



**Co. C runs CFT**  
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# CHEVRON

AND THE WESTERN RECRUITING REGION



**Boathouse offers fun**  
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Vol. 71 – Issue 11

“WHERE MARINES ARE MADE”

FRIDAY, APRIL 22, 2011

## Commandant announces next Sergeant Major of Marines

SGT. MICHAEL S. CIFUENTES  
HEADQUARTERS MARINE CORPS

**WASHINGTON** — Commandant of the Marine Corps Gen. James F. Amos announced the next Sergeant Major of the Marine Corps April 11.

Sgt. Maj. Micheal Barrett, 1st Marine Division's sergeant major, is set to take charge as the senior enlisted Marine in the Marine Corps. He's scheduled to succeed Sgt. Maj.

Carlton Kent, the current Sergeant Major of the Marine Corps, during an appointment and relief ceremony, and Kent's retirement ceremony held at Marine Barracks Washington June 9.

Barrett recently returned from a deployment to Helmand province, Afghanistan, where he served as Regional Command Southwest's sergeant major.

Amos said Barrett is “the best of the best,” and will continue to

serve the Corps as Amos' senior enlisted advisor.

“Sgt. Maj. Barrett, through his long and distinguished service to our nation, has demonstrated that he is particularly well-suited to serve as my senior enlisted advisor through the challenges ahead,” said Amos.

Barrett enlisted as an infantryman in March 1981. In addition to Afghanistan, his

see **CHANGE** ▶ 2

## Swim qual changes now in effect

PFC. CRYSTAL DRUERY  
CHEVRON STAFF

As of April 15, the swim qualification requirements have been modified to better prepare Marines for aquatic combat situations.

According to Marine Administrative Message 212/11, the Marine Corps Water Survival Training Program will implement changes outlined in MARADMIN 653/10 published in November 2010.

The Marine Corps Water Survival Training Program, or MCWSTP, now consists of three levels. Marines will now qualify as either basic, intermediate, or advanced swimmers.

However, there are still Marine Corps Instructor of Water Survival and Marine Corps Instructor Trainer of Water Survival.

“The new swim qual has been modified to the modern day Marine,” said Staff Sgt. Brian L.

Fisher, MCRD pool operations chief.

The full camouflage uniform, including boots, is now required for every level of swim qualification.

“When they revamped the new swim qual, they really took into consideration the combat side of being a Marine,” said Fisher.

“For example, why would you have a swim qual where you don't have boots on, because when it comes down to it, if you're in a humvee and it flips over your going to have boots on,” he added.

The MCWSTP employs water survival skills of increasing levels of ability.

It is designed to reduce fear, raise self-confidence, and develop Marines with the ability to survive in water.

Bergeron expressed that weak swimmers could get by before, but now that boots are required it can create a mental barrier. Bergeron hopes this

see **QUALIFICATION** ▶ 8



Pfc. Crystal Druery

**Recruits from Company E step into the water as part of the Marine Corps Water Survival Training Program Monday. Co. E is the second company to qualify under the new requirements. Now there are only three different levels of qualification; basic, intermediate and advanced. The changes implemented effective April 15 focus on making swim qualification more realistic. Marines are now required to wear the full camouflage uniform, including boots.**

## Osprey flight makes history

CPL. RASHAUN X. JAMES  
2ND MARINE AIRCRAFT WING

**CAMPBASTION, Afghanistan** — The Marine Corps completed an aviation first, April 8, by flying MV-22B Ospreys on the

aircraft's longest movement to date.

Six Ospreys with Marine Medium Tiltrotor Squadron 266 returned to the 26th Marine Expeditionary Unit after a trek from Camp Bastion, Afghanistan, to Souda Bay, Greece, with the assistance of a pair of KC-130J Hercules from 2nd Marine Aircraft

Wing (Forward) who provided transport and aerial refueling support.

“As far as aerial refueling missions are concerned, this was a Marine Corps and Naval aviation first,” said Capt. Ben Grant, the executive officer for the Marine Aerial Refueler

see **OSPREY** ▶ 3

## H&S Bn. Sgt. Maj. passes on reins



Cpl. Kristin E. Moreno

Sgt. Maj. Donald Jones hands the noncommissioned officers sword to Col. Stephanie Smith, Headquarters and Service Battalion commanding officer, during a relief and appointment ceremony held at Shepherd's Field Friday. “It was my honor and privilege to have known and worked beside the Marines (aboard the depot),” said Jones. “I'm not sad; I'm not going to cry; my eyes may tear up, but I'm not crying. This is a happy day.” Jones was relieved by Sgt. Maj. Michael D. Brookman.

## Depot SMP volunteers time, provides Meals on Wheels to needy

LANCE CPL. KATALYNN THOMAS  
CHEVRON STAFF

The Single Marine Program aboard Marine Corps Recruit Depot San Diego recently started participating in the Meals on Wheels Program.

The SMP has been working with the Meals on Wheels of Greater San Diego, Inc., for the past two months delivering meals to the elderly in Point Loma.

“We are always looking for interesting volunteer opportunities,” said Michele Diamond, SMP coordinator, Semper Fit. “I presented the idea to the council, and they voted yes on it. So here we are delivering meals to the elderly.”

Every other Monday volunteers meet the Meals on Wheels of Greater San Diego at Red Lobster where they inventory the food and leave to

see **VOLUNTEER** ▶ 6



# Corps bids farewell to Kent June 9, welcomes new Sgt. Maj. of Marine Corps

## CHANGE 1

combat deployments include serving in the Persian Gulf War as a sniper with 3rd Battalion, 9th Marine Regiment, and two tours in Iraq as battalion sergeant major of 2nd Battalion, 7th Marine Regiment.

Kent has served as the Sergeant Major of the Marine Corps since April 25, 2007. He graduated recruit training March 1976 at Marine Corps Recruit Depot Parris Island, S.C. In his 35 years of service, Kent has led Marines in various billets to include senior drill instructor and battalion drill master at Marine Corps Recruit Depot San Diego, chief drill instructor and first sergeant at Naval Aviation Officers Candidate School in Pensacola, Fla., and sergeant major of I Marine Expeditionary Force at Marine Corps Base Camp Pendleton, Calif.

“My time on active duty is coming to an end, and I’m honored to pass the sword of office to Sgt. Maj. Barrett,” said Kent. “He is a true warrior and will continue the great legacy our Corps.”



