

# FLIGHT JACKET

Vol. 13 No. 30

Marine Corps Air Station Miramar, Calif.

July 29, 2011



Sgt. Deanne Hurla

Capt. Joel Dunivant, a Harvest Hawk aircraft commander and Boise, Idaho, native with Marine Aerial Refueler Transport Squadron 352, holds his son, Jackson, for the first time at a welcome home ceremony here July 22. Dunivant deployed with 11 other Marines on the Harvest Hawk to Afghanistan for nine months. During the deployment the aircraft flew more than 1,500 hours and more than 200 sorties, dropping more than 50 guided missiles in support of coalition forces.

## Harvest Hawk lands after first deployment

**Sgt. Deanne Hurla**  
COMBAT CORRESPONDENT

Twelve Marines from Marine Aerial Refueler Transport Squadron 352 landed the KC-130J Harvest Hawk on the flight line here July 22 after completing a nine month deployment to Afghanistan.

The Harvest Hawk arrived in Afghanistan in October 2010 and by November had already completed its first weapons engagement.

The Harvest Hawk continued its support to ground troops by providing close air support, conducting intelligence surveillance and

reconnaissance missions and finding improvised explosive devices. By the end of their tour in Helmand and Nimroz provinces, the Marines completed more than 1,500 flight hours, more than 200 sorties, found eight IEDs and fired 42 Hellfire and 11 Griffin GPS guided missiles.

"They did a great job," said Lt. Col. Erik Loquist, the commanding officer of VMGR-352. "I couldn't be happier with their performance for the squadron and Marine Corps aviation."

It was a good tour, even though there were growing pains for everyone, but

every task completed was in support of ground forces, explained Maj. Marc Blankenbicker, a fire control officer for the KC-130J Harvest Hawk and an Avon, Conn., native.

Though Blankenbicker was happy to support coalition forces, he is even happier to be home. From the 12 Marines returning, he and one other pilot, Capt. Joel Dunivant, a Harvest Hawk aircraft commander and a Boise, Idaho, native, met their sons for the first time.

"It's thrilling to be home and awesome to hold my son," said Blankenbicker, smiling at his crying son.

## MALS-16 welcomes new CO

**Compiled by  
The Flight Jacket Staff**

Lt. Col. James C. Carroll III relinquished command of Marine Aviation Logistics Squadron 16 to Lt. Col. Thomas A. Lenhardt in a change of command ceremony here July 28.

Carroll graduated from National University San Diego in April 1992 with a Bachelors Degree in Business Administration and commissioned as a second lieutenant on Aug. 14, 1992, after completing Officer Candidate School.

Upon completion of The Basic School in April 1993, he was assigned to Marine Aviation Logistics Squadron 29, Marine Corps Air Station New River, N.C., where

he served as a repairable management and consumable management division officer. He deployed to the Caribbean Sea with Marine Medium Helicopter Squadron 264, Special Purpose Marine Air Ground Task Force CARIB, in support of Haiti contingency Operations Support and Uphold Democracy, and to the Mediterranean Sea with HMM-263, 24th Marine Expeditionary Unit, in support of Operations Deny Flight and Provide Promise.

In May 1996, he reported to Space and Naval Warfare Systems Center San Diego. He served as the Marine Corps liaison officer until he transferred to MALS-39, MCAS Camp Pendleton, Calif., in June 1999.

GO TO **COMMAND**, PAGE 3



**Lt. Col. James C. Carroll III**  
OUTGOING COMMANDING OFFICER



**Lt. Col. Thomas A. Lenhardt**  
INCOMING COMMANDING OFFICER

**MCAS Miramar  
Website**

[www.miramar.usmc.mil](http://www.miramar.usmc.mil)



**1ST RADIO BATTALION TRAINS WITH STALLIONS OF HMH-466**

Marines with 1st Radio Battalion conducted fast-rope and repelling training exercises supported by Marine Heavy Helicopter Squadron 466 aboard Marine Corps Base Camp Pendleton. For full story see page 2.



**MARINES TRAVEL ACROSS COUNTRY FOR TOURNAMENT**

Four members of the Miramar Shooting Team are competing in the 50th Annual Interservice Rifle Championship at Marine Corps Base Quantico, Va. For full story see pages 6 & 7.

