

Hawaii Marine

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September 24, 1987

MajGen. R.M. Cooke takes command as CG, FMFPac

By SSgt. B. Ann Morton-Thompson
Major General Richard M. Cooke, deputy commander, Fleet Marine Force, Pacific assumed command of FMFPac from LtGen. D'Wayne Gray during a change-of-command ceremony here, Sept. 16.

Major General Cooke assumed command of FMFPac pending Senate confirmation of MajGen. E.J. Godfrey's promotion to lieutenant general, and subsequent assumption of command of the more than 80,000 Marines in the Pacific theater.

Admiral Ronald Hays, commander-in-chief, Pacific, represented the Commandant of the Marine Corps at the ceremony that was "steeped in tradition, and intended to convey, symbolically, the transfer of authority and responsibility from one commander to another."

"This ceremony is also intended to pay tribute to a Marine, LtGen. Gray, and to honor one of the essential elements of our nation's defense, the Fleet Marine Force, Pacific," he said. As a part of that honor, Adm.

Hays presented LtGen. Gray with the Distinguished Service Medal for exceptionally meritorious service while at the helm of more than two-thirds of the total combat manpower of the Corps for the past two years.

Admiral Hays felt it was particularly important to honor both the man and the organization because LtGen. Gray had given most of his adult life, 35 years, to serve his Corps and his nation. Lieutenant General Gray spent 18 of those years at FMFPac, three of which were in combat.

Hays felt it was a fitting culmination of LtGen. Gray's distinguished career "to have the opportunity to command this magnificent force to which he has dedicated a large part of his life."

Lieutenant General Gray reflected that the Marine Corps had been the focus of his life since he was a boy. He said to the 1,500 Marines participating in the ceremony, and those in the reviewing stands, that it was the reason he went to college — to earn his degree to become a second lieutenant of Marines.

Since that time, he has seen action in the Korean War, where he learned to sweat in the cold because he was "scared enough"; studied French and Vietnamese; been an advisor with the Vietnamese Marines; studied at the Naval War College, Newport, Rhode, Island; taught at the Marine Corps Education Center, Quantico, Virginia; commanded the last FMFPac unit remaining in Vietnam; and served as the Corps' first delegate to the Inter-American Defense Board.

The Marine Corps "gave me the opportunity to grow beyond my capabilities to grow. And, finally, it let me come back to Hawaii to command the largest fleet of Marines that anyone currently serving on active duty has had the opportunity to command," Gray said.

Under Gray's command, Adm. Hays noted that within the last year, FMFPac has experienced enhanced combat readiness and sustainability. He added that Gray has overseen a rapid and efficient activation of the Marine Security Force Bat-

See FMFPac A-4



LtGen. D'Wayne Gray (left) congratulates MajGen. Richard M. Cooke following the change-of-command ceremony. For more on the ceremony see A4-5.

Sgt. John Simon photo

SecNav visits U.S. servicemen in the Persian Gulf areas

James H. Webb Jr., Secretary of the Navy, recently visited seven Navy combatants and other facilities in the Persian Gulf and the Gulf of Oman where he spoke to an estimated 10,000 sailors and Marines.

He said he was deeply impressed by the enthusiasm and dedication of the officers, chiefs, non-commissioned officers, sailors and Marines serving in that region.

"You are engaged in a mission that has attracted the attention not only of our

countrymen, but of the world, and you are performing superbly under the circumstances," said Webb.

"I will continue to make every effort in Washington to assure that you are executing a policy that is sound and that will produce results. I will also continue to remind our citizens that they are blessed with the greatest Navy, the best ground combat force, and the most dedicated group of servicemen in the world. Bravo Zulu."

When Webb returned

from his three day tour, he described the demanding conditions sailors and Marines face in the Gulf. He told newsmen he believed the U.S. Navy would reduce its presence in the Gulf when two conditions are met.

First, he said, the Iranians must recognize that all countries have the right to operate in international waterways. Secondly, other countries, acting on their own, must live up to their responsibilities in the region.

Within a week after

Webb's visit to the area, an American military helicopter opened fire with machine guns and rockets on an Iranian ship suspected of laying mines in the Persian Gulf.

According to the Pentagon an American military team boarded the vessel and found 10 mines aboard.

The White House described the U.S. attack as a "defensive action," which was supported by clear evidence that the Iranians were sowing mines in a heavily traveled commercial shipping channel.

Terrorist threat to military requires travel precautions

In recent years the threat of terrorism to Americans traveling overseas has increased. American service personnel are in particular danger, due principally to the fact that they travel frequently, and often must travel to, or through, "high threat" areas.

High threat areas are defined in Operational Handbook 7-14 as geographic areas in which there exists a specific threat of terrorism against U.S. facilities or personnel. A current list of

those areas includes Bahrain, Columbia, El Salvador, Greece, Kuwait, Lebanon, Peru, and Sudan.

Specific areas are declared to be "high threat" once they display a history, capability, and intention of committing or allowing acts of terrorism against Americans, according to members of the 1st MAB's Staff Counterintelligence section.

American military personnel are particularly vulnerable since they are so easily recognized.

Some personal security steps that military personnel can take while traveling through these areas include:

Use a tourist passport while traveling, instead of military identification.

Remove any indication of military rank or affiliation

from wallets, carry-on luggage and stowed baggage. Checkbooks with military rank or address should be placed in checked luggage, as well as all government documents, when possible.

Avoid wearing distinctive military items, including dog tags, high gloss military shoes, military glasses, and jewelry.

Wear nondescript clothing. Avoid such distinctively American items as cowboy hats and boots, etc.

Cover American or service-related tattoos with a bandage or item of clothing.

Avoid loitering in public areas of airports, or discussing military status or association.

While it is important to increase an awareness of terrorism, it should be emphasized that Marines chances of becoming victims of terrorism are slim.



News in Brief

No weapons in POV's... PERIOD!

With the recent publishing of ALMAR 175/87 there have been many questions concerning the transporting of military weapons aboard the Air Station in privately owned vehicles.

Although the ALMAR now authorizes commanders to allow the transporting of weapons in POV's on bases

and stations, the policy of the Commanding General, 1st MAB and the Commanding Officer of the Air Station is that no military weapons (to include pistols) will be transported in POV's aboard the Air Station.

The only vehicles authorized for transport of military weapons are military vehicles.

Restrictions lifted on arming Security Marines

Marines performing law enforcement and security duties will soon be armed with loaded weapons, according to ALMAR 210/87.

In the past, Marines in law enforcement and on security duty have been put in unwarranted danger because they were prohibited from carrying loaded weapons.

The carrying of loaded weapons can result in accidental discharges of rounds. To help minimize this possi-

bility, written procedures on the proper loading and clearing of weapons are being established. Also, Marines will be trained and tested on the new procedures, and attend refresher courses to maintain their proficiency.

The change is intended to improve the readiness of law enforcement and security duties as well as to build confidence in leaders at all levels.

Square it Away!

The following is an excerpt from Air Station Order 1020.4D, Uniform Regulations and Personal Appearance Standards.

"Personnel (while in uniform) operating bicycles will wear appropriate caps" Note: Motorcycle and bicycle helmets are appropriate caps for operating these vehicles. (Encl. 1, para. 4b, change 1)

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Legally speaking . . .

Vehicle repossession brings credit trouble

By Major A.M. Crebbin

Besides putting a real "chill" on transportation that you may have become dependent upon, repossession of your car will doubtlessly injure your credit reputation for a long time. Since repossession is a creditor's last resort to obtain payment, other remedial measures having failed, such action will seldom come as a complete surprise to the debtor behind on payments. Usually such action can be reasonably anticipated by warning letters and overdue payment notices before repossession actually occurs.

The procedures for vehicle repossession on-Station are set out in Chapter 2 of Air Station Order P5500.6B (Station Regulations). The procedures are designed to protect the subject of a repossession from unreasonable practices while affording the creditor or his lawful representative adequate means of relief.

How cars are repossessed

Repossession can only occur on the Air Station Monday through Friday between the hours 0730 and 1630. The reposessor must first obtain a visitor's pass at the Pass and Registration Section located adjacent to the H-3 main gate. The pass provides its carrier the right to proceed directly to the Legal Assistance Center, Building #256.

Upon arrival at the Legal Services Center, the reposessor is required to display for examination by a legal assistance attorney the documentation serving as the basis for repossession of a privately owned vehicle. Normally, the credit or loan agreement signed by the defaulting debtor is produced and the number of missed payments is specifically noted. A detailed description of the vehicle must be included in

the credit instrument. Repossessions commonly occur after two consecutive missed monthly payments, however, the contract between the debtor and creditor must be referred to in order to accurately determine the parties' respective rights and responsibilities.

If the documentation provided by the reposessor is in order, legal assistance clerical personnel prepare an affidavit for the reposessor's signature which must be notarized and kept on file. The affidavit contains essential information, such as the reposessor's identification, the name and working address of the vehicle owner, and a complete vehicle description. If the documents are not in proper form or the reposessor's credentials are suspect, verification of the paperwork and the reposessor's authority to act for the credit institution must first occur.

Locating the vehicle

Once the affidavit is signed by the reposessor, he or she is permitted to attempt to locate the vehicle in question. A military policeman accompanies the reposessor during this attempt. While an exhaustive search for the vehicle is not authorized, the reposessor is usually somewhat familiar with the likely location of a vehicle, e.g., parking lots adjoining the subject's BEQ or place of work. The MP does not serve to actively assist the reposessor in accomplishing his or her aim, but rather to help ensure the reposessor's compliance with Station Regulations in effecting the repossession. Matching the recorded vehicle description with a visual examination of the found vehicle is a primary concern for the MP, as is overseeing the vehicle's safe removal from the Air Station without incident.

MP's Records

Before permitting removal, the escorting MP must remove all Armed Forces decals visible on the vehicle, record the vehicle's physical condition before towing (in cases in which the reposessor is without a set of keys to the vehicle), record the vehicle's location at the time of towing and the reposessor's intended destination, identify the towing company, its business address and telephone number, and take custody of any items appearing to belong to the U.S. Government.

In the event a dispute were to later arise between the debtor and repossealing authority, the facts recorded by representatives of the Provost Marshal Office and Legal Services Center could then be examined as an aid to resolution. It is important to note that vehicle repossession is strictly a private remedy taken by credit institutions to protect their investment. The Marine Corps has no inherent authority to resolve such matters. In applying this remedy, the creditor's physical removal of the vehicle alone is permitted. Disablement or immobilization of the vehicle pending later action is prohibited by the applicable regulations.

Repossession of one's vehicle is a milestone of severely weakened credit status for the defaulting owner/operator. Except in unusual situations, repossession indicates that the offending debtor has disregarded contractual obligations to his extreme prejudice. It behooves every Marine of Sailor to maintain a close business relationship with the credit institution handling his or her car loan so as to attend to credit problems before the ultimate remedy of repossession is applied.



1/12 Change of Command

Lieutenant Colonel Peter L. Morosoff (center), new commanding officer of 1/12, receives the Battalion Colors from Lt. Col. Jerome J. Hudak, as 1/12 Sergeant Major R. McInerney (right), stands by during a Change of Command ceremony held Sept. 18, at Platt Field. Lieutenant Colonel Morosoff joined 1/12 from the Brigade G-1. Lt. Col. Hudak assumed duties in the 1st MAB G-3.

Abandoned vehicle program cures eyesores

The abandoned vehicle program, run by the Military Police Department here with support from MAG-24, has been making progress to clear the Air Station of abandoned vehicles.

During the past month, approximately 175 vehicles were identified as being abandoned and were placed in the MP's storage lot. Thirty-four of those vehicles were released to the Defense Reutilization and Marketing Office at Pearl Harbor for disposal.

The program of resolving the abandoned vehicles problem still needs work, accord-

ing to PMO.

"The abandoned vehicle program has really helped," said Capt. Mark Nall, Deputy Provost Marshal, "but the cars are a problem that will never go away, and the program will need work on a continuing basis."

Vehicles are considered abandoned if they have been sitting unused for extended periods and look abandoned, according to Cpl. Eileen Thawley, the Vehicle Removal NCO. "Most abandoned cars will have a flat tire or a broken windshield. Spiderwebs which are stuck on the chassis to the ground

are also a dead giveaway," Thawley explained.

"Some of the vehicles might simply have expired safety stickers, registration or insurance though," she added. In some cases this occurs simply because the owner is deployed, or otherwise absent. However, keeping the paperwork current is still the responsibility of the owner.

Once a vehicle is determined by the MPs to be abandoned, it is tagged. From the time it is tagged, the owners have five days to correct whatever deficiencies the vehicle might have, move it, or obtain a deadline pass from the Pass and Registration Office at the Main Gate.

Once a pass is issued, the vehicle must be moved to either the MCX Service Sta-

tion or the Auto Hobby Shop. If it's moved to the Service Station, a work order must be written up or the vehicle will be towed from there to the storage lot.

If a vehicle is tagged but not taken care of within the five day period, it is towed to the storage lot behind the PMO building. Vehicles are held there for 115 days.

Once the vehicle is at the storage lot, the MPs make a verification of ownership through the National Crime Index Computer. A letter is also sent to the last known owner, through his or her chain of command.

Once these requirements are met, any vehicles left past the 115 period are turned over to DRMO or a contractor for disposal.

Abandoned vehicles have become an eyesore aboard the Air Station and this program is designed to alleviate that problem.

But vehicles that have

been left unattended, simply because the owner is gone on deployment or leave, may also be disposed of.



One of the many vehicles abandoned on the Air Station.

Hawaii Marine

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"Bells Across America"

Lance Corporal Stephen S. Todd, S-1, 3d Marine Regiment, takes part in "Bells Across America" by ringing the bell outside the Regimental Headquarters. Americans throughout the nation rang bells for 200 seconds, Sept. 17, to commemorate the 200th anniversary of the signing of the U.S. Constitution. Bells were also rung at Building 215 and the Station Chapel.



Education

Education, Training Fair

The National Military Family Association's Hawaii Chapter, in cooperation with the Joint Employment Management Services (JEMS) will be conducting an education and training fair on October 9, from 9 a.m. to 1 p.m. at the Pearl Harbor Chapel Fellowship Hall.

Come and meet exhibitors representing various educational and training orientations on Oahu, including universities and colleges, as well as technical, vocational, and occupational institutes. Professionals from the family service centers and family support centers will be on hand to answer questions on

financial aid, job placement, and career guidance.

NMFA's Hawaii Chapter and JEMS has designed this fair to help the military family members further their own education and provide them with a variety of choices and interest.

There is no pre-registration required. The education and training fair is free and open to all military, and their family members. For more information contact Linda Mallory at 955-1500/623-5686, or call the JEMS office at 471-0190.

Roosevelt Univ. Open House

Roosevelt University will hold on an Open House on

Saturday, October 10, from 9 a.m. to 12 noon, in room 1020 of the Control Data Building, 2828 Paa St., Honolulu. The purpose is to provide information and answer questions about Roosevelt University's Undergraduate Computer Science program

and Master's Degree in Information Systems. The open house is intended for new and prospective students who are interested in pursuing a degree or certificate in computer science and/or information systems. Current textbooks, admissions materials, as well as counseling, will be available for those people interested in these two degree programs. For further information, call 836-2254, or contact your Education Office.

Registration

Registration dates for Roosevelt University's Fall II Term, (November 1 through December 31) are October 12 through 23 for regular registration, and October 26 through 30 for late registration. Classes will begin on November 1st. For more information call the Roosevelt office at 836-2254, or contact your Education Office.

New degree program

Master of Science in Information Systems is the new graduate degree program being offered by Roosevelt University. It is the very

latest in Business Degrees available, combining business and information science. Classes are scheduled for the Nov-Oct term. Applications are available at

the Roosevelt Office at 2828 Paa St., Suite 3180, Monday through Friday, 8:30 a.m. to 5:30 p.m. For more information call 836-2254.



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Enlisted club featuring new entertainment, food

By Sgt. Diane Oban
 The Windward Enlisted Club is undergoing some dramatic changes, since coming under new management. The club changes are designed to increase patronage by providing more live entertainment and better cuisine. Instead of reducing activities, the club is trying to attract new business. "We're investing money into the club to get people to come here," said Frank Chun, assistant manager of the

Enlisted Club. The Club's new line up includes a wide variety of entertainment catering to everyone's interests. For the guys, there's exotic go-go dancers on Wednesday night. An "All Male Revue" is also featured monthly for the ladies. The club will be bringing in more top name bands for the patrons listening pleasure. Coming up in October is a bodybuilding contest, Toga party, full contact Karate

competition, and Monday night football on wide screen TV. The club is now serving buffet style lunches at a cost of \$3.50 per person, with a choice between two entrees. "Instead of closing the dining room we're trying to give everyone a good deal, by providing food at reasonable prices," Chun said. The buffet will also be extended to the dinner hours. Some of the dinners include "Cook your own steak night," on Mondays; "Poor Boy Field Day" all you can eat buffet on Thursday; and all you can eat beef and shrimp buffet on Fridays. According to Chun it's really starting to pay off. With the new line up of entertainment the club has broken records on off payday weeks. To find out more about upcoming events call 257-2873 or 257-2657.