Sgt. Ben J. Flores / Headquarters Marine Corps

**WASHINGTON – Commandant of the Marine Corps Gen. James F. Amos announced Sgt. Maj. Micheal Barrett as his selection for the next Sergeant Major of the Marine Corps.**

## Spouses recognized for hard work, dedication



Lance Cpl. Eric Quintanilla

**Military spouses aboard the depot gathered at Butler Gardens for a day of appreciation with Maj. Gen. Ronald L. Bailey, commanding general of Marine Corps Recruit Depot San Diego and the Western Recruiting Region, Sunday. Spouses asked questions pertaining to the depot and made suggestions for the future. Breakfast and music were provided for the spouses, as well as time to introduce themselves to other spouses aboard the depot.**

## Autism Awareness Month: TRICARE Covers ABA Therapy

SHARI LOPATIN  
TriWest Healthcare Alliance

Today, autism in children has become more prevalent than childhood cancer, juvenile diabetes and pediatric AIDS combined.

That’s according to Autism Speaks, a national autism science and advocacy organization. The association defines autism as “a group of complex developmental brain disorders.” Today, about one in every 110 children is diagnosed with autism.

April is Autism Awareness Month, a month that’s been celebrated by the Autism Society since the 1970s, according to their Web site. Autism Awareness Month highlights the growing need for concern about autism and its potential treatments.

Many different types of treatment exist for an autistic individual. However, one of the more prominent techniques that’s gained notoriety recently is Applied Behavior Analysis, or ABA therapy.

According to the National Institute of

Child Health and Human Development, ABA may help reduce problem behaviors associated with autism and teach vital new skills.

As part of the growing recognition of ABA therapy, TRICARE now covers this type of treatment for eligible beneficiaries. It’s part of TRICARE’s Autism Services Demonstration, an enhanced benefit under the ECHO program. ECHO, or Extended Care Health Option, is TRICARE’s benefit for individuals with disabilities.

### Here’s how it works:

To be eligible for ECHO, a family must first enroll into its service branch’s Exceptional Family Member Program. Each service branch has a point of contact to help families enroll. After enrolling, the family needs a referral to register for ECHO, which can be obtained from a provider, or even a self-referral. After a family gets registered in ECHO, they can check their eligibility for the Autism Services Demonstration.

Children eligible for the Autism Services

Demonstration must have a diagnosis that falls along the autism spectrum. In addition, they must have an active duty sponsor, be living in the United States, be 18 months or older and be enrolled in the ECHO program through their TRICARE regional contractor.

The TRICARE Autism Services Demonstration covers ABA treatment and other types of therapies that fall under the umbrella of “Educational Interventions for Autism Spectrum Disorders.”

The providers that implement these therapies must be TRICARE-authorized in order for the treatments to be covered. TriWest makes sure to take care of these providers, so they can take care of you – their patients.

Each month, families pay a “cost share” for services they receive under ECHO. This monthly cost share depends on the sponsor’s pay grade. For more information on the Autism Services Demonstration, including specifics on cost shares, visit [www.triwest.com/autism](http://www.triwest.com/autism).

## BRIEFS

### Support the Troops Blood Drive

The Navy Bloodmobile will be hold a blood drive in support of the troops in the old Home Store parking lot from 9:30 a.m. to 2 p.m. April 25. The Blood Donor Center from Naval Medical Center San Diego sends a weekly shipment of blood in support of troops deployed to the Middle East. Due to increased activity in current operations, the amount of blood to ship each week has gone up. The blood collected is also used at the Naval Medical Center. All donations support the military.

### Month of the Military Child

April is the Month of the Military Child. Join us as we celebrate and recognize the importance of our military children. Your child will be entered in a raffle for each event attended! All events will be held at Bldg. 6E.

The last event is:

- April 23 - 8:30 a.m. to 12:30 p.m. L.I.N.K.S. for kids (6 to 12 years old) “Our Children, Our Future, Our Responsibility”

### Self-defense class for women

A self-defense class for women is offered April 23 from 9 a.m. to noon in Bldg. 5E.

The class promotes personal safety for women including awareness, assertiveness, verbal confrontational skills, safety strategies, and physical techniques that enable a person to successfully avoid, prevent, escape and survive violent assaults.

Space is limited and registration is required. For information and to register, call Family Advocacy at (619) 524-0465.

### Introduction to special education

Karen Taylor, attorney for the Exceptional Family Member Program at MCRD San Diego, will host a work-shop to help parents understand the world of special education.

The event is scheduled to be held in the MCRD family readiness classroom April 26 from 9:30 to 11:30 a.m.

Topics include:

- Special education law
- Special education process
- Parental rights
- Tips & strategies

For more information or to RSVP, contact Anna Nguyen at (619) 524-8031 or [nguyena@usmc-mccs.org](mailto:nguyena@usmc-mccs.org)

### Marketing yourself for a second career

The Career Resource Center will host a “Marketing Yourself for a Second career,” seminar on May 5 from 9 to 11:30 a.m. in the Lifelong Learning Center, Bldg. 111. This free event is open to all, and is a value added benefit for servicemembers who plan to retire or leave the military in the next 12 to 18 months. Spouses are encouraged to attend.

In the seminar learn how to:

- Create a plan for your job search
- Write standout résumés and cover letters
- Successfully interview and network
- Penetrate the hidden job market
- Negotiate salary and benefits
- Manage rejection

For reservations, call Mina Threat at (619) 524-1283/5728 or e-mail [mina.threat@usmc.mil](mailto:mina.threat@usmc.mil)

### Send briefs to:

[mcrdsdpao@usmc.mil](mailto:mcrdsdpao@usmc.mil). The Chevron staff reserves the right to publish only those briefs that comply with Department of Defense regulations and the standards of the U.S. Government.



## Around the depot

**This week the Chevron asks:**  
**"What would you ask the incoming Sergeant Major of the Marine Corps?"**



**"What's your plan on taking care of the wounded warriors and getting them back into the Marine Corps fight?"** 1st Sgt. James P. Sanders, Company first sergeant, Co. D



**"I would ask him if he sees us going into Libya anytime soon."** Staff Sgt. Daniel Winfield, Korean linguist, Recruiters School graduate



**"To be honest, it would be something cheesy like, 'What's your favorite duty station?'"** Lance Cpl. Matthew Howell, graphics specialist, Combat Camera

# Marine Corps makes aviation history with intercontinental Osprey flight

## OSPREY ◀ 1

Transport Squadron 252 detachment currently deployed in support of operations in Afghanistan.

"Never before has an MV-22 movement been conducted this far or on this scale. On this mission, the MV-22s traveled in excess of over 2,800 miles from Camp Bastion to Souda Bay, using aerial refueling provided by KC-130Js. We transited three continents over land and water, three combatant commands' areas of responsibility, and did it with no major issues."

