



## Not afraid to wear pink



(L-R) Steve Kane, Dave Byrum, Bill Fisch, Justin Bragg, and Drew Stewart, with the U.S. Army Reserve Command G-2/6 Enterprise Services Division, show their support for Breast Cancer Awareness, Oct. 17, 2012, at Fort Bragg, N.C., by shaving their heads and wearing pink. Kane, whose aunt died from cancer, has been shaving his head in her memory for the past nine years. His fellow co-workers took notice and did the same for loved ones in their own families who have fought cancer.

### INSIDE THIS ISSUE



**SPARTANS**  
PAGE 2



**LEADERS**  
PAGE 5



**NCODP**  
PAGE 6



# SPARTANS FLAG FOOTBALL

The FORSCOM/USARC Spartans flag football team has a 10-1 record and is firmly in second place in their 14-team league, behind 1-319th Airborne Field Artillery Regiment - coincidentally, the only team they've lost to this season.

The league tournament is the week of Nov. 13 and the post tournament play-offs runs Dec. 3-13.

Come out and support the Spartans through their upcoming tournaments. Games are usually Tuesday and Thursday evenings at the ballfield off Gruber Road and Champion Main.

Game times vary so be sure to watch for announcements on USARC All-Hands emails.

(Right) The Spartans' William "Stew" Steward (26), closes in on the Loyalty quarterback during an intramural flag football game, Oct. 17, 2012, at Fort Bragg, N.C.



Photos by Timothy L. Hale/Army Reserve Command Public Affairs



The Spartans' Dante Steel returns a kick-off during an intramural flag football game, Oct. 17, 2012, at Fort Bragg, N.C.



The FORSCOM/USARC Spartans offensive line provides protection for quarterback Geno Fewell (2) during an intramural flag football game, Oct. 17, 2012, at Fort Bragg, N.C.



## DOUBLE EAGLE

OFFICIAL PUBLICATION OF U.S. ARMY RESERVE COMMAND  
PUBLIC AFFAIRS OFFICE, FORT BRAGG, N.C.



The Double Eagle is an authorized publication for members of the U.S. Army Reserve Command headquarters, Fort Bragg, N.C. Contents of the Double Eagle are not necessarily the official views of, or endorsed by, the U.S. Government, Department of the Army, or U.S. Army Reserve Command. The editorial content of this publication is the responsibility of the HQ USARC Public Affairs Office, Fort Bragg, N.C.

**ARMY RESERVE COMMAND TEAM**  
**Lt. Gen. Jeffrey W. Talley**  
 Chief, U.S. Army Reserve  
**Chief Warrant Officer 5 Phyllis J. Wilson**  
 Command Chief Warrant Officer  
 of the Army Reserve  
**Command Sgt. Maj. Michael D. Schultz**  
 Command Sergeant Major  
 of the Army Reserve

**DOUBLE EAGLE STAFF**  
**Col. Ernest Parker**  
 Chief, Public Affairs Division  
**Sgt. Maj. Anthony Martinez**  
 Army Reserve Communications Sergeant Major  
**Mr. Marty Martin**  
 Chief, Internal Information  
**Mr. Timothy L. Hale**  
 Editor, Double Eagle

**SUBMISSIONS:** Double Eagle invites your story ideas, photographs and other material of interest to members of the USARC headquarters. Correspondence can be sent via email to: [USARC\\_DoubleEagle@usar.army.mil](mailto:USARC_DoubleEagle@usar.army.mil). Please include Double Eagle Story Submission and your office in the subject line of your email along with a daytime telephone, your email and contact name.



# Planting the seeds of safety

We train our Soldiers to do some of the most demanding jobs while serving in some of the harshest environments in the world.

We do this safely and quite well, as evidenced by the significant drop in accidental fatalities for FY12.

Of the five accidental fatalities experienced in FY12, two were the result of off-duty Privately Owned Vehicle accidents, two off-duty Privately Owned Motorcycle accidents, and one Personal Injury Other immediately following Physical Readiness Training with the unit.

These, by definition, are classified as Army accidents because the Soldiers (either AGR or TPU) were in a duty status and under the operational control of the Army Reserve at the time the accidents occurred. As tragic as each one of these losses are, it truly is a good news story for the Army Reserve. This is the lowest accidental fatality rate we have experienced in the history of the Army Reserve. It is the lowest rate of all three components of the Army for FY12.

But before we start patting one another on the back for a job well done, let's take a closer look at an alarming trend that has surfaced this past fiscal year.

There is another area to consider where we are not doing so well. This is an area not classified as Army Accidents because the TPU Soldiers are not in a duty status and are not under the operational control of the Army Reserve at the time of the accidents. We track them, nevertheless, because while not officially considered Army accidents, these unfortunate deaths are still losses, not only to our formations, but also to their Families and friends left behind.

I am referring to those accidents that occur during those "other 28 days" of the month when we release our well-trained and well-disciplined Soldiers back to the most dangerous place in the world ... Main Street, USA.

In FY12, we experienced 44 tragic losses to a combination of 23 POV accidents, 11 PIO accidents, and 10 POM accidents. This is more than double the number of accidents in the preceding year. There are no apparent significant trends in the underlying reasons for these fatalities that run the spectrum without regard to rank, type, and classification. We can offer no silver bullet, campaign plan, or additional training to stop these losses.

It would be easy to say, "We need to get back to basics!" But in reality, what we need is to never leave the basics to begin with.



It would also be easy to say, "It's a matter of exposure." Our typical TPU Soldiers are only in a duty status during monthly battle assembly and annual training. But it goes much deeper than that.

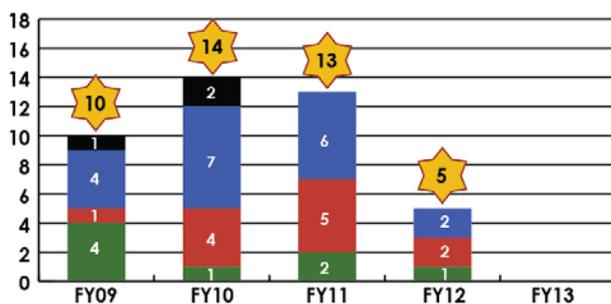
When our Soldiers take their uniforms off and leave the safe "controlled" environment the Army Reserve provides, they let their guard down and stop "thinking" before "acting." Bottom Line: when our Soldiers refuse to "think" we lose the ability to curb this rise in "not in a duty status" fatalities. It's a Green Tab issue, and as leaders and fellow Soldiers, we have a responsibility to ensure our Soldiers recognize the risks and remain just as disciplined at home as when they are on duty. If the commander's concerned engagement is evident while in a duty status, our Soldiers will continue to take care of themselves and each other, even when they are at home ... not in uniform.

I recall Gen. B.B. Bell's informal "Oak Tree Counseling" philosophy. It worked then and it still works today. Leaders at every level, from the section sergeant up to the commander must be engaged in "knowing their people." Sometimes all it takes is just a short informal one-on-one or small group discussion before releasing everyone at the end of battle assembly.

