

The Few, the Proud, the Alone *Cherry Point, Marine Corps combat suicide*

LANCE CPL. BRIAN ADAM JONES

MCAS CHERRY POINT

"Suicide, at its core, is a violent crime. The classic line of thinking on this violence is that there is deep-seeded anger, which forces one to react violently," said Dr. A. Kwasi Faluke, a psychiatrist with the mental health clinic at Cherry Point's Naval Health Clinic. "When the reaction is turned inward, the result is suicide; when it is projected outward, we tend to see homicide."

According to a 2005-2006 study conducted by the Center for Disease Control and Prevention, in any given two-week period, more than one in every 20 people suffers from depression.

Sadness, like all emotions, is universal. Unfortunately, a large portion of the world has seen its sadness transition into something worse.

For some, depression can become an even nastier animal; one that leaves its victims feeling smothered and without options, said Faluke.

Only four months into 2010, a rate of one suicide per month aboard Marine Corps Air Station Cherry Point than any other Marine Corps installation has many troubled and grasping for answers.

"After someone commits suicide, their friends, family and command always wonder why," said Navy Lt.

See **SUICIDE** page A5

Restricted road



CPL. ALICIA R. GIRON

Lejeune Marine critically injured on Catfish Lake Road within 2 weeks of Cherry Point deaths

A Marine with 2nd Battalion, 8th Marine Regiment, II Marine Expeditionary Force, stationed at Marine Corps Base Camp Lejeune was injured in a single automobile accident on Catfish Lake Road near Havelock, April 23. Catfish Lake Road now has signs stating its limited use. Two Cherry Point Marines died in a wreck on Catfish Lake Road, April 16.

II MEF and Marine Corps Installations East joint order, 5100.3, signed March 19, prohibits Marines from using Catfish Lake Road as a cut-through between Jacksonville and Cherry Point, unless used for recreation. The order is punitive in nature, and service members found in violation are punishable under Article 92 of the Uniform Code of Military Justice.

According to the order, use of Catfish Lake Road, located between U.S. Highway 70 in Craven County and North Carolina Highway 58 in Jones County, has been limited in an effort to reduce the potential for vehicle-related fatalities, injuries and property damage.

2nd MAW holds new operations officer course

LANCE CPL. BRIAN ADAM JONES

MCAS CHERRY POINT

The 2nd Marine Aircraft Wing conducted the new squadron operations officer course at Marine Corps Air Station Cherry Point, April 13-15.

The training was designed to instruct Marines who hold an operations officer billet on how to best carry out their duties.

"Other than the commanding officer, the operations officer is the most impor-

tant person in a squadron," said Maj. Mark D. Blydenburgh, who served as the course coordinator. "Until now, there was no formal education or training for that billet."

Forty-two Marines, mostly majors and captains, took part in the course.

The course covered topics from deployment planning to historical lessons.

"Squadron operations officers have been meeting their requirements," said Capt. Aleksandr D. Martin-Nims, a training assistant with 2nd MAW who served

as an instructor for the course. "But as time wears on, without formal, organized training, they may start to miss the finer details. This course smartly headed off that problem."

Martin-Nims taught flight hour programs and provided an overview of the Marine Corps Sierra-Hotel Aviation Readiness Program, Marine Aviation's web-based application for scheduling, training management, operational risk management and reporting of training readiness.

Martin-Nims said the training presented a unique and valuable opportunity.

"It's phenomenal to get the chance to bring everyone up to speed at the same time," Martin-Nims said.

Blydenburgh said the course was a trial run and will be evaluated so 2nd MAW can decide if it will continue to implement the training with other squadrons.

Electronic range provides realistic training for Cherry Point aircrews

LANCE CPL. AMY A. TRAIL

MCAS CHERRY POINT

The mission of the Mid-Atlantic Electronic Warfare Range staff is to provide tactical training operations for Cherry Point aircrews.

The electronic warfare range provides the training opportunity through 34 radar systems within the Tactical Aircrew Combat Training System, or

TACTS, placed along the coast of North Carolina.

The TACTS is an integrated tracking system that uses different platforms with ground simulators and radars.

It uses threat emitters and simulated targets.

Threat emitters are signals sent to aircraft to simulate a potential threat the aircrew could encounter in

a combat zone using electronic signals.

"We train aircrew to survive in a hostile environment," said Tony Gibson, a Mid-Atlantic Electronic Warfare Range site manager. "We can provide pilots with thousands of engagements pretty close to a real operation."

See **RANGE** page A5

DMO offers POV storage



PFC. TYLER J. BOLKEN

Lance Cpl. Brett L. Swaidner, a distribution management specialist at the air station's distribution management office, assists a Marine in getting his privately-owned vehicle parked for storage. DMO provides deployed, single service members POV storage at the lot adjacent to the air station's obstacle course. For more information, Marines should contact DMO before their deployment at 466-2345.

"Marines have enough on their minds while being deployed," said Shirley Gillyard, the distribution manager at DMO. "They should not be leaving their vehicles parked in front of the barracks or at Wal-Mart."

Daddy's home



PFC. TYLER J. BOLKEN

Cpl. Josue A. Jimenez holds his son after a six-month deployment to Afghanistan. Jimenez met his newborn child, Jaymes, for the first time, April 21. Jimenez is an aircraft communications/navigation/radar systems technician with VMAQ-1,

Nine VMAQ-1 Marines meet newborn children for first time

PFC. TYLER J. BOLKEN

MCAS CHERRY POINT

Marines from Marine Tactical Electronic Warfare Squadron 1 returned from a six-month deployment in Afghanistan to a hangar full of anxiously waiting family members and friends at 1:30 a.m., April 21.

While on deployment, nine of the Marines missed their child's birth and celebrated their first day as a new father in the sands of Afghanistan. They all shared in the anxiety as they were about to meet their newborn babies for the first time.

The VMAQ-1 Marines were escorted

to the hangar on a white bus, and the sight of it pulling up seemed to give everybody a second wind, including the nine new fathers.

"Oh my god, that's my baby boy," said Lance Cpl. Andrew T. Masker, an airframe mechanic with VMAQ-1. "This whole birth process has been life-changing."

The Marines were able to stay in contact with their families fairly regularly during the deployment, which allowed them to experience the pregnancy from

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Rock'n'Roll Daddy-0!



LANCE CPL. CORY D. POLOM



LANCE CPL. CORY D. POLOM

Marine, Family Services recognizes volunteers

(Above) Marine and Family Services hosted the '50's Sock Hop to recognize local volunteer organizations at the Cherry Tree House, April 16. Members of Marine and Family Services dressed up in poodle skirts and leather jackets and served ice cream floats to the volunteers. Approximately 700 volunteers worked more than 60,000 hours in the local community assisting retirees and helping schools.

(Left to right) Jennifer NeVille, Marine and Family Services information and referral secretary; Cynthia Bouie, education services specialist; Maristina Castellano, victim advocacy representative; Charlene Elpers, personal readiness and community support manager with Marine and Family Services; Janette Fintchre, education services specialist; Faye Levesque, education services specialist; and Pat Goldstein, prevention and intervention counselor.

(Left) Elvis Ray, an Elvis Presley impersonator, sings one of The King's songs at the '50's Sock Hop to honor the various local volunteer programs at the Cherry Tree House, April 16. As a former Marine, he has performed at multiple venues for Marines and civilians.

From the Chaplain: Suicide

CMDR. DAVID SHIRK

MCAS CHERRY POINT

It has been widely reported that the Marine Corps saw a record increase in the number of suicides in 2009.

The reported number was 52. What is not well known is even this high number of 52 may be just the tip of the iceberg. According to Living Works Education, founders of Applied Suicide Intervention Skills Training Program, five to 25 percent more suicides go unreported because they are labeled as something else like a car accident. Even greater is the number of non-fatal suicidal behaviors which can range from 40 to 100 times the number of suicides.

It seems clear that the issue of suicide and its prevention is very important for us all. As many of us remain in the middle of a high operational tempo, it's critical to stay alert and aware of those with whom we work and live. There are certain actions, thoughts and feelings that are key indicators that someone may be contemplating

suicide. Giving away possessions, withdrawal from family and friends, drug and alcohol abuse and reckless behavior are some common actions. Feelings can range from depression, guilt, worthlessness and hopelessness.

When someone you know or love displays any of these signs, it may not mean they are suicidal but it does mean it's time to get involved.

To help someone at risk of suicide, you don't need to have the answer to their problems.

Simply caring enough to listen to them and get them help may be all it takes. Remember, you are never in this alone. Twenty-four hours a day, seven days a week there is 911, the hospital emergency room, the duty chaplain, the chain of command, and the suicide hotline number. To make it easy, when talking with someone you are concerned about remember these three letters: A.C.T. - Ask, Convince, and Take. Ask someone directly, but caringly, if they are thinking about suicide. If the answer is yes, Convince them to get help. Finally, Take them to get that help and NEVER leave them alone. More often than not, the one thing standing between life and death is a caring person - You.

LEGAL ASSISTANCE

CAPT. NELSON F. CANDELARIO JR.

MCAS CHERRY POINT

The Service members Civil Relief Act is a series of laws established by congress to protect active duty and, in certain cases, reserve service members.

One of the protections offered by the SCRA prevents any state other than the state of domicile from taxing a service member's income.

The SCRA codifies this protection in section 571 of title 50 of the United States Code Appendix.

Domicile is a person's perceived permanent home state, to which that person intends to return and remain even though currently residing elsewhere.

Domicile is established by evidence of a person's intention to return and remain in a particular state.

This can include a driver's license issued by the state or property ownership in that state.

For purposes of the SCRA, a host state is a given state in which a service member resides pursuant to military orders.

A host state may not tax a service

member's military compensation.

However, service members often misunderstand the scope of this protection. Section 571 of SCRA only extends to compensation received for military service.

This section does not exempt your nonmilitary compensation from host state taxation.

For example, if a service member has a second job outside of his military capacity, his or her income is taxable by the host state.

A spouse's income is also not protected under section 571.

Any income earned by a military spouse is taxable by the host state. However, the host state is prohibited from including the service member's nontaxable income when determining the rate at which to tax the spouse's income.

Legal assistance can help you with non-criminal legal matters.

Walk-ins are accepted weekdays starting at 7:30 a.m. in the Joint Law Center, bldg. 219.



Highlighting Cherry Point's Warriors

What's your job?

As the lead instructor, I get paperwork ready for the students, teach them the things they need to know for their job on how to construct bombs and other devices. It's my job to get the students to maintenance level two. I'm now qualified as a Master Training Specialist, which means I can also train new instructors.

What's your favorite part?

That would have to be teaching the new Marines. They will be our replacements one day in the fleet, and I want to know that they're confident in knowing what they are doing. I also like working on the weapons systems for the Cobra and the Harrier.

What's the most challenging part?

The hardest part of the job is having all the different people to train. Each person has a different learning scale. As an instructor, I have to find a way to teach everyone the things they need without slowing my classes down.

Highlight Your Superstar

Have a Marine, Sailor or civilian you would like to highlight? Let the Windsock know. E-mail us at cherry.point.windsock@gmail.com or call 466-3542.



LANCE CPL. CORY D. POLOM

SGT. JONATHAN ROUSSELL

Job Title: Aviation ordnance systems technician instructor

Unit: Center for Naval Aviation and Technical Training

Age: 25

Hometown: Reserve, La.

Date Joined: May 25, 2003

The Windsock

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Cherry Point celebrates Earth Day

Pfc. TYLER J. BOLKEN
MCAS CHERRY POINT

The air station's Environmental Affairs Department and several volunteers continued their Earth Week pledge by cleaning Grants Landing's sandy beach, rain or shine, April 21.

The looming overcast cloud coverage made for a not so typical day at the beach.

As the clouds trickled rain, typifying Eastern Carolina's five-minute weather pattern at its best, volunteers stepped down from the grass to the beach with a trash pick in one hand and an empty trash bag in the other.

No chained shackles or written judge orders were needed to clean this beach, fortunately, just some "green" spirited participants wanting to contribute to the Earth Week efforts.

The volunteers present consisted of EAD employees, civilians and Marines. This event was organized by Matt Wallin, a physical scientist with EAD.

"Its great to see people take time out of their day to be part of this event," said Wallin.

Trash bags quickly filled up, even though the beach was 75 percent cleaner this year than last year, according to Stan C. Kegley, an environmental chemist with EAD.

Trash and treasure could be synonymous in a recycler's eyes with the array of items that were picked up, ranging from a lengthy electrical wire to your typical aluminum can.

Glenn Hartzog, an environmental engineer with EAD, was surprised by the electrical wire find, considering how much copper there is in it.

Odds are the wire was there a long time because it was buried like tree roots, taking three guys to tug it out.

The cleanup stretched across the beach's entire shoreline, and into the thick brush and trees along the perimeter.

After the cleanup, a once empty pickup bed was filled to the brim with trash weighing more than 500 pounds, said Wallin.

The trash cleared was symbolic of the beach's frequent visitors, and how a little preventative maintenance goes a long way, said Kegley.

"I felt that this year was an overall success, and we gathered a lot of waste," said Wallin.

For more information on how to be environmentally conscious at Cherry Point, visit the EAD Web site at <http://www.marines.mil/unit/mcascherrypoint/Pages/EA/EA.aspx>.



Pfc. TYLER J. BOLKEN

(From left to right) Bill Belli, Matt Wallin, Will R. Potter and Ruan Stewart, all employees of the air station's Environmental Affairs Department, carry handfuls of trash for the Grants Landing beach cleanup in celebration of Earth Week, April 21. There were more than 20 volunteers present.



Pfc. TYLER J. BOLKEN

Bill Belli and Stan C. Kegley, employees with Cherry Point's Environmental Affairs Department, scour the Grants Landing beach for trash in honor of Earth Week, April 21. According to Kegley, the beach was 75 percent cleaner this year compared to years past.



Pfc. SAMANTHA H. ARRINGTON

Stan C. Kegley, an environmental chemist with Cherry Point's Environmental Affairs, one of 20 volunteers, honored Earth Day in a cleanup of the air station's storm water ponds, April 20. Earth Day is a day designed to inspire awareness and appreciation for the earth's environment.



Pfc. TYLER J. BOLKEN

Students from Arthur W. Edwards Elementary School put their creative minds to work, decorating 400 paper grocery bags in support of Earth Day for the Cherry Point commissary, April 22. Phyllis E. Black, the commissary store director, said this is a yearly occurrence for Earth Week.



LANCE CPL. CORY D. POLOM

Lance Cpl. Joey Lamp, a gunner with 2nd Low Altitude Air Defense Battalion, helps load a truck bed full of mulch at Arthur W. Edwards Elementary School, April 23. More than 20 2nd LAAD Marines volunteered at the school in honor of Earth Day.

Osprey action



PETTY OFFICER 2ND CLASS COLEMAN THOMPSON

An MV-22B Osprey from Marine Medium Tiltrotor Squadron 162 (Reinforced), 24th Marine Expeditionary Unit, prepares to take off from the USS Nassau in the U.S. 5th Fleet area of responsibility, which includes the Persian Gulf, the Red Sea and the Arabian Sea, April 14.