The mission was conducted to return VMM-266 Marines, cargo and aircraft to the USS Kearsarge and the 26th MEU, which had been tasked to the Mediterranean region in support of operations in Libya.

"This mission validated a capability that should ultimately be seen as routine," said Grant. "We affirmed the ability of the MV-22 to be long-range deployed with KC-130J support."

Grant said the mission was conducted over two separate movements consisting of two Hercules and three Ospreys. During both movements, the KC-130Js not only refueled the MV-22Bs, but also transported more than 50,000 pounds of VMM-266's essential cargo, maintenance and support equipment. Nearly 100 Marines also made the journey so they could join the rest of the 26th MEU, and prepare for their return to the U.S.

"Our weather radar, familiarity with international flying, cargo capacity, communications and navigational abilities, and ability to aerial refuel the MV-22 makes us a combat multiplier for them, ensuring their success," Grant said of the KC-130J's abilities.

Grant said the mission went well, a result of not only planning, but the Marines' ability to adapt to the situation.

"Though we had prepared for a myriad of contingencies, none arose that required us to

alter our timelines or routing," said Grant.

"While each movement encountered expected and unexpected friction that had to be immediately addressed, each was handled superbly by the KC-130J and MV-22 Marines. Everyone involved worked as a team of professionals."

Grant said while the mission was the first of its type at this scale, he believes more missions of this nature will occur in the future. He said he sees movement like this becoming as routine for the Osprey as they are for other Marine Corps aircraft including F/A-18 Hornets, AV-8B Harriers and CH-53E Super Stallions.

"It was not without many learning points for both the MV-22 and KC-130J crews," said Grant.

**As Marines, we are not just warriors from the sea. We are warriors, from anywhere to anywhere on the globe.**

**Capt. Ben Grant**  
**VMGR-252 executive officer**

"We are still developing and refining these procedures as the MV-22 continues to mature. Great credit goes to the MV-22 pilots and crews for their 'can-do' attitude and planning of these two movements."

Since responding to a request to support Regional Command Southwest's area of operations, the Fighting Griffins of VMM-266, based out of Marine Corps Air Station New River, N.C., have provided aviation and assault support for 3rd Battalion, 8th Marine Regiment and other coalition ground forces in Afghanistan, explained Lt. Col. Romin Dasmalchi, the VMM-266 commanding officer. Simultaneously, other elements of

VMM-266, including reinforcements from an AV-8B Harrier detachment, participated in other activities, notably recent operations in Libya.

"It's been a challenging deployment for the Marines here," Dasmalchi said. "They've been split up into two theaters and have found motivation in the fact that the squadron was still able to operate with great success."

Before VMM-266 departed Afghanistan, the squadron and VMM-264, another New River, N.C.-based MV-22B squadron, conducted an aircraft exchange allowing four of VMM-264's Ospreys to return back to the U.S. for maintenance. In return VMM-264 inherited four newer Ospreys from VMM-266 to continue to conduct operations in Afghanistan, said Dasmalchi.

"Our Marines had their work cut out for them once we accepted these older aircraft," said Dasmalchi. "The aircraft had to be operationally sound before we embarked on the long-range flight to Souda Bay. The Marines did an incredible job, logging thousands of maintenance hours, all while supporting Regional Command Southwest simultaneously."

Grant credited the mission's success to KC-130J and MV-22 maintenance and support Marines, cooperation from the United Kingdom's Royal Air Force, which aided with ramp space and air traffic control and support from other Marine units, like meteorological service. He also said many Marines throughout the region, other military services, and U.S. government agencies worked behind the scenes to ensure smooth coordination.

"As Marines, we are not just warriors from the sea. We are warriors, from anywhere to anywhere on the globe," said Grant who also serves as a KC-130J weapons and tactics instructor. "This mission got the MV-22s on their way home. The next mission may be to get them to the fight, or from one fight to another."



STAFF SGT. JAMES R. RICHARDSON

**U.S. Marines with Marine Medium Tiltrotor Squadron 266 inspect an MV-22B Osprey after a 15-hour flight from Camp Bastion, Afghanistan to Naval Support Activity Souda Bay, Greece, April 3. Marines planned and coordinated for more than one month in preparation for a mission where Marine Aerial Refueler Transport Squadron 252 escorted VMM-266 on its return flight to the USS Kearsarge, 26th Marine Expeditionary Unit, after a deployment supporting operations in Afghanistan.**

**CHEVRON**  
 ESTABLISHED 1942

**COMMANDING GENERAL**  
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**SERGEANT MAJOR**  
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**PRESS CHIEF**  
 CPL. KRISTIN E. MORENO

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LANCE CPL. KATALYNN THOMAS  
 LANCE CPL. ERIC QUINTANILLA  
 LANCE CPL. MICHAEL ITO  
 PFC. CRYSTAL DRUERY

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CPL. KRISTIN E. MORENO

A Company C, 1st Recruit Training Battalion recruit does ammunition can lifts while another recruit counts and drill instructors Sgt. William Caballero and Staff Sgt. Kenneth Oldham motivate him during a Combat Fitness Test April 14.



CPL. KRISTIN E. MORENO

Drill Instructor Sgt. Michael Sloan, Company C, 1st Recruit Training Battalion, motivates one of his recruits to throw a simulated grenade during a Combat Fitness Test April 14. If the dummy grenade hits within a certain area, five seconds are subtracted from the overall time.

# Cha

LANCE CPL. ERIC  
CHEVRON STAFF

With 30-p recruits Battalion what energy is left without dropping This is just one r Test. The CFT is a and December 31 According to the Education Comm a Marine's ability that reflect operat



Company C, 1st Recruit Training Battalion, participated in the first event in the



Recruit Jonathon Company C, 1st Recruit Training Battalion, crawls during the



A recruit with Company C crawls during the Combat Fitness Test April 14.



# Charlie recruits get first taste of CFT

C. QUINTANILLA

ound ammunition cans in each hand, of Company C, 1st Recruit Training Battalion, Recruit Training Regiment, use t to sprint across the finish line them. requirement of the Combat Fitness an annual test required between July 1 each year. e Marine Corps Training and and, the purpose of the CFT is to test in high-powered, short-burst events ional demands.

“The CFT is an important part of recruit training because it is a good representation of the other strengths and skills necessary for combat that the (physical fitness test) doesn’t cover,” said Capt. Douglas Trafican, follow series commander, Company C, 1st Recruit Training Battalion. The PFT consists of a 3-mile run, crunches, and pull-ups or flexed-arm hang for females. The CFT was introduced to complement the PFT and keep Marines ready for the physical rigors of combat operations. “It’s a good test of endurance,” said Recruit Edward Lawson, Platoon 1051, Company C, 1st Recruit Training Battalion. “It proves how we work under pressure.” Recruits start the CFT by sprinting 880 yards for time.

