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PTA 1-87

1st MAB units enhance skills

More than 1,400 Marines and sailors of the 1st MAB participated in PTA exercise 1-87 at the Pohakuloa Training Area on Hawaii, Jan. 12-29.

In general, the 1st MAB sends units to PTA twice a year for training at the sprawling Army facility on the Big Island. PTA provides 57,000 acres of live-fire impact area and an additional 52,000 acres for maneuver in the rolling, mountainous central area of Hawaii.

The Marines of the PTA 1-87 Task Force put the training opportunity to good use, exercising infantry, aviation, artillery and service support units throughout the nearly three-week deployment.

Marines of 2/3 provided the primary ground maneuver element. The infantry battalion conducted extensive company-level training during the first part of the deployment, live-firing their weapons on PTA's many ranges. Later, the entire battalion fought a combined-arms battle against a simulated enemy, with companies maneuvering to gain advantage over the mock foe.

Nearly all of the artillerymen of 1/12 participated in

PTA 1-87. During the first few days, the "cannon cockers" conducted battery-level training, then moved on to fire their 155mm and 105mm howitzers in a battalion-level exercise. Later, 1/12 conducted evaluations of key elements of the battalion, using the strict standards of the Marine Corps Combat Readiness Evaluation System.

Joining 1/12 for the exercise was Battery R, 5/11, visiting from the 7th MAB headquartered at the Marine Corps Air Ground Combat Center, 29 Palms, Calif. 1st MAB's artillerymen loaned "Romeo Battery" some 105mm howitzers for the deployment and provided other support.

Throughout the exercise, Marines from BSSG-1 provided logistical support organized as Combat Service Support Detachment -14. Among the myriad tasks CSSD-14 performed were the resupply of Task Force units, and motor vehicle support. The latter included widespread use of the new HUMVEE and "Dragon Wagon" for the first time at PTA. CSSD-14 also provided Helicopter Support Teams to help guide aircraft into land-

Cont. A-3



Marines of Company E, 2d Battalion, 3d Marines breach a barbed-wire obstacle during a recent deployment. More than 1,400 Marines and sailors from the 1st MAB returned recently from the Pohakuloa Training Area on Hawaii after PTA exercise 1-87, which was followed by an amphibious exercise involving two Navy ships.

WD Eric Carlson photo

Only military doctors can prescribe steroids

The unprescribed use of anabolic steroids by Marines has been prohibited by officials at Headquarters Marine Corps, according to ALMAR 24/87.

According to the ALMAR, some Marines have been using anabolic steroids in attempts to enhance their athletic performance and increase muscular bulk.

The bulletin indicated that recent studies have shown

anabolic steroid usage can cause physical, and sometimes psychological, damage. Studies also indicated that the use of anabolic steroids can cause increased aggression, damage to body organs and the cardiovascular system, and sterility.

Only military physicians may prescribe anabolic steroids for Marines, and unprescribed usage is punishable under Article 92 of the Uniform Code of Military Justice.

New tax law brings changes in reporting

The following tax tips are provided by the Legal Assistance Division at the Naval Legal Services Office at Pearl Harbor.

All individuals must list the social security numbers of every dependent claimed on 1987 tax returns. If your child does not have a social security number, you should apply for one as soon as possible since you will need it on the beginning of 1988. Call your Social Security Administration Office to find out how to apply.

All individual taxpayers must file a new form W-4. Recent changes to the tax law have increased the value of a single exemption from \$1,080 to \$1,900. This means that if you claim the same number of

exemptions as in the past, you may not have enough tax withheld, which may result in paying a large tax and penalties when you file next year's return. Avoid the problem by filing a new W-4 as soon as possible.

State tax refunds are taxable income. Since state income taxes you pay are deductible from Federal income, when the state refunds some of those taxes to you, they become taxable income under the Federal Income Tax laws. You must add state tax refunds paid to you in 1986 to your Federal income on your 1986 Federal income tax return.

April 15, 1987, is the last day you may invest in an Individual Retirement Account for purposes of your 1986 Federal Income Tax Return.

The IRS treats points paid on mortgage loans differently on 1986 tax returns. Schedule A of the 1986 tax form has specific instructions for reporting points separately from interest paid on mortgage loans. If you refinanced a mortgage loan in 1986, look closely at the instructions to determine whether or not the points paid are fully deductible now or must be pro-rated over the life of the loan. The purpose of the refinancing will be the determining factor.

You're planning to build a house. You make a list of the materials you need and what they cost. Then you ask the bank for a loan. But it's not until groundbreaking that the bank tells you how much you can borrow.

This isn't unlike the way the budget process works for the Department of Defense and other government agencies.

They submit their budget requests to Congress in late January or early February. For the next several months, they send their top officials to explain them at dozens of different congressional committees. Then they wait — often into the new fiscal year — to see how much they'll be able to spend that year.

But in January, DoD submitted budgets for both fiscal 1988 and 1989. Once the budgets are approved, defense officials will be able to plan programs for the next two years.

The biennial DoD budget was directed by Congress in

the 1986 authorization act. Two-year budgeting was also a recommendation of the Presidential Commission on Defense Management.

Secretary of Defense Caspar W. Weinberger has consistently supported biennial budgeting for the stability it would bring to defense programs as well as relief from the time-consuming budget process. Such a system, he said, will:

Provide longer-term identification of national priorities with an earlier determination of the tax dollars available to support those priorities;

Encourage Congress to focus on broader policies, reducing the temptation to micromanage defense programs;

Free DoD managers from demands of an annual budget cycle so they can concentrate their energies on oversight and management;

Give managers more time to incorporate plans and priorities into efficient and worthwhile programs;

Allows managers to carry out programs with more security from fluctuations in quantity or funding levels;

Allow DoD to procure items for more than one year, based on a more stable funding commitment; and

Eliminate the need for DoD to operate under continuing resolution authority, common at the beginning of each fiscal year.

Weinberger admitted the biennial budget could have drawbacks. For example, longer-term cost estimates could make them less accurate.

The two-year process

might also give DoD less flexibility to react to unforeseen world changes. And the second year of the budget cycle could evolve into a period of congressional review that undermines any benefit of a two-year budget.

But Weinberger said the benefits of a two-year budget far outweigh the risks.

What is needed if the biennial budget is to be a success, he said, is flexibility. This is particularly important during the second year of a budget cycle.

By Donna Bollinger
American Forces
Information Service

Marines participate in 'Kernel Potlatch'

Anchorage, Alaska — The 11th Marine Amphibious Unit and the Navy's Third Fleet recently concluded "Kernel Potlatch 87-1," the first amphibious operation in the Aleutian Islands since World War II.

More than 11,900 Marines and sailors participated in two landing assaults, one by air and one by sea, conducted in gale force winds and 18-20 foot seas at Adak and Shemya Air Force Base.

"We were able to execute this operation without injury to either the Navy or the Marine side, and with no damage to

any of the equipment," said VADM. Diego E. Hernandez, commander, U.S. Third Fleet. "I couldn't be happier with the outcome of these operations," he said.

"Despite a demanding schedule and extreme weather conditions, their exceptional skill, training and attention to duty ensured both a safe and successful operation," said Admiral J.A. Lyons Jr., Commander in Chief, U.S. Pacific Fleet. "Their actions in the Aleutians have once again demonstrated U.S. resolve in this important region."

Navy News Service

LtCol. V.G. Medinger to take over SOMS

Lieutenant Colonel V.G. Medinger will assume command of Station Operations and Maintenance Squadron, here from LtCol. D.E. Belatti during a 10 a.m., change of command and retirement ceremony on Feb. 27 at Dewey Square.

Lieutenant Colonel Belatti will be retiring with 21 years of service and will be staying in

Hawaii with his family. Lieutenant Colonel Medinger joins SOMS from the 1st Marine Amphibious Brigade where he was the Deputy G-4.

All interested personnel and their family members are invited to attend. Uniform is summer service "C" for the military and appropriate attire for civilians.

Inside

Salutes	A-6/7
At a Glance	A-9
Island Happenings	A-10
Special Services	B-2
Sports Shorts	B-2
Ticket Info	B-2
HM Ads	B-3
Religious Services	B-3
Movies	B-3
Courts-Martial	B-6
Births	B-6

Marine general reflects on how it was

"Black History Month is an example of the immaturity of the nation in terms of growing socially," said Lt. Gen. Frank E. Petersen. "But black history events are necessary at this stage in the country's development."

"I look forward to the time when there is no need to have special programs to acknowledge contributions made to America by a specific group of people," said Petersen, commander of the Marine Corps Development and Education Command at Quantico, Va. He is the first black man in history to command a Marine base.

As a kid growing up in staunchly segregated Topeka, Kan., Petersen, 54, attended the all-black elementary school involved in the 1954 Brown vs Board of Education case, in which the Supreme Court ruled that racial segregation was against the law.

The son of an electronics technician, young Petersen delivered newspapers, worked as a hotel busboy and learned radio and television repair from his father.

"I was still not satisfied with my horizons and opted to leave and join the Navy at 18," said Petersen. "I tried at 17, but my father wouldn't sign the papers."

Petersen became a seaman apprentice in June 1950, shortly after "one unsuccessful year of college" and a few days before the outbreak of the Korean War. During boot camp, he heard a radio newscast about the Navy's only black pilot, Jesse Brown, being killed in Korea.

"I didn't realize that the flight school program was open to minorities," said Petersen, who is also the Marine Corps' first black pilot, colonel and general officer. "I applied immediately, finished boot camp and worked as an electronics technician for about a year."

When he arrived in Pensacola, Fla., in 1951 for flight training school, a black ex-Marine sought him out. The two men agreed that whenever made it through Navy flight school would apply to become the first black pilot in Marine Corps history.

His new-found friend didn't make it. "That scared the hell out of me," the 6 foot 2 inch, 180 pounder vividly recalled. "I figured they would get me, too."

But fate was kind to Petersen. At 20, he received his wings and was commissioned a second lieutenant in the Marine Corps. The next two black graduates also became Marine pilots. "So from zero, there were three black aviators in the Marines in three years," Petersen laughed.

Ironically, Petersen's race code was listed as white at Marine Corps headquarters. Baffled flight school officials asked if Petersen should be commissioned because he was black. "A message came back saying 'We have to start sometime. Let's do it now,'" said Petersen.

Indirectly, it was due to his race that a 21-year-old Petersen was flying Corsairs in combat missions in Korea. After flight school, he received orders to Cherry Point, N.C. "But I had had enough of the South and asked to be sent to El Toro, Calif.," said Petersen. "If I had taken the orders to Cherry Point, I would not have wound up flying combat missions in Korea."

Even though he was the first black pilot in the Marine Corps, Petersen said, "There were no racial problems with my going overseas with the squadron. Pilots are a very close-knit group, and combat tends to make that group even tighter."

"Those were also the days desegregation finally took place," noted Petersen, who has flown 350 combat missions in two wars and has logged more than 4,000 hours in various fighter and attack aircrafts. "The last all-black outfit fought in Korea and was disbanded in Korea."

Petersen spent 14 months in Korea without being hit by enemy fire, but he wasn't so lucky in Vietnam. In 1968, while supporting trapped Marine reconnaissance troops near the demilitarized zone, his F-4 Phantom jet fighter was hit by enemy ground fire.

With both engines ablaze and the hydraulic system ruptured, Petersen said he knew he and his radar operator "were in deep kim chee."

"This may sound kind of foolish, but here are two guys sitting in an airplane with both engines on fire and the hydraulic system leaking," said the Marine's "Silver Eagle" (senior-ranking aviator). "But if we had punched out" over enemy territory, we would

have spent the remainder of the war in the 'Hanoi Hilton' or even worse."

Bailing out over South Vietnam, they landed in a muddy rice paddy. Petersen lost his pistol on impact. The first thing he saw was a Vietnamese running toward him.

"I didn't find out until later that all he was after was the silk parachute," he laughed.

"Both men were rescued by a Marine helicopter crew. A few months later, while relaxing on vacation at his sister's home in Denver, he suddenly felt like someone had just rammed a hot poker down the middle of his back. Doctors discovered he had herniated a disk and fractured his left hip when he ejected from the jet fighter.

"The initial impact of the ejection seat gives a shock of about 20 Gs (or about 640 feet per second)," said Petersen, who walks with a slight limp. "It was like a corkscrew effect."

The injuries hamper his running but don't stop him from a daily workout in the gym. "I know that my being there is perhaps an example for the rest of the troops," said the muscular three-star general. "But it's my own personal desire to be there. Staying physically fit is the best thing you can do." Petersen does chin-ups and sit-ups and works out on weight equipment.

During his leisure hours, it's not unusual to see him wandering around the base in blue jeans and tennis shoes "getting a sense of what's going on." He also "tinkers" with old cars. "I like to rebuild old machines," said the father of five. "I've got a 1959 Jaguar XK 140 I'm working on now."

His primary responsibility in his present assignment is to train Marine Corps officers. He is concerned about the attitudes of some minority officers.

"Many young minority officers have a hard time adjusting to the military's democratic environment," said Petersen, who holds both bachelor's and master's degrees from George Washington University, Washington, D.C. "They tend to be shy socially and adopt the 'pack method' — all the blacks get together and isolate themselves."

"This is wrong," he said emphatically. "I always insist that minority officers participate — forcefully, if necessary — because that's going to be the way they encounter it in their work."

However, he pointed out, "It's not that way on the enlisted side."

Although Petersen has achieved many firsts, he doesn't like dwelling on them. "To set these accomplishments aside is to also acknowledge the fact that perhaps a black is not as good as..." he trailed off. "When I hear that someone is the first black to do this or that, I look at it two ways — not only attesting to the authority of the individual, but also the acknowledging that race makes a difference in the United States."

"I still look forward to the day when the race of an individual will not be so important as his capabilities," said Petersen. "Unfortunately, we're not quite there yet."

by Sgt. Maj. Rod Williams, USA AFPS



Lt. Gen. Frank E. Petersen

Infant care begins early

EDITOR'S NOTE: To help parents be aware of the importance of their children's dental health, the 21st Dental Co. submitted the following article to help celebrate "National Children's Dental Health Month."

It's never too early to begin caring about your child's dental health. Most babies cut their first teeth between five and nine months of age, and the two lower front teeth are usually the first ones to erupt. As soon as they appear, parents should begin cleaning

their child's mouth on a regular basis.

To do this, take a gauze square, or the corner of a clean wet washcloth, and gently wipe all sides of the new teeth. This should be done every evening immediately after the last feeding and just before bedtime.

After four or eight teeth have broken through the gum, the parent can switch to a small, soft-bristled wet toothbrush; it is not necessary to use toothpaste until your child is 2 to 2½ years old.

The easiest way to clean your infant's teeth is to place

the child's head in your lap with their feet pointing away from you. This way you can see both the upper and lower teeth.

By age 2½ or 3, most children have all of their primary (baby) teeth and this is usually an excellent time for your child to be seen by a children's dentist for the first time. This is also a good time to begin involving your child in the habit of brushing his/her teeth.

Toddlers enjoy mimicking their parents so "brushing together" can be fun for both parents and child. By this

time, brushing should be done both after breakfast and right before bedtime.

Although you should encourage your preschooler to brush his/her own teeth, children do not develop the dexterity required to brush well until they are six or seven years old. A good indicator of this ability is if your child can handle a knife and fork. If they can't they're going to need your help in cleaning their teeth.

But you and your child can make brushing a family activity, and you both will be rewarded when the result is no cavities.



Bill Jones/Guest Photo

USS Okinawa sailor awarded NAM

Colonel K.R. Liston-Wakefield, commanding officer of 3d Marine Regiment (Rein), presents a Navy Achievement Medal to Aviation Boatswainmate First Class Danny I. Cates aboard the USS Okinawa (LPH-3) during the ship's recent visit to Pearl Harbor. The medal was presented for the outstanding support Cates, along with many other crewmembers, gave to 3d Marines during a recent exercise involving the ship. As leading petty officer of the flight deck crew supporting helicopter operations of HMM-165 and HMM-265, Cates "contributed significantly to the establishment of a team-oriented relationship between the USS Okinawa and the Marines," according to the citation.

