



1st Sustainment command (Theater)

Family Readiness Group Newsletter

April 2011

Photos courtesy of 1st TSC PAO



Month of the Military Child



Kuwait Mailing address:
Soldier's Name and Rank
1st TSC - (Staff Section)
APO AE 09366

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From the 1st TSC Commander...

1st Sustainment Command (Theater)



Spring Formal

Friday, May 13th 2011

FIRST TEAM!

By MAJ Jeff Chamberlain

Major General Kenneth S. Dowd, Commanding General, 1st Sustainment Command (Theater), will host the Spring Ball at the Crown Ballroom located within the Crown Coliseum in Fayetteville, NC.

This event will be open to the Fort Bragg Sustainment Community and special guests. The theme for the event is **"The Way Ahead"** as MG Dowd celebrates our military families, extensive community partnerships and successful transformation efforts to meet evolving sustainment challenges in the CENTCOM area of responsibility. The Guest Speaker will be **Major General Kevin A. Leonard**, former Commander of the 1st TSC.

Major General and Mrs. Dowd will formally begin receiving guests at 1745 hours and would like to extend a very special invitation to the spouses and significant others of our deployed Soldiers who wish to attend at no cost. Tickets go on-sale April 15th and are limited to the first 350 people.

The first part of the evening will be formal. We will close the mess and retire the Colors at approximately 2000 hours and will begin the informal part of the evening. Put your dancing shoes on as our own G6 section will be providing a secret DJ, and our senior leaders have already committed to demonstrating a few "moves", so plan on sticking around and enjoying the fun! HHC will host a silent auction so come prepared to win! Items will be auctioned off starting at 2100.

Ticket Pricing

E1-E4 = GS1-4 \$15

E7/WO1-2/O1-2 = GS6-GS9

\$45

E5-E6 = GS4-5 \$35

E8-E9/CW3-5/O3+ = GS10-GS15, IA-02, IA03 \$50



Special Troops Battalion

LTC Kevin Gilson



April brings in many changes within the STB. We are bringing in a new XO for the main command post, a new XO for the FCP, a new FCP HHC Company Commander, a new 411th Detachment Commander and the 111th QM is heading back home as the 54th QM replaces them. I would like to say a heartfelt goodbye to our old team members and welcome the new team on board. April will also be the STB's first full month in its new Headquarters Building on Fort Bragg. We are now located in the old 1st TSC Headquarters Building across the street from HHC and the TSC. The focus for March was to ensure that property was accounted for and that all of the much deserved awards and evaluations were ready for the departing personnel and units. We also focused on finishing our mandatory training and competing in Warrior Week. The focus of April will be finishing the change of commands, improving our fighting positions and cleaning up our areas. April is also the focus month for APFT and Weapons Qualification. On the social side of life, the 1st TSC has the CG's Social, Golf Scramble, Spring Fling and a few more fundraising events in April. One of the fundraising events is a popularly requested surprise that will be announced soon. Finally, April is our final planning and fundraising month for the Spring Ball. Please start getting with your section contacts to find out how you can get your ticket for the Spring Ball. As a reminder, the STB is now holding a monthly Award and Promotion Ceremony. The promotion Ceremony is always on the First of the month or the last duty day of the month. The awards ceremony is always during payday activities which is the last Friday of each month. Families are welcome (and encouraged) to attend the ceremony and fundraising events.



Drawings by:
Giselle Rodriguez



HHC

CPT Alex Creamer

Hello 1st TSC Families!



The Family Readiness Group (FRG) has held two meetings in the past 2 weeks to discuss the next quarter FRG events , fundraising activities as well as discussed ideas for future FRG events,. The FRG has just completed their third fundraiser in the Motor pool which have been bake sales to coincide with command maintenance. April 1st was the SPO ran BBQ/Dunk Booth for the Spring ball, a non-FRG fund raising event, but an event to lower the cost for the entrance fees to the Spring ball, which is planned for Friday the 13th, May 2011. April 10th will be the FRG Spring Fling/Easter Egg Hunt 2011. It is a Sunday, right after lunch over at Smith Lake and it will be a lot of fun for the entire Family. There will be lots of exciting activities for all ages. There are two steering committee meetings for the FRG coming up, they are 3 June and 1 Sept 2011. Please come join us as we mold the future for the FRG here at the 1st TSC. Thank you so much for your support of the FRG!!

