



# Arrows Forward!



Joint Sustainment Command—Afghanistan

VOLUME 1, ISSUE 4

NOVEMBER 2011



Command Sgt. Maj. Travis Williams,  
Joint Sustainment Command-Afghanistan

**JOINT SUSTAINMENT  
COMMAND—AFGHANISTAN**

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COMMANDING GENERAL**

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COMMAND SGT. MAJ.**

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DEPUTY CHIEF OF  
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PUBLIC AFFAIRS  
SPECIALIST**

**Thanksgiving Message –  
Command Sgt. Maj. Travis Williams, JSC-A**

Thanksgiving brings about thoughts of families, football and feasts... all happy thoughts for me. My mom makes the pecan and pumpkin pies, my Aunt makes the turkey and dressing, my sister (who could barely cook toast when we were kids) makes side dishes that have been family favorites for years and my wife makes cheesecakes. Before we started sharing holidays with the family at my Aunt's, it was with my grandmother who used to make the most amazing cakes, pies and puddings that got me all jittery about T-Day, but I digress...

Thanksgiving here in Afghanistan isn't quite the same as sitting at home with the family, fuming at the refs, loading up on calories and slapping high fives to ensure the next

generation remembers who to root for. I am a glass half-full kind of a guy for the most part, but I have to ask myself, "What's to be thankful for?" I admit that I am a Cowboys fan; the world and my happiness tie directly to whether or not the Cowboys win on T-Day. That's how it is. Then I think about being separated from my family by a few thousand miles and the issue of giving thanks is quickly getting out of hand. Wait... the dining facilities here do not have the same skills with "food-dum" that my family does. Where are the spicy green beans, broccoli and cheese casserole, and baked beans that make your lower lip quiver? Where's the homemade toffee? Where are the cakes, pies and cookies that add two inches to your waist

-Thanksgiving  
Continued on pg. 3

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## Know the Rules—Judge Advocate General

Some Soldiers destroy promising careers, and it's not always because they are caught stealing, using drugs or misusing their government computer.

Having served as a prosecutor, defense attorney, and military magistrate, I've seen people lose their careers (and their liberty) for many reasons: from voyeurism to disloyal statements, to graft and sedition, and even wrongful cohabitation. Oftentimes, the Soldier knows that what he or she is doing is wrong; however, a number of cases Soldiers got into trouble because they failed to know the rules.

The Uniform Code of Military Justice (UCMJ) not only prohibits "normal" crimes we think of such as murder, assault, and theft, but it also criminalizes certain conduct which would not be prohibited the civilian sector. The following is a list of several Uniform Code of Military Justice offenses people may not have encountered:

-- Fleeing the scene of an accident: both the driver and the senior ranking passenger can be charged with an offense.

-- Drunk and disorderly: you can violate this provision by being drunk, disorderly or both.

-- Misprision of a serious offense: concealing a serious offense committed by another.

-- Obstructing justice: intimidating a witness or saying essentially, "Don't tell them it was me."

-- Soliciting another to commit an offense.

-- Disloyal statements: watch what you post on social media websites.

-- False or unauthorized pass offenses: this offense also applies to altering your identification card, loaning your ID to someone or having an unauthorized ID card.

-- Voyeurism (obtaining sexual gratification from observing unsuspecting individuals who are partly undressed or naked) this is now found under Article 120 as "indecent conduct."

-- Graft: compensation for services performed in an official manner when no compensation is due.

-- Sedition: think "mutiny," but in the overthrow of civil authority sense versus military authority.

In addition to offenses listed in the UCMJ, the Joint Sustainment Command has published its General Order Number 1, prohibiting certain types of conduct while Soldiers are deployed to the Afghanistan Area of Operations. It's the responsibility of every Soldier in the command to have read and to understand the contents of GO #1. Ignorance of the law is no excuse.

### -Thanksgiving

Continued from pg. 2 with just a sniff?  
How are my Soldiers and I supposed to be happy with DFAC JELLO, dried up, stick-in-the-throat dressing and turkey that was killed ten times before it got on the boat to get here just to be thrown in the oven for three days to ensure it was dead?

