



official newsletter of the 124th Fighter Wing

THE BEACON



May 2011 • Idaho Air Guard • Gowen Field, Boise, Idaho • "First Class or Not at All" • www.idaho.ang.af.mil

124 FSS "IRON CHEF" HEATS UP DFAC

By Tech. Sgt. Sarah Pokorney
Public Affairs

04/17/2011 - GOWEN FIELD, Boise, Idaho – Frantic clanking and scraping of kitchen utensils rang out amongst good-natured ‘smack talk’ in the bustling services flight kitchen before the Iron Chef challenge April 17, 2010. 124FW members from “Team France” and “Team Louisiana” went head-to-head demonstrating their best culinary skills for members of the wing to enjoy with bragging rights at stake.

“The competition makes it really fun here in the kitchen. There is a lot of trash talk about who has better food,” said Team France leader Senior Airman Myllissa Reyes, who has been involved in the Iron Chef challenge for the last three years. “This year is the Iron Chef battle of the sexes,” said Louisiana team leader Staff Sgt. Timothy Wolf

Team Louisiana, made up of a full cast of spice-slinging men, choose classic Louisiana cuisine like the spicy sausage jambalaya, fried chicken, red beans and rice, seafood gumbo, jalapeño corn bread and honey cornbread.



Staff Sgt. Tim Wolf, a member of “Team Louisiana”, liberally seasons the coating that will go into making their fried chicken as part of the Services Flight annual Iron Chef competition on April 17, 2011.

“It’s girls against guys, for the most part, and the girls of team France are going to take it,” said Airman 1st Class Sheryl Villeneuve, competing for the first time.

Team France, dominated by fierce spatula-wielding women, chose a menu of chicken cordon bleu, roast beef sandwiches with au jus, and a dessert of strawberry shortcake and chocolate mousse pie.

Banking on a sure win, Reyes said, “We plan on winning because we offer healthier options, when you think of southern food it’s always deep fried.”

“The competitors really get into it, they are very proud of their efforts,” said Lt. Col. Michael Knowles, Force Support Squadron Commander.

The Services flight has been

holding the Iron Chef competition annually for the last four years. Each year the two teams pick a team leader and come up with an approved menu to serve. After much planning and adversarial panoply, the teams dedicate a full day to preparing the food, serving a panel of judges, and sharing their themed meals with the members of the wing.

“Master Sgt. Gary Shoemaker came up with the iron chef concept for services four years ago to highlight what we do,” said Tech. Sgt. Amethyst Keaten, base services manager.

Continued on Page 4

Airman 1st Class Sheryl Villeneuve adds seasoning to what will be au jus gravy. Airman Villeneuve was part of “Team France” during the 124th Services Flight Iron Chef competition. (Air Force photos by Master Sgt. Tom Gloeckle)



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DO YOU HAVE NEWS TO SHARE?

We welcome articles and captioned photos relevant to members of the 124th Fighter Wing. Submissions must be accurate in fact, and will be edited for clarity and length. Articles will be published as space permits. They are due on Sunday of the UTA prior to the month the article will be published. Submit articles as e-mail attachments on Microsoft Word. Photographs must be non-copyrighted prints or 300 dpi or higher TIF or JPG images. Articles and images can be sent to:

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COMMANDER'S



CALL

"Fit to print" ...

'The Beacon' Returns



Welcome back to "The BEACON"!

After a brief time away we have re-initiated paper distribution of "The Beacon". Wingman feedback highlighted communication issues and "The Beacon" is one way for us to get information out. I believe you will find this publication both informative and enjoyable.

On April 1st, we paid tribute and bid farewell to 124FW Command Chief, Chief Master Sergeant David Beckman. Chief Beckman was a friend to many, a tremendous asset and we'll miss his cowboy wit and wisdom. He's leaving behind a legacy that will be difficult to top. Chief Beckman, from all Idaho Airmen, we send our deepest thanks and best wishes to you and Melody.

Please welcome our new 124FW Command Chief, Chief Master Sergeant Robert Bailey. Chief Bailey was previously assigned to 124 Communications Flight and brings with him experience and an energetic approach. Chief Bailey: you have our support, we anticipate a steep learning curve and look forward to breaking you in – we wish you a speedy transition.

Keeping with the spirit of "out with the old and in with the new", out goes Lt. Col. Shannon "Sinjin" Smith as Chief of Safety. Sinjin was instrumental in establishing our munitions storage area site plan, and with his team of professionals, kept us all on the safe path. Our new Chief of Safety, Lt. Col. Tony "Sumo" Brown is now in place—just in time as we head into the 101 critical days of summer and our home stretch of preparations for the wing Operational Readiness Inspection. His office is just down the hall from mine, and his door, like mine, is always open to you.

