



## EODGRU 2 dedicates building to fallen chief



Rear Adm. Michael Tillotson, commander of Navy Expeditionary Combat Command, addresses Sailors and guests during a building dedication in honor of Chief Explosive Ordnance Disposal Technician (EOD/DV) Paul Darga aboard Joint Expeditionary Base Little Creek-Fort Story, June 25. The refurbished building named Darga Hall, was dedicated to honor Darga and other EOD Sailors who have been killed in action.

STORY AND PHOTO BY  
MC2 (SW) MICHAEL R. HINCHCLIFFE  
Navy Expeditionary Combat Command Public Affairs

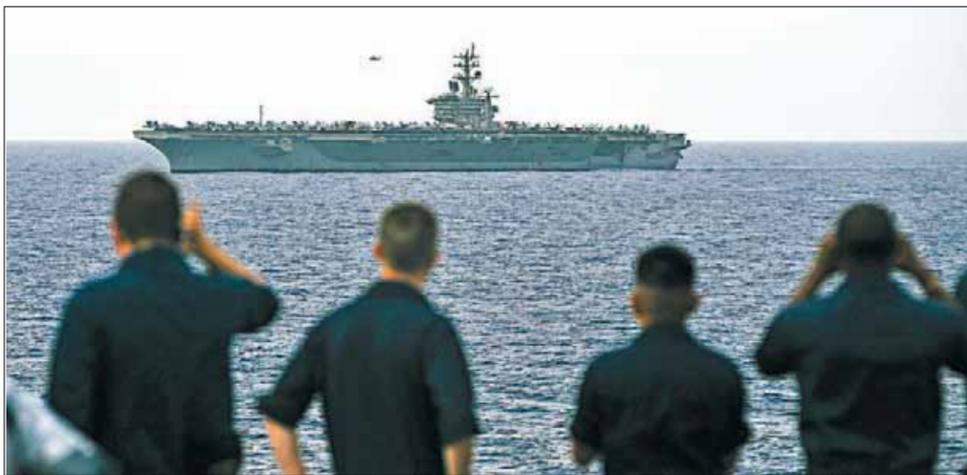
**VIRGINIA BEACH** — Explosive Ordnance Disposal Group (EODGRU) 2 dedicated a refurbished building in remembrance of EODC (EOD/DV) Paul Darga during a ceremony held onboard Joint Expeditionary Base Little Creek-Fort Story, June 25.

Darga was killed in action during deployment Aug. 22, 2006, when his team was struck by an improvised explosive device in Al Anbar province Iraq.

Master Chief Explosive Ordnance Disposal Technician (EWS) Michael Mclean said the building, which will be used for professional development and training, was dedicated to pay tribute not only Darga but all EOD Sailors who have been killed in action. In their honor, a plaque listing the names of each of the EOD technicians killed was placed in the building's training classroom.

Darga's widow, Karie Gilliland and Rear Adm. Michael Tillotson, commander of Navy Expeditionary Combat Command, spoke to Sailors and guests who attended the ceremony.

See EOD SAILORS, A9



Sailors aboard the aircraft carrier USS Harry S. Truman (CVN 75) watch the aircraft carrier USS Dwight D. Eisenhower (CVN 69) cross Truman's bow.

Photo by MC2 Kilho Park

## Truman and Ike family members reunite

BY MC1 DENISE DAVIS  
USS Harry S. Truman Public Affairs

**USS HARRY S. TRUMAN** — Eleven Sailors aboard USS Harry S. Truman (CVN 75) enjoyed a unique opportunity to reunite with family members from the USS Dwight D. Eisenhower (CVN 69), June 26.

While transiting through the 5th fleet Area of Responsibility (AOR) crew members from the Eisenhower strike group flew to Truman via carrier on board delivery (COD) and helicopter for an afternoon visit.

The event was coordinated by command master chiefs from both Truman and Eisenhower as a means of allowing family members that had been separated by the schedules of the two carrier strike

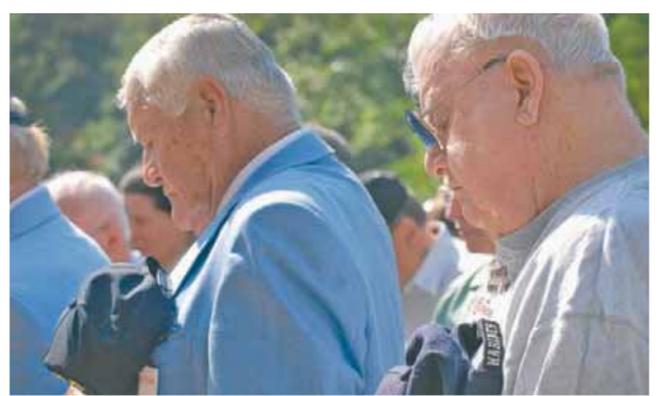
groups a chance to reconnect.

"Eisenhower suggested the cross-deck and we thought it was a great idea," said Truman's Command Master Chief (SW/AW) Loran Bather. "It's hard for two deployed service members in the same family to see each other, and this was the least we could do."

The Eisenhower CSG deployed Jan. 2, while the Truman CSG deployed May 21. Both strike groups are home ported in Norfolk.

Logistics Specialist Seaman Antwan Lewis, from Strike Fighter Squadron (VFA) 32 on board Truman, appreciated seeing his twin brother, Logistics Specialist Seaman Anthony Lewis, from VFA 143

See FAMILY, A9



Bill Scott (L) and Harold Ruddy, both Korean War veterans, attend a ceremony to commemorate the 60th anniversary of the Korean War at the Pentagon in Arlington, Va., June 24.

## Pentagon marks Korean War's 60th anniversary

STORY AND PHOTO  
BY ELAINE WILSON  
American Forces Press Service

**WASHINGTON** — Flanked by Korean War veterans, many proudly bearing the medals and insignias of their military service, defense officials commemorated the 60th anniversary of the Korean War and saluted the veterans during a ceremony held at the Pentagon, June 24.

"Americans have always been defined by their courage and character and incredible optimism about their country and its values," said Joseph W. Westphal, undersecretary of the Army and the event's keynote speaker. "Korean war veterans are examples of that."

The Korean War began on June 25, 1950, when North Korea launched an attack on South Korea in an effort to place all of Korea under communist rule. By September 1950, the efforts of U.N., United States and South Korean forces held the North Koreans in check at the Pusan Perimeter.

The war would last three years. Afterward, Korea would remain divided into a free, democratic South and a communist-dominated North. The U.S. since has had a "long and proud" relationship with South Korea, Westphal said.

During the past 60 years, more than 3.5 million Americans have served military duty tours in Korea, said Westphal. The 28,500 U.S. service members who serve in South Korea today, under the leadership of Army Gen. Walter L.

Sharp, he said, exemplify the nation's ongoing commitment to the defense of South Korea.

South Korea "is a critical ally, a valued partner, an honored friend of the United States," he said.

Westphal paid tribute to Korean War veterans, and shared the story of Ronald Rosser, who flew in from Ohio to attend the ceremony. In January 1952, he said, then-Army Cpl. Ronald Rosser's unit, Company L, 38th Infantry Regiment, was stopped by heavy fire while assaulting enemy hill positions near the town of Ponggilli, Korea. Armed with only a carbine and a grenade, the 22-year-old Rosser charged the enemy position. Three times he ran out of ammunition and three times he returned to the hill. Although injured himself, he then helped deliver other wounded service members to safety.

Rosser single-handedly killed at least 13 of the enemy that day, and for his actions was awarded the Medal of Honor.

In an interview after the ceremony, Rosser, now 81, said it was an honor to serve "and in a small way" assist 50 million South Korean citizens to enjoy the benefits of a free and democratic society.

"Not many people can say that," said Rosser.

Westphal urged Americans to never forget veterans like Rosser. "Let's never forget freedom is not free and we can never stop thanking those who have paid and continue to pay that price so that

See KOREA, A9

## Through a foggy Golden Gate Bridge



Photo by Lt. Cmdr. Erik Reynolds

The Ticonderoga-class Ageis cruiser USS Bunker Hill (CG 52) passes under the Golden Gate Bridge to conduct exercises with the Russian Federation Navy missile cruiser Varyag (011).

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Sailor gathered to try the new Navy Operational Fitness and Fueling System (NOFFS).



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A new building dedicated to innovation opens.



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#### Independence Day

Find out what is going on around Hampton Roads this July 4th weekend.



# The Flagship®

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## Take Care of Yourselves ...



## And Take Care of Each Other.

Photo by MC3 Andrew Ryan Smith

Command Master Chief Dominick Torchia, assigned to the Naval Safety Center, gives a safety presentation to Sailors at Fleet Activities Yokosuka. Torchia and Rear Adm. Arthur Johnson, Commander, Naval Safety Center, are visiting Japan to educate Sailors about potential dangers both on and off-duty, as well as highlighting the "101 Critical Days of Summer."

## Off-duty safety a key concern for Navy

BY DARREN HARRISON

Naval District Washington Public Affairs

WASHINGTON — Every day in the U.S., 55 people die and another 58,000 people are injured as a result of an accident in the home, according to statistics released by the Home Safety Council. Common fatal or injury incidents include falls, fire, carbon monoxide poisoning and drowning.

