



# ARCTIC THUNDER PHOTOS

Acts including the Thunderbirds, the Golden Knights, the F-22 Demonstration Team, the Alaska Joint Forces Demonstration and a number of civilian pilots dazzled crowds during JBER's open house, photos at pages A-2, A-3 and B-1

www.jber.af.mil/news

# ARCTIC WARRIOR

Volume 3, No. 31

Joint Base Elmendorf-Richardson

August 3, 2012

## Guardian Angels return from Afghanistan deployment



Air Force Master Sgt. Eric Taylor embraces his family Tuesday after returning from a deployment to Afghanistan. Taylor is a pararescueman with the Alaska Air National Guard's 212th Rescue Squadron and has been performing combat search and rescue missions in support of coalition forces since May. (Alaska National Guard photos/Air Force Maj. Guy Hayes)

PAO staff report

Family members held aloft welcome home signs on a sunny Tuesday at Joint Base Elmendorf-Richardson as they waited for the return of 19 Airmen who completed a three-month deployment to Afghanistan.

The Alaska Air National Guard 212th Rescue Squadron Airmen performed combat search and rescue missions flying into "hot" combat zones, often under fire, to pull wounded coalition service members to safety

and transport them to a medical-treatment facility within one hour.

The 212th RQS is a subordinate element of the 176th Wing at JBER, and routinely works closely with the 210th Rescue Squadron, which operates HH-60 Pavehawk helicopters, and the 211th Rescue Squadron, which operates HC-130 King aircraft.

Airmen of all three rescue squadrons provide search-and-rescue support to the state during peacetime.



ABOVE: Family members hold welcome home signs while waiting for 212th RQS Airmen to return home. RIGHT: Alaska Air National Guard pararescuemen and combat rescue officers shake hands with senior leadership from the Alaska National Guard.



## Soldiers of 486th MCT redeploy

USARAK news release

A ceremony to recognize the redeployment of the 22-Soldier 486th Movement Control Team was hosted at the Richardson Education Center Tuesday.

The team deployed in July 2011 for a 12-month tour of duty in Kuwait in support of Operation New Dawn in Iraq and Operation Enduring Freedom in Afghanistan. The unit returned Sunday.

The 486th MCT provided movement regulation and transportation support for all units redeploying out of Iraq. The Soldiers processed more than 195 transportation requests for personnel, buses and baggage trucks in support of 50,000 redeploying Soldiers. The team also worked directly with the Kuwaiti police and Ministry of Transportation to provide secure convoy support to coalition forces traveling throughout the country.

The 486th MCT also sent members of their Team to Afghanistan where they stood up three movement-control locations to track convoy movements and manage incoming fuel, food, water, building materials and military equipment to different locations in country. There, the team processed more than 340 convoys and operated a helicopter landing zone responsible for moving Department of Defense and coalition forces in and around Afghanistan.



ABOVE: Soldiers of the 486th Movement Control Team stand at parade rest during the unit's redeployment ceremony at the Richardson Education Center Tuesday.

RIGHT: Army Capt. Antonio Reynolds, 486th MCT company commander, and Sgt. 1st Class Tarik Smith, 486th MCT first sergeant, uncased the unit's guidon during the MCT's redeployment ceremony Tuesday at the Richardson Education Center. Soldiers of the MCT redeployed from a yearlong mission throughout Kuwait and Afghanistan. The uncasing of the guidon signified the unit's successful completion of a combat deployment and subsequent reintegration into U.S. Army Alaska. (U.S. Army photos/Sgt. Tamika Dillard)



## U.S. Air Force Band of the Pacific looks to the future while augmented by Army Reservists

By Airman 1st Class Omari Bernard  
JBER Public Affairs

The 96th Army Reserve Band, from New York, recently brought relief to the diminished United States Air Force Band of the Pacific based at JBER.

The band is commanded and conducted by Chief Warrant Officer 3 Eric Olear. Due to renovations currently being conducted at the 9th Army Band's headquarters, Fort Wainwright, the 96th Army Reserve Band has been basing operations out of the Air Force Band of the Pacific building at JBER.

"Performing here is the furthest from New York we have ever been," said Olear, who hails from upstate New York. "It was suggested that we do our performances and training here, since there are a lot of renovations going on."

While on JBER, the 96th ARB performed at numerous events the Air Force Band of the Pacific formerly covered, such as music festivals in Valdez, and the Arctic Thunder Open House. The normal mission for a Reserve band during activation tours is to back fill an

See Band, Page A-4

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### Community

Check out the Arctic Warrior community section for the latest sports, family and recreation news for JBER and the Anchorage Bowl area.

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Chief Warrant Officer 2 Mike Walton and Chief Warrant Officer 2 Adrienne Anderson, both OH-58D Kiowa Warrior pilots of 6th Squadron, 17th Cavalry Regiment, Fort Wainwright, stand ready to answer questions about their armed-reconnaissance helicopter Saturday during the Arctic Thunder 2012 Open House. (U.S. Air Force photo/David Bedard)

## Soldiers entertain crowd at open house

By Army Staff Sgt. Matthew E. Winstead  
U.S. Army Alaska Public Affairs

The 2012 JBER Arctic Thunder Open House kept crowds of spectators and families entertained for an entire weekend with static displays and aerial demonstrations including the U.S. Air Force Thunderbirds, Air Combat Command F-22 Raptor Demonstration Team and civilian air demonstrations.

Additionally, there were several joint forces demonstrations in which the U.S. Army played a dramatic role.

Opening the day with a free-fall demonstration presented by the U.S. Army's premier Parachute Team, the Golden Knights, jumpers clad in black and gold leapt from a C-23 Sherpa aircraft at an altitude of more than 12,000 feet to perform amazing stunts and aerial acrobatics with red-smoke canisters attached to their ankles.

Spectators watched as the Golden Knights not only landed with precision on pre-designated target points, but also carried with them several flags honoring the event including the American flag, Alaska State flag and the POW/MIA flag.

A short time later, the crowd was treated to an airborne insertion of two planes worth of paratroopers as two 144th Airlift Squadron C-130 Hercules flew across the airfield. The sky filled with parachutes as the staggered trail formation conducted a mass exit of paratroopers allowing for maximum jumps in a short amount of time.

Following the airborne demonstration, the Army conducted an air assault on a simulated enemy presence. A small strike force of troops quickly landed close to the "enemy" target following a reconnaissance sweep of the area by two Army OH-58 Kiowa Warrior armed-reconnaissance helicopters. Once on the ground, the infantry elements quickly bounded up to the objective and called in a

request for additional support.

The assistance quickly came in the form of two UH-60 Black Hawk helicopters sling loading in a Humvee and a 105-mm artillery cannon, both of which were immediately placed into operation and employed against the retreating enemy.

Pyrotechnic simulation rounds boomed across the airfield in an eruption of white smoke while a CH-47 Chinook helicopter carried in another piece of equipment to be used in the simulated engagement; an M973 Small Unit Support Vehicle, or SUSV.

