

HAWAII MARINE

Voluntary payment for delivery to MCAS housing/\$1 per four-week period.



TO DEFEND YOURSELF — GySgt. Leroy Bevers, military police here. (Photo by Cpl. T.J. Cross, MABS-46, Det. B, demonstrates a Clark) reverse wrist takedown with Cpl. Phillip

Colorado reservists find Hawaii — no vacation

by Sgt. Theresa Anthony

For most people, two weeks in Hawaii is enough time for a great vacation in "paradise." For the 164 reservists and 28 active duty Marines from Aurora, Colo., who recently spent two weeks training at the Air Station, it was everything but a vacation.

Marine Air Control Squadron-23, Marine Air Base Squadron-46, Detachment B, and 4th Force Imagery and Interpretation Unit arrived here July 7 to train with active duty Marines. Included in MACS-23's itinerary was the Marine Corps Combat Readiness Evaluation Systems test which is designed to evaluate the unit for combat readiness.

During the MCCRES, 23's mission was to provide weapons control, surveillance, aircraft identification and traffic control

in defense of a simulated attack on the Air Station.

"The squadron scored 88 out of a possible 100 points, which is considered extremely good for an outfit that doesn't practice this exercise on a routine basis," said Capt. M.J. Molitor, operations officer, Marine Air Control Squadron-2.

The reservists came from a wide range of military occupational specialties including air defense control, aircraft maintenance, motor transport, supply, military police and intelligence. Matching the variety of MOS's was a large variation of civilian occupations, including a university professor, a detective, a stockbroker, and a real estate agent.

"Working with the regulars, reservists are brought up to a

more current state of knowledge," said LtCol. R.W. Guilford, MACS-23's commanding officer who is also a reservist. "There is an important exchange of knowledge and support. We get training, and the regulars are provided with personnel they need." The reservists' expertise is not as regular as added.

(CODE HDS-5)

MABS-46, Det. B's maintenance personnel spent their two weeks with VMFA-232. This offered the Marines a chance to qualify, and in some cases re-qualify, as plane captains. "A plane captain must show proficiency and knowledge in aircraft systems. He needs to

See Reservist Page A-4

Brigade Marines test weapons for upcoming arms exercise

Story and photos

By Cpl. Pat Lewandowski

Dust rises on the distant horizon. Echoes of far-off gunfire fall across friendly positions, giving the men an eternity to contemplate the approaching enemy. The enemy is miles away, but it's already scoring a psychological victory.

Enemy armored columns roar across the rolling desert terrain. Inadvertently, they break a sensor wire planted by a Marine reconnaissance unit several days earlier. Marine attack aircraft are alerted to the position of the thundering behemoths. With deadly accuracy the flying leathernecks punch holes in the enemy's lines — but they keep coming.

As the enemy advances into artillery range, 155mm howitzers lay deadly fire on the assaulting columns but with even heavier losses, they keep coming.

A dust cloud billows upward as the tanks and armored vehicles approach the main pass through the hills. One by one, the vehicles explode as they make contact with mines placed by Marines at the choke points. As the enemy pace slows, anti-tank gunners fire TOWs (tube launched, optically tracked, wire command link guided missile system), Dragons (surface attack guided missile), and LAWs (light anti-tank weapon) at the approaching targets. Finally the enemy advance is halted and the Marines move up to new positions.

This is desert warfare, with an enemy too far away to engage and too close to ignore. An exercise with similar problems was conducted on the island of Kahoolawe recently.

"We came here to practice for the upcoming combined arms exercise that we will be

participating in," said LtCol. Larry Springer, commanding officer, 2nd Bn., 3d Marines. "Using techniques that are most effective in the desert, we simulated counter-attacks against a division size armored enemy. This type of combat is an art form that can determine the course of a conflict. The CAX will help us solidify our mechanized desert warfare training," Springer continued.

Elements of 2nd Bn., 3d Marines, spent seven days perfecting the art of fire support coordination and control. Using "constructive" targets and desert warfare scenarios, the devildogs practiced their detection, coordination and fire control techniques in preparation for their deployment to the Marine Corps Air Ground Combat Center at Twentynine Palms, Calif.

The weapons training package involved weapons organic to the

Marine infantry battalion; including 60mm mortars, 81mm mortars, Dragons, LAWs and M-60 machine guns.

In addition to firing live weapons, forward observers and command personnel received valuable training in fire support coordination and control. With the help of VMFA-232, the forward observers and air controllers practiced calling in and controlling close air support missions.

The week-long exercise permitted the gunners to fire several thousand rounds down range with each Marine receiving qualification on his weapon. The night skies were filled with tracer rounds and flares as the battalion enhanced its night fighting capabilities. With several days of training behind them, the Marines gained confidence in

See Warfare Page A-4



IN THE HOLE — LCpl. Rodger Hammond, Co. F, 2nd Bn., 3d Marines, loads a 60mm mortar round while training on Kahoolawe.

Military vote carries weight in elections

WASHINGTON, D.C. — Based on the number of military members, dependents, and overseas civilians who, thus far, have used the Federal Post Card Application to register and request an absentee ballot, 1984 could be a record year for absentee voter participation.

A spot check of local election officials shows a 55 to 60 percent increase in registration and requests for absentee ballots over the 1980 election year. A survey conducted by the Federal Voting Assistance Program, the office responsible for the absentee voting process for all members of the U.S. Armed Forces and Merchant Marines, and U.S. citizens overseas, shows that some of the barriers to absentee voting have been eased, but "They are not totally eliminated," said Henry Valentino, director of the program.

The FVAP will continue to work with state legislative and election officials in an effort to change laws that "could disenfranchise absentee voters who need sufficient time to request a

ballot, execute it and return it in time to be counted," Valentino said.

Valentino urges voters to notify FVAP of any problems they might encounter in their attempts to vote this year, and he encourages voters to return their ballots to their voting districts even though it may appear the ballot might not arrive in time to be counted. "Court action could be taken which would direct counting of ballots received beyond the normal deadlines," he explained.

Following are scheduled primaries for which FPCAs must be submitted.

ALABAMA — A primary is scheduled in Alabama on Sept. 4, and a runoff to the primary, if required, on Sept. 25. The primary ballot will list candidates for seats in the U.S. Congress and for various state and local offices. The completed FPCA should be sent to the Board of Registrars in the county of residence between 60 and 100 days before the primary.

MINNESOTA — Voters, on

Sept. 11, will select candidates for the U.S. Congress, and various state and local offices. The winners will appear on the ballot in the Nov. 6 general election. Application for absentee ballots are accepted at any time up to the day before the election.

WYOMING — Voters, will select candidates for seats in the U.S. Congress and for state and local offices on Sept. 11. The winning candidates will run for election in the Nov. 6 election. The FPCA must be received within a reasonable time before the election and must be sworn to before a commissioned officer or other person authorized to administer oaths.

The above voters desiring to register permanently may use the state registration oath form to do so. This form must be completed and sworn to before an authorized person and received by the county clerk no later than 30 days before the election.

WASHINGTON, D.C. — Residents will vote Sept. 11 to select candidates for members of

the city council. Winners of the primary will run in the general election on Nov. 6. Those eligible may apply for registration and an absentee ballot by sending a single completed FPCA to the District of Columbia Board of Elections and Ethics, District Building, Washington, D.C. 20004. When used for this dual purpose, the FPCA must be post-marked no later than Aug. 13 for the primary or Oct. 8 for the general election. If the FPCA shows no postmark, then it must be received by the Board no later than Aug. 20 or Oct. 15. If used as a ballot request alone, it must be received by Aug. 28 or Oct. 23.

ARIZONA — Arizonans will vote Sept. 11 for candidates for the U.S. House of Representatives, for the State Senate and House, and other state offices. The winners will appear on the ballot in the Nov. 6 general election. Effective Aug. 3, members of the U.S. Armed Forces and Merchant Marine and their spouses and dependents, and U.S. citizens temporarily residing outside the U.S., may

register absentee by submitting a completed FPCA to the appropriate county recorder within the following deadlines: No later than the day of the election for persons in the service outside the U.S., and their spouses and dependents; and no later than five days before the election for persons in the service within the U.S., and their spouses and dependents; and no later than 50 days before the election for all other persons required to register.

WASHINGTON — Voters on Sept. 18 will vote in a primary to select candidates for Congress, Governor, and other state offices. Members of the U.S. Armed Forces or Merchant Marine, federal civilian employees (including Peace Corps volunteers) serving outside of the United States, members of religious or welfare agencies attached to and serving with the U.S. Armed Forces, other Washington state residents temporarily residing outside the state, and the spouses and dependents of all the above categories, may apply by mail for

an absentee ballot without first being registered. A single FPCA may be used to request ballots for both the Sept. 18 primary and the Nov. 6 general election.

HAWAII — Citizens of the Aloha State will be voting in a Congressional primary on Sept. 22. Candidates for various state and local offices will also appear on the ballot. The winners will run in the general election Nov. 6. The FPCA may be used simultaneously to register and request an absentee ballot. When used for this dual purpose, it must be submitted in time to reach the clerk no earlier than 60 days and no later than seven days before the election.

LOUISIANA — Citizens will vote in a Congressional, state, and local primary on Sept. 29. The completed registration form must be received by the registrar no later than Aug. 29. Registration is permanent, but will be cancelled if a person fails to vote at least once in a four-year period. For further information, contact your voting officer.

Flyer
Marine pilot
soars
without degree
Page A-8



Stripes
Most people
recognize three
stripes as Sgt.
Page A-10

Super Marine
HQ Co Bde.
compete against
drug and alcohol
Page B-1

Military invited to Hawaiian luau

Hawaii's 1,000 Friends and the Waianae Hawaiian Civic Club have joined forces to present their Third Annual Authentic Elegant Hawaiian Luau, Saturday Aug. 25, under the mango trees of Muana Olu in Makaha Valley.

Traditional Hawaiian foods will include kalua pig, chicken long rice, poi (the Hawaiian staple food), lomi lomi salmon, squid lu'au, poke (a uniquely delicious fish dish), crab, sweet potato, haupia (a coconut pudding), assorted cakes and juice. No-host beer and wine will be served at 5 p.m. followed by the luau by 6 p.m.

Tables for eight may be reserved by calling the 1,000 Friends office at 538-1296. Tickets are \$15 (\$8 is tax deductible).

The irrepressible Kevin "Chubby" Mahoe will be the

master of ceremonies, and present his halau, or hula studio. Other halau, presenting both modern and ancient hulas will also dance.

"Candlelight," a quartet of Hawaiian musicians will play contemporary and traditional Hawaiian music. Guest performers will include Makaha favorites of comedy, song and dance.

For someone looking for a getaway, reduced rates are being offered to Luau-goers by the adjacent Sheraton Makaha Resort. A couple can spend both Friday and Saturday nights at the resort, attend the luau, and take a free Makaha heritage tour for \$13.60.

For more information, call 538-1296.

Courts-Martial Report



PFC Raymond J. Jamnik Supply Co., Brigade Service Support Group, was convicted at trial by special court-martial of disobedience, disrespect, and striking a noncommissioned officer, and being drunk and disorderly on station.

He was sentenced to confinement at hard labor for four months, forfeiture of \$300 pay per month for three months and reduction to private.

LCpl. Ronald J. Osbourne, MAG-24, was convicted at trial by special court-martial of unauthorized absence from June 4 to July 4, and failure to go to his appointed place of duty.

He was reduced to private first class and confined at hard labor for 30 days.

SSgt. Jay W. Arnold Jr., 2nd Bn. 3d Marines was convicted at trial by special court-martial of submitting a false claim against the government for loss of personal property in the amount of \$1,244.62.

