# OKINAWA JAKINE JUNE 10, 2011 WWW.OKINAWA.USMC.MIL



Marines evacuate an Amphibious Assault Vehicle during submerged vehicle egress training on Camp Hansen June 2. The Marines are temporarily stationed in Okinawa and attached to Combat Assault Battalion, 3rd Marine Division, III Marine Expeditionary Force, from their parent unit of 2nd Amphibious Assault Bn., 2nd Mar Div, II MEF, out of Camp Lejeune, N.C., as a part of the Marine Corps' Unit Deployment Program. Photo by Cpl. Anthony Ward Jr.

# Marines enhance egress skills

Cpl. Anthony Ward Jr.

OKINAWA MARINE STAFF

CAMP HANSEN — Marines attached to Combat Assault Battalion, 3rd Marine Division, III Marine Expeditionary Force, practiced escaping the cabin of an Amphibious Assault Vehicle during Submerged Vehicle Egress training

on Camp Hansen June 2.

The Marines, from 2nd Amphibious Assault Bn., 2nd Mar Div, II MEF, out of Camp Lejeune, N.C., are assigned to CAB through the Marine Corps' Unit Deployment Program.

The Submerged Vehicle Egress Trainer houses two separate sides, said Shawn Miller, an Aircrew Devices Training Instructor for III MEF. One side has the humvee, and the other side holds the Amphibious Assault Vehicle.

The AAV side of the SVET was the point of focus during the training for the class.

The trainer was designed to give students the full effects of disorientation, Miller said. It is raised out of the

# Senior leaders to review liberty plan

Cpl. Dengrier M. Baez

OKINAWA MARINE STAFF

CAMP FOSTER — III Marine Expeditionary Force and Marine Corps Bases Japan senior leadership is currently reviewing the Liberty Campaign Order here for possible changes and amendments.

The Liberty Campaign, dictated by Marine Corps Bases Japan/III Marine Expeditionary Force Order 1050.7 Change 3, is a set of guidelines and regulations which govern liberty for uniformed personnel on Okinawa, and includes measures designed to promote responsible and mature behavior and prevent misconduct.

Commanding generals, commanders, sergeants major and command master chiefs met recently at

SEE **LIBERTY** PG 5

# III MEF sword of office passes to new sergeant major

**Gunnery Sgt. Cindy C. Fisher** 

OKINAWA MARINE STAFF

CAMP HANSEN — Sgt. Maj. Steven D. Morefield accepted responsibility as III Marine Expeditionary Force sergeant major from Sgt. Maj. Daniel J. Fierle in a ceremony at Camp Hansen June 2.

More than 200 Marines and sailors, as well as airmen, soldiers, family members, Japan Self-Defense Force members and Okinawa community leaders watched as Lt. Gen. Kenneth J. Glueck Jr., III MEF commanding general and Marine Corps Bases Japan commander, passed the sword of office from Fierle to Morefield.

During the ceremony, Glueck welcomed Morfield to III MEF.

"We could not accomplish what we do on a daily basis, as we just demonstrated during Operation Tomodachi, without a strong team," Glueck said.

"We're proud to have you as a member of the team," Glueck told Morefield.

Glueck also thanked the JSDF members for their presence at the ceremony, telling them that they too are a vital component of the III MEF's team on Okinawa.

Morefield told those assembled he was excited to have the chance to work with the Marines and sailors here.

"I will do everything I can to benefit the Marines and sailors of the III MEF," said Morefield, whose previous assignment was as sergeant major of Man-SEE **SGT MAJ** PG 5

Sgt. Maj. Steven D. Morefield, right, incoming sergeant major of III Marine Expeditionary Force, accepts a sword from Lt. Gen. Kenneth J. Glueck Jr., left, commanding general, III MEF, at the House of Pain field house on Camp Hansen June 2. Photo by Lance Cpl. Mark W. Stroud



Supervisor Course. **PGS. 6-7** 



#### **SUMMER WATER SAFETY**

Keep summer fun and safe by heeding water safety while enjoying the warm weather. Know the sea conditions and how to identify rip currents.

**PG. 10** 

Recognize the

price of liberty

for freedom.

paid with sacrifice,

and stand with me

The U.S. will celebrate Flag Day June 14, the date of our flag's establishment in 1777 by the Continental Congress.

Lance Cpl. Tyler C. Vernaza

Thile serving as the joint security watch for Building 1 on Camp Foster, one of the most important duties Marines are tasked with is raising colors in the mornings and retiring the colors at sunset.

It was two minutes until colors one morning, and I had my index finger pressed lightly on the play button, when my mind flashed back to high school. Our teacher led us in a class discussion one day when I was a freshman about having

a choice not to stand for the pledge of allegiance and national anthem.

I remember thinking to myself, "Why do we stand and say the pledge every day? Does it really matter if we just sit it out? We aren't hurting anyone, right?"

So, I sat it out. For about two weeks, I leaned back in my chair while the other stu-

dents recited the pledge and stood while the national anthem played through the old speakers in my first period classroom comfortable, content and ignorant through and through.

Until one day, I looked over at a classmate who had just moved from California. I watched the short, blond-haired girl dig in her backpack for something. She looked worried as she rummaged through her pack until she pulled out a frame with the picture of a man dressed in a blue coat and a white hat. I was confused at first.

The girl sat the picture on her desk facing the flag as the national anthem began to play, and she raised her arm to salute. As the anthem played, tears rolled down her face, but she did not tremble or shake. The 5-foot-4-inch girl stood unwavering.

As the music finished, she took the picture in her arms and kissed the man in the white hat. As she turned to put away the photo, our eyes met. In that instant, I didn't know what to think.

A month later, I learned the man in the photo was her father, a staff sergeant in the United States Marine Corps and a

casualty of the war in Iraq.

That made me question, "Who am I and what have I done to earn the right to sit while she stands for her father?'

Today, I have a better understanding of why I stand

for the playing of the national anthem and the pledge, and what our flag means. In a time when things seem to be crashing down and natural disasters tear this world apart, we have to keep something sacred, something to keep our feet on the ground.

Our flag has become an international symbol of freedom ... more than just the stars and stripes. Recognize the price of liberty paid with sacrifice, and stand with me for freedom.

Vernaza is a combat correspondent with the Okinawa Marine.