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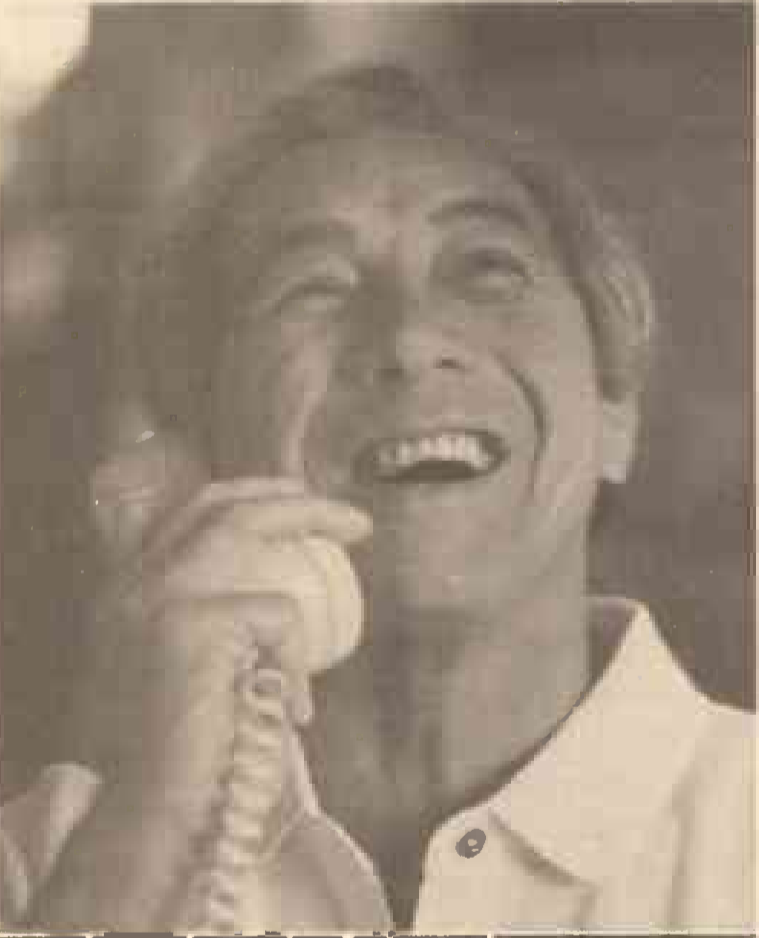


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Fleet Marine Change of

FMFPac/from A-1

tion and created an improved combat structure. "All these things and more are a reflection on you and your superb professionalism," said Adm. Hays.

However, LtGen. Gray attributes the ease in which he was able to perform his duties to the daily work, conduct and performance of duties of the Marines within the Pacific area. "I don't know what can ever give me as much pride as having been your commander for two years," he said.

As he brought his remarks to a close, LtGen. Gray shares with his comrades

that in leave-taking and farewell, "the word we use is the same whether it is a casual leave-taking . . . or whether it's something that tears your heart out, leaves you completely limp and makes you wish you had never started the process.

"I'll have to let you guess what it is," he said, as emotion appeared to overtake him, "when I say to you, simply, goodbye."

With that, he relinquished the command to MajGen. Cooke, who assured him, "we will continue to serve as we have in the past."



Sgt. John Simon photo

Lieutenant General D'Wayne Gray (left), commanding general, Fleet Marine Force, Pacific, and MajGen. Richard M. Cooke, deputy commander, FMFPac, return salutes as they troop the line.



Cpl. F. W. McCorkle photo

MajGen. Richard M. Cooke (center) returns the FMFPac colors to FMFPac Sergeant Major Pichler after receiving the colors from LtGen. Gray.



Sgt. S. Crastonguey photo

Marines pass-in-review.



Sgt. John Simon photo

The Commandant of the Marine Corps' representative, Admiral Ronald Hays, CINCPAC, presents the Distinguished Service Medal to LtGen. D'Wayne Gray as FMFPac SgtMaj. L. Pichler looks on.



The F

Force, Pacific Command



Cpl. F.W. McCorkle photo

Lieutenant General D'Wayne Gray bids the crowd farewell.

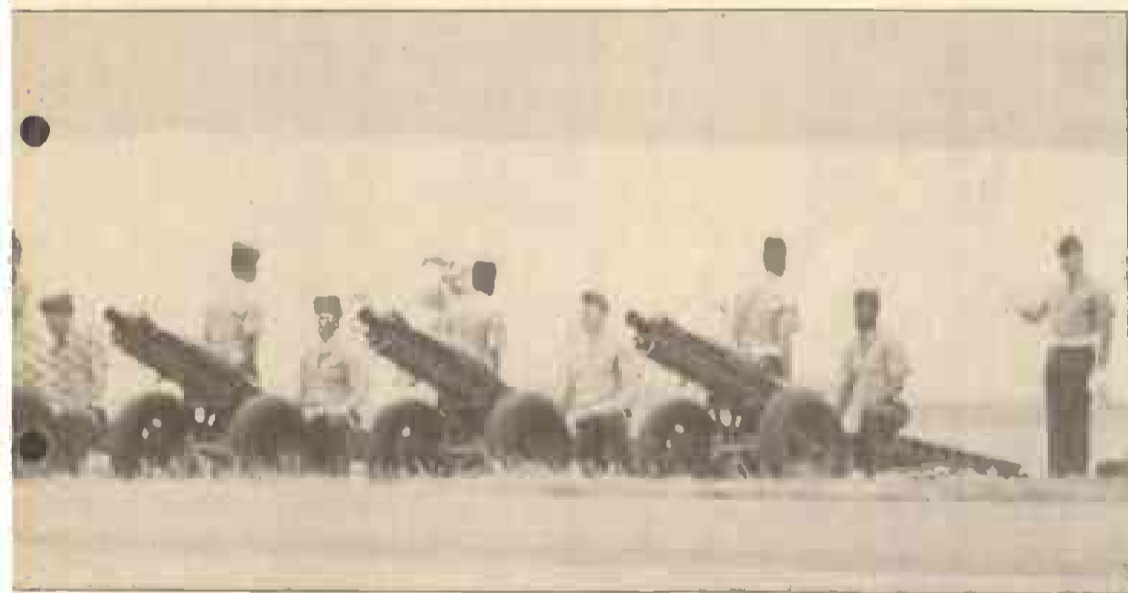


Cpl. F.W. McCorkle photo

The Color Guard and unit colors pass-in-review.



1st Marine Amphibious Brigade and Marine Corps Air Station Marines pass-in-review.



Cpl. F.W. McCorkle photo

The FMFPac Saluting Battery's guns echo honors.



USMC photo

IFPac Band pass-in-review.



*A letter from the
Commanding General Fleet Marine Force, Pacific
and
Commander, Marine Corps Bases, Pacific*

To the Marines and sailors of the 1st Marine Amphibious Brigade and the Marine Corps Air Station, Kaneohe Bay:

I would like to express my personal appreciation and deep gratitude for the precision and the professionalism exhibited by all the participants and support personnel involved in the Change of Command ceremony on Sept. 16, 1987.

An event of that magnitude and complexity requires long hours of preparation and rehearsal. Through your individual and collective efforts, our outgoing Commanding General was honored in a fashion befitting our Corps' proud heritage and tradition.

The high standards of excellence set by the leadership of your two commands were amply demonstrated during this most impressive ceremony. It will certainly be added to an already long list of notable achievements compiled by the Marines and sailors of the Brigade and the Air Station. You all were magnificent!

Again, please accept my appreciation and congratulations for a job well done. Keep up the good work.

Semper Fi!

R.M. Cooke

On the Blotter

Editor's Note: The following are actual incidents which occurred on the Air Station this week. The Military Police Department here is bringing significant cases to your attention to prevent these types of incidents happening to you or your family. To report a crime, or if you notice suspicious activity on the Air Station, please call the Military Police Department's 24-hour Crime Stopper number — 257-2123.

During the period of Sept. 17-24, the MP's responded to a car stereo theft and three attempted car stereo thefts. The three vehicles involved in the attempts were unlocked, and were parked outside the victims quarters.

To prevent your car from being broken into "simply lock your car," says Cpl. Lori Miranda of the Military Police Department's Crime Prevention Section. "With a locked car the perpetrator might have to smash a window. The owners, could have heard the noise and caught the person in the act."

In the car stereo theft case, a corporal reported that between midnight and 4 a.m., someone stole his car stereo from his 1979 MGB. His car was locked and parked by Anderson Field. The thieves pried open the convertible top to get the stereo.

The Military Police Department's Criminal Investigation Division is investigating all four cases.

A civilian and a private first class were arrested at the Main Gate for DUI and underage drinking.

When the civilian and the Marine were stopped at the gate, the sentry detected a strong odor of alcohol. The civilian became combative and had to be restrained with handcuffs.

As a result, the civilian was arrested for DUI, and the PFC was arrested for underage consumption of alcohol.

The MP's responded to three domestic disputes this week.

In one case, a sergeant and his wife were involved in an argument outside their quarters on Harris Ave. The wife threatened the Marine and brandished a large butcher knife at him. The Sgt. left the area, but his wife followed him in their car. When she caught up with him, she brandished the knife again and said she would kill him. The Sgt. returned to the quarters but voluntarily left.

A petty officer first class and his wife were involved in an argument which lead to violence at their quarters on Brown Drive. The family will receive an official letter requiring counselling.

A sergeant and his wife

arguing at their quarters on Phillips Street, led CID to open a case for wrongful possession of drug paraphernalia and wrongful possession and use of marijuana. The Sgt. gave the MP's a plastic container which held a home-made smoking device, a package of rolling papers, and possible marijuana. The Sgt. admitted he had seen his wife smoking marijuana in their quarters on numerous occasions. MP's later found a partially burnt suspected marijuana cigarette, and more rolling papers.

Other thefts that occurred

this week included a 10-speed bicycle, a purse, \$33 cash and a camouflaged tote bag.

A private first class reported someone had stolen \$33, hidden in his unlocked wall locker. Later when his lance corporal roommate consented to have his wall locker searched by MP's, the \$33 was found. The LCpl. was apprehended for larceny of private property.

A Marine's wife reported someone had stolen her purse from her baby carriage while she was shopping in the Toy Department at the Marine Corps Exchange.

In another case, a captain reported that during the night someone had stolen his unlocked 10-speed bicycle from the carport of his quarters on Harris Avenue.

A lance corporal was apprehended for wrongful possession of ammunition. At Pollock Field an MP checked out a car with an expired safety inspection sticker. When the MP went to put a ticket on the car, he noticed a belt of unfired, 7.62mm ammunition on the front floorboard. The owner was later apprehended for possessing the ammunition, and also given a traffic cita-

tion for the expired inspection sticker.

Water Front Operations spotted a boat within the 500-yard restricted buffer zone in Kaneohe Bay. They approached the boat, and noticed a man aboard laying a fishing net. The civilian received a Federal magistrate Citation for illegal netting and trespassing.

A traffic accident occurred when a staff sergeant parked a five-ton government truck and forgot to set the hand brake. The truck rolled forward and hit a corporal's car. Both vehicles suffered minor damage.

Courts-Martial Report

Staff Sergeant Stanley G. Ronfeldt, "A" Co., 3d LSB, BSSG-1, was convicted during a general court martial of conspiracy to commit larceny and of two instances of larceny of government property. He was sentenced to 60 days confinement, reduction to PFC, \$1,000 fine, and to be

further confined for 60 days if the fine is not paid within one year.

Lance Corporal Victor Castillo, MWSS-173, MAG-24, was convicted during a special court martial of failure to go to his appointed place of duty, wrongful use of cocaine, and six counts of

dishonored checks. He was sentenced to three months confinement, forfeiture of 2/3 pay per month for three months, reduced to private, and awarded a bad conduct discharge.

Private First Class Isiah Walker, H&S Co., BSSG-1,

was convicted during a general court martial of larceny of private property and unlawful entry with intent to commit larceny. He was sentenced to confinement for two years, forfeiture of all pay and allowances, reduced to private, and awarded a dishonorable discharge.

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Times: Wednesday, September 30 and Thursday, October 1: 5 to 11 p.m.
 Friday and Saturday, October 2 & 3: 6 p.m. to 1 a.m.
 Sunday, October 4: 5 to 11 p.m.

Tickets: \$6.00 per person.
 Food and beverages are additional, but very reasonably priced. Large groups welcome.

Reserved Seating! Get your reserved seats now from any Special Services ticket office, the Hale Koa Ticket Desk at the Schofield main exchange, or at the Activities Desk in the hotel. Or, you may charge by phone to major credit cards by calling the Activities Desk at 955-0555.

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CHAMPUS reforms are underway

AFIS — In a move designed to save money for both taxpayers and beneficiaries, CHAMPUS is going to switch to the diagnostic-related group payment system on Oct. 1.

Under it, CHAMPUS will pay hospitals a preset price for inpatient costs for services based on diagnosis, regardless of the actual cost of care. This is expected to result in lower payments to hospitals and save CHAMPUS families money due to lower hospital charges that lower the beneficiary's share of the cost.

Since Jan. 1, federal law has required that hospitals participating in Medicare (most do) must also accept the CHAMPUS allowable charge as total payment.

All CHAMPUS beneficiaries other than active-duty dependents would pay only a

fixed, daily amount for each admission subject to the new system. Active-duty families would continue to pay \$25 for each admission or a daily fee, whichever is greater.

Under the diagnosis-related group system, hospitals are paid a fixed rate based on the average cost for treating such conditions. Patients are classified into groups based on the principal diagnosis (the main reason for being admitted to the hospital), the kind of operation or procedure, age, sex and discharge status (whether a patient has been released from the hospital or has been transferred from, or died in, the hospital.)

If the hospital's costs exceed the fixed amount, it loses money; if the costs are less than the fixed amount, it saves money. Although the system encourages hospitals to provide care in an economical way, it makes allowances for patients who are sicker than average. Therefore, CHAMPUS patients do not have to worry that they'll be sent home before they're well.

The diagnosis-related group system will not affect certain services in covered hospitals such as psychiatric and substance-abuse services, kidney acquisition

costs and heart and liver transplants. Also unaffected are specialized hospitals such as psychiatric, long-term care, rehabilitation, cancer and Christian Science medical facilities.

DoD health officials estimate that the average cost-share per hospital visit that

beneficiaries will pay will be reduced from \$1,000 to \$750. The government expects to save more than \$200 million per year.

For more information on how this reform will effect you contact the CHAMPUS office on Pearl Harbor at 471-9364 or Tripler at 433-6330.

Religious Services

Kaneohe Bay

257-3552

Weekdays

11:45 a.m. — Catholic Mass

Fridays

Noon — Jumrah Prayer Services, Bldg. 401.

Saturdays

6 p.m. — Catholic Mass

Sunday

7:30 a.m. — Catholic Mass

8:30 a.m. — Protestant Communion

9:30 a.m. — Protestant Sunday School, Pre-School, Bldg. 1391

9:30 a.m. — Catholic Mass

11 a.m. — Protestant Worship

1 p.m. — Samoan Congregation

4 p.m. — Gospel Hour

Confraternity of Christian Doctrine for Catholics is held on Mondays. Pre-School through Kindergarten levels are taught at the Chapel, 3:45 to 4:45 p.m.; Grades 1-12 are taught at Mokapu Elementary School, 6:45 to 7:45 p.m.

Confession Reconciliation for Catholics is held up to 15 minutes before each mass or can be scheduled on an individual basis by appointment.

Camp H. M. Smith

477-5098

Sunday

8 a.m. — Catholic Mass

9:30 a.m. — Protestant Worship

9:30 a.m. — Protestant Sunday School

Tuesday

11:30 a.m. — Catholic Mass

Wednesday

6:45 a.m. — Prayer Breakfast

7 p.m. — Choir rehearsal

Friday

11:30 a.m. — Catholic Mass

Aloha Jewish Chapel

Pearl Harbor

471-0050

Friday

8 p.m. — Shabat

Saturday

10 a.m. — Shabat and Torah Study

Sunday School Bus Service

The Air Station Chapel offers free Protestant Sunday School bus service for children of housing residents here. The service includes round-trip transportation to and from your home, adult supervision and professional drivers. To add your child to the bus route, call the Chapel Monday-Friday, 7:30 a.m.-4:30 p.m. at 257-3552/3506.

