The Marine Corps has a zero-tolerance policy concerning illegal drug use and synthetic drugs like spice are no different. Marines who possess, use, promote, manufacture or distribute drugs or products containing synthetic cannabinoid compounds may be subject to punitive action under articles 80 and 112A of the Uniform Code of Military Justice, according to a message sent to Navy Medicine.

“These are mainly untested chemicals with unknown toxicity, addiction potential, long-term effects and allergic reactions,” said Frank Chavez, drug demand reduction coordinator, substance abuse counseling center. “Additionally, there is no quality assurance with the production of these chemicals.”

There are more than 100 synthetic compounds that can be used to create these effects but only six are currently on the Drug Enforcement Administration’s list of controlled substances.

“Spice contains organic leaves that look similar to marijuana and are coated with chemicals. People use spice for its psychoactive and hallucinogenic effects. These synthetic chemicals can bind more permanently to the brain and organs. Spice can be made with many different chemicals making it potentially five to 200 times more potent than the tetrahydrocannabinol or THC found in marijuana,” added Chavez.

“Spice can also have a hangover-like effect,” said Chavez. “These drugs impede and adversely affect motor coordination and emotional regulation,”

Co. C hits the rappel tower

Company C recruits tackle the rappel tower Aug. 5 aboard Marine Corps Recruit Depot San Diego. The rappel tower is used as a tool to help recruits face their fears and learn to trust their gear. For more on Company C recruits and the rappel tower, turn to pages 4 and 5.

Depot combats spice use

by Lance Cpl. Eric Quintanilla
Chevron Staff

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“The amount of the psychoactive ingredient is not standardized,” said Chavez. “Thus, a person can buy different types of spice and experience a much more intense effect.”

Signs and symptoms including relaxation, giddiness, bloodshot eyes, and impaired short-term memory and concentration which can occur within five to 10 minutes. These drugs can also have a hangover-like effect. These drugs impede and adversely affect motor coordination and emotional regulation,”

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Diego. "It can be ingested in various ways aboard Marine Corps Recruit Depot San
Mangual said George Mangual, director of the SACC who was recently injured in a motorcycle accident.

6. Attendees were able to sign the t-shirts, a book with their own

Cajon Harley Davidson had set out during their fundraiser Aug.

Marc Lemieux, Clairemont Mesa, Calif. signs a t-shirt that El

El Cajon, Calif. "I would

home," said Nathaniel Reep, the one to follow that driver

make a full recovery.

condition and expected to

in the intensive care unit. He was in a serious but stable condition and expected to

The driver who struck

in every case of spice use there is a recom-

"I wish I could have been

mentorship and diversity.

and Marina, Aug. 5. The purpose of the NNOA is to enhance mission readiness for the sea services through leadership,

and t-shirt with their own

opportunity to sign a book

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and Smith and his family.

come together in a time of need."

"This benefit was a good

idea," said Gunnery Sgt.

cooper, S-3 chief,

Headquarters Company,

Service Battalion. "It shows that the

and the Marine

Corps family can come

to the NNOA Professional Development and Training Conference held at the San Diego Sheraton Hotel

and Marina, Aug. 5. The purpose of the NNOA is to enhance mission readiness for the sea services through leadership,

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for her and I could have seen

Justice in action.

El Cajon Harley Davidsons blocked off sections of the road for motorcyclists to park their bikes. They had

a disc jockey playing music,

free lunch and a band.

When attendees went into the store they had the

opportunity to sign a book and t-shirt with their own

personal message and to donate money in a jug to Smith and his family.

"This benefit was a good

idea," said Gunnery Sgt.

Johnathan Cooper, S-3 chief,

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community and the Marine

Corps family can come

together in a time of need."

The driver who struck

Smith was reported to have a

blood alcohol level that was

over three times the legal

limit.

"Sometimes we don’t

learn from these things until

it comes close to home," said

George Mangual, director,

substance abuse counseling center. "Those who are

closest to him are affected."

Last year the Naval Medical Center San

Diego admitted 20 people to its psychiat-

try ward for loss of contact to reality due to

spice use, according to Mangual.

If a Marine is caught or suspected of

use of spice or a similar drug they are

immediately referred to the substance

abuse counseling center.