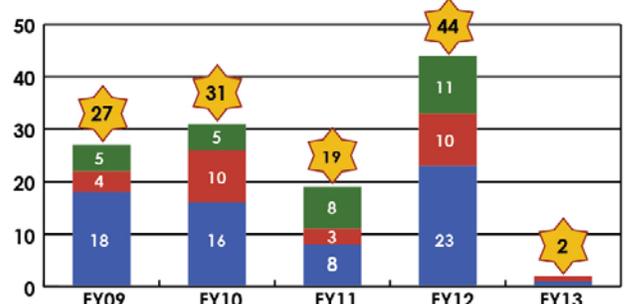
Letting our Soldiers know how important they are, not just to our formations, but to their Families and friends as well. Remind them to carry not only the technical skills they've learned while on duty into their civilian lives, but also reinforcing those learned safe behavior patterns as well.

Leader engagement and continued vigilance is key. Leaders at all levels must know their people. We must take action now to reinforce and reinvigorate our ability to protect the lives of our Soldiers. Take the time ... make the time ... to plant the seeds of safety.

**FATALITIES DUE TO ACCIDENTS**  
AGR/TPU (In a Duty Status)



**FATALITIES DUE TO ACCIDENTS**  
TPU (Not in a Duty Status)



ACCIDENT TYPE: ■ Army Motor Vehicle ■ Privately Owned Vehicle ■ Privately Owned Motorcycle ■ Personal Injury Other





# PME bound? Better pass PT

Troops at the 2012 U.S. Army Reserve Best Warrior Competition participate in the 2-mile run event during the Army Physical Fitness Test at Fort McCoy, Wis., July 16. The APFT is the first event of a grueling weeklong competition that will determine which two Soldiers will represent the Army Reserve at the next level of competition. (U.S. Army Photo by Sgt. 1st Class Mark Burrell, USARC PAO)

*Story by C. Todd Lopez  
Army News Service*

WASHINGTON – Pre-war height, weight and physical fitness standards are coming back for Soldiers entering professional military education courses on or after Nov. 1.

The short explanation is: if you're heavier than you should be, or you can't meet the Army's physical fitness standards, you're not going to get into the professional military education, or PME, course you're scheduled to attend.

The standards had been waived because the Army needed as many Soldiers as possible trained for the Iraq and Afghanistan conflicts -- but that is no longer the case.

"In 2007, when the Army was fighting two simultaneous conflicts, we instituted a physical fitness waiver for institutional training courses," said Brig. Gen. Todd McCaffrey, director of Army training. "This ensured Soldiers attending these courses received the required education and relevant operational and combat skills training, regardless of temporary fitness issues or post-deployment recovery and reset cycles. We accepted this risk, rather than send an untrained or unschooled Soldier back to their units."

Now, McCaffrey said, the Army can afford to have Soldiers who meet both the training and fitness standards.

According to a message sent to all Army activities, PME

courses affected include the Senior Service College, the Sergeants Major Academy, the Joint Special Operation Forces Senior Enlisted Academy, the Captains Career Course, intermediate level education, the Warrant Officer Advance Course, the Warrant Officer Staff Course, the Warrant Officer Senior Staff Course, the Advanced Leaders Course, the Senior Leaders Course, and the Warrior Leader Course.

The policy change applies equally to courses taught in-residence and by mobile training teams.

Soldiers identified to attend these courses and schools will get an initial Army physical fitness test, and height and weight screening.

Those who don't pass the initial test will be allowed one retest. Soldiers who don't meet requirements after the second test will be removed from the course. Their service school academic evaluation report will also be annotated "failed to achieve course standards."

"Reestablishing the Army physical fitness test and height/weight standards into our professional military education programs reinforces the efforts the Army's senior leaders have been emphasizing on standards based training and education," said McCaffrey.

More information regarding the policy change can be found at: [http://www.apd.army.mil/pdffiles/ad2012\\_20.pdf](http://www.apd.army.mil/pdffiles/ad2012_20.pdf).



# Military, community leaders come together to assist service members



**Brig. Gen. Tammy Smith, U.S. Army Reserve, director, Army Reserve Human Capital Core Enterprise, discusses how the Army Reserve supports Soldiers and their Families, during the Forward March Conference panel discussion, held Oct. 18, 2012, at Snyder Memorial Baptist Church, Fayetteville, N.C. The conference was designed to share the needs of service members and their families with community leaders thereby creating collaboration with civilian professionals to promote and create resiliency.**

*Story & Photos by Timothy L. Hale  
Army Reserve Command Public Affairs*

FAYETTEVILLE, N.C. – Brig. Gen. Tammy Smith, U.S. Army Reserve director of Human Capital Core Enterprise, participated in a panel discussion here during the Forward March Conference, Oct. 18, 2012, at Snyder Memorial Baptist Church.

Hundreds of community and professional leaders in behavioral health, education, social work, law enforcement, hospitals and first responders heard from top military officials on better ways to reach out to service members and their Families as deployments become fewer and time at home increases.

Smith outlined how Army Reserve leaders don't necessarily have the same day-to-day access to Soldiers as their active counterparts do so they may not be as aware if something is wrong.

Army Reserve leaders "may only have access to your Soldiers for a weekend a month," Smith said. "A Soldier can fake

it on that weekend and you may not have some insights into some things that are going on with your Soldier to be able to offer the help that's needed."

What she asked of the audience members was to look for signs of changes in behavior of service members who have deployed, their spouses, or even their children.

"Some of you spend more time with our Soldiers (and Families) than our Reserve leaders," she said, encouraging community leaders and professionals to use the Fort Family call center, operated by the Army Reserve.

The Fort Family telephone call center is operated 24 hours a day, seven days a week, 365 days of the year, and has a vast database of resources to help service members and their Families. It serves as a gateway for resources to help them with various issues relating to behavioral health, financial assistance, or even job search skills.

"We can get in contact with the Sol-

dier whose behavior that you have noticed the difference and you can help us between those drill weekends and training assemblies on how to get them help," she said.

She also said the make up of military Families isn't always a spouse and children. It can be a mother, father, or siblings.

"So often we're talking about the spouse and children," she said. "For many of our young Soldiers their Family is their mom, or their dad, or a sibling that they're close to. Those individuals don't have a connection to the military, they don't have an I.D. card, or maybe never even been to an Army post."

Also present on the panel were Brig. Gen. Timothy McGuire, 82<sup>nd</sup> Airborne Division; Brig. Gen. Ferdinand Irizarry, U.S. Army John F. Kennedy Special Warfare Center & School; Col. Karl Schmitkons, U.S. Air Force, Pope Army Airfield; Lt. Col. Vernon Simpson, North Carolina National Guard; and Command Sgt. Maj. Chris Faris, U.S. Special Operations Command, MacDill, A.F.B, Florida.





# heading in the right DIRECTION

## NCOs test land navigation skills

*Story & Photos by Master Sgt. Derrick Witherspoon  
Army Reserve Command Public Affairs*

FORT BRAGG, N.C. – Soldiers from the U.S. Army Reserve Command conducted map and land navigation training in October as part of their Noncommissioned Officer Development Program. The Soldiers involved in the training, which was conducted by the USARC G-1, were given a refresher in map reading skills and then tested their skills on a land navigation course.