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FOR THE "DO-IT-YOURSELFER"	"DON'T KNOW A THING ABOUT CARS"
<p><i>For the casual DIY's or serious mechanic 8 1-hour seminars. Conducted by manufacturers representatives.</i></p> <p>Dates: September 18th & 19th, 25th & 26th</p> <p>12:00 — 1:00pm Computer Engine Analyzing — The most sophisticated automotive analysis system available. Complete explanation and hands-on demonstrations.</p> <p>1:00 — 2:00pm Computerized Wheel Alignment — 2- or 4-wheel drive systems explained with hands-on demonstrations.</p> <p>2:00 — 3:00pm Air-Conditioning — Operations and theory of automotive AC systems.</p> <p>3:00 — 4:00pm Welding — MIG welding technology with hands-on demonstrations as well as Plasma cutter technology and demonstrations.</p> <p>4:00 — 5:00pm Paint Refinishing — Refinishing technology with hands-on demonstrations.</p> <p>5:00 — 6:00pm Brake Systems — Hydraulic brake systems of the 80's.</p> <p>6:00 — 7:00pm Fuel Injection & Ignition Systems — Component testing with hands-on demonstrations.</p> <p>7:00 — 8:00pm Machine Shop — Cylinder head and engine rebuilding, explanation and demonstrations.</p>	<p>A NAPA FIRST — A seminar for women and men that covers everything you wanted to know but were afraid to ask — given by professionals.</p> <p>Dates: September 17th, September 24th</p> <p>Two-hour program starting at 6:30 p.m.</p> <ul style="list-style-type: none"> • How to ask for professional repair work or maintenance on your car? • How Your Car Works? Easy to understand explanations of various car systems. Includes demonstrations on actual cars. • What does professional maintenance mean? What maintenance can owners do? Where can owners obtain assistance? • Discussion topics: <ol style="list-style-type: none"> a. Checking belts, hoses and fluid levels. b. Electrical, fuel and battery. c. Brakes. d. Air-Conditioning. e. Roadside Emergencies. <p style="text-align: center;">Sign up at NAPA in Kailua or call 262-8146.</p>

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At A Glance

Marriage Celebration

Hawaii Interfaith Marriage Encounter (HIME) invites all couples, and their teenagers to join in the celebration of its 10th anniversary of serving the Oahu community, Oct. 9-11. More than 600 couples, including many military couples, have attended a HIME weekend. The program, "Growing Together In Love," will be held at the Honolulu International Country Club (located in the Salt Lake area). Father Gabriel Calvo, the founder of Marriage Encounter, will speak. Other well-known speakers will address topics on marriage, family and personal growth. For more information, call 833-1372 or 422-9491. Seating will be limited, so early registration is encouraged.

Recruiting Assistance

Are you interested in spending 30 days working in your home town as a Marine? Recruiting Station Macon, Ga., is looking for squared-away Marines from Georgia and South Carolina to work with their home town recruiter in a permissive TAD status, (no cost to the government). You must have a car available to you while at home and be willing to talk about the Marine Corps to young applicants. Awards and promotion points, (for composite score), are available to Marines while on the duty. If interested, contact Master Sergeant English at (912) 752-8103/04.

Enlisted Birthday Ball

Tickets for the Windward Enlisted Marine Corps Birthday Ball, which will be held Nov. 7, are currently on sale at the Enlisted Club, during regular business hours, with a per person ticket price of \$10.

The Ball menu will consist of heavy pupus, with the social hour beginning at 5:15 p.m. A traditional ceremony will be held at 6:30.

Entertainment will consist of a variety of music played by "Person to Person" with break music supplied by a disc jockey.

The actual location for the Ball will be announced at a later date.

SNCO Birthday Ball Tickets

Tickets for the Windward SNCO Marine Corps Birthday Ball, which will be held Nov. 10, are currently on sale at the SNCO Club during regular business hours with a per person ticket price of \$10.

The Ball menu will consist of heavy and light pupus, with the social "hour" begin-

ning at 6:30 p.m. A traditional ceremony will be held at 8:30 p.m. followed by dancing at 9 p.m.

Entertainment will consist of Top 40 music played by "Score" with break music supplied by a disc jockey.

The actual location for the Ball will be announced at a later date.

Officer's Birthday Ball

The Officer's Marine Corps Birthday Ball will be held Nov. 7 at the Hilton Hawaiian Village Hotel in the Coral Ballroom.

Social hour starts at 6 p.m., and dinner at 7:15. The ceremony will begin at 9:00, followed by dancing at 10:00. Entertainment will be a live band.

To make reservations for the Officer's Ball, contact your Officer's Ball unit representative.

Propane gas available

Customers interested in purchasing propane gas for use in their autos, bar-b-ques, or camp stoves can now do so at the MCAS Automotive Center. At 2 p.m., Sept. 25,

propane gas will be available at the service station.

When purchasing propane an authorized gas cylinder, that is not rusty or more than 10 years old, must be used. Each gas cylinder is required to have a date stamped on it.

Cont. A-9



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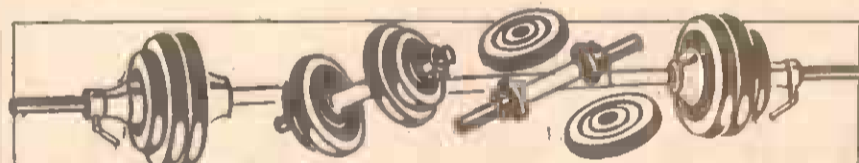
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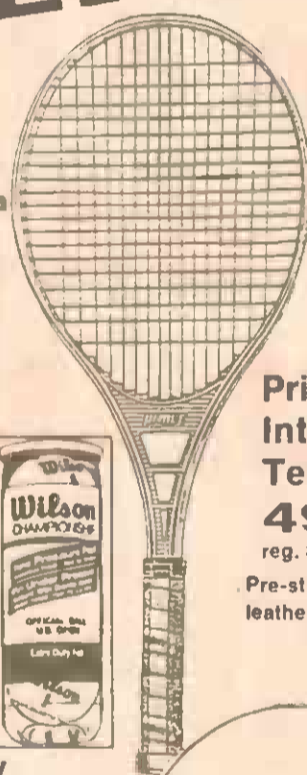
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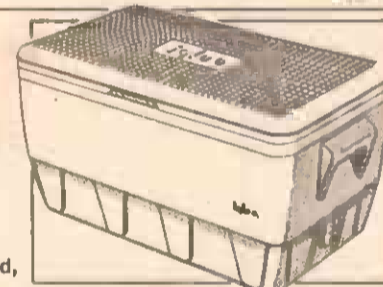


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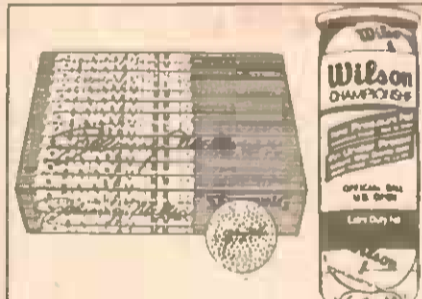
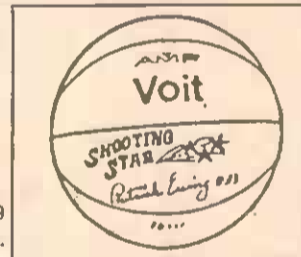


Apache[®] Cabin Tents
9x12 Tent **119⁹⁹** reg. 159.99
8x10 Tent **89⁹⁹** reg. 139.99

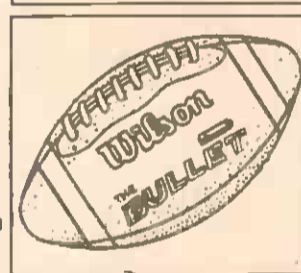


Igloo[®] 36 Quart Ice Chest
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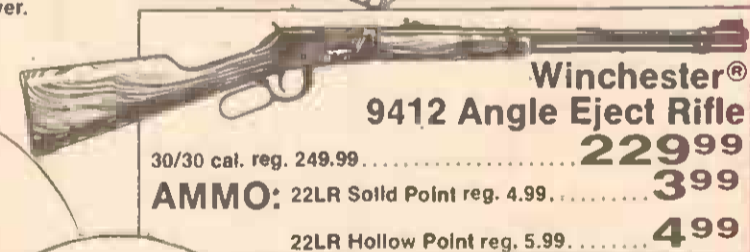


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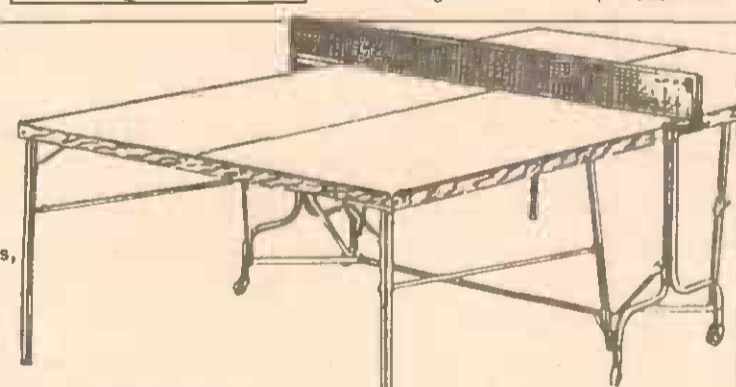
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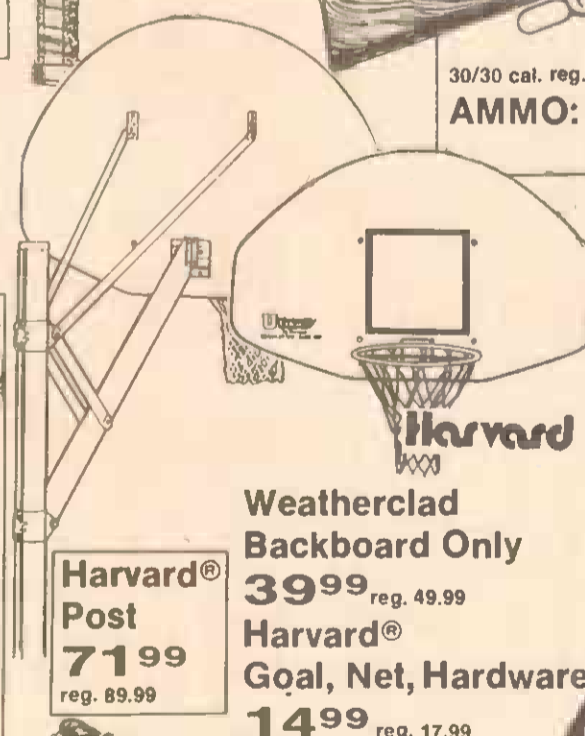
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Includes net, posts, paddles and balls



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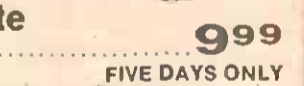
Harvard[®] Post **71⁹⁹** reg. 89.99

Weatherclad Backboard Only
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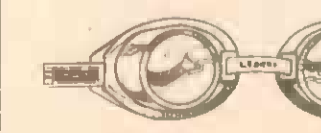
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Conway Twitty
5. CRAZY OVER YOU
Foster & Lloyd
6. LOVE REUNITED
The Desert Rose Band
7. LITTLE WAYS
Dwight Yoakam
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Navy Relief:
Appointments
Only!
Volunteers
Needed**

Due to lack of volunteers, the Navy Relief Society office here will be adhering to a strict appointment only scheduling system. Effective immediately, only emergencies will be seen on a walk-in basis.

Volunteers for receptionists and interviewers are greatly needed. Anyone interested in volunteering for these positions should contact the Navy Relief Society office as soon as possible. Baby-sitting services will be provided by the Navy Relief Society to volunteers in a working status.

The Navy Relief Society office here will continue to be open from 8 a.m. through 1:30 p.m., weekdays for as long as possible. Appointments are required and can be made by calling 257-1327 or 257-1328.

**Bellows
cottage
rates**

Effective 1 October 1987, the following programs will be provided to Bellows Cottage occupants:
a. \$5.00 a day discount for evening dining at the Beach club on a guest check valued at \$5.00 or more.
b. \$1.00 a day discount at the Marina for any total usage fee valued at \$1.00 or more.
c. Elimination of \$2.50 per day charge for 4-man tent

outside cottage.
d. Cottage number drawings for \$50.00 in the cocktail lounge
Additionally, the following fee structure will be implemented.
Studio Cottages \$20.00/day; Back Row Cottages \$25.00/day, and Beach Front Cottages \$30.00/day.
For more information and reservations call 259-8841. For information on Bellows Beach Club call 259-5915. For information on the Marina call 259-5447.

Cont. A-10

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Kaneohe
235-7576
We do fundraisers!

\$2.00 OFF ANY LARGE PIZZA
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Expires October 6, 1987



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10% OFF COMPLETE SEWING MACHINE OVERHAUL.
FREE SEWING LESSONS ON FULL SERVICE & REPAIR.

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98-450 Kam. Hwy. (next to Zippy's Waiau) 487-1090
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Schofield Barracks SGT Smlth Theater
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2. New, Free, In-home Decorating Service.
With the purchase of any sofa, sleeper, or sectional, we'll include a FREE Decorator Rug, and offer to come to your home and suggest coordination. Our suggestions will be unbiased, we think . . . and will help you put together a dreamy decor.

3. New Price Guarantee.
Since department stores often carry the same namebrand lines (like La-Z-Boy, Sealy, Bassett, Douglas, and others) we'd like to assure you of one thing: our price will always be lower on an "identical item." If not we'll take an additional 5% OFF when you bring in their advertisement.

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FINANCING
Minimum 25% down. 0% Interest for 12 equal monthly payments. Minimum financed amount \$299. On approved credit.

AAG/from A-9 Commissary closes

The Commissary Store will be closed on Tues, Oct. 13, in observance of Columbus Day.

PMO's Lost, Found

The Military Police Department's Lost and Found has the following items in their possession: 21 bicycles, four wallets, on golf bag, eight sets of keys, two articles of clothing, one set of tools, one tape cassette case, two drivers licenses, one ring, one license plate, one patio umbrella, two check books, three pairs of sunglasses, two sets of papers for rental cars, and two coolers.

These items will be held for 120 days, then turned over to the Defense Reutilization and Marketing Office for

disposal. If any of these items are yours, contact the Lost and Found NCO at 257-2103

OWC Dinner

The Officers Wives' Club will be sponsoring an "Almost Moments In Sports" dinner at 7 p.m., on Sept. 26 at the Officers' Club.

The menu includes top sirloin steak grilled to order, baked potato, salad, corn on the cob and apple pie. Scheduled entertainment is Luke's Pineapple Band and those attending should wear athletic attire for the Oorah Olympics.

Cost for the evening is \$21 per couple for OWC members, \$23 per couple for non-members, and half price for singles. Mail your reservations, with the number of people in your group, to Cheryl Grantham, 534 Yarnell Street, Kailua, HI 96734. Make checks payable to Officers Wives' Club.

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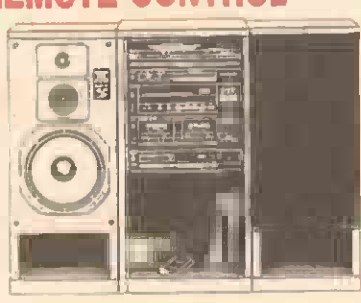
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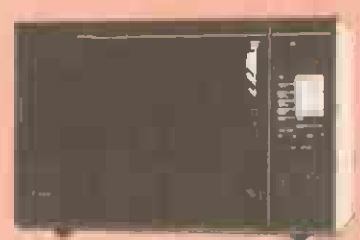
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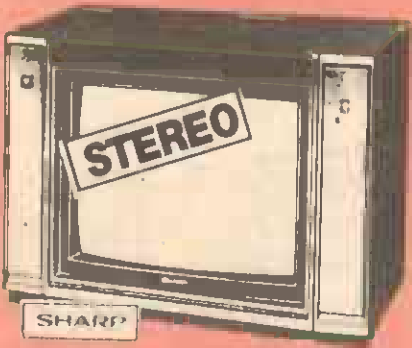
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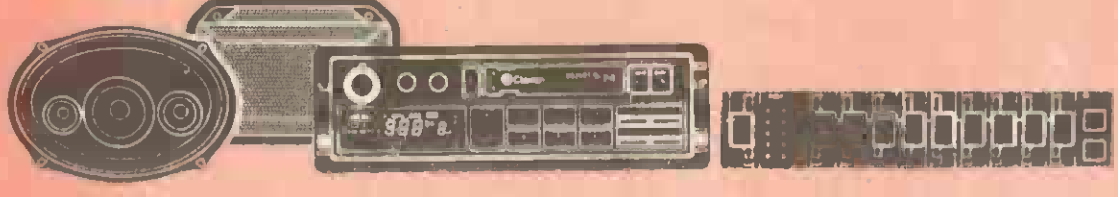
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September 24, 1987

Marines crosstrain in Egypt with model Soviet weapons



Cpl. Mike Johnson takes a hard look at a Soviet-designed, Egyptian-manufactured 7.62mm rifle.

Story and photos by Sgt. David N. Luttenberger

EL HAMMAN, Egypt — If knowledge of infantry weapons is a field Marine's bread and butter, then Marines of the I Marine Amphibious Force living in the Egyptian desert had their bread smothered with sweet preserves.

During the first two weeks of Exercise Bright Star '87, I MAF Marines had a number of opportunities to handle and fire many of the Soviet-designed weapons used by Egyptian forces.

Observing customary ways of these desert inhabitants, U.S. Marines returned the compliment by giving Egyptian soldiers of the 10th Brigade's 770th Mechanized Infantry Battalion, the opportunity to fire American-made M16s, M60 E3 machine guns, .50 caliber machine guns, 60mm mortars and the Light Anti-Armor Weapon.

