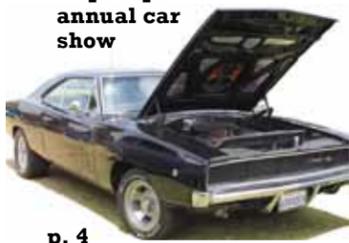


Depot sponsors
annual car
show



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CHEVRON

AND THE WESTERN RECRUITING REGION

Depot hosts
kids soccer
camp



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Vol. 71 – Issue 22

“WHERE MARINES ARE MADE”

FRIDAY, AUGUST 5, 2011

Depot ‘fires up’ healthy grilling

BY LANCE CPL. ERIC
QUINTANILLA
Chevron staff

Semper Fit Health Promotions held a healthy barbecue cooking class July 19 outside the Bayview Restaurant aboard Marine Corps Recruit Depot San Diego.

Semper fit puts together four healthy cooking classes a year each with a different theme to help promote healthy lifestyles among service members.

“Knowing how to prepare quick and easy healthy meals at

home can help motivate a person to avoid fast food and eat healthier more often,” said Andrea Callahan, health promotions coordinator at MCRD. “Eating well is imperative for a long, active, and healthy life.”

The recipes were chosen by Callahan and were all gluten free. Some required small changes, such as the turkey burgers using a Portobello mushroom head in place of a bun.

“The recipes are very natural and we’re using raw ingredients with great spices and flavoring,” said Callahan. “That’s what it’s

all about, being adventurous, right?”

Approximately 20 service members and civilians participated in the class to make eight different dishes including sides and desserts. With summer in full swing, grills were fired up for the main dishes giving participants a chance to add new skills to their kitchen.

The class was grouped into five teams, who were each given a recipe card with a main dish, side and dessert. The students were

see BARBECUE ▶ 2



Lance Cpl. Eric Quintanilla

Terry Foster, a retired sailor, works his grill during the Healthy Barbecue Cooking Class held outside the Bayview Restaurant aboard Marine Corps Recruit Depot San Diego July 19. Semper Fit Health Promotions hosts four healthy cooking classes a year for service members and civilians aboard MCRD.

Commandant talks diversity at annual Naval conference



Lance Cpl. Crystal J. Druery

General James F. Amos, Commandant of the Marine Corps, speaks at the 39th Annual National Naval Officers Association Professional Development and Training Conference held at the San Diego Sheraton Hotel and Marina August 2. This year’s theme was “Enhancing Mission Readiness for the Sea Services Through Leadership, Mentorship and Diversity.” Amos presented a slide show giving an overview of the Marine Corps’ background, objective, and approach to diversity. “The Marine Corps is going to change from where we are (by) having a more diverse Marine Corps,” said Amos.

Marines, civilians reminded to take care with political activity

BY SGT. CRISTINA N. PORRAS
Chevron staff

As another election season draws near and politicians prepare to ramp up their campaigns, the Marine Corps released Marine Administrative Message 414/11 reminding Marines and federal civilian employees to exercise their political rights as citizens without violating Department of Defense regulations.

MarAdmin 414/11 emphasizes the guidance on political activities by members of the armed forces outlined in DoD Directive 1344.10.

Service members and federal civilian employees are encouraged to practice their rights as U.S. citizens and

participate in the election process. Each individual is entitled to his or her opinion and may express their personal views, however, they must be careful not to create the perception that they are speaking on behalf of their respective service.

“It shouldn’t appear as if a branch of federal government, such as the Marine Corps, supports or endorses a specific candidate,” said Maj. Pete D. Houtz, Marine Corps Recruit Depot San Diego and Western Recruiting Region deputy staff judge advocate.

“We’re Marines and we will follow orders of whichever President is appointed over us.”

see POLITICS ▶ 2

Devil Pups make the cut

BY SGT. CRISTINA N. PORRAS
Chevron staff

Approximately 300 teenagers from California, Arizona and Nevada graduated from the Devil Pups Youth Program for America camp at the School of Infantry parade deck aboard Marine Corps Base Camp Pendleton, Calif. July 30.

Since 1954, the Devil Pups program has helped teenagers gain self-confidence and leadership skills through mental and physical challenges, teamwork, discipline and education.

Each year, approximately 600 teenagers are selected to attend one of two Devil Pups camps held each summer. Since there are more teenagers interested in the program than there are allocations, participants must undergo a selection process which evalu-

ates their health, physical fitness, character and most importantly, their desire to succeed.

“The biggest thing we look at

(when selecting participants) is a strong desire to complete the

see PUPS ▶ 2



Sgt. Cristina N. Porras

CAMP PENDLETON, Calif. – A Marine calls out commands to a platoon of Devil Pups as they prepare to perform the final drill portion of a 10-day camp at the School of Infantry landing zone at Camp Pendleton, July 28.