After the sprint they quickly move into two minutes of rapidly lifting a 30-pound ammunition can overhead from shoulder height. The test concludes with maneuver under fire. Maneuver under fire is a 300-yard timed course that tests recruits on a variety of combat-related skills. It starts with a 100-yard sprint followed by high and low crawls, simulated casualty drags and carries, an ammunition resupply, a grenade throw and agility running. “The techniques can be used on a real battlefield to get your buddies out of enemy fire,” said Lawson. The CFT has been run for score since 2009 and plays a vital role in every Marine’s career by impacting composite scores and promotions.



CPL. KRISTIN E. MORENO

Recruit Training Battalion recruits sprint during the movement to contact portion of the Combat Fitness Test April 14. The movement to contact is the CFT. It is followed by the ammunition can lifts and the maneuver under fire course.



CPL. KRISTIN E. MORENO

Glenn lifts Recruit Alexander Edwards, both of Recruit Training Battalion, during the CFT.



CPL. KRISTIN E. MORENO

A drill instructor with Company C, 1st Recruit Training Battalion, encourages his recruit during the fireman’s carry portion of the Combat Fitness Test April 14. The CFT is an annual training requirement for all Marines to ensure they’re able to endure the rigors of combat.



LANCE CPL. MICHAEL ITO

company C, 1st Recruit Training Battalion, low e maneuver under fire portion of the Combat Fit-4.



CPL. KRISTIN E. MORENO

A recruit with Company C, 1st Recruit Training Battalion, prepares to thrust the ammunition can into the air during the Combat Fitness Test April 14.



# Pugil bouts teach recruits bayonet techniques

PFC. CRYSTAL DRUERY  
CHEVRON STAFF

There are very few chances during training when recruits receive permission to take out their aggression out on a fellow recruit.

Recruits from Company C were provided an opportunity April 12 during pugil sticks. Pugil sticks are heavily padded poles which simulate fighting with an M16A2 service rifle. The pugil sticks are a safe, effective way for recruits to develop intensity, confidence, and combat readiness.

“Having pugil sticks in recruit training gives the recruits a chance to practice bayonet techniques they have been taught against live opponents while in a safe manner,” said Staff Sgt. Marvin B. Thomas, Martial Arts Instructor Trainer.

Thomas explains how strength alone may not be enough. Combat requires both technical proficiency and mental toughness to be successful.

“It helps prepare recruits for the mental aspect of combat. If they’re scared in combat and not prepared from practicing techniques, then they won’t be any good,” said Thomas.

Recruits participate in pugil sticks for three training days and again during the crucible. For recruits of Co. C, this was their last chance to fight before the crucible.

“By their third go at pugil sticks they have been taught all the entry level techniques or tan belt techniques,” said Staff Sgt. James A. Mcfiline, Martial Arts Instructor.

Mcfiline explains it’s the only time a recruit is encouraged to hit another recruit.

As with all of recruit training, safety is paramount. Recruits wear a variety of proper protective equipment to



PFC. CRYSTAL DRUERY

**A recruit from Company C crushes a fellow recruit during pugil sticks April 12. Pugil sticks are a safe, effective way for recruits to develop intensity, confidence, and combat readiness on a live opponent. It teaches them how to overpower their opponent as a Marine would in combat and prepares them for the mental aspect of combat.**

prevent injuries and are matched with another recruit similar in size. Martial arts instructors also stand ready with a whistle if the fight needs to stop immediately.

Once two recruits are evenly matched and gear is checked, infamous ‘war cries’ can be heard as recruits pummel one another.

Mcfiline states the interpersonal

violence ties in everything the recruits have learned in the Marine Corps Martial Arts Program. “Pugil sticks is the closest thing to combat an entry level Marine gets to experience,” added Mcfiline.

## Marines build friendships, deliver meals for elderly



### VOLUNTEER 1

deliver the meals.

Not only do the volunteers deliver food, they take a moment to visit with folks.

“This is like a way to check on them,” said Diamond.

“We’re allowed to visit with them, and if they offer, have some cookies,” added Diamond.

“Even this little random act of kindness of delivering meals to the elderly makes me feel like I am doing one of the things I joined the Marine Corps to do,” said Lance Cpl. Simone Morgan, finance technician, Finance. “I really want to help others.”

Morgan said she hasn’t gotten the chance to sit down and visit with the elderly, but would really like to get that chance.

The Meals on Wheels Association of America exists in all 50 states and some U.S. territories. It is the largest and oldest national organization composed of and representing local, community-based senior nutrition

programs. The first formal Meals on Wheels started in the 1950s serving Philadelphia shut-ins.

According to the Meals on Wheels Association of America, there are about 5,000 local senior nutrition programs in the U.S. They produce well over a million meals for seniors each day. These meals can be delivered to senior centers and right to the houses.

Meals on Wheels have several projects that they do things like, March for Meals, Meals for Moms and a few educational projects.

For more information on the Meals on Wheels Program, visit [www.mowaa.org](http://www.mowaa.org). For more information on the Single Marine Program and their events, visit [www.mccsmcrd.com](http://www.mccsmcrd.com).

### Sgt. Maj. Kim E. Davis

#### Parade Reviewing Officer

Sgt. Maj. Davis was born in Hahn Air Force Base, West Germany.

In October 1981, he reported to Marine Corps Recruit Depot Parris Island, S.C., where he underwent recruit training. In January 1982, Davis reported to the United States Army Air Defense School, Fort Bliss, Texas, for the Redeye and Stinger Gunner Operator’s Course.

Upon graduating in April 1982, he reported to 2nd Forward Area Air Defense Battery, Cherry Point, N.C., where he subsequently picked up lance corporal and corporal, completing numerous deployments and exercises.

In August 1984, Davis reported to 3rd Forward Area Air Defense Battery, Futenma, Okinawa, Japan, where he picked up sergeant meritoriously and was assigned to Marine Security Guard School, Quantico, Va.

In January 1986, Davis reported to American Embassy, Beirut, Lebanon, and served there until March 1987, when he was reassigned to American

Embassy, Madrid, Spain. It was there he was promoted meritoriously to the rank of staff sergeant and returned to Marine Security Guard School for further training as a detachment commander. After graduating as honor man, Davis was assigned as the Detachment Commander, American Consulate General, Calcutta, India, where he served until March 1990.