Black History Month calendar

The following is a calendar of events to celebrate Black History Month on Oahu:
Feb. 14, 2 p.m. — The Jazz and Dixie Music Combo will perform free at Schofield Barracks' Kaala Recreation Center.
Feb. 14, 6 p.m. cocktails, 7 p.m. dinner — Heritage Ball at the Hickam NCO Club Ballroom. Brigadier General Raymond V. McMillan, Chief Systems Integration, Peterson Field, will be the guest speaker. Tickets are \$5 per person and \$3 per couple.
Feb. 19, 11:30 a.m. — Black History Luncheon, NAS Barbera Point Officers' Club, sponsored by Barbera Point EEO committee. All Naval officers, enlisted personnel and civilian DoD employees are invited.
Feb. 21, 12-4 p.m. — African Textile Design Class. University of Hawaii professor Kathleen Rawley will lecture on basic African art textiles. Admission is free at the Kaala Recreation Center, Schofield Barracks.

VITA Reps

The Voluntary Income Tax Assistance (VITA) Program, sponsored by the Internal Revenue Service, is now available to military personnel stationed here.

The program is offered through unit representatives who will help service members, and their family members, complete their 1986 tax returns.

The VITA representatives are:

Representative	Unit	Telephone
CySgt. Raspin	11&S Co., 1st MAB	3404
Lt. Col. Bagleton	11&S Co., 1st MAB	2141
HMC Johnson	Bde Surgeon	2812
HM2 Delos Reyes	Bde Surgeon	2812
1A Hill	3rd Marines	2559
1A Ferreck	3/3	3669
1A Pray	11&S Co., 3/3	3142
1A Wain	1 Co., 3/3	2434
1stSgt. Nautala	K Co., 3/3	2843
1A Murphy	Wops Co., 3/3	2884
1A Heinrich	1/12	2800
CySgt. Stout	Hq Co., 1/12	3318
SSt. Hunter	MAG-24	3139
SSt. Acosta	11&MS 24	2065
SSt. Jackson	11&MS 24	3112
SSt. Vance	11&MS 24	3648
CWO2 Whitehead	MWNS 173	2581
1A Petersen	MACB-2	3606
SSt. Schlimberg	MACB-2	2985
1A Barro	HMM-165	3444
CySgt. Hetta	HMM-165	2585
CySgt. Edwards	HMM-165	2836
Capt. Hansen	HMM-265	2886
Capt. Wheeler	HMM-265	2886
CWO4 Itenker	HMM-265	2482
Capt. Bridget	HMM-364	2208
1A Herr	HMM-364	2573
1A Griffin	HMM-463	2779
1A Short	HMM-463	2521
Capt. Jang-nan	VMPA-212	2206
Cpl. Sanchez	VMPA-212	2206
1A Ingram	VMPA-232	2346
SSt. Chamberlain	VMPA-232	2746
1A Conally	BRSC-1	2339
1A Johnson	BRSC-1	3434
1A McConnell	BRSC-1	2914
Sgt. Theriault	BRSC-1	2618
HM1 McManus	A Co., 3rd Med Bn.	3530
MCySgt. Harrison	HA-HR	2888
Sgt. Bardwell	HA-HR	2841
1A Beasley	80MS	2583
CWO2 Bauer	80MS	2583
CWO2 McDaniel	80MS	3212
CySgt. Minute	80MS	2842
Sgt. Permitt	PMO	2104

Family Dental Care



Sickcall: Monday-Friday (except holidays), 4 to 6 p.m.
Cure: Monday-Friday (except holidays), 6 to 9 p.m. by appointment only.
Screening exams, preventive dentistry lectures, and fluoride treatments will be conducted on Feb. 21 by appointment. Preschool children will be seen at this time.
All questions concerning dental care will be answered Monday-Friday (except holidays), 2 to 9 p.m., by calling 257-3226/2290.

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PTA 1-87

Cont. from A-1

ing zones and prepare items for helolift. The biggest measure of aviation support for PTA 1-87 came from HMM-165 and their CH-46E "Sea Knight" helicopters. Also participating were elements of HMH-463 with their CH-53D "Sea Stallion" and UH-1 "Huey" helicopters. HMM-364 and other elements

of MAG-24 provided additional aviation support. Fixed-wing elements of MAG-24 flew numerous close air support missions at the request of the task force on the ground. The fixed-wing participation not only gave pilots a chance to fly missions with live ordnance, but it also gave the Tactical Air Control Party (TACP) from the 2/3 headquarters a chance to practice

the close coordination necessary in a realistic, live-fire environment.

While the PTA 1-87 Task Force was on the Big Island, they had a chance to engage in some projects to enhance relations with the local community. On Jan. 17, the Marines provided an orientation tour for some Junior ROTC cadets from the Big Island's Kona-waena High School.

Also, throughout the deployment, Marines helped clear unwanted and dangerous plants from nearby pastureland. The plants, known locally as "Gorse Bush," are a thorny, barbed wire-like plant that is spreading onto grazing land and could one day endanger the Big Island's watershed.

The climax of PTA 1-87 was a spectacular live-fire exercise conducted the afternoon and evening of Jan. 23. During daylight hours, jets swooped down to soften-up simulated enemy units maneuvering through the lava fields. The jets were guided by the TACP and by white phosphorous rounds put on target by 1/12's

howitzers and 2/3's mortars.

Meanwhile, 2/3 prepared defensive positions on a hillside and set up fields of fire. That evening, the entire ground combat element of the Task Force fired their weapons, ranging from M-16A2 rifles to 155mm howitzers, in a final protective fire against an advancing simulated enemy.

Veteran observers, including some Army officers based at PTA, called it one of the best battalion-level live-fire exercises ever conducted at the training area.

About the only thing PTA doesn't provide is the opportunity to conduct amphibious operations — the Marines' stock-in-trade. But many of the Marines later had the opportunity to conduct such an operation elsewhere with the help of two Navy ships steaming through Hawaiian waters.

For many of the Marines, the amphibious operation was the final evolution of their deployment before returning home to MCAS Kaneohe Bay the last week of January.



Marines of 2/3 dig-in on a hillside at PTA and set up their fields of fire preparing for the climactic, combined arms live-fire exercise during PTA 1-87.



Private First Class Mauricio Estupinian (l) of G Co., 2/3, briefs his battalion commander, LtCol. J.L. Reid, on his field of fire as the CO "trooped the line" just before a live-fire exercise conducted Jan. 23 at PTA.

Marooned!

How Echo 2/3 spent 'Super Sunday'

By WO E.R. Carlson

For millions of Americans, Jan. 25, "Super Bowl Sunday," was a day to spend in front of the television set with friends and family, enjoying a frothy beverage perhaps, and watching the football event of the season.

But this was not to be for the 95 Marines of Company E, 2d Battalion, 3d Marine, based here as part of the 1st Marine Amphibious Brigade.

The closest Echo Company got to enjoying anything on TV that day was getting the opportunity to re-enact some scenes from a long-canceled sitcom in which a group of people are marooned on a tiny desert island. Only there were no millionaires or movie stars. And certainly no Super Bowl.

Before this little adventure began, the Marines had already been away from home for a couple of weeks. They'd been at Pohakuloa Training Area with their battalion, and now they were scheduled to participate in an amphibious operation involving the USS Okinawa (LPH-3) and USS Denver (LPH-9).

The amphibious operation was supposed to be a big deal. Some assault amphibian vehicles operating from the LPH were supposed to hit the beach with another company from 2/3. The "Hoks" from the 3d Marines AAV Detachment did get to swim around a bit, but the sea conditions turned real nasty, and the beach assault with embarked infantry had to be canceled.

Meanwhile, aboard the LPH, officers of the battalion discussed ways to salvage the exercise. It was decided to put one company ashore using the CH-46E "Sea Knight" helicopters of HMM-165 then embarked on the Landing Platform, Helicopter.

After a toss of a coin, they decided that Echo Company would ride the CH-46's to the training area and conduct a six-hour exercise before flying back to the ship the same day.

On Sunday morning, with weapons, helmets, flack jackets and enough gear and chow for the day-long exercise, Echo landed ashore to conduct their training. The hoped to be back to the ship in time to catch the last part of the Super Bowl, or at least the post-game analysis and replays.

The Marines spent most of the day attacking a simulated Soviet-style strongpoint set up as part of a squad assault course at the training area. That involved elements of the company breaching barbed-wire obstacles to reach an enemy trenchline manned by other members of the company firing blank ammunition.

Echo Company Marines learned how obstacles surrounding an enemy position are placed to "channelize" them into the enemy's fields of fire, and how to avoid such traps. Then the Marines practiced procedures to actually enter the zig-zag trenchline and go about the dirty business of bodily siezing it from the enemy, sometimes in close-in, man-to-man combat.

"You gotta love these guys," said the battalion chaplain, Navy Lt. J.E. Renfro, who accompanied the Marines. It was a heck of a way to spend a Sunday, especially this one.

After everyone had a chance to attack and defend the trenchline, the Marines saddled-up and began marching back to the landing zone to catch their planes. Vislons dined in their heads of hot chow from Okinawa's excellent galley, the soft bunks in troop berthing and, especially, "The Big Game" on the ship's closed-circuit TV system.

Throughout the day, the company commander's radio operator 1Cpl. Daniel Dunning, had been performing routine "radio checks" with

higher headquarters. Using a special code, higher headquarters had been relaying the game's progress to Dunning. As Echo made its way to the LZ, another update on the score was passed back through the column, accompanied by some groans and cheers from Giant and Bronco fans.

Then another message came. Due to heavy seas and near-gale force winds that had been brewing up all afternoon, any further flight operations from the LPH were canceled.

No planes would be coming to take the company back to the ship. The Marines reacted with stoic silence.

Captain William Ezell, the company commander, had to think quickly. The sun would go down shortly. With no chow, little water, no place to sleep and not a poncho liner among them, Ezell ordered his men to "about face."

The Marines began an eight-kilometer hump to the other end of the training area where Ezell hoped they would be able to find shelter for the night.

On the way, Echo passed by Battery C, 1/12, who were in the area supporting a Tactical Air Control Party exercise with their 105mm howitzers. Charlie Battery was all set for the night, and the only thing they could offer Echo was their sympathy, some water, and a few spare rations. Echo continued its march.

Suddenly, as if out of nowhere, a lone CH-53D "Sea Stallion" helicopter from HMH-463 appeared and touched down next to the road Echo was on. The ship, apparently, had decided to risk launching a single helicopter to bring the hungry Marines their evening meal.

The Marines eagerly unloaded the chow and continued on their march.

Just before sunset, Echo arrived at a small encampment near the beach, occupied by a few Marines from an Explosive Ordnance Disposal detachment. The EOD Marines agreed to house the company in a few metal shacks constructed by Navy Seabees.

As Echo marched into the encampment, one of the EOD Marines assigned to the remote, temporary "duty station," Sgt. Scott Edwards, said "Hey, we're just happy to have some guests! This is the most excitement we've had around here in a long time!"

Then it was time for "Sunday Dinner." The ship had provided several large canned hams, loaves of bread, fruit, some still-cool sodas, and more bags of potato chips than anyone could eat.

As the Marines lined up for the evening meal, the company executive officer, 2dLt. Dan Cowdry, lopped-off slices of ham with his fighting knife while another Marine slapped two pieces of bread onto the ham. Another Marine passed out the potato chips and sodas, while others helped themselves to the fruit.

As the setting tropical sun created a kaleidoscope of colors on the horizon, one Marine, full from his supper and the day's activities, couldn't resist quoting from a beer commercial which airs frequently on TV during football games.

"It just doesn't get any better than this," he said.

That night, the Marines huddled inside the metal shacks and tried to get some well-deserved sleep as the wind howled around them.

At first light the next morning, waves of "Sea Knights" from HMM-165 descended into a nearby landing zone and whisked Echo Company back to the ship. By that afternoon, the ship was at Pearl Harbor. By that evening, the

Marines were back home at MCAS Kaneohe Bay.

So their adventure would not be forgotten, the Marines of "Third Herd," Echo 2/3, composed a little song about the whole deal. It's sung to the tune of "Gilligan's Island," and it goes like this:

"Sit right back and hear a tale, a tale of a fateful trip; that started from an LPH, aboard a '46."

"The copilot was a fearless man; the pilot not too sure. Our company took off that day; for a six-hour tour."

"The weather started getting rough; the helos couldn't land. Echo was marooned that day; on this forsaken land."

"The loogie out of O.C.S. — his butter-bars were new; the captain out of 8th & Eye; he knew just what to do."

"He took us to a Seabee shack; and put us in the rack, he promised in the morning, that he would get us back."

"The next morning when the sun was high; the helos they would fly. We all got back to K-Bay. The skipper did not lie."

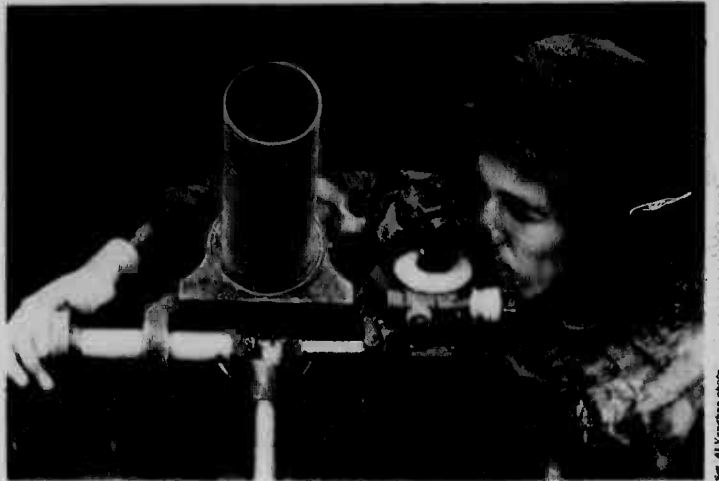
After the exercise, Capt. Ezell spent a moment philosophizing:

"I'm pleased that my Marines had such a good attitude about this situation," Ezell said. "We really did get to accomplish a lot of good training. Who cares if nearly everybody else got to kick back and watch the Super Bowl that day?"

"As a unit, I think we got the better end of the deal," he said.



Marines of E Co., 2/3, go about the dirty business of entering an "enemy" trenchline and siezing it in close-in, man-to-man combat.



Lance Corporal Howard Meadows (left), Weapons Co., 1/3, checks out the scope on a Type 64 rifle belonging to Japanese Ground Self Defense Force Leading Private Satashi Sakata, 35th Reg., 10th Div. Corporal Larry Workman (above), Weapons Co., 1/3, sights in an 81mm mortar during a live-fire shoot conducted during Forest Light 87-1. Lance Corporal John Yateem (right), Comm. Plt., H&S Co., 1/3, teaches a Japanese soldier how to use the Marine Corps' field radio.



Forest Light 87-1

1/3 shares skills with Japanese

Aibano Training Area, Japan — During exercise Forest Light 87-1, Marines and Japanese Ground Self Defense Force (JGSDF) soldiers gained new insights into each other's military techniques; and through teamwork, worked out many technical training barriers that will help smooth future exercises in central Japan.

Forest Light 87-1 was the first time a Marine Air Ground

Task Force (MAGTF) conducted bilateral training with a JGSDF unit stationed in central Japan, according to MAGTF Commander Col. Peter Field. The training took place at the Aibano Training Area on the west bank of Lake Biwa, the largest lake in Japan, Nov. 21-Dec. 10, 1986.

First Battalion, 3d Marines, currently deployed from the 1st MAB at MCAS Kaneohe

Bay to the 3rd Marine Division, Okinawa, and a detachment from 3rd Combat Engineer Battalion made up the ground elements of the MAGTF. Marines from Marine Attack Helicopter Squadron (HMA) 369, 1st MAW, homebased at MCAS Futenma, Okinawa, formed the air element.

