



# DANGER FORWARD



October 18, 2010 | Issue 38

By 2nd Lt. Benjamin J. Schmidt  
3rd AAB, 4th Inf. Div.

**CAMP GARRYOWEN, Iraq** – Students at the Maysan Province Iraqi Police Academy in Al Amarah recently trained in the basics of secure site exploitation and crime scene investigation techniques.

U.S. Soldiers with Company B, 1st Battalion, 8th Infantry Regiment, 3rd Advise and Assist Brigade, 4th Infantry Division provided minimal assistance during the training, which was organized and supervised by Civilian Police Training Team advisor Jim McElreath of East Liverpool, Ohio, and conducted by Sgt. Ben Cannon of St. Cloud, Minn., a team leader, and Staff Sgt. Justin Borders of Polson, Mont., a squad leader, both with Co. B.

The event was part of an ongoing training program conducted with and through the Maysan Police Academy to improve the ability of local police to collect and secure evidence used in the prosecution of criminals.

“The purpose of the training is to teach and encourage the Iraqi Police to both, preserve the integrity of crime scenes and learn to look past what may seem obvious. We want them to analyze evidence, not make decisions based on the face value of the crime scene,” Borders said.

The training consisted of securing and evaluating a staged crime scene made to look like an apparent suicide that, if

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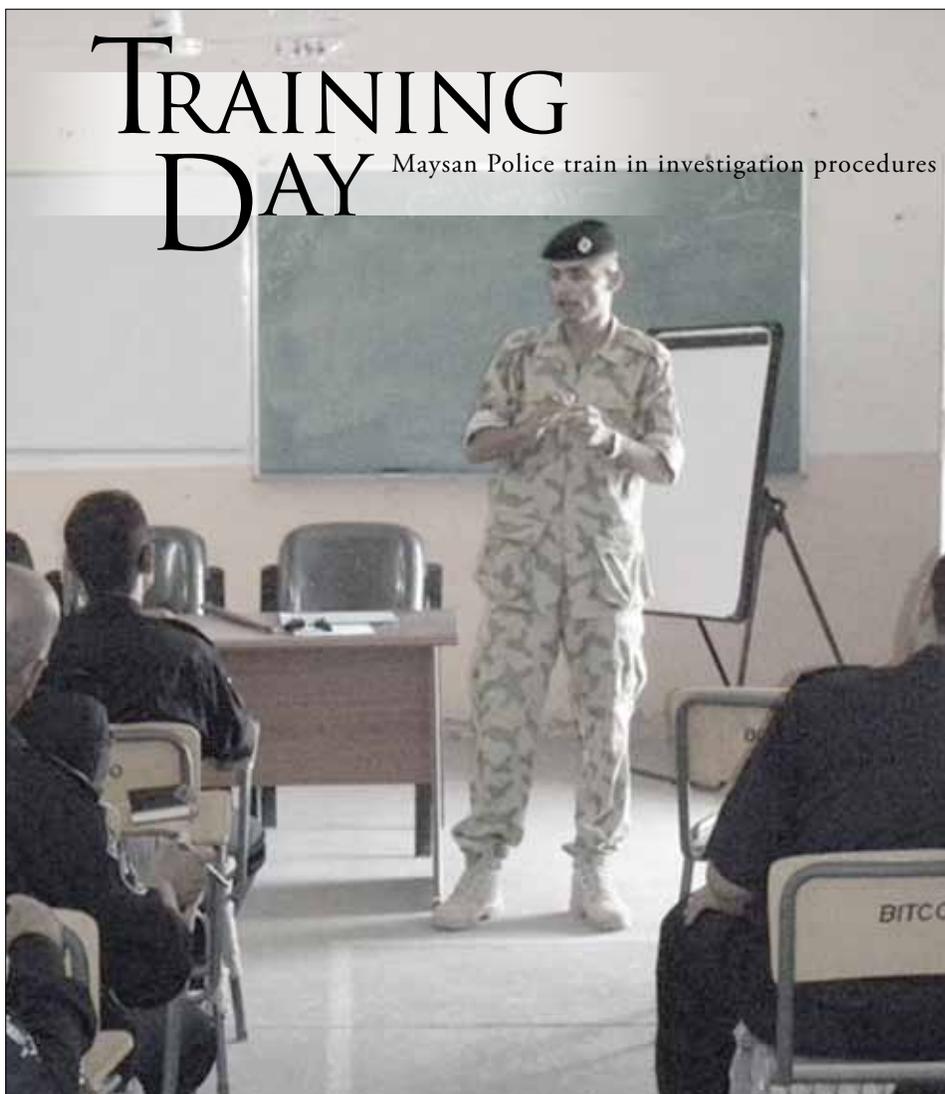


Photo by 2nd Lt. Benjamin J. Schmidt

A noncommissioned officer with the Maysan Provincial Iraqi Police Academy teaches a class on secure site exploitation to a group of trainees.



*Joint exercise a hit - p. 4*



*Good with the Bedouins - p. 5*



*Oktober RunFest - p. 9*



Photo illustration by Spc. James Kennedy Benjamin

Brig. Gen. Ricky Gibbs, USD-S deputy commanding general of maneuver, and Maj. Gen. Ismael Arar, Maysan Provincial Chief of Police, talk about the map exercise at the 4th Region DBE Headquarters in Basra Oct. 5 moments after it finished. The exercise was the first joint exercise between the DBE and IA at the region level.

## Joint map exercise plots points for future success

By Spc. James Kennedy Benjamin  
305th MPAD, USD-S PAO

**BASRA, Iraq** - "It is like a soccer practice before the big game," said Brig. Gen. Ricky Gibbs, United States Division-South deputy commanding general of maneuver, illustrating the importance of practice, repetition and teamwork to a room full

of Iraqi Security Forces and U.S. Soldiers. "You can't win a game with just one good player. You have to have many players that play together as a team. If you want that Iraqi team to win on the battlefield, you have to play together, practice together, so you can win together."