After successful completion of MSG Duty, Davis was assigned to 3rd Low Altitude Air Defense Battalion, Camp Pendleton, Calif., and in August 1990, participated in Operations Desert Shield and Storm.

Returning to the U.S. in April 1991, Davis was promoted to the rank of gunnery sergeant and received orders to Marine Corps Air Station Futenma, Okinawa, where he was assigned as the station property control officer.

Upon completion of this tour, he then returned to 2nd Low Altitude Air Defense Battalion, Cherry Point, where he served as the Moving Target Simulator, staff noncommissioned officer-in-charge and operations chief for Bravo Battery.

In 1996, having been selected for first sergeant, he was transferred to 8th Motor Transport Battalion, 2nd Field Service

Support Group, Camp Lejuene, N.C., and assigned to Bravo Company. He was assigned as the first sergeant for Combat Service Support Detachment 28 in support of Combined Arms Exercise 9/10.

In December 1997, he reported to Combat Service Support Detachment 21, MCAS Cherry Point as the detachment first sergeant. Upon his selection to sergeant major in February 2000, Davis received orders to 2nd Battalion, 5th Marines.

He deployed in July 2001 as the sergeant major for the Ground Combat Element for the 31st Marine Expeditionary Unit and conducted humanitarian assistance for the people of East Timor, post Sept. 11.

In February 2002, he deployed with 2nd Battalion, 5th Marines to Kuwait as part of the coalition forces to free the Iraqi people. Davis was assigned as the battalion sergeant major for Marine Corps Security Forces Battalion from June 2004 to May 2006.

From June 2006 to July 2008, Davis was assigned as the sergeant major, 4th Marine Logistics Group, New Orleans, La. On Aug. 15, 2008, Davis assumed the duties as sergeant major of Marine Forces

Reserve.

Davis’ personal awards include the Meritorious Service Medal with two gold stars, the Navy Commendation Medal with three gold stars and combat distinguishing device, the Navy Achievement Medal with one gold star and the Combat Action Ribbon with two gold stars.







**Platoon 3235**  
**COMPANY HONOR MAN**  
Lance Cpl. J. C. Rojas  
Everett, Wash.  
Recruited by  
Staff Sgt. P.A. Herrera



**Platoon 3231**  
**SERIES HONOR MAN**  
Pfc. A. J. Balandran  
Sacramento, Calif.  
Recruited by  
Staff Sgt. C. Nieves Jr.



**Platoon 3229**  
**PLATOON HONOR MAN**  
Pfc. D. R. Corral  
Lubbock, Texas  
Recruited by  
Staff Sgt. J. James



**Platoon 3230**  
**PLATOON HONOR MAN**  
Pfc. N. A. Rossi  
Rockford, Ill.  
Recruited by  
Staff Sgt. J. Bodell



**Platoon 3233**  
**PLATOON HONOR MAN**  
Pfc. J. H. Sayre  
Tucson, Ariz.  
Recruited by  
Sgt. E. Turcios



**Platoon 3234**  
**PLATOON HONOR MAN**  
Pfc. M. J. Allen  
Guam  
Recruited by  
Staff Sgt. T. Raymond



**Platoon 3230**  
**HIGH SHOOTER (341)**  
Pfc. M. M. Frieden  
Spencer, Iowa  
Marksmanship Instructor  
Staff Sgt. R. Burkholder



**Platoon 3234**  
**HIGH PFT (300)**  
Pfc. N. V. Skidmore  
Milwaukee, Wis.  
Recruited by  
Sgt. R.L. Hieffner



# KILO COMPANY



<b>3rd RECRUIT TRAINING BATTALION</b> <i>Commanding Officer</i> Lt. Col. N. C. Stevens <i>Sergeant Major</i> Sgt. Maj. D. A. Lee <i>Battalion Drill Master</i> Staff Sgt. A. R. Bernatowski <i>Chaplain</i> Lt. R. W. Peters III  <b>COMPANY G</b> <i>Commanding Officer</i> Capt N. L. Martinez <i>Company First Sergeant</i> 1st Sgt. T. E. Harrelson	<b>SERIES 3229</b> <i>Series Commander</i> Capt S. DiBello <i>Series Gunnery Sergeant</i> Gunnery Sgt. E. J. Ruiz	<b>PLATOON 3229</b> <i>Senior Drill Instructor</i> Gunnery Sgt. G. Walker <i>Drill Instructors</i> Gunnery Sgt. D. R. King Staff Sgt. R. A. Griffith Staff Sgt. J. D. Kiesow	<b>PLATOON 3230</b> <i>Senior Drill Instructor</i> Staff Sgt. J. P. Segura <i>Drill Instructors</i> Staff Sgt. G. W. Webber Sgt. H. C. Frausto Sgt. A. P. Stevens	<b>PLATOON 3231</b> <i>Senior Drill Instructor</i> Staff Sgt. R. A. Williams <i>Drill Instructors</i> Sgt. S. P. Gentry Staff Sgt. S. L. Livingston Sgt. C. M. Levine Sgt. B. L. Wesson
	<b>SERIES 3233</b> <i>Series Commander</i> Capt. Gazmen <i>Series Chief Drill Instructor</i> Staff Sgt. A. W. Hamadeh	<b>PLATOON 3233</b> <i>Senior Drill Instructor</i> Staff Sgt. L. M. Martinez <i>Drill Instructors</i> Sgt. S. Rios Sgt. L. A. Gallardo Staff Sgt. J. R. Borski Sgt. B. L. Wesson	<b>PLATOON 3234</b> <i>Senior Drill Instructor</i> Sgt. S. R. Villa <i>Drill Instructors</i> Sgt. C. G. Garcia Sgt. M. A. Lee Sgt. E. Mendoza Sgt. J. D. Klein	<b>PLATOON 3235</b> <i>Senior Drill Instructor</i> Staff Sgt. R. S. Garcia <i>Drill Instructors</i> Staff Sgt. V. Monroy Staff Sgt. S. F. Casias Sgt. D. B. Jolly Sgt. J. C. Dodson

