

Sports fanatic puts service members first

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CHEVRON

AND THE WESTERN RECRUITING REGION

Co. G finishes Phase II

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Vol. 71 – Issue 31

“WHERE MARINES ARE MADE”

FRIDAY, OCTOBER 21, 2011

Operation New Dawn concludes, Marines leave Iraq

BY CPL. LUCAS VEGA
Marine Forces Central

UMM QSAR, Iraq — The last 12 United States Marines safely departed Umm Qasr, Iraq to Camp Arifjan, Kuwait, Oct. 14, ending the branches' presence in Iraq which began during March 2003 in support of Operation Iraqi Freedom.

Now Operation New Dawn, the 13 members of Iraqi Marine Training Team – 03, 1st Marine Expeditionary Force, arrived in Iraq mid-May with the mission of training the Iraqi Marine Corps and Navy. IqMTT-03 also included a United States Navy corpsman.

During the team's five-month tour, they trained the Iraqi Marines and sailors in vehicle borne search and seizure, entry control point/vehicle control point procedures, leadership development, Marine Corps Martial Arts, Key

Leadership engagements and communications.

Prior to the team's departure, the Marine Corps did not have any units left in Iraq, only this small training team.

“This is officially the end of our mission here in Iraq,” said Col. Eric Thomas, the Marine Forces Central Command Marine Coordination Element-Kuwait officer in charge, as he addressed the Marines during an informal ceremony held at the forward operating base. “You should all be proud to be a part of this day in Marine Corps history.”

Major operations in Iraq for the Marine Corps ended in January 2010. The final Marines in Iraq were the third of two teams prior to them who worked cooperatively, training the Iraqi navy and Marine Corps. The first team, IqMTT-01 arrived in 2009.

“The beginning is just as

important as the end,” said Maj. Monte Powell, commander, IqMTT-03, discussing the influence Marines have made on the Iraqi military throughout Operation New Dawn. “It's definitely a historic event to be a part of...to be the last Marine team here and understanding the sacrifice of those before us.”

Powell, a Tulsa, Okla. native, was in charge of the last Marine operation in Iraq. He described the footprint engraved not only on the nation of Iraq, but the skills and knowledge forever embedded in the Iraqi Marines and sailors.

“The Marine Corps relationship with the Iraqi Marines will be an everlasting bond,” Powell said in a media release from Third Army public affairs. “The Marine Corps warrior ethos and spirit is cemented with the Iraqi Marines

see IRAQ ▶ 2



Cpl. Lucas Vega

Sgt. Skyler Feller, training adviser assigned to Iraqi Marine Training Team Three, holsters his weapon in preparation for the convoy's departure from Umm Qasr, Iraq, Oct. 14. The 13 members of the training team were the last Marines in Iraq in support of Operation New Dawn. Major operations in Iraq for the Marine Corps ended in 2010. U.S. military forces entered Iraq starting in 2003 in support of Operation Iraqi Freedom.



Lance Cpl. Eric Quintanilla

Sixty-five riders participating in the Ride for Semper Fi cross the finish line at the Bay View Restaurant aboard Marine Corps Recruit Depot San Diego, Oct. 15. The Riders spent five months in a rigorous training program that had them riding more than 2,000 miles to prepare for the 430-mile, four-day bicycle ride.

Riders for Semper Fi donate \$320,000

BY LANCE CPL. ERIC
QUINTANILLA
Chevron staff

Friends and family cheered as their loved ones crossed the finish line of the fourth annual Ride for Semper Fi at the Bay View Restaurant aboard Marine Corps Recruit Depot San Diego Oct. 15.

The 430-mile bicycle ride began in Scottsdale, Ariz., and helped raised money for the Injured Marine Semper Fi Fund. The Semper Fi Fund provides service members and their fami-

lies immediate financial assistance to help with hospital bills and recovery assistance.

The four-day bicycle ride included injured former Marines who have benefited from the organization in the past as well as avid bicycle riders who wanted to help the cause. Riders completed between 89 and 112 miles per day. On the third day, as riders were riding into Julian, Calif., they overcame temperatures of more than 100 degrees with 34 of their daily miles taking them uphill.

see RIDE ▶ 2

Prevention, awareness key to SoCal fire safety

BY LANCE CPL. KATALYNN
RODGERS
Chevron staff

Even though California's fire season is winding down, people should remain prepared for the possibility of a fire in or near their homes and workplaces.

Families can be prepared for an emergency by knowing possible fire threats and measures to be taken to prevent fires.

“Fires in California are harder to contain,” said Jerry P. Dominguez, intelligence analyst, Mission Assurance Branch. “We have a lot of dry areas to the east. With southern California being mostly coastal towns you'd figure we'd get a lot of rain throughout the

year, but we don't. We tend to have a few dry spell years.”

Dominguez added that those dry spells help make fuel for the fires. Shrubs and trees dry out, making it easier for them to catch fire. When it rains lightly in San Diego, it allows for more plants to grow, which adds more fuel for a fire.

Families need to be prepared to keep themselves safe, not just their homes.

“It's important to know about fire safety so that you know where to go to get information and what you should do in an emergency,” said Dominguez.

According to Dominguez, the

see FIRE ▶ 8

Navy celebrates 236th birthday

The youngest sailor aboard Marine Corps Recruit Depot San Diego, Seaman Gage Farry, left, MCRD Branch Medical Clinic hospital corpsman, takes a bite of cake in honor of the Navy's 236th birthday during a celebration at Duncan Hall Oct. 13. According to naval tradition, the oldest sailor, Capt. Penny Heisler, MCRD BMC officer-in-charge, right, is supposed to cut the cake, take a bite and announce whether or not it is edible. The oldest sailor then cuts a slice for the youngest sailor who also declares whether or not the cake is edible.



Lance Cpl. Katalynn Rodgers

Lady GaGa impersonator entertains at MCCS Ball Gown Giveaway



Lance Cpl. Crystal Druey

Men and women participate in a fashion show as part of the Marine Corps Community Services Ball Gown Giveaway singing and dance along with a Lady GaGa impersonator at the Bay View Restaurant aboard Marine Corps Recruit Depot San Diego Oct. 14. Volunteers modeled several of 1,500 ball gowns donated by San Diego women as participants enjoyed a complimentary dinner. All women who attended took home a free dress, a pair of shoes and an accessory. "We want the younger spouses to be able to come here (to the Marine Corps Birthday Ball) and not feel intimidated while taking pressure off finding a gown for the ball," said Natalie Francisco, MCCS Marine Corps Family Team Building

RIDE ◀ 1

"We had injured Marines with us who made those same climbs. These are people who have come back from catastrophic injuries," said John Greenway, founder and chairman of Ride for Semper Fi. "The amount of inspiration that gives the other riders is just unbelievable. You see people rise to another level of athleticism."

Riders crossed the finish line with military and police escorts, where family and friends waited to greet their loved ones with signs, flags and cow bells.

"When you finally come across the finish line and see your family and see this beautiful place, a place of history and heroes, it's a great feeling. It's hard to even put in words how great it feels," said Greenway.

After an emotional reunion with family and friends, Ride for Semper Fi presented a check to representatives of the Semper Fi Fund. Participants, who were between the ages of 16 and 72 years old spent approximately six months fundraising in their communities to reach \$320,000.

"The proceeds from six months of hard work is going to touch literally hundreds, if not thousands, of lives," said Greenway.

The representatives from Semper Fi Fund were very grateful for the donation.