In closing, I would like to share with you challenges from one of our greatest commanders, Colonel Larry Kauffman. Col. Kauffman defended our Nation for 32 years, here's his challenge:

"I will close with a challenge. Before the sun sets tomorrow, review in your minds "why" you do what you do in our uniform services. Then take pen to paper and capture it. Refine it to where you can, unlike me, in 25 words or less articulate why you do what you do.

Then tell your employer so he or she can share in your pride and understand your commitment.

Tell your commanders and supervisors to raise their confidence and elevate you in responsibility and rank.

Tell our comrades to sharpen their resolve and strengthen your unit.

Finally, tell your family to remind them of why they make the sacrifices they make to stand beside you as you support and defend our American way of life. And then, thank them."

JR Compton

Commander, 124th Fighter Wing

Protected Communication – Define That Please...

Lt. Col. Rick Harper
Inspector General
124th Fighter Wing

This article is the second in a regular series of articles to familiarize you with the role of the IG at the wing level.

Protected Communication is defined in two ways according to AFI90-301, Inspector General Complaints Resolution:

1. Any lawful communication made to a Member of Congress or an IG.
2. A communication in which a member of the Armed Forces communicates information that the member reasonably believes evidences a violation of law or regulation, including a law or regulation prohibiting sexual harassment or unlawful discrimination, gross mismanagement, a gross waste of funds or other resources, an abuse of authority, or a substantial and specific danger to public health or safety, when such communication is made to any of the following:
 - a. Member of Congress or a member of their staff.
 - b. An Inspector General or a member of the inspector general's investigative staff.
 - c. Personnel assigned to

DoD audit, inspection, investigation, law enforcement, equal opportunity, and family advocacy organizations.

- d. Any person in the member's chain of command.
- e. The Chief Master Sergeant of the Air Force, Command Chiefs, and First Sergeants.

What does that mean...

The Air Force created the Inspector General program to ensure that members have quick, responsive support to address their concerns and complaints. If you have communicated an issue that fits one or more of the above categories, then you have created a *Protected Communication*. AFI90-301 ensures that you, the creator of the *Protected Communication* will not be reprimed against for such



communication. AFI90-301 also defines the manner in which you are working to change or affect improvement in the performance of the Air National Guard. I encourage you to discuss issues with your immediate supervisor, and attempt to resolve them at the lowest level within your chain of command. My job is to help facilitate that process, as the foundation for success of any organization is open two-way communication, and that is the underlying purpose of the complaints resolution program. Colonel Compton is committed to ensuring that your voice is heard. Richard.harper@ang.af.mil 422-5917-O 250-6543-C



IRON CHEF Cont. from Page 1

“The teams have cooked some of the items before but it helps them hone their skills and demonstrate creativity,” said Knowles “This year we have a great cross section of judges coming from all areas of the base.”

Teams leaders Reyes and Wolf both lobbied for votes while the judges tasted their cuisine. The judges rate the food on appearance, taste, and flavor. Knowles, a judge in previous competitions, has seen a lot of lobbying from both sides and a lot of enthusiasm by both.

Wolf joked, “If you choose Team France, then, we know what team you are ‘really’ on.” As the judges were eating they had many positive comments for both teams.

Staff Sgt. David Dickman said the mashed potatoes from the French team were exceptional and Senior Master Sgt. Matt Massengale especially liked the au jus for the French dip sandwich, “It’s not too salty, it’s just right.”

“The red beans and rice was awesome!” said Master Sgt. Daron Terry who claimed to be tough on the teams while submitting his ballot.

A few judges shared some tips and tricks on their tasting techniques. Master Sgt. Jeff Guzi said that he preferred to taste each item separately to get the unique flavor of each. Lt. Col. Neal Murphy, a veteran taster, used milk to cleanse his palate between tastings.

Plates were emptied, for the most part, by the judges and ballots were cast just as the dining facility doors opened for the rest of the wing members to come in and enjoy the iron chef meal. They expected 250 people in each of the two lines. Ballot

boxes were available for all patrons to weigh in on the challenge.

Both teams anxiously look forward to the announcement of the winner during the May drill weekend. The winning team receives a trophy to display in the dining facility and, of course, bragging rights until next year.

“In the future, we would like to increase awareness and get people excited for the Iron Chef competition,” said Knowles.

Keaten said, “We plan to continue the iron chef challenge and hope to have services gain a visual presence on base. We hope to be nominated for the Senior Master Sgt. Kenneth Disney Award that recognizes excellence in services within the guard.”