"We do an evaluation to find out the extent of use and if they have a problem, and

every case of spice use there is a recom-

mended administrative separation," said Mangual. "Don’t make this mistake. Just

because they sell it doesn’t mean it’s legal."

Maj. Gen. Bailey discusses diversity at conference

Commanding General’s Welcome Aboard

MCRD San Diego's next Commanding General’s Welcome Aboard will be held Tuesday. The event is an information-based orientation. The program begins at 8:30 a.m., at the MCCS Personal & Professional Development Center (formerly Marine & Family Services), Bldg. 14, with a formal welcome and an overview of programs and services. A bus tour of the depot follows. The tour includes stops at key points of interest around the installation. The tour terminates at the Recreation Center, Bldg. 598, where attendees will be treated to a complimentary luncheon and an Info Expo. The Expo gives attendees the opportunity to get additional information about any of the various programs and services that may be of particular interest to them. Newly arriving service members, their spouses, dependents, retirees, Civil Service/DoD, and NAF employees are invited to attend. It is mandatory for all newly arriving Marines by depot order. For additional information call the relocation assistance program office in Bldg. 14, at (619) 524-5298.

Fitness challenges

Earn points for 101 Days of Summer. There is only one more

lunchtime fitness challenge left before the 101 Days of Summer finale team competition. Individual male and female winners will each earn points for their command. Participants can also earn points for the percentage of your command personnel involved.

The final event is a “Sprint Grenade Toss” scheduled for 11 a.m., to 1 p.m., Wednesday. For information and to sign up, call the Fitness Center at (619) 524-4228.

MyPay access

Military members and federal service employees can now access their personal MyPay accounts using the Common Access Card (CAC). To access the MyPay website with a CAC, card go to the MyPay web page at https://mypay.disa.mil/MPAY.

All MyPay customers will still be

able to access MyPay using a login ID and password. For more information, contact Tom Garcia at (619) 524-4182.

Emergency preparedness: Safe & Well

After a disaster, letting your family

and friends know that you are safe

and well can bring your loved ones great peace of mind. There is a website called Safe and Well, which is designed to help make communication easier and eliminate overloaded telephone systems. It can be found at https://safeandwell.communityos.org/cms/index.php.

Click on the “List Myself as Safe and Well” button to register yourself

on the site. To search for loved ones, family and friends can search the list of those who have registered themselves as safe and well by clicking on the Search Registrants button. The results of a successful search will display a loved one’s first name, last name and a brief message. If you have any questions call the Mission Assurance Office at (619) 524-8432.

Send briefs to:

rdjd_guapo@mcnd.navy.mil. The Chevron staff reserves the right to publish only those briefs that comply with Department of Defense regulations and the standards of the U.S. Government.
Saving lives on the battlefield: Aviation support begins with ordnance Marines

by Pfc. Sean Dennison
2nd Marine Aircraft Wing (Fwd)

KANDAHAR AIRFIELD, Afghanistan — Thousands of Marines and Afghan and coalition troops rely on 2nd Marine Aircraft Wing (Forward) for close air support. Here at Kandahar Airfield, that responsibility is carried on the wings of Marine Attack Squadron 513’s AV-8B Harriers.

Hundreds of Marines work 24 hours a day at the Harrier squadron to ensure an attack jet is ready whenever it’s needed.

But the ordinance, the bombs and bullets that make a Marine Corps Harrier a force to be feared, comes from a handful of Marines just down the road from the attack squadron’s hangar.

Cpl. Philip Trutt, a munitions supervisor with Marine Aviation Logistics Squadron 40, surveys the bombs just assembled by his team of Marines.

A group of GBU-54s, 500 pounds apiece, stand lined in a row, ready to be used in the fight. MALs – 40, a unit which only fully exists on deployment, is a unique amalgamation of Marine Corps aviation logistics assets.

Marines from squadrons across the Marine Corps serve under the MALs – 40 banner in Afghanistan.

With this geographic mix of Marines comes a mix in backgrounds, and MALs – 40 troops come to Afghanistan with both fixed and rotary-wing experience.

“In our military occupational specialty, it’s not so much of an issue because we all get the same basic training,” explained Gunnery Sgt. Lesley Stanley, the MALs – 40 ordinance chief and Myrtle Beach, S.C., native.

“The goal is having the correctly qualified people to complete the mission.”