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7:00pm - She's Out of My League R	1:45
9:00pm - Green Zone R	1:55
Saturday, May 1	
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7:00pm - She's Out of My League R	1:45
9:00pm - Green Zone R	1:55
Sunday, May 2	
3:00pm - Diary of a Wimpy Kid PG	1:31
5:00pm - She's Out of My League R	1:45

MOVIE SYNOPSIS

Diary of a Wimpy Kid - Starring: Zachary Gordon, Robert Capron, Rachael Harris, Steve Zahn, Devon Bostick. Follows the travails of wise-cracking middle school student Greg Heffley over the course of an academic year.

She's Out of My League - Starring: Jay Baruchel, Alice Eve, TJ Miller, Mike Vogel, Nate Torrence. An airport security man meets a girl described as a perfect 10. However, his own lack of confidence and the suspicions of his friends and family begin to sabotage the relationship.

Green Zone - Starring: Matt Damon, Amy Ryan, Greg Kinnear. During the U.S.-led occupation of Baghdad in 2003, Chief Warrant Officer Roy Miller and his team of Army inspectors were dispatched to find weapons of mass destruction believed to be stockpiled in the Iraqi desert. Rocketing from one booby-trapped and treacherous site to the next, the men search for deadly chemical agents but stumble instead upon an elaborate cover-up that inverts the purpose of their mission. Spun by operatives with intersection agendas, Miller must hunt through covert and faulty intelligence hidden on foreign soil for answers that will either clear a rogue regime or escalate a war in an unstable region. And at this blistering time and in this combustible place, he will find the most elusive weapon of all is the truth.

Movies are subject to change without notice • No cell phones permitted



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Cherry Point road closure

Construction to repair a manhole cover and associated sewer piping on Alexander Road between Clay Court and Craven Court in Binder Oaks will begin on May 3 and continue for about a month.

Traffic will be diverted onto Alleghany Drive for the duration of the construction.

There will be traffic warnings about 300-feet before the construction site.

The purpose of the detour is to ensure a safe work zone along the road to expedite the construction.

For more information, contact Staff Sgt. Chad Oberhauser at 466-2841.

RANGE from page A1

Gibson said during training missions the aircrew is tasked with figuring out how to engage the target or evade it.

"The range only uses signals from the radars," said J.P. Pifer, a Mid-Atlantic Electronic Warfare Range system manager. "There is no ordnance used during these training missions."

Gibson added that when one of the signals goes off, it will set off the same indicators an aircrew might encounter in combat.

"We throw everything we can at them to make sure they are as prepared as they can be," said Pifer.

Every training mission the Mid-Atlantic Electronic Warfare Range conducts is recorded to a platform, which allows the aircrew to view the mission.

Mat Davis, Mid-Atlantic Electronic Warfare Range exercise operations director, said it gives them an opportunity to see their actions first-hand, see how they can improve, and what they did right.

"We give the aircrew the chance to come in and see exactly what they did," said Davis. "They can grade themselves. That way they can better prepare for real-life situations."

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afar, said Mandi M. Moore, the family readiness officer for VMAQ-1.

On top of the family separation, the combination of a pregnancy and deployment can create many hardships.

Cpl. Laura C. Jimenez, a fixed-wing aircraft mechanic with VMAQ-4, and the spouse of returning Cpl. Josue A. Jimenez, an aircraft communications/navigation/radar systems technician with VMAQ-1, said the first month of her son's life without his dad was the toughest.

"I'd be putting clothes away, and realize that my husband already missed that stage of our son's life," said Laura.

The feeling of missing out was com-

mon among the families.

"It was hard seeing all the progress my son was making, and not being there for it," said Masker.

Masker's wife, Christine noted, "At times it was difficult to go through the pregnancy alone, and it was bittersweet when Hunter was born, to be able see my husband's face in his."

Now back from the deployment, the new fathers of VMAQ-1 are acclimatizing back to garrison life and their new lifestyle at home with a baby around.

"It's kind of a tough transition," said Masker. "I'm learning to put on diapers and make bottles."

SUICIDE from page A1

Philip J. Nieto, the deputy chaplain for the station chapel. "If those people realize there had been warning signs before the incident, that 'why?' can easily turn into a 'what if?'"

The questions surrounding the recent suicides have not come with easy answers, as they all appear completely unconnected.

"They are totally unrelated," Nieto said. "Suicide is an individual item, not a communal one. Stressors that can push someone to that point are all internalized and handled differently by everyone."

Statistics on the victims reveal only that there is no pattern. The victims range in age from 19 to 33, from enlisted to officers, from married to single. Their methods range from gunshots and hangings to walking into traffic.

"I wish there was a common thread," said Cmdr. David A. Shirk, the chaplain for Marine Aircraft Group 14. "It would help us understand why this is happening."

"But these Marines have nothing in common outside of the fact that they wear this uniform, and they took their own lives," added Shirk.

But why are suicide rates disproportionately higher in the military?

"In the Marines, you often hear the term 'do more with less,' that's a very stressful notion where stress is increased but downtime is decreased," said Faluke. "Marines are often compared to machines, but what happens if you run a machine at 90-95 percent capacity all of the time? It's going to break."

Working in a stressful environment, whether overseas or stateside, when paired with being apart from family members and loved ones, can be a concoction for de-

pression.

"We know the causes of suicide; relationship, financial, legal and professional issues," said Navy Capt. Rondall Brown, the chaplain for 2nd Marine Aircraft Wing. "I would say eight out of 10 of the Marines I see and help are dealing with relationship issues. They feel helpless and hopeless, they feel like they can't do anything to solve their problems, they can't think clearly beyond that state of confusion."

The Marine Corps is using a program called Applied Suicide Intervention Skills Training to help individuals learn more about suicide prevention and how to recognize those who may attempt to commit suicide.

"The ASIST model was developed over 25 years ago and is the foremost program on intervention worldwide," Brown said. "It greatly benefits key leaders' enhanced skills to identify those struggling with suicidal issues. This training provides an additional skill set and aids in a multi-level approach addressing suicide issues."

The program teaches people how to approach individuals who may be suffering from depression or suicidal thoughts.

"It teaches them to explore emotions in a caring way and explain how there are other options and things to live for," Shirk said.

Exposing options and the joy of life to someone who may be suicidal can mean the difference between life and death.

"Many of these Marines just want the pain to end," said Nieto. "Suicide is just the only route they see at the time."

Anyone seeking more information or wishing to speak with a professional can call the mental health clinic at 466-0500 or the station chapel at 466-4000.

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No Place to Run: HMLA-367 Marine helps locate, close-with, destroy enemy

LANCE CPL. JUSTIS T. BEAUREGARD
3RD MARINE AIRCRAFT WING (FWD)

HELMAND PROVINCE, Afghanistan – When Marines kick in doors and begin to put rounds down range, some insurgents flee – a Huey pilot helped create a way to stop them before they slip through the cracks.

Capt. Bret W. Morriss, a pilot with Marine Light Attack Helicopter Squadron 367, “Scarface,” 3rd Marine Aircraft Wing (Forward), used the capabilities of the new UH-1Y Huey to create

a concept to aid in the capture of insurgents.

Capt. Kevin Kinkade, the platoon commander for Company B, 3rd Reconnaissance Detachment, worked with Morriss to develop a way to effectively peruse insurgents who flee.

It can be dangerous for troops on the ground to chase fleeing insurgents because the enemy uses mines and improvised explosive devices to protect their routes of escape, explained Morriss.

Morriss and Kinkade created a

concept called an aerial reaction force by adapting the concept of a quick reaction force. A QRF is commonly used to reinforce or investigate areas of interest. By combining the time-tested tactics of the QRF and the capabilities of the new Huey, the Marines created ARF – a force with strength in a couple of prime areas.

“ARF proves the capabilities of the Huey,” said Morriss. “It improves abilities of the ground combat element, giving the Marines more flexibility and maneu-

verability.”

The new Huey can keep up with the demands of the ARF concept because of the improved lifting power of the helicopter. It can carry 6-8 combat-loaded Marines, plus the helo’s crew, into and out of tactical zones at high altitudes and in hot weather.

The previous helicopter the Marine Corps used was the UH-1N Huey that did not have the power to carry such a load. Morriss’ squadron is the first HMLA to use the new Huey in combat.

The new helicopter provides outstanding economy of force, giving close air support and reconnaissance support for the Marines that it inserts. Historically, Marines used a heavy or medium lift helicopter to bring in the reinforcements, and flew attack helicopters for close air support.

By employing these new Hueys, Marines can use ARF to quickly capture a person of interest or small group of insurgents, or they can be used as an addition to a larger ground operation. The UH-1Y has brought back true utility to the Marine Corps, supporting a wide variety of assault support missions.

When HMLA-367 heads home to Marine Corps Base Camp Pendleton, Calif., in the next few months, they will pass on the new tactics to the incoming squadron, HMLA-369, the “Gunfighters.”

“What Capt. Morriss developed keeps Marines safer by giving them the flexibility to close with the enemy with less risk of hitting a mine or being ambushed,” said Maj. Thomas Budrejko, the operations officer for ‘367. “It also improves the operational capabilities of the units on the ground.”

Morriss, a graduate of Virginia Tech, received a Navy and Marine Corps Achievement Medal for his part in creating and executing ARF.

Just as Marines have done throughout history, Morriss and Kinkade adapted to the war at hand and developed new Marine Corps tactics that will likely save Marines’ lives and ensure the capture or elimination of the enemy.



LANCE CPL. JUSTIS T. BEAUREGARD

A Marine Light Attack Helicopter Squadron 367 UH-1Y Huey lifts off from the flight line in Helmand Province, Afghanistan, April 15. The new helicopter gives the squadron the ability to both insert Marines and provide close air support to eliminate the enemy.

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LANCE CPL. CORY D. POLOM

A group of Cherry Point Marines and civilians participated in the Singe Marine Program volunteer appreciation day at Cunningham's, April 19. More than 3,000 candy bars were donated by the Carolina Chocolate Festival that was presented to volunteers. The SMP distributed more than 300 candy bars to each Marine Corps Community Service coordinator on Cherry Point and gave the rest away at the volunteer appreciation event.

(Left to right) Dennis Bellamy, Semper Fit director; Kinshasha Adamson, Marine Heavy Helicopter Squadron 366 family readiness officer; Sgt. Carlette Steele, vice president of the Cherry Point SMP; Staff Sgt. Kenneth Oswood, an airframer with HMH-366; Pfc. Chana Gohier, a fiscal clerk with Marine Aircraft Group 14; Cpl. Joyce Ramirez, the president of SMP; and Cpl. Pete Marceau, a Station Ordnance system technician.

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Yuma Marines head to Alaska for cold weather flight training

LANCE CPL. SEAN DENNISON
MARINE CORPS AIR STATION YUMA

EIELSON AIR FORCE BASE, Alaska – Marines based in the typically scorching city of Yuma, Ariz., would probably find the idea of working in snow laughable.

But those aren't chuckles from the members of Marine Attack Squadron 211 currently deployed in Alaska, they're shivers.

The Marines from the Marine Corps Air Station in Yuma, donned cold weather gear to work in frigid conditions for Exercise Red Flag-Alaska starting April 13, to improve their adaptability to work in different environments.

The exercise, which trains pilots in aerial warfare, offers the Marines a new working climate, where the average temperature is 35 degrees. Meanwhile in Yuma, temperatures are in the 90s.

"Every climate and place," said Lt. Col. Vance Cryer, VMA-211 commanding officer. "This is what they mean."

The climate change presents new problems for both pilots and ground maintainers.

"For a cold-weather environment, we use intake blankets," said Cpl. Justin Reyes, VMA-211 powerline mechanic, referring to the covers put on the AV-8B Harrier to insulate them. The same engine covers are used in Yuma to keep out sand and debris.

If water enters the engine and freezes, it can damage or destroy it, said Reyes.

The cold can also shrink the gaskets, causing fuel leaks. To mediate this, pilots run the Harriers for approximately 20 minutes to warm up the jets. This also prevents the jets' batteries from depleting and interfering with the navigation systems.



LANCE CPL. SEAN DENNISON

Cpl. William Holly, Marine Attack Squadron 211 powerline mechanic, inspects a squadron AV-8B Harrier at the flight line of Eielson Air Force Base in Alaska, April 15. More than 160 Marines from VMA-211 and Marine Aviation Logistics Squadron 13 flew north to participate in Exercise Red Flag-Alaska, one of the largest joint-service exercises in the U.S. military.

In the air, pilots must contend with heavier cloud cover impairing visibility and locating snow-covered targets.

"We are used to a desert environment," said Spanish Navy Lt. Jose Pacios-Bello, exchange pilot with VMA-211. "It's going to be interesting finding targets covered in snow."

Pilots use information received from ground personnel to deliver ordnance to the targets. The target area is known, but not the targets themselves.

"It's definitely beneficial," said Staff Sgt. Steven Lichtenfels, corrosion control division chief. "It's good that

we have a place like this in our own country to go out and train."

The cold-weather training will prepare the Avengers for their probable deployment to Afghanistan later this year.

"At some points it's uncomfortable, but all training is," said Lance Cpl. Jonathan Cudo, squadron powerline mechanic.

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Sowing seeds of support: Marines facilitate crop change through agriculture transition program



LANCE CPL. JAMES W. CLARK

Lt. Col. Calvert Worth Jr., battalion commander for 1st Battalion, 6th Marine Regiment, walks on a foot patrol headed toward the government center in Marjah, Afghanistan, April 13.

LANCE CPL. JAMES W. CLARK
REGIMENTAL COMBAT TEAM 7

MARJAH, Afghanistan – A little more than a week since it first began, the Marjah Accelerated Agricultural Transition program has begun to gain momentum in Marjah, Afghanistan, April 14. The program is one of several others, including programs provided by non-governmental organizations, which the Afghan government and coalition forces are conducting in order to foster agricultural growth.

The programs are designed to assist farmers and landowners in their transition to alternate and licit crops. In many, but not all cases, this involves the switch from opium, the illicit product of poppy cultivation, to other crops that will allow participants to make a living, legally.

Designed as a short term solution meant to give the local citizens a leg to stand on, MAAT is aimed specifically at residents of Marjah and only for the current harvest season, in order to stabilize the city's market and provide residents with a viable and legal source of income.

"We are trying to ease the transition from illicit crops to licit in order to prepare for next year," explained Maj. David Fennell, the Civil Affairs team leader with 1st Battalion, 6th Marine Regiment. "We want the Afghan people to understand that we're trying to help them transition even though we're interfering with (the opium) market."

The registration for the program is a multistep process where those wishing to par-

ticipate first sign up with the NGO's, from whom they will receive seeds and fertilizer. Next, they can choose to participate in the Marjah Accelerated Agricultural Transition program. If they decide to take part in MAAT, they will register where they live, the amount of land they farm on, and what crop they grow.

Participants will be issued ID cards as well as vouchers, which will be used later on when they run across Marine patrols, who will look in on those who have signed up for the program, in order to gauge whether or not they have made the change to their target crop.

If MAAT-registered land owners make the change to licit crops, they will then receive payment, 3,000 Afghanis and new tools, including wheelbarrows, shovels, and a new water pump.

To date, approximately 1,000 people have registered for the program, Fennell explained, adding that although the turnout wasn't as large as was first anticipated, it is seen as a good sign in light of reports from locals stating that residents have received threats from the Taliban. Many of which came in the form of night letters, written warnings delivered in the evening, forbidding locals from interacting with coalition forces.

