



# The Expeditionary Times

Proudly serving the finest Expeditionary service members throughout Iraq

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## Toy Soldiers



Troops bring toys to children

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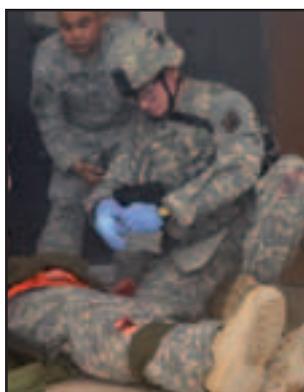
## Cash Out



One finance unit left in Iraq

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## CLS



Medics teach lifesaving skills

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Two runners carry the official breast cancer awareness banner at the end of the Paint the Town Pink 5k Run Oct. 22 at Holt Stadium at Joint Base Balad, Iraq, to promote breast cancer awareness.

## Troops run for breast cancer awareness

STORY AND PHOTO BY  
SPC. ZANE CRAIG  
EXPEDITIONARY TIMES STAFF

**JOINT BASE BALAD, Iraq**— Nearly 1,000 service members and civilian contractors took part in the Paint the Town Pink 5k Run Oct. 22 at Holt Stadium at Joint Base Balad, Iraq, to mark Breast Cancer Awareness month.

Capt. Alphonso Harrell, commander of the 512th Quartermaster Company, 13th Combat

Sustainment Support Battalion, 3rd Sustainment Brigade, 103rd Sustainment Command (Expeditionary), started the run last year when 1st Lt. Andrea Graham, a platoon leader with the 512th QM Co., was diagnosed with breast cancer.

Harrell took the lead in coordinating the event with its twin in Savannah, Ga., since he pitched the idea in May to Col. Shawn Morrissey, commander of the 3rd Sustainment Brigade, and a Boston native.

Many participants ran in the name of someone afflicted with breast cancer, and formally dedicated the

run to them in a ceremony immediately following the event.

Julia Lewis a Hattiesburg, Miss., native, and a cancer survivor and former Soldier who participated in the run, said she was devastated and terrified when she received her diagnosis in 2006.

"I still have the fear that it will come back," said Lewis about the cancer, which has been in remission since 2007.

"It made my life more intense," she said. "It made me focus more on helping others and brought me closer to God."

Lewis was not surprised by the

large turnout because of the number of people who have had loved ones suffer from cancer.

"I think it is awesome that we had Soldiers and contractors coming out here to support Paint the Town Pink," she said. "Thank you for supporting breast cancer survivors."

Harrell said it was exciting to see how all the planning for the run was worthwhile with the impressive turnout of people.

The Paint the Town Pink 5k Run helped raise awareness of breast cancer among the JBB community, and showed solidarity among everyone affected by the illness.

**'These are Americans, and no matter who they were in life...they would be treated with the utmost respect as the fallen deserve.'**

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# The importance of patience

1ST LT. BRANDT KLAWITTER  
14TH TRANSPORTATION BATTALION CHAPLAIN



“Hurry up and wait!” It’s a phrase that a Soldier learns almost immediately upon his or her entrance into the Army, and it’s my hunch that as long as a person is with the Army, it is a phrase that will never be outgrown. Of course, the “hurry up” part of the equation really isn’t terribly difficult. The Army does an excellent job in training its Soldiers to take initiative, to jump in and make things happen, to do more with less and in half the time. Yes, the “hurry up” part of the equation comes fairly naturally to all of us. All there is to it, as the Nike phrase would teach us, is to “just do it.” Roll up the sleeves and make it happen.

Yet, while much of a Soldier’s training is directed at the “hurry up” side of life, it’s actually the “and wait” side of life that most of us spend most of our time doing. Waiting, enduring, being patient, biding our time, watching the minutes, hours, days and weeks go by until the arrival of whatever the next big event might be—that’s the “and wait” side of life. That’s likely also more trying and difficult than the “hurry up” side ever is or was. In fact, I’d venture to bet that it’s the “and wait” side of life that most of us struggle with more than anything else.

Of course, there’s nothing wrong with waiting on that

long-hoped-for event to occur. Certainly, the hope of that promotion, R&R leave, redeployment or reunion can get the average person through a great deal. Yet, there’s an art to waiting—known as patience—that is difficult to develop. While we might wish it were otherwise, this art is probably best-developed only through the long days, weeks and months of patience that deployment and life require.

Is there anything that helps when it comes to waiting, though? While there’s no easy answer when it comes to learning patience, central to the art of waiting is the ability to find meaning in the times of waiting, and central to finding significance in these times is the realization that all time has value and is a gift. In other words, each and every day that you wait for redeployment (or whatever the case may be) is not “just another day.” Each day is actually 24 hours of opportunity that you’ll never relive. Yet, hidden away in those days and hours are gifts and lessons that would otherwise remain inexperienced and undiscovered if you weren’t forced to wait and painstakingly discover such gifts and lessons. Perhaps, then, waiting and the patience taught by this difficult art are gifts that teach us to find value in times and places we wouldn’t expect to find anything worthwhile.

In closing, Dr. Peter Marshall (1902-1949), a former chaplain of the U.S. Senate, is credited with having said, “Teach us, O Lord, the disciplines of patience, for to wait is often harder than to work.” Yet, it is in the difficulties of waiting that many of life’s unexpected treasures are found.

## RUGGED REMEMBRANCE 5K RUN



To honor those who lost their lives in the Ft. Hood shooting on November 5, 2009.

Where: Holt Stadium, Joint Base Balad, Iraq

When: 5 November 2010 @0600

Sponsored by the 36<sup>th</sup> Engineer Brigade (JTF Rugged)  
POC: SFC Loren Miller, email: [loren.miller@iraq.centcom.mil](mailto:loren.miller@iraq.centcom.mil)

(T-shirts will given to the first 400 finishers)

# EXPEDITIONARY TIMES

103rd ESC Commanding General, Brig. Gen. Mark W. Corson

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**Mission Statement:** The Expeditionary Times Staff publishes a weekly newspaper with the primary mission of providing command information to all service members, partners, and Families of the 103rd Sustainment Command (Expeditionary) team and a secondary mission of providing a means for units on Joint Base Balad to disseminate command information to their audiences.

# The Weekly Standard: Army's new PT manual

MAJ. ERIC VERHOEF  
103RD ESC DEPUTY IG



The Army has a new Physical Training manual replacing Field Manual 21-20, which is now obsolete. The changes are subtle but important. From my point of view, the manual incorporates much of the latest exercise science and combines the physical demands of our war fighting profession. The Warrior Tasks and Battle Drills are used as a base to determine the exercises outlined in the new Training Circular.

The new TC takes into account that physical conditioning is a process, and that there are many times in a Soldier's career when he or she must start at a lower level of fitness. Some examples are new recruits, recovery from injury or illness, pregnancy and post partum. It even takes the Army Force Generation (AFORGEN) model into consideration. It realizes that some deployments will require the reconditioning of its Soldiers upon return, and it discusses the three phases of conditioning: Initial Conditioning, Toughening, and Sustaining.

Physical Readiness Training (PRT) is a new term and is used throughout the TC. So, will Soldiers and units conduct

PRT in the future instead of PT? PRT has three components: Mobility, Strength, and Endurance. One without the other is no good for a Soldier. A marathon runner has little use for strength, or even mobility; he or she is focused on endurance. A weight-lifter is often only interested in strength, but not mobility or endurance. What good is a weight-lifter's strength if the Soldier does not have the mobility to bend over to pick up a wounded comrade, and then not have the endurance to carry him a distance? The manual directs PRT session to incorporate different exercises and routines to ensure all three components are trained.

Some of the TC's other new items are in an entire section on Strength Training Machines (STM), otherwise known as Nautilus machines. STMs are not practical for unit PRT, but they are good tools to recondition Soldiers recovering from an injury. It also describes exercises with kettle bells. And finally, get ready to work out on the climbing bars. Climbing bars are just a new term for pull-up bars. The TC describes a number of different exercises using them.

All in all, TC 3-22.20 is a great tool to vary a Soldier's or a unit's PRT. The oldies but goodies are still in the manual, but some new material will allow for even more variety in the workouts. The one thing that did not change is the Army Physical Fitness Test.

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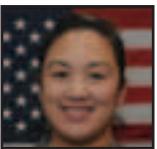
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# Combat Stress: The four types of communication

HM2 MICHELLE HOSTETLER  
85TH COMBAT STRESS CONTROL



How do you handle conflicts that arise in your life? Disagreements at work? At home? How do people react to you when it comes to conflict resolution? If you are unsure, then this article may be beneficial for you! While there are many different personalities that we encounter in our day-to-day activities, knowing a little bit about communication styles can help us recognize how to best communicate with each other to accomplish the mission. The four styles of communication discussed in this article are passive, aggressive, passive-aggressive, and assertive.

People who use the passive style of communication go along with what other people say. They don't stand up for themselves, and they avoid conflict at all costs. They handle their own insecurity by avoiding exposure to others, which makes them feel safer. There are many negative results for individuals who are passive. Others achieve their own goals at the passive person's expense. Passive individuals allow others to make decisions for them. Those behaving passively have their needs left unmet and their rights violated. Others view them as pushovers, and they don't know what they

really think or feel. They often feel alone, and they feel like no one really knows them or supports them.

People who use the aggressive style of communication protect their rights at the expense of others' rights without exception. They are creators of conflict, and others always know what aggressive individuals think. They intimidate people to get their way, and they often violate the rights of others in order to achieve their goals. Others typically follow them out of fear, not respect. The results are that people around aggressive individuals feel defensive, humiliated, hurt, and resentful. The aggressive person often has little to no true support. Others just view them as angry, vengeful, or arrogant and avoid them for these reasons. Much like the person who is normally passive, the aggressive person often feels alone and unsupported.

The next communication style is passive-aggressive. This is not a combination of the two styles above, but an entirely different way to communicate. The passive-aggressive style manipulates others to get them to choose their way. They forfeit their own rights initially, then manipulate or seek vengeance later. This behavior is evidenced by a person who feels one way and acts differently to avoid direct conflict. They seek indirect conflict. Traits of the passive-aggressive person include: sarcasm, talking behind someone's back, and rolling his eyes. What happens when someone is passive-

aggressive varies, due to the indirect nature of the passive-aggressive person. Conflicts involving a passive-aggressive person are often left unresolved, as the parties involved are confused as to what is really happening. Others feel frustrated because they're not sure who the person is or what he or she truly thinks about an issue. Again, similarly to those who are passive and those who are aggressive, these people are left feeling alone, unknown and unsupported.