“Training like this will give them the skills and ability to possibly save themselves in a life or death situation,” said Sgt. Maj. Timothy P. Stanton, USARC G-1 sergeant major. He added that training, such as map reading and land navigation, increases Soldiers’ resiliency.

“It’s critical for Soldiers to understand, these small techniques, such as terrain association or how to use a compass could possibly save them in a bad situation, be it here in the United States or deployed to such places as Afghanistan,” he said.

Many of the Soldiers involved in the training said it was good to get back to the basics of being a Soldier.



From top: Master Sgt. Shantel Butler, with USARC G-2/6, shoots an azimuth during the land navigation NCO Development Program at Fort Bragg, N.C., Oct. 19, 2012.

USARC NCOs verify a land navigation point on the course

Sgt. 1st Class Angel Trujillo, with the U.S. Army Reserve Command G-2/6, plots a navigation point.



# Hamilton recognized with NIMH Director's Merit Award



**William Hamilton, center, the U.S. Army Reserve Command, G-3/5/7 deputy director, was presented the National Institute for Mental Health Director's Merit Award at a ceremony in Bethesda, Md., Oct. 10, 2012. Hamilton won the award for his work on the Army Study to Assess Risk and Resilience in Service members, or Army STARRS program while he was working for U.S. Army Forces Command G-1. Pictured with Hamilton are Dr. Philip Wang, left, NIMH Deputy Director, and Dr. Thomas Insel, NIMH Director.**

*Story by Timothy L. Hale  
Army Reserve Command Public Affairs*

FORT BRAGG, N.C. – William Hamilton, the U.S. Army Reserve Command, G-3/5/7 deputy director, was presented the National Institute for Mental Health Director's Merit Award at a ceremony in Bethesda, Md., Oct. 10, 2012.

Hamilton won the award, while working for the U.S. Army Forces Command G-1, for his leadership and support of the Army Study to Assess Risk and Resilience in Service members, or Army STARRS program.

The NIMH collaborated with researchers from the Army, University of Michigan, Uniformed Services University, Harvard Medical School, and U.C. San Diego School of Medicine to help pinpoint factors that might protect a Soldier's mental health in a pre and post-deployment environment.

Hamilton, a 1978 West Point graduate, spent most of his 30-plus years in uniform working in and around armored units before retiring. After transitioning to his civilian career, he soon found himself leading the way in the Army STARRS study.

He said the study is important because, "the Army and other sources will be able to sit down and figure out how can we reshape our suicide prevention programs to make them better, particularly for Soldiers."

According to the STARRS website, the on-going five-year study "is the largest study of mental health risk and resilience ever conducted among military personnel. Army STARRS investigators are using five separate study components – the Historical Data Study, New Soldier Study, All Army Study, Soldier Health Outcomes Study and Special Studies."

The study, which will continue through 2014, is a voluntary computerized survey conducted at individual units. Hamilton added the data is immediately uploaded to a closed-network cloud server so researchers have immediate feedback.

Hamilton said, the study even includes taking blood samples from each participant before and after deployment to determine if there are "biomedical markers in their blood" that may make some Soldiers more resistant to suicidal behavior while others may be more vulnerable.

He said more than 80,000 Soldiers have participated in the study since it began in 2010.

For Hamilton, he said spearheading this study was more than just accomplishing the mission he had been assigned.

"It was actually a labor of love, because the work that we did was actually going into something that hopefully will save Soldiers' lives," he said.

To find out more about the Army STARRS study, visit them online at <http://www.armystarrs.org>.



## DOUBLE EAGLE

Have a great story to tell? Contact us with your story ideas by email at:

**USARC\_DoubleEagle@usar.army.mil**

*Deadline for submission is the 20th of each month*



# Giving thanks for our liberties and freedom

Chaplain (Lt. Col.) Richard Savage  
USARC Chaplain's Office

When we think of Thanksgiving, we think of Families getting together, big meals, and football games. But Thanksgiving is more than that.

Each year, the president of the United States issues a Thanksgiving Day proclamation.

In 1945, President Harry Truman wrote in his proclamation, "Liberty knows no race, creed, or class in our country or in the world."

This is something that we take for granted in this country and don't even think about. But, there has been a cost for these freedoms.

President Truman went on to mention the cost when he said, "None have known this better than our very gallant dead, none better than their comrade, Franklin Delano Roosevelt. Our thanksgiving has the humility of our deep mourning for them, our vast gratitude to them."

This Thanksgiving, let us take time to be thankful for our liberty and freedoms.



We must not forget that not everyone has these liberties in their lives, and let us remember that these liberties we have come with a price. Many service members have given their lives over the years so that we may enjoy these liberties. Let us not forget the price they have paid and grieve for their loss.

As we think of those who have paid the ultimate price, let us be thankful this year for the difference that these people have made in many lives.

Let us take a few minutes this Thanksgiving and be thankful for what they have provided to the world around them.

## Operation Toy Drop scheduled for Dec. 8



Santa Claus and Maj. Gen. Jeffrey A. Jacobs prepare for a live interview with Fox and Friends during Operation Toy Drop, hosted by the U.S. Army Civil Affairs & Psychological Operations Command (Airborne) on Sicilly Drop Zone, Fort Bragg, in this Dec. 11, 2011 file photo. The Randy Oler Memorial Operation Toy Drop, now in its 15th year, collects toy donations for children and families in need. This year, OTD has expanded from its traditional focus around Fort Bragg, N.C. to select cities around the country. Last year, nearly 11,000 toys were donated and distributed. To find out more about Operation Toy Drop, visit their Facebook page at <https://www.facebook.com/operationtoydrop/info>. (File photo by Staff Sgt. Felix Fimbres/USACAPOC(A) Public Affairs)



# The challenge of Leadership Fayetteville

By Serena Davidson

USARC G-3/5/7 FMM-FTS

I was recently selected to attend Leadership Fayetteville, but quickly realized that I had no idea what the program was.

What on earth did I just agree to?!

Leadership Fayetteville is a program of approximately forty people from all aspects of the community that want to learn more or become “an up and coming leader” in the city. We meet once a month and have different activities. For example, there is government day where we get visit City Hall, the Courthouse and meet local elected officials, Education Day is where we visit local schools from elementary to college, and so forth.

One of our first sessions was attending a Leadership Challenge Course. In addition to being a full-time civilian employee, I’m also an Army Reserve Soldier, so I was excited!

The staff introduced themselves and then one instructor returned with toilet paper. What?! I knew we would be in the woods but I needed to bring my own roll? They passed out rolls to each table and told us to take some for the day. I was at the last table. As I saw others rolling the tissue around their hand, I worried there wouldn’t be enough when it got to me.

Did this mean there are bathrooms but no TP in the building? Or, were there port-a-potties without paper? So I took a few sheets thinking it can’t be that bad, I’ve done field exercises before – I’m tough.

The instructors smiled and chuckled as they saw at the small mounds of TP in front of some of the attendees. The instructors asked if anyone needed any more of the remaining paper. Everyone looked satisfied. Now for the twist, for every square we had in front of us, we had to tell the class something about ourselves. Thankfully, I only took a few pieces because some folks had to tell their entire life story.