"We're here to make a good will gesture," said Fennell. "The thing I personally like about (MAAT) is that the Taliban don't like it. Once we started this, reports of night letters and death threats arose, and engagements with the Taliban in the area increased.



LANCE CPL. JAMES W. CLARK

A Marine with 1st Battalion, 6th Marine Regiment, shakes a young boy's hand while out on patrol in Marjah Afghanistan, April 13.

Once that happened, it was a sign that this was working."

"The Taliban haven't had the effect that they wanted," said Fennell when he referenced a protest that broke out in front of the government center a few days prior. "The protest wasn't the end goal for the Taliban, it was meant to be a catalyst designed to create a riotous event, but the Marines, through strength and discipline kept it from happening by defusing the situation. At that moment, they fought the Taliban and won."

Projects of this nature affect the insurgency on two fronts. The first is by challenging one of the core aims of the Taliban, which is the interaction of coalition forces with locals.

"Any contact you have with a local na-

tional is a good thing," said Fennell. "The goal of the Taliban is to keep us from engaging with the government or populace in any way. This program creates another opportunity for us to interact with them and vice versa."

The second front is more direct. By assisting farmers and land owners in changing their crops, it allows many of them to switch from growing opium, which is one of the Taliban's primary sources of income, explained 1st Lt. Michael Thatcher, the platoon commander for 81 mm Mortar Platoon, Weapon's Company, 1st Bn., 6th Reg.

"This provides the opportunity and incentive (for farmers) to move away from illicit crops and denies the Taliban money to fight as well as benefiting the local populace," said Thatcher.

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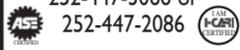
An MV-22B Osprey with Marine Medium Tiltrotor Squadron 266, 26th Marine Expeditionary Unit, makes its descent onto the flight deck of USS Kearsarge, April 23. The 26th MEU is currently embarked aboard USS Kearsarge, USS Carter Hall, and USS New York for Amphibious Squadron Marine Expeditionary Unit Integration training. The training is intended to integrate 26th MEU Marines with their Navy counterparts to train in planning and execution of missions they could conduct when they deploy together this fall.

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Marines remove IEDs in areas surrounding new patrol base

LANCE CPL. DWIGHT A. HENDERSON
REGIMENTAL COMBAT TEAM 7

HELMAND PROVINCE, Afghanistan – Marines with Weapons Company, 2nd Battalion, 2nd Marine Regiment, began to clear the surrounding areas of their new patrol base in Laki, Garmsir District, Helmand province, Afghanistan, of improvised explosive devices, March 31.

Marines recently removed improvised explosive devices, to the north, while moving to a new patrol base in the southern portion of their area of operations. The Marines needed to clear approximately 100 meters to the south to cover a bridge and nearby tree lines.

With Explosive Ordnance Disposal technicians in support, the Marines used mine detectors to check a bridge and tree lines that sat no more than 50 meters away from the patrol base.

The Marines swept carefully as they stepped from the safety of the patrol base, and within minutes EOD discovered and disposed of an IED.

“EOD has helped us a lot,” said Lance Cpl. Stephen M. Earwood, a squad leader with Weapons Co., 2nd Bn., 2nd Reg. “They have taught us a lot on how to sweep, how to dig for them, how to find them, and how to look for the battery source.”

According to Earwood, he put his most experienced sweeper up front, Lance Cpl. K. Schwartz an infantryman with Weapons Co., 2nd Bn., 2nd Reg., who, combined with Earwood, have found the most IEDs.

“I’ve swept on a couple of clears that we’ve had and I just picked up the experience,” said Schwartz. “Sweeping is all

about experience. Every one develops their own technique for it.”

Over the next few hours the Marines found a total of three IEDs around the bridge. All of them were approximately the same size and type, and two of them only sat a few meters apart.

“We knew there would be a lot,” said Earwood. “They know it’s a key terrain feature

for us with our trucks. Any bridge we’ve found down here in the AO there has been at least three at every single one.”

The Marines moved onto clearing the tree line located near the bridge. There were no IEDs found.

The Marines will continue to monitor the areas around their patrol base and have even struck a deal with a nearby farmer, who, un-

der the incentive of better security, will cut down the tops of some of his trees so that the Marines can provide better over watch.

“Keeping your word to the locals is very key,” said Earwood. “Their hearts and minds and they’ll help you out find other IEDs; they’ll point them out.”



LANCE CPL. DWIGHT A. HENDERSON

Marines with Weapons Company, 2nd Battalion, 2nd Marine Regiment, use mine detectors to check for improvised explosive devices on a bridge on route Giants in Laki, Garmsir District, Helmand province, Afghanistan, March 31. With Explosive Ordnance Disposal technicians in support, the Marines used mine detectors to check a bridge and tree lines for IEDs that sat no more than 50 meters away from the patrol base.

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Marines take to the skies – remotely



LANCE CPL. BRYAN J. NYGAARD

A Raven-B unmanned aerial vehicle is brought in for a landing by Marines from 2nd Air Naval Gunfire Liaison Company, II Marine Expeditionary Force, during a UAV certification course aboard Marine Corps Base Camp Lejeune, N.C., April 9. During the 5-day certification, the Marines had to fly the Raven-B through a variety of conditions.

LANCE CPL. BRYAN J. NYGAARD
II MEF

MARINE CORPS BASE CAMP LEJEUNE, N.C. – In just five days, Marines from 2nd Air-Naval Gunfire Liaison Company, II Marine Expeditionary Force, learned to fly a military aircraft. However, these Marines will never fly for more than one consecutive hour or higher than 1,000 feet above the ground. In fact, the Marines will never even step foot inside a cockpit.

Thirteen Marines from 2nd ANGLICO recently spent five days learning to become certified operators of the Raven-B unmanned aerial vehicle aboard Marine Corps Base Camp Lejeune, N.C.

Their training regimen consist-

ed of two days in the classroom and three days at Camp Lejeune's Tactical Landing Zone Falcon flying the Raven-B, a 4-pound remote-controlled aircraft used for intelligence, surveillance and reconnaissance missions.

"We take the Marines through assembly, disassembly, flight characteristics, flight operation, emergency procedures, air space coordination, mission planning and a class on falcon view, (the perspective operators have while using the aircraft)," said Tom Etchey, a senior analyst with Applied Techniques Corporation and one of the Marines' instructors.

By day four of the training, the Marines had learned to find targets on the ground and gather as much

information on them as possible while still in flight. Executing such missions is no small task.

"We plan the mission, prep the plane, do all the pre-flight inspections, and fly the mission," said Capt. Wendell Farmer, an artillery officer with 2nd ANGLICO, who was receiving his certification to fly the Raven-B. "We then gather the intelligence on the target we've been assigned. For the final graded event, the instructor steps back and grades us on mission building and the execution of the mission."

Two Marines coordinate Raven-B missions. The vehicle operator controls the UAV by use of a viewfinder device and directional pad. The mission operator

uses a laptop linked to the Raven-B to communicate pertinent mission information such as location, elevation and battery life to the vehicle operator. The information seen by the Raven-B is recorded for later analysis or streamed to remote viewers.

"Seeing is believing," said Farmer. "The guys who are out there are able to provide near real-time imagery of what's going on around their battle space at any given time."

Farmer said once the real-time imagery is collected, ground forces can more efficiently plan missions and observe enemy movement patterns to help keep Marines on the ground out of harm's way. The Marines flew the Raven-B in

a variety of lighting and wind conditions – all designed to prepare them to operate in any situation.

"They're doing really well," explained Farmer. "They're exceeding a lot of the instructors' expectations with their ability to maintain and maneuver in adverse conditions."

Cpl. Greg Robbins, a radio operator with 2nd ANGLICO, said he benefited from the training and hopes to use it the next time he deploys to a combat zone.

"This is very good training," said Robbins. "This is perfect for ANGLICO's job as a fire support unit ... to go out there and look for targets. I'm happy I got this opportunity to be UAV-certified."



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Fore!



LANCE CPL. CORY D. POLOM

James Shawgo prepares for his putt on the second hole at the Navy-Marine Corps Relief Society fundraiser golf tournament at the Sound of Freedom golf course, April 20. The total donations for the tournament reached more than \$600.

Cherry Point golfers raise money for NMCRS

LANCE CPL. CORY D. POLOM
MCAS CHERRY POINT

The greens are rolled, the fairways cut, and the golf carts' low hum can be heard around the Sound of Freedom Golf Course as the shotgun-style tournament begins.

Marines and civilians competed in a four-man, best-ball golf tournament to raise money for the Navy-Marine Corps Relief Society at the air station golf course, April 20.

NMCRS helps Marines and Sailors in need of assistance with finances, advice, counseling and other life issues.

"I think that the NMCRS is a great program that is a vital help to Marines and Sailors in need," said GySgt. David P. Morgan, the air station's events coordinator for NMCRS fundraising. "I have first-hand experience as I ran the NMCRS while in New York, and was able to issue checks on many occasions to help out our troops."

According to Morgan, the golfers raised more than \$600 for the NMCRS.

"I feel it is our responsibility as leaders to show our junior troops that being a Marine is more than just doing our job from 7 a.m. to 4:30 p.m.," said Morgan. "We have to go above and beyond the call of duty."

James Shawgo makes his second shot on the eighth hole at the Navy-Marine Corps Relief Society fundraiser golf tournament at the Sound of Freedom golf course, April 20. The winning team of the tournament took home only bragging rights, since all the money donated went toward the NMCRS.

Cherry Point golfer shows golfing prowess

75-year-old retired gunny makes 7th hole-in-one

LANCE CPL. CORY D. POLOM
MCAS CHERRY POINT

Retired Gunnery Sgt. Bill Cousler has played more than 4,000 rounds of golf on Cherry Point's Sound of Freedom golf course in the past 42 years.

Cousler sunk his seventh hole-in-one this year on April 1, which ties the course record for most holes-in-one by one person.

"I play three or four times a week," said Cousler. "When I was enlisted, I would play maybe once or twice a week if possible."

Cousler said he started golfing at the age 15, and it soon became a 60-year hobby.

"I served for 22 years, playing as often as I could while serving in the Korean and Vietnam wars," said Cousler.

In 1971, as an enlisted Marine, Cousler

hit his first hole-in-one on the 14th hole at Cherry Point's golf course.

When asked what his best memory was of playing golf and achieving so many holes-in-one, Cousler said it was the man who awarded him his first hole-in-one trophy.

"I was given this foot-tall trophy for hitting my first hole-in-one," said Cousler. "When I got my first one Maj. General Paul J. Fontana, the commanding general of Cherry Point in '71, awarded it to me."

Cousler gave some advice to young, upcoming golfers trying to get better: practice and seek professional help.

"When you hit a hole-in-one it's a funny feeling," said Cousler. "When I hit this last one, I didn't even see it go in. It's always exciting to hit a hole-in-one."



LANCE CPL. CORY D. POLOM

Retired Gunnery Sgt. Bill Cousler hits his tee shot on the third hole at the golf course, April 27. Cousler came within feet of hitting his eighth hole-in-one, the most holes-in-one by one person on this course. "It will happen when it happens," said Cousler, referring to almost beating Cherry Point's hole-in-one record.



LANCE CPL. CORY D. POLOM

Retired Gunnery Sgt. Bill Cousler holds with his trophy that he was awarded in 1971 for his first hole-in-one at the Sound of Freedom golf course, April 27. Cousler hit his most recent hole-in-one April 1, bringing his total to seven.



DAVID HOOKS

Executive Leadership Program and New Leader Program graduates stand with Fleet Readiness Center-East commanding officer, Col. L. Scott Loch. (Front row, left to right): Ernest L. Sylvant, Dale C. Gillikin, Jack C. Bradford, Loch, Sheila S. Purifoy, Anthony M. Cruz and Renee M. Johnson. (Back row, left to right): Tommy L. Sadler, Renee L. Johnson, Scott J. Fisher, Brian A. Boyette, Rickardo R. Naraine, James C. Kelley, N. Brian Wilson and Sherry W. George.

FRC-East employees meet program challenges

SPECIAL TO THE WINDSOCK

FLEET READINESS CENTER-EAST

Fleet Readiness Center-East Commanding Officer, Col. L. Scott Loch, and members of the command's Executive Leadership Committee congratulate the latest Executive Leadership Program and New Leader Program graduating classes, March 5.

Loch complimented each graduate for having accepted and met the challenges of the program. The graduates in turn, talked about the components of the programs they felt were most valuable, and the skills they have gained from participating in the programs.

The Executive Leadership Program is a nine-month, competency-based, United States Department of Agriculture Graduate School Leadership program that provides training and developmental experiences for GS-11 through GS-13, and wage grade equivalents. The program is primarily for non-supervisors or supervisors with little or no supervisory

experience and holds special significance for employees who need to complement their technical expertise with professional leadership knowledge, skills, and experience.

ELP graduates were Brian A. Boyette, Scott J. Fisher, Tommy L. Sadler, Ernest L. Sylvant, Renee M. Johnson, Rickardo R. Naraine, and Dale C. Gillikin.

NLP graduates were Sherry W. George, Renee L. Johnson, Sheila S. Purifoy, and N. Brian Wilson, Jack C. Bradford, Anthony M. Cruz, and James C. Kelley.

NLP is a six-month, USDA Graduate School developmental program designed to cultivate future public service leaders by providing assessment, experiential learning, and individual development opportunities. The program is open to GS-07 through GS-11, and wage grade equivalents.

For more information on either of the leadership programs, contact Dwayne Oglesby at 464-9282.

Tips on teaching children good behavior

ANGELA ROSSI

MARINE AND FAMILY SERVICES

To understand a child's struggle to do "the right thing" it may be helpful to see the world from a child's point of view to realize how hard it can be for a child to behave and use self-control.

A child's world is full of wonder. Everything is new and just begging to be explored. There's a great deal of frustration a child feels because there's so much to learn, and so many things a child just cannot do. Each new object and experience can tempt a child to explore further, even when they are told they shouldn't.

All children misbehave from time to time. You may find that your child is an "angel" with the sitter or Grandma, but as soon as you are involved the misbehaving begins. You are the most important person in the world to that child and therefore testing the limits with you seems to be your child's job.

Understanding the cause of your child's misbehavior can help you decide how to respond to the incident. Children misbehave for a variety of reasons. Sometimes, they just don't know the rules. Children may be experiencing things for the very first time. Often they do not really know that what they are doing is unacceptable.

Unfortunately, sometimes they do know the rules, but break them anyway. It's normal for all children to some degree to challenge limits. If one parent is more lenient than the other, the child will constantly test the less lenient parent to get what they want. They may also misbehave

when they are angry, in need of attention, or simply if they are not yet able to control their own feelings. Children may feel sick, hungry, tired, or upset, but because they may not have the skills to express their needs, they may act up instead.

It is important to set clear rules so your child knows which behaviors are acceptable and which are not. Consistency is very important in getting your child to behave. If your child learns that sometimes he can get away with breaking a rule, he/she will continue to break that rule. Do not give in on a rule just to get the child to quiet down. The child then gets the message that if he whines, cries, or pleads enough he will get what he wants.