"Off-duty incidents have claimed a lot of lives, so we need to address home safety," said Tyrie Hudson, NSA Washington's traffic safety manager. "(At home) we lose focus. That's why a high percentage of people who get injured, get injured in incidents at the home."

Falls are the leading cause of emergency room visits among children and are also the leading cause of injury and deaths at home for older adults. Tips for preventing falls include: installing grab bars in the shower and bathroom and placing bright lights over stairs, steps and landings. Other safety measures include handrails on both sides of stairs and using baby gates at the top and bottom of stairs if infants are in the home.

One out of four people die from poisoning at home every year, so it is important to ensure that poisons are locked, away from children, avoid mixing chemicals and read all instructions on medicine.

Carbon monoxide is the number one cause of poisoning deaths in the United States. According to the Journal of the American Medical Association, there are approximately 2,100 unintentional deaths and 10,000 injuries from carbon monoxide (CO) every year in the U.S. The use of CO alarms could potentially prevent many of these fatalities and injuries.

Safety tips include: installing alarms that have been tested by an independent testing laboratory inside the home and calling

the local fire department's non-emergency telephone number to find out the correct number to call if the alarm sounds.

In addition to working carbon monoxide alarms, it is also important to install smoke alarms which can cut the risk of dying in the home by nearly half.

Tips to prevent death or injury from fire include staying by the stove when cooking, blowing out candles if you leave the room and placing space heaters away from anything that can burn.

"I've noticed a lot of incidents coming from fireworks and barbecuing (at home)," said Hudson. "A lot of people don't seem to realize how dangerous fireworks or the propane tanks for barbecuing can be. Some people lose their focus either through getting something too close to the flame or not pulling the barbecue far enough away from the house."

Another significant safety problem is choking. According to the Home Safety Council, half of the number of children who die before age one die from choking or suffocation.

Items that can fit through a toilet paper tube can cause a child to choke. The Council also insists that parents should not put pillows, comforters or toys in a baby's crib.

Water safety is a key concern for the Navy's Safety Center. The Navy experienced eight deaths in 2009 as a result of off-duty drowning.

Measures to protect a person's residence from being the site of a water related injury or death include: erecting a fence around the entire pool and ensuring that children are supervised at all times.

For more information about home safety and other safety resources, visit [safetycenter.navy.mil](http://safetycenter.navy.mil).

For more news from Naval District Washington, visit [www.navy.mil/local/ndu](http://www.navy.mil/local/ndu).

## THE FLAGSHIP'S LEEWARD SHOUT

# Why is the 4th of July important and how will you be celebrating it?



HM2 (FMF)  
Gabriel Hernandez  
TPU

"4th of July is a day of freedom, a day of celebration and it shows everything that America stands for. My wife and I will be traveling to Miami to see family and watch fireworks."



MWR Recreational Assistant  
Brendan Courrier  
C-9

"My father was a SEAL for 30 years, so it has always been a big celebration in our family. I will be going to Minnesota with my family."



MIDN  
Patrick Grimm  
North Carolina State

"It is a very important celebration of our country and everything we have done to be free. I will be going to a cook-out with my family to remember why we are a country."



HN (FMF)  
Jessie Woods III  
TPU

"The 4th of July is a chance for families to get together, so you have time for family and friends. It is a chance to celebrate our independence as a country."



STS2 (SS)  
Jason Ordeneaux  
USS Tennessee

"The 4th is important because it is a celebration of the birth of a great country and a chance to celebrate with family and watch fireworks."

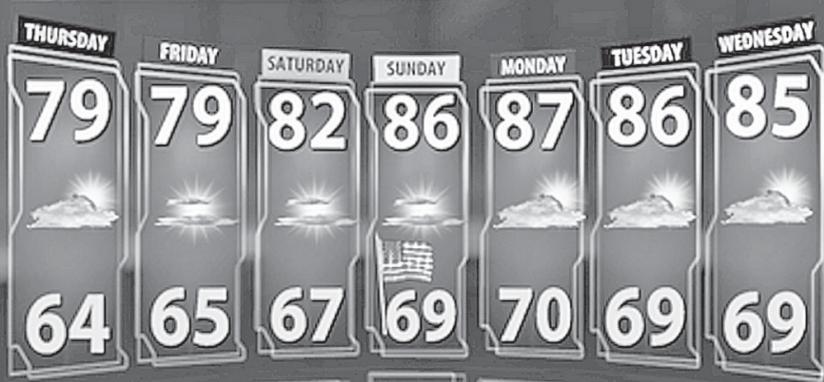


SN  
Lewi Davis  
PSD

"It is important because it is what reminds us of why our country is free. I will be spending it with my family this year watching fireworks."

Photos by MC3 Samantha L. Rivero

Brought to you by 



THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY
79	79	82	86	87	86	85
64	65	67	69	70	69	69

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# Navy devises workout for 21st century Sailors

## Norfolk Sailors gather to train in revolutionary new standardization in physical fitness, well being

BY MC3 RYAN STEINHOOR

Navy Public Affairs Support Element East

**NORFOLK** — Sailors aboard Naval Station Norfolk gathered at Vista Point, June 23, to participate in a group Physical Training (PT) session, demonstrating the Navy Operational Fitness and Fueling System (NOFFS), a regimen that offers an all-around workout while focusing on preventing PT-related injuries.

The Center for Personal and Professional Development (CPPD) teamed up with Athletes' Performance Institute – an organization that trains top professional athletes – to develop the new standards of physical fitness and well-being.

Sailors' operational environment has played a role in the planning and execution of NOFFS, helping to develop a system that takes into account the work routines of those who will benefit from its use.

"NOFFS will change the way we look at PT," said Capt. Chuck Hollingsworth, CPPD Deputy Commanding Officer. "This workout routine helps prepare you for the rigors of daily activities

and promotes fitness for life."

CPPD took world-wide input to gauge the current PT regimen and discern what could be done to improve the new system.

"We took a lot of input from Sailors around the fleet, telling us what they like and dislike about the current PT routine and positive changes that could be made," said Hollingsworth. "NOFFS uses proven scientific sports methods and works to promote overall health."

Fleet Master Chief (SW/AW) Tom Howard participated in the NOFFS PT session.

"You get so much more out of it than the typical command PT routine," said Howard. "This is the future of Navy PT."

"I just finished the workout and I feel really good. It gets my body and mind amped up and prepares me for my day," said Boatswain's Mate 3rd Class Dylan Brooks, USS Monterey (CG 61). "It's team oriented and motivational and it's great to have knowledgeable individuals to help with the workout."

*For more information on NOFFS and ways you can improve your health, visit [www.nmcphc.med.navy.mil](http://www.nmcphc.med.navy.mil).*



Command Master Chief Keith Mahaffey of USS Monterey (CG 61) participates in the commissioning of the Navy Operational Fitness and Fueling System (NOFFS). NOFFS is designed to give an all around work out while reducing injuries during PT in the Navy.



Photos by MC2 Matthew Bookwaller

Sailors of the USS Monterey (CG 61) participate in the commissioning of the Navy Operational Fitness and Fueling System (NOFFS), the Navy's new physical fitness program.



Instructors from Morale, Welfare and Recreation (MWR) Fitness motivate the Sailors of the USS Monterey (CG 61) during the commissioning of the Navy Operational Fitness and Fueling System (NOFFS).

# CYBER SECURITY



UNITED STATES  
CYBER COMMAND



## Lynn discusses cybersecurity cooperation with Canadian leaders

BY JIM GARAMONE  
*American Forces Press Service*

**OTTAWA, Canada** — U.S. and Canadian service members are working side by side in defense of North America and fighting side by side in defense of freedom in Afghanistan. Now officials want to expand that cooperation to the cyberworld.

Deputy Defense Secretary William J. Lynn III is in the Canadian capital to discuss ways the two nations — already the closest of allies — can cooperate to defend critical computer networks and cyber infrastructure.

Lynn said the cyber threat to the United States and Canada is real and growing, and affects national and economic security.

“For most of our history, we have been shielded by geography — shielded by our oceans from attack,” he said. “Those natural geographic defenses are of no use when it comes to cyber attack. The Internet can transmit malicious code in the blink of an eye.”

And intrusions are growing more frequent. More than 100 foreign intelligence organizations are trying to hack into various aspects of the U.S. information technology infrastructure, said Lynn.

“Foreign militaries are developing offensive cyber capabilities, and some governments have the capacity to disrupt elements of the U.S. information grid,” he said.

Lynn stressed that cyber attacks are not just military threats, but threats to the critical infrastructure and economic well-being.

“A shared approach, an alliance approach to cybersecurity is critical,” he said.



Deputy Defense Secretary William J. Lynn III meets with National Security Advisor Marie-Lucie Morin in Ottawa, June 14.

Photo by Cherie Cullen

The speed of attacks — measured in milliseconds — will require quick decisions and even quicker responses, the deputy secretary noted.

“To have the highest levels of protection, you want the widest set of allies so you understand and anticipate the broadest set of threats,” he said. “In the cyber arena, knowing who your adversary is, and what they’ve done, is a key part of mounting an effective response.”