"The need is as great today as it was a couple years ago, our hospitals still have wounded coming

in, still have those who have become critically ill during this conflict and we need to take care of them," said Wendy Lethin, Semper Fi Fund. "The wonderful thing is that we have community organizations and people like the ride for Semper Fi that's going towards efforts to take care of our injured."

The riders spent about five months together preparing for the trek with a rigorous training regime that had them riding more than 2,000 miles, including daily rides up to 100 miles.

"I think if you take the

definition of heroes, every rider out here is a hero -- the amount of time, effort and commitment they put into this ride is unbelievable," said Maj. Tres Smith, Ride for Semper Fi rider.

Last year, Ride for Semper Fi donated a portion of its fundraising efforts to Smith's recovery from injuries he sustained in Afghanistan.

"If someone was struggling everybody else was sticking with them, they would carry someone up the hill. Everybody was there to support everybody else," he added.

Ride for Semper Fi started with 21 riders in 2008 after Greenway attended his nephew's Marine Corps boot camp graduation. They have raised more than half a million dollars in their first three years.

"Each one of these kids was going to make a bigger sacrifice than anything I've ever done in my life," said Greenway. "I realized that day all these kids come back changed, some would come back injured and some would never come back. I thought, 'you know what, it's time to do something -- to be part of a bigger cause.'"



Lance Cpl. Eric Quintanilla

Representatives from Ride for Semper Fi present a check for \$320,000 to the Injured Marine Semper Fi Fund at the Bay View Restaurant aboard Marine Corps Recruit Depot San Diego Oct. 15. Sixty-five riders spent six months fundraising in their communities to donate to the fund after completing a 430-mile bicycle ride from Scottsdale, Ariz., to MCRD.

team left on the Iraqi Marines and sailors.

"I think a lot of them [Iraqi Marines] were impressed with the training we had to offer," said Lowett. "They were always interested, always excited and eager to train and learn."

Lowett explained that a large majority of the Iraqi Marines did not have the opportunity to receive hands on martial arts instruction. However, Lowett and his team of training advisers were forwarded the chance to demonstrate a wide variety of martial arts techniques for about 100-150 Iraqi Marines during the five-month tour.

"It's important to make a statement to the Iraqi Marines and the country that we as Marines are leaving a positive image that they will never forget," said Lowett, a Chicago native.

U.S. military forces have been training Iraq's military and security forces to promote country security and stability for more than half a decade. The U.S. Marines trained Iraqi military and security forces, ensuring that once the U.S. military presence in Iraq ends, the nation is capable of conducting independent counterinsurgency operations, as well as being tactically, operationally and logistically proficient.

BRIEFS

Make a Difference Day Walk and Wellness Expo

Semper Fit Health Promotions hosts a Make a Difference Day Walk and Wellness Expo tomorrow, giving participants the opportunity to honor mothers, wives, girlfriends and sisters who have been affected by breast cancer and/or domestic violence.

The event will be held at the MCRD Exchange Mall.

- Registration/Check-in – 8 to 9 a.m.
- 1.5-mile Walk – 9 to 10 a.m.
- Wellness Expo – 8 to 11:30 a.m.

Register online at mccsmcrd.com. The event is free and the first 300 women and 100 men to register receive a free gift.

For more information, call Andrea Callahan, Semper Fit Health Promotions at (619) 524-8913 or via e-mail at CallahanAL@usmc-mccs.org.

Volunteers needed

The Single Marine Program is looking for volunteers to help beautify the Center for Living in Harmony tomorrow. Volunteers will be weeding, planting and creating decorative landscaping. The center is at Valley Center, Calif., and volunteers are needed from 9 a.m. to noon.

Round-trip transportation is provided. For information and to volunteer, call Diana Vuong, Semper Fit Administrative Assistant, at (619) 524-8083 or via e-mail at vuongd@usmc-mccs.org.

Knott's Scary Farm trip

The Single Marine Program is sponsoring a trip to Knott's Scary Farm tomorrow. The cost is \$15 per person with round-trip transportation provided.

Space is limited and the trip is open to single or unaccompanied service members aboard MCRD San Diego only.

For more information, please contact Diana Vuong, Semper Fit Administrative Assistant, at (619) 524-8083 or vuongd@usmc-mccs.org.

Library closure

The depot library is closed until Nov. 14 for installation of a steam heating system. For questions concerning library services such as how to return books, CD, DVDs, etc., call (619) 524-5728 or 5732.

State tax exemption filing deadline

Nine states do not withhold state income tax for active duty service members provided certain conditions are met. Residents of the following states must complete a DD Form 2058-1 prior to Dec. 31, for the tax exclusion to continue uninterrupted. The states are: Connecticut, Illinois, Missouri, Montana, New York, New Jersey, Ohio, Oregon and West Virginia.

POC at CPAC is G. C. Saubon at (619) 524-6101.

A Journey through Boot Camp

Follow Sgt. Whitney N. Frasier as she blogs about Company G's boot camp experience at www.transformationofmarines.wordpress.com

Send briefs to:

rdsd_pao@usmc.mil. The Chevron staff reserves the right to publish only those briefs that comply with Department of Defense regulations and the standards of the U.S. Government.

IRAQ ◀ 1

and they will continue to improve and defend the country of Iraq against all enemies both foreign and domestic."

The Marine Corps Martial Arts Instructor for the Iraqi Marine and sailor training engagement was 1st Lt. Mark Lowett, an air support control officer from Marine Air Support Squadron Two. Lowett individually augmented to deploy to Iraq in support of IqMTT – 03's mission shortly after graduating the Basic School in Quantico, Va.

Throughout the training, Lowett expressed the impression he believed the

Around the depot

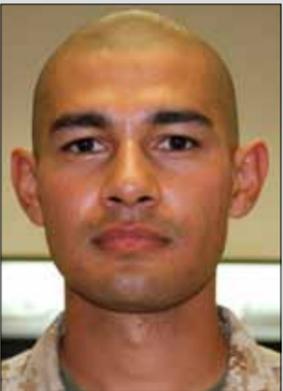
This week the Chevron asks: "What is your favorite part about Halloween?"



"My favorite part about Halloween is the get togethers." Gunnery Sgt. Jeff Liske, student, Drill Instructor School, Recruit Training Regiment



"My favorite part of Halloween has to be dressing up. Plus, I love candy so it all works out." Pfc. David Sanders, Basic Marine Platoon, Support Battalion, Recruit Training Regiment



"My favorite part about Halloween is that my kids look forward to it. It makes it fun for the parents." Staff Sgt. Jose Andazola, student, Drill Instructor School, Recruit Training Regiment



Cpl. Justin Wheeler

A KC-130J Hercules aircraft assigned to Marine Aerial Refueler Transport Squadron 152, lifts off from Marine Corps Air Station Futenma, Oct. 15. The aircraft departed for Don Mueng, Thailand, with a 10-man Humanitarian Assistance Survey Team. The team's mission is to travel to the affected areas and conduct required humanitarian assistance and disaster relief support assessments. Marine Aerial Refueler Transport Squadron 152 is assigned to Marine Aircraft Group 36, 1st Marine Aircraft Wing, III MEF.

III MEF assesses flooding in Thailand

BY CPL. JUSTIN R. WHEELER
Marine Corps Base Camp Butler

MARINE CORPS AIR STATION FUTENMA, OKINAWA, Japan — A humanitarian assistance survey team, consisting of 10 Marines from III Marine Expeditionary Force, departed from here for Bangkok, Thailand, to assess the flooded areas and the magnitude of assistance needed Oct. 15.