So some Marines even find themselves developing a new skill set while deployed.

“I’m learning stuff I’ve never learned before,” said Lance Cpl. Nathaniel Wiles, a MALs – 40 ordnance systems technician and Havlock, N.C., native, deployed from MALs – 13 to Marine Corps Air Station Yuma, Ariz. “It’s being an all-around ordnanceman instead of focusing on one job, which to me is better.”

The squadron’s aviation ordnance Marines assemble of munitions, maintain equipment necessary to utilize the munitions, and track distribution and use.

Master Gunnery Sgt. Scott Blair, MALs – 40 ordnance officer for Kandahar and a Marietta, Ohio, native, lists objectives for Kandahar and a Marietta, Ohio, native, lists objectives for MALs – 40.

“Traditionally, the MALs – 40 crew doesn’t do a lot of administrative stuff,” Blair said. “But the MALs – 40 crew is having to be very, very hands-on on the ground. It’s a big difference from MALs – 13.”

The MALs – 40 crew focuses on all aspects of ordnance, from loading and unloading to maintenance.

“Traditionally, the MALs – 40 crew is having to be very hands-on on the ground,” Blair said. “It’s a big difference from MALs – 13.”

The MALs – 40 crew focuses on all aspects of ordnance, from loading and unloading to maintenance.

“The end state is that these Marines know that they’re saving lives on the battlefield,” said Blair. “It’s a way of life.”

With this geographic mix of Marines comes a mix in backgrounds, and MALs – 40 troops come to Afghanistan with both fixed and rotary-wing experience.

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A recruit from Company C begins his descent down a 60-foot rappel tower Aug. 5 aboard Marine Corps Recruit Depot San Diego. Drill instructors watch the recruits from above and below to ensure their safety.

Instructional Training Company drill instructors inspect recruits' harnesses before allowing them to descend the rappel tower aboard Marine Corps Recruit Depot San Diego Aug. 5. Safety is the most important factor when recruits face the 60-foot rappel tower.

Company C recruits watch as Sgt. James Barnhill, Instructional Training Company drill instructor, shows them how to make their harness out of a length of rope Aug. 5. They were to follow the directions meticulously to make sure their harness was tight enough to hold.
Lance Cpl. Katalynn Rodgers

For three months the recruits of Company C have overcome obstacles, swim qualification, the confidence course and countless other challenges. August 5 they overcame their biggest challenge to date.

The depot’s rappel tower shoots 60 feet into the San Diego skyline terrifying those afraid of heights and giving recruits exciting Marine Corps training.

“Just like the pool, some are afraid of water (and) others are afraid of heights,” said Sgt. Christopher Blas, drill instructor, Company C, 1st Recruit Training Battalion. “The tower teaches them that they need to trust their equipment and their leaders. It allows them to overcome their fears, and with that confidence, they can increase what they do through a better mindset.”

The recruits of Company C got used to the tower by fast roping before their rappelling classes. Fast roping is a method for quick insertion on an objective from a helicopter. The recruits slide down a 15-foot rope, grabbing it with both hands and using the inner portion of their boot to control their descent. After hitting the ground, they run to collect a length of rope, a carabiner and gloves. With equipment in hand, the recruits gathered on bleachers to learn how to make a rappel harness and the art of rappelling safely.

Drill instructor demonstrators showed the recruits how to go down the wall and the proper way to use their guide and brake hands. The recruits hold the rope with their left hand at about chest level and use their right hand to hold the rope at the small of their back or at their sides. The recruits only needed to apply about 20 pounds of pressure with their brake hand to stop themselves.

To show the recruits how safe they are, demonstrators purposely fell and hung upside down on the tower while the drill instructors on the ground stopped them from falling by pulling the rope tight. “Chances are they’ll have a death grip on the rope when they go down the wall anyway,” said Sgt. Garrett Griebenow, static rope suspension trainer, Instructional Training Company, Support Battalion.

Before they can descend the tower they are thoroughly inspected by ITC drill instructors to make sure their harnesses are tightly secured.

“I don’t like heights, but I’m not scared, just nervous,” said Recruit Justin Lyman, Co. C, 1st RTBN. “I trust my drill instructors to save me if I fall.”

