



3rd MDSC OCP (FWD)

DET-36

May - July 2012

“DESERT MEDICS!”

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Azimuth Check: Halfway Point *(1LT Keary Close)*

We're in the thick of it now! It is officially past the halfway point and everyone has settled into their individual roles and responsibilities. The entire Detachment has been trained, made their external contacts, found their way around Post and established their battle rhythm. Like Groundhog's day, the team is on the downhill portion of this deployment. The support from family and friends back home has been tremendous as the staff works to provide continual medical support, instructional courses, briefs and certifications. The 3rd MEDCOM has been performing numerous responsibilities in order to assist the US Army Central Command (ARCENT) which has included command and control for missions of preventive medicine safety and veterinary health inspections for Military Working Dogs, orchestrating Ground Ambulance assets, overseeing Combat Hospital operations, as well audits for commercial food /water manufacturing plants. Many of the staff has even traveled to various countries throughout Southwest Asia to assist with those missions. There has been an enormous amount of experience and professional development attained by all, and the last half of the deployment will generate more opportunities for success while serving as the Theater's medical leaders!



Command Message *(COL Danny Baldwin and SGM James Moody)*

Greetings from the command team!

As we move closer to the halfway point in our deployment, Soldiers are looking forward to seeing familiar faces back home. Despite the hardships of separation from home, family and friends, and extreme temperatures, I'm pleased to announce that the moral within the detachment remains very high.



As we continue our mission here I would like to thank you for your continued support of our Soldiers. It's evident by the many care packages that arrive almost daily. Your commitment to the cause help keeps our Soldiers strong and our mission successful.

In closing, communication is critical to mission success. Please feel free to contact our family support coordinator, Mrs. Pat Baldwin at pbaldwin@centurytel.net with any questions or concerns. She will provide all necessary support.

DANNY C. BALDWIN
3rd MDSC OCP (FWD)
Commanding

JAMES F. MOODY
3rd MDSC OCP (FWD)
Sergeant Major

DET-36 is Online!



www.facebook.com/det363rdmdscocpfwd





Bahrain Medical Field Hospital Seminar *(MSG Lindsay Buck)*



(Above) MSG Buck demonstrates how to apply a tourniquet to the leg while COL Tucker-Osborne discusses the medical equipment's functionality and appropriate use.

Soldiers from the DET-36 Clinical and Operations staff section conducted an information exchange with the Bahrain Defence Force Royal Medical Service (BDFRMS). Main discussion topics centered on hospitalization, force health protection and triage management. The health seminar, which lasted approximately five days, also included the discussion of the roles of medical care, medical mission command, the 10 medical function areas, medical ethics, preventive medicine, and emergency management. The BDF Royal Medical Service received the information enthusiastically and expressed great interest in continuing forward with additional exchanges. The audience included the Bahraini Undersecretary of

Health and the Deputy Commanding General for Medical Services. Also in attendance were numerous medical professionals, to include doctors, nurses, lab personnel, radiologists, medics, EMTs and Licensed Practical Nurses. The BDF Royal Medical Service would like future engagements which incorporate exchanges related to combat lifesaver training, burn management therapy, hospital operations, and even combined medical field exercises. The 3rd MEDCOM stands ready to support near future medical taskings to Bahrain and the BDF Royal Medical Service are eager to partner and collaborate.



CPT Saindon (left) and MSG Buck (right) conduct a presentation on the US Army rank structure; just one of many military and healthcare centric classes shared with the BDRFMS



3rd MDSC Soldiers stand in between Bahraini Medical Service personnel as they pose for a photo after completing the Field Hospital Seminar.

