

ESC TODAY

		
Murder of U.S. Nationals Outside the United States; Conspiracy to Murder U.S. Nationals Outside the United States; Attack on a Federal Facility Resulting in Death USAMA BIN LADEN		
 Deceased		
Aliases: Usama Bin Muhammad Bin Ladin, Shaykh Usama Bin Ladin, The Prince, The Emir, Abu Abdallah, Mujahid Shaykh, Hajj, The Director		
DESCRIPTION		
Date(s) of Birth Used:	1957	Hair: Brown
Place of Birth:	Saudi Arabia	Eyes: Brown
Height:	6' 4" to 6' 6"	Complexion: Olive
Weight:	Approximately 160 pounds	Sex: Male
Build:	Thin	Nationality: Saudi Arabian
		Language: Arabic (probably Pashtu)
Scars and Marks:	None known	
Remarks:	Bin Laden is left-handed and walks with a cane.	
CAUTION		
Usama Bin Laden is wanted in connection with the August 7, 1998, bombings of the United States Embassies in Dar es Salaam, Tanzania, and Nairobi, Kenya. These attacks killed over 200 people. In addition, Bin Laden is a suspect in other terrorist attacks throughout the world.		
REWARD		
The Rewards For Justice Program, United States Department of State, is offering a reward of up to \$25 million for information leading directly to the apprehension or conviction of Usama Bin Laden. An additional \$2 million is being offered through a program developed and funded by the Airline Pilots Association and the Air Transport Association.		
SHOULD BE CONSIDERED ARMED AND DANGEROUS		
If you have any information concerning this person, please contact your local FBI office or the nearest American Embassy or Consulate.		

We got him.

May 2011

VOL. 5, ISSUE 5



<< On the Front Cover

President Barack Obama declared, "Justice has been done," May 2, 2011 while announcing the death of Osama bin Laden in a U.S. military operation in Pakistan.

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ESC TODAY

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The Command Post

We have all read the headlines. The U.S. military has met a major objective in combating terror. As good as it is that we have met this objective, the near term implications are significant. We must not become complacent. We must remain ever vigilant because there are people out there, more now than before, that want to make a statement by harming a U.S. military unit or individual. Remain wary and report anything out of the ordinary to your Command. We must also continue to work toward excellent readiness to ensure that our Nation is prepared.

Providing ready Soldiers and units is our business. Do not be confused by tasks, mainly administrative and bureaucratic, that seem cumbersome at times. They are important, but you cannot allow them to block precious time needed to train and meet our readiness goals. To meet both administrative and training requirements you must separate them so that doing one does not mean not doing the other. Focus on fixing the admin. issues when there is down time or when you cannot do training. It is very easy to get bogged down with administrative requirements and lose sight of our Soldiers and families. It is up to each and every one of us in the 143d ESC to remain focused on preparing our Soldiers and units to deploy whenever and wherever they are needed. It is our duty.

We are the premier force provider of America's Citizen-Soldiers who execute planned and emerging missions on a global scale. Maintaining forward momen-

tum in a sea of additional tasks will challenge all of us in the months ahead. Focus on preparing our Soldiers to care for themselves, their families, their careers, and the mission at hand. In addition, empower junior leaders so they will be able to lead absent guidance and ensure they have the tools required for success. The 143d ESC's training practices and processes generate ready Soldiers and Families while ensuring careers are managed successfully.

As we continue to work to meet the CAR's guidance to train and maintain an operational force we must never lose sight that our force is made up of individuals. These individuals have families and employers that expect much from them. The 143d ESC will continue giving them the necessary capabilities to succeed and win when at home and when deployed. Operationalizing the Army Reserve will continue to require extensive commitment and time from our leaders and Soldiers alike. To do so we must all remain committed to coaching, teaching, and mentoring the future of the Army Reserve.

Last but far from least in my concerns this month is Safety. In recent weeks we have lost Soldiers due to senseless and avoidable accidents that involved alcohol, weapons, and water. We cannot afford to lose sight of the most obvious Safety practices. Do not play with weapons and never use them while drinking. Always treat a weapon as if it is loaded. Swim in safe areas without excessive currents and with life guards. Do risk



Col. Mark W. Palzer
Commander
143d Sustainment Command
(Expeditionary)

assessments and communicate them to your troops. Remind your Soldiers and your friends to be safe. Summer is almost here and we cannot afford to become lax in our safety awareness. The 143d ESC will and must do everything in its power to stop these accidents from occurring in order to remain the best organization in the Army Reserve!

Sustaining Victory!
Army Strong!

The Bottom Line

This spring has brought us severe weather, leaving disaster in its wake. Indeed, tragedy has struck within our own command. Reportedly, at least 305 tornadoes passed through the U.S. in a span of three days last month, leaving millions of residents without power, catastrophic destruction, and a climbing death toll. A year ago, troops within our command in Tennessee faced massive flooding and displayed commendable heroism in rescuing hundreds of people from the rising waters. Areas of Tennessee are again threatened by flooding this year. Hurricane season for those here in Florida and other southern states begins June 1.

Although it may be impossible to prevent these natural disasters, you can take steps to protect yourself, your family and your troops. Many government agencies, like FEMA and the CDC, offer free re-

sources to help the public prepare for potential natural disasters. The Ready Army website <http://www.acsim.army.mil/readyarmy/> is an excellent resource for Soldiers to utilize when preparing for extreme weather and other potentially disastrous events, including wildfires and epidemics. Start at home. Make a plan with your family and rehearse it, so everyone understands their responsibilities. Do the same thing within your unit.

Encourage Soldiers under your leadership to develop their own emergency plans at home. Prepare an emergency kit. The Ready Army site includes checklists and suggestions for preparing a kit. Soldiers, you wouldn't go to war without the proper gear. Don't leave your family or subordinates defenseless.

Sustaining Victory!



Command Sgt. Maj. James Weaver
Command Sergeant Major
143d Sustainment Command
(Expeditionary)

GREETINGS FROM YOUR NEW 143d CHAPLAIN

Dear Soldiers and families of the 143d ESC,
It is truly an honor to have been selected as the new command chaplain for this outstanding organization. The opportunity to serve USAR Soldiers and their families is a noble calling, a calling that the chaplains throughout this command and I hold dear to our hearts. We are fortunate to have twenty chaplains and eleven chaplain candidates assigned throughout the 143d. This puts us in great shape compared to many units of similar size. We, your unit ministry teams, are here for YOU! We are here for your LOVED ONES! We pray for you and your families each and every day.