He was sentenced to forfeiture of \$264 pay per month for six months, reduction to lance corporal and confinement at hard labor for 30 days.

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HAWAII MARINE

This newspaper is published every Thursday by RFD Publications, Inc., 46-016 Alaloe St., Kaneohe, Hawaii 96744, in the interest of the Marine Corps personnel in Hawaii. All news copy is prepared in the Joint Public Affairs Office, Marine Corps Air Station, Kaneohe.

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Advertising in this publication must be made available for purchase, use or patronage without regard to race, creed, color, national origin, sex or age of the advertiser, or patron. A confirmed violation or rejection of this policy of equal opportunities by an advertiser will result in the refusal to print advertising from that source.

At a glance

School physicals

It's that time of year again when school children must have a physical to attend school under Hawaii state law.

Parents should try to avoid the August rush and schedule their children for appointments as soon as possible at the Immunization section of the Kaneohe Branch Clinic.

To schedule an appointment, take your children, their shot cards and health charts to the Immunization section any Monday, Tuesday, Wednesday or Friday from 8-11 a.m. or any Monday, Tuesday or Friday from 1-3 p.m.

Each child will be given a tuberculosis (TB) test and an eye examination. After the TB test is read two days later by nurse Pat McKinley, an appointment will be scheduled for the final portion of the physical.

For information, contact Pat McKinley at 257-3321.

Preventive dentistry

The next Preventive Dentistry Program is scheduled for Aug. 11. Parents may begin making appointments for their children.

The dental program for dependents is limited to relieving pain in severe emergencies and preventive dentistry only.

Preventive dentistry consists of a dental examination, lectures on dental hygiene and nutrition, and application of stannous fluoride. It does not include X-rays or dental care such as filling cavities.

To make an appointment, call 257-2290.

Bank notices

First Interstate Bank of Hawaii recently sent notices to a number of individuals who have vehicle loans with the bank stating the bank is involved in legal action with the insurance companies underwriting their "loan power" program. Under the program borrowers paid a special premium which allowed them to move their financed vehicle from Hawaii prior to the loan being paid in full.

As a result of the legal action, the bank will no longer authorize removing vehicles from the state unless the loan is fully paid.

All personnel having such loans are encouraged to contact Wayne Akemoto at the Hawaii Consumer Protection Agency, 548-2540.

Bishop Museum

Bishop Museum invites community organizations to participate in the Museum's Family Sunday program.

Family Sunday is the first Sunday of every month, when Hawaii residents are invited to enjoy Bishop Museum as the guests of HonFed. Each Sunday features a different theme. Groups willing to provide entertainment and activities which enhance the theme of the day may also use the opportunity to raise funds for their own organizations.

Past participating organizations have included People Attentive to Children, Honolulu Exchange Club, and the Chinese Chamber of Commerce.

Participation guidelines can be obtained by calling Susan Kodani or Darlene Takayama at Bishop Museum, 847-3511.

Sanborn commands

LtCol. James Sanborn assumed command of MSSG-37 July 31 and also will continue to

serve as the executive officer of BSSG. LtCol. Larry Campbell, the outgoing commanding officer, is being assigned to Brigade G-3, Operations and Planning.

World discounts

World Airlines has announced reduced fares for active duty servicemembers, military retirees and their immediate families.

"World wanted to recognize the millions of Americans who have devoted their lives to serving our country," said Don Daly, World Director of military and government sales. "We have a long history of working with the military, and now I'm proud to say we're the first airlines to make our military discount fares available to these people."

The discount fare also extends to National Guard, reservist, full-time USO, officers of NOSC

and officers of the U.S. Public Health Service.

Special discounts are also available for military retirees and their dependents to Frankfurt, Germany.

Volunteers needed

Navy Relief is in need of volunteers and layettes. Sewing and crocheting is what makes a layette, so if you can do either, contact the Navy Relief Office at 254-1327/1328.

Income tax info

Taxpayers who want copies of their income tax returns this year may want to think twice before asking the Internal Revenue Service to do the job.

Not only does the taxpayer have to pay for the service in advance, but the charge to photocopy a tax return is \$5.00;

the charge for a transcript of tax account information is \$2.50.

Prior to Oct. 1, 1983, the charge was \$1.00 to photocopy the first page of a tax return and 10 cents for additional pages. Transcripts of tax account information were not supplied.

An IRS spokesman said "we're obviously trying to encourage taxpayers to do their own photocopying." He explained that the charges are necessary to eliminate administrative costs in billing taxpayers for the service.

However, those requesting this

service should complete Form 4506 Request for Copy of Tax Form (or Individual Income Tax Account Information) and mail it to the address shown on the form. The forms are available at IRS offices only.

St. Louis grads

Eight Marines were awarded diplomas during ceremonies July 27 after completing the course of study prescribed for graduation from St. Louis High School.

They are: GySgt. John H.



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DOWN AND CONTROLLED — GySgt. Leroy Cross, MABS-46, Det. B, demonstrates on Cpl. Phillip Beavers, military police department here, a reverse wrist takedown during an armed self defense class. (Photo by Cpl. T.J. Clark)

Colorado reservists . . .

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know enough to be able to locate problems in the aircraft when they arise," said SSgt. Kurt Schloge, one of the MABS-46 Det. B mechanics.

The reservists changed tires, checked oil, fueled aircraft, and performed daily inspections to ready the aircraft for routine flights.

MABS-46, Det. B's military

policemen joined the regulars in manning the Air Station's gates. "We have nine Marines, including myself, who work in police departments in their civilian jobs," said GySgt. Leroy Cross, NCOIC of the Reserve MPs. "The regulars have a tough job. They have to be Marines, and also practice law enforcement — all at the same time."

Cross was instrumental in teaching classes in officer survival training, armed self defense and a class on the police baton to the regulars. "The knowledge we gain as civilians, we pass on to active duty Marines, and they enjoy doing it. They may even have plans on becoming police officers once they are out. We give them some

insight on that too," said Cross.

Pearl Harbor Naval Station's Fleet Intelligence Center was the site of still more training. Twenty-one reservists studied potential targets of enemy attack. "We completed studies of 15 potential targets," said GySgt. Gary Justice, an active duty Marine with FIIC. "We examine where the enemy might attack and what we need to do to protect it."

At home in Aurora, MACS-23 has approximately 40 active duty Marines who welcome the reservists on drill weekends. "The reservists get a chance to experience regular Marine Corps training," said GySgt. Jim Hamilton, an active duty radar chief by MOS, but also the

squadron's career planner. Hamilton works in Reserve recruiting, and periodically, in public affairs.

Proud to be one of the active duty Marines, 1st Sgt. Ray Church, MACS-23, praises the reservists and their relationship with the regulars. "The reservists are just as professional as their counterparts." Reserve MSgt. Ron Reynolds quickly agrees. "These Marines measure up to the regulars I served with while on active duty. You can't tell them apart."

"It has been an incredibly smooth drill period for us. The cooperation we received from MAG-21 and the Air Station has been superb," commented Guilford.



TELEPHONE NOT NEEDED — SSgt. Simon Aguilar (right) and 1st Lt. Sam Murphy, MACS-23, transfer information utilizing a microwave transmitter. (Photo by SSgt. W.S. Saunders)

Warfare . . .

From Page A-1

their ability to deliver accurate and substantial firepower against the enemy. That confidence was shaken slightly as the exercise succumbed to what Springer called the "fog of war," the unpredictable and often uncontrollable problems that occur during training or actual combat. An example of this occurred shortly before the operation ended.

Many of the support elements due ashore during the final days of the exercise were stranded aboard the USS Denver when a utility landing craft was damaged during unloading operations. Among the elements was the battalion headquarters and the infantry companies. Battery B, 1/12 Marines also remained afloat, stripping the

weapons personnel of vital 105mm howitzer fire. The Marines accomplished their various fire support missions despite changing plans several times.

Approximately 1,400 Brigade Marines will participate in the CAX, scheduled to begin Aug. 13. A "constructive" Regimental Landing Team will operate in the California desert, supported by tank and amphibious assault vehicle elements from Twenty-nine Palms. In addition to the ground units, Navy and Marine aircraft will join forces to support the three-week operation.

The Marine RLTC, commanded by Col. Richard Esau, will take part in numerous live-fire missions, designed to enhance the leathernecks ability to fight effectively against a heavily armored enemy in a desert environment.



FIRE MISSION — GySgt. Dexter Serrano (right), 2nd Bn., 3d Marines, gives target information to an 81mm mortar gun line as SSgt. Marzell Davis plots the firing coordinates.



PLANE CAPTAIN IN CHARGE — A reservist from MABS-46, Det. B, signals for the final "all systems go" to a Phantom pilot, from VMFA-232. (Photo by Sgt. T.M. Anthony)



FIRST LOAD — Cpl. and Mrs. Jerome McCoy, Co. G, 2nd Bn., 3d Marines, put a load of clothes in the new washer they received recently as the Air Station Housing Office began placing the much needed appliances in housing units. (Photo by Cpl. Pat Lewandowski)

Washers and dryers distributed to Air Station homes

In an effort to promote equality of living standards among Oahu's military personnel, the Family Housing Office here began distributing washer and dryer sets to families aboard the Air Station. The program started July 1 with a target of 800 new washer and dryer sets to be installed this year.

According to Army Col. Frederick Bittl, Director of the Oahu Consolidated Family Housing Office, the money for the appliances was obtained through special appropriations in the housing budget. The budget is funded by the armed forces on the

island and is divided according to the needs of each installation.

"Due to the recent consolidation of housing on Oahu, we are able to provide Navy and Marine Corps housing units with washers and dryers on a first-come, first-served basis," said Bittl. "We have given priority to those families who need the sets the most — the junior enlisted personnel. Eventually, all the housing units will receive them."

For further information concerning the washer and dryer installation program, contact Dave Simon, Air Station Family Housing Manager at 257-2705.

Salutes

EDITOR'S NOTE: Salutes recognizes individuals for their achievements and exceptional performance and to welcome arrivals to Hawaii.

The information is compiled by Unit Information Officers in conjunction with Fleet Home Town News releases submitted to the Joint Public Affairs Office.