Yet determining where an attack originates is tough. The U.S.-Canadian cooperation during the Cold War is a model for how to move forward, said Lynn.

“It is always best when searching for markers of intrusions and attacks to cast the widest net possible,” he said. “International cooperation is imperative for establishing the chain of events for an intrusion, and for quickly and decisively responding. The reality is that we cannot defend our networks by ourselves. We need a shared defense.”

And that defense must include

more than just military networks, Lynn noted. “We need to develop a shared cyber doctrine that allows us to work fluidly with each other and with our other allies,” he said.

The secretary also discussed challenges facing both nations in the 21st century during a speech to the Conference of Defence Associations Institute.

The U.S.-Canadian alliance has changed since the end of the Cold War, said Lynn. The alliance works together on maritime surveillance and infrastructure protection. The United States worked with Canada on security for the Vancouver Olympics and in providing relief to Haiti.

“Our enduring collaboration has risen to meet challenges that frankly our predecessors could not have foreseen,” he said.

The secretary particularly praised the role of Canadian service members in Regional Command South in Afghanistan.

Canada has paid a high price, with 147 Canadian service members killed in Afghanistan.

“I want to say on behalf of the president and the American people that we recognize and honor the sacrifice and commitment that the Canadian people and armed forces have made to the fight,” he said.

The deputy secretary said the last decade has led both Canada and the United States to a new understanding of what threats they face, and what must be done to combat them.

“Seen from a broader perspective, the conflict in Afghanistan reflects important changes that are under way in the nature of warfare,” he said. “These changes have important implications for our defense planning.”

The first and most prominent change in the nature of warfare has to do with lethality, said Lynn. In the past, the more sophisticated an adversary, the more lethal the threat. The Soviets had nuclear weapons and sophisticated conventional capabilities. Rogue states, terrorists and insurgents did not.

But this has changed. “Terrorist organizations and rogue states seek weapons of mass destruction,” he said. “Insurgents are armed with improvised explosive devices that are capable of penetrating even the most advanced armored vehicles. We even see criminal organizations that possess world-class cyber capabilities.”

To combat this, the military force must become more agile, and more capable through the spectrum of conflict.

“We need to be as proficient at waging a counterinsurgency campaign as we are at waging high-end conventional campaigns,” the deputy secretary said.

The duration of conflicts also has

changed. U.S. military planning has been based on fighting two near-simultaneous wars.

“Planners anticipated that these conflicts could be quite intense, but they also anticipated that they would be rather short,” he said. “This construct no longer fits our reality.”

In the two current wars, it was not the intensity of the initial combat phase that was most challenging, it’s the length of time the United States has been involved.

“These wars have now lasted longer than the United States’ participation in World War I and World War II combined,” said Lynn.

Repeated deployments exact a high cost on troops and their families. The United States has added numbers to the Army and Marine Corps and is halting reductions in the Navy and Air Force. And defense planners also are giving the possible duration of conflicts more attention, said Lynn.

The third change in the global security environment is the move toward foes using asymmetric warfare. The conventional dominance that NATO enjoys “has led potential adversaries to seek asymmetric tactics, to seek out vulnerabilities in our conventional forces rather than face those forces head-to-head,” he said.

They use IEDs and guerilla tactics, or they launch cyber attacks to disrupt global command and control, logistics and transport. Some countries also are investing in anti-access weapons such as surface-to-surface missiles, cyber capabilities and anti-satellite technologies to force the United States and its allies away from the battlefield.

# EOD SAILORS: Building will be used to share knowledge, lessons learned

Continued from page B1

“Please, use this building as a place to share lessons learned,” said Gilliland. “The utmost responsibility of a chief is to take care of their Sailors and by taking care of their Sailors they also take care of their families. Please keep that in mind in honor of Paul – that is what would make him most proud.”

Tillotson said it was an honor to dedicate the building for the education of future chiefs and for the camaraderie of our present chiefs.

“I think it’s fitting to have a CPO mess named after Chief Darga,” said Tillotson. “The chiefs are the leadership of the troops at the deck plate. And that’s what Chief Darga did – he made a difference as a chief and as an EOD technician – and today we are honoring him in an appropriate way.”



Photo by MC2 (SW) Michael R. Hinchcliffe

Karie Gilliland, widow of Chief Explosive Disposal Technician (EOD/DV) Paul Darga, addresses Sailors and family members during a building dedication onboard Joint Expeditionary Base Little Creek-Fort Story, June 25. The refurbished building named Darga Hall, was dedicated to honor Darga and other EOD Sailors who have been killed in action.

## FAMILY: Brothers thankful for opportunity

Continued from page B1

aboard Eisenhower.

“We’ve never been apart before, so it was interesting to see him. He lost a lot of weight!” said Antwan of his brother.

The brothers, who grew up in Atlanta, are very close. They joined the Navy two days apart, and were assigned to different divisions in boot camp. They finally saw each other at ‘A’ school, where they realized that both of them had re-classified into the LS rating without the other knowing.

Since Anthony is completing his second deployment, he was able to pass on advice about what to expect on deployment to his brother.

All of the family members agreed on one thing: constant contact, whether by phone, E-mail or the combined efforts of their leadership making this visit happen is the key to making a deployment a bit easier. Dual-military couples with children face increased hardships during back-to-back deployments.

Aviation Maintenance Administrationman 2nd Class (AW) Holly Staton-Mountcastle from Airborne Early Warning Squadron (VAW) 126 on board Truman, and her husband, Aviation Machinist’s Mate 2nd Class Matthew Mountcastle from Eisenhower’s Strike VFA 131, have managed to stay close despite the separation by sending each other E-mails and pictures.

After the Eisenhower deployed in Jan-

uary, Holly sent her husband pictures of their two-year-old son. Now that she is deployed, she hopes he returns the favor.

“We took a family portrait last Christmas and we hope to have a family picture taken together soon,” said Staton-Mountcastle.

Aviation Boatswain’s Mate (Handling) 3rd Class Brian Case, temporarily assigned to Truman’s Naval Security Force, and his brother, Operations Specialist 3rd Class Jason Case, from Eisenhower’s Operations department, were very thankful for the opportunity to see each other.

“By the time this deployment is over, we wouldn’t have seen each other for over a year,” said Brian.

The brothers, whose grandfather served in the Navy in 1941 as an engineer, share many interests, such as rooting for Ohio State and the Cleveland Cavaliers.

Jason thinks that the relationship between him and his brother has become stronger since he joined the Navy two and a half years ago.

“Brian inspired me to play football and basketball, and taught me a lot about life. As we got older, instead of being so competitive, we started hanging out more,” Jason Case added.

The Truman CSG will be relieving the Eisenhower CSG as Task Force 50 in the 5th Fleet area of responsibility later this month.

For more news from USS Harry S. Truman (CVN 75), visit [www.navy.mil/local/cvn75/](http://www.navy.mil/local/cvn75/).

## KOREA: Alliance formed by war still strong

Continued from page A1

we can enjoy the liberty and pursuit of happiness,” he said.

Han Duk-soo, ambassador of South Korea, also spoke at the event. Thanks to the courage of Korean War veterans, the ambassador said, “Korean flags still fly over the Republic of Korea and the Korea-U.S. alliance, an alliance forged in blood, is still strong and valued by both sides today. This is why we call the Korean War a true victory.”

“You won freedom, democracy and prosperity for our nation,” the ambassador told the Korean War veterans.

Today, South Korea serves alongside the United States in Iraq, Afghanistan and the waters of Somalia, the ambassador said.

“As the U.S. partner and friend, South Korea is and will be by your side,” he said. “Through your bravery and sacrifice you veterans made that possible.

“So today, we honor you



Photo by Elaine Wilson

Joseph W. Westphal, undersecretary of the Army, speaks at a ceremony to commemorate the 60th anniversary of the Korean War at the Pentagon in Arlington, Va., June 24.

and the 36,000 of your this recognition,” Keep brothers-in-arms who gave continued. “It’s a blessing to our families to have their fathers and grandfathers honored as well.”

“We appreciate the attention,” added Keep’s friend, Charles Hoak, an Army Korean War veteran. “It shows we’re not forgotten.”

The ceremony marked the beginning of the Department of Defense’ three-year observance of key events of the Korean War that will culminate with the 60th anniversary of the signing of the armistice on July 27, 2013.

“We came home and no one knew where we’d been,” said Jack Keep, who served in the Navy during the Korean War.