I am new to the Army Reserve, having served most of my 20 years in the Florida National Guard. During my first fourteen years, I served in infantry and signal assignments as a platoon leader, company executive officer, S1, S4, OCS TAC officer, and company commander. For the past six years I have served as a chaplain. My most recent federal activation took place in 2007-2008 in Iraq. In my civilian capacity I serve as an associate dean at the University of Florida College of Business, where I also serve as a lecturer of ethics and leadership. My wife Shannon and I have two children, Ashley, 9, and David, 7.

For my first message to you, I wanted to say a few words about what I believe should

be the anchor for all decisions we make.

Regardless of circumstance, this anchor will always serve us well in our decisions in uniform, as well as the decisions we make in our civilian job and personal life. The anchor to which I'm referring is the seven Army Values.

Loyalty, Duty, Respect, Selfless Service, Honor, Integrity, and Personal Courage

We've each heard of these seven values from the time we first had the privilege of wearing the uniform. But hearing the Army Values is much, much different than actually living them. The Army Values must be part of who we are. They must permeate our thoughts and actions. They should be as important to us as the air we breathe. We must demand that our fellow Soldiers embrace the Army Values as their anchor in making decisions.

An "anchor" serves to hold something in place, especially in the face of storms and adversity. Each day, you and I are faced with a wide array of decisions, some of them personal, some of them professional. But it is clear that in today's society there is a wide range of opinions on how we should live our lives and treat our fellow man. My recommendation to you is to consider each of the seven Army Values the next time you have an important decision to make. Consider each of them as a prism or filter through which you can evaluate your possible course of action. If you feel uneasy about your proposed course of action when holding it up against any of the seven Army Values, pause and consider how you might alter it. I encourage you to alter it in such a way that your decision will bring honor upon yourself, those whom you love, and those patriotic men and women who have worn our uniform during the past 236



Lt. Col. Brian Ray
Command Chaplain
143d Sustainment Command
(Expeditionary)

years. You and I are the guardians of their legacy. We owe those Soldiers who have gone before us, as well as our fellow citizens, our best. You and I took an oath...raising our right hand...pledging to do just that. If your course of action can stand firm under the scrutiny of the seven Army Values, I assure you it is a decision that will pay significant dividends in your personal and professional life.

Let me say once again how honored I am to serve you and your families. Serving Soldiers and those whom they love is a sacred trust. My chaplains and I promise you our best efforts and thank you and your families for your service to our great nation.

Sustaining Victory!

Army Strong!

"Pro Deo et Patria....For God and Country!"

Chaplain Ray's Monthly Words of Motivation: May '11



DID YOU KNOW?

The 13th annual Family Cafe conference will be held in Orlando June 3 to 5. A smorgasbord of training, education and networking for individuals with disabilities, special health care needs, self-advocates and their families, this year's conference includes sessions for military families. Limited financial assistance available. For more information, visit http://familycafe.net/index.php?option=com_content&view=frontpage&Itemid=88

Obama declares 'Justice has been done'

■ BY JILL GARAMONE

American Forces Press Service

WASHINGTON, May 2, 2011 – “Justice has been done,” said President Barack Obama in announcing the death of Osama bin Laden in a U.S. military operation in Pakistan.

An American counterintelligence and counterterrorism team killed bin Laden yesterday during a firefight near Islamabad, the president said during a short statement from the White House late last night.

“Tonight I can report to the American people and to the world that the United States has conducted an operation that killed Osama bin Laden, the leader of al-Qaida, and a terrorist who is responsible for the murder of thousands of innocent men, women and children,” the president said.

The attack ends a manhunt of almost 10 years. Bin Laden and his henchmen planned and executed the attacks of Sept. 11, 2001, that killed 3,000 innocent Americans in New York, Washington and Pennsylvania.

Obama thanked “the countless intelligence and counterterrorism professionals who have worked tirelessly to achieve this outcome.”

“We give thanks for the men who carried out this operation, for they exemplify the professionalism, patriotism and unparalleled courage of those who serve our country,” he said. “They’re a part of the generation that has borne the heaviest share of the burden since that September day.”

He said Americans also were united to protect the nation and to bring those who committed the attack to justice.

“Over the last 10 years, thanks to the tireless and heroic work of our military and our counterterrorism professionals, we’ve made great strides in that effort,” the president said. “We’ve disrupted terrorist attacks and strengthened our homeland defense.”

Soon after 9/11, American forces removed the Taliban government that had given bin Laden and al-Qaida safe haven and support. Around the globe, U.S. personnel worked with allies to capture or kill scores of al-Qaida terrorists.

“Yet, Osama bin Laden avoided capture and escaped across the Afghan border into

Pakistan,” Obama said. “Meanwhile, al-Qaida continued to operate from along that border and operate through its affiliates across the world.”

Shortly after taking office in 2009, Obama ordered CIA Director Leon E. Panetta to make the killing or capture of bin Laden the top priority of the U.S. war against al-Qaida.

“Then last August, after years of painstaking work by our intelligence community, I was briefed on a possible lead to bin Laden,” Obama said. “It was far from certain, and it took many months to run this thread to ground.”

Obama met with the national security team as more information came in. The al-Qaida leader was hiding in a compound inside Pakistan, the president said, and last week he ordered the strike.

“Today, at my direction, the United States launched a targeted operation against that compound in Abbottabad, Pakistan,” he said. “A small team of Americans carried out the operation with extraordinary courage and capability. No Americans were harmed. They took care to avoid civilian casualties. After a firefight, they killed Osama bin Laden and took custody of his body.”

While his death marks the most significant achievement to date in America’s effort to defeat al-Qaida, it does not mean the end of U.S. efforts.

“There’s no doubt that al-Qaida will continue to pursue attacks against us,” the president said. “We must and we will remain vigilant at home and abroad.”

The president stressed again that the United States is not and never will be at war with Islam.

“I’ve made clear, just as President Bush did shortly after 9/11, that our war is not against Islam, because bin Laden was not a Muslim leader. He was a mass murderer of Muslims,” Obama said. “Indeed, al-Qaida has slaughtered scores of Muslims in many countries, including our own. So his demise should be welcomed by all who believe in peace and human dignity.”

Obama thanked Pakistan for its help in the operation. “It’s important to note our counterterrorism cooperation with Pakistan helped to lead us to bin Laden and the compound where

he was hiding,” the president said. “Indeed, bin Laden had declared war against Pakistan as well and ordered attacks against the Pakistani people.”