3d Recon Bn

Welcome aboard:
Capt. R.S. Moore
1st Lt. J.H. Baker
1st Lt. M.F. Vidal

Promotions:
Sgt. J.C. Bradley
Sgt. J.E. Custer
Sgt. R. Beiltra

Meritorious Mast:
Sgt. J.C. Bradley

Good Conduct Medals:
Sgt. J.O. Buford
Sgt. T.B. Tumell
Cpl. P.M. Barrett
Cpl. A.D. Collins
Cpl. N.L. Hart
Cpl. D.W. Olson
Cpl. R.A. Phillips
Cpl. J.E. Rogers
Cpl. S.A. Vandegrift
1st Lt. M.L. Tinkman
1st Lt. V.M. Hank

3d Marines NCO of the Quarter:
Cpl. B.A. Vanaridell
Navy Dive School Graduates:
Cpl. B.L. Minnix
Cpl. B.A. Vanaridell
Cpl. D.C. Vandegrift
1st Lt. R.S. Phillippi

Amphibious Recon School Graduates:

1st Lt. T.S. Takenaka
Sgt. E.J. Chang
Cpl. T.P. Hartnett
Cpl. D.W. Olson
Cpl. T.E. Rhom
1st Lt. C.A. Fuqua
1st Lt. G.L. Gulick
1st Lt. W.H. Hayes
1st Lt. W.J. Marquis
1st Lt. J.J. Morrison
1st Lt. F.J. Rincon
1st Lt. J.L. Standish

3dAAVBn, Det. Co. A

Good Conduct Medals:
Cpl. W.M. Christopher
Cpl. T.J. Harlow

H&MS-24

Welcome aboard:
1st Lt. W.L. Nyland
EWOS PT. Knight
Cpl. S.P. Netter
Cpl. J.T. Simon
Sgt. H.L. Jaramilla
Sgt. W.F. Logan
Cpl. T.E. Boyle

Cpl. J.D. Corbitt
Cpl. R.V. Fowler
Cpl. J.B. Giglio
1st Lt. D. McNeil
1st Lt. J.M. Sabo
1st Lt. T.J. White
PFC C.T. Fruidentberg
PFC P.J. Osborne

MCAS-2

Welcome aboard:
GySgt. N.D. Hall
PFC R.M. Selgren

Promotion:
1st Lt. G.W. Kerekesh

Letters of Appreciation

Cpl. R.J. Mavrais
1st Lt. G.G. Hofaker
Good Conduct Medals:
Cpl. K.R. Fickachen

VMFA-235

Welcome aboard:

Maj. D. Smith
1st Lt. G. Rhodes
Cpl. E.O. Enriquez
1st Lt. A.A. Kuyrows
PFC A.G. Sichel

Meritorious Promotion:
1st Lt. D. Coffman

Meritorious Mast:

Sgt. J.L. Valentine
Cpl. D.D. Skafe

HMM-265

Welcome aboard:

Sgt. Maj. A.J. Kellogg
GySgt. B.E. Belong
GySgt. J.R. Eggina
SSgt. L.F. Ankrum
Sgt. T.E. Howell
Cpl. R.I. Kofka
1st Lt. L.G. Moses
PFC J.W. Madden
PFC T.A. Svenningsen

Meritorious Mast:

1st Lt. P.A. McCortez
1st Lt. S.M. Reagan

HMH-463

Welcome aboard:

1st Lt. J.L. Klingensmith
1st Lt. P. Stebnicki
GySgt. R.J. Watkins
SSgt. D.J. Colley
SSgt. M.J. Flannigan
SSgt. D.S. Kelley
Sgt. C.A. Hughes
Sgt. D.E. Little
Sgt. S.D. Sampell
Sgt. S.D. Wilson

Meritorious Mast:
Sgt. S.D. Wilson

Meritorious Promotion:
1st Lt. D. Coffman

(Continued on Page A-5)

Salutes



NAVY ACHIEVEMENT MEDAL—SSgt. Katherine D. Creswell, H&S Co., BSSG, received the Navy Achievement Medal for her superior performance while serving as a drill instructor and senior drill instructor with Woman Recruit Training Command, and as a squad instructor, Drill Instructor School at Parris Island, RTR, MCRD, S.C., from August 1980 to June 1984.



NAVY ACHIEVEMENT MEDAL—Gysgt. Tom Perez, 1/12, received the Navy Achievement Medal for his superior performance while serving as the Operations Chief, 1/14, 4th MarDiv, Los Angeles, Calif., from October 1980 through October 1983.



NAVY ACHIEVEMENT MEDAL—Sgt. Steven Mark Gordon, 1/12, received the Navy Achievement Medal for his superior performance while serving as the Guard Chief of the Marine detachment aboard the USS America from April 25 to July 30, 1983.



NAVY ACHIEVEMENT MEDAL—Cpl. Jeffrey Schwilk, 1/12, received the Navy Achievement Medal for his superior performance while serving as the Battalion Intelligence Chief from April 18 to May 21, 1984.

From Page A-4

LCpl. L.F. Carleton
LCpl. C.R. Duprey Jr.
LCpl. K.M. Rule
LCpl. E. Sepulveda
LCpl. W.G. Shephard Jr.
PFC J.W. Burns
PFC J.H. Clark
PFC T.J. Heineman
PFC J.C. Petix Jr.
PFC T.L. Stumo

Promotions:

Sgt. R.T. Cunningham
Sgt. J.W. Lockamy
LCpl. S.P. Hopkins
LCpl. R.F. Jackson
PFC G.J. Asschliman

Navy Achievement Medal:
SSgt. J.D. Pink

Meritorious Musts:
SSgt. B.C. Wood
Cpl. K.E. Martinson

Cpl. E.D. Underwood
LCpl. R.F. Jackson
LCpl. W.S. Thexton

Letter of Commendation:

Maj. D.R. Dean

Letters of Appreciation:
Capt. R.D. Moran
Cpl. A. Yepez
LCpl. J.E. Bruecht
LCpl. A.D. Ruth

Good Conduct Medal:
Cpl. W.M. Simmons

Reenlistments:

SSgt. R.J. Randall
Sgt. J.W. Lockamy

NBC School Honor Graduate:

LCpl. H. Oliva

MCI Course Completions:
Cpl. P.A. Bushman
Cpl. G.A. Cummins
Cpl. K.E. Martinson
Cpl. A. Yepez
LCpl. C.Z. Brantner

LCpl. A.V. Crows
LCpl. D. Lugo
LCpl. J.M. Sierra
LCpl. M.J. Zanyer
PFC D.W. Bissan

1983 CNO Safety Award Citation:

Lt. D.N. Hartwell USN

Safety Pro of the Quarter:

Cpl. E.D. Underwood

UH-1N Gunner Course Graduate:

LCpl. P.K. Donegan

WINDWARD MALL

August Special Events

S	* M	* T	* W	* T	* F	S
12 WE'RE ON YOUR SIDE! WINDWARD MALL *Voter Registration 10-5	13 BEAT THE HEAT! Shop in air-conditioned comfort at WINDWARD MALL	14 WINDWARD MALL is your one-stop location for • SHOPPING • DINING • SERVICES • COMMUNITY EVENTS • AND FUN! JOIN US! WINDWARD MALL	15 For the best in quality and variety, make WINDWARD MALL your Back-to-School headquarters! WINDWARD MALL Voter Registration 10-7	16 BACK-TO-SCHOOL SALE SPECIAL FOR KIDS! Noon to 3 PM FREE! •Face Painting •Balloon Animals by the Story Creek Critter Clowns Voter Registration 10-7	17 BACK TO SCHOOL SALE * AUDY KIMURA 6:30 PM Center Stage Voter Registration 10-7	18 BACK TO SCHOOL SALE OPEN TIL 9 PM *PETER MOON BAND 6:30 PM Center Stage Voter Registration 9:30-5:30
19 BACK TO SCHOOL SALE ACRES OF FREE & EASY PARKING! WINDWARD MALL Voter Registration 10-5	20 COMMENTS OR QUESTIONS ON OUR CALENDAR? CALL 247-8767	21 ONLY MINUTES AWAY FROM WHEREVER YOU ARE! WINDWARD MALL	22 YOUR VOTE COUNTS! REGISTER TO VOTE WEDNESDAY THROUGHOUT AUGUST Liberty House Wing Voter Registration 10-7	23 OPENING SOON! 14 Karat Plum Special Dreams What's Cookin' Windward Beauty Supply WINDWARD MALL Voter Registration 10-7	24 FINALISTS COMPETE IN THE "SEARCH FOR TALENT" 7 PM Center Stage Voter Registration 10-7	25 •CASTLE JAZZ ENSEMBLE noon •KEIKI MUSIC SCHOOL 1 PM Center Stage Voter Registration 9:30-5:30

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Harrier gets acclimated for Corps

Everybody complains about the weather, but things could be worse. Consider the climate recently endured by an AV-8B Harrier II, the U.S. Marine Corps' newest vertical/short takeoff and landing combat jet.

An AV-8B Harrier II has completed climatic testing at Eglin Air Force Base in Florida where it was frozen, soaked and baked for two months to determine its ability to operate in extreme weather conditions. The AV-8B is in production at the McDonnell Aircraft division of McDonnell Douglas in St. Louis.

Inside a special hangar, the Harrier II faced blizzards, monsoons, desert heat, and thermal shock. Giant fans created 46 mile-per-hour winds that slashed the aircraft with rain, sleet, and snow.

The hangar's 12,000-ton air conditioner sent the temperature plunging to 60 degrees below zero Fahrenheit. Then, the hangar doors were opened and the Harrier II was subjected to "thermal shock" when its ice-covered airframe met the warm Florida air. Later the temperature would rise even more — to 122 degrees.

Under these conditions, a pilot would start the plane's engines and perform operational checks on all systems to see if they met design requirements. The avionics were checked with built-in test equipment. The landing gear was extended and retracted. The

hydraulic pumps were tested for unusual drops in pressure.

Over 100 sensors located throughout the AV-8B monitored temperature and pressure. The operational checks were performed at temperatures about 40 degrees below zero to 122 degrees above.

According to Homer Tourkakis, engineering coordinator, the tests were "highly successful." Navy specifications require that the Harrier II operate at a minimum temperature of only 15 below zero. The Harrier II also met or exceeded maximum temperature limits.

The Harrier II is the first military aircraft to have a wing structure made entirely of composite material. Although composite manufacturing is a relatively new field, Tourkakis said the composite material in the Harrier II had "absolutely no problems" in meeting harsh environments. Composite materials comprise 30 percent of the Harrier II's structural weight.

The McKinley Climatic Laboratory at Eglin is used by private industry as well as the military to test resistance to harsh environments.

After two months at McKinley, the Harrier II was ready for its flight back to St. Louis after only three days of general maintenance.

Just in time to enjoy the nice weather here.



AV-8B HARRIER II — McDonnell Douglas presents the aircraft tested in extreme weather conditions. Photo courtesy McDonnell Douglas of St. Louis.



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If you're thinking about leaving the Corps, think it over. Also consider the benefits like medical, educational, retirement and job security that being a Marine offers. There's a big difference between being a Marine and working as a civilian.



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SSgt DROST	2841/2912
SOMS (MCAS)	
GySgt EISCHEN	3439
HQCO 1STMARBDE	
Sgt WHITE	3670
3D MARINES	
SSgt WOODS	2758
HQCO 3D MAR/3D RECON	
SSgt ASHLINE	2758
3D AAVBN	
SSgt ASHLINE	2758
1/3	
SSgt IRIARTE	N/A
2/3	
SSgt COLLINS	3643/3607
3/3	
SSgt WINBUSH	2673
1/12	
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BSSG	
SSgt ESPINOSA	3127
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GySgt SMITH	3608
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Sgt BELL	N/A
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GySgt WREDE	2285-2012
HAMS-24	
Sgt JACKSON	2486/2230
MABS-24	
GySgt BARROW	3339
MACS-2	
GySgt SAWYER	2995
HMM-185	
SSgt ZELL	2525
HMM-262	
GySgt ESTOMO	2285
HMM-265	
Sgt SMITH	N/A
HMH-463	
GySgt WILLIAMS	2208
VMFA-242	
Sgt DOYLE	N/A
VMFA-232	
SSgt STUART	3551/2024
VMFA-235	
GySgt WREDE	2285/2012
COMMSPTCO	
Sgt THOMAS	3237
1ST RADBN	
GySgt SWANSON	2977
MBKS PEARL HARBOR	
SSgt HALL	471-9156
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SSgt EGGERT	477-8885
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	Reg.	SALE
Cosmetic Case	\$24.50	\$21.99
Shoulder Tote	\$16.00	\$13.99
Carry-on	\$31.00	\$27.99
Weekender	\$44.00	\$37.99
26" Suitcase on Wheels	\$53.00	\$46.99
28" Suitcase on Wheels	\$62.00	\$52.99
46" Garment Bag	\$31.00	\$27.99

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The LeMans Collection by American Tourister® has the high powered good looks for active people on the go and is rugged enough to take it wherever they go! Strong, Teflon® coated nylon construction is PVC backed for added strength and stain resistance. PVC reinforced spring coil piping adds further protection. Snag proof YKK®** molded zippers for long life and easy operation. Available in grey or navy.