The JGSDF was composed of the 35th Regiment, 10th Division homebased in

Nagoya City, Japan, and commanded by JGSDF Col. Tetsuya Sakinoue.

"The main purpose of this exercise," said Capt. Richard Moore, MAGTF S-3 officer, "is to work with the JGSDF and exchange knowledge of weapons and defensive tactics."

Marines were greeted at Aibano by the 10th Division JGSDF Band, the entire 35th Regiment clapping their hands in welcome as the Marines marched on. A female Japanese soldier presented Col. Field with a bouquet of flowers. After the welcoming ceremony, the Marines quickly settled into their living areas and prepared for the training ahead.

The exercise was in two phases with the first phase consisting of demonstrations to familiarize the two forces with each other's weapons and equipment. Classes on mortars, communication equipment, engineer techniques, anti-tank weapons and close air support with helicopters were also conducted in the first phase.

"My unit studied the Marine mortar techniques and learned something new," said JGSDF 1st Lt. Shigeo Nohara, JGSDF 81mm mortar platoon commander. "We have learned to fire time on target which the JGSDF doesn't do," he said. "Time on target firing is when all mortars fire together at a predetermined time to put as much combined ordinance on the target as we can to destroy it," explained 1st Lt. Todd Pey, 81mm mortar platoon commander for 1/3.

Communications and demolitions training were conducted the following day. The Marines of communications platoon, H&S Co., 1/3 taught JGSDF soldiers everything from Marine Corps radio techniques to switchboard operations.

"We wanted to make sure the JGSDF soldiers could do the basic things with our equipment like a radio check and a correct switchboard hookup," said GySgt. Kim Feidhausen, 1/3's communications chief.

The engineers of First Platoon, C Co., 3rd Combat Engineer Bn., shared their knowledge of demolitions with the JGSDF soldiers and conducted three demolition shoots during the exercise.

"During the demolitions training, one thing we managed to teach the JGSDF was how to use shorter time fuses," said Cpl. William Thorpe, platoon sergeant. "They're very safety conscious here, so we had to assure them this was safe."

With five days of training behind them, the Marines suddenly realized they were away from home and loved ones on Thanksgiving. To make the most of the situation, the Marines invited the Japanese soldiers to eat Thanksgiving dinner with them. Many friendships were made that day as cheers of "kanpai" echoed throughout the mess tent and addresses were exchanged.

The following day was highlighted by a Cobra helicopter live-fire shoot in the afternoon. Two AH-1S Cobras from the Japanese 10th Aviation Unit, 10th Division, and two AH-1J Cobras from HMA-369 put on a close air support demonstration by hovering in the air and firing their 20mm machine guns for Marines and JGSDF soldiers.

"The Cobras were very impressive," said JGSDF Sgt. Mamoru Kondoh, 1st Rifle Platoon, Rifle Co. "The Marine pilots must practice more than we do because the Marine pilot was a better shot."

Marines got another break from training and challenged the JGSDF soldiers to a field meet. The meet finally ended with the Marines winning all the tug-of-war and the softball tournament, and the JGSDF winning all the relay races. The match gave the two units a break before a three-day war game began.

A live-fire antitank weapons shoot was conducted the next day. The JGSDF started the show by firing their antitank missiles and the Marines of

Dragon Platoon, Weapons Co., 1/3, followed with their Dragons. The Dragon gunners surprised their JGSDF counterparts by hitting moving targets at 1,000 meters.

The Dragon is newer and much more technical than anything we have in use," said JGSDF TechSgt. Nodoru Ighijo, squad leader, 106mm Recoiless Rifle Company. "I wish I could fire one someday."

During the second phase of training, the commanders spent the first two days preparing final plans for the three-day war game.

"We worked out a lot of good procedures in crossing our direct and indirect lanes of fire during the second phase of training," said Moore.

In the final three day attack exercise, Marines of Charlie Co., 1/3, and JGSDF soldiers of 1st Co., 35th Regiment and a JGSDF mechanized company were designated as aggressors for the attack.

The aggressors used Soviet mock-up vehicles for additional realism in the attack. Marines of "A" Co., 1/3 and JGSDF soldiers of 4th Col., 35th Regiment supported by 81mm mortars, Dragon and machinegun teams sat in the frontline defensive battlefield while Marine and Japanese pilots provided close air support with Cobras.

"One of the most eye-opening lessons learned during the final three day exercise," said Moore, "was the difference between the Marine and JGSDF fire support coordination procedures and how much it took to team the two together."

"The most rewarding aspect of this training was the fact that we overcame difficult coordination problems and were able to work in a 'kung ho' way as closely as we did. If we ever have to fight side by side with the JGSDF, we now have a better understanding of each other's capabilities. I think we more than exceeded the goals of this exercise," Moore concluded.

by Sgt. Al Vaughan
MCPAO, MCH Camp Butler

'Grunt' training a new experience for H&S Co., 1/3

Camp Hansen, Okinawa, Japan — Leathernecks from H&S Co., 1/3, currently deployed from Kaneohe Bay, Hawaii, recently took part in a retaliatory helicopter-borne raid; which, according to several of the participants, gave them both a rare and a much appreciated chance to perform in a simulated combat environment.

The scenario had intelligence sources reporting a terrorist group of about 20 people on the nearby island of Shimu, who were planning to attack a U.S. amphibious assault ship on Okinawa. The reports also indicated that the group had placed a communications device on the ship capable of detonating explosives by using a high frequency signal.

The primary mission of H&S Co. was to locate and capture the high frequency remote detonating device and its associated gear. Also, they were tasked with locating and destroying any explosives, the enemy's radio transmitter, as well as any other communications or radar devices they found.

Stopping the terrorist bombing and the secondary missions were all successful with

the help of aerial support from HMM-262, HMA-369 and VMA(AW)-332.

Also, 80 Marines got a chance to train as "grunts" and learn exactly what's involved with being in the infantry.

"I thought all aspects of the exercise went great," said Capt. Chuck Lowther, commanding officer of H&S Co. "To some degree, this is why my men joined the Marines. This served as an excellent learning experience and boosted my unit's motivation."

For another H&S Co. Marine, who is in administration, this was his chance to get out from behind his desk and typewriter. "As the training NCO, I take care of pistol and rifle range assignments, physical fitness testing and essential subject tests," said Sgt. Sean Mulcahy. "But today, I was assault team leader. Our job was to capture the enemy's radio gear. If we were successful, they couldn't blow up our ship."

"This is it, this is the real life," he added. "We came here and proved we can do more than shuffle papers. This is

just one more thing to motivate me. If I had my way, we'd be out here tomorrow too!" said Mulcahy.

While some were motivated by painting their faces and living the "Rambo" image, others looked at the exercise as a learning experience.

"This air raid training gave me a good insight as to how the infantry operates," said PFC Gordon A. Williams, who normally works as a field radio operator. "This was my first time getting away from the shop and learning about the infantry. Even though I enjoyed it out there, I still don't know if I'd want to do this every day," he said.

Regardless of how the training was received, the Marines from 1/3 were given an eye-opening experience of what the infantry is capable of. The training also brought one Marine back to reality.

"Sometimes, because of our job, we forget who we are and what our primary mission is," said Mulcahy. "The bottom line is we are here so we can support one group of people — the infantry."

by Sgt. Paul Lewis
PAO, MCPAO, Camp Butler

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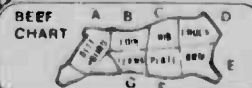
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Salutes

**1st Platoon,
Battery B, 1/12**
Promotion

Cpl. R.M. Cole
Reenlistment
Sgt. T.M. Gaylor

Camp Smith
Meritorious Service Medal
MGySgt. A.L. Berndt

Navy Achievement Medal
HM2 E.J. Grossman
GySgt. D.P. Owens

Promotion
WO C.A. Vincenti
HMM-463
Welcome Aboard
SSgt. W.J. King Jr.
1stLt. T.D. Wilmot

Meritorious Mast
Cpl. R.F. Liebe
SSgt. K.D. Bush

HMM-165
Welcome Aboard
LCpl. J.M. Barnes
Cpl. R.R. Jones Jr.
1stLt. M.E. Peters
1stLt. P.R. Short

SOMS
Welcome Aboard
PFC A.A. Austria
PFC A. Brown
PFC M.J. Cornwell
PFC T.R. Fix
PFC S.L. Harchett
PFC C.G. Hoover
PFC R.E. Jarrett
LCpl. T.B. Cruickshank
LCpl. K.A. Kossett
LCpl. K.S. Wiseman
Cpl. W.S. David
Cpl. D.C. Ray
SSgt. Y.D. Clark

Promotion
LCpl. A. Brown
LCpl. R.T. Lassiter

Cpl. R.M. Gosiengfaio
Cpl. G.O. Robledo
SSgt. D.W. Thompson
GySgt. K.I. Boucher

Good Conduct Medal
Cpl. S.A. Roods
BM2 S.F. Bleasdale

Letter of Appreciation
LCpl. I.M. Gilligan
LCpl. C.L. Herman
Sgt. D.L. Davis

Meritorious Mast
Cpl. P.J. Groves
Cpl. L.B. Holdcraft

Reenlistment
Cpl. S.J. Ciresi
Sgt. T.M. Johnson
GySgt. T.L. Abner
MSgt. T.O. McGauley

Certificate of Commendation
LCpl. G.A. Worthington
EN2 B.D. Maxwell

Navy Achievement Medal
GySgt. J.A. Harp

Cont. A-7



USMC Photo

Corporal G.L. Marshall, of VMFA-232, receives a Good Conduct Medal from LtCol. W.L. Nyland, commanding officer of VMFA-232.



USMC Photo

Petty Officer 2nd Class A.H. Hicks, of VMFA-232, completes a hand salute after receiving a Navy Good Conduct Medal from LtCol. W.L. Nyland, commanding officer of VMFA-232.



USMC Photo

Members of VMFA-232's Ombudsman Council recently received a Letter of Thanks from Col. W.R. Gage, commanding officer of MAG-24 for outstanding participation and support to the "Red Devils." From left are Cindi Beauchaw, Joanne Thompson, Susan Redmond, Kathy Saldana, Kim Durham and Claudette Lewis.

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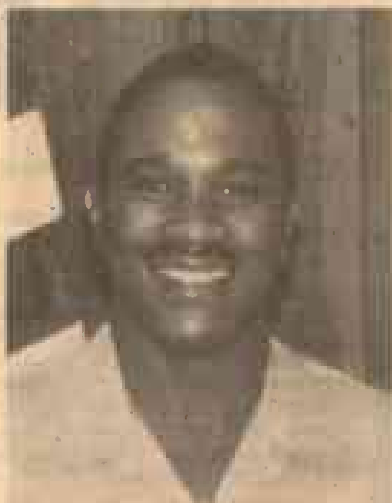


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Salutes



DT2 McElyea



DT1 Houston

Dental Technician 2nd Class B.E. McElyea and Dental Technician 1st Class S.W. Houston received Letters of Appreciation for being selected "Senior Sailor of the Quarter" and "Sailor of the Year," respectively.

Cont. from A-6

B Co., 7th Comm. Bn. Promotion

LCpl. S.A. Leiske
LCpl. K.J. Noell
Cpl. P. Augusto Jr.
Cpl. M.J. Williams
Cpl. R.D. Williams

Reenlistment

LCpl. T.S. Harrelson
LCpl. K. Thomas

Good Conduct Medal

HM2 J.A. Miller

Certificate of Appreciation

Cpl. G.R. Berglund

BSSG-1

Welcome Aboard

SSgt. W. Abreu
SSgt. J.J. Yenyo
1stSgt. J. Torres

Promotion

LCpl. S.R. Dooley
WO J.W. Smith

Meritorious Mast

PFC O.D. Gilliam
PFC H.R. Legure
Cpl. J.R. Arend
Cpl. M.A. Medina
Cpl. R.J. Petry
Cpl. D.M. Taylor
Sgt. G.A. Friend

Letter of Appreciation

Cpl. M.T. Turner

Reenlistment

1stSgt. J. Torres

Good Conduct Medal

LCpl. S.W. Coleman
LCpl. P.A. Combellack
LCpl. C.E. Coonce
LCpl. R.K. Corr

LCpl. M.A. Crayton
HM M.A. Schneider
Cpl. J.R. Arend
Cpl. S.S. Doppler
Cpl. R.A. Ferreira
Cpl. M.R. Girard
Cpl. R.J. Petry
Sgt. M.C. Smith

Navy Achievement Medal

Sgt. E.D. Freeman
Sgt. S. Rasool
Sgt. W. Reed III
SSgt. R.K. Palmer
MSgt. J.R. Grant
WO J.W. Smith

HMM-364

Good Conduct Medal

LCpl. K.L. Kitner
Cpl. S.M. Graybar
Cpl. D.A. Mitchell

VMFA-232

Welcome Aboard

LCpl. C.D. Pudenz
LCpl. R.A. Wait
Cpl. B.D. Burke
Cpl. R.A. Marshall
GySgt. J. Valliere

Reenlistment

SSgt. J.C. Goddard

H&MS-24

Promotion

Sgt. M.A. Bryant
Sgt. J.R. Mason
Sgt. R.I. Deatherage
Sgt. F.R. Bobrowski

Navy Achievement Medal

GySgt. R.L. Hawkins



WO Curtis



WO Hill



WO Mullins

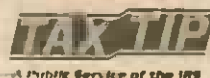
Scott A. Curtis Jr., Russell L. Hill and Robert C. Mullins III were promoted to Warrant Officer in a recent ceremony at Camp Smith.



Staff Sergeant J.R. Mowrey, of VMFA-232, receives a Good Conduct Medal from LtCol. W.L. Nyland, commanding officer of VMFA-232.

Here's a tip . . . a Tax Tip.

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SAFETY advisory

There is no such thing as being too safety conscious. When at work or home, taking precautions can prevent a terrible accident, or even death.

The following are recent accidents compiled by the Navy Safety Center, Norfolk, Va., which could have been prevented by paying closer attention to safety precautions and the "dangerous" environment we live in.

A sergeant practicing "quick draw" techniques with a .22 caliber pistol suffered a gunshot wound to his right foot.

One sailor was a passenger in a vehicle in which the driver lost control. He was thrown from the vehicle and was killed; he wasn't wearing a seat belt.

The following incident happened here last month, and could have been prevented with a little precaution:

A lance corporal was on his way to work on a bicycle from his barracks. He was in the right lane, and soon approached another biker who he decided to pass. The rider noticed that there was no traffic in the area. Just as his front wheel became parallel to

the slower rider's rear tire, the slower rider made a left turn across the path of the passing rider. The slower rider didn't signal the turn.

The collision threw the lance corporal off his bike and fell on his left shoulder; the slower rider was not injured. Moments later, another lance corporal passed by in his automobile and took the injured rider to the emergency room.

Because of lack of awareness of both riders to changes around him, a lance corporal broke his calve and lost a day of work. Lucky for both there was no automobile traffic in the area.

Sun Press NEWS CARRIER OF THE WEEK



This week's HAWAII MARINE "Carrier of the Week" is twelve-year-old Joey Pittman.

Joey has been providing excellent HAWAII MARINE service for six months. "My job is a real challenge and the people on my route make it worth the effort. I like meeting new people and the people on my route are real nice. I like delivering the HAWAII MARINE and being able to earn my own money," Joey said.

Joey attends the sixth grade at Mokapu Elementary School where he particularly enjoys math. When he completes his education, he wants to become a lawyer. "I think the law is interesting," he explained.

Until then, he likes to spend his spare time participating in various sports. "I've played baseball since I was six years old and soccer since I was five. I also like to swim and ride skateboards. I'm saving my HAWAII MARINE earnings to buy a skateboard."

Congratulations, Joey, for being selected as "Carrier of the Week," and thank you for a job well done.