During the LAAW rocket phase of cross training between the two nations, some unique observations were made by both Americans and Egyptians who fired the 66mm rocket.

"This weapon would be good for our special forces operating in a city-type combat," said Maj. Mohammed, mortar company commander, with the 770th Battalion. "But for the desert, it would be no good. It does not have the range for desert combat. We have tanks and artillery for that."

On the U.S. side of the house, the Marines had somewhat of a problem hitting the target, which was set at about 150 and 200 meters. Several experienced gunners from India Company, 3rd Battalion, 7th Marine, Regiment, 1st Marine Division, said they had trouble judging distance over the desert floor, and that shimmering heat

waves made the target appear blurry, making it difficult to aim.

Marines here also were given classes on an array of weapons used by the 770th Battalion. Marines saw the older generation Soviet AK-47, the RPD, the equivalent to the U.S. squad automatic weapon, the SG Gornov 7.62x54mm machine gun, and a 107mm recoilless rifle.

Even though most of the equipment used by the Egyptians was a bit outdated, the Marines were very impressed with the speed and efficiency demonstrated by the Egyptian gun crews.

Observing much of the cross training between the two countries, was Maj. Gen. James J. McMonagle, commander, I Marine Amphibious Force/1st Marine Division and Brigadier (no general) Ahmed El Torky, chief,

District command and Brigadier Mohammed Usama, commander, 10th Brigade. All three commanders posed several questions of the other country's instructors.

As might be expected, the AK-47, 7.62mm assault rifle was one of the most popular pieces of equipment — the one the Marines most wanted to handle. Many were particularly intrigued with the Kalishnakov's dual-function bayonet. Besides its razor-sharp edges used during close combat, it can be coupled with its scabbard, and used as a heavy-duty pair of wire cutters.

Another exercise like Bright Star won't occur for another two years; but it can be certain that both Egyptian soldiers, and U.S. Marines will be looking forward to the next exchange between these two nations as brothers in arms.



Lance Corporal Brian Murphy, a dragon gunner with India Company, 3rd Battalion, 7th Marines, explains the LAAW's sights to curious Egyptian officers of the Egyptian 10 Brigade's 770th Mechanized Infantry Battalion.

Survival

Infantrymen learn to sustain themselves during Bright Star '87

Story and photos by Sgt. David N. Luttenberger

EL HAMMAN, Egypt — Learning to live off the land has long been the forte of many special forces type military units. In a series of cross-training classes between Egyptian soldiers and U.S. Marines during Exercise Bright Star '87, 150 Marines from the I Marine Amphibious Force, headquartered at Camp Pendleton, Calif., became privy to tactics used for surviving in a desert environment.

The Egyptian Commando Ranger Group, commanded by veteran desert survivalist Maj. Marwan, expertly demonstrated survival skills so cunning, they made a Rambo's romp through the mountains look like a Sunday outing at an amusement park.

Maj. Marwan first explained that there are three basic needs for survival in the desert — fire, water and food.

"The need for fire serves three basic purposes," Marwan explained. "Warmth at night, protection against wild animals and preparation of food." The commandos then demonstrated two ways to make fire, the choice determined by the proximity to enemy forces.

Using a magnifying glass and the gun powder from a rifle cartridge, the major trained a beam of the scorching Sahara sun on the powder,

producing instantaneous combustion. He explained that this silent method of making fire is best employed when near an enemy position.

Using assorted grass and shrubs, a ranger demonstrated another fire-producing method. Placing the dried grass in a hand-dug

pit and pouring a bit of gas on it, he then fired a three-round burst into the grass, producing a blazing fire.

The second basic need, that

of water, was met by stretching a cloth over a steel helmet, then, placing rocks on the cloth and setting the helmet outside overnight. The rangers were able to produce almost a full cup of water collected from the heavy dew that settles on the desert floor at night.

The northeast section of the Sahara Desert receives about one inch of rainfall a year. Though this leaves the desert a barren wasteland, there are occasionally small irrigated patches of agricultural areas where food can be found in more ways than imagined by most Marines attending the class.

Chickens can be found in these Egyptian greenlands; and where there are chickens, there are usually eggs. The easiest way to eat eggs — demonstrated by the rangers — is raw. After dousing several raw eggs themselves, the rangers offered a few to U.S. Marines who accepted them with reluctance.

Proving further that the desert holds within itself many means by which to obtain food and prepare it, the rangers packed eggs in mud and let the sun bake them. When the mud dried, the eggs had solar hard



A Marine from I Marine Amphibious Force takes a bite of raw chicken offered by the Ranger Group's Commanding Officer, Maj. Marwan, during a desert survival class.

DESERT/from B-1

boiled. This same method was used for making baked potatoes. Nothing like hot eggs and hash browns before a day's journey across the Sahara.

For those with a heartier appetite, there are still those squawking yard birds that produced the eggs. Of course the rangers had one problem. The chicken was still alive and the rangers had no rifle, knife or sharp objects to cut with. No problem according to Marwan.

Holding the bird around its neck, between his index and middle finger and raising it aloft, the Egyptian ranger brought the fowl down in a quick motion — similar to that of the game of trying to snatch quarters off ones elbow — and with a smooth follow through and snap of the wrist, decapitated the chicken in a clean, almost bloodless manner.

Cleaning the bird presented no problem. Take by the legs and make a wish, pluck the feathers and serve. And serve they did. Walking through the crowd of Marines, the rangers literally force-fed a few supposedly-tough leathernecks. Most of them ate the raw poultry, but not without making a sour face or two. For those who

couldn't quite stomach the raw menu, another bird had been cooked by wrapping it in mud and sun baking it.

The desert feasts' second course was a little harder to catch, and when it was caught, it had the tendency to bite back.

Dumping a wriggling bag of poisonous snakes on the ground rangers demonstrated methods for capturing the venomous vipors. Using long sticks and the soles of their heavy desert boots, they were able to snatch the snakes just behind the head, avoiding a potentially lethal bite.

Next, the matter of defanging the snake was addressed. Walking into the crowd of snake-wary Marines, the rangers let the snakes strike out just far enough to bite into the flap covering the buttons on their camouflage blouses. Once the snake had a firm bite, the rangers pressed down firmly on the snake's head and pulled sharply on the tail, leaving the viper's fangs embedded in the shirt.

Cpl. Terrance Crumpton, Supply Battalion, 1st Combat Service Support Element, was taken by surprise when one of the rangers let a snake latch onto his shirt.

"I was scared. I didn't

know what he was going to do with the snake when he brought it over," said Crumpton. "After he let it bite my shirt and he grabbed its head, I figured it was in no danger."

Once the snakes were defanged, the ranger's recipe for snake stew instructed them to bend the snake double, just behind the head, and bite the head off. Then, drain the blood, bite the end of the tail off, hold it between your teeth, peel like a banana and serve. Or as in the usual classroom manner, the rangers force-fed tidbits of the snake to the Marines.

"I ate some of the snake that bit my shirt," said Crumpton. "It was pretty good. I wouldn't eat the chicken though."

Again, for those faint-hearted, would-be macho Marines, the rangers had barbecued a snake over an open fire. The results were likened to a sort of snake jerky.

For those people who prefer a little fast food, the desert won't leave them hungry.

There are several species of lizards scurrying about the grand land of sand, and preparation is a snap. As demonstrated by the rangers,



A Egyptian Commando Ranger holds a lizard that is soon to become lunch during a desert survival class given by an elite Egyptian Ranger Group.

simply bite off the head, peel and eat.

Though the Egyptian commando group seemed to have a natural liking for the meat and poultry food groups, they also take in a bit of vegetable for a well-balanced desert diet.

The cactus is natural to most deserts around the world. It can provide a desert

wanderer with a valuable source of water, and it can be eaten. Several chunks of cactus native to the Egyptian Sahara were passed around for a taste test. The general consensus was the mess hall should not add it to the salad bar. Its starchy, chewy, slimelike consistency was not what Marines who were eager to taste it had expected.

During the class, Marines learned many ways to survive should they become lost in the desert. Many Marines had also developed a newfound appreciation for the desert, and a deep respect for the survival skills of the Egyptian Commando Ranger Group, who had so graciously shared their lunch with them.

Food technologists develop new liquid diet

AFIS — When food technologists at the U.S. Army's Natick Research and Development Center talk about a liquid lunch, they don't mean three martinis.

Here's their recipe for hot apple pie: Open package, put contents in a blender, add a cup of hot water and let'er whirl. While the recipe doesn't sound like Grandma's, the result tastes surprisingly good. And it tastes even better when the alternative is eight weeks of milk shakes and strained table food.

The Massachusetts facility's liquid foods, called "dental liquids," are now being tested in 12 military hospitals. These include those run by the Army, Navy or Air Force, two of them overseas and the rest in the United States. The foods are being given to patients who have had to have their jaws wired shut, throat cancer patients and those whose teeth have

been removed prior to begin fitted with dentures.

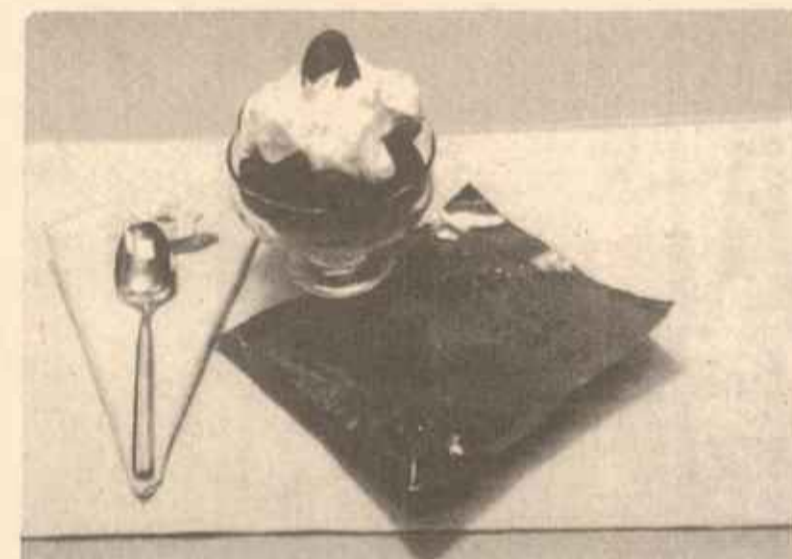
According to Natick food technologist Susan J. Erickson, patients who have had their jaws wired shut due to injury quickly tire of a bland or oversweet traditional liquid diet and refuse to eat.

Military and civilian volunteers, most of whom work at Natick or on nearby military installations, help the center test products before they are sent out for field tests. But several years ago, the dental liquids got an early test by an unusual subject — a local softball player.

The player, Robert Fiorvanti of Framingham, Mass., was punched in the mouth by a member of the opposing team. The knuckle sandwich caused serious damage, and Fiorvanti had to have his mouth wired shut. (Fiorvanti, whose good sportsmanship went beyond the

call of duty, didn't sue his assailant.)

The director of Fiorvanti's league happened to be Art Reardon, Natick's deputy public affairs officer. Reardon half-jokingly suggested that the player try some of



The liquid strawberry shortcake tastes surprisingly like the kind you "have to" chew.

the new liquid meals. Fiorvanti quickly accepted, and Reardon arranged for television cameras to record the results.

Fortunately, Fiorvanti liked the food. That is, he liked the chicken in wine

sauce, the beef and gravy, the vegetables and desserts. His only complaints: The spaghetti tasted good, but the oregano stuck to his teeth. He didn't like the sloppy joes, but he didn't like them even before his problem.

Natick food technologists took this into account and now use more finely ground oregano. Liquid foods have to be ground especially fine since patients with wired jaws can't brush their teeth thoroughly.

Other items available include French toast, noodles parmesan, turkey and gravy, pork with stuffing, strawberry shortcake, barbecued chicken and even chili con carne. According to Erickson, spicy foods were missed most by liquid diet patients.

Natick technologists have developed a prototype two-day menu with 20 items and

are working on a five-day menu consisting of breakfast items, creamed soups, entrees, starches, vegetables and desserts, plus six flavors of a nutritional-supplement milkshake. The menus provide about 2,200 calories and 74 grams of protein a day when water is used for reconstruction. When three milkshakes are added, the menu contains 3,500 calories and 130 grams of protein. The number of calories can be adjusted by decreasing or increasing the number of milkshakes.

The dried foods can be stored in their pouches for three years at room temperature. Natick researchers are working on new methods of producing the foods that will make the product less costly. They are also fine-tuning the foods so that they can be rehydrated in the pouch without the use of a blender.

Getting pain off your back is up to you!

Army Maj. Robert W. Dennis, a physical therapist, stands in front of a crowded classroom in the Pentagon holding a skeleton. He's telling a group of military people and DoD civilians how to stop hurting their backs.

This scene, with or without the skeleton, is being repeated at many DoD work-sites these days.

Back injuries account for 29 percent of workers' compensation claims filed by civilians working for the Army, 24.4 percent working for the Navy, 25 percent working for the Air Force, and 23.3 percent working for the Marine Corps. Military people can't file such claims, but they're hurting their backs at a high rate as well, say military occupational safety and health officials.

Experts estimate that 80 percent of adult Americans will suffer at least one episode of back pain.

But back injury and pain are preventable. That's why DoD health promotion and occupational safety and health people are teaching courses on how to prevent back injury and pain.

According to Dennis, most back pain is not caused by one injury, but is the result of minor repeated traumas to structures in the back. What is sometimes thought

to be the incident that caused a back injury may simply be the "last straw" for a repeatedly abused back.

The age for most backs to rebel against mistreatment is somewhere between the late 20s and late 40s.

What is called a "slipped disc" occurs when soft material (similar to silly putty in texture, according to Dennis) in the center of one of the spinal column's disc moves out to fill up the cracks created in the disc's outer ring by various traumas. After a while, the soft material oozes out so that it presses on a nerve, causing intense pain.

Slipped discs and other

back problems can be avoided by taking care to do everything — even rest — in a manner that will not injure your back. Here are a few tips from the experts on how to do this:

Maintain correct posture at all times. Poor posture is the most common cause of back strain and sprains. Most people have a slight hollow spot in the lower back. To maintain correct posture, keep this natural curve, but don't exaggerate it. When standing, lift your chest. This relaxes your shoulders and maintains the lower back curve. When sitting, sit up straight. A rolled 1½-inch towel placed at the lower back incline relaxes the lower back.

Get enough rest. It is easy

to injure yourself when you're tired and tense. But even when you're getting rest, think of your back. The best sleeping position for your back is on your side or your back. If you sleep on your back, you can give the muscles added support by placing a rolled towel in your lower back curve or a pillow under your knees. Sleeping on the stomach is not only bad for the back, but forces you to twist your neck so you can breathe.

Pay attention to body mechanics when doing chores. Don't twist your neck and arm to answer the phone, pivot with your whole body. Use a ladder or stool when reaching for an item that is up high; standing on tiptoe to lift something can injure your back or neck.

Lift properly. Most serious back injuries are caused by improper lifting. To lift properly: (1) Keep your low back bowed in while bending over; (2) Keep the weight as close as possible; (3) While bowing your back, raise up with your head first; (4) Turn with your feet, not just your upper body; (5) Never jerk or twist; and (6) Put the weight down by keeping your low back bowed in.

Get enough exercise. However, always warm up, and don't suddenly attempt strenuous exercise when

you're not used to it. Good exercises for the back include partial sit-ups, leg

extensions and hamstring stretches.

AFIS

Bicycling to fitness

AFIS — Most people can remember the thrill they felt as children when they first learned to ride a two-wheeler — and the fun of being able to get from here to there fast. For adults, bicycling is still a fun way to get from here to there. And more.

According to Maj. Robert W. Dennis of the Army's corporate fitness program, bicycling is also great aerobic exercise. However, he said there are a few things to consider first that will increase enjoyment of the sport and prevent unnecessary injury.

Most important: Invest in a good bicycle. You don't need a really expensive racing model, but you also don't want a cheap one that's going to fall apart or otherwise spoil your fun. Make sure the bike fits properly. One way to check that is to straddle bike with your feet flat on the ground. There should be one or two inches clearance between your groin and the top tube. If you don't know much about bikes, go shopping with a friend who does or go to a trustworthy dealer.

After you've got a good bike, here are some tips from Dennis and other experts: Wear a hard-shelled hel-

met. Every year, there are from 900 to 1,100 bicycle fatalities — 75 percent of which involve head injuries.

Ride with a friend whose pace is compatible with yours.

Don't try to ride in a high gear when you first start out. Start in a low enough gear so you can pedal comfortably. As you get stronger, you can go into higher gears.

If you have not cycled in a while, try riding every other day. Set aside a regular time to ride but vary your route. Try to avoid routes with high traffic volume.

Don't try to lean too far over. Prolonged riding in a racing crouch can tire you out and cause back strain. Ride at an angle that's comfortable. Raise the handlebars if they force you to lean forward.

Stay relaxed while you ride. Don't grab the handlebars in a death grip, and keep the upper body relaxed to avoid fatigue.