Staff Noncommissioned Officer Academy tackles confidence course



Lance Cpl. Crystal J. Druery

Staff Sgt. Marc A. Oxley a student with Staff Noncommissioned Officer Academy Career Course Class 5-11, runs the confidence course aboard Marine Corps Recruit Depot San Diego with 114 Marines for their last physical fitness session. The career course is at Marine Corps Base Camp Pendleton, Calif., and holds six classes a year. The current class is scheduled to graduate August 11.

PUPS ◀ 1

program. We don't want to take someone who would give up easily and want to go home when there are other kids who could've filled that spot," said Dick Taylor, Devil Pups liaison representative in Bakersfield, Calif.

The rigorous 10-day camp follows the Marine Corps' structure and philosophies on discipline. Marines volunteer to serve as mentors and share their knowledge and experience with the Devil Pups.

"Our goal was to break down the individual and build them up by challenging them mentally and physically," said Sgt. Tyrell D. Hicks, heavy equipment operator, 1st Combat Engineer Battalion. "These kids came from different backgrounds and were forced to work together in a new environment. We made it hard for them, but they learned a lot."

Devil Pups endured intense physical training which included conditioning hikes, runs and an introduction to the Marine Corps Martial Arts Program. Marine mentors gave classes on the importance of goal-setting, teamwork, nutrition and other subjects.

"For a lot of these kids, the liaison representative and the Marine NCOs are their first introduction to the Marine Corps. It's a very positive experience for most kids," said Taylor, a former Marine. "The exposure to the Marine Corps leadership traits and living by Honor, Courage and Commitment is phenomenal."

In keeping with the program's commitment to making better citizens, Devil Pups received U.S. and Marine Corps history lessons. They also visited the Marine Corps Recruit Depot San Diego Command Museum and the USS Midway Museum.

For Taylor, the most rewarding aspect of the program is seeing Devil Pups' tran-

sition after the 10 days.

"It's good to see [the graduates] realize that with extra effort they can come back and run circles around their peers," said Taylor. "You see them stand straighter and taller with higher self-confidence. They become more attentive and engaging in their activity with adults. It's refreshing to see."

Some Devil Pups were forced to overcome their fears and self-doubt when it came to completing some of the challenges, such as jumping off a 35-foot diving board. Many Devil Pups walked away feeling different and ready to take on life's challenges.

"I feel like I did change. My self-confidence is very high," said Jonathan O. Morales, a sophomore at Segestrom High School in Santa Ana, Calif. "The instructors motivated and inspired us and made us feel like we could do anything if we put our mind to it."

BARBECUE ◀ 1

free to do their own cooking under Callahan's watchful eye.

"Providing healthy cooking classes in a fun, non-intimidating environment gives people of all knowledge and skill levels an opportunity to learn new skills, try new foods and ingredients, and take home some great recipes," said Callahan.

The class lasted two hours, including the time it took to enjoy their hard work. After the food was cooked, everyone was able to grab a plate and try any of the

dishes and see what the other groups had created.

"They learn in groups and can use their experience to make adjustments to fit their style," said Callahan. "Everyone learns from each other."

While some of the students had little cooking experience they were able to look to their group for help and suggestions. This is also the first time propane grills were used opposed to charcoal, ensuring a more even heat and less preparation time.

"I don't really know how (to cook), so we had to experiment with the recipes," said Lance Cpl. Edwin Martinez, ware-

house clerk, Service Company, Headquarters and Service Battalion. "I want to be able to cook for my wife when she comes home."

The students were allowed to keep the camouflage aprons that read "GRILL INSTRUCTOR." Callahan also followed up with the students to e-mail the recipes.

"There are very few, if any, recipes we wouldn't use again," said Petty Officer 2nd Class Ian Miles, a hospital corpsman with the Branch Medical Clinic aboard MCRD.

The next class will be a healthy tailgate slated for Sept. 26. For more information contact Andrea Callahan at (619) 524-8913.

POLITICS ◀ 1

Prohibited activities include wearing military uniforms to any partisan or nonpartisan political fundraiser, rally, meeting, debate or convention under any circumstance. Armed forces veterans running for government office may not wear their uniforms or display photos of themselves in uniform to try to sway voters.

"Once you put on your uniform, you represent the Marine Corps," said Houtz. "In civilian clothes you have more liberty to express your personal views."

According to the MarAdmin, political activity that is allowed includes encouraging others to vote, displaying a partisan

bumper sticker on a privately-owned vehicle, making financial contributions to a political party or candidate and participating in the federal voting assistance program.

Violations by service members will be fully investigated and punished at their unit commander's discretion. Violations by federal civilian employees will be investigated and punished by the U.S. Office of Special Counsel.

"The MarAdmin is clear. It's just a reminder for people not to cross the line," said Houtz.

Service members and civilian employees who have questions about acceptable political involvement should contact their local SJA or human resources department to ensure they do not violate any orders.

BRIEFS

Military Retiree Fair

Retired military personnel and those on active duty retiring in the next few years are invited to attend a retiree fair in the depot's Semper Fit Fieldhouse, Bldg. 650, tomorrow from 9 a.m., to 2 p.m.