REACH US



EDITORIAL  
(858)-577-6000

# HMH-466 leaps into fast-roping

**Lance Cpl. Erica DiSalvo**  
COMBAT CORRESPONDENT

Marines with 1st Radio Battalion, I Marine Expeditionary Force, conducted fast-rope and repelling training exercises supported by Marine Heavy Helicopter Squadron 466 aboard Marine Corps Base Camp Pendleton July 25.

Five Marines with HMH-466 flew to Camp Pendleton to carry out what would be a four-hour training cycle consisting of 12 radio reconnaissance Marines quickly exiting the helicopter carrying various amounts of equipment in preparation for future deployment scenarios.

Marines exit through the “hell hole” at the center of the aircraft by sliding down a rope without a harness, allowing Marines to step away from the rope quickly without detaching time-consuming gear.

After four evolutions of this were complete, the Marines were already sweat-soaked and

spattered with dirt, but only a third of the day’s operation was complete.

“This kind of training is used for quick [Marine] insertion to an area,” said Capt. Lawrence D. Brown, a CH-53E pilot with HMH-466 and a New York native. “Fast-roping is one of the fastest ways to get Marines into a location. You don’t have to land and can get a lot of [Marines] into a tight spot quickly.”

Following fast-roping, the reconnaissance team began executing repelling operations for approximately an hour-and-a-half. Before each departure, the Marines weighted themselves with gear to carry as they jumped from the helicopter.

Helicopters such as the Super Stallion are essential tools for inserting and extracting Marines in various types of environments. Through fast-rope and repelling practices, Marines can quickly enter not only rugged terrain, but urban environments that would not provide proper space for landing.



Lance Cpl. Erica DiSalvo

MARINE CORPS BASE CAMP PENDLETON, Calif. – A Marine with 1st Radio Battalion, I Marine Expeditionary Force, repels out of the back of a Marine Heavy Helicopter Squadron 466 CH-53E “Super Stallion” during a fast-roping and repelling training operation here July 25. Through fast-roping and repelling techniques, Marines can quickly enter not only rugged terrain but also urban environments that would not provide proper space for landing.



Visit us on **facebook**

## FLIGHT JACKET



**Maj. Gen. Thomas L. Conant**  
Commanding General  
3rd Marine Aircraft Wing



**Col. Frank A. Richie**  
Commanding Officer  
MCAS Miramar

**Maj. Jay Delarosa**  
Public Affairs Director

**Gunnery Sgt. Steven Williams**  
Public Affairs Chief

**Sgt. Justin M. Martinez**  
Internal Information Chief

**Sgt. Deanne Hurla**  
Editor

**Cpl. Alexandra M. Vazquez**  
Layout and Design Specialist

The Flight Jacket is published every Friday. This newspaper is an authorized publication for the military services, contents of the Flight Jacket are not necessarily the official views of, or endorsed by, the U.S. government, the Department of Defense, Department of the Navy or U.S. Marine Corps. It is for informational purposes only and in no way should be considered directive in nature.

The editorial content is edited, prepared and provided by the Public Affairs Office. Comments or questions should be directed to 858-577-6000.



## Religious Services

*The Chaplain's Office, located in Building 5632 on Bauer Road, coordinates regularly scheduled services. For the location and meeting schedules of religious activities, call (858)-577-1333, or visit [www.miramar.usmc.mil](http://www.miramar.usmc.mil).*

### Sunday:

9 a.m. Protestant  
Worship Service

9:30 a.m. Protestant  
Children's Worship

11 a.m.  
Roman Catholic Mass

### Religious Education/Sunday:

9:30 – 10:45 a.m.  
Catholic CCD Children K-12

10 a.m. Protestant  
Adult Bible Study

### Weekday Worship Service:

Mon. – Fri. 11:30 a.m.  
Catholic Mass

Mon. 6:30 p.m. Contemporary  
Praise and Worship Service

Wed. 7 p.m. Baptist Service

### Study Groups:

Mon. 7 p.m.  
Night Bible Study,  
Classroom in the Chapel area

Tues. 6 a.m.  
Morning Prayer Service  
and Study Group

### Islamic Worship Service:

Fri. at noon.  
Located in the Chapel or visit  
[www.icsd.org](http://www.icsd.org)

### Jewish:

Jewish Outreach at  
(858) - 571 - 3444  
[www.jewishinsandiego.org](http://www.jewishinsandiego.org)

# RSU welcomes next commanding officer

**Compiled by  
The Flight Jacket Staff**

Lt. Col. James E. Fox Jr. relinquished command of Reserve Support Unit Air Stations West to Lt. Col. Christopher W. Scharf in a change of command ceremony aboard the aircraft carrier museum USS Midway July 28.