We moved on to “Spectrum Temperament Development” which taught different personality styles through the language of color. We learned the interaction styles of introverts and extroverts, the temperament styles of GOLD - those folks are dutiful and responsible who cherish home and family, BLUE - the “tree-huggers,” intuitive-feelers who strive for peace and harmony, GREEN - these we called “nerds,” or those who have a unending search for knowledge and understanding, and ORANGE - the free-spirited, fun-loving types who have a zest for life and freedom to just go!

So now I know, I’m orange, with a little green thrown in for good measure.

After more class time, we headed to lunch and discovered we would be doing the challenge course. Great! We all just ate too much and now they decide to let us go play.

Following our staff guide, we had complete confidence that he knew where he was going.

Wrong!

We ended up taking the scenic route to another trail where we encountered very large, tough spider webs along the way. It’s official. We were lost. We finally got back on track and found our first challenge.

This thing looked like something out of an Indiana Jones movie. It was a big platform on a beam where everyone had to get on and balance without either end touching the ground. It took us four or five times before we got it. Then we had to count down from 20 while maintaining our balance. Finally succeeding, we headed to our next challenge.

Remembering how we just cleaned all trails of spider webs with our faces that day made the next challenge ironic. The staff strung rope into a large spider web with bells attached at a number of places. As a group, we had to cross the web while holding hands of two different people without ringing a bell. We’re adults, no problem, we got this one! Once again, it took us a few times to make it across because of our over-confidence.

We moved on to an elevated telephone beam where we were told that we all had to be on the beam. This seemed easy. Then we had to rearrange our order by birthday month and could not step off the beam and back on. The guide gave us a break, and said as a group only one foot can be off the beam. One by one, we had to step off, keeping one foot on the beam, and slid down into the correct position. Challenge complete! We still wondered if it could be done without “cheating.”

Only two more challenges and we were done. By now, we were all hot, sweaty, and ready for a break. Those who wore shorts had been slapping mosquitoes all day. Bug spray only goes so far.

The next challenge was a very tall pole in the ground, about 20 feet high, that we had to get tire over. If that wasn’t hard enough, the men in the group had a handicap of losing one arm and the girls had to stand on one leg.

After what seemed like hours, we figured it out and thought we were headed back but instead made a small detour back to the Indiana Jones obstacle. We had to do it one last time but without talking.

Being the great noncommissioned officer that I am, I began using hand and arm signals. But there was a problem – half of my classmates were civilians, and I mean outside-the-wire civilians, with no military training, so my signals were confusing.

Overall, it was a great day. I learned that I might be a hidden introvert who has mastered some extrovert skills. I learned that communication could be difficult with people who don’t have your experiences. And finally, I learned to expect the unexpected. And I had a little fun doing it as well.

**EDITOR’S NOTE:** *Serena Davidson, a U.S. Army Reserve Command Department of the Army civilian, works in the USARC G-3/5/7 Force Management/Full Time Support Directorate. She is also a Troop Program Unit Soldier who works in U.S. Army Forces Command. She and her husband recently relocated from Tampa to Fort Bragg, N.C. with their three canine-children.*



Serena Davidson

Photo by Brandon Plonick/Fayetteville Regional Chamber





Maryland and Virginia Continentals surge into the 7th Regiment of Foot, also known as the Royal Fusiliers, seizing both the unit's colors in hand to hand combat at the Battle of Cowpens, Jan. 17, 1781, in this painting by renowned military artist, Don Troiani.

# Battle of Cowpens, S.C. featured on staff ride

*Story by Christopher Ruff  
Curator, National Museum  
of the Army Reserve*

The Office of Army Reserve History is planning to execute a staff ride program that will focus on the Southern Campaign of the Revolutionary War, waged primarily from 1780 until Oct. 1781 when the forces of British commander, Gen. Lord Charles Cornwallis capitulated at Yorktown, Va.

Staff rides place participants on actual battlefields, confront them with realistic tactical situations, and promote professional dialogue from which they learn important lessons and deduce valuable conclusions.

The learning objectives are to expose Soldiers to the human dimension of warfare, study good and bad leadership and its effect on command climate, illustrate how logistics affect tactical operations, highlight relationships between technology

and doctrine, and study how terrain affects operational plans and their outcome.

We are fortunate there are numerous Revolutionary War sites within driving distance of the Fort Bragg area. Our program will include costumed interpretation appropriate to each historic site on the schedule. The program will highlight the experiences of not only Soldiers in the Patriot forces but their Loyalist, British, and Hessian adversaries as well. A new feature of our staff ride program includes women's experiences during the Revolution.

The first staff ride on Dec. 12-13, will visit Cowpens National Military Park just northeast of Spartanburg, S.C.

The Battle of Cowpens was fought on January 17, 1781 between the Patriot Forces commanded by Gen. Daniel Morgan and the Crowned Forces commanded by Lt. Col. Banastre Tarleton. The majority of the force commanded by Tarleton was comprised of the British Legion, a Loyalist American force of combined cavalry and

## 2012-2013 Office of Army Reserve History Staff Ride Schedule

**12-13 Dec. 2012:**  
Cowpens, S.C.

**6-7 Feb. 2013:**  
Guilford Courthouse, N.C.

**3-4 Apr. 2013:**  
Yorktown, Va.

**23-24 Oct. 2013:**  
Kings Mountain, N.C.

**11-12 Dec. 2013:**  
Cowpens, S.C.

For more information about the staff ride program contact:  
Jason Wetzel, Office of Army Reserve History  
at 910-570-8371





Dr. Lee Harford, director of Army Reserve History, dressed as a Continental Army captain.



Col. William Washington and his Patriot cavalry, which included mounted Georgia and South Carolina militiamen, pursue Lt. Col. Banastre Tarleton and his Crowned Forces dragoons at the Battle of Cowpens, Jan. 17, 1781, in this Don Troiani painting.

infantry.

Attached to the Legion were regular British infantrymen of the 71st Fraser's Highlanders and the 7th Fusiliers, along with two additional light infantry companies, and a battery of two 3-pounder artillery pieces, a total of 1,150 officers and men.

The Patriot force under Morgan, around 1,900 men, was a combination of southern militia and about 300 Continental infantry from Delaware, Maryland and Virginia.

Tarleton expected an easy victory and pushed his force to exhaustion in pursuit of Morgan. As a result, the British force had four hours sleep and no food for about 48 hours before the battle.

The British force made a head-long attack against what they perceived as a thin line of unsteady militia. Morgan, who understood his enemy, had skillfully deployed his men into three consecutive lines of defense with the last two lines concealed within a slight rise in the ground. His militia and riflemen were placed in the front two lines, and the well-trained Continental infantry, Moran's best troops, manned the third.

The first two lines of militia were ordered to fire at least twice to inflict as many casualties on the advancing British as they could and then retire to support the next line. Officers were the preferred target, and the fire brought down half of them before they closed the distance. When the militia delivered their fire, they retired as instructed. The British perceived this as a retreat and continued their rapid advance.

The third line of Continentals came into view as the militia cleared the field. A portion of the militia on the American right misunderstood an order to move against the Highlanders attempting to flank them and instead turned about to withdraw.