We address the issues of separation from family, comfort and entertainment by ensuring that we purposefully plan events that will convey the spirit of Thanksgiving. Celebrating the holiday in theater may not be quite the same as celebrating with loved ones back home, but it should

be a time of giving thanks and understanding that the memories made here with our brothers and sisters in arms will last for a lifetime. We get to tell our loved ones back home of how we spent Thanksgiving away from the family but with our other family. How we stopped and purposefully gave thanks while at war. Thanks for freedoms shared, thanks for where we came from and the values that each of our families instilled that allowed us to be successful, strong and resilient. Thanks for those leaders that mentored us and grew us. Thanks for the diverse experiences and values that we all

brought with us to include the Army Values which strengthened our resolve to complete the mission. These things we share with one another as Soldiers resembles a feast where each brings something different to the table. The essence of a Thanksgiving Holiday meal is captured when we remember to focus on the good things that we've been given and share those things with those who we value most, regardless of the familial relationship.

God bless each of you and your families and loved ones while you are here with your brothers and sisters in arms. Happy Thanksgiving.



## "The eternal God is thy refuge."

– Deuteronomy 33:27

Chaplain (Lt. Col.) Tom Roltsch

Today is Veteran's Day. I don't see myself as a Veteran, but I am. Growing up, Veterans were people who fought in World War II. My dad watched movies about them on TV every Veterans Day. I think I have seen "The Longest Day" about 20 times. Now we are all Veterans. I don't feel any different. I don't expect anyone to make a movie about me, but I do thank God for being with me every day in the combat zone and I do feel that Veterans ought to be recognized for their sacrifice. Like many Veterans of the GWOT, I have been deployed multiple times. In fact, I've spent more days working in a combat zone than I spent sitting in a high school classroom. Each and every one of those days the Lord has been my refuge.

The word refuge may be translated "mansion," or "abiding-place," which gives the thought that *God is our abode, our home*. There is a fullness and sweetness in the metaphor, for dear to our hearts is our home, and dearer is our blessed God, in whom we live, and move, and have our being. It is at home

that we feel safe. We shut the world out and dwell in quiet security. So when we are with our God, we fear no evil. He is our shelter and retreat, our abiding refuge. At home, we take our rest; it is there that we find repose after the fatigue and toil of the day. And so our hearts find rest in God, when, wearied with life's conflict, we turn to Him, and our soul dwells at ease.

Home, too, is the place of our truest and purest happiness, and it is in God that our hearts find their deepest delight. We have joy in Him which far surpasses all other joy. It is also for home that we work and labor. The thought of it gives strength to bear the daily burden, and quickens the hands to perform the task. In this sense we may also say that God is our home. May all of the Veterans take refuge in the Lord today. The Veterans who have gone home and the Veterans who are still in the combat zone, and let today be a day to remember those Veterans who made the ultimate sacrifice and have gone to their eternal home.

## HHC

– 1st. Sgt. Samuel Ogungbemi

As we cross halfway through this mobilization, let me take this opportunity to thank everyone for what you have done to sustain the troops in the field. As a unit, we have excelled in every aspect of our jobs. JSC-A has changed the face of sustainment in the Combined Joint Operation Area – Afghanistan. We are truly "One Team, One Fight" and HHC continues to provide the much needed support to every Soldier in order to accomplish the mission.

I am very proud of all our Soldiers for their dedication to duty, loyalty to the unit, and doing the right things even when it's difficult. Please stay alert and stay focused as we march toward victory.

## EO CORNER – Lt. Col. Rose Bean

After nearly a century of advocacy, National American Indian Heritage Month was recognized through joint resolution by Congress in 1990. National American Indian Heritage month – most commonly known as Native-American Heritage month – emphasizes the significant contributions of American Indians to our country and our heritage. American Indians have served and are currently serving in the United States Armed Forces with great distinction and honor by defending the security of our nation with their ultimate sac-

rifice.

