

The Mounted Rifleman

3d Armored Cavalry Regiment

September 2004



Inside This Issue:

Commanders Corner

Running From Challenges Gets Us Nowhere

Squadron Updates



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On the Cover

Picture: 3d ACR Mass Re-Enlistment Ceremony. Picture taken by SPC Zack Mott



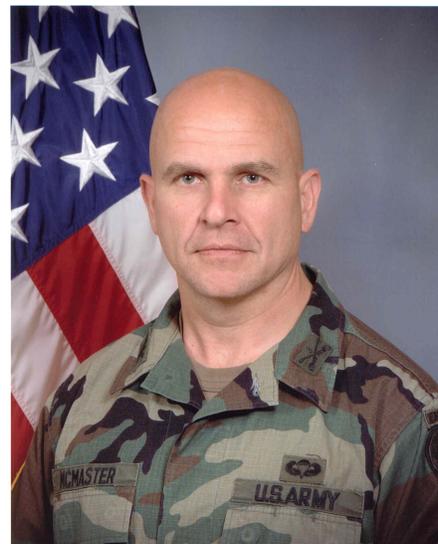
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***3d Cavalry Association
Membership Application page 21***

A Message From the 71st COL Of the Regiment

My family and I consider it a great privilege to be part of the Brave Rifles team. Our Regiment is unique. We are the only air-ground, combined arms team designed to conduct security operations and fight for information across wide areas. Our Regiment demonstrated its tremendous capability and flexibility during Operation Iraqi Freedom and our troopers' performance there revealed their toughness, courage, competence, and professionalism. Serving in the cavalry is challenging because the standards that come with cavalry missions are high. Cavalry operations demand that our troopers maintain the highest level of fitness, master a large number of complex tasks, demonstrate perfect discipline, and take initiative to make things happen. We are focused on reestablishing predictability in our training plans and schedules, maintenance and services on equipment, welcoming and integrating new leaders and troopers into our teams, and training under tough, realistic conditions to prepare for operations in Iraq.



In a July deployment order, our nation called on the Brave Rifles as it had during the Mexican War, the Civil War, the Indian Wars, World War I, World War II, Desert Storm, and Operation Iraqi Freedom. I had the opportunity to speak with our troopers upon receipt of that order, first in a mass formation, and since then individually and in small groups. All of us know that our deployment will place great demands on our troopers and family members, but we also know that the stakes are high and that our nation needs this Regiment to continue the fight, defeat our enemies, and help bring the Iraqi people the security and stability they deserve after three decades of horror under Saddam Hussein. Iraq is one battleground in a larger war against mass murderers who do not consider any Americans or citizens of nations friendly to us innocent. In Iraq, our enemies are desperate to see our Coalition and the brave Iraqis who are fighting for their nation's future fail. A free Iraq is a great danger to our enemies because their strength depends on ignorance and hatred. Success in Iraq will clarify our intentions and expose the lies of our enemies. If we lose on this critical battleground, our enemies will be emboldened and it will be our children who will have to fight and they would be certain to pay a much higher price.

Because our time is limited, we have to achieve a high degree of concurrent activity. In July, we conducted a weeklong conference to identify lessons learned in Iraq and integrated those lessons into our standard operating procedures and our training strategy. We conducted small arms training and training on other critical individual tasks and are emphasizing physical training to build endurance and physical toughness. We are training leaders and troopers in critical skills such as Arabic, emergency medical training, and urban operations. We will conduct Brave Rifles Stakes, an exercise that will place our squads and sections into situations like those we might experience in Iraq to evaluate soldiers' and teams' abilities to execute critical tasks under combat conditions. From September through the end of November, we will integrate live fire and maneuver training to develop our ability to fight together as units. Our training will replicate possible scenarios in Iraq and will develop the highest degree of competence and

confidence. Our commanders and staffs are already conducting critical liaison and planning for the mission. We will train hard until Thanksgiving, recover from training and complete critical personnel and maintenance tasks, take a two-week block leave over the holidays, and take advantage of the most realistic training our Army has to offer at the National Training Center (NTC) at Fort Irwin, California in January. When we return from NTC, we will prepare for deployment, take some time off, and finalize our operational plans.

While our first priority must be to ensure that our troopers and units are prepared for the mission in Iraq, we will also strive to achieve balance between training, maintaining our equipment, and enjoying time with our friends and families prior to deployment. In addition to the block leave period in December, squadrons have identified training holidays to give troopers long weekends prior to and after each major training exercise. Leaders at all levels are working hard to plan training so we go hard, meet our training objectives, recover our equipment, and go home. Our goal is to waste no time and achieve the highest degree of efficiency in everything we do. Serving in the Brave Rifles is tough and challenging, but it is also fun. Squadrons are planning balls and other great activities and I encourage all of you to attend to get to know each other better and celebrate all that we are accomplishing together. Family Readiness Groups are an important aspect of our readiness to deploy and I ask our spouses to attend so we can strengthen the extended Brave Rifles family, keep our families informed, and make sure everyone is aware of the great support for families available here at Fort Carson.

I want to thank each of you for your service during this critical time. In his book on World War II, Tom Brokaw called the soldiers who fought in that great struggle the "greatest generation." I believe that those serving in our armed forces since September 11th 2001 are the new greatest generation. On August 18, our Regiment conducted a mass reenlistment ceremony to honor and thank those troopers and families who reenlisted after we received our deployment order. Thirty-one of those troopers reenlisted to stay with the Regiment. It is easy to recognize the demands that come with service in our Army; it is sometimes more difficult to understand the rewards of service. We know that we are making a difference in an endeavor greater than ourselves. We also know that we are part of team in which we are prepared to give all for each other.

It is often our military spouses and family members who make the greatest sacrifices and have to endure the greatest hardships. I want to express my gratitude, thanks, and respect for all that our spouses do to make possible the service of our married soldiers. Our soldiers are true American heroes and our families are heroes as well. I am proud to serve alongside you in the Regiment of Mounted Riflemen.

Brave Rifles!