LeMans 7400 Series

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16" Shoulder Tote	\$21.00	\$18.99
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26" Suitcase	\$47.00	\$40.99
46" Garment Bag	\$42.00	\$36.99

Attache

Launch a new career with a gift that makes good business sense — a professional attache, now on sale! The strong, durable shell is easy to keep clean while resisting scuffs, scratches and moisture. Inside, expandable file folders and pockets keep papers in order. Sureglide™ cam-action swivel closures operate smoothly and lock securely. Padded steel handle provides a comfortable grip. Available in Jet Black. Sale ends soon.

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3" Attache	\$26.00	\$22.99
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3528 28" SUITCASE WITH WHEELS
The big interior has elastic pockets and straps to keep clothing in place; four recessed wheels in a heavy duty wheel housing with steel back plate inserted in a one-piece ABS floor.

Reg.	\$68.00	SALE	\$56.99
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3520 CARRY-ON TOTE
Outside zippered pocket and magazine pouch plus three zippered sections for organized packing. Double handle plus adjustable, detachable shoulder strap with non-slip pad.

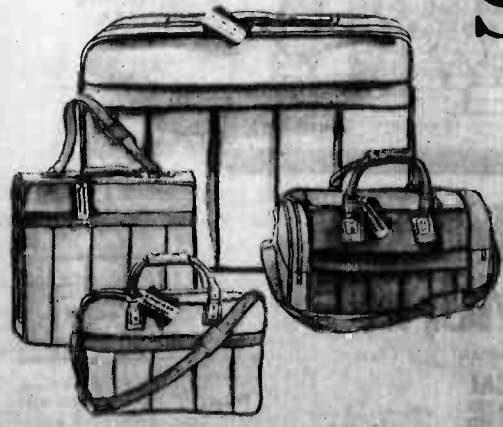
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3565 45" GARMENT BAG
Compact bi-fold style, for easy-carrying by shoulder strap with non-slip pad or comfortable handle. Outside pocket, permanent closet hook.

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3519 ROLL TOTE
Two zippered end pockets and outside magazine pocket plus double zipper opening on top. Carry by shoulder strap with non-slip pad or double handle with snap-close hand wrap.

Reg.	\$35.00	SALE	\$29.99
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SALE DATES: AUG. 15-22

This ad not paid by "Marine Corps Exchange"



Pilot without a college degree

Story and photo by St. Christopher Wood

On wings of ambition he soared beyond the enlisted ranks to become a naval aviator and an officer — but with one notable difference. Capt. Doug Tippet doesn't have a college degree.

"I expect to get a degree in Professional Aeronautics next summer or fall," said Tippet, who is the flight line division officer with VMFA-232. "I'm enrolled at Embry-Riddle University here and take a couple of courses ever semester."

Tippet, a native of West Jefferson, Ohio, joined the Corps' enlisted ranks in July 1970 and spent four years on active duty. "As an enlisted man, I was a radar technician on the F-4 Phantom and was greatly interested in aviation," Tippet said, "specifically the Marine Corps' back-seat program."

"An enlisted man would be sent to school for about 1 1/2 days," said Tippet, "and would receive a back-seat qualification card that allowed him to fly in a Phantom. In 1971, as a lance corporal, I got my back-seat card and caught a few hops with my old unit, VMFA-531 in El Toro, Calif."

Although Tippet loved flying, he didn't have enough college credits to apply for Officer Candidates School, so he left the Corps in 1974 at the end of his enlistment.

"For about nine months, I attended school full-time at Ohio State University in Columbus," he explained. "I'd get letters from my Marine buddies and they would tell me where they went on deployment. I came to miss squadron life."

Tippet came back into the Marine Corps in March 1975. In May of that year, he applied for the Enlisted Commissioning Program and was accepted in July. "I went to Officer Candidates School in September," he said "and was a second

lieutenant by the end of the year."

Tippet flew as a radar intercept operator for approximately four years, but 20/30 vision in his left eye prevented him from becoming a pilot. "But in 1981," he said, "the Corps was very short of pilots and was granting waivers. After obtaining a waiver, I was accepted for the pilot training program. So here I am, a pilot with VMFA-232."

Experience as an enlisted man helps Tippet in being an officer. "It helps me tremendously," Tippet remarked, "especially when I am the squadron duty officer. I understand the

problems enlisted Marines face and what they go through — working hours, uniform problems, etc. My enlisted experience helps our working relationship a great deal."

According to Tippet, it wasn't easy changing chevrons for bars. "The hardest part about going from enlisted to officer is that, in the case of ECP, it's such a rapid transition. It takes roughly 90 days to go through OCS, and you go from being a sergeant to a brand-new second lieutenant." Though Tippet had less education than most of his fellow candidates, it posed no problem

for him at OCS. "I already knew how to do close order drill and all of the 'grunt-type' things," he said. "People were always coming to the candidates with

enlisted backgrounds and asking them how to do this or how to do that."

Marines considering a move similar to Tippet's should keep

their record books clean. "They should also get us much education as possible and take responsibility at every chance," he concluded.



INSPECTION — Capt. Doug Tippet (r) and SSgt. D.L. Cunningham, plane captain with VMFA-232, inspect the tail section of an F-4 Phantom prior to a training flight.



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QUAKER STATE
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G.I. JOE & SHIRT TAILS
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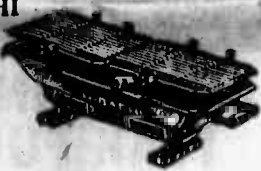
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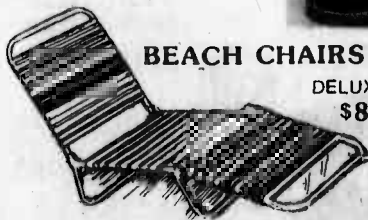


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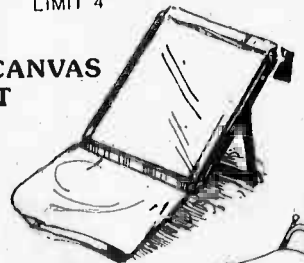


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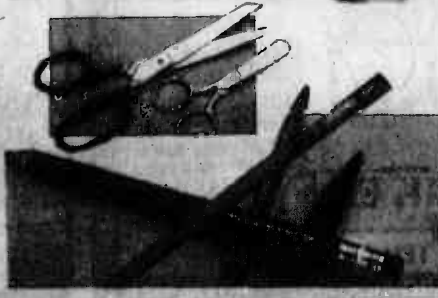
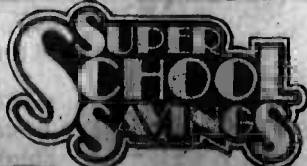
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Sergeant probably most recognized rank

by Capt. Dale Dye

While it's not the oldest rank in the Marine Corps, sergeant is probably the most readily recognized. Any combination of three or more stripes on a military person's sleeve usually evokes the standard "Hiya, Sarge" from civilians. In fact, I have even seen a Navy commander bearing three gold stripes on his sleeve called "Sarge" by a hurried airlines clerk.

Perhaps it's a result of Hollywood over-dramatization, but there's little doubt that the sergeant is the sweetheart of enlisted men. (Make that sweetheart of the American public. I don't know too many lower ranking enlisted men who consider sergeants sweethearts.) The word "sergeant" comes from the Latin *servientem* which means "to be in service to or to work hard for." That definition

should please most sergeants, but lower ranking Marines who usually end up on the other end of the "work hard for" might give you an argument.

History tells us there were sergeants among the original battalions of Marines and many times they were in command of Marine detachments aboard circa-1776 frigates. Corporals were also usually aboard these men-of-war, but for some strange reason they received the same pay as sergeants. While this financial situation probably grated on the three-striper, liberty wasn't much in those days anyway. The whole situation was resolved in 1798 when sergeants got a \$1 pay raise over corporals, to a full \$9 per month.

In 1798, while Marine sergeants were busy harassing their troops and making sure their wigs were

properly powdered for parade, Lt. Col. Commandant William War Burrows did them a job by creating the ranks of quartermaster sergeant and sergeant major. If this wasn't enough to take the wind out of a hard-charging sergeant's sails, the next Commandant Lt. Col. Franklin Wharton, decided Marines' uniforms needed to be squared away and appointed a "tailor-sergeant." He got the same base pay as a line sergeant plus an extra \$11 for his proficiency with needle and thread.

During the same period, sergeants were many times in

charge of an entire ship's detachment while other three-striper served in cushy billets ashore. That meant a sergeant getting shot-at aboard a sloop-of-war off Java was getting paid as much as a guy cooling his heels at Marine Barracks, Eighth and I. While the Corps was going through myriad changes in its enlisted rank structure in an attempt to match job description with rank title, the sergeants remained the stalwart NCOs of the Corps. Quartermaster sergeants, sergeants major, orderly sergeants and three-stripe drum majors were fitting

themselves into every housekeeping chore and support role available, but the basic sergeant continued to run his men and lead them into combat all for about \$30 per month in the early 1900's. Things had calmed down a bit by World War I and sergeants were now the Corps' fourth ranking pay grade, making about \$45 per month. Pay and prestige

improved for sergeants during the next three wars as they became known as the infantry squad leader; the guys who made life-or-death decisions at the very basic level — face-to-face with the enemy. Pay has changed in more recent times, but the job has not. As Chesty Puller so wisely put it: NCOs are the backbone of the Marine Corps.

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HANGIN' ON — Cpl. Roger Cook hangs on for dear life with both hands and feet as he negotiates on section of the Day Movement Course.



DUSTY DETERMINATION — LCpl. Selwyn Simmons low crawls his way under a barbed wire obstacle at the Day Movement Course.



ROPE WALK — Cpl. Mark Haro lets his fingers do the walking while moving down the "slide" for life" during the Super Marine competition.

L.A. isn't the only place for super competition

Story and photos by Sgt. Christopher Wood

If Cpl. Clark Kent were a member of HQ Co., 3d Marines, he'd probably have donned boots and a camouflaged cap recently pit his sibby might against the leathered determination of 21 local Marines.

HQ Co. conducted a "Super Marine" competition Aug. 2, as a supreme test of athletic ability and physical endurance. Emerging victorious was Cpl. Joseph Cajkouski, classified material control center clerk. "Coming out No. 1 out of 21 participants felt good," Cajkouski said. "Knowing that I was ahead of everyone else was motivating."

Competition began at 6:30 a.m. with a "cammies and boots" run from Regimental Headquarters to the Station Pool, where participants wore shorts to swim two laps lengthwise.

After completing the swim, they dripped back into their cammies and boots, ran to and completed the Obstacle Course, completed a beach run, ran the Day Movement Course, and then headed for the Ballroom Club.

At the club, each contestant donned a flak jacket and picked up two ammo cans full of sand and raced for the finish line at Regimental Headquarters.

"When I started out, my main goal was just to finish," Cajkouski remarked. "But when I was the first one to jump into the pool and the first to finish the Obstacle Course, I knew I had a chance to win. I began to taste victory and thought about how great it would be to win the trophy."

Hopes of the soft-spoken leatherneck were wounded somewhat when he was passed on the beach run by two Marines. "Well, I thought, there go my

chances of taking first," he said. "So I decided to settle for a medal, vice the trophy."

But as the race progressed, Cajkouski took the lead again and held it until the end. "There were a few other guys in the race," he commented. "The rest were just out there to complete the course. The other contenders helped me a lot. They pushed me, and I pushed them."

Cajkouski had to push himself also. "Running in boots and cammies isn't the easiest thing to do," he said, "and after finishing the swim, starting the run was very hard. It was difficult to pick up the pace that I'd had before the swim."

The competition was organized as part of the company's "Other Alternatives to Drug and Alcohol Program." Cajkouski earned the trophy for his performance, while the other finishers were presented with medallions.