Maj. Gen. John A. Toolan, right, commanding general of Regional Command Southwest, International Security Assistance Force, speaks with local farmers and members of the Afghan government during a groundbreaking ceremony in Marjah, Afghanistan, May 29. A packing facility for local agriculture is being built on the site over the next few months, eventually allowing farmers to sell their produce to a larger customer base throughout the country. Photo by Lance Cpl. Katherine M. Solano



Marines with Fox Company, 2nd Battalion, 9th Marine Regiment, currently attached to the 24th Marine Expeditionary Unit, demonstrate a combat maneuver from a MV-22 Osprey during a simulated raid at Eisenhower Park, New York City, May 28. Various units from II Marine Expeditionary Force and Marine Forces Reserve have organized under the 24th Marine Expeditionary Unit to form the Special Purpose Marine Air Ground Task Force



Marines with the 22nd Marine Expeditionary Unit march down historic Via dei Fori Imperiali, past the Colosseum, during a parade in Rome, Italy, June 2. The Marines participated in the Festa Della Repubblica parade, which commemorated the 150th anniversary of Italy's unification and the 65th anniversary of the Italian government's change to a republic. Photo by Cpl. Dwight A. Henderson

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#### **OKINAWA MARINE NEWSPAPER**

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#### **CENTRAL BUREAU**

Camp Foster DSN 645-9335

#### **NORTHERN BUREAU**

Camp Hansen DSN 623-4224

#### **SOUTHERN BUREAU**

Camp Kinser 090-6861-7690

# **III MEF first to finalize GCSS-MC transition**

Cpl. Jovane M. Henry

OKINAWA MARINE STAFF

CAMP FOSTER — After 16 months of testing and transition, III Marine Expeditionary Force became the first MEF to complete the conversion to the new Global Combat Support System-Marine Corps, June 5.

The GCSS-MC, a web-based logistics system, was designed based on commercial logistics and supply software using industry-best products and modified to fit specific USMC requirements. The system eliminates supply and maintenance paper trails, while streamlining accountability, said Eric Gray, Headquarters Marine Corps, Installation and Logistics Department, Logistics, Plans, Policies, Strategic Mobility Division liaison officer to III MEF.

III MEF has been transitioning to GCSS-MC since March 2010, when Marines with Combat Logistics Regiment 35 and CLR-3, 3rd Marine Logistics Group, III MEF, began utilizing the new system in garrison.

After being used in garrison by III MEF for roughly a year, GCSS-

MC made a successful first appearance in a forward environment with the 1st Marine Aircraft Wing in Atsugi, Japan while the unit conducted relief efforts following Japan's March 11 earthquake and subsequent tsunami.

The process of completely switching over to the new system occurred in six phases over the course of 15 months, said Gray.

Despite the fact that some general anxiety surrounded the initial transition, the overall switch was painless, said Chief Warrant Officer Michael S. Banting, maintenance officer with Combat Logistics Battalion 31, 3rd MLG.

"There was some negativity going around because not everyone likes changes," said Banting, who has been working with GCSS-MC for over a year. "However, once everyone got involved and spent time with the program, we realized we get more customer and user feedback, which helps us complete our mission more efficiently."

Although field-user evaluations with the GCSS-MC began later than originally planned due to a number of challenges, III MEF completed the transition several months earlier than anticipated through scheduling solutions.

"The Satellite GCSS-MC Operations Center WestPac here has been vital to the overall successful conversion to the GCSS-MC," said Gray. "The Marines of the III MEF G-4, along with the G-4s of the MLG, 3rd Marine Division, 1st MAW, Marine Corps Bases Japan and Hawaii have also been a critical component of our success."

III MEF being the first to completely transition to the GCSS-MC is important because it is leading the way with a transformational system, said Gray. The benefits of the new system will gradually become apparent over time.

"We are merely scraping the surface with what GCSS-MC offers our Corps," said Gray. "I have no doubt we will see increasing benefits from the changes in the coming months and years."

For Lance Cpl. Robert Dohse, a supply clerk with CLB-31, the system is a highly convenient program that will enhance mission readiness.

"I definitely prefer this new

system," said Dohse. "The day-today transactions or modifications are easy and done in real-time, so we don't have to wait 24 hours for any changes to be processed."

"I like the idea that everyone involved with the GCSS-MC at III MEF is putting themselves out there in front and taking the challenge of being the first to make the switch," said Dohse. "This program change is a big step for us--not only for us in the supply world, but for the Corps as a whole."

I and II MEF are following III MEF's lead, with transitions beginning in September and plans to be operationally capable approximately 20 months later.

A Marine Corps-wide transition is expected to be complete by April 2013, redefining the maintenance and supply process for all equipment within garrison and deployed environments.

"This transformational logistics system brings an incredible new capability to the Marine Air-Ground Task Force," said Gray. "This transition will mark a historical moment for the Marine Corps."



Brig. Gen. Craig Crenshaw, commanding general, 3rd Marine Logistics Group, III Marine Expeditionary Force, center, sits with service members after receiving their diplomas for graduating from the Command and Staff College at the Butler Officers' Club on Plaza Housing June 1. Crenshaw was invited as the guest of honor for the graduation. Photo by Lance Cpl. Matheus J. Hernandez

# Students graduate distance military education courses

Lance Cpl. Matheus J. Hernandez

OKINAWA MARINE STAFF

CAMP FOSTER — More than 100 service members graduated from the non-resident Expeditionary Warfare School and Command and Staff College at the Butler Officers' Club on Plaza Housing here June 1.

EWS and CSC are two seminar programs offered by the Marine Corps' College of Distance Education and Training. Both courses are designed to be completed in two academic years and each provides career-level, professional military education and training in order to prepare officers to serve as commanders and staff officers in the operating forces.

EWS is a seven-course, career-level school and is a professional military education requirement for the ranks of captain and chief warrant officer three. CSC is an eight-course, intermediate-level school which satisfies both Marine Corps and joint PME requirements for the ranks serving as major and chief warrant officer four.

The graduates' success demonstrates their commitment and dedication to life-long learning and desire to improve themselves personally and professionally, said James Hopkins, regional coordinator, Okinawa region, Training and Education Command, CDET.

"It has been a rigorous two years, and the Marine Corps is getting some very well-educated officers back, so we're really proud of them," said Hopkins. "These programs make the officers more competent, knowledgeable and better leaders overall."

The information the officers are learning is very applicable to what they are doing right now in their current jobs, said Scott A. Uecker, regional chief instructor, Okinawa region, Training and Education Command, CDET.

CDET has had students from other services and military occupational specialties, according to Hopkins.

"(Gaining perspective from other services, branches and MOSs) makes the program even stronger because you get to hear how the other person thinks," said Hopkins. "It also allows them to have a better understanding with not just the Marine Corps, but with joint missions as well."

The instructors try to build seminar groups by mixing MOSs as much as possible, which brings different experiences to the table, said Uecker.

"If I can get an infantry, aviation and logistics officer in the same class, then I will," said Uecker. "It allows the officers to hear how each individual's job is done."

"It brings a tremendous amount of value to the Corps, the individual units and the Marine officers themselves," said Uecker. "It's going to introduce them to aspects about operations in the Marine Corps that they may not have any experience in, but they will need to understand it when they start moving up in rank."

By taking charge of their education, the officers of the graduating class are setting the example for junior officers and Marines.

"They're leading the way," said Hopkins. "This is a great example for all Marines to keep pursuing education as a means to obtain excellence."

#### **BRIEFS**

## OKINAWA EXPRESSWAY TOLLS TO RETURN TO PREVIOUS RATES

Okinawa's Expressway will resume charging fees at all toll booths June 20.