A Message From The Regimental Command Sergeant Major

Greetings Brave Rifles. It is indeed an honor and I'm truly humbled to be writing to you in our first edition of our newsletter. First I want to thank you for what you do everyday and I just want to know that it doesn't go unnoticed. You are the Defenders of Freedom of the greatest country in the world and as long as you are on point the world can rest peacefully. Our time is drawing near where we will answer our nation's call again by deploying back to Iraq. Please take this time to get all of your personal, family, and professional issues in order before our major train up and deployment. I ask each of you to be vigilant in your training and ensure you and everybody around you are prepared for our upcoming deployment. If you didn't know, FORSCOM has given us priority for all NCOES and we have sent or will send over



500 troopers to school by the end of August. I really want to thank the chain of command for supporting these schools, I know it has been hard to conduct training without these great troopers, but it will pay off in the long run. The Regiment is extremely busy; there is no white space on the calendar and your plate is full. We are all professional jugglers and have a dozen things we are juggling at any given time. I just ask you to be very careful of which item to drop if you have to drop any. We are losing and gaining soldiers daily. Please send our departing soldiers out professionally ensuring we present their awards here in front of the soldiers with whom they served. Wrap your arms around our incoming soldiers and families and welcome them to America's Cavalry. Again thank you for your dedicated service that you show everyday.

BRAVE RIFLES
RCSM





RETENTION BULLETIN



On 18 August 2004, Soldiers of the 3D ACR, reenlisted or reaffirmed their Oath of Reenlistment, with the Regimental Commander Colonel H. R. McMaster. Special guests were MG Robert Wilson and DCSM Terrance D. McWilliams.

At the Special Events Center, Soldiers were recognized for their selfless service by reenlisting in a time of war. They decided to continue serving knowing that there has been an increase in deployments and changes in the Army. The decision these Soldiers have made to remain with the strongest military force in the world showed the strength of character and pride of our Army's Force.

The spouses were thanked by MG Wilson and the RCO for their unwavering dedication and support of the Soldiers. They were presented with a Certificate of Appreciation, "Support Our Troops" magnetic ribbon and a yellow rose.

A new Selective Reenlistment Bonus and Location Selective Reenlistment Bonus is in effect as of 26 August 2004. It includes a bonus to remain at Fort Carson. For further information please call your Career Counselor.

<i>RHHT</i>	<i>SFC Baker</i>	<i>526-3417</i>
<i>1/3 ACR</i>	<i>SSG Henderson</i>	<i>524-1909</i>
<i>2/3 ACR</i>	<i>SSG Paris</i>	<i>524-1912</i>
<i>3/3 ACR</i>	<i>SSG Jones</i>	<i>526-8896</i>
<i>4/3 ACR</i>	<i>SSG Rozina</i>	<i>526-5554</i>
<i>SPT/3 ACR</i>	<i>SSG Victor</i>	<i>524-0161</i>

3d ACR Mass Re-Enlistment August 18, 2004





TIGER SQUADRON

Squadron Update

Following its usual form of leading the way with aggression and unfaltering poise, Tiger Squadron has tenaciously executed its training and maintenance over the last month. Just as future troopers could not wait to take part in the forging of the Regiment by joining B Troop (the Regiment's very first troop) in 1846, troopers continue to re-enlist, keeping Tiger Squadron retention rate high.

When it comes to sports competition, the squadron has been no less notable. Every morning when most mere mortals are still supine asleep, dreaming of reality shows in which they would like to star, or lusting after visions of JLo's or Brittany Spear's pierced navels, the determined, Spartan troops of Tiger Squadron are out bettering themselves like great gladiators on the "friendly fields of strife." One can witness Tiger Squadron athletes battling each other in Ultimate Frisbee, sprinting after the pigskin in a good old fashioned football game, or engaged in a melee of shin-shattering soccer action. As one would expect, a number of these venerable veterans of the friendly fields of strife have become veritable iron men with scores of 300 and above on the Army Physical Fitness Test, conducted in July. Their names are listed below. The squadron's scores were good, but there is room for

improvement. The King Battery basketball squad led by their illustrious coach, SGT William Proctor, proved to be too much for the rest of the Regiment's contenders in a regimental basketball tournament in the month of July.

The Squadron has fit large amounts of training into a small amount of time. Tiger Squadron troops have executed a number of ranges with

accuracy and precision of which even Carlos Hathcock II, the famous U.S sniper, would be proud. King Battery's officers journeyed to southern Texas to visit the Alamo and the Goliad in an effort to broaden their military knowledge. 2LT Andrew Zuk organized the logistics behind the staff ride to south central Texas. While at the Alamo, the officers were greeted by Dr. Bruce Winders who gave them an in-depth presentation of the events leading up to and during the Battle of the Alamo. Next, the officers took nearly a century's step back from the Alamo to see the Goliad Monument, the site of the Presidio la Bahia built in 1749 to protect Spanish possessions in Texas from French encroachment.

Here are a few noteworthy Squadron events that will take

place in the near future. A few of the Squadron's Key leaders will take a trip to the National Training Center. This trip will be a weeklong event where leaders can observe operations in order to better prepare for the squadron's upcoming rotation. Very shortly the squadron will begin Rifles Stakes, which will test the soldiers' abilities in common, battlefield tasks.

New Babies

There have been two new Tiger Squadron babies. In Apache Troop Staff Sergeant Mrs. Zachariah Byrd had a baby girl on 04 July. In Dragon Company SPC Broderic Braegger had a baby girl on 02 August.