With minimal U.S. advice or assistance, the combined effort of the Iraqi Army,

Department of Border Enforcement, and Iraqi Police led to the successful completion of the first regional joint strategic military exercise in Basra, Iraq, Oct. 5.

Gibbs met with ISF leadership toward the end of the training at the 4th Region

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	<p><b>Commanding General</b>   Major General          Vincent K. Brooks</p>		<p><b>Command Sergeant Major</b>          Command Sergeant Major          Jim Champagne</p>	<h1>DANGER FORWARD</h1>
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# PROPER SHOE FITNESS

By Joe Zelko  
USD-S Safety

Nowadays, there is an overwhelming selection of shoes, sandals and boots available for just about every activity. Unfortunately, the word in footwear is “fashion,” so color and aesthetics often trump design, proper fit and comfort. Matching the correct footwear to the activity can increase performance and reduce the potential for injury.

When choosing footwear, it is important to consider the movement requirements of the activity and a comfortable fit. A correct fit should match the natural outline and contours of the foot and be snug but not tight. While standing, there should be about a half-inch of space beyond the longest toe, and the toes need to be free to wiggle. The shoe’s arch and heel should be supportive and match the curving contours of the bones of the foot and ankle. The shape of the top of the shoe, tongue and laces should be adjusted to match the top of the foot to provide a secure fit without squeezing or pinching.

In addition to fit, the foot should not move excessively, the toes should not bump against the front of the shoe and there should not be areas of concentrated pressure. Uncomfortable shoes can cause blisters or pain that can limit performance during physical activity.

Shoes that cause feet to tingle, fall asleep or go numb can cause permanent nerve injury and must be replaced.

When fitting shoes, it is important to focus on comfort first, shoe design next and style last. Shoe designs can be divided into seven basic categories: dress shoes; boots used for hiking, hunting and work; court shoes used for basketball, tennis, aerobics, cross-training and volleyball; running/walking shoes designed specifically for those activities; field shoes used for golf, baseball, football and soccer; sport-specific shoes used for a single purpose such as rock climbing, bicycling, water sports and track and field events; and stylish footwear, including sandals, flip flops and slippers.

Court shoes and cross-trainer/aerobic sneakers are designed to have a non-marking sole, high to moderate energy-absorbing midsoles and provide good lateral stability with either above-the-ankle (high-top) or below-the-ankle (low-top) designs. Running and walking shoes are specially designed for forward movements and are constructed with energy-absorbing midsoles. These midsoles are unstable during lateral movements and can cause ankle injury when used for aerobics or sports that require quick side-to-side movements.

Field shoes typically have cleats integrated into the outsole to

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## THIS WEEK IN ARMY HISTORY...



### 1st Infantry Division History

October 23, 1917 – A 1st Infantry Division artillery unit starts a trend for the young unit by firing the first American shell of World War I toward German lines. It would be the first of many firsts for the Big Red One in that war and throughout the history of the Division.



### Operation Iraqi Freedom History

October 24, 2007 – As the U.S. economy plunges into its worst recession in decades, Reuters reports American taxpayers will be paying for the wars in Iraq and Afghanistan through 2017 to the tune of \$2.4 trillion, largely because the combat is being financed with borrowed money.



### 4th Infantry Division History

October 19, 1918 – After 24 consecutive days of combat during the Meuse-Argonne Offensive, the Ivy Division is pulled off the frontlines. In less than a month, the unit had 244 officers and 7,168 enlisted Soldiers killed or wounded after pushing over 13 kilometers through German lines and capturing more than 2,500 prisoners.

# In the southern desert, a good meet with Bedouins

By Capt. Andrew Huth  
3rd AAB, 4th Inf. Div.

**NASIRIYAH, Iraq** – Soldiers of Headquarters and Headquarters Battery, 3rd Battalion, 29th Field Artillery Regiment, 3rd Advise and Assist Brigade, 4th Infantry Division took some time to meet and get to know their neighbors.

In this case, the neighbors were members of Bedouin tribes that live close to Camp Adder, a sprawling hub of military activity located in southern Iraq near the city of An Nasiriyah.

The battalion operates out of this base, and frequently travels through areas occupied by Bedouins. Because of this, Capt. Ryan Mendenhall, battery commander at the time from Efrum, Utah, decided to develop relationships with some of the tribes.

“Back home, most people try to get to know the other people in their community. That way everyone can live together without any issues,” Mendenhall said. “Essentially, we’re trying to do the same thing here.”

The Soldiers set out for the sandy expanse where the Bedouins live. Their lumbering vehicles took it slow over the uneven terrain, but before long, the patrol spotted several tents in the desert and stopped about 100 meters away.