The Army believes that there is strength in diversity. The celebration of American Indian Month emphasizes the tremendous diversity of culture and rich heritage of the Indians. Today, 24 National American Indians have earned the Medal of Honor for their courage and devotion to our nation. We salute the American Indians' contributions as a Soldier, veteran, civilian and family member which they unselfishly offered as a benefit to our nation and Army.

## Word from the Provost Marshall

This month, the PMO office would like to remind you to obey the rules of the road or what passes for a road in Afghanistan. The increase in traffic accidents and traffic violations has led the MPs to begin suspending driving privileges. It is easy to avoid losing your license by just remembering to have a ground guide when backing up, watch your speed, yield the right of way at intersections and come to a complete stop at STOP signs. So don't be a "Turkey," remember that the basic rules of the road apply when you go home on R&R and while you are here.



# THE "IG-TEAM"

Hello again from the JSC-A Inspector General Team. For this issue of the newsletter, we will delve into the subject of dignity and respect for ALL Soldiers. It is a subject which, unfortunately, comes up quite often in the IG office. If I had to pick one single root cause of all the complaints I have received, it would have to be the lack of dignity and respect paid between supervisor and subordinate and vice versa. The army realizes the importance of dignity and respect as exhibited by implementing the subject in the following Army Regulations:

AR 600-20, paragraph 4-1, states *"military discipline...is manifested in individuals and units by...deference to seniors and mutual respect between senior and subordinate personnel; ...and by fairness, justice, and equity for all Soldiers."*

AR 600-100, paragraph 2-1, states *"every leader will build discipline while inspiring motivation, confidence, enthusiasm, and trust in subordinates. Every leader will treat subordinates with dignity, respect, fairness, and consistency."*

Every individual in the JSC-A is both a leader and a subordinate, so these regulations apply to you. Read on to find out more.

## Dignity and Respect, for ALL Soldiers

One thing that will never change in the U.S. Army is the fact that ALL Soldiers have the right to be treated with dignity and respect. Treating Soldiers with the proper respect they deserve may directly influence how well they perform their duties. AR 600-20, Army Command Policy, as well as AR 600-100, Army Leadership, directs that ALL Soldiers will be treated with dignity and respect. Improved unit readiness, better morale, greater commitment to unit and mission, increased trust and unit cohesion, and treating others as they should be treated are essential to the success of JSC-A.

Unfortunately, the IG office frequently receives complaints from Soldiers who report being mistreated or disrespected by their leadership. In some instances, these Soldiers have committed some type of offense and were about to be, or were already, punished for that offense. Regardless of their culpability for their misdeed or of the disciplinary actions planned, these Soldiers are still entitled to be treated with dignity and respect. Consider a Soldier who tests positive on an urinalysis, receives a Field Grade Article 15, and is waiting to be separated from service. During this pre-separation period, it is inappropriate, and a violation of AR 600-20 and AR 600-100, for anyone to intentionally degrade, humiliate, or disgrace this Soldier by calling him a "dirtbag", "drugee", or any other derogatory word. He or she is still a Soldier and, until officially separated, must be addressed accord-

ingly within Army customs and traditions by his or her rank and last name.

The IG office also receives complaints from Soldiers who have not committed an offense, but nevertheless believe their supervisors consider them to be "bad" Soldiers. They feel singled out for menial unit details, or possibly receive negative counseling statements for no apparent reason. Often times, these Soldiers complain of verbal abuse by their leadership. They are constantly harassed by unit members and/or their leadership. Yelling, using degrading comments, profanity, and verbal threats may in fact be a violation of regulation, so think before you speak. Not to mention, they are not effective methods with which to correct a Soldier's behavior or improve duty performance. These actions could be in violation of Article 93 (Cruelty and Maltreatment) of the UCMJ resulting in adverse action being taken. Remember, dignity and respect for everyone. This even includes the Soldier who cannot pass his/her APFT and Height/Weight and is waiting to be chaptered, for example.

