

# THE FLOOD

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Photo by Sgt. Brent C. Powell

An Afghan National Army Soldier from the 201st Corps takes aim with a M-24 Sniper Rifle during a recent sniper rifle course at Camp Pol-e-Charki, as a marksman instructor (right) from Military Professional Resources Incorporated (MPRI) and an interpreter look at the target down range to keep track of the hits. The course is taught here about once a month.



Photo by Sgt. Rahmuddin Dilsoz, 201st Corps photographer

Col. Abdul Hadi Faheem, Pol-e-Charki Garrison commander (second from right), and Col. Rais Khan, the training officer of the 201st Corps, (third from right) and Capt. Naqbullah, the food supply officer for Pol-e-Charki Garrison (far left) watch as a mentor from Portugal cuts a cake at a graduation ceremony for Pol-e-Charki Garrison cooks Mar. 23.

## Commander's Message

I encourage everyone to start the new year with energetic and ambitious goals.

Take time to evaluate your shortcomings and mistakes of last year so you may learn from them and do better this year.

Do your best in the new year and strive to increase your achievements and improve your areas of responsibility within the Afghan National Army.

Do not waste your time. Train your subordinates at every opportunity you have. Do not go into combat unprepared.

Let us trust our God that he will grant us the capability to provide peace, stability and sovereignty for the people of Afghanistan for the new year.

**Maj. Gen. Mohammed Raheem Wardak**  
Commanding General 201st Corps

# 201st Corps Medical staff offers advice for treatment of Soldiers

Story by Capt. Dad M. Akhazadi and  
Maj. Bari Dat

*Camp Pol-e-Charki Medical Staff*

When treating a patient talk to the patient and tell them all the details about their sickness and what treatments are available to them.

The medical training we have received is for us to use to convince the Soldier that we are there to help them and that we are going to do our best to heal them.

Unfortunately some of the medical personnel have mistreated some of our 201st Corps personnel in the past. These actions have a very negative effect on the personnel and the 201st Corps.

A good doctor always tries to treat every person the same regardless of their social status, their religious beliefs or their economic status.

When a doctor provides quality health care to a patient it has a long-term positive result for everyone. Quality care can help the patient, but can also help his family members and loved ones feel better about his treatment and his diagnosis.



Photo by Sgt. Rahmuddin Dilsoz, 201st Corps photographer

**Col. Juma Gul Maqbal, the Pol-e-Charki Garrison surgeon (right) checks the heart rate of an Afghan National Army Soldier at the medical clinic on Camp Pol-e-Charki, while Capt. Dad Mohammed Akhazadi, doctor, Pol-e-Charki Garrison looks on. Each member of the medical staff strives to have a good relationship with the ANA Soldiers they treat and to provide them with the best care available so they can continue to fight for their nation and for the people of Afghanistan.**

Sometimes the medical staff depart from their training and do not know how to properly treat and care for the patient.

The doctors put up medical treatment posters on the walls of the clinic to educate the patients, but without the medical staff explaining the posters to the patients, the learning aids are useless. The medical staff should use posters that provide good information to the patients to help them understand their medical condition.

A good way of providing treatment to

a patient is to explain to them how to properly care for themselves by taking their medication on time and as prescribed.

Sometimes the doctors do not give the proper instructions to the patients about how to take the medication properly.

It's important to listen to the doctor's orders and to do what they tell you. Some Afghan people believe that they should pray to God to heal them and they do not take medication that is prescribed to help them. This can cause the sickness to get worse or even cause death.

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Nazeer Ahmad, Soldier, 2nd Co., 1st Kandak, Commando Brigade., provides security for his fellow Soldiers after fast-roping from the building behind him.



1st Sgt. Mohab Rahman, 2nd Company, 1st Kandak, Commando Brigade, gives a class on fast-roping to commandos prior to starting training at Camp Pol-e-Charki.



Sharf Ullah, Soldier, 2nd Co., 1st Kandak, Commando Brigade., fast-ropes to the ground during training Mar. 15.



(Above) A commando holds the rope prior to fast-roping. (left) Commando's practice fast-roping from a second story window.

## ***Commandos hone fast-rope skills; learn how to descend quickly***

Story by Sgt. 1st Class Atiquilla Wali-Zada  
Photos by Sgt. Brent C. Powell

**Camp Pol-e-Charki** - Approximately 50 Afghan National Army commandos from the 2nd Company, 1st Kandak, Commando Brigade spent a day here honing their rapid insertion skills by practicing a technique known as fast-roping.

The training, which took place Mar. 15, was designed to teach the commandos how to use a rope to descend from a hovering helicopter to the ground quickly.

The commandos hung a rope from a second story window of an abandoned building to simulate a helicopter.

Before the commandos began their training, ANA 1st Sgt. Mohab Rahman, 2nd Company, 1st Kandak, Commando Brigade gave a safety briefing and some instructions on how to properly hold the rope and safely descend to the ground.

Following the briefing, the commandos took to the ropes and began the training.

Fast-roping is just one part of the commandos six-week training schedule.

Once they have acquired the basic skills needed to properly execute the fast-rope technique, they will have the opportunity to put their skills to the test by fast-roping from a hovering helicopter in a couple of weeks.

The commandos seemed to enjoy the training and most are looking forward to thier next opportunity to fast-rope.



Photo by Sgt. Rafullah Mohibat, 201st Corps photographer

Brig. Gen. Mohammed Akbar Youldash, deputy commanding general of the 201st Corps of the Afghan National Army (second from right), listens to Mohammed Zarif, a Soldier from Reconnaissance Company, 4th Kandak, 3rd Brigade at the Surobi District of Kabul Province about a pay issue during a recent visit to the area to check on Soldiers' welfare and mission readiness.

## ***Deputy Commanding General of the 201st Corps visits troops at several different locations; assesses combat readiness and troop welfare***

Story by Maj. M. Osman Khamoosh  
Deputy public affairs officer, 201st Corps

Brig. Gen. Mohammad Akbar Youldash, the 201st Corps deputy commanding general, with officers from the 201st Corps recently visited Jalalabad, Kunar, Loghman Province, Midon Wardak Province, Logar Province and Kapisa Province to visit the personnel of the 201st Corps to assess their combat readiness and provide them with his guidance for the future.

At each of the locations, Youldash advised Corps leaders to work on the relationship between the ANA and the local village elders.

He also told the 201st Corps personnel that they should pray for the Soldiers who have fought for their country, and especially for those who have been injured and who have died in combat.

Youldash spoke to the Soldiers and gave

some words of encouragement to them saying they should work with honesty and unity and cooperate with one another.

He also said they should maintain their combat equipment such as their rifles, obey traffic rules to prevent accidental casualties and injuries to themselves and others. They should also keep their areas clean and free from trash, and take pride in themselves and their areas.

He concluded the visit by listening to the Soldiers and their problems and complaints. Youldash promised that he will take their concerns to a higher authority and will try to get their problems resolved.

Youldash left the Soldiers with words of encouragement that they should always trust in their training and to do what they have learned.



Photo by Sgt. Rafullah Mohibat, 201st Corps photographer

**An Afghan National Army Soldier from the 1st Kandak, 3rd Brigade, 201st Corps provides security during an operation in Helmand Province. The Afghanistan Army has conducted several operations in the area, including combat operations during Operation Marja.**