The following soldiers scored 300 or above on the

Army Physical Fitness Test:

2LT Thomas B. Smith, King Battery

SFC Artie Loreda, Dragon Company

MAJ Bryan Radliff, Headquarters Troop

1LT Scott Weaver, Headquarters Troop

1LT Andrew Pfluger, Headquarters Troop

SGT Lancelot Bacchus, Headquarters Troop

A Word From the Commander Tiger 6

Tiger Squadron has been busy in all regards since returning to Ft Carson from Iraq. After taking a well deserved 30-day block leave, there were several command changes. CPT Mike Davis took command of Apache Troop, succeeding CPT Justin Brown; CPT Bill Eldridge is the new commander of Bandit Troop, succeeding CPT Chris Alfeiri; CPT Wade Birdwell took command of Dragon Company, succeeding CPT Chad Roehrman; and CPT Chad Roehrman moved into command of Roughrider Troop, succeeding CPT Jay Erwin. Additionally, we welcomed MAJ Derrick Baxter as the new Squadron Operations Officer, replacing MAJ Dan Dwyer. We welcome all new leaders and wish them the very best as we lead the Squadron in preparation for deployment to Iraq.

Tiger Squadron is in the midst of change as over 200 troopers are on orders to depart the Regiment and serve in other important positions in the Army. Meanwhile, we are receiving and integrating new leaders and troopers. This state of flux provides an additional challenge to all of the squadron's leaders while the focus on regenerating the combat readiness. This includes the exhaustive process of thoroughly inspecting, servicing, and cleaning all vehicles. Additionally, we are rebuilding stocks, requiring us to order thousands of needed

parts and supplies. Concurrently, we are training hard to improve our war fighting skills. Our units are conducting small arms qualifications, virtual training in our simulators, physical training, and preparing for gunnery qualifications of our mobile weapons systems in October. As the Squadron sets a course that prepares us for another Iraqi Freedom rotation, we face many challenges, but there is no mission too tough, no challenge too large, for Tiger Squadron to overcome.

The Squadron recently conducted the grueling Expert Field Medical Badge Competition, which required most of our medical personnel to conduct weeks of training for the 10-day competition. We look forward now to conducting a 48-hour long "Rifles-Stakes" competition from 13-24 September, which will challenge our soldiers to conduct combat related tasks under arduous conditions.

As the Squadron works and trains hard, we are careful to ensure there is a balance between work, family, and community. We are minimizing time spent on the weekend training and I am adamant about adhering to the standard duty day hours. Additionally, I encourage our soldiers and their families to participate in the many activities the Colorado Springs area has to offer; while also participating in unit-organized sporting events, picnics, and fund raising events. While we are busy, I encourage commanders to give their

soldiers leave as opportunities arise. As we build our new team of leaders and soldiers, we do our best to ensure families are received and welcomed. Our Family Readiness Group is full of new faces dedicated to keeping families informed and providing assistance to the family team when needed.

In closing, I should point out that there is a mistake in the Old Italian proverb, "It is better to live one day as a lion than a hundred years as a sheep." Rather, it should read, "It is better to live one day as a Tiger." I am proud and honored to serve in the great Tiger Squadron with the most professional and dedicated soldiers I have ever encountered. We recently instituted the "Tiger Hero of the Week," where we recognize a trooper each week for his outstanding performance. Last week's hero was SPC Bowers from Apache Troop. The sacrifice of our troopers and their families serves as a testament to their sense of honor and commitment to our Nation. It is my *privilege* to lead such a strong and professional team. I look forward to the training ahead and am confident that all missions will be executed with the absolute highest standards.

LTC Reilly
Tiger 6





SABRE SQUADRON

A Message From the Commander Sabre 6

As the summer wanes, I'd like to take some time to reflect on this recent season of transition for Sabre Squadron. In June and July, we experienced a tremendous changing of the guard as many of our combat-proven leaders departed. We will sorely miss CPT James Hayes, of HHT; CPT Dave Palazzo, of Eagle Troop; CPT Ed Werkheiser, of Heavy Company; and CPT Mike Riedmuller, of Fox Troop. These commanders displayed the minds and mettle of great Army Leaders; they are men of character and fortitude and courage, who truly have been steeled in the fire and blood of combat. They are all sure to meet with tremendous success as they continue with their careers.

Many of the First Sergeants who bravely led the Squadron during Operation Iraqi Freedom

have also moved on: 1SG Griffin, of HHT; 1SG Greene, of Eagle Troop; 1SG Connette, of Fox Troop; and 1SG Banta, of Zulu Troop. Each of these men had a tremendous positive impact on the soldiers of Sabre Squadron; they have shown themselves to be strong in their convictions, bold in their leadership, and fearless in the face of danger.

Finally, we said goodbye to CSM Dailey, our hard working and much-respected Operations Sergeant Major, who established and continually relocated Sabre's many Forward Operating Bases throughout our year in Iraq. Although his departure is much lamented in Sabre, the Cavalry will not be without CSM Dailey's many talents; he has moved on to become Thunder Squadron's Command Sergeant Major.

An outstanding group of new Commanders and First Sergeants have taken charge, and the Squadron has not missed a step in its relentless pursuit of excellence. In June, Eagle Troop was presented with the Draper award, acquiring it from Fox Troop to make it two years in a row for Sabre Squadron. In July, we

received notification that the Rhode Island State Senate passed a resolution honoring Second Squadron for “the Esprit de Corps” we extended to the 115th Military Police Company of the Rhode Island National Guard while deployed in Iraq. It was an honor for us to work with the professional and unstoppable soldiers of Task Force Enforcer.

We are nearing the end of our transition from reintegration and recovery operations to battle-focused training for the road ahead. Sabre’s soldiers have qualified on their weapons systems and are in the midst of intense vehicle maintenance and preparation for gunnery at the end of September. While the Tank and Bradley crews will be mastering their target acquisitions, the 43d Combat Engineer Company will be running its demolition ranges and Sapper Stakes training exercise. The months ahead will be busy and challenging for the troopers of Second Squadron, but the training value will be immense and the payoff will be quantifiable.



success in every way on and off the battlefield; this goal could never be realized without the hundreds of great families

that stand behind our troopers in every way. I'd like to take this opportunity to thank all the wonderful spouses and children who are an integral part of the Sabre family, with special recognition to the outstanding leaders of the Family Support Groups. You are appreciated for the sacrifices you make and the unending support you provide to the soldiers of Second Squadron. You make our success complete.

Sabre Ready! Ai-ee-yah!

