust in the skills they had been taught.”



Marines with Marine Aircraft Group 36 and Marine Wing Headquarters Squadron 1 cross a rope bridge at the Jungle Warfare Training Center at Camp Gonsalves July 7. In addition to crossing the bridge, Marines performed fast and hasty rappelling. MAG-36 and MWHS-1 are both a part of 1st Marine Aircraft Wing, III Marine Expeditionary Force.



Yonique R. Cousins how to tie an around-the-body knot during the training at Camp Gonsalves July 7. The knot can be used to secure rope around an object. Cousins is an assaultman and an instructor with the center. Cousins is with Marine Wing Headquarters Squadron 1.



Marines rappel down a cliff at the Jungle Warfare Training Center at Camp Gonsalves July 7. They learned how to create a harness using rope and how to safely descend down cliffs during a rappelling class. The Marines are with various units of Marine Aircraft Group 36 and Marine Wing Headquarters Squadron 1.

# PROVIDING POWER

## Utilities Marines improve field conditions

Lance Cpl. Matthew Manning

OKINAWA MARINE STAFF

Being in the field, whether for an exercise or operation, often means going without the comforts and luxuries one becomes accustomed to in everyday garrison life.

However, serving in a field environment does not always mean sacrificing these commodities thanks to the effort of utilities platoon, Combat Assault Battalion, 3rd Marine Division, III Marine Expeditionary Force.

The platoon provides services including electricity, water purification, heating, ventilation, air conditioning and refrigeration, according to Chief Warrant Officer Christopher J. Baier, the utilities officer with CAB.

"The main thing we provide is power," said Baier. "In order to communicate you have to have power."

When Marines provide electricity to a unit in the field, it enables the unit to have an organic power supply, according to Baier.

"The main purpose behind the electricity services we provide is to power the command and control centers in the field," said Master Sgt. Albert James Jr., utilities chief for the battalion. "It is essential for them to have an uninterrupted supply of power for all their gear, so they can stay in contact with higher commands."

Along with the power supplied to the command and control centers, air conditioning is often required to keep electrical equipment at the proper operating temperature, according to Baier.

For the Marines of utilities platoon, the ability to make a unit in the field self-sustaining brings a sense of pride to all.

"During exercise Cobra Gold 2012, we

were able to employ our tactical water purification system and produced 254,000 gallons of drinking water for everyone in (CAB's) area of operation," said Baier.

Cobra Gold, the United States' longest-standing military exercise in the Asia-Pacific-region, brings together more than 10,000 members of the U.S. and six other militaries to focus on interoperability and multinational coordination and training.

Marines of CAB and the Republic of Korea, as well as the Royal Thai Navy, were able to use the water provided by utilities platoon throughout the exercise, according to James.

"This reduced the total cost of the exercise by well over \$250,000 because we created our own water instead of buying bottled water," said Baier. "This enabled the entire battalion to come under budget for the entire exercise."

The platoon's ability to purify and process water is not only unique to the battalion, but all Marine divisions, according to Baier. This capability is intended for use in training events and exercises during humanitarian assistance and disaster relief operations, like Operation Tomodachi.

"During Operation Tomodachi, although we (didn't) to send any Marines to help, we were able to send some of our gear to help the recovery efforts by processing clean water and pumping water out of flooded areas," said Cpl. Dustin P. Turner, a water support technician with CAB.

Operation Tomodachi, meaning "friendship" in Japanese, was the U.S. armed forces' action in support of the Japanese people following the Great East Japan earthquake and tsunami in 2011.

Seeing satisfaction from those receiving



Marines pour water into a pump to clear air from the line at Kin Blue April 12. The Marines are able to provide clean water for drinking and showering by purifying ocean water. The Marines are with CAB. Photo by Lance Cpl. Matthew Manning

utilities platoon's support is the biggest thing to take pride in, according to James.

"I like to think we are a morale-boosting unit," said Turner. "Giving units, such as 3rd Reconnaissance Battalion, 12th Marine Regiment and CAB, the ability to have their clothes washed or take a shower for the first time in a week, or a month, will change the morale of that unit drastically."

"Being able to bring comfort and happiness to people's faces is something you can really take pride in."