Learn hand signals and obey traffic laws.

An easy way to determine whether you're getting a good aerobic workout is this: Pedal hard enough to work up a sweat, but not so hard that you become short of breath.



The most serious back injuries are caused by improper lifting.

Loss in calcium can weaken bones

Osteoporosis is sneaky. Over the years, it quietly robs strength and density from the bones, only to reveal itself when it's too late—in the form of lower backache, curvature of the spine, tooth loss and fractured bones.

Although bone density decreases in all people at about age 35, osteoporosis, or severe bone thinning, is more common in women. Men have larger, denser bones and consume more calcium than women. They do not experience the hormonal changes of menopause or the increased need for calcium due to pregnancy, both of which can contribute to osteoporosis in women. Male alcoholics get osteoporosis more often than other men.

Although not getting enough calcium in the diet is the most important factor in osteoporosis, a number of factors can contribute to bone thinning. Women who are small-framed or thin and those with a family history of osteoporosis are more likely to have the problem. Whites are more likely to get osteoporosis than non-whites.

Scientists believe lifestyle factors may also be involved. Smoking and high alcohol

intake may reduce calcium absorption. A greater than 3-1 ratio of phosphorus to calcium in diet may do the same. This could be a problem for those who frequently consume foods and beverages high in phosphorus, such as meat and cola drinks, in place of calcium sources, such as cheese and milk.

The caffeine contained in more than five cups of coffee or nine 12-ounce sodas with caffeine may also reduce calcium absorption. Read labels — colas are not the only sodas with caffeine.

Even "good guys" like protein and fiber may reduce calcium intake if consumed to excess. Nutritionists believe the average American eats two or three times the amount of protein needed for health. Although researchers aren't sure, they believe the extra protein may affect calcium.

Although most Americans don't get enough fiber, going overboard on fiber consumption can reduce calcium absorption. Drastic increases in fiber intake can also cause gastro-intestinal distress.

Getting enough weight-bearing exercise — such as

walking, jogging and dancing — is also important. Research with astronauts and bedridden patients shows calcium loss can occur even with adequate dietary calcium if the body is deprived of exercise.

A significant calcium loss in women is caused by menopause. If calcium loss is severe, the doctor may prescribe estrogen therapy.

What is an adequate amount

of calcium? Adult men and children need 800 milligrams a day, which is the equivalent of three 8-ounce glasses of milk. Teen-agers of either sex and pregnant women need 1,200 milligrams a day. Based on recent research, the National Institutes of Health now recommends that women get 1,000 milligrams a day until menopause — and then increase that to 1,500.

by Evelyn D. Harris AFIS



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This is the factory that makes our cheese.

If you ever wonder what makes Little Caesars® cheese taste so delicious, the explanation comes naturally. We don't manufacture something made of artificial ingredients, additives and preservatives, and try to pass it off as cheese. We use 100% natural cheese, and nothing else but. That's the only kind of cheese that goes into our pizza. Only at Little Caesars®

VALUABLE COUPON: SAVE \$9.50

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"with everything" 10 toppings for only

\$13.99

Toppings include pepperoni, ham, bacon, ground beef, Italian sausage, mushrooms, onions, green peppers. Hot peppers and anchovies available upon request. (No substitutions or deletions). Valid only with coupon at participating Little Caesars. Not valid with any other offer. One coupon per customer. Carry out only. Expires 9/30/87. Reg. \$23.99

340 Kuulei Road 263-8801

Little Caesars® Pizza

Island Happenings

KMC singles Halloween weekend

Kilauea Military Camp is sponsoring an all-out "Come as-You-Aren't" Halloween singles weekend from 30 October — 1 November. The weekend includes roundtrip airfare, 2 nights in a KMC cabin, Hula Show, beach party at Spencer beach Park near Kona, Crater Rim Tour, Sunday brunch, and best of all, a party-til dawn costume party.

through the weekend will receive a free "Survivor" KMC T-shirt. Prices are: E1-E5, \$114; E6-O3, \$119; O4 and above (includes civilians) \$124. Make your reservations now through the Hickam AFB Makai Recreation Center (449-2230)! A \$25 deposit is required by Sept. 28 with the balance due on Oct. 15. It's first come, first serve, so sign up with a friend now!

Cycling club seeks members

The Navy Golden Wheels

Anyone who makes it

TELEPHONE RESEARCH INTERVIEWERS

Ask a few easy questions for our market research surveys and make \$5-6 per hour phoning from your home. There's no selling involved and you don't need previous experience. If you are enthusiastic, organized, have a clear and pleasant speaking voice and enjoy talking on the phone, then this may be an ideal part-time job requiring 8-10 hours a week. Our company is a national research firm, recruiting in your area.

Qualified candidates should submit their resume to: Dept. 924, P.O. Box 1100, Columbia, MD 21044. Equal Opportunity Employer M/F/H/V.

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3571 Waiialae Ave., Kaimuki 735-5581
45-1117 Kam Hwy., Kaneohe 235-5858

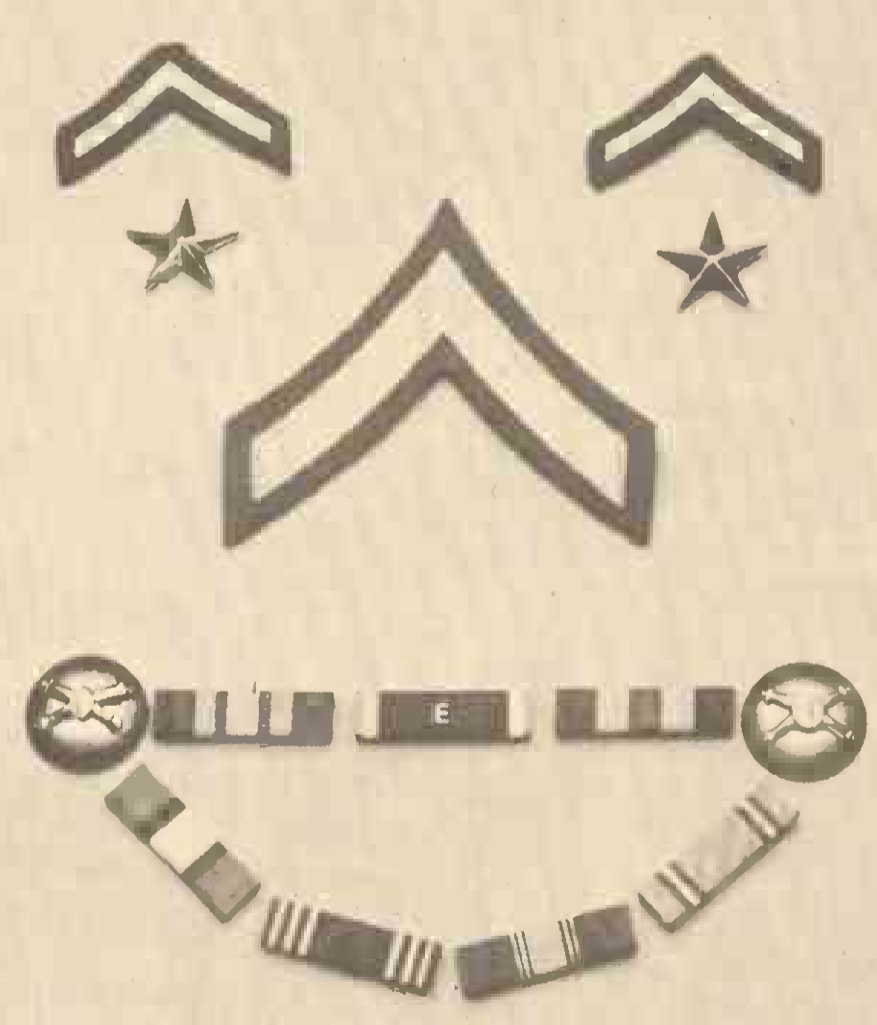
WEDNESDAY,
THE 24TH CENTURY BEGINS
WITH A SPECTACULAR
TWO-HOUR MOVIE.



STAR TREK

THE NEXT GENERATION

8:05pm Wednesday Hawaii's Very Own **13** Watch for the series STAR TREK: The Next Generation beginning **KHNE** Saturday, October 10 at 6:00PM



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Dependent Recreation

Tole Painting: Two new sessions for Tole Painting are being offered in Oct. Starting Tuesday, Oct. 13 at 7 to 9 p.m., for four weeks. We also have a session starting Thursday, Oct. 15 at 9 to 11 a.m., for four weeks. All projects will be Christmas Decorations.

Batik: Learn to create stunning fabric designs using wax and dye — and your imagination!! There will be a 2-week session Oct. 7 and 14 from 7 to 9 p.m. This activity is open to all military family members. Materials are included in the registration fee. Projects include pillows, tablecloths, napkins, wall hangings, and clothing.

Water Aerobics: Dependent Recreation is offering Water Aerobics now starting Oct. 6 at the Station Pool. Classes are from 8 to 9 p.m. on Tuesdays and Thursdays. If interested come to our first class Oct. 6 to see what it's all about.

Ruffled Wreath: Dependent Recreation is offering a Ruffled Wreath class Oct. 19 from 6:30 to 9:30 p.m. Some material are supplied in the

registration fee. Samples are on display in our office in Building #1391.

Teen Dance: There will be a Teen dance on Sept. 26 from 7 to 11 p.m. All dependents and friends between ages 13 through 18 are invited. I.D.'s are required. The dance is in Dependent Recreation, Building #1391. Come join in the fun.

Christmas Angels: Dependent Recreation is offering a class on making Christmas Angels made out of all natural materials. The materials are included in the registration fee. The class is on Sept. 25 from 9 to 11 a.m.

The Haiku Happening: The Kaneohe Officers Wives Club will be having a luncheon at the Haiku Gardens on Oct. 13, 1987. The guest speaker will be state senator Mary George of the Windward Oahu 10th District. Social hours begins at 11 a.m. with lunch at 12:00. You may have your choice of either chicken curry or chefs salad. The cost is \$9.50 members discounted price of \$8.50. Reservations deadline is Oct. 2. For more information call 254-1631.

For more information on the above classes please feel free to call Dependent Recre-

ation at 254-2963 or stop by Building 1391.

Station Library

The Station Library has the book, "Sphere" by Michael Crichton. In the middle of the South Pacific, a huge spaceship is discovered resting on the ocean floor.... A group of American scientists descend into the depths of the sea to investigate this astonishing discovery. This is Michael Crichton's most exciting,

most suspenseful, and most ingenious novel since The Andromeda Strain. For more information please feel free to call the Station Library at 257-3583.

Water Polo

The Air Station water polo team is currently seeking new members. Prospective players must be good swimmers, but experience is not necessary.



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•Union & Medical Ins.
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Whiplash • Numbness in Hands & Feet
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45-1144 Kam Hwy., Suite 200A, Kaneohe
235-6677

THE SALVATION ARMY CARING FOR THE CHILDREN

Over 18.9 million. That's how many boys and girls participated in youth activities at The Salvation Army last year. Over 522,000 days of summer camp were provided. Other services included character building programs, recreational leagues, day care centers, music programs and after-school programs.

The aim? To help young people grow strong in body, mind and spirit. To learn more, contact your local Salvation Army. We're there because you care.

Sharing is Caring THE SALVATION ARMY

Photo by Stewart Cohen

Is your protection off base?

Military life demands special protection. That's why you should talk to your John Hancock Life insurance agent. As a military specialist, your agent can design a program to meet your unique needs. Plus it can be arranged to have your payments automatically deducted from your pay. Your agent can also help you adjust your coverage when you go back to civilian life.

Call your John Hancock agent today to make sure your protection is on base.



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Hawaii Marine Ads

YARD SALES

Moving Sale Sat. 9/27, 7 a.m., Kailua. 549 Keolu, Enchanted Lake. Furniture, plants, G-father clock; new: carseat, stroller, phone, kitchen items.

MISC.

Boat hull for sale. \$500.00 firm. Good for fixing up. Call 254-5718 days.

Colt .38 Police positive \$175.00, Springfield trapdoor 45-70 \$375.00, 300 Savage M99 \$250.00 AWH or weekends. 254-2094. MCAS

Officer's Uniforms and accoutrements size 42 blouse, 33 trousers, blues. 2 sets greens and whites \$250. OBO PH. 239-9715.

Westinghouse refrigerator, almond color, four years old, \$350. PH. 239-9715.

Island Beach car, '75 Malibu new tires, battery, alternator \$350 OBO PH. 239-9715.

Antique dining room table (1900's) and six chairs \$400. 239-9715.

AUTO

'79 Vette, black w/tan interior, PS, 4-spd., PB, PW, air, new tires, excel. condition. \$10,900. OBO. 924-7963.

'79 Chevy Chevette, 2 dr. mnl, sun roof, good condition. \$1500.00. Call 254-5718. Days.

Cont. B-5

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Sale prices good thru September or while supplies last.

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ENGLANDER
Rich, quilted covers.
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TWINS ea. pc. \$179 **\$88**
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THE ENGLANDER
TENSION EASE SUPREME
5-YEAR FACTORY WARRANTY
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QUEEN 2-pc. set \$999 **\$499**
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1505 DILLINGHAM BLVD. (BEHIND SIZZLER)
847-3310
FRI 10-6, SAT 9-6, SUN CLSD, MON 9-6

AIKAI PARK SHOPPING CENTER STORE - KAILUA
254-5816
FRI 10-8, SAT 9-6, SUN. CLOSED, MON 9-6

Ask about warranty details. All sold in sets only.

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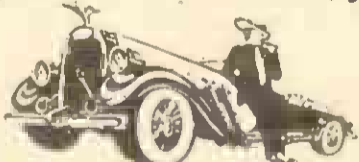
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9 AM-5 PM THIS SATURDAY ONLY

SUPER VEHICLE DISPLAY

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- CAR CLUBS—**
 - Original Corvette Club of Hawaii
 - Hawaii's Vintage Rods
 - Model A Club of America
 - Aloha Mustangs & Shelby Club of Hawaii
 - 50th State Pro Gas Association
 - Royal Hawaiian Classic Chevy Club
 - Hawaii Corvette Association

- TOYCYCLES—**
 - Montgomery Motor's LT80 Toyccycle

- TRUCK CLUBS—**
 - Hawaiian Island RV's Club
 - Country Pipe Buggies
 - RT Automotive Truck Display
- MONSTER TRUCKS—**
 - Poi Pounder
 - Luau Feet
 - The Hawaiian Torch
 - The Royal Hawaiian

- MOTORCYCLES—**
 - Montgomery Motors — SUXUS
 - Cycle City Ltd. — The oldest dealer
 - Kawasaki & Harley Davidson

—BICYCLES—
•Display by The Bike Shop

—DISCO MUSIC—
by DJ Cousin Keith
9 AM-1 PM



Windward City Shopping Center

Corner of Kam & Likelike Hwys.



ADS/from B-4
AUTO

1978 Oldsmobile Toronado, PW, PS, A/C. Front wheel drive, V-8, 403 cu. \$1200.00. OBO DWH 257-2416. AWH 254-6255. White, burgundy half/vinyl.

REAL ESTATE

Must sell Kaneohe Condo \$76,000. 2 bd., 1 bth, end unit, near shopping, schools. Pool,

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WANTED

Wanted, 1/4 size violins. Call 254-5660.

Want to babysit your child, infants thru ages two in my KMCAS home, full time. Please call 254-6718.

Suzuki, FA-50 for parts. Call 254-1631.

Sports Shorts

Winter Softball League Begins

The K-Bay Softball Club will hold an organizational meeting at noon, Oct. 22 in the station theater for all teams interested in the

upcoming winter league.

The league is tentatively scheduled to begin Nov. 16 continue into February. For more information call SSgt. Joe Lanzillo at 257-2793 or SSgt. Frank Lohman at 257-2455.

IHAPS/from B-3

Cycling Club is currently seeking new members interested in training, recreation or cyclocross riding.

The NGWCC's membership is limited to military and Department of Defense employees and their dependents past the age of nine.

Meetings are held the first Wednesday of every month 7:30 p.m. in the NAVCAM-SEASTPAC Gymnasium in Wahiawa.

Information on the club and membership applications are available at Special Services or by contacting the club president, Joe Kriz, at P.O. Box 422, Barbers Pt. HI 96862-0422, or by calling 682-3723/653-5542.

Oktoberfest

The Hale Koa Hotel's annual salute to the most

famous of all German traditions, the Oktoberfest, will be held Sept. 30 through Oct. 4. There'll be five consecutive nights of continuous fun, featuring authentic food and drink and a wild variety of non-stop entertainment in the Hale Koa Hotel's "Brauhause."

Live oom-pah-pah music will be just part of the fun, performed by the amazing Alpine horns of Neil Gow and the Five Knights, flown to Hawaii just for this event. Polkas; yodelling; and the accordion player; Gretchen.

Tickets are only \$6 per person and are being sold on a reserved seating basis at all Special Services ticket offices; the Hale Koa ticket desk in the Schofield main exchange; and at the Activities Desk located at the hotel.