LTC Hickey
Sabre 6



THUNDER SQUADRON

A Message From the Commander Thunder 6

Since 1855, the 3d Squadron and 3d Armored Cavalry Regiment have a proud history of providing support for the national defense. Thunder Squadron is proud to have been the command of GEN George S. Patton, Jr., who also served as the 29th commander of the regiment. Thunder has seven Medal of Honor recipients throughout its' proud history. I am honored to serve as the Thunder Squadron Commander. Barb and I consider us fortunate to have joined such a fantastic team. Your welcome has been tremendous and we are pleased to be on board.

As many of you know, the Regiment has recently received deployment orders. These orders are in support of the Global War on Terrorism in the Middle East Theater of Operations. For many troopers this will be their first experience with a deployment while for others it is their second in a short period of time. In either case, this deployment raises very important issues.

As the Squadron's Commander, it is my intention to provide as much information as possible to individual troopers, family members, and the community. I have completed my visit to all of our units and provided initial information concerning our mission in the Middle East and our deployment timeline. You are encouraged to share this information with family members and friends as it addresses questions that you and they may have.

Although the exact dates are not yet determined, Troopers will be called to deploy in late spring/early summer 2005. To prepare for that deployment, we will spend the next several months preparing our equipment and ourselves for this mission. Preparations will include an intensive individual and collective training period to ensure that we are ready to deploy.

It is critical that each of you begin to plan personally, financially, and legally for your upcoming deployment. It is your responsibility to keep your family and friends informed about our upcoming deployment, as it is mine to provide that information to you. As more details are made available, your chain-of-command will be charged with keeping you informed, and I encourage you to continue to ask questions and to seek additional assistance if necessary. You have my commitment that your chain of command will provide competent and professional leadership to ensure that your safety, well-being, family, and peace of mind is taken into consideration.

Once again, it is an honor to be Thunder Six and to work with such fine Troopers and families.

Brave Rifles!

LTC
Price
Thunder

6



LONGKNIFE SQUADRON

A Word From The Commander Longknife 6

I would first like to thank everyone in the Regiment and the 4th Squadron for the warm welcome and great reception into the Army's premiere heavy cavalry regiment. I feel deeply honored to be given the responsibility of command and look forward to the many challenges and success that lay ahead. The Squadron has many significant accomplishments from OIF 1 under its belt and everything I have seen thus far indicates more success will follow. Longknife is committed to providing every member of the ACR the finest and most responsive air support in the Army. The unique brotherhood that exists between the ground Squadrons, RSS, and

Longknife is like none anywhere else in the Army. Over the next two

quarters, Longknife will continue to foster the air-to-ground training and skills that have been the centerpiece for the Regiment. Finding balance in these busy times is often difficult, but the dedication of our Troopers and their families is second to none and I am sure that our combat team is up to any challenge. Longknife Squadron stands ready to respond to any challenge and proud to be part of the regiment of Mounted Riflemen.

Douglas Pavek
Longknife 6

Stetsons On Top



Longknife Update

Since our return from Iraq the Longknife Squadron has been very busy with equipment recovery, aircraft reset and ground vehicle maintenance. Our rail-load operations are finally complete and we can begin the process of getting our equipment ready for the next time around. The Troopers have recently been through small arms ranges in order to keep qualifications up-to-date and maintain our combat readiness level. The Squadron has seen a lot of new pilots come and go, which means that aircrews are busy with Readiness Level Progressions and NVG training.

Nomad, Outlaw and Pegasus Troops have begun training again with their respective ground units in order to hone the combat skills and relationships that were developed during OIF. The 571st MEDVAC Company has been supporting various activities in the Regiment and outside the Regiment. Stetson has conducted Search and Rescue missions for Colorado rescue teams. Renegade has recently completed individual pilot training for the AH-64D Longbow and now heads to Fort Hood for unit training with their new aircraft.

The Longknife family has undergone a lot of changes since our return with the loss of the AH-64A Apache and along with that, Quicksilver Troop. We have a new Headquarters building and coming soon a new Longbow simulator building. There have been lots of

faces changing with soldiers coming and going. Along with that, we have seen four Change of Commands. CPT Gilstrap, from Renegade, took command of HHT from CPT Glass who went on to continue his education. CPT Whiting, new to the unit, took command of Renegade. CPT Rush from the S3 shop took command of Pegasus from CPT Powers who also went on to continue his education. Finally, MAJ Rude took command of 571st from MAJ LaChance.

With all of the busy work there has been time to recover from the deployment with Troopers taking leave and various Troop level fun activities. Stetson Troop recently took a day to climb Pikes Peak. According to 1SG Flatau everyone who started the 14-mile hike made it to the top, with the quickest time being 5 hours and the slowest time of 8 hours. Some of the Troopers even hiked a mile back down to help motivate the slower ones on their way up. Even though there was a lot of grumbling and complaining, everyone was all smiles at the top with a feeling of pride that only comes from an accomplishment such as this.

For the future, Longknife is focused on training and preparing for the next deployment. The Commanders and Staff will be heading to National Training Center for a Leader's Recon and in September, the Kiowa Troops will be conducting an aerial gunnery, so be listening for rockets and 50 cal to be going down range. Air Cav!





SUPPORT SQUADRON

SUPPORT SQUADRON RACES FOR A CURE By CPT Ammilee Oliva

On August 8th 2004, Fort Carson hosted the 10th Annual Susan B. Komen Race for the Cure. Support Squadron, 3rd ACR had two large teams participate in the race with over 45 soldiers and family members running or walking the 5K race. With the help of Muleskinner's friends and family, Support Squadron raised nearly \$1000 to aid breast cancer research.

The Muleskinner Team displayed their spirit by donning identical black "Stay Muleskinner" t-shirts. The Packhorse Team led by SGT Alba, was sponsored by the Supply & Transportation Troop. The Troop used unit funds to help out their team by paying \$15 of the \$20 entry fee for their 10 runners.