The last communication style is assertive. Being assertive allows one to get his or her point across. Assertive means one voices an opinion in a tactful and respectful manner. People who are assertive do not attack others. They confront the source of the conflict and are direct about what they think and feel. They protect their own rights without violating the rights of others. They maintain eye contact without being overbearing. They speak up for themselves, and they listen respectfully to the opinions of others. They are confident in their expression of themselves, and are strong in their beliefs, but they are also willing to compromise with others.

So what's the point, you ask? Even though you are not able to change the way people around you communicate, you are always in control of how you react to them and how you communicate with them. If you have any questions or if you would like to learn more, please contact the 85th Med Det CSC at DSN # 483-3385.

# Electronic Warfare Officers help fight IED threats

STORY AND PHOTO BY  
SGT. ALAN SMITHEE  
108TH CAVALRY REGIMENT

**CONTINGENCY OPERATING BASE ADDER, Iraq—**



"When people hear our title, they think of the little furry bears from the Star Wars movies," said Capt. Thomas Mesloh. "But those are Ewoks; we are EWOs."

EWO stands for Electronic Warfare Officer. Mesloh and Sgt. 1st Class Charles Corley, both Shreveport, La., natives, are the EWOs with the Louisiana National Guard's 2nd Squadron, 108th Cavalry Regiment, 224th Sustainment Brigade, 103rd Sustainment Command (Expeditionary). While deployed in support of Operation New Dawn, the 2nd Sqn., 108th Cav. Regt.'s primary mission is to provide convoy escort security for the reduction of U.S. troops and equipment in Iraq.

"It's the law of averages," said Corley. "We have a heavy

op-tempo [operational tempo]. Our squadron has had over 500 convoys, and we have traveled over a million miles in Iraq. Sooner or later, the enemy is going to try to hit us with an improvised explosive device.. We have to be ready. We have to provide our Soldiers the tools to jam the enemy signal before it can trigger their IED."

Mesloh also emphasized the importance of being ready and able to use the equipment.

"The enemy is well suited to adapting their technology," said Mesloh. "Over and over they have changed their tactics to combat our countermeasures. When we defeat their triggers, they try something new. We have to always be on our game."

The EWOs play an imperative role in the unit's operations in Iraq, said Maj. Keith Robinson, operations officer with the 2nd Sqn., 108th Cav Regt., and a Baton Rouge, La. native.

"Improvised explosive devices are the biggest threat to coalition and Iraqi forces. The work that the EWOs are doing is saving the lives of our Soldiers."



**Sgt. 1st Class Charles Corley, electronic warfare officer with 2nd Squadron, 108th Cavalry Regiment, 224th Sustainment Brigade, 103rd Sustainment Command (Expeditionary), checks equipment for a convoy escort team Oct. 16 at Contingency Operating Base Adder, Iraq.**

# 'Toy Soldiers' reach out to Iraqi children

STORY AND PHOTO BY  
SGT. ALAN SMITHEE  
108TH CAVALRY REGIMENT

## CONTINGENCY OPERATING BASE

**ADDER, Iraq**— They call themselves the "Toy Soldiers."

The Unit Ministry Team with the Louisiana National Guard's Headquarters and Headquarters Troop, 2nd Squadron, 108th Cavalry Regiment, 224th Sustainment Brigade, 103rd Sustainment Command (Expeditionary), is reaching out to the local Iraqi population by delivering toys to hospitalized Iraqi children at Contingency Operating Base Adder, Iraq.

Capt. James Collins, a chaplain with the 2nd Sqdn., 108th Cav. Regt., and a Shreveport, La., native, said the idea came to him last May.

"I was home on R&R [rest and recuperation leave]," said Collins. "I went to visit a friend in the hospital. On the way into his room, I noticed a child through an open door. Some people were bringing the little boy an armload of toys. You should have seen his face. He went from being a sick little boy in the hospital to being a happy little boy playing with a Tonka truck."

When Collins returned from R&R, he immediately began to have friends and family send boxes of toys. Now, whenever an Iraqi boy or girl is admitted into COB

Adder's 28th Combat Support Hospital, the Toy Soldiers jump into action.

Sgt. Joseph White, a chaplain assistant with the 2nd Sqdn., 108th Cav. Regt., and a Manning, La., native, remembered one Iraqi boy in particular.

"It was about a month ago when we took toys to Akram at the hospital," said White. "He was being treated for an infection. He had needles and tubes stuck in his arm. Akram was in an unfamiliar place, he was scared, and he was in pain. When we showed up with the toys, he didn't know what to think. He was cautious at first. But eventually he began to smile when he realized that the box of toys were for him. I was reminded of my own children. It warmed my heart."

Lt. Col. William Rachal, squadron commander with 2nd Sqdn., 108th Cav. Regt., and a Breau Bridge, La., native, praised the work of his unit ministry team.

"Something as simple as a soccer ball, some toy cars, or a Barbie doll can really brighten the life of a child," said Rachal. "As we are transitioning to [Operation] New Dawn, our unit ministry team has developed a unique way to spread goodwill."

Collins said the motto of the Toy Soldiers goes back to his faith and something that he learned as a small child.

"You can't go wrong if you follow the golden rule," said Collins. "Do unto others as you would have done unto you. You have to treat people the way you want to be treated."



Capt. James Collins, chaplain with the 2nd Squadron, 108th Cavalry Regiment, 224th Sustainment Brigade, 103rd Sustainment Command (Expeditionary), and a Shreveport, La., native, visits Akram and his father at the 28th Combat Support Hospital Oct. 1 at Contingency Operating Base Adder, Iraq.

# QM troops reenlist prior to unit redeployment

STORY AND PHOTO BY  
SGT. JORGE ANAYA  
40TH QUARTERMASTER COMPANY

## CONTINGENCY OPERATING BASE ADDER, Iraq

Soldiers with the 40th Quartermaster Company, 110th Combat Service Support Battalion, 224th Sustainment Brigade, 103rd Sustainment Command (Expeditionary), out of Schofield Barracks, Hawaii, gathered to reenlist

while deployed at Contingency Operating Base Adder, Iraq.

The number of Soldiers reenlisting is increasing as the 40th QM Co. reaches the end of its tour in Iraq.

"I'm an Army lifer," said Sgt. Queshawna Franklin, Class I Yard noncommissioned officer-in-charge with the 40th QM Co., and a New Orleans native. "It's not only great to apply more time and commitment to the Army, but to get incentives and bonuses for extending the service to my country. I chose the air traffic control tower as the designated place of reenlistment. Others choose to reenlist in front of their workplace. I chose to be on a 40-60-foot tower as the place of reenlistment."

Franklin said her reenlistment ceremony could never take place without her husband's support for her unwavering commitment to the Army.

Among a group of Soldiers reenlisting together in the hazardous materials yard was Sgt. Kemoathe Green, reenlistment noncommissioned officer with the 40th QM Co., and a Saginaw, Mich., native.

"This is one example of being a noncommissioned officer, leading by example," said Green. "I provided reenlistment paperwork for many in my unit and now it was my turn to continue my career in the Army. My only goal is to ensure that all Soldiers take advantage of the opportunities the Army has to offer."

Green said that he tries to fulfill every Soldier's wish as



1st Lt. Lloyd Derricoatte (left), petroleum and water distribution platoon leader with the 40th Quartermaster Company, 110th Combat Sustainment Support Battalion, 224th Sustainment Brigade, 103rd Sustainment Command (Expeditionary), and a Cleveland native, reads the oath of reenlistment to a group of 40th QM Co. reenlisting Soldiers Oct. 10 at Contingency Operating Base Adder, Iraq.

to where they would like to reenlist. He has done reenlistments from the typical workplace, to reenlisting Soldiers on the back of a flying C-130 aircraft.

"My adventure in this career is barely beginning," said Spc. Jodie Barnes, a heavy-wheeled mechanic with the 40th QM Co., and a Statonsburg, N.C., native. "Being in the Army

lets me have unique experiences, some you would not find anywhere else. I just wish to be a part of it and rediscover the world."

Barnes said that he hopes to travel and live life to its fullest because he will only live once and can achieve something that others outside the military can only dream of.



U.S. Army photo by Spc. Cody Miller

Bricks of 25,000 Iraqi Dinar are counted, then stacked and set aside for accountability. One brick is 1,000 bills, and at 25,000 IQD, that is 2.5 Million Iraq Dinars. With an exchange rate of 1,170IQD to \$1.00, 2.5 Million Iraqi Dinar is equivalent to \$2,136.75.

## Financial management companies cash out

STORY BY  
SGT. GAELN LOWERS  
3RD SUSTAINMENT BRIGADE

**JOINT BASE BALAD, Iraq**— As phase two of the reduction of forces in Iraq begins; units are continually finding ways to do more with less. The same holds true for financial management companies across Iraq.

The 82nd Financial Management Company, 3rd Special Troops Battalion, 3rd Sustainment Brigade, 103rd Sustainment Command (Expeditionary), handed off operations Oct. 8 to the 15th Financial Management Company, 3rd STB, 3rd Sustainment Bde., 103rd ESC, leaving the 15th FM Co. as the lone financial management company in Iraq.

The 82nd FM Co. was responsible for all financial operations across northern Iraq, while the 15th FM Co. handled everything in Multi-National Division-Central and South.

“We took a look at our footprint and the number of finance detachments that we were responsible for,” said Maj. Kenneth Heckel, commander of the 82nd FM Co., and a Fayetteville, N.C. native. “In order to support [reduction of forces] 2, it made sense to eliminate one of the headquarters and put [the financial detachments] all up under one financial management company.”

In February of this year there were 15

finance detachments spread throughout Iraq. After the initial reduction of American forces Sept. 1, that number was reduced to eight, leaving room to reduce the number of American forces even further by doing away with one of the finance headquarters.