“This is a great honor after all of those years, to have

# Washington Nationals host Navy Day at ballpark

STORY AND PHOTOS  
BY MC1 (EXW)

JENNIFER A. VILLALOVOS

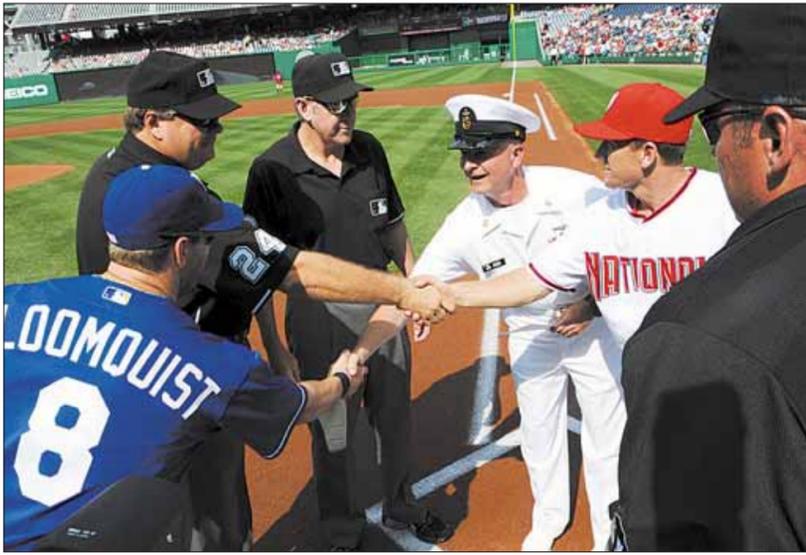
Master Chief Petty Officer  
of the Navy Public Affairs

WASHINGTON — Sailors were honored at a Major League Baseball game during Navy Day at the Washington Nationals ballpark, June 23.

The Washington Nationals paid tribute to and recognized Sailors for their outstanding service to the nation.

Intelligence Specialist 2nd Class Eugene Padden, 2009 Chief of Naval Operations Junior Sailor of the Year, had the opportunity to throw out the ceremonial first pitch for the game against the Kansas City Royals.

“I was shocked and excited when I first found out I was selected to throw out the first pitch. This was a once in a lifetime experience. Ex-



Master Chief Petty Officer of the Navy (MCPON) Rick D. West goes with Rick Eckstein, the hitting coach for the Washington Nationals, to take part in the pregame meeting at home plate for the symbolic lineup card during Navy Day at Nationals Park.

citement very quickly turned into nervousness and I had to keep thinking positive and just get out there and throw

the ball,” said Padden.

Hospital Corpsman 1st Class Oluyinka Adefisan, Vice Chief of Naval Oper-

ations Sailor of the Year, stationed at National Naval Medical Center Bethesda announced, “play ball” before



Hospital Corpsman 1st Class Oluyinka Adefisan, the Vice Chief of Naval Operations Sailor of the Year, assigned to the National Naval Medical Center Bethesda, announces “play ball” before the start of the game.

the start of the game.

Adefisan said he felt proud to be chosen to take part in the pregame events and it was one of the best moments of his life. He never thought he would have the opportunity to be involved in any major league sporting event.

Master Chief Petty Officer of the Navy (MCPON) (SS/SW) Rick D. West also participated in the pregame events as the holder of the lineup card in the ceremonial meeting at home plate with Rick Eckstein, hitting coach for the Washington Nationals.

“Any time our Sailors are recognized for the hard work they do is great. Being out

here at the Nationals game and seeing the support and respect from the teams and crowd makes me very proud to be in the Navy,” said West.

The pregame ceremonies included Sailors from the U.S. Navy Ceremonial Color Guard and Chief Musician Daryl Duff, from the U.S. Navy Band who sang the national anthem and “God Bless America.”

The game ended with a Kansas City Royals win over Washington Nationals with a final score of 1-0.

For more news from Master Chief Petty Officer of the Navy, visit [www.navy.mil/local/mcpn/](http://www.navy.mil/local/mcpn/).



Intelligence Specialist 2nd Class Eugene Padden, the 2009 Chief of Naval Operations Junior Sailor of the Year, throws out the ceremonial first pitch during Navy Day at Nationals Park.

# MUSIC: School's anniversary attracts wide variety of music enthusiasts

Continued from page B1

JEB Little Creek-Fort Story.

"It is truly an honor and privilege to be the sixteenth commanding officer of the School of Music while reaching this significant milestone in the school's history," stated Cmdr. Ralph Ingraham, Commanding Officer, Navy School of Music. "The pride, professionalism and excellence of performance demonstrated tonight truly honored those who served before us. I am incredibly proud of this team of professional military and former military musicians."

The night was filled with patriotic themed music including "Glory of the Yankee Navy," "Esprit de Corps" and "American Soldier." Other songs included the Cole Porter composed tune "Begin The Beguine," the song "Laura" that was the theme from the 1944 film of the same name and several others, including the world premiere of "Unbreakable," a piece written especially for the occasion by Steven L. Rosenhaus.

Student vocalist, Seaman Erin Donnelly's operatic voice delighted the crowd when she sang "You Raise Me Up." The audience

also participated by standing and singing their respective service songs during the School of Music's medley of service songs.

The night ended with a standing ovation from the crowd, showing their appreciation for the staff faculty and students of the Navy School of Music for the professionalism and excellent performance. The concert ended with a formal cake cutting ceremony that was enjoyed by all.

"It was an excellent concert and I'm glad I was invited to attend," said Perble Staver, an 88-year-old Battle of Iwo Jima survivor and Virginia Beach resident. "These musicians are true professionals."

In June of 1935, the Navy School of Music first opened in Washington, D.C., operating in conjunction with the United States Navy Band until becoming an independent activity in 1942. Students enrolled at the school during this era graduated as complete ensembles – transferring as a unit to serve aboard ships in the U.S. fleet. Unit Band #22, for example, was deployed to the USS Arizona – ultimately to be counted among the first casualties during the Japanese



U.S. Navy Photo

MU2 Heather E. Downing, advanced course student at the SOM, Sgt. Jennifer L. Turner, SOM Flute Instructor and Lance Cpl. Brandon J. Buller, basic course student, perform "Stars & Stripes Forever" during the anniversary concert.

attack on Pearl Harbor.

Originally built in 1955 as an 80,000 sq. ft. barracks, the School of Music building was stripped

to bare cinderblock and reconstructed with the unique needs of professional military musicians in mind. In April of 2005, it was

renamed McDonald Hall after Captain John D. McDonald, the School of Music's first commanding officer at this location.

## SUBMARINE: Groton says goodbye after 35 years

Continued from page B1

Admiral Douglas J. McAneny, Commander, Submarine Force, U.S. Pacific Fleet, was the seventh commanding officer of Philadelphia.

McAneny said he was honored to speak at the ceremony and to have the opportunity to have one last look at his old boat and eat one more meal in the wardroom.

"We gather today not only to recognize the important role played by the leaders, the crew members and the families," said McAneny. "But to say goodbye to our boat – USS Philadelphia."

In addition, McAneny asked those that have served aboard Philadelphia to remember the sacrifices they endured and the freedom they fought to defend.

"The soul of USS Philadelphia lives on forever in her crews," said McAneny.

Philadelphia has deployed to all regions of the globe in support of various operations vital to national security, including Desert Storm in 1991.

Cmdr. Dave Soldow, Philadelphia's final commanding officer, felt this ceremony marked a unique occasion.

"On one hand, it is truly heartwarming to see the enthusiastic support of the community for their Navy and the men who have volunteered to serve this great nation of ours," said Soldow. "On the other hand, it is indeed sad to take out of commission a warship that has so boldly and so proudly served the American people for all these years."

Soldow also said that the warship is much more than technology and steel.

"These men who stand before you today and those seated throughout the audience who came before them, represent some of the greatest Americans to ever serve this nation of ours," said Soldow.

The contract to build Philadelphia was awarded to Electric Boat Division at the General Dynamics Corporation in Groton Jan. 8, 1971. Philadelphia's keel was laid Aug. 12, 1972, and was launched Oct. 19, 1974.

Philadelphia completed her final deployment in February 2010.

For more news from Commander Submarine Group 2, visit [www.navy.mil/local/Subgru2/](http://www.navy.mil/local/Subgru2/).

## CARIBBEAN: History month promotes understanding

Continued from page B1

being back on the island."

The festivities continued with an educational and inspirational display of history, poetry and song.

"Today is about celebrating the opportunity we all had to not only come to the United States and join the Navy, but contribute to the team," said Command Master Chief (SW/AW) Loran Bather, who was born in St. Catherine, Jamaica. "If you look around the ship you will see Sailors and Marines that come from all walks of life. Some grew up in the Caribbean Islands, some grew up in America and some from other foreign nations. We have so many differences, yet we share so many of the same qualities."

For the committee members experiencing the Caribbean culture for the first time and being a part of the celebration, it was an enlightening event.

"I volunteered to cook and read a piece about his-

tory during the ceremony because when the Heritage committee first started planning for the celebration, the information was interesting," said Aviation Boatswain's Mate (Fuels) Airman Tiffany Thomas. "I knew then I really wanted to participate and fully experience the Caribbean culture."

Harry S. Truman's Multicultural Committee ensures that observances like the Caribbean-American Heritage celebration allows crew members the opportunity to celebrate and share each others' cultures and traditions.

"The things we learn from our families, communities and countries allow us to contribute to the daily successes of our divisions, departments and commands," said Bather. "Our ability to love, embrace and respect one another is what makes us so strong and the world's finest Navy."

For more news from USS Harry S. Truman (CVN 75), visit [www.navy.mil/local/cvn75/](http://www.navy.mil/local/cvn75/).



