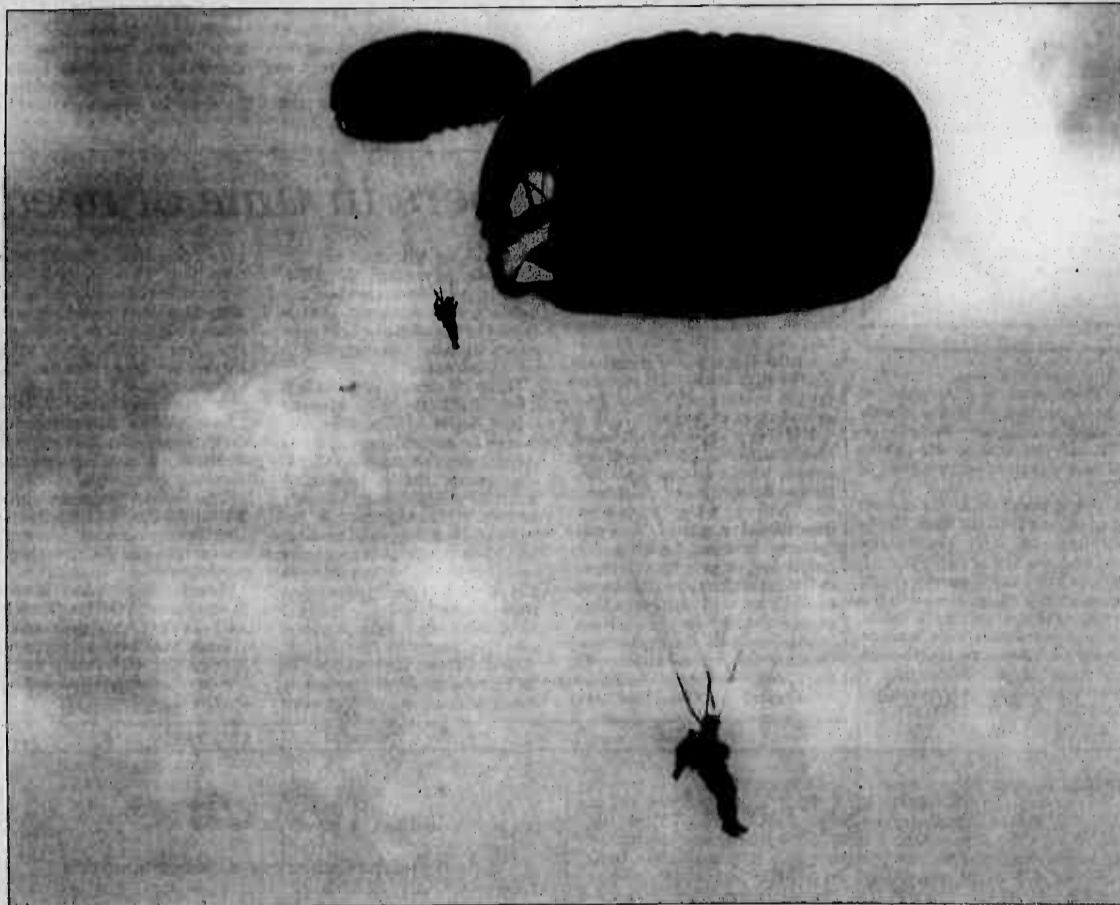


# HAWAII Marine

Vol. 22, No. 15

Serving Marine Forces Pacific, 1st MEB, MCAS Kaneohe Bay, Marine Barracks Hawaii, Camp H. M. Smith and 1st Radio Battalion.

April 14, 1994



Sgt. Martin J. Martin

## A Perfect Landing ...

Recon Marines display perfect form during a recent parachute exercise at DZ Shark, located at the north end of the flightline. See page A4.

## Marines respond to situations in Rwanda and Bosnia

### Joint Public Affairs Office

Marines went into action on two continents over the weekend in both the African country of Rwanda and in the war-plagued country of Bosnia-Herzegovina.

In the south central African country of Rwanda, Marines and sailors from the 11th Marine Expeditionary Unit deployed to Burjumbura, Burundi, late Friday to support the evacuation of U.S. citizens from neighboring Rwanda.

A Department of Defense official said Tuesday that the 312 Marines and 16 Navy medical personnel involved were redeploying to the USS Peleliu Amphibious Ready Group in the Indian Ocean.

While in Burundi, "the Marine and Navy personnel provided valuable assistance to on-scene embassy personnel and bolstered the European Command's command and control and medical capabilities," the official said.

The Marine force included four KC-130 aircraft from Mombasa, Kenya, and three CH-53E helicopters.

The evacuation of U.S. citizens in Rwanda became necessary after a bloody civil war broke out. The U.S. citizens were evacuated by land to Burundi where they met up with four Air Force C-141

aircraft for further evacuation. A total of 141 U.S. citizens and 76 foreign nationals were transported to Nairobi, Kenya, Sunday and Monday. An additional 25 people were evacuated Tuesday.

Besides the U.S. citizens, the Belgium government requested help to deploy military forces and equipment to Nairobi to be used in Rwanda. That movement by Air Force C-5 aircraft was expected to be completed Wednesday.

The Marine force was staged "so that a force capable of quickly supporting evacuation efforts would be available if needed," the official explained.

While the Marines and Air Force were busy in support of the Rwanda evacuation, the two forces were also busy in a very different way in Bosnia-Herzegovina.

Air Force F-16Cs attacked Serb forces Sunday around the Bosnian city of Gorazde in response to the continued shelling of the city, which was a U.N.-designated safe haven. The F-16s attacked a Serb Army command post.

Two Marine F/A-18s continued the air strikes Monday after the shelling of Gorazde continued. A U.N. spokesman said the Marines destroyed one tank and damaged two others.