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When you're thinking about whether to ship over, think about the benefits you have—medical, educational and retirement. Consider your pride in your job and security. Add up what you've been working for and the time you've invested in it.

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See your Career Planner

At a glance

Fashion models sought

"Eatney," a group of military spouses who present fashion shows on military bases, will hold auditions for prospective male and female models on Feb. 22 at the Windward Enlisted Club at 2 p.m.

The group is planning a fashion show on April 5, starting at 6 p.m., at the enlisted club. All military personnel, DoD employees, and their families, are invited.

For more information on the auditions and the show, call Rose Pryer at 247-0671 (AWH) or 257-2350 (DWH).

Giant Swap Meet

A giant swap meet will be held Feb. 13 from 9 a.m. to 2 p.m. in the courtyard behind the 7 Day Store. Entrance fee is 25c for adults and children are free.

Seller's spaces are available for \$1, and space is limited. For reservations and more information, call 257-4719/4965.

Local NCOA chapter meets

The Windward Warriors

Chapter of the Noncommissioned Officers Association will hold a general membership meeting at the Staff NCO Club, Feb. 23, starting at 7 p.m.

All NCOA members, and prospective members, are invited to attend. The chapter officers need your help to get the chapter active in the community.

For more information, call Sgt. T.S. Harris Jr., chapter chairman, at 254-1464 (AWH) or 257-2720 (DWH).

Girl Scout activities

Girl Scouts and Girl Guides, of the Mokuapu service unit, will be holding "Thinking Day" activities, at the school on Feb. 22 starting at 1:30 p.m.

This day is being set aside to honor "international friendship," and to show what Scouts and Guides from other countries are like. Activities will include displays, flags, games, songs, dances and food from countries the girls chose to represent.

Moving info

If you are leaving soon, your family housing office needs to be notified.

Regulations require that

when you receive your orders, you must immediately notify the family housing office that services your area.

Clearing your quarters takes a good deal of effort — planning in sufficient time will help make the transition to your new duty station easier.

Early notification to the

housing office provides the flexibility to schedule the necessary preinspection and quarter's clearance dates at a time most convenient to you.

This should be done at least 45 days, but not less than 30 days, prior to departure.

For more information, call 257-2705.

Commissary closed

The Commissary Store will be closed on Feb. 14 in observance of President's Day.

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MCX holiday hours

All Exchange activities will be closed on Monday except for the following:

Activity	Hours	Activity	Hours
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7 Day Store	8 a.m.-10 p.m.	Basin-Robbins	8:30 a.m.-9 p.m.
Self Service	10 a.m.-9 p.m.	Video Rent-All	
Deli	10 a.m.-5 p.m.	Center	10 a.m.-5 p.m.
Bowling Center		Service Station (gas and mdse only)	10 a.m.-6 p.m.
Snack Bar	10 a.m.-9 p.m.	Mobile Canteens	8 a.m.-8 p.m.
Car Rental Facility	8 a.m.-6 p.m.	Theater Snack Bar	8:15-8:45 p.m.
Golf Pro Shop	6:45 a.m.-5 p.m.	Burger King	7 a.m.-9 p.m.
Wiki Wiki Snack Bar	8 a.m.-9 p.m.		

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Sweetheart Dance

The SNCO Wives Club is having their 3rd annual "Sweetheart Starlight Dance" on Feb. 14, from 8 p.m. to 1 a.m., at the SNCO Club here.

Tickets will be sold through Feb. 9 by SNCO Wives Club members and the SNCO Club office for \$17 per couple or \$8.50 for singles. Appetizers and door prizes will be provided, and evening wear is suggested. Music will be played by Island DJ.

For more information, call 254-2491 or 254-3066.

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Family Service Center

Domestic Conflict Containment Program

The Family Service Center has begun a new program to assist couples that have been involved in incidents of spouse abuse, which is the Domestic Conflict Containment Program (DCCP). The primary goal is an immediate and complete cessation of violence in cases of spouse abuse. The program is ten weeks long, two hours per week. To meet the primary goal, clients are required to accept personal responsibility for their behavior and make a sincere commitment to change. The pro-

gram helps clients do this by making them aware of the factors that contribute to their self-control by gaining problem-solving skills. Some areas covered are anger management skills, time-out, stress management, communication skills, and conflict resolution.

This program was initially developed by Peter Neidig and Dale Freidman, working with couples from Parris Island and Beaufort, South Carolina. Eighty percent of the couples that completed the program had no further problem with violence with a six-month follow-up. Recently, several couples successfully completed the first DCCP class at the Family Service Center. These couples made signifi-

cant positive changes and have developed skills that will prevent episodes of further violence. For more information call Owen Norton at FSC, 257-2128.

Marriage preparation workshop

The Family Service Center here offers a course for newly married couples and couples planning to marry, Feb. 24 and 25 from 8 a.m. to 4 p.m. The workshop will cover self-acceptance, true meaning of love, communication skills, money management, family

planning and sexuality, and anger control.

For reservations call 257-2128/2129.

Ombudsman training

A workshop to acquaint all new Ombudsmen and contact people with agencies that can assist you, will be held, Feb. 17, from 8 to 11:30 a.m. at the Family Service Center.

Learn about your job and how to assist families when they need help. Course is open to anyone wishing to become involved in the ombudsman program.

For reservations call 257-2128 2129.

New arrivals tour

A tour of the island for all new arrivals, single and married service members and their families, is held every second and fourth Friday of

the month by the Family Service Center.

The briefing and bus tour is Free and is from 9 a.m., to 4:30 p.m. Bring a brown-bag lunch, and sodas will be provided. Participants must be within three months of their arrival in Hawaii. Reservations are required. Call 257-2128/2129.

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Island Happenings

Whale awareness

Sea Life Park will host two free evening lectures as part of its "Humpback Whale Awareness" program on Feb. 17 and 24.

Mark Xiteo, a research assistant at the Kewalo Basin Marine Mammal Laboratory, will lead a talk about the history of human and cetacean (whales, dolphins and porpoises) relationships on Feb. 17. Ancient Greek, Polynesian and North American Indian interactions with these animals will be discussed, as will the impact of early European whaling activities on whale populations.

On Feb. 24, Dr. Joseph Mobley, a senior researcher at the KBMMI, will show the National Geographic Explorer series film "Humpbacks in Hawaii," and will discuss the natural history of the islands' humpbacks and why whales sing, focusing on the past 10 years of research done in Hawaii.

The free lectures will be held from 7 to 9 p.m., both nights in the Galley Restaurant. For more information, call 259-7933.

military retirees, and those contemplating leaving the armed services, will be held Feb. 18 at the Federal Building from 5:30 to 7:30 p.m. in the 5th floor cafeteria.

Sponsored by the Chamber of Commerce of Hawaii, the two-hour "Career Alternatives" seminar is free and open to spouses and the general public. A panel of business leaders in industry will speak and answer questions on various career alternatives and job possibilities in Hawaii, on the mainland and worldwide.

Experts will explain how to set realistic goals, identify one's best job prospects, prepare resumes, and be effective in interviews. Recent changes in veterans benefits will be reviewed.

Each participant will receive a free 20-page workbook and a booklet containing a complete list of sources for transition assistance, published by the Hawaii State Veterans Affairs Advisory Council.

Scholarships available at Chaminade

Chaminade University is offering \$1,000 academic scholarships to graduates from high schools in Hawaii. Deadline for application is Feb. 16.

Applicants should have a

3.5 grade point average, or better, in a college preparatory course; a SAT score of approximately 1,000 or ACT composite score of approximately 23; and have demonstrated leadership qualities through participation in extra-curricular activities.

For information and application forms, call 735-4735.

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February 12, 1987

Standing room only at last Friday's boxing smoker

By Cpl. Diane Oban



Aubrey Jeffers, of 3/3, covers up after receiving a blow to the jaw from "Rocking" Ronnie Scott, of CFAO.

The Air Station's third "Friday Night at the Fights" Boxing Smoker was held Friday evening at the Windward Enlisted Club.

An enthusiastic "standing room only" crowd packed the club to watch 22 Marines slug it out. Almost half of the would-be fighters were boxing for the first time.

Orlando "LA" Blythe, from 1/12, took charge early in the first bout and continued to stick and jab Matthew "Crush" Laiacone, from BSSG-1 Supply, throughout the second and third round.

Daron "Skull" Allison, from H&MS-24, took the decision over Paul Roland, from 3/3, in the second bout.

The third and fourth fights ended in TKOs with Sheldon "Savage" Warmley, from Landing Support Co., BSSG-1, crushing Anthony "Gonzo" Gonzales, from 1/3, in the first round. Jeffrey "Bad Bad" Boatwright, from 3/3, did the "crippling" as he unloaded a flurry of punches on Billy "The Crippler" Cash, which stopped the fight in the middle of the second round.

Patrick "Really Sweet" Mevs, from CFAO, held off Rodney "Hoosier" Cox, from MWSS-173, in the fifth bout.

In the sixth bout, Ivan "Hit Man" Quinones, of Motor Transport Co., BSSG-1, turned out to

be the losing target for the blows of Eric "Mad Dog" Secor, of 2/3.

Dennis "Duke" Pennington, of H&MS-24 started out strong in the seventh bout of the evening, but it just wasn't enough to overpower John "Slugger" Scarlatta, from MWSS-173.

Andres "Dray" Reyes, from 1/12, chased Daniel "Izzy" Irizarry, from CFAO, as Irizarry danced his way to defeat in the eighth bout.

Carlos Deleon, from 1/12, thrashed George "Pretty Boy" Pino, of 1/12, with a knock down in the first round. During the second round, Pino's corner threw in the towel to end it.

Dave "Killer" Klinger, of H&MS-24, was declared winner as he squeezed by Mark "Mad Dog" Dehoyos, of 1/12, in one of the most exciting bouts of the evening.

"Rocking" Ronnie Scott, from CFAO, overran Aubrey Jeffers, of 3/3, with a first round knock down. Showing great poise and landing lightning quick punches, Scott "rocked" Jeffers into a standing eight count and TKO in the second round.

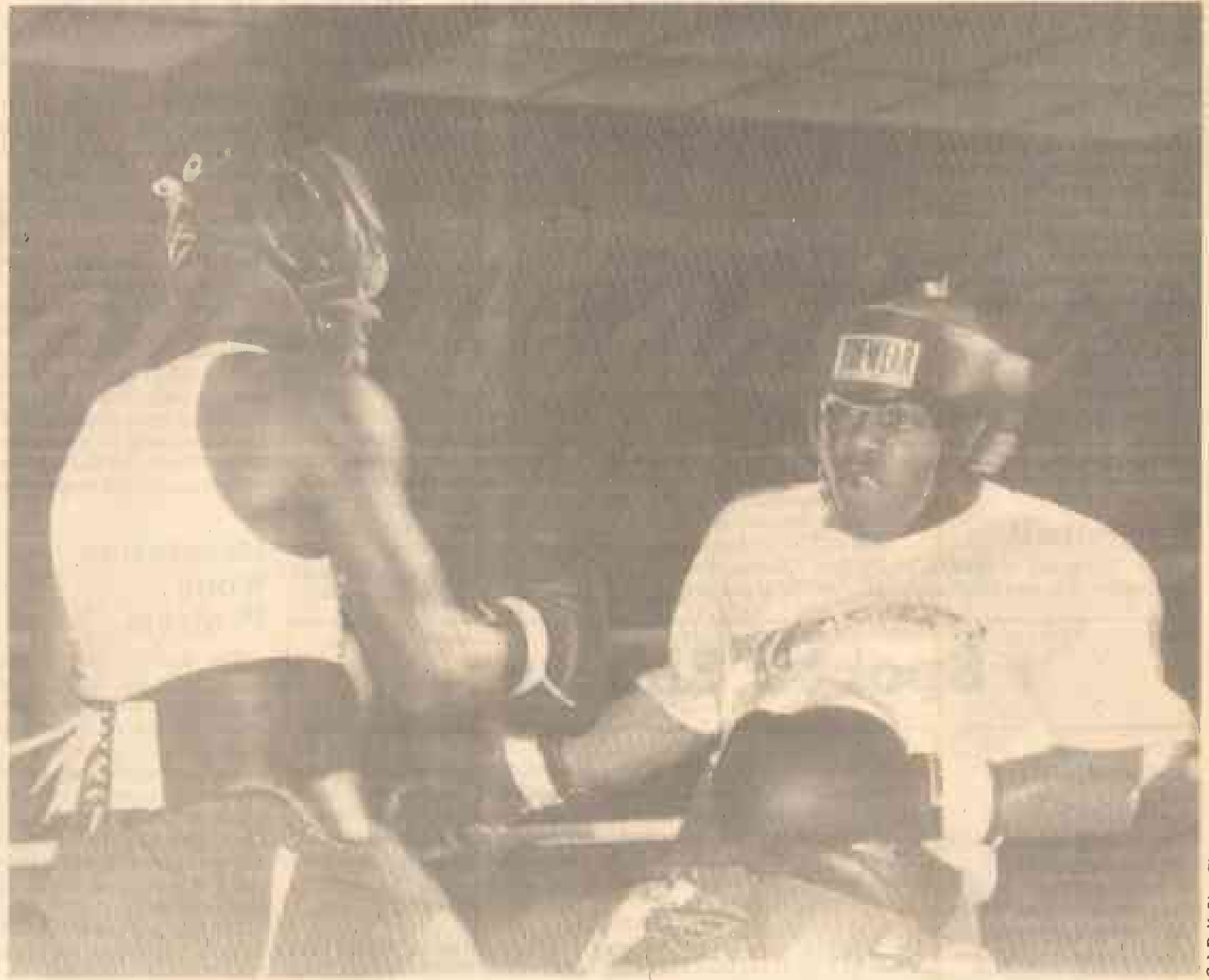
Intermission entertainment provided some laughs for the spectators with a wrestlemania spoof. Lance Corporals G. Hamm and C. Moniz, of 1/12, grappled and body-slammed their way into the hearts of the crowd during a one fall, 15 minute time limit, match. Hamm was declared the winner after pinning Moniz for the three-count.



Kaneohe Bay, Hawaii



Lance Corporal C. Moniz, of 1/12, parades around as the "NWA Wrestling Champ" during intermission entertainment.



Daron "Skull" Allison, of H&MS-24, delivers a staggering blow to Paul Roland, of 3/3.



Major K. Berger, from HMM-165, keeps a watchful eye on boxers Jeffrey "Bad Bad" Boatwright (c), of 3/3 and Billy "The Crippler" Cash, of Special Services.



Daniel "Izzy" Irizarry, of CFAO, is too tired to "dance" anymore.

Cpl. D. M. Oban Photo

Sgt. Joe P. Jascour photo

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Cpl. D. M. Oban Photo

Corps-wide boxers gather; vie for All-Marine spot

Camp Lejeune, N.C. — Marines from duty stations around the world gathered at Goettege Memorial Fieldhouse, here, to participate in the trials to make the All-Marine boxing team for 1987. Twenty of the Corps' best boxers slugged it out in their quest to make the team.

All-Marine veteran boxer Arthur Martinez (139 lbs), 2d Marine Division, fought Charles Harris, of the 3rd MAW, El Toro. Harris, an aggressive muscular boxer, went into the ring with a vengeance. Harris put up an immediate frontal attack on the more experienced Martinez, who did not appear to be prepared for this newcomer's aggressive style.

This obviously angered Martinez, who returned to center ring in the second round and clearly out-moved the novice Harris. Martinez had Harris on his knees half way through the second round. Harris staggered to his feet to finish the second round. The ring doctor decided to stop the fight in the beginning of the third round.

The next type of outcome that a boxer hopes for is the "RSC." This happens when the referee stops the contest because it's clear that one might get hurt if the boxer is allowed to continue to punch. There were three RSCs in this year's finals.

The first was awarded to another All-Marine veteran, Tony Braxton, (125 lbs), of the 1st Marine Amphibious Brigade, homebased at MCAS Kaneohe Bay, Hawaii. Ed Jones of Camp Lejeune came into the fight with quite a reach, but Braxton had the experience. After two standing "eight counts" Braxton put the finishing touches to Jones. The contest was stopped in the third round.