BEACHES — The sands of Fort Hase Beach seem to be a lonely stretch for Cpl. Roger Cook during the Super Marine Competition.



OVER AT LAST — Cpl. Joseph Cajkouski leisurely crosses the Super Marine finish line at Regimental Headquarters.



WETDOWN — Cool water brings welcome relief to Cpl. Mark Haro after his completion of the Day Movement Course during HQ Co., 3d Marines' Super Marine competition.

Sportsnotes

Applications are available at the Station Gymnasium for the Windward Triathlon Aug. 12 and the Honolulu Marathon in addition to other races.



Running applications are available at the Station Gymnasium for the following races:

- Wheeler Rainbow, 10K Aug. 25
- Athlete's Foot, 30k Aug. 26
- American Cancer Society Fun Run — 4.8 mi — Aug. 29
- Garden Island Marathon and Half Marathon Sept. 2

Applications for registration in the Marine Corps Marathon are currently being accepted. Applications and a \$12 fee can be mailed to Marine Corps Marathon, Box 188, Quantico, Va. 22134. Deadline is Oct. 8.

CAMP FOSTER, Japan — Marine Corps Base Special Services has announced that the annual Joseph M. Burger Jr. Memorial Triathlon will be held Oct. 27.

The event, open to all military, DOD civilians, their dependents and local citizens 18 years old and older, consists of a one-mile ocean swim, a 10-mile run and a 50-mile bike race.

The time and location of the triathlon have not been determined; however, the date is being announced so that those who plan to compete can begin preparing.

The Kaneohe Bay Rod and Gun Club congratulates their treasurer, CWO E.E. Mossal for recently earning a silver medal at the Nationals in Camp Perry, Ohio.

The American Cancer Society is sponsoring a Fun Run/Walk Aug. 19. The course is 4.8 miles beginning at the Windward Health Center. Entry fee is \$10 with shirt and \$7 without shirt. Shirt may be picked up on race day. Entries are to be turned in at 629A Kailua Rd., #110 Monday-Friday from 8 a.m. to noon and 1 p.m. to 4 p.m. prior to Aug. 13. Race check-in is at WHC from 6 a.m. to 6:45 a.m.



Youth Football Registration is scheduled thru Aug. 17 at the Dependent Recreation Center from 9 a.m. to 4 p.m. Registration fee is \$25.

The Air Station is the host for the All-Marine Golf Program scheduled for Aug. 21-24. Volunteers are needed to caddy and assist. If interested please call Terry at the Golf Course at 267-2914.



The organizational meeting for the Fall Intramural Golf Program will be at noon Aug. 22

at the Station Theatre. The season starts Sept. 12 and deadline entry is noon Sept. 7.

Entry forms are also available for the 1984 Hawaii Navy Sports Conference Men's Fast Pitch Softball Championships at Naval Air Station Barbers Point Aug. 17-23.

The 13th Annual All-Services Surfing Championships will hit the waves at San Onofre Beach, Camp Pendleton, Calif., Aug. 18 and 19.

For more information, mail name and address to base Special Services, Camp Pendleton, CA 92055.

The 6th Annual Pali-Thon Fun Run is scheduled for Sept. 2 at 7 a.m. The course is 10 miles starting at the Windward YMCA in Kailua. Applications will be accepted on a first-come, first-served basis until a 1000 application limit has been met. Entry fee is \$12 per runner and \$15 for all late entries after Aug. 20. Numbers will be issued at Nuuanu YMCA during a pre-run check-in. There is no pre-run packet pick-up.

New handballs and gloves have just arrived in the Station Gymnasium and are available for daily check-out. The Athletic Office is interested in organizing the handball community. All

handball players are urged to call Jerry Price at 257-3560/3622.

The following sports equipment is available for daily check-out at the Station Gymnasium: pingpong paddles and balls, soccer balls, volleyballs, footballs, basketballs, court shoes, horseshoes, tennis racquets and balls, racquetball racquets, balls and eye guards, softball bats, gloves and balls, boxing gloves.

The horseshoe park, located next to the Station Gymnasium, is available for unit and individual use.

A practice pit, one women's and two men's regulation pits are located in the park, and horseshoes can be checked out of the gym's issue room.

A Dart league is in the planning stages for the Windward area, and interested dart shooters can contact 1st Lt. Ronald Gingas at 257-2496 for more information.

An organizational meeting for the Fall Intramural Bowling Program will be Sept. 5 at noon in the Station Theatre.

New gym hours are weekdays 10 a.m. to 10 p.m. and weekends 11 a.m. to 7 p.m.

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Pedal power possibly produces presidential sports award

by Tom Condon

Armed Forces personnel and their families can pick up a Presidential sports award on their way to pedaling toward better health.

Although there are 43 recognized sports (ranging from archery to rugby) in the program, one of the most popular is bicycling, according to York Onnen, Director of Program Development for the President's Council on Physical Fitness and Sports in Washington, D.C.

Upon completion of a four-month exercise program, the cyclist is awarded a Presidential certificate of achievement, lapel pin, and membership card signifying the accomplishment as well as dedication to physical fitness, Onnen said.

Candidates for the bicycling award must log the number of miles covered. The minimum range is from 400 to 600 miles depending on the number of bike gears.

"The reason for this mileage difference," Onnen explained, "is that bikes with more gears may be pedaled greater distances with less effort."

The only other requirement is that the total mileage range credited each day be limited from eight to 12 miles, also depending on the number of gears.

"Our intention is to avoid overdoing strenuous exercise and to develop good exercise habits," Onnen explained.

"It's not a competitive program," he said. It's run on the honor system. Cheaters only cheat themselves, he said.

Onnen, a major in the Air Force Reserve, said military personnel are encouraged to participate because they are expected to be in a higher state of fitness than the average person.

Some of the main health benefits include building muscle endurance, improving heart and lung performance and making joints more flexible, he explained.

Before signing up for any physical activity, applicants are encouraged to have a thorough physical exam.

"This is especially important for persons over 35 or for anyone who has not been physically active on a regular basis," he said.

Onnen also stressed the importance of each person knowing about bicycle safety before taking to the road.

Those interested in taking part in the physical fitness program should request a fitness log by sending a stamped, self-addressed envelope to:

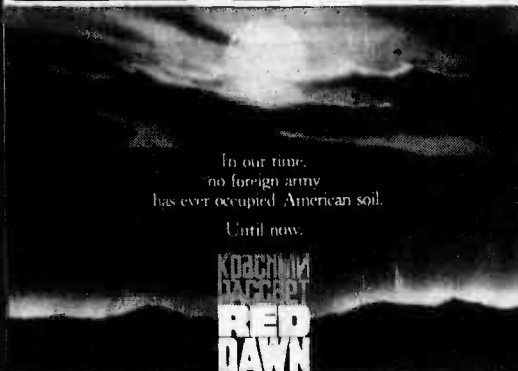
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Upon completion of the program, award materials may be obtained by sending a completed log and a \$5 check or money order to Presidential Sports Award, P.O. Box 9800, Englewood, N.J. 07631.

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8:5 p.m. Wed. 7 p.m. | Church of Christ at Wahiawa
1881 California Ave. Ph. 621-7295
SS 9:00 a.m. — Worship 10:00 a.m.
8:5 p.m. Wed. 7 p.m. |
| Church of Christ at Waipahu
93-517 Apowale Ph. 677-4222
SS 9:00 a.m. — Worship 10:00 a.m.
4:6 p.m. Wed. 7 p.m. | |

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Choreographer KDEO Dancers, starts 6:30-7:30 p.m.

Aug. 9th - Tina Marie & the White Buffalo Band 7:30-1:30 am
Aug. 10th - Wildfire 7:30-1:30 am
Aug. 11th - Donna White & the Hired Hands 7:30-1:30 am
Aug. 12th - Every Sunday Jam Session. Host band - Donna White & the Hired Hands 3:30-8:30 pm. Bring your instruments and join in the music, dance and singing!
Aug. 13th & 14th - Donna White & the Hired Hands 8:00-12:00 midnight
Aug. 15th - at 10:00 p.m. Miss Kelly Foxton Tina Marie & the White Buffalo Band 7:30-1:30 am

EVERYONE IS INVITED TO COME DOWN AND JOIN US! 622-1146
189 S. KAM HWY., WAHIAWA

KDEO

COUNTRY RADIO

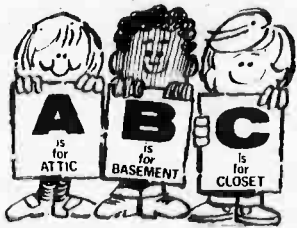
KDEO IS THE RADIO HOME OF THE LOS ANGELES RAIDERS IN HAWAII!
Los Angeles Raiders
1984 KDEO Broadcast Schedule

PRE-SEASON			
Saturday	August 4	at San Francisco 49ers	3:00 p.m.
Friday	August 10	at Washington Redskins	2:00 p.m.
Sunday	August 19	MIAMI DOLPHINS	10:00 a.m.
Friday	August 24	NEW YORK JETS	3:00 p.m.
LEAGUE SEASON			
Sunday	September 2	at Houston Oilers	10:00 a.m.
Sunday	September 9	GREEN BAY PACKERS	10:00 a.m.
Sunday	September 16	at Kansas City Chiefs	7:00 a.m.
Monday	September 24	SAN DIEGO CHARGERS	8:00 p.m.
Sunday	September 30	at Denver Broncos	10:00 a.m.
Sunday	October 7	SEATTLE SEAHAWKS	10:00 a.m.
Sunday	October 14	MINNESOTA VIKINGS	10:00 a.m.
Sunday	October 21	at San Diego Chargers	10:00 a.m.
Sunday	October 28	DENVER BRONCOS	10:00 a.m.
Sunday	November 4	at Chicago Bears	7:00 a.m.
Monday	November 12	at Seattle Seahawks	2:00 p.m.
Sunday	November 18	KANSAS CITY CHIEFS	10:00 a.m.
Sunday	November 25	INDIANAPOLIS COLTS	10:00 a.m.
Sunday	December 2	at Miami Dolphins	10:00 a.m.
Monday	December 10	at Detroit Lions	2:00 p.m.
Sunday	December 16	PITTSBURGH STEELERS	10:00 a.m.



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Cinema

TODAY — 48 HOURS — Nick Nolte, Eddie Murphy, R. drama
FRIDAY — YENTYL — Barbara Streisand, Amy Irving, R. suspense/drama
SATURDAY — LONE WOLF McQUADE — Chuck Norris, David Carradine, PG, action/drama
SUNDAY — THE ENTITY — Barbara Hershey, Ron Silver, R. drama
MONDAY — THE DAY THE

EARTH STOOD STILL — Michael Rennie, Patricia Neal, PG, science fiction
TUESDAY — LOVE LETTERS — Jamie Lee Curtis, James Keach, R, romantic/drama
WEDNESDAY — PSYCHO II — Anthony Perkins, Vera Miles, R, suspense/drama

Station Theatre opens at 6:45 p.m. for ticket sales. Movie starts at 7:15 p.m.
For information on Camp Smith movies call 477-6467 or 6382.

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<p>FRI ALL MALE REVUE For Ladies Only 7 p.m.-10 p.m.</p>	<p>SAT \$1.00 STANDARD DRINKS 8 p.m.-10 p.m.</p>

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SAVE 33%
ON ALL MATERIALS

SHEET VINYL
SAVE 25%

HORIZONTAL BLINDS
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SAVE 33%

SAVE UP TO \$20²⁰ per sq. yd. WALL TO WALL CARPETS

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TONE ON TONE SCULPTURE Choose from 8 natural shades. Sug. Retail \$20.95	\$11.75 eq. yd. <small>SAVE \$9.20</small>
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Sale ends August 26, 1984

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Regular Store Hours:
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Saturday 10:00 am to 4:00 pm
Sunday closed

Localmotion

OFFICERS' CLUB

TODAY — Lunch is served in the Pacific Room. Buffet served from 5:30 to 8:30 p.m. featuring spare ribs, steamship round, mahimahi and Italian items, plus a salad bar. The Koa Room is open from 5 to 10:30 p.m.