Before leaving, the F/A-18 also made strafing runs on the tanks.

## Preparing a child for school starts at an early age

By Sgt. Lou Ramirez  
Staff Writer

**Editors Note:**  
This is the first part of four part series of articles on preparing a child for kindergarten. The information has been gathered through books and pamphlets on education and on interviews with local experts on child development.

A small child shyly walks into a school classroom, notepad and crayon box in hand; the child appears prepared for anything the teacher may assign.

The notepad and crayons may come in handy, but the most important thing the child needs should have been given to him or her long before the first day in kindergarten.

Child development experts say that preparing a child for kindergarten is not something that can be done overnight, but should be a lifetime of learning and preparing.

One of the best ways a child prepares for education is through play; it provides a child with a foundation for academic learning.

Because learning is not just repeating what someone else says, it requires children to think and experiment with how things work. Toys will help them develop not only their motor skills but will also help them learn about sizes, colors and shapes; it will also help them learn how to associate one toy with another.

"Infants learn through their senses; they should play with toys of different textures and toys that make sounds," said Rene Line, training and curriculum specialist



at the station Child Development Center. "Playing builds a child's experiential background."

While children will learn a lot through play, parents have an even more important role. Parents are a child's first

teacher. Everyday activities can be used to help a child gain the skills and abilities that will help in school.

The National Education Goals Panel has identified five important areas which contribute to a child's success in school. Included are: health and physical well-being, social and emotional well-being, approaches to learning, language development and their general knowledge about the world.

This all starts at birth and continues throughout life.

According to the National Association for the Education of Young Children (NAEYC), good health, which is important to the child's development, begins while the child is still in the womb. The mother should receive early and frequent prenatal treatment. If left untreated, even minor childhood

illnesses can have an effect on learning.

Exercise and running help improve the child's motor skills. In addition to helping them learn control of their muscles, they also learn the concepts of over and under, slow and fast and inside and outside. These are things the child can begin learning as early as when he begins to crawl.

One other important aspect of learning is self confidence. Children as young as six months old, should be encouraged and praised, states the NAEYC.

Child development education experts agree that one of the most important aspects of learning is language development. Children learn language best as a result of meaningful experiences. And

because children are born with a strong sense of curiosity and desire to learn, parents can promote learning by encouraging their children's interest.

Parents can accent this interest simply by doing everyday things with their child.

When talking to a baby, use a pleasant soothing voice. Use simple words but do not use "baby talk," — recommends the NAEYC.

As a child grows older, add more to your conversation with him, such as adding more descriptive words. Describe what he is looking at or playing with. Simple descriptions will help the child gain new words and new concepts, said Line.

Children's education is extremely important and should be started as early as possible. It often can be simply accomplished by having fun and loving your child.

## Station Marina gets a facelift

By Cpl. Wanda Compton  
Staff Writer

The Station Marina is getting a \$500,000 face lift which should be completed soon. Construction on the new marina boat pier began on March 7.

"The construction was scheduled to be completed on March 29," explained Neil Morgan, station pier manager. "However, because of the bad weather the past few weeks, the construction has been delayed."

The marina is getting a new pier for many reasons, but the biggest factor was safety.

"The old pier was falling apart," Morgan said. "It had been condemned and was not safe for boats, let alone people."

"The new pier will be bringing the marina into the 20th century," Morgan chuckled. "The old pier was what is known as a fixed pier. It was a solid station with no capacity to change with the tides, or the weather. This meant that the boats had to be given a long line so they could shift with the changes. Unfortunately, this left room for possible damage and also took up a lot of space."

"The new pier is a floating pier with the capacity to shift with the changes. Because of this there is less chance of damage and there is more room for the boats."

Another big change with the construction is the new design.

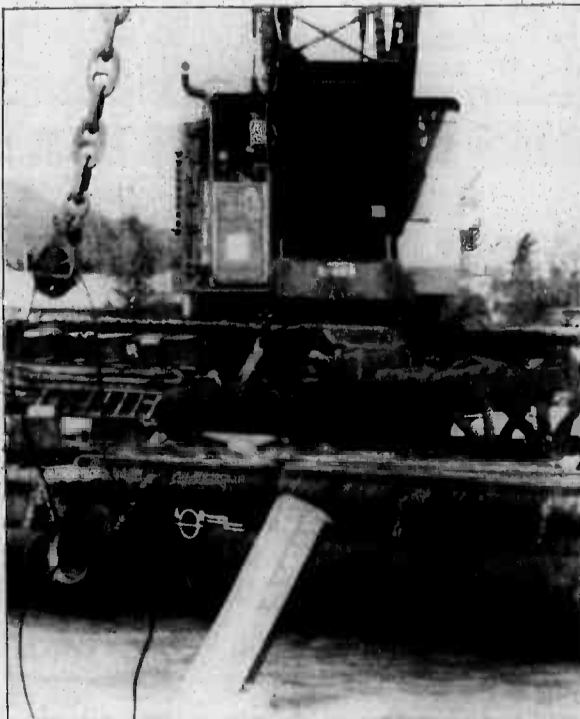
The old set up was basically in an "L" shape that limited the amount of usable space. The new pier will actually be two in a shape like two "I's". This gives slip room on both sides of each floating pier raising the capacity so that the marina can handle 11 small boats and 11 large boats per pier.

The old pier only had 12 available slips while the new one will be able to provide almost 44 slips. Of these slips only eight (at this time) are reserved for marina-owned boats for recreational purposes. The other slips are available for individuals to rent for personally owned boats.

Although people might see a new pier as a waste of taxpayers money, it isn't. There is no tax money involved.

"The approved design and the funding for this project came from the Morale, Welfare and Recreation Department," explained Ray Rippel, assistant director of MWR Logistics.

