April is sexual assault awareness and prevention month. In the military, trust is the coin of the realm. If you don’t have trust, you are not able to effectively operate as a combat unit. It is essential to what we do. Any encroachment in the area of sexual assault is a breakdown in trust. Trust is extremely difficult to win back.

I encourage each of you to work very hard for each other, for the people you work for, and for the people you work with to ensure that we have trust amongst our Airmen of the 124th Fighter Wing.

COL. SHERRIE MCCANDLESS

WING COMMANDER

Always on MissionCombat Excellence

Every Airman a mission-ready, accountable, innovative, leader.

WING MISSION

Always on Mission.

Providing world-class warfighters for the nation and guardians for our state.
DEFENDERS  
TRAIN TO FIGHT

**SHOOT, MOVE AND COMMUNICATE**  

by Senior Airman Cassie Morlock  
124th Fighter Wing Public Affairs

Airmen from the 124th Security Forces Squadron recently participated in an annual Shoot, Move and Communicate exercise. The specialized training took place at the Combined Arms Collective Training Facility (CACTF) located within the Orchard Combat Training Center (OCTC) near Gowen Field, Idaho.

Close Quarters Battle training begins with Tech. Sgt. Mathew Quinlan, a security forces craftsman, walking the Airmen through different building clearing tactics such as “pieing” a doorway, staying out of the fatal funnel, door kicks, use of door prying tools, and movement between buildings.

“My goal is to keep Close Quarters Battle tactics aggressive and simple. I have found that the more “rules” instructors give troops, the worse they perform.” Quinlan said. “We have a lot of studs (men and women alike). I like to let them think for themselves and come up with their own answers in a combat environment. I’m trying to build fighters not followers.”

The fire-team tactfully maneuvers down the stairs of the old police station where the airmen have already encountered and destroyed two active shooters. The overwhelming stench of rotting flesh burns through your nose, culturally appropriate music playing outside and the shrieking sound of a child crying. The fire team clears old jail cells, and they find a secret torture room with dead bodies and a lifelike infant hooked up to wires.

“Adding smells changes everything. When you pass through a meat market and smell the meat or enter a room with dead bodies and smell rotting flesh, hear babies crying, and music playing your senses go nuts,” Quinlan said. “It helps prep our troops for the realities they might face when deployed. Being prepped in advance will also help them adjust better to life after seeing combat.”

Tech. Sgt. Michael Jenkins, a security forces craftsman, led his training covering an active shooter scenario inside a building. Airmen were faced with fire immediately upon entrance, where they had to distinguish and destroy the lone shooter among a large group of people.

“The overall primary objective of our Shoot, Move and Communicate training is to teach and practice team communication and tactics,” Jenkins said. “The use of the CACTF, combined with the dye marking cartridges allows us to create a more realistic atmosphere to train force on force.”

“With the help of the CACTF, we were able to include some ‘stress inoculation’ into all of the training. This will assist our warriors in negotiating various situations and conditions, should they arise, during a real world gun fight.”

Senior Airman Jessica Farrias, a security forces journeyman, led a group of Airmen through a basic skills course covering how to safely and effectively handle their weapon in close quarters, load and reload in a possible hostile situation and maneuvering techniques.

“SMC is an important part of our training because it allows us to be able to efficiently communicate, tactically maneuver, and neutralize the threat with any force that we integrate with, whether it involves other branches of military or civilian police forces.” Farrias said. “This way the 124 SFS unit can make an effective decision to detect and defend against any enemies.”

Tech. Sgt. Michael Jenkins, a 124th Security Forces craftsman, assigned fellow sentry onto teams for the active shooter scenario during a Shoot, Move and Communicate course at the Orchard Combat Training Center near Gowen Field, Idaho March 8, 2015. (Air National Guard photo by Senior Airman Cassie Morlock)
Always on Mission

Tech. Sgt. Mathew M. Quinlan, a 124th Security Forces instructor, briefs his fellow Airmen prior to starting his scenario during a Shoot, Move and Communicate course at the Orchard Combat Training Center near Gowen Field, Idaho, March 10, 2015. Quinlan covered safety concerns prior to starting his scenario. (Air National Guard photo by Tech. Sgt. Joshua C. Allmaras)

