

FLIGHT JACKET

Vol. 13 No. 26

Marine Corps Air Station Miramar, Calif.

July 1, 2011

MWHS-3 tees off



Cpl. Z. L. Majors

ESCONDIDO, Calif. - Sgt. Zachary Denning, an aviation supply Marine with Marine Wing Headquarters Squadron 3, tees off on the 3rd hole during a 'MUSH-3 Golf Tournament' here hosted by MWHS-3 June 23.

FOR FULL STORY GO TO **GOLF**, PAGE 5

Baby season cradles Miramar



Cpl. Alexandra M. Vazquez

Couples search through dozens of prizes during the Headquarters and Headquarters Squadron Baby Shower aboard Marine Corps Air Station Miramar, Calif., June 26. H&HS and Marine Aircraft Group 16 hosted the shower for the units' new and expecting parents.

MCAS Miramar
Website

www.miramar.usmc.mil



AGE OF FLIGHT BEGAN WITH A. A. CUNNINGHAM

Alfred A. Cunningham was the first Marine aviator who made his first solo flight with only two hours and 40 minutes of training. See page 4 for full story.



PRECISION WEAPONS REPAIRERS MAKE SHARPER SHOOTERS

Precision weapons repairers perform a crucial job, from fabricating and repairing special weapons to modernizing weapons used by Marines across the fleet. See page 6 for full story.

REACH US



EDITORIAL
(858)-577-6000

FLIGHT JACKET

MAG-16 welcomes new CO

Compiled by
the Flight Jacket Staff

Col. Jerome Driscoll relinquished command of Marine Aircraft Group 16 to Col. Patrick Gramuglia during a change of command ceremony here June 29.

Driscoll attended the University of California and received his Master of Arts in Political Science in 1984.

Driscoll was commissioned through Officer Candidate School in August 1984. He completed the Infantry Officer Course and reported to 2nd Marine Regiment at Marine Corps Base Camp Lejeune, N.C., as an assistant training officer.

In December 1985, he was assigned as a rifle platoon commander and company executive officer with 2nd Battalion, 4th Marine Regiment.

Driscoll entered primary flight training aboard Naval Air Station Pensacola, Fla., and Whiting Field with Training Squadron 3 and Helicopter Training Squadron 18 in June 1986. He began advanced helicopter training with Marine Medium Helicopter Training Squadron 301 at Marine Corps Air Station Tustin, Calif.

Upon completion in May 1988, Driscoll transferred to Marine Medium Helicopter Squadron 265 at MCAS Kaneohe Bay, Hawaii. Driscoll completed two deployments to Okinawa, Japan, and deployed to Southwest Asia during Operations Desert Shield and Desert Storm.

He reported to MAG- 24 and participated in the disaster relief operations in the wake of Hurricane Iniki in 1992.

In August 1993, he attended the Amphibious Warfare School in Quantico, Va., and reported to the 11th Marine Expeditionary Unit as an assistant air officer. During his tour he deployed and participated in exercises in Jordan, United Arab Emirates and Kuwait.

He reported to HMM-164 at MCAS El Toro, Calif., in December 1995. He served as the operations officer and plans officer and deployed in support of the 13th MEU. He transferred to MAG-16 in October 1998.

Driscoll attended the Marine Corps Command and Staff College and the School of Advanced Warfighting from 1999-2001. In November 2001, he assumed command of HMM-268. The squadron deployed in support of Operation Iraqi Freedom in February 2003.

In October 2003, Driscoll reported as the

deputy to the Plans Division with I Marine Expeditionary Force. In June 2007, he became the deputy and division chief of the Joint Operational War Plans Division. Driscoll then took command of MAG-16 as part of the 3rd Marine Aircraft Wing at MCAS Miramar.

Driscoll's personal awards include the Defense Superior Service Medal, Legion of Merit, Bronze Star Medal, Meritorious Service Medal, Air Medal with Numeral 2, Navy and Marine Corps Commendation Medal with two gold stars and Navy and Marine Corps Achievement Medal.

Gramuglia graduated from San Diego State University in 1987 and commissioned as a second lieutenant through the Platoon Leaders Class in September 1987. He completed flight school and was designated a naval aviator in March 1990.

In April 1990, he reported to HMMT-301 at MCAS Tustin, Calif., for replacement aircrew training. Upon completion, he reported to HMM-166. While there, he served as flight officer, assistant operations officer and weapons and tactics instructor. During this period, he deployed with the 13th and 15th MEUs in support of Operation Restore Hope in Somalia.