Tolls will be at the same rate as before the Toll-Free Pilot Project, which began June 28, 2010. The fees will be collected every day, including travel on weekends and holidays.

There will be bilingual signs at expressway entrances to raise drivers' awareness.

#### **FUTENMA FLIGHTLINE FAIR CANCELLED**

The 2011 Futenma Flightline Fair, originally scheduled for June 18-19, has been cancelled. The live concert by Omarion that was to be held during the Futenma Flightline Fair will be held at 10 p.m. June 18 at the Ocean Breeze on Camp Foster.

For more information, visit www. mccsokinawa.com/entertainment or call 645-5821.

#### **JAPANESE SPOUSES' ORIENTATION**

Marine Corps Family Team Building invites Japanese spouses to learn about resources, benefits and services available to Marine Corps spouses at the Japanese Spouses' Orientation June 16 from 9 a.m.-noon at the MCFTB office on Camp Foster in building 5677.

This session will introduce the Transportation Management Office and the Kadena Housing Office for important tips and services to ensure a smooth permanent change of station.

For more information, or to register, call the bilingual line at 645-3204 or visit www.mccsokinawa.com/mcftb.

#### **MISHAP REPORTING PROCEDURES**

Work-related mishaps causing bodily injury or property damage must be reported to the unit or command safety manager for appropriate action. All off-duty mishaps involving active duty personnel shall also be reported to the safety manager.

For more information, contact your unit safety manger or refer to Marine Corps Order P5102.1B.

#### **LINKS FOR KIDS**

LINKS for Kids will be held June 21 from noon-3 p.m. at the Ocean Breeze on Camp Foster.

Children ages 6-10 can connect with other children by sharing real life experiences and discovering positive ways to deal with the challenges of growing up in the military. There will be crafts, games, discussions, snacks and more. This workshop is free and registration is required.

For more information, or to register, contact 645-3689.

**TO SUBMIT A BRIEF,** send an e-mail to okinawamarine.mcbb.fct@usmc.mil, or fax your request to 645-3803. The deadline for submitting a brief is noon Friday. Okinawa Marine reserves the right to edit all submitted material

# Suicide awareness, prevention Quarterly training focuses on leadership

**Gunnery Sgt. Cindy Fisher** 

OKINAWA MARINE STAFF

CAMP FOSTER — The Chaplain's Religious Enrichment Development Operations' June 17 suicide-prevention seminar, a quarterly, half-day training class, focuses on small-unit leadership, according to CREDO personnel.

"This is not just suicide prevention; it's really a leadership-training seminar," said Navy Lt. Richard B. Bristol, chaplain for Headquarters and Service Battalion, Marine Corps Base Camp Butler, and a presenter for CREDO's suicideprevention seminar.

CREDO's quarterly suicide prevention seminars provide leaders with the tools to watch out for and protect their troops. It gives them the knowledge of programs through which Marines can seek help, Bristol said.

The seminar teaches that suicide is not restricted to one rank, gender or age. Attendees learn the range of behaviors associated with suicide: suicidal thoughts and ideations, gestures and attempts.

Suicidal thoughts vary in complexity, but do not include taking any actions, Bristol explained.

Gestures include non-lethal behaviors, such as cutting one's self or taking small amounts of prescription drugs, he said. The individual does not actually want to die; instead, this is a cry for help to draw attention to the individual's personal plight and pain, he added.

An attempt is just what it sounds like -- a person takes actions that are potentially lethal with the intent to die, Bristol said.

Leaders must remember that with suicide, "It's not that someone wants to die so much as it's that (he or she wants) to stop hurting," he said.

Leaders must know their Marines to know if they are hurting and understand their issues, Bristol said. Leaders have to know how their Marines act normally to be able to see the changes when Marines are in crisis, he said.

"Suicide is a long-term solution to a short-term problem," Bristol said, adding leaders must be able to communicate this to their Marines.

Thinking long-term is a way to suicide-proof one's self, he said. Teaching troops to think long term will protect them, he advised.

Other topics during the seminar included how relationships and stress can relate to suicide, mental health, psychological buddy aid and managing and confronting stress.

Staff Sgt. Franklin Smith, with the III Marine Expeditionary Force Band, attended last quarter's training and said he would recommend the training to leaders at all levels.

"This was awesome," he said of the knowledge he garnered at the training.

The small group environment made the training more intimate, more immediate and helped him get a deeper understanding of the topic, he said.

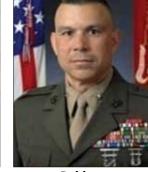
"It really is all leadership we're talking about -- knowing your Marines and caring for your Marines," Bristol said.

The target audience for the quarterly training is E-4s to E-8s and O1s to O3s, but senior leaders are always welcome to attend, he said.

To attend the June 17 seminar, call CREDO at 645-3041.

# **CLR-35 receives Jones**





Rubino

Col. Ronald F. Jones assumed command of Combat Logistics Regiment 35, 3rd Marine Logistics Group, III Marine Expeditionary Force, from Col. James L. Rubino during a ceremony on Camp Kinser June 3. Rubino has commanded CLR-35 since June 2009 and will become the assistant chief of staff G-3 for 3rd MLG. Jones' previous assignment was at Marine Corps Base Camp Lejeune, N.C., where he served as chief of staff for 2nd MLG, II MEF.

# 3rd Supply Bn. welcomes Castro

Lt. Col. Robert T. Castro assumed command of 3rd Supply Battalion, Combat Logistics Regiment 35, 3rd Marine Logistics Group, III Marine Expeditionary Force, from Lt. Col. Eric S. Livingston during a ceremony on Camp Kinser June 8. Livingston has commanded the battalion since 2009 and will attend the Naval War College, Newport, R.I. Castro's previous assignment was as a Marine Air Ground Task Force future operations planner G-3 for III MEF since July 2010.



Castro

Livingston

# **MWHS-1 welcomes Rupp**





Rupp

Lianez

Lt. Col. Joseph E. Rupp assumed command of Marine Wing Headquarters Squadron 1, 1st Marine Aircraft Wing, III Marine Expeditionary Force, from Lt. Col. Raul Lianez during a change of command ceremony at Marine Corps Community Services Semper Fit Gym on Marine Corps Air Station Futenma June 3. Lianez served as the commanding officer for MWHS-1 since 2009 and is now attending the Marine Corps War College in Quantico, Va. Rupp's previous duty assignment was as the assistant chief of staff G-1 for 1st MAW since 2010.

#### **AAV** FROM PG 1

water and then dropped to simulate crashing. Sometimes, it is rolled completely over 180 degrees, and other times it is rolled on its side.

Students in the course are taught the correct egress procedures before embarking the AAV simulator, which is then rolled over, and students are expected to escape.

"We take them through a step-by-step process," said Miller. "We step it up a notch every time we get in there."

Initially, they make a few mistakes. They learn from them, improve and become more proficient at AAV egress, added Miller.

The Marines were given instruction on how to exit the AAV in various positions in the water. Then, they were sent through the different scenarios with combat gear and blinding goggles.