Finally, a 517th Airlift Squadron C-17 Globemaster III landed in a combat landing with minimal room on the runway and delivered the final vehicles to be used in the engagement completing the demonstration of just how quickly critical units can be delivered and placed into combat operations.

When independently timed, the Joint Forces Demonstration from start to finish took less than 30 minutes.

In addition to the mobile elements contributed to the open house, U.S. Army Alaska also provided static displays of weapons, vehicles and equipment from some of its subordinate units.

Army combatives were demonstrated, mountaineering equipment was showcased, interesting vehicles and aircraft, some of which were flown during the actual show, were staged for the public to see and enter and static weapons were available for people to see and hold under the watchful eye of trained professional Soldiers.

A particular crowd favorite was the collection of inflatable bouncy houses and climbing walls. Children and a few adults enjoyed a bouncy break from the sun in the shade of an open Air Force hangar in between some of the more dynamic events outside.



ABOVE: U.S. Army Parachute Team "Golden Knight" descends trailing the Alaska flag during an Arctic Thunder 2012 Open House performance. (U.S. Air Force photo/Steven White)  
LEFT: U.S. Army Soldiers fight a simulated enemy after rapidly disembarking a UH-60 Black Hawk helicopter during the Alaska Joint Forces Demonstration. (U.S. Air Force photo/Justin Connaher)



U.S. Army Alaska Soldiers exit a C-130 Hercules during a mass-exit personnel drop Sunday at the Arctic Thunder 2012 Open House. (U.S. Air Force photo/Percy G. Jones)



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# ARCTIC THUNDER OPEN HOUSE

Air Force Maj. Henry Schantz, Air Combat Command F-22 Demonstration Team chief, flies the 3rd Operations Group flagship F-22 during a demonstration Sunday at the Arctic Thunder 2012 Open House. More than 200,000 people attended the open house Saturday and Sunday. (U.S. Air Force photo/1st Lt. Joel Cooke)



## MORE PHOTOS

For more photos of the open house, scan this QR code or visit <http://tiny.cc/dgdfiw> and click on the slide shows.



ABOVE: The U.S. Air Force Thunderbirds perform at the Joint Base Elmendorf-Richardson Arctic Thunder 2012 Open House Saturday. The events included an all-star lineup, featuring the Thunderbirds F-16 Flight Demonstration Team, the U.S. Army's Golden Knights Parachute Team and many other civilian and military performers. (U.S. Air Force photo/Tech. Sgt. Brian Ferguson)

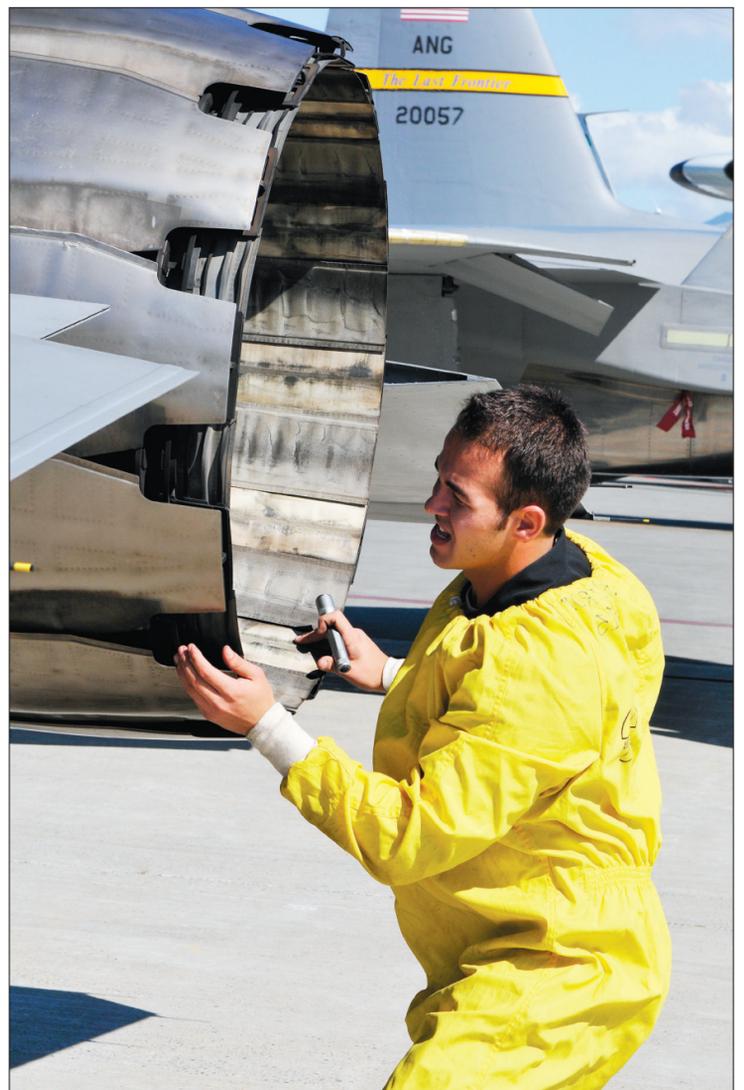
LEFT: A Warbirds pilot wearing a period hat and flight jacket takes a moment to reflect in the cockpit of a T-6 Texan trainer aircraft. The Warbirds act included a B-25 Mitchell Bomber, an A6M Zero fighter and a number of Texans. (Black and white photo courtesy of Charleston Premier Photography)



ABOVE: A boy stops to marvel at the enormity of a B-52 Stratofortress Sunday during the Arctic Thunder 2012 Open House. (U.S. Air Force photo/Staff Sgt. Cynthia Spalding)

RIGHT: Air Force Maj. Henry Schantz, Air Combat Command F-22 Demonstration Team chief, hovers a 3rd Operations Group F-22 Raptor during a demonstration Sunday at the Arctic Thunder 2012 Open House. (U.S. Air Force photo/Staff Sgt. Zachary Wolf)

FAR RIGHT: Senior Airmen Adam Roberson, 18th Aircraft Maintenance Unit, Eielson Air Force Base, inspects an Aggressor F-16 Fighting Falcon Friday upon arrival for the Arctic Thunder 2012 Open House. (U.S. Air Force photo/Steven White)



# Command Emphasis

## Garrett marks Antiterrorism Month, calls for vigilance

By Army Maj. Gen. Michael Garrett  
U.S. Army Alaska commanding general

Antiterrorism is a Department of Defense directed program. In order to increase awareness of the AT program, AT training, and suspicious activity reporting procedures, Headquarters Department of the Army has proclaimed August 2012 as AT Awareness Month.

The AT program is a collective, proactive effort focused on the detection and prevention of terrorist attacks against DoD personnel, their families, facilities, installations, associated infrastructure critical to mission accomplishment, as well as, the preparations to defend against an attack and plan for the response to the consequences of terrorist incidents.

I support this proclamation and challenge all of us to continue to train, educate, inform, and empower our military communities to become more active team participants in defending against terrorist acts that may be directed at our military personnel, installations, facilities, and communities.

Antiterrorism is the defensive element of combating terrorism and relies upon both you and I to deny the enemy surveillance opportunities and information needed to carry out a terrorist attack plan. As we all know, a successful antiterrorism program must contain many elements including, but not limited to: risk management, planning, training, education, awareness, exercises, resource generation, comprehensive program review and an aggressive random antiterrorism

measures program.