Significant rainfall from the monsoon season resulted in flooding, affecting 8.2 million people in 61 of 77 provinces in Thailand. The Thai government made a request to the U.S. government for assistance, and III MEF quickly assembled a team, tasking them with a four-day mission to identify key areas, scope and possible duration of subsequent support from U.S. forces.

"Recent floods have caused a lot of human suffering among the people of Thailand," said Col. John A. Ostrowski, officer-in-charge of the HAST. "We are going to see what it

is that we can potentially provide with our capabilities to help alleviate that suffering. It's key that we provide just what they need."

The role of the Marine Corps during any humanitarian assistance and disaster response is to rapidly respond with critically needed capabilities to deliver assistance and relief to the area requiring immediate aid. III MEF regularly trains to respond to natural disasters during exercises held on Okinawa and throughout the Asia-Pacific region. III MEF's readiness to rapidly respond and provide aid to partner nations in the Asia-Pacific region was demonstrated during Operation Tomodachi, the Japan-U.S. effort to provide essential resources and aid to those affected by the March 11 earthquake and subsequent tsunami in mainland Japan.

Prior to the deployment of a large number of forces in support of a HA/DR mission, a HAST deploys to an affected area to assess and gain information essential for planning.

"This event highlights the responsiveness of III MEF in the Pacific theater," said

Ostrowski. "Less than 12 hours ago, we received word that they may need assistance and now here we are about to board a plane. Like we've done for many years in the Pacific, we are deploying with today's team; today's forces for today's events."

The team is made up of subject matter experts in the fields of aviation, logistics and medicine. These planners took with them approximately 18,000 sandbags to supplement the relief efforts to those in the disaster stricken areas.

Lance Cpl. Luis A. Villa, a data network technician with 7th Communications Battalion, III Marine Expeditionary Force Headquarters Group, III MEF, is a part of the HAST and is conducting his first mission in support of a disaster-relief operation. His job is to ensure members of the HAST have communications.

"I really want to see what's going on and help out," said Villa. Villa, who has been to Thailand before during an exercise, is excited to return and help the people of Thailand.



Cpl. Justin Wheeler

A humanitarian assistance survey team consisting of 10 Marines, from III Marine Expeditionary Force, boards a KC-130J Hercules assigned to Marine Aerial Refueler Transport Squadron 152, Marine Corps Air Station Futenma. The team traveled to disaster affected areas in Thailand, which has sustained devastating flooding from monsoons, to conduct assessments and determine the required humanitarian assistance or disaster relief support.



Cpl. Justin Wheeler

Cpl. Robert J. Maurer, a combat cameraman with the humanitarian assistance survey team, loads his equipment into the back of a 8-passenger van on the Marine Corps Air Station Futenma, Oct. 15. The team boarded a KC-130J Hercules to travel to the flooded areas in Thailand. The country sustained devastating flooding and the team's mission was to conduct assessments, determining required humanitarian assistance and disaster relief support. III MEF regularly trains to respond to natural disasters during exercises held on Okinawa and throughout the Asia-Pacific region.



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Sgt. Whitney N. Frasier

A recruit with Company G, 2nd Recruit Training Battalion, moves between obstacles at Copeland's Assault Course, Oct. 14. Copeland's Assault Course is introduced during field week in second phase and teaches recruits how to apply small unit leadership. It also affords them a chance to practice low crawls, clearing procedures and buddy rushes.



Sgt. Whitney N. Frasier

Recruits use teamwork to make it through the last leg of a eight-mile hike, Oct. 8. Teamwork is a concept the Marine Corps stands by and will follow recruits out of boot camp into the fleet.



Recruits from Company G, 2nd Recruit Training Battalion, march on from gear that took place during second phase. More than 500 recruits learned events such as the hikes in second phase because they are doing some platoon 2151, Company G, 2nd RT Bn.

Second Phase recruits s

“They have gained confidence and pride because they have made it this far. A sense of accomplishment exists in them now, knowing they are that much closer to earning the title of a U.S. Marine.”

BY SGT. WHITNEY N. FRASIER
Chevron staff

Recruits wake up one Monday morning realize they have survived eight weeks of Corps boot camp yet they are only on tra day 42. They probably could never figure math on that one, but they don't care bec phase two is finally behind them and the the end of the tunnel is coming into view.

“The main purpose of second phase is become proficient in marksmanship train said Sgt. Daniel Downing, drill instructor platoon 2155, Company G, 2nd Recruit T Battalion. “Becoming well qualified in ba marksmanship and properly applying the basics at known distances and close quar the most important aspect of these few w because it is the only graduation requiren this phase.”

Recruits will spend an entire week lea the essentials of the different positions an fundamentals of shooting. A lot of this ti is spent snapping in or simply practicing they can expect to encounter the followin during rifle qualifications.

By the time recruits make it to firing week, their bodies should be accustomed



Recruits sight in on their targets and prepare to fire during rifle qualifi during firing week they are given assistance by primary marksmanship recruits proper shooting techniques and positions.



Sgt. Whitney N. Frasier

in their first conditioning hike, Sept. 27. This hike was in preparation for the eight-mile hike with additional importance of keeping up in formation and playing their role as part of a team. Many recruits enjoy the something different than drill and learning Marine Corps knowledge, explained Sgt. Jesus Felix, drill instructor,

shoot rifle, learn basic warrior training

the positions they will shoot from and the fundamentals of shooting have become part of their muscle memory.

“Second phase was fairly successful,” said Sgt. Jesus Felix, drill instructor, platoon 2151. “The company didn’t drop anyone for not qualifying.”

Field week is the final week of the phase and can present some challenges for certain recruits.

“They learn basic field training such as land navigation, reading maps and implementing small unit leadership,” said Downing, 28, Owosso, Mich. “The recruits are broken down into fire teams and squads for the purpose of teaching them movement formations while in the field environment.”

These fire teams and squads also place recruits with a responsibility according to the billets they are assigned. Recruits will use their billets when participating in combat-like obstacle maneuvers that require making command decisions.

“Going to the field gives the recruits a taste of what it’s like to be a Marine,” said Felix, 24, Garden City, Kan. “They will learn the importance of every recruit playing their role so no one else has to pick up the slack. It’s all about teamwork.”

Sgt. Justen Greidanus, drill instructor, platoon 2150, explained teamwork isn’t just for the field as it has been instilled since day one, but it’s not likely recruits will actually realize the significance of it during certain events like the hikes until it actually happens. When it does, they have the drive to want others to be successful around them by pushing themselves and each other to their limits.

“Another purpose of the hike is to introduce the recruits to the gear they will be issued in the fleet, how to wear it and check for serviceability,” said Greidanus, 24, Graham, Wash.

Of course, it also helps them to gradually prepare for the rigors of combat and get used to hiking with gear and added weight explained Downing.

Following the rifle range, field week and three conditioning hikes, the recruits seemed to have adapted to boot camp and comprehend the day to day activities making it easier for drill instructors to work with recruits.

“They have gained confidence and pride because they have made it this far,” said Downing. “A sense of accomplishment exists in them now knowing they are that much closer to earning the title of a U.S. Marine.”



Sgt. Whitney N. Frasier

Staff Sgt. Andres Navarro, drill instructor, platoon 2156, Company G, 2nd Recruit Training Battalion corrects a recruit during second week in second phase. During this week, green-belt drill instructors stay off the firing line to be sure not to add any extra pressure to recruits trying to qualify with a weapon.