"There's going to be different scenarios. You can't predict what's going to happen during a crash or in a rollover," said Miller.

Going through these different scenarios allows them to put to use the skills they are taught, such as using physical reference points, not just vision, and getting familiar with the surroundings and equipment, added Miller.

"The feedback has been very positive, it's an eye opener for a lot of guys," said Miller. "They don't realize how difficult it is to get out of a submerged vehicle."

"I absolutely enjoyed the training, (it) is as realistic as it needs to be," said Staff Sgt. Gennaro Mazzeo, an AAV crewman with CAB. "The training that we received today is something that we talk about in theory, we give classes on in theory, but until an Amtrak actually sinks you never know exactly how you are going to get out of it."

Mazzeo was one of 16 Marines who attended the course.

This training has benefited all involved and equipped each individual with the knowledge to save themselves and any person in the vehicle with them, added Mazzeo.

"This has opened up my eyes to training, and things that I can think about to train my own Marines -- on things that might happen and situations that might occur," added Mazzeo. "What if I had all my gear in here? What if I had 21 combat-equipped troops and my crew? What could I do to more efficiently to get these guys out?"

## **H&HS Bn. receives Hawkins**





Hawkins

Baggett

Lt. Col. Richard Hawkins assumed command of Headquarters and Headquarters Squadron, Marine Corps Air Station Futenma, Marine Corps Bases Japan, from Lt. Col. Terry L. Baggett at a ceremony on MCAS Futenma June 2. Baggett has been in command of the squadron since May 2009, and will be attending the Joint Forces Staff College in Norfolk, Va. Hawkins' previous duty assignment was Marine Aerial Refueler Transport Squadron 152, Marine Aircraft Group 36, 1st Marine Aircraft Wing, III Marine Expeditionary Force, where he served as the executive officer since Feb. 2010.

#### **SGT MAJ** FROM PG 1

power Management Division, Manpower and Reserve Affairs, Headquarters U.S. Marine Corps.

"I am extremely impressed with each and every one of you. I admire you for who you are. I admire you for what you do. I am going to be with you every step of the way. I am going to work with you, and I am going to train with you," he said to III MEF's Marines and sailors.

"The enlisted Marines and sailors I have run into here are exceptional ... I know a large part of this is the experience Sgt. Maj. Fierle has put into the MEF," added Morefield

Morefield also acknowledged the JSDF members present.

"Our brothers-in-arms in the

Japan Self-Defense Force, I can't tell you how excited I am to see you here," he said. "I appreciate the working relationship (between the two forces) ... I look forward to working with you."

Morefield said he plans to continue the tradition of excellence already established within III MEF, as "that's what we owe our country as U.S. Marines."

The families of III MEF are another vital element of this unit, he added.

"My family is important to me. I know your families are important to you too," he said. "Your families are every bit as important to me as my own is."

Fierle, whose retirement was included in the ceremony, endorsed Morefield's commitment to the MEF's families.

"He's a family man, so he can connect to the families," said Fierle

Fierle, who had been the III MEF sergeant major since April 2008, spoke of his tenure with III MEF and thanked the many people he had meet here who made his time on Okinawa worthwhile.

"It's the professionals that you work with, the people that you meet" that make the experience so enriching, he said. "This last tour has been extremely rewarding."

Fierle, who served 32 years in the Marine Corps, was awarded a Legion of Merit, gold star in lieu of second award, for his tenure as III MEF's sergeant major.

#### **LIBERTY** FROM PG 1

the III MEF headquarters building here to begin a review of the current policy and develop potential recommendations for modifications to the Liberty Campaign Plan.

"The order is reviewed periodically to make sure we continue to be successful in this area and to improve upon the success of the current campaign," said Col. Craig Q. Timberlake, deputy commanding general, III MEF.

Since the last changes to the policy, approximately a year ago, the number of liberty-related incidents have diminished substantially, said Timberlake.

Due to the success of the current policy and feedback from service members, leaders are conducting a thorough review of the Liberty Campaign.

Timberlake added that the success of this campaign results from the Marines and sailors adapting to, and complying with the current policy, holding each other accountable and conducting themselves as ambassadors.

Engaged leadership at all levels has been one of the contributors to the success of the current plan, noted Timberlake.

"I believe the Marines conducting themselves properly is the reason why this campaign has been successful," said Sgt. Maj. Patrick Kimble, sergeant major of Marine Corps Bases Japan and Marine Corps Base Camp Butler. "We're ambassadors of the United States and the Marine Corps, and it is our responsibility to present the best image of who we are."

"We're looking for those who conduct themselves meritoriously, on and off duty," said Timberlake. "While work proficiency is very important, we're looking at that "whole-Marine" concept, how you conduct yourselves during work and during liberty."

For Marines, the review means that the majority of troops are looking out for each other and properly enforcing the liberty order.

"The command's decision to review the policy goes to show that leadership is aware of troops doing the right thing," said Cpl. Desmond Baldwin, a radio operator with 3rd Reconnaissance Battalion, 3rd Marine Division, III MEF. "Marines have to conduct themselves professionally at all times, and I think we're doing just that."

For more information, the MCBJ/III MEF Order 1050.7 Change 3 Liberty Campaign Order can be accessed on-line at the Camp Butler adjutant SharePoint homepage at the following Common Access Card-protected site: https://wss.mcbbutler.nmci.usmc.mil/G1/Adjutant/default.aspx.

Look under "Announcements" for a link to the Liberty Campaign Order.

OKINAWA MARINE | **FE** 



Gunnery Sgt. Hunter Sorrells, a diving supervisor candidate with 3rd Recon Bn., 3rd MarDiv., refers to his reference guide while acting out a dive scenario during the Diving Supervisor's Course off the northeast coast of Camp Schwab June 7.

# **Marines**

Story and photos by Lance Cpl. Matheus J. Hernandez

OKINAWA MARINE STAFF

arines with 3rd Reconnaissance Battalion, 3rd Marine Division, III Marine Expeditionary Force, qualified in the Diving Supervisor Course off the northeast coast of Camp Schwab June 7.

The course trains the candidates to become diving supervisors for Marine Corps reconnaissance battalions. Once qualified, they are capable of supervising their Marines during combat diving operations. A Marine Corps diving supervisor is responsible for their divers and the

Marines with 3rd Reconnaissance Battalion, 3rd Marine Division, III Marine Expeditionary Force, are qualifying to become diving supervisors during the Diving Supervisor's Course off the northeast coast of Camp Schwab June 7. The three-week long course has drills on each type of dive and focuses on everything the candidates need to know in order to oversee diving operations.

# qualify in Diving Supervisor's Course

safety and of diving operations.

"It doesn't benefit me as much as it benefits the community, because we can't execute a dive without dive supervisors," said Gunnery Sgt. Hunter Sorrells, a dive supervisor candidate with 3rd Recon Bn. "When we're out on (deployments), we don't have the luxury of calling up a supervisor, saying we need to dive or do a mission that involves a dive insert; they're not going to be on call for us. So, we have to have qualified dive supervisors."