SGM James Moody Prepares for Retirement

The 3rd MEDCOM's own Sergeant Major James Moody will be retiring from the U.S. Army after more than 40 years of dedicated service. Entering the military in 1973, his forty-one years of selfless service is a rare example of dedication to the military profession and is in keeping with the finest traditions of military service. He is a true NCO; his desire to accomplish the mission, his care of the welfare of Soldiers, and outstanding leadership are what NCO's should strive to emulate. For his distinguished service and record of extraordinary achievements in support of Cold War operations through the Global War on Terrorism and over forty-one years, SGM Moody has earned the Legion of Merit award. His leadership was essential to the 3rd Medical Command's success during mobilization in support of Operation Enduring Freedom. Far exceeding the normal expectations of duty, SGM Moody's lifetime of service epitomizes professionalism and selfless service and reflects great credit upon himself, the 3rd Medical Command, the United States Army Reserves, the United States Army, and his country.





National Prescription Drug Take Back *(COL Annette Tucker-Osborne)*

On April 28, 2012 ASG-Kuwait and the 3rd MDSC participated in the theater's first Drug Enforcement Agency (DEA) National Prescription Take Back Event. This initiative addresses a vital public health issue and provides the public with an opportunity to prevent medication abuse and theft by ridding their homes, barracks, and PODs of potentially dangerous expired, unused, or unwanted prescriptions. This service was free and anonymous. The event was held at two Post Exchange locations from 1000-1400 hours. The Command collected approximately 30-40 lbs of medications which was delivered to environmental services for proper disposal and destruction. The National Prescription Take Back Day initiative also proves beneficial for our environment, as it keeps the drugs out of waterways and landfills. Many unwanted prescription drugs end up in the garbage or flushed down the toilet. The 3rd MDSC will be conducting a second event in September to also include Camps Buehring, Virginia and LSA.



(Top Right, L-R) LTC Kim, ASG-KU, Command Surgeon, Thesia Joseph, Sales & Merchandise, Manager, PX, MSG Clouden, COL Tucker Osborne and LTC Bredy.

(Bottom Right, L-R) COL Goode, COL Baldwin, SGT Tedesco, SGM Moody, and MAJ Hanna manning the Rx Take Back outside the Post Exchange.



Happy 237th Birthday, US Army! *(1LT Keary Close)*



3rd MEDCOM Soldiers pose for a photo and display the shirt earned after completing the US Army Birthday 5K run; (L-R, Standing: LTC Bredy, CPT Saindon, SGM Mills, LTC Cressman, SPC Young; (L-R, Kneeling: MSG Buck, CPT McNulty, 1LT Close, SSG Bradley).

On June 14, 2012, the United States Army turned 237 years old! The following is a message distributed by General Raymond Odierno, US Army, 38th Chief of Staff:

"For 237 years, our Soldiers, Civilians and Families have been the strength of our Nation in peace and at war. Today, America's Army is engaged in nearly 150 countries around the world, on 6 of 7 continents, with over 94,000 Soldiers deployed today and 94,000 forward stationed. Our Nation depends on its Army to defend the shores of our homeland, defeat enemy forces abroad, and help with recovery efforts in the wake of natural disasters. We have the best equipped, best trained, and best led Army in history because of the 1.1 million professional Soldiers who serve in the Active Army, Army National Guard and Army Reserve, as well as the dedicated service of our Army Civilians. It is our Army's competence, adaptability, moral character, and resolute commitment that defines us as professionals and guarantees our long-standing sacred trust with the American people. I'm proud of your accomplishments, your sacrifice, and your selfless dedication to our Army and to the Nation. Today, on its 237th birthday, we honor our Army and the remarkable men and women, past and present, who have embraced our Nation's call to service. **ARMY STRONG!**"



How Much Wood can a Woodchuck Chuck? *(LTC Freda Bredy)*



Members of DET 36 have honed their wood chucking (...er, wood WORKING) skills at the Camp Arifjan Wood Shop. Many Soldiers find the time spent in the wood shop making flag cases, cutting boards, jewelry boxes and a host of other creations has been a time of relaxation. To work in the wood shop Soldiers need not have any previous carpentry or woodworking skills. All they would need to do is complete a 3 hour safety and orientation course, attend a Safety tour of the shop and gain a certification card documenting they've completed training. The Safety tour includes an overview of wood shop tools and equipment and a demonstration on how to use the tools properly. Each time a Soldier enters and wishes to use the

facility, he or she must sign in and don protective eyewear and hearing protection. All types of wood are available to Soldiers to use. Some wood creations have included works made of mahogany, oak, pine and other beautiful woods. Through sanding and cutting, shaping and shellacking, Soldiers of DET 36 have created beautiful works.