The second RSC was awarded when two newcomers, Audwin Jones (147 lbs), Camp Pendleton, kept Jenu Sanabury backing up with a relentless right-hand attack. The referee stopped the contest in the second round.

The third and final RSC took place when

Joseph Pemberton (heavyweight), 2d MarDiv., wouldn't let Gary Butler, 1st MarDiv., run out of his continuous attack. Pemberton followed Butler around the ring for nearly two full rounds before the contest was stopped.

The most common end to a good fight is the decision. The All-marine finals produced three of these.

The first went to Jeffery Fontenot (132 lbs), of MCAS, Kaneohe Bay, Hawaii. After three hard-fought rounds against Prince Palilo, of 2d FSSG, Camp Lejeune, Fontenot won a close decision.

The next decision was a heavily-disputed one awarded to William Lyle, (178 lbs), 1st MAB, over Abel Velarde, 1st MarDiv. Velarde kept up a relentless assault that the crowd felt put him ahead. However, Lyle's hand was raised after the fight to the obvious displeasure of the crowd.

The final decision proved to be an upset. Patrick Bagley (superheavyweight), 1st MAB, stripped All-Marine Veteran Jocelyn Sturge, 1st FSSG, Camp Pendleton, of last year's All-Marine title. The first two rounds stayed even, but the third round proved to be too much for Sturge. Bagley turned it on while Sturge continued to tire.

The least desired outcome is the disqualification. Two fighters were disqualified for holding during the matches.

Zrinell Webster (119 lbs) maintained his All-Marine status due to holding by Leslie Williams, both of the 2d MarDiv.

Ricky Uzzel (165 lbs), 1st MarDiv., took the title over Steven Jacobs, 2d FSSG, who was also disqualified for holding.

The final two boxers to make the team won by a walkover, which is the same as an uncontested win. They are veteran Patrick Ready (165 lbs), 2d MarDiv. and Kevin Melense (112 lbs), 2d FSSG.

By Cpl. J.C. Suris
PAO, Camp Lejeune, N.C.



Patrick Bagley puts on the pressure to last year's All-Marine contender Jocelyn Sturge.

Special Services



Golf

The Spring intramural golf league is getting ready to kick off their 1987 season. An organizational meeting will be on Feb. 26 at noon in the Station Theater. All interested golfers are encouraged to get their handicap cards early.

Softball

An organizational meeting for the intramural Softball League will be held at noon in the Station Theater on Mar. 12.

Basketball

It's "Over-30" roundball time again. An organizational

meeting will be held Mar. 5 at noon in the Station Theater. The first game is scheduled for Mar. 30.

Bowling

The King and Queen Tournament at the K-Bay Lanes to be held Feb. 14, will be the last opportunity for the high average bowlers, male and female, to qualify for higher competition. For more information call 257-3375.

Soccer

An organizational meeting for the upcoming soccer season will be held at noon at the Station Theater, Feb. 19. All players are urged to attend.

Open House at Dependent Recreation

The staff at Dependent Recreation Center invites the Air Station community to visit the facility, on Feb. 21, between 10 a.m. and 2 p.m.

The Dependent Recreation Center provides activities for the entire family including year-round youth sports; children's Summer Fun; ongoing instruction for children and adults in dance, martial arts, swimming, exercise, gymnastics; activities for preteens and teens; a variety of craft classes and special activities such as the Winter Holiday Carnival.

Another activity is the "Semper Fit" exercise program, which meets at the Main Gym. The Hi-Impact Aerobic Program is now adding a Low-Impact Class, beginning Feb. 10, on Tuesdays and Thursdays at the Dependent Rec. Gym.

The open house will have demonstrations by the "Semper Fit" instructors, as well as all of the other activities offered by Dependent Rec., including craft displays and a chance to talk to the instructors. Free balloons and refreshments will be provided.

Decorative Wood Projects

Add decorations to your home, have fun doing it and save money too. The projects for a decorative wood class include a "God bless our home", an apple shaped welcome, a "country heart" and watermelon slice plaques. Learn how to sand and finish the pre-cut wood with paint, stain or stencil at the multi-craft center.

The first session will be Feb. 25 from 7 to 9 p.m., at Dependent Recreation Center.

Call 254-2963 for more information.

Auto Hobby Shop

The Auto Hobby Shop and Special Services will be hosting a "Mystery Road Rally," here on Mar. 7. It will start at the Auto Hobby shop.

Station Library

The Station Library has the book *Jane Fonda's New Workout and Weight-Loss Program*. It includes a diet, state-of-the-art program for permanent weight loss and fitness. This exercise and eating plan draws on the latest research in physiology and nutrition.

For more information, call 257-3583.

Volunteer Coaches Needed

Volunteer coaches are needed, and training will be provided for all levels. Coaches will be certified under the National Youth Sports Coaches Association Program.

For more information call 254-2963.

Dancing Program

An adult tap dancing class will be offered by dependent

recreation depending upon how many participants sign-up. A Jazz class is available on Tuesday, and is geared toward the experienced or beginner dancer.

The Dance Program also has classes for children and newcomers are welcome. The Dance Academy meets at Dependent Recreation, building 1391.

If you are interested in adult and children classes stop by Dependent Rec., or call 254-2963.

Ticket info

Big Band Big Heart Ball with Del Cortney, on Feb. 14, from 8 to 11 p.m. Tickets are \$35, tax deductible and include one drink.

Country Joe McDonald, on Feb. 14 and 15, at 7:30 and 10 p.m. K.C. and the Sunshine Band, on Feb. 23, 24, and 25, at 7:30 and 10 p.m. Kulu-punn — Feb. 14, 7 p.m. All tickets are \$11. Call for more information.

Lionel Richie — NIC Arena — on Feb. 19 at 8 p.m. Tickets are \$19.50. Moody Blues — NIC Arena — on Feb. 13 at 8 p.m. Tickets are \$17.50.

For more information call Margaret at 254-3304.

Sports Shorts

Basketball Shootout

An All-Military Basketball Shootout will be held at Pearl Harbor's Bloch Arena on Feb. 26, at 7 p.m. Proceeds will go toward armed services relief organizations and the Ellis Island Foundation.

The competition will involve five-person teams which will earn points by scoring shots at various distances on the court. The team with the highest overall points will be the winner. The event is open to members of all branches of the military service and DoD employees. Entry fee is \$250 per team.

Winners will receive trophies, and the winning team will be awarded a perpetual trophy to display until next year's event.

For more information, call 474-6156/1190.

4th Annual Healthy hustle fun run/walk

Healthy Hustle Fun 4-mile Run/Walk will be held March 15, around Kapiolani Park starting at 7 a.m.

In addition to the run, a nutrition and health fair and a puppet show for the kids will be held.

Entry forms are available at

running stores and all Oahu Foodland Supermarkets; a donation is required. Free T-shirts and breakfast for all participants, aged 5 and older will be provided. Deadline for entries is March 5.

A prize drawing will be held following the walk/run, and all participants are eligible to win.

Women's golf

Kathleen Sansone and Flo Culbreth captured the Kaneohe Klipper Golf Association Women's Group Ace Day Tournament, Feb. 5, both with a 70 net.



Runner's Forum

Although I have covered various forms of pain and their remedies during the past few weeks, I would like to discuss a condition that isn't really painful, but will scare you; it goes by different names, such as exercise hematuria, pseudonephritis or "Jogger's kidney."

What I'm referring to is blood in the urine after exercising. It can be quite shocking to discover this condition and can lead you to believe that

you have done some grave damage to your kidneys.

Though it is common to runners and athletes involved in rougher sports, such as football and boxing, it happens occasionally to those who are prone to it. I have experienced blood in my urine after a tough workout during hot weather. Most experts agree that the condition is usually harmless and will clear up within 48 hours.

The cause of "jogger's kidney"

is not always evident. Generally, it is felt that the bladder becomes bruised when the top and bottom walls bump together during a run, or when its walls hang against the pelvic bones and nearby organs. Another cause may be the kidneys being bruised from exercise and bleed.

To prevent this condition from happening, Dr. Paul Thompson, a sports physician, says that the answer is to keep the bladder walls separated.

"Don't empty your bladder before you exercise," he said. "Try urinating about an hour before you run, and drink water half an hour before you run. The water is likely to be quickly absorbed and will form the necessary cushion of fluid in your bladder. Runners who have had exercise hematuria should remember to run on an empty stomach and a partially full bladder."

If the condition doesn't clear

up after 48 hours rest, you should see a doctor. If blood cells are still present, you may have something other than pseudonephritis. Your doctor will have to look for other causes of blood in your urine, possibly kidney stones, an infection, a tumor or an abnormality in a kidney or the bladder.

The times I have experienced this condition are normally after a hard run when it was hot and I didn't take any

fluids. By just cutting back on my workouts and taking plenty of fluids it cleared up. I have also noticed an urgency to urinate when I have this condition, and that can be more annoying than blood in the urine.

So, with warm weather just around the corner, keep your fluid level high and stay fit.

by Lt Col Tom Carra
Camp H. M. Smith

Hawaii Marine ads

The classified advertising in the Hawaii Marine may be submitted by active duty and retired military personnel from all branches of the Armed Forces including the U.S. Coast Guard, and their immediate family members. Advertising must not exceed 20 words, or be a commercial venture in nature. Real estate ads must be "sold rented by owner" only items

submitted in person to the Joint Public Affairs Office, building 244 by 1 P.M. ON THURSDAY for the following week's issue of the Hawaii Marine. The Public Affairs Officer or his designated representative reserves the right to edit, accept or reject any advertising submitted for publication. A valid active-duty military retired or independent Hawaii must be shown upon request. Ads are not automatically reprinted and must be resubmitted. Submission of ads does not guarantee publication as they are printed on a space available basis.

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AUTO

'86 Dodge Ram Charger 4x4, exc cond, 13,000 miles, a/c, fm/am, best offer. Call Terri 863-0471

'75 MG Midget, good cond, \$200 obo. 254-1418

'73 Plymouth scamp, 2 dr, at dh, good cond, new rear tires some rust \$500 obo. Call 254-3763 after 5 p.m.

'81 Subaru StaWg, good cond, a/c, am/fm, \$2000 obo. Call 254-3936 anytime. Must sell soon.

MISC

Complete set of SCUBA gear, very good shape. Fair price. Call Jerry Burke at 254-4281 thanks.

Bar-b-que grill, dual propane burners \$50; boogie board \$25. Call 254-5106 anytime

Bookcase \$20, recliner \$150, 10-speed \$75, cedar chest \$100. All good condition. Call 235-8567 AWH

Women Marine Maternity Unit, needed, sz. 8, shirts w/o Chevroons, sz. med. pants. Call 262-2063, after 4.

Pulsar dive watch with bezel, exc. cond. \$45; Casio digital dive watch DW-5400 multi function, exc cond. \$25. Call 254-4281

Five foot stuffed bear, white, very clean, ideal gift for child. Call Jerry Burke 254 4281, after 4

Akai GX 266D reel to reel tape deck; glass heads; in superb condition; accepts 6 inch reels. \$400, Jerry Burke 254 4281

BASF red to red tapes; 40 six inch; never opened; non-metal; LP35 style. \$5 each Jerry Burke 254 4281

Religious services

KANEOHE BAY
257-3552

Weekdays 11:45 a.m. — Catholic Mass
Fridays Noon — Jubah Prayer Services, Bldg. 401.

Movie schedule
7:15 p.m., nightly 257-3668

Today Dangerously Close (R). Drama.

Friday, Saturday and Sunday Tough Guys (PG). Burt Lancaster and Kirk Douglas. Comedy. After 30 years of imprisonment, a released pair of notorious train robbers experience a variety of exploits in Los Angeles. The two set out for one last caper involving the train they unsuccessfully robbed three decades earlier.

Saturday (Matinee 1 p.m.) The Silent One (G). Children 9 years old and younger must be supervised by a person 18 years old or older.

Monday Heartbreak (R). Drama. A handsome young man, fascinated with customized cars, meets and pursues a beautiful young woman. She is also unrued by his rival, who is a vicious troublemaker.

Tuesday, Wednesday and Thursday Club Paradise (PG-13). Robin Williams and Peter O'Toole. Comedy. Chicago fireman Jack Moniker is fed up with his job. When he is injured in the line of duty, he decides to retire to a Caribbean Island. There, he decides to join forces with a singer who helps him renovate his ramshackle hotel into a "Club Paradise."

Saturdays
6 p.m. — Catholic Mass
Sunday 7:30 a.m. — Catholic Mass
8:30 a.m. — Protestant Communion
9:30 a.m. — Protestant Sunday School, Pre-School, Bldg. 1391
9:30 a.m. — Catholic Mass
11:00 a.m. — Protestant Worship
1 p.m. — Samoan Congregation
Confraternity of Christian Doctrine for Catholics is held on Mondays. Pre-School through Kindergarten levels are taught at the Chapel, 3:45 to 4:45 p.m.; Grades 1-12 are taught at Mokapu Elementary School, 6:45 to 7:45 p.m.
Confession/Reconciliation for Catholics is held up to 15 minutes

before each mass or can be scheduled on an individual basis by appointment. The Station Chapel is located in

Lent begins March 4

On Ash Wednesday, ashes will be distributed during the 11:45 a.m., and 6 p.m., Masses in the Station Chapel. Stations of the Cross and Benediction will be held on Wednesday evenings during Lent at 6 p.m.

the right rear corner of the Marine Corps Exchange, building 1099

Camp H. M. Smith
477-5098

Sunday 8 a.m. — Catholic Mass
9:30 a.m. — Protestant Sunday School
9:30 a.m. — Protestant Worship School
Tuesday 11:30 a.m. — Catholic Mass
Wednesday 6:45 a.m. — Prayer Breakfast

7 p.m. — Choir rehearsal Friday
11:30 a.m. — Catholic Mass

Aloha Jewish Chapel
Pearl Harbor
471-0050

Friday 8 p.m. — Shabat
Saturday 10 a.m. — Shabat and Torah Study

Intelligence note



IL-28 BEAGLE

The Warsaw Pact IL-28 Beagle is a fixed wing aircraft with straight leading and forward-swept, trailing-edged wings mounted high on its body; engine pods mounted beneath its wings; a body which has a blunt transparent nose with a bubble cockpit; and a rear gunner's compartment. Its armament consists of two 23mm cannons and various bomb configurations. The cannons' range is 1,100 meters with bomb load. It can travel at 933 km/hr for a distance of 1,831 km. It's employed as a light attack bomber.

KAILUA ASSEMBLY OF GOD

A SPIRIT FILLED COMMUNITY CHURCH READY & WAITING TO MEET YOUR NEEDS.

301 N. KAILUA DRIVE
Home of Kailua Church Christian School Grades Pre-K thru 12
Pastor Ray Shurance invites you to stop by. PH: 261-4841

"FISH"
ALASKA • B.C. • CANADA
Fly into remote Canadian Lodge
Fish remote area of Alaska

"HUNT"
ALASKA • CANADA
MONTANA • IDAHO • WASHINGTON
Fly Moose Grizzly Bear Mule X Mountain Deer Caribou Mt. Lion Black Bear Sheep & Goat

"WILDERNESS RECREATION"
Whitewater Rafting Trips, Boating, Wilderness Horseback Riding Trips, Remote Camping, Scenic Photo Trips into Remote Wildernesses

WE OFFER THE TOTAL WILDERNESS EXPERIENCE
Groups, Families, or Individuals

Call For Dates And Prices Today
ALOHA HUNTERS SERVICES
672-4521 or 682-5446

DEEP SEA FISHING AT ITS BEST!!!!
RAINBOW BAY MARINA, PEARL HARBOR

The #1 fishing marina KAUAI runs daily from Honolulu. We have 1200' long boats. We provide all the gear you need to keep the fish. EXPENSES & FUEL. THE HILL OF A LIPS. JUNE, WILSON, HIAI BROTHERS "STRICKER"

5 Passenger Ex. Cruise Charter full 8 hour day
6 Passenger Ex. Cruise Charter full 8 hour day
8 Passenger Ex. Cruise Charter full 8 hour day
12 Passenger Ex. Cruise Charter full 8 hour day
18 Passenger Ex. Cruise Charter full 8 hour day
24 Passenger Ex. Cruise Charter full 8 hour day
32 hours

Weekdays & Weekends
Other packages available upon request

All military rates apply. 10% and government employees 15% discount. Office #823-1113. Pearl Harbor at 874-1113. 874-1113 for details. Reservations and confirmations must be made 14 days in advance. All payments in full upon arrival. No cancellations. 10% deposit. 10% deposit. 10% deposit.