It would be wise to remember Major General John M. Schofield's 11 August 1879 address to the United States Corps of Cadets, as quoted in FM 6-22:

*"The discipline which makes the soldiers of a free country reliable in battle is not to be gained by harsh or tyrannical treatment. On the contrary, such treatment is far more likely to destroy than to make an army. It is possible to impart instruction and to give commands in such manner and such a tone of voice to inspire in the soldier no feeling but an intense desire to obey, while the opposite manner and tone of voice cannot fail to excite strong resentment and a desire to disobey. The one mode or the other of dealing with subordinates springs from a corresponding spirit in the breast of the commander. He who feels the respect which is due to others cannot fail to inspire in them regard for himself, while he who feels, and hence manifests, disrespect toward others, especially his inferiors, cannot fail to inspire hatred against himself."*

Dignity and respect are a difficult subject to teach, but for each one of us working in the JSC-A it should always be on the forefront of our minds when dealing with others.

When in doubt about dignity and respect, use the above mentioned resources, your chain of command, or consult with your SJA. The IG is another resource because we are truly here to help. As always, use your chain of command to resolve problems first; however, if the chain of command cannot resolve the complaint then you may contact the JSC-A 'IG' Team.

-Maj. Gavin Reid  
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## 'Muleskinners' take command of sustainment operations

— Story by Sgt. 1st Class Luis Saavedra,  
10th Sustainment Brigade Public Affairs Office

BAGRAM AIR FIELD, Afghanistan – Hundreds of soldiers gathered to witness a moment in history as one great organization transferred authority to another. Soldiers, ready to return home to their families, joined their replacements for a final ceremony here prior to departing.

The 101st Sustainment Brigade “Lifeliners” - from Fort Campbell, Ky. - relinquished their authority over sustainment operations in Regional Command North, East and Capitol to the 10th Sustainment Brigade “Muleskinners” - from Fort Drum, N.Y. - in a ceremony here Nov 1.

“101st Sustainment Brigade, your mission is complete,” said Brig.Gen. Les Carroll, the commander of Joint Sustainment Command – Afghanistan. “Well done.”

Carroll welcomed the Muleskinners then let them know it was their turn to step up to the plate.

“The mission is now yours,” said Carroll.

In preparation for the deployment, soldiers assigned to the 10th SBDE completed mission essential task training and field exercises designed to simulate the operational environment they would face in Afghanistan.

After arriving in theater, the Muleskinners took a few days to focus on learning from the challenges the Lifeliners encountered during their tour. Muleskinners watched and conducted tasks alongside their counterparts and soon were performing every task themselves, with Lifeliners observing to ensure a smooth transition.

Col. Michael Peterman, the commander of the 101st SBDE, made it apparent that his logisticians cared about the soldiers, civilians, and coalition partners in Afghanistan.

“We took care of teammates, not customers,” said Peterman.

Sustainment brigades have a unique and challenging mission in Afghanistan. The terrain is harsh and mountainous and the weather plays a role in how supplies are moved. Ground and air assets are on the move daily to ensure every warrior on the battlefield has the necessary equipment to accomplish their mission.

10th SBDE is now responsible for managing everything from finance to the mortuary affairs team; transporting



Col. Kurt J. Ryan, commander of the 10th Sustainment Brigade (left), and Command Sgt. Maj. Jose A. Castillo, 10th Sustainment Brigade's senior enlisted advisor, uncased the brigade colors during a transfer of authority ceremony held Nov. 1 at Bagram Air Field, Afghanistan. Task Force Muleskinners assumed authority from the outgoing 101st Sustainment Brigade. (U.S. Army photo by Sgt. Cory Thatcher)

and tracking mail, equipment parts, food, fuel, personnel and ammunition in over half of Afghanistan's area of operations.

Muleskinners can trace their heritage back to the Alpine Infantrymen and their pack mules that formed the mountain medical, quartermaster and ordnance maintenance battalions, which supported the 10th Infantry Division during World War II.

Since then, the brigade has also conducted operations in Somalia, Haiti, Bosnia, Kosovo, Iraq and numerous other places all around the world.

The 10th SBDE faces the challenge of supporting more than 10 brigades spread throughout the various regional commands.

The job is nothing new as the brigade has served in Afghanistan twice before.