(Above) LTC Cressman proudly displays one of the many flag display cases he created; this case holds a flag flown over Camp Arifjan, a certificate and 2 coins!

(Right) COL Tucker-Osborne preparing to operate one of the wood saws located in the free wood shop on post.



Here are a few comments about their time spent at the Wood shop: "I think it's a (great) activity, I've learned about different pieces of equipment, about cutting, sanding and staining and different ways of assembling components" -**LTC Cressman**; "The (orientation and safety) training was very good" -**ISG Cook**; "I think it's been both extremely frustrating and extremely cathartic! When you finally finish the project it's a great feeling of accomplishment!" -**MSG Buck**; "The staff was very knowledgeable and available at all times to assist!" -**COL Politowicz**.

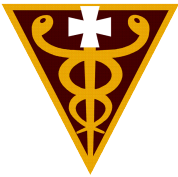
Hail and Farewell: 90 Days *(1LT Keary Close)*

Having served as the Theater-wide Medical Consultant for the 3rd MEDCOM and each of the Direct Reporting Units, MAJ Hany Hanna was a valuable asset to the Command team. In May, he fulfilled his obligation and completed his rotation overseas. MAJ Hanna contributed to the work culture of the 3rd MEDCOM and will be missed as the rest of the detachment takes-on the last half of the tour. A farewell cookout was held for MAJ Hanna, where the staff gathered to play games, share stories and say goodbye. The role of the Medical Consultant is a 90-day rotation which was recently filled by COL Stephen Palte, who has already been a great asset to the Detachment. (Right: The staff gathers around MAJ Hanna for one last photo before his departure).





**Photo Captions on Page 9*



Order of Military Medical Merit *(1LT Keary Close)*

In addition to having been placed on the promotion list for Brigadier General, COL Danny Baldwin, 3rd MEDCOM, Commanding, was awarded the Order of Military Medical Merit (O2M3). According to the U.S. Army Medical Department's (AMEDD) official website: "The Order of Military Medical Merit is a unique, private organization founded by the Commanding General of U.S. Army Health Services Command in April 1982 to recognize excellence and promote fellowship and esprit de corps among Army Medical Department personnel. Membership in the Order denotes distinguished service which is recognized by the senior leadership of the AMEDD. Members are given a certificate and a handsome medallion that signifies to all they meet that they are members of the Order. You will see members proudly display their medallions at formal AMEDD social functions." As Soldiers gathered for the morning briefing, they stood at attention and orders were read during a morning briefing and COL Baldwin was presented the O2M3 award with a round of applause in the office. Congratulations, Sir!



COL Baldwin adorns the O2M3 medal and smiles after receiving a round of applause from the staff.



Honorable Mentions!

Congratulations to the following Soldiers for their professional developments and accomplishments!

SPC Christian Atehortua graduated from the Warrior Leader Course (WLC), exceeded course standards and was awarded the US Army Achievement Medal.

SGT Breena Harrell was recognized by the US Army Central Command (ARCENT) as the "Hero of the Month" and presented a certificate for her contributions

COL Danny Baldwin received the Meritorious Service Medal for his prior leadership with the 332D MED BDE

MAJ Hany Hanna was presented the US Army Commendation Medal for his service as the primary medical consultant with the 3rd MEDCOM

1LT Keary Close received the US Army Achievement Medal for his service as the Aide-de-Camp to the 3rd MEDCOM Deputy Commanding General of Medical Professional Services

MSG Birgit James and **SGT Michael Butler** successfully completed a medical support mission in Afghanistan.



(Top Left) SGT Breena Harrell (center) displays her Hero of the Month Award which was presented by USARCENT during their Command briefing.