YOU KEEP THE FISH!!!

MICROWAVE BLOW-OUT

1 Magic Chef Digital \$139.00
2 Panasonic digital \$159.00
3 Tappan Browner Digital Combo \$299.00

Bring in this coupon for free cookbook.

PACIFIC DISTRIBUTORS, LTD.
487-2322
262-8131

ALL ISLAND SECURITY STORAGE SELF STORAGE

FIRST 100 CUSTOMERS RECEIVE ONE (1) MONTH FREE STORAGE ON A MINIMUM OF A 3 MONTH CONTRACT

OPEN 7 DAYS 7:30 to 6:00

- RESIDENT MANAGER
- STATE OF THE ART SECURITY
- PLENTY OF PARKING
- ALL SIZES AVAILABLE TO MEET YOUR NEEDS
- COVERED UNLOADING AREA
- PERSONAL OR BUSINESS
- COMMERCIAL DISCOUNTS
- MILITARY & SENIOR RATES
- TOTALLY SPRINKLED
- P.O. BOX RENTALS
- XEROX COPIES
- FILE STORAGE
- LOW RATES

848-1761
348 Puuhale Rd.



VISA MasterCard

HAYS • FEL-PRO • LAKEWOOD • HICKEY • CARTER • WELD WHEEL

PERFORMANCE IN PARADISE!

WE MAKE YOUR VEHICLE SIMPLY RUN & LOOK BETTER!

RON'S AUTO PARTS & PERFORMANCE

HAWAII'S LEADER IN HI-PERFORMANCE AND ACCESSORIES!
— SINCE 1966 —

WELCOMES THE MILITARY TO HAWAII

- LARGE PERFORMANCE INVENTORY
- CUSTOM ACCESSORIES
- QUALITY REPLACEMENT PARTS
- TRUCK & OFF ROAD EQUIP
- 20 YEARS EXPERIENCE
- KNOWLEDGEABLE STAFF
- MAINLAND PRICES
- FRIENDLY SERVICE

5 OAHU LOCATIONS

IN WAIHAWA
935 Kilani Ave PH 622-3922

IN KANEOHE
46-003 Alaloe St PH 235-5871

KALIHI
306 Kalihi St
Corner of Nimitz & Kalihi St
PH 848-0561

KAIMUKI
2919 Kapiolani Blvd
Market City Shopping Center
PH 735-9855

WAIPAHU
94-901 Farrington Hwy
Waipahu Professional Center
PH 671-5808

NOS • HOLLEY • AUTO METER • MR. GASKET • HURST • B&M

FINANCIAL AID PACKAGE.

Little Caesars® pizza lowers the cost of eating well. You take home two pizzas, but only pay for one.

FREE PIZZA & LITER OF SOFT DRINK!

Buy any size Original Round pizza at regular price, get identical pizza FREE!

Price varies depending on size and number of toppings ordered. Valid with coupon at participating Little Caesars. Carry Out Only.

EXPIRES: 2/28/87

Little Caesars® Pizza

263-8801

340 Kuulei Rd. Kailua

Little Caesars® Pizza (phone ahead for quicker service)

When you make pizza this good, one just isn't enough!

JCPenney

WINDWARD MALL ONLY

VALENTINES DAY JEWELRY SALE

25% - 50% OFF



All 14K gold chains, charms and earrings

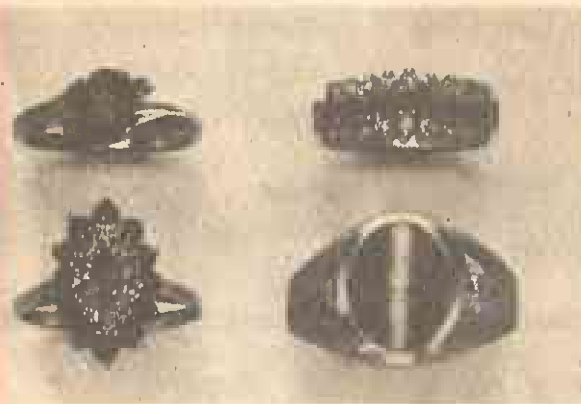
50% OFF

Collector's items... sure to be treasured by someone special. Save on links of every length, charms galore and earrings of every shape. All at 50% savings!

All better watches

25% OFF

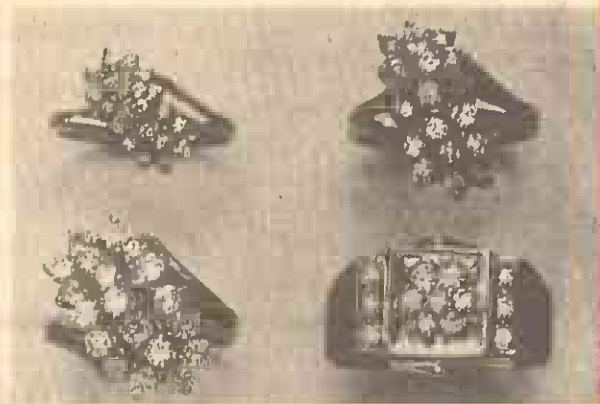
When you have to get there on time, only the best will do. Seiko®, Pulsar® and more are just the ones to get the job done. Choose strap or bracelet watches for men and women. All on sale!



All stone rings

25% OFF

Ladies and gentlemen alike will love our rings on their fingers. Especially at 25% off. Find stunning stones, some accented with diamonds. Elegantly set in 10K and 14K gold.



Select diamonds

40% OFF

Be the first to discover our selection of diamond rings for men and women. Set in 14K gold. Diamond sale includes only that jewelry where diamonds constitute the greatest value. Percentages off all jewelry represent savings on regular prices. Jewelry enlarged to show detail.

30% off all diamonds

Sale prices effective through Feb. 28th.

25% off our entire line of 14K gold wedding bands

40% off all 14K stone and pearl pendants, earrings and bangles

SALE ENDS MON., FEB. 16TH UNLESS OTHERWISE STATED.

SPECIAL HOURS: SAT., FEB. 14 9:30-9; SUN., 10-5; MON., FEB. 16, 10-9

NO PHONE ORDERS ILLUSTRATIONS ARE REPRESENTATIVE OF IN STOCK ITEMS

MARIE CALLENDER'S PRESENTS

LIVE MUSIC



STEVE & TERESA

Wed. & Thurs. 5-9 pm
Fri.-Sat. 7-11 pm

LOPAKA BROWN

Sun. 5-9 pm
Mon. 6-10 pm

CELEBRITY NITE

Every Tuesday 7-10 pm

Open For
BREAKFAST
LUNCH
DINNER

BAKERY
SPIRITS

235-6655

Located on ground floor next to Liberty House

WINDWARD MALL

MALL HOURS: 10-9 M-F
10-9 Sat. (Feb. 14 only)
10-5 Sun.

JCPenney Styling Salon

Coupon Special

20% OFF

ALL RETAIL SHAMPOO AND CONDITIONERS

Coupon Good Until Sat., Feb. 14th
— Windward Mall Only —

HAPPY VALENTINE Dine at ARBY's — Save Your Money

WITH THIS COUPON
2 ARBY'S REGULAR ROAST BEEF SANDWICHES
ONLY \$2.98

Offer valid through March 3, 1987 at participating Arby's Roast Beef Restaurants. One coupon per customer. Not valid with any other offer.

WINDWARD MALL KANEHOHE

WITH THIS COUPON
JUNIOR ROAST BEEF SANDWICH SALAD BOWL MED. COLD DRINK
ONLY \$2.63

Offer valid through March 3, 1987 at participating Arby's Roast Beef Restaurants. One coupon per customer. Not valid with any other offer.

WINDWARD MALL KANEHOHE

WATCH FOR MORE WEEKLY SPECIALS



20% OFF ALL REGULARLY PRICED SHOES AND CLOTHES

With This Coupon Effective Feb. 12-22
Windward Mall 2nd Level
247-5733

SAVE ON 1 HR. AND 4 HR. OF AND GET BONUS TOOLS

our 1 HR. or 5% OFF our 4 HR.



Continue To Save Each Visit With BONUS CARD — Over \$30 in Dis. Located on lower level



Books, Bibles, Music, Cards
Gifts, Jewelry, Video
Rentals and more!
247-8775



Your Christian Store In the Mall



WE SPECIALIZE IN THE
S · P · E · C · I · A · L · !

PHOTO—MDH Studio
GIFTWRAP—Eric Chandler

WINDWARD MALL
Kaneohe, Oahu, Hawaii
808/247-8006

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Why drive over the Pali? BJ is right here!

No place offers you a wider selection of sofas, chairs, beds & more for easy living pleasure. Come to BJ for your favorite items at our low prices. We've got it all at BJ!

\$1500 INSTANT CREDIT*
NO MONTHLY PAYMENTS UNTIL AUGUST 1987*

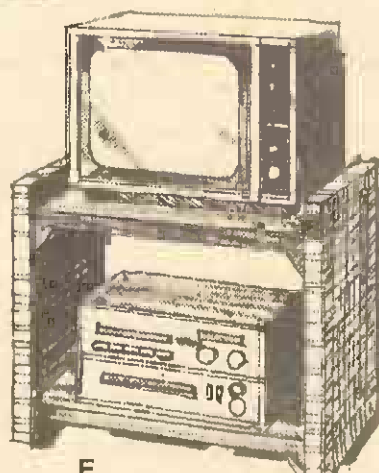
A. SAVE \$30 ON THIS WHITE WICKER HAMPER
Hide all your laundry in this fun hamper! Comp. value \$69 **\$39**

B. SAVE UP TO \$90.95 ON A FERN TRUNK
Medium 32" x 16" Comp. value \$139.95 **\$49**
Large 36" x 20" Comp. value \$149.95 **\$69**

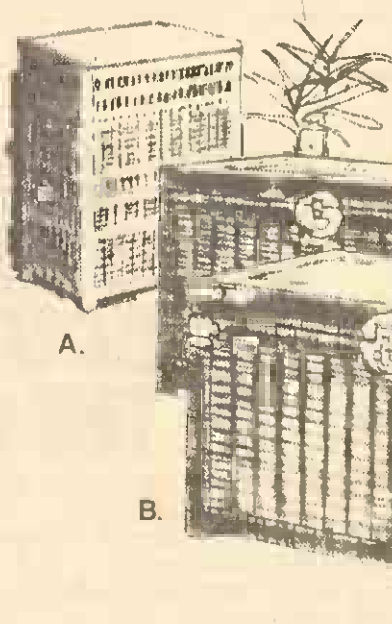


D. SAVE \$190.95 ON A DIAMOND HEAD SWIVEL ROCKER
In a natural or fruitwood finish. Comp. value \$349.95 **\$159**

C. SAVE \$150.95 ON THIS COMFORTABLE RECLINER
Stratolounger recliner in taupe velvet or blue texture. Comp. value \$499.95 **\$349**



E. SAVE \$70.95 ON THIS TAHITI CANE TV STAND
Holds your TV & VCR! Comp. value \$169.95 **\$99**



A.

B.

*on approved credit after normal down payment with purchase of \$399 or more. 18% annual percentage rate. Finance charges will be assessed during the deferral period.



SHOP WITH US!
We're on the 2nd level of Windward Mall

VALENTINE'S DAY!
Give Your Sweetheart's Time

WITH THIS COUPON
2 ARBY'S ANY BAKED POTATOES
(EXCEPT BUTTER & SOUR CREAM)
ONLY \$3.90

Offer valid through March 3, 1987 at participating Arby's Roast Beef Restaurants. One coupon per customer. Not valid with any other offer.

WINDWARD MALL KANEOHE

WITH THIS COUPON
2 ARBY'S BEEF 'N' CHEDDAR SANDWICHES
ONLY \$3.58

Offer valid through March 3, 1987 at participating Arby's Roast Beef Restaurants. One coupon per customer. Not valid with any other offer.

WINDWARD MALL KANEOHE

LY-SPECIALS FROM ARBY'S!!

FRAME SHACK

Hawaii's Leader in Quality Low Cost Framing

- Custom Framing: We offer quality custom framing by a team of expert framers.
- Do-it-yourself framing: With the purchase of materials, we give you one-on-one assistance.
- Quality Prints & Posters
- Unusual greeting cards

Ward Warehouse Honolulu 523-8866
Windward Mall 521-2288
Kailua 247-1911
Stadium Mall 261-3141 488-8584

1 HR. FILM PROCESSING
FOODS start with 10% OFF
4 HR. Price with this coupon

DISCOUNT & BONUS CARD

- ★ FREE MINI ALBUM
- ★ FREE 5 X 7 ENLARGEMENT
- ★ FREE SECOND SET OF PRINTS
- ★ FREE PROCESSING & PRINTS
- ★ FREE OR PORTRAIT SITTING

\$30.00 in Discounts & Bonuses
Card has no cash value

Visit With Our DISCOUNT & \$30 in Discounts & Bonuses!
Per level - Sears End

JUST FLEW IN!
BIRDS, BIRDS, BIRDS!

Exotic Finches
Belgium Canaries
Peach Fronted Conures
Fancy Parakeets
Love Birds
Blue Fronted Amazons
Eclectus Parrots

ALL AT SPECIAL PRICES!

Koolau Pets 235-6477

POTPOURRI
ONLY \$2.00
Per Customer Per Day

Single's Den
235-0411

"Our Quality of Service Sets Us Apart" 235-6416
WINDWARD PHARMACY

JC Penney Wing, 2nd Floor
We Are Participating Providers of your Prescription Needs with
HMSA, HMSA PREFERRED, DSSH, AETNA, I.P.C., SCRIP CARD and others.

M-F 9 AM-9 PM Sat & Sun Mall Hours

Stylish designs from Scandinavia conveniently for you!

From Scandinavia comes beautiful teak furnishings for every room in your home. Come in & see our attractive dining sets, bedroom items, unique leather sofas, stylish sectionals & more. And while you're there, take a look at the colorful & bold European designs at Basic Concepts. You're sure to find everything you desire from stylish living to a dash of fun!



SALE
\$159
TEAK COMPUTER TROLLEY
Place your computer & more on this 48" x 24" x 26 1/2" teak trolley with shelf. Sug. value \$219.95



5-PC. TEAK SET
SALE **\$499**

5-PC. TEAK DINING SET
This handsome 33 1/2" x 33 1/2" x 29" teak table extends to 57" for extra seating needs. Also includes 4 upholstered armless chairs. Sug. value \$779.95

Basic CONCEPTS
DESIGNS FOR TODAY'S LIFESTYLE

TEEN BEDROOM SET \$399
Cozy set includes white twin bed frame, bookcase/headboard, under the bed storage drawer and a night stand with 3 drawers. Value \$549.95

SLIM SWIVEL CHAIR \$155
Comfortable hi-back chair comes in grey or black. Value \$249.95

\$1500 INSTANT CREDIT*
NO MONTHLY PAYMENTS FOR 90 DAYS*
*on approved credit after normal down payment



scandinavian gallery
DISCOVER THE LOOK!

SHOP WITH US!
We're on the 2nd level near BJ at the Windward Mall.

Courts-Martial Report



"Which one is yours, sergeant?"