\* Indicates Meritorious Promotion

**PLATOON 3229**

Pfc. R. N. Alcoser Jr.  
Pfc. A. M. Allen  
Pvt. J. Alvarado  
Pfc. O. O. Alvarado  
Pvt. R. Arreola  
Pvt. K. Bauer  
Pfc. R. Begay  
Pfc. Z. S. Blake  
Pvt. A. Bobadilla  
Pvt. G. M. Bochek  
Pvt. T. R. Bolt  
Pfc. D. R. Bridgewater  
Pvt. T. D. Calderwood  
Pvt. J. A. Cantu  
Pvt. R. A. Carey  
Pfc. A. Cermeno  
Pvt. K. R. Clark  
Pvt. L. S. Coeconklin  
Pfc. D. R. Corral  
Pvt. A. J. Cox  
Pvt. J. L. Culilap  
Pvt. M. J. Dahl  
Pvt. J. Delacruz Jr.  
Pfc. A. S. Dodge  
Pvt. R. B. Ellis  
Pfc. D. S. Embrey  
Pvt. D. C. Evans  
Pvt. D. A. Evans  
Pvt. B. D. Fitzgerald  
Pfc. A. Flores  
\*Pfc. A. D. Frey  
Pfc. R. D. Gallegos III  
Pvt. M. A. Garcia  
Pfc. K. E. Gieselman  
\*Pfc. J. A. Goddard  
Pvt. P. Gonzalez Jr.  
Pvt. C. M. Gray  
Pvt. E. L. Griffin II  
Pfc. R. Gutierrez Jr.  
Pvt. E. Guzman  
Pvt. L. C. Haigler  
Pvt. T. W. Hale  
Pvt. W. K. Hammonds Jr.  
Pvt. J. M. Hampel  
Pfc. T. M. Hawrysz  
Pvt. L. Hernandez Jr.  
Pvt. M. A. Herrington  
Pvt. S. M. Hollingsworth  
Pvt. R. C. Hopkins  
Pvt. M. A. Hotchkiss  
Pvt. C. W. Hughes  
Pvt. A. W. Hunter  
Pvt. A. A. Ingram  
\*Pfc. D. P. Jackson  
Pvt. P. S. Jimenez  
Pvt. A. J. Jolliff  
\*Pfc. A. L. Jones  
Pvt. A. V. Kingsolver  
Pvt. K. S. Kirby  
Pvt. B. D. Krebs  
Pvt. D. D. Lam  
Pvt. D. M. Laviolette  
Pvt. A. M. Leiting  
Pvt. M. Lika  
Pvt. J. L. Linquist  
Pvt. B. J. Longcrier  
Pfc. K. C. Lovekin  
Pfc. S. Y. Park  
Pvt. E. E. Rosenthal

**PLATOON 3230**

Pvt. C. G. Adams  
Pvt. E. E. Alcantara  
Pvt. A. D. Ayers  
Pvt. Z. H. Bates  
Pvt. S. R. Belisle  
Pvt. J. R. Bird  
Pvt. M. A. Block  
Pfc. C. S. Bolowskie  
Pfc. P. M. Bruno  
Pvt. K. D. Butler  
Pvt. R. A. Castro III  
Pfc. A. S. Cepeda  
Pfc. C. Chang  
Pvt. R. Chavez  
Pvt. D. J. Christian  
Pvt. T. A. Cornforth  
Pfc. R. P. Coyle  
Pvt. L. A. Croan  
Pfc. C. L. Cunningham  
Pvt. E. R. Cunningham  
Pvt. J. L. Debnier  
Pvt. K. J. Defauw  
\*Pfc. R. V. Delacruz  
Pfc. L. N. Delao III  
\*Pfc. G. A. Demers  
Pfc. R. A. Deseife  
Pvt. M. J. Dietrich  
Pvt. B. C. Dixon  
Pfc. A. J. Draper  
Pvt. T. B. Elliott  
\*Pfc. B. M. Fellows  
Pvt. A. R. Feri  
Pfc. R. J. Fisher  
Pvt. N. T. Flageollet  
Pvt. A. D. Freelove  
\*Pfc. M. M. Frieden  
Pfc. Y. A. Fuentes  
Pfc. J. A. Garcia  
Pfc. K. R. Garcia  
Pvt. G. G. Gardner  
Pfc. D. L. Gomez  
Pfc. J. B. Gray  
Pvt. A. J. Guzman  
Pvt. D. C. Haig  
Pvt. A. L. Harper  
Pvt. M. L. Hestrer  
Pvt. W. R. Honan  
Pfc. E. D. Howe  
Pvt. S. R. Hughes  
Pvt. E. R. Jimenez  
Pfc. D. M. Juarez  
Pvt. C. H. Kambic  
Pvt. M. A. Kohn  
\*Pfc. D. J. Kosier  
Pfc. S. J. Laurin  
Pvt. J. J. Lowery  
Pvt. K. E. Mayhugh  
Pvt. C. R. McMahon  
Pvt. J. E. Mishler  
Pvt. M. R. Parnham  
Pvt. J. R. Pead  
Pvt. D. C. Perkins  
Pvt. S. Pok  
\*Pfc. B. S. Rogers  
\*Pfc. N. A. Rossi  
Pvt. B. J. Smith  
Pvt. C. A. Stevenson

**PLATOON 3231**

Pfc. E. D. Adams  
Pvt. K. R. Andera  
Pvt. K. J. Atkinson  
\*Pfc. C. B. Baermann  
Pvt. D. G. Baker  
\*Pfc. A. J. Balandran  
Pvt. A. D. Bejarano  
Pvt. G. C. Belcher  
Pvt. D. M. Bertlesen  
\*Pfc. A. M. Blackwell  
Pvt. P. J. Bond  
Pvt. M. R. Breece  
Pvt. B. W. Brooks  
Pvt. D. M. Brown  
Pfc. M. R. Brown Jr.  
\*Pfc. J. A. Budro  
Pfc. Z. C. Bush  
Pvt. J. A. Budro  
Pfc. E. C. Chang  
Pvt. N. C. Clinton  
Pvt. E. Contreras  
Pfc. B. A. Crone  
Pfc. E. M. Deluca  
Pfc. A. J. Dennison  
Pfc. R. R. Dorn  
Pvt. J. D. Dospoy  
Pvt. C. G. Dunker  
Pvt. J. D. Dusek  
Pvt. J. T. Eilertson  
Pfc. M. B. Elston  
Pvt. M. J. Estrada  
Pvt. M. A. Evangelista  
Pfc. J. P. Fandialan  
Pvt. J. M. Fisher  
Pvt. E. L. Fry  
Pfc. I. C. George  
Pvt. J. H. Glasscock  
Pfc. M. C. Gray  
Pfc. A. M. Gutierrez  
Pvt. R. N. Hall  
Pfc. A. J. Hart  
Pvt. B. L. Hatta  
Pfc. S. J. Heintz  
Pvt. D. J. Hill  
Pvt. N. W. Jennings  
Pvt. A. J. Johnston  
Pvt. R. L. Jupin  
Pvt. K. J. Kelly  
Pfc. R. K. King  
Pvt. D. M. Kingsley  
Pfc. K. P. Kochanski  
Pvt. A. D. Krieger  
Pvt. C. D. Land  
Pvt. A. D. Layman  
Pfc. A. J. Lopez  
Pvt. C. J. Lott  
Pfc. J. A. Madden  
Pfc. K. F. Mcgough III  
Pfc. M. D. Mclauchlan  
Pvt. M. A. Mendoza  
Pfc. J. A. Merkel  
Pfc. P. M. Merkel  
Pvt. T. P. Miller  
Pvt. J. J. Mooney  
Pfc. J. Orozco  
Pvt. U. Pinon-Gutierrez  
Pfc. J. D. Rose  
Pvt. D. G. Thompson