The British sensed victory and surged forward in a mass to pursue. At that moment, the militia about-faced and fired a volley into the oncoming British at about 30 yards distance. The deadly volley stopped them in their tracks. Immediately after the fire, the Continentals charged forward with leveled bayonets and captured the majority of the British infantry, many of whom fell down, completely overcome by fatigue and combat shock.

The victory was a complete and resounding success for the Patriot cause. The British lost the majority of their force – 110 killed and over 700 captured, of which 200 were wounded. American losses were around 200, a number that includes both killed and wounded.





**Staff Sgt. Jeffrey Rios, a Regional Training Center East instructor representing the Army Reserve, and native of Queens N.Y., pulls a casualty to safety during the Warrior Tasks and Battle Drills event of the 2012 Department of the Army Best Warrior Competition at Fort Lee, Va., Oct. 17.**



**Spc. Michael Swan, a track vehicle mechanic representing the Army Reserve, and native of Gurley, Ala., carries ammunition cans through an obstacle course during the Warrior Tasks and Battle Drills event of the 2012 Department of the Army Best Warrior Competition at Fort Lee, Va., Oct. 17.**

# Rios, Swan strive for Army's "Best" title

*Story & Photos by Staff Sgt. Joy Dulen  
335th Signal Command (Theater)*

FORT LEE, Va. - Twenty-four of the Army's finest Soldiers converged on Fort Lee to compete for the coveted title of Best Warrior as they engaged in a fast-paced, four-day battle in the ultimate Soldier skills test, October 15-18.

The event was the 12th Annual Department of the Army Soldier and Noncommissioned Officer of the Year Best Warrior Competition, or BWC, and it brought together 12 junior enlisted Soldiers and 12 noncommissioned officers from various Army commands to display skills vital to the success of today's Soldier.

Staff Sgt. Jeffrey Rios, a training instructor assigned to the 78th Training Battalion, 84th Training Command, and Spc. Michael Swan, a track vehicle mechanic with the 415th Chemical Brigade, 335th Signal Command (Theater), represented the United States Army Reserve Command in the competition and wasted no time demonstrating their abilities both on and off the battlefield.

"You train hard for this," said Swan, the Gurley, Ala., native. "You're working on your ruck marches to build endurance with that weight on your back. There's a lot of lane training and medical training, ... and you're working with your equipment and learning the technical aspects of everything."

After winning the USARC-level BWC

in July, Swan and Rios headed to Fort Dix, N.J., for seven weeks of intensive training and preparation for the next level.

Master Sgt. Richard Long took charge of the training as USARC's noncommissioned officer in charge of Best Warrior.

"We took both the winners and the runners-up and trained them hard for almost two months," Long said.

"We did weapons [training] once a week and we did a lot of first aid. We did mock boards constantly and specifically concentrated on physical training where we had a personal trainer come in and work with them in many areas.

"They weren't weak in any one area but we just pumped them up in everything."

Best Warrior events include a physical training test, written exam and essay, day and night land navigation, casualty evaluation, weapons marksmanship, a number of Warrior Tasks and Battle Drills, media training, a mystery event, and a board appearance.

"I have to know all the basic Soldiering skills," Rios said, "but I also show skill level two skills and knowing the role of a sergeant."

Long said there is often a stigma with being a reservist, but said that Rios and Swan are showing their abilities.

"It's almost harder to be a reservist because you have to do a civilian job and a military job and you have to be proficient in both. They needed to represent and show that we're all Soldiers ... and they're

doing an excellent job of that."

Rios, a native of Queens, N.Y., says winning the competition as a reserve Soldier would just make it that much sweeter.

"It would be an honor to win because it is a little bit harder to compete," he said. "The training we get is just not as much as active duty gets."

Swan echoed Rios' sentiments.

"This is just all part of the game," Swan said.

"It's just awesome that we could come here. I wish there were more reservists able to represent more commands."

The BWC winners were announced at the Association of the U.S. Army's annual meeting in Washington, D.C., a few days after the competition.

Although their names weren't called, both Rios and Swan expressed that every Soldier, active duty or reserve, should strive for the challenge of Best Warrior.

"It's a great experience because I get to compete against the best warriors in the United States Army," Rios said.

"I would tell anyone to give this a try because it tests what kind of Soldier you are and the knowledge and training you've received throughout your military career."

For Swan, he believes that anyone who made it to the competition would "love it because these competitors are outstanding," he said.

"These are the Soldiers you want to go to war with. The Soldiers you want to your left and your right."



# ATRRS Tips - Self-Development Training

The ATRRS Self-Development Center allows all military and DoD civilian personnel to easily search the ATRRS Course Catalog for available self-development courses and then self-enroll.

Enrollment does not require the approval of a supervisor. Available courses include correspondence and online courses offered by the Army Correspondence Course Program, AMEDD, the Joint Warfighting Center, the Army e-Learning Program, and several other providers. You can access to the ATRRS Self-Development Center from links on AKO My Education, Army Career Tracker, and the ATRRS website.

## Features and Benefits of the ATRRS Self-Development Center

- Provides one-stop shopping for all self-development courses offered in ATRRS.
- Assists Soldiers who seek to advance their knowledge, skills, and promotion points.
- Streamlines the training application form by pre-loading many fields with data from AKO, CAC, and/or previous applications. Automatically transmits registrations to schools/systems that participate in the ATRRS Web Service interface.
- Centrally tracks course enrollments and completions in ATRRS and provides students with access to their ATRRS Training Record.

## Registration Process

The registration process is quick and easy. As a student, you do not need to create an account in the ATRRS Self-Development Center, nor do you need to log into the system to search the catalog.

After you select a course from the catalog, you'll be prompted to log in with a CAC in order to submit a training application.

Many of the fields in the application are pre-populated from data pulled from AKO, CAC, and/or previous applications. You'll receive an email a few minutes after submitting your application to notify you of your registration status and to provide any instructions from the school regarding access to courseware.

ATRRS has a direct interface with many of the systems that

provide courseware, such as the Army Learning Management System (ALMS), and your Self-Development registration is automatically transmitted to those systems. This allows you to access courseware shortly after submitting your training application. Army e-Learning Program

The Army e-Learning program provides a free license to use Skillport, a commercial, online education system. Skillport contains thousands of online courses, some of which are even ACE (American Council on Education) accredited. Eligible students may register for an Army e-Learning license in the ATRRS Self-Development Center. Upon registration, ATRRS automatically creates an account for you within Skillport and emails instructions to access it. Skillport notifies ATRRS when you successfully complete a course and your ATRRS training record is updated accordingly.

## ATRRS Training Record

The Self-Development Center also provides an option to review your ATRRS training record. This displays all past, present, and future reservations recorded for you in ATRRS.

It also shows whether or not you successfully completed a course. If a completion certificate is available for a course, then you can download it directly from the Self-Development Center. The site also allows you to view and print a record of all training you successfully completed.

## Did You Know

- There are currently over 1,500 self-development courses in ATRRS, not including e-Learning.
- There are over 6,000 courses available in the Army e-Learning Program.
- Over 3,000 self-development registrations are processed by ATRRS each day.
- Three of ATRRS online training courses recently won 2012 Communicator Awards of Distinction. You can view these courses on the ATRRS Homepage.