Fox attended Western Carolina University in Cullowhee, N.C., and graduated with a Bachelors degree in Education in 1988. He was commissioned as a second lieutenant in March 1989.

In May 1990, Fox executed orders to Pensacola, Fla., to begin training as a naval aviator. Receiving his wings in December 1991, Fox was assigned to Marine Heavy Helicopter Training Squadron 303 at Marine Corps Air Station Camp Pendleton, Calif., for training in the UH-1N Huey.

In September 1992, he was assigned to Marine Light Attack Helicopter Squadron 369 aboard MCAS Camp Pendleton. In December 1992, Fox deployed with HMLA-369 to Mogadishu, Somalia, in support of Operation Restore Hope. In 1993, Fox was assigned to Marine Medium Helicopter Squadron 163 (Reinforced) in support of the 11th Marine Expeditionary Unit.

In July 1994, he rejoined HMLA-369 and was assigned as a helicopter tactics officer. In December 1994, Fox volunteered to replace injured aircrew for HMLA-267 in Okinawa, Japan. He joined the unit in January 1995 and deployed to Okinawa assigned to HMM-262 (Rein.) with the 31st MEU.

Fox then returned to MCAS Camp Pendleton in July 1995 to re-join HMLA-369. He attended the Aviation Safety School in Monterey, Calif. He returned to Okinawa in October 1995 as an aviation safety officer.

In May 1996, Fox was assigned to HMT-303 for AH-1W Super Cobra conversion training. In October 1997, he deployed with HMLA-369 to Okinawa.

Fox was honorably discharged in October 1999. Fox was accepted into the Selected Marine Corps Reserve in 2000, in August he was assigned to the "Coyotes" of Marine Aircraft Group 46, MCAS Camp Pendleton. He served as the squadron director of safety and standardization, aviation maintenance officer and executive officer.

Fox deployed with HMLA-775 when activated and mobilized for Operation Iraqi Freedom in 2004. He flew more than 35 combat missions in support of I Marine Expeditionary Force operations around Fallujah, Iraq.

Upon the decommissioning of HMLA-775, Fox accepted orders to Marine Corps Recruit Depot San Diego and served as director/branch head, Western Recruiting Region, Prior Service Recruiting.

Fox's personal decorations include a Meritorious Service Medal, a Strike/Flight Air Medal with numeral 10, a Navy and Marine Corps Commendation Medal, a Navy and Marine Corps Achievement Medal, an Army Achievement Medal and a Combat Action Ribbon.

Scharf is a graduate of the University of Kansas. After completion of TBS, he reported to Pensacola, Fla., for training and was designated a naval aviator in November 1993.

Scharf was assigned to HMLA-169 in September 1994 after initial training in the UH-1N. He conducted a unit deployment from Okinawa, Japan, in 1995 and deployed as part of the Aviation Combat Element for 15th MEU in 1997 aboard the USS Boxer.

Following his initial fleet tours, Scharf served as an instructor pilot with HMT-303 from November 1997 to March 2000.

Scharf entered the Individual Ready Reserve in April 2000 and worked as an information technology program manager for Perot Systems, as well as a defense contractor for Booz Allen Hamilton.

He joined the Selected Marine Corps Reserve in April 2003, becoming a member of HMLA-775 at MCAS Camp Pendleton. The unit mobilized for Operation Iraqi Freedom in January 2004. Be-

tween two deployments, he transitioned to the AH-1W, thus flying separate combat deployments as both a UH-1N and AH-1W pilot.

In February 2006, Scharf transitioned to the Marine Corps' Active Reserve program, becoming an active duty officer for HMLA-775. He worked as the director of safety and standardization, aviation safety officer and information support coordinator.

From June 2007 to July 2010, Scharf served as the site commander for MAG-41 at Naval Air Station Joint Reserve Base Fort Worth, Texas.

Scharf's personal decorations include the Meritorious Service Medal, Strike/Flight Air Medal with numeral 9 and Navy Commendation Medal fourth award.



**Lt. Col. James E. Fox**  
OUTGOING COMMANDING OFFICER



**Lt. Col. Christopher W. Scharf**  
INCOMING COMMANDING OFFICER

## COMMAND,

CONTINUED FROM PAGE 1

Following promotion to major in July 2002, he assumed the duties of aviation supply officer and deployed to Ali Al Salem, Kuwait, during February 2003 in support of Operations Enduring Freedom and Iraqi Freedom.