"This is just one example of exchange dollars serving the military community," he said. "Every Marine Corps MWR worldwide contributes monthly to a central construction fund. The money in that fund is then used for all non-appropriated fund construction, such as improvements to existing exchanges or services or, as in this case, the complete rebuilding of an MWR service."



Cpl. Wanda Compton

A crane lowers concrete piling into the waters of the newly renovated Marina pier.

## Marine Corps Base ceremony Friday

### Joint Public Affairs Office

The activation ceremony for Marine Corps Base Hawaii will be held Friday in front of Building 215 at 8 a.m.

Air station commanding officer, Col. R. R. Crawford, has invited all personnel assigned to MCAS Kaneohe Bay to attend the long-awaited ceremony.

During the ceremony BGen.

C.D. Kuhn Jr., deputy commander, Marine Forces Pacific will become the first commanding general of Marine Corps Base Hawaii.

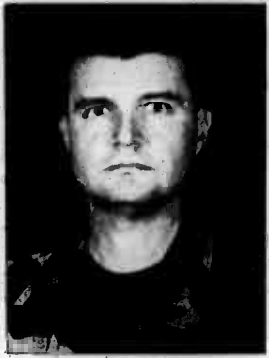
Although attendance is not mandatory, the air station commander has declared the function will be the appointed place of duty for civilian personnel.

Civilian employees will not be charged leave and are encouraged to attend.

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# 1/3 Change of Command



LtCol. Craig Huddleston



LtCol. Reynolds Peele

## 1/3 Change of Command

LtCol. Craig Huddleston will relinquish command of the 1st Battalion, 3d Marines to LtCol. Reynolds Peele during a change of command ceremony at 10 a.m. today at Dewey Square. The uniform for the ceremony is utilities for military personnel and aloha attire for civilians. The ceremony will still be held in case of inclement weather. Peele is coming to 1/3 from Headquarters Marine Corps. Huddleston will be going to the Marine Corps University at Quantico, Va.

# USO-Hawaii reorganizes its services

USO-Hawaii will embark on a major reorganization and restructuring of facilities and services during April. Effective immediately, the USO Lounge at Honolulu International Airport will be open from 8 a.m. to midnight. Additionally, Operation Safe Haven at the Waikiki USO Community Center has stopped and the center will close its doors April 30.

According to Blair Craig, executive director, "this

reorganization will allow us to focus fully on our airport operations within the confines of a shrinking budget and the realities of the local economic climate. We regret the inconvenience to those who have used the Waikiki USO, especially as part of Operation Safe Haven, but in order to maintain the quality of service the military has come to expect at Honolulu International Airport and at our Hickam Air Force Base Center, it was necessary to take these steps to insure the viability of the

organization as a whole. We sincerely appreciate the support of our volunteers and the community groups who have assisted us."

USO-Hawaii is a federal chartered, non-profit organization dedicated to serving the men and women of the United States Armed Forces and their families. USO receives no government funds but relies solely on the generosity of the community in which it serves for donations to fund its programs.

# Blotter

- A Marine reported between April 1 and April 3, unknown person(s) poured sugar in the gas tank of his privately owned vehicle while aboard the air station.
- A Marine reported on April 1, person(s) unknown stole his privately owned vehicle while parked adjacent to barracks 1032. The vehicle was later involved in a single vehicle accident off base while being operated by a Marine.
- A Marine and his wife were involved in a verbal altercation, during which he assaulted his wife. The spouse was transported by

- military police to the Branch Medical Clinic and released. The Marine was apprehended and released to his unit representative.
- A Marine and his wife were involved in a verbal altercation at their quarters. The Marine agreed to leave the quarters. The wife was released on her own recognizance.
- A spouse reported to the Military Police Department that her husband struck her in the face with his head at their assigned quarters. The wife was transported by ambulance to the Branch Medical Clinic, treated and released. The Marine was apprehended and released to his

- unit representative.
- There were five larcenies of private property. Items stolen included a compact disc player, VCR, bicycle, drivers-side mirror and food stamp voucher valued at \$470.
- There were two DUIs aboard the base, one DUI off base. There was also one DWI aboard the base and no DWIs off base.
- The evidence/lost and found custodian has in his possession a martial arts instrument, ID cards, bank cards, watches, keys, wallets, jewelry, typewriters, surfboard and more. If you think any of these items belong to you, contact Sgt. Fink at 257-3425/3110.

# Helpful numbers in time of need

## Joint Public Affairs Office

The following is a list of phone numbers that provides help to you and your family:

- Child Protective Services (CPS):** 832-5300-CPS provides for the welfare of children who are victims of abuse.
- Military Spouse Abuse Shelter:** 533-7125-The military spouse abuse shelter provides shelter for victims of abuse who are active duty members, dependents or retired. This can include children. Additionally, counseling is provided to these individuals (group or individual) in this area of interest. This phone number is the 24-hour crisis line and transportation to and from the shelter is provided. Some child development activities are

- provided for the children.
- Family Advocacy:** 257-3655-Family Advocacy assesses the needs and treatments that a family or individual might need as a victim or a perpetrator in an abuse case.
- Navy/Marine Corps Relief:** 254-1327/8-Navy/Marine Corps Relief will help provide money for basic living expenses (rent, etc.) transportation, emergency leave, repair to vehicles which are the only means of transportation for work and some types of medical and dental care. Any monies provided through Navy/Marine Corps Relief will require a repayment plan. Budget counseling and baby layettes are also provided for free.
- Red Cross:** 257-3150-The Red Cross provides emergency communications between

- servicemembers and their families. This includes the verification of emergencies and situations that would allow for emergency leave. In some cases the Red Cross may make interest free loans for transportation.
- Armed Services YMCA:** 254-4719-The Armed Services YMCA provides family counseling and educational classes.
- The Family Service Center:** 257-3655-The Family Service Center provides family counseling and family oriented workshops.
- Transition Assistance Management Office (TAMP):** 257-3135-TAMP has many classes available to personnel leaving the active duty status. For more information contact James Gardner.

