

HAWAII Marine

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February 25, 1993

Inadequate housing targeted

□ Housing officials hope to add 8,000 units to military inventory

By Mary Beth Thompson
Oahu Consolidated Family Housing

Family housing officials have developed a plan that if implemented, would add about 8,000 dwelling units to the islands' military housing inventory over the next dozen years. The total cost to achieve "Strategy 8000," as the plan is called, would be nearly \$2.5 billion.

Strategy 8000 is a plan put together by Oahu Consolidated Family Housing (OCFH) and the Pacific military commands. It has received support from Adm. Charles Larson, commander in chief, U.S. Pacific Command.

The plight of servicemembers seeking housing in Oahu's tight housing market has been called the number one military quality of life issue here. Enlisted servicemembers are the ones who can least afford high rental costs, and it is they who have the greatest demand. Strategy 8000

offers a plan for housing all enlisted families in on-base quarters.

The plan does not have DoD approval yet, nor has Congress appropriated funding for it. It is merely a road map to guide OCFH in its efforts to build military housing.

Comment from DoD could come at any time, but Congress funds military construction on a yearly basis. Thus, the only parts of the plan that are a "go" are those which have already received Congressional approval through the fiscal year 1993 budget.

Just completed

In the past year, the military has opened 330 new homes through military construction authorization, including 40 at Kaneohe Bay, 270 at Helemano Military Reservation and 20 at Hickam Air Force Base.

Kaneohe also saw the opening of 276 other units under the Section 802 project. It received

this coined name because authorization for this private-public venture was granted by Section 802 of the 1984 Military Construction Authorization.

In the works

Construction projects to build more family housing are also ongoing. Ground was broken at the end of November for a total of 100 housing units to be built at two different sites on Hickam. The project is being financed with proceeds from the sale of land to the State of Hawaii for airport improvements.

Contracts have been awarded for another 22 units at Hickam and 116 units at Barbers Point Naval Air Station. Ground should be broken for those projects in mid-1993.

Contracting is in the works for 30 more units at Hickam, 120 more at Barbers Point and a total of 102 units at Schofield Barracks.

Other projects are just finishing the planning stages and working their way toward the design stage. These include 300 more units at Kaneohe Bay, 300 units for the Army and 358 for the Navy. Funding for all of these projects

More '802 planned

Congress has also authorized Oahu military housing officials to pursue 868 units to be built by public-private venture, like Section 802. After certain financial issues are worked out, 368 of these units should be built for the Navy at West Loch. The other 500 are not sited at this time.

Two industry forums were held in January on the subject of 802. One was held in Washington, D.C., the other here in Hawaii. There appears to be considerable interest among local and mainland contractors in building housing for military families on Oahu under Section 802.

Family Housing intends to proceed with plans to provide thousands of new military family housing units for Oahu using Strategy 8000 as a road map. Officials emphasize that it is a dynamic plan. It will have to be adjusted as time goes by according to changes in funding, land availability and future requirements.



Sgt. Jason Erickson

Open wide

An HMM-165 helicopter is loaded aboard a C-5 which will take it and two HMM-265 helicopters to Weapons Tactics Instruction School at MCAS Yuma, Ariz. Pilots are sent on an annual basis to the school to be trained as instructors of weapons tactics so they in turn can train fellow pilots within their own squadrons.

Clinic now offers prenatal care

Branch Medical Clinic

Life for many air station expectant mothers just got easier, according to Lt. Cmdr. Bebe Haffarnan, Branch Medical Clinic director.

The most common complaint about prenatal care from active duty personnel has been the time away from work for prenatal appointments at Tripler Army Medical Center. Commute time plus the appointment frequently add up to three, even four, hours. But, for many expectant mothers this has changed.

According to Haffarnan, initial obstetrical checks will continue at Tripler. However, if the Tripler physician determines the pregnancy is uncomplicated, the expectant mother may request to be referred back to the medical clinic here. The Branch Medical Clinic prenatal staff will provide prenatal care and

checks from the 20th through the 34th week of pregnancy. At that point, the expectant mother will return to Tripler.

Eliminating the long commute can be a major contribution to an enjoyable and healthy pregnancy and Haffarnan hopes more expectant mothers will take advantage of this service. "Although this service is available, mothers should remember that we can see only uncomplicated pregnancies. If the expectant mother qualifies, she must let her doctor at Tripler know she would prefer treatment aboard the air station," she added.

Following birth, mothers can also receive treatment here, according to Margaret Ward, dependent clinic nurse. "Postpartum appointments at Tripler or Hickam may take up to three months," Ward began, "but appointments for six-week, postpartum checks here can be made by calling central appointments at 267-2131/2155."

Chairman challenges community: 'Help us find the solutions'

By Sgt. Jason Erickson
News Editor

Record numbers of people showed up to elect the 1993 Neighborhood Quality of Life Board last month. Now, as that nine-member panel holds its first public forum tonight, the question is, what type of support will it receive?

The 7 p.m. meeting will be held in classroom 1 at the Training Audiovisual Support Center near the commissary. As is done every final Thursday of each month, the board will solicit suggestions from the extended air station community. But this time, the format will be slightly different, and the level of community attendance is expected to be even bigger than the election meeting the month before.

According to newly elected NQLB Chairman Joseph Giardino, he and his fellow community representatives have been hitting the streets all week to drum up both awareness and interest in the meeting.

"We've got to get the community more involved, because without their support and input, this board is nothing," Giardino said. "It exists for them, as a means to find solutions to problems and a forum for making suggestions."

Each public meeting is used to give community members a chance to air their suggestions and present recommendations for finding solutions.

Giardino said this month's meeting will also have two guest speakers, each for a half-hour at the beginning of the meeting. The first will be a representative from the station fire safety office, who will discuss fire prevention. The second speaker will be from Hawaiian Electric Company and will discuss current energy trends which are pertinent to the air station as well as conservation measures.

Giardino said in future meetings, there will normally be only one speaker. He also stressed that future speakers will be those picked by the community to discuss the issues they feel need to be addressed.

"The two speakers we have for this month are each talking about very important issues to the community. Two fires have recently happened and both were due to unattended children, so we've got to increase awareness," Giardino said.

He added the electricity issue is very important to the community, because it is costing way too much, and it is money that could be better used.

On the subject of money, Giardino also wants to stress to the community that funding is very scarce these days. There is room for a great many upgrades to quality of life. Some carry a high price tag, but others do not. And even those which seem expensive at first glance may be attainable through other means.

"We've got to put our heads together and find alternative solutions to our needs and desires that don't cost large sums of money," Giardino said. "That's the challenge I'm posing to this community: Help us find solutions."

Area leaders head to school

By Sgt. Jason Erickson
News Editor

State leaders will be going back to school today in an effort to increase awareness of Hawaii's public school system.

Mokapu Elementary School is no different. Both military and civilian leaders have been invited to stop by the elementary school here for a chance to learn more about the school.

According to Mokapu Principal Jim Schlosser, invitations have been extended to variety of military and civilian leaders. He said Col. R.R. Crawford, air station commanding officer, has already confirmed he will come by the school in the morning. In the afternoon, Cynthia Thielen, Hawaii state representative, will also be visiting the school.

Schlosser said the things he'll likely be discussing with the two different leaders will be very

different. "I will be focussing on increasing the awareness of military leaders as to the programs we have to offer here," Schlosser said. "I hope to give them an idea what the school is like."

Meanwhile, his message to legislators will be more along the lines of what is needed for improvements.

"It is hoped that Back to School Hawaii Day will help the leaders gain a new insight into Hawaii's education system," said Board of Education Chair Debi Hartmann.

There are a total of 238 state public schools and each is expecting special students today.

The idea for the day came as a result of Gov. John Waihee's State of the State address and was created to "assist in establishing the sense of urgency for the mission of education."

Survivor's benefits workshop improves financial security

Joint Public Affairs Office

The Navy-Marine Corps Mutual Aid Association is sponsoring a 90-minute workshop on survivor benefits for all Marines, sailors and their spouses Friday from 9-10:30 a.m. in the station theater.

The workshop will cover such topics as federal benefit entitlements, survivor's benefits, Social Security benefits and how to provide financial security through low-cost life insurance.

The Navy-Marine Corps Mutual Aid Association was established by active duty personnel more than 110 years ago. It is an association of more than 80,000 current and former military members of the sea services who join together to provide improved financial security for their families. Active duty and retired members of the Navy, Marine Corps, Coast Guard, NOAA or USPHS, regular or reserve under age 65 are eligible to apply for membership. Those separated from active duty less than 120 days are also eligible to apply for membership.

Retired RAdm. Peter C. Conrad, association president and second vice president of the Navy-Marine Corps Relief Society, will be the guest speaker.

For more information about the workshop, call Joe Thomas at 257-3135.

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Weight seps approved pay

By Sgt. Jason Erickson
News Editor

Enlisted Marines being involuntarily separated due to no other factor than being overweight may now be eligible for half separation pay benefits according to ALMAR 57/93.

Last March, defense department policies were changed to standardize enlisted separation and compensation policies for servicemembers who fail to meet height and weight control standards. ALMAR 57/93, which creates a new category for weight control failure, was established to comply with the new Department of Defense policies.

When the sole reason for separation is failure to meet weight standards and the Marine's performance and conduct otherwise conform

with established standards, the Marine will be separated under this new category. This applies to all Marines who have been separated for weight failure since March 10, 1992, if they meet specific criteria.

The ALMAR states that Marines who were separated and are eligible will be notified by Headquarters Marine Corps of their new status and benefits eligibility. To be eligible, the following criteria must be met:

■ Member must be/have been career Marines with more than six years active duty and on a second or subsequent contract.

■ Member must be/have been separated due to a weight control failure.

■ Member's weight condition must be the only reason for separation. Weight control failure will not be used to separate overweight Marines

who also meet the criteria for separation under other provisions, such as unsatisfactory performance of duty or misconduct.

■ Member must have made a reasonable effort to conform to Marine Corps height/weight standards by adhering to the regimen prescribed by the appropriately credentialed health care provider and the commander.