The entire process of transfer took approximately two weeks, administratively speaking, said Heckel. It doesn’t include the time it took to move approximately \$16 million in U.S. dollars and Iraqi dinar from the 82nd FM Co.’s vault at JBB to the 15th FM Co.’s vault at Victory Base Complex, Iraq, which was completed Oct. 15.

For the 15th FM Co., this is the culmination of a mission that started 11 months ago, said Maj. Jason Shick, commander of the 15th FM Co. and Bremen, Ohio, native.

“When we first arrived, we expected to only have control of all finance elements in United States Division-Central,” he said. “However, a few days prior to our transfer of authority we were notified that we would be assuming control of all financial elements in United States Division-South as well. Then earlier this spring we assumed control of the finance detachments supporting western Iraq.”

Shick said that besides the hard work of his Soldiers and those of other finance Soldiers; there have been other financial factors that have occurred in Iraq that have helped alleviate the transition.

The opening of Iraqi banks throughout U.S. bases in Iraq is one of those factors,

said Heckel. By having contractors open accounts with an Iraqi bank on the base, it will help improve the Iraqi economy as well reduce American dollars on the battlefield, he continued. Reducing cash will effectively drive up the value of the Iraqi dinar, which has been hurt by the dollar.

“Throughout our deployment we have been supporting the implementation of E-Commerce and a banking initiative to support and strengthen Iraqi business and banking infrastructure,” said Shick. “Working closely with the 326th Theater Financial Management Center, Task Force Business and Stability Operations, United States Army Finance Command, the U.S. Treasury Department and the Federal Reserve Bank of Boston, we will continue to develop and strengthen the Iraqi’s belief and confidence in their own banking system and businesses. The goal is when we are gone; the Iraqis will have an improved banking and business infrastructure.”

Although there are less finance companies and detachments in the country the mission remains the same for the remaining finance units.

“The reduction to one company has no effect on the service to the Soldiers, Airmen, Sailors, Civilians, TCNs, or local nationals who depend on payments for services performed, Eagle Cash Card loads and unloads, cash payments and individual Soldier pay actions,” said Maj. Terrence Sullivan, the officer in charge of finance for

the 3rd Sustainment Bde.’s support operations and a Cleveland, Ohio native. “The finance company is the headquarters for the detachments that provide those services and they are transparent to the individual who needs finance service.”

The scope of the 15th FM Co.’s mission, geographically speaking, is very large, said Heckel, but they are able to handle the challenge presented to them.

“It’s a daunting task from the geographical perspective of it, but from a financial management aspect, they can handle the financial transactions and the business they need to conduct,” he said. “I have no doubt they can handle the challenge.”

Shick echoed Heckel’s comments and has great faith in his Soldiers and their mission.

“The remaining finance detachments located throughout Iraq have some of the most hard working and dedicated men and women supporting their areas of responsibility,” he said.

“The transition we went through this past summer only showed the unwavering support each finance Soldier is capable of providing, as we saw a significant reduction in our own formation,” added Shick. “However, we adjusted accordingly and have and will continue to provide our customers with support they need until our mission is complete. As long as there are Soldiers and Civilians for us to support, there will always be a finance Soldier there to provide that support.”

# Senior NCO takes wheel on mission



**Command Sgt. Maj. Edward Andrews, senior noncommissioned officer with the 110th Combat Sustainment Support Battalion, 224th Sustainment Brigade, 103rd Sustainment Command (Expeditionary), and a Martin, Ga., native, chains down a tactical vehicle on a flatbed to be transported for repair Oct. 14 at Contingency Operating Base Adder, Iraq.**

STORY AND PHOTO BY  
STAFF SGT. LETICIA MITCHELL  
110TH COMBAT SUSTAINMENT SUPPORT BATTALION

**CONTINGENCY OPERATING BASE ADDER, Iraq**— Soldiers with the 319th Transportation Company, 110th Combat Sustainment Support Battalion, 224th Sustainment Brigade, 103rd Sustainment Command (Expeditionary), gathered around at convoy staging lanes to listen to their commander's safety brief for their mission Oct. 13 at Contingency Operating Base Adder.

Command Sgt. Maj. Edward Andrews, command sergeant major of the 110th CSSB, and a Martin, Ga., native, joined the 319th Trans. Co. on the convoy.

Andrews has been on several convoys with his subordinate units, and he said that he has about four more to go on before his unit redeploys.

"I'm only as strong as the personnel I surround myself with," he said.

Andrews said he enjoys being around his Soldiers and helping them complete the mission.

When the convoy rolled out, flatbed trailers carrying crated cargo were escorted by "gun trucks" and armored MRAPs (Mine Resistant Ambush Protected) vehicles with machine guns in rotating turrets. The cargo included mail and supplies for Soldiers and civilians.

"For some reason everyone seems to think that a command sergeant major sits behind a desk and attends meetings," said Staff Sgt. Leticia Mitchell, a mortuary affairs noncommissioned officer with the 110th CSSB, and a Lithonia, Ga. native, who was also a truck commander and driver of Andrews vehicle. "Going outside the wire is the hardest job of all, simply because you're leaving your comfort zone, and there's also the fear of the unknown."

The mission consisted of downloading and uploading a variety of equipment, such as tactical vehicles, containers, generators and more. All Soldiers, including Andrews, went many hours without food and sleep in order to complete the mission.

"We don't expect praise in return for what we do," said Sgt. Tammy Grider, a truck driver with the 319th Trans. Co., and a Savannah, Ga., native, who served as the convoy commander. "All we know is that there's a mission to accomplish and all Soldiers will work together to get it done."

# Parents connect with children through books

STORY AND PHOTO BY  
CAPT. DAVID SIGLER  
224TH SUSTAINMENT BRIGADE

**CONTINGENCY OPERATING BASE ADDER, Iraq**— Soldiers with the 224th Sustainment Brigade, 103rd Sustainment Command (Expeditionary), and the 28th Combat Surgical Hospital, 807th Medical Command (Deployment Support), organized a United Through Reading Military Program recently at the United Services Organization facility at Contingency Operating Base Adder, Iraq.

The UTRMP helps ease the stress of separation for military families by allowing deployed parents to read children's books aloud through DVD for their children to watch at home. One of the most difficult things a child can experience is having a parent deployed to a war zone, and this program provides parents a chance to make lasting connections with their children from afar.

The UTRMP, which is available to all deploying military units at select USO locations, has been adopted by the 28th Combat Surgical Hospital and the Unit Ministry Team, and is now available on a limited basis to Soldiers at COB Adder.

Capt. Chris McKenzie, a nurse practitioner with the 28th CSH, and a San Diego native, decided to organize this program at Adder and has been donating his own time and resources to keep the program running. At one point, the program was going to be discontinued due to the CSH running out of children's books.

Sgt. 1st Class Lemoore Rangel, intelligence noncommissioned officer with the 224th Sust. Bde., and a Long Beach, Calif., native, had participated in the program and became aware of the issues with the lack of books. She put the word out to her friends and family back home, as well as fellow Soldiers, to see if books and supplies could be donated in order to keep the program from going away.

Capt. David Sigler, deputy intelligence officer with the 224th Sust. Bde., and a Seal Beach, Calif., native, sent an e-mail home to people who were in a position to help. BB&T Insurance Company answered the call.

"I saw firsthand the positive impact of the United Through Reading program while in Kuwait," said Sigler. "I had seen



**Sgt. 1st Class Lemoore Rangel (left), intelligence noncommissioned officer with the 224th Sustainment Brigade, 103rd Sustainment Command (Expeditionary), and a Long Beach, Calif., native; Capt. David Sigler (middle), deputy intelligence officer with the 224th Sust. Bde., and a Seal Beach, Calif., native, and Capt. Chris McKenzie (right), nurse practitioner with the 28th Combat Surgical Hospital, 807th Medical Command (Deployment Support), and a Seal Beach, Calif., native, display United Through Reading Military Program reading materials Aug. 15 at Contingency Operating Base Adder, Iraq.**

Soldiers using the program and they had nothing but good things to say about it. Since I do not have children myself, I did not have a need to participate directly. Upon our arrival at COB Adder, Sgt. 1st Class Rangel put out a request for Soldiers to ask family and friends back home to donate their children's books to the Adder program because it was in jeopardy of shutting down due to lack of resources. I then e-mailed my friends and family for support, which resulted in about 150 books being donated."

Through a month-long children's book drive, BB&T Insurance collected more than 150 children's books and sent them to Sigler and Rangel to keep the program growing. Rangel contacted the United States Forces-Iraq USO coordinator and was able to obtain a video camera, tripod, dozens of DVDs and mailing supplies to further assist the program. McKenzie is in the process of converting an unused hearing booth to a reading room so that Soldiers can read books to their children without distraction and noise.

# Medics teach realistic combat lifesaver skills

STORY AND PHOTOS BY  
SPC. GLEN BAKER  
224TH SUSTAINMENT BRIGADE

## CONTINGENCY OPERATING BASE ADDER, Iraq—

Medics with the 224th Sustainment Brigade, 103rd Sustainment Command (Expeditionary), instructed Soldiers using realistic hands-on Combat Lifesaver battle drills Oct. 6-8 at the 224th Sust. Bde. Troop Medical Clinic.



The CLS event gave 16 Soldiers an opportunity to receive realistic training in tasks like dressing an open abdominal wound and applying tourniquets to stop bleeding.

“The training event went extremely well today,” said Master Sgt. Kennedy, medical operations noncommissioned officer-in-charge with the 224th Sust. Bde., and a Lake Forrest, Calif., native. “I know this from reviewing the After Action Reviews, and the Soldiers have overwhelmingly said that this is some of the best training they have received in the Army. They love the hands on portion, and the realistic training with live casualties is great. The students have actually said they want multiple scenarios, multiple casualties...”

Kennedy, who served as the course overseer, said that tasks included splinting an open fracture, applying tourniquets to stop bleeding, dressing an open abdominal wound, reporting a nine-line medical evaluation request, loading a patient on a SKED or talon litter for evacuation, applying a chest needle decompression, and applying an emergency trauma dressing.

Kennedy explained the purpose of the training. “The goal is to make the training as challenging as possible and to simulate as close as possible the battlefield conditions,” he said. “Soldiers need to know that treating casualties doesn’t always happen in pristine conditions. This was a worst day in Iraq scenario, so we tried to add as much stress as we could while still teaching them how to take care of their casualty, package them for transport, and call in a medevac. This wasn’t the test; the test will come when or if they ever have to use these skills to save another Soldier.”