Obama said he spoke with Pakistani President Asif Ali Zardari and that his team had spoken with their Pakistani counterparts. All agreed, he added, that this is a good and historic day for both nations. “Going forward, it is essential that Pakistan continue to join us in the fight against al-Qaida and its affiliates,” he said.

“The American people did not choose this fight,” the president said. “It came to our shores and started with the senseless slaughter of our citizens. After nearly 10 years of service, struggle and sacrifice, we know well the costs of war. These efforts weigh on me every time I, as commander in chief, have to sign a letter to a family that has lost a loved one, or look into the eyes of a service member who’s been gravely wounded.”

But Americans will not tolerate being threatened, Obama said. “We will be relentless in defense of our citizens and our friends and allies,” he said. “We will be true to the values that make us who we are.”

Obama spoke to those who lost loved ones on 9/11, telling them that the country has never wavered in its determination to bring bin Laden to justice.

“Tonight, let us think back to the sense of unity that prevailed on 9/11. I know that it has, at times, frayed,” he said. “Yet today’s achievement is a testament to the greatness of our country and the determination of the American people.”

The war is not over, he said, “but tonight we are once again reminded that America can do whatever we set our mind to. That is the story of our history, whether it’s the pursuit of prosperity for our people, or the struggle for equality for all our citizens, our commitment to stand up for our values abroad, and our sacrifices to make the world a safer place.

“Let us remember that we can do these things not just because of wealth or power,” he said, “but because of who we are: one nation, under God, indivisible, with liberty and justice for all.” ☒

824th Soldiers bring home the GOLD

■ BY SGT. ELISEBET FREEBURG
143d Sustainment Command (Expeditionary)

SCHAUMBURG, Ill.— Soldiers of the 824th Quartermaster Company (Heavy Airdrop Systems), 362nd Quartermaster Battalion out of Fort Bragg, N.C., were recognized for their first place triumph in the U.S. Army Reserve field kitchen category of the 43rd annual Philip A. Connelly awards program during an evening awards ceremony April 2 at the Schaumburg Convention Center in metropolitan Chicago.

Ten units from the Army, Reserve and National Guard were acknowledged for their excellence in food service, including the runner-up in the Reserve field kitchen category, the 1011th Quartermaster Company, 329th Combat Sustainment Support Battalion from Independence, Kan.

“This journey has been a fantastic one,” said Col. Gwen Bingham, commandant, Quartermaster School, during the ceremony. “The warriors you see standing before you are the hallmark of what it is all about in our military.”

As part of the Army Reserve’s food service program regulation AR 30-22, the Philip A. Connelly awards program’s objective is to promote and improve Army food service through awareness with incentives, competition and media attention.

During the awards presentation, the five winning units were presented with trophy cups and the runners-up with plaques, recognizing



Photo by Sgt. Elisebet Freeburg | 143d ESC

Soldiers of the 824th Quartermaster Company (Heavy Airdrop Systems), 362nd Quartermaster Battalion, 143d Sustainment Command (Expeditionary), pose with evaluators Nov. 20, 2010, at Fort Bragg, N.C., after competing in the final level of the Army Reserve field kitchen category of the Philip A. Connelly awards program. One of only four units to reach the Department of Army level, the 824th QM Company would win first place.

ing their superb performance in the competition.

“[The competition] was really strenuous for the unit and everyone out there,” said Pfc. Leila Groom, a food service specialist and representative for the 824th QM Co., and a

Trenton, N.C., native, while recalling their months of practice. “It definitely took teamwork. I’m very proud that we came together.”

Numerous awards were presented earlier in the day to the winners and runners-up of the five competition categories: large garrison, small garrison, Army field kitchen, Reserve field kitchen and Guard field kitchen. Dignitaries from across the Army who were unable to attend sent certificates and challenge coins to be presented. A super-bowl style Connelly ring was presented to the winning dining facility managers.

Reserve individuals were presented with letters of congratulations from Lt. Gen. Jack C. Stultz, commanding general, United States Army Reserve.

“It’s very inspiring to be in this

competition, to get this far,” said Spc. Andrew T. Russell, a food service specialist and representative for the 1011th QM Co., and a Bartoville, Okla., native. “It’s not an easy competition.”

See Gold, pg. 7



Photo by Sgt. Elisebet Freeburg | 143d ESC

Representatives from the 824th QM Company, Sgt. 1st Class Steve Simon, senior food operations sergeant and a native of Springlake, N.C.; Pfc. Leila Groom, a food service specialist and a native of Trenton, N.C.; Capt. Damon Robinson, commander; and 1st Sgt. Kenneth Wioskowski, first sergeant and a native of Raleigh, N.C., display letters of congratulations and a plaque presented to the unit April 2 for their superb performance in the Philip A. Connelly awards program. The 824th QM Company also received other awards, including the winning silver cup.



Photo by Sgt. Elisebet Freeburg | 143d ESC

While preparing lasagna, Pfc. Leila Groom, a food service specialist for the 824th Quartermaster Company (Heavy Airdrop Systems), 362nd Quartermaster Battalion, 143d Sustainment Command (Expeditionary), and a Trenton, N.C., native, adds canned diced tomatoes to browned ground beef Nov. 20, at Fort Bragg, N.C., during the final level of the Reserve field kitchen category of the Philip A. Connelly awards program, field kitchen category.

Gold, cont.>>

The awards ceremony was held at the end of the International Food Service Executive Association's annual trade show and conference. A

professional organization dedicated to raising food service industry standards, IFSEA co-sponsors the program with the Department of Army. From March 23 to March 29,

twenty representatives from each unit, selected for their superb excellence, attended a cooking seminar at the nearby Robert Morris University's Institute of Culinary Arts.

The Army program and awards ceremony was held in conjunction with the Navy and Military Sealift Command programs.

The awardees were as follows:

- Small Garrison Winner - Camp Zama Dining Facility, U.S. Army Garrison, Camp Zama, Japan
- Small Garrison Runner-up - Pegasus Inn Dining Facility, 82nd Combat Aviation Brigade, 82nd Airborne Division, Fort Bragg, N.C.
- Large Garrison Winner - Freedom Inn Dining Facility, U.S. Army Garrison, Fort Meade, Md.
- Large Garrison Runner-up - Patton's Own Dining Facility, Area Support Group-Qatar, Camp As-Sayliyah, Qatar

• Active Army Field Kitchen Winner - 126th Transportation Co., 330th Transportation Bn., Fort Bragg, N.C.

• Active Army Field Kitchen Runner-up - 55th Military Police Co., 94th Military Police Bn., Camp Stanley, Korea

• U.S. Army Reserve Winner - 824th QM Co., 362nd QM Bn., Fort Bragg, N.C.

