



## Saving lives, one simulation at a time



Intelligence Specialist (IS) Seaman Cory Bettle from Fleet Area Control and Surveillance Facility, Virginia Capes (FACSFAC VACAPES) tries to stay on the road while driving a simulator during the "Save a Life Tour," June 21. Save a Life Tour started the presentation by giving Sailors statistics about drinking and driving before everyone had the opportunity to drive as their blood alcohol level slowly reaches .34. After stopping at Naval Station Norfolk last week, the Save a Life Tour visited FACSFAC VACAPES in Virginia Beach to increase knowledge of the dangers of drinking and driving.

STORY AND PHOTO BY MC3 TERAH MOLLISE  
NAS Oceana Public Affairs

**VIRGINIA BEACH** — Fleet Area Control and Surveillance Facility, Virginia Capes (FACSFAC VACAPES) hosted the national Save a Life Tour (SALT) during its stop in Virginia Beach, June 21.

Despite years of increased public awareness of the dangers of driving under the influence and increased arrests and penalties for doing so, the National Highway Traffic Safety Administration reports that on the average, someone in the U.S. is killed by a drunk driver every 45 minutes. In 2008, an estimated 11,773 people died in drunk driving related crashes. According to Mothers Against Drunk Driving (MADD) at [www.madd.org](http://www.madd.org), about three in every 10 Americans will be involved in an alcohol related crash at some time in their lives.

Those attending the presentation at FACSFAC VACAPES were greeted by hard-hitting videos and graphic posters showing the real costs of drunk driving. The tour also provided the opportunity for military personnel to drive under the influence, while still sober. They sat in the simulator, which included a real ignition, console and three wrap-around screens.

SALT, based out of Grand Rapids, Mich., has three groups that travel around the country promoting their message of safe and sober driving to high schools, colleges and military commands. One team is currently in Texas, another in Washington and the third is visiting bases in Virginia, including Naval Station Norfolk, FACSFAC VACAPES and the next stop will be at Fort Belvoir.

Andrew Tipton, the senior manager for the Save a Life Tour has traveled around the country for 18 months to places such as Naval Air Station (NAS) Whidbey Island, Wash.,

See SAVE A LIFE, A11

## Navy's new firearm policy

BY APRIL PHILLIPS  
Naval Safety Center Public Affairs

**NORFOLK** — The Navy announced a policy change regarding personal firearms to consolidate and clarify the requirements for those who own these weapons.

The NAVADMIN detailing the new policy is available at [www.persnet.navy.mil/NR/rdonlyres/BCB24012-BC52-4E88-B20F-A509B1C744B7/0/NAV101096.txt](http://www.persnet.navy.mil/NR/rdonlyres/BCB24012-BC52-4E88-B20F-A509B1C744B7/0/NAV101096.txt). The change to OPNAVINST 5530.14E came after a review of existing policy indicated that there were inconsistencies in the way personal firearm regulations were enacted across the fleet, according to Rear Adm. Arthur J. Johnson, Commander, Naval Safety Center.

However, he emphasized that the policy change should not make life more difficult for those who choose to own weapons.

"This policy is more of a clarification than a change," said Johnson. "It's not meant to make owning a personal firearm more



U.S. Navy photo

A new addition to the Navy's firearm policy is the ability for all Sailors to store their personal firearms in base housing or armories (when space is available), so long as they receive prior written approval from the installation commanding officer.

restrictive for Sailors. Instead, it aligns policy across the enterprise so Sailors know what's expected of them if they do own a firearm."

One highlight of the new policy is the ability for all Sailors to store their personal firearms in base

housing or armories (when space is available), so long as they receive prior written approval from the installation commanding officer. Weapons must be stored in a locked container, a locked gun

See WEAPONS, A11

## Sailors completing Motorcycle Safety Course get discount at NEX

PRESS RELEASE  
Navy Exchange Service Command Public Affairs

The NEX, in partnership with the Naval Safety Center and Commander, Navy Installations Command, is offering a 25 percent discount coupon on motorcycle protective gear for all Sailors who complete the Motorcycle Safety Course at their base.

"We are happy to partner with the Naval Safety Center to bring this discount coupon to Sailors who have completed their required motorcycle training," said Rear Adm. Steven J. Romano, Commander, Navy Exchange Service Command (NEXCOM). "The NEX does all it can to help promote motorcycle safety including selling protective equipment, promoting safety messages and partnering with the Naval Safety Center. We will do all we can to ensure the safety of our Sailors and their families."

Sailors who complete the Navy Motorcycle Rider Training Class will receive a coupon from their course instructor. The coupon is nontransferable and is good for 90 days. The 25 percent discount does not apply to any other merchandise in the transaction or to general purpose footwear, outerwear or electronics.

Making the motorcycle protective equipment purchase on the NEX online store, [www.myNavyExchange.com](http://www.myNavyExchange.com), is slightly different. Customers will need to bring their receipt found inside the shipping box, along with their 25 percent coupon to any NEX customer service counter. The NEX will issue a discount to the Sailor's credit card for 25 percent off the merchandise cost of the entire purchase of motorcycle protective equipment. The coupon is not good on online purchases of motorcycle protective equipment from [www.myNavyExchange.com](http://www.myNavyExchange.com) made prior to the date of issuance of the coupon.

## Mullen praises Merchant Marine Academy graduates

BY ARMY SGT. 1ST CLASS MICHAEL J. GARDEN  
American Forces Press Service

**WASHINGTON** — The chairman of the Joint Chiefs of Staff, Adm. Mike Mullen, praised the U.S. Merchant Marine Academy's Class of 2010, urging the 198 graduating mariners to live their institution's motto, "Acta Non Verba," or "Deeds, not words."

Mullen spoke at the academy's commencement exercises June 21 in Kings Point, N.Y.

"Five decades in uniform has taught me it's not what people say, it's what they do," said Mullen. "And by choosing to serve, you already began a life with purpose and consequences, not just at Kings Point, but around the world."

"Soon, most of you will be commissioned as ensigns in the Naval Reserve," he continued, "many serving in the Merchant Marine — a vital resource upon which our nation has long



Adm. Mike Mullen, chairman of the Joint Chiefs of Staff addresses graduates at the Seventy-Fourth commencement exercises at the U.S. Merchant Marine Academy in Kings Point, N.Y., June 21. As one of the five U.S. service academies, USMMA is responsible for training midshipmen for service in the Merchant Marines, the maritime industries or the other five branches of the military, both and ashore.

Photo by MC1 Chad J. McNeelley

See MERCHANT MARINERS, A11

### INSIDE:

#### 112TH ANNIVERSARY

Hospital Corpsmen celebrate 112th anniversary  
Hospital Corpsmen are on of the most decorated rating in the Navy.



A8

#### MOTORCYCLE RODEO

Naval Station Norfolk's Motorcycle Rodeo  
Norfolk pulls out all stops for riders during their fourth annual rodeo, June 18.



B4

#### OFF DUTY

Cajun-Style fun at the Bayou Boogaloo  
The Unique Bayou culture takes place in Norfolk, June 25 - 27 at Town Point Park.



C1

The Flagship® is produced by Commander Navy Region Mid-Atlantic staff. The editorial content of the newspaper and any supplement is prepared, edited and provided by the public affairs office of Commander Navy Region Mid-Atlantic. Regional program manager for Commander Navy Region Mid-Atlantic is:

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Questions or comments can be directed to the public affairs officer or the editor. The Flagship® can be reached at 322-2965 (editor) 322-2964 (assistant editor). The fax number is 445-1953 or write Commander, Navy Region, Mid-Atlantic, The Flagship®, 1510 Gilbert St., Norfolk, VA 23511-2737. All news releases should be sent to this address. Stories may be submitted via e-mail to [news@flagshipnews.com](mailto:news@flagshipnews.com). You can visit The Flagship's Web site at [www.flagshipnews.com](http://www.flagshipnews.com).

The Flagship® is published every Thursday by Flagship, Inc., whose offices are at 1510 W. Brambleton Avenue, Norfolk, VA 23510. Minimum weekly circulation is 40,000.

**Flagship, Inc.**

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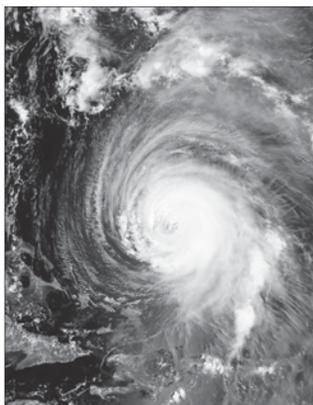
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# NNMC emergency officials offer tips for hurricane season preparedness

BY CAT DEBINDER

National Naval Medical Center  
Public Affairs



BETHESDA, Md. — National Naval Medical Center (NNMC) emergency management personnel encourages staff members to establish an emergency plan of action for hurricane season June 1 - Nov. 30.

"All people should have a plan in place well before the hurricane or destructive weather arrives," said Melissa Knapp, emergency management program specialist in the NNMC Office of Emergency Management. "Your family members may not be together when a disaster strikes, so you need to have an emergency plan in place."

Contact information for all family members should be immediately accessible and include an out of town friend or relative who can communicate with other family members, explained Knapp.

Those who are in the military or who are civil service employees must update their emergency contact information twice a year in the Navy Family Accountability Assessment System (NFAAS), said Chris Gillette, NNMC's command emergency manager. This system is the Navy's primary accountability database that command leaders use during an emergency, allowing them to make contact with civilians and military members.

"The site also provides valuable references and contacts, such as the Navy's 24-hour family helpline, Red Cross and community services information," said Gillette.

John Skelly, NNMC's national disaster medical system program manager, said families should also have identification information at hand for all family members, such as driver's licenses and Social Security numbers.

"You should also consider keeping current photos of your family members," he said. "Every family member should have a copy of the plan which you should consider laminating."

Gillette added that families should have basic supplies, such as bottled water, non-perishable food items, a radio and a battery-operated flashlight.

Many people have cordless phones in their home that require electricity, said Chris Wyatt, emergency management program specialist at NNMC; therefore, during

an emergency, it's a good idea to have a cell phone and to make sure it is charged.

"There are wind-up and battery-powered devices available to charge cell phones when the power is out," said Wyatt.

Families should also have plenty of gas in their vehicle and have cash in hand. In addition, they should "hurricane-proof" their house by bringing anything inside that can be blown away, such as lawn furniture, trash cans and bicycles, said Gillette.

"Most importantly, (families should) remember to consider any special needs, such as medications, extra glasses, infant supplies and pet supplies," said Gillette.

Lt. jg. Yen Guckeyson, who works in NNMC's Office of Emergency Management, emphasized the importance of planning well in advance and not when the disaster is fast-approaching.

"Once the hurricane is on its way, the stores are packed and it may be difficult to find what you need," said Guckeyson. "Make sure you build your (supply) kit prior to event notification."

In most cases, there is advanced notice of inclement or destructive weather, said Gillette, however, "Hurricane planning is an ongoing and collaborative process. The time to prepare is now and not when the disaster strikes."

To establish an effective plan of action, visit Commander, Naval Installations Command website, [www.cniv.navy.mil/CNIC\\_HQ\\_Site/WhatWeDo/EmergencyManagement/OperationPreparedness/index.htm](http://www.cniv.navy.mil/CNIC_HQ_Site/WhatWeDo/EmergencyManagement/OperationPreparedness/index.htm) and select "Make a Kit."

For additional information, visit [www.redcross.gov](http://www.redcross.gov) or [www.redcross.gov](http://www.redcross.gov).

## THE FLAGSHIP'S LEEWARD SHOUT

### Are you and your family prepared if a natural disaster occurred?



ET3 (SW)  
Gregory Wayne Mussel White, Jr.  
FACSFAC VACADES

"My wife and I have an emergency kit that has flashlights, candles, a radio and a generator to run all of our necessities in case of an emergency."



CT2 (SW)  
Mike McCutcheon  
USS Ponce

"We have the routes to leave and items such as an emergency radio, candles, bottled water, canned food and a generator."



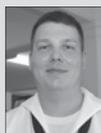
MIDN  
Zachary Cawthorn  
NC State University

"We have plenty of food and extra water. We also have flashlights, candles and the routes to leave the area in case things get really bad around here and we need to evacuate."