The first few hundred meters from the start of the race were very slow as thousands of runners took off from Iron Horse Park. The race looped onto Specker Ave, up Titus

Blvd, and onto Sheridan where the race ended just through the entrance to Iron Horse Park. Outstanding Muleskinner finishers were CPT Todd Allison from Headquarters, Headquarters Troop finishing with a time of 22:54 and placing 84th overall. LT Carla Graves from Medical Troop finished with a time of 23:04. Graves finished 87th out of the 964 timed runners and placed 13th overall for women. CPT John Fennell, the 89th Chemical Commander finished with a time of 27:08 placing 289th overall. The Packhorse Team finished strong together along with their guidon. SPC Sony Flibert carried the HHT guidon and finished alongside his Commander, CPT Mary Thompson.

The race was a great day for the Muleskinner family and for the survivors, family, and friends coming together to help support breast cancer research. The Colorado Springs Race for the Cure had approximately 10,000 runners and walkers and raised over \$200,000 dollars for breast

cancer research. Stay
Muleskinner!

“Take the Hill... in Manitou Springs”

By SPC Fletcher

Officers from the Muleskinner
Squadron recently took on the

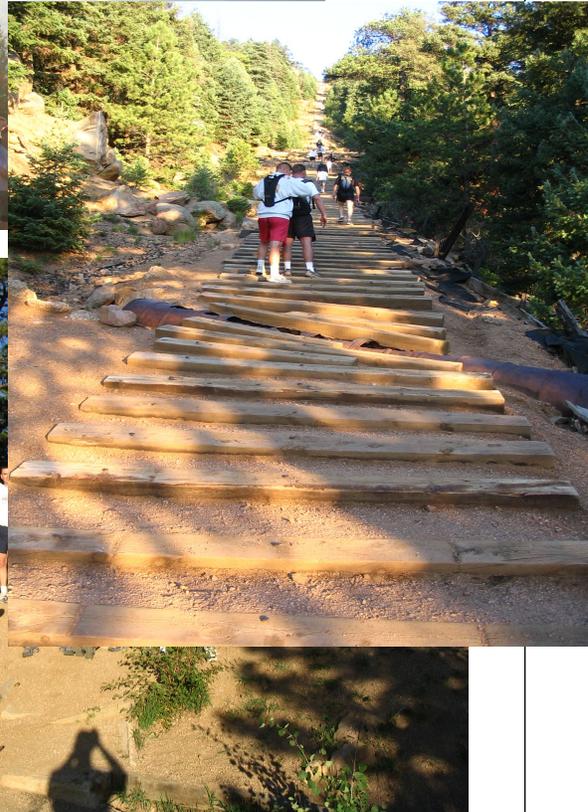
The hill itself would seem
to be a challenge to
anyone, but Support
Squadron took the hill with
vigo

Reaching the top in less
than 35 minutes. One
Muleskinner even reached
its summit in 22 minutes,
only four minutes off the
record for the hill.

Motivation was running
high, as troopers reached
the top turned around,
and helped the ones
behind them. Once the
final soldier reached the
top, LTC O’Connor, the
squadron commander
gathered everyone
together and gave words
of wisdom to the CTLT
cadets, as they were
leaving to go back to
school. Final actions on
the objective included a
group picture followed
by a thunderous
Regimental Accolade
echoing down the
mountain.

Now, going up the hill is
one thing, but going down
is another. Going down the
hill proved to be as

“The Hill” in Manitou
Springs. The squadron met at
the base of the hill stretched,
got accountability, and set off
to conquer the hill. From the
base to the top it is roughly 3
miles and 8900 ft above sea
level. Stairs seem to go
straight up the mountain and
includes a false peak, to
crushes your hope of making
it to the peak. A physical and
mental challenge, the hill is
not to be taken lightly.
challenging going down as
it was going up.



Twists and turns on a
narrow trail going down as
fast as your body weight
takes you is difficult
enough, now add in loose
gravel and jagged rocks,
and you have a whole new

set of obstacles to deal with. Despite this only a few officers received minor cuts and bruises from coming down the hill. But, Medics were present to treat them.

From 6 to 8 AM that morning we pushed our bodies and came together to reach a common goal to beat the hill. In all, the hill did prove one thing. It's great PT.

CHAPLAIN

RUNNING FROM CHALLENGES GETS US NOWHERE

George ran from the fight. He had aspirations for greatness. He had dreams. And he had talent to bring those dreams within his grasp. But in the face of a menacing opponent George ran.

George was a nineteen-year-old "inmate" of Saint Mary's Industrial School for boys - a Catholic reform school. The greatness he sought was as a baseball player. George's talent? He was a pitching sensation. Better than anybody - better than anyone except Bill Morrisette, that is. Bill Morrisette, star-pitcher of rival-school Mount Saint Joseph, was George's "opponent."

Everyone at Saint Mary's was talking about the upcoming showdown between Morrisette and George. They were tired of hearing about Morrisette's no-hitters, of how devastating he was on the mound, of how he had beaten down the best hitters of Holy Cross, Georgetown, and Bucknell. Now the teams of Saint Mary's (a high

school) and Mount Saint Joseph's (a college) would clash. But all attention focused on two pitchers - George and Bill Morrisette.

George was scared. The prospect of failure and having to face his teammates was too much to bear. So, ten days before the showdown, George fled. After all, he was just a kid from the slums of Baltimore. He was just a reform school inmate. Everyone was expecting too much from him.

But George didn't get off that easy. A probation officer and night watchman tracked him down and dragged him back. Finally George got a handle on his fear and faced the challenge. Thank God he did. For in that game it was George who pitched a no hitter and struck out 14 players in the process. As for Bill Morrisette, he gave up 6 runs, losing the game 6-0.

Whatever became of these two young men? Bill Morrisette went to the majors. His major league career lasted a total of 13

games. As for George, his major league career lasted a little longer - 22 years! Although, he spent the seven of his pro years as one of the best left-handed pitchers the game has ever known (92 wins against 44 losses), you probably know him better as a gifted outfielder and you certainly know him as one of the most powerful hitters of all time - George Herman "Babe" Ruth. Just think of all he might have missed by running away.