Be consistent once you have set the rules and stick to them. Respond every time your child does not adhere to the set rules. Be firm but fair, and try not to overreact when a rule is broken. Instead, take it as an opportunity to review all the rules with your child. Praise your child when he behaves well, stating how proud you are that he demonstrated the desired behavior.

Praise the child for what he does, but also for what he doesn't do. For instance, children often grab toys from other children. This is normal, as most children believe everything belongs to them. You may at some point see your child run towards another child and a desired toy, but not take the toy away. What you have just witnessed is your child beginning to use self control. Recognize them for having discipline and give a compliment to let them know you're pleased.

An effective method of handling serious misbehavior is the use of time outs. Put your child in a quiet, safe place, away from people, TV and toys for 1-2 minutes for each year of your child's age. You may also want to try tuning out. This means ignoring misbehavior that is directly aimed at getting your attention. Let your child know that you will respond when the misbehavior stops.

Another option is removing privileges, such as TV, games, toys and playtime with friends.

There are some general guidelines that can help you deal with misbehavior. Talk with your child so that you are sure that he understands the rules that have been established. Try not to make too many rules, and keep them simple. Expect that your child will break them from time to time.

Focus on the misbehaviors that are safety issues or non-negotiable. Don't respond to misbehavior with anger, which can make a situation worse. Seeing you out of control justifies their being out of control. Don't overuse timeouts or loss of privileges; they work best when reserved for the worse offenses. Discuss with your spouse and your childcare provider what the rules are and how misbehaviors are to be handled. Don't tell your child he is bad; tell him the behavior is bad. Describe to the child the behavior you expect of him or her, and acknowledge good behavior with praise and encouragement.

For more information, contact Marine and Family Services at 466-3264.

From the front row: Movies playing in the local area

REINHILD MOLDENHAUER HUNEYCUIT

MCB CAMP LEJEUNE PUBLIC AFFAIRS

'OCEANS'

"Oceans" is an ecological drama and documentary that explores the many mysteries of our planet's oceans.

Almost three-quarters of the earth's surface is covered by oceans, yet mankind seems to know more about outer space than the world of the sea.

The ocean has played a crucial role in our history but the deep waters are still a mystery.

"Oceans" was directed by Jacques Cluzaud and Jacques Perrin, who also teamed-up on the 2003 documentary "Winged Migration."

Cluzaud and Perrin dive deep into the very waters that sustain mankind and try to find some answers by exploring the many dangers and mysteries that lie beneath.

They explore the harsh reality and the amazing creatures in the deep blue, filming the adventure throughout the globe.

The English version is narrated by Pierce Brosnan.

"Oceans" features spectacular never-before-seen imagery captured by the latest underwater technologies.

The exotic and huge undersea population is at times frightening, but always exciting to watch, accompanied by a wonderful musical score.

"Oceans" offers an unprecedented look beneath the sea. The film is part thriller and part meditation on the vanishing wonders of an almost unknown world. It's a stunning and beautiful presentation of the aquatic life.

Note: This is the second part in the Earth Day series that started last year with the equally spectacular film "Earth."

'DATE NIGHT'

"Date Night" is a romantic comedy about a suburban couple whose date goes horribly wrong.

In New York City, a case of mistaken identity turns a bored married couple's attempt at a glamorous and romantic evening into something more thrilling and dangerous.

Steve Carell ("Get Smart," "Dan in Real Life," "The 40-Year-Old Virgin") stars as Phil Foster.

Tina Fey ("Baby Mama," "Man of the Year") stars as Claire Foster.

Phil and Claire are an ordinary, sensible, happy and loving couple with two kids and a house in a suburb in New Jersey, who are stuck in the rut of everyday married life.

The Fosters have their weekly date nights; a meager attempt at keeping the spice of years past alive, involving the same night out, week after week, at a local tavern.

Exhausted from their jobs and kids, their dates revolve around the same conversations or none, with little play of romance.

Dragged down by the daily grind and after hearing their best friends, Brad and Halley Sullivan, portrayed by Mark Ruffalo ("Shutter Island") and Kristen Wiig ("Ghost Town"), are contemplating divorce, Phil and Claire are trying to put some spark back into their marriage by visiting a trendy Manhattan bistro.

There, they get more than they bargained for when a case of mistaken identity hurls them into an incredible adventure, involving corrupt cops, a mob boss and a crazed cab driver, played by the hilarious J.B. Smoove ("Curb Your Enthusiasm").

Co-starring are Taraji P. Henson ("The Curious Case of Benjamin Button") as Detective Arroy, William Fichtner ("The Dark Knight") as Frank Crenshaw, a sleazy District Attorney, and Common ("Street Kings") as a street thug.

Mark Wahlberg ("The Departed") as the shirtless Holbrooke; James Franco ("Milk") and Mila Kunis ("The Book of Eli") as a pair of grifters; Leighton Meester ("Killer Movie") as a babysitter; and Ray Liotta as gangster, are making great and funny cameo appearances.

Shawn Levy ("What Happens in Vegas," "Night at the Museum," "The Pink Panther 2") directed this new and refreshing approach on the old 'evening from hell' scenario.

Fey and Carell are perfectly matched and equally funny in this screwball comedy where they are mistaken for mob blackmailers.

"Date Night" is a light and airy action comedy that is full of hilarious booby traps as the couple's romantic night out goes haywire and ends up as a race through New York's lurid underworld.

Editor's Note: Ms. Huneycutt is the public affairs assistant at Marine Corps Base Camp Lejeune Base Public Affairs Office.

THE LOCAL BUZZ

Announcements

► *Indicates new announcement*

► Capt. MAC Beach Run

Carteret County Military Affairs Committee is hosting its first Capt. MAC 5-kilometer Beach Run, May 8, at Atlantic Beach.

Each participant for the 5-km run will receive a T-shirt. Families are encouraged to participant or attend as well. There will also be a one-mile fun run. Awards will be given for the 5-km run including, the first three overall, first active duty military and the first three places in different age groups.

For additional information regarding the Capt. MAC Beach Run, call the Carteret Chamber at 726-6350 or visit its Web site, <http://www.carteretchambermac.com>.

► New Bern Bike Rodeo

Keep Kids Safe invites elementary school age children to join its bike rodeo on May 15 from 10 a.m. – 1 p.m. in the New Bern Mall parking lot behind JC Penny.

This free rodeo will teach bicycle safety, the rules of the road and proper helmet fit. Participants will have their bikes inspected by Flythe's Bike Shop and will go through safety checkpoints prior to riding the safety course.

Rotations will begin at 10 a.m. and will take place every 30 minutes. Bring a bike and helmet. Children must be accompanied by a parent or guardian. There will be door prizes, free giveaways and concessions. Bike helmets will be available for those who cannot afford one.

For more information call Amanda Haskett at 224-1174.

► Cheerleading Camp

New Bern Parks and Recreation will host two Cheerleading Summer camps, first session June 14-18 and the second session August 2-6.

Both sessions times are 9 a.m. – 2 p.m. Participants will engage in cheerleading activities and recreational activities to include, cheer, dance, jumps, basic tumbling, stunts, movies, swimming and perform for their family and friends on the last day of camp. The cost for each session is \$25.

The registration deadline is June 10 for session one and June 30 for session two. Registration is at Stanley White and West New Bern Recreation Center.

► Laugh Your Way to a Better Marriage

The 2nd MAW Chaplain's Office will host a five-day session, May 3-7 from 4:30 – 5:30 p.m. at the Training and Education building. The session provides an opportunity for married couples to find a positive way to improve their relationship.

Monthly and Weekly Events

Courage to Change

Cherry Point and Havelock Courage to Change is a support group for friends and family of alcoholics.

Meetings are at St. Paul's Lutheran Church in Havelock, Tuesdays at 8 p.m.

For more information, call 241-6155 or 670-6236.

Al-Anon Family Group Meet

There are alcoholics anonymous family group meetings Tuesdays at 8 p.m., for family members and friends of individuals who may have alcohol problems in their lives.

The meetings are held at Havelock First Baptist Church.

For more information, call 447-8063 or 447-2109.

Together For Life

The "Together for Life" one-day premarital seminar is held for active duty personnel age 26 and under, within 90 days of marriage.

Please call the chapel at 466-4000 for more information.

Disabled Veterans

Chapter 26 of the Disabled American Veterans meets on the third Tuesday of each month at the Veterans of Foreign Wars Post 7315 in Havelock at 7 p.m.

For information, contact Doug Matthers at 447-2761.

Domestic Violence Victims

A support group for victims of domestic violence is provided by the Carteret County Domestic Violence Program.

The group meetings are held every Wednesday at 6 p.m.

For more information, call 728-3788.

Chili Festival Committee

The 29th Annual Havelock Chili Festival Committee meets on the second Tuesday of each month at 5:30 p.m. at the Havelock Tourist and Event Center conference room. For more information, contact the Havelock Chamber of Commerce at 447-1101.

To register call 466-3314 or e-mail lifa.lewis@usmc.mil.

► Beat the Heat Campaign

Give2thetroops is now collecting items for care packages for deployed troops in its Beat the Heat campaign.

A complete list of items can be found at the Web site, <http://www.give2thetroops.org> or by contacting the North Carolina branch of Give2thetroops.

For more information call 321-8227.

Concert in the Park

New Bern Parks and Recreation hosts free concerts all summer at Union Point Park in downtown New Bern. The summer-long series is expected to feature several of the region's top performers.

The next concert features The Hanging Chads, who are scheduled to perform Friday at 7 p.m.

The Hanging Chads are a jazz and rock influenced jam band based out of New Bern. This four piece ensemble has worked hard for the last few years to create their unique sound, providing fans with heavy hitting originals and eclectic covers.

For more information about The Hanging Chads visit <http://www.myspace.com/thehangingchads>.

For more information, contact Nicole Dewar, Special Events Coordinator at 639-2902.

OSC 5-kilometer Run, Walk and Stroll

The Officers' Spouses Club has scheduled a 5-km run, walk and stroll, Saturday.

The day of the run, registration will be held in Grant's Landing from 6:30 – 7:30 a.m. at \$25 a person.

Cannon Firing at Fort Macon State Park

Cannon firings are scheduled for several dates throughout the spring and summer.

A cannon crew of volunteers wear period attire and educate the public on the loading and firing of a typical Civil War artillery piece.

The crew uses an original 6-pound cannon in the demonstration and fires it with a blank gunpowder charge at the conclusion of the program.

The cannon firings will take place at Fort Macon State Park, May 29, June 19, July 4 and Aug. 21.

For times and more information, call 726-3775.

Motorcycle Helmet Recall

Advanced Carbon Composites is recalling all models and sizes of its EXT-001, EXT-002 and EXT-003 Half Shell Motorcycle Helmets, regardless of date manufactured.

The standard requires that motorcycle helmets meet

the minimum performance requirements of penetration tests and impact attenuation tests, as well as labeling requirements.

Advanced Carbon Composites' helmets do not comply with FMVSS No. 218 in the areas of impact attenuation, penetration and labeling.

After you contact the company and your information is recorded, Advanced Carbon Composite will send a prepaid shipping label for the helmet.

Upon its receipt of the helmet and documentation regarding the price paid for the helmet, Advanced Carbon Composite will send a check in the full amount of the purchase price, which should be received within 7-10 business days.

Contact Advanced Carbon Composites at (800) 300-9813, or by mail at Advanced Carbon Composites, 6127 Anno Ave., Orlando, Fla., to begin the refund process.

Marine and Family Services

Marine, Family Services Office Numbers

The Family Member Employment Assistance Program, Transition Assistance Management Program, Relocation Assistance Program and accredited financial counselors can be reached at 466-4401.

• The Exceptional Family Member Program can be reached at 466-7547.

• The Family Counseling Program can be reached at 466-3264

• Retirees can contact the Retired Activities Office at 466-5548.

• The Substance Abuse Counseling line can be reached at 466-7568

• New parents can call the New Parent Support Program at 466-3651.

Budget For Baby

The Navy-Marine Corps Relief Society offers Budget for Baby classes.

Call 466-2031 for information or to register.

Veterans' Assistance

A representative from the Veterans Affairs Office visits Cherry Point each Thursday in building 232. Call 466-4401 for assistance.

Off Limits

MCAS CHERRY POINT AREA
FRIDAY'S NIGHT CLUB (AKA CLUB INSOMNIA)

MCB CAMP LEJEUNE AREA
BELL AUTO SALVAGE II
BOTTA BOOMS
CARLAND
CENTENNIAL ENTERPRISES, INC.
DOLL HOUSE
EASY MONEY CATALOG SALES
FANTASIES
ILLUSIONS
JACKSONVILLE SPEEDWAY AUTO PARTS
JOSHUA EXPERIENCE/ CLUB ACCESS
LAIRDS AUTO & TRUCK CENTER
MILITARY CIRCUIT OF JACKSONVILLE
PAR TECH
PLAYHOUSE
PLEASURE PALACE
PRIVATE PLEASURES (AKA CARRIAGE HOUSE)
RACEWAY AUTO PARTS
REFLECTION PHOTO
SOUTHERN COMFORT
STUDENT ASSISTANCE COMPANY
TALK OF THE TOWN II
TENDER TOUCH (AKA BABY DOLLS)
TY'S R&R
VETERANS AFFAIRS SERVICES

This week in Marine Corps History

May 2, 1946

Marines from Treasure Island Marine Barracks, under the command of Warrant Officer Charles L. Buckner, aided in suppressing the three-day prison riot at Alcatraz Penitentiary in San Francisco Bay. Buckner, a veteran of the Bougainville and Guam campaigns, ably led his force of Marines without suffering a single casualty.

May 5, 1983

In Beirut, Lebanon, a UH-1N helicopter carrying the commander of the American peace-keeping force, Col. James Mead, was hit by machine gun fire. The six Marines aboard escaped injury. Mead and his crew had taken off in the helicopter to investigate artillery and rocket duels between rival Syrian-backed Druze Moslem militiamen and Christian Phalangists that endangered French members of the multinational force.

Operation Eagle Eyes

Deploying Assests

Have you observed abandoned vehicles, stockpiling of suspicious materials, or persons being deployed near a key military facility?

*If you observe this or other suspicious incidents,
call 466-3616 or 466-3617 immediately.
MCAS Cherry Point Emergency Dispatch*

Got MCIs? 
www.mci.usmc.mil

Hotlines

2nd MAW Command Inspector General
466-5038

If you are a victim of sexual assault

Immediately call 466-3264 during working hours or (800) 208-8086 after hours and on weekends. The person answering the call will help you decide the next steps to take. You may remain anonymous. This procedure is not to replace calling 911 if you are in immediate danger. Remember, it's not your fault. Support is available.

Severe weather and force protection information

Military personnel call 466-3093.
FRC East personnel call 464-8333.
DDCN personnel call 466-4083.

Fraud, Waste and Abuse

If you know of or suspect any fraud, waste or abuse aboard MCAS Cherry Point, call 466-2016. This line's automated answering service is available 24 hours a day.

NEXT UP...