As antiterrorism education and awareness is critical to our defense, I encourage all to strive for enhancement of our Soldiers', civilians', and family members' understanding of the nature of terrorism and the potential for terrorist attacks on our Alaska military installations, stand-alone facilities and units, not only throughout the year, but, particularly throughout the month of August.

I strongly believe that ensuring protection from terrorist acts is only successful by integrating antiterrorism principles with constant antiterrorism awareness into all of our activities and missions. Consequently, I encourage all of you, including family members and civilian employees, to be ever vigilant.



Courtesy graphic

## California National Guard Civil Support Team supports Alaska

By Army Staff Sgt.  
Karima Turner  
Alaska National Guard  
Public Affairs

Twenty-one Soldiers and Airmen from the California National Guard's 95th Civil Support Team came to Alaska last month to train and provide support to the state of Alaska.

The 95th CST, based in Hayward, Calif., traveled to Alaska July 13 to fill in for the Alaska National Guard's 103rd CST, which was headed to Volk Field, Wis., for the National Guard's Joint Patriot Exercise.

"California, Florida and New York have the luxury of having two civil support teams each where the rest of the states and territories have one," said Army Lt. Col. Zac Delwiche, California National Guard, 95th CST commander. "This allows us the opportunity to backfill Alaska since the Alaska 103rd Civil Support Team is now in Wisconsin on another major exercise."

While in Alaska, the 95th CST took advantage of Alaska's unique environment to conduct a joint-training exercise with the U.S. Army Alaska 95th Chemical Company based at JBER.

The exercise scenario focused on a chemical explosion, hasty reconnaissance of the location, a presumptive chemical identification, and the location, evaluation, evacuation and decontamination of casualties.

"The exercise gave us a variety of skill sets to interact with," Delwiche said. "We're a civil support team for the National Guard, yet we're interacting with an active-duty Army chemical company."

"They're used to operating in more of a tactical environment, where we're used to working with an incident commander in a civil authority's environment," he explained. "We merged those assets because in a real-world event it's likely that the incident commander could call upon both types of units to respond to a mass casualty chemical incident such as the one we conducted."

In addition, the Soldiers and Airmen responded to an exercise inject, having to travel to a clandestine lab in which simulated biological weapons had been created with the intention of poisoning a salmon run.



Sgt. 1st Class Garrick Whitley, California National Guard 95th Civil Support Team (Weapons of Mass Destruction), a native of Aberdeen, Md., is promoted to his current grade in the CS gas chamber. (U.S. Air Force photo/Percy Jones)



LEFT: Army Staff Sgt. Long Nguyen, California National Guard, 95th Civil Support Team (Weapons of Mass Destruction), survey team chief, dons a protective mask in preparation to enter a simulated chemically-contaminated building. (U.S. Army photo/Staff Sgt. Karima Turner)

FAR LEFT: Soldiers from the California National Guard 95th Civil Support Team (Weapons of Mass Destruction), prepare to enter the tear gas chamber during joint operations. (U.S. Air Force photo/Percy Jones)

"I thought the exercise was put together very well," said Spc. Kristopher Chelini, 95th CST, survey team member. "It's nice to be able to work with another unit and see how we can bolster each other's strengths and cover each

other's weaknesses."

During the clandestine lab inject, the 95th CST sent in survey teams to collect samples of biological hazards, allowing local civilian authorities the ability to react appropriately to the threat.

"Whether it's a civilian agency working with the military or different military components working together, the integration of different teams working together is by far the best benefit of any of these drills," said Army Maj. Michael

Sather, California National Guard, 95th CST deputy commander and exercise incident commander. "I'm very happy with the way the exercise was designed and executed. I think it was outstanding, and they did a very good job."

## Band

From Page A-1

active-duty Army Band that is on annual block leave.

"It's all joint force, and I think it's great to work with them," said Senior Master Sgt. Gail Tucker, Band of the Pacific-JBER manager. "The more we can do to work together, the better it is. We have given them some places to play in town and it's great that we can help each other out."

"Just seeing the impact we could have is fascinating," Tucker said.

As the only tri-located Air Force Band, according to the Pacific Band's website, the United States Air Force Band of the Pacific serves Pacific Air Forces' ceremonial, Airmen morale, and commanders' outreach needs and objectives throughout an area of responsibility. The AOR spans the Pacific Ocean – from the Arctic Circle to Australia, and from the Polynesian Islands to the east coast of India, to include all of Southeast Asia.

The parent unit was stationed at JBER, where the commander maintained the band's headquarters. Small detachments are currently located

at Joint Base Pearl Harbor-Hickam, Hawaii, and at Yokota Air Force Base, Japan, Tucker said.

According to the band's website, "The U.S. Air Force Band of the Pacific's Greatlanders Jazz Band from JBER has played its last notes in Alaska. The 14-member little big has been relocated to Yokota Air Base, Japan as part of a unit reorganization directed by Headquarters Pacific Air Forces."

"With that went the parent organization status and the commanders slot, there was such a need for a larger presence in Yokota, particularly jazz," Tucker said. "There is a real love of American jazz by the Japanese people."

The Air Force Band of the Pacific located on JBER will be the only band closing in PACAF.

The remaining members from the Top Cover and Alaska Brass still on JBER will be relocated to other bands throughout the Air Force that are currently organizing.

"We are going to do everything we can to have a presence here this year but also to let folks know that were not going to be here anymore," Tucker said. "In about a year from now we will shut the doors."



Members of the 96th Army Reserve Band pose behind their drum major Army Staff Sgt. Gagnier at JBER's Elimendorf Museum Monday. The U.S. Army Reserve Band filled in for the Band of the Pacific during their activation. (U.S. Air Force Photo/ Airman 1st Class Omari Bernard)





# Briefs and Announcements

## Disposition of effects

Army 2nd Lt. Zachary Schultz, 1st Battalion (Airborne), 501st Infantry Regiment, is authorized to make disposition of personal effects of Staff Sgt. Carl Hammar, 1-501st Inf., as stated in Army Regulation 638-2.

Any person or persons having claims for or against the estate of the deceased should contact Schultz at (321) 258-0981.

## Dining facility restriction

In accordance with wing policy, use of the Iditarod Dining Facility will be restricted until Aug. 21.

Authorized patrons include enlisted members, commanders, meal card holders and personnel on official temporary duty orders. All others are not authorized to use the Iditarod Dining Facility during these dates due to Red Flag.

## Road closures

Richardson Drive and 1st Street is closed – Richardson closed from Quartermaster Drive to First Street; and First Street closed from Richardson Drive to A Street – from Sunday through Oct. 4 for the installation of a new storm sewer. Access will be maintained to the gas station and credit union parking areas.

Sixth Street is closed from Dyea Avenue to Hoonah Avenue until Aug. 19 for Doyon construction.

Dyea Avenue is closed from Fifth to Sixth streets until December for housing construction.

Juneau Avenue is closed near Fifth Street until March 15, 2013, for housing construction.