Due to limited seating pre-registration is required at www.mccsmcrd.com, <http://www.mccsmcrd.com/>

Fitness challenges

Earn points for 101 Days of Summer. There is only one more lunchtime fitness challenge left before the 101 Days of Summer finale team competition. Individual male and female winners will each earn 50 points for their command. Participants can also earn points for the percentage of your command personnel involved.

The final event is a "Sprint Grenade Toss" scheduled for 11 a.m., to 1 p.m., August 17. For information and to sign up, call the Fitness Center at (619) 524-4228.

CG's Cup basketball league coach meeting

There will be a coaches meeting at the Fitness Center training room Monday from 11 a.m., to noon. Bring the team roster. ALL team members must be from the same office/command.

CG Cup basketball is a six week season; starting August 16, with games on Tuesdays and Wednesdays during the day at MCRD Field house. League format and game times are dependent on how many teams are entered.

This league is ONLY open to MCRD active duty and DOD/Nafi employees aboard the depot. For information call Rachel Dickinson at (619) 524-0548.

MyPay access

Military members and federal service employees can now access their personal MyPay accounts using the Common Access Card (CAC). To access the MyPay website with a CAC card go to the MyPay web page at <https://mypay.dfas.mil/MYPAY>. ASPX web address. Click on the "DOD CAC Login to MyPay" link. First time users must enter their social security number.

All MyPay customers will still be able to access MyPay using a login ID and password. For more information, contact Tom Garcia at (619) 524-6102

Fight Gone Bad

The Fight Gone Bad functional fitness team completion, the final event of the 101 Days of Summer, is scheduled for August 26, from 11 a.m., to 1 p.m. The event will be held on the outdoor functional fitness space at the Fitness Center.

For information or registration contact: Andrea Callahan, Health Promotions Coordinator, at 619-524-8913 or CallahanAL@usmc-mccs.org. More details will be available soon at www.mccsmcrd.com.

Bootcamp Challenge

The 2011 Bootcamp Challenge, a three-mile obstacle run on the depot, is scheduled for Sept. 24, 9 a.m. Participants in the event are encouraged to use public transportation. Participants may register at <http://www.bootcampchallenge.com>.

Send briefs to:

rdsd_pao@usmc.mil. The Chevron staff reserves the right to publish only those briefs that comply with Department of Defense regulations and the standards of the U.S. Government.

Around the depot

This week the Chevron asks: "What is the one piece of technology you can't live without? Why?"



"My cell phone because it's my GPS, Google and e-mail – it's everything."

Lance Cpl. Jakeline Cardenas, supply clerk, Support Battalion, Recruit Training Regiment.



"My GPS – I can barely navigate around my own room, let alone a city street."

Cpl. Charles Engblom, military policeman, Headquarters Company, Headquarters and Service Battalion.



"My computer because of the access to information it allows."

Melissa Hansen, librarian, Marine Corps Recruit Depot San Diego Library.



Lance Cpl. Mark Stroud

Lance Cpl. Joel Juarez, a specialized search dog handler, Military Police Support Company, III Marine Expeditionary Force Headquarters Group, III MEF, shows his dog Benny a route to be searched for improvised explosive devices at Oura Wan beach on Camp Schwab July 26.

Specialized search dogs add a new weapon to fight against IEDs

BY LANCE CPL. MARK STROUD
III Marine Expeditionary Force Public Affairs

OURA WAN BEACH, Japan – Specialized search dogs have become a new weapon in the war on improvised explosive devices, roving more than 100 meters in front of their handlers to find the deadly devices before they can be triggered.

Specialized search dog handlers with Military Police Support Company, III Marine Expeditionary Force Headquarters Group, III MEF worked with their dogs to perfect their detection abilities at Oura Wan beach at Camp Schwab July 26, clearing designated lanes of travel of explosive devices planted for training purposes, much as they would do on a combat deployment.

"We set up scenarios such as a possible improvised explosive device lane that friendly forces need passage through. The SSD handlers needed to clear the passage-way prior to the friendly forces going through," said Cpl. Anthony J. Manfredini,

combat tracking dog handler, MP Support Co. "We set up what we call 'aids'. They are live explosives without the initiating system and I can either bury them or hide them under something."

Specialized search dogs and their handlers also train to be able to identify other threats and bomb-making materials along with IEDs.

"Our dogs are trained to find different types ammunition, explosives, IEDs, weapons caches, whether they be freshly dug or hidden for a long time. They are also trained to find homemade explosives," said Lance Cpl. Joel Juarez, specialized search dog handler, MP Support Company.

It is the ability of the dogs to be released from the leashes to move freely in front of their handlers that makes them unique.

"Most dogs in the military working dog program work on-leash, and there is always a limitation there. Even though they have leashes that go from six-feet to 50-feet, there is still

a limitation, so SSDs were implemented into the military working dog program to extend those limitations," said Juarez. "That provides a safety barrier for the handler. When the handler is working on-leash, he is always in greater danger because he is right up there with the dog finding the IEDs."