• U.S. Army Reserve Runner-up - 1011th QM Co., 329th Combat Sustainment Support Bn., Independence, Kan.

• U.S. Army National Guard Winner - Support Co., 216th Engineer Bn., Cincinnati, Ohio

• U.S. Army National Guard Runner-up - Forward Support Co., 130th Engineer Bn., Vega Baja, Puerto Rico

For photos of the 824th QM food service team in action, visit [My143dESC](http://www.facebook.com/143dESC): <http://www.facebook.com/143dESC>



Photo by Sgt. Elisabet Freeburg | 143d ESC

Col. Mark W. Palzer, commander, 143d Sustainment Command (Expeditionary), congratulates troops of the 824th Quartermaster Company, 362nd Quartermaster Battalion, for winning first place in the Army Reserve field kitchen category of the Philip A. Connelly awards program April 2 at a ceremony in Schaumburg, Ill.



Don't be That Guy (or Girl)

WHAT IS ALCOHOL?

Alcohol is a depressant, which means it slows your central nervous system. However, it speeds up how fast you become That Guy. This makes women nervous and will leave you depressed and alone with a depressed central nervous system which is even more depressing.

WHAT HAPPENS WHEN I DRINK ALCOHOL?

When you have a drink, alcohol is absorbed into your bloodstream from the stomach and enters tissues in the body. The effects of alcohol depend on a variety of things, such as:

- Your size, weight, body fat and sex
- Amount of alcohol consumed
- Amount of food in your stomach
- Use of medications, including non-prescription drugs

In general, it takes the average drinker about one hour to metabolize one drink. When you drink more than that, your blood alcohol concentration (BAC) rises, and you start to feel the effects of intoxication. You may start to think that women are only joking when they say, "Leave me alone, you drunk," which will only make you seem more like That Guy when you continue to talk to them.

FOR MORE INFORMATION, RESOURCES, OR TO GET HELP:

www.thatguy.com

143d hosts mobilization workshop for deploying Soldiers

■ BY SGT. ELISEBET FREEBURG
143d Sustainment Command (Expeditionary)

ORLANDO, Fla.—With the U.S. involved in overseas contingency operations for nearly a decade, the Army Reserve has transformed from a strategic to an operational force. Currently, thousands of reservists are deployed to Iraq, Kuwait or Afghanistan, and many have deployed multiple times. Once notified of their mobilization status, units within the 143d Sustainment Command (Expeditionary) move through special processes called Notification of Sourcing +60 and Joint Assessment Conference.

As part of the NOS+60, the 143d ESC held a mobilization workshop April 15 to 16 here in Orlando, Fla., for selected staff from about 20 deploying units and their higher headquarters, represented by personnel from six battalions and four regional support groups.

The workshop kicked off on the evening of April 14 with an informal social followed by a briefing from Lt. Col. Milo E. Kelley, the 143d ESC mobilization operations chief and a Manhattan, Kan., native.

Several Soldiers expressed gratitude over the bountiful information they received.

“You get to meet the people you talk to on the phone. You meet them face to face,” said Capt. Kim Knight, commander and unit administrator of the 540th Transportation Company

Detachment from Baton Rouge, La.

It’s as if the 143d mobilization section is not just our higher headquarters, but instead they’re family trying to help us, she said.

Sgt. Hector Galindez, a human resources noncommissioned officer of the 993 Transportation Company (PLS) from Palatka, Fla., also attended. At the workshop Galindez learned about courses that will help with the mobilization process, and he plans to take two of them when he returns to his unit.

“I learned a lot of stuff,” Galindez said. “[There are] a lot of paperwork and tracking websites that are in place for us to use during the MOB [mobilization]. I wasn’t familiar with the names and where they come from.”



Photo by Sgt. Elisebet Freeburg | 143d ESC

Soldiers from deploying units within the 143d ESC are briefed April 15 during a mobilization workshop hosted by the 143d’s mobilization operations section in Orlando, Fla.

The 143d mobilization operations section begins the process when U.S. Army Forces Command (FORSCOM) notifies the 143d ESC of missions they are required to fill.

“We notify the unit, and 60 days after that we have the NOS+60,” said Kelley.

The NOS+60 is a yearly event. When units are about a year away from their upcoming deployment, they attend the JAC, offered quarterly.

According to Kelley, the three basic things to determine during the process are what the unit needs, what the unit currently has and what is the discrepancy between the two.

For example, the 143d determines what training needs to be completed to prepare the individuals within the deploying unit. The unit may need additional equipment or personnel.

They decide both what training needs to occur before troops arrive at the mobilization site and what training events should be conducted at the site, just shortly prior to deployment.

First Army is the command responsible for training, validating and deploying Reserve components.

Together, the 143d ESC, the deploying unit, the U.S. Army Reserve and First Army decide and agree upon a training plan. Then, the train-up and preparation begins.

To prepare for deployment, some units will participate in complex training exercises like the Silver Scimitar, a multi-echelon human resources deployment exercise, or Warrior 78, an annual event that trains about 3,500 troops of different specialties in a simulated deployment environment.

Due to operational requirements, some units receive short deployment notice, and miss the annual NOS+60. For these “late sourcing” components, attending the JAC and mobilization workshops like this one are vital. They also send unit representatives to attend a special briefing, often the day prior to the JAC.



Photo by Sgt. Elisebet Freeburg | 143d ESC

Lt. Col. Milo E. Kelley, the 143d ESC mobilization operations chief and a Manhattan, Kan., native, briefs workshop attendees April 14 in Orlando, Fla., on what to expect during their training.

The people who know what the mobilization process looks like sit down with these units and walk them through the process, said Kelley.

The Chief of the Army Reserve, Lt. Gen. Jack Stultz, has stated on more than one occasion that the Reserve will remain an operational force, even as the war draws down.

Because of this, mobilization operations sections like the 143d’s will remain of vital importance in preparing components for deployment. ☒

207TH PREPARES, CONDUCTS BASE-X EXPEDITION SHELTER TRAINING

■ BY STAFF SGT. CHRISTINE K. ROGERS
207th Regional Support Group Unit Public Affairs Representative

FORT JACKSON, S.C.—Soldiers of the 207th Regional Support Group spent a weekend of training March 26 to 27 on their new Base-X Expedition Shelters and Environmental Control Units, which together the 207th will use as a tactical operations center during their annual training at Fort McCoy, Wis., in August 2011.

They conducted the training during the unit's battle assembly, inside the drill hall. They were instructed by Andrew Stewart, a retired first sergeant, U.S. Army, who is now a training representative for HDT Engineered Technologies.