Staff Sgt. David Dickman enjoyed the food and would be happy to judge the competition in the future, “I would definitely do this again.”

The future of the iron Chef competition looks to be a bright one. With the enthusiastic support of the services squadron, the judges, and the wing members, this lively competition is sure to see some exciting themes and more fierce competition in years to come.

If you have questions about the combined June and July drills (for 124th Fighter Wing members only), consult your administrative section during May drill. Primary June UTA is June 11-12. Primary July UTA is June 9-10. Alternate UTA schedule is unchanged. Don't forget to communicate with your civilian employer!



Gowen Field Fire Department was honored by the Professional Firefighters of Idaho for their generosity. (Left to Right are): SSgt Robert Hunt, SSgt Marshall Holt, and MSgt Ryan York who led the department's efforts to raise over \$20,000 for the Muscular Dystrophy Association in March of this year.

Firefighters honored by filling the boot for muscular dystrophy

By Tech. Sgt. Sarah Pokorney
124 FW Public Affairs

3/06/2010 - GOWEN FIELD, Boise, Idaho –

The Professional Firefighters of Idaho recognized the Gowen Field Fire Department as its most generous member at their annual conference earlier this month. They honored the Gowen Field F.D. for raising the “Most Dollars Raised per Member” on behalf of the Muscular Dystrophy Association’s (MDA) 2010 “Fill the Boot” event.

The Department was honored by the Muscular Dystrophy Association this year at the Professional Firefighters of Idaho annual conference in Boise, March 2.

This award recognizes firefighters’ involvement in Idaho chapter of The MDA’s 2010 “Fill the Boot” event. Gowen Field Fire Department, with just 27 members, also ranked 16th in the nation for Most Dollars Raised per Member during the event.

“It just goes to show what a small department can really do,” said Staff Sgt. Robert Hunt, Driver Operator, Gowen Field Fire Department. “This was pretty spectacular for our department to be ranked so high nationally.”

Master Sgt. Ryan York and Staff Sgt. Marshal Holt, of the Gowen Field Fire Department, attended the professional Fire Fighters Conference, last month at the Owyhee Plaza Hotel, and were presented with the award. The award was then presented by Staff Sgt. Robert Hunt to the 124th

Promotions

CMSgt Sidney Brown

124 MOF

SMSgt Deborah Borley

124 FW

TSgt Seth Rothenbuhler

212 CACS

TSgt William Blyth

124 MSG

TSgt Dwayne Patterson

266 RANS

Congratulations!

Wing Fire Department, March 6.

During the two-day Fill the Boot event in July, the fire department was not initially satisfied with the \$6000 raised because they were accustomed to raising up to \$20,000, so they requested an additional day in August to raise more money.

"It was the opening day of the fair and we were located at the intersection of Chinden Blvd. and Veterans Memorial Parkway, in Boise. We raised almost \$10,000 just that day," said Sgt. Hunt.

The funds raised will be used locally by Muscular Dystrophy Association to support Idaho families of children with muscular dystrophy and send the children to MDA Summer Camp in McCall this June. A portion of the funds also go to the main chapter for research.

In May, the fire department will be supporting a one-day kid's camp here for the families, children, and counselors that will be attending MDA camp in McCall. They expect nearly 150 people, including families, children, and counselors, to attend the one day event.

"The day camp will allow the children and families to meet the counselors before they go to camp," said Sgt. Hunt.

Hunt said that they usually support the MDA Summer Camp in McCall but they are unable to this year because of the ORE schedule so that's why they planned the one-day camp. They are also sending dollars to support the McCall MDA camp.

Base Energy Use Down--Brainpower Up

By Lt. Col. Gary A. Daniel

124FW Public Affairs

The 124th Civil Engineering Squadron is half way through a decade-long energy program that will affect every workplace, every guardsman and civilian, and how they operate at Gowen Field. Huge sums of energy, (measured in British Thermal Units) money, and brain power (in the form of extensive re-engineering and energy auditing) are in motion to insure Gowen's compliance with federal guidelines.

According to MSgt Travis Jones (124CES/CEO) Gowen Field has exceeded all federal goals, remains ahead of many other bases in innovation, and saved 19.7 percent in energy usage last year compared to 2003. This number must drop further—to below 30 percent (of 2003 energy usage) by 2015. Closing this last gap could prove the most challenging. "As we complete the big building projects that affect our largest structures, we begin to run out of low-hanging fruit," MSgt Jones said.