Specialized search dogs are only one of the tools in the fight against IEDs, but their ability to remotely detect explosives saves lives.

"SSDs are not the answers to everything even though they are very effective. They are just one of the tools we have, and they, along with military working dogs in general, save lives," said Juarez.

To achieve this level of effectiveness, extreme care must be taken in the dogs' training, according to the handlers.

"We always take notes [on the dogs' training]; the handlers post records everyday of exactly what kind of training they did and the proficiency and deficiencies they have with their dog," said Manfredini. "The records let

them know what their dogs need to work at and what they are good at."

The bond between an specialized search dogs handler and their dog is unlike that of other military working dogs and their handlers.

"One of the unique things about SSD handlers is that they usually stay with their dogs for the course of their careers," said Juarez. "Almost from day one, a handler is assigned two dogs, and throughout the training the handler take cares of his dogs and trains his dogs as best as possible."

The IED-detection training here served to make the bond stronger, helping prepare the dogs and their handlers for potential service in Afghanistan.

The specialized search dogs did very well locating the bomb-making materials that were planted, according to Manfredini. He went on to say that the dogs demonstrated a good ability to determine their own search patterns and focus on high-probability areas for improvised explosive devices.

CHEVRON
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Annual car and motorcycle show shines on depot

BY LANCE CPL. ERIC QUINTANILLA
Chevron staff

The Marine Corps Community Service Auto Skills Center hosted their 8th annual car and motorcycle show aboard Marine Corps Recruit Depot San Diego July 30.

The Christmas in July Car and Motorcycle Show featured approximately 140 vehicles of all makes, models, and years.

"This is really neat, I didn't know the car show was this big," said John Bogardus, retired National Guard 1st Sgt. "It's great to invite everyone on base for this. The more they learn about the military the better off they are."

The show offered the opportunity for the car owners to be acknowledged for the hard work they put into maintaining their vehicles. Guests voted on their favorite

vehicles in 10 different categories including muscle, import and classic. Awards were given out for the top three vehicles in each category as well as People's Choice and General's Choice awards.

Gil Gresoro, owner of a 1966 Pontiac GTO won the top award, the General's Choice Award. Gresoro is the original owner of the vehicle and has managed to maintain it throughout the years.

"This is a great event that serves multiple purposes," said Brig. Gen. Daniel D. Yoo, commanding general, MCRD and the Western Recruiting Region. "I'm enjoying going around and seeing how much effort they have put into their vehicles."

The entry fee for vehicle owners was \$10 and the donation of a new toy for Toys for Tots. The Marine Corps Reserve Toys for Tots Program collects new, unwrapped toys to distribute to needy children in the community during Christmas.

"Everyone who works here can benefit from this," said Yoo. "The Marine base here is an extension of the community."

The show also provided an opportunity for Marines to spend time with family, with a bounce house for children and food for all guests. A local radio station provided musical entertainment throughout the day as well.

"The drill instructors don't get a lot of time with their families, so I can send them here to break up the

monotony of working all the time," said Staff Sgt. David Adames, Drill Instructor, Company C, 1st Recruit Training Battalion.

Just 30 minutes or an hour with family can mean a lot to Marines who don't get a lot of down time, added Adames whose favorite car at the show was a yellow Camaro with black stripes.

Not only does this give a chance for service members and civilians to come together it also gives them an opportunity to enjoy cars and see what can be done with them, said Jose Ortega-Garcia, manager of the Auto Skills Center aboard MCRD.

"This is a good way to see what the Marine Corps is," he added. "[Civilians] can come on base and make a connection. It can help build support for the Marines."



A variety of the classic and contemporary vehicles are displayed during the Marine Corps Community Services Auto and Skills Center's 8th annual Car and Motorcycle Show.



Lance Cpl. Eric Quintanilla

Guests vote on their favorite vehicles during the depot's Marine Corps Community Services Auto Skills Center's Car and Motorcycle Show. The top three vehicles in each of ten categories received awards.



Service members and their families enjoy a day at the Skills Center's Car and Motorcycle Show. The fam



Lance Cpl. Eric Quintanilla

Older and classic cars were not the only vehicles on display at the show. Service members and civilians also had the opportunity view and discuss more modern rides.



Lance Cpl. Eric Quintanilla

aboard Marine Corps Recruit Depot San Diego July 30. The entry fee to display a vehicle was \$10 and a new, unwrapped toy donated to Toys for Tots.



Lance Cpl. Eric Quintanilla

the depot July 30, at the annual Marine Corps Community Services Auto family-friendly atmosphere included food and a bounce house for children.



Lance Cpl. Eric Quintanilla

Presentation of the vehicle was just as important as the vehicle itself during the competition. Vehicle owners were trying to win the votes from judges as well as guests.

Depot Marine wins bodybuilding competition

BY LANCE CPL. CRYSTAL J. DRUERY
Chevron staff

Lance Cpl. Dylan A. Bruner pumps iron and runs six days a week. He follows a strict diet and plans seven daily meals precisely. He has dedicated himself to pushing his body to its limits.