■ The member's separation under this policy can not be done unless his or her weight control rehabilitation progress and failure is fully documented. The member must have been counseled and afforded an opportunity to overcome noted deficiencies in weight control standards.

Marines separated under this authority will be given either an honorable or general under honorable discharge based on the specifics of their case.

Military donors sought to help fight leukemia

By Sgt. Lou Ramirez
Staff Writer

It is estimated that 18,000 American children and adults are stricken each year with leukemia, aplastic anemia or other fatal blood diseases. The only hope of survival for them is a bone marrow transplant.

for thousands of patients. The National Marrow Donor Program has established a donor center under contract with the Department of Defense (DoD) to support the recruitment and tracking of marrow donors who are active duty military, their family members and DoD civilian employees.

The C.W. "Bill" Young Marrow Donor Center is the Department of Defense Donor Center and is responsible for recruiting throughout the military.

Congress established this military program to complement the National Marrow Donor Program for several reasons. The military would be an asset because of the increased donor population and the health status of military donors; the recognized expertise of the military in tissue typing and the military organizational structure.

The center's goal is to recruit 25,000 DoD donors.

The first step is having four small tubes of blood drawn. Donors must also fill out a DoD consent form. The information is then stored. If a preliminary

match is made, the donor must go through additional compatibility tests, a complete physical exam and psychological counseling.

The next irrevocable step is for the patient to undergo rigorous chemotherapy aimed at destroying bone marrow so it can be replaced with the donor's bone marrow.

Once the patient is ready, the donor is placed under general anesthesia while the marrow is carefully removed from the back of the pelvic bone. Stitching isn't necessary because the incisions are small and no portion of the bone is removed. The whole procedure lasts about an hour.

Only a fraction of the body's bone marrow will be removed and the body will naturally replace it within a few weeks.

"The risk is minimal for the feeling you get out of it," said Diana Dingwerth, a marrow donor.

For more information, contact Hawaii Bone Marrow Donor Registry at 524-6619.

Marines test special purpose MAGTF aboard carrier

Navy News Service

WASHINGTON D.C.— A potential new force option for the Navy-Marine Corps team was recently tested during a 10-day exercise, during which a special purpose Marine air-ground task force was embarked aboard the aircraft carrier USS Theodore Roosevelt.

The exercise was conducted to demonstrate force, tactical recovery of aircraft and personnel, evacuation of non-combatants from threatening positions, humanitarian and disaster relief and maritime interdiction. The exercise also served as a test of the Navy-Marine Corps strategy outline in "...From the Sea," which emphasized the fundamental shift from a global threat to regional challenges and opportunities involving our national interests.

The task force was comprised of a reinforced, company-sized ground combat element, an aviation element with six CH-53D Sea Stallion and four UH-1N Huey helicopters and a command and surface support element working alongside a modified carrier air wing. The carrier left two squadrons back in port to make room for the 600 Marines involved in the exercise.

"We're proud of our name," said Col. John Schmidt, task force commanding officer. "As the name special purpose Marine air-ground task force implies, we proudly bear the same heritage and name as our shipmates do. We've

tried to create that attitude from the start — that we are part of the Navy-Marine Corps team. It's a unique experience."

The Navy-Marine Corps team provides expeditionary forces shaped for joint operations. The special purpose task force will not replace the Marine expeditionary unit, special operations capable (MEUSOC), but will serve as the air-land-sea force trained to respond immediately from ships like the aircraft carrier.

"We're demonstrating that we have a capability to do some other missions than just project power ashore with bombs and rockets," said Navy Capt. Stan Bryant, commanding officer of the Roosevelt. "We weren't used to seeing Marines in full packs in passageways heading up to the flight deck to board helicopters, but it wasn't all disruptive. I'm amazed at how smoothly it went."

Major Martin Peatross, a CH-53D pilot with the primary aviation unit Marine Heavy Helicopter Squadron-362, said inter-operation was the most important part of the exercise. "The support was outstanding."

Rear Adm. Jay Johnson, commander, Carrier Group-8, explained that budget cuts have forced the military to find ways to combine missions. "We're coming down in numbers, both in platforms and people," Rear Adm. Johnson said. "As we come down (in numbers), and the new world confronts us, we have to adapt to that new world."

'The risk in minimal for the feeling you get out of it.'

Diana Dingwerth
Donor

Nearly 70 percent cannot find a suitable match within their own families, but the odds of finding an unrelated marrow donor range from 1 in 100 to 1 in 1,000,000. Increasing the pool of potential marrow donors, increases the chances of matching the needs

Blotter

Military Police Department
MCAS Kaneohe Bay

A Marine was suspected of possessing a controlled substance after an inventory of his personal

effects revealed a glass vial containing a white powder residue. The inventory was conducted during the Marine's admittance to Tripler Army Medical Center.

A fire was reported inside of the 1st MEB hazardous waste compound. Military police and the Federal Fire Department responded to the scene.

Investigation revealed the fire had started in a 55-gallon barrel, which contained paper and a smoldering cigarette. The fire was extinguished and the scene secured.

The Branch Medical Clinic here notified military police of an assault on a Marine. Investigation revealed the Marine had been observed in his assigned

barracks room with lacerations on the back of his left hand and his left forearm. Pieces of broken glass in the room appeared to have been used to self inflict the wounds. The Marine was transported to Tripler Army Medical Center where he was treated for multiple lacerations and is being held for psychological evaluation.

A Marine reported to military police that another Marine had turned in 40 9mm rounds, 17 shell casings and a Ruger pad lock. The items had been found on the roof of a station barracks. The ordinance is being retained by military police for safekeeping.

A Marine was apprehended for DUI at the H-3 gate while attempting to gain access to the

station. Upon contact with the Marine, military police detected a strong odor of an alcoholic beverage emitting from his breath. The Marine was administered and failed a field sobriety test at which time the Marine elected to submit to an intoxilyzer test which resulted in a BAC of .23. The Marine was processed and released to his unit representative.

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The Hawaii Marine welcomes stories and photo submissions from its readers, but submission is no guarantee of publication. Please call the MCAS/1st MEB Joint Public Affairs Office at 257-2178 for Windward activities, FAX 257-5748, or the FMFPac Public Affairs Office at 477-5063 for Leeward activities. Opinions expressed by the publisher and journalists are their own and are not to be considered an official expression of the Department of the Navy or the United States Marine Corps.

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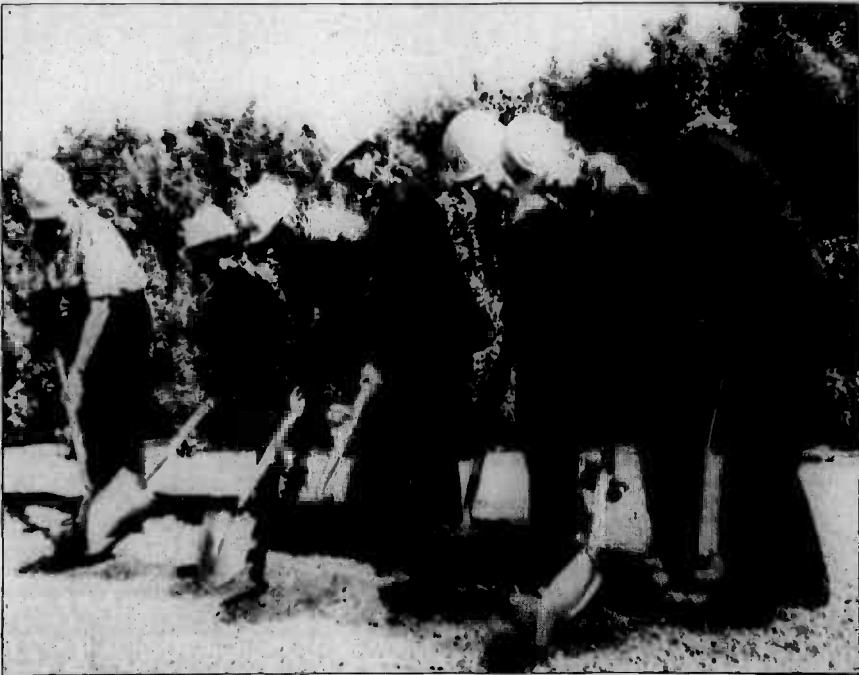
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"McGround" breaking

Air station and McDonald's leaders break ground to commemorate the upcoming construction of a McDonald's restaurant next to the gas station here. The restaurant could be ready to open as early as May 1. Pictured, from left to right, are: Walt Skiderkowski, MWR director; Donna Abreu, multiple department head, McDonald's of Hawaii; Col. R.R. Crawford, station commander; Cesar Llanenas, operations manager, McDonald's of Hawaii; Tim Hudson, MWR deputy director; Maurice Sullivan, member of McDonald's of Hawaii board of directors; and an unknown McDonald's employee.



Sgt. Jason Erickson



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Relief society funds education

WASHINGTON, D.C. (NNS) - The Navy-Marine Corps Relief Society (N-MCRS) is offering grants and interest-free loans to help dependent children of active-duty sailors and Marines attend a post-secondary, vocational or technical institution. The VAdm. E.P. Travers Scholarship provides students with a grant of \$2,000, while the parent loan program provides the student's parents with an interest-free loan of up to \$3,000 per academic year. Both programs are based on financial need. Applying for these programs

also establishes eligibility for federal programs (Pell grants and Stafford and Plus loans). Eligibility criteria for the programs is as follows:
 • Be the dependent son or daughter of an active-duty member of the Navy or Marine Corps and possess a valid dependent's uniform services identification and privilege card;
 • Be enrolled full-time or accepted for full-time enrollment at a post-secondary institution accredited by the U.S. Department of Education;
 • Have a cumulative grade

point average of 2.0; and
 • Demonstrate financial need. Scholarship applications must be postmarked no later than March 15. Applications for a parent loan will be accepted through Nov. 1. Applications and information may be obtained by visiting the station Navy-Marine Corps Relief Society office, or by contacting: Education Department, Navy-Marine Corps Relief Society, 801 North Randolph Street, Arlington, VA 22203-1978 or (703) 696-4904.