In February 1995, Gramuglia reported to 1st Battalion, 4th Marine Regiment at MCB Camp Pendleton, Calif., for duty as a forward air controller and air officer.

Gramuglia then reported to Naval Air Training Command, Training Squadron 28, Corpus Christi, Texas. He completed the Aviation Safety Officer Course and served as flight officer, safety officer and the operations officer.

In August 1998, Gramuglia reported to HMM-165 at MCAS El Toro, Calif. He served as operations officer, director of safety and standardization and aircraft maintenance officer. He deployed as part of the 11th MEU and participated in Operation Stabilise.

He then reported to 1st Marine Division as the deputy division air officer in May 2001, and in January 2003 he deployed in support of Operation Iraqi Freedom. Gramuglia was assigned to MAG-39 and assumed command of Headquarters Squadron 39 in December 2003. Gramuglia assumed command of HMM-268 in May 2005, and subsequently deployed to OIF.

GO TO **COC**, PAGE 3



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Religious Services

The Chaplain's Office, located in Building 5632 on Bauer Road, coordinates regularly scheduled services. For the location and meeting schedules of religious activities, call (858)-577-1333, or visit www.miramar.usmc.mil.

Sunday:

9 a.m. Protestant
Worship Service

9:30 a.m. Protestant
Children's Worship

11 a.m.
Roman Catholic Mass

Religious Education/Sunday:

9:30 – 10:45 a.m.

Catholic CCD Children K-12

10 a.m. Protestant
Adult Bible Study

Weekday Worship Service:

Mon. – Fri. 11:30 a.m.
Catholic Mass

Mon. 6:30 p.m. Contemporary
Praise and Worship Service

Wed. 7 p.m. Baptist Service

Study Groups:

Mon. 7 p.m.
Night Bible Study,
Classroom in the Chapel area

Tues. 6 a.m.
Morning Prayer Service
and Study Group

Islamic Worship Service:

Fri. at noon.
Located in the Chapel or visit
www.icsd.org

Jewish:

Jewish Outreach at
(858) - 571 - 3444
www.jewishinsandiego.org

**Maj. Gen.**

Thomas L. Conant
Commanding General
3rd Marine Aircraft Wing



Col. Frank A. Richie
Commanding Officer
MCAS Miramar

Maj. Jay Delarosa

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The editorial content is edited, prepared and provided by the Public Affairs Office. Comments or questions should be directed to 858-577-6000.



COC,

CONTINUED FROM PAGE 1

He reported to Expeditionary Warfare Training Group, Pacific in July 2008, where he served as director of operations and training and executive officer.

Gramuglia's personal decorations include the Legion of Merit, Bronze Star, Meritorious Service Medal with one gold star, Single Mission Air Medal, Air Medal with Numeral 7, Navy and Marine Corps Commendation Medal with three gold stars and Navy and Marine Corps Achievement Medal with one gold star.



Col. Jerome Driscoll
OUTGOING COMMANDING OFFICER



Col. Patrick Gramuglia
INCOMING COMMANDING OFFICER



Col. Kevin Killea
OUTGOING COMMANDING OFFICER



Col. John Jansen
INCOMING COMMANDING OFFICER

MAG-11 welcomes new commanding officer

**Compiled by
the Flight Jacket Staff**

Col. Kevin Killea relinquished command of Marine Aircraft Group 11 to Col. John Jansen during a change of command ceremony here June 24.

Killea graduated from St. John's University in January 1988 where he received a Bachelor of Arts in Finance. He received his commission as a second lieutenant the following March.

Killea was designated a naval aviator in September 1991 after completing advanced strike training at Naval Air Station Kingsville, Texas. Killea then reported to Strike Fighter Squadron 125 for replacement pilot training.

In June 1992, Killea joined Marine Fighter Attack Squadron 323 aboard Marine Corps Air Station El Toro, Calif., where he served as the assistant logistics, air frames and quality assurance officer. While assigned to VMFA-323, Killea deployed aboard the USS Constellation to the Persian Gulf in support of Operation Southern Watch.

Killea graduated from Amphibious Warfare School, after which he reported to Marine All-Weather Fighter Attack Squadron 224 aboard MCAS Beaufort, S.C., in May 1996. He deployed to Italy and Japan while assigned to VMFA(AW)-224, serving as pilot training officer, aircraft maintenance officer and operations officer. Killea also completed United States Navy Fighter Weapons School (TOPGUN) and Marine Aviation and Weapons Tactics Instructor Course.