MIDN  
Michael Perry  
Rensselaer Polytechnical Institute

"I live in upstate New York, so we worry a lot about ice storms. We have a kerosene heater, storm windows and a medal roof so the snow doesn't stack up and cause a cave in."



MM3 (SS)  
Matthew Haworth  
USS Tennessee

"We have an evacuation plan and an emergency fund saved up in case we need to leave suddenly."



CS1 (SW)  
Carmelo Otero  
USS Carr

"I have made sure I have all the equipment at home that I might need including a first-aid kit, food and a radio. I also stay abreast on all the news and local weather."

Photos by MC3 Samantha L. Rivero

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**VIPER PLANNING FORECAST**

THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY
96	90	90	91	91	86	84
75	75	74	75	74	70	69

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# Keel for future USS Michael Murphy authenticated

**PRESS RELEASE**  
Defense Media Activity  
Anacostia

**BATH, Maine** — More than 50 Sailors, civilians and family members gathered June 18 at the General Dynamics-Bath Iron Works shipyard to authenticate the keel of a U.S. Navy destroyer named for a Navy SEAL killed during Operation Enduring Freedom.

The keel authentication ceremony was designed to mark the beginning of construction of the future USS Michael Murphy (DDG 112), a destroyer named in honor of Navy SEAL Lt. Michael P. Murphy, who was posthumously awarded the Medal of Honor for his heroic actions during Operation Red Wings in Afghanistan, June 28, 2005.

"There are no words," said Maureen Murphy, mother of Murphy. "I still can't get it through my head that a U.S. Navy ship is going to be named after my son. He would be honored. I hope to have a good rapport with the crew of the Michael Murphy. On the ship, it's going to be like one big family and I would like to have a good relationship with the crew."

Ceremony guests of honor included Murphy's mother, Maureen; father, Dan; and brother, John, who confirmed the destroyer's keel, the large beam around which the hull of a ship is constructed, was laid "straight and true." Ceremony attendees also included nearly 20 Navy SEALs.

The Murphy family signed a steel plate during the ceremony, which will later be affixed to the hull of the ship.

"We love everyone in-

## MISSION

The Arleigh Burke class destroyer is a guided missile destroyer designed to counter threats from the air and from the sea, from aircraft, ships and submarines. USS Michael Murphy will be capable of executing a wide variety of both peacetime and warfighting missions.

## FEATURES

USS Michael Murphy will be one of the U.S. Navy's most advanced, state-of-the-art warships in the fleet. Its extensive array of weapons will include the world famous AEGIS system, which is second to none in engaging multiple enemy targets simultaneously and it will be augmented by two embarked Lamps MK III helicopters.

## ARMAMENT

Harpoon, Tomahawk and Standard missiles, MK41 VLKS, 1 or 2 MK15 Phalanx CIWS, 1 MK45 5-inch/54-caliber gun, 1 MK45 5-inch/62-caliber gun, MK32 dual SVTT launchers.

## PROPULSION

Four General Electric LM 2500-30 gas turbines; two shafts, (100,000 total shaft horsepower.)

## AIRCRAFT

Two SH-60 Seahawk helicopters.

## MISCELLANEOUS

Displacement - 9,200 tons (9,347.2 metric tons) full load  
Crew Size - 23 Officers and 300 Enlisted  
Length - 509.5 feet  
Beam - 59 feet  
Speed - 30+ knots

involved with the Michael Murphy," said Dan Murphy. "They have no idea how much they have touched us."

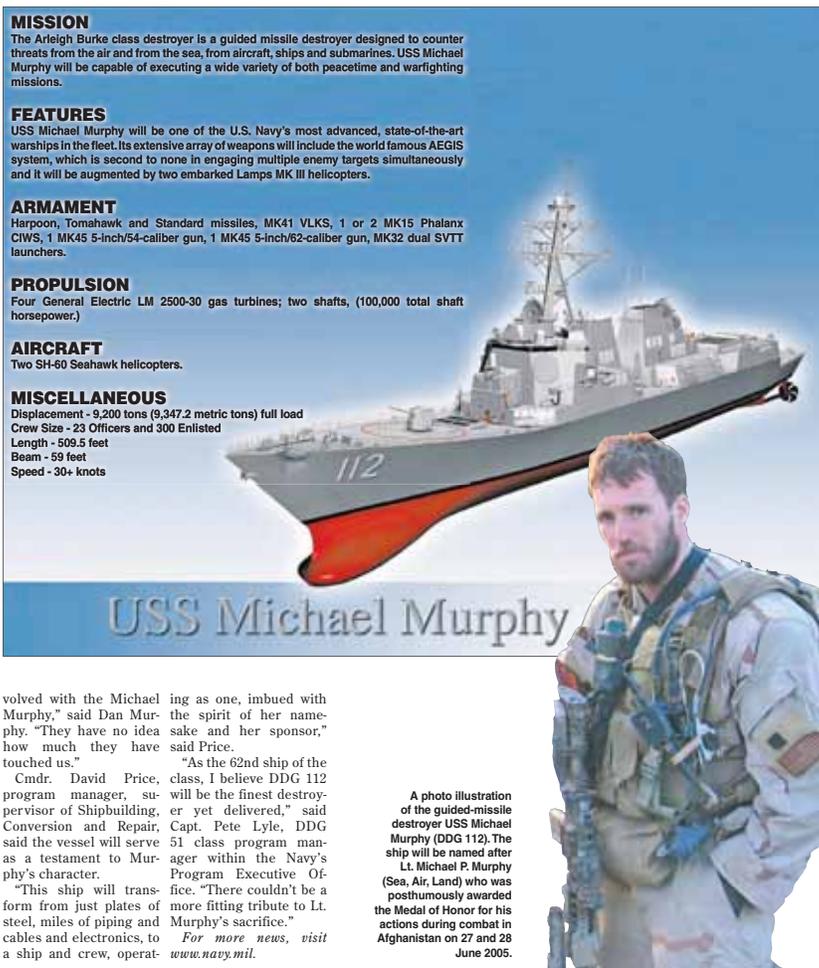
Cmdr. David Price, program manager, supervisor of Shipbuilding, Conversion and Repair, said the vessel will serve as a testament to Murphy's character.

"This ship will transform from just plates of steel, miles of piping and cables and electronics, to a ship and crew, operat-

ing as one, imbued with the spirit of her namesake and her sponsor," said Price.

"As the 62nd ship of the class, I believe DDG 112 will be the finest destroyer yet delivered," said Capt. Pete Lyle, DDG 51 class program manager within the Navy's Program Executive Office. "There couldn't be a more fitting tribute to Lt. Murphy's sacrifice."

For more news, visit [www.navy.mil](http://www.navy.mil).



A photo illustration of the guided-missile destroyer USS Michael Murphy (DDG 112). The ship will be named after Lt. Michael P. Murphy (Sea, Air, Land) who was posthumously awarded the Medal of Honor for his actions during combat in Afghanistan on 27 and 28 June 2005.

# Navy's patent portfolio top among government organizations

**PRESS RELEASE**  
Office of Naval Research  
Corporate Strategic  
Communications

ARLINGTON, Va. — Navy scientists rank No. 1 when it comes to newly patented discoveries and inventions, according to a June report published by the Institute of Electrical and Electronics Engineers (IEEE).

The IEEE's annual Patent Power Scorecard, which ranks the relative significance of various organizations' patent portfolios, said the Navy surpassed all international government agencies. IEEE is the world's largest professional association dedicated to advancing technological innovation and excellence for the benefit of humanity.

The Office of Naval Research, the Navy's science and technology provider, is responsible for policy and direction concerning patents, inventions, trademarks, copyrights and royalty payments (intellectual property).

"Holding the top position is a good performance indicator, but being first also

recognizes that the network of Naval research labs and partnerships is focused on generating innovations and intellectual property that our Sailors and Marines depend on," said Chief of Naval Research Rear Adm. Nevin Carr, who leads the Office of Naval Research (ONR). "Patents protect the Navy's research and development investment."

With 232 patents issued in 2009, the Department of the Navy outpaced its closest two competitors by wide margins. The U.S. Department of Health and Human Services issued 121 patents and Japan's Science and Technology Agency distributed 104.

"Numbers are important, but so is quality," said Carr. "We're fortunate to have a strong team that produces a diverse patent portfolio."

Along with highlighting the volume of the Navy's world-class scientific work, the ranking underscores the close coordination with ONR's talented legal team to ensure patents are well structured and valid, Carr mentioned.

One of the Navy's most

notable patents is the "Navigation System Using Satellites and Passive Ranging Techniques" issued in 1974, which led to the development of the NAVSTAR-Global Positioning System (GPS). That technology was invented by Roger L. Easton, a research scientist who worked for the Naval Research Laboratory, ONR's corporate lab.

The Office of Naval Research provides the science and technology necessary to maintain the Navy and Marine Corps' technological advantage. Through its affiliates, ONR is a leader in science and technology with engagement in 50 states, 70 countries, 1,035 institutions of higher learning and 914 industry partners. ONR employs approximately 1,400 people, comprising uniformed, civilian and contract personnel with additional employees at the Naval Research Laboratory in Washington, D.C.

For more news from ONR, visit [www.onr.navy.mil](http://www.onr.navy.mil).

For more news from Office of Naval Research, visit [www.navy.mil/local/onr/](http://www.navy.mil/local/onr/).



Photo by Joseph Ross

Above: Office of Naval Research (ONR) Command Master Chief Charles Ziervogel, bottom, and Fox News reporter Peter Doocy demonstrate the capabilities the ONR funded Atlas Power Ascender during Fleet Week New York 2010. The power ascender is a multi-purpose device that hauls combat rescue loads, extends warfighter stamina and reduces mission exposure.

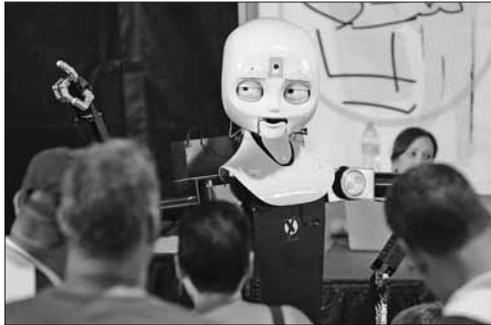


Photo by John F. Williams

Left: Visitors interact with the mobile, dexterous, social (MDS) robot Octavia at the Office of Naval Research (ONR) exhibit during Fleet Week New York 2010. The Institute of Electrical and Electronics Engineers annual Patent Power Scorecard, which ranks the relative significance of various organizations' patent portfolios, said the Navy surpassed all international government agencies.

## Fleet, Family Support Center eases IA deployments

BY MC1 STEPHEN MURPHY  
Defense Media  
Activity - Anacostia

WASHINGTON — Fleet and Family Support Center's (FFSC) Individual Deployment Support Specialist (IDSS) program provides assistance to Individual Augmentee (IA) Sailors and their families.

The primary purpose of an IDSS is to contact IA family members on a regular basis to provide support and resources.

"I think as family members we are used to everyone going together deploying on a ship and this is completely different," said Alexandria

Hoffman, IDSS, Naval Air Station (NAS) Patuxent River, Md. "So the families have a lot of questions, and we are there to form a relationship with them, much like a friend would make sure the needs of the family are met."

Service members and their families are contacted by an IDSS within two weeks after their IA orders are cut. During the initial call, the IDSS will learn the interval of contact a family desires. The call will also determine whether the family wants to be contacted by phone or E-mail.

"It made me feel more secure to know that if

there was a problem, I could just contact them and they would tell me the right area to help out," said Billie Jo Caldwell, a Navy spouse aboard NAS Patuxent River.

Before a Sailor departs on an IA assignment, an IDSS will arrange for the service member and his or her family to attend a pre-deployment briefing hosted by FFSC.

"It's very crucial for them because the family members need to know the resources that are out there for them while the service member is away," said Hoffman. "If they need assistance with a

certain thing, they know who to contact."

The IDSS support for the family and IA Sailor continues for the duration of a deployment and then continues through the post-deployment reintegration of service members and their families.