Briefs

Transition workshop

All personnel who are separating within six months are required to attend a transition assistance workshop. The workshop will be held March 8-11 from 8 a.m.-4 p.m. daily at the station theater. Spouses are encouraged to attend. For more information call, 257-3135.

Resume

Learn to prepare a resume that will make a positive impression on prospective employers during a class offered by the Transition Assistance Management Office Wednesday from 9-10:30 a.m. in building 287. For more information, call 257-3135.

Junior ROTC instructors

The Marine Corps Junior

Reserve Officers' Training Corps (MCJROTC) is currently looking for retired Marines to fill billets as MCJROTC instructors throughout the 12th Marine Corps District. Senior Marine instructors (officer) at: Campbell Union High School, San Jose, Calif.; Kellogg High School, Kellogg, Idaho; and North High School, Bakersfield, Calif. Marine instructors (staff NCOs) are needed at: Crenshaw High School, Los Angeles; Kellogg High School, Idaho; Oceanside Unified School, Oceanside, Calif.; and Tuba City High School, Tuba

City, Ariz. Beginning in July 1993, the following schools will have instructor billets available at: Coolidge, Ariz.; Eisenhower High School, Rialto, Calif.; Kubasaki High School, Okinawa; and Selma High School, Selma, Calif. For more information on the program, write to Mr. John Atkinson, MCJROTC Program Coordinator, 12th Marine Corps District, 586 4th St., Naval Station Treasure Island, San Francisco, Calif. 94130, or call (415) 395-3445.

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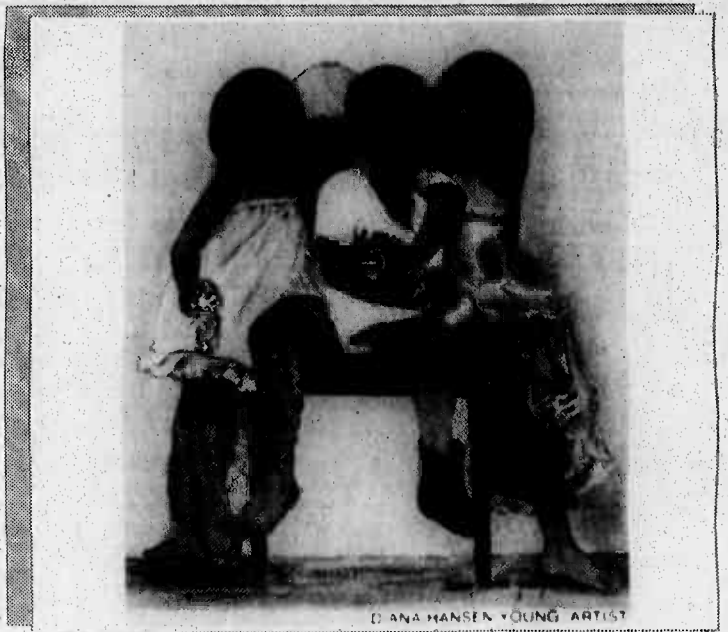
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'463 live fire aims in on proficiency skills

By Cpl. Barry Baker
Assistant Editor

"We have radar lock at 2 o'clock, break hard left," 1st Lt. Scott Clark said to Aircraft Commander Capt. Tim Flanigan. Just then six flares shot out of the flare dispenser on the CH-53D helicopter.

"Breaking lock" was one of three exercises that Marine Heavy Helicopter Squadron 463 conducted over the Hawaiian islands of Niihau and Kaula Rock Feb. 9. Electronic warfare, low terrain flight and .50 caliber aerial gunners were the three training exercises conducted during this three-hour flight.

According to Vince Nishina, program analyst for the Pacific Missile Range Facility (PMRF) at Barking Sands Naval Station, Kauai, this is the only place in the Pacific electronic warfare exercises can be conducted.

"Combat readiness posture is the goal here," Nishina said. "Improving the pilots' proficiency skills through various exercises is my job. What ever the mission, I'll try to get it done by creating a scenario for the pilots."

The uniqueness of PMRF is the electronic warfare exercises that

can be conducted — but also it is a facility that can handle various missions during a single hop. Nishina, a retired U.S. Air Force lieutenant colonel, said providing training "for these young pilots keeps me busy. Being able to provide pilots with training missions is helpful in more than one way."

According to Capt. John D. Haynes, HMH-463 operations officer representative at Barking Sands, the goals for this particular mission were first to familiarize pilots with the APR 39 radar detector. Air crews must be able to react to the strobe light on their scope once the radar lock was substantiated.

Secondly, the low terrain flight (turf hop) over Niihau Island allows the pilots to take appropriate action from what they had just encountered. Flying only 100 feet above the deck makes stick and rudder movement very crucial, and Clark said this exercise polishes stick and rudder skills.

"We learned the very basics in (flight school) Pensacola... like, how to fly," Clark said. "After that we split up into fixed wing, helos or props. I went to a school in California to learn more about

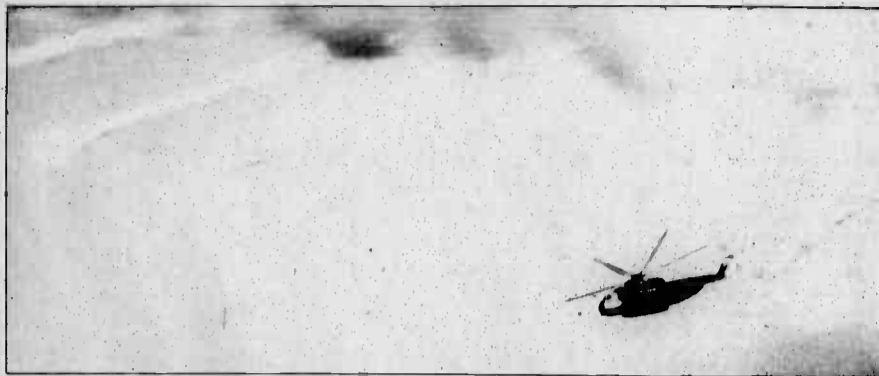
the helicopters and some basic maneuvers, but nothing like trying to break lock."

The last exercise was repeatedly flying by Kaula Rock as the flight practiced firing the .50 caliber machine gun. Crew Chief LCpl. Richard Silva, First Mechanic LCpl. Kelly Cleveland, Gunners SSgt. Ken Marshall and LCpl. Paul Owen and Gunner Instructor SSgt. Fred Fernando all took part in the firing exercise.

According to Haynes, the flight was to familiarize the pilots and crew with the types of radars that are out there and to take appropriate action. The crew should shoot the .50 cal. at least twice a quarter. These maneuvering exercises are not taught to the pilots until they are attached with a particular wing.

"We really don't get to shoot the .50 cal. as much as we should. I think a lot of it has to do with the availability of funds," Fernando said. "It's good training for the crew. Each crew member has to shoot 1,000 rounds a year to stay qualified."

In the past, HMH-463 has only gotten the chance to train at Barking Sands once a year, but according to Haynes, they are trying to get the unit to get over



Cpl. Barry Baker

One of the exercises conducted during a three-hour flight included "break lock" in which the pilots would receive radar lock on their screen inside the cockpit. Once they received the message, they would break left or right, then shoot flares to throw off the heat-seeking missiles.

there more often.

Hearing the commands "Lock and load, open fire... cease fire and clear your weapon," by the aircraft commander have only been heard once a year for '463, but the crewmen of this exercise are not the only Marines hoping the funds will be provided for more exercises in the future.

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Allotment policies loosened to aid in financial planning

By Master Sgt. Linda Lee, USA
Financial Services & Administration Division

In a move to ease military members' handling of their finances, the Defense Finance and Accounting Service loosened its allotment policy. Under the new system, members can request up to 10 percent of their pay to be withheld for a variety of financial goals.

With this change, members can now pay for a variety of expenses, such as tuition, medical bills, and other financial obligations. The new policy allows members to make allotments for up to 10 percent of their pay, which was previously limited to 5 percent. This change is expected to help members better manage their finances and meet their financial goals.

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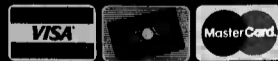
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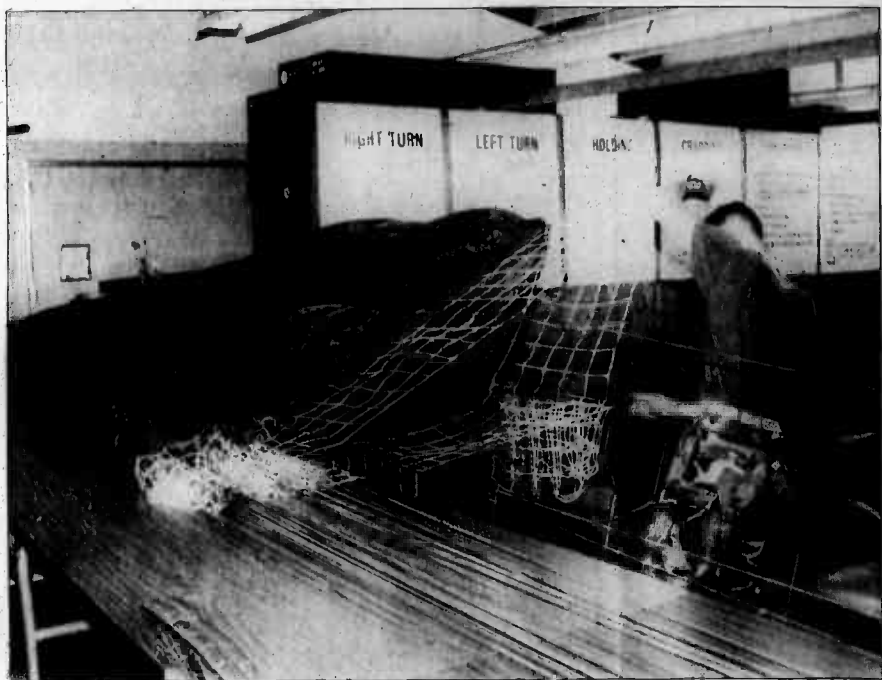
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(Left) Sgt. Richard Carroll, rigger, 4th Force Reconnaissance Company, finishes off a parachute by routing the static line. The static line is what will undo Carroll's work and deploy the parachute when a jumper leaves an aircraft. (Above) Sgt. Richard Carroll, rigger, 4th Force Reconnaissance Company, stretches out a parachute and gets it ready to pack.