Col. Kurt Ryan, the commander of the 10th Sustainment Brigade spoke to the troops and left no doubt on anybody's mind that the Muleskinner team is ready.

“Now is our time and we are prepared; we are the team,” said Ryan.



# Joint Sustainment Command-Afghanistan holds NCO induction ceremony

Story and photos by J. Elise Van Pool, 401st AFSB Public Affairs Office



Sgt. Andrew R. Garcia recites the Creed of the Non-Commissioned Officer with his fellow inductees at the Joint Sustainment Command -- Afghanistan Non-Commissioned Officer Induction Ceremony held at Kandahar Airfield, Oct. 20, 2011. The induction ceremony formally recognizes a newly promoted sergeant entry into the Non-Commissioned Officer Corps.

KANDAHAR AIRFIELD, Afghanistan (Oct. 22, 2011) -- Joint Sustainment Command --Afghanistan held a non-commissioned officer induction ceremony, here, Oct. 20, 2011.

The ceremony attended by the command sergeant major of the Army Reserve, Command Sgt. Maj. Michael Schultz, was to formally welcome newly promoted sergeants and staff sergeants to the Non-Commissioned Officer Corps.

After being announced individually, Schultz spoke with the newest members of the NCO Corps. He re-

minded them that their two top responsibilities are, "mission accomplishment and taking care of Soldiers."

Continuing, Schultz said the ceremony marked the Soldiers, "Metamorphosis from follower to leader."

Schultz also told the Soldiers being an NCO is about ownership. "Ownership is all about owning that platoon, company, squad and detachment or that section that you're in right now. And every Soldier in that section or squad, you own them and you own their families. From the time you take that position till the time you leave the door."

Schultz reminded them that being an

NCO is also about making things happen.

"Action, making it happen," said Schultz. "Giving that tough love to some of our Soldiers, because our two main responsibilities are accomplishment of the mission which may mean you have to take that hill sometimes. It may mean you have to go out on that convoy."

He closed by saying that it's up to NCOs to train and develop Soldiers, "It's up to you to talk them through it, walk them through it and show them through it."

Following Schultz's speech, Command Sgt. Maj. Travis William, JCS-A command sergeant major, led the new sergeants through the Creed of the Non-commissioned Officer. Then each Soldier was presented with a plaque marking their induction.



Sgt. Cassandra Adams was formally inducted into the Non-Commissioned Officer Corps, Oct. 21, 2011. She participated in the ceremony held by Joint Sustainment Command-Afghanistan and attended by the command sergeant major of the Army Reserve, Command Sgt. Maj. Michael Schultz.



## First-line leaders receive suicide intervention training

Story by J. Elise Van Pool, 401st AFSB Public Affairs Office

KANDAHAR AIRFIELD, Afghanistan (Nov. 08, 2011) -- Members of the Joint Sustainment Command-Afghanistan came together Oct. 31 through Nov. 1, to participate in suicide intervention training.

Representing units from all over Afghanistan, Soldiers and Department of the Army Civilians came to learn techniques for helping their fellow service members who are contemplating suicide. Using the Applied Suicide Intervention Skills Training model, participants learned how to recognize and speak with a person who may be thinking about hurting themselves.

"This two day training prepares caregivers and first-line leaders to provide suicide first aid to persons at risk of suicide," said Lt. Col. Rose Bean, one of the trainers for the two day class.

Students in the class learned how to first connect and understand the person at risk, learning how to talk with that person and address their concerns. Next, the students learned how to help that person seek assistance by helping them create a plan of action. The training emphasized tools and tactics for talking with a person at risk.

"Applied Suicide Intervention skills Training is a model that is used to assist caregivers with being able to recognize the signs of suicide." Bean said.

"It helped me to not be afraid when assisting or talking to someone who wants to commit suicide," said Kiara Davis, deputy S-4 and housing manager for Army Field Support Battalion-Kandahar, 401st Army Field Support Brigade. "It taught me how to maybe help someone to get through it and seek help."