The goals of the base energy plan may have seemed distant to most 124th Fighter Wing members outside of CE. That is likely to change. "We've emphasized larger spaces (where it's easier to save big), but the scrutiny is coming to our smaller workspaces," said Mr. Scott Bussman, 124CES Facility Manager.

Bussman believes that educating the base populace is the single most valuable energy saving tool at our collective disposal. And that as our buildings and their engineers become more technologically advanced, the end users of energy will have to have the basics on their minds. "We've got to encourage a sense of ownership from now on so that it feels routine to shut off the lights," Mr. Busmann said.

"Don't try to trick our thermostats," said MSgt Jones, "we have (software) programs that can detect cheaters—and pay you a quick visit. We can detect the in-rush (energy flow) to our total demand in each building." Translation: CE's building management computers can tell when you fire-up your (authorized) laser printer, and your (unauthorized) personal space heater or mini-fridge.

The Federal Energy Policy Act of 2005 drives the base energy plan. That plan changes with the overall square footage that the Air National Guard authorizes the 124FW to operate with. In essence, the Base Realignment and Closure proceedings that decommissioned the 189th Airlift Squadron and Aerial Port Flight made the arithmetic harder, not easier. "We're authorized less space to accomplish our mission, MSgt Jones said.

In the future, more appliances on Gowen Field will fall under the Energy Star purchasing policies that began in 2004. The Air Force has already successfully met Energy Star certification for over 90 percent of the computers it has fielded since then. The AF Information Technology Commodity Council estimates annual savings of over \$15 million. Locally the 124FW can expect to reap a smaller scale savings on more efficient lighting fixtures, heating systems, appliances as well as computers.

To do this Mr. Busmann believes that everyone on base will need to adapt the same attitude they have at home and act as though the energy bill is a monthly reality. Busmann explained "We need to spread the word more widely that some personal actions help us (like turning off the coffee pot), and some actions hurt us (like opening up squadron entry doors to get a breeze going)."

"When our workforce here tries to outsmart an already smart building, they usually confuse it and make the overall conditions inside much worse," said MSgt Jones.



April is Sexual Assault Awareness Month

By Terry Williams

Asst. Sexual Assault Response
Coordinator, Joint Force HQ, ID

Sexual assault is one of the most devastating crimes that can be perpetrated against women and men. The individuals that prey on innocent victims have no distinguishing characteristics; they are not necessarily the stranger in the night. Most sexual assaults are carried out by someone who is familiar with the victim, a friend, relative, or even a spouse. Hopefully this article will raise your awareness, bring attention to this heinous crime and help foster a safer working and living environment. Though statistics vary from agency to agency, it is important to note that most sexual assaults go unreported. Studies show and national statistics indicate that 1 in 3 females will be sexually assaulted sometime in their life, and hold the phone... Guys

don't think this is a women's issue only, because 1 in 8 males will be sexually assaulted in their lifetime. Victims of sexual assault face many obstacles when trying to become a survivor. Victims many times blame themselves for what has happened; they feel they have lost their dignity, self respect and lost their willingness or ability to trust and sometimes love. In many instances they become reclusive and withdrawn. However, the reality is NO ONE ASKS TO BE A VICTIM. Victims are just that, victims. The dictionary defines victims as 1) a person that suffers harm from another or from some adverse act, or circumstance and 2) a person who is tricked or swindled. So, where does the blame truly belong? In the past, society has placed a lot of the blame on the victim. They would say such odd things as "well, if they wouldn't dress that way, then it would not have happened", or "Well they went to the bar and got drunk, you know, the meat market, what did they expect?" So, let me comment real quickly on this issue: It doesn't matter the situation, it doesn't matter where, it doesn't matter who is involved, and all that really matters is NO MEANS NO! If there is any doubt, don't. As a military family, we all have the ability to curb and eventually eliminate sexual assault. For just a second think back to when you were at a function and you observed someone talking to another person who had way too much to drink. male or female, it doesn't matter, situations like this happen all the time. Bottom line, if you have that uneasy feeling, that gut reaction

that says I don't think he/she should be taking that person home, then step in and get that person out of a potentially bad situation. As a Wingman or Battle Buddy we should have the moral courage to intercede in situations that we know just aren't right, we would if that was our child, sister, mother, or friend. As a bystander you have untold powers to effect a positive change in our attitudes and thinking and using this power to intercede will help us meet our goal: No tolerance when it comes to sexual assault. Remember this: "Hurts one, Affects All." In the military there are resources available for victims of sexual assault. The Sexual Assault Response Coordinator (SARC) is the focal point for this help. The SARC, Chaplains, Unit Victims Advocates and all medical personnel have privileged communications and are the only personnel you can contact and still retain your rights for a confidential report. Based on the victim's desires, they can keep the information completely confidential. This is considered a RESTRICTED REPORT, which keeps the victim's identity a secret but limits what actions can be taken. Restricted Reporting still allows for the SARC to arrange for medical and other forms of assistance. These benefits can be accessed either through military channels or other sources available to your SARC. The second type of reporting is the UNRESTRICTED REPORT, which allows the SARC to divulge limited information to a select group of personnel on a need-to-know basis, to facilitate medical treatment and access other assistance. However,