Sgt. Richard Carroll, rigger, 4th Force Reconnaissance Company, makes sure the panels of the parachute are placed together properly before packing the parachute. Throughout the process, Carroll checks for any holes or anything in the parachute.

Jumpers live at riggers' hands

By Sgt. Paul Schneider
Staff Writer

From the moment a parachutist takes that last step out of an aircraft, his life is placed in the hands of the rigger who packed his parachute.

There is a sacred trust that the Marines of the 4th Force Reconnaissance Company place in their parachute riggers. It's an unspoken faith that the Marines know they can put their life on the Marine riggers' knowledge of their trade.

"All good riggers, when they first start packing chutes, go home the night before a jump wondering if they've done everything right," explained SSgt. Daniel Hanson, a rigger and the noncommissioned

officer-in-charge of the 4th Force Recon. Co. paraflot. "I've done more than 100 static line jumps and I know it's going to open.

"But even though I don't get nervous with static line jumps, I don't get comfortable."

For Hanson, Sgt. Richard Carroll and SSgt. L.J. Medina, Hanson's replacement, there is no greater satisfaction than seeing jumpers exit an aircraft and all the parachutes blossom around.

The Marines with the Inspector-Instructor (I&I) staff of the company routinely jump twice a month and the company tries to get as many opportunities for the reservists to jump as possible.

Carroll said the reservists usually do a company jump once a quarter.

See Riggers, A-9



Sgt. Paul Schneider

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Marines coach Mokapu students

By Sgt. Paul Schneider
Staff Writer

Four Marines have been "getting physical" with 16 students from Mokapu Elementary School every afternoon and the students are loving it.

At 2:30 p.m., Sgt. Polly Rupe from the Military Police Department and Cpl. Scott Lowe, LCpl. Raul Perez, and LCpl. Timothy Ney from Company A, 3d Reconnaissance Battalion, take the students out behind the school and prepare them for competition.

The Marines are volunteer coaches for the school's 3rd-6th grade students who will be participating in the Windward District Youth Physical Fitness Festival March 1 at Aloha Stadium.

While training the students to compete in the meet is one of the Marines' main goals, they are also trying to give the kids some lasting goals.

"We are trying to teach them the basics of keeping fit," Ney explained. "We try to make them feel real good about being here."

For Rupe, a chance to help the kids' health and fitness was her main reason for volunteering to help coach.

"Health was a big part of it; a lot of kids are not healthy and I wanted to be a part of helping them stay fit. I also thought it would be fun working with them," she said. "When I was in school, I wasn't real athletic and now I wish I would have been."

The students in the program are the best two boy and girl athletes in each class. Before March 1, the Marines have to select a primary and alternate boy and girl for each class.

During the festival, the students will compete in the 50-yard dash, shuttle run, long jump, pull-ups or flex arm hang, and 600-meter or 300-meter run.

During each day's training, the Marines try to vary the exercises and also try to do all the exercises with them.

"We practice one day hard and one day easy," Ney said. "One day we played soccer to help break up the norm."

Probably the thing the students like most is that the Marines have fun with the students and participate in most of the exercises. The girls especially like having Rupe as a coach.

"The girls like having a woman coach," Rupe said. "Some of the girls won't even run unless I run with them."

Mica Edwards, 6th grade, said it was nice having the Marines as coaches especially since they aren't too hard. She has even noticed an improvement in her running.

When the Marines started coaching, they had to quickly learn how to think like a kid.

"It was difficult at first, so we had to adapt," Ney said. "Being in recon, we PT hard, so we have to make sure we don't work them too hard. We usually ask them how many repetitions of an exercise they want to do."

They also learned quickly how



Sgt. Paul Schneider

Sgt. Polly Rupe, PMO, times a girl for the flexed-arm hang. Rupe is one of four volunteers who are coaching Mokapu Elementary School students for the Windward District Youth Physical Fitness Festival March 1 at Aloha Stadium.

much energy elementary school students can have.

Although the coaches make sure the children work hard, they also make sure there is some fun.

"The main things are safety and fun; winning is secondary," Ney explained. "But if they work hard and put effort into something it will pay off."

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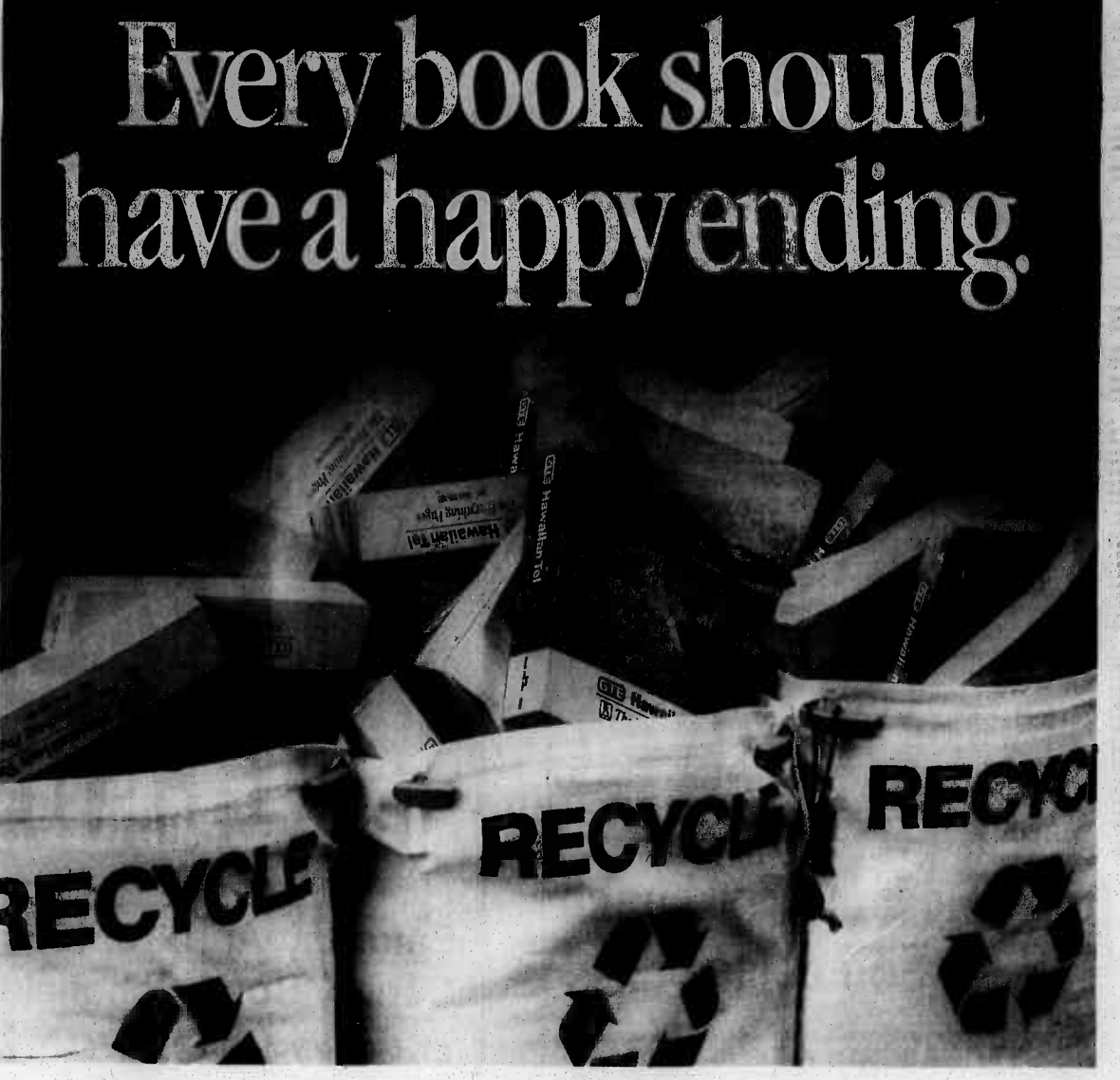
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Prevention is key to fire safety

By Cpl. Barry Baker
Assistant Editor

"If they don't start 'em, we don't have to put them out," said Steven Quintal, a fire captain for the air station fire department. He said the key to a successful fire station is how clear they can present their message on fire prevention.

Through various classes, inspections, demonstrations and the help of Fire Prevention Week, Quintal said getting the message across on just how dangerous fires can be is made a little easier. "We have various ways to get the message across to the people on base," Quintal said. "We inspect government quarters giving special instructions to the people who have just moved in. They are supposed to call us within 30 days of their arrival and set up an appointment with us."

At this appointment, Quintal said the "dos and don'ts" are given. "We tell them that when they have a fire on the range, not to try and extinguish the fire with baking soda or flour, or throw water. These methods only make the situation worse."

"When someone throws water on a grease fire, all they are doing is spreading the fire. When someone throws a powder of some kind on the fire, that powder becomes part of the fire. They have to smother the fire by using a lid that is larger than the fire."

According to Quintal, there are three essential parts to a fire: Air, fuel and heat. Taking away one of these three will extinguish the fire. When people are cooking they need to familiarize themselves with what they are dealing with and be prepared to take action.

Dealing with fire is not the only job firemen encounter. "Just this morning (Feb. 12) we received a call from a resident in government quarters saying she smelt some sort of odor," Quintal

said. "When we got to the scene, we could smell some sort of gaseous odor. We began looking down in the sewer system because the smell was evident throughout the neighborhood."

"After an hour or so of looking, we found that a neighbor was using some of that charcoal that has the lighter fluid already in the briquettes and smoking some meat."

"This is an example of the sort of thing the fire department has to train for. Our job involves a lot of problem solving. One call we received was from the Officer's Club here. A little girl got her leg caught in the drainage shelf around the pool."