In April 2007, Carroll once again joined MALS-39 as the executive officer. He was promoted to his present rank in June 2008 and reported to 3rd Marine Aircraft Wing, Marine Corps Air Station Miramar, in April 2009 where he served as the Aviation Supply Officer, aviation logistics department. Carroll assumed command of Marine Aviation Logistics Squadron 16 in October 2009 and deployed with the squadron to Afghanistan in support of OEF from March 2010 to February 2011.

His personal decorations include the Bronze Star Medal, Meritorious Service Medal, Navy and Marine Corps Commendation Medal with three gold stars and Navy and Marine Corps Achievement Medal with one gold star.

Lenhardt enlisted in the Marine Corps in 1987. Following training at Marine Corps Recruit Depot San Diego, he was trained as a CH-46 mechanic and reported to MCAS Iwakuni, Japan. He was commissioned as a second lieutenant upon graduation from the U.S. Naval Academy with a Bachelors degree in Mathematics in May 1994. He also holds a Masters in Operations Analysis from the U.S. Naval Postgraduate School and a Masters in Military Studies from the Marine Corps University.

Following Aircraft Maintenance Officer training in February 1995, Lenhardt served at MCAS New River. He worked at MALS-26 from May 1995 until February 1996 as the quality assurance officer and airframes division officer in charge. In May 1999, he deployed with the 24th MEU aboard the USS Nassau and participated in Operation Kosovo.

Following this deployment, he moved on to work as an operations analyst at U.S. Joint Forces Command. His assignments included deputy director for the Joint Warfare System and lead analyst for joint initiatives during Millenium Challenge 2002.

Lenhardt joined MALS-11 in June 2005 as the operations officer. He then deployed with MALS-16 (Reinforced) for Operation Iraqi Freedom. He remained with MALS-16 in June 2007 as executive officer. Upon the merge of MALS-11 and MALS-16 again in support of OIF-08, he became the operations officer of MALS-11 (Rein.).

From there he attended Marine Corps Command and Staff College in July 2008. His professional military education was followed by a tour at the Pentagon on the CNO Air Warfare Staff as the joint strike fighter logistics requirements officer from June 2009 until June 2011.

Lenhardt's personal decorations include the Meritorious Service Medal, Defense Meritorious Service Medal, Navy and Marine Corps Commendation Medal, Joint Service Achievement Medal with one gold star, Navy and Marine Corps Achievement Medal, Marine Corps Good Conduct Medal and the Outstanding Volunteer Service

## Annual fund raiser supports historical foundation



*Pfc. Max Pennington*

Retired Marine Maj. Gen. Charles F. Bolden Jr., the former commanding general of the 3rd Marine Aircraft Wing and current NASA administrator, gives his remarks for the evening on the contribution of Marines to the space program at the 6th Annual Flying Leatherneck Historical Foundation Gala here July 23. The annual event is held to raise funds for the Flying Leatherneck Aviation Museum, which is operated by an all-volunteer and curatorial staff. Miramar has the only museum in the world dedicated to preserving the contributions made by Marine Corps aviators and ground-support personnel.

## WWI hero of the sky: Robert Guy Robinson

**Cpl. Alexandra M. Vazquez**  
COMBAT CORRESPONDENT

When thinking about heroism on the battlefield, you might think about World War II's numerous aviation crews dying gallantly in hellacious dog fights. However, history gives us even older stories about aviation heroism – such as Gunnery Sgt. Robert Guy Robinson, a WWI Medal of Honor recipient.

Robinson was born in Wayne, Mich., April 30, 1896. He enlisted in the Marine Corps in May 1917, at the age of 21.

He was an observer with the 1st Marine Aviation Force under the Northern Bombing Group. On Oct. 8, 1918, during an air raid, his plane – a DH-4 pursuit bomber – was attacked by nine enemy aircraft. Robinson eventually shot down one of the planes.

While flying over Pittham, Belgium, six days later on Oct. 14, 1918, his plane was attacked by 12 enemy aircraft. Robinson shot down one but took a bullet to the arm, which

carried away most of his elbow. Using one arm, he fixed his jammed weapon and continued fighting the enemy until he collapsed from two more bullet wounds in his stomach and thigh. Robinson was awarded the Medal of Honor for his actions. His pilot, 2nd Lt. Ralph Talbot, was awarded the medal posthumously. They were the first Marine Corps aviators to be awarded the Medal of Honor.