The Army and Army Reserve have



Members of the Joint Sustainment Command- Afghanistan came together Oct. 31 through Nov. 1, to participate in suicide intervention training in Kandahar. The trainees will take the skills they learned and be their unit's suicide intervention representatives. (U.S. Army photo by Staff Sgt. Kevin Brewster)

been struggling with suicide among its members in recent years, with the number of suicides in the Army Reserve still increasing. The Army reported 145 members of the Army National Guard and Army Reserve committed suicide in the 2010. That is an increase of 80 from 2009.

"We think this training is important because suicide is still a hidden, taboo topic in the military. Even in this day and age, denial, secrecy, and avoidance remain common within our formations," said Sgt. Maj. Jose M. Picon, one of the trainers for the class. "We hope to influence the attendees to connect with people's attitudes towards suicide. We also hope this will help them to overcome bias notions or feelings that might hinder their willingness and ability to help individuals at risk."

The class concluded with students role playing both the person at risk and the person trying to assist them. Many of the scenarios were specific to the military community and helped the participant learn to deal with realistic situations. Some of the scenarios included a Soldier having family problems back home, while a

second involved a married female warrant officer who had become pregnant by an enlisted coworker.

"Our intent is to provide information and help in meeting some of the challenges of reducing suicidal behavior. The class provides information that can help with the goal of creating life-assisting communities," said Picon.

The participants of the class will now serve as unit suicide intervention representatives in their respective units.

"The take away should be that anyone can be at risk of suicide," said Bean. "Anyone can have thoughts of suicide. Seeking help is not a sign of weakness."

Soldiers and families in need of crisis assistance can contact the National Suicide Prevention Lifeline. Trained consultants are available 24 hours a day, seven days a week, 365 days a year and can be contacted by dialing 1-800-273-TALK (8255) or by visiting their website at <http://www.suicidepreventionlifeline.org>.



Lead-Acid Batteries...

# SAVING GOOD BATTERIES

WOW! LOOK AT ALL THESE UNSERVICEABLE BATTERIES!

I'M NOT UNSERVICEABLE!

YEAH, ME NEITHER!

What do you do when your vehicle's lead-acid battery, NSN 6140-01-485-1472, doesn't work? Just turning it in as unserviceable is one choice, but not the right one! The right choice is to test it first to make sure it really is unserviceable. Save your unit the cost of new batteries by testing them when you think they could be bad. Turn them in only when testing shows they are bad.

## TESTERS

A conductance tester, such as the Pulse Tech (PT) 490 conductance tester is very sensitive. It can find defects or battery weaknesses long before any problem or capacity loss appears.

PT 490 Conductance Tester, NSN 6130-01-510-9594

But the PT 490 can't analyze the condition of a battery pack if it is connected in parallel; you need to isolate each battery. Use the MDX 700P HD conductance tester.



Midtronic's MDX 700P HD replaces Micro 700 Series conductive tester, NSN 6625-01-477-4704



THE TEST EQUIPMENT YOU NEED IS IN THE STANDARD AUTOMOTIVE TOOL SET (SATS). YOU CAN ALSO ORDER INDIVIDUAL TESTERS.

And the mini battery tester (MBT-1) is a micro-ohm load tester designed as a diagnostic tool for the operator. A fixed post positive connector and coil cord moveable negative connector make checking multiple batteries easy and fast.

MBT, NSN 6130-01-463-8499



LOAD TESTERS INDICATE THE BATTERY'S ABILITY TO HOLD ITS VOLTAGE WHILE UNDER LOAD. MAKE SURE YOU READ THE OWNER'S MANUAL FOR LOAD TESTERS BEFORE USING THEM. OTHERWISE, YOU MIGHT GET INCORRECT RESULTS.

FULLY CHARGE THE BATTERIES BEFORE PUTTING THEM INTO SERVICE. RECHARGE THE BATTERIES AFTER REMOVAL IF YOU'RE GOING TO STORE THEM. YOU DON'T HAVE TO RECHARGE THE BATTERIES IF THEY ARE HEADED TO DISPOSITION SERVICES.