"The service member is returning to their job they had before they were on an IA deployment and that could have been irrelevant to what they do on a day-to-day basis," said Hoffman. "You have to make sure the service member gets reacquainted with their command and their workplace."

Hoffman said in addition to ensuring a Sailor is reintegrated with his or her command, it is also critical for Sailors and their families to be successfully reacquainted.

The IDSS's offer resources to assist spouses with this transition. FFSC offers post-deployment briefings and classes for spouses and family members.

"It's meant to prepare you for homecoming," said Caldwell. "You know that you have been away for a year and you have to reconnect with your spouse. Your children have to be reconnected too." Post-deployment classes

are provided to returning IA's who may need help with adjusting during the post-combat experience.

"If they need counseling services or they are having a problem with reintegration, we definitely make sure this is taking care of," said Hoffman.

Caldwell said she was very pleased with the assistance she received from FFSC and its IDSS program. She recommends that anyone with concerns about coping with a deployment process to contact the nearest FFSC.

"I think a lot of us would have felt alone," said Caldwell. "They have helped us in a way that we didn't know was available."

As of March 26, 2010, more than 10,000 Sailors are serving in IA assignments. To enroll in the IDSS program go to [www.nfisp.org](http://www.nfisp.org).

For more news from Commander, Navy Installations Command, visit [www.navy.mil/local/cnic/](http://www.navy.mil/local/cnic/).

# EWTGL provides lifesaving training in tactics

STORY AND PHOTO BY  
LT. CMDR. MICHAEL  
WIDMANN

Commander, Strike Force  
Training Atlantic Public Affairs

**NORFOLK** — Expeditionary Warfare Training Group Atlantic (EWTGL) offers training designed to prepare Marines and Sailors in the joint tactics used for controlling fire support and air power provided to the Amphibious Ready Group, Marine Air Ground Task Force (MAGTF) or Joint Task Force Commander.

The training, provided by EWTGL, convenes about six times per year. It is an intensive four-week course that begins with classroom and simulator training at EWTGL and ends with real world, practical instruction at Camp Lejeune, N.C.

The last week of the course at Camp Lejeune is the culmination of the training. Approximately 200 Marines and Sailors are utilized to support the training. Live-fire from air assets, as well as, artillery, guns and mortars are employed. Aircraft, to include F-18's and AH-1 Cobra helicopters, provide support to the training from bases all over the Atlantic coast. Upon successful completion of the course students meet certification requirements as Joint Terminal Attack Controllers (JTACs). Their commanding officer's designate them as JTACs.

The classroom and simulator training provides the students the correct terminology to communicate with both US and coalition pilots. This training is put to the test during the last week of training when the students train with live ordnance and aircraft. They are evaluated



Students go through joint tactics training used for controlling fire support and air power provided to the Amphibious Ready Group, Marine Air Ground Task Force (MAGTF) or Joint Task Force Commander. Upon successful completion of the course students meet certification requirements as Joint Terminal Attack Controllers (JTACs) and to communicate using a standard format called a 9-line to request Close Air Support (CAS).

in situations simulating real world operations similar to what they face while deployed.

The JTACs learn to communicate using a standard format called a 9-line to request Close Air Support (CAS). Standardization is extremely important when communicating the release of weapons.

"The way pilots speak is totally different from the way ground guys speak," said Staff Sgt. John Finney, a Marine with Second

Force Reconnaissance Battalion. The 9-line also provides the pilot the position of friendly forces as well as enemy forces and gives direction to the pilots to avoid other aircraft and obstacles. The 9-line format is used by all NATO forces.

CAS is the use of air platforms to engage nearby enemy forces with guns, rockets or missiles in support of friendly forces. It is a highly complex evolution that involves close

communication between ground forces and aircraft to prevent fratricide and to ensure that collateral damage is minimized. It is an effective tactic utilized on the front lines of Afghanistan and Iraq.

"Our goal is to ensure our students understand CAS as a tactic. CAS may not always be the answer when taking enemy fire but we want to ensure our students go into battle with a sound understanding of the fundamentals of CAS,"

said Gunnery Sgt. Bishop, a JTAC instructor at EWTGL.

Potential JTACs receive training on the ordnance carried by all air platforms to include the weapon's blast radius and its potential for collateral damage. They are put in realistic scenarios during their training in which they must decide if CAS is the best solution to take out enemy forces.

Students must take into consideration the effect of ordnance to surrounding

buildings to include hospitals and schools.

"The training is effective for deciding when to restrict fire. It helps us decide the appropriate ordnance to use for a given situation and the timeline in which I need to make a decision. The training has helped us develop overall situational awareness," said Capt. Sean Jones, a Marine Corps CH53D "Sea Stallion" pilot.

For more news, visit [www.navy.mil](http://www.navy.mil).

# Navy expands partnership with U.S. Fish and Wildlife Services

BY ANNALISA CACHIN

Naval Facilities Engineering Command  
Mid-Atlantic Public Affairs

**VIRGINIA BEACH** — The Navy has partnered with U.S. Fish and Wildlife Services (USFWS) and Back Bay National Wildlife Refuge at Joint Expeditionary Base (JEB) Little Creek-Fort Story with a Memorandum of Understanding (MOU) perform patrols for sea turtle activity and marine mammal strandings.

Since 1993, the agreements were executed between the Army and the USFWS, but now that the two military installations have joined as one base, the Navy will continue previously established turtle patrols and expand the MOU to include patrolling for sea mammal and turtle strandings. This program is part of Naval Facilities Engineering Command Mid-Atlantic's environmental efforts in their area of responsibility that stretches from North Carolina to Maine.

"The Navy has the challenging duty of balancing the military mission with natural resource conservation," said Sara Bell, Natural Resources specialist, in the Public Works Department JEB Little Creek-Fort Story. "With the expansion of the original MOU to include the reporting of stranded marine mammals, the Navy helps contribute to its responsibility to uphold the Marine Mammal Protection Act."

Under the MOU, USFWS representatives will conduct non-intrusive patrols along a portion of beach front property between JEB Fort Story Gate 8 and the Cape Henry Lighthouse each morning from June 1 to Aug. 31 annually. In the event that early sea turtle nesting is identified in Virginia or North Carolina, however, the patrolling may start as early as May 15.

If a nest is present, USFWS will relocate eggs to their identified nursery and provide adequate protection. Once hatched, USFWS will transfer four hatchlings of the first nest to the Virginia Aquarium for studies on growth and development. The remaining



Photo by GMS Austin Brittan

Search and rescue swimmer Yeoman Seaman Brandon Javellana, assigned to the amphibious assault ship USS Essex (LHD 2), uses a knife to free one of three large sea turtles trapped in a fisherman's net. Essex spotted the turtles while transiting the Persian Gulf. The ship used its Rigid Hull Inflatable Boat (RHIB) to get close to the turtles and cut them free from the netting.

hatchlings will be released directly into the Gulf Stream. USFWS will move all of the other hatchlings to the beach, where they will be allowed to crawl into the ocean unaided.

In the event that a sea turtle or marine mammal is found stranded, USFWS will report the finding to the Virginia Aquarium Stranding Team, the Regional Stranding Coordinator and Base Natural Resources. If evidence of a crawl or nesting activity has been identified, Base Natural Resources will be contacted immediately.

For more news from Naval Facilities Engineering Command, visit [www.navy.mil/local/navfacha/](http://www.navy.mil/local/navfacha/).

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Photo by MCT Daniel Gay

Deanna Rees, a marine wildlife biologist with Naval Facilities Engineering Command (NAVFAC) Atlantic, looks through a pair of binoculars to scan for marine mammal activity aboard the guided-missile destroyer USS Mahan (DDG 72). Rees and three other biologists embarked Mahan while the ship participated in the Southeast Anti-Submarine Warfare Integration Training Initiative (SEASWITI) exercise 10-3. The multinational exercise is designed to improve their anti-submarine warfare readiness and proficiency.

# Pacific Partnership 2010 kicks off in Cambodia

BY MC3 MATTHEW JACKSON  
Pacific Partnership 2010  
Public Affairs

**SIHANOUKVILLE, Cambodia** — Pacific Partnership 2010's arrival in Cambodia was honored during a pierside opening ceremony, June 16. USNS Mercy (T-AH 19) and JDS Kunisaki (LST 4003) will support the 11-day visit, Pacific Partnership's first to Cambodia.

In the presence of the U.S. and Japanese ambassadors, numerous Cambodian officials and flag and general officers and other distinguished guests, Pacific Partnership 2010 Mission Commander, Capt. Lisa M. Franchetti, described the significance of this opportunity to visit Cambodia.

"It is indeed an honor for us to be here," said Franchetti. "We hope this endeavor will further strengthen the ties between our countries ... and enrich a friendship which has already begun."

Service members from the Mercy, Sailors and embarked medical personnel from the Kunisaki, have joined partner nations, nongovernmental organizations and other U.S. government agencies to take part in medical, dental, veterinary and engineering humanitarian and civic action programs scheduled to take place in the provinces of Sihanouk, Ratanakiri, Kampong Cham, Kampong Speu, and Kampot.

It is anticipated that thousands of patients will be seen at eight medical and dental civic action program sites and many more will undergo surgery aboard Mercy. Three water wells in two provinces



A Cambodian child plays jump rope with a Sailor from the Military Sealift Command hospital ship USNS Mercy (T-AH 19) during a Pacific Partnership 2010 community service event at the Goodwill School.



Cambodian child plays jump rope with Aviation Boatswain's Mate (Handling) 1st Class Yissel Castanon, embarked aboard the Military Sealift Command hospital ship USNS Mercy (T-AH 19), during a Pacific Partnership 2010 community service event at the Goodwill School.

will also be installed by a contingent of U.S. Navy engineers, known as Seabees, who have been in-country since May 22 and Australian engineers who joined the team yesterday.

Pacific Partnership 2010 will also help enrich relations amongst all participants and increase skills necessary to respond in a time of need.

Subject matter expert Partnerships' inaugural visit to Cambodia, it is also an opportunity to reflect on Cambodian - U.S. relations.

"This visit also comes just before the embassy of the U. S. and the Ministry of Foreign Affairs kick off our celebration of the 60th anniversary of diplomatic relations between the U. S. and Cambodia,"

While this is Pacific Partnership's inaugural visit to Cambodia, it is also an opportunity to reflect on Cambodian - U.S. relations.



Photo by MC3 Jan Harms

Mannhu Bui, a dental hygienist from the Pre-Dental Society at the University of California, San Diego, embarked aboard the Military Sealift Command hospital ship USNS Mercy (T-AH 19), gives a piggy-back ride to a Cambodian child during a Pacific Partnership 2010 community service event at the Goodwill School. Pacific Partnership is the fifth in a series of annual U.S. Pacific Fleet humanitarian and civic assistance endeavors to strengthen regional partnerships.

said U.S. Ambassador to Cambodia, Carol Rodley.

"In Cambodia, we are joined by Australia, Canada, France, Japan, the United Kingdom and many NGO's: Civic Force, the East Meets West Foundation, HUMA, International Relief Teams, Latter-day Saint Charities, Operation Smile, Operation Unies, Peace Winds America, Peace Winds Pan, Project Hope, UCSD Pre-Dental Society, Veterinarians Without Borders, World Vets," said Franchetti. "People from all of these organizations - all of these countries - will be working side-by-side, learning from you and each other while forming strong bonds and friendships."

# Hospital Corpsman celebrate 112th anniversary

COMPILED BY FLAGSHIP STAFF

The first direction given to the organization of Navy medicine consisted of only one article in the Rules for the Regulation of the Navy of the United Colonies of North America of 1775. Article 16 states:

"A convenient place shall be set apart for sick or hurt men, to be removed with their hammocks and bedding when the surgeon shall advise the same to be necessary and some of the crew shall be appointed to attend to and serve them and to keep the place clean. The cooper shall make buckets with covers and cradles if necessary for their use."