Bruner, a finance clerk with Service Company, Headquarters and Service Battalion, puts his body through vigorous training to compete in bodybuilding competitions. He proves that discipline and dedication don't only apply to him while in his Marine Corps uniform but on his off time as well.

"Bruner does a really good job at setting the example physically and diet-wise for the other Marines, not only for his peers but chief warrant officers as well," said Staff Sgt. James R. Vandever, travel staff noncommissioned officer in charge, Service Company, Headquarters and Service Company. "What lance corporal does that?"

Though he's always been athletic, having been involved in sports growing up, Bruner had never thought of starting bodybuilding. The first competition he entered was on a whim. When a sergeant approached him a year ago and convinced him to start training for a competition, Bruner took on the new challenge just to see what he could do with his body.

"I wanted to do something with my hobby of physical training and I've always admired bodybuilders, so I tried it," said Bruner.

After placing fourth among experienced bodybuilders, Bruner realized his potential and decided to stick with it.

"After the first competition, getting fourth place with no experience and dieting for a short period of

time, I knew I could do better so I wanted to do another one," said Bruner.

Bruner's most recent competition was the Western All Forces Lightweight Bodybuilding Competition held June 18 in San Diego. He started training for the event sixteen weeks in advance, determined to show his capabilities.

To do so, he put his social life on hold and replaced it with two hours of physical training six days a week. The rest of his free time was consumed with planning out balanced meals, weighing food portions, and cooking.

"I did what is called (carbohydrate) cycling," said Bruner. "I only ate one-hundred grams of carbohydrates a day, except weekends I would eat a little more."

Carbohydrate cycling is the same concept as changing up a workout in the gym. If someone continues to do the same workout every day, they can plateau. This practice can keep the metabolism guessing. Bruner explains besides fluctuating his carbohydrate intake, he would also take in a large amount of protein and very low amount of fat.

"You go to the gym everyday and see these people that look the same all the time, but if you do hard work and set your mind to it, you can do a lot with your body," said Bruner.

His hard work paid off when he took first place in the competition.

"When I won all I could think about was how hungry I was and I just wanted to eat," said Bruner.

Now that Bruner has seen what he can do with his body he says he would like to make bodybuilding a career. With only a short amount of time left in the Marine Corps, Bruner plans on getting

out and earning a degree in a fitness-related subject while he continues to pursue

bodybuilding.

"I love lifting weights. It makes me feel good," said

Bruner. "The blood flowing through my muscles is satisfying."



Lance Cpl. Crystal J. Druery

Lance Cpl. Dylan A. Bruner, left, a finance clerk with Service Company, Headquarters and Service Battalion, poses with Phillip "The Gift" Heath, International Federation of Bodybuilders Professional Bodybuilder, after the Western All Forces Bodybuilding Competition held June 18 in San Diego, Calif. Bruner took first place in the Western All Forces Lightweight Bodybuilding Competition. He sets the example for his fellow Marines by eating a healthy diet and following a strict workout regimen.

Retired Lt. Gen. Ronald S. Coleman

Parade Reviewing Officer

Retired Lt. Gen. Coleman joined the Navy in April 1968, and was discharged upon his return from Danang, Republic of Vietnam in June 1970.



Upon graduation from Cheyney State University, Cheyney, Penn., in 1973, he was commissioned a second lieutenant. Following the Basic School he reported to Camp Lejeune with the 2nd Marine Regiment and served as the regimental supply officer, platoon commander, and assistant logistics officer.

In November 1977, Lt. Gen. Coleman transferred to 3rd Force Service Support Group, Okinawa, Japan, and deployed with Landing Support Unit Foxtrot.

In November 1978, he reported to Officer Candidate School and served as the logistics supply officer, candidate platoon commander and director, Non-Commissioned Officer School. He attended Amphibious Warfare School during the 1981 - 1982 academic year and was then transferred to Headquarters Marine Corps Officer Assignment Branch, and served as a company grade monitor and administrative assistant to the director, Personnel Management Division.

In August 1985, he was assigned as an instructor at Amphibious Warfare School and, in 1987, he attended the Marine Corps Command and Staff College.

In 1988, Lt. Gen. Coleman returned to Okinawa and served as the operations officer, 3rd Landing Support Battalion; executive officer, 3rd Maintenance Battalion; and commanding officer, Combat Service Support Detachment 35, Contingency Marine Air Group Task Force 4-90.

In June 1991, he reported to HQMC and served as the logistics project officer and head of the Maintenance Policy Section, Installations and Logistics Branch. He was promoted to Lieutenant Colonel in May 1992.

In June 1993, Lt. Gen. Coleman assumed duty as commanding officer, 2nd Maintenance Battalion, 2nd Force Service Support Group. In December 1994, he was reassigned as the group deputy operations officer and, in August 1995, he reported to the Industrial College of the Armed Forces, National Defense University.