What about us? Are we ever tempted to run from a fight, to flee from a challenge? What greatness will we miss if we run away? God can give us the courage to face our fights and the strength to win them. The Scripture says, "Do not fear, for I am with you; do not look anxiously about you, for I am your God. I will strengthen you, surely I will help you, surely I will uphold you with my righteous right hand." (Isaiah 41:10)

Your Unit Ministry Teams

Regimental Chaplin

CH (MAJ) David Causey

526-8890

338-1536

Regimental Chaplin NCOIC

SFC Tim Metcalf

526-6890

651-9261

1st Squadron UMT

CH (CPT) Bowman

526-5513

200-3909

SGT Crum

524-2847

2nd Squadron UMT

CH (CPT) Benimoff

526-2938

351-1955

SPC Seng

526-2938

3rd Squadron UMT

CH (CPT) Hamrick

526-0741

338-5245

4th Squadron UMT

SGT Chalcraft

526-8671

229-6347

SPT Squadron UMT

CH (CPT) Moras

526-1232

494-6959

SGT Mooney

526-1232



SAFETY

A Message From the Regimental Safety Officer

Labor Day marks the end of another 101 Critical Days of Summer Safety Campaign. Labor Day also marks the end of the summer season. This will probably be the last chance for some people to have a little family fun before the school season gets into full swing.

Fun can immediately turn into tragedy when proven safe practices are ignored. People sometimes throw caution to the wind just to have a little fun. We've got to get everyone in the Regiment thinking and practicing risk management all the time.

If you're spending the Labor Day Weekend in **water-based-activities**, remember basic water safety rules. Never swim alone. Always wear a life jacket or personal floating device when in any water craft-check to make sure that the device is a US Coast Guard approved (there will be a label on the jacket or device indicating that it is of approved design). Alcohol and water activities don't mix.

Closely supervise all children when they are engaged in activities in or near water; know how to save the child in the event there is an emergency. Take a course in first aid and CPR at your local red cross, and inquire about information or courses in Community Water Safety.

Going **hiking, biking or camping** remember to use sun block if you will be outdoors. While most people know that the sun's rays are dangerous, that does not always translate into recognizable protective actions, "Wearing sunscreen and practicing sun safe behavior can protect against not only sunburn, but premature aging and the future development of skin cancer." "Sun protection habits, including wearing a broad-spectrum sunscreen with a sun protection factor (SPF) of 15 or higher, is especially important at a young age since 80 percent of a person's lifetime sun damage occur before the age of 18, Early initiation of sun protection behaviors

by parents, and consistent use throughout life, may decrease a child's lifetime risk of developing melanoma. If riding your bicycle on a road with other vehicle traffic, use caution, and follow the rules of the road. Always wear an approved bicycle helmet when riding a bicycle; motorcycle and ATV always wear approved helmets as well. If you are in an area that allows campfires, never

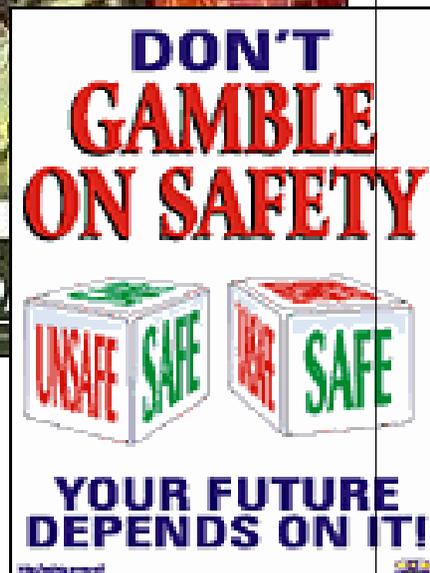
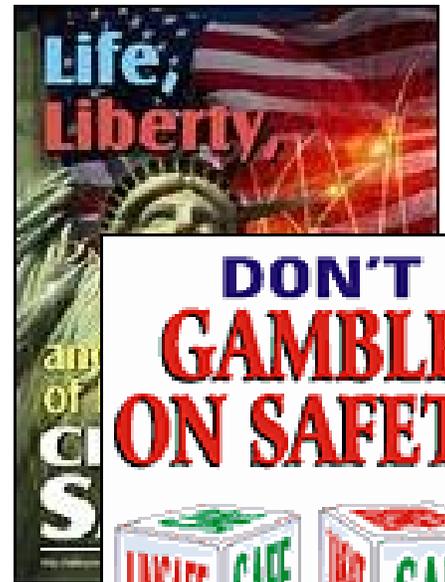
leave your fire unattended, and make sure that it is completely out before leaving your campsite. Follow all posted regulations for the area in which you are camping.

Taking a **road trip** this weekend? Make sure that there is a fully stocked first aid kit in your vehicle before departing, and know how to use the contents. Check your vehicle for

safety that includes checks of tire pressure and brake systems. Plan your route ahead of time, and know how to call local fire, EMS or police in the area you are traveling through and to. Always wear seatbelts; ensure that children are securely fastened into child restraint seats or seatbelts. Alcohol and driving do not mix. Take a supply of water with you for drinking and in the event your vehicle radiator gets thirsty. Follow the rules of the road, be a courteous driver and be aware that speed limits are varied. Remember that travel on an unpaved road is very different from paved roadways, and require slower

speeds and watchful eyes for bumps, pothole, water bars and cattle guards.

If you stop at a hotel make sure the room has a smoke detector, and that fire exits and stairway information is posted somewhere in your room Take a few moments to look for and locate the fire exits that are closest to your room; ensure that all members



of your family or group know
them as well.

Have a safe and enjoyable
Labor Day holiday weekend --
think risk management and
stay safe.

Antonio Padilla



3d ACR Museum

The following is a brief summary of historical events involving the Regiment of Mounted Riflemen, the 3d U.S. Cavalry, 3d Cavalry Group (Mechanized) and the 3d Armored Cavalry, during the months of August and September.