## HAWAII Marine

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The Hawaii Marine welcomes stories and photo submissions

## HAWAII Marine

Serving the following major commands

- Marine Forces Pacific ..... LtGen. H. C. Stuckpole III
- 1st Marine Expeditionary Brigade .... BGen. R. F. Vercauteren
- MCAS Kaneohe Bay ..... Col. R.R. Crawford
- Marine Barracks Hawaii ..... Col. W.W. North
- Camp H. M. Smith ..... Col. F.C. Wilson
- 1st Radio Battalion ..... LtCol. R. Monreal

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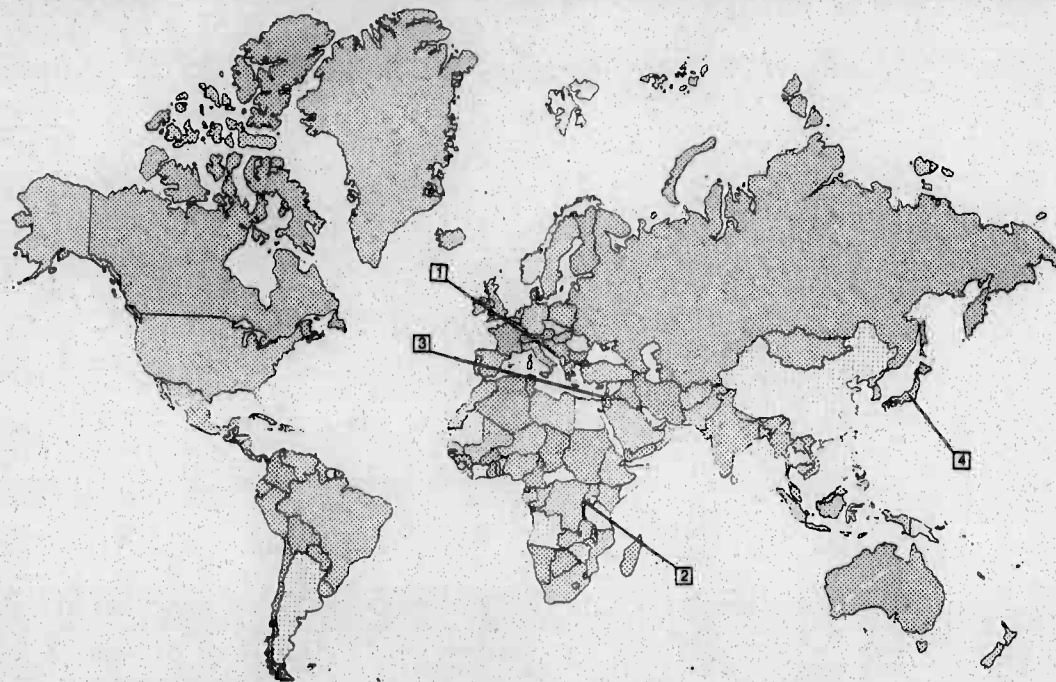
# This week around the world

## 1 Serbs target NATO

Serb rebel commanders ordered their troops Tuesday to shoot down NATO war planes, lay mines to trap U.N. peacekeepers and ignore diplomats attempts to keep peace talks on track in Bosnia-Herzegovina. This comes after NATO-backed, U.S. air strikes of Serb forces besieging Gorazde.

Serb leaders have warned that the U.N. Protection Force is now considered an enemy. A Dutch military observer has disappeared and is feared kidnapped. Serb rebels have imprisoned 10 workers from a French relief agency in a Sarajevo suburb.

President Clinton said the NATO action is an effort to force both Serb and Bosnian forces to return to the negotiating table. Russian officials renewed their objections to the NATO bombing and said it might hinder closer ties with the Western allies.



## 2 Rebel forces enter Rwanda capital

French and Belgian paratroopers evacuated the last of foreign refugees Tuesday from Kigali, the capital of Rwanda, as rebel forces moved in.

According to U.N. officials, the rebels, mostly members of the minority Tutsi tribe, appeared to be winning control of the capital and government forces were ineffective in stopping their advance.

An estimated 20,000 people have been killed in the fighting between the Hutus, who comprise 90 percent of the country's 8.5 million people, and the Tutsis. The fighting was set off last week by the downing of a plane by rebel forces that killed the presidents of Rwanda

and Burundi.

More than 1,000 foreigners have been evacuated from Kigali and more than 100,000 Rwandan refugees have fled the capital toward Burundi to escape the fighting.

## 3 Bomb kills six Israelis

A bomb exploded on a bus in Hadera, Israel, Wednesday, killing six people and injuring two dozen. The attack was claimed by the

radical Islamic group Hamas, which said the bombing was in retaliation for the Hebron mosque massacre of Feb. 25 that killed a number of Palestinians.

This attack comes after a suicide car bombing last week in nearby Afula that killed seven Israelis. Hamas has claimed it will commit five bombings for the Hebron attack.

Ongoing peace talks in Egypt, Israeli and Palestinian negotiators have reached agreement on the size and deployment of a Palestinian police force, and on a timetable for the release of 5,000 prisoners. Both Israeli and Palestinian leaders expect a final peace agreement to be completed by next month.

## 4 Japan leadership up for grabs

Japan's eight political parties are fighting for position in an effort to regain power after the resignation of Prime Minister Morihiro Hosokawa last week.