We would also like to welcome our newest additions to the 1st TSC Family

CPT Gary and Danielle Freeman welcomed the birth of their new son **Tysen Kase Freeman** who was born March 14, 2011, weighing in at 7lbs 10 oz., at WAMC. Tysen has an older brother Jayden who is 3 years old.

LTC and Mrs. Pyfrom welcomed the birth of their new baby girl, **Olivia Jenessa Pyfrom** who was born March 18, 2011. She weighed 6lbs 6 oz and was 21 inches long.

SFC McRuffin and his wife welcomed a baby girl into the world this morning, 30 March 2011 at 0831. **Adriana** weighed in at 7 lbs. 11oz





Chaplain's Corner



“THE VALUE OF ACKNOWLEDGING OUR BLESSINGS”

Chaplain (CPT) Lee Hagwood

Count your blessings name them one by one is regarded as one of the most popular hymns during 1897 by Edwin O. Excell. The London Daily newspaper reported, “In South London the men sing it, the boys whistle it, and the women rock their babies to sleep on this hymn.” What a gift and consolation for the many difficult challenges that we may encounter during any activity or life experience.

This great hymn can be a wonderful reminder that no matter what our circumstance or situation in life may be, that it is our attitude that will determine our altitude while flying through the storms of life. The language of this hymn will remind us that humanity has always had to face turbulent times, but somehow the intervention of God has always prevailed for us as citizens and soldiers of our great country.

Verse 1

When upon life's billows You are tempest tossed,
When you are discouraged Thinking all is lost,
Count your many blessings Name them one by one,
And it will surprise you What the Lord hath done.

Chorus:

Count your blessings Name them one by one.
Count your blessings See what God hath done.
Count your blessings Name them one by one.
Count your many blessings See what God hath done.

Verse 2

Are you ever burdened with a load of care,
Does the cross seem heavy you are called to bear.
Count your many blessings every doubt will fly,
And you will be singing As the days go by.

Verse 3

When you look at others With their lands and gold,
Think that Christ has promised You His wealth untold.
Count your many blessings Money cannot buy,
Your reward in heaven Nor your home on high.

Verse 4

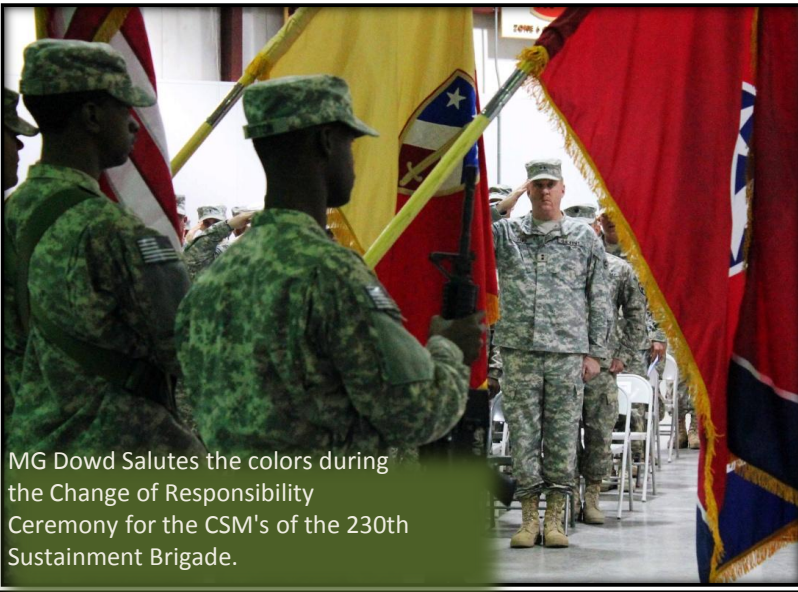
So amid the conflict Whether great or small,
Do not be discouraged God is over all.
Count your many blessings Angels will attend,
Help and comfort give you To your journey's end.

It is during April, when many reflect upon the blessings of God and His ultimate love towards all humanity. We all can identify with the historic Jesus of Nazareth who has been revered as the ultimate citizen and soldier who completed every assignment and obeyed every order. His greatest achievement was sacrificing his life for the mission of His Kingdom, for which we reap the benefit for this model and such a gallant display of courage. May we gain strength everyday to complete our assignments and orders through counting every blessing by listing them one by one.

...Amen



Around the FCP



MG Dowd Salutes the colors during the Change of Responsibility Ceremony for the CSM's of the 230th Sustainment Brigade.