Robinson's citation reads, "for extraordinary heroism as observer in the 1st Marine Aviation Force at the front in France."

He was honorably discharged from the Marine Corps as a gunnery sergeant in 1919 and was later commissioned as a second lieutenant in the Marine Corps Reserve. He died at his home of St. Ignace, Mich., on Oct. 5, 1974, at the age of 78.

Today, the Marine Corps Aviation Association awards the Robert Guy Robinson Award to the Naval Flight Officer of the Year.



*Courtesy Photo*

Gunnery Sgt. Robert G. Robinson was awarded the Medal of Honor "for extraordinary heroism as observer in the 1st Marine Aviation Force at the front in France" during World War I after shooting down enemy aircraft while wounded in the arm, stomach and thigh.

# Wrestling with UFC during appreciation day



Staff Sgt. Michael E. Stewart, top, a training chief with Marine Wing Support Squadron 373 and a Temecula, Calif., native, wrestles Sgt. Robert J. Williams, a food service subsistence clerk with Marine Wing Headquarters Squadron 3 and a Riverside, Calif., native, during the Military Appreciation Day event here July 21. The event featured free food from local restaurants, chances to win prizes, as well as autograph opportunities from various Ultimate Fighting Championship fighters and Bill Goldberg, a World Wrestling Entertainment wrestler. (Photo by Lance Cpl. Erica DiSalvo)

# Kids slide into summer snow day

Tre Hudson, left, and Devyn Mann, right, sled down a snow covered slope at the Marine Corps Community Services Miramar Youth and Teen Center here July 22. The snow was brought in during a Snow Day event, which gives children of all ages an opportunity to play with snow, often for the first time. The event happens once during each seasonal camp cycle at the center and includes snowball fights, hot chocolate, cupcakes and popsicles. (Photo by Lance Cpl. Erica DiSalvo)



# 'GREEN' MIRAMAR TEAM FACES RIFLE CHAMPS

**Photos and Story by  
Cpl. Lisa M. Tourtelot**  
COMBAT CORRESPONDENT

**M**ARINE CORPS BASE QUANTICO, Va. — Four members of the Marine Corps Air Station Miramar Shooting Team are competing in the 50th Annual Interservice Rifle Championship at Marine Corps Base Quantico, Va., July 18 through 26.

The Miramar team, made up of several young Marines, is competing against more than 100 service members in service-wide teams, post or station teams or as individual competitors. One of the four is a competition veteran and is already taking honors.

Chief Warrant Officer Two Jerry Mc-

Donough, a San Diego native and utilities officer with Marine Air Support Squadron 3, has already earned the top spot for best individual shooter on a post or station team and best long-range shooter for a post or station team.

"It means a lot to win something," said McDonough. "This is the 50th anniversary of the interservice rifle championship and I'm glad I was able to represent Miramar."

While this is McDonough's second outing to the interservice rifle matches, the other three Marines representing the Miramar team are new to this level of competition.

"This is a serious baptism by fire," said McDonough.

In addition to being short-handed as a team and some of the newest shooters at

the matches, the Miramar team has also faced Virginia's record-breaking heat.

"The heat has affected everyone," said Lance Cpl. Richard Santos, a Queens, N.Y., native and rifle coach at the MCAS Miramar Carlos Hathcock Range. "We're wearing sweatshirts and leather shooting jackets [for stability]. An important part of firing is maintaining your position and with that sun beating down, it's hell."

Santos explained that being short-handed and new to interservice competition has had an advantage: camaraderie.

"I've received pointers from every branch," said Santos. "I'm shooting a lot better because of it."

McDonough added that the extra coaching from the more experienced shooters has boosted the confidence of the Miramar team members.

"The best part of this competition has been seeing the look on [our shooters'] faces when they understand their mistakes and [see improvement]," said McDonough.

The last phase of competition the Miramar team hopes to compete in will be the Marine Corps Infantry Trophy Team Match, during which teams of six firing members will fire 384 rounds of ammunition in four 50-second intervals at 600, 500, 300 and 200 yards.

However, Miramar will need volunteers from other teams to supplement their numbers, explained McDonough.

The competition will conclude with an awards presentation at the National Museum of the Marine Corps July 26.