Visit the Self Development Center at <https://www.atrrs.army.mil/selfdevctr> and begin your online training today.

# Ensure your ADPAAS info is current

The U.S. Army Disaster Personnel Accountability and Assessment System, or ADPAAS, standardizes a method for the Army to account, assess, manage, and monitor the recovery process for personnel and their families affected and/or scattered by a wide-spread catastrophic event.

ADPAAS provides valuable information to all levels of the Army chain of command, allowing commanders to make strategic decisions which facilitate a return to stability.

**ADPAAS** ARMY DISASTER PERSONNEL ACCOUNTABILITY and ASSESSMENT SYSTEM

**ADPAAS Entrance Page**

**Soldiers, Civilians, and Family Members**  
To account or update your information.

**Click Here**

Includes Active Duty, all Reservists, National Guard, Army Civilian Employees, OCONUS Contractors and their dependents.

**COs, CO Reps (CORs), and Authorized Personnel**  
To account for personnel in your UIC(s).

**Click Here**

(CAC Required for Access)

**What is ADPAAS?**

U.S. Army Disaster Personnel Accountability and Assessment System (ADPAAS) standardizes a method for the Army to account, assess, manage, and monitor the recovery process for personnel and their families affected and/or scattered by a wide-spread catastrophic event. ADPAAS provides valuable information to all levels of the Army chain of command, allowing commanders to make strategic decisions which facilitate a return to stability.

ADPAAS allows Army Personnel to do the following:

- ★ Report Accounting Status

It is much easier to verify your information now than it is when disaster strikes. Visit the Army Disaster Personnel Accountability and Assessment System website at <https://adpaas.army.mil>. You must use your Command Access Card to make changes.



## Non-Federal Entities:

# Thank you gifts may mean trouble

*Lt. Col. Lance Von Ah*

*USARC Staff Judge Advocate Office*

Army Reserve personnel frequently attend Non-Federal Entity events and conferences, often in a speaking capacity.

Examples include: AUSA, ROA, and other local military or charitable associations. At these events, NFEs may offer personal gifts.

Personnel should be familiar with applicable laws, directives, and regulations regarding gifts from NFEs.

### Gifts

Generally, in a personal capacity, personnel may not accept gifts from prohibited sources or gifts offered because of their official positions. The most common basis for acceptance of gifts by officials while speaking at NFE events are:

(1) **Speaker Memento:** If Army Reserve personnel in their official capacity are offered a gift thanking them for speaking at a NFE (whether or not a prohibited source) event, they may accept in their personal capacity if the item has little to no intrinsic value, such as a plaque or certificate, and is intended solely for presentation, or is valued at \$20 or less.

(2) Modest items of food and refreshment: not a meal.

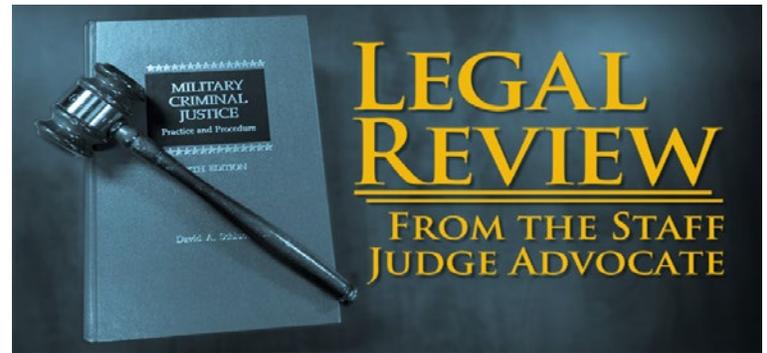
(3) Anything that is paid for by the Government or secured through a Government contract (e.g.: payment of conference fee).

(4) Gifts of \$20 or less. Gift bags can fall into this exception.

(5) Benefits offered to members of a group or class in which membership is unrelated to Government employment. (e.g.: all attendees of the conference if the conference is not limited to the Government.)

(6) Attendance at separate widely attended gatherings: When there is a separate function (usually a dinner or reception) at a NFE event that is not open to all participants or is not sponsored by the event sponsor, your chain of command, in coordination with its Judge Advocate, must determine if that particular event qualifies as a widely attended gathering.

(a) An event is widely attended if it is expected that a large



number of persons will attend, and that persons with a diversity of views or interests will be present.

(b) The agency must determine that the individual's attendance is in the interest of the agency because it will further agency programs or operations.

(c) When these two conditions are met, Army Reserve personnel may accept free attendance from the sponsor of a widely attended gathering, or from donors other than the sponsor, if more than 100 people are expected to attend, and the value of the gift is \$335 or less.

(d) Note that hospitality rooms, where people may come and go throughout the day normally will not qualify as a widely attended gathering since it is impossible to determine if a gathering of many people with a diversity of views will occur during the visit of the Army Reserve personnel.

### Door Prizes and Random Drawings

Occasionally, conferences include door prizes and random drawings. Army Reserve personnel may keep such winnings if:

(1) The conference is open to the public (anyone may enter, no fee is charged to qualify for the prize, and there are no limiting factors such as number of attendees), and

(2) Employee's entry is not required by official duties (personnel voluntarily enter in their personal capacity).

Personnel offered gifts should consult their servicing Judge Advocate before accepting.

## Group looking for tennis players

Anyone interested in learning or regularly playing tennis on Fort Bragg can join the Fort Bragg Tennis Social Group at no cost.

The group is an informal list of over 40 tennis players at various levels who play regularly. They use their e-mails to contact other players to see if they are available on a specific day/time. Several members are available for free lessons.

The group consists of both men and women players who are active duty Soldiers, retirees, dependents, and civilians working at Fort Bragg. Our youngest regular player is a 6th grade student who has played for one year and our most senior member is an 82 year-old retiree who still loves to play.

Join our tennis social and have a large group of players to call and play with when you want to hit the courts.

For more information, or to join the Fort Bragg Tennis Social, contact Mario Wozniak, 706-358-6081, [mario.wozniak@us.army.mil](mailto:mario.wozniak@us.army.mil).



# Clairification for USAR Enterprise Email Migration

AKO email addresses (xx@us.army.mil) are still valid. You don't have to change your business cards or notify friends of a change of email address.

Email bound for AKO accounts will continue to be automatically forwarded to DoD EE accounts (xx@mail.mil).

When they say they are eliminating the AKO Email account, they are not talking about eliminating the email address - only the associated mail storage, mail handling capability, and the IMAP mail interface that was provided by AKO.

## Army Reserve Moving to Enterprise Email

US Army Reserve Command G-2/6

Army Reserve Enterprise Email users will need to update their personal information in DISA-controlled locations prior to their scheduled migration timeframe; *January 2013 for Business class (ARNET Account Holders) and February for Basic class (AKO Users)*. This information will be used when DISA populates the Global Access List (GAL) entries for the individual user, as well as enable the user to send digitally signed/encrypted email.