Hickam OWC Country Bazaar

The Hickam OWC would like to share this excitement on Oct. 17, as they host the Annual Country Bazaar between 9am and 2pm, at the Singapore Hangar, (GSt across from Car Care Center), Hickam Air Force Base. Everyone who holds a valid ID card is welcome to take part!

Enticements include crafts of all types, home haked items, ceramics, plants, cosmetics, baskets, jewelry, flowers and so much more.

Any questions concerning the bazaar please call 422-1969.



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Dr. Harris talks woman to woman

As an OB/GYN and a woman herself, Karen Harris brings to her practice a very personal understanding of her patients' health care needs and concerns.

Originally from Minnesota, Dr. Harris completed her residency in Hawaii, and includes among her varied hobbies scuba diving, biking, and playing the oboe.

You can talk woman to woman with Dr. Harris right here at The Honolulu Medical Group at Pali Palms; one of our family of 50 fine physicians you can choose for your own personal health care.

Call us. Providing the best personalized health care is something we've been doing since 1903 — thanks to understanding physicians like Karen Harris.

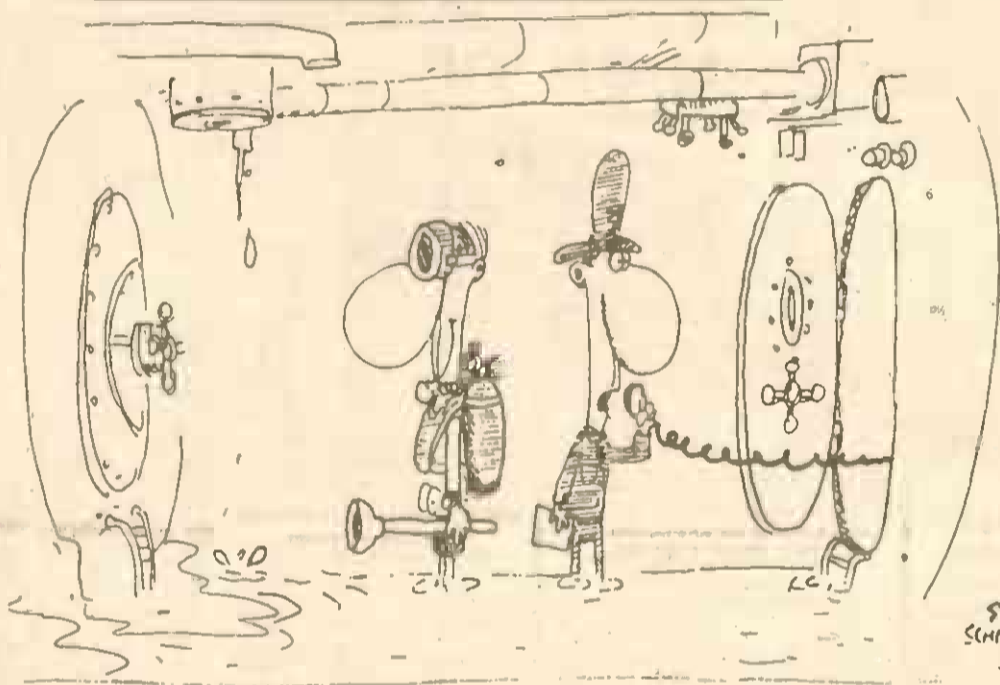
Dr. Karen Harris
Obstetrics/Gynecology

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Champus Members Welcome



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STAN SCHNEIDER J-13

FUJIO MATSUDA EDUCATION CENTER WINDWARD COMMUNITY COLLEGE
45-720 KEAAHALA ROAD, KANEOHE

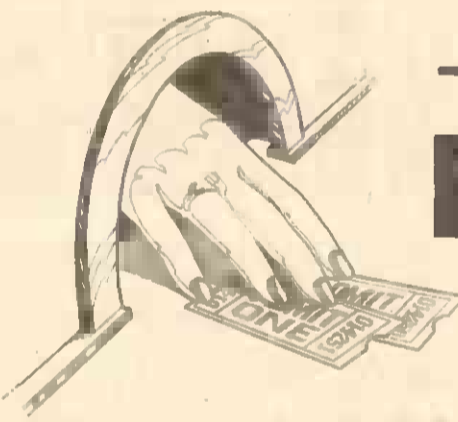
OCTOBER 1987 COMPUTER COURSES

Course#	Course Title	Date	Day	Time	Fee
CB7544	Introduction to Apple IIe	10/3	SAT	9-12 noon	\$35
CA7545	Introduction to IBM-PC DOS	10/5	MON	6-9 p.m.	35
CA7546	Introduction to Lotus 1-2-3	10/6-8	TWTh	6-9 p.m.	110
CB7547	Introduction to Appleworks	10/6-7	TW	6-9 p.m.	45
CB7548	Intermediate Appleworks	10/8	Th	6-9 p.m.	35
CA7549	Introduction to IBM-PC	10/10	SAT	9-12/1-4 p.m.	40
CB7550	How to use your Macintosh	10/10	SAT	8-4 p.m.	50/80
CA7551	Introduction to dBASE III Plus	10/13-15	TWTh	6-9 p.m.	110
CA7552	Introduction to IBM-PC DOS	10/17	SAT	9-12 noon	35
CA7553	Introduction to Lotus Macros	10/17	SAT	9-12 noon	40
CB7554	Introduction to Appleworks	10/17	SAT	9-12/1-4 p.m.	45
CA7555	Introduction to IBM-PC DOS	10/19	MON	6-9 p.m.	35
CA7556	Introduction to WordPerfect	10/20-22	TWTh	6-9 p.m.	110
CB7557	Introduction to Apple IIe	10/20	T	6-9 p.m.	35
CB7558	Introduction to Appleworks	10/21-22	WTh	6-9 p.m.	45
CA7559	Introduction to IBM-PC	10/24	SAT	9-12/1-4 p.m.	40
CB7561	Intermediate Appleworks	10/24	SAT	9-12 noon	35
CA7562	Introduction to IBM-PC	10/27-28	TW	6-9 p.m.	40
CA7563	Introduction to IBM-PC DOS	10/29	Th	6-9 p.m.	35
CA7564	Advanced IBM-PC DOS	10/31	SAT	9-12 noon	40
CA7565	Microcomputers for Women	10/31	SAT	9-12/1-4 p.m.	50

TO REGISTER CALL

235-7491 or 235-7433

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Win a free pair of movie tickets to a Consolidated Theatre of your choice!

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Read the **MILITARY Hotline** each week, answer the question on the clip-out entry form below, send it in and if you answer the question correctly, you'll be eligible to win a pair of movie tickets (regular showings) in a drawing from all correct entries! Contest open to persons 18 years or older. (Hint . . . this week's answer can be found in this column).

FROM OUR MAILBAG:

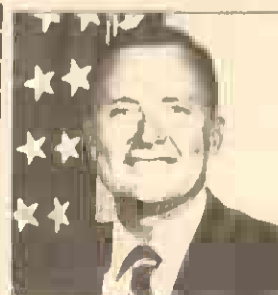
As of August 1, 1987, what is *one* dental service that my dependents' dental insurance will cover?

ANSWER:

The amount deducted from your paycheck for your dependents' dental insurance will cover the following services provided by an outside dentist: Routine dental exams, dental x-rays, and fluoride treatments.

As of August 1, 1987, you will have \$3.93 deducted from your paycheck for one dependent (or \$7.86 deducted for two more dependents) unless you specify you do not want this deduction.

For any questions you have relating to military benefits, please call **Jim McGuirk — SGT. MAJ. USMC, RET. — Director of Military Affairs** at our **MILITARY Hotline 536-6977!** (All inquiries will be answered in this publication or by return call or letter).



Jim McGuirk
SGT. MAJ. USMC, RET.
Director of Military Affairs

Question:

What is the *one* dental service that my dependents' dental insurance will cover?

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Name _____ Age _____

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City _____ State _____ Zip _____

Home # _____ Work # _____

Name of this paper _____

ANSWER: _____

Tickets

Commodores and the Whispers — NBC Oct. 2, 8 p.m. Tickets are \$18.50.

Kenny G. — Waikiki Shell — Oct. 2, 7:30 p.m. Tickets are \$17.50 for reserved seats, \$13.50 for the lawn.

The Cult — Sheraton Wai-

kiki — Oct. 2, 9:00 p.m. Tickets are \$18.50

Anri and Kalapana — Sept. 24, 7:00 p.m. Tickets are \$13.

Billy Joel — Aloha Stadium — Oct. 12. Tickets are \$18.50 for reserved seats.

Howie Mandel — Hilton Hawaiian Village Lagoon Green — Sep. 25 and 26. Tickets are \$11 for general admission.

For more information call Margaret at 254-3304.

Movies

7:15 p.m., nightly
257-3668

Saturday and Sunday
The Bedroom Window (R). Suspense. A civic minded architect (Steve Guttenberg) volunteers information to the police about an attempted murder and inadvertently becomes the suspect in this Hitchcock style thriller.

Monday
dy. Woody Allen's new comedy on the effect radio had on its listeners in the days before and during World War II.

Thursday and

Friday
Harry and the Hendersons (PG). Fantasy/Comedy. An "Average American family" becomes involved with a legendary creature in this wacky comedy.

Monday
Out of Bounds (R). Drama. Daryl Cage, a quiet Iowa farmboy is joining his brother in Los Angeles to make a better life for himself. He inadvertently gets involved in a drug deal which leads to murder and his fight for survival in unfamiliar surroundings.

Tuesday and Wednesday
Radio Days (PG). Come-

MILITARY

Active Duty, Dependents, and Retirees



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Overnighter to Molokai \$800.00 (32 hours)

Other packages available upon request. All military, active duty, retire, DOD and government employees call the charter fishing office at 424-1113 Special Services Pearl NAVASTA at 474-9163, 474-1100 for details. Reserve early and confirm your charter date today. All reservations on a first-come, first-served basis. This ad not paid for by Special Pearl NAVASTA.

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15 Announcements

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540 California Ave.

20 Lost & Found

LOST: Female black cat. Appx. 9 mos. old. Call 623-9720

LOST 9/16, 6 pm. Hawaiian Canoe Steering Paddle Kailua Bay/Kalama Beach. Call Mike 261-8863; 647-0618

LOST: Pyramid Rock, chain and cross. Sept. 22. Call 247-4470

FOUND: in NRMCC parking lot appx. 9/14 gold wedding band. Call to claim 487-2726

FOUND-dog, white, fluffy, part Samoyed, N. Shore, 293-8249

25 Personals

REV. Julia McKennaDubin Complete Wedding Services All faiths. 734-2622

EARN \$40 worth of Christmas decorations & toys for having a Christmas Around The World party. For more info. call Beverly or Phyllis 422-4073 from 9 a.m.-9 p.m.

31 Home Services

CALL Mom's Day Off for home cleaning at affordable prices. Ph. 839-2534

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ST. JUDE NOVENA
May the Sacred Heart of Jesus be adored, glorified, loved, and preserved throughout the world now & forever. Sacred Heart of Jesus pray for us. St. Jude worker of miracles pray for us. Say this prayer 9 times a day, by the eighth day your prayer will be answered, but say for 9 days, it has never been known to fail. Publication must be provided & thank you St. Jude. CCB

COMPUTARE because you're tired of bars & want a serious relationship. 334 Seaside Ave. #608 Walkiki 926-3283 from 10am-9pm

O my precious Roxane, you will forever be my jewel. Love, Cyranod

OUR Lady of the Miraculous Medal, St. Jude worker of miracles: Thank you for your intercession with our Lord on my behalf. My prayers have been answered. JSR

FREE—beautiful kittens. to good home. 1 white, 2 gray, 523-5730

FREE: Male long hair Dachshund full grown, housebroken 624-1421

FREE: Abandoned kitten—appx. 5 mos. black tomcat, very playful, to good home. 623-7795

FREE: to good home, bearded Collie, neutered 9 mos., housebroken, all shots 624-5358

FREE: 2 adult rabbits & double huge cage. Must be a loving family. 239-8542

FREE: to good home 1 yr. old Kitty, part Siamese, all shots. Call Louellen 237-8562 or 235-5881

FREE: Rabbits-1 Holland lop, 1 Dwarf, 1 Dutch 676-7019

FREE—baby bunnies call 239-4934

FREE: to good home, 2 kittens, neutered declawed male. 247-8472

4 Health & Fitness

BODY By Janis-low impact aerobics. Free childcare Kailua only. Aiea 947-2182

ALL Pro Sports Massage—choice of champions, appx. MAT1803. Ph. 735-7794

WINDWARD YMCA Post Partum/Infant Exercise—national YMCA program. M, W, F, 1:45-3 p.m. Prenatal Exercise M, W, F, 5-6 p.m. Master Swim Program—begins Oct. 5. M-Tu, 8-7:15 p.m., lap swim for adults. Aquatic Exercise for adults in pool done to music M, W, F, 7:15-8:15 a.m. 261-0808

MASTERS Personal Fitness. 1 on 1 Fitness Training, Therapeutic Massage. (MAT-1849) 247-2967

HOW would you like to improve your blood, circulation, respiratory system & clean out toxins in your blood? Potassium Mineral Supplement is your answer! 262-5055 for info.

30 Income Tax

GET fast & professional income tax service at no extra charge. 523-3938

31 Home Services

A&B Exterior House Painting, Free est. to \$100. High quality, low rates! 533-5523

HOUSECLEANING Great work! Cheap. Call Nan 262-5589

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***PREPAYMENT REQUIRED**

ON-CALL SALES
YEAR-ROUND AVAILABILITY PREFERRED

EARN EXTRA MONEY
RECEIVE A MERCHANDISE DISCOUNT
CHOOSE FROM A VARIETY OF SCHEDULES:
9:00 a.m.-2:00 p.m. • 10:00 a.m.-2:00 p.m.
11:00 a.m.-3:00 p.m. • 9:00 a.m.-5:30 p.m.

Liberty House is currently interviewing candidates for on-call day Sales positions at our Ala Moana and Pearlridge Stores. These individuals will be assigned to various selling departments, assisting our customers with their shopping needs.

This is an excellent opportunity to earn extra money and receive a merchandise discount. Liberty House provides in-depth selling skills and register training to our salespeople.

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ALA MOANA
Ala Moana Pacific Center Building
Human Resources Office - Employment
1585 Kaplalani Boulevard, 11th Floor
Monday through Thursday 10:00 a.m.-4:00 p.m.

PEARLRIDGE
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Tues., 10:00-12:00 noon, Wed. 2:00 p.m.-4:00 p.m.

LIBERTY HOUSE
AN AMFAC COMPANY
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WAIPAHU AUTO
CHEVROLET SALES & SERVICE
Subject to Prior Sale Prices good Sept. 24-30, 1987
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'77 PINTO 4 Spd. (KAX408) \$695
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'81 DATSUN 2 Dr., 5 Spd. (SGC829) \$2495
'82 CONCORD STATION WGN. Auto., 6 P/S (MFB284) \$2595
'85 SENTRA 4 Dr., Auto., P/S, A/C (MJT741) \$4595
'85 ARIES 4 Dr., auto., P/S, air (MJW342) \$4995
'86 TERCEL S/W Auto., P/S, A/C (CFA288) \$7195
'85 MONTE CARLO Auto., 8 P/S, air P/W (BXR226) \$7995
'86 CUTLASS SUPREME Auto., 8 P/S, air, P/W (CNX810) \$8895
'84 DODGE CARAVAN SE Auto., P/S, Air (BVA178) \$8995
'86 RIVIERA Loaded (CPG694) \$12,995

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CALL PEGGY 261-5807 to \$100

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For students, grades 9-12
After school, Fri., 3-5 p.m., beginning October 20, 1987.
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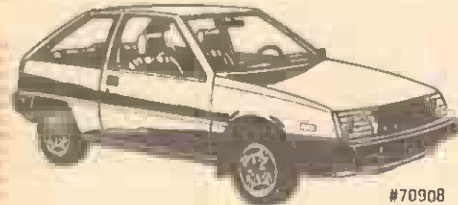
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1987 Colt E 3-Door Hatchback

#71842
0 DOWN
\$300 FACTORY REBATE
\$139 PER MONTH
60 mos. 12.88% APR. \$6061.23 plus doc., tax, lic.

#70908
Reg. Savings & Rebate
NOW **\$13,970**
\$2,700
\$11,270



1987 600 SE 4-Door



1987 Ram 50 Sport Pickup

#71830
0 DOWN
\$300 FACTORY REBATE
\$149 PER MONTH
60 mos. 12.88% APR. \$6478.47 plus doc., tax, lic.

#71913
Reg. Savings & Rebate
NOW **\$12,599**
\$3,510
\$9,089



1987 Dakota 4x2

*On selected models. Annual Percentage Rate 24 mos. Chrysler Credit Corp. On approved credit. All vehicles subject to prior sale.