Maj. Phillip Mills, Commander of the 124th Security Forces Squadron, prepares to make entry and clear a building while participating in a Shoot, Move and Communicate course. The specialized training took place at the Orchard Combat Training Center near Gowen Field, Idaho, March 10, 2015. (Air National Guard photo by Senior Airman Cassie Morlock)

Airmen from the 124th Security Forces Squadron learn proper techniques and play out scenarios during a Shoot, Move, Communicate course. The specialized training took place at the Orchard Combat Training Center near Gowen Field, Idaho, March 8, 2015. (Air National Guard photo by Senior Airman Cassie Morlock)

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Airmen from the 124th Security Forces Squadron prepare to make entry and clear a building while participating in a Shoot, Move and Communicate course. The specialized training took place at the Orchard Combat Training Center near Gowen Field, Idaho, March 10, 2015. (Air National Guard photo by Senior Airman Cassie Morlock)


Want to see more pictures? Visit our Flickr Album by clicking the logo:
THE STRONG SHALL STAND

24-HOUR RUN HONORS THE FALLEN

by Lt. Col. Gary Daniel
124th Fighter Wing Public Affairs

Gowen Field, BOISE, Idaho—Members of the 124th Air Support Operations Squadron (ASOS) here were joined by numerous individuals from units across the 124th Fighter Wing at Gowen Field in Boise, Idaho as they ran the last mile of the “24 Hour Challenge” benefitting the Tactical Air Control Party Association. Participating runners raised over $2,500 and covered over 250 miles between Thursday afternoon and Friday morning last week. “The best thing we accomplish with this event each year is to keep the memory alive of our fallen Joint Terminal Attack Controller (JTAC) (Maj. Gregory Stone in 2003) and the JTACs from other Guard ASOS units,” said a retired JTAC who wished to remain nameless.

This is the fourth-consecutive year that the 124th ASOS has sponsored a full 24-hour run with blanket coverage of at least one runner participating every memorial hour. Shown here are runners who had logged miles previously during the event and took time for a group jog to celebrate the last mile together. The group finished at Gowen Field Memorial Park.

“keep the memory alive of our fallen”
MASTER SGT. MICHELLE L. THOMPSON (FEBRUARY)

Favorite Food - Food is her favorite food. She considers herself a foodie, but if she had to choose she would eat a fresh caprese salad.

Hobbies - Reliving his glory days playing softball and coaching his son's flag football team

Why she was nominated and selected - Deploying more than 100 Airmen is a huge undertaking. Getting her fellow Airmen trained and signed off on their deployment checklists was no easy task, and required many extra hours of work. Not only was there extra hours, but it required complete transparency and effective communication with all supervisors. This ensured Airmen were ready to remain "always on mission."

"Communication is important, it needs to flow up and down so we can continue to do what we do everyday." - Master Sgt. Michelle Thompson

Unit - 124th Maintenance Operations Flight
Job Title - Training Manager
Years of Service - 12+
Civilian Employer (Full-time Guardsman) - 124th Maintenance Group
Years on the Job - 2+ Years

C-FLIGHT 124TH SECURITY FORCES SQUADRON (MARCH)


Why they were nominated and selected - While responding to a high risk call, Charlie Flight reacted with clear decisions and professionalism in the execution of their duties resulting in the life saving actions of a person in a sister military branch.
Know your 124th Fighter Wing SAPR Team

Lt. Col. Elizabeth Sumner
Sexual Assault Response Coordinator

1st Lt. Kristen Daigle
Alternate SARC

1st Lt. Brittany Sellers
Alternate SARC

SSgt Nick Lasher
Victim Advocate

SSgt Sandra Wing
Victim Advocate

TSgt Christina Rohrenbach
Victim Advocate

SMSgt Becky Hawk
Victim Advocate

Victims have two reporting options

**Restricted Reporting**
- All personnel
- Confidential
- Law Enforcement and/or commander not notified
- Can collect evidence
- Can go unrestricted

**Unrestricted Reporting**
- All personnel
- Discreet, “need to know”
- Law Enforcement investigation initiated
- Commander notified
- Can collect evidence
- Can go unrestricted

To report a sexual assault, contact the 124 FW SARC at 208-447-6166 or call the DoD Safe Help Line at 877-995-5247

5K Fun Run/Walk

Eliminate Sexual Assault:
Know Your Part. Do Your Part.

When: April 24, 2015 at 3:00 pm

Where: Gowen Field Outdoor Pavilion

Who: Idaho Military Division members and families

FREE to all who participate!