In 1996, he reported to the Pentagon in the logistics directorate, as deputy division chief, Logistic Readiness Center.

Lt. Gen. Coleman was promoted to colonel in July 1997 and returned to Camp Lejeune in 1998 for duty with the 2nd Marine Division as the assistant chief of staff, Logistics. In April 1999, he deployed to the Balkan Region and served with Joint Task Force Shining Hope. He assumed command of 2nd Supply Battalion in July 1999. In June 2001 he reported to HQMC as the assistant deputy commandant, Installations and Logistics (Facilities) and was promoted to brigadier general in November 2002.

Lt. Gen. Coleman reported to 2nd Force Service Support Group in June 2003, and deployed in support of Operation Iraqi Freedom as commanding general, Special Purpose Marine Air-Ground Task Force until November 2003. He deployed again from February 2004 until June 2004 as commanding general, Combined Joint Task Force Haiti, in support of Operation Secure Democracy.

General Coleman was assigned as the director, Personnel Management Division on July 1, 2005 and was frocked to Major General in May 2006.

On Sept. 29, 2006, General Coleman was assigned to his current position and appointed to his current rank.

Lt. Gen. Coleman retired from active duty after more than 40 years of honorable service.



GOLF COMPANY



<p>2nd RECRUIT TRAINING BATTALION <i>Commanding Officer</i> Lt. Col. R. L. Hairston <i>Sergeant Major</i> Sgt. Maj. P. A. Siaw <i>Battalion Drill Master</i> Staff Sgt. J. F. Richard Jr</p>	<p>SERIES 2141 <i>Series Commander</i> Capt. E. Juarez <i>Chief Drill Instructor</i> Staff Sgt. L. F. Medina</p>	<p>PLATOON 2141 <i>Senior Drill Instructor</i> Sgt. V. A. Black <i>Drill Instructors</i> Sgt. J. A. Felix Sgt. B. W. Havenar Sgt. J. P. LeBlanc Sgt. R. N. Nishnic</p>	<p>PLATOON 2142 <i>Senior Drill Instructor</i> Staff Sgt. W. S. Crespin <i>Drill Instructor</i> Staff Sgt. J. W. Grundbacher Sgt. M. A. Garcia Sgt. J. A. Greidanus</p>	<p>PLATOON 2143 <i>Senior Drill Instructor</i> Staff Sgt. R. E. Jackson <i>Drill Instructors</i> Staff Sgt. J. A. Arellano Staff Sgt. A. G. Navarro Staff Sgt. P. G. Sheedy</p>
<p>COMPANY G <i>Commanding Officer</i> Capt. P. L. McAnany <i>Company First Sergeant</i> 1st Sgt. R. C. Ixtlahuac</p>	<p>SERIES 2145 <i>Series Commander</i> Capt. M. Franco <i>Chief Drill Instructor</i> Staff Sgt. C. D. Willis</p>	<p>PLATOON 2145 <i>Senior Drill Instructor</i> Sgt. R. M. Garcia-Lopez <i>Drill Instructors</i> Sgt. J. A. Onello Sgt. C. A. Sanchez Sgt. D. E. Trujillo</p>	<p>PLATOON 2146 <i>Senior Drill Instructor</i> Staff Sgt. M. P. Kollhoff <i>Drill Instructors</i> Staff Sgt. C. D. Clover Sgt. D. A. Ammeter Sgt. D. D. Downing</p>	<p>PLATOON 2147 <i>Senior Drill Instructor</i> Staff Sgt. G. C. Guevarra <i>Drill Instructors</i> Staff Sgt. D. P. Chavez Sgt. D. Hernandez Jr. Sgt. R. T. Villegas</p>