They learned that the Base-X Shelters are advanced, lightweight rapid-deploying tactical frame shelters that are easier to move and set up. On Saturday, the Soldiers were instructed on the set up and tear down of the 6D31 dome-shaped shelter that has a clear span of 27 feet and the 103 shelter that has span of 9.5 feet. After setting up the shelters and connecting them together, they were ready to install the lights and the ready-fold flooring. The Soldiers



Photo by Spc. Alicia Hall | 207 RSG

Staff Sgt. Glenn Harrison and Spc. Lauren McManus, 207th Regional Support Group, lay down the ready roll flooring in a 103 shelter during the unit's battle assembly March 26 to 27.

then moved outside to learn about the ECUs.

The ECUs are rugged and reliable systems that are trailer-mounted and vehicle-pulled. They consist of a generator, power distribution unit and air conditioning unit. They are able to be used for cooling off your shelter and also to power up all your electrical items and lights.

On Sunday the Soldiers were put to the test. They accomplished the test by setting up shelters, tearing them down and packing them away within four hours with minimum assistance from the trainer.

When asked, the Soldiers stated the Base-X Shelters was the most effective operation center and one of the easiest shelters to set up for operations. ☒



Photo by Staff Sgt. Christine Rogers | 207 RSG

Andrew Stewart instructs Spc. Robert VanAxen, Staff Sgt. Jesse Thompson and Sgt. Darius Taylor of the 207th Regional Support Group on how to put up a 103 shelter during the unit's battle assembly March 26 to 27. The 207th will use Base X shelters, along with environmental control units, as a tactical operations center during the unit's annual training at Fort McCoy, Wis. in August 2011.



Photo by Staff Sgt. Christine Rogers | 207 RSG

Soldiers from the 207th Regional Support Group install air ducts on Environmental Control Units during the 207th RSG's battle assembly March 26 to 27. The 207th is preparing for annual training.

DID YOU KNOW?

Army Strong Community Centers and the Joining Forces initiative both focus on bringing support to military families and connecting those families with their communities. More than 27,000 people were helped by ASCC last year. Joining Forces encourages citizens to support military families. For more information on both, visit <http://myarmyreserve.dodlive.mil/2011/05/13/army-strong-community-centers-joining-forces-a-natural-fit/>

Girls are the future of Afghanistan



Photo by Sgt. Ginifer Spada | 210th MPAD

Raishea, a 14-year-old girl living in war-torn Nangarhar Province, Afghanistan, aspires to be a journalist. Ten years ago under Taliban rule, girls like Raishea received little or no education.

■ BY SGT. GINIFER SPADA

210th Mobile Public Affairs Detachment

NANGARHAR PROVINCE, Afghanistan—“Raishea” is a young Afghan girl of about fourteen. She has a shy smile and a soft voice. She is quite like most 14-year-old girls I know. Except that her reality in Afghanistan’s war-torn Nangarhar Province is something that most people can’t fathom. I got the incredible opportunity to meet her last month in Jalalabad.

Here in Afghanistan, leaders have many hard decisions to make and there are many grey areas. I don’t envy them as they plan the best route for their Soldiers. There is one area, for me at least, that is not grey – Afghanistan’s women, and in particular, it’s girls and their education.

These young ladies are vital to our success here. By educating them and supporting them in their independence, we are giving Afghanistan the future it deserves.

Raishea was talking to female Soldiers and

interpreters when I walked up to their group. She seemed very interested in the little parts of the Soldiers’ lives; like what they did, how old they were, whether or not they were married.

Raishea also gave an impromptu concert. Her voice was lovely and though I couldn’t understand the meaning of her words sung in her native Pashto, the beauty of them was undeniable. Through an interpreter, Raishea and I talked about her life. She said one day she wanted to be a good journalist.

“That is how I will improve my life and be a witness to peacefulness in Afghanistan,” she said.

Wow!! Not something that I thought about at fourteen. For girls like Raishea though, the future of their country is a very real issue.

Knowing that she cared so much about it was inspiring.

As an Army broadcast journalist deployed in support of Operation Enduring Freedom, I have a great job. I get to travel around the country and tell the story of our Soldiers over here. This day though, the story that I was telling was less of our Soldiers and more of the women of Afghanistan. Women all over the world were celebrating their rights and trying to shed light on the areas that needed work for the 100-year anniversary of International Women’s Day.

In eastern Afghanistan, they gathered at the governor’s compound to give speeches, read poetry and sing. For a country that only a decade ago faced the harsh hand of the Taliban, these women seemed remarkably like the women I knew from home.

There was another little girl acting older than her frail body showed. She was very young, six or seven, about the same age as my niece. She spoke no English and didn’t bother to keep close track of her parents, but was armed with a well-worn Sony Cybershot camera.

As the local media and I moved to video or photograph an interesting speech or group of children, this little girl was right next to us. She

would run to the front of the group to ensure that she had the best angle for her pictures. Dressed in a bright yellow ensemble, her dark curls secured closely to her small head with a barrette, she was not afraid of anything.

When others hung back from the governor, as to not intrude on the important man, she marched right up and snapped a few pictures. Then she proceeded to hop on the man’s lap as she passed her camera off to a willing man so that she could have her picture snapped. To me, she was so much like my own nieces, so much like the little girl that I once was. She seemed to have no idea that what she was doing seemed odd to many of the more traditional Afghans there. In her mind, she was every bit as deserving as the men that were running the cameras.



Photo by Sgt. Ginifer Spada | 210th MPAD

Sgt. Ginifer Spada, broadcast journalist, 210th Mobile Public Affairs Detachment, poses for a snapshot with her future “competition,” a young Afghan girl and budding photographer during a women’s meeting in Nangarhar Province, Afghanistan.

She is right. She is, to me at least, the future of Afghanistan.

I met her father later that afternoon. He was one of the photographers at the event, which explained why his little girl was so interested in taking pictures.

One day, years from now when I think of Afghanistan, I hope that the painful parts will fade and the memory of the beacons of hope that I saw that day in early March will be what I remember. They are the future here. They embody everything that I think is right with this world, whether it is here in Afghanistan or at my own home in the United States. ☒

NASA holds education summit, supports military families

■ BY SGT. ELISEBET FREEBURG
143d Sustainment Command (Expeditionary)

ORLANDO, Fla.—The National Aeronautics and Space Administration partnered with the U.S. Department of Education to hold a special military education summit April 27 to 29 here in Orlando. The occasion, titled STS-134 Pre-Launch Education Summit, focused on educational concerns that military families face and possible resolutions for those issues.