For more information and final competition statistics, visit [www.odcmp.com](http://www.odcmp.com).



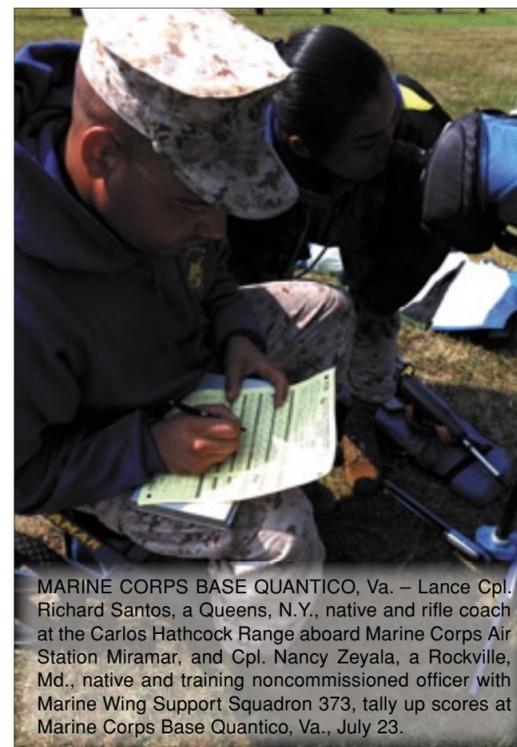
MARINE CORPS BASE QUANTICO, Va. — Competitors at the 50th Annual Interservice Rifle Championship focus on prone shooting at Marine Corps Base Quantico, Va., July 23. Four members of the Marine Corps Air Station Miramar Shooting Team, based out of California, traveled to Virginia to test their rifle skills against other military post or station teams, including the Marine Corps Recruit Depot Parris Island Shooting Team, based out of South Carolina, and the MCRD San Diego Shooting Team.



MARINE CORPS BASE QUANTICO, Va. — Lance Cpl. Richard Santos, a Queens, N.Y., native and rifle coach at the Carlos Hathcock Range aboard Marine Corps Air Station Miramar, sights in on his target at the 50th Annual Interservice Rifle Championship at Marine Corps Base Quantico, Va., July 23. This is Santos', as well as two other members of the MCAS Miramar Shooting Team, based out of California, first time at an interservice rifle competition.



MARINE CORPS BASE QUANTICO, Va. — Competitors assume a stable prone position while firing during the 50th Annual Interservice Rifle Championship at Marine Corps Base Quantico, Va., July 23.



MARINE CORPS BASE QUANTICO, Va. — Lance Cpl. Richard Santos, a Queens, N.Y., native and rifle coach at the Carlos Hathcock Range aboard Marine Corps Air Station Miramar, and Cpl. Nancy Zeyala, a Rockville, Md., native and training noncommissioned officer with Marine Wing Support Squadron 373, tally up scores at Marine Corps Base Quantico, Va., July 23.



MARINE CORPS BASE QUANTICO, Va. — Lance Cpl. Richard Santos, a Queens, N.Y., native and rifle coach at the Carlos Hathcock Range aboard Marine Corps Air Station Miramar, based out of California, examines a target at the 50th Annual Interservice Rifle Championship at Marine Corps Base Quantico, Va., July 23.

**FRIDAY 29      SATURDAY 30      SUNDAY 31      MONDAY 1      TUESDAY 2      WEDNESDAY 3      THURSDAY 4**

**\*Operation Proud Hearts FREE Comedy Show**  
7 p.m.  
18 and over Only  
Bob Hope Theater  
858-577-6365

**Friday Night Excursion to the Gaslamp Quarter**  
FREE  
8 p.m.  
The Great Escape  
858-577-6171

**WEEKLY EVENTS...**

- Sports Complex Marine Teen training Tues. & Sat. 858-577-4128/4129
- Deployment support for preschoolers, elementary and teenagers Mon. through Wed. 858-577-4588
- QOL Golf: Two Hours After Twilight free Golf for Active Duty 858-577-4155

**MCCS Family Appreciation FREE Movie Day**  
6:30 p.m.  
Theater  
858-577-4143

MCAS Miramar reminds everyone to recycle plastics, paper, cardboard and electronics at the Miramar Recycling Center.