## RIBBON CUTTING CEREMONY NEW BEGINNING FOR NWDC

Commander, Navy Warfare Development Center (NWDC) held a ribbon cutting ceremony onboard Naval Station Norfolk, June 24. **B6**



# FRONT & CENTER

SECTION B

FLAGSHIPNEWS.COM

July 1, 2010

## Celebrating 75 years of military music

Students, Staff at School of Music at Joint Expeditionary Base Little Creek played to honor its diamond anniversary

### PRESS RELEASE

By JEB Little Creek-Fort Story  
Public Affairs Office

**VIRGINIA BEACH** — Comprised of staff faculty and students, the School of Music's Wind Ensemble performed to celebrate the school's 75th anniversary, June 24.

The School performed a free concert at the Base Theater on Joint Expeditionary Base (JEB) Little Creek-Fort Story to a crowd of more than 500. In the audience were Rear Adm. Arnold Lotring, Chief Operating Officer, Naval Education and Training Command and Capt. Charles L. Stuppard, Commander,



U.S. Navy photo

The Naval School of Music celebrated their 75th anniversary by performing a concert at the Base Theater on JEB Little Creek-Fort Story. More than 500 personnel, guests and family members attended the performance.

See **MUSIC**, B7

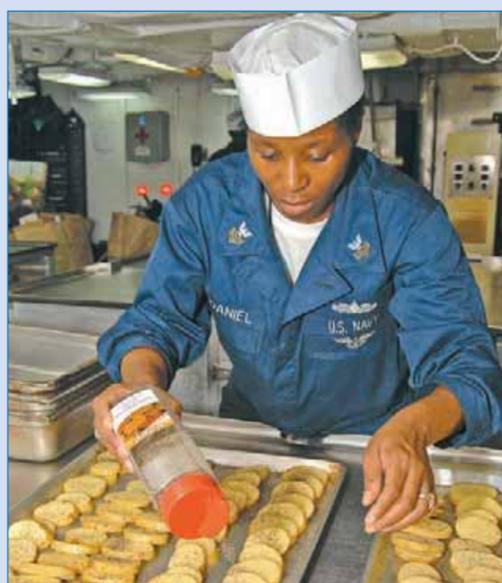


Photo by MC3 Nina Hughes

**Machinist's Mate 1st Class Audrey McDaniel seasons potatoes for a Caribbean meal aboard the aircraft carrier USS Harry S. Truman (CVN 75). The Caribbean meal is being prepared by members of the Cultural Heritage Committee and volunteers in celebration of Caribbean-American Heritage Month.**

BY MC2 JAMICA JOHNSON

USS Harry S. Truman Public Affairs

**USS HARRY S. TRUMAN** — The Multicultural Heritage Committee and Caribbean-American crew members aboard USS Harry S. Truman (CVN 75) concluded a week-long celebration of Caribbean-American Heritage Month, June 24.

Caribbean-American Heritage Month is one of the many annual heritage festivals celebrated throughout the Navy. These observances reflect the Navy's cultural diversity and helps educate and bridge the gaps between shipmates.

"The Navy recognizes 10 heritage holidays annually, this is Truman's first official observance of Caribbean Heritage Month," said Chief Warrant Officer Andrew Davenport, Multicultural Heritage Committee chairman.

The week began with a cake-cutting ceremony June 22.

Harry S. Truman's Caribbean-American Sailors and Marines crew members cooked some of the Caribbean's delicacies — from curried and jerked chicken, to peas and rice, beef and chicken patties and ox tails for their fellow shipmates.

"It felt good to be in the kitchen cooking and being able to share fellowship and even speak in my native dialect," said Intelligence Specialist 2nd Class Christopher Cameron, a first-generation American, whose parents hail from Spanish Jamaica. "Being involved in my culture's heritage celebration rejuvenated a sense of pride in me, as well as reminded me of the comforts of

See **CARIBBEAN**, B7



Rear Adm. Douglas J. McAneny, commander of Submarine Force, U.S. Pacific Fleet, salutes for the Admiral's March and 13-gun salute, during the arrival of the official party for the decommissioning ceremony of the Los Angeles-class attack submarine USS Philadelphia (SSN 690) at Naval Submarine Base New London. McAneny was the seventh commanding officer of Philadelphia.

## USS Philadelphia 'Finishes Strong'

STORY AND PHOTO BY  
MC1 STEVEN MYERS

Submarine Group 2 Public Affairs

Philadelphia (SSN 690) was decommissioned, June 25, during a ceremony at Naval Submarine Base New London in Groton, Conn.

Philadelphia was commissioned and officially put into service, June 25, 1977.

The ceremony's guest speaker, Rear

**GROTON, Conn.** — The Los Angeles-class attack submarine USS Philadelphia's 33rd anniversary.

See **SUBMARINE**, B7

## Churchill rescues Yemeni fishermen

### PRESS RELEASE

USS Harry S. Truman  
Public Affairs

**USS WINSTON S. CHURCHILL** — Members of the USS Winston S. Churchill (DDG 81) visit, board, search and seizure (VBSS) team came to the assistance of two stranded Yemeni fishermen June 21.

The fishermen had been out to sea for a total of 14 days and had been stranded without food, water or fuel



Photo by MC3 Stuart Phillips

Members of the visit, board, search and seizure team of the guided-missile destroyer USS Winston S. Churchill (DDG 81) assist stranded fishermen. The fishermen were stranded at sea for 14 days and without food, water or fuel for four days.

See **RESCUE**, B5

# SPOUSE SPEAK!

## MyCAA continued

BY JACEY ECKHART

CinC\*House.com

We're walking. We're walking. Secretary Gates, dear, we are walking this way. Mrs. Obama? I know you keep saying that you want to really help military families, so we need you to just take one tiny step out of the box into which all of you have dumped the MyCAA program. If everyone could please follow me over here where you can stand out of the way and see what the lack of funding is causing?

Thank you! OK. In case you forgot, the My Career Advancement Account is a program halted this Spring that offered military spouses up to \$6,000 total to apply to education, licensing, and other costs associated with promoting a portable career. Spouses had to submit a plan for approval. The funding was granted a semester at a time and it went directly to the educational institution.

Sounds like a really good idea, doesn't it? That's why almost 1 in 5 military spouses applied for the program. That's why we broke the bank on the program already – unlike all those other little programs that you guys keep begging us to attend that we neither wanted nor need. In fact, the demand for MyCAA was so great that it freaked out all of you who are standing in the box. On June 18, Defense Secretary Gates released a statement that he was concerned that the program has “morphed” beyond its original intent and cost estimates. “Morph” might be the word, but hear these ideas that will help you think of morph not in a swine flu way, but morph in a penicillin way.

1. Welcome to our world. In the old days, military spouses didn't have jobs. Neither did most other women. People back then got by on one income. We now live in a country where more than 70 percent of all mothers work. We also live in an era where education is de rigueur. A four-year degree does what a high school diploma used to do. If the MyCAA program is designed to provide military spouses portable career skills that would help them find jobs after making perma-

nent change-of-station moves, we need credentials to compete with our peers.

2. Military spouses are more ambitious than you think. Military dudes are a pretty good catch. They tend to be smart and hardworking, but a lot of them aren't crazy about school. That's why they came to you. That's why so many of us like them. They are men who act like men. They are women who do not lean. Consequently, they attract good partners who want something more out of life. Slackers need not apply for the role of military spouse. Ambitious spouses – the ones who don't really see themselves as Realtors or home health care providers you want us to be – need this program.

3. Military spouses put their own needs last. This is a weird one, isn't it? But in my work, I see it all the time. Military spouses are wolves. We protect our young. We protect our mate. In a time of limited resources – like the Post 9/11 G.I. Bill, you seem to think we should be using to pay for a four year degree for the spouse – we save those things for the good of the pack. Even though you may be able to show me “proof” that using the G.I. Bill for myself is a better investment, I will be damned if I deprive my spouse or children of what they need.

4. Military spouses cannot fund an entire four-year degree on \$6,000. We're clever. We're crafty, but \$6,000 does not actually buy a bachelors degree. Check the prices. College Board reports that annual tuition at a public four-year college is about \$7,020. The private schools your children did or will attend cost around \$26,000 per year. I think you can afford to fund one year of school for these spouses in exchange for the career demands that military moves and deployments make. It is a great start and a great finish for them.

5. Military spouses are the hammer. Do not forget what you know about retention. If the spouse isn't happy, the service member is more likely to move

into the civilian world. If you want to hold the best and the brightest, you have to hold the spouse, too. And you can't hold us with Ramen noodles, guys. We aren't asking for a handout, just a way to adapt to a two-income/multiple move kind of world. You fund it. We will do the rest.

6. Military spouses are a fabulous investment. Our country has been at war for almost nine years. You know that less than one percent of the population is serving that effort. Military spouses bear the stateside burden well and painfully and proudly. But, face it, your credit

with us after multiple deployments is depleted. By playing word games with what the original “intentions” of the program were, you lose even more credibility with us. Don't blow it. Fund the program. Encourage the most able spouses. And check the box for truly helping military families.