Marines with Combat Assault Battalion set up water purification equipment at Kin Blue April 8. The equipment allowed Marines to process and utilize water from the ocean. CAB is part of 3rd Marine Division, III Marine Expeditionary Force. Photo courtesy of Combat Assault Battalion

# JGSDF observes 7th Comm Bn capabilities

Story and photos by  
Lance Cpl. Nicholas S. Ranum  
OKINAWA MARINE STAFF

Members of the Western Army Signal Group, Japan Ground Self-Defense Force, met with Marines of 7th Communication Battalion



Members of the Western Army Signal Group of the Japan Ground Self-Defense Force view communications equipment during a tour given by 7th Communication Battalion at Camp Hansen June 27.

to exchange information about JGSDF and Marine Corps communication equipment at Camp Hansen June 27.

The JGSDF members also visited the battalion, a part of III Marine Expeditionary Force Headquarters Group, III MEF, to share and exchange ideas related to communications planning.

"We answered questions they had from the last time they visited us," said Master Sgt. John L. Pellicore, the operations chief for the battalion. "We also set up static displays."

The Marines compared capabilities and engaged in discussions, according to Maj. Akihiro Hirota, the chief of S-3, training and operations, Western Army Signal Group.

The JGSDF members were briefed on the AN/TRC-170 tropospheric scatter microwave radio terminal, a radio data team kit and a deployable joint command and control rapid response kit.

"They want capabilities similar to ours," said Pellicore. "They have specific requirements and looked at what they could do with similar equipment."

The JGSDF does not have a device like the AN/TRC-170 and



Cpl. Mitchell D. McMillion shows members of the Western Army Signal Group, Japan Ground Self-Defense Force, equipment for a radio data team kit at Camp Hansen June 27. The kit was shown to give JGSDF members an idea of Marine Corps expeditionary command and control capabilities. The purpose of the group's visit was to compare the capabilities of Marine Corps and JGSDF equipment. McMillion is a tropospheric scatter radio multi-channel equipment operator with 7th Communication Battalion, which is part of III Marine Expeditionary Force Headquarters Group, III MEF.

hopes to get similar equipment eventually, according to Hirota.

"The device would be beneficial in the Kyushu region specifically since there are many islands where being able to communicate over long distances is key," he added.

The visitors spent more than three hours exchanging information on their respective communications devices. Each member of the four-man team asked multiple questions

regarding the function, size and capabilities of the Marine equipment.

The visit was educational for both sides, according to Hirota. It served as an excellent opportunity to exchange ideas about communication technology.

"This is only our second time meeting with the Western Army Signal Group," said Pellicore. "We want to get together to learn and train with them in the future."

# Karate students participate in sensei-filled seminar

Story and photo by Lance Cpl. Nicholas S. Ranum  
OKINAWA MARINE STAFF

Practitioners of Seidokan karate gathered at Koza Budokan in Okinawa City to commence the 2012 Ryukoku Seidokan Karate Kobudo Renmei seminar July 2-6.

The seminar brought together Seidokan karate enthusiasts from the U.S., Canada and Okinawa in order to sharpen their skills and share their knowledge throughout the week.

"Seidokan karate is a mixture of other martial arts," said Ron K. Nix, a 9th-degree black belt in Seidokan karate and president of Ryukoku Seidokan Karate Kobudo Renmei. "We have grappling, weapons, joint manipulation and the basic strikes."

Many movements in karate will be familiar to Marines, according to David W. Plattsmier, a 1st-degree black belt in the style.

"Karate is based more on forms," said Plattsmier. "The Marine Corps martial arts program was designed for use on the battlefield of today. Karate has techniques that do not fit into (the MCMAP) style, but the basics are the same."

Plattsmier is a retired gunnery sergeant with experience as an instructor-trainer in MCMAP.

"I recommend that any service member attend a civilian martial arts program," said Plattsmier. "It will help with their understanding in their service's martial arts program."

Sensei from the Seidokan style and other styles participated in the seminar throughout the week, according to Nix.

"I have to be able to continue teaching," said Nix. "It is to continue the legacy. The moment you stop teaching, the legacy dies off. There needs to be a legacy left for future generations."



Sensei Satoshi Yamauchi demonstrates a joint manipulation technique at Koza Budokan in Okinawa City July 2. Students studied the Seidokan style created by Master Sensei Shian Toma. Yamauchi is a 6th-degree black belt in Isshin Ryu karate and vice president of the Zen Okinawa Seidokan Karate Kobudo Renmei.