In June 2001, Killea earned a Master of Arts in National Security and Strategic Studies from the Naval War College. After

graduating from the NWC, Killea reported to Aviation Plans, Programs and Budget Branch of Headquarters Marine Corps Aviation until May 2004.

Killea assumed command of VMFA-122 aboard MCAS Beaufort until June 2006.

In July 2006, Killea attended the Industrial College of the Armed Forces at the National Defense University where he was awarded a Master of Science in National Resource Strategy.

Killea reported to the Office of the Secretary of Defense in June 2007 and concurrently graduated from the George C. Marshall European Center for Security Studies in Germany.

Killea assumed command of MAG-11 in July 2009. Following his command of MAG-11, Killea will join the Headquarters Marine Corps Aviation Branch in Washington, D.C.

Killea's personal decorations include the Defense Superior Service Medal, Meritorious Service Medal with a gold star, and the Strike/Flight Air Medal with Numeral 2.

Jansen was commissioned in 1986 after graduating from Indiana University with a Bachelor of Science in Finance. He was designated a naval aviator in January 1990 and reported to Marine Fighter Attack Training Squadron 101 where he trained on the FA-18 Hornet.

In 1991, Jansen was assigned to VMFA-251 at MCAS Beaufort, where he deployed twice to the western Pacific and then deployed in support of Operations Deny Flight and Provide Comfort.

Jansen served as a forward air controller in 1994 with 2nd Battalion, 8th Marine Regiment and again deployed to the western

Pacific. Jansen joined MAG-46 in 1995 as the group logistics officer and later served as the operations officer for VMFA-134. During this tour, he graduated from "TOPGUN" training.

In 1998, Jansen reported to VMFA-323 as the squadron operations officer. He deployed in 1999 to the Persian Gulf in support of Operation Southern Watch.

In 2000, he transferred to VMFA-314 as the executive officer and deployed in 2001 to the North Arabian Sea aboard the USS John C. Stennis in support of Operation Enduring Freedom.

Jansen reported to the Coalition Forces Land Component Command Headquarters, Camp Doha, Kuwait as the deputy chief of aviation in support of Operation Iraqi Freedom.

Jansen joined VMFA-251 in 2003 as the executive officer and deployed to the Western Pacific. In 2004, he assumed command of the squadron and deployed in 2006 in support of OIF again.

Jansen was assigned to the Defense Threat Reduction Agency in Germany where he served as an arms control inspection team chief and the unit executive officer in 2006.

In 2008, he attended the NATO Defense College Senior Course in Italy, before reporting to Okinawa, Japan, as the assistant chief of staff, operations, 1st Marine Aircraft Wing in 2009.

Jansen's personal decorations include the Meritorious Service Medal, Strike/Flight Air Medal with Numeral 2, Defense Meritorious Service Medal, Defense Commendation Medal, three Navy and Marine Corps Commendation Medals and Navy and Marine Corps Achievement Medal.

Lt. Col. Reilly steps down from HMLA-169

**Compiled by
the Flight Jacket Staff**

MARINE CORPS AIR STATION CAMP PENDLETON, Calif. – Lt. Col. Brendan Reilly relinquished command of Marine Light Attack Helicopter Squadron 169 to Lt. Col. Garrett Hoffman during a change of command ceremony here June 30.

Reilly received his Bachelor of Arts in Psychology from the University of Pennsylvania. He reported to primary flight training in Pensacola, Fla., where he was designated a naval aviator in August 1994.

In April 1995, Reilly completed AH-1W Super Cobra training at Marine Helicopter Training Squadron 303 then reported to Marine Light Attack Helicopter Squadron 167 aboard Marine Corps Air Station New River, N.C., where he served as a classified material control custodian, ordnance officer and weapons and tactics instructor.

Reilly deployed twice with Marine Medium Helicopter Squadron 266 (Reinforced) to the Landing Force 6th Fleet's Area of Operations in support of NATO Operations in and around Bosnia and Kosovo from 1995 to 1996.

In July 1999, he was assigned to Air Test and Evaluation Squadron Nine where he served as a Cobra operational test director and assistant chief operational test director.