Sgt. Amy Brown, an orderly room NCO with the 224th Sust. Bde., and a Wausau, Wis., native, described what she thought of the training.

“I think the training went very well,” she said. “I think the added twist of having live casualties really made this training different than what most of us have had in the past. With the dummies, you can focus on the wounds; with live casualties, the people going through the course had to interact with us, and in some cases ‘fight’ to treat us because we were squirming around [and] grabbing onto them as they tried to



**ABOVE/BELOW:** Soldiers with the 632nd Maintenance Company, 110th Combat Sustainment Support Battalion, 224th Sustainment Brigade, 103rd Sustainment Command (Expeditionary), treat a casualty during Combat Lifesaver training hosted by medics with the 224th Sust. Bde. Oct. 8 at Contingency Operating Base Adder, Iraq.

work on us.”

Brown, who served as one of the casualties during the training, explained the roles of the medical staff and the instructors.

“You could tell that the medical staff put a lot of time and effort into the training to make it a very effective experience,” said Brown. “The instructors did a great job of keeping the trainees focused on the task at hand when all the things going on around them started to take their toll on the Soldiers’ mindset.”

Sgt. Raymond Solis, ammunition supply sergeant with the 224th Sust. Bde., and a San Diego native, who also served as a casualty, described what he thought of the training.

“I thought the training was awesome with how dark it was and the strobe lights flickering through the smoke,” he said. “It made it seem like a more stressful environment.”

Solis compared this training with training he had in the past. “I noticed they only let so many teams through at a time,” he said. “With that, they are able to give each team

more attention to make sure the training is completed correctly.”

Spc. Marco Alamillo, a medical logistics specialist with the 224th Sust. Bde., and a Redlands, Calif., native, said that his favorite CLS task was the trauma lane. “It gives the students a chance to use what they learned in the class and apply it to a live casualty,” he said.

Alamillo described his role during the course. “My role was to set up the CLS class, from getting all the new up-to-date material from Fort Sam Houston [Texas] and preparing some of the slide presentations,” he said. “I also was tasked with coming up with a trauma lane. I wanted the lane to be better than your average CLS class, which is usually dry and boring. So I took the materials that I had and some that I found to create the lane.”

Alamillo said the training goes above and beyond to certify Soldiers in CLS. “Our training gets your heart pounding and makes you sweat even though you are in an AC [air-conditioned] room.”



**‘You could tell that the medical staff put a lot of time and effort into the training to make it a very effective experience.’**

-Sgt. Amy Brown

# Honoring

COL. LANCE KITTELSON  
103RD ESC CHAPLAIN



The C-130 is a venerable, four-engine prop aircraft that has been around forever. It was a workhorse in Vietnam, it carried me into the sky for my first parachute jumps in Airborne School, and it is still working hard in Iraq and Afghanistan decades later.

It was not made, however, for personal comfort, just pure utility. It is a cargo aircraft fitted with web seats for passengers. It is much like sitting in a cheap folding chair for hours on end, while wearing 35-40 pounds of protective gear. It goes without saying that it is hard on old and young bodies alike and is the kind of "comfort" that will cause you to never again complain about commercial airline seats.

In our unit's flight from Kuwait to Iraq a few months ago in the worst of the desert's summer heat, we filed into the back of a C-130, crammed cheek to jowl along with a couple pallets of cargo. The sweltering aircraft opens up in the rear of the airframe for cargo, which means that the heat floods inside. That day in June it was nearly 125 degrees Fahrenheit, and with the addition of the four engines whining away and spewing forth heated drafts of Kuwaiti air, it was much hotter inside. Needless to say, it was pretty close to miserable, but then again that is what the Army, I believe, exists to do and does very well: teach people to live with and thrive on tough conditions.

Now months later, I was headed back to Kuwait to visit some of our troops, and that called for a nighttime flight. Same aircraft, same conditions, only this time it was much more bearable temperature-wise. Plus, there was a somewhat different clientele on board. Soldiers, yes, but also plenty of civilian contractors flying to Kuwait to leave the country through the Kuwait City International Airport. Almost all Soldiers on board, except for me, were headed toward the military's "Freedom" flight back to the States, either for emergency leave, redeployment or retirement.

There were contractors on the flight who were going home after five years in Iraq. They had done various jobs for the military and they spent all that time there because they could make good money. But, now, going home meant uncertainty about finding a job in a bleak economy.

There was one other passenger. I didn't know the name by anything other than "HR." The civilian loading us on the plane said, as we loaded our bags and donned our helmets and protective "Improved Outer Tactical Vests" ("Flak Vest" in Old Vietnam parlance), that anyone who was uncomfortable with HR aboard the aircraft could request to fly on another plane. No one did, as they had waited long enough for a flight out and knew the uncertainty of the military transport system. Someone asked the inevitable question: "What is HR?" As a Chaplain, I had it figured out, but many didn't.

"HR," he replied, "means 'Human Remains.'" We were flying with a casket aboard. As a pastor, I've seen a lot of death and a multitude of caskets. I've ridden in too many hearses to count on the way to the cemetery. But this time was unique. I didn't know if it was a Soldier or not. Sometimes civilian contractors die in accidents, have heart attacks or are killed by enemy fire.

I guess it didn't matter. In the eerie green light of the darkened aircraft sitting on my web seating, I glanced back to see the glow off the stainless steel "transfer case" and wondered who back home was at this moment trying to cope as they were notified of their loss, tears streaming with cries of anguish desperately hoping, praying that it is somehow a



Troops bow their heads for a chaplain's prayer during the transfer of a fallen comrade at a ramp ceremony at Kandahar Airfield, Afghanistan.

Courtesy photo

**'These are Americans, and no matter who they were in life or where they were from in death, they would be treated with the greatest and utmost respect as the fallen deserve.'**

- Col. Lance Kittelson

mistake. In my thoughts, it no longer mattered if "HR" was a civilian or Soldier. Death had come to whomever was lying before us in that C-130.

Because of the HR, we didn't land at our final destination. We first stopped at the Kuwait City Airport where the casket would be transferred to the military mortuary affairs personnel for processing on their final flight across the oceans to home.

An American flag hung from the ceiling of the aircraft as everyone, civilian and Soldier alike, were asked by the crew to file off the aircraft and form an honor guard for movement to the awaiting cargo truck set to receive the body.

In the 3:30 a.m. darkness of the runway parking ramp, a young Airman called everyone to attention as six Airmen and Soldiers lifted the casket and moved from the C-130 to the truck. There was no fidgeting, no complaining at the delay in the flight, just Americans standing in silent respect, civilians with hands over their hearts, Soldiers at attention. They stood silently, not for HR, but for a human being, a fellow American, a child of God who had departed this world all too soon in wartime, and whose remains were now about to depart for home one final time.

I don't know if there is a big moral to this event, a great

spiritual lesson. Life is short, too short, perhaps. We must all be "ready to meet our Maker" for though we are loved by Him in Christ, there are no guarantees to the length of our lives, only promises of His love and presence with us always.

If there is a lesson in that early morning flight, it is in the dignity and respect those young troops showed for the HR, that this was no mere "job" for them. These are Americans, and no matter who they were in life or where they were from in death, they would be treated with the greatest and utmost respect as the fallen deserve.

Strangely, that is a comfort for Soldiers, knowing that if their time comes, "No Soldier will be left behind," as one of the most important core values of the Army states— that somehow, in some way, sometime, someone will see that they get home one last time.

May God bless that flight crew in that early morning, those young mortuary affairs troops doing a hard, solemn job with the greatest of dignity and respect, and those Soldiers and civilians who stood at attention in the early morning darkness to render the respect of Americans for an American 'HR' whose name is known to God and a grieving family back home.

# the fallen

STORY BY  
1ST LT. KIANNA WALKER  
403RD INLAND CARGO TRANSFER COMPANY

**SATHER AIR BASE, Iraq**— When mentioning the different job opportunities the Army has to offer, Mortuary Affairs Specialist is usually not the first choice among Soldiers.



This military occupational specialty (MOS) is not usually discussed in mixed crowds because of the nature of their business. When casually mentioned to Soldiers in the Post Exchange, their reply was “Oh yeah, those are the funeral detail people.” But there is much more to the profession of Mortuary Affairs than “funeral detail”; just ask the Soldiers with the 111th Quartermaster Company.

At Victory Base Complex, Iraq, the 403rd Inland Cargo Transfer Company has elements of three other units that fall under them: the 289th QM Co., 540th QM Co., and the 111th QM Co. This is all in conjunction with the Logistics Task Force in support of United States Forces-Iraq sustainment and responsible drawdown of forces. There are several mortuary affairs collection points throughout Iraq.

The 111th QM Co., from Fort Lee, Va., is one of only two active duty mortuary affairs units in the entire U.S. Army. Located at Sather Air Force Base, Iraq, their overall mission is to process the remains of personnel and prepare them to be sent back to the U.S. or their respective nation.

Remains can range from U.S. and Coalition forces, civilian contractors, and local nationals. Once the unit has been notified that remains have been recovered, they begin the process of consolidating paperwork in order to tentatively identify the remains and account for their personal effects, including items left behind in the person's housing area. These items are inventoried, annotated, and secured for proper transportation.

All Soldiers' remains are given the proper respect, and a U.S. flag is draped over the transfer case. This MOS is not widely known by many Soldiers.

“I had never heard of it, but it sounds like it's a tough job because you're dealing with fallen Soldiers and making sure that they're taken care of,” said Sgt. Gregory Price, VBC Central Receiving and Shipping Point container noncommissioned officer-in-charge, and a Las Vegas native.