About 35 industry experts, educators and academicians from across the States attended the summit, including superintendents of school districts with a high ratio of military students and principals from schools on or next to military bases. Participants also comprised several Reserve and Guard servicemembers whose civilian careers are in the education field, including a Soldier from the 143d Sustainment Command (Expeditionary).

The summit's theme was "Meeting America's Commitment to Military Families: Laying the

Foundation for a Coordinated Approach to Supporting & Engaging Military Children." Attendees had the opportunity to ask ques-

two military children; Maj. (Dr.) Eric Flake, the flight commander and chief of developmental behavioral pediatrics at Keesler Air

issues affecting military families were discussed, including a lack of continuity in graduation requirements from state-to-state, attendance and special needs.

Key speakers were Charles F. Bolden, the administrator of NASA; Leland D. Melvin, the associate administrator for education at NASA; and John Manahan, special assistant to the deputy secretary of education.

The event began Wednesday with an optional tour of NASA's Kennedy Space Center at nearby Cape Canaveral, Fla. The summit was scheduled to culminate Friday at a special viewing of Space Shuttle Endeavour's final launch on its STS-134 mission to the International Space Station, but regrettably the liftoff was postponed indefinitely due to a heater circuit failure.

The forum was held directly in conjunction with a conference for military families. Children were able to observe science demonstrations, participate in supervised experiments and meet astronauts. ☒



Courtesy Photo

Space shuttle Endeavour is illuminated by bright xenon lights on Launch Pad 39A after the rotating service structure (RSS) was moved away. The structure provides weather protection and access to the shuttle while it awaits lift off on the pad. Later in the day, a failure in the heaters on a fuel line for one of Endeavour's auxiliary power units resulted in a scrubbed first launch attempt for the STS-134 mission. Image credit: NASA/Kim Shifflett April 29, 2011.

tions of an unusual Department of Education panel, selected for their ties to the military. The four-person panel was composed of

Force Base, Miss.; and Dr. David Splitek, the director of programs and services of the Military Child Education Coalition. Numerous

NEWLY UPDATED: 143D ESC DVIDS PAGE

The 143d ESC's unit page on the Defense Video and Imagery Distribution System has been updated with recent news stories, videos and images. The page is also now linked to subordinate public affairs units and updated with their material. Visit the 143d's page to see what's happening within the command and keep yourself up-to-speed. For years, DVIDS has connected media around the world with deployed servicemembers 24/7. The DVIDS network uses satellite transmitters to provide still images, print products and much more straight from the frontlines to any computer with Internet access.



DID YOU KNOW?

The Department of Defense has a blog regularly updated with news, photos, video stories and links from around the service branches and DoD community. To visit the site, go to www.dodlive.mil.

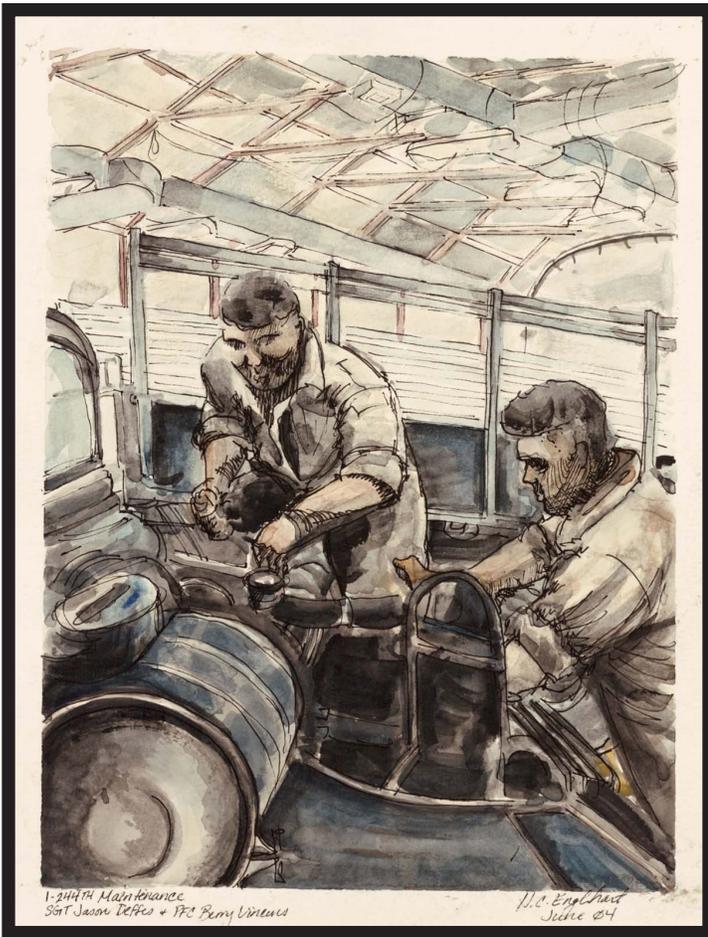
143D ESC ON DVIDS
[HTTP://WWW.DVIDSHUB.NET/UNITS/143ESC](http://www.dvidshub.net/units/143ESC)

"One More Crank"

2004

By Heather Engelhart

- Engelhart deployed with the Louisiana National Guard in 2003-2004 in support of Operation Iraqi Freedom.
- From the collection "Army Artists Look at the War on Terrorism 2001 to the Present: Afghanistan, Iraq, Kuwait and the United States"
- Courtesy of the Army Art Collection, U.S. Army Center of Military History (USACMH) http://www.history.army.mil/books/wot_artwork/index.html



Soldier on the Street:

"How do you think Osama Bin Laden's death will affect your service in the Army Reserve?"



Name: Spc. Mari Machado
Job: paralegal specialist
Unit: 143d Sustainment Command (Expeditionary)

"This event is going to be a great inspiration for us as Soldiers because all the hard work, perseverance, and dedication finally paid-off. It is great to know that working as a team and with the support of everyone, a goal can be achieved even over a long period of time. I am so proud to wear my uniform!"



Name: Sgt. 1st Class Patrick A. Sagon
Job: training noncommissioned officer in charge
Unit: 912th Human Resources Company

"It will have no change to my family or my commitment to the Army Reserve."



Name: Lt. Col. Todd Lewis
Job: chief of planning operations
Unit: 143d Sustainment Command (Expeditionary)

"The immediate impact for U.S. citizens with the capture and death of Osama Bin Laden is adjudication for all lives lost on 9/11. Our U.S. military must remain vigilant in our fight against terrorism."