Lance Corporal Dennis J. Blauer, 1st Radio Bn., was convicted during a Special Court-Martial, Jan. 22, of failing to maintain sufficient funds in, or credit, within his banking institution for the payment of checks on 17 occasions. He was sentenced to confinement for 17 days; forfeiture of \$100 for six months; and reduced to private first class.

Sergeant Ronnie M. Reed, BSSG-1, was convicted during a Special Court-Martial, Jan. 22, of dereliction in the performance of his duties and of making a false statement under oath. He was reduced to lance corporal; and forfeited \$400 a month for three months.

Lance Corporal Maximo Sandoval, BSSG-1, was convicted during a General Court-Martial, Jan. 12, of rape. He was sentenced to 10 years confinement; forfeiture of all

pay and allowances; reduced to private; and receive a Dishonorable Discharge.

Private First Class Darren L. White, 1/12, was convicted during a Special Court-Martial, Jan. 8, of assault and battery on a Marine and assaulting another Marine. He was sentenced to be confined for six months; forfeiture of \$400 a month for six months; and reduced to private.

Lance Corporal Johnny E. Lacet, 1/12, was convicted during a Special Court-Martial, Jan. 8, of willfully disobeying a lawful order and of violating general regulations. He was sentenced to confinement for three months; forfeiture of \$300 a month for six months; and reduced to private first class.

Corporal Alton B. Hawkins, 3/3, was convicted during a Special Court-Martial,

Jan. 6, of wrongfully appropriating personal property and of unlawful entry. He was sentenced to three months confinement; forfeiture of \$400 a month for three months; and receive a Bad Conduct Discharge.

Lance Corporal Thomas W. Brandes, H&MS 24, was convicted during a Special Court-Martial, Jan. 23, of theft of personal property. He was reduced to private; forfeited \$438 a month for four months; and confined for six months.



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Births at Tripler

Nickolas Alexander, 6 lbs., son of SSgt. Richard and Wendy Ames; born Jan. 19.
Joshua Charles, 7 lbs. 8 ozs., son of Sgt. Thomas and Mary Lesage; born Jan. 23.

Dawn Michelle, 10 lbs. 3 oz., daughter of Capt. Steven and Julie Eddy; born Jan. 24.
Harmony Hiilei, 7 lbs. 9 oz., daughter of Sgt. Dale and Jadelyn Hoopai; born Jan. 25.

Surplus food available for needy families

The Family Service Center at Pearl Harbor will become a surplus food distribution site starting Feb. 25. To be eligible the following requirements must be met:

Family Size	Yearly Income	Monthly Income
1	\$ 9,255	\$ 771
2	\$12,495	\$1,041
3	\$15,735	\$1,311
4	\$18,975	\$1,581

For families with more than five members, add \$3,240 yearly and \$270 monthly for each additional member in the family. Screening for coupons will be from 9 a.m., to noon on Feb. 18 and 19 at the Pearl Harbor's Family Service Center. For more information call 474-2220.

YOU TOO CAN END UP IN HOLLYWOOD IF YOU LOOK LIKE THIS



Announcing The First Annual Joan Rivers Look-Alike Contest!

The three individuals displaying the most original, creative look and sound alike rendition of Joan will win an all expense paid trip to Hollywood, February 23-25, 1987, to appear on The Late Show, airing in Hawaii February 26. The winner of the National Look Alike Contest and runners up will receive clothing and jewelry from Joan's designer and jeweler.

To enter just fill in the entry form, clip and send to:

Joan Rivers Look-Alike Contest
KHNL Channel 13
150 S. Puuhale Rd.
Honolulu, HI 96819

Entries must be submitted to the KHNL promotions office no later than Thursday, February 19, by 5 pm

Name _____
Address/City _____
Zip Code _____ Day Phone _____ Night Phone _____

The Look Alike Contest will be hosted by The Perry & Price Show at the Hanohano Room, Sheraton Waikiki on Saturday, February 21, from 8:00-11:00 am

All entries must be able to fly to Hollywood, February 23, for the national contest.

WE HAVE ONLY GOOD THINGS TO SAY ABOUT CANCER OF THE COLON.

If detected early, the cure rate for colorectal cancer is very high. It can be as high as 75%.
Because we now know how to detect it early. And we know how to fight it once we detect it.
There are three simple checkup guidelines for men and women without symptoms.
One, get a digital exam every year. This is recommended for everyone over 40.
Two, get a stool blood test every year if you are over 50.
Three, after two initial negative tests one year apart, get a procto exam every three to five years if you are over 50.
These guidelines are the best protection against colorectal cancer you can have.
If you're not over 50, please give this information to friends and loved ones who are.
In any case, please help spread the word.
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reserve early. We also have Military Fares that save you 25%. No restrictions — leave on any flight that has available space.

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The Joan Rivers Look-Alike Contest Sponsored by



Drunk drivers take risks

"Even if I did have an accident, I'm so relaxed I wouldn't get hurt," says the drunk friend you're trying desperately to talk out of driving.

Well, he's wrong, and he could be dead wrong. According to researchers at the University of North Carolina led by Dr. Patricia F. Waller, drinking not only impairs driving skills and makes a driver more likely to take the risks that lead to accidents, but can increase the severity of injury.

The study, published in the "Journal of the American Medical Association," found that alcohol-involved drivers were 3.8 times more likely to be killed than sober drivers. The researchers took into account other factors that might be involved, such as

damage to the vehicle and seat belt use. Drinkers were found to be less likely to wear seat belts. Waller and her colleagues analyzed data on more than 1 million drivers from five years of North Carolina accidents.

The researchers found that differences in death rates for alcohol-involved versus non-alcohol-involved drivers were greatest for less severe accidents; drinkers were 4.45 times as likely to die in such accidents. But even in the most severe accidents, drinkers were almost twice as likely to be killed.

Drinking passengers were also more likely to be killed.

Even a motorcyclist who receives a head injury is more likely to survive if he hasn't been drinking. Said Waller, "A drunk motorcyclist is much more likely to die of a

critical head injury than his sober counterpart with similar injuries." Waller believes this may be explained by the fact that alcohol causes some swelling in the brain, leading to continued brain injury after the initial damage is sustained.

By Evelyn D. Harris
American Forces
Information Service

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CS105/75	Introduction to Programming	Wednesday
CS180/75	FORTAN Programming	Monday
CS208/75	Systems and Procedures I	Friday
CS209/75	Management Information Systems	Tuesday
CS210/75	Systems & Procedures II	Tuesday
CS211/75	COBOL Programming I	Thursday
CS212/75	COBOL Programming II	Wednesday
CS222/75	ADA Programming Concepts II	Friday
CS242/75	Advanced BASIC Programming	Friday
CS289/75	C Language	Thursday
CS318/75	PASCAL	Tuesday
CS328/75	Software Design	Monday
CS330/75	Telephone Communication Systems	Tuesday
CS333/75	Introduction to Data Bases	Wednesday
CS351/75	Data Communications	Friday
CS361/75	Leadership Skills in EDP	Wednesday

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KAILUA near beach bdrm. w/bath & entry, TV, pool, pkg. Very clean 254-4666

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ROOM in Makilo town- house \$250/mo. Call 471-3987 days, 672-9842 eves.

89 Vacation Rentals

LANIKAI 2 bdrm., equipped, washer/dryer \$950/mo. weekly avail. 262-7016

90 Rentals Wanted

WANTED-April 1st. 4 bdrm., 2 bath house in Kailua/Kaneohe. Long term lease, references. Ph. 235-8931

93 Vacation Rentals

KAILUA near beach bdrm. w/bath & entry, TV, pool, pkg. Very clean 254-4666

LANIKAI nr. Beach/brand new/4 entrances/Avail. now. Message 262-9119

KAILUA lovely bdrm., & bath near beach, private entrance. Call 262-8073

KAILUA vacation rentals, near beach. Call 261-5174

'AIIUA Beach, 1 bdrm. cottage, Immac. priv., tropical \$40 day 261-2834

ROOM in Makilo town- house \$250/mo. Call 471-3987 days, 672-9842 eves.

109 Condos/Townhouses for Sale

WAIPAO GENTRY-Large 3 bdrm., 1 1/2 ba. townhouse. Situated in nice friendly neighborhood near elementary school & shopping center, enclosed yard with open lanai, 2 pkg. stalls, 1 covered, \$118,000. Fee simple. Call after 5 p.m. 671-3860

KAILUA Gardania Manor 3 bd., 2 1/2 ba. 1740 sq. ft. 3 lanais, pool, view \$113,000 courtesy. 941-0296

MAKAKI-Beautiful Oceanfront 1 bedroom, condo. Only \$2,500 down total monthly payments. Only \$475 per month. Swimming pool, sauna and security. Call now 293-2554.

UPGRADED 2 bdrm., Nob Hill T-house w/vlow \$99,750 Assume VA 94-1486 Lanukuhana Ave. #506, Open Sun., 1-5, wkdays by appl. 623-7850

114 Real Estate for Sale

VA Repossessions — equal housing opportunity... call Jeannette (RA) 623-4453

COUNTRY living w/condo amenities, cool, quiet, 2 bdrm, 1 ba, open lanai overlooking flowing stream \$85,000 VA approved.

HAVE 2 Walkalani w/dns. apts. Need Investors to share them. 625-3889

LILHA 1 bdrm. fee simple \$49,000 Grace Takouchi RA 949-2753 Honolulu Land Co. Ltd. 523-1811

BY Owner. Fee. 3 bdrm. 3 ba., 2448 sq. ft. living area. Includes all appls., plus micro, solar, drapes, book shelves, billiard table, garden house, \$198,750.

KANEOHE Bay. Exec. 4/2. excl. rental income. \$165,000 Owner (R) 536-0561; 239-9435

115 Real Estate Announcements

VA FORECLOSURE Low down payment w/min. closing expenses. Investors/non-veterans can purchase. Units located statewide. Jim Watson (R) Hawkins & Assoc., Inc. 623-4426, 487-0000

120 Home Furnishings

\$\$\$\$CASH\$\$\$

for used furniture, dressers, desks, beds, raitan & all types of furniture.

Call 834-1080 or 247-6621 Call anytime 521-6311

PRICE LESS USED FURNITURE Legal Size File Cabinet; Desks; Marble Top End Tables & Sideboard; Recliners; Wicker Loveseat; Coffee Tables; Lamps; Beds; Chairs; Original Oil Paintings & much more.

MOVING — everything must go. Best offer. Call 261-3995

LIVING rm. set, 3 pc. pillow back sofa, love seat & chair w/hassock. Double bed w/wooden frame & 2 dressers. 247-4074

RATTAN—Beautiful 5 pc. living rm. set \$495; Rattan dining set \$295. All new. Ph. 734-1554

WATERBED w/hdbd new, never used \$159 SF, \$179 Queen, \$199 King 621-9068

RATTAN 6 pc. living rm. set \$400. Navy sleeper w/ navy print loveseat. Ph. 235-3834

BURLI loveseat \$75; rattan Bentwood rocker \$100. Ph. 261-8567

WATERBED w/bookcase, headboard, heater, new still boxed \$219. 621-9068

BUY—Sell—Trade Consignment 21 Malunilu Ave. 281-0157

SOLID Oak Thomasville table, 8 chairs, buffet & hutch, excl. cond. 623-7863

MOVING: Quality furn., dining table & chairs, desks, bureaus 261-3995

LOVELY embroidered sea shell wall mount, \$150. 18x18 inches. 536-0648

COMPLETE new twin bed \$125 Call 262-5009

QUEEN bed \$125 & single bed \$75, both in excl. cond. 261-8120

FOR Sale — 3 piece couch set, like new, brown plaid \$300. Ph. 834-9569

CHINA cabinet, German 94x52x18 \$270. Phone 262-2929 evenings.

RATTAN chairs, misc. styles, yard chairs. All reasonable. 262-5065 9-2 Sat. #69 Kuupua St.

BABY Crib & mattress w/matching changing table & shelves \$300. 261-2089

TEAK trundle twin bed both w/mattresses, never used. Cost \$581. Ask Offer. \$430. 235-2402

BEAUTIFUL wet bar & 6 bar stools, perfect cond. \$390/best offer. Ph. 263-3563 evens/wkends.

123 Moving/Storage

LOCAL HOUSEHOLD MOVING Let us move the heavy items. Time starts at your door or place rate quoted.

S&S DELIVERY Expert piano moving. 833-1857 or 395-7295

ABC MOVERS No move too small Call Al 942-2993

PORTABLE/Can be built-in Kenmore Dishwasher \$150 677-7905

TOYOTA QUALITY! "DRIVE FOR LESS!" TOYOTA QUALITY! TOYOTA'S 4x2 STANDARD TRUCK WITH TOUGH WORK FEATURES AND DEPENDABILITY IS NOW AFFORDABLE! *ONLY \$149.15 MONTH *ONLY \$500 DOWN! HURRY! HAPPENING NOW THROUGH FEBRUARY 28, 1987

WAIPAHA TOYOTA PH. 677-3161 A DIVISION OF SERVO PACIFIC INC 94-757 FARRINGTON HWY.

122 Travel

ATLANTIS TRAVEL Mainland Economy \$220-\$398. Europe Economy \$255. FREE 1st class upgrades in mileage programs. 926-6000

AAA Interisle jet tickets anytime-any isle \$29.95. West Coast \$129 1 way. East Cst. \$495 RT 947-3717

ONE Way LA \$129. S.F. \$159. N.Y. \$302. D.C. \$308. Int-Isle Jet 6/175. 536-2441 a.m. 261-0083

124 Garage/Lanal Sale

EVERYTHING plus items from many countries. Refired. Moving. Must sell. Cheap. Sat. & Sun., Feb. 14 & 15, 218 Luika Pl., Kailua. 8 a.m. 261-0083

MANOA—Couch 3 pcs. \$500; couch \$50; B/W TV \$20; sew. machine \$25; clothes; baby items, Sat. 2/14, 9-2. 2876 Komala Pl.

GIANT garage sale for Olomana School 537 Malunilu Feb. 14 & 15, 8-4

MOVING Sale: Furn.; dishes; bedding; kitchen & garden tools; clothes; stereo speaker; misc. Sat. 2/23, 8:30 to 1:30, 90 Laiki Pl., Kailua.

KAILUA Sale — 2/15, Sun. 8-2 p.m.: refrig., washer, dryer, dishwasher, sewing machines, baby furn., baby clothes, kitchenware & misc. 1258 Mokapu Blvd.

COUNTRY estate liquidation. Kaneohe country home. Low prices & give away items. Feb. 14 & 15. 9:25 p.m. 45-744 Anol Rd., Kaneohe.

MOVING-dbl. canopy bed w/extras. 3 nightstands, 2 dbl. dressers w/desk, king headboard, girls 10 spd. bike 262-5100

SATURDAY. Chairs, tables, rattan sofa, student desk, men's bike. TV \$300; surfboard \$100; computer, tables saw \$250; planer \$250; sewing machine \$60; am. appls., press bench, precious jewelry. 755 N. Kailua Dr., Kailua, 261-6195

HUGE Multi-family garage sale. Feb. 14, 8:30-2. 1245 Hele St. Kailua

HAWAII Kai Mariners Ridge bdrm. furn., lamps & misc. 917 Kapihono Place 396-8189

2nd ANNUAL - Le Jardin Academy French Choir Garage & Plant Sale, Sat. Feb. 21, 8-3 p.m., 304 Hamakua Dr., Kailua. Choir In Concert at 9:30, 11:30 & 2:30. Proceeds go to French Choir year round activities. Nursery grown plants; garage sale bargain! Plan now - Don't miss Windward's Biggest Cut-de-sac Sale!