**PLATOON 3233**

Pvt. T. C. Barajas  
Pvt. B. R. Berry  
Pvt. T. F. Butler  
Pvt. F. Cavasos Jr.  
Pfc. B. D. Dale Li  
Pfc. J. C. David  
Pfc. B. J. Downing  
Pfc. S. N. Fanuke  
Pfc. E. C. Franco  
Pvt. P. J. Franco  
\*Pfc. S. G. Fritscher  
Pvt. E. R. Gonzales  
Pvt. J. J. Hamilton  
Pvt. R. G. Hatfield  
Pvt. A. T. Madril Jr.  
Pfc. K. H. Marshall  
Pvt. S. S. McLarty  
Pfc. J. G. Menck  
Pfc. J. N. Miranda  
Pvt. K. M. Moehling  
Pvt. J. M. Moore  
\*Pfc. P. W. Moran  
Pvt. J. R. Morris III  
Pvt. C. I. Munoz  
Pvt. N. A. Munro  
Pvt. P. L. Murray  
Pvt. N. J. Myers  
Pvt. J. S. Negron  
Pvt. N. N. Nelson  
Pvt. M. P. Nolen  
Pvt. S. Pacheco-Catalan  
Pvt. B. Padron Jr.  
Pvt. Z. R. Pulido  
Pvt. A. Rebolledo  
Pfc. R. T. Reynolds  
Pvt. M. A. Rivera  
Pfc. D. M. Runion  
Pvt. R. K. Sakai  
Pfc. K. X. Sanchez  
Pvt. D. A. Sanchez-Holguin  
Pvt. C. Sandoval  
Pfc. J. H. Sayre  
Pvt. M. T. Shapuras  
Pfc. K. C. Sieradzki  
Pvt. S. A. Sims  
\*Pfc. D. M. Sinclair  
Pvt. C. J. Smith  
Pfc. J. F. Springfield  
Pvt. J. L. Squire  
Pvt. A. B. Stauffer  
Pvt. A. R. Tapia  
Pvt. A. M. Thompson-Kelly  
Pvt. J. A. Tovar  
Pvt. J. G. Trejo  
Pvt. L. E. Trejo  
Pvt. C. A. Vaughn  
Pvt. F. X. Verdoza  
Pvt. A. M. Wainscott  
Pvt. J. J. Wass III  
Pvt. T. J. Watson  
\*Pfc. P. J. Whyte  
Pvt. T. J. Wick  
Pvt. J. J. Wirick  
Pvt. J. D. Wyant  
Pfc. P. S. Young  
Pfc. S. M. Zotz

**PLATOON 3234**

Pfc. M. J. Allen  
Pvt. N. O. Alvidrez  
Pfc. J. M. Barraca  
Pvt. S.A. Berlin  
Pvt. B. W. Blackwell  
\*Pfc. M. D. Bussell  
Pfc. J. P. Engel  
Pfc. C. M. Enslow  
Pfc. J.J. Evans  
Pvt. R. C. Finley  
Pvt. I. B. French  
Pfc. J. T. Graham  
Pvt. R.T. Guiao Jr.  
Pfc. T. L. Harris  
Pvt. G. Heminokey Jr.  
Pvt. D. A. Hernandez  
\*Pfc. R. D. Hernandez-Gonzalez  
Pvt. M. L. Johnson  
Pvt. E. E. Lara  
Pfc. J. A. Leon  
Pfc. D. P. Mangan  
\*Pfc. E. A. Miller  
Pvt. C. A. Obrien  
Pfc. R. K.Peacock  
Pvt. D. A. Peraza  
Pvt. S. V. Polivaev  
Pvt. T. K. Pool  
Pvt. J. W. Poole  
Pvt. M. I. Prgomet  
Pvt. C. D. Puckhaber  
Pfc. C. P. Rabaut  
Pvt. J. A. Rios  
Pvt. L. S. Rismanchi  
Pfc. N. A. Roberts  
Pfc. C. J. Robles  
Pfc. J. M. Rowley  
Pvt. V. W. Ruddell  
Pvt. T. C. Rush  
Pvt. R. D. Salvador  
\*Pfc. T. J. Samp  
Pfc. A. L. Sandoval  
Pvt. A. J. Shipman  
Pvt. C. J. Simon  
\*Pfc. N. V. Skidmore  
Pvt. C. R. Smith  
Pvt. G. J. Smith  
Pfc. R. M. Smith  
Pvt. J. F. Sotelo  
Pvt. C. P. Sparks  
Pvt. J. T. Spurlock  
Pvt. A. D. Stone  
Pfc. N. D. Stout  
Pvt. A. Sumo  
Pvt. J. J. Tarak  
Pvt. C. M. Tate  
Pvt. C. J. Terry  
Pvt. B. J. Thompson  
Pfc. T. C. Tyree  
Pvt. M. P. Vaden  
Pfc. J. M. Vandenberg  
Pvt. C. M. Weaver  
Pvt.. D. B. Weeks  
Pvt. E. M. Weilbach  
Pfc. J. C. Wentzel  
Pvt. J. T. Wetmore  
Pvt. E. J. Whittington  
Pvt. K. W. Williamson  
Pvt. J. W. Young