Alpine Avenue and Birch Hill Drive near Alpine Avenue will be closed until February for housing construction.

Seventh Avenue is closed between Beluga and Dyea avenues until April 15, 2013.

## Library closure

The JBER Library will be closed from Saturday through Sept. 3 for upgrades.

Patrons who are clearing the installation can go to Room 112 of the Education Center (Library Building) between 9 a.m. and 6 p.m.

Materials can be returned in the drop box outside the building.

For more information, call 384-1640.

## Air Force ROTC instructors wanted

Eligible first lieutenants, captains and majors interested in teaching future Air Force officers must indicate that interest on their statement of intent, via the Airman Development Plan.

Fully-coordinated, approved application packages are due to Air Education and Training Command by Aug. 10.

Lieutenants must have at least a year in grade and three years of commissioned service. All applicants must have four years on station by June 2013, or be in a mandatory move status during summer 2013 or have a Jan.-May 2013 date eligible for return from overseas.

Applicants must also have superior performance records, and some universities require a master's degree, so applicants should note that before listing their duty preferences. Before applicants can submit their packages to AETC, they must be released from their career field.

For full application package instructions, visit <https://mypers.af.mil>.

## Public Health closures

Public Health closes the first Thursday of the month from 1 to 4:30 p.m. and the third Thursday of the month from noon to 4:30 p.m. every month. For more information, call 580-4014.

## Arctic Watch

The JBER Antiterrorism Office encourages all personnel to be vigilant against threats and report suspicious activities to iWatchArmy at 384-0824 or Eagle Eyes at 552-2256.

## School physicals

The 673d Medical Group is offering physicals by appointment only for school and sports. Physicals are valid for one year. To schedule an appointment, call 580-2778.

## U-Fix-It Store

The U-Fix-it Store is located in Building 706 and is open to all Aurora Military Housing tenants.

Assorted items for maintaining your home may be issued from the U-Fix-It Store.

The items available are subject to change and limits and some may have a cost. There are also American flag kits, and fire extinguishers available. U-Fix-It work includes all home maintenance activities.

Its purpose is to allow the occupant to make minor improvements and repairs to their home and cut down on the amount of service orders at maintenance.

This allows tenants to do work in their homes themselves, thus improving the appearance of the interior as well as the exterior of the home. There are two stores located on base.

The JBER-Elmendorf location is 6350 Arctic Warrior Drive and it is open 8:30 a.m. to 5:30 p.m., Monday through Friday and Saturday, 9 a.m. to noon and 1 to 4 p.m. (closed for lunch noon to 1 p.m.).

The JBER-Richardson location is Building 706 1st St., open from 8:30 a.m. to 5:30 p.m., Monday to Friday.

A window blind cleaning machine is currently located at the JBER-Elmendorf location.

A "reservation required to use" policy is in place with the priority going to military members PCS-ing. For more information, call 375-5540.

## MiCare registration

MiCare, the online personal health record and secure messaging application, has been available to patients and medical group staff at Joint Base Elmendorf-Richardson since December.

More than 2,400 patients have already signed up to take advantage of the ability to communicate with their primary care clinicians online.

Registered patients also have access to electronic records, allowing them to view and maintain their health records.

The 673d Medical Group is the first Air Force site to test this system.

Once registered, patients have the ability to participate in the study by completing a short series of surveys during the course of the next year.

This provides an opportunity

for all active-duty, retired and dependent patients to have an impact on shaping the future of Air Force health services.

To register, visit the Military Treatment Facility, where enrollment specialists are available in each primary care clinic.

All beneficiaries who are enrolled in the family health, pediatrics, flight medicine and internal medicine clinics are eligible to participate. Patients need to show a military identification card and provide information, including name, social security number, birthday and email address.

The enrollment specialist will enter the information and patients will receive an email which contains a link and instructions for completing the process.

## Find housing

Visit the Automated Housing Referral Network at [www.ahrn.com](http://www.ahrn.com) to find housing before packing up.

Sponsored by the Department of Defense, the website listings include available community rentals, military housing, shared rentals, temporary lodging and military for sale by owner listings.

Listings include property descriptions, pictures, maps, links to local schools, and contact information.

Service members who would like to rent their homes, sell their homes, or are looking for another service member as a roommate in their current homes, may post an ad free of charge on the site.

For more information, call 552-4439.

## Rental Partnership

The Rental Partnership Program at Joint Base Elmendorf-Richardson is available to all eligible active-duty members and consists of two options.

The first option, RPP Plus, includes utilities and sometimes cable costs providing an easier budget with a set rental payment year round.

The other option, RPP 5 Percent Below Market, saves the member five percent off the rental fee that other tenants pay however utilities are paid for by the tenant.

Both options are made avail-

able with no deposits or fees to the member with the exclusion of pet fees as it may apply.

This program is designed to provide active-duty military personnel, enlisted and officers, accompanied and unaccompanied with affordable off-base housing.

An allotment must be executed under either option of the RPP for the rental payments which is made directly to the landlord resulting in a more trouble free transactions.

JBER-Elmendorf can see RPP officials at the Capital Asset Management Office, Building 6346, Arctic Warrior Drive, or call at 552-4328 or 552-4374 for further information and assistance regarding this program.

At JBER-Richardson, visit the Housing Management Office, Building 600, Richardson Drive, or call at 384-3088 or 384-7632.

## Mortgage relief

Policies are in effect to provide significant housing relief to thousands of service members and veterans who have faced wrongful foreclosure or been denied a lower interest rate on their mortgages.

Service members and their dependents who believe that their Service Member Civil Relief Act rights have been violated should contact their servicing legal assistance office – 552-3046 at JBER-Elmendorf office, and 384-0371 for the JBER-Richardson office.

Additionally, information and referral services regarding the mortgage relief plan can be obtained at the JBER Military and Family Readiness Center, 552-4943.

## Home buyer's seminar

The 673d Civil Engineer Squadron Capital Asset Management Office offers a first-time home buyer's seminar two times each month through the Volunteer Realtor Program.

The seminar covers home loan prequalification, negotiations, offer acceptance, inspection, title search, available types of loans, and the closure process as well as many other aspects of interest to a prospective home owner.

If interested in becoming a home owner and wish to attend, please call 552-4439 to be included on the sign-up sheet.