(Bottom Left) After graduating from the Warrior Leader Course, SPC Christian Atehortua poses in front of a barricade which was painted by previously deployed Soldiers.



Kazakhstan Information Exchange *(COL Annette Tucker-Osborne)*



COL Tucker-Osborne, Chief of Clinical Operations (CLINOPS) along with MSG Clouden, CLINOPS NCOIC, assisted in the coordination of and attended a

Combat Life Saver (CLS) information exchange with Kazakhstani Soldiers during May and June at the Illisky Training Center, Kazakhstan. This Information Exchange provided realistic, state of the art training in order for Soldiers to gain proficiency in Individual First Aid. The objective was to further enhance the working relationship between US Forces and KAZ Forces combined exercise initiatives. The outcome of this exchange was very successful with plans for future medical exchanges.

(Right) MSG Clouden, far left, and COL Tucker-Osborne, second from right, borrow the berets of two KAZ Soldiers and poses for a photo.



(Above) MSG Clouden and COL Tucker-Osborne stand in the center of a group of Kazakhstani Soldiers proudly displaying certificates earned during their medical training information exchange.

Care Packages Delivering Smiles *(ILT Keary Close)*

Do you want to know the fastest way to halt productivity for a military Unit deployed overseas?... send them a care package! This has been proven time and time again as the 3rd MEDCOM Soldiers receive boxes of gifts from their friends and family members back home. The gifts are extremely appreciated by all and the smiles they bring are priceless as the Soldiers gladly take a few minutes away from work to gather around the table, distribute gifts and

share stories of those loved ones they miss so much. Many schools and organizations have also mailed letters, drawings, and thank you cards to the staff which creates a sense of pride and accomplishment among the detachment. Thank you to each and every one of the individuals and organizations that keep the 3rd MEDCOM close at heart... you help ensure the months away from home are a meaningful undertaking.

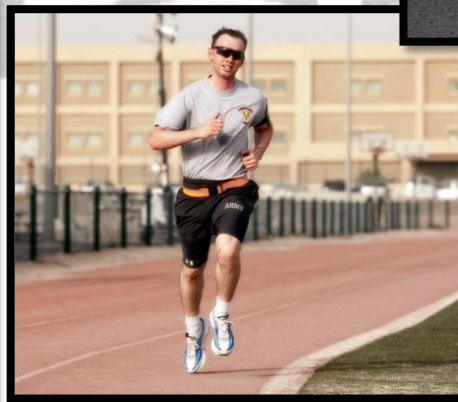


Crossing the Finish Line Under the Desert Sun *(1LT Keary Close)*

It's early morning, the heat is still intense, Reveille starts and the music blasts on loudspeakers across post, Soldiers stand side by side at attention saluting the flag, and the anticipation begins to set in... because when the music stops and the salutes drop, the race begins! Always securing a spot at the front of the starting line, CPT Saindon makes sure to lead the way, quickly followed by the rest of the 3rd MEDCOM, who participate in the races as an opportunity to get some exercise and have some fun. The MWR sponsors these types of races monthly, providing t-shirts to all who cross the finish line. So far, DET-36 has participated in seven 5Ks, one 10-Miler, and a 72-hour Marathon. The heat won't slow down the "Desert Medics!"



(Above) A group photo taken before the Memorial Day 5K, Standing L-R: MAJ Heck, MSG Cook, CW4 Kamp, MAJ Brock, CPT Quinn, SGM Moody, SPC Young, CPT McNulty, SFC Muller, and COL Baldwin. Kneeling, L-R: MSG Buck, SPC Atehortua, CPT Saindon, 1LT Close, and SFC McLeod.



(Far Left) MSG Cook and CW5 Kamp keep their stride in the middle of the USAR Birthday 5K.

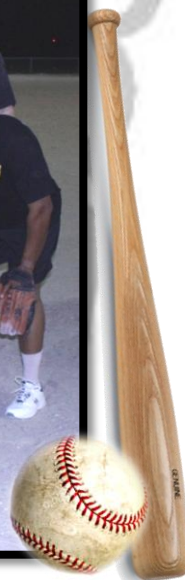
(Left) CPT Saindon crosses the finish line during the Sexual Assault Awareness 5K -Photo by ASG-KU MWR.