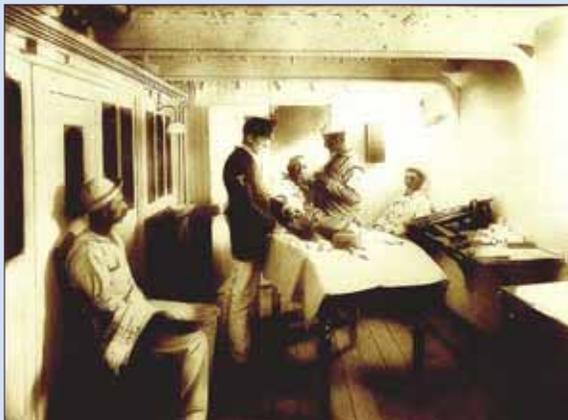
A typical medical section was usually limited to two, perhaps three men: the surgeon, the surgeon's mate and possibly an enlisted man. The surgeon was a physician. The surgeon's mate, usually a doctor as well, held status like that of a modern warrant officer, but signed only for a particular cruise. Although usually viewed within the history of the Medical Corps, surgeon's mates' position and responsibilities appear more to be equivalents to senior hospital corpsmen.

Among the less dramatic responsibilities of caring for the non-combat ill and injured was feeding and personal care of the sick. The simple daily ration of porridge or "loblolly" was sure to be carried down to those in the medical space by untrained attendants.

The U.S. Navy's first loblolly boy of record was John Wall, who signed aboard the USS Constellation, June 1, 1798.

A 16-year-old loblolly boy joined the USS Eagle, named Joseph Anderson, about 1800. Anderson has the distinction of being the first known African-American loblolly boy.

Arguments for a professional, well-trained group of individuals to provide medical care for the Navy finally paid off, although it took the imminent danger of



An Apothecary (petty officer first class) treats a shipmate aboard the USS Boston in 1888.

U.S. Navy Photos

combat in the Spanish-American War to spur Congress into action. Within a bill aimed at building the armed forces was a section to provide for the Navy's long-needed Hospital Corps. It was approved by President William McKinley on June 17, 1898. From that date to the present, either generically or by rating title, medical Sailors have been called "Hospital Corpsmen."

To ensure that the members of the new Hospital Corps were adequately trained in the disciplines pertinent to both medicine and the Navy, a basic school for corpsmen was established at the U.S. Naval Hospital Norfolk (Portsmouth). Originally called the School of Instruction, it opened September 2, 1902. Its curriculum included anatomy and physiology, bandaging, nursing, first aid, pharmacy, clerical work, and military drill. The first class of 28 corpsmen was graduated on December 15, 1902.

Massive reorganization of the armed forces took place after

World War II. Women in the Hospital Corps had previously been WAVES, a AI-6 component of the U.S. Naval Reserve, but new legislation permitted women to enlist in the regular Navy.

Effective April 1, 1948, the Navy changed the names and insignia of the Hospital Corps. The new rating titles were hospital recruit, hospital apprentice, hospitalman, hospital corpsman third, second and first class, and chief hospital corpsman.

Today's Hospital Corpsmen perform as assistants in the prevention and treatment of disease and injury. They assist with physical examinations, provide patient care and administer medicines. They perform general laboratory, pharmacy and other patient support services. They assist in the administrative, supply and accounting procedures within medical departments ashore, afloat, and with the Marine Corps. They instruct medical and non-

medical personnel in first aid, self aid, personal hygiene and medical records maintenance. They assist in the maintenance of environmental health standards and they are prepared to assist in the prevention and treatment of chemical, biological and radiological casualties and in the transportation of the sick and injured. Senior Hospital Corpsmen perform tech-

nical planning and management functions in support of medical readiness and quality health care delivery.

In addition to their general assignments, Hospital Corpsmen trained as technicians perform specialized functions within the operational forces, clinical specialties and administrative department, and they may be assigned duties independent of a medical officer. These complex duties require that each Hospital Corpsman have broad-based training and versatility neither demanded nor expected of other enlisted rating in the Navy.

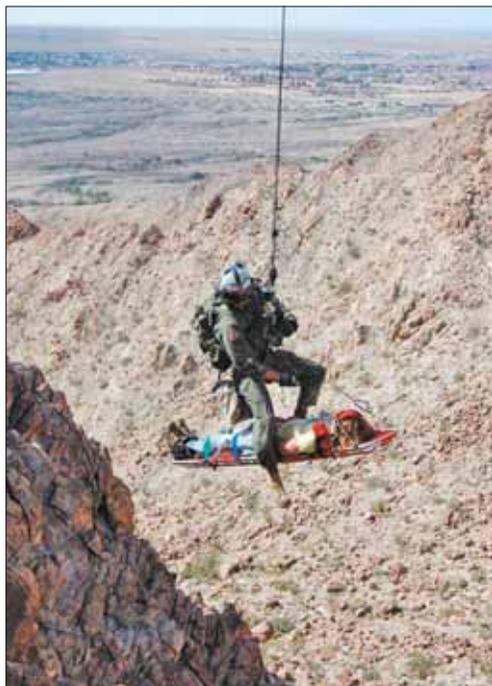
Wherever you find the Navy, wherever you find the Marine Corps, there you will find Navy Hospital Corpsmen. In times of peace, they toil unceasingly, day and night, providing quality care to numerous beneficiaries. In times of war, they are on the beaches with the Marines, employed in amphibious operations, in transportation of wounded by air, on the battlefield and on all types of ships, submarines, aircraft carriers and landing craft.

Hospital Corpsmen are on of the most decorated rating in the Navy with corpsmen receiving 22 Medals of Honor, 174 Navy Crosses, 946 Silver Stars and 1,582 Bronze Stars.



Corpsmen treat wounded onboard the USS Yorktown (CV 5) during the Battle of Coral Sea in 1942.

## TODAY'S CORPSMAN



Courtesy Photo

Petty Officer 3rd Class Charles White, Search and Rescue corpsman, stabilizes 17-year-old Bobby Brown, a Yuma, Ariz., resident after his accident in the Gila Mountains of Arizona, Feb. 27.

Hospital Corpsman 2nd Class Douglas Knapp tosses a training grenade during an Army Warrior training course. The training is part of a month-long pre-deployment course for Sailors deploying to Iraq and Afghanistan.



Photo by MC2 Walter M. Wayman



Photo by MDCN Christopher S. Johnson

Above: Royal Navy Leading Medical Assistant Richard Bastianpulle (L), Hospital Corpsman 3rd Class Adam Delatorre and Culinary Specialist 1st Class Matthew West, all three assigned to commands on Diego Garcia, give emergency first aid to an injured Sailor aboard a foreign vessel in April. The Sailor was later sent to Branch Health Clinic, Diego Garcia for further treatment.

Right: A hospital corpsman assigned to 2nd Platoon, India Company, 3rd Battalion, 6th Marine Regiment, Regimental Combat Team 7, rests during a firefight. The unit is deployed supporting the International Security Assistance Force. The United States Marine Corps relies on the services of U.S. Navy-trained hospital corpsmen to provide medical services to its field combat units and stations.



Photo by Marine Cpl. Michael J. Ayotte



Photo by MC2 Chris Luster

Hospital Corpsman 1st Class Michael Faasen, assigned to Mobile Diving and Salvage Unit (MDSU) 2 and a Regional Security System diver look for damage during a pier inspection off the coast of Dominica. MDSU-2 is participating in Navy Diver Southern Partnership Station, a multinational partnership engagement designed to increase interoperability and partner nation capacity through diving operations. The Regional Security System is an international agreement for the defense and security of the Caribbean region.

# Female super-athlete finds inspiration in Army life

BY JENNIFER CAPRIOLI  
U.S. Army Garrison Fort Huachuca

**FORT HUACHUCA, Ariz.** — Army Capt. Kelly Calway doesn't don a cape, fight crime on a daily basis or possess any sort of superhuman powers.

Yet, she's the Army's 2008 Female Athlete of the Year and indeed a super heroine. She is defending her country and raising a family, while preparing to join the World Class Athlete Program.

Kelly is attending the military intelligence Captain's Career Course and is assigned to Company A, 304th Military Intelligence Battalion.

Her choice to join the Army might have been inspired by her father, Maj. Gen. Robert Brown, Chief of Staff, U.S. Army Europe, who encouraged her to enter the service. But her love for the military became apparent while she was enrolled in the Reserve Officer Training Corps program at North Carolina State University. There, she realized how much she appreciated the Army community and its values.

She began running competitively at age 8, when her physical education teacher suggested she join the track team.

"I just fell in love," she said, describing running as a "weird addiction."

In August, she and her husband Chris, also a captain enrolled in the intelligence career course, and their daughter, will head to Fort Carson, Colo. While there, Kelly will spend about two years training to run marathons in the WCAP's Track and Field section. Her goal is to make the Olympic trials, which will be held during the summer of 2012, in Houston, Texas.

"I get to go just train — my job is going to be a professional athlete in the Army," she said, adding, "It doesn't get any better than that."

Kelly's life-long goal is to com-



U.S. Army photo by Jennifer Caprioli

Army Capt. Kelly Calway, 26, stretches before a track workout at Fort Huachuca, Ariz. Calway will enter the World Class Athlete Program for marathon running in August.

pete in the Olympics.

In December 2007, she submitted her application and portfolio and was accepted based on her running times. She aims to improve her time while at Fort Carson. Last year she reached her fastest time at the Boston Marathon, when she dashed across the finish line at 2 hours, 59 minutes and 45 seconds.

The athlete program assigned Kelly a coach, who provides a monthly schedule that requires her to run about 80 miles each week.

"It's a lot of work, especially to be working fulltime and having a family," she said. "I did it in college and it wasn't that big of a deal, but now I have to make dinner and put my daughter to bed. It's hard but totally worth it."

Her seven-days-a-week run-

ning schedule doesn't normally allow her any days off. "Occasionally I'll get rewarded ... my coach will write 'get a massage,' but it's not enjoyable because I'm in a lot of pain," she said. "Usually once a month I'll get a day off."

Kelly says the amount of running she does affects many aspects of her life, including her social life.

"I try to do everything, but there are mornings when I can't go out for a hike with friends because I have to run, but I do races and end up socializing there," she explained.

Kelly said she and her husband are "totally partners." The couple folds laundry together, she said, and if she won't be home in time to make dinner then Chris will make it.

"We have to share the responsibilities of everything," she

added, noting her husband is her No. 1 supporter.

Although it seems the Calways must maintain an organized lifestyle, Kelly jokingly disagreed by noting, "I have no organizational skills. We try, but we have to be flexible."

For instance, when Kelly found out she was accepted into the athlete training program, Chris had to immediately request to be sent to Fort Carson too.

"We're really lucky we've both been able to stay in (the military) with a daughter," Chris explained, noting he and his wife were able to have alternating deployment cycles.

Kelly's goal-oriented nature has produced a positive impact on her life, her husband said.

"She always has a goal on her mind and every day is a small goal to achieve that big one,"

Chris explained, noting his wife keeps a "goal book," which was inspired by her father.

"It always inspires me to see a soldier that could just be mediocre, go to 'superstar' really quickly and be able to achieve all their goals," the Army athlete said.

Kelly said she's not sure what life after the program will bring, but she'd like to take command of the WCAP Company, and has visions of managing its social networking tools and recruiting program.

Kelly has one piece of advice that she gives to everyone: "Hard work pays off."

"Running more generally pays off," she said, "so hard work, putting in the mileage and speed workouts definitely pay off."

"Setting goals and achieving them is always motivation."



Adm. Mike Mullen, chairman of the Joint Chiefs of Staff addresses graduates at the Seventy-Fourth commencement exercises at the U.S. Merchant Marine Academy in Kings Point, N.Y., June 21.

## MERCHANT MARINERS: Academy grads already making difference

Continued from page A1

depended in peace time and in war."

The chairman cited examples from U.S. military history and security and peace contributions of recent academy graduates. He noted the 142 merchant mariners killed in World War II, as well as academy graduates who gave their lives serving with other military branches in Iraq and Afghanistan.

"A big part of the heritage of this institution is remembering those who have been tested the most when it mattered most," said Mullen. "All of those on the roll of honor died for us and I pray that they rest content."

Merchant Marine Academy graduates support military operations in Iraq and Afghanistan, the chairman noted, and they help to conduct humanitarian missions such as this year's earthquake-relief operations in Haiti. "Our military, our nation and even the world owe the United States Merchant Marine a huge debt of gratitude," he added.