SPRINT CUP

Race: Crown Royal Heath Calhoun 400
Where: Richmond International Raceway
When: Saturday, 7:30 p.m. (ET)
TV: FOX
2009 winner: Kyle Busch

NATIONWIDE SERIES

Race: Bubba Burger 250
Where: Richmond International Raceway
When: Friday, 7 p.m. (ET)
TV: ESPN2
2009 winner: Kyle Busch (right)

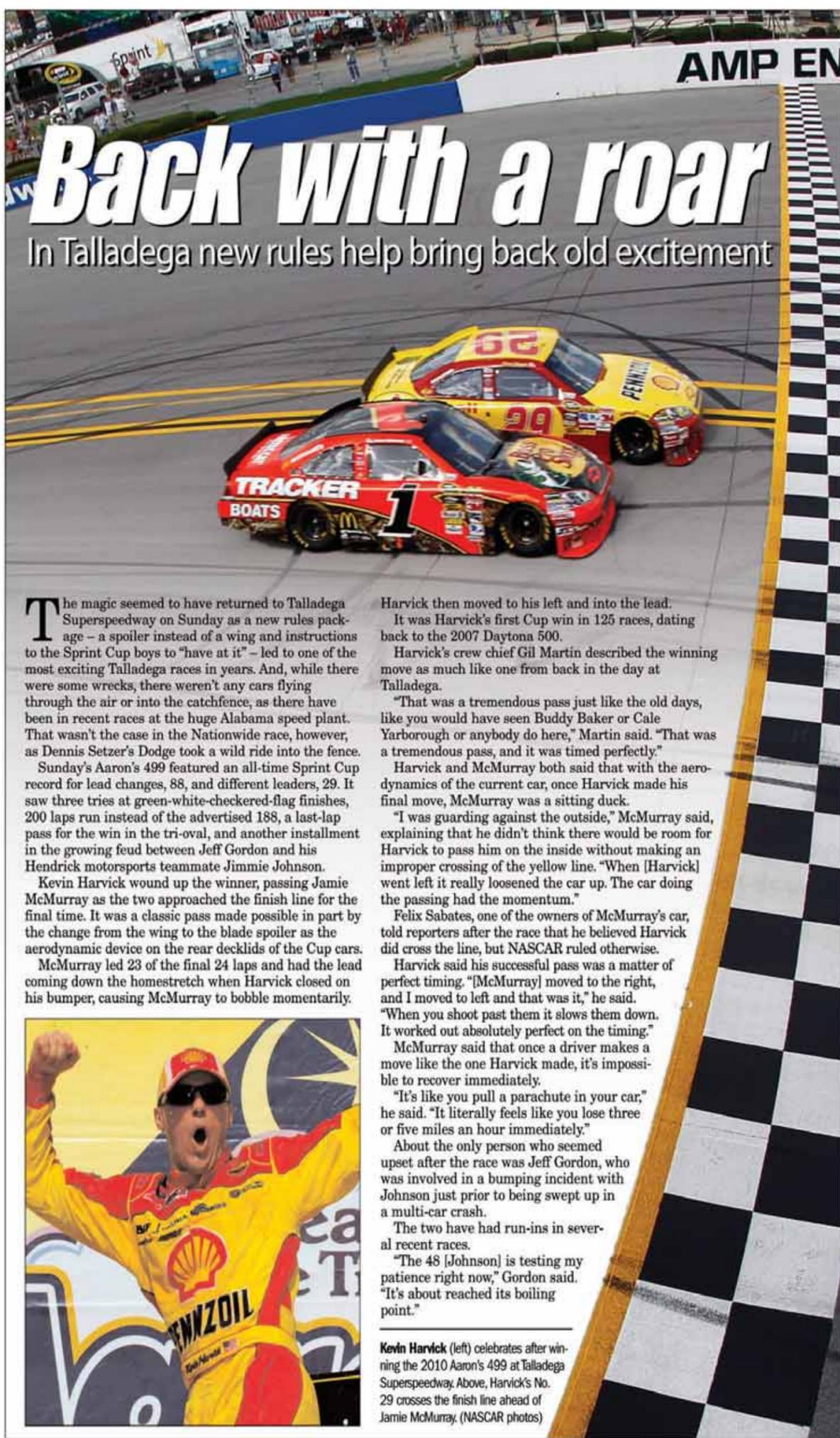


CAMPING WORLD TRUCKS

Race: O'Reilly Auto Parts 250
Where: Kansas Speedway
When: Sunday, 12:30 p.m. (ET)
TV: SPEED
2009 Winner: Mike Skinner

NASCAR INSIDER

By RICK MINTER / Cox Newspapers



Back with a roar

In Talladega new rules help bring back old excitement

The magic seemed to have returned to Talladega Superspeedway on Sunday as a new rules package — a spoiler instead of a wing and instructions to the Sprint Cup boys to “have at it” — led to one of the most exciting Talladega races in years. And, while there were some wrecks, there weren't any cars flying through the air or into the catchfence, as there have been in recent races at the huge Alabama speed plant. That wasn't the case in the Nationwide race, however, as Dennis Setzer's Dodge took a wild ride into the fence.

Sunday's Aaron's 499 featured an all-time Sprint Cup record for lead changes, 88, and different leaders, 29. It saw three tries at green-white-checkered-flag finishes, 200 laps run instead of the advertised 188, a last-lap pass for the win in the tri-oval, and another installment in the growing feud between Jeff Gordon and his Hendrick motorsports teammate Jimmie Johnson.

Kevin Harvick wound up the winner, passing Jamie McMurray as the two approached the finish line for the final time. It was a classic pass made possible in part by the change from the wing to the blade spoiler as the aerodynamic device on the rear decklids of the Cup cars.

McMurray led 23 of the final 24 laps and had the lead coming down the homestretch when Harvick closed on his bumper, causing McMurray to bobble momentarily.



Harvick then moved to his left and into the lead.

It was Harvick's first Cup win in 125 races, dating back to the 2007 Daytona 500.

Harvick's crew chief Gil Martin described the winning move as much like one from back in the day at Talladega.

“That was a tremendous pass just like the old days, like you would have seen Buddy Baker or Cale Yarborough or anybody do here,” Martin said. “That was a tremendous pass, and it was timed perfectly.”

Harvick and McMurray both said that with the aerodynamics of the current car, once Harvick made his final move, McMurray was a sitting duck.

“I was guarding against the outside,” McMurray said, explaining that he didn't think there would be room for Harvick to pass him on the inside without making an improper crossing of the yellow line. “When [Harvick] went left it really loosened the car up. The car doing the passing had the momentum.”

Felix Sabates, one of the owners of McMurray's car, told reporters after the race that he believed Harvick did cross the line, but NASCAR ruled otherwise.

Harvick said his successful pass was a matter of perfect timing. “[McMurray] moved to the right, and I moved to left and that was it,” he said. “When you shoot past them it slows them down. It worked out absolutely perfect on the timing.”

McMurray said that once a driver makes a move like the one Harvick made, it's impossible to recover immediately.

“It's like you pull a parachute in your car,” he said. “It literally feels like you lose three or five miles an hour immediately.”

About the only person who seemed upset after the race was Jeff Gordon, who was involved in a bumping incident with Johnson just prior to being swept up in a multi-car crash.

The two have had run-ins in several recent races.

“The 48 [Johnson] is testing my patience right now,” Gordon said. “It's about reached its boiling point.”

Kevin Harvick (left) celebrates after winning the 2010 Aaron's 499 at Talladega Superspeedway. Above, Harvick's No. 29 crosses the finish line ahead of Jamie McMurray. (NASCAR photos)

NOTEBOOK

What's next for Harvick, RCR?

The big question remaining after the announcement that Shell/Pennzoil is moving to Penske Racing and driver Kurt Busch, is what will happen with Kevin Harvick, who has been carrying the Shell colors on his No. 29 Chevrolet at Richard Childress Racing.

Harvick, who broke a 125-race losing streak with a win at Talladega on Sunday, is in the last year of his contract with RCR. There's been speculation on the Internet that he's not on the best of terms with the people at RCR.

Harvick disputed those reports at Friday's press appearance at Talladega Superspeedway.

“Richard Childress and myself have a great relationship, and we've been talking about a lot of things for several months,” Harvick said. “It's not any different than what we would normally do at this particular time.”

“Cars are running well, everybody is communicating well, and I don't know what else to say other than Richard and I have had many, many, many, many, many, many conversations over the last several months.”

“Where all that leads — it's right now, I'm driving the 29 car and we'll see ... I know Richard and I have had a lot of conversations over the last three months.”

Harvick's crew chief Gil Martin said the team's Talladega win should help in attracting a new primary backer.

“I hate that Shell/Pennzoil is leaving, but the fact of the matter is we've got a top-notch team, so we're looking for somebody to come on board and start the next chapter at RCR with them,” Martin said.

It's a remarkably similar scenario to the early part of the 2006 season, when Harvick was negotiating an extension with RCR and many in the sport felt he'd move elsewhere.

Instead he stayed and won five races that year, a career best and a big chunk of his 11 career Cup victories.

Delayed race worth the wait

Just when it looked as if Jamie McMurray and Kevin Harvick would do an encore performance of their finish in Sunday's Cup race at Talladega Superspeedway, chaos erupted on the track. The two ran one-two on the white-flag lap of the rain-delayed Nationwide race before McMurray and Clint Bowyer collided, setting off a nasty multi-car crash that saw Dennis Setzer's Dodge sail into the catchfence.

Brad Keselowski, who wrecked late in the Cup race, got last-minute medical approval to run the Nationwide race and sped past Harvick at the end to get the win. His carbon monoxide level was too high, and he had to be treated with oxygen.

His win came at the same track where he scored a surprise Cup win just a year ago.

Daytona to be repaved

The problems with the track at Daytona International Speedway during the Daytona 500 have led to plans to completely repave the speedway following the Coke Zero 400 in July.

Holes in the turns of the track during the 500 caused lengthy delays during the sport's premier event and led to an evaluation of the entire 2.5-mile racing surface, and the results of that study led to the decision to repave. It's only the second time the track, opened in 1959, has been repaved, the first coming in 1978.

Track officials say all of the existing asphalt will be removed down to the original 52-year-old lime rock base, but the repaving will be true to the track's original layout and geometry. The work is set to be complete on Jan. 1, 2011, but it means the October motorcycle races, driving experiences and other events will be cancelled.

New NASCAR rules get vetted at Talladega races

ASK RICK!

“How did the new spoiler and NASCAR's instructions to the boys to ‘have at it’ work out at Talladega Superspeedway?”

A: NASCAR seemed to get it right on this one. Last fall at Talladega, drivers were told in the drivers meeting that there would be punishment for aggressive driving, and long stretches of the race were considered by many to be boring compared to previous Talladega events.

On Sunday at Talladega, there were no threats of punishment in the drivers meeting, leaving the drivers to police matters themselves. By most accounts they did a commendable job.

And the spoiler seemed to allow trailing drivers to close the gap on those ahead of them, and it even seemed to play a role in Kevin Harvick's last-lap pass of Jamie McMurray for the win in the Aaron's 499.

And it kept spinning cars from flying through the air, as they tended to do with the wing on the back.

“I think it was very typical Talladega,” Harvick said. “I think there was a lot of pushing and shoving, two- and three-wide.”

“The spoiler made it so you could pull back up on somebody if you made a mistake. You just didn't want to be the very last car. It was a very interesting day and it played out perfect for us.”

Even in defeat, McMurray seemed to like the way the race played out.

“It was actually a lot of fun out there,” he said. “We had such a good rules package with the wing here, you didn't know how this was going to work. They did a really good job of picking the blade and the right [spoiler] and made the cars race.”

Still, McMurray said both he and Harvick played it safe for the majority of the race.

“Well, we raced really smart,” he said. “We rode around toward the rear. Kevin and I actually rode together all day back there. I think everybody in the back of their heads thought that with the wing and the plate and everything that there were a lot of unknowns and that we were going to suck up too quick, because the cars did, they sucked up really well.”

“We saw Ryan Newman get wrecked in practice, and that was practice. I really thought in the first 40 laps we would have a wreck like that but everybody did a really good job.”

Sixth-finishing David Ragan agreed that the racing was good, at least from the driver's seat. “Certainly, the cars drive really well. I think NASCAR made the right decision on allowing guys to push a little bit more and be a little more aggressive.”

“I think it was a pretty clean race, except for maybe the last 10-15 laps, and that's just from everybody losing a little bit of patience.”

Got a question about NASCAR? Ask Rick! E-mail your question to rminter@racintoday.com

SPRINT CUP POINTS

1. Jimmie Johnson
1,323; Leader

2. Kevin Harvick
1,297; behind -26

3. Greg Biffle
1,237; behind -86

4. Matt Kenseth
1,224; behind -99

5. Kyle Busch
1,163; behind -160

6. Mark Martin
1,154; behind -169

7. Kurt Busch
1,146; behind -177

8. Dale Earnhardt Jr.
1,142; behind -181

9. Denny Hamlin
1,138; behind -185

10. Jeff Gordon
1,130; behind -193

11. Clint Bowyer
1,086; behind -237

12. Jeff Burton
1,082; behind -241

NUMERICALLY SPEAKING

1,581 Points scored by Kyle Busch in the past 10 Sprint Cup races at Richmond International Raceway, the most of any driver

899 Laps led by Denny Hamlin in the past 10 Cup races at Richmond, the most of any driver

475 Laps led by Kevin Harvick in the past 10 Nationwide Series race at Richmond, top of all drivers

100 Percentage of laps run among the top 15 by Trevor Bayne in his one Nationwide Series race at Richmond International Raceway

26th MEU trains aboard ship, builds rapport with Sailors

LANCE CPL. SANTIAGO G. COLON, JR.
26th MEU

Norfolk, Va., – Marines and Sailors with the 26th Marine Expeditionary Unit took another big step in their training schedule by traveling more than 150 miles to Norfolk, Va., to participate in an Amphibious Squadron Marine Expeditionary Unit Integration Training, or PMINT, exercise with the Sailors of PHIBRON-4 aboard USS Kearsarge, USS New York, and USS Carter Hall, recently.

More MEU Marines and Sailors boarded the ships via amphibious craft and helicopter from Camp Lejeune, N.C., after the ships left Norfolk, April 20. This was the first time since their 2009 deployment 26th MEU service members have trained aboard the decks of amphibious vessels.

During the three-week training evolution, MEU Marines are introduced to life aboard ship and will participate in training exercises that require teamwork from their fellow shipmates.

“One of the big goals of this training is for the Marines and Sailors to learn to work together to develop good working relationships between the blue and green,” said Gunnery Sgt. Jeremiah R. Warnick, fires chief for command element, 26th MEU.

MEU Marines plan to conduct rapid response planning, live fire raids, landing qualifications for MEU pilots and crews, and amphibious operations from the ships’ well decks. During PMINT, PHIBRON-4 Sailors will provide invaluable support to Marines during their training, including logistical coordination, movement of troops and support aboard the ship.

“PMINT is a chance for Marines to get in touch with their roots as soldiers of the sea,” said Warnick. “For a lot of Marines this is their first time aboard ship and this is their chance to gain their sea legs.” Warnick said that conducting missions from ship adds complexity to tasks Marines normally conduct ashore. Some new considerations include working in tighter spaces, adhering to different time and safety considerations, logistical needs and other factors.

The Camp Lejeune-based 26th MEU is comprised of Battalion Landing Team 3rd Bn., 8th Reg., Combat Logistics Battalion 26, and Marine Medium Tiltrotor Squadron 266. Following PMINT, the MEU will continue to train for deployment aboard the USS Kearsarge Amphibious Ready Group.