# Vacation Bible School

JBER children spend a week learning at the chapel, Page B-4

# Arctic Oasis barber

Cindy Lundquist has been trimming hair on base for 15 years, Page B-6

www.jber.af.mil/news

# COMMUNITY

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August 3, 2012

# ARCTIC THUNDER



ABOVE: Jonathan Jones, 3, ensures his hearing is protected during the Arctic Thunder 2012 Open House July 28. (U.S. Air Force photo/David Bedard)  
ABOVE RIGHT: A child gets an up-close look at a Civil Air Patrol Piper Cub at the Arctic Thunder 2012 Open House. Guests from all around Alaska visited the installation to watch the airshow and see in person the capabilities and performance of Alaska's military. (U.S. Air Force photo/1st Lt. Joel Cooke)

ABOVE: Tucker Daniel, left, and Joshua Unruh, right, watch as 'AIRSHOW' is being written during during the biennial Arctic Thunder Open House. Daniel and Unruh are members of the Boy Scouts of the Boy Scouts Troop 204 from North Carolina. (U.S. Air Force photo/Staff Sgt. Robert Barnett)



ABOVE: Guests watch the aerial acts at the Arctic Thunder Open House at JBER July 28. (U.S. Air Force photo/Steven White)  
ABOVE RIGHT: Children got to explore Humvees, airplanes, and other equipment under the careful supervision of Soldiers who explained the equipment. (U.S. Air Force photo/Percy Jones)  
RIGHT: Air Force Maj. Caroline Jensen, Thunderbirds pilot, signs autographs at the event. (U.S. Air Force photo/Steven White)  
BELOW: Some families chose to sit in the grass picnic-style. (U.S. Air Force photo/Johnathon Green)



## Referrals made easy by TriWest

By Brian P. Smith  
TriWest Healthcare Alliance

You went to your primary care manager and she suggested you go see a specialist.

Whether this is your first referral or your 50th, having all your information before making the appointment can save you time and money.

When your referral request is authorized, TriWest will let you know the name and contact information of your network specialist, and the expiration date of your referral.

You contact the network specialist and make your appointment. Network providers will submit claims to TriWest and send any results back to your primary doctor.

TRICARE Standard and TRICARE Extra plans don't require referrals or primary care managers.

Register for a TriWest.com account, and you will receive an email when your referral is processed – usually within a day or two of your primary doctor submitting the request. Then, you can log into your TriWest.com account to view your specialist. Go to [TriWest.com/Register](http://TriWest.com/Register).

You can also choose to get a letter with your specialist information, but that could arrive 10 days after the request is made.

If you don't go to a TRICARE network specialist (or the military clinic if you're assigned to go there), you could end up paying out-of-pocket for your care.

If you're wondering if there are network specialists near you, you can use TriWest's provider directory.

When you're at your desktop or laptop, go to [TriWest.com/ProviderDirectory](http://TriWest.com/ProviderDirectory). When you're on the go, bookmark [m.TriWest.com](http://m.TriWest.com) in your mobile device to use the interactive provider directory.

# All the little things add up in life

Commentary by Jim Hart  
JBER Public Affairs

When I was training to be a broadcaster at the Defense Information School, there was an incident involving some prior-service noncommissioned officers and an Initial Entry Training Soldier.

They had been partying, gotten drunk and, in their compromised state, decided to do some mean things to the private who had passed out (involving duct tape and water-based paint).

They got caught. It was an enormous blow to morale for the IET troops.

They had learned to look up to NCOs and look to them. That worldview had crashed because of an evening of indiscretion. It was a mess.

What I couldn't know was how my lack of complicity would figure into it.

While everything was being sorted out over the coming week, a young female Soldier came up to me and asked, "Specialist Hart, you didn't have anything to do with this, did you?"

I told her I hadn't. "Good. We were hoping you weren't involved, too."

In Christianity, scripture teaches that you become a new person in Christ – that your taste for sinful acts diminishes greatly.

This doesn't mean you become sinless, rather, debauchery and other things counter to God's word are foreign to your character. Imagine if I had participated.

What would that say about my faith? About God? If my God has no authority in my life, how can I say he is real?

Let's take this to a new level. Columbine High School, April 20, 1999. Eric Harris and Dylan Klebold killed 12 students

and a teacher, reportedly laughing as they did it.

Few would argue the demonic qualities of this event.

One of the girls killed was a relatively new Christian with an equally dark past.

She too had fantasized about mass killings, but she came to faith at a youth camp – her heart was changed.

The note she penned to a friend the night before her death said it all: "Honestly, I want to live completely for God. It's hard and scary, but totally worth it."

There are new believers all over the world, and many believe at their physical peril.

Many hundreds of them are martyred for their faith every year, frequently by beheading, stoning, or being burned alive – simply because they will not recant their faith.

There are numerous accounts of new converts in the Middle East who are brutally murdered in the name of God.

This is reminiscent of John 16:2, "They will make you outcasts from the synagogue, but an hour is coming for everyone who kills you to think that he is offering service to God."

Of course, one of the most poignant stories of faith to the end is the familiar story in Daniel 3, where Shadrach, Meshach and Abed-nego (their Babylonian names) were commanded to worship the statue in direct

violation of God's commandments.

When pressed by the king (who threatened to throw them into the furnace) they replied, "...O Nebuchadnezzar, we have no need to answer you in this matter. If this be so, our God whom we serve is able to deliver us from the burning fiery furnace, and he will deliver us out of your hand, O king. But if not, be it known to you, O king, that we will not serve your gods or worship the golden image that you have set up."

These stories of faith unto death humble us, but they should also serve as a stark reminder.

While everyone remembers the last big play of the game, we should also remember that every advance on the field built up to that.

While many of us pray we will have the faith to die with Christ, we forget that the outworking of our faith should be in our ability to live with him and in him.

Clearly, in Columbine, the new believers around the world and in the case of Daniel's contemporaries, their God was real.

As believers in the West, we should pray he is real to us every day, especially when it counts.

For that Soldier looking for someone she could trust, my obedience to God counted very heavily.



## August is Antiterrorism Awareness Month on JBER

By David Carroll  
JBER Antiterrorism Office

Terrorism remains a threat to our nation, our military forces, and our communities.

Worldwide since 2001, the frequency of terrorists targeting against military personnel and facilities has increased substantially.

Although the majority of planned or attempted attacks have been disrupted by law enforcement, too many have been carried out successfully.

Our joint base environment affords us a unique opportunity to observe, learn and share antiterrorism expertise between the agencies represented on JBER.

August is designated as Antiterrorism Awareness Month, when special emphasis is placed on maximizing vigilance and readiness through training, education, and information campaigns so all personnel and resources are properly protected.

Across JBER, commanders at all levels are responsible for ensuring AT programs are established, active and tailored to meet their individual unit requirements.

Additional actions are also required when people travel overseas, when units host special events, or when information suggests a terrorist attack may be more predictable.

Although the ultimate responsibility rests

with commanders, it takes the combined efforts of the entire JBER community to truly make any AT program effective.

Regardless of age, background, or experience, everyone can assist in combating terrorism by remaining vigilant of their surroundings and immediately reporting any suspicious people, activity or circumstances.

Some of the more common indicators include people asking security-related questions, lengthy loitering, taking photos or drawing sketches of important buildings or entry points, wearing clothing too big or bulky for the season, packages or bags emitting a strong or unknown chemical odor, and unattended vehicles left in places they

do not belong.

Any of these or other indicators should be reported immediately using JBER Arctic Watch – either iWatch at 384-0823 or Eagle Eyes at 552-2256.

Only through involvement, continuous vigilance and timely reporting of suspicious activity can we hope to eliminate future terrorist attacks and maintain the safety, security, and readiness of our joint team.

For more information on the program, specific travel or event planning requirements or AT posters and materials, please contact your unit AT officer directly or the JBER Antiterrorism Office at 384-2399 or 384-2437.