Once checked the recruits lined up at the ladder to go up the tower. At the top were ITC drill instructors ready to strap the recruits to their respective ropes. Recruits went down the wall or through a hole that was meant to simulate the “hell-hole” of a helicopter.

“The recruits will be going to different MOSs (military occupational specialty),” said Sgt. Derek Durazo, drill instructor, ITC, Support Battalion. “They still need to know how to do things like this.”

Upon finishing their descent, the recruits do one side-straddle hop, announce “recruit off rappel,” and then return their gear to respective areas.

“I’ve done stuff like this before,” said Recruit Robert Pena, Co. C, 1st RTBN. “I enjoyed it, it was fun.”

Lance Cpl. Katalynn Rodgers

Recruits from Company C line up at the bottom of a ladder to wait to go down the rappel tower aboard Marine Corps Recruit Depot San Diego Aug. 5. Some recruits shook in anticipation and fear as they waited.
Retired Devil Dogs learn new tricks

by Lance Cpl. Cristal Druery

Chevron staff

Marine Corps Community Services held a Military Retiree Fair Aug. 6, for local retirees and active duty with less than two years left in the Marine Corps.

The fair consisted of 25 booths providing updated information to beneficiaries on new policies regarding retirement benefits. The booths ranged from burial to education benefits.

“My booth was one of many attending a booth, eager to share information available,” said Sharon Landon, department on benefits they’re not aware of,” to benefits, explained Blas.

“We wanted to provide a one-stop shop so the retirees could gather all the information and resources they need,” said Faye L. Blas, director of personal and professional development, MCCS.

Once retired, prior service members usually aren’t as involved on base or with the Marine Corps, so many do not receive information on changes to benefits, explained Blas.

“It educates the community on benefits they’re not aware of,” said Sharon Landon, department veteran affairs, Fort Rosecrans and Miramar’s National Cemetery.

MCCS donates $18K toward ticket costs for birthday ball

Brent Pose, director, Semper Fit, and Natalia Hobart, sponsorship coordinator, Marine Corps Community Services, left, present a check for $18,094.73 Wednesday, to, from left to right, Col. Wayne W. Chiu, commanding officer, Headquarter and Service Battalion, Sgt. Maj. Michael Brookman, battalion sergeant major, Headquarter and Service Battalion, and Lt. Col. Gregory Bond, director, Marine and Family Services Program.

The money is going toward the Marine Corps Recruit Depot’s Birthday Ball fund. The donation is the direct result of the golf tournament fundraiser MCCS hosted in May. MCCS hosts two fundraiser events a year to help reduce the ticket prices for Marines attending MCRD’s birthday ball.

BAH 1

“What it comes down to is that we have barracks, and we’re going to use them,” said Chiu.

When barracks are below the minimum occupancy rate, commanders will only make exceptions for Marines with extraordinary circumstances. For example, Marines with custody of a child may qualify as an exception.

Not all BAH packages will be denied,” said Chiu. “It really is a case-by-case basis; if the Marine can show that he (or) she is legitimately trying to do the right thing when applying under extraordinary circumstances, then it is quite possible that the unit commander may approve that package. We are simply doing a better job of filtering for the difference.”

Single Marines already receiving BAH will not have it taken away if we simply do a better job of filtering for the difference.”

“We want to keep the retirees updated on legislative changes and benefits, so we’re going to try and hold it once a year,” said Blas.

Three volunteers for the above-mentioned companies.

Joe Harper

Parade Reviewing Officer

Joe Harper is the director of the Del Mar Thoroughbred Club

Harper is the director of the Del Mar Thoroughbred Club.

Harper is also the president of the California Racing Association (TRA).

“The intent of MARADMIN 429/11 is to optimize use of unaccompanied personnel housing facilities across the force,” said Chiu. “It will also help enforce a goal in the BBQ Campaign Plan to put service members back in the barracks to reinnate good order and discipline that has been lacking in their absence.”

Joe Harper is the director of the Del Mar Thoroughbred Club.

Harper is also the president of the California Racing Association (TRA).

A native California, Harper is the grandson of Ceci B. deMille, the famed producer, and is the father of four daughters and “grandpa” to nine grandchildren.