BG Clarkson visits with Soldiers from 595th at KNB

Black Jack Spotlight



Name: Cody Harwood
Rank/Job Title: PFC/Paralegal Specialist

What are your hobbies? Singing and playing sports

Where are you from? Hendersonville, NC

What is your favorite activity to relax in Kuwait and back home? Swimming

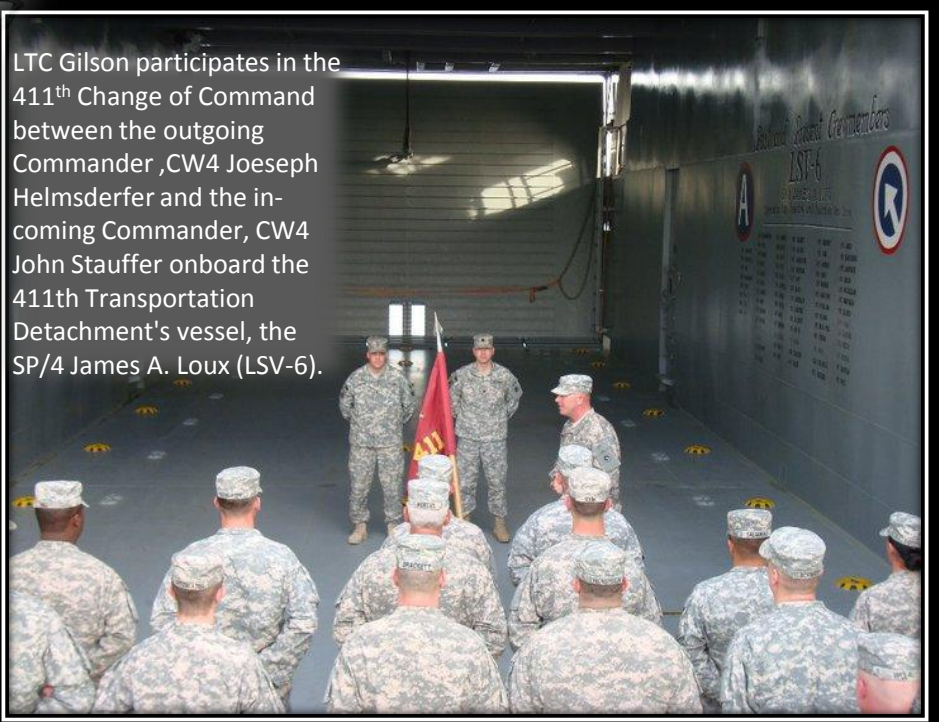
If you could be a Super Hero, who would you be and why? Superman, I've always wanted to fly.

Who is your favorite iconic person in world history and why? Martin Luther King Jr. He stood for peace and no racism from EITHER side.

What are your favorite NFL and College teams? Philadelphia Eagles and UNC



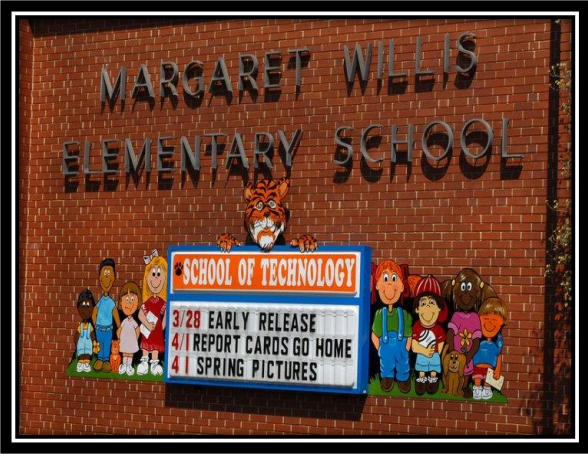
SSG Norris
placed 3rd in her age group at the Bataan March..great job!



LTC Gilson participates in the 411th Change of Command between the outgoing Commander, CW4 Joseph Helmsderfer and the incoming Commander, CW4 John Stauffer onboard the 411th Transportation Detachment's vessel, the SP/4 James A. Loux (LSV-6).



Around the MCP



“Pie in the Eye” fundraiser



The Pie in the Eye fundraiser, held on 11 March 2011, was a lot of fun and a huge success!

1st TSC Volunteers at Margaret Willis Elementary

Members of the 1st Theater Sustainment Command volunteered at Margaret Willis Elementary school, Fayetteville, NC, Wed as part of the school’s super sports day. Students competed in seven different timed events which included the shuttle run, the 200-meter race, 50-meter dash, long jump, sit ups, jump rope and pull ups. Members of the 1st TSC were the testers and encouragers during the events. This was the beginning of an on-going partnership with the school.