Sgt. Amy McLallen reads a welcome aboard booklet upon arriving aboard USS Kearsarge after traveling from Camp Lejeune, N.C., to Norfolk, Va., April 19, for amphibious squadron integration training.

Gunnery Sgt. Aaron Enslow, headquarters commandant for the 26th Marine Expeditionary Unit’s command element, briefs Marines and Sailors prior to boarding USS Kearsarge, April 19, for amphibious squadron integration training.

Cleared for Take Off!

MAY 21-23

MCAS CHERRY POINT AIR SHOW

You and your family will be astonished and astounded when you experience the Carolinas’ largest air show, the upcoming “MCAS Cherry Point Air Show”, May 21-23, highlighting a variety of the world’s finest aviation demonstrations to include the US Navy Blue Angels! Get ready for mach speeds with the ultimate in aerial entertainment in the sky and on the ground highlighting a spectacular “Night Show” on Friday evening and two full weekend “Day Shows”. Featuring a variety of high speed modern military flybys, historic static aircraft and entertaining on-the-ground events and activities, this is a phenomenal family experience!

Performers & Highlights Include:

- ★ US Navy Blue Angels
- ★ Marine Air Ground Task Force Demo
- ★ Shock Wave Jet Truck
- ★ Canadian Skyhawks Skydiving Team
- ★ Numerous Civilian & Military Flight Demos
- ★ Historic & Modern Static Aircraft
- ★ Children’s Activities & Much More! ★

WANT PREMIUM SEATS?

- ~ Chalet Seating
- ~ Box Seat Sections
- ~ Bleacher Seats

All are available at cherrypointairshow.com

FRIDAY “NIGHT SHOW”

Friday, May 21 • Gates Open at 5pm

You’ll be awestruck at the amazing night oriented aerobatics and display of military firepower!

- ★ Supersonic military jets with afterburner flybys Super
- ★ Rocket Truck zooming down the flight line
- ★ Huge “Wall of Flame” explosive ordnance demo
- ★ Variety of aerobatic demos with dazzling pyrotechnics
- ★ Incredible fireworks display



WEEKEND “DAY SHOWS”

Saturday, May 22 & Sunday, May 23

• Gates open at 8am •

- ★ Flying begins at 10:30am
- ★ Featured performers on both days include US Navy Blue Angels, plus, a variety of Marine Corps aviation and military demonstrations and flybys; civilian barnstormers, historic flybys and statics and so much more! Visit our website for all the details.



cherrypointairshow.com • 1-866-WINGS-NC

★ ADMISSION & PARKING ARE FREE! ★



MCCS HAPPENINGS

QUALITY OF LIFE PROGRAMS FOR OUR MARINES & SAILORS & THEIR FAMILIES

Sports

**Sunday - Wednesday,
May 2-12**

Come watch all branches of the military compete for bragging rights in Beach & Indoor Volleyball!

Beach Volleyball at
Cunningham's Extreme Outdoor Park,
off "E" Street
Indoor Volleyball at
Marine Dome, off "E" Street

Call 466-2390
for more details.



Travel

8th & I Tour

Friday - Sunday, August 6 - 8
Washington, DC
"The Evening Parade"

Since September 1956 the Marines from the "Oldest Post of the Corps" - Marine Barracks, Washington, DC have hosted a parade at the Marine Corps War Memorial near Arlington National Cemetery. In honor of the memory of the Marines who have given their lives since November 10, 1775, this parade features the Marine Drum & Bugle Corps with their "Music in Motion" and the precision rifle handling of the Silent Drill Platoon. It's a spectacular show of patriotism and pageantry that shouldn't be missed!

ONLY \$204⁵⁰ Per Person

Price Includes: Transportation, 2 Nights Lodging at the Liaison Capital Hill & Tickets to the Parade

Information, Tickets & Travel
(next to the Naval Clinic)
466-6625/2197

Info & Education

Deployment Discovery Day

Help your children discover what it is really like to be deployed!

Saturday, May 1
9:00am - 12:00noon

of the field on the corner of 1st Ave & "E" Street

Your child (ages 5-12) will get the chance to:

- PT with a Marine Drill Instructor
- Learn Martial Arts from a Marine Corps Martial Arts Instructor
- Observe a military Working Dogs demonstration
- Personalized dog tags awarded at graduation!
- Giveaways and So Much More!

Registration Required:
Parents must be present for entire program. Children will be transported by bus to the APCD for a portion of the event. Parents will remain at the Station Theater for a formal presentation and preparation for Homecoming/Graduation Ceremony while their children are at the APCD.

Limited to first 100 children to sign up!
This event is brought to you by Marine & Family Services
For more information and registration call 466-3651

Lunch and Learn: Effective Communication

Tuesday-Wednesday, May 4 & 5
11:30 am - 2:30pm

Lunch will be provided at both sessions!

Join MCFTB for this five hour interactive, educational workshop that uses the Four Lenses personality profile to provide participants the opportunity to improve interpersonal skills and become a more effective communicator.

For more info and to register for this FREE class call 466-4637
Free Childcare is available. Call the CDC at 466-5481 to reserve your spot
(Bldg 294 (PMO Bldg), Wing 7, "C" Street)

American Red Cross Lifeguarding Course

at the Combat Pool, off "F" Street

Sat & Sun, May 15 & 16, 9:00am-5:00pm
Mon-Fri, May 17-21, 4:00-8:00pm @
Sat, May 22, 9:00am-Noon

Only \$175 Per Student
(Ages 15 and up)

Register at the Aquatics Office
(located inside the Marine Dome)

Learn life saving skills to help keep swimmers safe in and around the water!

For more info call 466-2510

Start Smart SOCCER

At the Championship Field
(located next to the MCCS Auto Break lot on Roosevelt Blvd.)

Session 1:
Tuesday & Thursday, May 11-27,
5:30pm-6:45pm • Register by Monday, May 3

Session 2:
Tuesday & Thursday, June 8-24,
5:30pm-6:45pm • Register by Tuesday, June 1

only \$50 per child ages 3-5

- Designed to develop a child's motor skills in kicking, passing, running, agility and dribbling.
- Mandatory parents' meeting: 1st session: Monday, May 10, 2nd session: Monday June 7. Both meetings are 6:00-7:00pm, at the Cherry Tree House, 4th Ave.

Call 466-5493/4895 for more info.

plan your MOVE

Wednesday, May 5
9:00-11:00am

This is a mandatory class, especially designed for those PCSing. You will be provided information and tips to help you experience the easiest move ever.

FREE!

MARINE & FAMILY SERVICES
1st Street Bldg. 232, Classroom #166
Call 466-4401 for registration and info.

The Couple's Connection

Join us for an interactive and engaging four part workshop focused on improving your marriage. Topics will include improving basic communications skills, managing marital expectations, fighting fair, and building a more trusting relationship.

Every Thursday
1:00pm - 3:00pm

FREE!

Childcare is available on a limited basis. Please call 466-2291 to reserve a spot. Your child must be registered with Child Development Center's Resource and Referral Office prior to utilizing care.

MARINE & FAMILY SERVICES
Bldg. 232 Classroom #166
1st Street Bldg. 232, Classroom #166
Call 466-4401 for registration and info.

BLACKJACK 21 FUN RUN/WALK

Wednesday, May 12

Do you feel lucky? Score 21 playing Blackjack by collecting cards during the 3-mile run and receive a free commemorative t-shirt! Door prizes and light refreshments will follow the event.

Check-in at 10:30-11:30am,
Race begins at Noon

At the PFT Course
(off Roosevelt Blvd.)

Register at the Devil Dog Gym,
Special Events Coordinator or www.active.com

Registration Deadline:
Wednesday, April 28

Number of participants registered by the deadline date determines the status of the event.

For more info contact: Berna Crosby at 466-2298 or
Email: bernacrosby@mcscs.mccs.org

at&t First Flight MCCS

Home Buying and Selling

Come to this FREE workshop and learn what you need to know to buy or sell a house!

Thursday, May 6
8am - Noon

FOR SALE 466-4401

Get great advice to help you get the most possible gain from your real estate investment.

MARINE & FAMILY SERVICES
For info & registration call 466-4401
"E" Street, Bldg. 232, Classroom #166

We invite our military family members to our

Employment Orientation Class

Come learn about opportunities for employment & all the base's available resources!

1st Thursday of each month
May 6 - 9:00-11:00am

FREE!

MARINE AND FAMILY SERVICES
Conference Room #159 A&F5 Bldg. 232, "C" Street
Call 252-466-4401 for registration and information

CONSEIL INTERNATIONAL DU SPORT MILITAIRE

Come see the best Women's International Military Volleyball players from around the world!

Wednesday, May 26 -
Tuesday, June 1

at the Marine Dome,
Bldg 287, off of "E" Street

Free to Spectators!
Open to the Public!

For more information
call 466-2390 or visit
www.mccscherrypoint.com/cismindex.htm

U.S.A. CANADA GERMANY
NETHERLANDS ITALY BRAZIL

2010 CISM
Friendship through Sport

31" World Women's Volleyball Championships

United States • Brazil • Canada • Germany • Italy • Netherlands

Parker Car Automotive Group are proud sponsors of your MCCS Events.

First Flight is a proud sponsor of your MCCS Events.

Events for Apr 29 - May 6 ...and beyond



QUALITY OF LIFE PROGRAMS FOR OUR MARINES & SAILORS & THEIR FAMILIES

Kids & Teens

teens! we value your creativity!

Teen Art Contest

At the Community/Teen Center (Staff Capehart, Stanley Rd.)

Wednesday, May 5 - Wednesday, May 19

FREE!

Teens, Are You Passionate About Your Work? Well, get out your art supplies and create your most beautiful & creative art work, short story, poem, sculpture or take your best photos.

A Free Trip to the NC Museum of Art, in Raleigh, NC, will be awarded for the best art work!

Deadline for entries: Wednesday, May 19

For more info call 466-4831

KIDS "CAST-A-WAY" FISHING TOURNAMENT

Saturday, June 5

Check In 7:00am Fishing 8:00-10:00am

All Cherry Point kids, bring your bob, fishing poles, tackle & bait with your parent or legal guardian and come catch some fun and be part of a great family experience! Learn about the great fishing opportunities around the air station.

Register for Wednesday, June 2 (limited to the first 250) at Pelican Point Marina, Cherry Point Community Center, The Cherry Tree House, Child Development Center or the Station Library. A parent or legal guardian must accompany each child.

WIN GREAT PRIZES!!

For children ages 3-17

Call 466-2762 for info!

At Curran Pond, located off Billa Range Road. Rain Date: Sunday, June 13.

\$\$\$ MCX Savings!

FAMILY FUN FITNESS FESTIVAL!

at your **MCX**

Saturday, May 1

10:00am-2:00pm

Come enjoy GREAT sales on fitness products while the kids enjoy lots of outside activities and games! There will be fitness competitions, prizes and giveaways for everyone!

PRIZES! • GIVEAWAYS! • COMPETITIONS!

For more information call 463-1692, Woodside Drive

123 SESAME STREET

USO Experience for Military Families

Bring your children out to see Zoe, Elmo, Rosita, Cookie Monster and Grover so they can help your children cope with the deployment of their loved ones!

Wednesday & Thursday, May 19 & 20 - 3:00pm & 6:00pm

Station Theater - "E" Street

Doors open 30 minutes prior to show starting

Call 466-4401 for more info.

FREE!

MARINE AND FAMILY SERVICES Located in Bldg. 232.

No USMC or Federal Endorsement Implied

MAY AUTO CARE SPECIAL!

Are You Ready For the Summer?

Tune Up Your Air Conditioning System!

We will check your air conditioning system's pressures and temperatures according to manufacturer's specifications plus, fill your system with up to one pound of Freon!

NOW \$32.95 ONLY

(*Evac & Recharge extra if needed)
For the month of May only!

Includes:
• Dye
• Up to One Pound of Freon
• Check pressures and temperatures

MCCS Auto Care Center

Corner Dr. • 463-1639

In a hurry? No time for lunch?

Zip in to the Marine Mart for our Monday Grab & Go Special!

All Day Every Monday!

Regular Hotdog, cup of chili & any size fountain drink

For only \$3.99

Call 463-1639 for more info.

Marine Mart

Featuring Fresh Line Fresh Foods & Grab & Go Menus

Entertainment & Fun Stuff

Cinco de Mayo Party

at CUNNINGHAM'S

Wednesday, May 5 8:00pm

Join us at Cunningham's for one of the very best Latin nights in the area! Food & drink specials at Pappy's.

Fun • Freebies • Fiesta!

Call 466-3027 for more info.

MCCS SMP Trip to...

SOUTHERN 500

at Darlington, SC

Saturday - Sunday, May 8-9

only \$195.00 per person

Meet at Cunningham's at 8:00am, return Sunday at 4:00pm

Register at Cunningham's ("E" Street), pay at Bldg 400, cash office.

Single and Unaccompanied Marines & Sailors, join us for a day of fun at Darlington Raceway! Come see NASCAR's main event to battle the best in the Sprint Cup Series. "Showtime Southern 500" while you cheer your favorite driver to victory Lane!

Single and Unaccompanied Marines & Sailors only

Call 466-3027 for more info.

UFC 113

ULTIMATE FIGHTING CHAMPIONSHIP

at CUNNINGHAM'S

Saturday, May 8 10:00pm

Come experience the UFC fight on the 12 foot screen while enjoying Food and Beverage Specials!

Call 466-3027 for more info.

SMP Commissary Awareness Tour

at the MCAS Cherry Point Commissary (Woodside Dr.)

Monday, May 17 9:30am - 12:30pm

Enjoy a fun morning of games and prizes followed by a free cookout for lunch! Learn about what the Commissary has to offer through games such as "The Race is Right" and "Turkey Bowling".

FREE!

Single and unaccompanied Marines only

Big Prizes! • Big Fun! • Big Time Food!!!