This type of training is taught over a nine-week period at Fort Lee, Va. During the training, Soldiers are taught the proper procedures of tentatively identifying remains, and also visit several local morgues for more in-depth training. Their deployments are done in six-month intervals rather

**‘It is a very humbling experience, and an honor to pay homage and respect to our fallen Soldiers.’**

- Cpl. Xavier Lytle



U.S. Army photo by Staff Sgt. Jeff Hansen

**ABOVE: Command Sgt. Maj. Timothy Livengood, senior enlisted leader of Special Troops Battalion, United States Forces-Iraq, dusts off a memorial flag for Sgt. 1st Class John Tobiason July 10 at Camp Liberty, Iraq. A stray bullet killed Tobiason, one of Livengood's former Soldiers, Nov. 28, 2007.**

**TOP: Capt. Mark D. Nettles, detachment commander for Foxtrot, 2nd Battalion, 43rd Air Defense Artillery, 11th Air Defense Brigade, salutes the retreating of the national colors Oct. 31, 2008 at Camp Arifjan, Kuwait.**

than 12, due to the nature of the profession. When talking to the NCOs of the 111th QM Co. about their profession, nothing but pride and honor comes to their faces.

Loyalty and pride are felt in the care taken with the remains, stated Staff Sgt. Jean Villanueva, the Mortuary Collection Point

NCOIC, and a Puerto Rico native. “It is an honor to us to pay that respect to our fallen Soldiers.”

His assistant NCOIC, Cpl. Xavier Lytle, a Springfield, Ohio, native, agreed.

“It is a very humbling experience, and an honor to pay homage and respect to our

fallen Soldiers,” added Lytle.

The Mortuary Affairs Specialist profession, although rarely talked about in public venues, is a highly respected and dignified MOS that gives fallen Soldiers their last respects before going home to their loved ones.



Courtesy photo

**‘They stood silently, not for HR [human remains], but for a human being, a fellow American, a child of God who had departed this world all too soon in wartime.’**

- Col. Lance Kittelson

# PDSS ensures unit's 'seamless transition'

STORY AND PHOTO BY  
SGT. GAELLEN LOWERS  
3RD SUSTAINMENT BRIGADE

**JOINT BASE BALAD, Iraq**— The 3rd Sustainment Brigade, 103rd Sustainment Command (Expeditionary), hosted the 77th Sustainment Brigade's pre-deployment site survey (PDSS) team



Oct. 15-22.

The 77th Sust. Bde., an Army Reserve unit based out of Fort Dix, N.J., is scheduled to relieve the 3rd Sust. Bde. this spring.

A PDSS helps units about to deploy, said Col. Shawn Morrissey, commander of the 3rd Sust. Bde., and a Boston native.

"It gives them the opportunity to come over and get the lay of the land, as well as get the mission overview from the unit that is presently serving," he said.

Col. Stephen Falcone, commander of the 77th Sust. Bde., and a Hudson, Mass., native, added that the PDSS is a chance for an incoming unit to get a visual interpretation of what the current unit is doing, where it's happening and the scope and magnitude of the mission.

"There is nothing like riding in vehicles, going to sites, seeing how massive the sites really are, seeing what is there and seeing



**Lt. Col. Brian Formy-Duval, support operations officer-in-charge with the 3rd Sustainment Brigade, 103rd Sustainment Command (Expeditionary), and Col. Stephen Falcone, commander of the 77th Sustainment Brigade, and a Hudson, Mass., native, chat about logistical operations during the 77th Sust. Bde.'s pre-deployment site survey Oct. 21 at Victory Base Complex, Iraq.**

how people operate," said Falcone. "You can't do that in a briefing, you can't do that from pictures; you really have to walk the ground."

From the PDSS, the 77th Sust. Bde. hopes to take away a better understanding of the mission and to steal a few pointers from

the 3rd Sust. Bde., said Falcone.

"They are doing everything exactly right," he said. "I have seen a lot of things that I would have never thought of unless I came here and I am just stealing everything I can because [imitation] is the most sincere form of flattery."

The 3rd Sust. Bde.'s main purpose was for the 77th Sust. Bde. to take away the scope of the mission, said Lt. Col. Brian Formy-Duval, support operations officer-in-charge with the 3rd Sust. Bde., and a Waynesville, Mo., native. "We have a very large mission. There used to be three sustainment brigades doing the mission that we are doing. The PDSS allows them to set and build their team and get their experts in the right areas so they can come in with that better understanding."

Formy-Duval added that the similarities between the two brigades were quaint when looking back just one year ago.

"If you look at us a year ago, it's funny how they are in the exact same place and level that we were a year ago," he said. "Coming full circle, I believe they will be ready for the mission. They have the right team, the right mindset."

Morrissey echoed his support operations officer by expressing full assurance that the 77th Sust. Bde. would be ready to tackle whatever challenges came their way once the transfer of authority takes place this spring.

"The process of the PDSS is the first big rock to roll," said Morrissey. "I have all the confidence in the world that they will be prepared to execute the mission. Through the steps of the PDSS, the command post simulation exercise and the mission rehearsal exercise, come spring there will be a seamless transition."

# Support Maintenance Shop tracks production

STORY AND PHOTO BY  
1ST LT. KHORAN LEE  
298TH SUPPLY MAINTENANCE COMPANY

**JOINT BASE BALAD, Iraq**— Soldiers with the 298th Support Maintenance Company, 13th Combat Sustainment Support Battalion, 3rd Sustainment Brigade, 103rd Sustainment Command (Expeditionary), Direct Support Maintenance Shop Office focus their efforts on maintenance production, and remain busy even as the responsible drawdown continues.

Comprised of seven service sections, the 298th SMC offers continuous maintenance support repairs on wheeled and armored vehicles, M1000 Heavy Equipment trailers, forklifts, light sets, small arms, and other services to surrounding units at Joint Base Balad, Iraq, and supports convoy units in United States Division-North.

The shop office, the hub of all operations at 298th direct support shop, is staffed with seven Soldiers who monitor and direct production within all service sections. Maintenance Control Officer, Maintenance Control Supervisor, Standard Army Maintenance System-Enhanced (SAMS-E) clerks, and civilian augmentees work together to capture work orders, parts ordering, man-hour utilization, recoverable items, and production data to accurately input into the Standard Army Maintenance Information Systems.

"We check production each day; our reports tell us the number of work orders opened daily," said Sgt. Seth Bushore, a SAMS-E operator with the 298th SMC, and a Hollidaysburg, Pa., native. "Soldiers take pride in the work they do. As of Oct. 24, we completed over 5,000 work orders. Soldiers know they are turning wrenches, but management of production allows Soldiers to see what they do. We can view Week 10 to Week 20's workload to see the effect the drawdown has taken on our work load."

While vehicles wait in the shop for parts, the 298th SMC shop office communicates with the Service Support Activity, while shop clerk parts runners ensure parts are received daily from the SSA. The shop office receives parts daily to



**Soldiers with the 298th Support Maintenance Company, 13th Combat Sustainment Support Battalion, 3rd Sustainment Brigade, 103rd Sustainment Command (Expeditionary), Direct Support Maintenance Shop Office work to capture accurate data from customers to open work orders.**

distribute to shop sections. Instead of waiting for all parts to arrive for various vehicles, shop mechanics enhance production efforts by hanging major parts on vehicles while awaiting other mission-critical parts. This helps to return equipment back to customers. Throughout the tour, the 298th SMC Shop Office has noticed a change in the work orders received due to so many units leaving theater.

"We migrated from supporting combat troops and convoys; now units are looking to turn in equipment," said Master Sgt. Wayne Brahler, a maintenance control supervisor with the 298th SMC, and a Butler, Pa., native. "We transitioned from repairs to code conditioning and turning equipment in. Three months from now, we will still be sustaining maintenance, but our role will be coding and getting equip-

ment out of the country."

The shop noticed maintenance repairs decreasing since the drawdown took effect. Even with the decrease of work orders, shop section leaders continue to communicate with tenant units at JBB and contractors in efforts to receive more work. Maintenance production has decreased, but there is a high expectation for production to increase as JBB tenant units redeploy.

"Primary focus of production is management of workload and tasking," said Brahler. "The best thing to do is forecast where the work may come from, and have our customers talking to us. They will let us know what equipment will be coming to us. Our job is our customers; if our customers stop coming to us, then we will have no work."

# CFC event boosts morale, raises money for charity

STORY AND PHOTO BY  
2ND LT. BLAIR GRIMES  
512TH QUARTERMASTER COMPANY

**JOINT BASE BALAD, Iraq**— The 13th Combat Sustainment Support Battalion, 3rd Sustainment Brigade, 103rd Sustainment Command (Expeditionary), hosted unit-wide barbecues Oct. 16 to kick off the Combined Federal Campaign.

The purpose of the event was to encourage Soldiers to donate to any charity of their choosing as part of the CFC. Soldiers enjoyed music, a volleyball tournament, horseshoe games, barbecue, cake cutting, and several other festivities.

To begin the event, a representative from each company spoke about a charity that held a special meaning to them. Sgt. 1st Class Matthew Thomas a platoon sergeant with the 512th Quartermaster Company, 13th CSSB, and a Dayton, Ohio, native, promoted the Make-A-Wish Foundation. He said that the charity granted a wish every 40 minutes to any child with a life-threatening disease.

“Speaking about the charity gives you a sense of understanding, and also a full awareness of things that are greater than yourself,” he said.

Other charities that were highlighted included Habitat for Humanity, the United Services Organization, and the Veterans of Foreign Wars National Home for Children.

Lt. Col. Anthony Bohn, commander of the 13th CSSB, and a Lake Minnetonka, Minn., native, said he had never seen a CFC kickoff event on this scale.

“The barbeque will build morale for the entire battalion, and it’s something everyone will want to be involved in,” said 1st Lt. Thomas Raper, the battalion’s CFC representative, and a Meeteetse, Wyo., native.

He added that the overall purpose for the event was to contact as many people as possible.

“The campaign runs for eight weeks, and before our barbecue, the battalion had contacted 24 percent of the battalion and raised \$2,700,” said Raper. “After this barbecue, we hope to have contacted over 90 percent of the battalion.”

Capt. Tawanna Jamison with the 13th CSSB, and a Chicago native, helped organize the kickoff.

“We had three IPRs for this event and prepared for over a month to coordinate all the details,” said Jamison. “It was a great success due to the great planning.”

She added that having Soldiers talk about charities boosted donation levels and that she hopes the event will get the battalion near the 100 percent contact deadline by Oct. 31.

Raper said that after the kickoff event was complete, the battalion raised more than \$12,500, which was a great success for the event. He said he hopes that this is just the beginning and that more people will donate throughout the duration of the campaign.