Upon receiving their commissions, the graduating midshipmen became part of the more than 2 million people who make up the U.S. armed forces, the greatest military in the history of the world, said Mullen.

Sixty-five graduates accepted active-duty commissions in the Army, Navy, Marine Corps, Air Force and Coast Guard. Five will serve in the Army National Guard, while the rest will serve in the Navy Reserve. The class also included seven graduates from Panama.

All of the graduates earned a Bachelor of science degree while undergoing rigorous sea training, which included more than 400 days of work study at sea with various Navy and Coast Guard vessels. Nine graduates served aboard ships in support of operations in Iraq and Afghanistan.

"I'm grateful for each and every service and each and every one of you raising your right hand to serve ... our military," said Mullen. "(Today's military) and their families are the best I've ever seen. Not a day goes by when I'm not proud of the sacrifices they continue to make. And we are entrusting their safety, their welfare, and quite literally, their lives to your leadership."

Despite the obstacles the graduates overcame over the past four years, many more challenges lie ahead, the chairman said. "There are many more tests

to come and next time it won't be in the classroom," he told them.

Mullen's advice for the graduates was to stay engaged in all aspects of their service and lives to keep pace and lead within the sea services' ever-changing mission. America's maritime mission has been tested and is trusted, "but times have changed," he said.

"Who would have predicted our missile defense system of choice would come not from land-based sites, but from destroyers and cruisers?" he asked. "Who would have predicted that some of our counterpiracy solutions would not come from the sea, but from aid workers and counterinsurgency experts in villages, helping locals to meet basic needs, finding meaningful, nonviolent employment for young men?"

The chairman underscored those changes, noting one thing that's remained consistent among the sea services and military: "We are here to help," he said.

"The global partnerships we keep, those we work so hard to process through our deeds, drive our nation's security strategy, and they provide the kind of presence and support essential to confronting challenges before they lead to conflict," he said. "I offer to you that we gain more, become collectively stronger, culturally richer and infinitely wiser by what we learn from others."

Mullen cited the importance of maintaining and building international partnerships. Whether talking about Afghanistan, Africa or inlet seas, he said, no service or country can be successful alone.

"As you head out in the world to sail, fly, fight and build partnerships on the leading edge of change, I know that you will remember deeds, not words, matter most," he said. "Hold fast to your parents' values and your mariner traditions. Embrace your life's next test, and remember that we cannot control or capture hearts and minds. We must engage them - we must listen to them one heart and one mind at a time, over time."

The U.S. Merchant Marine Academy is funded by the Transportation Department's Maritime Administration. The academy's midshipmen study marine engineering, navigation, ship administration, maritime law and other areas important to managing a large ship.

## SAVE A LIFE: Sobering perspective on intoxication for Navy Sailors



"Save a Life Tour" Senior Manager Andrew Tipton corrects the wheel as Fleet Area Control and Surveillance Facility, Virginia Capes (FACSFAC VACAPES) Commanding Officer Cmdr. Sean Cushing drives the drunk driving simulator, June 21.

Photo by MC3 Terah L. Mollise

Continued from page A1

Hawaii, San Diego and NAS Pensacola, Fla. Last year Tipton traveled around the country so often he was doing the tour for 277 days.

After welcoming everyone attending, FACSFAC VACAPES Commanding Officer Cmdr. Sean Cushing was first to take the wheel at the simulator and soon found that he needed a little assistance from Tipton. As his was blood alcohol content (BAC) was increased, Cushing began to weave and couldn't keep the wheel straight.

"I am not worried about the weaving," explained Tipton. "What I am looking for is how focused they are and if they are looking around. If they can't do it sober, there is no way they can do it drunk."

Tipton explained how this job is personal for him. When he was 19 years old, he and two friends were out driving after a few drinks. Although he was not driving, the three were in a car

accident and he was the only survivor.

According to SALT's website, at [www.savealifetour.com](http://www.savealifetour.com), their "multi-million dollar drinking and driving simulators are the only simulators in the nation that give participants a completely realistic, sober perspective on the effects of driving while intoxicated."

"There are 11 stages of the simulator, zero being completely sober and 11 being completely hammered," said Tipton.

Unlike other drunk driving simulators, this does not mess with a person's vision, but instead sends a delay to the steering wheel, gas and break pedal. As the amount of alcohol increases, so does the delay, simulating what happens as a driver increases the amount of alcohol consumed.

"One beer can lose 10 percent of your peripheral vision and with two to three beers, you can lose 32 percent," said Tipton.

With more Americans being arrested with blood alcohol contents over .30, the tour recently increased the simulator's BAC to .34. In Virginia, an arrest can occur at .08 BAC.

According to Tipton, DUT's are expensive. For those fortunate enough not to injure or kill someone else or themselves, they still face an average cost of \$8,000 to \$10,000 for a DUI arrest. That includes attorney's fees, court costs, increased insurance and lost wages.

By contract, SALT must visit fleet concentration areas such as Naval Station Norfolk and Naval Air Station Pensacola every year, according to Tipton, who also has gone overseas to Germany to spread the word. The Save a Life Tour is hoping to soon include visits to the U.S. military bases in the Far East, including Japan and South Korea.

For more information about the Save a Life Tour, visit [www.savealifetour.com](http://www.savealifetour.com).

## WEAPONS: Firearms still not allowed in BEQ/BOQ

Continued from page A1

rack, or secured with approved trigger locks to keep the weapon from firing.

Weapons are still prohibited in other on-base locations, such as bachelor enlisted or bachelor officer quarters, work centers, and vehicles.

The policy also clarifies that Sailors must comply with all federal, state, and local laws and that concealed weapons are never allowed on Navy installations, regardless of local law.

While the policy change co-locates and clarifies firearms policy, Johnson said there's one thing that hasn't changed.

"The decision to own a personal firearm carries with it personal responsibility," said Johnson. "If you do own a weapon, you must understand the basic rules of gun safety and make sure you follow those rules at all times."

The primary rules of gun safety are: Treat ev-

ery weapon as if it were loaded; never point a weapon at anything you don't intend to shoot; and, keep your finger off the trigger until you're ready to fire.

Johnson adds two other rules that are important to remember.

"Keep weapons out of untrained or underage hands and remember that guns and alcohol don't mix," he said.

For more news from Naval Safety Center, visit [www.navy.mil/local/nsc/](http://www.navy.mil/local/nsc/).

# FRONT & CENTER

SECTION B

FLAGSHIPNEWS.COM

June 24, 2010

## Air Traffic Controller of the Year

STORY AND PHOTO BY  
MCSN AUSTIN ROONEY

Theodore Roosevelt Public Affairs

**NEWPORT NEWS** — For Air Traffic Controller 1st Class (AW/SW) Miguel Estrella, each day on the job presents new challenges and new surprises. Navy air traffic controllers (AC) are often faced with difficult and unexpected situations when managing chaotic environments such as the flight deck aboard an aircraft carrier.

Although Estrella said he hasn't done much work on the flight deck aboard USS Theodore Roosevelt (TR) (CVN 71) since the start of the Refueling Complex Overhaul (RCOH), he was faced with a surprise that he said he never saw coming; Naval Air Forces U.S. Atlantic Fleet (AIRLANT) had chosen him to receive the Vice Adm. Robert B. Pirie Naval Air Traffic Controller of the Year award.

"There are a lot of guys who work hard just like I do in this rate," said



Air Traffic Controller 1st Class (AW/SW) Miguel Estrella was chosen by Naval Air Forces U.S. Atlantic Fleet as the Robert B. Pirie Naval Air Traffic Controller of the Year.

Estrella. "I don't know why they chose me over them, but I'm really glad I got it."

Although Estrella arrived aboard TR in April 2008, he recently volunteered himself for two temporary assignments; one was aboard USS Carl Vinson (CVN 70), the other aboard USS Dwight D. Eisenhower (CVN 69). Estrella said he had recently gotten back from TR's latest deployment at the time AIRLANT needed the billets filled, which made his decision to deploy harder.

"Nobody wants to leave their family and go underway," said Estrella. "Sometimes you just have to step up and take one for the team."

After finishing his temporary assignment aboard Eisenhower, Estrella went on leave with his wife. During that time, Estrella said he got a phone call from his chain of command aboard TR telling him he had won the Vice Adm. Robert B. Pirie award for AIRLANT.

"I really didn't see that coming," said Estrella. "It's always nice to be

See AIR, B7



Photo courtesy CHKD

Noah Betancourt, son of a Navy Intelligence Officer, is featured in the Wave Goodbye to Kids Cancer Radiothon.

## Navy family featured on CHKD Cure Kids Cancer Radiothon

PRESS RELEASE

Children's Hospital of the King's Daughters Public Affairs

**VIRGINIA BEACH**

— Noah Betancourt, a 6-year-old leukemia patient whose father is a Navy intelligence officer, will be featured on the upcoming Wave Goodbye to Kids Cancer Radiothon to benefit the Childhood Cancer program at Children's Hospital of The King's Daughters.

During the Radiothon, 92.9 The Wave will broadcast from the hospital lobby June 24 - 25 to raise money for the Childhood Cancer Program at CHKD. DJ's will interview patients and families facing cancer with courage and hope.

Among those patients is Noah.

In June 2009, Noah started complaining about pain in his leg and also started to run a fever.

Over the next couple weeks, one doctor guessed that the leg pain was caused by muscle stress, and another thought the fever resulted from an ear infection.

Noah is responding

well to treatment and will continue treatment at CHKD for the next three years.

with acute lymphoblastic leukemia.

Noah's father, Ron, who serves in the Navy, wanted his son treated at CHKD because it's "a whole hospital dedicated to children." Ron also knew that CHKD offered not only a great facility, but the most advanced treatment for his son's cancer.

What Ron may not have known is that CHKD is one of the largest pediatric providers of TRICARE in the nation and is often enlisted to care for children of military families stationed in the region.

During Noah's treatment, the Betancourts discovered that one benefit of a hospital dedicated to children is a staff that helps parents deal with the emotional turmoil of having a child being treated for cancer.

"Actually CHKD is not only treating my son, they are treating our family," he said. "I can't brag enough about the staff. They're awesome. It's like an extended family, not somebody taking care of my son."

Noah is responding well to treatment and will continue treatment at CHKD for the next three years.

## Truman transits the Suez Canal

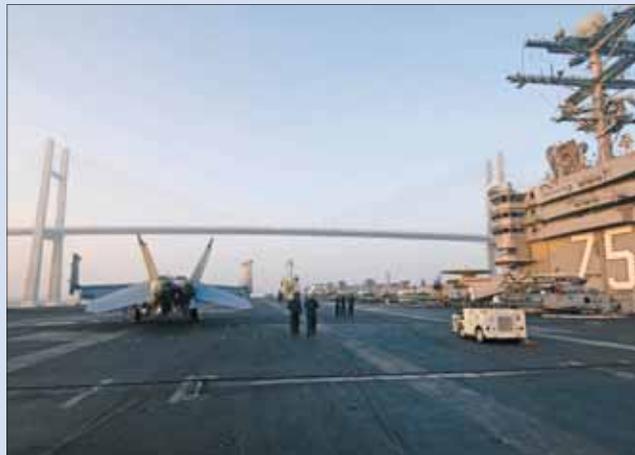


Photo by Ensign Dusan Ilic

The Nimitz-class aircraft carrier USS Harry S. Truman (CVN 75) approaches the Mubarak Peace Bridge in El Qantara, Egypt, during a transit of the Suez Canal. The Harry S. Truman Carrier Strike Group is supporting maritime security operations and theater security cooperation efforts in the U.S. 5th and 6th Fleet areas of responsibility.

## JEB Little Creek - Fort Story Joint Logistics Over-The-Shore exercise

BY MC3 RYAN STEINHOOR

Navy Public Affairs Support Element East

**VIRGINIA BEACH** — Navy Reservists from Beach Master Unit Two (BMU 2) participated in a Joint Logistics Over-The-Shore (JLOTS) training exercise June 18 - 21 on Joint Expeditionary Base Little Creek-Fort Story, to train Sailors on required operational maneuver capabilities in areas of anti-access or area-denial situations.