**-milConnect - <https://www.dmdc.osd.mil/milconnect> - The DMDC-provided website enabling users a way to update their DoD EE GAL information. All USAR business class users will select "US Army Reserve Center" as their Installation; regardless of physical location.**

*-All end users can now perform the above task prior to migration*

**-DMDC User Maintenance Portal (UMP) - The DMDC-provided website enabling users to make changes on their CAC.**

### Single Status users

- Users with only one CAC. These users will follow the procedures listed in the migration instructions at the below link.

### "Dual Status" users

- Users with the need to maintain two CACs in the course of their duties are required to enable the PIV AUTH certificate on their cards. This enabling provides for the ability to differentiate between the two personas, and allows the user to maintain the specific mailboxes required by the separation of duties. This can be any combination of the following: Government Civilian (.civ), Government Contractor (.ctr), and TPU Reservist (.mil).
- Please follow the directions for the enabling of the PIV AUTH certificate as soon as possible. The instructions can be found on the USARC G-2/6 WIKI; link shown below.

<https://xtranet/info/default.aspx>

## Important resources for Army civilians

There are two important online Army Civilian Human Resource tools to be aware of: the Civilian Leader Improvement Battery and the Army Exit Survey.

The CLIMB is a leader development assessment designed to help you plan for and acquire leadership skills while identifying your leadership strengths and areas that need development or refinement.

CLIMB results are linked to specific training opportunities that can be included in your Individual Development Plan.

The CLIMB is a web-based application requiring an AKO account. The CLIMB can be accessed at <https://acpol2.army.mil/climb>.

The Army Exit Survey provides very useful information about the reasons why employees leave the Army. The results are used to identify ways to make Army a better place to work.

If you are leaving the Army, you are asked to complete this confidential survey at <http://cpol.army.mil/library/survey/exit-survey>.

If you are a supervisor of departing employees, please make them aware of it and urge them to participate. This link and request for survey completion should be added to all Army out-processing checklists.

For more information about CLIMB and the Army Exit Survey, contact Dr. John Wilson at [john.w.wilson472.civ@mail.mil](mailto:john.w.wilson472.civ@mail.mil).

## It's everyone's responsibility to protect classified material

Protecting classified systems and data is of paramount importance. All Soldiers, civilians and contractors assigned to USARC need to be aware of their responsibilities regarding the proper utilization and storage of classified media.

Per AR 380-5 Paragraph 7-4, Storage of Classified Information: "classified information that is not under the personal control and observation of an authorized person, is to be guarded or stored in a locked security container, vault, room, or area, pursuant to the level of classification and this regulation..."

Paragraph 7-4 (2) further states: "Secret information will be stored in a GSA-approved security container or vault without supplemental controls"

Unless you are in a designated, secure working area (i.e., G-3/5/7 Watch), you are required to remove SIPRNET "bricks"/ hard drives and secure them in a GSA-approved safe when not in use or when the terminal is not attended.

This includes breaks for lunch and meetings, unless the terminal is under the "personal control and observation of an authorized person". Locking a terminal or an office door is not an appropriate or authorized security measure. Further, all SIPRNET bricks should be accounted for on a checklist within the safe to be utilized as a reference during safe inspections.

Mishandling classified data/systems carries a wide-range of penalties up to, and including termination.

If you have any questions or require further clarification on the proper handling of classified information, please contact your section Security Manager or the G2 Security Staff.

## Clothing Sales now closed on Sundays

Fort Bragg's Military Clothing Sales Store in the Mini-Mall on Reilly Rd. will be closed on Sundays starting in Oct. At this time this is a permanent action.

In an effort to save money, AAFES has been directed to close the military clothing stores one day a week. The Bragg Exchange evaluated which day of the week would be the least impactful to its customers and still fulfill its requirement to close one day a week, they selected Sunday.





## Hunting season means runners, cyclists need to stay off Fort Bragg All-American Trail

Fort Bragg's All-American Trail closed Sept. 27 and remains closed due to hunting season.

The trail will reopen Jan. 2, 2013, when the hunting season ends.

Fort Bragg cannot stress enough the importance of not using the trail between Sept. 27 through Jan. 2. Approximately two years ago, a runner was accidentally killed by a hunter who mistook the runner as wild game.

Runners and off-road bike riders are also asked not to use the roads in the

training areas for running routes.

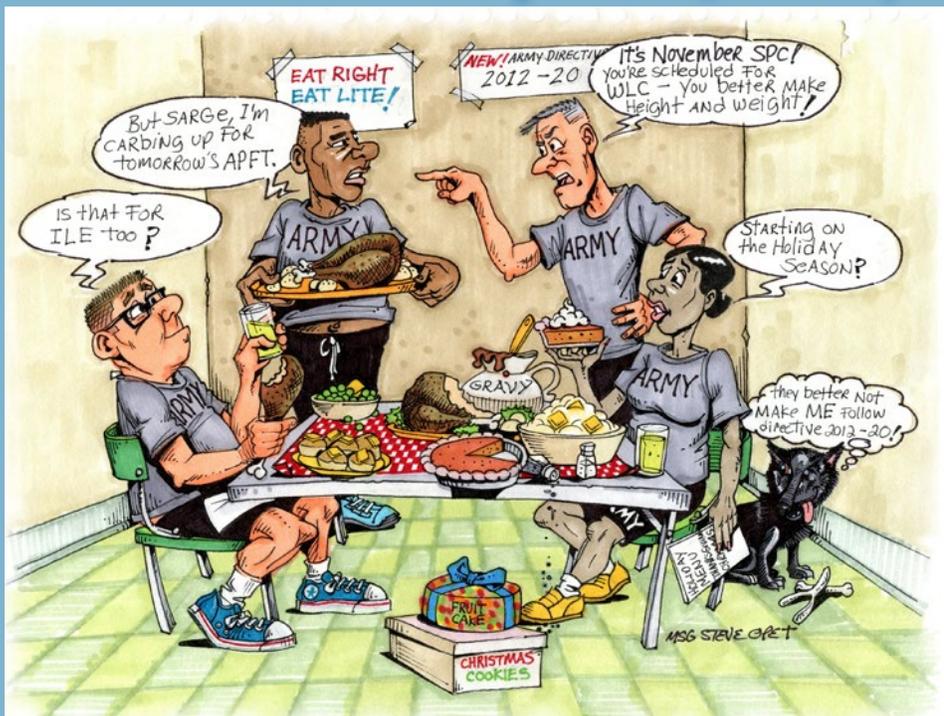
These areas are used for training purposes and the presence of runners and riders can disrupt training events and become a safety hazard for the runners and riders.

Runners and riders also may face trespassing charges if found in the training areas.

Questions concerning this policy should be directed to Bill Edwards, Chief, Fort Bragg Range Control, 910-432-5318.

## Opet's Odyssey

By Master Sgt. Steve Opet



## Orientation dates for new USARC personnel through Dec. 2012

The USARC Civilian Personnel Management Office has scheduled the following personnel orientation dates for all new USARC personnel.

- December 20 - Room 4906 (L)

This training is mandatory for all military and civilian employees assigned to the USARC headquarters.

For more information, you may contact Katherin deLeon at 910-570-9026 or email: [USARC\\_ATTRSPZ@usar.army.mil](mailto:USARC_ATTRSPZ@usar.army.mil).