The Master Diver, who oversees the diving course and the candidates, has the most experience and knowledge on all aspects of diving and underwater salvage. The course begins with candidates briefing the divers on the mission, hazards of the dive and emergency procedures. Then, evaluators create a scenario for the candidates during the dive which allows them to assess the candidates' ability to handle those situations.

"The skills you learn in the dive (supervisor course) are going to save lives," said Sorrells.

In order to qualify, dive supervisor candidates must go through a three-week course, with drills on open- and closed-circuit diving, focusing on everything the candidates need to know about diving. In open-circuit diving, the diver exhales their wasted oxygen into

the surrounding waters, while in closed-circuit diving the exhaled gas is recycled and reused through the diving set. After qualifying, they can supervise their Marines' dives.

"When you come here, the knowledge you learned in dive school is a refresher," said Sorrells. "But as a Supervisor, you're learning to diagnose issues that you may have with a diver, such as loss of air or a lost diver."

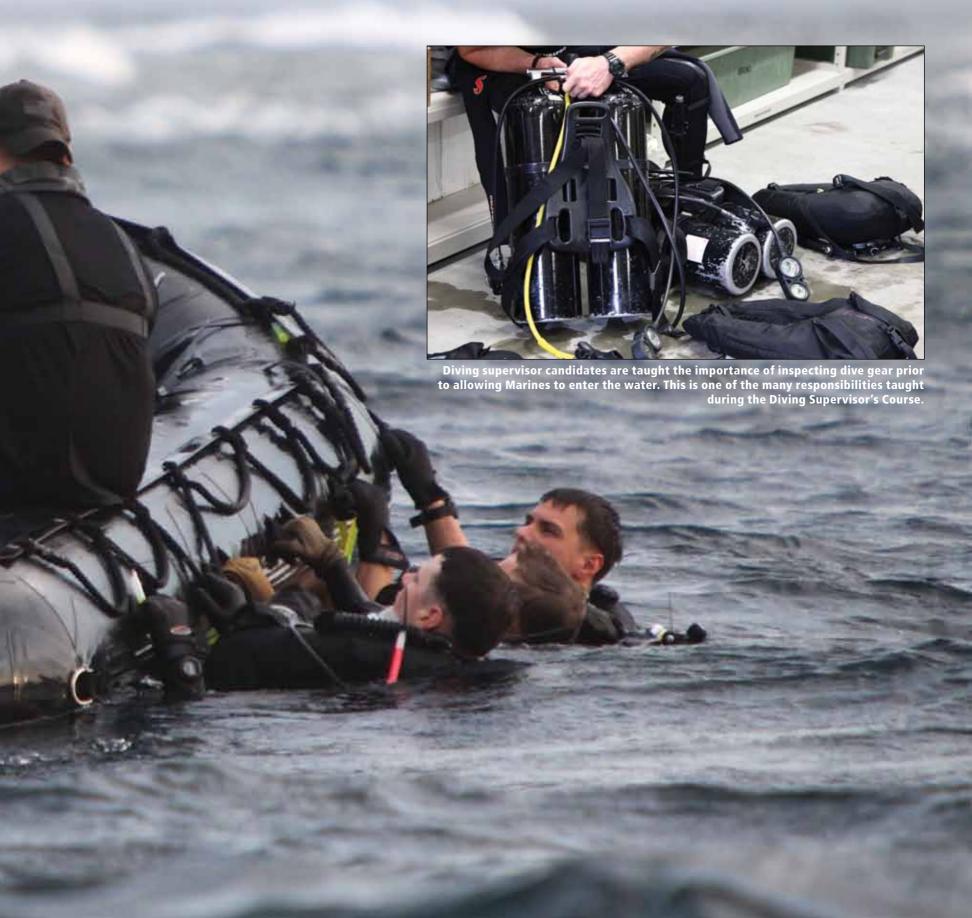
A supervisor has to be a subjectmatter expert on all aspects of diving, according to Petty Officer 1st Class Greg S. Early, a Navy diver with 3rd Recon Bn.

"You have to know everything

about diving, implement it and be able to recommend a treatment if something does happen, and you need to be able to do it immediately, which is probably one of the hardest things," said Sorrells. "You control the whole dive down there. Everything that goes wrong is your fault and you have to fix it."

The candidates have been putting forth a lot of effort and are really good at what they do, said Early.

"We, as Navy divers, cover a huge range of diving, but the Marines have a very large skill set," said Early. "I'm really impressed with how capable, qualified and efficient they've been."





# Proper footwear contributes to health, mission readiness

arines are known for their physical fitness, logging hundreds of miles on their feet to maintain combat readiness. This high state of readiness is not possible if injured.

In order to help prevent lower-extremity injuries, the Hansen House of Pain Gym at Camp Hansen played host to a shoe fitting where participants had their feet measured and were told the importance of wearing a properly-fitted shoe June 3.

"The first shoe fitting event was held during the 'Body Maintenance EXPO' in January 2010," said Terumi Nagai-Luebbers, fitness coordinator for Camp Courtney Ironworks Gym.

Understanding the importance of the proper running shoe, Nagai-Luebbers

took notice of the Marines who frequented her office.

"I am an endurance athlete, and I know what kind of things athletes need to pay attention to; shoes are high priority," Nagai-Luebbers said.

"Many Marines visited my office with tennis shoes or basketball shoes for running, or had running shoes that were totally worn out," added Nagai-Luebbers.

Chronic injury, such as shin splints and back problems, can occur from wearing inappropriate shoes for running, added Nagai-Luebbers.

"If you get injured at one point you start to compensate with other parts of your body," said Nagai-Luebbers. "If you have a right ankle problem, you try to cover with your left knee, and then you try to compensate that problem with your right hip."

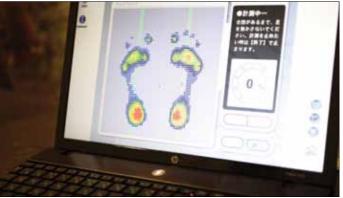
The problem will progressively worsen, Nagai-Luebbers added.

Nagai-Luebbers contacted a shoe company through her running team and created the event.

The shoe fitting process begins with a diagnostic machine, resembling a weight scale, that participants stand on and have their feet electronically measured.

This machine is designed to measure length and width of a person's feet and project the distribution of body weight during running, standing and walking and displays it on the screen.

"We scan the feet twice," said Nagai-Luebbers. "The first scan is to measure the length (and



A laptop displays the pressure displacement of a customer's feet during a running shoe fitting at the Hansen House of Pain Gym on Camp Hansen June 3. The feet of each customer were placed on the diagnostic machine, which resembled a scale, that electronically measures length and width of feet and projects the distribution of body weight.

width) of the foot."

The first scan reads off an exact measurement of the length and width of each foot down to the centimeter.

The second scan measures pressure distribution on each foot, Nagai-Luebbers said.

It allows the person to know exactly how they disperse their weight when standing and running, from which heel takes the brunt of weight to which toes have more contact with the ground, added Nagai-Luebbers.