Jacey Eckhart is a military life consultant in Washington, DC. She is the author of “The Homefront Club” and the voice behind the award-winning CD “These Boots.” Facebook Jacey or contact her at [jacey@jaceyeckhart.com](mailto:jacey@jaceyeckhart.com).

**Kings Dominion**  
12<sup>TH</sup> ANNUAL EAST COAST  
**CPO ROUND UP**  
Saturday, August 28, 2010

**Navy League of Hampton Roads is scheduled to hold their 12th Annual Chief Petty Officer Round Up at Kings Dominion, August 28**

The CPO Round Up will be open to all active duty, reserve, retired and all families, friends and supporters of the Navy team and will include unlimited use to all rides, shows and attractions at Kings Dominion.

The schedule of the day includes the Annual Deck Plate Spirit Award presentation, Chief Selectee Cadence Competition and a 50/50 raffle in support of CPO Scholarship Fund.

Kings Dominion will be open from 9 a.m. to 10 p.m. with many special guests including: MCPON, MCPON's (ret.), FLTCM's, FORCM's, CMDCM's and MCPO (ret.) and Rudy Boesch from Survivor.

The event will also include the opportunity for all participants to purchase a single-serve meal for \$10 that includes: 2 pieces of fried chicken, hot dog, baked beans, bag of chips, cookie and a soft drink.

Discounted food and drink will be available throughout the day at Pine Pavilion adjacent to the Kingswood Amphitheatre.

Tickets are \$23 (Save \$33.99) and children 2 and under are admitted free with advanced ticket purchases. Children 12 and under will receive a free raffle ticket with a chance to win one of the Kings Dominion prizes.

To purchase tickets visit [www.kingsdominion.com](http://www.kingsdominion.com) and click on tickets, then corporate partner, the company ID for the event is “CPO.” Once you have purchased your ticket, simply print it out and bring it with you to the park. There is no service charge.

You can also purchase your advance sale tickets from your Command representatives:

CNRMA — YNCS Barry Fitzgibbons 322-2800, [barry.fitzgibbons@navy.mil](mailto:barry.fitzgibbons@navy.mil)  
NCR — YNC Aaron Riley (202) 781-5766, [aaron.riley@navy.mil](mailto:aaron.riley@navy.mil) or ETC Geoff Adleman (202) 781-6456, [geoffrey.adleman@navy.mil](mailto:geoffrey.adleman@navy.mil)

For more information on the event visit Kings Dominion's website at [www.kingsdominion.com](http://www.kingsdominion.com).

## Really, there are some perks to deployment



BY BIANCA MARTINEZ

The first weekend with the hubber gone and as I sit here on a Sunday night ... I am kind of impressed with myself. Ha, ha, ha! No, really. Sure

it is always an adjustment to go from weekends with a partner to tackle the kids and the chores. Know what I mean? It is like, “BOOM! Do it all yourself.” Really its not just an adjustment for me though, it's also for my kids too. That's where most of the first weekend drama comes in.

Well, Saturday was little bit of my fault. I am a soccer head and with the U.S. taking on Ghana, I tried to push the naps to be a little later. I use the word naps loosely anyway since I have a four-year-old. I am lucky if I

Reach out to NewsChannel 3's Bianca Martinez at [bianca.martinez@wtkr.com](mailto:bianca.martinez@wtkr.com). Be sure to check out “Do My Military Job” every Wednesday at 11 p.m. on NewsChannel 3!

get a day when he decides to crash! They were not happy campers and that meant a few tough interactions. Mommy wanted to watch fútbol and there was no one there to help distract. Sunday, Lucas woke up and put on his cranky pants right away. I know that this is because he is realizing dad really “IS” on a long trip and usually when that happens, he takes it out on me. It was game on before church. You know how it goes, ask eight times for the kid to get dressed, ask 10 times for them to eat their breakfast. Lucky for me, Sophia was cooperating this morning. Lucky for me too because church is seriously, right up the road. Service starts at 9 a.m. and we got there at 9:05 a.m. At that point the gloves were on! We went to our corners, err I mean Lucas went to “wee worship” and I went to the main space and regrouped.

## MARRIED to the Military

We managed to get to the grocery store afterwards and then went down for naps. I have a special term for what Lucas turned into ... Al-Qaeda in footsie pajamas (but he doesn't wear them anymore). The thought here is that he turns into a terrorist and you can't negotiate. I try, but end up walking away when we hit this point and just let him work it out by himself in his room. It's like a magic reset button ... he came out and was wonderful! The perk in all this ... he fought until he realized I am just as good as daddy and now he is like putty in my hands for a couple of months! Love it!

For the past month, all we have done is rush and rush and rush to get ready for hubber's deployment and I have to admit that sometimes I look forward to mindless Saturday nights with my HGTV. I can't lie either, I will enjoy my TV with a little cookie dough ice cream. I wanna live it up, and well, let's face it ... the love of my life left and my son put me through the ringer ... it's time to eat my feelings without anyone around to judge! Here's the issue – when I watch HGTV, I get ideas. I get new ideas but then I look around

and realize that the old ideas (that I asked for help with) never got done. Hmmm. Go figure. So what did I do during Sunday's short naptime? I started painting the laundry room. Hey, I could only stare at the paint can that has been in there for a month for so long. No, I didn't finish. But it is closer to finished than it was when someone was home. Just sayin'. My kitchen is clean and the play room has been rearranged and organized. I even purged some of the toy inventory. Yes, someone lit a fire under my butt.

Well, it is hard to admit, but my house runs a little smoother when daddy is not home. Not only am I not waiting to see if someone else will get a job done (while he does the same), but instead of having someone to completely relax with I just stay busy to fill that void. My house is never cleaner, more organized or calmer than after that first week of a deployment, so yes, there are some perks. So here is to some time living in a home that looks like it is in a magazine. I would rather live an a messy pigsty with chaos all around me though ... if my best friend was there with me.



You can catch Bianca Martinez anchoring the 4 p.m., 6 p.m. and 11 p.m. newscasts with Kurt Williams during the work week. You can also follow her laughter, stress and tears as a military wife in her blog, “Married to the Military,” weekly in the Flagship.

# USS George H.W. Bush conducts first missile launch

BY MCSN J.  
SCOTT ST. CLAIR  
USS George H.W. Bush  
Public Affairs

**USS GEORGE H.W. BUSH** — USS George H.W. Bush (CVN 77) successfully fired two Evolved NATO Sea Sparrow missiles and two Rolling Airframe Missiles (RAM) for the first time, to conclude its first Combat Systems Ship's Qualification Trials (CSSQT), June 23.

CSSQT is part of the series of qualifications and certifications the aircraft carrier must undergo in preparation for her upcoming maiden deployment.

According to Combat Systems Officer, Cmdr. John B. Vliet, CSSQT is a combined effort between the Combat Systems, Operations and Weapons departments to test the aircraft carrier's self-defense systems.

"It's an end-to-end testing of the Combat Systems Suite, to include tactics, techniques, and procedures," said Vliet. "It's an operational verification of the ship's warfighting and self-defense capabilities. Combat Systems with Operations department has worked around the clock for the last six months, grooming equipment and training for this exercise. More than 200 personnel have directly or indirectly supported this evolution."

Of those 200-plus personnel, two of the most directly involved were Fire Controlman 2nd Class (SW/AW) Ezekiel S. Ramirez, work center supervisor for the Evolved NATO Sea Sparrow Surface Missile System and Fire Controlman 2nd Class (SW/AW) Ryan P. McWilliams, work center supervisor for the RAM



Fire Controlman 1st Class (SW/AW) John Rodriguez-Hardy, from USS George H.W. Bush (CVN 77) Combat Systems Department, loads a NATO Sea Sparrow missile into one of the ship's launchers, June 23.

system.

The Evolved NATO Sea Sparrow missile is a semi-active missile that requires feed from directors to locate its target, and the RAM is a passive missile, meaning the missile uses built-in sensors to hone in on targets.

All of the missiles used during the launch were telemetry missiles, which are live missiles that have the warheads replaced with data recovery technology used to gauge accuracy.

Ramirez and McWilliams, on board experts for the missile systems, said that the launch was the culmination of months of hard work and preparation that included more than 40 maintenance checks, going aloft to fix radar, multiple pre-fire checks and 21 "detect-to-

engage" pre-fire drills.

"We've been preparing for this evolution ever since the ship left the shipyard and we took ownership of the system," said McWilliams. "This was one of the hardest evolutions Combat Systems department will have to do during the existence of

this aircraft carrier."

Prior to the launch, Ramirez and McWilliams were responsible for loading the two launchers for each system.

"The NATO Sea Sparrow Missile system holds eight missiles in each launcher and the RAM uses 21 missiles in each launcher,"



Photos by MC3 (SW) Nicholas Hall

said Ramirez. "It's a lot of work for one launch, but when we deploy we will have to load a total of 58 missiles."

Ramirez stressed the significance of the successful missile fire, what it meant for the entire command and for the small group of 14 Sailors direct-

**A NATO Sea Sparrow missile launches from USS George H.W. Bush (CVN 77), June 23. Bush completed its first missile launch while completing combat systems ship qualification trials.**

ly involved with operation of the missile systems.