(Below) The team gathers on the mound. Standing, L-R: SFC Muller, MSG Anderson, MSG Cook, SPC Homol, SGM Moody, SFC Hendren, COL Baldwin, CPT Hicks, COL Politowicz, MAJ Heck, SPC Young, COL Goode; Kneeling, L-R: MAJ Irminger, CPT Quinn, SGT Tedesco, CPT McNulty and SFC McLeod.

The End of a Season

(1LT Keary Close... Position: SS/3B)

Shortly after arriving overseas the staff caught wind of a post-wide, MWR sponsored softball league, and the 3rd MEDCOM eagerly created a large team involving Soldiers from the 422nd Veterinary and 983rd Preventive Medicine Detachments, as well as the ARCENT Surgeon Office. The season lasted a couple months with games held every week. There were 10 teams from 3 different Camps, and the competition was fierce. Practice paid off and the 3rd MEDCOM team was in the running for the playoffs by then end of the regular season! As luck would have it, the opposing team for the final game of the regular season redeployed home, which led to their forfeit and the 3rd MEDCOM earned a spot in the playoffs! The teams fought their way through 3 games in the finals, but were finally defeated, bringing an end to an epic, entertaining and exciting season. Congratulations to everyone who participated and supported the 3rd MEDCOM; the ability to work as a team both on and off the field represented the Command with pride!



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U.S. ARCENT OFFICIAL SITE
<http://www.arcent.army.mil/>

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<http://www.army.mil/>

DET-36 FACEBOOK PAGE
<http://www.facebook.com/det363rdmdscocpfwd>

Upcoming Birthdays

MSG Grant Sydow	01 August
SFC John Muller	22 August
COL Donald Goode	27 August
LTC Freda Bredy	01 September
SSG Benito Lopez	03 September
SGT Breena Harrell	04 September
SFC Richard McLeod	11 September
CPT Michael McNulty	29 September
SFC Neil Collier	06 October
MSG Birgit James	15 October
SPC Christian Atehortua	25 October

Look for the
Next DET-36
Newsletter in
OCTOBER!

Special Thanks

For their assistance in providing articles, pictures and support:

- COL Stephen Palte
- COL Annette Tucker-Osborne
- CPT Jane Hicks
- LTC Freda Bredy
- MAJ Mark Haxton
- CPT John Saindon
- CPT Edward Quinn
- SGM James Moody
- MSG Pamela Cook
- SFC Richard McLeod
- MSG Lindsay Buck

Page 5 Captions

LTC Bredy begins her project, using one of the saws at the MWR woodshop.

MSG gives a speech at an Eagle Scout Ceremony for a local Kuwaiti, Boy Scouts of America Troop.

SGT Harrell smiles after winning a game of Pictionary during the Detachment cookout!

CPT McNulty braces while LTC Cressman grabs hold during a small, bouncy C-12 plane ride.

MAJ Heck, MSG Cook and MSG Buck pose for a photo with country star Toby Keith.

1LT Close is handed the US Army Achievement award from Commander, COL Baldwin.

SFC McLeod takes control of the BBQ during the cookout... a job well done!

COL Baldwin smiles after winning everyone else's chips during a friendly game of poker.

SGT Harrell pretends to be attacked by a fake dog which is often used as a veterinary training aid.

CPT Saindon, 1LT Close, MSG Clouden and others knock out some pushups at work during the MWR "Pushup Challenge" event.

1LT Close jumps up to spike a ball during a pick-up volleyball game with CPT McNulty, CPT Quinn, MAJ Heck and other staff members.

The entire DET-36 staff gathers around MG Dowd, ARCENT DCG, during his visit with the 3rd MDSC OCP (FWD).

COL Palte poses with COL Baldwin after receiving the US Army Achievement award.

MAJ Heck, CPT Quinn and CPT McNulty pose with country music star, Kellie Pickler!