**PLATOON 3235**

Pvt. J. M. Krause  
Pfc. J. C. Marano  
Pfc. A. D. Mastrogiovanni  
Pvt. A. J. McMeans  
Pvt. R. P. McMurray  
Pvt. W. W. Meaney  
Pvt. G. G. Medina  
Pfc. J. M. Medina  
Pfc. H. Mendoza  
Pfc. M. A. Merchant  
Pvt. J. M. Miller  
Pfc. V. J. Montgomery  
Pfc. M. A. Morkel  
Pfc. T. E. Morrill  
Pfc. J. P. Munoz  
Pvt. S. Murillo III  
Pvt. J. J. Neave  
Pfc. A. T. Neff  
Pvt. G. A. Neill  
Pvt. S. M. Nelson  
Pvt. D. J. Nona  
\*Pfc. E. D. Oelkers  
Pvt. D. K. Olivo  
Pvt. B. Ornelas  
Pvt. D.Ornelas  
Pvt. F. Ortiz-Ramirez  
Pvt. B. S. Orwig II  
Pvt. C. C. Osinaga  
\*Pfc. D. E. Parks  
Pvt. C. S. Patterson  
Pfc. T. A. Payne  
\*Pfc. T. A. Percy  
Pvt. E. S. Perez  
Pvt. I. M. Perez  
Pfc. B. D. Peters  
Pvt. J. R. Phelps  
Pfc. A. J. Pieper  
Pvt. A. S. Pillay  
Pvt. C. W. Plummer  
\*Pfc. M. L. Price  
Pvt. C.J. Pruett  
Pfc. J. L. Pulido  
Pvt. S. R. Raines  
Pvt. C. E. Ramirez  
Pvt. N. S. Ramirez  
Pfc. J. R. Reis Jr.  
Pfc. M. A. Reposa  
Pfc. J. J. Reynolds  
Pvt. M. A. Roa Jr.  
Pvt. I. Roake  
Pvt. O. Rodriguez  
\*Lance Cpl. J. C. Rojas  
Pvt. K. D. Russell  
Pvt. M. N. Sanders  
\*Pfc. K. D. Scott  
Pvt. C. D. Smith  
Pvt. N. D. Smith  
Pvt. Z. B. Smith  
Pvt. R. F. Soloreo Jr.  
Pvt. R. Tabtimsri  
PFC. J. K. Tenorio  
PFC. C. J. Tongg  
Pfc. J. D. Trancoley  
Pvt. M. A. Trejo  
Pfc. J. A. Valdiva  
Pvt. J. A. Vanwagoner  
Pvt. M. P. Viczian  
Pvt. C. D. Vogt



# Depot marina provides water, land fun for all ages

LANCE CPL. KATALYNN THOMAS  
CHEVRON STAFF

Sand kicks up in small clouds as Marines dive to save their volleyball. Families drift in the bay on their boats, casting fishing lines. This small oasis isn't in some hard to reach spot, down sharp cliffs or winding roads.

It's here on Marine Corps Recruit Depot San Diego. The boathouse and marina are available to active duty, reservists, retirees and Department of Defense employees aboard the depot. Spouses and friends are allowed to use the services provided, but only in the presence of eligible patrons.

The boathouse provides dry storage, 24-hour security, equipment rentals, bait and tackle, and different types of boats, kayaks and surfboards.

"Along with water equipment, the marina also provides essentials for the land lovers," said Hugo Burchartz, manager, boathouse and marina. "We have a playground, sand volleyball courts, tennis and basketball courts, horseshoe pits and barbeque pits."

Along with places to have gatherings and store watercrafts, the boathouse offers learning experiences. Sailing classes begin April 30 and are held every other weekend through October 16. Classes are from 10 a.m. to 4 p.m. Participants receive a certificate and can then rent sailboats.

According to Burchartz, it is hands-on and almost all of the instruction is done on the water. "When you are done having fun in the water, we have places where you can shower," said Burchartz. "Even a clubhouse where you can get in from the sun."

Recently, Marines and sailors with HMH-466 from Marine Corps Air Station Miramar held their Spring Fling at the boathouse.

"My Marines and I thoroughly enjoyed the venue and all of the accessories that came along with the boathouse," said Kathryn Mello, family readiness officer, HMH-466. "They all enjoyed the opportunity to use the kayaks, canoes and paddleboards. They've been raving about it, they absolutely loved it!"

For more information, go to [www.mccscrd.com/SemperFit/BoathouseMarina](http://www.mccscrd.com/SemperFit/BoathouseMarina).



LANCE CPL. KATALYNN THOMAS



LANCE CPL. KATALYNN THOMAS

Kayaks and canoes can be utilized for physical training and recreation by authorized patrons, including active duty, reservists retirees and Department of Defense employees aboard the depot.

Sailboats used for recreation and instruction wait alongside one of the docks aboard Marine Corps Recruit Depot San Diego's Boathouse and Marina. Beginning April 30, sailing classes will be held every other Saturday and Sunday from 10 a.m. to 4 p.m. Classes end October 16.

## New Parent Support Program: Helping build military families since 1993

LANCE CPL. ERIC QUINTANILLA  
CHEVRON STAFF

The New Parent Support Program was developed to help military families with children under five years old adapt to parenthood and thrive as healthy families.

The depot program is operated by Heather Chamberlain, parent support home visitor, and Terra T. Pack, new parent support home visitor. They run a variety of classes and offer in-home developmental testing to help new parents understand the needs of their children.

This free, voluntary program has been available at 17 Marine Corps bases all over the world since 1993. It helps families learn how to cope with

stress, isolation, deployment and family separation, as well as the everyday demands of parenthood.

The goals of the New Parent Support Program are to promote healthy family functioning and positive parent-child interactions.

"We want to encourage parents to participate," said Pack, "and we will do our best to meet those needs."

Deployments, moves to unfamiliar locations, and

separation from extended family and friends present parenting challenges unique to military families.

"Our home visits will accommodate and individualize our services to what works for the family," said Pack.

Chamberlain and Pack also host classes aboard the depot. The classes address a variety of topics, such as managing difficult behaviors, education on child development and improving family communication.

Each class is tailored

to meet the needs of a specific age group and their current stage of development. Baby Boot Camp is for parents who are pregnant and addresses topics pertaining to childbirth and how to support their growth and development.

There are also classes that help parents recognize milestones in their child's development such as the Toddler Training Camp and the Preschool Preparation Camp.

They can also assist families with information and resources on the installation and in the community.

For more information on the New Parent Support Program, contact Heather Chamberlain or Terra Pack at (619) 524-0805 or visit their Web site at [www.MCCSMCRD.com](http://www.MCCSMCRD.com).



PFC. CRYSTAL DRUERY

A Marine Corps Instructor of Water Survival teaches the recruits of Company E how to tread water for five minutes as part of the Marine Corps Water Survival Training Program at the depot pool Monday.

## New swim qual betters Marines

### QUALIFICATION ◀ 1

new program puts more emphasis on water qualifications.

"If you know you're not a strong swimmer you should be attacking the pool on your off time, just like for a physical fitness test," said Bergeron.

For Marines who need to fulfill annual training requirements, MCRD swim instructors hold water survival qualifications every Friday at 7:30 a.m.

Marines who are current with their swim qualification are good until it expires.