Quintal said that the Marine Corps Crash Fire Rescue will send someone to train with them for a day. "We pass information back and forth; sort of a cross training for both departments. Some of the guys here are not familiar with aircraft fires so the Crash Fire Rescue personnel will teach them how to deal with such an accident."

The Norman Rockwell painting of firemen playing cards or sitting



Hoseman Elvin Like hands the nozzle to fireman Gary Mynafi to pull hose during a demonstration.



The Marine Corps Air Station, Kaneohe Bay Fire Department demonstrate the proper procedures in "misting" a fire. (From front to back) Hosemen Gary Mynafi, George Padakan, Elvin Like and Engineer Stan Billhante stands by the pump.

back on their chairs petting the station's mascot, a 20-year-old dalmatian, is a far from what Quintal's daily schedule consists of.

"Training for the firemen is a daily routine to help them remain familiar with the equipment they use," said Quintal, one of four fire captains who work at the air station's fire department. "The first thing we do when we get here at 8 o'clock in the morning is make sure there is the minimum eight firemen here to stand duty."

"Then we exchange information between the shifts, check all our equipment then do a radio check with Pearl Harbor. After that we are on the road either inspecting quarters or going to scheduled events."

Quintal, a 20-year fireman, said their equipment is what saves lives in cases of emergencies. But, he recalls one incident that happened here in 1975 where a fan was sitting on a headboard and fell onto the bed. The blades stop moving, but the motor continued to run and it overheated igniting the mattress. He said two little girls lost their lives in that fire.

According to the United States Fire Administration, a working smoke detector doubles a person's chance of surviving a fire. Approximately 86 percent of U.S. homes have at least one smoke detector. About 64 percent of residential fire deaths occur in the 18 percent of households without smoke detectors.

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**Congress of the United States
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Col. Richard R. Crawford
Commanding Officer
Marine Corps Air Station,
Kaneohe Bay
Kaneohe Bay, HI 96863-5001

Dear Col. Crawford:

It is with great respect and gratitude for members of the Kaneohe Marine Corps Air Station (KMCAS) that I write in special recognition of their participation in the Kalaheo High School After School Study Hall Program! The role of Marines who volunteer their time and effort in tutoring young students in our public schools play a critical role in preparing them for a brighter future.

A success story during the last school year at Kalaheo High School truly describes the importance of Marines, their presence in our community, and their positive impact on our children. Marines effectively helped a young boy enrolled in the after school program raise his 1.5 grade point average to a 3.0 average within one year! This is an achievement to be remembered by his parents, teachers, and Marines as well. But more importantly, it is more than an achievement to this young boy --- it is a turning point in his life that will certainly bring about greater accomplishments, challenges and expectations. It is truly a beginning.

This special story must be told, and must be recognized by the U.S. Marine Corps, the State of Hawaii, the State Department of Education, and parents and students who benefit from the generosity of Marines from KMCAS!

Mahalo to you and Captain T.J. Anderson for your foresight, guidance, and significant contributions toward the success of the After School Study Hall Program at Kalaheo High School.

Very truly yours,

Patsy T. Mink
PATSY T. MINK
Member of Congress

Riggers

from A-6
After the jumps, the riggers have to take the mess of suspension lines and material and make it into usable parachutes again.

After a recent water jump, the riggers spent a few days getting the parachutes repacked and ready for the next jump.

"I can pack a parachute in about 20 minutes; which is not rushing through it," Carroll said.

Although having to repack the parachutes after a jump is an obvious job, the Marines also have to repack all main parachutes every six months and all reserves every year --- even if they haven't been jumped. While repacking, a detailed inspection of the entire parachute is done.

With 80 main and 80 reserve

parachutes, the Marine riggers there have plenty to keep them and the reserve riggers busy.

In addition to rigging parachutes for Marines, they also have large parachutes for dropping equipment and supplies. Rigging bundles or equipment, like a Zodiac boat for a water jump, can get very involved.

The Marines spent almost an entire week getting a boat ready to drop for a water jump only to have that portion of the jump cancelled.

Putting what seems like endless hours of work into preparing for a jump can get tiring, but to a rigger, all his time and effort is paid back when he sees Marines and equipment leaving an aircraft and their parachutes blossoming and landing them safely on the ground.

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Policies

from A-4
and can purchase no more than \$15,000 in savings bonds in a one-year period.
The service streamlined the allotment program into just two categories with these changes and opened the door for some previously denied ones, like investment firms, said Bird.

"This program represents another effort to provide better service to our customers by being responsive to their needs in areas where we have 'discretion' and to give members greater flexibility in controlling their personal financial matters," Bird said.

Servicemembers can get further information from the station disbursing office.

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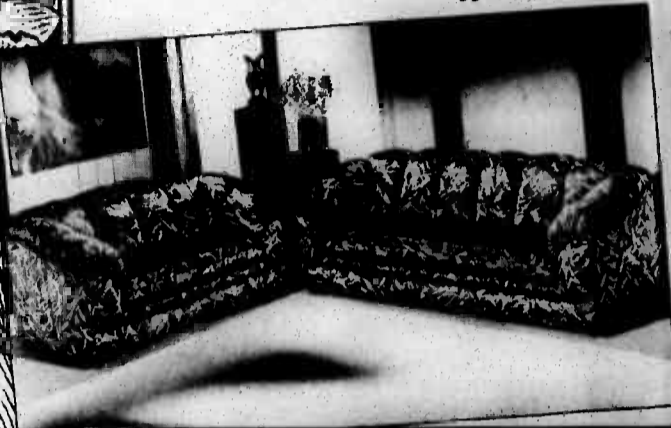
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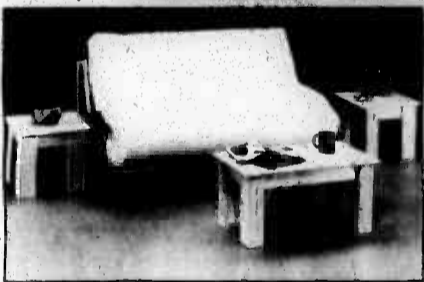
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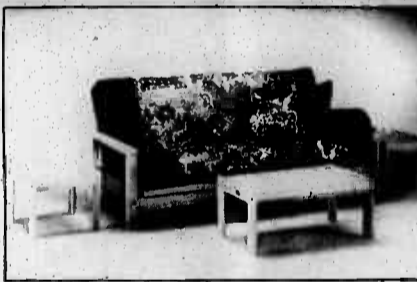


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Oklahoma State takes UH Golf Classic

By Sgt. Marlon J. Martin
Staff Writer

"Definitely a success," exclaimed Mike Rich, coach of the University of Hawaii Rainbows men's golf team, describing the 17th Annual John A. Burns Intercollegiate Golf Classic, held at the Kaneohe Klipper Golf Course this past weekend.

"The weather was perfect, the course was in excellent condition and the staff was wonderful," added Rich, who helped coordinate the annual event with Klipper staff members. Along with a few other coaches, Rich believed this to be the best tournament this year.

The tournament, which commemorated the memory of former state of Hawaii Governor John A. Burns, was founded two years after his death in April 1975.

Considered to be a "sportsman at heart," Burns strived to put Hawaii's athletes on a competitive level with the rest of the nation. During his life, he started the planning and construction for Aloha Stadium and upgraded the University of Hawaii's athletic program.

The Rainbows were one of 20 universities to compete in the

tourney, featuring eight teams from the Top-20. Ranked number two in the nation, the University of Arizona returned to the Klipper as defending champions. But they found the number one team to be a little tougher on the challenging par 72 course.

Oklahoma State University Cowboys have risen to the top with a great season, led by golfing seniors Bill Hoefle and Craig Hainline, sophomores Chris Tidland and Alan Bratton and freshman Kris Cox. The Cowboys took the limelight again by stroking their way to a first place victory. They finished with a cumulative score of 847 points. The four lowest scores out of five golfers each day were added to determine overall scoring.

Auburn University took second place away from the University of Arizona Wildcats. The two teams tied in scoring with 851 points, so the best score of each team's fifth man was taken into account. The Auburn Tigers' Joey Davis golfed a 75, which was three points better than that of Jason Gore. The Wildcats, who set a tournament record with a three-day total of 827 in last year's event, dropped to a distant third.

The newly claimed champions didn't have any problems golfing on the course until they reached

the 17th hole. There, four of the five players bogeyed. It was a minor setback, but it didn't have much of an effect on their play.

"Overall we played well," said Oklahoma State's assistant coach Bruce Hepler, who enjoyed coming to Hawaii to golf. "The weather was perfect and we were treated exceptionally well."

"Consistency played an important role in our victory. Four of our golfers finished under par each day," he added. Oklahoma's worst score of the three-day tourney was a 73, one over par (1).

The win reminded Hepler of the team's 1990 performance, in which they captured titles in the team and individual categories. This year, the individual trophy was handed to Scott Peterson.

A senior with the University of Colorado Buffaloes, Peterson looks like he's in for a successful season, playing in his first tournament of the year. The mild-mannered Buffalo recalls watching his father play at the age of 6, which resulted in his fondness for the sport. His awe-inspiring, 11-under-par made it quite apparent that he paid close attention over the years. "It's good to come out playing this well. It builds my confidence as I prepare to go into the spring season," said Peterson.



Col. R. R. Crawford, air station commanding officer, presents awards to top finishers following the recent John A. Burns Intercollegiate Golf Classic. The players received bowls made of koa, a unique Hawaiian wood.

Double Trouble trounces Silk Screen, 25-0



Following the blow-out Silk Screen suffered at the hands of Double Trouble, the Mistis squeezed by the Bayview Babes with a four-run homer hit by Tracie Brown in extra innings. Mistis won 12-8.

Women's softball season opens with a bang

By Sgt. Marlon J. Martin
Staff Writer

Jim Stewart, Double Trouble's first base coach, sang a new tune after the ladies of Double Trouble jumped to an 18-run lead in the second inning against 3E Silk Screen, Sunday. He stopped shouting, "let them pitch to you," after several players walked home and began saying, "hit the strikes." He knew it would be a long third inning, too, if Double Trouble didn't start swinging their sticks.