The political coalition is struggling to remain intact after the popular Hosokawa stepped down. He was the first prime minister not part of the Liberal Democrats, who held power in Japan for the last 40 years.

The Liberal Democrats are not expected to have an easy time of finding coalition partners to gain a parliamentary majority which would allow them to select another prime minister. Liberal Democrats have been burdened with widespread scandal and polls indicate voters oppose a new government headed by the party.

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**PRESS RELEASE!**

Hope Chapel Kaneohe is sponsoring a benefit spaghetti dinner for Ben Parker Elementary School on Saturday, April 16, 1994. The community is invited to purchase tickets (\$5 for adults and \$3 for children 12 and under). Profits are going to replace computer equipment that was taken during the recent break-ins.

There will be two seatings for the dinner, 5:00 p.m. and 6:30 p.m. Hoku-award winner The Pandanus Club will provide entertainment. Tickets may be purchased at Pricebusters in Kaneohe. Takeouts are available.

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Windward Dive Center



A slick of Recon Marines descend into DZ Shark from an altitude of 1,250 feet. Recon Marines in a jump status are required to jump once a quarter.

## Recon Marines drop in for their training requirements

By Sgt. Marlon J. Martin  
Staff Writer

Jumping from a helicopter may seem ridiculous to many people, but for Marines assigned to Reconnaissance Company, 3d Marines, it's their job and may someday be their mission. During a recent jump exercise here, Recon Marines jumped from a CH-46 at DZ Shark, a drop zone located at the north end of the flightline.

"We jump whenever we can," said Cpl. Charles E. Downer, a Recon jump master. "Marines on jump status are required to jump once a quarter. So whenever there's an operation, we try to insert a team of parachuters."

Parachuting is not the easiest thing to do. Working up the nerve to jump alone can be a difficult task, especially for those who are just starting.

Occasionally a Marine will experience a rough landing, but these incidents can be avoided when jumpers think before they act. According to Downer, who acted as the DZ safety officer for the jump, problems seldom occur when Marines take their time and demonstrate the proper jumping techniques.

As the safety officer, Downer ensured the drop zone was clear of all harmful obstacles and safe for the jumpers to land. By keeping a steady flow of communication with the jump master, Downer made sure the Recon Marines weren't jumping into winds higher than 13 knots. During peace-time operations, winds blowing faster than 13 knots are considered dangerous.

The Marines were taught the proper techniques of jumping during the early stages of parachuting when they underwent

formal schooling at Fort Benning, GA. There, the students are instructed to form a tight body position prior to exiting the aircraft, which consists of the jumper placing his head upon his chest, keeping his feet and knees together and his eyes open as he stands slightly bent forward. His right hand covers the rip cord grip on his reserve pack while his left hand rests on the left corner of it.

Downer, who's been parachuting for almost seven years, said all jumpers are required to carry a reserve pack, "just in case there's an unforeseen malfunction." Serving as a back-up chute, the reserve connects onto the harness of the main parachute.

Downer added that the main parachute should open within four to six seconds, depending on the type of aircraft used. When using rotary-wing vice fixed wing aircraft, the chute takes a couple of seconds longer to open due to the aircraft flying at slower speeds.

After the command to "Go" is given, the count begins. Once the chute opens, the paratrooper strives to gain canopy control by reaching up and grabbing the toggles, the steering lines used to guide the jumper into the drop zone. Then he visually inspects the chute, checking for any holes that may be larger than the size of his helmet.

In addition to their jumping skills, paratroopers are taught to execute a parachute landing fall. During this phase, the jumper attempts to relax while putting his feet and knees together. He positions himself to fall onto his side as soon as the ball of his feet touches the ground. This technique distributes the force of the impact.

"It's awesome," said Downer, who compared parachuting to sitting in a chair with a big, sun shade overhead. "Sure, everyone gets butterflies in their stomachs — and they don't go away. But when you're jumping, the adrenaline rush gives you a sensational feeling that you can't help but enjoy."

Parachutists descend to the earth from a beginning altitude of 1,250 feet. Although they are known to jump from higher altitudes, Sgt. Dean Doolittle, who is in charge of the paraloft, said the lower the altitude, the better.

"The less time a jumper is in the air, the less time he is exposed to enemy fire," said Doolittle.

Upon completion of formal training at the Army's jump school, Marines receive silver wings, the Army's parachuting insignia, which signifies five jumps. But to reach the ultimate goal of wearing the gold wings, the Marine Corps/Navy parachuting insignia, it requires even more extensive training.

Per Marine Corps Order 3500.20, Marine Corps Parachuting and Diving Policy and Program Administration, five additional jumps, to include a combat equipment day jump and two combat equipment night jumps, are needed. In addition, the Marines must be in a jump status.

"Parachuting is an insertion technique used before patrolling, which is the meat and potatoes of reconnaissance. We're the eyes and ears of the regiment; it is our job to penetrate into enemy territory with the intent of gathering and reporting information on the enemy," Doolittle added.



Recon Marines load a HMM-265 CH-46 helicopter in preparation for a static line jump from an altitude of 1,250 feet, during a recent parachute exercise at DZ Shark.



Crash landings for Recon Marines were not a problem when they exercised the proper landing technique.



Recon's Sgt. George P. Aurello attempts to remove his foot from the suspension lines of his parachute harness following a jump at DZ Shark, located at the north end of the flightline.

Photos by  
Sgt. Marlon Martin

# Front and center

## Marine passes on knowledge and improves skill of troops

By Sgt. Lou Ramirez  
Staff Writer

Marines always take pride in self-improvement; Sgt. John Larson, being no different, has always sought to excel while taking care of his troops.

The Company B, 7th Communications Battalion, Marine joined the Marine Corps, two weeks after graduating high school, June 2, 1987. Larson, like many others, wanted to see the world.