FRIDAY — Lunch is served in the Pacific Room. Happy Hour in the Koa Room is from 4:30 to 6:30 p.m. with a live band. Also, a country and western band plays from 7 to 11:30 p.m. Mongolian barbecue is served on the lower lani from 5:30 to 8:30 p.m.

SATURDAY — New England clam bake features individual trays of snow crab legs, shrimp, clams, round of beef, spaghetti, salad bar and clam chowder. The Koa Room is open from 4 to 10 p.m.

SUNDAY — Champagne brunch menu features top round of beef, chicken a la king, eggs benedict to order, seafood Newburg, complimentary juice and a glass of champagne. Candle light dining available in the evening. The Koa Room is open from 5 to 10 p.m.

MONDAY — Lunch is served in the Pacific Room. Monday evening the club is closed.

TUESDAY — Lunch is served in the Pacific Room. The Koa Room is open from 4 to 9:30 p.m.

WEDNESDAY — Lunch is served in the Pacific Room from 11 a.m. to 1 p.m. and features two specials of the day, deli line, salad bar, chef and shrimp salads, soup plus an array of desserts. Mongolian barbecue is served on the lower lani from 5:30 to 8:30 p.m.

SNCO CLUB

TODAY — Lunch special today is lasagne. Open menu dining is available from 5 to 8 p.m.

FRIDAY — Lunch special today is mahimahi or chicken. Open menu is available from 6 to 9 p.m. Listen to sounds of Tina Marie & The White Buffalo Band from 9 p.m. to 1 a.m.

SATURDAY — Dining room is open from 6 to 9 p.m. with open menu dining. Cactus Jack plays variety music every Saturday in August from 9 p.m. to 1 a.m.

SUNDAY — Bring the family to a champagne brunch from 9:30 a.m. to noon. The dining room is closed Sunday evenings.

MONDAY — Lunch special is macho burrito, served from 11 a.m. to 1 p.m. The club is closed Monday evenings.

TUESDAY — Lunch special is liver and onions. Tuesday is Mongolian barbecue night from 5 to 8 p.m.

WEDNESDAY — Lunch is served from 11 a.m. to 1 p.m. featuring beef kabobs and fried rice. Bosses' night with the Kelly Foxton Show plus Texas barbecue special.

ENLISTED CLUB

TODAY — Lunch is served from 11 a.m. to 1 p.m. Dining room is open from 5 to 9 p.m. with an open menu. Dinner special is top sirloin and Alaskan king crab. Live bands play in the Moongate Lounge and main ballroom from 7:30 to 11:30 p.m.

FRIDAY — Lunch is served from 11 a.m. to 1 p.m. Dining room is open from 5 to 9 p.m. Dinner special is prime rib and lobster tail. Happy hour is from 5 to 6 p.m. Peter's top 40 request line plays from 6:30 p.m. to 1:30 a.m. in the Moongate Lounge. A live band plays in the main ballroom. The club is open until 2 a.m. and the beer garden is open from 8 to 9 p.m.

SATURDAY — Breezy Inn is open from 5 to 9 p.m. Dinner special is prime rib and lobster tail. Ladies night every Saturday night with free roses for the ladies. The beer garden is open from 5 to 10 p.m.

SUNDAY — Club opens at 11 a.m. Dinner served from 5 to 9 p.m. Dinner special is prime rib and lobster tail. Tonight is soul night with Wolf's in the Moongate Lounge and Peter in the main ballroom from 8:30 p.m. to 1

a.m. The beer garden is open from 5 to 10 p.m.

MONDAY — Lunch is served from 11 a.m. to 1 p.m. Dining room is open from 5 to 9 p.m. Italian special features all the spaghetti or lasagne you can eat, including salad bar and garlic bread. Wildfire plays in the main ballroom from 7:30 to 11:30 p.m.

TUESDAY — Lunch is served from 11 a.m. to 1 p.m. Dining room is open from 5 to 9 p.m. with all you can eat smorgasbord. Live band in the Moongate Lounge from 7:30 to 11:30 p.m.

WEDNESDAY — Lunch is served from 11 a.m. to 1 p.m. Dining room is

open from 5 to 9 p.m. The chef's special this month is top sirloin with all the shrimp you can eat, complete with soup and salad bar. The beer garden features sandwiches, pizza, homemade chili, burgers, salads and other items. Tonight live bands play in the Moongate Lounge and the main ballroom from 7:30 to 11:30 p.m.

NEW PIONEER'S COUNTRY SPICY™

FREE

- FREE 32 oz. CUP
- "FREE HI-SPINNER FLYING DISC
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- 49¢ REFILLS ALL SUMMER LONG

FREE Bottomless Cup with purchase of large Pepsi plus a FREE Hi-Spinner Flying Disc and membership in Pioneer's Bottomless Cup Club (includes 49¢ Pepsi refills all summer long)! Bottomless Cup and Hi-Spinner offer and 49¢ refill offer good thru 9/16/84, while quantities last. AT PARTICIPATING PIONEER TAKE OUTS ONLY.



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CHICKEN 3-PIECE DINNER

- 3 pieces Country Spicy Chicken™
- Individual Spicy Rice™
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- Biscuit

Limit: 4 offers per coupon. Present coupon before ordering. No substitutions or other discounts. Offer good thru 9/3/84.

\$3.22
SAVE UP TO \$1.88

CHICKEN 6-PAC

- 6 pieces Country Spicy Chicken™
- 2 Individual Spicy Rice™
- 2 Individual Cole Slaw
- 2 Biscuits

Limit: 6 offers per coupon. Present coupon before ordering. No substitutions or other discounts. Offer good thru 9/3/84.

\$6.22
SAVE UP TO \$4.64

CHICKEN PICNIC MIXER

- 5 pieces Country Spicy Chicken™
- 3 pieces Golden Pioneer Chicken™
- 4 Biscuits

Limit: 2 offers per coupon. Present coupon before ordering. No substitutions or other discounts. Offer good thru 9/3/84.

\$8.19
SAVE UP TO \$3.08

CHICKEN PARTY PAC

- 6 pieces Country Spicy Chicken™
- 6 pieces Golden Pioneer Chicken™
- Large Spicy Rice™
- Large Cole Slaw
- 6 Biscuits

Limit: 2 offers per coupon. Present coupon before ordering. No substitutions or other discounts. Offer good thru 9/3/84.

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SAVE UP TO \$2.36

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WAIPAHU Puukohala St. at Farrington Hwy.
KAILUA Kaneohe Bay Drive (at Aiea Park Shopping Center)
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COUPON

Fun biathlon at aquarium

Runners, swimmers, armchair marathoners and fish lovers are invited to take part in the **Waikiki Aquarium's second annual Geothermalsson on Sunday morning, Sept. 16.**

"Run like an animal, swim like a fish" is the theme of the Aquarium's fun biathlon. And fun is the key word, as many will remember from last year. The whole family can take part in this event. Everyone is welcome, from Iron Man to the Pillsbury Doughboy.

The race begins at 7:30 a.m. The course consists of a two-mile run around Kapiolani Park and a 100-yard swim across Sans Souci Beach. Or a two-mile stroll

around the park and a 100-yard boogie-board ride across the beach.

Come dressed as a sea creature, or wear your marathon clothes. Last year's entrants included a gorilla, an opihii and even Santa Claus. Whatever you wear, animals and mermaids will cheer you on. A continental breakfast, free T-shirt and door prizes await you when you finish.

Entry fees are \$12 before Sept. 4 and \$25 cash the day of the race. All proceeds will support the Aquarium's education program. Entry forms are available now at the Aquarium and community outlets. Call 923-9741 for more information.

KDEO

COUNTRY RADIO

TOP 10 COUNTRY SONGS

August 5, 1984

LAST WEEK	THIS WEEK	TITLE	ARTIST
3	1	God Bless the U.S.A.	Lee Greenwood
2	2	Burnin' Up With Love	Eddie Rabbit
6	3	Long Hard Road	Nitty Gritty Dirt Band
5	4	Forget About Me	Bellamy Brothers
7	5	Tennessee Homesick Blues	Dolly Parton
1	6	Just Another Woman In Love	Anne Murray
9	7	Only A Lonely Woman Knows	Barbara Mandrell
8	8	Let's Fall To Pieces Together	George Strait
10	9	I Hurt For You	Debra Allen
11	10	Attitude Adjustment	Hank Williams Jr.

Near the Top Country Songs in the Nation on the WEEKLY COUNTRY MUSIC COUNTDOWN SUNDAY MORNINGS at 9 A.M. on AM94 at KDEO Country Radio.

WINDWARD ENLISTED CLUB

Kaneohe Marine Corps Air Station



Country Pig Pickin'

Saturday, 18 August 84
Windward Enlisted Club (KMCAS)
Only \$5.00!

All you can eat —
Roast Pig, Bar-B-Que Chicken,
Chili, Cornbread, Corn on the Cob, Salads
6 p.m. - 8 p.m.
Showtime 8:30 p.m.

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Kelly is the Military Pin-up Queen of the 80's

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"Warren Johnson and the Gator Creek Band"

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Tinman course pushes muscles to extreme

Story and photo by Sgt. Chuck Jenks

MAGIC ISLAND, HONO-LULU, Hawaii — The 4th Annual Tinman Triathlon drew thousands of people into the streets of a still dark and sleeping Honolulu metropolis, July 22, to cheer on 1,200 athletes, each vying for the prestigious honor of being number one.

Almost 50 Marines from commands throughout the island participated in this grueling test of endurance, each having to negotiate a course that pushed every muscle to the limit.

The Tinman Triathlon is a stepping stone in preparation for the world famous Ironman Triathlon held annually on Hawaii. Although not as lengthy, the Tinman course included an 800-meter swim that began at Ala Moana Beach Park; then a 40-kilometer bicycle race through Waikiki then up and over famous Diamond Head crater. As if this weren't enough, the final leg of the battle between mind and muscle ended with a 10-kilometer run beginning and ending at Kapiolani Beach Park.

"It was one of the most fun and best organized events I've ever had the pleasure of competing in," said Col. K.R. Liaton-Wakefield, a Camp H.M. Smith Marine, who bettered his last year's time by 10 minutes as he crossed the finish line in 2:33:00. "I had a great time. Everyone was out there to just enjoy the competition and to meet new athletes."

Faced with some of the stiffest competition that Hawaii has to offer, the Marines were unable to place in any of the winning categories.

The Tinman Triathlon champion was Ruben Chappins, an all-around athlete who moved from Huntington Beach, Calif., three weeks prior to the triathlon just to prepare for its challenging course. Chappins' time was 1:46:28.



ALMOST HOME — A Marine captain from Camp H.M. Smith, gives everything he's got at the end of the 4th Annual Tinman Triathlon.