SPECIALIZING IN MILITARY FINANCING

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'81 OLDS OMEGA (BXS125) CLEARANCE \$695	'87 DODGE SHADOW Demo model, #70643 CLEARANCE \$8795	'80 BUICK CENTURY S/W (AYU906) CLEARANCE \$2895	'85 PLYMOUTH COLT (CPF107) CLEARANCE \$4295	'87 FORD AEROSTAR (KEA292) CLEARANCE \$12,995
'88 TOYOTA COROLLA (AGJ106) CLEARANCE \$395	'75 FORD GRANADA (AUB589) CLEARANCE \$395	'71 DODGE DART (ARG957) CLEARANCE \$395	'81 PLYMOUTH CHAMP (CJC724) CLEARANCE \$1295	'77 FORD GRANADA (BKE026) CLEARANCE \$995
'68 PLYMOUTH VALIANT (CGG996) CLEARANCE \$495	'79 DODGE COLT (AVW589) CLEARANCE \$895	'76 DODGE DART (AGC223) CLEARANCE \$495	'86 TOYOTA (CDB857) CLEARANCE \$4995	'78 FORD FAIRMONT S/W (MCH870) CLEARANCE \$695

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\$8,988**



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2 door, hatchback, 5 speed, power steering, air conditioning, retail \$10,565.50. Stk 6848

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\$8,988**



1987 MAZDA 323 LX
3 dr., H/B, PS, AC, alloy wheels, retail \$11,693.50. Stk 6849

\$6,488**



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2 door, hatchback, 58 MPG Highway, retail \$7,908.50. Stk 7158

\$14,988**



1987 CHEVY CAVALIER RS
Convertible, 6 cyl., AT, AM/FM stereo, AC, tilt wheel, retail \$8,660.50. Stk 7142

\$10,988**



1987 CHEVY S-10 BLAZER
6 cyl., 5 spd., PS, retail \$16,645.50. Stk 7351

\$13,588**



1987 CHEVY ASTRO VAN
Passenger, 6 cylinder, automatic, power steering, AC, retail \$16,684.50. Stk 7357

\$7,688**



1987 CHEVY S-10 PUP
4 cylinder, 4 speed, EL package, retail \$9,912.50. Stk 7337

'81 Chevy 1/2 Ton 4 dr., 5 cyl., AT, PS, 118103
\$6,988

'79 Ford T-Bird Low miles, BUJ296
\$1,795

'84 Ford LTD 4 dr., AT, AC, BUJ577
\$3,995

'84 Nissan Pickup 4 cyl., 5 spd., AC, PS, BUJ626
\$7,495

'85 Chevy Sprint Like new, low mi., CBY904
\$4,295

'83 Pont. Sunbird W/B, AT, AC, AM/FM case, AWJ333
\$3,395

'77 Chevy Blazer V8, AT, PS, 414, BUJ737
\$3,995

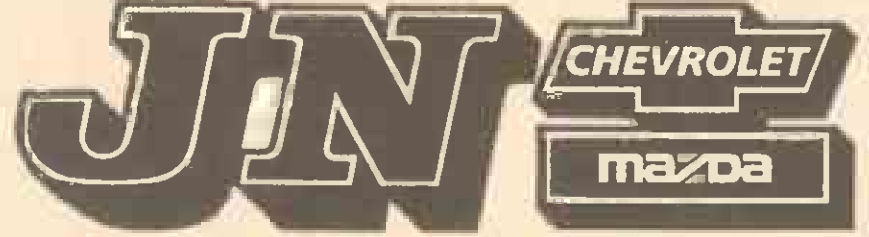
'85 Ford Escort L 4 dr., 5 spd., AM/FM, CBY999
\$3,595

'83 Dodge Colt 2 dr., 4 cyl., 4 spd., BUJ348
\$2,495

'87 S-10 Blazer 4 dr., 6 cyl., AT, CBY845
\$16,495

'81 Toyota Corolla SW, 4 dr., 4 cyl., BUJ830
\$1,995

'85 Toyota Tercel 2 dr., 4 cyl., AT, BUJ555
\$3,995



2999 N. NIMITZ HWY. One Block Ewa of Lagoon Drive **836-1222**

75 Apts. Partly Furnished
MOKULEIA beach front 1 bdrm. Excl. swimming/diving. \$550 mo. util. incl. 247-3837; 637-6498

83 Houses Partly Furnished
3 BDRM., 1 1/2 bath house for rent in Kaneohe nr. Bank of Hawaii, partly furn., 1 car garage, yard service no pets, avail. 10/16/87, \$850 mo. 247-4576

09 Condos/Townhouses for Sale
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115 Real Estate Announcements
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120 Home Furnishings
ENTERTAINMENT Cntr. \$80, bkcase, \$40, desk \$90. All excl. cond. 488-8189
VERTICAL blinds. Best price 72x84, Fabric P.V.C. \$99 Ken Hatch 235-3796
5 PIECE living room set, white wicker, twin size mattress & box spring, best offer. 836-2091

76 Rentals to Share
COUPLE or 2 females pref. to share a lg. 2 bdrm., 2 1/2 ba. townhouse on Kaneohe Bay. Complete w/pool, jacuzzi, paddle tennis, boat dock, washer & dryer. Private lanai overlooking the bay! \$550/mo. + deposit. Chrissy 235-0928. (Avail. Oct. 1st)

85 Condos/Townhouses Partly Furnished
MAKAKILO 3 bdrm., 1 1/2 ba., app. prkg., security alarm, \$800, 1 yr. negotiate longer term 672-3110
EWA Beach 4 1/2, plush carpets, patio, all appls., incl. washer/dryer, 2 prkg., nr. schools, shopping, busline, singles ok. Pet allowed \$950/mo. 833-4329

112 Property Management
PROPERTY MANAGEMENT Jett Pacific Properties Condos, residential & apt. mgmt 235-8558; 235-6166

CASH for your mortgage, TD or Agreement of Sale. Call Russ Goode 455-5008

122 Travel
DANISH Teak Table & four chairs. Table top 53"x35" two 19" leaves \$500. Call 395-8259
RUGS 12x18 brn., 12x15 champagne \$150 ea., both like new 486-4028

88 Rooms for Rent
WAIHAWA Hls. rm. & ba. quiet area, own entry, \$195 util. incl. 621-2442
KAILUA room for rent responsible adult \$300 mo. incl. util. + dep. 263-4073

89 Rooms for Rent
Room in Olomana home, \$350, avail. 10/3, call Lisa 262-9022 or 941-2911.

RESIDENT MANAGER Large condo. Salt Lake area. Supervisory experience. Knowledge of maintenance/security. Good starting salary 2 bedroom apartment plus medical. Submit resume to J.C.P. HAWAIIANA MANAGEMENT 1100 Ward Ave, Suite 1100 Honolulu, HI, 96814

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81 Houses Furnished
WAIHAWA area, 3 bedroom 1 1/2 bath. Garage. Must see! Call 621-5030

83 Vacation Rentals
CUTE bdrm. & ba. nr. Beach-cable TV, own entry, \$35/day, 261-4222
OCEANFRONT North Shore 1 bdrm. + living room, bath, apt. w/large deck. Cooking & Color TV, 1 mile to Turtle Bay, 2 miles to Sunset Beach \$45 daily. Weekly rates. 3 Adults maximum. 2 adults and 2 children okay. Call 293-2554

114 Real Estate for Sale
WAIHAWA Woodwinds highly upgraded, 1 bdrm. w/assumable VA high balance, low interest rate mortgage \$58,000 Fee mls \$9011. Don't miss out! Call Noe Perea Properties 487-5266

MOVING-Wurlitzer organ, Roll top desk, round oak table, misc. 44-024
7-PIECE Living Room Set - Couch, love seat, chair, ottoman, end tables, coffee table. Contemporary design in solid pine. Beige with subtle blue & brown stripes. Good condition. Only \$375. Call 254-3265 eves and weekends.

WE BUY AND SELL Good Used Furniture NIMITZ USED FURNITURE 3165 No. Nimitz Hwy. Ph. 834-1080

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MILILANI Spruceridge mint 3 bdrm. w/enclosed garage. Must see. \$130,000 Fee mls 33895 Noe Perea Properties 487-5266, 486-6040

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2 RATTAN Dining Set 36 in. Round table w/4 chairs. \$185. Ph. 239-9217

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KAILUA/Kaneohe Bay, delightful 1 bdrm. cottage on water priv. 254-5311

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7-PIECE Living Room Set - Couch, love seat, chair, ottoman, end tables, coffee table. Contemporary design in solid pine. Beige with subtle blue & brown stripes. Good condition. Only \$375. Call 254-3265 eves and weekends.

2 RATTAN Dining Set 36 in. Round table w/4 chairs. \$185. Ph. 239-9217

WINDWARD sm. 1 bdrm. \$475/\$750 2 bdrm. utils pd. 943-0091 Rent Mart Fee

WANTED to rent or lease, Hawaii Kai, 4 bdrm. partly furn. Up to \$1200. 395-5365 or days 924-7972.

WE currently have clients seeking homes in Haiku Plantations & Kaneohe Bay. If you're thinking about selling your home now's the time to do it!

SOLID Brass queen bed \$300. Solid pine country/shaker dresser w/mirror, Armchair & night table \$500. 254-5546

NOTICE Kitchen Consultants has moved. Now at 332 Ulunui St., Kailua, Ohi. Specials - New Cooktop Installed \$289. New dishwasher replacement \$449 Includes delivery & normal installation. Call 261-7445

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Used Car Price Blast

AT KAIMUKI TOYOTA

'85 NISSAN STANZA 5 spd., LOADED (CCP-547) **\$6995**
'79 CHEVY CAMARO A/C, Auto, (BVJ-252) **\$3595**
'78 PLYMOUTH HORIZON Auto, A/M, (AER-658) **\$695**
'85 AUDI 5000S Auto, AM/FM cass., (BYD-112) Was **\$13,995** is **\$10,995**
'80 TOYOTA TERCEL A/C, P/S, Auto, (B8D-708) **\$1595**
'83 MAZDA 626 A/C, Auto, AM/FM cass., (AXF-077) **\$6995**
'76 VW BEETLE 4 spd., AM/FM (BYJ-020) **\$795**
'74 DODGE DART Auto., (AAD-438) **1195**
'81 HONDA ACCORD Auto., Stereo, (MFB-384) **\$2995**

PRICES GOOD THRU 9/23/87
KAIMUKI TOYOTA
CORNER OF 6th and WAIALAE
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CARS SUBJECT TO PRIOR SALE
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Monthly Rates Available
FREE Mileage • FREE Map • FREE Airport Pickup

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(Next to ARCO Gas Station & BC Used Cars)

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'82 SENTRA AT, A/C, (ATN-433) \$2699	'82 DEISEL RABBIT (CJT-039) \$1899
'82 SUBARU WGN, A/C, (AUT-972) \$2899	'79 MONTE CARLO SHARP, (BR-088) \$2499
'79 CAMARO Z28 (AYP-271) \$3299	'83 TERCEL 2 dr., LB (AWV-335) \$2895
'84 LTD BRHM LOADED (CFT-941) \$4999	'79 ALFA CONVERTIBLE RED (AGS-590) \$4499
'85 SUBARU 4 dr., SHARP (BYW-994) 5899	'79 BUG CONVERTIBLE (BRB-046) \$4899
'85 SUBARU XT GLCpe AT, A/C (CAR-178) \$6995	'81 RABBIT CONVERTIBLE (ATG-937) \$4999

WINDWARD VOLKS
KAILUA WORTH THE TRIP! 262-6576

DON'T BUY AN '87 IF YOU CAN BUY AN

'88 MAZDA AND SAVE \$2170

ONLY AT WINDWARD MAZDA
BUY ANY NEW '88 MAZDA IN STOCK
MX-6 or 626

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NO CHARGE

BIG SAVINGS ON '87's IN STOCK
626's \$3,500 OFF, 323's \$2500 OFF
AFTER YOU SHOP THE OTHER GUY COMPARE US AND BUY.

MAZDA WINDWARD
KAHUIPIA & KAWA STREETS OUTSIDE WINDWARD MALL-Kaneohe
235-5811
GOOD THRU SEPTEMBER 30, 1987

'81 RELIANT #959 (HTT652) \$1695	'78 GRANADA #912 (CJT536) \$695
'79 T-BIRD #856 (ABV958) \$1695	'78 COURIER #929 (CJC679) \$595
'81 ESCORT S/W #932 (BEV289) \$895	'

FABULOUS!! NEW '88 TOYOTAS!!



WILL BE HERE

OCTOBER 1st DON'T MISS IT!

Join Us For Free Hot Dogs,
Hamburgers & Soda!
Oct. 2-Oct. 4

WINDWARD TOYOTA
45-655 KAM HWY.
CALL: 235-0068
DIV. OF SERVCO PACIFIC INC.

**FREE A/C
ON 1987
MODELS**
9/30/87

124 Garage/Land Sale

MOVING Sale-Sept. 26, 8
8:30am-4:15pm Yacht Club
Pl. All Shores, Kaneohe.
SEPT. 26 & 27, Sat. & Sun.
9am-3pm. 47-339 Lulani
St., Kaneohe
QUALITY Kailua Moving
Sale: Sat. 9/27, 9-2pm. 548
Keolu (at Akiohala). Furn.,
grandfather clock, plants,
kitch. New stroller, carseat,
glassware 262-0367

GIANT Multi-Family
Garage Sale: Sat., Sept. 26,
8 to 2, 94-442 Haiwale Lp.,
Mililani
GARAGE Sale: 1714 Calli-
fornia Ave., Wahiawa, No
entry birds please. Sat. &
Sun., 9/26 & 27, 8 to 2, misc.
items.

GARAGE Sale: Sat./Sun.,
Sept. 26 & 27, 8 to 4, 1473
Uluhala Pl., Kailua
GIANT Garage Sale: Sat./
Sun., 26 & 27, 9 to 2, 219
Kuhale St., Kailua, 5 piece
drum set, Singer industrial
machine, 5'8" Local Motion
surfboard, 5'10" Byrne
surfboard, koa dining table,
rattan bar stools, furniture,
clothes, deals galore.

KAILUA Sat. 9/26, 9-3,
Radial Arm Saw, hand &
garden tools, lawnmower,
clothes, hshld., records,
books, apps., misc 1078
Lunahoola Pl.

INFANT toys, hshld. items,
clothes & misc. 1205 Mowal
Sat. 9/26 & Sun. 9/27, 9-4
GARAGE Sale: Clothes &
misc. items, Sat., 9 to 4,
1315 Kupau St., Kailua 262-
0450

SAT., 9-3, 130 Kethone
Way, Kailua, furn., toys,
children/baby items,
clothes, golf clubs, lots of
misc.

MICROWAVE, gn. sofa
bed, lamp, misc. 591-B
Koolu Dr. Kailua, Sat 9/26,
10-2 pm.

1007 MAUNAWILI Rd.
Fri. 9/25, 8-3,
Koa frames, misc.

KALAMA Valley-Queen's
Gate: Neighborhood
Garage Sale: Sat. & Sun.,
Sept. 26 & 27, 8 to 2, 370
Block Kealahou St., Ger-
man lace curtain samples
from \$4 to \$150; various
sizes; readymade; sewing
machine; 82 Gal. water
heater; toys; projector
screens; game table, etc.,
etc.

KAILUA Garage Sale- 605
Papalani St. Everything
Must Go! Sat., 9/26, 8am-
4pm

125 Home Appliances
NAME Brand Refrigerators
on sale now from \$139. KND
2130 N. King St. 842-1996
AMANA 22 cu. ft. dr. ice &
water refrig., excl. cond.
262-8384

REPAIR, Kenmore & Whirl-
pool washers, M-F aft. 6,
Sat. 9-6. Bill 235-6527.

REFRIGERATORS, Used,
excl. cond. \$85. 1612 Aukii
St. 8 am-3:30 pm. 841-2623.

CHEST freezer 16 cu. ft.,
General Electric. \$100.
Phone 395-3242

126 Miscellaneous
PICK-UP TRUCK
BEDLINER-from new/GM
510 LONGBED \$250/firm.
SLIDE-ON CAMPER-sliding
windows, vent roof, lock
door, fits compact longbed
\$400. Also, misc. tools,
baby furniture, clothes,
paintings, etc. 845-8048

VACUUM cleaners, like
new \$24.95 & up with guar-
antee. Call 735-6452
'85 FILTER Queen Vacuum,
cost \$850. Must sell \$250
Ph. 735-4651, 928-7292

126 Miscellaneous

WASHER & dryer, both
\$125; lge. lapa hanging \$40;
door \$15; 45 yds. lime loop
carpeting \$40; 1 dr. globe
lamps \$35 both. 247-2887
IBM Model 60 electronic
typewriter \$595/offer. Call
247-5769
BABY crib w/mattress &
pad, excl. cond. \$135. call
261-2051

WASHER/dryer, excl., \$175
ea.; McClean mower, front
thrower, \$100; computer
table, \$40; dining table w/
4 cane chairs, \$100; 988-
6168
WOODEN dinette set, \$140;
entertainment center, \$130,
262-5608
VITA Mix. crystal set; box
spring/mattress, elec.
typewriter-port.; ceramic
molds, paints & glazes/262-
9253

FOR SALE - folding chairs
\$1 each, aluminum chairs
\$6 each. Call 262-4302
ART Deco Gas Stove
good cond. \$375.
Ph. 395-7088
ANTIQUe - 150 yr. old hand
carved 4 poster corded/
rope bed, \$2500; brass 4
poster/canopy bed, \$300/
ofr.; 7-50 fl. coconut palm
trees, to a good home, 261-
2150 eyes.