So, the world he has seen. He has gone from the East Coast while stationed in Camp Lejeune, N.C., to deploying to Saudi Arabia during Operation Desert Storm to his most recent deployment to Somalia. Larson says he has been able to learn many skills in installing, operating and maintaining communication equipment. He has used these skills to teach other Marines and help them improve themselves.

As the communications chief for the 1st Marine Expeditionary Brigade Command Post he has observed the unit's growth first hand. "The communications team

I have now is faster and smarter than it was before," Larson said.

Larson explained this speed and knowledge has been built up by training.

"Hours and hours of training; it is the only way you can do it," the 25-year-old said.

Constant training allows the Marines to increase their overall knowledge and improve their skills. Larson said it also helps them become more confident in what they can accomplish. And sometimes training uncovers new or better ways to accomplish tasks.

"Being with an infantry unit (Larson was the Naval Gunfire Communications Chief while stationed with Headquarters Battery 2d Battalion 10th Marines, Camp Lejeune, N.C.) you learn a lot of shortcuts and how to implement them," Larson said.

"Larson provides the team with proper guidance and experience. This knowledge makes them very reliable. They can do almost anything," said GySgt. Roy Taitague, radio chief, Company B,

7th Communications Battalion.

According to Larson, the Marines he has on his team are hand selected.

"When I got here a staff sergeant was in charge, soon thereafter I was put in charge and was able to hand-select the Marines I wanted in my team. They are a good group of kids," Larson said with a gleam of pride in his eyes.

Although the Marines he selected were already the best in the battalion, their skills improved even more once they became part of his team.

"I think the secret is to keep them interested in what they're doing," he said. "If Marines are interested in their work, all you have to do is sit back and watch."

He said it is also important for them to be a part of the decision making and to let them be part of the game.

In doing this, two things are accomplished; the Marines perform at a higher level and they gain

pride in their work, he explained.

Larson said pride, a genuine interest in his job and the people who work for him has been the difference in his military success.

But most importantly, he said, "If you listen to your troops, keep an open mind and are honest, you can accomplish almost anything."

This attitude is what will help Larson reach one of his highest goals, which is to be sergeant major of the Marine Corps.

In order to reach this goal, Larson realizes there are many more steps which need to be taken toward professional development.

As his next stepping stone, Larson will depart to Cuba in two weeks to be part of the Marine Corps Security Forces.

After completing his tour there, he plans to continue using his Marine Corps knowledge to help develop motivated, well trained Marines while serving as a drill instructor.



Sgt. John Larson has accomplished one of his main reasons for joining the Marine Corps, travel.

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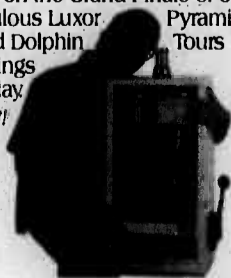
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# Purple Foxes pass readiness test with flying colors

By Sgt. Marlon J. Martin  
Staff Writer

**POHAKULOA TRAINING AREA** — Marine Medium Helicopter Squadron-364 "Purple Foxes" whizzed through its Marine Corps Combat Readiness Evaluation (MCCRE) test with flying colors, March 23-26. While HMM-364 was evaluated by wing personnel, it played a supporting role in 2d Battalion, 3d Marines, MCCRE, during PTA 2-94 here.

The MCCRE, which collectively determines levels of unit mission performance, is designed to reveal both strengths and weaknesses. Units are required to undergo this evaluation process prior to any deployment. MCCREs are used as building blocks to the training that units receive while deployed. The Purple Foxes and 2/3 are scheduled to deploy to Okinawa in June.

While at PTA, the Purple Foxes served as the aviation combat element (ACE) for the Marine Air Ground Task Force commanded by Col. Chris Cortez. In addition to its own evaluation, the Purple Foxes engaged in various training exercises with 2/3 to include troop inserts, resupply, external lifts and raids.

Although HMM-364's primary mission was to provide assault support to 2/3, it managed to apply three of the six functions of Marine aviation: reconnaissance, control of aircraft and missiles, and assault support. Anti-air warfare, offensive air support, and electronic warfare are the other functions.

Familiarization flights were flown practically every day. Consequently, HMM-364 acquired a lot of pilot training. Pilots received experience in high-level and low-level night vision goggle flying, which was useful in readying the squadron for its MCCRE.

"Along with tactical missions and high altitude operations, the squadron flew several FAM flights throughout the area to familiarize the pilots with the terrain so they could find local landing zones. The Marines have worked very hard under arduous conditions," said Capt. Mark Peters, maintenance officer, HMM-364, referring to the cold weather conditions at PTA.

"It's business as usual," Peters declared. "Our primary concern is to support ground forces. To do so, we supply aircraft to meet the tempo of operations. This same type of training is done at

home, but we do it more here, because the range is more convenient."

Training with night vision goggles may have been an experience for the pilots, but for LCpl. James Hardaker Jr., a highlight for him was partaking in the gun shoots. Enduring several weeks of training, Hardaker, a helicopter mechanic, was one of four Marines to qualify with the .50 caliber machine gun.

"The guns worked smoothly and there weren't any problems," explained Hardaker, who commented that he felt comfortable when shooting the .50 caliber machine gun.

According to SSgt. Herb Jones, flight line NCOIC, crew chiefs must qualify annually with the .50 caliber machine gun. Hardaker and the other three Marines qualified with the weapon as part of their training syllabus to become observers/aerial gunners.

When describing the squadron's training cycle, LtCol. Paul McNamara, commanding officer, HMM-364, said the training was "excellent."