Sgt. Whitney N. Frasier

A recruit falls behind during the eight-mile hike, Oct. 8. The eight-mile hike is the final hike they will take while in second phase. This hike gives recruits the opportunity to familiarize themselves with the gear they will be issued in the fleet, how to properly wear it and check for serviceability.



Sgt. Whitney N. Frasier

communications, Oct. 6. Before and

instructors who teach the



Sgt. Whitney N. Frasier

Staff Sgt. Anthony Glenn II, senior drill instructor, platoon 2155, Company G, 2nd Recruit Training Battalion, instructs his recruits to war cry while conducting field operations, Oct. 14. The war cry is a tradition used in boot camp during various events that require recruits to yell at the top of their lungs before charging an obstacle.



Sgt. Whitney N. Frasier

A recruit spins a lollipop during firing week to notify the shooter of a missed shot, Oct. 4. Rifle qualification is the only graduation requirement during second phase. For this reason, recruits are given a week of instruction known as grass week prior to their qualification week.

Commandant of the Marine Corps addresses recruiting station commanders



Sgt. Cristina Porras

Commandant of the Marine Corps, General James F. Amos, speaks to recruiting station commanders during the National Commanders' Conference at the Omni Hotel in San Diego Oct. 18. Amos spoke to the audience about the importance of diversity in the Marine Corps and addressed commanders' concerns. He also thanked them for their hard work and dedication in ensuring only the best and brightest men and women are selected to become United States Marines. The annual NCC is held to honor recruiting stations that have contributed greatly to the Marine Corps recruiting mission during the previous fiscal year and prepare for the next year.

Col. Michael M. Frazier

Parade Reviewing Officer

Col. Frazier graduated from the University of California San Diego and was commissioned as a second lieutenant in March 1985 through the Platoon Leaders Class program. Upon completion of The Basic School and the Field Artillery Officer Basic Course, he reported to 1st Battalion, 11th Marine Regiment, where he served as a forward observer, fire direction officer, platoon commander, and executive officer with Battery B and deployed twice with Battalion Landing Team 2nd Bn., 1st Marines.

In May 1989, Frazier was ordered to 2nd Recruit Training

Bn., Recruit Training Regiment, Marine Corps Recruit Depot San Diego. There he served as a series officer and, after being promoted to captain in February 1990, as the commanding officer of Company H.

After graduating from the Field Artillery Officer Advanced Course, Frazier reported to 1st Bn., 10th Marines in July 1992, where he served as the battalion fire direction officer, commanding officer of Battery B, and as the battalion logistics officer.

His next assignment was at the Warfighting Development Integration Division of the Marine Corps Combat Development Command where he was promoted to major in January 1996. There, he served as the fire support assessment officer and as the command and control integrator. Additionally, he was the commanding general's aide.

In August 1998, Frazier was transferred to the 11th Marine Regiment. He initially served as the regimental logistics officer, then as executive officer for 2nd Bn., 11th Marines. While serving as the regimental operations officer, he was promoted to lieutenant colonel in June 2001.

In August 2001, Frazier was reassigned to the Marine Corps Combat Development Command where he served as the Ground Combat Element branch head in Total Force Structure Division and as the naval surface fire support requirements officer in Materiel Requirements Division. Additionally, during 2002, he deployed to southwest Asia in support of Marine Forces U.S. Central Command.

Frazier took command of 2nd Bn., 11th Marines in June 2003. In September 2004, he deployed with the battalion to the Al

Anbar Province in support of Operation Iraqi Freedom II. Upon relinquishing command in July 2005, he was reassigned as the 11th Marines executive officer.

From 2006 through 2007, Frazier was a student at the Industrial College of the Armed Forces. He was promoted to colonel in October 2006.

From 2007 to 2009, Frazier was assigned to joint duty with the Office of the Secretary of Defense (Acquisition, Technology, and Logistics). There, he executed a variety of prototype development projects focused on enhancing small unit and interagency capabilities.

In July 2009, Frazier was assigned to Combat Development and Integration Department, Headquarters Marine Corps, where he served as the director of the Fires and Maneu-

ver Integration Division within the Capabilities Development Directorate.

In July 2010, Frazier reported to 1st Marine Division where he currently serves as the commanding officer for 11th Marine Regiment.



Master Gunnery Sgt. Carl D. Shepard

Parade Reviewing Officer

Master Gunnery Sgt. Carl D. Shepard was born in November 1962, in Lafayette, Ala. He enlisted in the Marine Corps in September 1981 and in November attended recruit training at Marine Corps Recruit Depot Parris Island, S.C.

After graduating from his military occupational specialty school as an anti-tank assaultman, Shepard was transferred to Marine Barracks, Rota, Spain in April 1982. He served as a Marine security guard for two years and was also promoted to corporal.

After leaving Spain in 1984, Shepard made a lateral move into MOS 5711 or nuclear, biological, and chemical defense specialist. His first duty

station as an NBC specialist was with 3rd Battalion, 11th Marine Regiment, 1st Marine Division. He served as the battalion NBC noncommissioned officer in charge until 1986.

In July 1986, Shepard transferred to Marine Aircraft Group 14, 2nd Marine Aircraft Wing, Cherry Point, N.C., where he served as the NBC chief for three years.

In July 1989, Shepard attended Drill Instructor School at MCRD, San Diego. Upon graduation he was assigned to Company H, 2nd Recruit Training Bn, where he served as a drill instructor and senior drill instructor. While on the drill field, Shepard was selected for promotion to staff sergeant.

In January 1992, Shepard was transferred to the 13th Marine Expeditionary Unit Command Element, where he served as the NBC chief and assistant air officer. He deployed to Operation Restore Hope in Somalia, Africa in 1993 and then again in 1995 for the same operation.

In July 1995, Shepard transferred to 1st Supply Bn., 1st Force Service Support Group, where he served as the NBC chief, company gunnery sergeant and company first sergeant. He was promoted to gunnery sergeant in 1997.

In March 1997, Shepard returned to the artillery community and was transferred to 2nd Bn., 11th Marines. While there, he made a lateral move to career retention specialist. Shepard was selected for master sergeant while serving as the battalion career planner.

In June 2000, Shepard transferred to I Marine Expeditionary Force, where he served as the I MEF career retention specialist. While there he was promoted to master sergeant.

In August 2003, Shepard was transferred to Headquarters Bn., 1st MarDiv., where he served on the division staff as the division career retention specialist. In 2004, Shepard deployed to Iraq in support of Operation Iraqi Freedom II, where he served as the forward

deployed career retention specialist for the division. He was selected for master gunnery sergeant in October 2004.

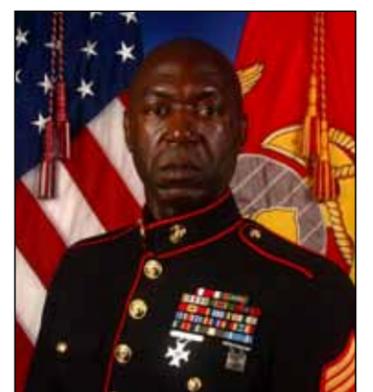
In August 2005, Shepard transferred back to the I MEF to serve as the I MEF career retention specialist staff noncommissioned officer in charge.

In July 2008, Shepard transferred to MCRD San Diego to serve as the course head for the Career Retention Specialist Course.