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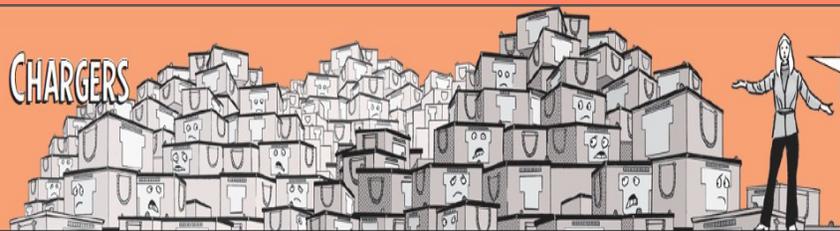
ES MORE

## HAWKER BATTERIES

The J5 section and Chief Warrant Officer 5 Jeffery DeWijn have taken the lead in the process of developing a Re-charge, Repair, Disposal Exchange-Platform (R2DX-P) for the Hawker Batteries. Initially, instead of recharging the batteries, the old batteries were sent to the Hazardous-Waste yards and replaced with new batteries at a cost of \$403.00 each. This resulted in having about 15,000 batteries in Haz-Waste yards that are actually good and can be recharged and reused.

The J5 and DeWijn are currently developing the plan for the Combined Joint Operations Area-Afghanistan (CJOA-A) to recover Hawker Batteries from the Haz-waste sites and establish procedures for charging batteries and setting the proper authorized Stockade levels at all 18 Support Service Activity. Once implemented, the four R2DX-Platforms established at each hub will minimize requisition issues of new batteries by maximizing the direct exchange program, resulting in a savings of over 6 million dollars.

## CHARGERS

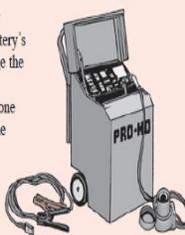


HERE ARE YOUR CHARGING OPTIONS...

The Pro-4HD charger automatically selects 12 or 24 volts. It senses the battery's condition and provides only the voltage the battery can accept.

It comes with two charging cables: one for the NATO slave connection and one with alligator clamps.

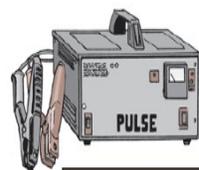
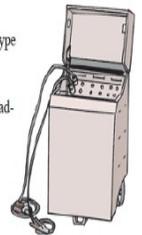
Pro-4HD charger, NSN 6130-01-500-3401



The pallet charger is a 12-volt, 12-station charging unit. This charger can connect to any type or size of 12-volt vehicular battery.

Each charging station on the charger works independently. That way, any combination of lead-acid batteries can be charged at the same time.

Pallet charger, NSN 6130-01-532-7711



Pulse Charger World Version Plus, NSN 6130-01-477-4703

The Pulse Charger World Version Plus is a 12-volt only charger; on the back it has a manual switch for battery types. It comes with alligator clamps, so it should only be used on batteries that have been removed from your vehicle.

The Associated PP-1660 Type F charger charges both 12-volt and 24-volt batteries. It has two charging cables: one for the NATO slave connection and one with battery clamps. This charger was issued with the early SATS.

Associated PP-1660 Type F charger, NSN 6140-01-518-7866



## DISPOSAL



BATTERIES ARE CONSIDERED HAZARDOUS MATERIAL...

SO MAKE SURE YOU FOLLOW HAZARDOUS MATERIAL DISPOSAL PROCEDURES OUTLINED BY THE TECH MANUAL AND STATE, FEDERAL AND LOCAL HOST NATION LAWS.

ALSO, USE DA PAM 200-1, ENVIRONMENTAL PROTECTION AND ENHANCEMENT, AS A RESOURCE.