**SHOP MCX**

**New Year! New look - Back to School**  
July 27 - Aug. 9

**20% off Watches & Sunglasses Sale**  
August 10 - 23

**August Footwear Sale**  
August 10 - 23

**Alcoholics Anonymous and Al-Anon Meetings**  
6:30 p.m.  
Counseling Center  
858-577-6585



**EFMP Benchmark Study**

8 a.m. - 5 p.m.  
M&FP Conference Room 858-577-4668

**Taco Tuesday All Day**  
Tacos and 1/2 Price Mexican Beers  
Rockers and Legends Sports Grill

**Intramural Basketball League Registration Deadline**  
858-577-1202

**MCCS FREE PRIZE GIVEAWAYS...**

ITT/Travel Office:  
Legoland Gift Pack  
*Winner will be drawn on July 31*  
*Stop in and fill out an entry form today!*

**\*101 Days of Summer Drug Free 5K Run/Walk**  
858-577-1331

**PREP: Prevention & Relationship Enhancement Program**  
858-577-1333

**Career Resource Center "Resume Preparation"**  
858-577-6710

**Fair Fighting for Couples**  
858-577-6585

**Anger Management I**  
1 - 3 p.m.  
Counseling Center  
858-577-6585



"Providing over 100 programs for you and your family"



- ★ Marine & Family Services
- ★ Marine Corps Family Team Building
- ★ Semper Fit & Recreation
- ★ Free Special Events
- ★ Dining & Clubs
- ★ Shopping & Services

**"Serving Those Who Serve"**  
[www.mccsmiramar.com](http://www.mccsmiramar.com)

**OPERATION PROUD HEARTS FREE COMEDY SHOW**

Looking for a great laugh? Operation Proud Hearts and MCCS invites you to a FREE Comedy Show on Friday, July 29 at 7 p.m. The doors will open at 6 p.m. You'll enjoy performances by Ro Delle Grazie, Rajan Dharni, Christian Spicer and Special Guest Eddie Pence. This show will include adult situational humor and is open to 18 & over only. NO tickets are required for this show. Seating is first-come first-served. Call 858-577-6365 for information.

**101 DAYS OF SUMMER DRUG FREE 5K FUN RUN/WALK**

Join Semper Fit for the 101 Days of Summer Drug Free 5K Fun Run/Walk on Wednesday, August 3 at 6:30 a.m. at the Miramar Sports Complex Track. Registered units will receive points toward the Spirit Competition based on the number of unit personnel who sign in with a 101 Days of Summer Representative at the challenge. Points will be awarded based on percentage of the unit in attendance, so the more people attending this event, the more points the unit gets toward the Spirit Competition. Call 858-577-1331 for more information or to sign up as a unit.



Get help paying for childcare  
Visit the National Association of Childcare Resource and Referral Agencies website at [www.naccrra.org](http://www.naccrra.org) to see information on eligibility for assistance to pay for and find childcare services. Contact 1-800-424-2246 for information.

ICE ready for use  
The Interactive Customer Evaluation set up for Miramar is ready for use. ICE is the internet version of the "Customer Suggestion Box." It collects feedback on services

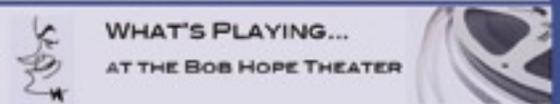
provided by installations throughout the Department of Defense. To submit a suggestion, visit the ICE website at <http://ice.disa.mil>.

**Important Phone Numbers**  
**Victim Advocacy 24-hour Hotline**  
**858-864-2815**

**Eagle Eyes**  
**877-356-EYES (3937)**

**Military One Source**  
**800-342-9647**

**D-Stress 24-hour Hotline**  
**877-476-7734**  
(All calls are strictly confidential)



**Fri. July 29:**  
FREE Admission: Operation Proud Hearts Live Comedy Show 7:00 p.m.

**Sat. July 30:**  
X-Men: First Class (PG-13) 1:00 p.m.  
FREE Admission: Mr. Popper's Penguins (PG) 6:30 p.m.  
X-Men: First Class (PG-13) 9:00 p.m.

**Sun. July 31:**  
\*Kung Fu Panda 2 (Not 3D) (PG) 1:00 p.m.  
\*The Hangover 2 (R) 6:30 p.m.

**Wed. Aug 3:**  
Bad Teacher (R) 6:30 p.m.

**Thurs. Aug 4:**  
Cars 2 (G) 2:00 p.m.  
\*The Conspirator (PG-13) 6:30 p.m.

\*Indicates Last Showing