For more info call 466-3027

MCCS Phone Numbers

- DINING**
- 11th Frame 466-9309
 - Andy's 466-9010
 - Bonsai Express 652-7351
 - Catering 670-7156
 - Clausen's Pizza, Wings & More 466-5555
 - Dunkin' Donuts 444-3665
 - McDonald's 444-2269
 - New City Deli 463-7358/7361
 - Pappy's Bar & Grill 463-7356
 - Subway 444-1864
 - The Pit 466-9561
 - Wings Grill 466-9306
- FAMILY TEAM BUILDING**
- Key Volunteers 466-5779
 - L.I.N.K.S. 466-5588
- MARINE & FAMILY SERVICES**
- Cherry Tree House/Youth Activities 466-3861
 - Child Development Center 466-3595
 - Counseling - Personal & Marital 466-3264
 - Employment Assistance 466-4401
 - Exceptional Family Member Assistance 466-4401
 - Family Advocacy 466-3264
 - Family Child Care 466-4867
 - Family & Parenting Education 466-3264
 - Financial Management 466-4401
 - Human Resources 466-2301
 - Library 466-3552
 - New Parent Support 466-3651
 - Relocation Assistance 466-4401
 - Retired Activities 466-5548
 - Substance Abuse Counseling 466-7568
 - Transition Assistance 466-4401
 - Victim Advocacy 466-3264
- MCCS COORDINATORS**
- Donnie Koontz 466-6453
 - Jean Ray 466-5071
 - Wayne Simmerman 466-5206
 - Sandra Zimmerman 466-4846
- RECREATIONAL FUN**
- Bowling Center & Pro Shop 466-3910
 - Golf Course & Pro Shop 466-3044
 - Marinas, Lodges & Parks
 - Hancock Marina & Lodge 466-3620
 - Pelican Point Marina & Ship's Store 466-2762/4874
 - Slocum Lodge 466-5812
- RECREATIONAL FUN Contd.**
- Information Tickets & Travel 466-2197/2172
 - Outdoor Connection 466-4058
 - Cunningham's Recreation Center 466-3027
 - Theater 466-3850
 - Extreme Outdoor Park 466-3027
- RETAIL**
- 7-Day Troop Store 463-1693
 - Auto Care Center 670-1995
 - Auto Skills Center 466-2352
 - Barber Shop (in MCX Mall) 463-1654
 - Barber Shop (near 7-Day Store) 466-9263
 - Cherry Point Video 444-0702
 - Convenience Store 463-1626
 - Dry Cleaner 447-2130
 - Flower Shop 447-2425
 - Furniture Store 463-1692
 - Hammond's Plaque Shop 444-1288
 - Main Exchange Mall 447-7041
 - Marine Mart 463-1639
 - Massage Therapy 444-0829
 - Military Clothing Store 463-1608/1623
 - Package Store 466-1638
 - Safety Store 466-9063
 - Sprint 464-0007
 - Beauty Shop 447-1857
- SEMPER FIT**
- Aquatics 466-2510
 - Swimming Pools
 - Cedar Creek Pool 466-2277
 - Combat Indoor Pool 466-2209
 - Hancock Pool 466-2168
 - Athletics Department 466-2390
 - Devil Dog Gym 466-2713
 - Hancock Fitness Center 466-4018
 - Health Promotions 466-6467/7201
 - Marine Dome 466-2566
 - Semper Fit Department 466-4232
 - Single Marine Program 466-3027
 - Community Center 466-4824
- CLUBS**
- Cunningham's Recreation Center 466-3027
 - The Pit 466-9561
- EDUCATION**
- Education Office 466-3500
 - Colleges & Universities
 - Boston University 466-2491
 - Craven Community College 466-5020, 444-6000
 - Park University 466-2655
 - Southern Illinois University 466-2779

MCCS Cherry Point Commemorative Brick Campaign

Your Legacy... A Lifetime Impression!

Order your customized brick TODAY!

Take advantage of this opportunity to memorialize and salute a fellow Marine or Sailor, a fallen comrade, or a family member!

Marine Corps Community Services (MCCS) aboard MCAS Cherry Point is implementing a unique program as part of their new Consolidated Club construction in the form of laser engraved bricks that is destined to become an eternal fixture of our military heritage.

THREE EASY WAYS TO ORDER YOUR COMMEMORATIVE BRICKS!

- Online** - visit www.bricksrus.com/order/cherrypoint and follow the simple instructions!
- Mail in** - your order by picking up your order form here!
- Turn in** - your order at your three Convenience Stores, MCX Customer Service Center, Bowling Center, Cunninghams, The Pit

For more info, visit mccscherrypoint.com

Now Partnered with Monster.com!

How Do I Place An Ad?

By Phone: 888-328-4802
 By Fax: 888-328-8261
 Online: encclassifieds.com

In Person: Mon-Fri 8am-5pm
 3200 Wellons Blvd, New Bern, NC 28562

By Mail: ENC Classifieds
 1300 Gum Branch Road, Jacksonville, NC 28540

What Are The Deadlines?

Publication Day	Deadline
Sunday	1pm Friday
Monday	2pm Friday
Tuesday	1pm Monday
Wednesday	1pm Tuesday
Thursday	1pm Wednesday
Friday	1pm Thursday
Saturday	Noon Friday



Cool Cheap Stuff:

Items under \$500 run free for 7 days. Some restrictions apply.

Specials are available for the following classifications:

Pets For Sale, Autos For Sale, Boats For Sale, Garage Sales, Items For Sale under \$2,500.

Call a Classified Ad-Visor at 888-328-4802 for information.

Publication Policy

To ensure the best response to your ad, please take time to be sure your ad is correct the first time it appears. If you see an error, please call us immediately to have it changed. However, the publisher is responsible for one incorrect day only. Liability shall not exceed the portion of the space occupied by the error and is limited to the copy submitted for publication. We reserve the right to classify and index any advertising based on the policies of this newspaper. The publisher will not be liable for any advertisement omitted for any reason. Ad position is not guaranteed. Rates are based on consecutive insertions. For information about lower contract rates, please contact an Ad-Visor at 888-328-4802.

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888-328-4802



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005 Services Directory

Clearing/Gravel
BULLDOZER, excavator, grading, demolition work. Fill dirt, topsoil & sand. (252)559-6932

Compost/Topsoil
CERTIFIED CLASS A Compost or screened organic soil, \$15 per ton. Will deliver. No order too large or too small. (252)633-5334

NEW TODAY

Concrete
DISCOUNT PRICES Driveways, patios sidewalks No one can beat my price Daugherty's (910)389-8575

Drywall Repair
NEW WORK or repair to existing walls and ceilings. Free estimates. Call 252-633-4909

Handyman
BOB'S HANDYMAN SERVICE 25 years experience. No job too small. (252)288-1511

005 Services Directory

Gutters/Construction
DAD & THE BOYS LLC
 Seamless gutters. 5" Gutters \$3.50 per foot 1 story. \$4.50 per foot 2 story plus downspouts. We specialize in flooring & remodeling. We do all phases of residential construction. 252-659-2224

Handyman
A QUICK SERVICE. Can Install or Repair anything **Remodeling, Painting, Tile, Roofing**, etc. 30 years experience. Quality Work guaranteed. **Member of Better Business Bureau** We accept Visa, Mastercard, Debit. 252-633-6675.

Handyman
A-1 HANDYMAN SERVICE No job too small. Reasonable rates! (252)229-7016

005 Services Directory

Handyman
COASTAL INSTALLATION AND REPAIR! Painting, roofing, plumbing, electrical, pressure washing, tree removal and tractor work. All work with warranty. Call (252)474-5676

Handyman
EASTERN CAROLINA'S Handyman
 Painting, roofing, plumbing, electrical, landscaping, flooring, tractor work, porches & decks. Warranty. 252-670-7981 or 514-3013

NEW TODAY

Hauling
 Fill dirt, topsoil, sand, rock backhoe, grading, debris removal, demolition, drainage tile **Reid Avery** (252)638-2801

Home Improvement
Painting, Carpentry, Garages, Additions... Reasonable rates and quality work! (252) 671-6606.

005 Services Directory

NEW TODAY
Home Improvement
ATLANTIC BUILDERS Room additions, remodeling & repairs, garages, decks, sheet rock, painting & roofing. Ability with dependability. "FREE" estimates! (252)447-2394

Home Improvement
A-1 IMPROVEMENT All your home improvements needs. Where quality counts. References available. 1 year warranty. 252-670-7981 or 571-7551

NEW TODAY

Home Inspection
PRE-SALE HOME INSPECTIONS by licensed home inspector. Repair/replace items prior to listing your home for sale. Inspection fee range: \$150-\$250. Call (252)714-1412 **CNC Inspection & Construction**

Landscaping
RANDY'S BED MAINTENANCE & LANDSCAPING Spring is coming. Planting, mulch, sodding, pine straw, and irrigation repairs. Call 910-743-2951 or 252-474-4491

Lawn Care
AL'S LAWN CARE Cutting, trimming & cleanups. A great job at low price. 252-447-1265

Lawn Care
BROOKS LAWN CARE We do it all! Free estimates! Military Discounts! (252)244-1200 or (910)300-0076

Lawn Care Service
LEE'S LAWN SERVICE Residential/Commercial. Complete lawn care! "FREE" estimates! (252)342-1789

Lawn Care
SPRING CLEANUP! Pressure washing, mulching flower beds, removing small trees, landscaping and painting. **Campbell's Lawn Care** (252)342-1984 or 342-4488

Lawn Service
 Lawn Care & Home Maintenance. Good rates, better monthly rates. Call Dennis, (252) 670-8548

Lawn Service
Spring Garden Lawn Service Total lawn care, bushhogging, insured. "FREE" estimates! (252)670-8599

Music Lessons
PIANO LESSONS
 (252)447-4086

005 Services Directory

Painting
A QUALITY PAINTING SERVICE
 Paint, stain, seal decks, pressure washing. We do windows. Member of BBB. Visa & Mastercard accepted. 252-633-6675

Patios and Walkways
WIDE SELECTION OF pavers and flagstone. Installation available. **Stone Craft** (252)633-4956

NEW TODAY

Pine Straw
CLEAN LONG LEAF PINE STRAW
 \$4 or \$4.25 Delivered Green Giant Nursery, Pollocksville (252) 671-3804

Retaining Walls
ROCK, BLOCK & P.T. TIMBER, retaining walls. Call (252)637-ROCK www.rocknyards.com

Roofing
REPLACEMENTS AND REPAIRS!
 All types, fully insured, reasonable rates. Call (252)670-5573

Stone
FLAGSTONE, BOULDERS, Veneer, River Rock. Installation available. **Stone Craft** (252)633-4956

Structural repairs
WE REPAIR JOISTS, seals, girders, water/termite damage. All home repairs! (252)756-2915

Tile Installation
BATH/KITCHEN REMODELING and granite/marble countertops. Free estimates! (252)463-3700

Tile Installation
Bathroom Remodeling, Handicap Specialist. Free Estimates. (252)249-0381

Tractor Work
FOOTINGS, BUSHHOGGING, BACKHOE and tractor work. Call (252)670-0555

NEW TODAY
Tree Service
A-1 TREE
 Tree removal and trimming, stump grinder, up to 95' bucket truck. Mastercard/Visa accepted **Earl Temple** (252)636-0611

Wiring
Residential Wiring Telephone/cable outlets, installation/repair, wall fish. Low rates! 252-227-2514

010 Announcements

NEW TODAY

Baby Girl Born April, 1974. Birth Mother/sibling contact Jenny, 719 671-4188 jenny13446@yahoo.com

030 Instruction & Training

J.Y. Monk
Real Estate School
 Get your Real Estate License **FAST**
 Raleigh, Wilmington & Greenville Courses
 Free Brochure & Schedule
1-800-849-0932
www.jymonk.com

NEW TODAY

PIANO LESSONS! Several openings available, Newport area! Call (252)223-5687

050 Help Wanted

NEW TODAY

General

DRIVER

Class A CDL required with minimum 3 years experience and clean driving record.



AUTO DISMANTLER

Knowledge of automobile recycling industry a plus. Must have own tools.



Full time positions!
 Graduation from high school required. Must pass criminal background/drug check. References required.
901 LAKE ROAD
HAVELOCK, NC
 Contact Bryan at: (252)474-7819

NEW TODAY

General

Handyman
 for well-established maintenance business. Must work weekends, background check required. Must have reliable transportation to work.
(252) 637-4431

The Windsock Free Classifieds

How to Place a Windsock Free Classified Ad

Active duty, retired military personnel and their dependents may place classified ads in *The Windsock* at no charge. You must go to the Joint Public Affairs Office in Bldg. 4817 and fill out an ad request form.

There is a 20-word limit on military free ads and a two-ad (separate category) per household maximum per week.

Policy for Free Classified Ads

Providing free advertising for business ventures is prohibited by government printing regulations and conflicts with the civilian publisher's advertising (which pays for the entire Windsock.) Therefore, as stated on the free ad request form, free classified ads "...must not be of a commercial or business nature."

This includes baby-sitting, property for rent, and yard work. Such advertisements may only be run as paid ads. Likewise, ads promoting fund raising activities sponsored by any organization, or events for which a fee is charged, are also not authorized under the free ad provision.

The Windsock will only publish free ads for animals which the owner is giving away. Real estate for sale must be exclusively "By Owner."

Failure of an ad to appear in *The Windsock* usually indicates the submission did not meet the criteria for free publication.

► **Deadline for submitting free classified ads is noon, Monday** ◄

► **When Monday is a Federal holiday, ads must be submitted by noon, Friday** ◄

► **To re-run, free ads must be resubmitted** ◄



IS NOW ACCEPTING APPLICATIONS FOR:

LPN

PART TIME, PRN

PLEASE APPLY IN PERSON:

3003 Kensington Park Drive
New Bern, NC 28560

EOE



**Cherry Point
National Logistics Contract**

DP Technology Services, Inc., a leading provider of Logistics and Acquisition Support to the Federal Government, has established a World Class Team (CACI and Cherokee Information Services, Inc.) to bid on the upcoming Cherry Point National Logistics contract.

We are seeking qualified logistics and acquisition incumbent staff and other professionals in the following labor categories:

- | | |
|----------------------------------|-------------------------|
| Program Manager | Sr Logistics Analyst |
| Sr Acquisition Logistics Manager | Logistics Analyst |
| Acquisition Logistics Manager | Sr Logistics Engineer |
| Sr Operations Logistics Manager | Logistics Engineer |
| Operations Logistics Manager | Logistics Technician |
| Jr Logistics Manager | Computer Operator/Admin |

(U.S. Citizenship and minimum of Secret clearance is required for all positions)

Qualified Candidates should send resumes to narias@dptechsvc.com / fax 703-330-7969 or contact Nataly Arias at 703-330-7900.

Team DPTS offers competitive salaries and benefits and is an EOE M/F/D/V.

www.dptechsvc.com

www.cherokee-inc.com

www.caci.com

NEW TODAY

Accounting

ACCOUNTING TECHNICIAN III

Jones County Health Department is recruiting for an Accounting Technician III which will be responsible for a variety of specialized functions as they relate to the business office and will become accountable for the overall day-to-day fiscal operations of the Department. The employee of this position will participate in the budget development, implementation and maintenance of a \$1.2 million annual budget and will function independently in the management of a variety of grants and other funding sources. This position will supervise a unit of four positions accountable for the support of other Health Department services and programs. Position is primarily responsible for coordinating the fiscal activity and reporting which is required on the local and state levels and becomes accountable for ensuring compliance on an ongoing basis.

EDUCATION REQUIREMENTS:

Graduation from high school including or supplemented by basic courses in bookkeeping or accounting and four years experience in bookkeeping or accounting clerical work in an accounting office. Graduation from a four-year college or university with a major in business administration may be substituted for the required experience.

Salary Range: \$27,791 - \$35,054

Closing date for accepting applications: Open until filled

Please visit: www.jonescountyhealth.com for applying details.

Jones County Health Department is an equal employment opportunity employer.

**FIELD SERVICE REPRESENTATIVE
New Bern, NC**

Join a dynamic and energetic sales program and channel your initiative, innovation, and competitive spirit to make an impact on our customers, our organization, and your own career!

As a Field Sales Representative, you'll leverage your creativity in partnering with customers to create custom print and online advertising solutions, and we have an exciting and ever-growing portfolio of interactive products for you to work with.

We're looking for passionate, high energy, and proactive people who thrive in a fast-paced environment in which change is a constant. You will need a proven ability to learn quickly, solid follow through skills, attention to detail, and a customer service approach to interacting with both clients and internal contacts.