First Lt. Avery Evans (left), a Richmond, Va., native, and Maj. Williams, a Cairo, Ga., native, both with 13th Combat Sustainment Support Battalion, 3rd Sustainment Brigade, 103rd Sustainment Command (Expeditionary), fill out forms to make donations to their respective charities for the Combined Federal Campaign.

# COB Adder’s Long Beach Half Marathon attracts crowd

STORY AND PHOTO BY  
1ST LT. NATHAN LAVY  
224TH SUSTAINMENT BRIGADE

**CONTINGENCY OPERATING BASE ADDER, Iraq**— Nearly 450 Soldiers, Airmen and civilian contractors participated in the Long Beach Half Marathon event Oct. 17 at Contingency Operating Base Adder, Iraq.

The event was hosted by the Soldiers from Headquarters and Headquarters Company, 224th Sustainment Brigade, 103rd Sustainment Command (Expeditionary), from Long Beach, Calif. The event was held the same day as the full and half marathons that took place in Long Beach, Calif.

“The event overall was awesome,” said Chief Warrant Officer 2 Magda Mayo, support operations effects officer with HHC, 224th Sust. Bde., and a Pasadena, Calif., native, who helped coordinate the event. “I never imagined that so many would participate for the half marathon. No matter whether you biked, walked or ran, it took incredible stamina and drive to finish the 13.1 miles.”

Participants could choose to complete the event by running, walking or biking.

2nd Lt. Jon Anderson, a platoon leader of B Battery, 3rd Battalion, 29th Field Artillery Regiment, 3rd Advise and Assist Brigade, 1st Infantry Division, and a Cinnaminson, N.J., native, was the fastest male who completed the marathon in one hour, 12 minutes, 46 seconds.

Cpl. Kalynn Waltrip, a medic with B Company, 67th Brigade Support Battalion, 3rd AAB, 1st Inf. Div., and a Phelan, Calif., native, was the fastest female who completed the run in 1:26:02.

Capt. Michael Ruffin, commander of Headquarters and Headquarters Troop, 2nd Squadron, 108th Cavalry Regiment, 224th

Sust. Bde. and a Baton Rouge, La., native, was the third place Soldier, finishing in 1:21:18.

“I run about 45-50 miles a week; I’m training for a Houston marathon in January,” said Ruffin. “I’m a lead-by-example commander, and I want my guys to excel in physical fitness. I want to inspire and motivate them to do better. I think it was a great event; I’ve seen it in a runner magazine. The weather was beautiful and I thought it was well done.”

1st Lt. Gladys Balderas, distribution reports officer with HHC, 224th Sust. Bde. and a San Diego native, finished third in the 30-34 female age group. She explains her training leading up to the race.

“I have been running with a few other Soldiers on the weekends leading up to the half marathon,” said Balderas. “For example, on Sundays, it would be six miles, then next Sunday would be eight, and the final Sunday before the race was 10 miles. We would meet up at 5:15, stretch, and then take off. I would always do the 5K’s every Wednesday, and on Fridays run on my own at the gym.”

Every participant was motivated to compete for a different reason; Balderas’ had personal and family motivations.

“I quit smoking over 2 months ago to prepare for the APFT [Army Physical Fitness Test] and the marathon,” added Balderas. “Additionally, I wanted to be able to show my son what putting forth maximum effort can achieve if you want it bad enough.”

Spc. Alana Alamon-Scott, a paralegal specialist with HHC, 224th Sust. Bde., and a Victorville, Calif., native, completed the event on her bicycle. Due to technical problems, it took her longer to complete the race than she expected.

“About seven miles after starting the marathon, I looked down at the tires of the bike and realized they were flat,” explained Alamon-Scott. “So I had to walk to the



Capt. Michael Ruffin, commander of Headquarters and Headquarters Troop, 2nd Squadron, 108th Cavalry Regiment, 224th Sustainment Brigade, 103rd Sustainment Command (Expeditionary), and a Baton Rouge, La., native, receives a medal from Lt. Col. Peter Kim, deputy commander of the 224th Sust. Bde., and a Cerritos, Calif., native, after the Long Beach Half Marathon Run/Walk/Bike event Oct. 17 at Contingency Operating Base Adder, Iraq.

second water point where Sgt. Maj. [John] Eden picked me up and drove me back to get a bicycle pump. I was really exhausted. However, I did not want to let my friends down. So I grabbed the bike pump and my assault pack. At the second water point I pumped up the tires of the bike and continued on. By this time, all the runners and walkers were on the road. So as I was passing them, I was thinking ‘Maybe I can catch up to my friends.’ This thought turned out to be just that as I looked down at the tires, realizing

that they were flat again.”

After this, Alamon-Scott said that she had to put air in her tires several more times until she completed the race.

“After I crossed the finish line, I had such a sense of accomplishment,” she said. “I can say I rode a bike in a 13-mile [half] marathon. I can say I was a participant in the Long Beach Marathon.”

Through sponsorship, race participants received T-shirts, medals, goodie bags, bibs, and raffle prizes.



## Come armed with the proper knowledge

SGT. 1ST CLASS RAY CALEF  
EXPEDITIONARY TIMES STAFF



In our continuing discussion regarding buying a new vehicle for the price you want, I mentioned a couple of websites among the myriad available on the Internet to assist in the purchase process. Having this knowledge is a small part of the puzzle when getting the price you want.

One of the most important things you can do when buying any vehicle is to not tell yourself you are buying a new car that day if you have not done proper research. There are a couple of dynamics involved here; the one I am speaking to is buying a vehicle off the dealer lot, from his inventory.

A few weeks ago, I mentioned dealer hold-back, where the manufacturer "charges" the dealer more for the vehicle to be sold only to disburse the cash back to the dealer upon completion of the sale. Dealers will utilize hold-back money in a lot of ways, such as paying for overhead, advertising.

It becomes important then to know how long a vehicle has been on the lot, which makes a difference in how much hold back money has been "eaten" up. For example, if a Ford Mustang has been on the lot for nearly six months, I typically do a calculation subtracting the money out of the hold-back equation. Simple, huh? Not really.

If the Mustang's sticker price, or Manufacturer's Suggested Retail Price, is \$26,000, and the hold-back is \$780, half of that is \$390. You can assume that, over a year (a general timeframe used when inventory needs to be moved), half of the hold-back has been used. So the dealer still has monies he will make above and beyond in invoice price, or what he paid the dealer minus hold back.

Sure, this can be confusing, but doing even a little bit of math will save you money in the long run. Once you have established what you believe the dealer has "in the vehicle," you are in a position of power, and you can call all of the shots in your deliberations, literally. One very important thing to remember when car shopping from a lot is to not fall in love with a vehicle!

This point can not be stressed enough. Always remember there are literally thousands of cars just like the one you like at a certain dealership, and your options open up further if you are willing to travel more miles to buy the vehicle you want. If you succumb to this, you can be assured you do not have the best price for that vehicle, most likely. The dealer knows if you are sold on a vehicle. They are very good at reading customers, and are paid well to do just that.

Best advice I can give in these situations? Be willing to walk out of the dealership. You will thank yourself later. The best thing you can do is check multiple dealerships and their prices. You can walk into one and state what you want to pay for a vehicle on the lot. No negotiations, and if they come back with a counter offer, tell them "Thanks for your time; I will continue to shop for the best price." Then it is on to another dealership.

At the end of the day, you may have multiple offers on the table. This way you know you have shopped for the best price by giving others a chance to "show" you their best price.

## Word on the Street

If you could go anywhere in the world besides home, where would you go?



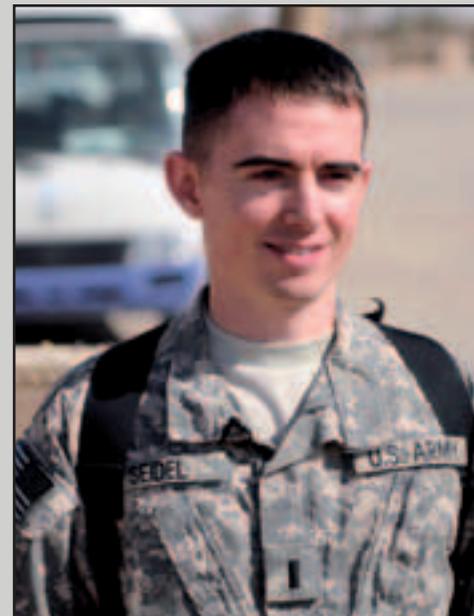
**"I would like to go to Puerto Rico because that is where my husband is from. We went there on our honeymoon and I would love to go back with him."**

Staff Sgt. Nadejda Vorobyeva-Santiago, disbursing noncommissioned officer-in-charge with the 125th Finance Detachment, 24th Financial Management Company, 3rd Sustainment Brigade, 103rd Sustainment Command (Expeditionary), and a Katy, Texas, native



**"I would like to go to the pyramids in Egypt because I want to visit all the wonders of the world before I depart the Earth."**

Sgt. 1st Class Oneil Edwards, detachment noncommissioned officer with the 125th Finance Detachment, 24th Financial Management Company, 3rd Sustainment Brigade, 103rd Sustainment Command (Expeditionary), and a Bronx, N.Y., native



**"I'm going to Borocay, Phillipines, with my wife and daughter for some relaxing time on the beach because my wife is from there and her family is there."**

1st Lt. Nicholas Seidel, disbursement agent with the 125th Finance Detachment, 24th Financial Management Company, 3rd Sustainment Brigade, 103rd Sustainment Command (Expeditionary), and a Phoenix native

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PLEDGE

[www.militarysaves.org](http://www.militarysaves.org)

# THEATER PERSPECTIVES

**“This is an historic event because this is the first scheduled direct service by a European airline between a Western capital and Baghdad for 20 years.”**

Boris Boillan, French ambassador, referencing an airbus operated by France's Aigle Asure that is scheduled to make the first scheduled flight by a European airline to Baghdad in 20 years amid hopes of boosting historically close Franco-Iraqi business links

**“The U.S. Department of Agriculture offered a financial grant, which is about 6 million dollars to the Green Al-Madaen Organization, which specializes in supporting farmers in the area.”**

Jan Malman, U.S. agricultural representative, during a media conference with the presence of Baghdad council representatives, farmers, and organizations specializing in agricultural matters

**“In the last week the Iraqi Security Forces have arrested 150 terrorists and criminals... they are very active and they are being successful.”**

Brig. Gen. Jeffrey S. Buchanan, director for J-9 and spokesman for U.S. Forces-Iraq, during an interview with Al Gharbiya

**“Our job is to set them up with the best pilot training program that we can offer.”**

Capt. Ryan Smith, 52nd EFTS student flight commander responsible for training Iraqi Air Force pilots

**“Many young people are more open to new things, we are changing our attitudes and behaviors, wearing Western hairstyles and clothes, but it doesn't affect our values.”**

Nawar Sabah, local shop owner when speaking of the progress in a Sadr City neighborhood, where it would have been a very different and dangerous place only a year or two before

## PROPOSING A NEW, IMPROVED RIFLE

Soldiers requested an upgrade, and that's exactly what they are about to receive: a new and improved M4A1 rifle. Expected to be in Soldiers' possession in 2011, the new weapon will be more lethal against the enemy, and will include several other upgrades from the old M4, according to Program Executive Office Soldier project, which initially proposed the improvements. The improved M4 will come with better bullets as well, which have been designed to more effectively stop the enemy at any distance. Integration of the weapon will be broken down into three phases prior to a fully upgraded M4 inventory in the Army.