<u>MONTH</u>	<u>LOCATION</u>	<u>UNITS ENGAGED</u>
1 Aug 1870	Skirmish Canyon, Apache Mountains, AZ	F
2 Aug 1860	Near Albuquerque, NM	Detachment I
2 Aug 1861	Dug Springs or Dry Creek, Missouri	company of recruits
7-31 Aug 1918	Vesle Front, France (2nd Battle of the Marne)	K
13 Aug 1990	Desert Storm railhead operations—Train movement of 2160 pieces of major equipment, weighing over 3 million pounds, on 13 trains from Ft. Bliss to Beaumont, TX	3d Armored Cavalry Regiment
15 Aug 1869	Near San Augustine Pass, NM	F and H
16 Aug 1944	Rambouillet, France	3d Cav Recon (MECZ)
18-20 Aug 1847	San Antonio, Contreras and Churubusco, Mexico	A, B, D, E, F, G, H, I, and K
25 Aug 1871	Arivapaya Canyon, AZ	D, H, and Detachment F
29 Aug 1858	Near Bear Springs, NM	I
31 Aug 1900	Near Sinait, Ilocos Sur, PI	Detachment K
1 Sep 1944	Thionville, France	B, 3d Cav Recon Sqdn
2 Sep 1875	North Platte River, north of Sidney, NE	Detachment G
5 Sep 1854	The Lobo, near the Rio Grande, TX	Detachment D

5 Sep 1864	Near Benton, AR	B, C, F, G, I, and K
5 Sep 1900	Piddig, Ilocos Norte, PI	Detachment A
5 Sep 1944	Rezonville, Gravelotte France (Capture- COL Drury)	A, 3d Recon.
8 Sep 1847	Molino del Rey, Mexico	I
9-15 Sep 1858	Operations from Ft. Defiance, NM (near Laguna Chusca)	A, F, H, and I
9 Sep 1876	Slim Buttes (surprise of American Horse), Dakota	A, B, C, D, E, F, G, I, L, and M
9 Sep 1900	Near Cabugao, Ilocos Sur, PI	Detachment K
12-14 Sep 1847	Chapultepec and Mexico City, Mexico	A, B, D, E, F, G, H, I, and K
13 Sep 1847	Siege of Puebla, Mexico	Detachment
14 Sep 1990	Attached to 24 th Infantry Division	3d ACR
16 Sep 1900	Near Solsona, Ilocos Norte, PI	Detachment A
19 Sep 1990	(ODS) Began troop movement to Saudi Arabia	3d ACR (-)
20 Sep 1900	Banna, Ilocos Norte, PI	Detachment A
21 Sep 1990	(ODS) Liaison Team arrive at Dhahran, Saudi Arabia	80 troopers
22 Sep 1900	Near Badoc, Ilocos Norte, PI	Detachment K
23 Sep 1860	Navajo country, NM	I
23 Sep 1990	(ODS) Advance Detachment arrive at Dhahran	240 troopers
24 Sep 2000	(SFOR7) Completed peacekeeping mission	2 nd Sqdn
25 Sep 1858	Laguna Negro, NM	I
26 Sep 1900	Near Badoc, Ilocos Norte, PI	Detachment B
26 Sep 1990	(ODS) Main body begins to arrive in theater; Ashley Lykes (first ship with 3d ACR equipment arrives)	3d ACR (-)

28-29 Sep 1858	Chusca Valley and Mountains, NM Detachment E	
29 Sep 1869 Detachment	Miembres Mountains, NM	
29 Sep 1879	White River, Ute Expedition, Milk Creek, CO	E
30 Sep 2000 SPT Sqdn	(SFOR7) Completed peacekeeping mission	

Other items that may be of interest:

The Bowman Challenge Cup—Sponsored by the National Horse Show Association—in November 1920 was won twice by Major George S. Patton in 1920 and 1921.

The Draper Leadership Award statue was designed after the Goodrich Trophy in 1974 by the U.S. Armor Association. The Goodrich Trophy was presented to the U.S. Cavalry Association in 1926 by Colonel L.E. Goodrich. The trophy was presented annually to the troop that demonstrated the highest proficiency. In 1934 the rules of the competition changed to read that once a regiment won the trophy three times it would become the permanent possession of that organization. The Goodrich Trophy is on display in the Third Cavalry Museum.

The Goodrich Trophy was sculpted by A. Phimister Proctor. The models for the trophy are Sergeant Wotiski (the rider) and “Peggy” the mount. Peggy was among the best mounts in the Regiment. In 1924 and 1925 Peggy won the United States Mounted Service Cup. She was assigned to Troop F, 3d U.S. Cavalry.

On August 20, 1847 (after the Battle of Contreras) General Scott addressed the “Rifles” as remembered by *First Sergeant Sam McCurdy, D Co. Regiment of Mounted Rifles*. “BRAVE RIFLES, VETERANS—you have been baptized in

fire and blood, and have come out steel. Where bloody work was to be done, the Rifles was the cry, and they were there. All speak of them in terms of praise and admiration. What can I say? What shall I say? Language cannot express my feelings of gratitude for you gallant conduct in the terrible conflict of yesterday and this morning. But, my brave boys, in the course of one hour more you will be engaged in a more sanguinary engagement than the one you have just passed through, and I hope and trust that you will take the same noble stand you did yesterday and this morning. And now, men of the Rifles Regiment, God bless you all.” *“First Sergeant McCurdy,” according to his commander, Col William P. Wood, was an honorable and brave man, always with his company and always for duty.” [William B. Lane. (1895, October). “The Regiment of Mounted Riflemen;” or From Puebla to the of Mexico, The United Service]*

Twenty-two years later, on August 15, 1869, a patrol commanded by CPT Frank Stanwood attacked and defeated a camp of Mescalero Apaches near San Augustine Pass, NM; capturing their riding animals and provisions.

CPT Frank Stanwood was assigned to the Regiment on August 5, 1861. During the Civil war he had been promoted to brevet Lieutenant Colonel one of them citing his

“coolness, energy and skill in battle).