The pitching problem Silk Screen had in their first meeting came back to haunt them. They lost a three-run lead and the game, 8-7, in the fifth inning due to walking batters around the bases. The margin wasn't as narrow this time. Double Trouble trounced Silk Screen, 25-0, to remain unbeaten in women's softball.

"It was our first game of the season and we just weren't hitting like we wanted to," said first baseman Bert Birdsall.

Double Trouble opened the game

with a rock-solid defense. They halted Silk Screen's scoring attempt, causing them to go three up and three down. Then they slapped Silk Screen with a three-run scoring drive in the bottom of the inning.

"Same play, shouted Silk Screen's coach Beth Thorne-McKenzie after she nabbed a Double Trouble player at home plate. "Infield play goes home."

Upon hearing her shouts, Tami Stewart smacked a two-run RBI into left center, sending Tisa Marie Widmann and Bert Birdsall home. The 2-0 lead was followed by a Betsy Forsythe RBI. With bases loaded, her hit to left center scored Emma Witten.

Thorne-McKenzie led off the second inning with a base hit. She advanced to third on a Jo Ayon single to right field. With a runner on first and third and two outs, Double Trouble's pitcher Cathy Yule caught a pop-fly to crush their hopes of scoring.

In the bottom of the inning, Double Trouble went berserk, adding 15 runs to their 3-0 lead. Widmann sparked the offensive

scoring with a line drive to right center, which scored a fourth run. Then the runs came pouring in.

Carol Mueller excited the bench with a hard shot to left field. Her RBI single scored Witten and sent Forsythe to third. Double Trouble's next batter was walked, loading the bases.

"Our pitcher and several key players didn't show up. I had to fill in as the pitcher and I wasn't prepared," said Thorne-McKenzie.

Scoring became monotonous. Double Trouble circled the batting order, increasing their lead to 18. Silk Screen remained scoreless. The 10-run rule flashed in everyone's mind after several Double Trouble players were walked home.

The rule states a game will automatically end if any team is leading by 10 runs or more by the bottom of the fifth inning. The game didn't reach the fifth inning. Double Trouble won the game after time expired in the fourth, 25-0.

"The team has come a long way. They exercised a lot of patience and discipline while at bat and it was obvious by all the walks," said Double Trouble coach Mike Hannasch.

Monarchs too much for Bulls



The Kalakaua Monarchs were too much for the K-Bay Bulls to handle, grounding them 32-13 in recent youth basketball action.

By Sgt. Marlon J. Martin
Staff Writer

Kaneohe Bay Bulls' forward Barry Stitts cut an early three-point Kalakaua Monarch lead to one at the line. But he nor Chris Waiters could prevent the Monarchs from going on a scoring rampage. The Monarchs exploded to a 31-13 win Saturday against the Bulls in the Termitte Division of youth basketball.

It looked as if the Bulls didn't have a chance against the bigger and more aggressive Monarchs.

Turnovers on offense, however, opened scoring opportunities for the Monarchs, which coupled with their towering size allowed them to bully their way to a 15-point half-time lead.

"The Monarchs are shooting well, but they're kind of weak in the rebounding area," said K-Bay's scorekeeper Mark Christmann. "We're practically giving them the ball."

The Monarchs did a good job of controlling the game. The Bulls' defense didn't completely break down, but it buckled enough to allow the Monarchs to get second and third attempts at scoring.

The Bulls could barely get the ball past the half-court line without having their pockets picked. They were stripped of the ball almost every time they dribbled up court.

The Bulls began launching long-range jump shots to stop the Monarchs from taking the ball, causing several turnovers, which have hurt the Bulls all season.



An early goal allowed the K-Bay Ninjas to sneak through the tight defense of the Road Warriors, a fellow Kaneohe team, in the Grasshopper division of youth soccer. The Ninjas won, 1-0.

Ninjas beat Road Warriors, still undefeated

By Sgt. Marlon J. Martin
Staff Writer

"Winning is not my objective. I'm happy as long as the kids can play and have fun," said Ninjas' coach Larry Shoemaker.

With such an attitude, Shoemaker has enabled the Ninjas to enjoy a pleasant and successful season. They remain undefeated with a 6-0-1 season record.

Sharing home-field advantage, the Ninjas crept upon their sixth win in recent soccer action against a fellow Kaneohe team in the Grasshopper Division. They beat the Road Warriors of K-Bay #3, 1-0, Saturday.

Defense dominated the first quarter. Although the Ninjas were more aggressive on offense than the Road Warriors, neither team could get the ball to go inside the net.

Quick reflexes, however, by right halfback Stanley Fisher opened scoring in the second quarter. He blocked a Road Warrior's inbound pass and kicked it past their goalie to score the only goal of the game.

According to his coach, the seasoned veteran is a good ball-handler, a valuable asset to the team and capable of playing as good as kids three or four years older than him. Shoemaker added that Fisher is the team's top scorer with 13 goals of this season.

Fisher continued to lead the Ninjas offense in the second half. His ability to dribble the ball through and around his defenders didn't leave very much for goalies Larry Shoemaker and Timothy Judge to do. They seldom had a chance to defend their goal due to the Road Warriors inability to move the ball past midfield.

In the final minutes though, Steven "D.J." Dyroff sought to tie the score. No one

could catch him as he raced up field. He encountered a few Ninjas on the way, but had no trouble dribbling past them. His field goal attempt, however, was denied by Judge.

"The kids played really well, but they weren't able to get their offense to click the way they wanted to," said Road Warriors coach Saji Thomas. "This was the team to beat. These kids have been beating teams left and right."

The Road Warriors hope to improve their season record next week against Wheeler AFB. The Ninjas will face yet another K-Bay team to end the regular season.

"It was an outstanding performance," Shoemaker said, who added that he stresses teamwork and sportsmanship. "The kids won the game. They played their positions correctly and they kept driving at the ball. The most important thing, however, is that they enjoyed themselves."

Sounds of Freedom

Judged on appearance, candor and esprit de corps, Headquarters and Headquarters Service Battalion Marines, led by commanding Officer Col. B.M. Young, were recently awarded first place for the third time in the "Sounds of Freedom" division of the ninth Great Aloha Run.



Capt. Kelly Wall

SPORTS Briefs

Fitness center
The main fitness center, located behind the fire department, will be closed today for maintenance.

Fun run
The 12th Annual Johnny Faerber 10K Footrace & Fun Run, referred to as 'the only certified, all-male 10K in the U.S.', will start and finish at Kapiolani Park, March 14 at 7 a.m. Entry fee is \$15 per runner/walker. Deadline to enter is March 6. Trophies will be awarded to the top three finishers in each division. For more information, call 625-1269.

Track & field
Marines hoping to make the All-Marine Track & Field team must pick up an athletic resume from the athletic office. Return it before April 2.

Softball
Military and civilian class C & D teams are invited to play in a softball tourney, March 5-7. The tourney will be held at the Earhart Village Softball Complex, Hickam AFB. The entry fee will be \$150 per team. Deadline to sign up will be Wednesday at the coaches meet-

ing, at 6 p.m. in the main gym. For more information, contact SSgt. Barzanti at 449-3361.

Volleyball
All active duty women Marines and sailors stationed here are eligible to play on the women's varsity volleyball team. Individuals interested in playing on the women's varsity volleyball team can call the athletic office at 254-2516 or stop by to sign-up.

Aerobics
Beginner to advanced aerobic & step aerobics classes are held daily in the main gym. Classes are \$2 for dependents and \$5.00 for active duty or monthly unlimited pass \$20 for dependents and \$10 for active duty. Call 254-4157 for more information.

Golf tourney
The Sergeant Major's 1st Annual Invitational Golf Tournament will kick-off with a 12:30 p.m. shotgun start at the Kaneohe Klipper Golf Course, March 12. The tourney's format will be played in accordance with the Florida Best Ball (scramble). Entry deadline is March 8. For more information, contact MGySgt. C. W. Berger at 477-0094 or SSgt. T. B. Hanson at 477-0473.

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March 3, 1993 10 am-4 pm Schofield Barracks Officers Club Building 750	March 4, 1993 10 am-4 pm AMR Community Recreation Center Building 1782	March 5, 1993 10 am-4 pm Fort Shafter Youth Services Center Building 505
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Representatives from the Civilian Personnel Office and Youth Services will be available to answer questions, assist in completing applications and conduct job interviews.

POSITIONS AVAILABLE:

- ☆ Recreation Aids (NF-0189-01) - \$6.63/hour
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- ☆ Water Safety Instructors (NF-0189-02) - \$6.94 - 8.09/hour
Summer Swim Program
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- ☆ Laborers (NA-3502-01) - \$5.37/hour
Golf Association and Billeting
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If you cannot attend the job fairs, call or visit:

CPOH JOB INFORMATION CENTER Fort Shafter Flats, Building T-1500 Monday-Friday, 10:30 AM - 1:00 PM Phone: 438-6816/2560	CPOH NAF SUB-OFFICE Schofield Barracks, Building 890 Tuesday, 9-11:30 AM, Thursday, 1-3:30 PM Phone: 655-0592
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Making American Dreams A Reality

USO gives helping hand for travelers in despair

By JO2 Steven J. Pape and JO3 Giles Gilbert
Pacific Fleet Public Affairs Office

They had seen the same face a thousand times before. Maybe not the exact one that just walked through the door, but he had that same confused and lost look. He didn't need to worry. He would be alright. They were experts at lending a helping hand. The young soldier entered with his wife and two kids. His flight had arrived late and there wasn't anybody around to meet him. He had no idea where to go. His wallet was empty, and his family was tired and hungry.

Twenty three Junior ROTC (Reserve Officer Training Corps) students, in Hawaii for competitive games, were stranded at the airport due to the wrath of Hurricane Iniki. They were frightened and exhausted. Five young women on their way to join their husbands in Guam were on the verge of tears because the airlines would not book them through on their transfer flight. None of them were told that the flight would enter Japan first, and none of them had a passport or visa. The one thing all these people had in common was that they had someone to help them, someone who cared to take the time to lend a helping hand. They had a "home away from home," the United Services Organization, or as millions know it, the USO.