## New patterns working to make pedestrian traffic safer

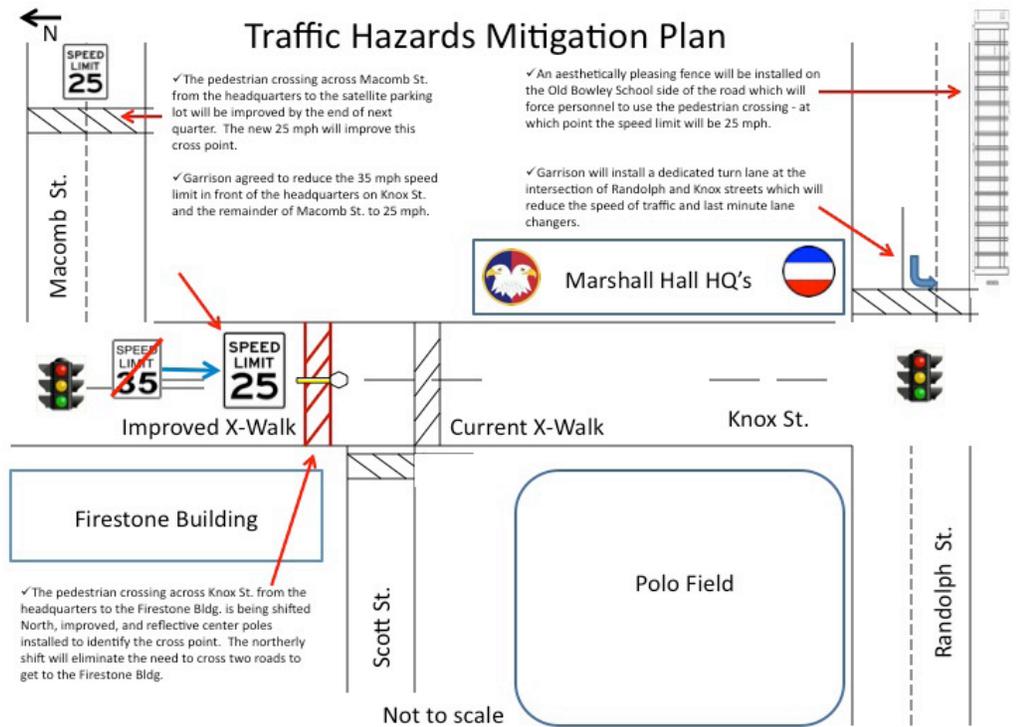
There are a number of improvements underway to enhance pedestrian safety around Marshall Hall. The information below outlines these improvements.

1. Fort Bragg, N.C. garrison leaders agreed to reduce the 35 mph speed limit in front of the FORSCOM/USARC headquarters on Knox St. and the remainder of Macomb Street to 25 mph.

2. The pedestrian crossing at Knox Street from the headquarters to the Firestone Building has shifted north. Improved, and reflective center poles installed to identify the cross point. This shift will eliminate the need to cross two roads to get to the Firestone Building

3. The pedestrian crossing across Macomb Street from the headquarters to the satellite parking lot will be improved by the end of next quarter. The new 25 mph will improve this cross point.

4. Garrison will not reduce the 35 mph speed limit on Randolph Street at this time because it is a major access road. However, they are installing a dedicated turn lane at the intersection of Randolph and Knox that will reduce the speed of



traffic and last minute lane changers (half of the traffic on this section turns left onto Knox). Also, before the end of next quarter, an aesthetically pleasing fence will be installed on the Old Bowley School side of the road that will force personnel to use

the pedestrian crossing – at which point the speed limit will be 25 mph. If this is ineffective, FORSCOM/USARC leaders will re-examine the issue.

5. Military Police will enforce the new speed limits once in place.

## Flu shots slated for FORSCOM/USARC Nov. 6-8

### Mandatory for all Soldiers and mission essential civilians

Influenza is a contagious respiratory illness caused by influenza viruses. Flu seasons are unpredictable and have the potential to impact DoD force readiness and missions.

In the United States, influenza results in more than 25 million reported cases, and more than 150,000 hospitalizations due to serious complications, and more than 30,000 deaths annually. Vaccination is the primary method for preventing influenza and its complications.

All Soldiers and mission essential civilians will receive the mandatory influenza vaccine in Marshall Hall KCR from Nov. 6-8, 2012 with support from Pope Health Clinic in order to protect individuals at risk of developing influenza and its compli-

cations.

The FORSCOM/USARC headquarters and headquarters company will use the digital sign-in system for tracking all personnel. Directorates will provide a roster of all personnel who will not be able to receive a shot to HHC training at [usarccmdgrphhc-training@usar.army.mil](mailto:usarccmdgrphhc-training@usar.army.mil) staff no later than Nov. 2, 2012.

Personnel will fill out the Adult Screening and Immunization Documentation Form prior to scheduled time and bring the completed form to the auditorium.

Personnel must circle FORSCOM or USARC at the top of the form, input the UIC, and annotate the unit name for those SRC-02/20/45 units.





---

★

# NOMINATE YOUR SUPPORTIVE EMPLOYER

---

★

## 2013 SECRETARY OF DEFENSE EMPLOYER SUPPORT FREEDOM AWARD

---

★

Attention Guard and Reserve Service Members

Nominate your supportive employer for the  
Secretary of Defense Employer Support Freedom Award,  
the highest award given by the U.S. Government to employers  
for exceptional support of Guard and Reserve employees.

---

★

**ACCEPTING NOMINATIONS**  
**NOVEMBER 1, 2012 - JANUARY 21, 2013**  
**[WWW.FREEDOMAWARD.MIL](http://WWW.FREEDOMAWARD.MIL)**

ESGR DEVELOPS AND PROMOTES A CULTURE IN  
WHICH ALL AMERICAN EMPLOYERS  
**SUPPORT AND VALUE**  
THE MILITARY SERVICE OF THEIR EMPLOYEES.

[www.ESGR.mil](http://www.ESGR.mil) ★ 1-800-336-4590

# Great American SMOKEOUT!!!!



**Tobacco Cessation Seminar  
Go Through the 4-week Tobacco  
Cessation Program in ONE DAY!**

**Open to all beneficiaries  
Thursday November 15th  
at York Theater 9 a.m.-12:30 p.m.**

**Call 907-WELL to register!**

Sponsored by WAMC Preventive Medicine Army Public Health Nursing  
POC Capt. Miller 907-9355 (WELL)



# BOSS

## FORT BRAGG Better Opportunities for Single Soldiers

# GET INVOLVED TODAY

*Open to all Military Branches, Officers and Enlisted!*



## QUALITY OF LIFE

## RECREATION AND LEISURE

## COMMUNITY SERVICE

FORT BRAGG BOSS OFFICE  
Bldg 8-6454, Butner Rd.  
*First Citizens Bank Building*  
**910-396-7751**



IMCOM  
SOLDIERS • FAMILIES • CIVILIANS

Fort Bragg  
BOSS Program

Find us on:  
facebook.

Become a Fan!

[fortbraggmwr.com](http://fortbraggmwr.com)