From 2003 to 2004, Reilly deployed to 5th Fleet's Area of Operations in support of Operations Enduring and Iraqi Freedom. He also participated in Operation Sweeney in the Al

Faw Peninsula in Southern Iraq.

He deployed twice in support of Operation Iraqi Freedom II when he was assigned to HMLA-367 in 2004. Reilly held the billets of assistant operations officer, operations officer and executive officer during this period.

In 2007, Reilly transferred to Headquarters Marine Corps. Reilly assumed command of HMLA-169 in 2009 where the squadron deployed to Helmand Province, Afghanistan, in support of Operation Enduring Freedom from November 2010 to May 2011.

Reilly's personal decorations include the Legion of Merit, Strike/Flight Air Medal with Numeral 12 and Navy and Marine Corps Commendation Medal with two gold stars.

Hoffman graduated from Georgia State University with a Bachelor of Science in Urban Studies. He was commissioned as a second lieutenant through Officer Candidate School in 1993.

Hoffman reported to the Naval Air Training Command in Pensacola, Fla., and was designated a naval aviator in 1996. He then reported to HMT-303, Marine Aircraft Group 39 at MCAS Camp Pendleton, Calif., for replacement aircrew training with the Cobra.

Hoffman reported to MAG-26, 2nd Marine Aircraft Wing, MCAS New River, N.C., for assignment with HMLA-167. During this tour, he deployed with HMM-266 (Rein.) with the 24th MEU aboard the USS Nassau, which supported Operation Allied Force.

In November 1999, he graduated from the Weapons and Tactics Instructor Course at Ma-

rine Aviation Weapons and Tactics Squadron One aboard MCAS Yuma, Ariz.

In November 2000, Hoffman reported to HMLA-773 Detachment, 4th Marine Air Wing, Belle Chasse, La. During this tour he served as the assistant operations officer and maintenance officer. He also participated in multiple detachments supporting Joint Task Force Six.

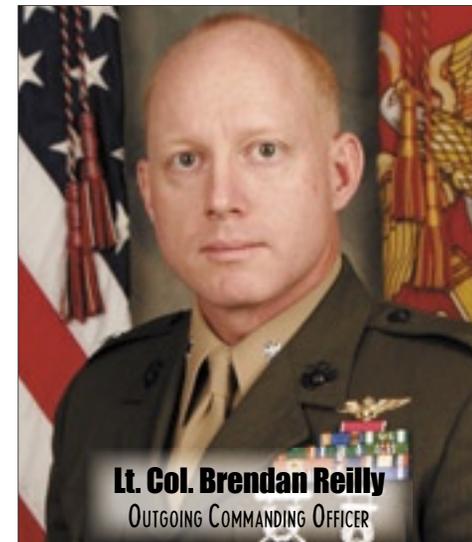
Hoffman was assigned to Marine Helicopter Squadron One and served as the flight operations officer, assistant operations officer and Marine One pilot in 2003.

In 2007, he was ordered to MAG-39, 3rd MAW at MCAS Camp Pendleton with HMLA-267 where he served as the operations officer.

In January 2009, he deployed with HMM-163 (Rein.) as the squadron detachment officer-in-charge and the aircraft maintenance officer for 13th MEU. While deployed aboard the USS Boxer, he supported Combined Task Force 151 counter-piracy operations in and around the Horn of Africa.

Upon returning from deployment in July 2009, he was assigned to HMLA-369 where he served as the executive officer and deployed to Helmand Province, Afghanistan, in support of OEF.

Hoffman's personal decorations include the Bronze Star, Meritorious Service Medal, Strike/Flight Air Medal with Numeral 5, Navy and Marine Corps Commendation Medal with gold star and Navy and Marine Corps Achievement Medal.



Marine Corps' first aviator: A. A. Cunningham



Courtesy Photo

Alfred Austell Cunningham, the first Marine Corps aviator, was born on March 8, 1882, in Atlanta. He made his first solo flight Aug. 20, 1912 with only two hours and 40 minutes of training. During World War I, Cunningham used information he acquired in Europe to develop the Northern Bombing Group. The group's success earned Cunningham a Navy Cross. He died May 27, 1939 at the age of 57.

Cpl. Alexandra M. Vazquez
COMBAT CORRESPONDENT

Aircraft are an everyday thing for most people (mostly the awful booming noise from the flying behemoths), but think back to a time when aircraft weren't buzzing around in the sky. People didn't have passenger jets, overcrowded airports or daring service members flying high-tech military jets, refuelers and helicopters throughout U.S. skies.