Most people do not realize the importance of proper weight distribution when running, said Nagai-Luebbers. If enough weight is not placed evenly on the toes, it can affect comfort and running speed because the runner cannot get strong push off the ground.

Once the scans had been analyzed, each customer was fitted with the proper running shoe to compliment their natural running gait. Each runner needs a specific type of shoe, said Nagai-Luebbers. Flat-footed runners need stabilizing shoes and those with higher arches need more of a cushion.

Paying attention to the needs of the feet and not the color, design or brand name of the shoes will ensure you stay injury-free, added Nagai-Luebbers. One additional key is to change your running shoes either every 300 miles or six months, whichever comes sooner.

The participants took away a good amount of information and were made aware of how to employ it.

"It gave me a good idea of what type of shoes I should get, as opposed to what I usually wear," said Clifford Yee, a participant in the shoe fitting.

Future shoe fittings are scheduled at Camp Foster July 16, which will be tailored for children, Camp Kinser Sept. 17 and again on Camp Foster Oct. 8 at each camp's main gym.



Customers receive advice on proper running shoe fitting during a shoe fitting event at the Hansen House of Pain Gym on Camp Hansen June 3. The participants' feet were electronically measured and proper running shoes were recommended.

# Marine's spouse volunteered for betterment of III MEF families

Story and photos by Gunnery Sgt. Cindy Fisher

OKINAWA MARINE STAFF

For Patricia Fierle, a senior enlisted Marine's spouse, volunteering can easily become a full-time job, but it is always a labor of love, she said.

She was recognized by Lt. Gen. Kenneth J. Glueck Jr., III MEF's commanding general and commander of Marine Corps Bases Japan, at the retirement ceremony for her husband of 24 years, Sgt. Maj. Daniel J. Fierle, on Camp Courtney June 2 for volunteering nearly 1,800 hours during her husband's three-year tenure as the MEF's sergeant major.

Fierle held many volunteer roles here including III MEF command team advisor, a representative from III MEF to an advisory board in Quantico, Va., a Navy Marine Corps Relief Society ambassador and she helped with Marine Corps Family Team Building.

Fierle also provided vital input used in the development of eMarine, a new web site for delivering readiness information to Marines and their families. She helped with the site beginning with its inception, said Denise Loftesnes, the III MEF family readiness officer.

Throughout a nine-month period, Fierle conducted research about the Marine Corps lifestyle and the programs that impact Marines and their families and used her findings to provide recommendations for the website.

The experience Fierle brings to the table is invaluable as she has lived the Marine life, made the moves and used the programs, so she knows what works and what does not, said her husband.

She willingly used her own experiences to provide advice on programs affecting Marine families and single Marines, he said of his wife.

"Mrs. Fierle stayed involved with local community events, which in turn gives her an opportunity to understand the needs and concerns of our Marines (and) sailors and their families," said Loftesnes.

Loftesnes said Fierle took an active role in providing readiness information to Marines and their families and providing input for III MEF-level policies pertaining to family readiness. Fierle constantly attended command meetings and took additional MCFTB training to help her better promote programs, Loftesnes added.

"She takes the time to talk to the Marine (or) sailor and their families. She takes these concerns to program directors, and (she) advocates for changes," Loftesnes said.

Fierle herself is quick to downplay her own achievements, saying she is only giving back.

She said she learned volunteerism from her mother who volunteered with the Red Cross during World War II. Her mother also sold war bonds and volunteered as a hospital nurse's aide.

"I loved listening to her stories," Fierle recalled.

Her mother arranged her first job as a candy striper at a hospital when she was a



I simply delivered flowers," she said.

"Being a volunteer is a reflection of myself – what I can do to offer hope and care to others. It helps me gain understanding of human values," Fierle said.

Her role as a volunteer has changed over the years from direct interaction with people to development of programs.

However, it is still "very fulfilling for me to give my time to benefit others," she said.

It was not long ago that her family needed help and volunteers stepped in to fill the gaps. Six years ago, Fierle learned

she had breast cancer.
"There were tough decisions

"There were tough decisions and hardships," she recalled.

She chose radiation, chemotherapy and a partial mastectomy to battle her cancer and win.

Volunteers helped throughout her recovery, taking her children to school, cooking meals and cleaning her home, she said. "They gave me such hope,"

she said. "It changed my kids outlook on life. They could see all the good things that could come out of a bad situation.

Fierle said
she encourages
everyone to volunteer in whatever way
they can – whether it
is for a few hours here
or if it is for numerous
hours every week.



Lt. Gen. Kenneth J. Glueck Jr., shakes Patricia Fierle's hand at the retirement ceremony of her husband, Sgt. Maj. Daniel J. Fierle, on Gamp Courtney June 2. Patricia was recognized for her extensive volunteer efforts. She last three years.

"The beauty of volunteering is that you can be as active as you want," she said. "There are many wonderful charitable organizations and volunteers on Okinawa – they are all doing amazing volunteer work," she said.

Though her husband retired from the Marine Corps, she does not plan to retire from volunteering anytime soon, Fierle said smiling.



**Center on Camp Courtney.** 



# Summer season prompts water safety focus

**Lance Cpl. Kris Daberkoe** 

OKINAWA MARINE STAFF

With the onset of the summer season, people are taking to the beaches to soak in the sun and engage in water activities.

Status of Forces Agreement members are encouraged to consider safety as the top priority before setting out for any aquatic fun.

"On average, 32 people (which includes local community members) die from drowning every year on Okinawa," said Shawn Curtis, deputy safety director with Marine Corps Bases Japan Installation Safety Office. "No other military installation in the world takes the same precautions we do."

According to Curtis, inclement weather and currents, resulting from Okinawa's unique island formation, are the largest contributing factors in water-related mishaps.

"In the U.S., the leading cause of death among service members are privately owned motor vehicle accidents," said Curtis. "Out here it's water-related incidents."

Okinawa's rugged underwater terrain creates rip currents that are known for carrying swimmers far from shallow water.

"A strong rip current pushes wa-

ter at approximately five miles per hour," said Curtis. "It's equivalent to the speed of an Olympic swimmer during a sprint competition in a pool."

Rip currents are created after waves crash on a sandbar or reef. When the water from the waves returns to sea, the underwater obstruction causes the water to bottleneck and flow faster.

People on the lookout for a rip current can spot them from an elevated position. A rip current looks like a long strip of murky water because of the sand being kicked up by the flowing water.

Swimmers caught in a rip current are advised not to panic and to let the current carry them out until it dissipates, then swim at a right angle away from the current and back towards shore.

No matter how cautious people are, the unpredictable nature of Okinawa's weather systems can turn an enjoyable day of summer fun into a potential disaster.

Sea conditions on Okinawa can change in a matter of hours due to the surrounding waters, said Ryan Stahl, a retail manager with Tsunami Scuba on Camp Foster.

"Because Okinawa is an island, there is nothing to block the winds coming from the ocean," said Stahl.