Name: Randy Knox
Job: area facility operations specialist
Unit: 81st Regional Support Command (retired Army Reserve command sergeant major)

"There will be enhanced security measures at Reserve centers and installations due to the possibility of retaliation from radical terrorist groups."

Shades of Green hosts Month of the Military Child event

■ BY SGT. IAN MORALES
143d Sustainment Command (Expeditionary)

ORLANDO, Fla. - Servicemembers and their families were given the chance to celebrate the Month of the Military Child during a free event Saturday April 2 at the Shades of Green Resort, here in Orlando, Fla.

“Parents and children had the opportunity to share quality time in a fun and safe environment doing activities that were conducive to their ages,” said Marta Feliciano, the Child and Youth Services Regional Coordinator with the 143d Sustainment Command (Expeditionary). “The parents and children were able to meet other Army Reserve kids and learn about community resources (Orange County Health Department).”

The event helped servicemembers realize that it not just they who make sacrifices, says Matteo Orfanel a School Support Specialist for the 143d ESC. It puts into perspective how the children are affected too and that they should also be appreciated.

Wanting to honor military kids for their sacrifices and courage, in 1986 Defense Secretary Casper Weinberger designated April as the Month of the Military Child. Since then, military installations, organizations and communities have created special events to pay tribute to these little military heroes.

Showing support on a statewide scale, Florida Governor Rick Scott signed and dedicated a proclamation to the Army Reserve children and youth that was read at the event



Photo by Sgt. Ian Morales ■ 143d ESC

Col. Fred Guzman, chief executive officer for the 143d Sustainment Command (Expeditionary), presents a certificate of appreciation to Lilly Connelly, daughter of Capt. Brent Connelly of U.S. Army Forces Command, for her attendance and participation in the Month of the Military Child Event at the Shades of Green Resort in Orlando, Fla. Wanting to honor military kids for their sacrifices and courage, in 1986 Defense Secretary Casper Weinberger designated April as the Month of the Military Child. Since then, military installations, organizations and communities have created special events to pay tribute to these little military heroes.



Photo by Sgt. Ian Morales ■ 143d ESC

Shinekqua Baines, a Survivor Outreach Services Support Coordinator for the 143d ESC, reads a story to military children during the Month of the Military Child Event at the Shades of Green Resort in Orlando, Fla. In 1986 Defense Secretary Casper Weinberger designated April as the Month of the Military Child. Since then, military installations, organizations and communities have created special events to pay tribute to these little military heroes.

DID YOU KNOW?

Employer Partnership of the Armed Forces program has partnered with companies like Adidas, Amazon.com, Southwest.com, GE, Macy's, Microsoft, and many more. Servicemembers can use their military training and experience in today's local, regional and national job market. Visit <http://www.employerpartnership.org/>

by Col. Fred Guzman, Executive Officer, 143d ESC and Col. Charles Powers Jr., MD, Commander of the 7235th Medical Support Unit, Army Reserve Medical Command, Pinellas Park, Fla.

The event highlighted the difference between the National Guard and us, [Active Duty], in that the coordination and resources needed to host an event like this, noted Powers. You have got to be creative to get the families interested in attending such an event while at the same time making it happen at a time and location that is as convenient as possible.

Children that attended were greeted with snacks and drinks provided by the resort, but it was the activity stations that got their attention. From board games, arts and crafts, and face painting to the group reading station the children all found something that interested them and their parents.

All of the stations were meant to be led by the children and to help the parents connect with their kids.

We don't always see what is going on at home while we're deployed, Powers said. But, as we watch our families go through the process of deployment we realize that they are making a big sacrifice for the country too.

It's not just about what a Soldier, Sailor, or Marine goes through on deployment, it is also about how the kids get separated from their parents, Orfanel said. They miss their dad and their mom, which in itself is a huge sacrifice that can affect how a child performs at school.

The event was also sponsored by the Orange County Health Department who brought informational flyers for family members about local community health programs. Some of the programs are focused on children's health and women's health. ☒

Around the ESC



Photo by 1st Sgt. Tyrone Walker | 210th MPAD/143d ESC

U.S. Army Gen. David Petraeus, commander, International Security Assistance Force and commander, U.S. Forces Afghanistan, re-enlists members of the Army Reserve April 23, at Bagram Airfield, Afghanistan. The activities at the event included a reading of the Army Reserve history, remarks by Petraeus, a mass re-enlistment and a cake cutting ceremony. April 23 marks the 103rd birthday of the U.S. Army Reserve.



Photo by Spc. Mindy Thrash | 365th CSSB

Sgt. 1st Class Larry Edwards is receiving a dental exam by Dale Vance, doctor of dental medicine, and Mary Thornton, assistant, both from the "CMD-complete mobile dentistry" company out of Minnesota. Edwards is attending the Soldier readiness processing for the 365th Combat Sustainment Support Battalion out of Jackson, Miss.. The 365th CSSB is deploying to Afghanistan at the end of the year, and Soldiers must attend SRP to complete medical screenings, paperwork, immunizations and more before they deploy.



Photo by Maj. John Adams | 143d ESC

Col. Gregory Maida, Support Operations Officer, 143d ESC, addresses a crowd of more than 150 which assembled to honor eight awardees of the highest French award for meritorious service May 6 in Celebration, Fla. French Admiral Patrick Martin and Consul Honorary Madame Brigitte Dagot (seated from right to left, first row) presented the awards. The award, equivalent to the United States Medal of Honor, was established in the French military in 1802 by Napoleon Bonaparte.

Around the ESC



Photo by Sgt. Ian Morales | 143d ESC

Tangela Richardson, the equal opportunity compliance specialist for the 143d Sustainment Command (Expeditionary), listens to key speakers during the "Department of Defense Forum on Hispanics Serving Our Nation" training conference April 26 in Orlando, Fla. The event is meant to increase awareness and opportunities for the Hispanic demographic in the country to be hired into the federal workforce making for more dynamic group of DoD employees.



Photo by Sgt. Elisebet Freeburg | 143d ESC

Capt. Daniella M. Fitzhugh (middle), from the accounting division of the 143d ESC, attends the April 27 funeral of Army Sgt. 1st Class James Caldwell who was killed in 1950 during the Korean War. Considered missing in action, Caldwell's remains were returned to the U.S. in the 1990's and recently identified. Caldwell's son and daughter (right) were able to lay their father to rest more than 60 years after his death. Fitzhugh served as the casualty notification officer for the Caldwell family.