WANTED Antiques-jewelry
collectibles, gold, silver &
American Indian collecti-
bles 262-5526 dir.

RCA console, 24", XL 100,
remote, \$250; La-Z-Boy
rocker, excl. cond., \$200
262-4681
LENOX China, Wheat, 10
piece serving set + extras
\$500. 262-4539
TAMALESI Homemade, for
a delicious change of pace.
Catering avail. 239-5579

VERTICAL Blinds. Best
price 72x84. Fabric P.V.C.
\$99 Ken Hatch 235-3798
VIDEO Camera Rentals -
\$9.95 per day. Ph. 941-1253.
1831 #8 Ala Moana Blvd.

STEREO, color TV, rec-
liner, leak desk, area rugs,
all ex. cd. 949-3006 eyes.

GYMPAC 2500-mint cond
\$195.
Ph. 261-2834
OVERHEAD Garage Door
w/hardware, Arneson Pool
Sweep. Best offer. 263-4779

FOR Sale-Puch Moped,
Bowling Ball & shoes, girls
bike Call 623-1174
ELABORATE Waterbed,
king size, Value \$2000, Sell
\$800. 423-9514 day or night

FOR Sale-mature coconut
trees for landscaping.
Kahaluu, Ph. 239-8502
SOPHISTICATED San
Francisco wardrobe. Full
length mink coat, evening
cape, stole, suits, dresses,
sizes 8-12 949-7453

HOT Tub 8 1/2 Fiberglass &
Redwood, 4 jets, like new
\$2800. 261-8317
New Picnic Tables \$90;
Porch swing \$80; fine work-
manship. 293-8392

STROLEE car seat \$40;
stroller \$35; youth bed \$25.
Offer. All good cond. Call
262-4302
AUTO Mechanic Tools.
Offer. Omark Nail Driver
\$60, Chain Saw \$50, Kites
& Materials \$5/up. Call 732-
9220
CEILING fan, still in box
with warranty \$60. Phone
235-8626 eyes.

CHRISTIAN house painter
is avail. for residential work.
Phillip 524-2936 to \$100
4 SPOOL SERGER
for sale.
Call 254-5044
DANISH ofc. furn., phone
system, IBM wheel writer,
VCR, stereo, 521-6326, 988-
2188

FOR Sale: new Hoyl gas
water heater, 40 gal. natural
gas \$250. 261-8720
AMWAY Products deliv-
ered, money back guaran-
tee. Call 487-5241
FOR SALE: Camper, 3
wheeled motorized scooter
for handicapped, Goodyear
tires, Ranger Wranglers sz.
31x 11.5. Call 235-6947

10 INCH table saw with
blades, good condition
\$160. Ph. 621-8946

127 Miscellaneous Wanted

GUARANTEED Amway
products for every need are
just a phone call away. We
deliver! Ph. 395-1514.
WANTED:
Portable Massage Table.
262-5055

32' EXTENSION
Ladder
Phone 488-2794
128 Swaps and Exchanges

WILL TRADE
Carpentry, painting,
plumbing & land-
scaping services up
to \$100 for help writ-
ing legal proposals.
239-4186 James

129 Stereo, Video &
Television
8 Pc barrel style drinking
bar \$1250 when new, sacri-
fice \$250. 261-1133. eyes.

WE buy, sell, consign used
stereos, VCRs & other elec-
tronics. ART'S Discount
Electronics, 1370C Maku-
loa St. 941-4642
SONY CCD-V8AF Cam-
corder, compatible VHS/
Beta, auto focus, zoom lens,
year old, \$750. 737-4312

FISHER Stereo: speakers,
amplifier, record player,
\$300/best offer. 254-5142
130 Antiques-Art
HIROSHI Tagami paintings
for sale. Call Frances
949-5114
WINDWARD Antiques-
Buy, sell, trade. Also,
antique clock repair, 160
Hamakua Dr. 262-5526

131 Bicycle Sales &
Services
RACING Bicycle Citene
frame w/Campy Record
components. Like new
\$850/best offer. 262-2104
133 Jewelry & Clothing
LADIES! American made
athletic shoes, all sizes.
Reg. \$29.95, bargain at \$10!
Ph. 923-6460.
RARE Thai Buddha &
Chain 22K gold \$1500/obo.
Call 521-2007

144 Musical Instruments
PIANO, Kimball 42" oak,
like new, \$1600/offer. Ph.
396-3856
RECONDITIONED pianos,
call & compare
235-3040 DLR.
STEINWAY Grand M-mint
condition \$9500/offer.
Serious only. 988-7176
DRUM Set Sale \$250 and
up. Fred's Pro Drums, 1008
Kawalaho St. Call 533-
7550

146 Boat-Supplies/
Services
21' CLIPPER Marine Sail-
boat, fractional rigged
sloop, swing keel sails,
solar & more. \$3700. Ph.
262-6683
21' FIBERFOAM, Volvo, 1/
O, 280 leg w/trailer \$10,500/
best offer 395-4141 eyes.

22' RANDON 350 Chevy,
280 leg tandem trailer, excl.
cond. \$12,000 or offer. Call
261-0190
13' WHALER, 25hp Evin-
rude w/trailer \$2000 or
offer. Call 261-0190
20' ESENADA SAIL-
BOAT, swing keel, sleeps 4,
5 hp. OB. trailer, extras
\$3800. 623-6381

147 Sporting Goods
3 SAILBOARDS: 8'4"
asymmetrical wave board
\$200, 8'5" wave board \$300/
ofr, 9' stalom board \$350.
Sells for sale also. 737-5397
73

151 Pets - Everything
RINGNECKS, Lutino, Blue
Splits, Buggles, Bourkes
tame cockatiels \$39 ea.
Scarlet chested parakeets,
Barrabands, Rosalins Plum
Heads. Ph. 235-2808
ONE MORE TIME!
Bird Seminar Sat. 10/3 &
Bird Workshop Sat. 10/10.
Presented by PARROT
PROMOTIONS, INC. Intro-
ducing Ed Richman's
"LOVE TRAINING" Call
395-1634 for info.

161 Pets - Everything

KANEQHE Cattery, Hima-
layan cats & kittens for sale.
Ph. 235-3331.
AKC Pug puppies 8 wks.
shots, wormed, adorable.
254-3796
SHEPHERD/LAB & PIT Bull
mix. 5 wks. brn. & blk. \$25
Good natured, 235-6947

LOOKING for temp. home
for friendly cat. Will pay \$10
per week. Windward side.
Call Nina 262-9489 eyes.
CUDDLY, Pedigree Hol-
land Lop Bunnies \$50; Call
Jennifer 261-8118
DOBERMAN PUPS, red/
blk, nails/tails done.
Wormed. 6 wks. \$120. 239-
4347
IN need of quality afford-
able veterinary care? Call Dr.
Pearson's Homa Pet Svc.
988-4534

CFA Slamese Kittens-avail.
soon, 1 female, 3 males
\$375 ea. 254-3142
CFA Seal Point Slamese,
male, 2 yrs. old \$100. Phone
423-2195
BUNNY Love for sale asst.
colors & sizes. Does &
young. 262-2483
AKC Champion Sired Fawn
Boxer puppies, \$350 with
papers and shots. Call after
2 p.m. 235-3702

PURE Bred Red Doberman
Pup - Must sell. \$100. Call
before 3:00 p.m. 944-8868
FOR Sale: Lovebirds
and assorted Finches.
Phone 254-3020

156 Auto Service/Parts
THE BATTERY
FACTORY
Auto Batteries
\$19.95
and up
•Motorcycle •Marine
•Starters •Alternators
810 Puhukaina St.
533-3312
'78 SUPER VW for parts or
fix-up, good cond. Must see
\$300. 944-3039
CAMPER Shell, large, fits
Ford, GMC, Chevy Pick-
ups \$350/best offer 872-
3878 days: 668-8866 nights

TOP of the line Alpine
stereo system, many fea-
tures. Must sell. \$800/offer.
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RENAULT repairs by fac-
tory trained Tech. Work
guaranteed 239-4733
PORSCHE Auto Parts-New
& Used. Call for low prices.
Ph. 836-8878
'73 VW parts - during work-
ing hours 257-2030; eyes.
254-1907
'73 EL CAMINO-great for
tires & parts. Make offer
261-1420

166 Pickups, Trucks
'84 TOYOTA Lowrider P/U
w/black tonneau cover &
mag wheels, \$4800. 239-
6698
'85 FORD Ranger 19K mi.
5 speed, overdrive, excl.
cond. \$5500. 422-7955
'86 ISUZU Pickup space
cab only 5600 mi. \$7500/
offer 848-5131 Don
'81 Motorcycles, Mopeds
& Scooters
'78 HONDA 750 Four, super
sport. Best Offer. Call 624-
4860.
'78 YAMAHA RD400
Tricked out! \$4500/offer.
262-4234
'80 YAMAHA 850 Special,
\$1000 or best offer, 247-
3957 after 5 p.m.
'81 YAMAHA 400 special,
low mileage, new battery,
must sell, bargain! 239-
7377
'82 HARLEY Davidson
Sportster, black, excl.
cond., extras \$3200/offer.
247-5001
'83 HONDA CB1000.
Loaded & fully dressed!!
Sell or trade. 624-3437
'83 YAMAHA 850 turbo,
excl. cond., 3000 mi.,
\$1800/ofr. 235-8442

'76 DATSUN Mini-truck w/
camper \$3800/offer or
trade. Ph. 247-4223
'79 TOYOTA 4 x 4 good
cond. Must sell \$4000/offer
Call 262-8535
'80 TOYOTA Truck 4x4
long bed, 7 1/2" lift, 35" tires
w/aluminum rims, runs
good. 59,000 mi. \$6000/
offer. 247-6485 eyes.
'80 DATSUN Pickup
king cab, 4 wheel drive
good cond., \$3800/Call 422-
5284
'81 VW Pick-up \$2500.
Clean, light, no rust.
239-5159
'81 VW Diesel, economical
work truck \$1495. Ph. 235-
1100
'84 TOYOTA P/U, a/c,
stereo, rims/tires, excl.
cond., low mi. \$6900/best
offer. Serious only. 262-
5284 4-9 p.m.
'84 NISSAN 5 spd. No rust.
Excl. cond. \$5450/ofr. 395-
4787 after 6 PM

175 Vans, Campers,
Jeep, 4 WD
'80 CJ5 JEEP - 4 cyl., 4 spd.,
soft top, good cond., \$4800.
Ph. 623-0717
'85 TOYOTA 4wd SR5
17,000 mi. Flawless 2 tone
factory paint. 9" suspen-
sion lift w/35" tires, (Recon
legal) gears, alarm stereo
and lots of chrome, excel-
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offer. Hank 262-7148
'87 CHEROKEE 2x4, 8 cyl.,
2 dr., air, 5 spd., lmmad
\$12,500. Eyes 732-8866
176 Automobiles for Sale
OAHU USED CARS
'80 CHEVY CAB UTILITY TRUCK
4 spd., P/V, P/B, 1995 1000... \$1295
'83 CHEVETTE H/B
4 spd., Radio (ACC-417)... \$1995
'82 TOYOTA TERCEL
4 spd., Radio (A19-265)... \$1295
'74 CAPRI COUPE
4 spd., Radio (A19-265)... \$995
'78 MUSTANG COUPE
Auto. Radio (A19-265)... \$995
'81 LYNX
2 dr., 4 spd., Radio, (A1-548) \$1500 Down
90 DAYS INTEREST FREE
We Finance D.A.C./Appraisals
528-3477
967 KAPULANI BLVD.

176 Vans, Campers,
Jeep, 4 WD
'74 CHEVY \$500
or best offer!
Call 262-8501
'77 DODGE Van
Good cond. Best offer
Ph. 533-2312; 947-7187
'78 FORD Custom Van, p/
s, p/b, V-6, low mi. Must
see. 922-1485 best offer.
'80 CJ5, 4 cyl., 4 spd., soft
top, good cond., \$4600/ofr.
Ph 623-0717.

'88'S ARE HERE!



CHEVROLETS TOYOTAS, SUZUKIS

Come in to SERVICE MOTOR COMPANY on
October 2, 3 and 4 and test drive the new 1988 Chevrolets,
Toyotas, and Suzukis. We will have free hotdogs, soda and
balloons. Plan to be here and see what technological
changes in performance and design
these cars have in store for you!

1987 MODEL CLEARANCE

Now is the time to
take advantage of our year end clearance!
We still have a good selection of 1987 models and
need to make room for the 1988s. Come in today.
Take advantage of our Chevrolet incentive programs, and
FREE AIR CONDITIONING on most 1987 Toyota models.

1.9%*

on 1987
Chevrolets
*1.9% financing based
on 24 months:
3.9%, 36 months;
4.8%, 48 months,
8.9%, 60 months. O.A.C.

105 S. KAM HWY.
LOCATED ONLY 2.7 MILES
NORTH OF MILILANI TOWN W A H I A W A
SERVICE MOTOR CO.
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CHEVROLET • TOYOTA • SUZUKI
USED CARS • PARTS • SERVICE
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PEARL CITY NISSAN

'87 MODEL YEAR CLOSE OUT

BRAND NEW 1987 SENTRA STANDARD #13194	BRAND NEW 1987 BIG E PICKUP #13278	BRAND NEW 1987 NISSAN PULSAR #13249
ONLY \$6399	ONLY \$7499	ONLY \$10,499

MILITARY FINANCING OUR SPECIALTY
Shop Early For Best Selection!
All prices plus tax, license, doc fee, destination & handling and dealer installed accessories if any. Units subject to prior sale. Vehicles may not look exactly as shown.
Offer good thru 9/30/87.

PEARL CITY NISSAN 456-5938

Easy Yardage!

Find out how easy it can be to
mow that lawn... even when
you missed a week and it's
grown tall!!! Honda's powerful
4-stroke engine is built specifi-
cally for Honda mowers -
nothing else. So don't buy a
mower. Buy a Honda.

**On Sale
Now!!
FROM
\$329.00**

**BRODIE POWER
EQUIPMENT CO.**
603 Coral St.
Waipahu Honolulu
671-2691 526-9035

LIMITED SUPPLY!!
For optimum performance and safety we recommend you read the owner's manual before operating your Honda Power Equipment. 1986
American Honda Motor Co., Inc.

85- RAINBOW Vacuum,
Cbat \$900. Must sell \$350.
Call 735-2055, 923-7943
ELECTROLUX Vacuum,
Cost \$1000. Must sell \$300.
Call 455-9374
CAL. king used, \$75; queen
new, \$119; sofa/matching
chair/recliner, \$150;
dinner dresser, \$50; dryer,
casser, \$225; washer/bkcr
combo, \$215; dining table
w/4 chairs, \$130; Nissan
lumber rack, \$200; 7 row-
boat, \$110; 79 VW Rabbit,
new eng., \$900. 239-8915
offer 6 pm/wknds.

4 SPOOL SERGER
for sale.
Call 254-5044
DANISH ofc. furn., phone
system, IBM wheel writer,
VCR, stereo, 521-6326, 988-
2188
FOR Sale: new Hoyl gas
water heater, 40 gal. natural
gas \$250. 261-8720
AMWAY Products deliv-
ered, money back guaran-
tee. Call 487-5241
FOR SALE: Camper, 3
wheeled motorized scooter
for handicapped, Goodyear
tires, Ranger Wranglers sz.
31x 11.5. Call 235-6947
10 INCH table saw with
blades, good condition
\$160. Ph. 621-8946

The following vehicles
have been abandoned
at **British Auto,
Inc.** Will be sold at
public auction for cost
of towing & storage &
repair fees on 28, Sep-
tember 1987.
'75 OPEL (AXX75G)
'77 MG (AUY685)
Ph. 235-1818

Alfa Romeo 1982 Alfa-Romeo excellent condition. Spider. \$6200 offer. 922-0790.	Buick '81 SKYLARK 4 dr., good cond. \$1800/best offer. Ph. 259-5674 after 5:30 p.m.
AMC '81 CONCORD station wagon, \$1000 best offer. 261-4029	Cadillac '77 EL DORADO all power, a/c, like new, low mi., \$2500. Ph. 487-3013
Buick '76 BUICK Skyhawk - good condition \$1000. Call 262-6683	'77 CADILLAC Fleetwood, 4 dr., loaded, sun roof, excl. cond. \$1700. Serious inq. 262-7118
'76 BUICK Regal- For parts. Make offer 377-5604	'82 CIMMARON, 4 dr., auto air, full power, leather, excl. cond. \$5900 247-0391, eves. & wknds.

**NEW 1987 SENTRA STD.
\$6499**

Nissan of Wahiawa
Across from Schofield Barracks 621-0761
Price plus tax, lic, doc, fee & destination