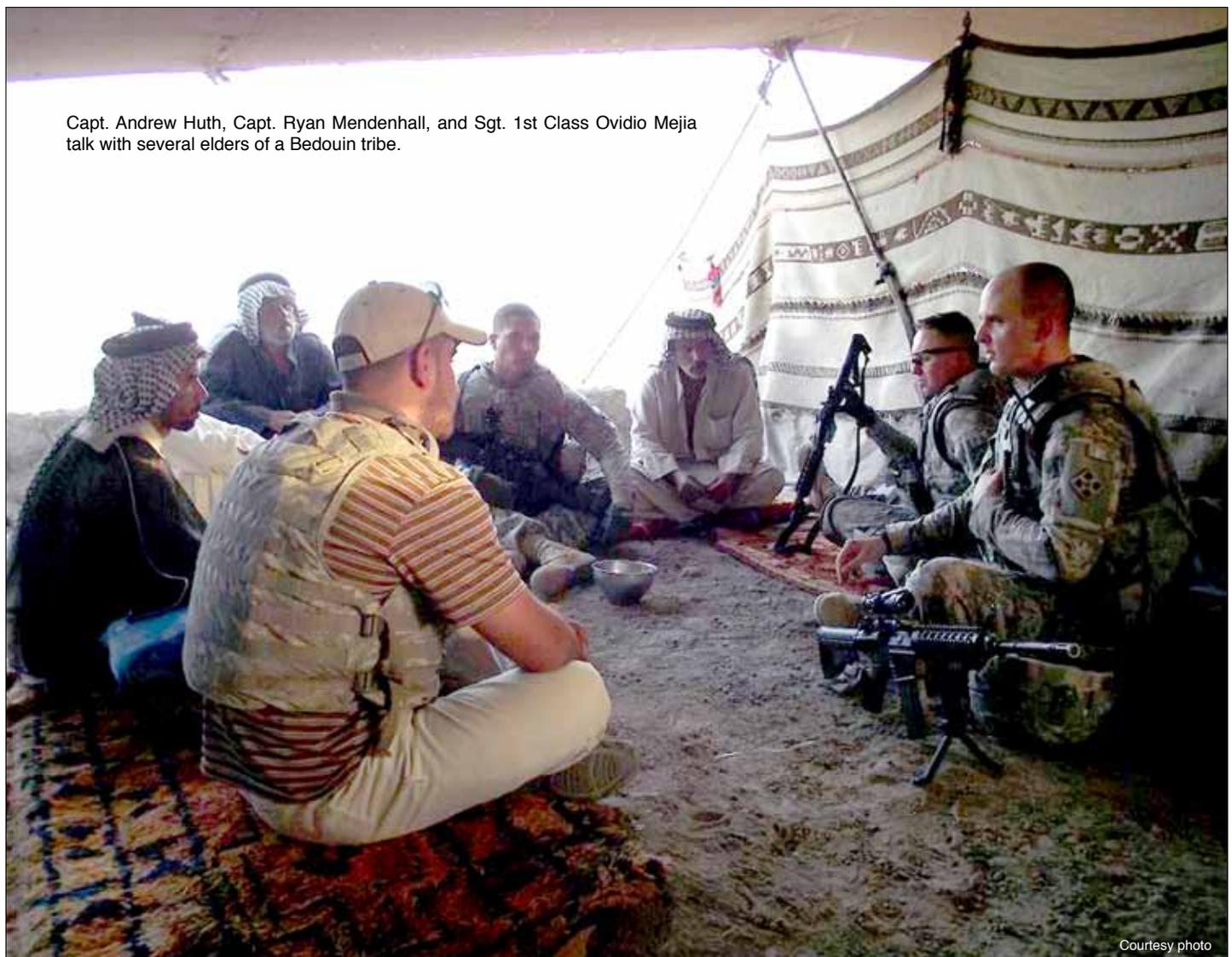
Once the Soldiers got out of their vehicles, some of the Bedouin elders approached them, offering the traditional greeting of a kiss on the cheek. The elders invited the Soldiers into one of the tents to talk. Inside the tent, the Bedouins brought out tea and discussions erupted on subjects ranging from the Eid festival, marking the end of Ramadan, to democracy and the role of United States forces in Iraq.

Several hours later, after many spirited discussions, the Soldiers said their good-byes, but not before promising to return later to continue building the relationship with the Bedouin tribes.

Afterward, the unit’s executive officer, Capt. Donald Mills of Rome, N.Y., reflected on the trip.

“I think we accomplished a lot, even though we just sat and talked and enjoyed their hospitality,” Mills said. “Now, they know us and we know them so they’re more likely to tell us when something is wrong or if they notice something out of the ordinary. That can be all the difference between us being successful in our mission or not.”

The 3rd AAB, 4th Inf. Div. currently falls under operational control of United States Division-South and the 1st Infantry Division. ■



Capt. Andrew Huth, Capt. Ryan Mendenhall, and Sgt. 1st Class Ovidio Mejia talk with several elders of a Bedouin tribe.

Courtesy photo

# Questions about air force base addressed



Iraqi Air Force Brig. Gen. Hakim  
Commanding general of Ali Base

By Spc. Raymond Quintanilla  
305th MPAD, USD-S PAO

**TALIL, Iraq** – It is a new dawn in Talil, as two brigadier generals, one from Iraq and one from the U.S., sit down and discuss the future of Ali Air Base.

Iraqi Air Force Brig. Gen. Abdul Hakim, commanding general of Ali Air Base, visited Brig. Gen. Randal Dragon, deputy commanding general for support of the 1st Infantry Division and United States Division-South, on a U.S. Army base in Talil Oct. 4.

Opening discussions between Dragon and Hakim began early Monday evening lasting a mere hour as they discussed bringing in approximately 300 Iraqi airmen later this year. Solutions sprung up just as quickly as the issues surfaced.

Among the key leaders present were the commander of Squadron 70, Iraqi Air Force Col. Nazih Al-Amir, and the base transition team chief, U.S. Air Force Lt. Col. William Stahl, a native of Minot, S.D., serving with the Iraqi Training Advisory Mission-Air Force.

Stahl works closely with Iraqi Air Force personnel to identify facilities Iraqis will have and any potential issues they may encounter.

“Since September 15, we have been preparing these facilities to bring the Iraqis on,” Stahl said. “We’re getting those big issues out of the way, having a place for them to live, coordinating a dining facility. The things that are encountered now become smaller and less of an issue.”

“We already have some of their members here,” Stahl said. “Once the planes are established, the focus will be on flying missions as well as finishing the work we need to do.”

Nazih agreed.