The Seidokan karate discipline has enthusiasts ranging from children to adults, according to Nix. There is no such thing as too young or too old. It is all about the determination of the individual who is participating.

"The different martial arts styles of the world really are not that different," said Nix. "It is not the style that makes the person but the person that makes the style."

# From tragedy to triumph

## Haitian Marine shows gratitude to Corps for helping after earthquake

Staff Sgt. Ken Melton  
OKINAWA MARINE STAFF

“I was screaming, trying to get help,” said Pfc. Junior F. Saintville. “I saw a hole, so I crawled through it and then someone pulled me into the street. That’s when I realized it was an earthquake.”

Saintville’s life-changing experience occurred Jan. 12, 2010, when a magnitude 7 earthquake devastated the small country of Haiti, killing over 300,000 people and affecting millions of others, according to the Haitian government. However, for Saintville, through this tragic incident came inspiration.

“I was at school on the fifth floor, and I felt the building shake,” said Saintville, now a motor transport mechanic with Ordnance Maintenance Company, 3rd Maintenance Battalion, Combat Logistics Regiment 35, 3rd

Marine Logistics Group, III Marine Expeditionary Force. “Everyone started running and screaming, and the next thing I knew, I woke up and realized the building had collapsed.”

He and other survivors, whom were all on the same floor, remained on the streets for several hours before returning home. Some, including Saintville, did not receive proper medical treatment until days later.

Many hospitals were destroyed, and the ones that were still operational were overwhelmed, according to Saintville. “At one hospital, I was told I would not be treated for months.”

Eight days later, he made it to a hospital on the back of a friend’s bicycle that was escorted by Marines who were in country to maintain order so people could receive treatment.

“This Marine chose me,” said Saintville, a

Port-Au-Prince, Haiti native. “He told me to (follow him), and (he would) try to get someone to help. There were many others outside, but he chose me and I was able to get help.”

Inside the hospital, U.S. Navy medical staff treated Saintville’s injuries consisting of a dislocated leg, cuts and bruises.

“It was like a miracle. It was like (they were sent) especially for me,” said the 28-year-old mechanic.

Saintville’s family in America eventually contacted him and brought him to Brooklyn, N.Y., in September 2010. A few months later, while taking classes at a local college, he decided he needed a change of pace.

“I wanted to be someone who could help when things (like the situation in Haiti) happen,” said Saintville. “It was nice to see (U.S. service members) help people, but as a Haitian, I wanted to (see our people helping). I wanted to help everyone (in a) situation (like) we were in Haiti.”

Saintville conveyed his wishes to his family, found a local recruiter, and left for Marine Corps recruit training June 13, 2011.

After graduating boot camp and military occupational specialty school, Saintville arrived on Okinawa in March 2012.

“Saintville has had a positive impact since joining (intermediate maintenance activity) North,” said Gunnery Sgt. Marco A. Munozvega, staff noncommissioned officer-in-charge of IMA, north, a part of the company. “He is a mature, levelheaded Marine who strives to contribute on a daily basis.”

Saintville echoes Munozvega’s statement by keeping a positive mindset while maintaining



**Pfc. Junior F. Saintville during the aftermath of the magnitude 7 earthquake that killed over 300,000 people, according to the Haitian government. Saintville credits Marines and sailors on the scene for saving and rehabilitating him. He moved to the U.S. and enlisted in the Marine Corps less than two years after this photo. He is now a motor transport mechanic with Ordnance Maintenance Company, 3rd Maintenance Battalion, Combat Logistics Regiment 35, 3rd Marine Logistics Group, III Marine Expeditionary Force.** Courtesy photo

vehicles in his care.

“Listening to music and turning wrenches makes you feel so alive,” said Saintville. “Someone depends on you because if the (vehicle) is not fixed (properly), the mission can fail or someone could get hurt. I feel like I’m someone important.”

Recently, Saintville started the process to become a naturalized U.S. citizen, a process he originally had not intended on going through.

“At first I did not want to change my nationality,” he said. “But when I joined and served I realized, if I am a part of the service, why not be a citizen.”

Saintville’s commitment and dedication to his new homeland has not been overlooked, as his story continues inspiring others he encounters.

“Saintville has enough courage for three men,” said Sgt. Ian B. Marquardt, an IMA operations chief. “He has overcome a lot of adversity and risen above it to better himself. This is a direct reflection of the core values of honor, courage and commitment.”