Shepard's professional military education is complete through the Warfighting Skills Program. He has also attended the Curriculum Development Course, Formal Schools Instructor Course, Career Retention Specialist Course, Command Career Counselor Course, Drill Instructor School, Chemical Biological and Radiological Enlisted Course, Nuclear Biological and Chemical Defense Course and Anti-Tank Assaultman Course.

Shepard's personal decorations include the Meritorious

Service Medal, Marine Corps Good Conduct Medal, Navy and Marine Corps Achievement Medal, Navy and Marine Corps Overseas Service Ribbon, Global War on Terrorism Service Medal, Global War on Terrorism Expeditionary Medal, Sea Service Deployment Ribbon, National Defense Service Medal, Marine Corps Drill Instructor Ribbon, Southwest Asia Service Medal, United Nations Medal, Armed Forces Expeditionary Medal, Joint Meritorious Unit Award, and Navy Meritorious Unit Commendation.





Platoon 2175 COMPANY HONOR MAN Lance Cpl. G. M. Starr Kent, Wash. Recruited by Staff Sgt. C. Brenam	Platoon 2169 SERIES HONOR MAN Pfc. C. R. Dunham Glendale, Ariz. Recruited by Staff Sgt. R. Liggatt	Platoon 2170 PLATOON HONOR MAN Pfc. A. K. McGill Modesto, Calif. Recruited by Staff Sgt. K. Spring	Platoon 2171 PLATOON HONOR MAN Pfc. C. J. Smith Hayden, Idaho Recruited by Staff Sgt. A. Negron	Platoon 2173 PLATOON HONOR MAN Pfc. M. Thao Sacramento, Calif. Recruited by Staff Sgt. M. Green	Platoon 2174 PLATOON HONOR MAN Pfc. L. E. Rodriguez El Paso, Texas Recruited by Staff Sgt. D. Agundez	Platoon 2176 PLATOON HONOR MAN Pfc. A. J. Purvis Phoenix Recruited by Sgt. C. Ross	Platoon 2170 HIGH SHOOTER (338) Pfc. L. T. Nyenhuis Lemont, Ill. Marksmanship Instructor Sgt. J. Barton	Platoon 2176 HIGH PFT (300) Pfc. C. D. Hanson Pine City, Minn. Recruited by Gunnery Sgt. A. Park
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HOTEL COMPANY

2nd RECRUIT TRAINING BATTALION

Commanding Officer
Sergeant Major
Battalion Drill Master

Lt. Col. R. L. Hairston
Sgt. Maj. P. A. Siaw
Staff Sgt. J. F. Richard



COMPANY D Commanding Officer Capt. P. L. McAnany Company First Sergeant 1st Sgt. S. W. Muller	SERIES 2169 Series Commander Capt. A. J. Rosenblatt Chief Drill Instructor Gunnery Sgt. J. A. Collins	PLATOON 2169 Senior Drill Instructor Sgt. M. L. Medina Drill Instructors Sgt. A. J. Bodette Sgt. J. R. Francisco	PLATOON 2170 Senior Drill Instructor Staff Sgt. E. B. Chea Drill Instructors Staff Sgt. H. D. Dubon Sgt. L. Yuen	PLATOON 2171 Senior Drill Instructor Staff Sgt. C. D. Maginnis Drill Instructors Staff Sgt. R. D. Jumbo Staff Sgt. P. K. Thevenin
SERIES 2173 Series Commander Capt. C. M. Edelen Chief Drill Instructor Gunnery Sgt. M. D. Blua	PLATOON 2173 Senior Drill Instructor Staff Sgt. P. J. Osborn Drill Instructors Staff Sgt. K. S. Williamson Sgt. B. J. Craddock Sgt. L. A. Hernandez	PLATOON 2174 Senior Drill Instructor Staff Sgt. B. D. Luna Drill Instructors Staff Sgt. M. A. Villalobos Sgt. S. R. Blue	PLATOON 2175 Senior Drill Instructor Staff Sgt. D. L. Drum Drill Instructors Sgt. D. J. Jimenez Sgt. J. M. Prophet	PLATOON 2176 Senior Drill Instructor Staff Sgt. C. L. Hall Drill Instructors Sgt. M. Bautista Sgt. T. J. Wolfe