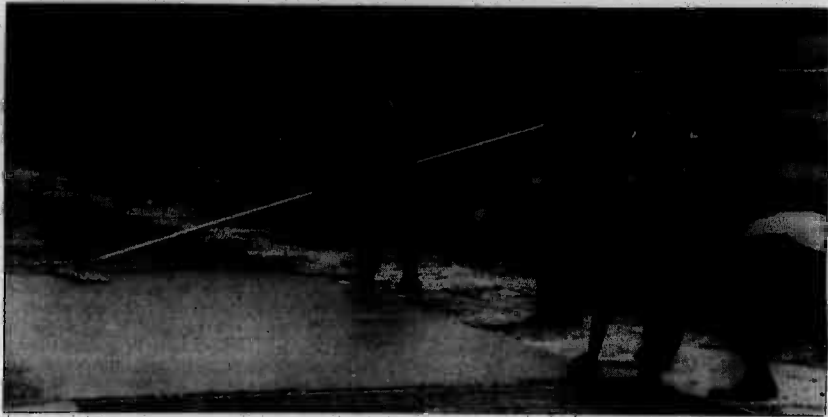
"The morale was high, production was excellent and PTA is a very challenging and productive training environment. It was good training for us," McNamara said.



Cpl. Wanda Compton.

## Paving the way

Marines work hard to pour and set the concrete for the new slab pad driving range at the golf course here. Marine Wing Support Squadron-174 construction branch was tasked with this project and began breaking ground March 21 and, despite numerous rain delays, finished April 8.



Cpl. Wanda Compton

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# Hawaiians celebrate the New Year at Mokapu Peninsula

□ Ceremony held on sacred grounds for the first time in more than 70 years.

By Sgt. Marion J. Martin  
Staff Writer

Members of the group Ka Lahui Hawai'i and their supporters gathered at Pyramid Rock beach to mark the end of the Makahiki season and the beginning of the Hawaiian New Year, Saturday and Sunday.

This was the first time the ceremony known as Hoaka has been conducted on the Mokapu Peninsula in more than 70 years.

During the sunrise and sunset ceremonies, the group of about 40 people chanted Hawaiian songs and prayers while holding hands in a circle around the lele. A lele is a bamboo altar erected with its four corners pointing in the north, south, east and west.

Ka Lahui Hawai'i pointed the lele in each direction to cover all directions of the surrounding elements. Wahine Na Koa or female ceremonial guards stood at each corner of the lele while Nakoa Kahiko, the male guards, blew

into the pu or conche shell to make a spiritual connection with the four corners of the horizon.

According to Hawaiian beliefs, there are four major gods: Kane, Kanaloa, Lono and Ku. Kane is believed to be the God of fresh water, Kanaloa is the God of the ocean, Lono is the God of agriculture and Ku is comprised of the male diety of abundance and the female diety of fertility. Each god is represented in one of the four directions.

A sacred landmark was also represented in each direction, such as Ku au (Pyramid Rock), which faces north and Puu Hawaii Loa, (Kansas Tower) standing to the south of the peninsula. Moku Manu (an offshore island translated as bird island), lies in the east and Pali Kilo (the cliffs overlooking the beach) is towards the west.

The lele, loaded with offerings of gifts made of native plants, such as taro, sugar cane, fern shoot and awa — a tradition root, was dismantled at the end of the ceremony out of respect for all the elements and the aina or land.

As the lele was being dismantled, the offerings, referred to as ho'okupu, were then removed and returned to the ancient Hawaiian burial grounds.

In accordance with the Hawaiian lunar calendar, April 10 is the last day of the year. This day is called Muku and it marks the end of the Makahiki, or harvest season, which was a time of peace when war was forbidden. Additionally, this represented a time for native Hawaiians to gather their mana or spiritual power, as they set goals for the New Year, which begins on the new moon or Hilo. "We all worked very hard to



Ka Lahui Hawai'i Palaina blows into a pu or conche shell to make a spiritual connection with his Hawaiian ancestors before discarding the ho'okupu or offering of gifts made of native plants.



Ka Lahui Hawai'i members represented ceremonial guards, during the ceremony to dismantle the lele. The lele was a bamboo altar erected with its four corners pointing in north, south, east and west.

achieve this," said Toni A. Yardley, a member of Ka Lahui Hawai'i, referring to the coordination between Ka Lahui Hawai'i and air station officials. "Mokapu is very sacred to us. It meant a lot just for us to be able to hold our ceremony here."

Holding the ceremony on a sacred site on the Mokapu Peninsula was very important to Ka Lahui Hawai'i citizens, and their supporters. Filled with burial grounds, heiau (shrines), and

ancient fishing grounds, the Mokapu Peninsula is surrounded by sand dunes that have become significant as one of Hawaii's major archaeological sites.

Coinciding with the ending of the Makahiki season, Hoaka was a time for native Hawaiians to connect with themselves, each other and their ancestors as they moved forward into the New Year.

According to Yardley, the whole purpose of the ceremony was to make a connection with their

ancestors on sacred ground while reviving their own spiritual strength.

"We are merely seeking to restore our cultural practices," said Yardley, who is proud to see the learning that's taking place.

"Nothing was rehearsed. The group went off their knowledge and their learning. Everything was done right and handled respectfully. We felt the spiritual power and it felt good," Yardley added.