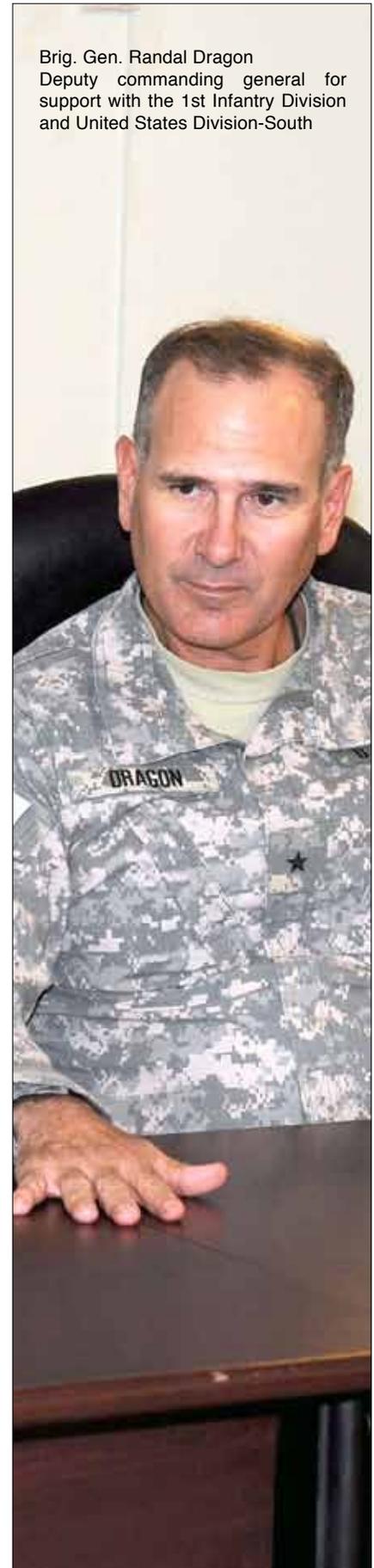
“When we need something, we find the people here have the desire to support us 100 percent,” Nazih said, “to succeed in our movement here, to succeed in our Iraqi Air Force.”

“It’s great; we have highly motivated people from the Iraqi Air Force,” Stahl said. “They got here, hit the ground running, getting their facilities ready for their people and getting ready to bring the aircraft.”

“We organized a solution for the dining facility,” Nazih said. “We have plans and found an easy solution for living quarters. Yesterday was an excellent meeting.”

As the meeting came to a close, Dragon reassured Hakim as he addressed the U.S. team.

“We’ve been working with our Iraqi brothers here for seven years,” Dragon said. “We’re in a period of a transition here. We need to take it beyond where we are at today, look to the future, make sure we can accommodate all Iraqis, and their cultures.” ■



Brig. Gen. Randal Dragon  
Deputy commanding general for  
support with the 1st Infantry Division  
and United States Division-South

# BASRAH FIRE DEPARTMENT

*Firefighter competition  
with Basra's finest shows  
why they really are a B.F.D.*

*By Staff Sgt. Chanelcherie DeMello*  
305th MPAD, USD-S PAO

**BASRA, Iraq** – Firefighters celebrated National Fire Prevention Week with a competition Oct. 7 to give Soldiers a little taste of what their job is like.

The Firefighter's Challenge consisted of four-person teams, competing in four events based on firefighting skills.

The individuals who participated in the competition were timed as they completed all four events. The events included a bunker gear drill that required the contestant to dress themselves from head-to-toe in a fireman's gear, rolling out and connecting three fire hoses that disperse water at a pressure of 200 pounds per square inch, shooting down orange traffic cones, rescuing a 200-pound doll, and carrying a 75-pound fire hose 100 feet to the finish line.

Event coordinator, Justin Relkin, a firefighter and fire inspector for Basra, said the events were created to give people a feel for some of the tasks firefighters deal with in the real world and to make them aware of how strenuous the job can be.

The Basra Fire Department got a lot of interest from prospective contestants around Basra who wanted to participate in the event.

"A lot of people asked me about the firefighter's challenge," Relkin said. "We've had teams show up here to get an edge on the events, and they wanted to put the bunker gear on and stuff like that. They all seem to be in really good shape, and they like a challenge and are pretty competitive."

"The type of physical challenge is different," Relkin said. "It needs to be a group effort."

The Basra Firefighter's Challenge was based on a national firefighters' event. That competition is a bit more challenging than the Basra event, but participants definitely feel the heat, he said.

"Our whole thing is for it to be fun," Relkin said. "We put this on for the Soldiers and civilians that work here and want to rally each other on and support each other."

For the individuals who were up for the challenge, the competition offered another day of physical training.



Competitors connect a 100-foot fire hose during the Basra Firefighter's Challenge Oct. 7.

**See FIRE, page 10**

SAVE THE BEST FOR LAST

# TANK

By Spc. Eve Illiau  
305th MPAD, USD-S

**BASRA, Iraq** – A new kind of tank made its debut at the U.S. base near the Basra International Airport recently, and it was received with raucous applause.

Durrell Babbs, also known as Tank, has been touring military bases since September 28, making the United States Division-South Resiliency Campus in Basra his sixth, and final, stop.

“I wanted to save the best for last,” the Milwaukee native said. “We’re always well received.”

This was Tank’s second visit to Basra.

“We thought it was really cool to come here again; it’s also a very good opportunity for us,” Tank said.

Coming to Basra “was something I couldn’t say no to,” the R&B singer said. “It made a lot of sense for me to come here because of what you all are doing out here.”

The excitement for Tank coming to Basra showed when Spc.

Derrin Evans, a Soldier with the 1st Inf. Div., jumped on stage and impersonated a dance move of Michael Jackson as an oldie of his was being played.

“I’ve been listening to Tank’s music for years, so I was looking forward to his arrival when I heard he was coming,” said Evans.

“I think this is the most fun I’ve had since I’ve been here. I got to be a dancer for a night,” said the San Diego native.

Tank included some old school music with his latest releases that got the crowd involved.

“I like how they got the audience involved,” said Sgt Efren Torrez, a Soldier with 1st Battalion, 68th Armor Regiment.

“They put on a good show. I like all music”, Torrez said, “and I’m glad they played a variety of songs.”

“The variety is what made coming here tonight, an enjoyable experience for me.” said the Mexico City native.