Eelskin Warehouse

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Free membership in our exclusive Jobber's Club with your active, retired or dependent's I.D. (a \$300.00 value free!) which entitles you to buy at the same low prices you exchange purchases its goods. Why pay more? This is the best military discount in the world! Buy directly from the source where VISA, MC or your personal checks are welcomed! Compare these typical prices:

	Suggested	Our Low Price	Your Military Price
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2. Men's Wallet	31.95	17.50	12.50
3. Ladies Wallet	52.95	29.00	21.00
4. Snake Skin Men's 1/2" Belt	22.95	12.50	9.00
5. Snake Skin Ladies 1/2" Belt (many colors)	11.95	6.50	4.50
6. Ladies Python Credit Card Wallet	94.95	\$2.25	\$8.00

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The following information Management courses are scheduled to commence Aug 27 and 28.	Computer Care and Repair: Hardware and Software \$55* Learn routine computer maintenance, how to diagnose and fix simple problems, and recognize which problems need a professional. Some previous computer experience recommended. (0.75 CEUs) *includes a \$10 lab fee Three Thursdays, 6:30 - 9:00 pm Oct 11, 18, and 25	Introduction to Computing \$80 Newcomers to computing learn computer system components, what they do, and how they do it. Hands-on activities introduce operating system use, word processing, spreadsheets, and database management. David Ashby, Ph.D. (1.2 CEUs) Location: Hawaii Kai Four Tuesdays, 6:30 - 9:30 pm Sep 4, 11, 18, and 25	Acupressure \$12 Instruction in location of traditional acupoints and techniques for working these points to help release stress and tension. Marie Riley Monday, Nov 5, 7:00 - 10:00 pm	Beginning Bridge \$25* Through lessons and actual play, you will discover the enchantment of bridge. (2.0 CEUs) Jim Cheney *includes text Ten Mondays, 7:00 - 9:00 pm Sep 17, 24, Oct 1, 8, 15, 22, 29, Nov 5, 12, 19, and Dec 3	Building and Maintaining Your Own Full-Time/Part-Time Consulting Practice \$145 Learn the nuts and bolts specific to build and maintain a profitable consulting practice based upon your strong background of practical and/or academic experience. Howard L. Shenson (0.6 CEUs) Location: Hawaiian Regent Hotel Tuesday, Nov 20, 8:00 am - 4:30 pm
Computer Fundamentals Monday/Wednesday 8:00 - 9:00 pm	Computer Care and Repair: Hardware and Software \$55* Learn routine computer maintenance, how to diagnose and fix simple problems, and recognize which problems need a professional. Some previous computer experience recommended. (0.75 CEUs) *includes a \$10 lab fee Three Thursdays, 6:30 - 9:00 pm Oct 11, 18, and 25	Basic Principles of Drawing & Painting \$40* You can learn to draw and paint once you learn the basic principles and skills offered in this course. Darryl Cabral (1.6 CEUs) *plus cost of some materials	Beautiful with Color \$30* Learn to enhance yourself in this one day color, make-up and wardrobe selection workshop. Winifred Graham/Deborah Hartman (0.6 CEUs) *plus optional \$20 materials cost payable to the instructor Saturday, Sep 22, 9:00 am - 3:00 pm (Bring a "brown-bag" lunch)	Contract Bridge, Intermediate \$25* If you already know the basics, this course will help you learn the more intricate teachings. Jim Cheney (1.6 CEUs) *includes text Eight Thursdays, 7:00 - 9:00 pm Sep 27, Oct 4, 11, 18, 25 Nov 1, 8, and 15	How to Develop and Promote Profitable Seminars and Workshops \$145 Learn how to select seminar topics that sell; how to promote your program; what fee to charge, and how to plan, manage and control all key activities for a successful and profitable seminar or workshop. Howard L. Shenson (0.6 CEUs) Location: Hawaiian Regent Hotel Wednesday, Nov 21, 9:00 am - 4:30 pm
Information Systems and Procedures Monday/Wednesday 8:00 - 9:00 pm	Begining Computing, I \$85* A friendly introduction to the computer, terminology, word processing, and programming in BASIC and Logo. (1.2 CEUs) *includes \$10 lab fee (A parent may join in for another \$34, which includes a \$5 lab fee) For Grades 3 - 6 Four Saturdays, 8:30 - 10:30 am (Sep 22, 29, Oct 6, 13)	Kusabe \$30* Design and create unique Kusabe pictures for your home or office. Yuko "Momonaki" Kaneko (1.5 CEUs) *plus cost of some materials Five Saturdays, 9:00 am - 12:00 noon Nov 17, 24, Dec 1, 8 and 15	Exploring Film: Its Power and Potential as Social Thought \$40* This film series includes discussion and analysis of six classic feature length films. Frank Tillman, Ph.D. (3.0 CEUs) *includes admission fees Location: Honolulu Academy of Arts Six Mondays, 7:00 - 10:00 pm Sep 10, 17, Oct 1, 8, 15 and 22	Contract Bridge, Intermediate \$25* If you already know the basics, this course will help you learn the more intricate teachings. Jim Cheney (1.6 CEUs) *includes text Eight Thursdays, 7:00 - 9:00 pm Sep 27, Oct 4, 11, 18, 25 Nov 1, 8, and 15	Telecommunication Seminar Series \$435 The series contains the most up-to-date information available on telecommunication systems and services. The series is for policy makers, advisors, managers, and others who are seeking basic or enhanced understanding. Dan Wedemeyer, Ph.D. (3.6 CEUs) *this series is available for undergraduate college credit. Please inquire. Nine Saturdays, 8:30 am - 12:30 pm Sep 15, 22, 29, Oct 6, 13, Oct 20, 27, Nov 3, and 10
Data Base Application and Design Monday/Wednesday 6:00-9:00 pm	Computing Fun, with Parent-Tag-Along \$99* You and your child will be introduced to the exciting world of computers in a friendly environment. (1.2 CEUs) *includes \$10 lab fee Four Saturdays, 8:30 - 10:30 am Oct 27, Nov 3, 10, and 17	Hawaiian Wreathmaking \$12* Create beautiful Hawaiain wreaths for the holidays. Avis Endo (0.8 CEUs) *plus cost of some materials Two Saturdays, 9:00 - 11:30 am Nov 3 and 10	Appreciating European and Californian Wine \$25* Improve your comparative tasting and discussion of the major styles and types of 25 top-quality French, German, and Californian wines. Randal Capraoso (1.0 CEU) *plus \$25 lab fee payable to the instructor Five Mondays, 7:00 - 9:00 pm Sep 24, Oct 1, 15, 22, and 29	Music Ensemble \$40* Everyone can learn to play and enjoy the percussion orchestra of Java. Richard North (1 CEU) *We'll provide the instruments! Ten Saturdays, 9:30 - 10:30 am Sep 22, 29, Oct 6, 13, 20, 27, Nov 3, 10, 17, Dec 1	Basic Guitar, I \$50* Provides a basic introduction to guitar for those with no previous guitar experience. Bruce Harvey (1 CEU) *Bring your own guitar Ten Tuesdays, 6:30 - 7:30 pm Sep 18, 25, Oct 2, 9, 16, Oct 23, 30, Nov 6, 13, 20
COBOL Programming, I Monday/Wednesday 8:00-9:00 pm	Computers for Early Childhood Education \$85* For parents as well as early-childhood teachers and administrators, with emphasis on Logo and quality software packages. Open to all. (1.2 CEUs) *includes \$10 lab fee Four Thursdays, 6:30 - 9:30 pm Sep 6, 13, 20 and 27	Hawaiian Cardmaking \$15* You'll make exquisite, yet inexpensive greeting cards from seaweed in this two day workshop. Ray Tabata (0.6 CEUs) *plus cost of some materials Two Saturdays: Oct 6, 8:00 am - 12:00 pm Oct 13, 10:00 am - 12:00 noon	German, Intermediate/Advanced \$40 Improve your conversational skills by taking this ongoing class with a native German speaker. Basic knowledge of German required. Inge Fischer (1.5 CEUs) Location: Makiki Ten Thursdays, 6:30 - 8:00 pm Sep 20, 27, Oct 4, 11, 18, Oct 25, Nov 1, 8, 15, 22	Basic Guitar, II \$50* For those who wish to continue learning about the guitar, but are already familiar with the basics. Prerequisite: Basic Guitar, I or equivalent. Bruce Harvey (1 CEU) *Bring your own guitar Ten Tuesdays, 7:30 - 8:30 pm Sep 18, 25, Oct 2, 9, 16, Oct 23, 30, Nov 6, 13, 20	Analysis of Projection \$150 Emphasis on the works of Joseph Campbell and Carl Jung. Overview of dreams, projective tests, picture interpretation, and analysis of mythology and religious symbols. Ramon Lopez-Reyes, Ph.D. (2 CEUs) *This course is part of a certificate program in Projective Techniques. Please inquire. Eight Fridays, 8:45 - 9:00 pm Aug 21, Sep 7, 14, 21, Sep 28, Oct 5, 12, 19
Business Applications Tuesday/Thursday 8:00 - 9:00 pm	Computers for Early Childhood Education \$85* For parents as well as early-childhood teachers and administrators, with emphasis on Logo and quality software packages. Open to all. (1.2 CEUs) *includes \$10 lab fee Four Thursdays, 6:30 - 9:30 pm Sep 6, 13, 20 and 27	German, Intermediate/Advanced \$40 Improve your conversational skills by taking this ongoing class with a native German speaker. Basic knowledge of German required. Inge Fischer (1.5 CEUs) Location: Makiki Ten Thursdays, 6:30 - 8:00 pm Sep 20, 27, Oct 4, 11, 18, Oct 25, Nov 1, 8, 15, 22	Special Programs	MUSIC & DANCE	

HOLIDAY COMPUTER COURSES

You will also receive our very popular Christmas Party Book for \$1.99. Please look for our advertisement in the Sun Press or call 235-3641, ext. 161 for more information.

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Address _____ Zip _____ Phone _____

Please enroll me in _____ for which I am enclosing a check

(Payable to HAWAII LOA COLLEGE) in the amount of \$_____ (We'll call you to confirm your enrollment.)

CEUs

Provision of proof of enrollment for certain non-credit courses is available. We have adopted the national standardized Continuing Education Unit (CEU) for courses that have potential for application to non-degree certificate programs and professional development programs throughout the United States.

As generally applied at our College, the CEU is a means of verifying registration and attendance. Grades are not issued for CEU courses. CEU status is required by any degree directed program. To contact hours and equivalent to 1 CEU. Courses available for CEUs are as identified.

Foreign countries are hard on drugs

by Tom Joyce
Under California law possession of an ounce of marijuana could net a \$100 fine for a first offense. In North Carolina, that one ounce could mean up to five years in prison and a \$5,000 fine. If the military apprehends a member with that ounce, the penalty could be a dishonorable discharge and two years at hard labor.

If that sounds harsh, it's meant to be. The services take a dim view of drug users and have set penalties to match their concern.

How do other countries deal with the drug problem? Near the end of last year, there were 116 American servicemen, Department of Defense civilians or dependents of servicemen

confined in foreign prisons. Of those, 30 had been found guilty of drug charges. The longest sentence for drugs handed down to an American serviceman overseas was in Thailand where an Army specialist five was given 33 years and four months for heroin smuggling.

"Drug offenses are usually viewed much more harshly abroad," says Richard Weeks of the State Department's Bureau of Consular Affairs, adding "what may be considered a minor offense here (the United States) may be a major crime in a foreign country, with the criminal penalties to go with it."

And once servicemen enter the criminal justice system in another country, they may find

that their rights under the U.S. law don't automatically apply.

"American citizens don't carry the laws of the United States or the Constitution of the United States with them when they travel overseas," says Weeks. "If an American runs afoul of the law in a foreign country, he or she may well have to deal with the laws of that country notwithstanding any treaties or agreements that may be in force."

And some of those laws regarding punishments are pretty tough.

In the Republic of Korea, trafficking in marijuana means a sentence of from one year to life.

Any person involved in producing, exporting or importing prohibited substances

in Turkey can get anywhere from five years to life. If a military person is convicted of using minors in any aspect of narcotics trafficking or if a person is convicted of attempting to addict minors, the judge may impose a life sentence.