This year's JLOTS training was pushed back due to Operation Unified Response (OUR) to Haiti following the 7.0 magnitude earthquake that devastated the Caribbean nation Jan. 12. Sailors from both Kansas City and Baltimore came together as Beach Party Team (BPT) 6 to offer their assistance during the crisis.

"When active duty BPTs were sent down to Haiti for OUR, the reserve component, BPT 6, came to augment operations at Little Creek because Amphibious Ready



Photo by MC3 Ryan Steinhour

Group (ARG) 6 to offer their assistance during the crisis. "When active duty BPTs were sent down to Haiti for OUR, the reserve component, BPT 6, came to augment operations at Little Creek because Amphibious Ready

See JOINT LOGISTICS, B7

# SPOUSE SPEAK!

## I want to be in the military

BY VIVIAN GREENTREE

Research Director for Blue Star Families

The question, "What do you want to be when you grow up?" is a natural one to hear around elementary school hallways and bantered back and forth at dinner tables across the country. I've heard the common responses of nurses, astronauts, mommies and fire fighters. I've also heard the more non-traditional aspirations to be a Tyrannosaurus rex, Power Ranger and a shark catcher.

It should come as no surprise, though, when children of military members answer the question of career choice with something like, a "pilot," a "rescue diver," or simply straightforward, a "soldier." In fact, children whose parents are in the armed services are six times more likely than their civilian counterparts to join the military themselves.



Jack Bush, 9

Then there is Jack Bush, nine, who already knows more about military history than some high schoolers! He says, "We are a military family, so I think I should be in the military. I read all about WWI and WWII and I know all about military helicopters, planes and tanks. Maybe I should be a Navy pilot and fly missions in a rescue helicopter. Rescue helicopters are very important to get hurt people out of the fighting. Or I could be a Marine. They're part of the Navy, too. I have lots of ideas for amphibious vehicles and helicopters. I like to draw helicopters rescuing people."

The Clark family traditions also center around service to the country. Jamison, nine, is very proud of his older brother and his father for what they do and says, "My older brother, Jordan, is in the Navy. I don't see him much, because he lives on a base in another state. But when he comes home, we play with my army men and tanks and helicopters. My dad is a Marine. He used to work at the Pentagon. When he came home in his uniform, I liked the way he looked. So now, I don't know if I want to be a Sailor or a Marine when I grow up, but I will go into the military, because they



Hollis Nelson, 6

The example set by a parent or other family member is hard to resist it seems. Hollis Nelson, six, says, "I wanna wear daddy's cool Navy hats and have people stand stiff (at attention) around me!" Hollis' mom said, "He had to stand at exaggerated attention and salute to show me exactly what he meant!"



Jamison Clark, 9 (middle)

dress in neat uniforms." His mom says they had this picture taken over a family holiday two years ago and it is one of Jamison's prized possessions.

My own oldest son doesn't know if he wants to be in the Army or the Navy. "Dad is in the Navy, but General Eisenhower was in the Army," he says to me of his conflict in deciding. The kid has major admiration for the President who supported space travel and helped to create NASA. But then there's daddy - Superman, Jedi Knight and Optimus Prime all rolled into one. Decisions, decisions.

I tell him he has time to choose. He's only six after all.

Vivian Greentree lives in Chesapeake and is the Research Director for Blue Star Families. She is also on the Governor's Commission for National and Community Service. To contact Vivian, send her an E-mail at vgreen00@gmail.com.

### Mariners' Museum to host its first-ever dog walk event

The Mariners' Museum went with a unique brand to match a unique event on June 26: Paw-Paw-Pawloza. For their first-ever dog walk, Museum organizers went with a theme that's all peace, love and understanding... and tie-dye.

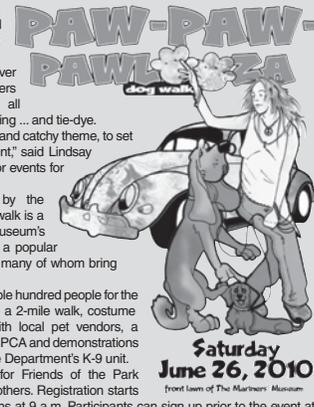
"We wanted to have a fun and catchy theme, to set the tone for our unique event," said Lindsay Allen, who manages outdoor events for the museum.

It's never been done by the museum before, but a dog walk is a natural for The Mariners' Museum's 500-acre park. The park is a popular destination for trail walkers, many of whom bring their dogs.

Allen hopes to draw a couple hundred people for the dog walk, which will feature a 2-mile walk, costume contest, games, booths with local pet vendors, a presence by the Peninsula SPCA and demonstrations by the Newport News Police Department's K-9 unit.

Fees are \$10 per dog for Friends of the Park members; \$15 per dog for others. Registration starts at 8:30 a.m.; the event begins at 9 a.m. Participants can sign up prior to the event at [www.MarinersMuseum.org](http://www.MarinersMuseum.org) or by calling 591-7754.

The Mariners' Museum is located at 100 Museum Dr. in Newport News.



Saturday  
June 26, 2010  
front lawn of The Mariners' Museum

## Your turn to sound off

BY BIANCA MARTINEZ



One of the coolest things about blogging or being a journalist is getting some awesome notes from the readers. I truly love that so many of you can read my articles

and relate. It was wonderful to see that this has become another forum for support and another way for YOU to share your frustrations, your joys, your laughter, your tears and even your thanks. I wanted to share with you some of the notes I have received recently. Your voice is important and I wanted to get them out there this week!

"Don't forgot about the 'supposed to be back' date that is ever-changing. I should know better after my own service and 14 years of his that just because they are scheduled to come home on/by a certain date/week, it hardly ever happens that way. And the anticipation! Forget about it! When I start to get upset about all the changes, all I have to do is think about those that don't have family waiting 'on the pier' or even to communicate possible coming home dates to and I snap right out of my self-pity. Like now, I think I'll send some coffee over to the sandbox and get on with my day." -RB

Reach out to NewsChannel 3's Bianca Martinez at [bianca.martinez@wtkr.com](mailto:bianca.martinez@wtkr.com). Be sure to check out "Do My Military Job" every Wednesday at 11 p.m. on NewsChannel 3!

"This week has been specially hard for me and bittersweet, an old friend from middle school and high school, Donald Lamar, was killed overseas. It was very sad to hear the news, but I felt overwhelming pride, he made the ultimate sacrifice for his country. I think about his young wife and daughter. I put myself in their shoes right now, you see I am a military spouse as well... today my heart aches for them. When my soldier came home from work, I felt so lucky, so blessed, to have him in my arms safe. All I could do was hold him close and cry. Today I pray not only for my friends' wife, but for those who have lost a loved one overseas." -Veronica

"I feel guilty sometimes, because I'm also a veteran, but you hit it right on the head!!! (re: Never Let A Day Pass) I thought I needed therapy! Thanks for sharing... oh yeah my husband will be going on drill status in May a week before our 25th wedding anniversary... so we'll be celebrating it early." -Sheila

"I have not yet dealt with the 'thrill' of a deployment because my husband is on the Big E and he was shore duty when we started seeing each other. I did want to tell you that I am so glad that I read this blog! It is always good to know what to do before you actually have to do it!! Thank you Bianca!" -Lynetta



I once had a guy write to me a not so nice note. He told me I needed to stop complaining and just divorce my husband if I couldn't handle being a military wife. Obviously he didn't understand that my blog was about the ups AND the downs. I responded to him in another blog and so did Jen.

"Bianca, I admire you for the way you support us military spouses and the way you replied to this jerk that eventually has no respect for the sacrifices a military spouse makes. Right, we're not the ones being shot at, but might as well be, because it's our other half out there being exposed to enemy fire." -Jen

Sure, some people see an open forum as a place to be nasty. That is rare though. Most notes I received are from amazing individuals, sacrificing a lot for even the jerks that write! I even had a note from a Sailor and he said, "Thanks shipmate." That was quite an honor! And then there are awesome notes like this one from Don.

"I grew up as an 'Army Brat' and was always reading the Army Times. Then for 25 years in the Navy I would read the 'Navy Times.' Now I read 'The Flagship,' which is as good a newspaper as the 'Times' were. Any active duty or retiree has a lot to be thankful for in this newspaper which helps keep us informed. I and many I know ap-

preciate having it around. Thank you, 'Flagship.' Remember to 'Support Our Troops.'" -Don

At NewsChannel 3 and the Flagship, we love hearing what you have to say! Me, well I love the notes of advice and encouragement you all send in for everyone that is in the same shoes we are in! Kudos to this community for being an incredible support system!

### It's time for you to brag

Every night on NewsChannel 3 we salute those who serve. We respect the honor and the commitment it takes to stand up for this country. There are times when I want to climb a tree and yell out about what an amazing individual my husband is and I know you want to do the same for your loved one. We are proud, proud, proud!

So, we make it easy for you. Send an E-mail with a picture to [thosewhoserve@wtkr.com](mailto:thosewhoserve@wtkr.com) and tell us about your loved ones name, rank and a little bit about his or her service. They don't have to be active duty. We want to feature anyone who has had the courage to put on the uniform at some point!

We will feature them on our newscasts! Send in that info and we will shout it from the rooftop for ya!



You can catch Bianca Martinez anchoring the 4 p.m., 6 p.m. and 11 p.m. newscasts with Kurt Williams during the work week. You can also follow her laughter, stress and tears as a military wife in her blog, "Married to the Military," weekly in the Flagship.

# 75 years of military music schooling celebrated

COMPILED BY FLAGSHIP STAFF

While it is impossible to determine exactly when the first Navy band was formed, one of the early recollections of a band was back in 1802 in the Italian port of Messina. A local group of musicians was invited to play aboard a visiting Navy ship. This turned out to be the last they saw of the shoreline for some time. The Sailors liked their music so well that they forgot to tell the musicians the ship was getting underway.

In 1812, the American frigate United States acquired an eight-piece band of French-Italian musicians who had enlisted aboard a French ship, but were captured by the Portuguese and taken to Lisbon. Here they signed on the British warship Macedonian, which was captured by the Americans. The band ended up playing on the decks of the famous ship United States.

Later, many ships, such as the warship Cyane, organized various types of musical units as early as 1820. The crew of Constitution formed a 20-piece band in 1825. By 1827, this unit became the first known Navy band to be formally shipped aboard an American warship.

William Raymond enlisted as a Musician in 1820 at Norfolk and received 10 dollars a month for his efforts. On August 31, 1826, John Page had his rating changed from Seaman to Master of the Band and in September, Ordinary Seaman William Tuton became a Musician, both aboard Constellation. Navy bandmen were first recognized officially in 1838, when the pay tables of the Navy Register listed the grades of Bandmaster, First and Second Class Musicians. The number of Navy bands fluctuated, but gradually increased in succeeding years through the Civil War until the turn of the century, although it appears that no particular method of procurement or training of musicians was practiced.

The first of a series of fleet musician schools was established

in 1903 at St. Helena, Virginia in an effort to improve the training and performance of bands in the Navy.

In 1935, Lt. Charles Benter, Leader of the Navy Band, Washington, D.C., established a band school. The U.S. Navy School of Music was founded at the Washington Navy Yard by order of the Chief of the Bureau of Navigation on June 26, 1935.

The school was originally run by the U.S. Navy Band, with members of the Navy Band teaching classes and private lessons in addition to their regular performance duties with the band. After the commencement of World War II, these duties were deemed too onerous for the Navy Band personnel and the school was separated from the band and relocated to the Anacostia Naval Receiving Sta-

tion in Washington, D.C. on April 24, 1942.

In 1941, the school was detached from the Navy Band, and became the United States Navy School of Music with Boatswain (later Lieutenant) James Thurmond as the first officer in charge. The Navy School of Music was located in the Washington Navy Yard until early 1943 when it moved across the Anacostia River. It then remained at the Naval Receiving Station, Anacostia, Maryland.

The Army began consolidating musical training with the Navy in 1951, but maintained separate, Army-only bandmen courses at several other locations until January 1956. Since 1956, the Army has conducted musical training only in conjunction with the Navy School of Music. Combined training of music warrant

officers and enlisted bandmen at the Band Training Unit, Camp Lee, Virginia.