“Coming here is fun for me; I don’t experience it like you do,” Tank said. “With an airman for a father, I traveled a lot so I understand what you all are doing here.”

“For us to come here and say thank you personally, give you some entertainment, take your mind off the sand and the heat is our way of giving back,” said the entertainer. ■

Photo illustration by Spc. Eve Illiau

# On your feet: Basra hosts Oktober Runfest 5K

Sgt. Maj. Bill Sutton, 1st Inf. Div.'s protection sergeant major and native of Hardtner, Kan., heads down the final straightaway of the Oktober Runfest 5K in Basra Oct. 9. Sutton finished first overall.



Photo by Staff Sgt. Nathaniel Smith

By Staff Sgt. Nathaniel Smith  
1st Inf. Div., USD-S PAO

**BASRA, Iraq** – Beer, schweinsbraten and...running?

A lot of things come to mind at the mention of Oktoberfest, but a 5K run isn't typically one of them. That's exactly what Staff Sgt. Brooke Schiebel, an aid station noncommissioned officer-in-charge with the 1st Infantry Division, thought of while organizing a run in Basra, Iraq.

"I wanted to do a run, and I knew that on leave I was going to Oktoberfest," the Auburn, Calif., native said. "It just kind of hit me one day, 'I should do an Oktoberfest theme.'"

So the Oktober Runfest 5K was born at Basra when 11 four-person teams took to the streets of the base Oct. 9.

Sgt. Maj. Bill Sutton, a Hardtner, Kan., native serving as the protection sergeant major for 1st Inf. Div., helped Schiebel organize the event using his experience from planning the Basra Running Series, an eight-run series that has been going throughout the 1st Inf. Div.'s current deployment, culminating with the Army 10-Miler Oct. 16.

"It was her concept. I just provided the route for her and some general guidance," Sutton said. "I kind of gave her the

script to follow, and just made general suggestions."

Part of the script Schiebel wrote on her own was the additional message of responsible drinking.

Schiebel's unit, Division Headquarters and Headquarters Battalion, is within the 90-day window of redeploying to Fort Riley, Kan., and she coordinated with a friend who works for Budweiser to provide gear for the first-place winners in the individual male and female categories.

"Budweiser has a theme of drinking responsibly. (They are) kind of sponsoring it, and because I'm giving away a Budweiser prize, I wanted to advocate drinking responsibly when we get back from the deployment," Schiebel said.

"It's a good message to get out there to our folks," Sutton added. "We've got a lot of first-time deployers over here, and there's always historically been a problem when we get back where Soldiers make that mistake of drinking and driving or do something against their better judgment.

"Anything we can do to promote that message to think before you drink and have a plan is something (noncommissioned officers) will always preach and try to get the message into their heads. Any way that we can do it, it's a good message and a good cause." ■

The 'Desert Divas' cross the finish line of the Oktober Runfest 5K in Basra Oct. 9. The Divas won the all-female team bracket and the unofficial best-dressed category.



Photo by Staff Sgt. Nathaniel Smith

**POLICE, from front page**

investigated properly, evidence would prove was a murder.

The intent was to allow the police to approach the crime scene as if it were a real-life scenario, cordon the site, collect evidence, and analyze what they found.

The trainers would evaluate the trainees' performance based on how well they were able to preserve the scene, collect and store the evidence, and decipher how the evidence supported the crime.

The training received positive feedback from the trainees and the U.S. forces that helped conduct it.

"I'm glad we were able to help the IPs by teaching them some techniques to better understand and exploit a crime scene," Cannon said.

The overarching purpose of the training program is to demonstrate the necessity of secure site exploitation and crime scene investigation as it applies to the criminal



Photo by 2nd Lt. Benjamin J. Schmidt

Local judges explain the importance of evidence collection in criminal prosecution to members of the Maysan Provincial Iraqi Police.

prosecution process.

"This has historically been an issue with Iraqi law enforcement. Developing them in their ability to analyze and preserve

evidence would be a huge success in their prosecution efforts." said Capt. Ryan Snedegar, the executive officer of Co. B from Charleston, W.V. ■

**MAP, from page 2**

DBE Headquarters to discuss the map exercise, or MAPEX.

"We are all very proud of you as your partners and brothers in the security forces," Gibbs said. "It does take a joint combined force of all the security forces, not just the Army or Department of Border Enforcement. It is one team, one fight."

The purpose of the exercise was to evaluate and improve the participants' ability to react to situations that threatened their security.

"In the beginning, things started out slow," said Maj. Gen. Ismael Arar, Maysan provincial chief of police, "but after briefing the [Iraqi] soldiers on what they had to do, it started going smooth."

The army, police and DBE trained on smuggling interdiction strategies around the southern Maysan and northern Basra provinces, areas known for smuggling.

The MAPEX centered on how well the intelligence and information sections coordinated between one another. ISF units were evaluated on their ability to understand the situation, develop a plan of action, and execute the plan by communicating to subordinate elements.

The different sections participating in the exercise jotted notes on their successes and failures throughout the exercise, which provided feedback during the after action review.

"Repetition is the mother of all learning," Gibbs said. "So you practice together all the time and it becomes second nature."

The different branches of the armed forces work together and know what each other does, Gibbs said, attributing victory on the battlefield to joint cooperation.

The ISF is anxious to do more of these joint training exercises with its partners in the future, Arar said.

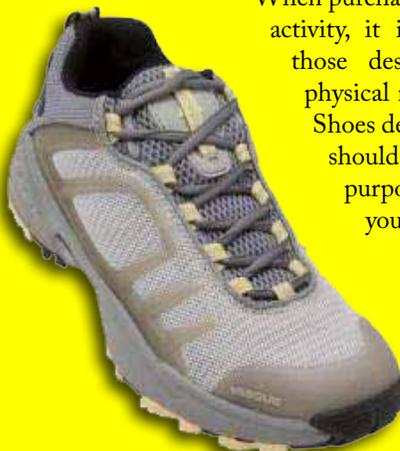
"[The exercise] met its goal," Arar said. "At the end of it, I would consider this training successful." ■

**SHOES, from page 3**

aid with traction on grass and dirt and may be either high- or low-top. They have thin midsoles to increase lateral stability and do not require thick midsoles because the playing surface absorbs foot strike energy. Sport-specific shoes should also fit properly and only be used for their intended purpose. When entering a new sport, it is a good idea to research shoe options on the internet and go to specialty shops to test out several models.