The first Marine aviator was 1st Lt. Alfred Austell Cunningham, born on March 8, 1882, in Atlanta. He was a Spanish-American War veteran, served in Cuba, sailed aboard three battleships and flew in an airplane by the age of 30. With a total of two hours and 40 minutes training, he flew solo on Aug. 20, 1912.

Throughout the next year, Cunningham made 400 flights in aircraft that looked like two slabs of metal held up by toothpicks called the "Curtiss seaplane." He was des-

ignated a naval aviator on Sept. 17, 1915.

By January 1918, Cunningham was in Europe acquiring information on British and French aviation practices while flying over German lines during World War I. After using the information to organize and train the Northern Bombing Group, which dropped more than 52,000 pounds of bombs and 2,650 pounds of food, Cunningham received the Navy Cross.

Cunningham served as officer-in-charge of Marine Corps aviation until 1920, following WWI. He retired from the Marine Corps on Aug. 1, 1935, as a lieutenant colonel. On May 27, 1939, Cunningham died at the age of 57 in Sarasota, Fla., due to failing health.

Following his death, the Navy commissioned the Alfred A. Cunningham Allen M. Sumner-class destroyer on Nov. 23, 1944. The ship was decommissioned on Feb. 24, 1971, after earning one battle star for WWII service, six battle stars for Korean action and seven battle stars for Vietnam service.

MWHS-3 hits the green, funds ball

Cpl. Z. L. Majors
COMBAT CORRESPONDENT

ESCONDIDO, Calif. - A gentle breeze carried intermittent laughs and cheers across an emerald fairway, punctuating the silent setting as Marines and sailors from Marine Wing Headquarters Squadron 3 teed-off to begin the "MUSH-3 Golf Tournament" on The Vineyard at Escondido Golf Course here June 23.

More than 100 service members and their guests flocked to the fairways for the annual tournament hosted by MWHS-3.

"This was a great chance to get out and spend some time with the Marines," said Staff Sgt. Chris Murphy, the data chief for MWHS-3.

The match gave service members and their loved ones a chance to get away from their daily routine and play golf to raise money for a good cause: the squadron's Marine Corps Birthday Ball.

"You can't beat a day off to play golf," Murphy stated.

Sixty teams of four members played six

hours of golf on a sprawling 18-hole course, and the day concluded with a catered buffet, gift giveaways and an awards ceremony.

"This event was fantastic, [we had] great weather, good company and good food," said Lt. Col. Rhett Vranish, the commanding officer for MWHS-3.

The competition also fosters camaraderie and teamwork among the squadron's service members, explained Murphy.

"This event definitely has a positive impact on the Marines and the squadron as a whole," said Murphy. "[These events] let Marines blow off steam after a deployment and just enjoy their time in San Diego before setting out on another deployment."

The squadron awarded the winning team and exceptional players with a variety of prizes ranging from gift cards to the chance to win a 2011 Lexus for hitting a hole in one on the 17th hole.

Whether the competitors won or lost, the event rewarded everyone in getting away for a day, enjoying a catered meal and spending time with good friends in a picturesque setting.



Cpl. Z. L. Majors

ESCONDIDO Calif. - Col. Jim Connelly, the (WING G6) for Marine Wing Headquarters Squadron 3, tees off at The Vineyard at Escondido Golf Course during a 'MUSH-3 Golf Tournament' here hosted by MWHS-3 June 23.



Cpl. Z. L. Majors

ESCONDIDO, Calif. - Sgt. Zachary Denning, an aviation supply Marine with the Marine Wing Headquarters Squadron 3, lines up his shot on the 2nd hole aboard The Vineyard at Escondido Golf Course during a 'MUSH-3 Golf Tournament' here hosted by MWHS-3 June 23. More than 100 service members and loved ones participated in the 18-hole match to raise money for their Marine Corps Birthday Ball. Participants had the chance to win a multitude of prizes including a 2011 Lexus for hitting a hole-in-one on the 17th hole.



Cpl. Z. L. Majors

ESCONDIDO, Calif. - Sgt. Zachary Denning, an aviation supply Marine with the Marine Wing Headquarters Squadron 3, observes his putt roll toward the 2nd hole aboard The Vineyard at Escondido Golf Course during a 'MUSH-3 Golf Tournament' here hosted by MWHS-3 June 23.