Simple possession of marijuana in Japan could result in up to five years in prison.

Under German law, the maximum penalty for simple possession for personal use is four years in prison or a fine. The maximum for trafficking in drugs is fifteen years or a fine, depending on the circumstances.

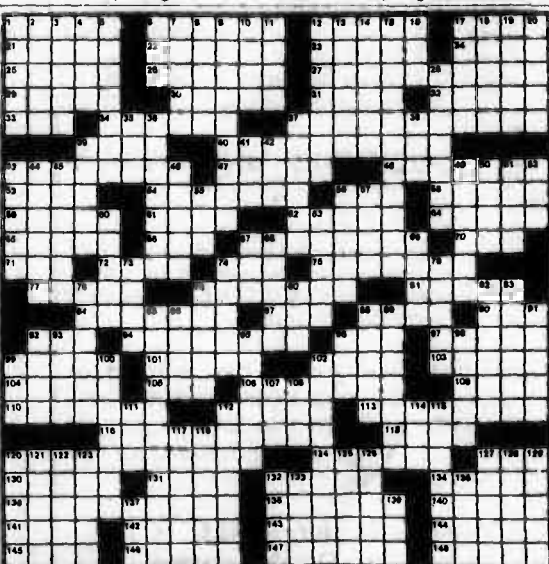
American Forces Press Service

New York Times crossword puzzle

All 26 Doubled

By Vaughn Keith/Puzzles Edited by Eugene T. Maleska

- ACROSS**
- 1 Home-running
 - 2 Brusque
 - 12 British author: 1778-1851
 - 17 Spray
 - 21 Andean sight
 - 22 Muse for Hipparchus
 - 23 Put in new grass
 - 24 Deed, in Dijon
 - 25 "M*A*S*H" member
 - 26 Crossed, as a river
 - 27 Contiguity, grammatically
 - 29 Couple
 - 30 Eradicates, with "out"
 - 31 Like Caspar Milquetoast
 - 32 Headline city: 1965
 - 33 "Agnus—" partner
 - 37 A master of quatrains
 - 39 Kind of club
 - 40 Seasoning for
- DOWN**
- 1 Old Spanish measure
 - 2 Coeur d'—, Idaho
 - 3 Circle parts
 - 4 Leava out
 - 5 Ballroom car
 - 6 —widespread
 - 7 Chestnut, e.g.
 - 8 Street show
 - 9 Being attacked
 - 10 "— Beauty," Hopkins poem
 - 11 Bita
 - 12 Studied hard, as for an exam
 - 13 Withdraw
 - 14 Former
 - 15 Accounting specialists
 - 16 Km. in Chelsea
 - 18 In an unfriendly way
 - 19 Plant's breathing pore
 - 20 Poar'bellis
 - 28 Dancer
 - 35 Poetic contraction
 - 36 Bureaucratic impediment
 - 37 Kind of punch
 - 38 Spell
 - 39 Brobdignagian
 - 41 Actress Arden
 - 72 Zeus's mother
 - 74 Tili
 - 75 Greek wine
 - 77 Disintegrate
 - 78 Apportion, colloquially
 - 81 Colors
 - 84 Confabs
 - 87 Compass point
 - 88 Overwhelm
 - 90 Unclose, poetically
 - 92 Presidential nickname
 - 94 College age
 - 96 Japanese play
 - 97 Reference book
 - 99 Extort
 - 101 Symbol of Holland
 - 102 Heart
 - 103 Molts
 - 104 Swallowed up
 - 105 Presidential monogram
 - 106 Queen Victoria was the last
 - 109 Ernie K.'s widow
 - 110 Promise, as in marriage
 - 112 Current styles
 - 113 Comedian from St. Louis
 - 116 Expunged
 - 118 "Honi—"
 - 120 Dinner-table items
 - 124 Afghans, e.g.
 - 127 Part of a pitcher's o.r.a.
 - 130 West Indian witchcraft
 - 131 Bell sound
 - 132 Cavime
 - 134 Circus V.I.P.
 - 136 Appease
 - 138 Melodic strips
 - 140 Jersey's fictional town
 - 141 Yearn
 - 142 "— Sanctum"
 - 143 Clean, in a way
 - 144 Cloth, Lachels and Atropos
 - 145 North Sea feeder
 - 146 Finishing
 - 148 Form into tight curls
 - 68 Quay
 - 69 In— (in position)
 - 73 Cut
 - 74 Tissue: Comb. form
 - 76 Some Spanish children
 - 78 First of a doubleheader
 - 79 Lived
 - 80 Halfway house
 - 82 Famous steel city
 - 83 Spike of tiny flowers
 - 85 Kind of tax
 - 86 Responsibility
 - 88 More tender
 - 89 Saint of October 15
 - 89 Quay
 - 90 In— (in position)
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 - 86 Responsibility
 - 88 More tender
 - 89 Saint of October 15
 - 107 Brouhaha
 - 108 Modern: Ger.
 - 111 Due's follower
 - 112 Consolidations
 - 114 Put on
 - 118 Female
 - 117 London square
 - 96 Fall mo.
 - 98 Larceny
 - 99 Network
 - 100 Kind of pasta
 - 102 Its capital is San José
 - 107 Brouhaha
 - 108 Modern: Ger.
 - 111 Due's follower
 - 112 Consolidations
 - 114 Put on
 - 118 Female
 - 117 London square
 - 96 Fall mo.
 - 98 Larceny
 - 99 Network
 - 100 Kind of pasta
 - 102 Its capital is San José
 - 107 Brouhaha
 - 123 Diminish, with "off"
 - 125 Part of a teapot
 - 126 Make public
 - 127 Violinmaker
 - 128 Neighbor of Col.
 - 129 German painter
 - 132 Vera—
 - 133 Omani or Yemeni
 - 135 Hebrew month
 - 137 Spanish tucle
 - 139 Rhine's river



- Answers will appear in next week's classified section

ATTENTION ALL READERS!

The deadline for placing a classified line ad has changed. The new deadline is Tuesday 10:00 a.m. We, in the classified section, ask that you do not wait until Tuesday morning to place your ad, if possible. We would like to talk with all of you and would not be able to do so if everyone waited until Tuesday.

MAHALO Sun Press Newspapers 235-5881

15 ANNOUNCEMENTS

HAPPY 26th ANNIVERSARY Mom & Dad Love Dee

WINDWARD Triathlon. Would like to form a group of 3 or 4 competitors for mutual encouragement and steady pacing. Call Jim Guerrero 254-1688 or 247-3150

THE Teaching of the GITA a lecture series by Swami Dayananda, Aug. 28-31, 7:30 p.m. Admission free. St. John's Auditorium, University of Hawaii (corner of Moili'ili Way & East-West Rd.) Week 1 Seminar, Sept. 1 & 2. Information Call Kalyani, 833-9991.

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Offers great investments and opportunity for free brochures call 523-0938
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eves. 735-3774
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20 LOST & FOUND

LOOKING for: Descendants of Johann E. Elderts & Keel Mahoe of Pune, HI. CT: Henry Elderts, ph: 239-9177; Guy Elderts, 239-6114; Ches. Keopua 695-9409; Mahoe Aka, 695-9930.

Next family meeting: Potluck! 8/16/84 at 69-322 Mokuia St. in Nanakuli.

FOUND: Very tame black kitten, corner of Kaneohe Bay Dr. & Mokuia. 254-3027.

FOUND: Male dog black with hind jaws & chest, 6 mo. Enchanted Lake area 8/6 morning. Ph: 261-1864. 839-1300

25 PERSONALS

FAR East Singles, Cherry Blossoms, Box 10215U, Honolulu, Hawaii 96727.

HAWAIIAN Swinger Magazine. Send \$3.00 to Box 650-C, Waimanalo, HI 96795.

UNIQUE: New concept for a one to one relationship needs. Dal. 955-0011 for 24 hr. recorded message.

MESSAGE by a certified, licensed professional, Jonelle Ostrander, 941-6738, 1-7 pm.

IF You want to drink that your business, if you want stop that's ours, Alcoholics Anonymous Ph. 945-1436.

15 Mormonism Christian? A new recorded message each week. 293-9495

COLOR Analysis, fashion & make-up by certified professional. Special price 662-4917

35 PERSONAL SERVICES

DEADBOLT. Security Lock. Key Outside Thumb Turn, inside. \$30 (lock & labor) on most wood doors. Military Lock & Key Shop. Call 623-8528.

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6:30 p.m.

Monday, Aug. 6 — **HONOLULU OFFICE: KAILUA OFFICE**
615 Piikoi St., Suite 1205 629A Kailua Rd., Suite 109

Tuesday, Aug. 7 — **MILILANI OFFICE** Thursday, Aug. 9
65-390 Kuahealani Ave. **KANEOHE OFFICE**
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Reserve your place by calling 524-3333

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If you are interested, please contact Jackie Craig at 734-2255 between the hours of 7:30 and 3 pm Monday thru Friday.

Sensational Teak Coordinates Priced Just Right

A. \$89.95

B. \$1179.95 SUPER SALE \$929.95

C. 5-PC GROUP \$1449.95

Create a dining sensation today with contemporary coordinates priced just right. This winning collection features teak dining furniture crafted in the finest Danish tradition. Dinner guests will rave about your stylish selection, and the price for setting the pace? It just became more affordable today at the new Scandinavian Gallery.

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A. TEAK DINING HUTCH. Beautifully display your finest collectibles in an exquisite teak setting. This 40"L x 70 1/2"W x 15"D hutch has a dust-free lighted interior. **REGULAR PRICE \$1179.95 SUPER SALE \$929.95**

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C. 5-PC TEAK DINING GROUP. Entertain or dine in style with this superb grouping crafted of the finest teak hardwood. Four chairs provide all-around seating comfort with gently conforming backs and cushioned seats. **REGULAR PRICE \$1919.80**

scandinavian gallery
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NEXT TO BJ FURNITURE • 98-107 Kam Hwy, Aiea PH: 487-1588 10AM-6PM MONDAY-FRIDAY, 10AM-5PM SATURDAY, 10AM-4PM SUNDAY

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Auto/Parts/Serv 150	Computers 116	Computers 116	Household Linen 82	Household Linen 82	Music Sales & Serv. 171			

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DESIGNER custom-made all types of garments and alterations. Ph. 262-4919

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 Accounting Clerk-Bank... \$785
 Cashiers-Gift Shop... \$4

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WANTED: exp. applique home sewers. Contract piece work. Must have machine that does a free sat stitch. Exper. nec. Windward area. Lois 235-0268.

BUSINESS is booming at International Fitness Center! Fitness Consultant, weight training & maintenance positions are now open. Apply Mon., Wed. & Fri. from 1 to 4 p.m., 45-608 Kaim Hwy, 235-259-7772

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 Experienced Tellers... \$800
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Registration for FALL 1 September- October classes, is in progress now.

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QUALIFICATIONS:

- Mature, stable men over 18 years of age.
- Live in the Waianae, Makakilo, Nuanuku, Kailih or Windward areas of Oahu.
- Patience, humor, understanding.
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- Minimum commitment of one year.

DUTIES:

- Develop and maintain a relationship with children, aged 6 to 16, who needs a special friend outside their daily lives to share themselves with; to know and have fun with.
- Provide individual attention, guidance, and/or opportunities for enrichment of a child's life.

BENEFITS:

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- Fun
- Joy of sharing
- Pride

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BIG BROTHERS/BIG SISTERS OF HONOLULU, INC.
 200 N. Vineyard Boulevard, Ste. 301
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Christopher McMahon
 Retail Advertising Manager at 235-5881

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