It is best to shop for shoes at the end of the day or after a long walk or run. Foot size can increase up to half a shoe size throughout the day or a workout because of swelling and expansion of the soft tissues in the feet. Always bring a set of the socks that will be worn with the new shoes. If you are unsure what socks to use, plan to purchase new socks at the same time.

When purchasing shoes for a specific activity, it is important to select those designed to match the physical movements of the task. Shoes designed for one purpose should only be used for that purpose. If you are selecting your shoes just because they look cool, you may end up wishing you had gone with something a little less cool and a bit more realistic. ■



"I've been working out at the gym everyday, lifting weights doing some cardio," said Spc. Jaimin Forsyth, Battery A, 5th Battalion, 5th Air Defense Artillery Regiment.

"I've worked out at the gym twice a day and would run at least three miles a day and do weights and cardio to get myself in shape, since I heard about it," said Petty Officer 1st Class. Jose Cuevas, also with Battery A.

Cuevas felt good about his chances before the race.

"We're going to place first. We have to," said Cuevas. "You don't ever come to a race and say I hope to place second, so you got

to come in with the spirit of saying we're going to place first."

Despite his confidence, victory wasn't in the cards for Cuevas and his team.

The first-place winners of the 162nd Area Support Medical Company out of San Antonio, 1st Lt. Alexandra Brenner, Sgt. Richard McCarthy, Sgt. Kyle Bloodworth and Spc. Dale Wamsley, weren't planning on coming out for the challenge after a few of their team members could not make it, but they pulled some last minute friends together and participated anyway.

"We didn't really know what we were in for until we got here," said 1st Lt. Alexandra Brenner, "Once the sirens went off I was ready."

"It was really, really fun and we had a blast," Brenner said. "Our teamwork helped

us win first place."

Brenner added the competition gave her a newfound respect for the firefighters.

"It's a hard job," Brenner said. "I give them a ton of credit for what they do, especially in this weather here, it's tough."

"It's a good thing for people to be able to come out here and see that there's more to being a firefighter than getting out front parking at the DFAC," said Cuevas.

After looking forward to the competition for two months, the firefighters were glad the event was a success. It gave them a chance to give back to the Soldiers and civilians they serve with here. George Gorsuch, chief of the Basra Fire Department, thanked the participants and those who came out to support and invited everyone to an open house cookout. ■

Competitors hose down cones during Basra Firefighter's Challenge Oct. 7. The other events were a bunker gear drill, a victim rescue, and a 75-pound fire hose carry.