Even though Saintville does not know the name of the Marine who helped him, the sailor who treated him, or their respective units, he does know his life was changed that day and hopes he can someday be a person who helps others in their time of need.

“I’m trying to thank them for helping me after the earthquake,” Saintville said. “(Because) being able to help each other, protect each other, and watch each other’s back (is) what the Marine Corps has taught me.”



**Pfc. Junior F. Saintville repairs a 7 ton truck at Ordnance Maintenance Company on Camp Hansen June 15. Saintville joined the Marine Corps after witnessing its aid in Haiti after a 7 magnitude earthquake struck in January 2010.** Photo by Staff Sgt. Ken Melton

# In Theaters Now

**JULY 13 - 19**

## FOSTER

**TODAY** Closed  
**SATURDAY** The Pirates! Band of Misfits (PG), noon; What to Expect When You're Expecting (PG13), 3 p.m.; Think Like A Man (PG13), 6 p.m.; Marvel's The Avengers (PG13), 9 p.m.  
**SUNDAY** The Amazing Spider-Man (PG13), 1, 4:30 and 8 p.m.  
**MONDAY** Marvel's The Avengers (PG13), 3 p.m.; Rock of Ages (PG13), 7 p.m.  
**TUESDAY** Think Like A Man (PG13), 7 p.m.  
**WEDNESDAY** What to Expect When You're Expecting (PG13), 7 p.m.  
**THURSDAY** The Amazing Spider-Man (PG13), 7 p.m.

## KADENA

**TODAY** Closed  
**SATURDAY** Madea's Witness Protection (PG13), noon, 3 and 6 p.m.; Think Like A Man (PG13), 9 p.m.  
**SUNDAY** Madea's Witness Protection (PG13), 1 and 4 p.m.; Savages (R), 7 p.m.  
**MONDAY** Brave (PG), 3 p.m.; What to Expect When You're Expecting (PG13), 7 p.m.  
**TUESDAY** Think Like A Man (PG13), 3 p.m.; Madea's Witness Protection (PG13), 7 p.m.  
**WEDNESDAY** Seeking a Friend for the End of the World (R), 7 p.m.  
**THURSDAY** What to Expect When You're Expecting (PG13), 7 p.m.

## COURTNEY

**TODAY** The Amazing Spider-Man (PG13), 2, 6 and 9:30 p.m.  
**SATURDAY** Brave (PG), 2 and 6 p.m.  
**SUNDAY** Brave (PG), 2 p.m.  
**MONDAY** Savages (R), 7 p.m.  
**TUESDAY** Closed  
**WEDNESDAY** Madea's Witness Protection (PG13), 7 p.m.  
**THURSDAY** Closed

## FUTENMA

**TODAY** Closed  
**SATURDAY** The Amazing Spider-Man (PG13), 12:30, 4 and 7:30 p.m.  
**SUNDAY** Snow White and the Huntsman (PG13), 4 p.m.; That's My Boy (R), 7 p.m.  
**MONDAY** Seeking a Friend for the End of the World (R), 6:30 p.m.  
**TUESDAY-THURSDAY** Closed

## KINSER

**TODAY** Think Like A Man (PG13), 6:30 p.m.  
**SATURDAY** Think Like A Man (PG13), 3 p.m.; What to Expect When You're Expecting (PG13), 6:30 p.m.  
**SUNDAY** What to Expect When You're Expecting (PG13), 3 p.m.; Think Like A Man (PG13), 6:30 p.m.  
**MONDAY** Closed  
**TUESDAY** Closed  
**WEDNESDAY** The Amazing Spider-Man (PG13), 11:30 a.m., 3 and 6:30 p.m.  
**THURSDAY** Seeking a Friend for the End of the World (R), 6:30 p.m.

## HANSEN

**TODAY** Closed  
**SATURDAY** Seeking a Friend for the End of the World (R), 6 and 9 p.m.  
**SUNDAY** What to Expect When You're Expecting (PG13), 2 p.m.; Think Like A Man (PG13), 5:30 p.m.  
**MONDAY** The Amazing Spider-Man (PG13), 6 and 9 p.m.  
**TUESDAY** The Amazing Spider-Man (PG13), 7 p.m.  
**WEDNESDAY** Savages (R), 7 p.m.  
**THURSDAY** Savages (R), 7 p.m.