* Indicates Meritorious Promotion

PLATOON 2169 Pfc. A. S. Alvarez Pvt. A. J. Andrae Pvt. S. A. Araujo Pvt. M. R. Arredondo Pvt. J. M. Bair Pvt. S. B. Ball Pvt. E. M. Baltierra Pfc. K. A. Barnett Pvt. J. B. Barthel Pvt. A. S. Blanco Pvt. T. C. Blink Pvt. C. M. Borda Pvt. G. A. Borrero Pfc. C. J. Botelho Pvt. T. R. Bowersock Pvt. T. L. Boyer Pvt. E. A. Bravo Pfc. C. M. Brown Pvt. M. D. Brown Pvt. D. S. Buller *Pfc. R. C. Bunnell Pfc. P. E. Bustos Pvt. E. Carrera Pvt. J. A. Casias Pvt. J. A. Castaneda Pvt. J. M. Coelho Pvt. P. A. Cooke Pfc. H. A. Cruz Pvt. C. M. Dart Pfc. A. T. DeJong Pvt. M. A. Demery Pvt. D. E. Domenick Pvt. K. Diaz Pvt. B. E. Duenaz Pfc. I. J. Duncan *Pfc. C. R. Dunham *Pfc. M. C. Dunson Pvt. A. E. Duran Pvt. J. J. Espinoza Pfc. G. Facio Jr. Pfc. E. C. Ferman Pvt. A. N. Fisher *Pfc. J. F. Frias Pvt. J. W. Gibby Pvt. J. D. Godinez-Saucedo Pfc. J. D. Griffin Pvt. W. D. Griffin Pvt. R. A. Gumm Pvt. M. Gutierrez Pfc. J. G. Hernandez Pvt. J. L. Hernandez Pvt. C. M. Hoover Pfc. N. A. Huebner Pfc. J. A. Huete Pvt. B. J. Hunter Pvt. M. W. Kahn Pvt. J. W. Kennedy Pvt. J. N. Krenning Pvt. K. R. Landaverde Pvt. A. E. Lee Pvt. Y. Lee Pvt. J. M. Lopez-Gutierrez Pvt. J. A. Martinez *Pfc. T. D. Mastren Pfc. M. T. McCluney Pvt. A. V. McCormick Pfc. C. McDonald Pvt. D. C. McJilton Pvt. M. E. Mendez Pfc. J. E. Meza Pvt. C. I. Montes-Rodriguez *Pfc. D. S. Mullaney Pfc. G. Navarro III Pvt. P. J. Perez	Pfc. G. Rodriguez Pfc. A. H. Sanchez Pvt. W. H. Sumner Pvt. D. E. Ukkestad III Pvt. T. P. White Pvt. C. E. Williams III PLATOON 2170 Pfc. N. Alvarado Pfc. T. R. Anderson Pvt. M. A. Atkinson Pvt. M. Barron Pvt. J. C. Bates *Pfc. K. R. Bay Pvt. C. C. Bazile III Pvt. B. P. Beasley Pvt. I. J. Bernal Pvt. M. O. Blue Jr. Pfc. T. D. Bondley Pfc. D. J. Boothe Pvt. D. J. Braden Pvt. N. R. Burnette Pfc. H. J. Calonder Pfc. D. K. Campos Pfc. D. Carlos Pvt. B. W. Casterline Pvt. A. A. Chavez Pvt. S. D. Cole Pvt. J. D. Collard Pvt. J. E. Cowan Pvt. E. D. Dressler Pvt. C. A. Dyvig Pfc. D. L. Ervin Pfc. T. S. Eyres Pfc. B. J. Freeman *Pfc. G. L. Freeman Pfc. C. R. Friday Pfc. A. D. Galindo Pvt. C. A. Garza Jr. Pvt. B. A. Gibson Pvt. A. J. Glegola Pfc. I. A. Gonzalez Pvt. R. J. Goodson Pfc. M. Gutierrez-Carrillo *Pfc. J. M. Hagler Pvt. C. L. Hanke *Pfc. T. J. Harris Pfc. C. M. Hernandez Pfc. K. H. Haupt Pfc. T. D. Herrick Pvt. M. J. Herring Pvt. J. A. Hiett Pfc. W. D. Hoksbergen Pvt. J. D. Humphreys Pfc. M. W. Hughes *Pfc. R. K. Hutapea Pvt. W. C. Jacobsen Pvt. R. A. Kamphaus Pvt. C. D. Kancel Pvt. D. W. Kirby Pfc. C. E. Kirkley Pfc. B. M. Kolwyck Pfc. I. E. Lahti Pvt. B. D. Lake Pvt. K. R. Lott Pfc. J. M. Lumsden Pvt. T. D. Lyons Pvt. D. J. Malliet Pvt. A. J. Mangi Pvt. P. Martinez Pvt. V. J. Mathis Pvt. B. J. Matthews Pvt. W. D. Maxwell Pvt. B. E. May Pvt. R. K. McDonald *Pfc. A. K. McGill Pvt. J. I. Meijers Pfc. O. O. Mejia	Pvt. T. Q. Moore Pfc. J. A. Moncayo Pfc. P. T. Murrell *Pfc. L. T. Nyenhuis Pvt. B. L. Ostra Pvt. Z. C. Ormsby Pvt. A. Ornelas Pfc. J. Owings Pvt. S. G. Ozuna Jr. Pvt. F. Pacheco Pfc. J. A. Payne Pvt. M. A. Peterson Pfc. D. D. Scott Pvt. B. T. Toronto Pvt. T. T. Wolfenbarger PLATOON 2171 Pfc. R. J. Allan Pvt. R. L. Allen Pfc. A. Alvarez Pvt. J. A. Askew Pvt. P. R. Baker Pvt. J. M. Barcena III Pfc. Z. A. Becker Pvt. H. F. Bejaran Jr. Pvt. T. J. Belton Pvt. M. C. Bialy Pfc. J. A. Brussell Pfc. J. R. Bryant Pvt. J. A. Buckley Pvt. J. T. Buckley Pvt. J. T. Burchfield Pvt. C. R. Carey *Pfc. L. E. Carlson II Pvt. N. B. Casada Pvt. J. F. Casey Jr. Pvt. D. A. Cooper Pvt. J. J. Chambers Pvt. Q. A. Clark Pvt. B. A. Clay Pvt. P. S. Clyde Pvt. J. R. Courtney Pvt. S. W. Cronen Pvt. D. A. Crouch *Pfc. J. P. Currington Pfc. M. A. Darwin Pfc. D. A. Davilla Pfc. T. G. Davis Pfc. J. J. Diskin Pvt. M. B. Dumas Pvt. C. R. Durst Pfc. P. H. Farthing Pfc. J. D. Fleshman Pvt. G. G. Folsom Pvt. D. W. Frikken Pvt. T. D. Fritchley Pvt. M. A. Garcia Pfc. M. A. Garrard Pvt. A. J. Gonzalez Pvt. T. A. Goodman Pvt. T. J. Graff Pfc. B. R. Grandt Pvt. L. W. 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P. A. Dickison Pvt. Z. D. Dozier Pvt. A. M. Dudley Pfc. H. A. Erixon Pfc. T. Farris Pfc. S. S. Ferrick Pvt. I. A. Friedvald Pfc. C. A. Garza Pvt. R. J. Geesman Pvt. M. Gehrke Pvt. M. W. Gilbert Pvt. A. J. Gomez Pfc. M. Gonzales Pvt. B. M. Gonzalez Pvt. M. G. Granderson Pvt. L. A. Grisham Pfc. J. R. Guzman-Alcator Pvt. T. J. Helin Pvt. M. J. Hinrichs Pvt. A. S. Hodgson Pvt. D. Hollister Pvt. J. A. Holly Pvt. B. D. Holverson Pfc. K. Hou Pvt. A. M. Ibarra Pfc. J. P. Jakubek Pfc. T. J. Jameson *Pfc. J. S. Jensen Pvt. R. Jimenez-Cancino Pfc. M. P. Johnson Pvt. L. J. Kacvinsky Pvt. L. M. Kahl Pvt. P. C. Kaminsky Pvt. T. J. Kastner Pvt. H. King Pfc. Z. R. Klampe Pvt. T. J. Knight	Pvt. A. S. Krell *Pfc. M. R. Kuhns Pvt. A. J. Laughlin Pvt. B. M. Leach Pfc. S. J. Lester Pvt. M. Mancuso Pvt. C. D. Manendez Pvt. J. J. Mariani Pvt. A. Martin Pfc. B. D. Martin Pvt. M. J. Martin Pvt. D. J. Martinez Pfc. G. M. Matesi Pfc. K. M. McEwin Pvt. A. L. McLaughlin Pvt. H. C. Mills Pvt. J. A. Moore Pvt. J. C. Murguia-Lomeli Pvt. M. A. Napa