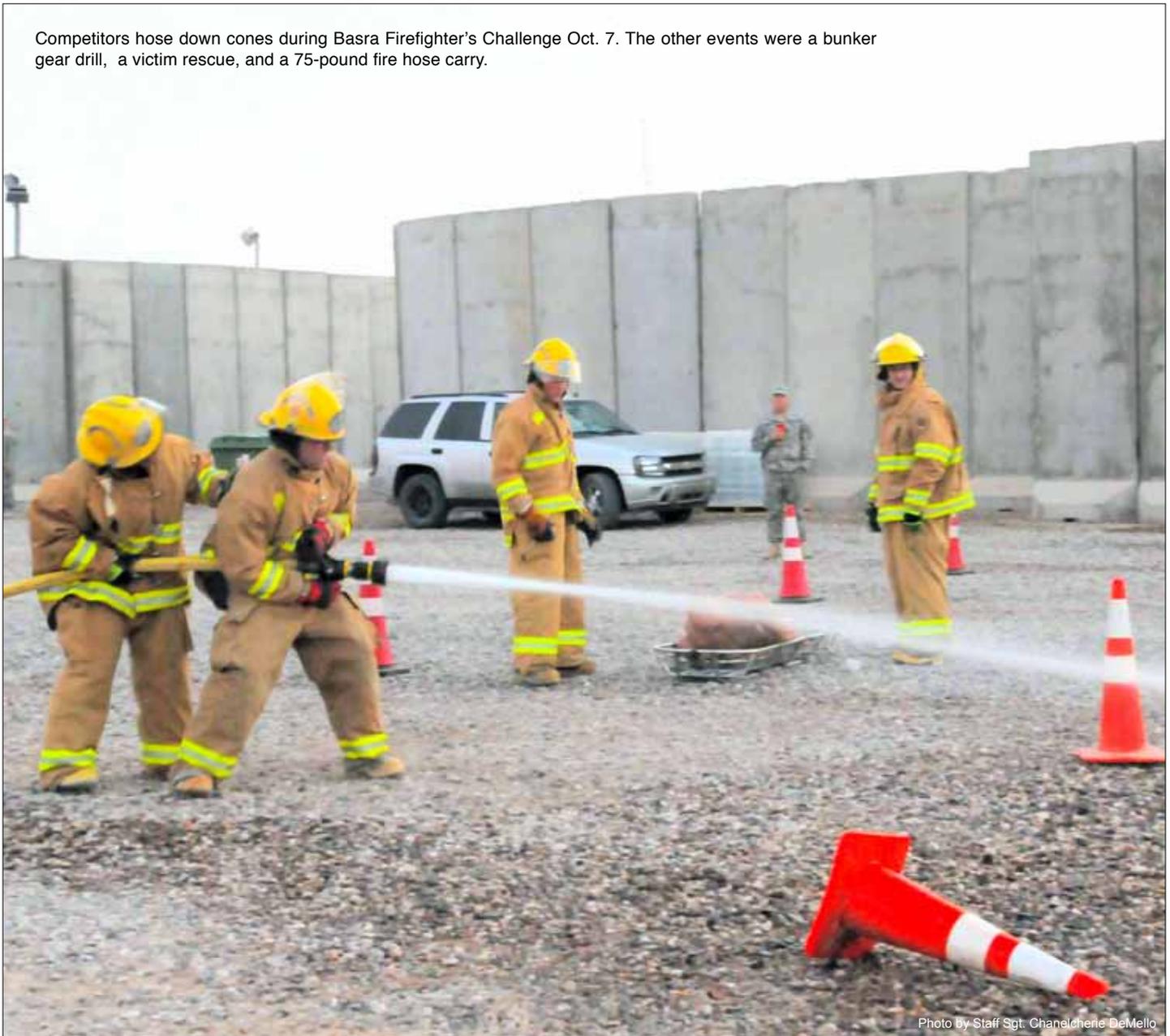


Photo by Staff Sgt. Chanelcherie DeMello

## “Anything we can do...is worth it”

Spc. Trevor Howard joined the Army in 2008 out of necessity, and a little bit of desperation

By Master Sgt. Matt Howard  
1st Inf. Div. PAO

Thirty six years old and married with three children, Howard, a college graduate with a degree in Business Management from Dillard University in New Orleans, was hit hard by the economic recession.

“I was out of work for 14 months, so my neighbor encouraged me to join (the

Army),” said Howard, a native of New York. “At first I was resistant.”

After discussing it with his wife, Sonya, they went together to the local recruiting station, liked what they heard, and Howard made his decision.

“If I have to do it to provide for my family, that’s what I’m going to do,” he said as he explained his thought process for enlisting in August 2008 as a petroleum

supply specialist.

A funny thing happened while Howard was attending basic training at Fort Jackson, S.C., and advanced training at Fort Lee, Va. Although he joined the Army to get out of a financial bind, he discovered he really liked soldiering.

“I actually love the Army and want to make it a career,” Howard said.

A little more than two years after joining the Army, Howard is in southern Iraq with the newly arrived 3rd Armored Cavalry Regiment. He’s the driver for a gun truck that transports security transition team members and provides security for advise and assist missions in Wasit Province near the Iraq-Iran border.

“At first, I was a little bit scared. I’ll be honest,” Howard said of his first trips ‘outside of the wire,’ “but with the training we got before we deployed and with this crew, I have no worries that things will go smoothly.”

Howard said the four Soldiers of his crew trained together for 10 months prior to deploying and have developed a special bond.

“It’s become a family,” he said, adding the mission they are doing in Iraq is exactly what they trained for before deploying.

One thing on this deployment he wasn’t prepared for, however, was the living conditions many Iraqis face in Wasit. Howard, whose period of unemployment pales in comparison to the poverty faced by many of the villagers he sees, said it has strengthened his commitment to the mission.

“Anything we can do to help these people is worth it,” he said.

When the deployment is over, Howard hopes to become a commissioned officer. He has already submitted his application for officer candidate school, although his age will require a waiver. If that doesn’t work out, he plans to apply for warrant officer school.

Howard said that whatever happens will happen. Right now, he is just happy to be making a difference for the Iraqi people with his Army family while his family back home is provided for.

“I’m absolutely ecstatic to do this mission. I wouldn’t want to be anywhere else.” ■



Photo by Spc. Eve Illiau

Spc. Trevor Howard, a New York native serving as a petroleum supply specialist with the 3rd ACR, performs functions checks on a vehicle on a U.S. base in southern Iraq’s Wasit Province Oct. 11. Howard, a father of three from New York, said, “I am absolutely ecstatic to do this mission. I wouldn’t want to be anywhere else.”



Photo by Spc. Raymond Quintanilla

A sailor from the 2515th Naval Air Ambulance Detachment looks down on the desert landscape of Iraq near Basra from a medical evacuation helicopter during a recent training mission. The sailors who took part in the exercise are responsible for providing MEDEVAC coverage for southern Iraq and parts of Kuwait.

## Web links...\_

### Have a photo from around USD-S?

Email it, along with the photographer's name, rank and unit, the date and place it was taken, and a short description, to:

nathaniel.smith5@iraq.centcom.mil

You could have it featured here and receive a coin from DCSM Jim Champagne.

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# Basra Betty says...



Dear "S.C.,"

You are correct about those Soldiers being out of regs; according to Army Bulletin No. 23 (dated June 8, 2004), headphones are not authorized for use during a PT test.

Seriously, this rule has been in effect since we were shining boots and ironing BDUs. The bulletin was released back when some of these Soldiers were 12. So to be frank, we all know (or should know by now) what the rule is.

For that matter, according to Army Field Manual 20-21, they aren't authorized for use on the street at all. Why is that? As you state so eloquently in your signature, it is due to safety concerns.

So there are the facts, but why do leaders allow their troops to break the rules? Well, gee, I can't

really answer that one. I can offer a few assumptions, so here's one.... they don't care? Sad to say, but if they really did care, they'd make the correction.

Luckily though, there are more people out there that do care than don't. So the next time you observe a PT test and someone is in the wrong, how about stepping up and saying something? Assuming, of course, that they could hear you.

You're a leader too. We all are, regardless of rank. So let's all step up and do the right thing.

Keeping an ear out for you,

-Betty

Dear Betty,

I saw a PT test yesterday and a couple of Soldiers were running down the street with headphones on. The last I heard this was not authorized. Why do leaders allow their troops to break the rules?

Signed,  
Safety Concern

## Rock and Roll Trivia

This week in 1814, the "Star Spangled Banner" was first sung. Eventually, it would become our national anthem. In the world of rock n' roll, an anthem is a simple, catchy song that appeals to a mass audience and usually has a chorus that compels the crowd to sing along. See if you can answer these questions about classic rock anthems.