## SCHWAB

**TODAY** Closed  
**SATURDAY** Marvel's The Avengers (PG13), 5 p.m.  
**SUNDAY** Dark Shadows (PG13), 5 p.m.  
**MONDAY-THURSDAY** Closed

## THEATER DIRECTORY

**CAMP FOSTER** 645-3465  
**KADENA AIR BASE** 634-1869  
 (USO NIGHT) 632-8781  
**MCAS FUTENMA** 636-3890  
 (USO NIGHT) 636-2113  
**CAMP COURTNEY** 622-9616  
**CAMP HANSEN** 623-4564  
 (USO NIGHT) 623-5011  
**CAMP KINSER** 637-2177  
**CAMP SCHWAB** 625-2333  
 (USO NIGHT) 625-3834

Movie schedule is subject to change without notice. Call in advance to confirm show times. For a complete listing, visit [www.shopmyexchange.com](http://www.shopmyexchange.com).



## SINGLE MARINE PROGRAM EVENTS

For more information or to sign up, contact the Single Marine Program at 645-3681.

### OCEAN EXPO/PINEAPPLE PARK TRIP – JULY 21

• Ocean Expo Park has many activities for sea lovers to enjoy. One of its greatest features is the Churaumi Aquarium, the largest in Japan. Pineapple Park has many types of pineapples, which are used in the production of soap, cakes, candies and many other products. Sign up by July 19. The bus will leave Camp Kinser Gym at 9 a.m. and MCAS Futenma Semper Fit Gym at 9:30 a.m. Register and pay at the SMP office.

### DISCOVER GOLF - FREE GOLF LESSONS

• Taiyo Golf Course is hosting free golf lessons for single Marines and sailors the first and third Friday of every month from 9-11 a.m. Participants meet at the SMP office on Camp Foster by 8 a.m.

Mention of any company in this notice does not constitute endorsement by the Marine Corps.

## Japanese phrases of the week:

“Mata ashita”  
 (pronounced: mah-tah ah-sh-tah)

It means,  
 “See you tomorrow”

“Mata raishu”  
 (pronounced: mah-tah rah-ee-shoo)

It means,  
 “See you next week”



# CHAPLAINS' CORNER

*“You make deposits into each account of trust through courtesy, kindness and honesty, and keeping commitments with that person.”*

## Remember to manage all accounts

**Lt. Cmdr. Clifford Rutledge**  
 MARINE CORPS BASE CAMP BUTLER CHAPLAIN

If you have ever written a personal check that was returned for insufficient funds, you know the disheartening feelings generated by that embarrassing moment – particularly if the check was payment to an individual. You desperately try to communicate a logical reason for the failure, but you can't hide the fact you tried to spend more money than you had in your bank account.

Banking is a simple concept. You earn money and deposit it into your account. When you need to buy something, you withdraw some funds. As long as you don't withdraw more than you deposit between pay periods, you avoid those embarrassing moments.

Did you know that your relationships are influenced by the same basic principles as banking? You establish an emotional bank account with every person you interact with and determine how well that

account is managed. I learned this concept as a new college graduate in 1989 from Stephen Covey's “The 7 Habits of Highly Effective People.” According to Covey, you make deposits into each account of trust “through courtesy, kindness and honesty,” and keeping commitments with that person. You decide if and how much you want to invest in each emotional bank account.

You want to build healthy emotional bank accounts because eventually you are going to make a withdrawal from each account. It won't be intentional, but you will mess up, miss a commitment, make a hurtful comment, or in some way violate the trust you've established. If you've made solid deposits in a relationship, it will withstand the withdrawal. If the account is empty, then a withdrawal may very well terminate the relationship. This concept helped shape how I formed relationships in business, my personal life, and now, a decade later, in my ministry profession. How well are you managing your emotional bank accounts?

FOR UPCOMING SPECIAL WORSHIP SERVICES AND EVENTS FOR ALL MARINE CORPS BASE CHAPELS, CALL 645-2501 OR VISIT [WWW.MARINES.MIL/UNIT/MCBJAPAN/PAGES/AROUNDMCBJ/CHAPEL.ASPX](http://WWW.MARINES.MIL/UNIT/MCBJAPAN/PAGES/AROUNDMCBJ/CHAPEL.ASPX)