Pvt. R. R. Navarrette Pvt. S. A. Noble *Pfc. M. A. Ortiz Pvt. R. Ortiz-Martinez Pvt. J. L. Osborne Pfc. J. D. Owens Pfc. S. C. Paonessa Pfc. T. W. Randels Pvt. J. S. Rea Pfc. J. B. Reinhardt Pfc. S. D. Self Pvt. T. J. Stahl Pvt. R. L. Strain *Pfc. M. Thao PLATOON 2174 Pvt. M. A. Amen Pvt. C. A. Crady Pfc. B. D. Doca Pvt. R. Dozier Pvt. D. E. Esparza Pvt. D. E. Garcia Pvt. C. S. Granja Pvt. T. L. Guffey Pfc. J. D. Jacquez-Barraza Pvt. J. R. Kruger Pvt. G. A. Lugo Pfc. D. M. Balduino Pvt. M. D. Moore Pvt. J. M. Murphy Pvt. H. N. Nguyen Pfc. K. S. Pfeifer Pvt. J. M. Pollock Pfc. C. G. Proteau Pvt. E. Quinones *Pfc. D. D. Ramirez Pvt. F. E. Ramirez Pfc. F. E. Ramirez-Benitez Pfc. M. Ramirez Pvt. W. R. Ramirez Pfc. L. L. Rechnagel Pvt. J. D. Reeves Pfc. C. J. Reinking *Pfc. A. J. Rezter Pfc. G. A. Richards Pfc. R. Rioschlanlatte Pvt. E. D. Rivaserrano Pfc. D. E. Rivera Pvt. R. Rivera-Martinez Pvt. E. Rivera-Rivera *Pfc. B. R. Rivers Jr. Pvt. U. Robles Pfc. C. Rodriguez Pvt. E. Rodriguez Pfc. L. E. Rodriguez Pvt. C. Rosales Pvt. B. V. Rozeboom	Pvt. A. A. Ruiz Pvt. J. M. Salathe Pvt. C. A. Salera Pvt. J. E. Salgado Pfc. J. E. Santos *Pfc. N. B. Schatz Pvt. R. D. Scott Pvt. J. D. Sells *Pfc. J. V. Serr Pvt. J. J. Serrano Pvt. T. A. Sherwood Pvt. J. E. Smith *Pfc. J. M. Sosa Pvt. K. D. Springer Pvt. L. S. Steinle Pvt. J. C. Thomas Pfc. W. L. Thornton Pfc. P. J. Tilton Pvt. M. S. Truex Pvt. J. B. Tucker Pvt. A. D. Umphries Pvt. B. P. Unitt Pvt. I. D. Valenzuela Pfc. R. Valenzuela Pfc. D. D. Vargas Pvt. J. F. Vargas Pfc. J. J. Vazquez Pvt. M. G. Velez Pvt. D. J. Villegas Pfc. R. A. Weinberg Pfc. J. E. Welker Pvt. J. J. White Pvt. M. T. Wickham Pfc. W. C. Wilkins Pvt. J. A. Wolak Pvt. T. J. Woodall Pfc. J. G. Woods Pfc. N. Xiong Pvt. H. Ybarra Pvt. A. A. Zacarias Pvt. J. Zamora Pfc. D. M. Zandi PLATOON 2175 Pvt. D. C. Apel Pfc. J. F. Asuncion Pvt. J. A. Aviles Pfc. D. M. Baldwin Pvt. N. T. Brown Pvt. J. S. Bruner Pvt. A. Caballero Pvt. M. J. Cain Pvt. J. M. Cardenas *Pfc. K. L. Carman Pfc. J. K. Chamberlin Pfc. C. N. Chase Pfc. D. C. Coalman Pvt. C. Coronado Pfc. A. R. Cote Pvt. F. D. Cowgil Pvt. J. D. Crow Pvt. W. J. Dellamuth Pvt. N. J. Dorava Pfc. J. M. Dumaslan Pvt. B. C. Eastin Pvt. R. S. Espinosa *Pfc. S. L. Garner Pvt. T. J. Glenski *Pfc. R. A. Grieme-Verslues Pfc. G. J. Griffeth Pvt. D. P. Hackman *Pfc. G. F. Hadley Pvt. M. J. Hadley Pvt. A. M. Hall Pvt. A. B. Harris Pfc. J. T. Hollinger Pvt. C. A. Huffman	Pvt. S. H. Ingle Pfc. J. P. Kealanahale Pvt. A. L. Klueckman Pvt. J. R. Lawrence Pfc. D. J. Lindsey Pvt. M. J. Lund Pfc. A. B. Manuel Pvt. A. Martinez Pvt. J. W. Massey *Pfc. E. J. Mills Pfc. A. N. Mukhamedjanov Pvt. T. J. Nichols Pvt. J. L. Nicodemus Pvt. C. J. Nolan Pvt. J. A. Northern Pvt. R. C. Perez Pvt. E. J. Pickle Pvt. B. T. Piehl Pfc. K. H. Pihana Pfc. M. A. Reineke Pvt. J. F. Rollins Pvt. C. L. Rosario Pvt. K. E. Rowlan Pvt. E. A. Rushnok Pvt. Y. C. Saetern Pvt. T. O. Santoyo Pfc. B. L. Schafer Pvt. J. R. Schultz Pvt. C. W. Smith Pfc. J. K. Smith Pfc. Z. F. Snyder Pvt. A. A. Soto *Lance Cpl. G. M. Starr Pfc. B. A. Stevens Pfc. R. S. Swartz Pvt. K. P. Sweet Pvt. Z. S. Taylor Pvt. D. J. Tenorio Pfc. K. E. Tensel Pvt. I. J. Timko Pvt. R. T. Tomagan Pvt. J. L. Tracy Pvt. C. W. Turner Pvt. N. O. Urmanov Pvt. S. M. Valencia Pfc. J. N. Vang Pvt. R. L. Walters Pvt. M. J. Wertish Pvt. J. D. Wheat Pvt. M. J. Wilhelmy Pvt. C. E. Williams Pfc. C. J. Yoder PLATOON 2176 *Pfc. M. J. Erzen Pvt. M. J. Gutierrez Pvt. C. S. Haag Pfc. T. J. Hackney Pvt. A. A. Hansell *Pfc. C. D. Hanson Pvt. L. S. Hardy Pfc. J. M. Harvey *Pfc. R. E. Kitch Pvt. L. J. Krischke Pfc. J. R. Longstreet Pfc. J. R. Lopez III Pfc. J. C. Luna Pvt. G. D. MacPherson Pvt. E. N. Magana Pvt. M. D. Marinez Pvt. B. C. McKibben Pvt. J. N. Middleton Pvt. N. B. Moline Pfc. C. S. Moore Pvt. A. B. Harris Pvt. S. M. Mutz Pvt. B. J. Neal	Pvt. C. R. Noe Pfc. J. H. Nolan Pfc. K. D. Northrup Pfc. G. Ortega *Pfc. M. G. Paap Pvt. P. N. Partridge Pvt. K. C. Pebbles Pfc. C. D. Perea Pvt. M. P. Peterson Pvt. A. M. Petricek Pfc. I. M. Pina Pvt. T. J. Pruitt Pfc. A. J. Purvis Pfc. J. A. Quintanilla Pfc. K. Y. Radke Pfc. M. Ramirez Pvt. C. Ramos Jr. Pvt. R. E. Rankin Pvt. C. N. Rice Pfc. C. J. Robertson Pvt. D. M. Robison Pfc. S. A. Robles Pvt. J. C. Roman Pvt. A. Romero Pvt. P. D. Root Pvt. R. A. Schultz Pfc. D. M. Scott Pvt. C. L. Segura Pvt. D. W. Smikle Pfc. R. D. Smith Pvt. T. T. Smolnik Pvt. M. J. Soderstrom Pfc. C. L. Solway *Pfc. T. J. Sund Pvt. C. C. Thacker Pvt. S. M. Thorney Pfc. A. J. Trujillo Pvt. J. F. Turner Pvt. R. A. Valezuela Pvt. S. P. Varela Pvt. M. Villarreal Jr. Pvt. J. L. Villegas Pvt. J. D. Warner Pvt. R. B. Watkins Pvt. J. T. Watson *Pfc. J. M. Weiler Pvt. G. J. Westhoff Pvt. N. E. White Pvt. C. J. White Pvt. T. C. Wierzgacz Pvt. R. L. Wilke Pvt. A. F. Williams Pvt. D. T. Williams III Pvt. J. Williams Pfc. R. L. Williams Pvt. B. D. Winburn Pfc. A. N. Womack Pvt. B. R. Wraith Pvt. C. B. Yazzie Pvt. X. J. Ye Pfc. D. M. Zabler Pvt. Z. S. Zaragoza
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Sports fanatic puts military community first