The USO is a non-profit organization supported solely by private contributors who believe in the USO and its mission, which is to provide a home away from home for military personnel and their families. The USO affects the lives of more than five million military servicemembers and their families every year. Be it peace time or war time, the USO has been there for the servicemember more times than can be recorded thanks to the financial support and volunteer spirit of a few. Since its establishment in

February 1941, USO-Hawaii has aided hundreds of thousands of servicemembers and their families stationed in or transitioning through Hawaii.

In 1992 alone, there were more than 87,000 people who utilized one of Oahu's three USO facilities, located at the Honolulu International Airport, Hickam Air Force Base AMC Terminal and the USO Waikiki Center at Fort DeRussy.

The USO center at Hickam AFB represents a typical USO center, and provides the basic facilities for any servicemember and his or her family just as the other two USO centers on Oahu do.

It offers a lounge with a large screen television; high-back leather chairs; pool and card tables; free coffee, tea and pastries; a television monitor that displays flight schedules; a children's entertainment section; magazines; and a volunteer to help visitors.

In addition to the three Oahu centers, the USO provides

outreach services such as family orientation programs, information and referral services, tours, cultural orientations and socials. All of this is free to any servicemember and his/her family.

Fort DeRussy's Maluhia Hall is a recently acquired property and is the target of an expansion plan that Blair Craig, executive director of USO-Hawaii, has in mind.

The new facilities at Maluhia Hall would offer the regular services of a USO center while at the same time acting as a type of community center for the military.

About 10,000 square feet in size, Maluhia Hall can provide many opportunities for Oahu's military community, but it is in desperate need of renovation.

It was built in 1945 and the USO used it as a receiving area for troops during World War II and the Vietnam War. In the last several years, according to

See USO, B-5



PH2 Brad Dillon

Staff Sgt. Jerry U. Smith and Tech Sgt. Kathy A. Brown play a game of cards at the Hickam Air Force Base USO. Since its establishment in February 1941, USO-Hawaii has aided hundreds of thousands of servicemembers and their families stationed in or transitioning through Hawaii.

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Center offers seven cultural experiences

By Sgt. Lou Ramirez
Staff Writer

Visiting seven islands in one day may seem impossible. But at the Polynesian Cultural Center one can do much more than that. They can witness spectacular shows and revues of all seven islands of Polynesia. While experiencing genuine island hospitality.

The seven different islands are featured in a 42-acre beautifully landscaped setting located on Oahu's scenic North shore.

A beautiful lagoon surrounds the center and guests can navigate it on a 15-minute canoe tour. Highlights of the tour include viewing the Maori waka taua, a 40-man war canoe originally carved for King George V of England.

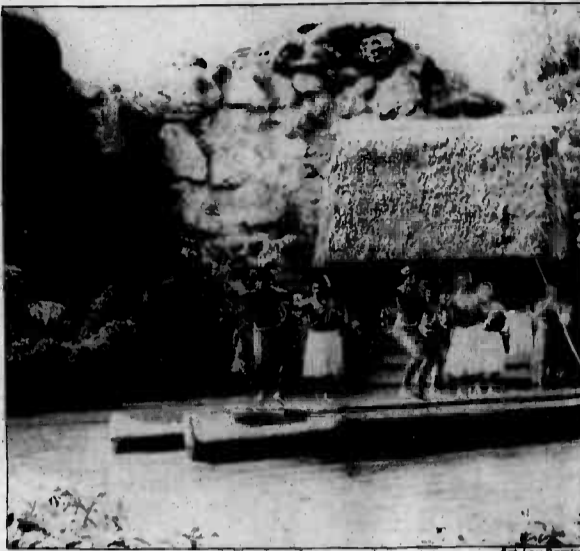
The tour also explains the different names of plants such as the rainbow hibiscus, which changes colors throughout the day or the "walking tree," which is called that because of the long roots stretching from the branches to the ground.

If visitors prefer to enjoy the complete village experience they can take the walking tour. Visitors can watch each island's traditions, such as the making of Ngatu or tapa cloth from the inner bark of the mulberry plant in "Tonga" or the climbing of a coconut tree with amazing agility and speed in "Samoa."

In the Fijian village guests can learn how to play derau bamboo instruments while learning about ancient tribe culture.

One other favorite in the walking tour is the Maori woodcarver's school. Visitors can watch carvers fashion weapons, miniature tikis or carve intricately ornate poupu panels which the ancient Maoris, who had no written language, used to remember the glory of their ancestors.

In addition to the villages and



Polynesian Cultural Center dancers perform a variety of polynesian dances aboard a double-hulled canoe, during the pageant of the long canoes.

other activities the Polynesian Cultural Center is known for its extravagant shows.

The 90-minute evening presentation of "Mana", "The Spirit of Our People" is a unique presentation of over 100 islanders performing in a 2,770 seat amphitheater complete with a volcano, water, light and sound effects.

Visitors can also experience a colorful and fun filled 30-minute "Pageant of the Long Canoes." During this show a parade of different dances is performed aboard a double-hulled canoe.

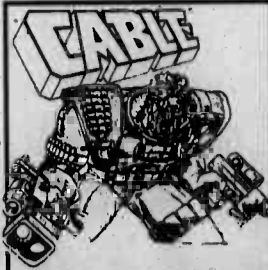
The day would not be complete without experiencing the delicious food Polynesians are well known for. The Ali'Lua features a Hawaiian style kalua pig, teriyaki chicken, and many other tasty Polynesian foods.

For those who prefer lighter meals the center also has the Gateway Restaurant and a snackbar.

Although visiting all the Polynesian islands would certainly be the experience of a lifetime, the Polynesian Cultural Center makes it possible to experience each of the islands for under \$50.

Recently 350 Marines from here were able to experience the Polynesian Cultural Center for only \$4.

"I wanted Marines to enjoy the island and when I called up the center they understood and supported that," said 3d Marines Chaplain Jensen. "Everybody thought it was great and hope to come again in the future and definitely recommend others do the same."



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Wives program helps overcome discomforts

By Sgt. Lou Ramirez
Staff Writer

Are you feeling sad, lonely or depressed now that your spouse is gone on deployment? Do you wonder if you are handling the separation well or if others are feeling the same way you are?

The Armed Services Young Men's Christian Association Waiting Wives Program may answer many of the questions by getting spouses together for a session of sharing and tips on preventing loneliness.

"The main goal of the Waiting Wives program is to get everybody involved and get everybody sharing with others," said Julia Yeary, group co-facilitator with Liz Aulsebrook, director ASYMCA.

According to Yeary, who is certified nationally as a clinical social worker, even if people are shy and don't want to share openly, it helps just to listen. "At the sessions we talk about whatever is brought up," said Yeary.

One example she used was if somebody talks about not being able to sleep at night, others may give suggestions on how to overcome that. Or if one person feels they're not grieving the way they're supposed to they can talk to others and realize that it may be normal.

"The interesting thing about the whole idea of dealing with loss and separation is that there is no "right" way to feel," Yeary explains. "Early studies had us believing that we grieved in stages. First we were in denial, then we got angry, then we try to bargain. For example, thinking if we lose 20 pounds, maybe he can get sent home early for some mysterious military reason, and if that doesn't work we get sad."

Yeary goes on to explain, "Once we let go of the sadness, we are miraculously into the acceptance stage. Unfortunately, we are not robots who go through this

process so neat and cleanly. We may experience each stage in varying order, or we may experience only one or two stages. We may accept the separation today, and the next moment, be as angry as a toddler whose candy was taken."

"The most important thing that must be realized is that the grieving must be done. The trick to getting through this as easily as possible is to be aware of what one is feeling so that each person can control how the feelings are expressed," Yeary explains.

Through all this time of grieving questions might arise. Many of them can be answered just by sharing doubts and questions with others. Because many of these questions might need a professional explanation, Yeary can bring research experience to the sessions.

Yeary not only brings professional but also personal experience as a military wife whose husband is presently

deployed. "At the sessions, I'm not only a facilitator but also an active participant," Yeary said. "It makes it much easier for me to understand what each lady is going through."

Many spouses may sometimes wish that they were back in their hometown, but in many instances the sessions provide them with better support because only those who've been through a separation know what it is like, explained Yeary.

Although the name of the program is "Waiting Wives" Yeary says it is a program open to anybody whose spouse is deployed and has questions or just wants to spend some time with others who have the same thing in common.

"Waiting Wives not only provides support but also a chance to get out and meet people and have a good time," Yeary said.

For more information on the Waiting Wives program contact the ASYMCA at 254-4719.

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If arthritis is just minor aches and pains, why is it the number one crippling disease in America?

Tickets

The MWR Ticket Office offers tickets and information on how to get them at special military rates. The office also takes reservations for events and attractions around the island.

Ads

Auto
 1987 Audi 4000S— 5-speed, grey, four door, \$4,800; 254-6386 or 254-1971.
 1988 Toyota MR2 — red, 18,000 miles, outstanding condition, asking \$12,000; 254-0197.

Miscellaneous
 Guns — must sell, Marlin .22 caliber rifle, .38 Smith Wesson Model 80 antique .22; 254-5439 after 6 p.m.
 Engagement Ring — .57 marquise diamond, appraised at \$1,589, sell for \$1,200 OBO; 263-4069 or 547-0704 and leave number.

Triathlon Racing Bike — 58 cm, Centurion Shimanop, 105, mint, \$485; 254-6034.
 Schwinn Turbo Mag — trainer, brand new, \$60; 254-6034.
 Baldwin Piano — upright w/bench, pecan finish, great condition, \$1,900 OBO; 254-6034.

Call the Entertainment Hotline at 254-3804 or stop by the Marine Corps Exchange for information and reservations. The office is open Monday-Friday, 9 a.m.-5 p.m. and Saturday, 10 a.m. - 2 p.m. This week's offerings include:

Sonic Youth and Mudhoney

Concert— Sunday at 7 p.m. at the Aloha Tower. Tickets are \$17.50.

L7 Concert— March 12, 6:30 p.m. at the Garage. Tickets are \$17.50.

Aloha Dinere Club— Offers

dining discounts and free night club cover charges. Books are just \$12.