Sexual Assault Awareness continued on page 7

Sexual Assault Awareness continued. from page 6

the most important feature of Unrestricted Reporting is that it aids in the initiation of a law enforcement investigation, and allows commanders to help keep the victim safe. The Department of Defense (DoD) has made the reduction and elimination of sexual assault a priority. To ensure 24/7 access to your SARC, they have created the Safe Helpline, which is a confidential and anonymous sexual assault hotline for the DoD community. Below is the contact information for Safe Helpline and the office/cell numbers for your Joint Force Headquarters SARCs. We are here to help you!

Safe Helpline

Internet: www.Safehelpline.org

Landline: 877-995-5247

Text: 55-247 (CONUS) or

202-470-5546 (OCONUS)

JFHQ SARC (Lt. Colleen Walker)

Office: 208-272-8400

Cell: 208-447-6166

Assist. JFHQ SARC

(Mr. Terry Williams)

Office: 208-272-4306

Cell: 208-949-7583

124FW SARC

Lt. Col. Beverly Bracewell

Office: 208-422-6162

Cell: 208-954-3369



What is this? It is a QR Code. Chances are that your (or your child's) smart phone has a barcode scanner on it. If your phone has this capability, please load the scanner. In this case, the code opens all the vital data at the end of this article (including the web link). Try it. You may need this data in a hurry some day. This information also found at:

www.thebeaconlive.com

Congratulations Guardsmen of the Quarter, Q1 FY 2011



A1C Heidi Caye
Civil Engineer Squadron



TSgt Joshua Patten
Intelligence Formal Training Unit



MSgt Sara Pippitt
Intelligence Formal Training Unit



Command CMSgt David Beckman Retires

On April 1st, 124th Fighter Wing Command Chief Master Sergeant David Beckman officially retired. At the base theater ceremony, Commanding General Gary Saylor said, "I never worked with Chief Beckman when it just wasn't a pleasure to be around him. I've always admired him for his attitude and can-do spirit and what he's brought our organization." Chief Beckman is the kind of leader that people would come to for mentorship." Above, **Idaho State Command Chief Master Sergeant Pete Glick** presents **Command Chief Beckman** with his career shadowbox of career milestones and memorabilia.

More “Iron Competition”

124th Logistics Readiness Squadron recognizes top diagnostic technician teams

Salute your civilian employer with “Operation Bosslift”



- **June 14 and 15, 2011**
Review special training Issues and Events.
- Experience training resources of our Idaho Air National Guard.
- Attend special awards ceremonies recognizing Idaho Employers.
- Be a part of our Reserves Components for two days. Understanding the commitment is everyone’s duty.
- Nominations and applications required (limited to 200 employers).
- Activities may include “hands on” events, depending upon resources, such as orientation flights on UH-60 Blackhawks, M1A1 tanks, Bradley Fighting Vehicles and various pieces of equipment and trainers. Participation is by “invitation only” from the Department of Defense ESGR committee. There are “limited” invitations offered and the selection processes begins with your early application. Priority is given to employers of Guard and Reservists, community leaders of civic organizations, company owners and managers.



Photos by Tech Sgt. Heather Walsh

Master vehicle technician Tech. Sgt. Gary Lezon-Ferreira deliberately disabled a Security Force’s Chevy three-pax truck to test the skills of four teams of troubleshooters in the second annual 124FW Vehicle Maintenance Contest. Staff Sgt. Nicholas Larsen and Staff Sgt. Michael Stemper formed the winning team by diagnosing the vehicle trouble codes of a vacuum leak and a disabled oxygen sensor. They also discovered an inoperative anti-lock brake system. They returned the vehicle to mission-ready status in 26 minutes and 17 seconds. Vehicle Maintenance Superintendent Senior Master Sgt. Robert McDonald initiated the contest to encourage Logistics Maintenance Squadron members to train competitively and boost morale within the shop.

For the complete story point your internet browser to www.thebeaconlive.com. You’ll find Bosslift flyers, nomination forms, and valuable ESGR contact information. You’ll also find more information and multimedia resources about every item in this months BEACON.



SCAN THIS AND
LEARN MORE NOW!