Photo by Spc. Mindy Thrash | 365th CSSB

Jessica Jones from the Integrity Nursing company in Alabama draws blood from Staff Sgt. Steven Gentry for a human immunodeficiency virus test April 14 during Soldier readiness processing for the 365th Combat Sustainment Support Battalion out of Jackson, Miss. Gentry is from the 824th Transportation Company in Morehead City, N.C., and is attending SRP with the 365th CSSB which will be deploying to Afghanistan at the end of this year. Soldiers must attend SRP to complete medical screenings, paperwork, immunizations and more before deploying.



Photo by Sgt. Luis Delgadillo | 204th PAD

Staff Sgt. Joy Dulen aims and prepares to throw a grenade during a grenade range at the Regional Training Center East in Fort Dix, N.J. Dulen, a broadcast journalist for the 204th Public Affairs Detachment from Orlando, Fla., is preparing for a deployment to Kuwait.

Around the ESC

UNIT PHOTOS WANTED

Seeking photos of Soldiers from your unit performing operational duties and basic soldiering skills. Include a basic caption with names, ranks, place, date and a short description of what is happening in the photo. Send photos and/or any questions you may have to john.adams16@usar.army.mil



Photo by Sgt. Elisebet Freeburg | 143d ESC

2nd Lt. Lisa Rousseau, Sgt. Myron Brown, and Sgt. 1st Class Robert Merchant, all from the 912th Human Resources Company, participated May 14 in the first annual Operation Give-back Wounded Warrior Run/Walk/Roll. More than 900 participants of wounded warriors raced in the event, which raised money to benefit wounded warriors.

ATTENTION

Greetings Soldiers and family members:

My name is Matteo Orfanel, the school support specialist for the 143d ESC. A study conducted by the Military Child Education Coalition showed that by the time a military child graduates from high school he or she will have transferred three different school on average and may have attended up to nine different schools. Due to this prevalent transiency unique to military family life, military children face hardship and uncertainty, especially in areas relating to their educational success. I am here to address and develop solutions facing military children's lack of educational resources and assistance in reducing the burden of transitioning between schools.

Please feel free to contact me for any questions or needs you may have.

Cordially,

Matteo A. Orfanel

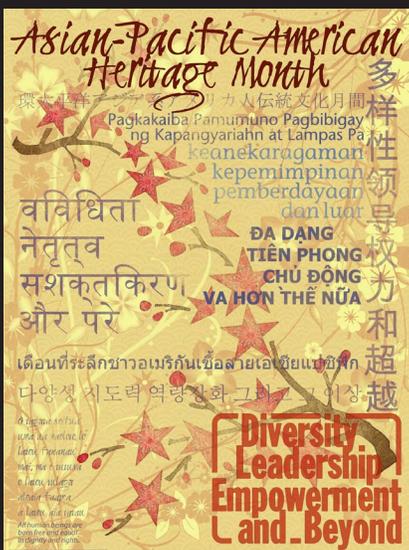
Army Reserve Child, Youth & School Services School Support Specialist

Office: 800-221-9401 ext. 1294

Fax: 678-420-1651 (Fax)

Email: matteo.orfanel@serco-na.com

Website: www.arfp.org/cyss



May is Asian Pacific Heritage Month



Photo by Maj. John Adams | 143d ESC

Majors Richard Harvey and Timothy Hughes, 143d ESC Force Programs Manager and Operations Officer, respectively, receive honors during their farewell luncheon April in Orlando, Fla. Both officers will permanent change of station to future assignments with the next few weeks.



Around the ESC



Photo by Maj. John Adams | 143d ESC

Maj. Gen. Keith L. Thurgood, Deputy Commander, U.S. Army Reserve, receives a briefing and tour of the new Cape Coral Lee County Outpatient Veterans Affairs Clinic from Mr. Dhawan, Ajay, Associate Chief, Southern Clinics, Department of Veterans Affairs April 30.



Photo by Sgt. Elisebet Freeburg | 143d ESC

Newly commissioned 2nd Lt. Jeffrey Blackman of Apopka, Fla., was presented his rank May 6 by Col. Edwin Marrero, staff operations and training officer of the 143d Sustainment Command (Expeditionary). Blackman served for eight years as an enlisted Soldier and was commissioned from staff sergeant.



Photo by Sgt. Ian Morales | 143d ESC

Edwin R. Marrero, the staff operations and training officer for the 143d Sustainment Command (Expeditionary), speaks to colleagues and attendees about serving in the U.S. Army Reserve and working as a Department of Defense civilian at the "Department of Defense Forum on Hispanics Serving Our Nation" training conference April 26 in Orlando, Fla. The event is meant to increase awareness and opportunities for the Hispanic demographic in the country to be hired into the federal workforce making for more dynamic group of DoD employees.



Photo by Sgt. Elisebet Freeburg | 143d ESC

Staff Sgt. William Castillo, originally from Medellin, Columbia, and raised in Jackson Heights, N.Y., walks across the finish line May 14 in Orlando, Fla., with Command Sgt. Maj. Michael D. Schultz, command sergeant major, U.S. Army Reserve, during the first annual Operation Giveback Wounded Warrior Run/Walk/Roll. More than 900 participants raced in the event that benefited wounded warriors.

**SOLDIERS
LEADERS
CIVILIANS
FAMILIES**



Take 5

**before getting
on the boat!**

Ship-Shape

- Always wear a life jacket
- Get the boat checked
- Watch the weather to prepare for local conditions and electrical storms
- Communicate trip details in event of an emergency
- Do not swim or wade near a boat's exhaust pipe, sit on the swim platform when the engine is running or hold onto the deck when the boat is moving
- Have CPR instructions and local emergency numbers on the boat



**What Have You Done,
to Save a Life Today?**



ARMY STRONG



U.S. ARMY COMBAT READINESS/SAFETY CENTER
<https://safety.army.mil>

**ARMY SAFE
IS ARMY STRONG**



SOLDIERS LEADERS CIVILIANS FAMILIES

Take 5

before the cookout!

Good BBQ

- Perform a through safety inspection before lighting the grill
- Never use a grill in an enclosed space
- Only use an approved charcoal lighter fluid to start a charcoal-fired grill, and never add any flammable liquid to a burning fire
- Follow the instructions for lighting your gas grill
- Keep grills away from houses, fences, trees and anything else with a propensity for burning
- Don't wear loose clothing when cooking on a grill
- Keep all flammable materials away from the grill
- Make sure the fire is out when you are done



What Have You Done to Save a Life Today?



ARMY STRONG



<https://safety.army.mil>

ARMY SAFE IS ARMY STRONG