### The New M4A1

- Upgrades: more resilient barrel, ambidextrous controls, fully automatic setting, better ammunition
- Extra weight in the barrel to sustain rate of fire in fully automatic mode, could improve accuracy and stability
- Fully automatic mode is meant to provide a “consistent trigger pull” in both automatic modes (Army officials)
- 3 Phases of Introduction:
  1. Army will buy 25,000 M4A1 carbines and convert approximately 65,000 M4s in the field to M4A1s
  2. Improvements will allow weapon to easily accommodate accessories, and modifications to improve durability will be complete
  3. Army will compare new weapons to existing M4s, and will consider upgrading entire M4 inventory
- The initial push of the new rifles will be prioritized for troops preparing to deploy



# Sudoku

**Level: Hard**

The objective is to fill the 9x9 grid so each column, each row and each of the nine 3x3 boxes contains the digits from 1 to 9 only one time each.

Last week's answers

2	1	4	6	9	3	8	7	5
7	5	6	1	2	8	3	9	4
8	3	9	4	7	5	1	6	2
9	6	8	2	5	1	7	4	3
4	7	5	8	3	9	2	1	6
3	2	1	7	4	6	9	5	8
1	4	3	5	8	7	6	2	9
5	9	7	3	6	2	4	8	1
6	8	2	9	1	4	5	3	7

4								
5		8	1	6				3
	7		8	3				
2		7						4
	1							6
	4					5		8
				9	1			3
6				7	5	4		9
								7

## TEST YOUR KNOWLEDGE

1. What is the name of Dr. Seuss's egg-hatching elephant?
2. Who was Clark Kent's high school sweetheart?
3. What was Scarlett O'Hara's real first name?
4. In the Little Orphan Annie comic strip, what was the name of Daddy Warbucks's giant bodyguard who wore a turban?
5. Who wrote the story upon which Alfred Hitchcock based his 1963 suspense film The Birds?
6. The Emerald City was the working title of which classic novel?

1. Horton 2. Lana Lang 3. Katie 4. Punjab 5. Daphne du Maurier 6. The Wizard of Oz

# JBB Worship Services

### CONTEMPORARY

**Sunday** 10:30 a.m. Gilbert Memorial Chapel (H-6)  
7 p.m. Freedom Chapel (West side)

**Wednesday** 8 p.m. Gilbert Memorial Chapel

### GENERAL

**Sunday** 9 a.m. Provider Chapel

### GOSPEL

**Sunday** 11 a.m. MWR East Building  
12 p.m. Freedom Chapel (West side)  
12:30 p.m. Gilbert Memorial Chapel  
7 p.m. Provider Chapel

### LITURGICAL (Lutheran Setting)

**Sunday** 5 p.m. Provider Chapel  
5 p.m. Gilbert Memorial Chapel (H-6)

### LUTHERAN

**Sunday** 8 a.m. Provider Chapel Annex

### TRADITIONAL

**Sunday** 10:30 a.m. Freedom Chapel  
2 p.m. Air Force Hospital Chapel

### SEVENTH DAY ADVENTIST

**Saturday** 10 a.m. Provider Chapel

### LATTERDAY SAINTS

**Sunday** 1 p.m. Provider Chapel  
3:30 p.m. Freedom Chapel  
7 p.m. Gilbert Memorial Chapel

### ROMAN CATHOLIC MASS

**Sunday** 8:30 a.m. Gilbert Memorial Chapel  
11 a.m. Provider Chapel

12:30 pm. Air Force Provider Chapel

**Saturday** 8 p.m. Freedom Chapel (West side)

**Mon-Fri** 11:30 a.m. Provider Chapel

Confessions: Sunday 8-8:30 a.m. Gilbert Memorial Chapel or by appointment

### JEWISH SHABBAT SERVICES

**Friday** 6 p.m. Gilbert Memorial Chapel (H-6)

### PAGAN/WICCAN FELLOWSHIP

**Thursday** 7 p.m. Provider Chapel Annex  
**Saturday** 7 p.m. The Shack (Bldg 7556)

### FOR MORE INFORMATION

**PLEASE CALL:**

Gilbert Chapel 443-7703

Provider Chapel 483-4107/4115

Freedom Chapel 443-6303

**\*Current as of Nov. 3, 2010**

# JB BALAD ACTIVITIES

<b>INDOOR POOL</b> Swim Lessons: Mon., Wed., 6 p.m. Tue., Thu., Sat., 6:30 p.m. Aqua Training: Tue., Thu., 7:30 p.m., 8:30 p.m.	Edge Weapons & Stick Fighting Combative Training: Tue., Thur., Sat., 8-10 p.m. <b>EAST REC- REATION CENTER</b> 4-ball tourney: Sunday 8 p.m. 8-ball tourney: Monday 8 p.m. Open Court Volleyball: Sunday 6 p.m. Aerobics: Mon., Wed., Fri., 5:30-6:30 a.m. Yoga Class: Mon., Friday, 6-7 a.m. Step Aerobics: Mon., Wed., Fri., 5:30 p.m. Conditioning Training Class: Mon., Wed., Fri., 7:15-8 p.m. Brazilian Jiu-Jitsu: Mon., Wed., Fri., 8-9 p.m. Abs-Aerobics: Tue., Thu., 6-7 a.m., 5-6 p.m.	Caribbean Night: Friday 8 p.m. Chess & Dominoes Tourney: Friday 8 p.m. Salsa Class: Saturday 8:30 p.m. Poker: Saturday 7:30 p.m. <b>H6 FITNESS CENTER</b> Spin: Sunday 9 a.m. Swing Class: Tuesday 8 p.m. Table Tennis: Tuesday 8 p.m. Plastic Models Club: Wednesday 7 p.m. 9-ball tourney: Monday 8 p.m. Dungeons & Dragons: Thursday 7:30 p.m. Poetry Night: Thursday 8 p.m. 6-ball tourney: Thursday 8 p.m.	8 p.m. Friday 9 p.m. CC Cross Fit: Mon., Saturday 10:30 p.m. Cross Fit: Mon., Wed., Fri., 5:45 a.m., 7 a.m., 3 p.m., 6 p.m. Tue., Thu., 7 a.m., 3 p.m. <b>H6 FITNESS CENTER</b> Spin: Sunday 9 a.m. Mon., Wed., Fri., 2 a.m., 4 p.m., 10 p.m. Midnight Soccer: Tue., Thu., 8 p.m. Wednesday: 8 p.m. MACP Level 1: Friday 8 p.m. 5 on 5 Basketball: Saturday 8 p.m. Karaoke: Sun., Wed., 7:30pm Bingo: Sunday 8 p.m. Texas	Hold'em: Mon., Fri., 2 p.m., 8:30 p.m. 8-ball tourney: Tuesday 2 a.m., 8:30 p.m. Ping-pong tourney: Tuesday 8:30 p.m. Spades: Wednesday 8 p.m. Salsa: Wednesday 8:30 p.m. 9-ball: Thursday 2 a.m., 8:30 p.m. Karaoke: Thursday 8:30 p.m. Dominos: Saturday 8:30 p.m. Darts: Saturday 8:30 p.m.	Ping-pong tourney: Tuesday 8 p.m. Foosball tourney: Tuesday 8 p.m. Jam Session: Tuesday 7:30 p.m. 8-ball tourney: Wednesday 8 p.m. Guitar Lessons: Thursday 7:30 p.m. Game tourney: Thursday 1 p.m., 8 p.m. Enlisted Poker: Friday 1 p.m., 8 p.m. <b>WEST FIT- NESS CENTER</b> 3 on 3 basketball tourney: Saturday 7:30 p.m. 6 on 6 volleyball tourney: Friday 8-10 p.m.	7 p.m. Aerobics: Mon., Wed., Friday 7 p.m. Body by Midgett Toning Class: Tue., Thu., 7 p.m. Dodge ball Game: Tuesday 7:30 p.m. Furman's Martial Arts: Mon., Wed., Sun., 1 p.m. Gaston's Self-Defense Class: Fri., Sat. 7 p.m. Open court basketball: Thursday 7 p.m. Open court soccer: Mon., Wed., 7 p.m. Zingano Brazilian Jui Jitsu: Tue., Thu., 8:30 p.m. <b>CIRCUIT GYM</b> Floor hockey: Mon., Wed., Fri., 8-10 p.m.
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# UPCOMING SPORTS ON AFN



### Wednesday 11/03/10

COLLEGE: Middle Tennessee @ Arkansas State, Live 2 a.m. AFN Xtra  
NHL: San Jose Sharks @ Minnesota Wild, Live 2 a.m. AFN Sports  
NBA: Memphis Grizzlies @ Los Angeles Lakers, Live 5:30 a.m. AFN Sports  
MLB: Path To The Championship: Games 3,4, & 5, Live 8 a.m. AFN Xtra

### Thursday 11/04/10

COLLEGE: Rutgers @ South Florida, Live 2 a.m. AFN Xtra  
NFL: Live Football, 8 a.m. AFN Sports  
NBA: San Antonio Spurs @ Phoenix Suns, Delayed 2 p.m. AFN Sports  
COLLEGE: Live Football, 10:30 p.m. AFN Sports

### Friday 11/05/10

COLLEGE: Live Football, 2 a.m. AFN Xtra  
COLLEGE: Georgia Tech @ Virginia Tech, Live 2:30 a.m. AFN Xtra  
NBA: New York Knicks @ Chicago Bulls, Delayed 10:30 a.m. AFN Sports  
MLB: Texas Rangers @ San Francisco Giants, 8 p.m. AFN Sports

### Saturday 11/06/10

NBA: Chicago Bulls @ Boston Celtics, Live 3 a.m. AFN Sports  
COLLEGE: UCF @ Houston, Live 3 a.m. AFN Xtra  
NHL: Pittsburgh Penguins @ Anaheim Ducks, Live 5 a.m. AFN Sports  
COLLEGE: Live Football, 10:30 p.m. AFN Xtra

### Sunday 11/07/10

COLLEGE: Live Football, 3 a.m. AFN Xtra  
NASCAR: O'Reilly Auto Parts Challenge, Live 7:30 a.m. AFN Xtra  
COLLEGE: Football, Delayed 10 a.m. AFN Xtra  
COLLEGE: Football, Delayed 4 p.m. AFN Xtra  
NFL: Live Football, 8 p.m. AFN Prime Atl.