FSS EVENTS & ACTIVITIES

### FREEBIES



**END OF SEASON FISH FRY**  
AUGUST 4 • 5 - 10 P.M.  
THE ARCTIC CHILL  
BLDG. 655 • 384-7619



**FREE FAMILY CLINIC**  
AUGUST 7  
MOOSE RUN GOLF COURSE  
BLDG. 27000 • 428-0056



**ICE CREAM SOCIAL**  
AUGUST 10 • 3 P.M.  
PARENTS COME AND ENJOY A DELICIOUS ICE CREAM WHILE GETTING TO KNOW WHAT IS GOING ON IN YOUR CHILD'S CLASSROOM.  
TALKEETNA • 384-0696  
KODIAK • 384-1510  
DENALI • 552-8304  
SITKA • 552-6403  
KATMAI • 552-2697

### FUN FOR EVERYONE



**CRUISIN' DISCOUNTS**  
DAY CRUISES ARE THE BEST WAY TO ENJOY PRINCE WILLIAM SOUND & KENAI FJORDS NATIONAL PARK  
INFORMATION, TICKETS & TRAVEL  
BLDG. 9497 • 552-0297 / 753-2378



**SPIN TO WIN**  
BARGAIN BASEMENT BOWLING  
THURSDAYS • 5 - 9 P.M.  
\$7 per person, unlimited games  
GET A NATURAL STRIKE WITH A READ HEAD PIN AND SPIN TO WIN GIFT CARD PRIZES!  
POLAR BOWL  
BLDG. 7176 • 753-7476

# Community happenings

**THROUGH SUNDAY  
SeaFest Weekend**  
The Alaska SeaLife Center in Seward features live music, a 5K run/walk, and a chance to visit puffins, identify plankton, scavenger hunts and much more for the whole family.  
For more information call 224-6397 or visit [alaskasealife.org](http://alaskasealife.org).

**WEDNESDAY AND THURSDAY  
Alyeska blueberry festival**  
Celebrate the lush blueberry season with this family-oriented outdoors event.  
With more than two dozen booths in the Hotel Alyeska Pond courtyard, live music, and all the blueberry concoctions you can try, this festival is a yearly hit.  
Find your own stash of berries to pick.  
For information, visit [www.alyeskaresort.com](http://www.alyeskaresort.com) or call (800) 880-3880.

**AUGUST 13 THROUGH 16  
Oil painting class**  
Learn to create compelling and vibrant landscape art in oil paints with this class on color-mixing to achieve depth, distance and atmosphere.  
Hosted at the Anchorage Museum from 6:30 to 9 p.m.  
For information, call 929-9280 or visit [www.anchoragemuseum.org](http://www.anchoragemuseum.org).

**AUGUST 17  
Greek Festival**  
Celebrate the best of Greek culture in Alaska at the 18th Annual Greek Festival.  
Traditional foods including lamb and vegan offerings and pastries meet up with Greek folk music and dance lessons.  
Greek books, jewelry and more are available, and plenty of activities for the younger crowd are hosted by the Holy Transfiguration Greek Orthodox church on O'Malley Road.  
For information visit [www.alkgreekfestival.com](http://www.alkgreekfestival.com).

**AUGUST 18  
Autumn Wings festival**  
Join Bird TLC for a celebration of birds, wildlife, the outdoors, and Alaska's autumn.  
A live bird program featuring eagles, owls, falcons, hawks, corvids and songbirds, a bird-calling

contest, and the release of a rehabilitated eagle are just a few of the activities planned.  
For more information, visit [birdtlc.net](http://birdtlc.net) or call 562-4852.

**AUG. 23 THROUGH SEPT. 3  
Alaska State Fair**  
Visit the Palmer Fairgrounds for the 76th annual state fair. As usual, agriculture, produce, food, friends and family take center stage.  
Live music is also a hit; this year's lineup includes Styx. For information visit [alaskastatefair.org](http://alaskastatefair.org).

**AUG. 31 THROUGH SEPT. 2  
Girdwood Fungus Fair**  
This celebration of edible fungus features scientists from around the Pacific Northwest as well as instructors who specialize in mushroom dyes, naturalists and mushroom cultivation.  
Learn to identify which mushroom are edible and which are dangerous at the Alyeska Resort.  
For information visit [www.fungusfair.com](http://www.fungusfair.com) or call 754-2348.

**SEPT. 7  
Mardi Gras Downtown**  
Re-creating Bourbon Street on Fourth Avenue, this block party features local celebrity chefs with authentic Cajun cuisine, live music, street performers and much more from 5 p.m. until 10 between K and L streets on 4th Ave. in downtown Anchorage.

**SEPT. 8  
Vertical Challenge**  
The 5th Annual Climb-A-Thon is an endurance event in which contestants walk, hike and run up the steep North Face Trail of Mount Alyeska and ride the tram down as many times as possible from 9 a.m. until 7 p.m.  
Top competitors have climbed more than 20,000 vertical feet – equal to climbing Mount McKinley, but with only 10 hours in which to do it.  
For information, visit [www.alyeskaresort.com](http://www.alyeskaresort.com).

**Glenn Beck**  
Talk radio and television star appears at the Dena'ina Civic and Convention Center with his unique brand of political and historical discourse.

For more information call 263-2850 or visit [ticketmaster.com](http://ticketmaster.com).

**SEPT. 8 AND 9  
Great Alaska Quilt Show**  
A large variety of quilts made by members of the quilt guild are on show, from bed-sized to small art quilts, wearable quilt art, and playful quilts at the ConocoPhillips Auditorium.  
A silent auction and a raffle drawing mean you can end up with a quilt of your own.  
For information, visit [anchoragecabinquilters.blogspot.com](http://anchoragecabinquilters.blogspot.com).

**THROUGH SEPT. 30  
Science on McKinley**  
"Ascent 20,320" looks at Mount McKinley through the lens of scientific expeditions from the first successful summit in 1913 to attempts to create a high-altitude scientific camp. National Geographic expeditions also feature in this Anchorage Museum display.  
For information, call 929-9200 or visit [www.anchoragemuseum.org](http://www.anchoragemuseum.org).

**ONGOING  
Sing-along at the zoo**  
Pre-school-aged children can explore the world of animals through music with musician Annie Reeves.  
Children can sing along with the guitar, or play with the musical instruments for kids.  
Sing-alongs are at 10:30 a.m. Mondays at the coffee shop greenhouse.  
For information email [klarson@alaskazoo.org](mailto:klarson@alaskazoo.org).

**Wired Cafe for Airmen**  
The Wired Cafe is located at 7076 Fighter Dr., between Polaris and Yukla dormitories.  
The cafe has wireless Internet and programs throughout the week for single Airmen living in the dorms.  
There are free homestyle meals Fridays at 6 p.m. at the cafe.  
For information, call 552-4422.

**Model railroading**  
The Military Society of Model Railroad Engineers meets at 7 p.m. Tuesdays and 1 p.m. Saturdays in basement Room 35 of Matanuska Hall, 7153 Fighter Drive.  
Anyone interested in model

railroading is invited.  
For information about meetings, work days, and shows, call 552-5234, visit their site at [www.trainweb.org/msmre](http://www.trainweb.org/msmre) or email [bjorgan@alaska.net](mailto:bjorgan@alaska.net).