### **FLOW OF A RIP CURRENT**



Illustration courtesy of the National Weather Service

"It's not uncommon for the sea conditions to change from all clear in the morning to caution or danger in the afternoon."

Safety personnel on-island use a variety of communication media to keep service members informed about the current sea conditions.

"Current sea conditions are broadcasted regularly on the television and radio to keep people informed," said Air Force Capt. Kyle Paslay, commanding officer of 18th Operations Support Squadron based out of Kadena Air Base. "Even if you know the current sea conditions, it's always good to make an informed judgment call before stepping into the water."

Whether caught in a rip current or a sudden storm, the best way to prevent a casualty at sea this summer is to avoid risky behavior and think ahead.

"Before stepping into the water to go snorkeling or scuba diving, scout out your exit route," said Stahl. "Plan a secondary route in case the weather turns bad before you finish."

The opportunity to enjoy a summer on Okinawa is a rare treat for service members, but they should be mindful of safety, said Curtis.



#### In Theaters Now JUNE 10 - JUNE 16

#### **FOSTER**

TODAY Kung Fu Panda 2 (PG), 6 p.m.; The er Part Two (R), 9 p.m. SATURDAY Kung Fu Panda 2 (PG), noon, 3, and 6 p.m.; Priest (PG13), 9 p.m.
SUNDAY Kung Fu Panda 2 (PG), 1 p.m.; X-Men: First Class (PG13), 4 and 7:30 p.m. MONDAY Kung Fu Panda 2 (PG), 7 p.m. TUESDAY Kung Fu Panda 2 (PG), 7 p.m. WEDNESDAY Hanna (PG13), 7 p.m. THURSDAY X-Men: First Class (PG13), 7 p.m.

#### **KADENA**

**TODAY** Hop (PG), 6 p.m.; Scream 4 (R), 9 p.m. **SATURDAY** Hop (PG), noon and 3 p.m.; The Hangover Part Two (R), 6 and 9 p.m SUNDAY Hop (PG), 1 and 4 p.m.; The Hang-

over Part Two (R), 7 p.m.

MONDAY The Hangover Part Two (R), 7 p.m. TUESDAY Pirates of the Caribbean: On Stranger Tides (PG13), 7 p.m.

WEDNESDAY Pirates of the Caribbean: On Stranger Tides (PG13), 7 p.m.

THURSDAY Source Code (PG13), 7 p.m.

#### HANSEN

TODAY Source Code (PG13), 6 p.m.; Scream 4

**SATURDAY** Pirates of the Caribbean: On Stranger Tides (PG13), 5 and 9 p.m. **SUNDAY** Source Code (PG13), 2 p.m.; Scream 4

(PG13), 5:30 p.m.

MONDAY X-Men: First Class (PG13), 7 p.m. TUESDAY X-Men: First Class (PG13), 7 p.m. WEDNESDAY Scream 4 (R), 7 p.m. **THURSDAY** The Hangover Part Two (R), 7 p.m.

#### **KINSER**

**TODAY** Scream 4 (R), 6:30 p.m. **SATURDAY** Hop (PG), 3 p.m.; Source Code

**SUNDAY** Hop (PG), 3 p.m.; Scream 4 (R), 6:30

MONDAY Closed TUESDAY Closed

WEDNESDAY X-Men: First Class (PG13), 3 and

THURSDAY Pirates of the Caribbean: On Stranger Tides (PG13), 6:30 p.m.

#### **COURTNEY**

TODAY X-Men: First Class (PG13), 5:30 and 9

SATURDAY Diary of A Wimpy Kid: Rodrick Rules (PG), 2 p.m.; Limitless (PG13), 6 p.m. SUNDAY Pirates of the Caribbean: On Stranger Tides (PG13), 2 and 6 p.m

MONDAY Limitless (PG13), 7 p.m.

**TUESDAY** Closed

WEDNESDAY The Hangover Part Two (R), 7

THURSDAY Closed

#### **FUTENMA**

**TODAY** Arthur (PG13), 6:30 p.m. SATURDAY X-Men: First Class (PG13), 4 and 7

**SUNDAY** Diary of A Wimpy Kid: Rodrick Rules (PG), 4 p.m.; Limitless (PG13), 7 p.m. MONDAY Pirates of the Caribbean: On

Stranger Tides (PG13), 6:30 p.m. **TUESDAY** Closed WEDNESDAY Closed THURSDAY Closed

#### **SCHWAB**

**TODAY** Pirates of the Caribbean: On Stranger Tides (PG13), 7 p.m.

**SATURDAY** Arthur (PG13), 5 p.m. SUNDAY Limitless (PG13), 5 p.m. MONDAY-THURSDAY Closed

#### THEATER DIRECTORY

**CAMP FOSTER** 645-3465

**KADENA AIR BASE** 634-1869 **(USO NIGHT)** 632-8781

MCAS FUTENMA 636-3890 (USO NIGHT) 636-2113

**CAMP COURTNEY** 622-9616

**CAMP HANSEN** 623-4564

(USO NIGHT) 623-5011 **CAMP KINSER** 637-2177

**CAMP SCHWAB** 625-2333 (USO NIGHT) 625-3834

Movie schedule is subject to change without notice. Call in advance to confirm show times. For a complete listing, visit www.shopmyexchange.com.



# **SINGLE MARINE PROGRAM EVENTS**

For more information, or to sign up, contact the Single Marine Program at 645-3681.

#### **NEW SMP REPRESENTATIVE TRAINING**

• This training will be held June 13 at 3 p.m. at the SMP main office on Camp Foster in building 5674. All new SMP representatives should attend.

#### **FOREST ADVENTURE TRIP: JUNE 25**

• Single Marines from Camp Kinser and Marine Corps Air Station Futenma are invited to swing through the treetops on zip lines, swing across ravines on tarzan swings and test their courage on suspended bridges and rope ladders at Okinawa's newest thrilling athletic park, Forest Adventure Park. Sign up deadline is June 22. Bus will leave the Semper Fit Gyms at Camp Kinser at 8:30 a.m. and MCAS Futenma at 8:55 a.m. Contact the SMP office for more information or to sign up.

#### **SMP DISCOVER GOLF**

• Free golf lessons for single Marines and sailors will be offered on the first and third Friday of every month from 9-11 a.m. at Taiyo Golf Course. Participants will meet at the SMP office on Camp Foster by 8 a.m. Lessons are provided on a space-available basis.

#### **VOLUNTEER OPPORTUNITIES**

- Tengan Castle Family Night: Volunteer to assist at family night every Thursday from 5-9 p.m. at the Camp Courtney Tengan Castle.
- Organizing Classroom and Moving Furniture: Volunteer to assist organizing and moving furniture at Zukeran Elementary School on Camp Foster June 16 from 8 a.m.-3 p.m. and June 17 from 8 a.m.-11 a.m. Breakfast and lunch will be provided June 16; beverages will be provided June 17.

Mention of any company in this notice does not constitute endorsement by the Marine Corps.