1) Bon Jovi broke into megastardom with what song from *Slippery When Wet* whose chorus begins, "Shot through the heart and you're to blame..."?

"Rock n' Roll All Night," their highest charting anthem of the decade was actually what 1979 release that featured a disco beat?

2) What Canadian rock band went straight to the point by titling one of their anthems on the *Fly By Night* album as "Anthem"?

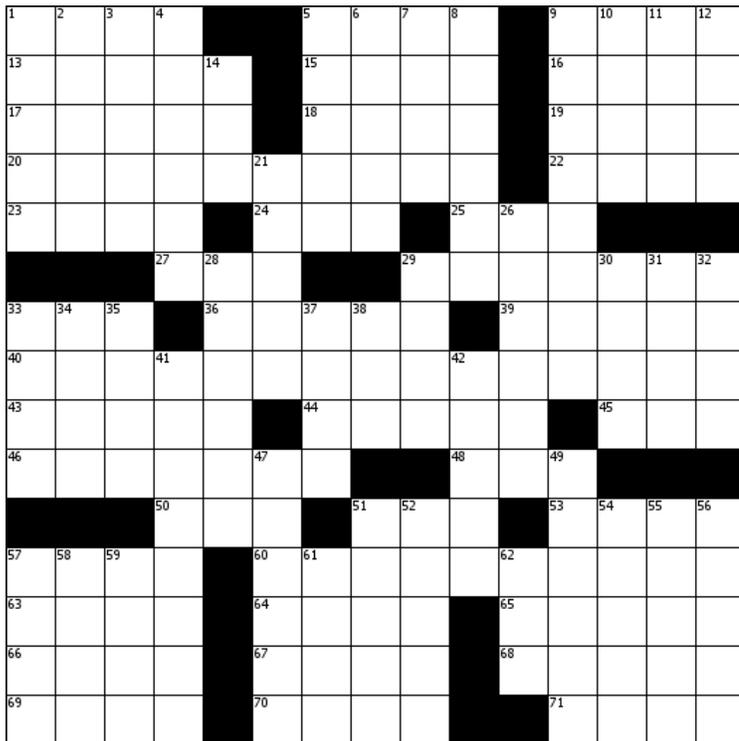
5) What day of the week is featured in one of U2's most famous anthems. During live shows, Bono prefaced it by saying, "This is not a Rebel song."

3) All John Lennon was saying is give peace a what?

6) BONUS – Jimi Hendrix recorded his legendary psychedelic version of the National Anthem at what music festival?

4) Kiss was a rock n' roll anthem machine in the 1970s. Despite classics like "Detroit Rock City" and

(1) "You Give Love a Bad Name" (2) Rush (3) Chance (4) "I Was Made For Loving You" ["Beth" and "Forever" actually charted higher, but those were ballads] (5) Sunday, as in "Sunday Bloody Sunday" (6) Woodstock



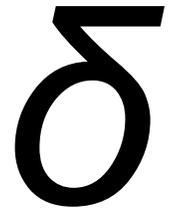
**Across**

- 1. Lose fur
- 5. Sheep sounds
- 9. Young cow
- 13. Stories
- 15. Singer Guthrie
- 16. Computer owner
- 17. Klutzy
- 18. Hang on to
- 19. Queue
- 20. Town near Cape Canaveral
- 22. See socially
- 23. Singer Eartha
- 24. Hwys.
- 25. Suffix for suburban
- 27. Dallas sch.
- 29. Health-spa offering
- 33. \_\_\_-CIO
- 36. On a cruise
- 39. Art stand
- 40. Decorative touches in sewing
- 43. Lake boat
- 44. Uncorks
- 45. \_\_\_ out a living
- 46. Get out of one's chair
- 48. \_\_\_ Aviv
- 50. Chip off the old block
- 51. British title
- 53. Leisure
- 57. One pill a day, perhaps
- 60. Decoration on armor
- 63. Solemn assent
- 64. Tulsa's loc.
- 65. Brainstorms
- 66. Cash-register compartment
- 67. Vocal
- 68. Literary style
- 69. Poker starter
- 70. "My Fair \_\_\_"
- 71. "Damn it!"

**Down**

- 1. Adhere
- 2. Vietnam's capital
- 3. Vote in
- 4. Bus terminals
- 5. Prepared, as popovers
- 6. Vicinities
- 7. Actor Baldwin
- 8. Actress Loren
- 9. Dead end
- 10. Largest continent
- 11. Ash Wednesday follower
- 12. On the house
- 14. Bus terminal: Abbr.
- 21. Cruel one
- 26. African fly
- 28. Manage somehow
- 29. Husband or wife
- 30. Arthur of tennis
- 31. Nerd
- 32. Ultimatum conclusion
- 33. Kindergarten lesson
- 34. Like a pancake
- 35. Turner of films
- 37. Discontinue
- 38. Sixth-sense letters
- 41. Baloney
- 42. Opening statement
- 47. Not with it
- 49. Band boss
- 51. Soup alternative
- 52. Where Venice is
- 54. Sports stadium
- 55. Brainy
- 56. Road curves
- 57. Numerical info
- 58. Sign of the future
- 59. Shipped out
- 61. Gumbo ingredient
- 62. Turkish fruit

# Big Red One Puzzle of the Week (myself)



*Hint: Part of IV Corps AO*

**Each week, look for a new brain teaser here, with the answer in the following week's Danger Forward.**

*Solution for last week: New Mexico*

*Brought to you by the 1st Inf. Div. ORSA Cell*

## Sudoku

1			6	8			9
	8	4	9				
	3		4	2			
			5			7	
7	9		3		4		
	5			4	9		
	4			3			
		6		7			4
		2	8	6		3	

For solutions to this week's puzzle and for more sudoku puzzles, visit:

[www.puzzles.ca/sudoku\\_puzzles/](http://www.puzzles.ca/sudoku_puzzles/)