YOU'LL FIND THE HODPA GUIDANCE IN ALARACT MESSAGE NUMBER 10031741/ANHS DTG 031826Z MAY 10. YOU CAN SEARCH FOR ALARACTS ON AKO. YOU CAN ALSO VIEW IT ONLINE USING THIS LINK:

<https://www.us.army.mil/suite/page/550282>

FOR MORE ASSISTANCE, CONTACT LTC PENNY TONOLLI, CALL HER AT 703-697-0556, DSN 227-0556, OR E-MAIL: [penny.tonolli@us.army.mil](mailto:penny.tonolli@us.army.mil)

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ES END



## Ask-A-Doc:



### If I know someone who has Ringworm, should I be worried?

Yes, you should worry about what you can do to prevent the spread but you do not need to be afraid of Ringworm. First let's talk about what Ringworm is and what it is not. Ringworm is a FUNGUS and not a worm at all. It causes an itchy rash that normally has a red, raised circular edge and clear center, hence the term "ringworm." The medical term for Ringworm is Tinea. Tinea is normally passed person to person or through contact with contaminated surfaces (i.e. surfaces touched by someone with Tinea). Tinea is often spread in barracks and gyms due to the high numbers of people in close contact with each other who are sharing surfaces and equipment. This is why it is so important to regularly wash your hands and regularly clean shared surfaces and shared equipment both before and after use. Washing your hands frequently is always a good idea anytime, but it is especially important in crowded conditions.



If you get Tinea, see your physician as soon as possible. This will help to more quickly eliminate your discomfort as well as limit the chance of spread to someone else. Until treatment eliminates your rash, be sure to wash your hands before and after using shared surfaces and avoid touching the rash itself. Of course, thoroughly clean any shared surface you use.

Everyone should always wear shower shoes in the bathrooms and wipe down the sinks both before and after use with a soapy solution or disinfectant. Also wipe down gym surfaces that are touched (e.g. weights, treadmills, machines, etc.) both before and after use. Wipe down shared surfaces in barracks and office rooms after use and at least once per day. Most people think that bathrooms are the dirtiest areas with which they come into daily contact. Actually, most studies show that the dirtiest surfaces by far are in the office – desk tops, keyboards and phone receivers – because they are not cleaned nearly as often as bathrooms.

Keeping these surfaces clean will not only help prevent the spread of Tinea but any infectious disease such as the flu. Did you know that a person with the flu is infectious for 1-3 days prior to showing symptoms? Therefore, following the above advice is a good thing to do anytime. For more information on the signs, symptoms, treatment and prevention of Tinea go to: [National Center for Biotechnology Information, U.S. National Library of Medicine, http://www.ncbi.nlm.nih.gov/pubmedhealth/PMH0002411/](http://www.ncbi.nlm.nih.gov/pubmedhealth/PMH0002411/)

#### **Submit your question to Ask-A-Doc:**

Questions can be submitted through the Surgeon's portal (<http://jsc-a.rcsouth.afghan.centcom.mil/specialstaff/surgeon>) at any time. Your name and unit will be documented automatically in case your question is not clear but this information will remain CONFIDENTIAL and neither published nor shared outside the Surgeon Section. We will review and select the question(s) of the month and address them in a future newsletter article.



# THINK WEAPONS SAFETY!

**T**reat every weapon as if it is loaded.

**H**andle every weapon with care.

**I**dentify the target before you fire.

**N**ever point the muzzle at anything you don't intend to shoot.

**K**eep the weapon on safe and your finger off the trigger until you intend to fire.



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## Knowledge Management – Shared Knowledge is Power

SharePoint Level 1 training is drawing to a close. Attendance at Level 1 training has been very high and will further enable the command to leverage an important KM tool.

Subordinate units will also be made aware of Level 1 training. The KM section will schedule training for subordinate units in conjunction with KM Site Assistance Visits in the coming months.

Our current focus, with regard to utilization of the por-

tals, is for working groups and/or specific project teams to create web pages. Web pages built solely for the purpose of centralizing data, information and knowledge, in one location, for a focused decision or project. Once you have a centralized location for emails, documents and discussions related to a topic, sending out a link to the centralized web site, allows for a more focused and well managed sharing process.

Continue to use the power of the portal to share knowledge and save labor-hours.



Joint Sustainment Command - Afghanistan  
remembers and honors the sacrifices  
of all our fallen heroes.

Sgt. Darrough

Sgt. Eugenio