## CHAPEL SCHEDULE

#### **CAMP FOSTER | 645-7486**

- Catholic: Mon-Fri, 11:45 a.m.; Sat, 5 p.m.; Sun, 10 a.m.
- Christian Science: Sun, 11 a.m., Building 442
- Eastern Orthodox: Divine Liturgy, Sun, 9:30 a.m.; Vespers, Sat, 5 p.m.
- Gospel: Sun, 11:30 a.m.; 2nd, 3rd Sun, Children's Church, 11 a.m.
- · Jewish: (Informal) Fri, 6:30 p.m.
- · Latter Day Saints: Mon, 6:30 p.m.
- · Lutheran DVD Worship: Sun, 4 p.m.
- · Muslim: Prayer, Fri, 12:45 p.m.
- Protestant: Sun, 8:30 a.m.
- · Seventh Day Adventist: Sat, 9:30 a.m., at Torii Station 644-5701/644-4281

#### CAMP SCHWAB | 622-9350

- · Catholic: Thurs, 11:30 a.m.
- Protestant: Sun, 4 p.m.

#### **CAMP LESTER | 643-7248**

- · Catholic: Sun, 8 a.m.
- · Non-Denominational: Sun, 9 a.m., Hospital Chapel; Sun, 10 a.m., Lester Chapel

#### CAMP COURTNEY | 622-9350

- · Catholic: Sun, 8 a.m.
- Protestant: Sun, 10:45 a.m.

#### **CAMP HANSEN | 622-9350**

- Catholic: Sun, 10 a.m., East Chapel
- Latter Day Saints: Wed, 6:30 p.m., Library
- Protestant: Sun, 11 a.m., West Chapel

#### CAMP McTUREOUS | 622-9350

• Gospel: Sun, 12:30 p.m.

#### **CAMP KINSER | 637-1148**

- · Catholic: Sun, noon
- Protestant: Sun, 9:30 a.m.

#### **MCAS FUTENMA | 636-3058**

- · Catholic: Sun, noon
- Contemporary: Fri, 7 p.m.; Sun, 9 a.m.

#### KADENA AIR BASE | 634-1288

WWW.KADENACHAPEL.ORG

- Catholic: Sun, 8:30 a.m., Mass, Chapel 1; Sun, 11:45 a.m., Mass, Chapel 1; Sun, 4 p.m., Mass, Chapel 1; Daily Mass, Mon-Fri, 11:30 a.m., Chapel 1; Reconciliation, Sun, 3:15 p.m., Chapel 1
- Contemporary: Sun, 10 a.m., Chapel 1
- Gospel: Sun, 10:30 a.m., Chapel 3
- Protestant Bible Institute: Tues, 6 p.m., Chapel 1
- Traditional: Sun, 9:30 a.m., Chapel 2
- Wiccan/Pagan: Sat, 2 p.m., Building 856

FOR UPCOMING SPECIAL WORSHIP SERVICES AND EVENTS FOR ALL MARINE CORPS BASE CHAPELS VISIT: WWW.MARINES.MIL/UNIT/MCBJAPAN/PAGES/AROUNDMCBJ/CHAPEL.ASPX

# lapanese phrase of the week:

"Eigo de onegaishimasu" (pronounced eye-go de own-e-guy-shi-mas) It means, "In English, please."

# **Energy Conservation Tip**

Screen savers do not reduce computer monitor energy usage. They are designed to protect the monitor. Turn off the monitor while away from the computer or set a timer to switch to sleep mode to save energy and the monitor.



# **Bulldogs trump Wolfpack 20-0**

Sgt. Brandon L. Saunders

OKINAWA MARINE STAFF

The Camp Foster Bulldogs took a bite out of the Joint Task Force Wolfpack during a 20-0 win at home on Camp Foster, to launch this year's intramural football season June 4.

The league is made up of six teams, representing the northern and southern camps on Okinawa.

The Bulldogs team, is comprised of service members and government employees from southern camps. The Wolfpack team is comprised of service members and government employees from Torii Station, Camps Courtney, Schwab and Hansen and Kadena Air Base.

A largely defensive battle in the first half, both teams found themselves at a stalemate with the score tied at zero, until a quick score late in the second quarter came by way of an air attack from Sanford James, quarterback of the Bulldogs, to wide receiver Wiley Flowers.

The Wolfpack attempted to

regroup at halftime and reassess their game plan, but the tension was too high as they did not have an answer for the Bulldogs' speed. When play resumed, the home team continued their attack, extending their lead.

Both teams showed that changes are needed to ensure a successful season. The Bulldogs managed to improvise on the fly, as they kept the Wolfpack at arms' length with their speed and athleticism.

Two more significant touchdown passes by James to receivers Roger Veal and Quentin White solidified the Bulldogs' win.

"We have a young team this year ... we are a faster team," said Corey Moore, assistant coach for the Bulldogs. "Nobody can stop us in the air."

Bulldogs head coach, Gerald Q. Sharber, agreed with Moore and said this game put a lot of things into perspective.

"Like every year, you go in with a lot of questions," said Sharber. "This game helped to answer some



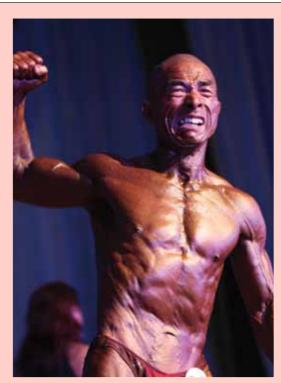
A member of the Joint Task Force Wolfpack, number 24, dives for a touchdown against the Camp Foster Bulldogs during a football game at Camp Foster June 4. The Wolfpack were defeated by the Bulldogs in the opening game of the season.

of those questions for us."

With less than two minutes left in the game, the kickoff, after a Bulldogs touchdown, put the ball in the hands of Kent Onuoha, the speedy returner for the Wolfpack. Fortunately for the Bulldogs, their kickoff team was able to contain the former Kansas State track star.

"I promise I'm never kicking to that guy again," said Sharber.

While the Wolfpack regroup and lick their wounds from a crushing defeat, the Bulldogs are on to their next bone in hopes to be atop the South Division.



# **Competition brings muscle, physique**



The top five competitors from the Women's Figure Short Class (women under 5-feet-3-inches) victoriously raise their hands during the awards ceremony for the Pacific Muscle Classic competition at the Keystone Theater on Kadena Air Base June 5. From left to right, they are: Missy Jones, 5th place; Brandy Chalkley, 3rd place; Ivette Kragel, 1st place; Maricel Orozco, 2nd place; and Sara Tworek, 4th place.

Photos by Staff Sgt. Michael Freeman

Left: Hidekavu Taba, a 67-year-old Okinawan bodybuilder, reacts to winning first place in the Masters Class (men over 40 years old) during the Pacific Muscle Classic competition. The event is an annual amateur bodybuilding, fitness and figure competition open to all Status of Forces Agreement personnel and civilians throughout the Pacific region. This year's competition included athletes from as far away as mainland Japan and the Republic of Korea.