* Indicates Meritorious Promotion

<p>PLATOON 2141 Pvt. A. Aguilar Pfc. J. R. Allen Pvt. B. L. Allshouse Pvt. P. S. Anh Pfc. B. C. Austin Pfc. T. R. Baitinger Pfc. S. R. Barragan Jr Pvt. J. C. Bendixen Pvt. C. E. Bentz Pfc. R. S. Berg Pfc. D. K. Harvey Pvt. L. Hernandez-Barrientos Pfc. A. Hernandez-Deanda Pfc. S. M. Houk Pfc. B. M. Howard *Pfc. B. L. Howell Pvt. C. D. Hughes Pvt. L. N. Hunt Pvt. B. S. Hutchenson Pvt. M. J. Jacobs Pfc. G. A. Jantz Pvt. C. D. Jellison Pvt. S. K. Johannes Pvt. J. W. Johnson *Pfc. D. D. Jones Pvt. R. M. Jones Pfc. Z. D. Judy Pfc. P. D. Jung Pvt. V. D. Khaoone Pvt. D. A. King Pfc. W. K. Klassen Pfc. L. P. Lann Pfc. B. D. Larson Pvt. C. E. Leek Pfc. D. W. Lehman Li Pfc. B. C. List Pvt. D. A. Magana-Gomez Pvt. T. L. Marquardt Pvt. J. M. Maxwell *Pfc. P. J. McGraw Pvt. S. G. McKenzie Pvt. O. D. Meador Pfc. K. G. Merrihew Pvt. F. X. Mueller Pvt. D. K. Starling</p>	<p>PLATOON 2142 Pvt. C. A. Alesandrini Pvt. W. A. Barnett Pfc. D. M. Benavides Pfc. B. M. Benbow Pvt. D. B. Brimley Pvt. M. G. Byrd Pvt. B. M. Carlson Pvt. J. D. Chappuis Pfc. E. C. Clem Pvt. D. J. Cobb Pvt. J. R. Contreras Pvt. C. M. Cooper Pfc. D. L. Crossland Pfc. J. G. Daniels Pvt. R. R. de Carvalho Pfc. R. M. Eoff Pvt. A. T. Fadale Pvt. J. L. Farmer Pfc. C. M. Fisher Pvt. M. C. Fitchett Pvt. D. A. Flynn Pvt. T. B. Foote Pvt. M. M. Francis Pvt. J. T. Freeman Pvt. R. Garcia Pvt. D. M. Garfield *Pfc. J. R. Garza *Pfc. K. A. Garza Pvt. K. E. Golly Pvt. J. A. Gomez Pfc. R. A. Gomez Pvt. B. L. Green Pvt. D. T. Guerrero Pfc. N. E. Gupton Pvt. T. A. Hammond Pvt. R. G. Hand Pvt. W. E. Harvell Pvt. L. E. Hernandez Pvt. J. L. Howard Pvt. D. A. Terry Pvt. R. A. Thompson Pvt. R. R. Vanatta Pvt. C. C. Westernhausen</p>	<p>PLATOON 2143 Pvt. A. Angulo Pvt. K. C. Balady Pvt. N. R. Corrie Pvt. J. C. Dalke Pvt. J. W. Duff *Pfc. G. Duran Pvt. P. R. Gaitan Pvt. A. Garcia *Pfc. K. C. Lanski Pfc. L. E. Loera Jr. Pvt. C. G. Minnick Pvt. K. R. Mitchell Pfc. S. Moreno Pfc. J. W. Muck Pvt. N. J. Neimann Pvt. R. Ocampo Pvt. G. E. Ostergaard Pvt. G. Padilla Pvt. M. H. Peddie Pfc. I. Pena-Contreras Pvt. Z. W. Piontek Pvt. C. J. Plummer Pvt. P. C. Pociask III Pfc. J. L. Polanco Pfc. M. J. Portschy *Pfc. C. Pryor Pvt. J. A. Quiroz Pvt. K. G. Radsick Pvt. E. A. Riggs Pvt. S. M. Roberts Pfc. C. J. Robinson Pvt. A. A. Salazar Pvt. O. A. Sandoval Pfc. K. R. Shields Pvt. C. J. Smith Pfc. K. R. Smith Pfc. P. J. Snyder Pfc. M. R. Streeter Pfc. R. P. Struckmeyer Pfc. M. H. Terrell Pvt. C. Vang Pvt. A. T. Vargas Pvt. M. G. Vohland Pvt. F. L. Webb Jr. Pfc. C. D. Whitman</p>	<p>PLATOON 2145 *Pfc. E. F. Avelar Pvt. A. F. Bibian Pvt. D. I. Bierwith Pvt. A. T. Caliyoy Pvt. N. G. Coufal Pfc. M. A. Davis Pfc. J. P. Delito Pvt. R. L. Dorsey Pvt. M. L. Ebersbacher Pvt. A. M. Everett Pfc. C. A. Flores Pvt. A. J. Galindo *Pfc. J. A. Garza Pvt. P. E. Guerrero Pvt. A. S. Hack Pfc. A. J. Henry Pvt. D. M. Holt Pvt. T. C. Johnson Pfc. K. W. Kirkwood Pvt. D. C. Knox Pfc. S. D. Lahvic Pfc. C. S. Ledbetter Pfc. J. S. Lowe Pfc. A. J. Luna *Pfc. T. P. Macias Pvt. C. D. Mars Pvt. S. P. Martinez Pfc. E. R. McNamara Jr. Pvt. N. A. Meeks Pvt. R. D. Nguyen Pvt. A. L. Perry-Rountree Pvt. R. Rocha Pvt. J. T. Sheard Pfc. J. C. Sison Pfc. T. P. Sloan Pfc. E. Trautmann Jr. Pvt. R. G. Trott Pvt. A. Villasenor *Lance Cpl. D. M. Wilson Pfc. G. B. Woodward</p>	<p>PLATOON 2146 Pvt. C. W. Bernhoft Pfc. J. W. Berns Pfc. K. C. Bridge Pvt. A. J. Busche Pfc. C. Cabrera Pfc. A. K. Carruth Pfc. G. C. Chau Pvt. J. M. Cleereman *Pfc. E. J. Coronado Pvt. A. G. Criswell Pfc. C. C. Crown Pfc. T. M. Crown Pvt. J. P. Drusch Pvt. F. Estrada Pfc. J. C. Feasel Pfc. J. A. Fee *Pfc. K. R. Flickinger Pfc. J. Garcia *Pfc. P. V. Garcia Pvt. T. R. Garretson Pfc. C. E. Gomez Pvt. H. A. Gomez Pvt. M. S. Gonzalez Pfc. G. Richardson Pvt. C. J. Sjodin Pvt. N. A. Smith Pvt. J. D. Spector Pfc. D. C. Standefer Pvt. E. N. Steenbock Pvt. R. Sterling Jr. Pfc. M. J. Swearingen Pvt. J. Villegas Pvt. J. D. Waters Pvt. Z. A. Williams Pvt. M. J. Wing Pfc. D. M. Wood Pvt. J. H. Yazzie Pvt. A. A. Zaragoza</p>	<p>PLATOON 2147 Pfc. T. A. Hogan *Pfc. C. R. Horn Pfc. C. R. Johnson Jr. Pvt. D. L. Jones Pfc. P. R. Kessell Pvt. B. J. Kruger Pvt. N. R. Larason Pfc. E. M. Lemburg Pvt. B. A. Lemons Pvt. E. C. Long Pvt. J. M. Lovegren Pfc. M. J. Lynum Pfc. R. V. Macias Pvt. J. A. Maxwell Pvt. C. M. Miller Pvt. D. C. Minter Pvt. F. A. Miranda Pvt. J. L. Misel Pfc. T. M. Molina Pfc. A. Morales Pvt. E. Muniz Pvt. E. A. Nixon Pvt. J. G. O'Bannon Pvt. J. J. Olshove Pfc. C. A. Ortiz Pvt. D. Palomino Jr. Pfc. D. R. Peck Pvt. T. S. Pierson Pvt. C. R. Plank Pvt. B. J. Plendl Pvt. J. D. Poeke Pvt. M. P. Ragudo Pvt. C. L. Redmond Pvt. R. A. Reism Pvt. J. E. Reyonlds Pvt. E. Z. Richardson Pvt. A. D. Roberts *Pfc. K. S. Roberts *Pfc. M. C. Rumsey Pfc. M. Sancho III Pvt. B. J. Schalks Pvt. W. A. Schmidt Pfc. L. M. Sherrington Pvt. S. A. Sisco</p>
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Lance Cpl. Crystal J. Druery