"It's a pretty big accomplishment," he said. "We are the aircraft carrier's first and last line of defense.

This test is the way we prove that the self-de-

fense systems work. We're finally doing our job."

The lengthy systems certification process, which involved weapons onload and system approval from Carrier Strike Group 2 and the Board of Inspection and Survey (INSURV), directly involved the aircraft carrier's Weapons department.

According to Aviation Ordnanceman 1st Class (AW/SW) Chris J. Morrison of Weapons department, the certification involved every member of the Weapons Inventory Control.

"We had to verify and requisition the exact missiles being used in the launch," he explained. "Once missiles were on board, we were responsible for turning them over to Combat Systems personnel. From there we inspected, stowed and moved the missiles to the launchers."

In addition to all the preparation that went into the test, Vliet described how the systems operators had to be fully prepared to handle any situation.

"The operators and technical experts have got to be ready and fully understand all of the dud and misfire procedures in the event of an equipment or missile casualty," said Morrison.

Ramirez reaffirmed the team's readiness with confidence.

"We're fully trained and capable to handle misfires," he said. "We're ready no matter what happens. We are here to defend the ship. We're ready and willing to do our job."

For more news from USS George H.W. Bush (CVN 77), visit [www.navy.mil/local/cvn77/](http://www.navy.mil/local/cvn77/).

Local service times

**LDS PROGRAMS**

JEB Little Creek Chapel Worship Schedule:  
 Noon — Sun. Worship (Chapel Annex Classroom 4)  
 8 p.m. — Wed. Bible Study  
 (Chapel Annex Classroom 4)

**NAVAL STATION NORFOLK**

<b>ROMAN CATHOLIC</b>	<b>PROTESTANT</b>
<i>Our Lady of Victory Chapel</i>	<i>David Adams Memorial Chapel</i>
<i>Mass Schedule:</i>	<i>Chapel Worship Services:</i>
5 p.m. — Sat.	10:30 a.m. — Sun.
(fulfills Sunday obligation)	Worship
10 a.m. — Sun.	<i>Wednesday Services:</i>
11:45 a.m. — Mon.- Fri.	8:30 - 10:15 a.m. — Bible
(except holidays)	Study Noon "Lunch with the Lord"
<i>Confessions:</i>	
4:15 p.m. Sat.	

**For more information call  
 Naval Station Norfolk Chapel 444-7361**

**JEWISH PROGRAMS**

*Commodore Uraih P. Levy Chapel:* Jewish services are at Norfolk chapel in Building C7 on the Second Floor every Friday at 7:30 p.m. Building C7 is located at 1630 Morris St. on Naval Base Norfolk. For more information call 444-7361 or 7363.

**MUSLIM PROGRAMS**

Masjid al Da'wah  
 2nd Floor (Bldg. C-7): Muslim services are at Norfolk chapel every Friday at 1:30 p.m.

**JEB LITTLE CREEK CHAPEL**

<b>ROMAN CATHOLIC</b>	<i>Confessions:</i>
<i>Mass Schedule:</i>	3:30 - 4:30 p.m. — Sat.
5 p.m. — Sat.	<b>PROTESTANT</b>
(fulfills Sunday obligation)	9 a.m. — Sun. School
9 a.m. & 12:15 p.m. — Sun.	(4 years-Adult)
11:30 a.m. — Tues. - Fri.	10:30 a.m. — Sun.
(except holidays)	Divine Worship, Children's Church (Ages 4-10)

PWOC: Bible Study at the Chapel Annex Every Wed.  
 Fellowship: 9:30 a.m. Bible Study: 10 a.m. - noon  
 PWOC: Evening Bible Study Every Mon.: 7 p.m.  
 Latter Day Saints                      Coffeeshouse  
 11:30 a.m. — Sun.                      6 p.m. — Sun.

**For more information call JEB  
 Little Creek Chapel 462-7427**

# Chief of Chaplains makes final visit to Hampton Roads area



U.S. Navy Photo

**Chief of Navy Chaplains, Rear Adm. Robert F. Burt, speaks with Master Chief Petty Officer of the Navy (MCPON) Rick D. West at Naval Base Kitsap Bangor in 2009.**

**STORY BY MC3  
 RICHARD J. STEVENS**  
*Navy Public Affairs Support  
 Element East*

**VIRGINIA BEACH** — Chief of Navy Chaplains Rear Adm. Robert F. Burt thanked chaplains and religious program specialists (RPs) for their hard work and support over the years at the Chapel Annex at Joint Expeditionary Base Little Creek-Fort Story (JEBLCFS), June 22.

Burt has been struggling with cancer as he maintains his position. He had bone marrow extracted from his spine the day before he gave his speech.

Burt, as Chief of Navy Chaplains, has served for four years, which is longer than most that serve in that office and became the 24th Chief of Navy Chaplains on June 23, 2006.

"This has been my life," said Burt. "I've spent 36 years in the greatest occupation and the greatest ministry."

Burt reassured the audience about the quality of work that chaplains and the RPs, who provide

administrative and technical support for chaplains, provide.

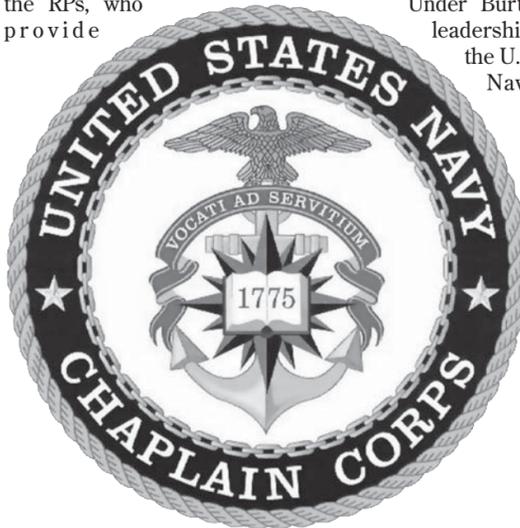
"We're getting good young chaplains and we're in good shape. We want the type of ministry that will add to mission accomplishment."

Under Burt's leadership, the U.S. Navy

Chaplain Corps relocated and consolidated its chaplain and enlisted religious program specialist (RP) training schools from Newport, R.I. and Meridian, Miss. to a new facility at Fort Jackson in Columbia, S.C.

A native of Springfield, Ore., Burt started his Navy career when he enlisted in 1970 and served three years as a communications technician and three-and-a-half years aboard USS Kitty Hawk (CV 63) as a data processor.

After an honorable discharge in 1977, Burt completed a Bachelor of Science degree in Biblical Studies from Eugene Bible College and then spent three years at Western Evangelical Seminary in Portland, Ore., where he received his Master of Divinity degree.



# RESCUE:

## Churchill obeys “law of the Sea”

*Continued from page B1*

for the last four. The VBSS team provided them with food and water.

“The law of the sea demands that we render assistance to those in need,” said Capt. Robert Barwis, Commodore for Destroyer Squadron Two Six (DESRON 26). “We were glad to be able to help.”

Churchill’s commanding officer, Cmdr. Juan Orozco, stressed the importance of taking care of fellow Mariners in distress.

“As soon as our helo spotted the stranded fishermen, we knew we had to go help them. It is every Sailor’s responsibility to help those in need on the high seas,” said Cmdr. Orozco. “You could see the satisfaction in my crew’s faces, knowing that they had done a good deed.”

“It was more of a humanitarian mission than a typical boarding,” said Cryptological Technician (Technical) 1st Class Christopher Costa, a member of the boarding team.

The Churchill stayed with the small dhow until the Yemeni Coast Guard arrived to escort it back to land.

“To be involved with operations like this is rewarding in itself,” said Costa. “We went over there as a team to see if anything was suspicious and ended up helping them out.”

Members of the VBSS team are prepared to board and inspect vessels of interest. Their work normally focuses on counter-piracy and counter-terrorism operations and the prevention of drug and weapons smuggling, according to Sonar Technician Geographic Petty Officer 2nd Class Ryan Braley.

VBSS team members encounter a wide range of responses from the crew members of the vessel being boarded, according to Braley.

“Some of them really don’t want to talk to you, they won’t take the pamphlets that we try to give them or they just won’t look at us or talk to us,” said Braley.

At other times, a vessel’s crew members will express their gratitude to the U.S. Navy for maintaining a presence.

“We boarded a dhow once and the crew said a group of people came up, took their radios and broke them, so they were real happy that we were there. A lot of them told us ‘we see you guys around all the time and we feel safe that you’re in the area,’” said Braley.

# Cyber Forces addresses intelligence officer course graduates

**BY DARLENE GOODWIN**

*Navy Cyber Forces Public Affairs*

**VIRGINIA BEACH** — The Commander of Navy Cyber Forces addressed 23 junior officers in the latest graduating class of the Navy Intelligence Officer Basic Course at the Navy Marine Corps Intelligence Training Center onboard Naval Air Station Oceana Dam Neck Annex, June 25.

Rear Adm. Tom Meek spoke to the graduates, NMITC staff and family members about similarities and differences between 2010 and 1982, when he graduated from In-

telligence school. He said the most significant similarity was the importance of intelligence to military operations.