Sharon Landon, Department of Veterans Affairs, Fort Rosecrans and Miramar National Cemetery, shares burial benefits that are offered under the VA. Her booth was one of 25 at the Marine Corps Community Services Military Retiree Fair Aug. 6. The fair was open to local retirees and active duty personnel with less than two years left in the Marine Corps.
KILO COMPANY

3rd RECRUIT TRAINING BATTALION
Commanding Officer
Lt. Col. C. C. Stevens
Sergeant Major
Sgt. Maj. E. Gonzalez
Battalion Drill Master
Staff Sgt. J. A. Cargile

COMPANY K
Commanding Officer
Capt. K. C. Creutzburg

SERIES 3221
Senior Drill Instructor
Chief Drill Instructor
Staff Sgt. J. A. Cargile
Staff Sgt. J. J. Carter

SERIES 3222
Senior Drill Instructor
Drill Instructor
Staff Sgt. R. S. Garcia
Sgt. J. C. Dodson

SERIES 3223
Senior Drill Instructor
Drill Instructor
Sgt. B. L. Wesson

SERIES 3225
Senior Drill Instructor
Drill Instructor
Sgt. J. A. Cargile

SERIES 3227
Senior Drill Instructor
Drill Instructor
Sgt. S. P. Gentry

**Indicates Meritorious Promotion**
Chevron staff

“I know we’re not walking,” said Police Officer II Edwin K. Garrette, with the San Diego Police Department, Sports Training, Academic, Recreation/Police Athletic League volunteer, who was encouraging some of the children at the San Diego Chargers Junior Training Camp August 4. “You run on the football field.”

The San Diego Chargers and San Diego Police Athletic League invited local children to participate in their free annual football skills camp as part of the NFL’s Play 60 Program. The Play 60 Program encourages kids to spend 60 minutes a day playing to combat childhood obesity. The San Diego Chargers Junior Training Camp is participating in the program by having the kids play football for 60 minutes while at the camp, explained Kimberley Layton, director of community relations for the San Diego Chargers.

Marine Corps Community Services jumped on board and escorted 24 Marine Corps Recruit Depot San Diego children to the camp. It has been held for 10 years to allow children to have a safe and fun time while learning about a healthy lifestyle from people who can be a positive influence. MCCS has been taking local military children to the camp four years in a row.

“This camp is only offered for nonprofit organizations, such as the Boys and Girls Club and YMCA. “It encourages kids to go outside and be active for 60 minutes,” said Layton. “This is a good way to remind kids being outside and running around is fun.”

The volunteers that help make this possible for the children are law enforcement and collaborative partners assigned to STAR/PAL. The volunteer officers wore regular civilian clothes to help build relationships with the children, said Garrette.

“If we can build relationships with the kids at a young age, maybe they won’t get in trouble when they are older,” said Garrette.

The military and law enforcement go hand-in-hand, he explains, so Garrette and his co-workers support the military and enjoy being able to come out to work with military children. The children displayed ear-to-ear grins the full hour of running drills with the volunteers. “It was fun tackling the football pads,” said Bradley Brown, 13, participant.

“This is also an opportunity for the military children to bond and have someone to relate to while staying active. “We invite them out so the kids can just be kids,” added Layton.

### Marine Corps kids attend Chargers football camp

BY LANCE CPL. CRYSTAL DREUERY

Chevron staff

“San Diego is filled with military (personnel) so it’s nice to give them support by reaching out to their families,” said Layton.

“Marine Corps Community Services escorted 24 Marine Corps Recruit Depot San Diego children to the San Diego Chargers Junior Training Camp Aug. 4. MCCS has been bringing children out four years.

Lance Cpl. Eric Quintanilla

Lance Cpl. Crystal Dreuery

Cameron Reyes, 7, attacks one of the pads on the San Diego Chargers Junior Training Camp August 4. Cameron and 23 other military children attended with Marine Corps Community Services. MCCS has been bringing children out four years.

Lance Cpl. Eric Quintanilla

Marine Corps Community Services escorted 24 Marine Corps Recruit Depot San Diego children to the San Diego Chargers Junior Training Camp Aug. 4. MCCS has been taking military dependents to this camp for the last four years.

Lance Cpl. Crystal Dreuery

Lance Cpl. Eric Quintanilla

Jonathan Brown, 9, runs football drills at the San Diego Chargers Junior Training Camp. The camp is part of the NFL’s Play 60 Program which encourages children to play for 60 minutes a day.