BY LANCE CPL. CRYSTAL DRUERY
Chevron staff

Almost every Tuesday and Wednesday sweat runs down the faces of patrons who play intramural sports aboard Marine Corps Recruit Depot San Diego.

These sports wouldn't be possible without a caring person willing to go the extra mile to accommodate depot personnel.

Rachel Dickinson, Marine Corps Community Services, intramural sports coordinator, sets up fields, finds referees, records statistics and puts in extra elbow grease to make all intramural sports on the depot possible.

"She goes above and beyond for what needs to be done. Her first concern are the customers, the Marines on the depot," said Renaud Villedieu, intramural sports director.

Dickinson was offered her current position 12 years ago after only two months of working for Semper Fit.

Villedieu said he offered her the job due to her prior experience with the U.S. Navy in England.

Born and raised in Harrow, England, by a U.S. Air Force father and English mother, Dickinson grew up playing different types of sports from netball, which is similar to basketball without the dribbling, to javelin.

"We're kind of sports-oriented as a nation," said Dickinson.

Her favorite sports to play are volleyball and soccer, and her favorite sport to watch is American football.

"Having an American dad, I was brought up on (football), so it's second nature for me to watch the game," said Dickinson.

Having grown up around military bases, Dickinson gained another passion from her father-- serving the military. At the age of 18, she began working as a youth sports coordinator for the U.S. Navy at Royal Air Force West Ruislip military base in Ickenham, England.

"I would have to say I gained my passion for serving the military from my father since the base I started working at was where we would always go to the commissary," said Dickinson.

She continued working there for nine years, helping run youth programs before and after school.

"The job just kind of fell in my lap," said Dickinson. "I really enjoyed it. I was able to get involved in the youth sports and it was a good transition going from there to here."

Dickinson didn't realize her first job would spark a further interest for sports and a new interest in statistics that would later aid her in a career she loved.

"I've loved stats since I was young working with the youth sports. I don't know why. It just really fascinates me," said Dickinson.

Since Dickinson's father was in the military, she was on a contract overseas. With her contract expiring, she applied for jobs in specific regions in the U.S.

"I chose the Atlantic region because Alabama is in that region and that's where my dad is from," said Dickinson.

Since Dickinson didn't find a job in the region she picked, her region choices expanded to include the whole U.S.

A year after she applied, she had the choice between becoming a librarian in Ohio or acquiring a position at a fitness center in San Diego. Without having to think twice between the two, she chose the fitness center.

After two months of working at Semper Fit on MCRD, Villedieu was looking for a new intramural sports coordinator and heard about Dickinson's prior experience in England.

"(Villedieu) use to come into the gym to workout. When he heard about my background he told me they had a space available and asked if I would like to transfer over, and I never looked back since," said Dickinson.

In her current role she runs intramural sports on the depot, also known as the Commanding General's Cup. She organizes everything from leagues to one-day tournaments for Department of Defense personnel aboard the depot.

"It's just for anyone to partake and represent their unit. It's just a fun thing we put on," said Dickinson. "For me, it's about tradition because the trophies have plates dating back to the '50s and to make sure you guys have fun, get physical training, camaraderie, de-stress and the whole bragging rights."

Dickinson said she looks at her job as if she were planning a party.



SGT. CRISTINA PORRAS

Rachel Dickinson, Marine Corps Community Services, intramural sports coordinator, sets up the football field before the Powder Puff tournament Oct. 19 on Marine Corps Recruit Depot San Diego. For the past 12 years, she has been organizing everything from leagues to one-day tournaments for Department of Defense personnel aboard the depot. Dickinson is known for going the extra mile and putting others first.

"I'm part of the pre-event and then I get to see everything unfold," said Dickinson. "It makes me feel good. It's the little stuff that makes me smile."

Three years into her current job, Dickinson noticed many people didn't want to come back on base in the evenings to play sports since base housing isn't located on the depot. Since service members expressed a desire to play at a different time, she felt it was important to afford them the opportunity to play sports. She found a way to meet their requests.

"The camaraderie unfolds when (service members) get to work as a team," said Dickinson.

With a supportive command, Dickinson was able to ensure service members got the chance to play sports by holding games Tuesday and Wednesday

afternoons.

Another change Dickinson helped make was to deplete forfeits, saving Marine Corps Community Services money for the referees and time for the teams that do show up.

Blossoming over the years, with a passion and love she hadn't realized, Dickinson has impressed her boss enough to become one of his best employees.

"Her focus is the military on the depot. She makes the program, giving one hundred and twenty percent," Villedieu said emphatically.

Dominic Gilbert, Camping Connection recreation assistant, has known Dickinson for nine years. He says she is a workaholic and the backbone to MCRD athletics.

"She does an outstanding job

and pretty much runs athletics," said Gilbert. "I definitely don't know what athletics would do without her."

Dickinson will continue her hard work at the depot, trying her best to accommodate and help service members stationed here.

"Putting others first comes from my family. I don't know anything different," said Dickinson.

With an unexpected love for her job, Dickinson will continue being the heart of MCRD's intramural sport; and with hopes of one day becoming the athletic director, Dickinson will continue giving back to the depot.

"It's very hard to move on from something you love," said Dickinson. "We're just an intricate part of the MCCR puzzle."

FIRE ◀ 1

extent of fire prevention depends on where people live. Those who live in the city have less brush than those in rural areas. People who live far from cities have to conduct certain maintenance others don't.

For example, people in rural areas should use fire resistant landscaping, such as drought-tolerant plants. Non-combustible siding materials are also a good idea, along with dual-pane windows and fire retardant roofs.

Along with preparing the household for a fire, families should have certain items readily available in the event of a fire.

"You should have an emergency kit to grab on the way out," said Fred Richards, assistant fire chief for fire prevention, metropolitan San Diego area. "If you are in colder climates pack some clothes to keep you warm. When there is a fire

you don't have the time to get completely dressed. Some other things to consider are wet weather gear, umbrellas, flashlights and an emergency contact card."

Dominguez recommends also having food, water and emergency equipment that can be helpful in most situations are items that should be included. These kits should be kept in an easily accessible area.

"Most people don't carry that kind of stuff," said Dominguez. "I bet if you asked everyone in your shop how many people have jumper cables, you'd be surprised by how many people don't."

Dominguez said that having these common items isn't something most people consider having until after an incident happens.

One way people can prepare before an emergency is to register their phone numbers with the Alert San Diego emergency notification system.

Alert San Diego is a regional notification system that contacts homes and businesses that are in danger of experiencing

an emergency or disaster. All landlines, whether listed or unlisted, are already registered in the system. People who want mobile phones registered can go to ready-sandiego.org.

Families with children should help them understand fire safety.

"Practice evacuation drills with them," said Richards. "Show them how to dial 9-1-1 and test fire and smoke detectors in front of them so they are familiar with the sound and won't be scared if it ever goes off."

Richards also recommends other simple ways to help prevent household fires: don't let anything cook unattended, blow out candles when leaving a room, check smoke detectors regularly, keep matches and lighters out of children's reach and have a fire escape plan.

People should also be prepared in the event of a fire in the workplace, added Dominguez.

"There should be evacuation plans posted per building, even per work sec-

tion," said Dominguez. "Find out how often your office does evacuation drills. You'd be surprised how many offices don't do drills and when a crisis does happen you've got people who aren't sure where to go, what to do or who to contact."

Marines who live in the barracks should also be aware of fire prevention and safety rules.

"The barracks rules are there for a reason," said Dominguez. "They should be adhered to, to help prevent fires as well."

Some of the rules include no smoking in the barracks, no cooking, no open flames and no hot plates.

Marines should know evacuation routes, and where the duty hut and fire extinguishers are located.

"The most important thing to remember with fire safety and prevention is that once you're out of the building, stay out," said Richards. "More people have died by going back in for something they think is valuable and get trapped by the fire or