Polynesian Palace— Frank DeLima, Andy Bumatai and Don Ho will headline w/The Crush. Ask about Society of Seven combos also.

Religion

In the station chapel: Catholic Mass is held Monday-Friday, beginning at 11:45 a.m. Saturday starting at 6 a.m., and Sunday beginning at 7:30 a.m. and again at 9:30 a.m. CCD classes begin Feb. 28 at the following times: Preschool/Kindergarten — 8:45-9:30 a.m. at the station chapel; grades 1-12 from 6-7:15 p.m. at Mokuapu Elementary School. Protestant Communion takes place Sunday, beginning at 8:30 a.m. and

Protestant Worship begins at 11 a.m. Hispanic Protestant Worship takes place Sunday at 8:30 p.m. A Gospel Protestant Joy Night Service takes place Friday at 7:30 p.m. Gospel Protestant Morning Worship will be held Sunday at 1 p.m. Sunday School is held from 9:30-10:30 a.m. in building 1891 for preschoolers through high school students and in the Family Service Center for adults. For more information about the station's religious services, call 257-3552.
 • The 1st MEB will hold Catholic Mass, Monday and Thursday at 11:30 a.m. and

Protestant Bible Study, Tuesday at 11:30 a.m. in the Brigade Chapel.
 • At Camp H.M. Smith: Catholic Mass is held Sunday, beginning at 8 a.m. Protestant Worship is at 9:30 a.m. and Protestant Sunday School begins at 9:30 a.m. There is a Gospel Choir and service at 11 a.m. For more information about religious services at Camp Smith, call 477-9098.
 • Jewish services are held at the Aloha Jewish Chapel aboard Naval Base Pearl Harbor. Shabbat services take place Friday, beginning at 7:30 p.m.

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Movies

All movies shown at the theater, building 219, begin at 7:15 p.m. unless otherwise noted. For more information, call the theater at 254-2113.

"Forever Young" (Romantic Drama — PG; 105 minutes) will play Friday and Saturday and stars Mel Gibson. A frozen, heart-broken test pilot thaws out 50 years later, ready for love.

minutes) will play Saturday at 9:30 p.m. and Sunday. Al Pacino stars as a bombastic, bitter, blind retired lieutenant colonel and experiences a wild weekend in New York City.

"Scent of a Woman" (Comedy-Drama — R; 157

No movies Monday, Tuesday, Wednesday or Thursday.

USO

from B-3 Craig, four Army reserve component units used Maluhia Hall as an office and storage area.

Craig plans to take the well-used Maluhia Hall and transform it into a comforting and helpful facility for the servicemember and his or her family.

"Whether you are coming or going from Hawaii, temporary lodging assistance (TLA) is a fact of life for the military family," Craig said. "And for most, TLA means staying in a Waikiki location."

"When you arrive on or leave

The USO is more than just lounges in between flights.

Blair Craig
 USO Executive Director

Oahu, you are basically stuck. You either don't have a car because you've just arrived, or you've shipped your car off. If

you just arrived, you may have a rental," he continued.

"Also, the servicemember often drives that rental car to work, so the spouse is stuck in a hotel with the kids," he added.

"You can only spend so many hours in a hotel room or so many hours getting sunburnt on the beach before you need another place to go. We are hoping that the extended facilities at Maluhia Hall will not only be a safe and affordable place for the servicemember and their family to go, but will also be the answer to a lot of problems they face upon arrival or departure," Craig said.

The new facilities would allow parents a big break. A child care center would give parents the time they need to accomplish the many things they need to do upon arriving. Opening a bank account, registering a car or shopping for a new one, or looking for a rental house would all be easier tasks without worrying about the kids.

"This facility will also provide everyone already here with a place to meet," said Craig. "Scout troops, wives clubs, command parties can all come down and utilize this facility without cost. We just need to let people know we are here. The USO is more than Bob Hope shows. We have free facilities that can be used for more than just lounges in between flights."

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Briefly

Waiting wives

Is your husband deployed? Meet other waiting wives to make this a productive and positive time in your life Wednesdays from 10-11:30 a.m. beginning March 3.

Shells

The Hawaiian Malacological Society will hold its next monthly meeting Wednesday at 7 p.m. Bruce Carlson, director of the Waikiki Aquarium, will be the speaker and his talk is titled, "Creating a Waikiki Aquarium for the 21st Century."

New arrivals

An around the island tour will be held March 12 from 9 a.m.-4 p.m. Bring a lunch, free soda will be provided. Children are welcome. For reservations, call the Family Service Center at 257-3655.

Food sampler

The ASYMCA will host a "Soul Food Sampler" to celebrate Black History Month Saturday starting at 11 a.m. Tickets may be bought at the ASYMCA office: Adults and children over 12 are \$3; keiki 12 and younger are \$1. Menu will include barbeque chicken and drumettes, collard greens, string beans, candied yams, macaroni cheese, potato salad, cornbread and sweet potato pie.

Motown magic

The National Naval Officers Association, Hawaii Chapter, is presenting a motown magic scholarship dinner and dance in celebration of Black History Month. The dinner/dance will be held at Lockwood Hall at Pearl Harbor, Saturday from 7 p.m.-1 a.m. After five attire.

Tickets are \$22 in advance and \$25 at the door. A portion of all proceeds provide monies for selected scholarships to aid selected minority high school students

defer college expenses. For further information, call the NNOA info line, 948-2031; to purchase tickets, call Carolyn Hall, 471-5756.

Anger management

The Family Service Center is offering an anger management workshop Tuesday from 1-4 p.m. Call for reservations, 257-3655.

Aero club

The Hickam Aero Club, Hawaii's only military aero club, offers the opportunity to get away from it all with an experienced staff of instructors taking students from ground to private pilot rating in as little as three months.

Private pilot ground school begins Monday. The class meets twice a week for eight weeks. Students will study material necessary to pass the Federal Aviation Administration private pilot exam. The cost is \$100,

plus textbooks. Instrument pilot ground school begins Tuesday and lasts eight weeks, with two sessions per week. Students study material necessary to pass the FAA instrumental pilot exam. Tuition is \$140 plus books. Students must pass the private and instrument pilot exams before obtaining an airplane instrument pilot's license. Class are open to everyone 15 years and older. Active duty and retired military DoD and NAF civilian employees, Civil Air Patrol personnel and their dependents are eligible for membership in the aero club. For more information, call 449-1228.

Scholarships

Two scholarships are being offered by the Kaneohe Officers Wife's Club to be awarded in May 1993. The first scholarship will be given to a dependent (other than spouse) of an active duty, retired or deceased member of the U.S.

military, whose present or final duty station is/was here. The second will be awarded to a spouse of an active duty, retired or deceased officer of the U.S. military whose present or final duty station is/was here. For applications or further information, write to: Kathy Cobb, 519 Nimitz Road, Kailua, HI 96734, or call, 254-6859. Completed applications must be received by March 31.

Marriage training

A free five-week communications skills workshop for couples will be held Wednesdays through March 31 from 5:30-7:30 p.m. The Prevention & Relationship Enhancement Program is a research-based approach to teaching couples constructive arguing and problem solving skills which are practiced in a private setting. Reservations are required, 257-3655.

NON-STOP TRAVEL

Table with columns for destination and price. Destinations include SFO, LAX, Phoenix, Dallas, Reno, Las Vegas, Chicago, New York, Orlando, Manila. Prices range from \$99 to \$911.

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THE CLASSIFIED INDEX

Telephone Service 235-5656 Counter Service 45-525 Luluku Mon.-Fri. 8 a.m.-5 p.m. Kaneohe Mon.-Fri. 8 a.m.-5 p.m. Deadlines: Line Ads due by 12 Noon - Tuesday Class Display Ads due by 4:00 p.m. Friday CANCELLATIONS & CORRECTIONS due by 12 Noon-Mon.

TRAFFIC CONTROL DEVICES Traffic Schedule No. 93-2 IN ACCORDANCE WITH THE PROVISIONS OF ORDINANCE NO. 91-87 AMENDING ARTICLE III, THE DEPARTMENT OF TRANSPORTATION SERVICES, CITY AND COUNTY OF HONOLULU, HEREBY ESTABLISHES TRAFFIC SCHEDULE NO. 93-2 TO AMEND SCHEDULE III OF SECTION 15-8.3 ESTABLISHING PROHIBITED RIGHT/LEFT TURN ON RED; SCHEDULE V OF SECTION 15-7.2(b)(3) ESTABLISHING SPEED LIMIT - 25 MPH; SCHEDULE XIV OF SECTION 15-11.8 ESTABLISHING STOP INTERSECTIONS; SCHEDULE XIX OF SECTION 15-13.10(a)(6) ESTABLISHING TOW ZONE AM/PM PEAKS; SCHEDULE XX OF SECTION 15-13.10(a)(7) ESTABLISHING TOW ZONE - 24 HOURS; SCHEDULE XXII OF SECTION 15-14.5(a) ESTABLISHING PROHIBITED PARKING CERTAIN AREAS; SCHEDULE XXIX OF SECTION 15-17.7 ESTABLISHING RESTRICTED FISHING/CRABBING FROM BRIDGES; SCHEDULE XXXVIII OF SECTION 15-24.17 ESTABLISHING MISCELLANEOUS TRAFFIC CONTROLS.

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30 Income Tax FAST IN HOME Tax svc. at res. rates. All states BACK YEARS. 523-1881. ONE HOUR TAX PREP. By appt. Short form, \$40. Long form, \$70. Call Rachel 521-0078.

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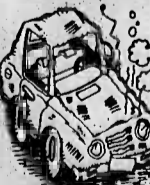
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Prices include all factory rebates & incentives. *No previous record of new vehicle financing or leasing. Plus tax, lic. & \$149 doc fee. Vehicles subject to prior sale. *Financing through Ford Motor Credit 48 mos. on selected models. DAC. Sales ends March 3, 1993.
Not comparable with special finance rates. Rebates & assistance on selected models. Subject to prior sale, plus tax, lic. & \$149 doc fee. All applicable rebates. First time buyer applied. Rate ends March 3, 1993.