For questions, please contact:
CMDS: Eightz: (208) 212-4205 / Eightz.Report.mil@mail.mil
LTS: Sumner: (208) 422-6152 / elizabeth.sumner@jag.mil
AIRMAN’S COUNCIL

MEET YOUR NEWLY ELECTED AIRMEN

-PRESIDENT-
SENIOR AIRMAN LONNIE L. KEMP

Unit: 124th Services Flight
Job Title: Food Service Member
Years of Service: 7 years
Civilian Job/Employer: Full-time student and lawncare business owner
Hobbies: Loves spending time with family and friends, long motorcycle rides, and working on his lawn care business.

-VICE PRESIDENT-
AIRMAN 1ST CLASS ANNELISE M. ROWE

Unit: 124th Force Support Squadron
Job Title: Personnelist
Years of Service: 1+ years
Civilian Job/Employer: Health and Wellness Coordinator at St. Lukes
Hobbies: Running and competing in road races, blogging, and exploring with her husband.

-RECORDING SECRETARY-
SENIOR AIRMAN KEVIN J. HUNTER

Unit: 124th Logistics Readiness Squadron
Job Title: Personnelist
Years of Service: 6 years
Civilian Job/Employer: DirectTV as a retention specialist
Hobbies: Serving in his church, teaching ballroom dancing and disc jockeying for a variety of events in the community.

-SECRETARY-
AIRMAN 1ST CLASS DANIEL M. SLATER

Unit: 124th Comptroller Flight
Job Title: Military Pay Technician
Years of Service: 2+ years
Civilian Job/Employer: Full-time Military Pay Technician
Hobbies: Loves spending time with family and friends, long motorcycle rides, and working on his lawncare business.
124th Fighter Wing Commander Col. Sherrie McCandless hosts interested members of Gowen Strong who experienced “the day in the life” of an Air Guard aviator on a March 20, 2015. (Air National Guard photos by Tech. Sgt. Joshua Allmaras)
INTERNATIONAL LEADERSHIP DEVELOPMENT COURSE

Calling all Second Lieutenants, First Lieutenants, Captains, Master Sergeants, and Senior Master Sergeants interested in leadership development.

APPLY NOW
for the
International Junior Officer Leadership Development Course in Germany
or the
International NCO Leadership Development Course in Canada

FOR MORE INFORMATION CLICK THE PICTURE BELOW

Application Deadline: May 13, 2015

STRONG BONDS Couples Weekend WORKSHOP
April 24-26, 2015

The Strong Bonds Couples weekend retreat is designed to help couples reconnect after deployments, strengthen marriages, inspire hope and rekindle the spark — you may even start the journey of healing for a relationship under fire.

- ROMANTIC ROOMS
- FINE DINING
- HIKING
- SHOPPING
- MEET NEW COUPLES
- LEARN NEW TOOLS FOR MARRIAGE
- TIME TO RECONNECT WITH YOUR SPOUSE
- DATE NIGHT

Food and lodging for this event will be covered by the ANG. Child care not provided.

Contact: CH Rob Morris
(208) 272-6468
Email: idahochaplain@id.ngb.army.mil

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LOCK IN 2015 Eastern Idaho

Join us to Celebrate Month of the Military Child

When/Where/Who?
- April 24, 8pm to April 25, 8am
- Idaho Falls Armory
- Military connected youth ages 10-18

What Are We Doing?
- Most purple contest
- Hang out with friends
- Games
- Crafts
- Movies

What Do I Bring?
- Pillow/sleeping bag
- Pajamas
- Board games/movies
- Snacks to share

We are seeking 5 chaperones to make the event possible! Split shifts may be available. For registration or chaperone information, see contact information below.

To register or chaperone:
Debbie Blogburn
debbie.d.blogburn.ctr@mail.mil
(a) 208-272-4387 (c) 208-406-1265

50TH ANNUAL
ANG WESTERN GOLF INVITATIONAL

Want to join the 124th Fighter Wing in their pursuit of winning the Air National Guard Western Golf Invitational again?

2015 Invitational Details:
Location-Las Vegas, Nevada
Course-Angel Park Golf Club
When-July 16-18, 2015

For more information contact:
Dean Lavilla
124th AMXS Weapons Element
208-422-6417
or visit www.angwesterninvitational.com