After the war he was promoted to Captain and commanded Company H. John Gregory Bourke described him as “physically a man far above the average, of good education and intellectual powers; he was amiable in and of a very witty mind and good-humored disposition.” He died in 1872 of tuberculosis. The men of his company made the following resolution of CPT Stanwood, “He was never known to hurt the feelings of a man by an untimely

word or act...His name will ever be remembered by us with love and respect.”

Seventy-five years later in Rambouillet, France, on August 16, 1944, as the 3rd Platoon of B Company, 43d Reconnaissance Squadron (Mechanized) entered town, it was ambushed by the Germans. Initially a ¼ ton vehicle and six men were reported missing in action. Later

reports indicate three men were killed in action, while the other three were re-assigned to the 31st Tank Battalion. The town of Rambouillet held a 55th Anniversary (August 19, 1999) to celebrate their liberation from the Germans, by the Americans. During the ceremony, Sherry Lynn Halsey read a poem she wrote for the occasion (in honor of her uncle T/5 Billy R. Richardson) titled, “Blue-Eyed Billy.”

Where do I begin?

To tell the story, we thought had no end...

**A youthful soldier who went to war,
Across the sea, so very far.**

**Memories and photos were all we had,
Until a lady strove to find the family of this
lad.**

**She searched for many years,
Knowing the unanswered questions and
fears**

**Of the family left behind,
Of the unknown soldiers who were so kind.**

**Honored from the day of their death,
Knowledge unknown to the families bereft.**

**These soldiers who died in France,
with no name...
Through the years, were honored the same.**

**And now on the memorable day,
As we bow our head to pray,**

**For those that gave their lives to free
The future freedom of you and me.**

**They say history repeats itself...
I pray that world peace ios the vision we
have left.**

**Thank you for honoring this uncle of mine
On this historical day, August 19, 1999**

**Thank you to the citizens of Rambouillet,
For the family of Billy Ray.**



FAMILY READINESS GROUP

FORSCOM Augments Fort Carson Family Readiness Group

Forces Command has recognized the need to send support for Volunteer Family Readiness Group Leaders. Fort Carson now has newly contracted FRG Assistants at each Brigade to support Family Readiness Group Leaders, Commanders and Rear Detachment Personnel. Connie Roy is the Site Manager. The Brigade Assistants are Caryn Baum; 3d Armored Cavalry Regiment, Shirley Rudd; 3rd Brigade Combat Team and Kim Alexander; 43rd Area Support Group.

The concept of this program started in April 2003 with the feedback to then Secretary of the Army, Thomas White, as he visited several FORSCOM installations. FRG leaders asked for paid assistants to help accomplish the often-overwhelming details of running a FRG. Subsequently, General Ellis then FORSCOM commander was given the same feedback. In November 2003, the

Department of the Army Leadership provided funding allocation to provide support services to the Family Readiness Groups. Resources Consultants is contracted to provide over 85 paid Family Readiness Assistants at CORPS, Division and Brigade level across Forces Command in those units with a high number of deployments or imminent redeployment.

Now more than ever, the roles of the Rear Detachment Commander and the Volunteer Family Readiness Group leader are critical to maintaining stability on the home front and ensuring mission success. The FRG Assistant Program will support and enhance the important link between mission success and the well being of families on the home front. For more information, please contact the FORSCOM FRG Site Manager, Connie Roy at 524-1278.

3d CAVALRY ASSOCIATION MEMBERSHIP APPLICATION

LAST NAME _____ FIRST NAME _____ MI. _____

UNIT ADDRESS _____

ADDRESS: _____

UNIT AFFILIATION (SQDN, OR SEP CO.) _____

TYPE OF MEMBERSHIP: _____ LIFETIME MEMBER \$20

____ OFFICER ANNUAL \$7

____ NCO ANNUAL \$5

____ ENLISTED ANNUAL \$3

____ CIVILLIAN ANNUAL \$7

SIGNATURE: _____ DATE _____

ASSOCIATION USE ONLY

DATE RECEIVED: _____

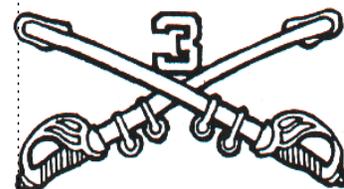
DATE PROCESSED: _____

MEMBER #: _____

DATE CARD ISSUED: _____

DATE CERTIFICATE ISSUED: _____

EXPIRATION DATE (ANNUAL): _____



RESTURANT REVIEW

**Soup warms the soul.
Bread is the staff of life.
Together, it's a lunch made in heaven.**

With over 400 locations nationwide, the Panera Bread bakery-cafe bakes more bread each day than any other bakery-cafe



operation in the nation. And while Panera offers over a dozen varieties of breads, muffins, and pastries, there are many days when this bakery becomes soup central.

Panera serves six soups daily, including favorites like Chicken Noodle and Broccoli Cheddar. But for the best of both worlds, order your soup in a bread bowl.

The bread bowl provides scrumptious surroundings for Panera's classic French Onion, made with real Vidalia's, and topped with Parmesan cheese. The Boston Clam Chowder is packed with real clams and New England potatoes.

Calorie conscience customers can dig into a bowl of Vegetarian Black Bean, or Low Fat Moroccan Tomato Lentil.

While the soups at Panera are sure to keep you warm, the atmosphere is designed to help you chill.

They want people to come in, and be able to chill out. That's their big thing, you can just chill out, drink coffee, hang out, bring friends... It's the casual atmosphere.

Of course, Panera's menu offers much more than soup. Their Roast Beef sandwich is

served on an Asiago Cheese baguette, with smoked cheddar, leaf lettuce, tomato, red onion, and a creamy horseradish sauce. The Fandango salad is a heaping pile of field greens and lettuce topped with



toasted walnuts,
Gorgonzola cheese, and
Mandarin orange slices.

Sandwiches and salads
cost five-and-change, and
a bowl of soup is just three
bucks. The food is served
fast, but this is not
McFood.

And that will make anyone
feel all warm inside, at
Panera Bread, a Phantom
Gourmet... Hidden Jewel.

By: Caryn Baum