Family Readiness...

The answer is Yes...

Now what are your questions?



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A couple of Reminders:

*Spring Fling will be 10 April 2011 at Smith Lake from 1:00-3:00.

*Due to Emancipation Day, a holiday recognized by the District of Columbia, government officials have pushed the nation's tax filing deadline from April 15 to April 18.

*We love to hear your ideas...Please pass them along!



1st TSC Bible study !!



YOU are invited to a weekly Bible study CH Hagwood will lead the group.

Location: HHC Conference room, Bldg M-2619!
Date: Thursday, 7 Apr 2011
Time: 1200-1300 every Thursday.



Better Opportunities
For Single Soldiers
Fort Bragg, North Carolina

910.396.7751

SPC Beachum is your 1st TSC BOSS POC



Lenny Harris/ 910-396-6198

Did you know that East Fort Bragg has an ACS Representative? Lenny Harris is the new East Fort Bragg ACS representative. His office is located in the 1st TSC, STB Headquarters Building on Quartermaster Street, building M-2567.

ACS provides classes and resources to meet your needs, go to:

<http://www.fortbraggmwr.com/cal.php>

The 1st TSC

Military & Family Life Consultant contact is:

Dee Clingham / 910-709-4099

The 1st TSC now has a dedicated Military & Family Life Consultant (MFLC), Dee Clingham, that is on site two days a week in the 1st TSC, STB Headquarters building on Quartermaster Street, building M-2567.

MFLC's are like life coaches. They are all Master's and higher level therapists that work within the military family to offset the unique stresses of military life. They do not maintain records and all sessions are completely confidential.



OPSEC - Social Media Roundup

Family Conduct

- A family member's post can put a Soldier and his/her unit in danger. It could also potentially damage the Soldier's career so it's up to the unit and the individual Soldier to properly educate Army Families on appropriate social media use.
- Families must understand OPSEC and know what they can and cannot post.
- There are other social media resources for family members on the Army's slideshare site: <http://slidesha.re/edZnHo>

What can families post?

- Generalizations about service or duty
- Pride and support for service, units, specialties, and service member
- General status of the location of a unit ("operating in southern Afghanistan" as opposed to "operating in the village of Hajano Kali in Arghandab district in southern Afghanistan")
- Links to published articles about the unit or servicemember
- Any other information already in the public domain



Social Media Risks

Mitigating online risk and representing the Army appropriately

- Check your privacy settings on all social media sites and set your security options to allow visibility to friends only
- Do not friend someone you do not know personally
- Be cautious when engaging in online conversations with strangers
- Never release personal financial information
- Use caution when tagging people in photos. Not everyone wants to be identified
- Review photos you've been tagged in
- Use your instincts, if something doesn't seem right it likely isn't
- Just because someone has a profile picture, it doesn't mean the photo is of them



Please join us...



1st TSC Spring Fling & Egg Hunt

Egg Hunts:
Prizes for
3 age groups &
Single Soldiers

Don't forget
your basket!!



Sunday
10 April 2011
Smith Lake
1:00 - 3:00

**Something for
Everyone...**

- *A "Make your own sundae" station
- *Sack Races
- *Basketball
- *Volleyball
- *Horseshoes & a playground

*It's
going to
be a
hoppin'
good time!*





MWR Children's Activities & Events

CHILD, YOUTH AND SCHOOL SERVICES

Registration Information

- All Summer Programs require CYSS registration. Initial CYSS registration must be completed at Parent Central Services, 4th floor, Soldier Support Center. Walk-ins welcome or to lessen your wait time please schedule an appointment by calling 910-396-5128 (option 1)
- Registered patrons can pay and enroll for programs at any CYSS facility
- All payments due at time of enrollment
- All cancellations, transfers and refunds must be requested in writing a minimum of three business days prior to activity start date

Registration Requirements

- Physical/Health Assessment within 30 days of registering
 - Parent's work/home address and phone numbers
 - Information for 2 local emergency contacts
 - Proof of Eligibility (Military/DOD sponsor or dependent ID card)
 - Child's Proof of Birthdate (Child's birth certificate, DEERS enrollment form, or passport)
 - Official Up-to-date Immunization Record (Children birth—5th grade)
 - Proof of total Family income (LES/Pay stubs for spouse and sponsor)
 - Please be advised children with Special Needs must be cleared for each program before enrolling
- VISIT US ON THE WEB AT:
<https://webtrac.mwr.army.mil>



Father Daughter Ball



April 22 is a night daughters on Fort Bragg will not soon forget. The Fort Bragg Club is proud to once again host the Father Daughter Ball. Fathers, come dressed in your dress uniform. Daughters, pick out your favorite dress. Tickets are \$25 per Couple with each additional child \$10. Dinner will be provided. For more information, please call 907-CLUB.