In addition to a great career path, this role offers:

Comprehensive training — from the start you'll see that our environment is supportive. You'll start with extensive training and receive ongoing skills development through formal sales training programs.

High profile, innovative products — we have outstanding brands where it counts: in local communities where businesses can truly reach the audiences that matter. You will be able to offer tailored solutions from our robust portfolio of media products, which includes not only our flagship newspaper, but also weekly and specialty papers, inserts and direct mail campaigns, interactive products, and much more.

Excellent compensation — in addition to a competitive salary and incentive program, we offer a comprehensive benefits package that includes medical and dental insurance, a 401(k) plan, a generous allotment of paid time off, and more.

And there's a lot more.

Learn more and submit your resume.

Email to: blindbox06@encclassifieds.com

Mail to: Sun Journal
Attn: Advertising Director
P.O. Box 13948
New Bern, NC 28561
No phone calls please.

**BUSINESS OPPORTUNITY
NEWSPAPER CARRIER
NEEDED FOR ORIENTAL AREA!**

CALL BLAKE AT (252)635-5625
FOR MORE INFORMATION

**ASSISTANT ACTIVITY
DIRECTOR**

Position available for a full time Assistant in a Long Term Care setting. Must be available to work some weekends and evenings, be energetic and enjoy working with the elderly. Good computer skills a plus.

PLEASE APPLY IN PERSON:

3003 Kensington Park Drive
New Bern, NC

EOE

**CUSTOMER SERVICE
POSITION**

DOES THIS DESCRIBE YOU:

Dependable, Hard Working
and A Team Player?

WE HAVE A POSITION FOR YOU

We are looking for an individual that is organized with the ability to multi-task in a fast pace work environment.

Must be people orientated with proper telephone skills.

Great starting pay with benefits!

Please apply in person:
392 McCotter Blvd/Havelock NC
252-463-3450

TRENT
THE SMART, SAFE, SATISFYING WAY TO BUY A PRE-OWNED VEHICLE!

CERTIFIED CADILLAC

'06 Cadillac DTS Silver, #6008A \$23,995	'09 Cadillac DTS Silver, #P6437 \$44,995	'09 Cadillac DTS Red, #P6438 \$43,995	'09 Cadillac Escalade Black, #P6458 \$62,995	'08 Cadillac DTS Black, #P6440 \$36,995	'08 Cadillac Escalade W. Diamond, #P6449 \$49,995
'08 Cadillac CTS Red, #P6464 \$35,995	'09 Cadillac CTS White, #P6454 \$39,995	'08 Cadillac Escalade ESV White, #P6459 \$52,995	'05 Cadillac Deville Silver, #P6425A \$17,995	'09 Cadillac DTS Black, #P6434 \$39,995	'09 Cadillac STS Blue, #P6334 \$33,995
'07 Cadillac SRX Goldmist, #6048A \$32,995	'06 Cadillac DTS Silver, #P6413A \$23,995	'09 Cadillac STS Black, #P6457 \$41,995	'08 Cadillac STS Red, #7074A \$35,995	'08 Cadillac Escalade Black, #P6423 \$49,995	'07 Cadillac CTS Silver, #P6407 \$24,995
'07 Cadillac CTS Bronze, #P6452 \$24,995	'08 Cadillac XLR-V Black, #P6446 \$64,995				

CERTIFIED GM

'05 Chevy Corvette Blue, #7128B \$30,995	'10 GMC Acadia Green, #P6460 \$34,995	'09 Saturn Vue X Gold, #P6461 \$20,995	'10 Buick Enclave White, #P6435 \$37,995	'09 Pontiac Torrent Maroon, #P6436 \$24,995	'05 GMC Sierra White, #7089A \$21,995	'09 Cadillac STS Burgandy, #P6444 \$39,995
'09 Buick Lacrosse White, #P6420 \$22,995	'08 Hummer H3 #P6456 \$31,995	'05 Pontiac Grd. Prix White, #P6334A \$11,995	'08 GMC Yukon White, #6062A \$46,995	'09 Buick Enclave Black, #P6441 \$37,995	'07 GMC Sierra K1500 Silver, #7119A \$25,995	'05 GMC Yukon Pewter, #6060A \$26,995
'09 Chevy Impala Red, #P6416 \$19,995	'08 GMC Acadia SLT Silver, #P6430 \$33,995	'10 Pontiac G6 Burgandy, #P6415 \$19,995	'06 Chevy Silverado XCab Z-71, Blue, #7127A \$23,995	'08 GMC Sierra Denali Black, #7118A \$39,995	'10 GMC Terrain Gray M., #P6427 \$29,995	'06 GMC Yukon Silver, #P6403 \$26,995
'05 Pontiac Grd. Prix Maroon, #1045A \$12,995	'10 GMC Terrain Gray M., #P6428 \$31,695	'05 Chevy Avalanche Blue, #P6380A \$18,995	'06 GMC Sierra Pewter, #3075A \$24,995	'08 GMC Yukon XL Black, #6075A \$39,995	'07 GMC Yukon XL White, #7015A \$34,995	'09 Hyundai Sonata SE #6409A \$18,995
'07 GMC Envoy Black, #P6433 \$21,995						

PRE-OWNED VEHICLES

'07 Chrysler Sebring White, #7131A \$15,995	'07 GMC Yukon Silver, #P6408A \$32,995	'04 Ford Explorer Eddie Bauer Ed., Blue, #1067A \$14,995	'06 Cadillac CTS Silver, #6410A \$16,995	'08 Honda Pilot Blue, #7085A \$29,995
'04 GMC Sierra Red, #P6417A \$19,995	'05 Cadillac SRX Silver, #P6430A \$16,995	'06 Nissan Titan Tan, #P6430C \$18,995	'07 Jeep Commander Red, #2088C \$17,995	'06 Cadillac DTS Blue, #6098A \$23,995
'05 Chevy K1500 Beige, #P6424 \$20,995	'07 Lexus GS 450h Silver, #6115A \$39,995	'07 Dodge Grd Caravan Blue, #P6299 \$15,995	'03 Chevy K1500 Pewter, #P6332C \$17,995	'07 Nissan Armada Silver, #P6431A \$33,995

BUDGET

STOCK #	YEAR/MAKE/MODEL	COLOR	PRICE	STOCK #	YEAR/MAKE/MODEL	COLOR	PRICE
#1051A	2007 Hyundai Sonata SE	Red	\$12,995	#P6442A	2004 Dodge Ram	Silver	\$14,995
#7113A	2003 GMC Sierra	Red	\$14,995	#1077A	2002 Buick Lesabre	Blue	\$8,995
#P6445A	2006 VW Jetta	Black	\$14,995	#6126A	2001 Nissan Pathfinder	Gold	\$9,995

"Our People Give You The Edge"

• Tom Meyer • Ben Bynum • Lew Branche • Thomas Farrow • Gennene Bennett • Tony Brady • Ronnie Brinson • Bryan Glessner • Henry Gouty • Josh Galloway • Jimmy Alexander • Mané Katsal • Mark Berry



See Dealer For Details. Plus Tax, Tags and \$389.00 Admin Fee., See store for details. Not responsible for typographical errors. Photos for illustration only.

252-633-2213

Hwy 70E • NEW BERN • www.trent.com



050 Help Wanted

NEW TODAY

General

The Hampton Inn New Bern

is seeking to fill the following positions
Housekeepers

Individuals must be energetic, able to manage their time wisely, and capable of working independently. Outgoing personality is a must to join our award winning team.

Benefits include paid holidays and vacations, health & dental insurance, 401 K retirement plan and advancement opportunities.

Serious applicants may pick up an application at the hotel's front desk:
Hampton Inn
200 Hotel Drive
(US Hwy 17 & 70 Bypass)
New Bern, NC 28562
An Equal Opportunity Employer

050 Help Wanted

NEW TODAY

Sales

Hiring Now! TELE-SALES

34 years proven! Fundraising for Shriners Org. I B2B experience a must! \$10-\$25 hr + bonuses! Only top closers wanted!
(252)639-9937

NEW TODAY

Trades

Holden Temporaries, Inc.

EXPERIENCED CONCRETE FINISHER

Industrial or commercial experience preferred. Must be familiar with building forms, digging footings, pouring concrete & finishing

EXPERIENCED HEAVY EQUIPMENT OPERATORS

EXPERIENCED COMMERCIAL GENERAL LABORERS

Must have steady work history, NCDL, and pass all screening.

Call for appointment!
(252)636-3111

050 Help Wanted

NEW TODAY

Medical

LIFE, INC.

IS ACCEPTING APPLICATIONS FOR:
HABILITATION ASSOCIATES

AT OUR ICF/MR GROUP HOMES IN NEWPORT.

Part time weekend (Saturday and Sunday, 7am-2pm and 2pm-9pm) and fill in positions are currently available.

A high school diploma and valid driver license are required. DMV, Criminal Background and Drug screenings required.

QUALIFIED APPLICANTS CAN COMPLETE APPLICATIONS IN PERSON AT EITHER:
2717 B. Neuse Blvd. New Bern
BETWEEN 8AM & 4PM OR AT:
1229 Nine Foot Road, Newport
BETWEEN 2PM & 4PM MONDAY-FRIDAY

PLEASE CALL AHEAD TO THE NEWPORT LOCATION AT:
(252)223-3888

050 Help Wanted

NEW TODAY

Office

Holden Temporaries, Inc.

RECEPTIONIST

Must be able to use multi-line phone, operate 10 key calculator, and have knowledge of Office, Excel and filing.

EXPERIENCED PARALEGAL

EXPERIENCED BOOKKEEPER

Must have knowledge of AR, AP, payroll, GL, monthly & quarterly taxes and have 5 year steady work history.

EXPERIENCED WAIT STAFF & BARTENDER

Call for appointment!
(252)636-3111

TYLER PLACE LUXURY APARTMENTS

- High efficiency heat pumps
- Water, sewer, trash pickup included
- Large, open floor plans

Call or come by today for more information
Email for Application: tylerplace@embarqmail.com

AFFORDABLE ASK FOR SPECIALS

No \$Money...No Problem...Move in Today w/approved credit*

Call for Details
\$525 2 Bedrooms
\$565 3 Bedrooms

Office Hours: Monday-Wednesday 9-5 & Thursday 9-2
447-5160
Located off Lake Road in Havelock
*Limited time only. Some restrictions apply

DON'T CALL US!

Ready to put your ad in the classifieds online?
Do it yourself!

Post your ad online instantly at encClassifieds.com

- upload unlimited images
- edit your ad anytime from the 'my account' area
- upgrade your ad to make it stand out
- your ad will get displayed throughout our network

Log on today anytime 24/7



ENCClassifieds.com
YOUR EASTERN NORTH CAROLINA MARKETPLACE

Seriously, if you need help, advice or want to place a print ad you can call us. We'd be happy to help!
888-328-4802

NEW TODAY

General

Large law office wishing to hire an **INVESTIGATOR** based in New Bern. Travel required (no overnights), successful candidate must investigate accidents, interview witnesses and perform marketing duties. Must work well with people at all levels, good clean work history.
Resumes to ckeenhold@kellumlaw-firm.com

NEW TODAY

General

FREE PHOTO SHOOT if accepted. Local Agency Interviewing Expressive Babies and Kids for commercials & print. Bookings pay well. www.cbgroup.com for info
(252)670-0464

NEW TODAY

Medical

PRIVATE HOME CARE CNAs

Apply today and earn a \$450 bonus!

ALL SHIFTS/ FULL TIME PLACEMENT

Home Care for the Elderly. Hourly/24 hour care. Work 3-4 days & have off 3-4 days. New Bern, Havelock, Morehead, Jacksonville and Swansboro areas. Errands, Transportation, Meal Prep, Medication, Companionship, Reminders, Housekeeping, etc.

TOP PAY Call Today (252)634-9307

Buying Or Selling with Classifieds Is A Breeze

Looking for a unique item or some quick-cash? The classifieds are your one-stop source for buying or selling anything from canoes to yachts and so much more.



The Windsock
1-888-328-4802

NEW TODAY

General

THE EMERGENCY PET HOSPITAL OF CRAVEN-CARTERET is now accepting applications for:
WEEKEND ASSISTANTS

Veterinary experience is required. Applications can be picked up between 6pm-9pm at 1301-A East Main Street in Havelock.
NO PHONE CALLS!

050 Help Wanted

NEW TODAY

Driver

CLASS A BOAT HAULERS NEEDED

Great pay and benefits package. Must have 2 years CDL experience. Call Mon.-Fri. (252)974-2444

NEW TODAY

Medical

STERLING HOUSE OF NEW BERN SEEKS: Maintenance Tech

20 hours a week.

APPLY IN PERSON AT:
1336 S. Glenburnie Road

NEW TODAY

Professional

GREGORY POOLE EQUIPMENT COMPANY is currently seeking the following to join our Beaufort office:

MARINE MARKETING ADMINISTRATOR

Will develop/implement strategic marketing plans for the marine division while staying abreast of changes in the industry. Requires a degree in graphic design/marketing or related industry (2 year degree requires 2 years of direct marketing and/or graphic design experience; 4 year degree should have internship marketing experience).

For more information and to apply, please visit us online at:
www.GregoryPoole.com
Equal Opportunity Employer

050 Help Wanted

NEW TODAY

Medical

Britt Haven of Havelock is now hiring for:
•CNAs-All Shifts

Please apply in person
110 McCotter Blvd Havelock NC 28532
or call (252)444-4631
EEO/AAP

BLAST OFF

to bargains when you shop in The Sun Journal classifieds.

Check the marketplace where buyers and sellers are the real stars — the classifieds.

Call the number below to subscribe
The Windsock
1-888-328-4802



NEW TODAY

Medical

Licensed or Provisionally Licensed Therapists

Private Mental Health provider seeking therapists to lead Intensive In-Home and Community Support Teams in any of our five eastern NC locations. Great co-workers and salary; benefits and clinical supervision provided.

Fax resume to
Linda Weeks at: Le'Chris Health Systems, Inc. (252)514-6586

★★★ NOW SELLING ★★★

Affordable New Homes in New Bern

CUSTOM FLOOR PLANS AVAILABLE



3-4 Bedroom, 2 Bath with 2 Car Garage

Uniquely Designed Spacious Modern Homes
Near Highway 70,
Located off County Line Rd, New Bern

- Landscaped lots
- Presales Available
- Choose from several floor plans

Check Out Our Homes at Kellerwilliams.com
Indian Woods, the friendly family neighborhood

Keller Williams Realty
Christina Ward
252-637-2010



Husband & Wife Teams Welcome!!!

WE'RE GROWING

CPC Logistics, Inc. is adding 2 top notch teams to a Private Fleet Operation in Goldsboro, NC.

We Require:

- Minimum 2 yrs verifiable OTR experience
- Minimum 24 yrs old
- Good MVR
- Good Safety Record
- No DUI or DWI
- Meet all DOT requirements
- Pass Physical & Drug Test

We Offer:

- .4875/mi. (split)
- \$12.75/hr Hourly Pay
- \$1100+/wk Income Potential
- Full Health Coverage
- Pension Plan
- Paid Vacation & Holidays
- Home Weekly
- Excellent Equipment

Contact CPC at
1-800-274-3756
or at www.callcpc.com