**Motorcycle training**  
The Basic Rider Course, Basic Rider Course 2 and Military Sport-bike Rider Course are now accepting applications.  
All military personnel and those civilians who use motorcycles as a duty requirement need to be certified.  
To register, visit [www.militarysafepmv.com](http://www.militarysafepmv.com) and select Elmendorf-Richardson, or contact the safety office at 552-5092 or 552-6850.

**Experience the Aurora**  
It's the next best thing to the Alaska winter sky – and a lot more comfortable than standing around in a parka.  
The Anchorage Museum's planetarium provides an immersive show that explains the science behind the Aurora Borealis or Northern Lights.  
The show projects time-lapse footage of the lights in the Arctic Circle.  
For more information, call 929-9200 or visit [anchoragemuseum.org](http://anchoragemuseum.org).

**Spennard Farmer's Market**  
Under the windmill between 25th and 26th avenues, you can find everything made, caught or grown in Alaska.  
Fresh oysters, organic bread, vegetables, flowers and reindeer sausage are just a few of the offerings on tap every Saturday from 9 a.m. to 2 p.m. through Sept. 29.  
For information call 563-6273 or visit [www.spennardfarmersmarket.org](http://www.spennardfarmersmarket.org).

**Anchorage Market**  
More than 300 booths offer a host of items weekends from 10 a.m. to 6 p.m. at the 3rd Avenue and E Street parking lot.  
With free lively entertainment and food vendors, the Anchorage market is a family-friendly outing every weekend through the end of September, which is rapidly approaching – so visit now.  
For information, visit [www.anchoragemarkets.com](http://www.anchoragemarkets.com).

## Chapel services

**Catholic Mass**  
**Sunday**  
9 a.m. – Soldiers' Chapel  
10:30 a.m. – Elmendorf Chapel 1

**Monday through Friday**  
11:40 a.m. – Soldiers' Chapel  
**Monday, Tuesday, Wednesday and Friday**  
11:30 a.m. – Elmendorf Chapel Center  
**Thursday**  
11:30 a.m. – Hospital Chapel

**Confession**  
**Saturday**  
6 p.m. – Soldiers' Chapel  
**Monday through Friday**  
Before/after 11:40 Mass – Soldiers' Chapel

**Protestant Sunday Services**  
**Joint Liturgical Service**  
9 a.m. – Elmendorf Chapel 2  
**Traditional Service**  
9 a.m. – Elmendorf Chapel 1  
**Contemporary Protestant Service**  
11 a.m. – Soldiers' Chapel  
**Gospel Service**  
Noon – Elmendorf Chapel 1  
**Contemporary Protestant Service**  
5 p.m. – Elmendorf Chapel 1

**Buddhist**  
**Soka Gakkai Goshu**  
7 p.m., first Friday of the month – Chapel Center (10427 Kuter Ave.)

**Road Warriors running**  
Military, family members and civilians alike are welcome to train and get involved with running, biking and swimming events.  
For events and more information, check the Road Warriors (Alaska) Facebook page or call 384-7733 or 552-1361.

FSS EVENTS & ACTIVITIES

**SKILL BUILDING**



**RIFLE RELOADING CLASS**  
AUGUST 3 · 5 P.M. · \$5  
JBER ELMENDORF OUTDOOR RECREATION BLDG. 7301 · 552-2023



**ORIGINAL WORKS**  
UNTIL AUGUST 20 · ALL CDC'S  
COME AND ORDER YOUR CHILD'S ARTWORK ON TEE-SHIRTS, MUGS, MOUSE PADS, KEY CHAINS, APRONS ETC. TO RAISE MONEY FOR THE JBER PARENT ADVISORY BOARD  
TALKEETNA · 384-0696  
KODIAK · 384-1510  
DENALI · 552-8304  
SITKA · 552-6403  
KATMAI · 552-2697

**GET OUT THERE!!!**



**MONTANA CREEK GUIDED SILVER SALMON TRIP**  
AUGUST 4, 11 & 17 · 6:30 A.M. - 5 P.M. · \$99  
JBER RICHARDSON OUTDOOR RECREATION BLDG. 794 · 384-1475/76



**JIM CREEK GUIDED SILVER SALMON TOUR**  
AUGUST 7, 8, 14, 15, 21 & 22 · \$125  
TIME TO BE DETERMINED (TIDAL DEPENDENT)  
JBER RICHARDSON OUTDOOR RECREATION BLDG. 794 · 384-1475/76



**FISHING AND HUNTING LICENSES**  
ORCA HAS ALASKA FISHING AND HUNTING LICENSES FOR SALE. WE ALSO HAVE FISHING AND HUNTING REGULATIONS. WE DO NOT HAVE BIG GAME TAGS  
JBER ELMENDORF OUTDOOR RECREATION BLDG. 7301 · 552-2023



# VACATION **BIBLE** SCHOOL

## JBER youth get together at Chapel One for a week

By Air Force Staff Sgt. Robert Barnett  
JBER Public Affairs

The Chapel Center conducted Vacation Bible School at Chapel One on JBER from July 30 through Aug. 3.

The event combined Protestant and Catholic denominations for the week-long vacation.

"We had 70 volunteers," said Heidi Ayers, volunteer director of VBS. "That doesn't include the chaplains that come daily to pray with the kids. And we had 180 registered children."

The program was offered to all school-age children, kindergarten through sixth grade.

Older children, teenagers and adults volunteered their time and services to help make the event a success.

The volunteer positions included teachers, team leaders, mentors, musicians, choir, actors and more.

"The theme this year was 'Fly, Everything Is Possible With God,'" she said. "The idea is to teach children that they can trust God no matter who they are, how they feel, or whatever circumstances they face."

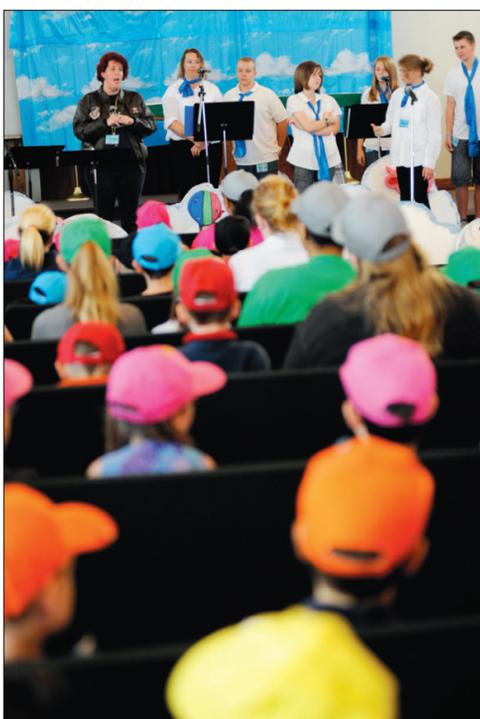
The program also raised funds to provide mosquito bed-netting to Mali, a country in Africa afflicted with malaria.