SPRING BLOCK PARTY

In honor of Month of the Military Child, Fort Bragg Child, Youth and School Services will be hosting a Spring Block Party at Tolson Youth Center. The fun will begin at 1 p.m. on Saturday April 22. Kids will enjoy crafts, cake walk, face painting, and much more. An Easter Egg Hunt will begin at 3:30 p.m. The Keystone Club will be on site selling food. This event is free and open to everyone. For more information, please call 396-KIDS.



FAMILY DAY



Youth ages 6-16 can golf free daily when accompanied by a paying adult at Stryker and Ryder Golf Courses. There is a limit of one child per paying adult. Holidays and weekends the special begins after noon. For more information, please call 396-3980

Combat
Consumer
Complacency

Fort Bragg Consumer Awareness Month April 2011

Budget and Debt Management Class

1:30 pm-4:30 pm
April 6, 2011
ACS*

Refresher Checkbook Class

1:30 pm-4:30 pm
April 12, 2011
ACS*

First Time Home Buyer Class

1:30 pm-3:30 pm
April 26, 2011
ACS*

Financial Fitness Workshop

NC State Dept,
Securities Division and more!
1:00 pm-4:00 pm
April 5, 2011
Hodge Room,
Fort Bragg Club

"Shred It & Forget It" "Appointment Only"

April 20, 2011

Uniform Thrift Savings Plan Class

1:30 pm-4:30 pm
April 27, 2011
ACS*

Women & Finances Saving & Investing Seminar

1:00 pm-4:00 pm
April 7, 2011
ACAP Classroom, Basement,
Soldier Support Center

First Term PCS Class (Money and Moving)

1:30 pm-3:00 pm
April 14, 2011
ACS*

Car Buying Strategies Class

9:00 am-12:00 pm
April 29, 2011
ACS*

*ACS - 3rd Floor, Soldier Support Center

Fort Bragg Consumer Awareness Month highlights consumer protection and education efforts nationwide.

"Limited Childcare Available"

For registration/information, please contact (910) 907-3670 or (910) 396-2507 or www.fortbraggmwr.com/acs/frp.php



Pinwheel Garden Planting for Our Children

April is National Child Abuse Prevention Month and the Month of the Military Child. Join Army Community Service and the Fort Bragg Chaplains in planting a Pinwheel Garden to honor our children and support our parents.



Monday, April 4th

1:00 - 1:30 pm
Watters Family Life Center

Pinwheels for PREVENTION



For more information contact the Family Advocacy Program at (910) 396-5322

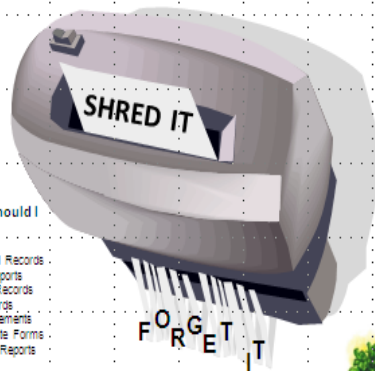


The Fort Bragg ACS Financial Readiness Program and the DES Security and Intelligence Office Present:

"SHRED IT AND FORGET IT" DAY

Join us!
April 20, 2011

to shred your unwanted personal documents



What should I shred?

- Personal Records
- Credit Reports
- Medical Records
- Tax Records
- Bank Statements
- Real Estate Forms
- Financial Reports
- Budgets
- Credit Card Receipts
- Legal Files
- Computer CD's

To make an appointment call (910) 907-3670 or 396-2507



FINDING THE MARRIAGE YOU DREAMED OF

Join bestselling authors John and Stasi Eldredge for an event that will help see your marriage and each other in a new light.

Who: Couples
What: "Love & War" Bible Study
When: Wednesdays 1830-2030
Where: Ardennes Neighborhood Center
Why: To strengthen military marriages.
(Childcare will be provided)

POC: CH (CPT) Serrano, Ismael
910-432-3662 Office
910-574-2124 Cell
ish.serrano@us.army.mil

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