The Navy retains control over training and administration and "owns" the curriculum. The commanding officer, executive officer and training officer (with the exception of one Marine Corps officer) have always been Navy officers. The Army contingent was designated "U.S. Army Element School of Music" in 1951, however, due to recent force-structure realignment, the Army contingent was redesignated "U.S. Army School of Music" in 2005.

On April 13, 1961 the Secretary of the Navy announced plans for the U.S. Naval School of Music to be relocated to Little Creek Naval Amphibious Base. On August 12, 1964 the doors to the Naval School of Music in Wash-

ington, D.C. were secured.

The USS Caddo Parish and the USS Monmouth County proceeded to Little Creek loaded with musical instruments and Army and Navy personnel. Each ship had a band aboard to play honors as it passed George Washington's tomb in Mt. Vernon, Virginia. This was the first time an Army band performed honors on a Navy ship for President George Washington.

The ships landed at the base on the morning of August 13, 1964. The school was renamed "U.S. Armed Forces School of Music" concurrent with the move. One of the highlights of the move of the School of Music was the dedication ceremony concert, which included Arthur Fiedler, conductor of the Boston Pops, conducting the School of Music Concert Band.

## School of Music's 75th anniversary concert

The Military's only music school in the U.S. serenades in celebration



U.S. Navy Photo

The School of Music, the only military music school in the United States, will present a 75th anniversary concert on June 24th at 7 p.m. in the base theater on Joint Expeditionary Base Little Creek-Fort Story.

The concert is free and open to all authorized patrons and guests. No tickets are required. Seating is limited, so plan to arrive early. There will be a cake cutting ceremony following the concert.

The concert will include a wide variety of musical selections from wind ensemble to stage band tunes. Highlights include "Esprit de Corps," by Robert Jager and "The Glory of The Yankee Navy," by John Philip Sousa. An original piece written specifically for this occasion by local com-

poser Steven L. Rosenhaus entitled "Unbreakable" commemorates the occasion.

Originally built in 1955 as an 80,000 sq. ft. barracks, the School of Music building was stripped to bare cinderblock and reconstructed with the unique needs of professional military musicians in mind. In April 2005, it was renamed McDonald Hall after Captain John D. McDonald, the School of Music's first commanding officer at this location.

Bring the entire family and join the School of Music for a terrific 75th Anniversary celebration.

For more information on the concert and for guests interested in attending, contact Mrs. Kathy Weiss, School of Music Public Affairs Assistant, at 462-7505.

# Motorcycle Rodeo promotes safety onboard Naval Station Norfolk



Photo by MC1 Christopher B. Stoltz

Sailors participate in a Motorcycle Rodeo at Naval Station Norfolk by riding a lap around the base on their motorcycles. The procession was led by Command Master Chief Gregg Snaza. Since the introduction of new safety courses, the number of Sailors killed in motorcycle mishaps is down 58 percent.

BY MC2 NIKKI SMITH  
AND MC1 (AW)  
TIM COMERFORD  
Navy Public Affairs Support  
Element East

**NORFOLK** — "I don't ever want to tell a Sailor he or she can not own a motorcycle," said Command Master Chief (SW/AW) Gregg Snaza, Naval Station Norfolk's Command Master Chief. "What I tell each Sailor is, you need to be smart in what type of bike you buy — don't buy a bike outside your skill zone and make sure you attend the required training as soon as possible. Motorcycles are inherently dangerous — but if you lack experience and drive a bike outside your skill set, that danger is increased exponentially!"

With that in mind, Naval Station Norfolk highlighted motorcycle safety Friday, June 18 during the 4th Annual Motorcycle Rodeo and Classic Car Show onboard Naval Station Norfolk.

Over 300 Sailors and veterans cycled to the event on their cruiser and sport bikes to show their support for the promotion of motorcycle safety Navy-wide.

"This year's rodeo was Naval Station's largest yet," said Snaza. "The Sewell's Point Safety Office did a fantastic job in coordinating an event that just keeps getting bigger and better. Naval Station Norfolk is a motorcycle-friendly base. We welcome motorcyclists that have properly registered bikes and have had the necessary rider training."

Johnson also emphasized the importance of having Sailors "close the gap," which is ensuring Sailors who are motorcyclists that have properly registered bikes and have had the necessary rider training."

ing." Snaza said he wanted the rodeo to be even better this year. The Rodeo featured the first-ever "Thunder on the Naval Station Ride" where riders were led by a police cruiser and were able to show off their bikes during a ride through Naval Station Norfolk.

"In the initial planning stages for our fourth rodeo I suggested we find something more interactive, like a ride across the Naval Station," said Snaza. "Most rodeos include some sort of ride and I think adding 'Thunder on the Naval Station' was a great addition to our event list. More than 325 riders participated and it gave every rider a chance to take part in a visible show of safe motorcycling."

Rear Adm. Arthur J. Johnson, commander of Naval Safety Center came out to the Rodeo to show his support and kick off the event. Johnson wanted to stress the importance of safety and how much of a difference safety training can make on all fronts.

"All of our motorcycle safety events are pretty important to us. What the riders are doing today is pretty important for safety purposes and their training," said Johnson.

Johnson also emphasized the importance of having Sailors "close the gap," which is ensuring Sailors who are motorcyclists that have properly registered bikes and have had the necessary rider training."



Photo by MC2 Matthew Bookwalter

Fire Controlman 2nd Class Jonathan Pope, of the USS Enterprise, polishes his motorcycle before showing it off at the 4th annual Motorcycle Rodeo. The rodeo is designed to promote safe motorcycle riding and training for Sailors and Marines.

Snaza said that the rodeo more than did its job.

"Naval Station's Motorcycle Rodeo is aimed at bringing motorcyclists together to highlight safety, have a little fun and showcase riding skills," He said. "This year there were four individual and the Virginia State Police Demonstration

Team were on hand to showcase some of their skills. I think it's also worth mentioning that USS Theodore Roosevelt (CVN 71) won the overall large command Spirit Award by having the most riders in attendance."

There were also awards presented for "People's Choice for Bike Show" and an all hands bike challenge.

Religious Program Specialist Petty Officer First Class (FMD) Edmond Garrett of USS New York (LPD 21) said, "It's all about shipmates and keeping our Sailors safe. Without safety training this isn't possible."

For information on motorcycle safety visit the Naval Safety Center website at <http://safetycenter.navy.mil/>.

# MOTORCYCLE RODEO



Photo by MC1 Christopher B. Stoltz

Motorcycles roll through Naval Station Norfolk. The Rodeo featured the first-ever "Thunder on the Naval Station Ride" where riders were led by a police cruiser and got to show off their bikes during a ride through Naval Station Norfolk.



Photo by MC2 Matthew Bookwalter

Members of the Patriot Guard Riders motorcycle club lead a ride held on Naval Station Norfolk as the kick off to the 4th annual Motorcycle Rodeo. The rodeo is designed to promote safe motorcycle riding and training for Sailors and Marines.



Photo by MC1 Christopher B. Stoltz

More than 300 Sailors and veterans cycled to the event on their bikes to show their support for the promotion of motorcycle safety Navy-wide. Virginia State Police Motorcycle Demonstration Team came out to show the attendees safety tricks and tips. There were also awards presented for "People's Choice for Bike Show" and an all hands bike challenge.

# Deputy Assistant Secretary of the Navy visits JEB Little Creek - Fort Story

**STORY AND PHOTOS BY MC3 MATTHEW BOOKWALTER**  
*Navy Public Affairs Support Element East*

Deputy Assistant Secretary of the Navy (Environment), Donald R. Schregardus, toured Joint Expeditionary Base Little Creek - Fort Story (JEBLCFS) June 15 to increase awareness of preservation projects in the area.

Capt. Charles L. Stuppard, JEBLCFS commanding officer, showed the key points of both sides of the base, including the new oyster reefs on the Little Creek side and the American Recovery and Reinvestment Act

Beach Erosion Project on the Fort Story side.

"I don't often get a chance to see individual projects," said Schregardus. "What I am pleased to see is that the local commands and managers are protecting and preserving their base."

The visit was also to show Schregardus how the bases are complying with the Secretary of the Navy's vision of "Sustaining our Environment, Protecting our Freedom," which focuses on the belief that environmental stewardship protects and preserves the mission capabilities of military installations and training areas, ensures operational flexibility by meeting

environmental laws and regulations and sustains the resources and public support needed to carry out the mission.

A recurring conversation topic throughout the day was how to make the individual Sailors understand the importance of protecting our environment.

"We didn't make this land," said Stuppard. "It was handed down to us and we will be handing it down to our children."

Along the tour, the theme shifted from environmental protection to historical preservation. There are multiple historical sites throughout the Fort Story side of JEBLCFS, including the Old

Cape Henry Lighthouse.

"Natural and historical resources are worth protecting," said Schregardus. "Individual Sailors are starting to understand this need - it's about how we want to be remembered."

The Department of the Navy Environmental Strategy empowers every Sailor, Marine and civilian

employee to take a proactive role in protecting the environment, helping the department to meet mission requirements, protect and enhance the environment they inhabit, build equity with internal and external stakeholders, and manage or reduce costs, and enhances internal and external awareness of the

Navy's commitment to environmental stewardship.

According to the Office of the Assistant Secretary of the Navy (Installations and Environment), this strategy is DoN's environmental "way ahead," and will allow our Navy and Marine Corps to stay strong and relevant, now and into the future.



Deputy Assistant Secretary of the Navy (Environment), Donald R. Schregardus, helps plant grass on the beaches of Joint Expeditionary Base Little Creek - Fort Story (JEBLCFS). Schregardus toured JEBLCFS to promote environmental and historical protection throughout the Hampton Roads area.



Top: Deputy Assistant Secretary of the Navy (Environment), Donald R. Schregardus, receives a brief about the new oyster reefs on Joint Expeditionary Base Little Creek - Fort Story (JEBLCFS).

Bottom: Deputy Assistant Secretary of the Navy (Environment), Donald R. Schregardus, and Capt. Charles L. Stuppard, commander Joint Expeditionary Base Little Creek - Fort Story (JEBLCFS), help plant grass on the beaches of JEBLCFS.

# AIR: Estrella gives back to the AC community

Continued from page B1

recognized for my work.”  
Chief Air Traffic Controller (AW/SW) Kord Gibbons, Estrella’s leading chief petty officer, said he has noticed Estrella’s hard work aboard TR since he arrived and decided to recommend him for the award.

“He’s extremely hard-charging and always goes above and beyond his required duties,” said Gibbons. “He’s nice and helpful to everyone around him and he always volunteers for the hard jobs.”

Gibbons said the decision to recommend Estrella for AC of the year was largely based on the fact that he had all of his qualifications as an AC and that he volunteered to take temporary orders to train others aboard Vinson and Eisenhower.

“He really didn’t have to go underway, but he volunteered for it,” said Gibbons. “He’s qualified in everything he needs to be on TR, as well as being a 3M superstar and he’s very involved in the enlisted aviation warfare program.”

Whenever AIRLANT asks TR to submit a Sailor for the award, Gibbons said he looks for someone who has their required qualifications, someone who is flexible and someone who is willing to give back to the AC community. Gibbons said Estrella is a good example of what AIRLANT is looking for.

“He already gave back to the AC community by volunteering for those temporary assignments,” said Gibbons. “He’s an all-around good guy and he’s a good role model for other Sailors on the ship.”

Estrella said he doesn’t consider himself a model Sailor, but he works hard, helps out his fellow Sailors, and loves his job.

“This is the best job in the Navy,” said Estrella. “The best thing about it is working around people who are smart and have common sense.”

Estrella said he would like to stay in the Navy for at least 20 years and hopes to become either a master chief or a limited duty officer.

“I definitely want to stay in – I love the Navy,” said Estrella. “After I finish my time in, I’d like to retire someplace warm by a beach. I guess that’s my overall goal.”



Photo by MC3 Ryan Steinhour

Chief Warrant Officer David Miller looks on as reserve component Sailors with Beach Master Unit Two of Kansas City and Baltimore prepare to enter the water on a landing auxiliary rescue craft during a Joint Logistics Over-The-Shore exercise at Joint Expeditionary Base Little Creek-Fort Story as part of Operation Hampton Lion.