Kraig Chiles, San Diego Sockers player, tries to keep the ball away from children participating in a Marine Corps Community Services-sponsored mini soccer camp July 28 on Marine Corps Recruit Depot San Diego. Kraig Chiles and Mike Mercurial, San Diego Sockers players, came out to help introduce the kids to soccer by teaching children the fundamentals of soccer by scrimmaging and drills.

Military youth end summer with a ball

BY LANCE CPL. CRYSTAL J. DRUERY
Chevron staff

Marine Corps Community Services teamed up with San Diego Hall of Champions to host a mini soccer camp for military children aboard Marine Corps Recruit Depot San Diego, July 25-28.

Children between the ages of four and 13 came out to the recreation center's field on MCRD to play soccer and increase their skills with help from Kraig Chiles and Mike Mercurial, semi-professional soccer players with the San Diego Sockers.

To help introduce soccer to the

children, the semi-professionals did basic drills and scrimmages with the kids.

"The camp is about skill-building and teaching kids fundamentals of soccer through scrimmages and drills," said Gina Woolgar, military youth coordinator, San Diego Hall of Champions.

San Diego Hall of Champions is an organization that strives to enhance San Diegans through sports. They offer mini sports camps throughout the year for children to stay active. Woolgar explains they're more cost-efficient than those found off base for military families.

"Out in town something like this is about double or triple the price," said Woolgar.

Along with the opportunity to learn new skills and getting the positive influence of semi-professional athletes, children get a chance to explore different activities that are available to them.

"This is a good way to introduce sports to your children," said Woolgar. "You don't know if your four or five-year-old [child] can hack it, so this gives them a good sample of the game and gives the kids an opportunity to see what they can grow up to be."

San Diego Hall of Champions

recruits athletes who can be a positive influence and volunteer to spend time with the children.

This mini soccer camp coincides with the start of a fall soccer camp they hold, giving the kids a chance to see if they want to play a full season.

"Only about half of the kids come back each season due to the constant moving of military families, but when they do come back, it's nice to see their improvement," said Brian Quinn, sports director, Community Supported Agriculture, San Diego Hall of Champions affiliate. "The kids will take these skills with them as they get older."



Lance Cpl. Crystal J. Druery

A child participating in a Marine Corps Community Services mini soccer camp shoots the ball during a scrimmage against two San Diego Sockers players who volunteered to help the kids learn the fundamentals of soccer.



Lance Cpl. Crystal J. Druery

Children participating in a Marine Corps Community Services mini soccer camp face off during a scrimmage. MCCS teamed up with San Diego Hall of Champions to give military children a chance to play soccer during a four-day camp.