MARINE CORPS BASE CAMP PENDLETON, Calif. – Staff Sgt. Gilbert Aragon, a precision weapons repairer with the MCB Camp Pendleton armory, Headquarters and Support Battalion, organizes tools and weapons here June 24. In this highly selective field, there are less than 60 precision weapons repairers in the Marine Corps at any given time. Precision weapons repairers must learn how to fabricate their own tools before they continue in the year-long school.

Weapons repairers keep Marines on target

**Story and photo by
Lance Cpl. Lisa M. Tourtelot**

COMBAT CORRESPONDENT

MARINE CORPS BASE CAMP PENDLETON, Calif. – Staff Sgt. Gilbert Aragon has before him an array of unrecognizable tools – blocks, files, twisty things and mysterious cylinders.

Precision weapons repairers perform a crucial job, from fabricating and repairing special weapons to modernizing the weapons used by Marines across the fleet.

Aragon, a precision weapons repairer with the Camp Pendleton base armory, Headquarters and Support Battalion, explained that the first part of the intense Precision Weapons Repair Course in Quantico, Va., is learning to make your own tools, so repairers often end up with a selection of tools unique to his or her specific needs. These custom-built tools

are necessary for repairing and building weapons from scratch.

“I’m supposed to have an overall knowledge of everything in the armory,” said the San Antonio native. “I’m responsible for all the small arms maintenance. If I don’t do my job inspecting weapons, a Marine can get hurt. I can’t neglect anything.”

Precision weapons repairers are also responsible for the fabrication and maintenance of the specially-made weapons used by special operations Marines and the Competition-in-Arms Program.

The Marine Corps Air Station Miramar Shooting Team relies on Aragon’s ability to maintain their weapons because he is the closest precision weapons repairer to MCAS Miramar.

“We cannot compete in shooting matches without these [repairers],” said Cpl. Garret Tanaka, a member of the

MCAS Miramar Shooting Team and Kaneohe, Hawaii, native. “If we need a weapon repaired or modified because it isn’t meeting our needs, we have to send it to the precision weapons repairer at [MCB Camp] Pendleton.”

Precision weapons repairers rely on communication with and feedback from Marines in the Competition-in-Arms Program and special operations communities in order to continuously improve weapons, explained Aragon.

“Our job is a lot of research and development,” he said. “Before anything [new] hits the fleet, it’s tested at Quantico and with the shooting teams.”

According to Aragon, there are less than 60 precision weapons repairers currently in the Marine Corps, making this job even more critical.

“No one gets trained like we do,” said Aragon. “There are unique opportuni-

ties for us when we get out of the Marine Corps because of our special training.”

Aragon explained that gunsmithing is a highly sought-after skill in private and federal law enforcement.

A vital aspect of gunsmithing is knowing the pressure tolerance of different metals to prevent over cutting or filing. During school, students are taught about metals, how to create unique tools and how to calculate and apply specific measurements.

Aragon encourages Marines with small arms repair experience to consider applying to the precision weapons school.

“If you like doing your job, why not excel in it?” he asked. “This training is available to you, take advantage of it.”

Potential candidates for this job field must be at least a corporal, with a mechanical maintenance score of 105 or higher on the Armed Services Vocational Aptitude Battery.

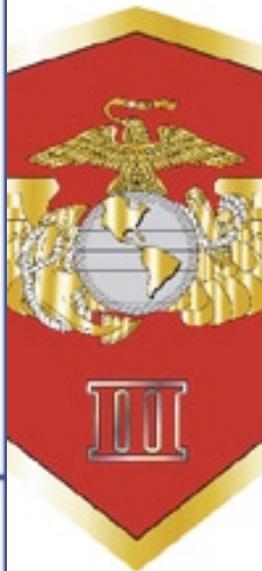
FRIDAY 1 SATURDAY 2 SUNDAY 3 MONDAY 4 TUESDAY 5 WEDNESDAY 6 THURSDAY 7

Friday Night Excursion to Pacific Beach
8 p.m.
The Great Escape
858-577-6171

SHOP MCX
Victoria's Secret Sale
June 15 - July 12
Hot Summer Savings Sale
June 29 - July 4
Summer Sensations Sale
June 15 - July 5

Knott's Soak City Trip for All Enlisted Service Members
The Great Escape
858-577-6171

MCAS Miramar reminds everyone to recycle plastics, paper, cardboard and electronics at the Miramar Recycling



Taco Tuesday All Day
Tacos and Mexican Beer
Legends Sports Grill
858-693-1543

Tobacco Cessation Class (1 of 3)
11:30 a.m. – 12:30 p.m.
Semper Fit Center
858-577-1331

MCCS FREE PRIZE GIVEAWAYS...
ITT/Travel Office:
Legoland Gift Pack
Winner will be drawn on July 31
Stop in and fill out an entry form today!