"Not only are we teaching the children to look for God-sightings in the creation around us," she said, "but we are teaching them that they can be God-sightings for the Mali children by raising money to buy the mosquito nets."

The event was considered a success, due largely to the number of people that participated, she said.

"We have been hugely blessed with the number of volunteers and their dedication," she said. "We couldn't run this without the volunteers."

**RIGHT: More than 180 children attended Vacation Bible School at Chapel One on JBER July 30 through Friday. The event was supported by members of the Army and Air Force as well as many volunteers.**



**ABOVE: Children and volunteers play outside during Vacation Bible School at Chapel One on JBER. The event was conducted by the base Chapel Center and was supported by members of the Army and Air Force as well as more than 70 volunteers. The event ran from July 30 through Friday. BELOW: Children make the American Sign Language signs along with a song during the musical worship portion of Vacation Bible School. (U.S. Air Force photo/Staff Sgt. Robert Barnett)**





# Barber is a 15-year fixture at JBER's Arctic Oasis

By Air Force Staff Sgt. Robert Barnett  
JBER Public Affairs

When pilots, commanders or children have busy days and need a quick haircut, many turn to a barber shop in a corner of the Arctic Oasis Community Center on JBER.

One barber there has served the community for more than a decade, and has collected more military coins than some military members.

"I've been here on base for 15 years," said Cindy Lindquist, hair stylist and barber for Paradise Cuts. "I've been barbering throughout that time."

She started out in a warmer climate.

"I'm originally from Texas," she said. "I'm a Texas girl, born and raised in West Texas out in El Paso."

From Texas, life eventually brought her a bit further north to Minnesota, where she found it too cold, she said.

"We moved here from northern Minnesota," she said. "My husband's from Minnesota. We came here because it was much warmer here. We wanted a change from Minnesota; it was just getting too cold. I like being here; summers are great. Summers are awesome; they are hot and humid in Minnesota, so I like it here."

Lindquist is no stranger to the military.

"My husband spent some time in the Army, and then got out and finished school," she said. "My oldest son is in the Air Force Reserve, he had a plan when he got out of high school; we supported him."

Although she has never been in the military herself, she did focus on her career. After nine months of cosmetology school, she got her license and got to work.

After catering to women's hair, Alaska offered her a change and she took it.

"I switched over to men's hair when we moved here," she said. "I like doing men's hair a lot better. It's easier to please. I love doing women's hair, it just takes a lot longer, and they are more indecisive." She laughed, "I can say that because I'm a woman, so I can speak from a woman's view. The guys get a big kick out of that."

The fact the job was located on a military base never slowed her down.

"As long as you have your contractor's license, you can get a job doing hair on a government facility," she said. "They put an ad in the paper; they had to come to the gate and pick me up to interview me. And once I was hired, I get a contractor's license so I can come on base to work."

Like many jobs, she didn't start out in her favorite position.

"I worked for AAFES the first 10 years I was on base," she said. "I was the assis-

tant manager over at the Base Exchange for quite a while. I was over there for five years, and then I moved over to the log cabin, which used to be across the street from headquarters. They tore that down."

Finally, she ended up at Paradise Cuts.

"We're so tucked in here, not everybody knows us here," she said. "If people come in to the Health and Wellness Center, they'll say 'wow, I didn't know there was a barber shop in there.' They don't always think of the Oasis."

The location gave her the opportunity to meet the needs of a lot of different people, from commanders to children.

She liked it so much, she continues to go out of her way to be there when needed, she said.

"I come in extra early," she said. "If the pilots are flying and they've got to get in early, I'm more than happy to be able to accommodate that. I'll stay late. If the general needs to get in late, then I'll do that, too. I'm all about customer service."

Lindquist said she takes pride in serving everyone.

"I do a ton of clientele," she said. "I cut hair for a lot of civil service guys that work in the buildings around here. I do the general's hair, I do a lot of the colonels' hair, I do pilots, I do load masters, I do mechanics; I catch a lot of the guy's who work on this side of the base. This is the closest place for them; they don't have to go all the way to the other side of base."

As the changes of command take place across the installation, the barber has been forced to say goodbye to a lot of friends, but she's also been given the opportunity to meet new ones.

"I met Colonel [Brian] Duffy, he's a real nice guy," she said. "I did Colonel [Robert] Evans' hair; he brought him in and introduced me."

It isn't unusual for her to meet commanders or chiefs at high levels, she said. Many have even awarded her with coins for outstanding service.

As with many collectors of the military coin, each has a story to tell.

"I'm a very avid coin collector," she said. "I got Chief McKinley's coin when he was



**Cindy Lindquist laughs while she gives Wally Hanson a haircut at Paradise Cuts located in the Arctic Oasis Community Center on JBER July 25. Lindquist has been a barber for more than 30 years, 15 of which have been on base, beginning as an assistant manager for the Base Exchange barber shop for two years before transferring to the community center. Lindquist has gotten to know many of the base commanders, pilots and their families as a barber with a convenient location and hours. Hanson is a retired Air Force officer. (U.S. Air Force photo/Staff Sgt. Robert Barnett)**

Chief Master Sergeant of the Air Force. He actually gave me my first coin, so I was really excited about that."

"I got one that a gentleman gave me, he was in his 80s and he was up here visiting his son. His son was a retiring and he was there for the ceremony."

"I was born in 1961 and he had a coin. He goes 'well when I go home, I'll mail that to you.' It was from this old squadron that they disbanded, and they disbanded it in 1961. So he wrote me the whole story, and when he got back to Florida he actually remembered and sent me the coin. I was like 'wow that is so cool'."

"Then I had one guy, when he was in the Air Force he was a Thunderbird. And he always goes to the reunions. So when he goes he gets some special coins. He's given me one or two of the special Thunderbird coins when he's gone to the reunions, so those are cool."

One friend even customized a coin stand for her.

"I have a stand but I've got so many it's really hard to have them on my station with all my other stuff," she said. "I mostly keep them in my drawer. A lot of them have little stories as to how I got them or who gave them to me."

The barber gets to know many of her customers on such a personal level that she attends military ceremonies to be part of the experiences and show support for her friends.

Many of her customers don't come solely for the haircut, she said.

"They come in for conversation and a haircut; it's a whole thing," she said with a smile.

"I get to know their wives and kids; it's hard when they PCS. It's very hard when they leave; you get to where you miss them very much."

Thankfully, keeping in touch isn't hard.

"I have really enjoyed Facebook, because it helps me keep in touch with a lot of the families that I've lost over the years," she said. "I mail out a ton of Christmas cards, because I like to stay in touch with them."

One regular customer, Dauson, is 4 years old.

His father, Tech. Sgt. Dustin Loughman, 176th Force Support Flight, has brought his son to Lindquist since he was old enough to get haircuts.

"I've been cutting Dauson's hair since he was tiny," she said. "You have a real bond with the family, it's an attachment, and it's always hard to see them leave."

The barber likes to keep an eye on the silver lining.

"But it's great to always know that new families come in and be taking their place," she said with a smile.