### Monday 11/08/10

NFL: Dallas Cowboys @ Green Bay Packers, Live 4 a.m. AFN Sports  
NBA: Portland Trail Blazers @ Los Angeles Lakers, Live 5:30 a.m. AFN Xtra  
NFL: Football, 6 p.m. AFN Xtra  
NFL: Dallas Cowboys @ Green Bay Packers, Delayed 9 p.m. AFN Sports

# ARTS & ENTERTAINMENT

## 'The Sports Lounge': The Fall Classic

BY SGT. 1ST CLASS RAY CALEF  
EXPEDITIONARY TIMES STAFF



Back in our Aug. 11 edition (my first Sports Column piece) I said the Texas Rangers were my dark horse to go to the World Series. I felt pretty good when they made it, for a couple of reasons: they beat the Yankees (c'mon folks, who doesn't like that? Sorry, Yankees fans!) and had never in their history won a playoff series, much less the pennant.

That dates back to 1961, technically, when an expansion franchise was awarded to the Washington, D.C., area, which, for the second time in its history, had a team named the Washington Senators.

Then, in 1972, they moved to Arlington, Texas, and became the Rangers. This franchise, up until 2010, had made only three post-season appearances in 49 years, with no playoff series wins and only one road playoff game win.

Then they upset the Tampa Bay Rays and the aforemen-

tioned Yankees to reach their first World Series in franchise history.

Alas, they have some work to do. As of this writing, the Rangers are down 0-2 to the San Francisco Giants, who secured both wins in San Francisco by a whopping 20-7 margin. The Giants are a storied franchise, beginning as the New York Giants all the way back in 1883, and have won more games than any team in baseball history. But memories are short. They last won the World Championship in 1954 when Willie Mays roamed the Polo Grounds, and moved to the west coast shortly thereafter (1957).

Since the move west, the Giants have won three pennants, but came up short in the quest to win the World Series. In 1962, they were beaten in seven games by the Yankees, in 1989, the earthquake series, they were swept by Oakland, and most recently lost in seven games to the Anaheim Angels in 2002.

I predicted the Giants to win in five games prior to the series starting, and so far, that looks like a good pick. However, the venue has changed, and the Rangers now play three in Arlington, prior to heading back to San Francisco for

the last two games, if needed. My feeling is the Rangers will make some noise in Texas.

Moving on to college football, we have now gone three straight weeks where the No. 1 team in the land has been beaten. It started with Alabama's upset to South Carolina, followed by Ohio State being beaten at Wisconsin, and last week's upset of Oklahoma by Missouri. Will there be another this weekend?

No. 1 Oregon plays at Southern Cal, and while USC does not seem to be the juggernaut they had been under current Seahawks coach Pete Carroll, they are playing it at the Coliseum in Los Angeles, and the Ducks have not looked as good on the road as they have playing in Eugene.

I did see a crazy statistic today regarding Oregon's offense. They average only one minute, 41 seconds for touchdown drives.

This weekend should go a long way toward establishing if Boise State, current No. 2 in the Bowl Championship Series, will leapfrog in to the No. 1 spot with an Oregon upset. Looking at the Ducks schedule, they do not have many road-blocks left in their quest for the Championship game.

## 'RED' characters offer plenty of comedic chemistry

BY SPC. MATTHEW KEELER  
EXPEDITIONARY TIMES STAFF



Retired Extremely Dangerous. That's the acronym to the movie "RED," and already you can get a feeling about where this movie is going to go. Former CIA agents Frank Moses (Bruce Willis), Joe Matheson (Morgan Freeman) and Marvin Boggs (John Malkovich) are brought back into the thrill of violent kill teams and back-stabbing double agents in this comedic-drama directed by Robert Schwentke.

The film focuses mostly on Moses and his retirement. With each scene, his life seems that much more "normal" and, by comparison, dull. He even rips up his pension checks so that he has to call and speak with someone. That someone becomes his love interest, Sarah Roses (Mary-Louise Parker). She is a simple financial clerk that reads

crime dramas about CIA operatives and love stories. It becomes a bit of a prelude to the next part of the movie.

Kill teams attempted the first attack on Moses' life, but he escaped this attempt as if the trained killers were little more than children. It's during scenes like this that Bruce Willis fans get to enjoy the way he still has that action hero quality that made him famous in movies like "Die Hard" and "The Fifth Element."

This attempt on Moses' life strikes the match, and the movie becomes more intriguing. He "kidnaps" Roses and recruits his former teammates in the CIA and former operatives from MI6, Victoria (Helen Mirren), and KGB, Ivan Simanov (Brian Cox).

Soon, the collection of retired spies are off on a rampage to find who is trying to kill them and why. And for the most part, these actors and actresses mesh really well.

Malkovich's crazy character complements Willis' more steadfast and calm character, like an old buddy cop show;

a good example is the first time both characters are brought together.

"Why are you trying to kill me?" Boggs asks Moses while pointing a crossbow at him with a crazed look in his eyes.

"Look, why would I be trying to kill you?" Moses asks in a defensive tone with his hands raised.

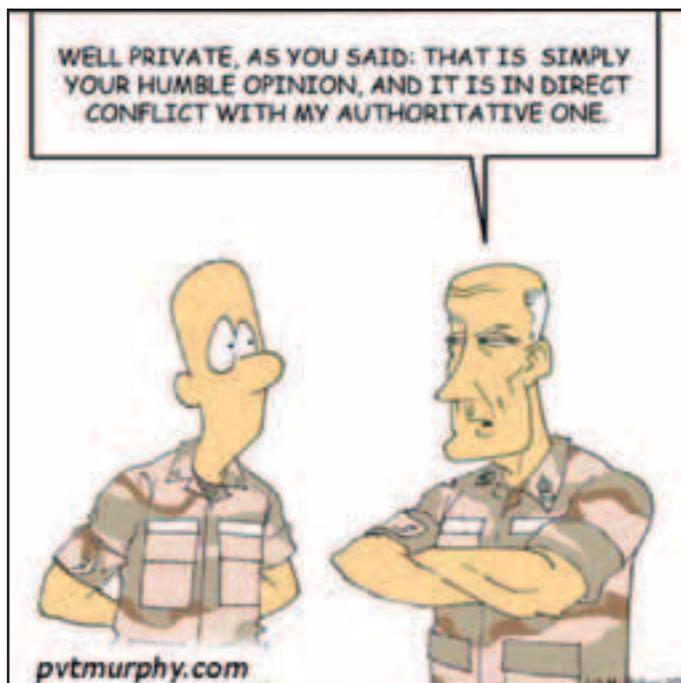
"Because last we met, I tried to kill you," Boggs explains, still aiming the crossbow at Moses' face.

"That was a long time ago," Moses says with a soft voice, as if he had forgotten about it.

"Some people hold onto things like that," Boggs replies while still aiming the weapon at Moses.

It is the great comedic encounters between the characters that adds humor to the gun chases and explosions throughout the movie. It could also be the reason why Malkovich's character steals the show from Willis. He is so zany and crazed that the audience doesn't really know what to expect from him next. But you know its going to be funny.

## PVT MURPHY'S LAW



### Reel Movie Times

Wednesday November 03  
5 p.m. Scott Pilgrim vs. The World (PG-13)  
8 p.m. Hereafter (PG-13) (1st Run)

Thursday November 04  
5 p.m. The American (R)  
8 p.m. Hereafter (PG-13) (1st Run)

Reel Movie Times  
Friday November 05  
6 p.m. Devil (PG-13)  
9 p.m. Paranormal Activity 2 (R) (1st Run)

Saturday November 06  
5 p.m. Paranormal Activity 2 (R) (1st Run)  
8 p.m. Devil (PG-13)

Reel Movie Times  
Sunday November 07  
5 p.m. Alpha and Omega (PG)  
8 p.m. Paranormal Activity 2 (R) (1st Run)

Monday November 08  
5 p.m. Devil (PG-13)  
8 p.m. Alpha and Omega (PG)

Reel Movie Times



Courtesy photo by Roel Anders, with the Automated Logistics Team

A breathtaking sunrise welcomes a new day Oct. 26 at Joint Base Balad, Iraq, while symbolizing U.S. Forces' mission in Iraq during Operation New Dawn. The Expeditionary Times staff welcomes photo and story submissions; if you have a story idea or would like to submit your work, please contact us at [escpao@iraq.centcom.mil](mailto:escpao@iraq.centcom.mil).



U.S. Army photo by Spc. Zane Craig

Runners return to Holt Stadium carrying the flag of the 103rd Sustainment Command (Expeditionary) during the Paint the Town Pink 5k Run for breast cancer awareness Oct. 22 at Joint Base Balad, Iraq.



U.S. Army photo by Spc. Cody Miller

An Iraqi employee with the local Al Warka Bank at Joint Base Balad, Iraq, helps members of the 82nd Financial Management Company, 3rd Special Troops Battalion, 3rd Sustainment Brigade, 103rd Sustainment Command (Expeditionary), count Iraqi Dinar.