## JOINT LOGISTICS: Training perfect to meet real world prepositioning needs

Continued from page B1

Group certifications still needed to be completed,” said Lt. Cmdr. William L. Walton, Jr., officer in charge, Beach Master Unit Two detachment, Kansas City.

“We are ready to step into any BPT and provide a capability consistent with the standards of the active duty components,” said Walton.

The large, medium-speed, roll-on/roll-off ship USNS Mendonca (T-AKR 303) was anchored out, providing the training scenario with a sea-based platform used to load the Army landing craft utility boats with vehicles and supplies to take ashore.

“This is the perfect exercise to meet our training and the real world objectives that we could face,” said Chief Warrant Officer Four David L. Miller. “Our required operational capabilities and projected operating environment is to support JLOTS and maritime prepositioning forces.”

“Our detachment holds quarterly training. It’s important for us, in terms of the big picture,” said Walton. “Many of us are brand new, and we came here and fully integrated to become full members of the beach party team.”



Photo by MC3 Ryan Steinhour

Reserve component Sailors with Beach Master Unit TWO of Kansas City and Baltimore check water depth.



Photo by Rebecca A. Perron

Hospital Corpsman recruit Alisha White, NMCP’s most junior corpsman, and Hospital Corpsman First Class (SW) Nalani Guerrero, NMCP’s most experienced corpsman, cut a ceremonial cake for the 112th birthday of the Navy Hospital Corps, June 17.

## Naval Medical Center Portsmouth celebrates 112 years of corpsman

BY MC1 (AW) TIM COMERFORD

The Flagship Staff

PORTSMOUTH — Naval Medical Center Portsmouth, the Navy’s oldest continuously running hospital celebrated its Sailors Hospital Corpsman rating.

The Sailors took some time out from their busy schedules of treating more than 400,000 active duty, retirees and family members that visit the medical center to honor the corpsman past and present for what they have done and continue to do.

“Naval Medical Center Portsmouth is the foundation of Navy Medicine. Since 1830 we have been ‘First and Finest,’” said Capt. Matthew Palmer, Naval Medical Center Portsmouth’s Deputy Commander. “Since their inception on June 17, 1898, the Hospital Corps has cared for United States Sailors and Marines here at Portsmouth. They have saved American lives in every military action our country has engaged in since that time.”

Palmer sees the corpsman as lifesavers

in every sense.

“Many veterans alive today owe their very life to the brave men and women who have earned the right to be called a Navy Corpsman,” said Palmer. “When we celebrate occasions such as the Corpsman Birthday, we celebrate their contribution to the freedoms and liberties that we enjoy as citizens of the United States of America.”

And the qualities of the corpsman reflect well in the Navy.

“Navy Corpsmen are the most decorated of all enlisted ratings,” Palmer explained.

“Their professionalism, loyalty, courage and bravery are quantified throughout our Navy’s history. Corpsmen represent 22 Medal of Honor winners. HM3 William Charette is the Medal of Honor winner that our hospital is named after! Navy corpsmen have been awarded 174 Navy Crosses, 946 Silver Stars and 1,582 Bronze Stars. It is an honor and privilege to be a Navy Corpsman. I consider it my honor and privilege to work with them every day.”

## An 112 lap run for the Navy Hospital Corps



Photo by MC2 Kristan Robertson

Personnel from Branch Health Clinic Oceana take off on the first lap in the organized 112-lap run around the clinic in recognition of the 112th birthday of the Navy Hospital Corps on June 17. More than 20 of the clinic staff and former staff members, active duty and civilian, came out to participate.

# Nassau celebrates Asian-Pacific American Heritage Month

BY MCSN (SW/AW)  
**JONATHAN PANKAU**  
 USS Nassau Public Affairs

USS NASSAU — USS Nassau (LHA 4) celebrated Asian-Pacific American Heritage Month in the ship's hangar bay, June 5.

The event featured a dance and gymnastics routine, a martial arts demonstration and guest speakers who painted a picture of their Asian-Pacific backgrounds.

Nassau Main Propulsion Assistant Lt. John Stahley, from Los Angeles, was one of the guest speakers and contributors for the celebration. Stahley performed in the martial arts demonstration and gave a presentation on the different inventions and ideas the Navy uses every day that stem from Asian-Pacific ingenuity.

"When I first started setting up for the Asian-Pacific celebration, I only knew four people of Asian-Pacific American descent on Nassau," said Stahley. "I remember looking through the global E-mail address book and finding 16 more



USS Nassau's (LHA 4) Main Propulsion Assistant Lt. John Stahley kicks Fireman Ra-yan Alarca during a Kyokushin Kata martial arts demonstration for Nassau's Asian-Pacific American Heritage Month celebration in the ship's hangar bay.

Photo by MCSN Jonathan Pankau

for a total of 20 Asian-Pacific volunteers. By the time I sent out my last E-mail and held all of the meetings, I

was involving a total of 61 volunteers of Asian-Pacific American descent."

Stahley added that he feels

the Asian-Pacific American community aboard Nassau has formed a long lasting bond he hopes will carry on long after he leaves.

The hard work and dedication given to support the event from all of Nassau's departments enabled them to exceed Stahley's expectations.

"We stayed up pretty late the night before the event cooking the food for the crew," said Aviation Boatswain's Mate (Fuels) Airman Tanya Cardwell, from Bowling Green, Ky. "It took a lot of work to set everything up, but working together with everyone made it fun."

Cardwell added that she loved working with everyone, especially Stahley because he was always

cracking jokes and making the work easier and the time go by faster.

Nassau's Asian-Pacific American Heritage Month celebration was attended by a large part of the crew, including Amphibious Squadron Eight Commodore Capt. John Bruening, Nassau Commanding Officer Capt. Ronald Reis, Nassau Executive Officer

Capt. Samuel Norton and Nassau Command Master Chief (AW/SW) Stan Kopiczak.

"The event had something for everyone," said Marine Staff Sgt. Fernando Salinas, from Chandler, Ariz. "I especially liked the martial arts demonstration because I recognized a lot of the moves we learn in the Marine Corps Martial Arts Program. The entire event was informative and the food was amazing."

"All of the senior leadership involved was very supportive and I look forward to working with all of them again," said Cardwell.

The Nassau Amphibious Ready Group (NAS ARG)/24th Marine Expeditionary Unit (MEU) is currently supporting Maritime Security Operations (MSO) and Theater Security Cooperation (TSC) Operations in the 5th Fleet area of responsibility.

NAS ARG is comprised of ships from Amphibious Squadron Eight (PHIBRON 8) including the Tarawa-class multipurpose amphibious assault ship USS Nassau (LHA 4), the San Antonio-class amphibious transport dock USS Mesa Verde (LPD 19) and the Whidbey Island-class amphibious dock landing ship USS Ashland (LSD 48). Marines from the 24th Marine Expeditionary Unit (24 MEU) complete the group.



Amphibious Squadron Eight Commodore Capt. John Bruening tries out a lumpia roll while Nassau's Commanding Officer Capt. Ronald Reis and Executive Officer Capt. Samuel Norton, wait their turn, during USS Nassau's (LHA 4) Asian-Pacific American Heritage Month celebration.



Machinist's Mate Fireman Joseph Dizon performs his Arnis/Escrima martial arts routine for USS Nassau's (LHA 4) Asian-Pacific American Heritage Month celebration in the ship's hangar bay. Escrima is a Filipino martial arts that emphasizes weapon-based fighting with stick, staff or knife.

## Against all odds: *Look past obstacles and turn them into possibilities*

BY CMDR. GORDON D. RITCHIE  
Wounded Warrior Regiment chaplain, Quantico, Va.

During World War II, Creighton "Abe" Abrams was well known as an aggressive armored commander of the 37th Tank Battalion. During much of the war his unit was

the spearhead of the 4th Armored Division and the Third Army. General George Patton said of him, "I'm supposed to be the best tank commander in the Army, but I have one peer: Abe Abrams. He's the world champion." Abrams was one of the leaders in the relief effort that broke up the German

entrenchments surrounding Bastogne and the 101st Airborne Division during the Battle of the Bulge. He was twice decorated with the Distinguished Service Cross, second only to the Medal of Honor, for actions on Sept. 20, 1944, and Dec. 26, 1944, and later reached the rank of a general. At one

point during the war, his command was totally surrounded. The enemy was pressing in from all sides. Hearing the news of their desperate situation he said, "Gentlemen, for the first time in the history of this campaign, we are in the position to attack the enemy in any direction."

Abrams not only had the desire to live, he had the desire to win. He insisted that his troops maintain a positive attitude in every situation. His own life was an example of this principle. This courageous officer could have considered the predicament he was in and given up, but he

refused. We can learn from this tidbit of history that it is not the situation, which is so important, but rather the way we react to it. It has been said that some people see a solution to every problem and others see a problem to every solution. Which are you?

This principle of seeing the possibilities can also apply to our spiritual lives. It is easy to look around and see all the obstacles to grow in our faith. Let me encourage you, look past the obstacles to the possibilities. The Scriptures promises strength, hope, and confidence in our lives if only we trust and believe in God: "If God is with us, who can be against us?" (Romans 8:31).

During this season of renewal and new growth, look at the promises of God's grace found in our lives. Draw from his strength and live in the victory of your faith.

### Local service times

#### LDS PROGRAMS

JEB Little Creek Chapel Worship Schedule:  
Noon — Sun. Worship (Chapel Annex Classroom 4)  
8 p.m. — Wed. Bible Study  
(Chapel Annex Classroom 4)

#### NAVAL STATION NORFOLK

##### ROMAN CATHOLIC

*Our Lady of Victory Chapel*

*Mass Schedule:*

5 p.m. — Sat.

*(fulfills Sunday obligation)*

10 a.m. — Sun.

11:45 a.m. — Mon. - Fri.

*(except holidays)*

*Confessions:*

4:15 p.m. Sat.

##### PROTESTANT

*David Adams Memorial*

*Chapel Worship Services:*

10:30 a.m. — Sun.

*Worship*

*Wednesday Services:*

8:30 - 10:15 a.m. — Bible

Study Noon "Lunch

with the Lord"

#### For more information call

Naval Station Norfolk Chapel 444-7361

#### JEWISH PROGRAMS

*Commodore Uralih P. Levy Chapel:* Jewish services are at Norfolk chapel in Building C7 on the Second Floor every Friday at 7:30 p.m. Building C7 is located at 1630 Morris St. on Naval Base Norfolk. For more information call 444-7361 or 7363.

#### MUSLIM PROGRAMS

Masjid al Da'wah  
2nd Floor (Bldg. C-7): Muslim services are at Norfolk chapel every Friday at 1:30 p.m.

#### JEB LITTLE CREEK CHAPEL

##### ROMAN CATHOLIC

*Mass Schedule:*

5 p.m. — Sat.

*(fulfills Sunday obligation)*

9 a.m. & 12:15 p.m. — Sun.

11:30 a.m. — Tues. - Fri.

*(except holidays)*

*Confessions:*

3:30 - 4:30 p.m. — Sat.

##### PROTESTANT

9 a.m. — Sun. School

(4 years-Adult)

10:30 a.m. — Sun.

Divine Worship,

Children's Church

(Ages 4-10)

PWOC: Bible Study at the Chapel Annex Every Wed.  
Fellowship: 9:30 a.m. Bible Study; 10 a.m. - noon  
PWOC: Evening Bible Study Every Mon.: 7 p.m.

Latter Day Saints

11:30 a.m. — Sun.

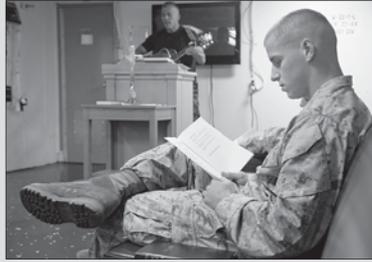
Coffeehouse

6 p.m. — Sun.

#### For more information call JEB

Little Creek Chapel 462-7427

### Protestant services aboard USS New Orleans



Chaplain Lt. David Cullen plays guitar during Protestant services in the chapel aboard the amphibious transport dock ship USS New Orleans (LPD 18).

Photo by MC1 Brian Aho