125 Home Appliances

FULL size refrig. \$130 & up; washers \$115 & up; dryers \$95. Guaranteed. Pete's Appls. 621-9003

SEARS side by side 19 cubic foot refrigerator, freezer for sale, excellent condition \$400. Call 247-4522

HOTPOINT dryer \$150; Freezer 14 cu. ft. \$150. Call 625-1074

GE side by side refrig., 23.6 cu. ft., ice & water dispenser, wht. \$375. Ph. 623-6812

LIBERTY MOTORS AFFORDABLE CARS

- '69 DODGE DART (ACX690) \$495 '71 DATSON 510 S/W (BEG459) \$495 '71 PONT. FIREBIRD (BRJ695) \$495 '72 OLDS LTD II (AYS014) \$495 '72 OLDS CUTLASS (AFE179) \$495 '77 TOYOTA COROLLA (AYC884) \$595 '78 VW RABBIT (BFC016) \$595 '73 FORD PICKUP (BNG623) \$595 '78 FORD FIESTA (ANV066) \$595 '78 TOYOTA CELICA (ACA673) \$595 '78 DATSON 210 HB (ATA26) \$695 '80 SUBARU 4DR (MBP691) \$695 '80 CHEVY CITATION (BWC843) \$695 '78 OLDS STARFIRE (ARD567) \$695 '78 FORD FAIRMONT (ADJ614) \$695 '81 DATSON 210 (BEJ648) \$695 '80 BUICK SKYLARK (MBX385)

ON THE SPOT FINANCING E1 AND UP Subject to prior sale. CALL FOR DIRECTIONS MON-SAT. 9 a.m.-6 p.m. 1138 N. KING ST. 847-6066

125 Home Appliances

FULL size refrig. \$130 & up; washers \$115 & up; dryers \$95. Guaranteed. Pete's Appls. 621-9003

SEARS side by side 19 cubic foot refrigerator, freezer for sale, excellent condition \$400. Call 247-4522

HOTPOINT dryer \$150; Freezer 14 cu. ft. \$150. Call 625-1074

GE side by side refrig., 23.6 cu. ft., ice & water dispenser, wht. \$375. Ph. 623-6812

FROST Free refrig. \$200; washer \$150; stack washer/dryer \$250. 262-7693

AMANA refrig. 4 cu. ft. size White push button defrost, good cond. \$75. 396-9853

126 Miscellaneous

FRIG/Freezer \$190; sofa & chair \$300; coffee/end table \$150. Ph. 449-2825

MILITARY Medals & ribbons professionally mounted. Reasonable. J&D Medals and Ribbons 889-5765

'85 RAINBOW vacuum. Cost \$900. Must sell \$350. Call 735-2055, 923-7943

NEW Picnic Table \$85; Porch swing \$75 Call 293-8392

'85 FILTER Queen Vacuum. Cost \$850. Must sell \$250. Ph. 735-4651, 926-7292

FIREPLACE black metal free standing w/chimney pkg. \$750. 395-8138

126 Miscellaneous

CARPET & pad 10'x10'6" green shag \$50. Stereo components \$150. 395-6384

QUALITY Antiques & Collectibles wanted. Brad 262-5288 dir.

WANTED: American Indian & Alaskan Collectibles. Brad 262-5288 dir.

HATE cockroaches? Economical homemade cockroach food kills them. For more info, call 808-456-1854

2 TWIN Beds \$25 ea., refrigerator \$75. Call 521-4332

COPIER: Canon NP 50, \$300 with supplies & stand. Julie 955-6324

LET ME FILM YOUR PARTY and put it on tape for your VCR. Baby showers, luaus, anniversaries or a special message for your loved one. Call 261-2881

SOLID oak desk double pedestal, fully retractable. Typewriter stand. 34"x60" \$325. 262-2088

POOL table regulation, slate, Good cond. \$500. 261-5419

FEBRUARY SERVICE SPECIALS

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MOTORCRAFT OIL & OIL FILTER SPECIAL Includes up to 5 quarts of Motorcraft oil, Motorcraft oil filter and installation. Diesel equipped vehicles slightly higher. TOTAL SPECIAL PRICE \$999 PARTS & LABOR ANY APPLICABLE TAXES EXTRA GOOD THRU FEB. 27, 1987

AUTOMATIC TRANSMISSION SERVICE Includes band adjustment & screen cleaning if necessary. Adjustment of manual & throttle linkage up to 9 quarts of fluid and gasket. Fords only. \$3995 + TAX GOOD THRU 2/27/87

COOLING SYSTEM CHECK Includes check of radiator cap, all fittings and hoses and water pump pressure test of cooling system for leaks, parts and coolant extra if required. \$895 + TAX GOOD THRU 2/27/87

PARTS MANAGERS SPECIAL MOTOCRAFT FLI-A OIL FILTER LIMIT 6 \$295 EA. +TAX GOOD THRU 2/27/87

FREE SHUTTLE SERVICE If you ever need to have your Ford, Lincoln, Mercury or Ford Light Truck Used, you can once & we'll fix it FREE - free parts, free labor, covers thousands of parts. Lasts as long as you own your car. Ask us to see a copy of Lifetime Service Guarantee. No one else covers us much for so long. See us now!

LIFETIME SERVICE GUARANTEE AIEA 98-015 Kam. Hwy. 487-3811 OPEN MON.-FRI. 7 AM-5:30 PM

SUPER SAVINGS ON QUALITY USED CARS

'84 MAZDA GLC MHW129 4 DSD, Silver/Blue, A/T, AM/FM \$99* PER MONTH

'83 FORD MUSTANG GL AVW471 Deep Blue Met., A/T, P/S, Radio \$99* PER MONTH

'83 MAZDA 626 DX AWR585 White/Wine, AM/FM, P/S \$129* PER MONTH

'86 ISUZU SPACECAB 4x4 Deep Burgundy, Air Cond., AM/FM Cass., P/S, Spoke Wheels CCR315 Was \$9100 *Terms 48 Mo., 14%, \$699 Down NOW \$7800

SPECIAL OF THE WEEK SAVE \$2600 Table with columns for car model, original price, and new price.

WE BUY USED CARS INSTANT CASH!! WE SPECIALIZE IN FINANCING FOR ARMED FORCES PERSONNEL EXP. 2/19. SHELLY MAZDA WAIPAHA 94-212 LEOKU ST., WAIPAHA PHONE 677-0761

PACIFIC OILSERVICE LUBE, OIL FILTER & OIL CHANGE \$17.95 Reg. \$35

PACIFIC OILSERVICE FRONT WHEEL ALIGNMENT \$17.95 Reg. \$38

PACIFIC OILSERVICE 4 SHOCK ABSORBERS INCLUDES INSTALLATION \$87.95 Reg. \$120

PACIFIC OILSERVICE 900 ALA MOANA BLVD. CALL: 533-6281

KAPIOLANI MULES INC. VINCE FORTYCH Vice President '81 Chevy Custom Pickup Truck Auto., P/S, Excl. Cond., 40,000 Mi. \$2695 '78 Toyota Celica 5-Spd., P/S, A/C, Cream Puff \$1895

144 Musical Instruments

YAMAHA organ, like new, does all but dance. \$2800. Call 737-1713 after 6 p.m.

WEDDING photography w/ the personal touch. Honolulu Fast Photo. 922-8581 Mark/Jlm

144 Musical Instruments

FOR Sale-Lowry spinet organ & bench. \$299. Phone 623-0120

148 Boats-Supplies/Services

22' CATALINA Sloop, new O/B \$5500. 20' Heritage Sloop Bristol \$1500.

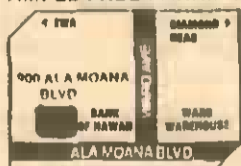
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148 Boats/Supplies/Services

13' BOSTON Whaler, 35hp, new trailer & extras \$3500 Ph. 235-4418

23' CHEETAH Jet boat 455 Ods w/trailer best offer. 737-0428 eves.

HOBIE Cat 16' w/trailer white on white w/extras Double traps storm rigged very fast \$1800 254-2782

21' Correct-Craft excl. V8 Inboard, cuddy cabin dx. w/ trailer \$9800. 459-3029

161 Pets - Everything

CFA Himalayan kittens, cute and cuddly. Call 254-4693 anytime

PROFESSIONAL Working Dogs Services. Dog Training, guards/bomb/drug dogs. Horses & most other animals too. Call 949-4664

Top breed Doberman pups. purebred \$285 to good homes only. 689-5268

UKC PR Pit Bulls. Must sell 1 male \$150; 1 female & 2 pups \$300 456-5046

3 CANARIES, wire & tiered bamboo cages, all for \$100. or \$25 ea. 623-4943

156 Auto Service/Parts

THE BATTERY FACTORY

• Motorcycle, Marine & Auto Batteries.
• Starters, Alternators, Regulators & Carburetors.

Prices You Can Afford.

1226 Waimanu St. Call 533-3312

PORSCHE Auto Parts-New & Used. Call for low prices. Ph. 836-8876

MOBILE Engine Hoist for rent, daily \$25, weekly \$100 Ph. 262-7039

352 ENGINE for sale from 85 gal. 500. Runs good best offer. Call 254-1350, 257-3407. Ask for Mike.

166 Pickups, Trucks

'82 TOYOTA, 3/4 ton p/u, longbed, snug top. Must sell before 3/1, \$3000/offer. 261-0957

'84 ISUZU Pickup excl. cond., clean Int. loaded \$5800/offer. 293-9742

'85 NISSAN pickup, SB, excl. cond. \$4895 or offer. Ph. 239-4420

172 Auto Leasing

\$5 OFF! NEW RESIDENTS! LONG VISIT? NEED ANOTHER CAR?

WHY PAY RENTAL RATES? QUALITY LATE MODEL CARS FROM \$79/10 DAYS \$199/MONTH

VALUE CHOICE 1776 Ala Moana Boulevard 855-2622

171 Motorcycles, Mopeds & Scooters

'78 KAWASAKI KZ200, street legal, good condition. \$600. Ph. 625-1074

'80 YAMAHA 650cc, 15,000 mi., shaft drive excl. Asking \$950. 432-1979

'86 HARLEY Sportster 1100 CC Immac. Liberty \$6,000/offer. 621-1660

173 Vans, Campers, Jeep, 4 WD

'59 WILLYS V8 CJ5 Big tres. vinyl top. 4x4. \$8,800/offer. 623-2156

'77 CJ5, needs body work, mechanically sound \$900/offer. Alex 262-5009

171 Automobiles for Sale

MILITARY, DOD & civilian discounts. European & Japanese autos. U.S. car for Div. anywhere European. Leasing avail. Int'l. Wheels Hawaii 836-1851, 839-6577

REBATES UP TO FINANCING AS LOW AS

\$800/3.9%

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****\$6195 NEW '87 NISSAN HARD BODY PICK-UP**



***\$8695 NEW '87 SENTRA XE WAGON**



\$10,867

NEW '87 PATHFINDERS AND VANS NOW ON DISPLAY!

OFFER EXPIRES 2/18/87

NISSAN OF WAHIAWA

621-0761

WILIKINA DR. ACROSS FROM SCHOFIELD

Audi	Chevrolet	Dodge
'78 100LS, auto., air, new tires, \$1500/offer. 533-3698 or 533-0269	'78 CAMARO Z28 air shocks, Cragger, spoiler, excl. run. \$3,500/offer. 262-5404 Joyce after 5:30	'84 COLT custom 5 dr., auto, clean, 1 owner. \$2950. Ph. 533-0652
	'80 CITATION 4 dr., 4 cyl., 4 spd., p/s, p/b, alarm, sunroof, low mi. \$2000/offer 922-3508	Ford
	'81 MALIBU 4 dr., a/c, p/s, p/b. \$2150. 69,000 mi. 623-6643 good buy must see.	'87 MUSTANG, 8 cyl. top shape, orig. owner \$4000/offer 254-2568 eves.
	'86 MONTE Carlo SS White must sell \$14,000 offer. 449-2216; 947-4044	'80 MUSTANG, auto., p/s, sunroof, undercoated \$1695/offer. 261-1344
	Datsun	'80 PINTO wagon, must sell. \$950/offer. Call Sharon 477-6779, 487-1003
	'73 DATSUN B510, good condition, \$750. Call 235-4017, 257-3503	Honda
	'74 DATSUN 810 4 dr., low mil., good cond. \$2,000/offer. 263-4093	'80 HONDA Prelude 5 speed, stereo, radio good paint, excellent mechanical condition Reduced to \$2995 676-1769
	'79 DATSUN 210, 2 dr., 4 spd., clean, great on gas! \$1500/offer. Must sell 737-7251 ask for Richline or leave message.	Lincoln
	'84 DATSUN 300Z, 2+2, immaculate cond., leather package, digital instrumentation, fully loaded. \$13,000. Call Bill 536-4914 days only.	LINCOLN Continental '72 sdn., only 17,000 mi. excl. cond. \$3000 terms/\$2500 Cash. 734-7488
	Dodge	'80 MAZDA 626 good cond. \$1200/offer. 946-7862
	'73 DODGE Dart V8, auto, clean. New tires, low mi. \$800/offer. 262-5652 eves. only.	'82 MAZDA Station wgn. DLX. Air cond. \$2500/offer. good cond. 262-4424
	'77 DODGE 4 door, runs, looks good, original owner \$1195/offer. 262-7544	'82 RX-7 GSL auto., a/c sunroof, AM/FM, low mi. \$6700/offer. 455-9654 eves.
		Mazda
		'80 MAZDA 626 good cond. \$1200/offer. 946-7862
		'79 MGB, tip-top shape. AM/FM stereo \$2500 or best offer. 395-6786
		'79 MGB, tip-top shape. AM/FM stereo \$2500 or best offer. 395-6786
		'87 GHIA \$3000/offer. Rblt. motor etc. Need some body work 488-1152 Debbie

1987 GOOD NEWS

THE EXCITING NEW MIKE SALTA PONTIACS ARE HERE! AT SPECIAL 1987 VOLUME-DISCOUNTED PRICES!



NEW 1987 PONTIAC FIERO

SEE IT! DRIVE IT! NOW ONLY! **\$8395**

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NEW 1987 PONTIAC GRAND AM

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NEW 1987 ISUZU PICKUP

SEE IT! DRIVE IT! NOW ONLY! **\$5595***

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SUPER USED CAR SAVINGS	'84 DODGE CARAVAN SE	'78 VW BUG CONVERT.	'84 FORD MUST. CONVERTIBLE
	Auto., 4 dr., 4 cyl., AM/FM, p/s, a/c, tilt, cruise, 7 passenger	4 cyl., 2 dr., 4 sp. AM/FM Cass.	2 dr., 6 cyl., AM/FM cass., p/s, a/c, tilt.
	\$9295	\$4095	\$8195
	#9341	#9293	#9310
'79 CHRYSLER LE BARON	'79 CHEV. Z-28	'83 SUZUKI 4x4 JEEP	'84 AUDI 4000S
8 cyl., auto., p/w, p/s, a/c	2 dr., 8 cyl., 4 spd., AM/FM, p/s, a/c	2 dr., 4 cyl., 4 spd.	4 dr., 4 cyl., 5 sp., AM/FM Cass. p/s, a/c
\$1695	\$3995	\$3995	\$7795
#9319	#9323	#9466	#9332



*AFTER \$500 REBATE VEHICLES ARE SUBJECT TO PRIOR SALE. PRICES ARE PLUS TAX. LICENSE, DOCUMENTARY FEE. OFFER ENDS 2/12/87

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HAWAIIAN ISLE USED CARS

GREAT FINANCING	'82 MERCURY COUGAR Auto., A/C, Nice Looking (AFP575) \$2195	'76 MGB CONVERTIBLE Great Sports Car (CFR066) \$1995
LOW DOWN PAYMENTS	'79 AUDI 5000S Auto. Mint Cond (BEN312) \$2495	'75 CHEV. CAMARO Auto. (AFD400) \$595
Specializing in MILITARY FINANCING	'80 PONTIAC GRAND PRIX Auto. Nice (BSV515) \$2795	'80 TOYOTA SUPRA 5 Spd. Loaded (BEV206) \$3995

836-1754
3103 N. Nimitz Hwy.

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