PREP: Prevention & Relationship Enhancement
858-577-1333

"Resume Preparation"
858-577-6710

Fair Fighting for Couples
858-577-6585

Wine Lovers' Night
858-577-4808

***S.U.I.T. Yourself Series Session 1: Job Search**
858-577-4473

***Beyond the Brief: Fight like a Girl Level**
858-577-6306

Fish & Chips Special
Four battered cod fillets
Legends Sports Grill
858-693-1543

Anger Management I
1 – 3 p.m.
Counseling Center
858-577-6585



WEEKLY EVENTS...

- Sports Complex Marine Teen training Tues. & Sat. 858-577-4128/4129
- Deployment support for preschoolers, elementary and teenagers Mon. through Wed. 858-577-4588
- QOL Golf: Two Hours After Twilight free Golf for Active Duty 858-577-4155

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S.U.I.T. YOURSELF FOUR-WEEK JOB SERIES

Suit up for a four-week journey to prepare to go after your dream job with the skills and tools necessary to compete in these tough times. This four-class series will meet each Monday in July from 6:30 – 8:30 p.m. in the L.I.N.K.S. House. Session 1: Job Search will be held on Monday, July 6, Session 2: Resume Building on July 13, Session 3: Dressing for Success on July 20 and Session 4: Mock Interviews on July 27. Child care is provided. Call 858-577-4473 to register for this four-week series today.

BEYOND THE BRIEF: FIGHT LIKE A GIRL LEVEL 1

Join Readiness & Deployment Support for Beyond the Brief: Fight Like a Girl Level 1. "Fight Like a Girl" has been designed to offer the most effective and practical self-defense techniques for the average woman (men are welcome too) in realistic assault situations. Faced with a mock assailant, wearing a padded suit, our full contact class teaches a woman how to defend herself against the most common and probable attacks after learning and practicing the techniques on a "real instructor." The class is taught by Tracie Arlington, Black-Belt and certified Rape-Escape instructor. This brief is recommended for ages 12 and older. The brief will be held on Wednesday, July 6 from 6:30 – 8:30 p.m. at the Youth Center. Call 858-577-6306 to register or for more information.



ANNOUNCEMENTS



Get help paying for childcare
Visit the National Association of Childcare Resource and Referral Agencies website at www.naccrra.org to see information on eligibility for assistance to pay for and find childcare services. Contact 1-800-424-2246 for information.

ICE ready for use
The Interactive Customer Evaluation set up for Miramar is ready for use. ICE is the internet version of the "Customer Suggestion Box." It collects feedback on services

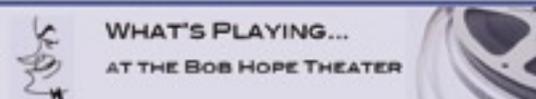
provided by installations throughout the Department of Defense. To submit a suggestion, visit the ICE website at <http://ice.disa.mil>.

Important Phone Numbers
Victim Advocacy 24-hour Hotline
858-864-2815

Eagle Eyes
877-356-EYES (3937)

Military One Source
800-342-9647

D-Stress 24-hour Hotline
877-476-7734
(All calls are strictly confidential)



Fri. July 1:
Thor (PG-13) 6:30 p.m.
Bridesmaids (R) 9 p.m.

Sat. July 2:
Swap Meet 8 a.m. – 1 p.m.
Thor (G) 1 p.m.
Hoodwinked Too: Hood vs. Evil (Not 3D) (PG) 6:30 p.m.

Sun. July 3:
*Hoodwinked Too: Hood vs. Evil (Not 3D) (PG) 1 p.m.
*Fast Five (PG-13) 6:30 p.m.

Wed. July 6:
Pirates of the Caribbean: On Stranger Tides (Not 3D) (PG-13) 6:30 p.m.

Thurs. July 7:
Pirates of the Caribbean: On Stranger Tides (Not 3D) (PG) 2 p.m.
*Something Borrowed (PG-13) 6:30 p.m.

*Indicates Last Showing