“Operations are intelligence-driven like never before,” said Meek. “In Iraq and Afghanistan, demand for intelligence is at an all-time high. Both high-end operations, such as capture and kill and low-end operations, such as counterinsurgency, could not be done without deep intelligence work.”

The admiral also discussed the new Information Dominance Corps (IDC), which brings together Navy specialists in various information-

centric fields.

“The IDC (is) a cadre of professionals who will manage the vast amount of information available in support of Naval and joint operations,” said Meek. “Embrace this change. Each individual community will maintain its identity, while enjoying more opportunities for cross training and varied assignments.”

Two graduates received special recognition at the ceremony. Lt. Kevin Barnard was presented with the Admiral Porterfield Award for Excellence and Ensign Percy Atangcho received the Rear Adm.

Showers Award for Academic Excellence.

“It was awe inspiring to hear the admiral’s viewpoint on where the intelligence community was (nearly) 30 years ago and where we are today in the current Information Dominance Corps,” said Barnard. “It was also eye-opening when put in perspective of how technology has changed, but the constant in our continued success is the dedication of the people who serve.”

*For more news from Navy Cyber Forces, visit [www.navy.mil/local/ncf/](http://www.navy.mil/local/ncf/).*

# New beginning for NWDC

STORY AND PHOTOS BY  
**MC3 SAMANTHA L. RIVERO**  
*The Flagship Staff Writer*

**NORFOLK** — Commander, Navy Warfare Development Center (NWDC) held a ribbon cutting ceremony onboard Naval Station Norfolk, June 24.

Rear Adm. Wendi B. Carpenter, Commander Navy Warfare Development Command, Norfolk along with Vice Adm. Peter H. Daly, Deputy Commander, U.S. Fleet Forces Command cut the ribbon for what will soon become NWDC's new command headquarters.

"We are dedicating a building today, but it is so much more than that," said Daly. "In its new home, NWDC will occupy three stories spanning 85,000 sq. ft. It's not only a state-of-the-art building, it is a hub for innovation, concept generation and development, lessons learned, modeling and simulation."

The new building has many unique features including the Navy Center for Advanced Modeling and Simulation (NCAMS) high-tech modeling and simulation center.

"One of the most outstanding features of this building is its 10,000 sq. ft. modeling and simulation lab, which will support the Navy Continuous Training Environment (NCTE)," said Daly.

Along with leading the fleet in the newest equipment, it is also setting a new standard as one of the first buildings onboard Naval Station Norfolk to go green.

"The Navy has been working for a number of years on innovative ideas about going green," said Carpenter. "We recognize that it is imperative to be more green and to have that capability because that helps our war fighting ability by helping us to respond faster and not have to worry about obtaining such scarce resources."

The building has met the Leader-

ship in Energy and Environmental Design (LEED) Green Building Rating System standards. LEED is a third party certification program that has become a nationally accepted standard for designing, constructing and operating high performance green buildings.

"Clearly all organizations should endeavor to improve efforts towards a clean environment," said Vice Adm. Melvin G. "Mel" Williams, Jr., Com-

mander, U.S. 2nd Fleet. "Certainly within the last few years, the Department of the Navy has taken the lead on that area as you can see here today."

According to Carpenter, NWDC chose to locate their new headquarters onboard Naval Station Norfolk because the major branches of the military that can be found in the surrounding area.

"We will be able to respond to the needs of the fleet better from this location," said Carpenter. "We can integrate better with the joint community, because we have Joint Forces, Air Force, Marines and Army bases all around this area. We have already begun to have a tighter link up with these communities and the fact that we have almost 300 innovators moving here brings all sort of new ideas to this area. There are things that we haven't even had the chance to explore yet that are now possible, just because we are located here."

Rear Adm. Mark S. Boensel, Commander, Navy Region Mid-Atlantic also expressed his optimism in having the NWDC headquarters onboard Naval Station Norfolk.

"The talent of people who are coming here will greatly benefit the Hampton Roads area," said Boensel. "We have a lot of very smart people coming and anytime we bring together that many great minds, it is definitely a good thing. I think this will not only greatly benefit Hampton Roads, but especially the base."

The building will have a staff of approximately 340 personnel working in the building full time by fall of this year.

"Everyone will be in the building by September 30," said Carpenter. "The modeling and simulation lab will be ready in about six weeks and we have a few more things we have to install in the building that are necessary for our various capabilities we will have here and so full functionality we expect should be the first of October."

The ceremonial day was exceptionally special to Carpenter, who was celebrating more than just the ribbon cutting of NWDC's new headquarters.

"It's my birthday today and that was not by chance," said Carpenter. "I was given a number of different options for which day we should do it on and I thought I should have it on a day that represents something to me, so I chose my birthday. It really completes that sense of a new beginning and it signifies that our organization is maturing in new ways to do things for the Navy that we have never done before."



Rear Adm. Mark S. Boensel listens as Vice Adm. Peter H. Daly describes some of the unique capabilities of NWDC's newest building.



Rear Adm. Wendi B. Carpenter and Vice Adm. Peter H. Daly share a congratulatory "fist bump" after cutting the ribbon for NWDC's newest building.



NWDC's newest building will have a staff of approximately 340 personnel working full time by fall of this year.



Rear Adm. Wendi B. Carpenter, Commander, Navy Warfare Development Command speaks at the Ribbon Cutting ceremony for their newest building, June 24.



Rear Adm. Wendi B. Carpenter and Vice Adm. Peter H. Daly, accompanied by honorary guests, cut the ribbon on the newest building for Navy Warfare Development Command, June 24.

# DANTES modifies testing rules

BY ED BARKER

Naval Education and Training  
Command Public Affairs

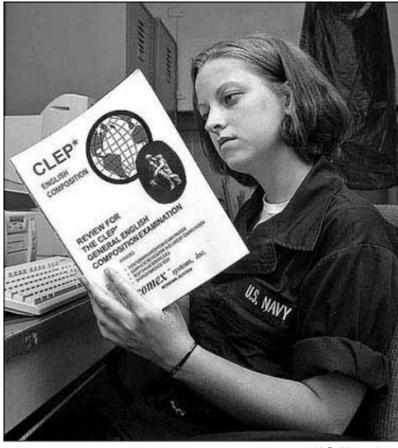
**GREAT LAKES** — In an effort to ensure that service members adequately prepare for college credit examinations, the Defense Activity for Non-Traditional Education Support (DANTES) will only provide funding for initial testing for exams taken after May 20. If a retest is required, it will be at the expense of the service member.

The mission of DANTES is to support the off-duty, voluntary education programs of the Department of Defense (DoD) and conduct special projects and development activities in support of education-related functions of the DoD. DANTES programs include providing various examinations, such as high school equivalency, college admissions and college credit and an extensive number of certification and licensing exams. Funding for retesting had previously been provided by DANTES.

Effective immediately, DANTES will only fund a service member's initial examination fee for each College Level Entrance Examination Program (CLEP) exam, DANTES Subject Standardized Tests (DSST) and Excelsior College Examinations (ECE). Retests will continue to be funded through DANTES for service members who took a test prior to May 20 and take the retest before Dec. 11.

"The initial pass rates for military on CLEP, DSST and ECE exams are lower than the statistical average and more than half of those who try the same exam again, don't do much better," said Dr. Carol Berry, DANTES director. "With funded retesting, service members may have taken exams with little or no preparation. With the prospect of having to pay for a retest, we anticipate more studying before the tests and better scores."

"The new retesting rules will not only save the Navy money, but will save the service members quite a bit of time," said Ann Hunter, voluntary education chief for the Chief of Naval Personnel. If you fail a CLEP, DSST or ECE exam, you have to wait 180 calendar days to retake the exam. Ensuring that you're ready for the test and can qualify for college credits immediately after taking the exam gives a service member a head start on their voluntary education goals."



U.S. Navy photo

**In an effort to ensure that service members adequately prepare for college credit examinations, the Defense Activity for Non-Traditional Education Support (DANTES) will only provide funding for initial testing for exams taken after May 20. If a retest is required, it will be at the expense of the service member.**

"Service members need to remember that these exams equate to a final course exam and should be treated as such," added Hunter. "Navy College counselors will be advising Sailors who desire to take a CLEP, DSST, ECE exam to prepare first. Group study and preparation sessions will be particularly helpful before attempting the exams. Free exam study sheets are available at the Navy Knowledge Online (NKO) website under the learning tab, or on the DANTES website."

"This policy goes hand-in-glove with our latest tuition assistance management control that requires new-accession Sailors to be at their first permanent duty station one year before using Tuition Assistance (TA)," continued Hunter. "Although DANTES-funded exams are not under the same one-year restriction as TA, Sailors can use this time to prepare for the DANTES-funded exams."

Additional guidance on the DANTES retesting policy and specific details on retesting procedures and transcript information can be found in a Naval Administrative message to be released in the near future.

*For more information about DANTES, visit [www.dantes.doded.mil](http://www.dantes.doded.mil).*

*For more news from Naval Education and Training Command, visit [www.navy.mil/local/cnet/](http://www.navy.mil/local/cnet/).*