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 HN J. Sario  
*Meritorious Mast*  
 HN J. Sario  
 LCpl. B.B. Delcastillo  
 LCpl. T.E. Kane  
*Promotion*  
 Cpl. R.J. Savceda

**1st Bn., 12th Marines**  
*Promotions*  
 Cpl. J.T. Farren  
 Cpl. E. Skeets  
*Deans List*  
 LCpl. A.J. Wilson

**MWSS-174**  
*Promotion*  
 LCpl. T.L. McCollum  
 Cpl. E.J. Schnell  
*Welcome Aboards*  
 PFC L.F. Demiranda  
 PFC J.R. Meadows

**1st Bn., 3d Marines**  
*Navy Achievement Medal*  
 SSgt. K.S. Sokolowski Jr.  
*Good Conduct Medals*  
 Cpl. R. Garcia  
 LCpl. M.S. Abels  
 Cpl. E.H. Chavez  
 Cpl. D. Moncada  
 LCpl. A.G. Edmondson  
 LCpl. J.J. Loera  
 LCpl. J. Serrato  
 LCpl. M.C. Stone  
*Promotions*  
 Sgt. M.E. Fisher

Cpl. N.K. Thrasher  
 LCpl. L. Colon  
 LCpl. B.K. Dillard Jr.  
 LCpl. W.J. Lussier  
 LCpl. J.H. Skeete  
*Meritorious Mast*  
 Sgt. L. Johnson  
 Cpl. L. Arras  
 Cpl. B.A. Williams  
 LCpl. S.R. Beyke  
 LCpl. S. Converse  
 LCpl. H.D. Olivas  
*Certificates of Commendation*  
 Cpl. J.W. Saas  
 Cpl. K.R. Syverson

**2d Bn., 12th Marines**  
*Good Conduct Medals*  
 Cpl. A.J. Jimenel  
 Cpl. J. Rios  
 LCpl. G.W. Brumblow  
 LCpl. H.F. Chester  
*Promotion*  
 Sgt. R.F. Collins  
*Certificate of Commendation*  
 Sgt. M.R. Gray

**Sergeant's Course**  
*Completion of Class 4-94*  
 Sgt. P. Aguiar  
 Sgt. M.L. Blazer Jr.  
 Sgt. J.N. Bosworth  
 Sgt. R.J. Bowie  
 Sgt. K. Bryant  
 Sgt. J.R. Courtright  
 Sgt. J.C. Downey  
 Sgt. R.R. Esteban  
 Sgt. S.L. Ferguson  
 Sgt. D.C. Garrett  
 Sgt. J.A. Harrison  
 Sgt. J.E. Jacobsen  
 Sgt. J.M. Kanakis  
 Sgt. C.R. Livingston  
 Sgt. J. Lucas Jr.

Sgt. A.M. Randall  
 Sgt. D.C. Territo  
 Sgt. L.L. Withrow Jr.

**HMH-463**  
*Navy Achievement Medal*  
 LCpl. W.E. Reid  
*Good Conduct Medals*  
 LCpl. P.E. Owen  
 LCpl. W.E. Reid  
*Promotions*  
 Sgt. S.D. Fry  
 Sgt. G.A. Kestner  
 Sgt. D.W. Jordan  
 Cpl. J.A. Brooks II  
 Cpl. R. Torres

Cpl. W.E. Reid  
*Certificate of Commendation*  
 Cpl. D.R. Butala  
 Cpl. B.A. Ratledge  
 Cpl. R. Torres  
 Cpl. Roberto Torres  
*Letter of Appreciation*  
 Sgt. D.D. Douthett  
*Welcome Aboard*  
 Sgt. R.T. Czajkowsky  
*Reenlisted*  
 SSgt. J.E. Tibor  
*Marine/NCO of the Quarter*  
 Cpl. J.C. Perry  
*Designators*  
 Sgt. E.S. Bartolome  
 Cpl. T.S. Peddycord Jr

**1st Radio Bn.**  
*Promotions*  
 Cpl. J.A. Fauntleroy  
 LCpl. D.A. Denslow  
*Welcome Aboards*  
 SSgt. W.A. Rooks  
 SSgt. R. Dunn  
 LCpl. S.C. Bennett  
 LCpl. D.A. Denslow  
 LCpl. H.H. Force  
 LCpl. S.F. Overbaugh

# Invest in U.S. Savings Bonds

By MSgt. Linda Lee, USA  
 AMB

When looking for a way to save for tomorrow, consider U.S. Savings Bonds.

More than 55 million Americans participate in the U.S. Savings Bond program. Series EE bonds currently guarantee 4 percent interest compared to 2 percent or so offered by most banks, said treasury officials.

Service members can purchase Series EE bonds at half their face value in denominations up to \$10,000. For example, a \$100 bond costs \$50 and a \$1,000 bond costs \$500. There is a purchase limit of \$15,000 in actual costs — \$30,000 in bond's face value — per calendar year per individual. The bonds mature to their face value in later years.

It's easy to buy bonds, said treasury officials. Service members can buy them over-the-counter or through a bond-a-month purchase program at local financial institutions.

The simplest method, however, is the payroll savings plan, added treasury officials. A set amount is deducted from each paycheck for part or all of a bond's purchase cost. For example, a monthly deduction of \$50 buys a \$100 bond every month; \$25 deductions buy the bond every two months.

The current minimum interest rate for Series EE and

HH bonds is 4 percent, said treasury officials. However, bonds issued before March 1, 1993, pay previously guaranteed minimums until the bond matures or the extended maturity period ends. For some bonds, that can be 6 percent or higher.

Series EE bonds can be redeemed beginning six months after purchase, said Defense Finance and Accounting Service officials. The bonds mature in 18 years. Two extensions, the first for 10 years and the last for two years, can be added to the initial term of 18 years for a final maturity of 30 years.

For the first five years after purchase, Series EE bonds earn 4 percent, compounded semiannually. After five years, the bonds become eligible for a variable market based interest. After the 18-year mark, the interest rate is the guaranteed rate in effect when the extension begins, added finance officials.

Series HH bonds, said treasury officials, are current income bonds with the interest paid by check to the individual twice a year or by direct deposit to the bondholder's bank account. They can be obtained only in exchange for Series E and EE savings bonds.

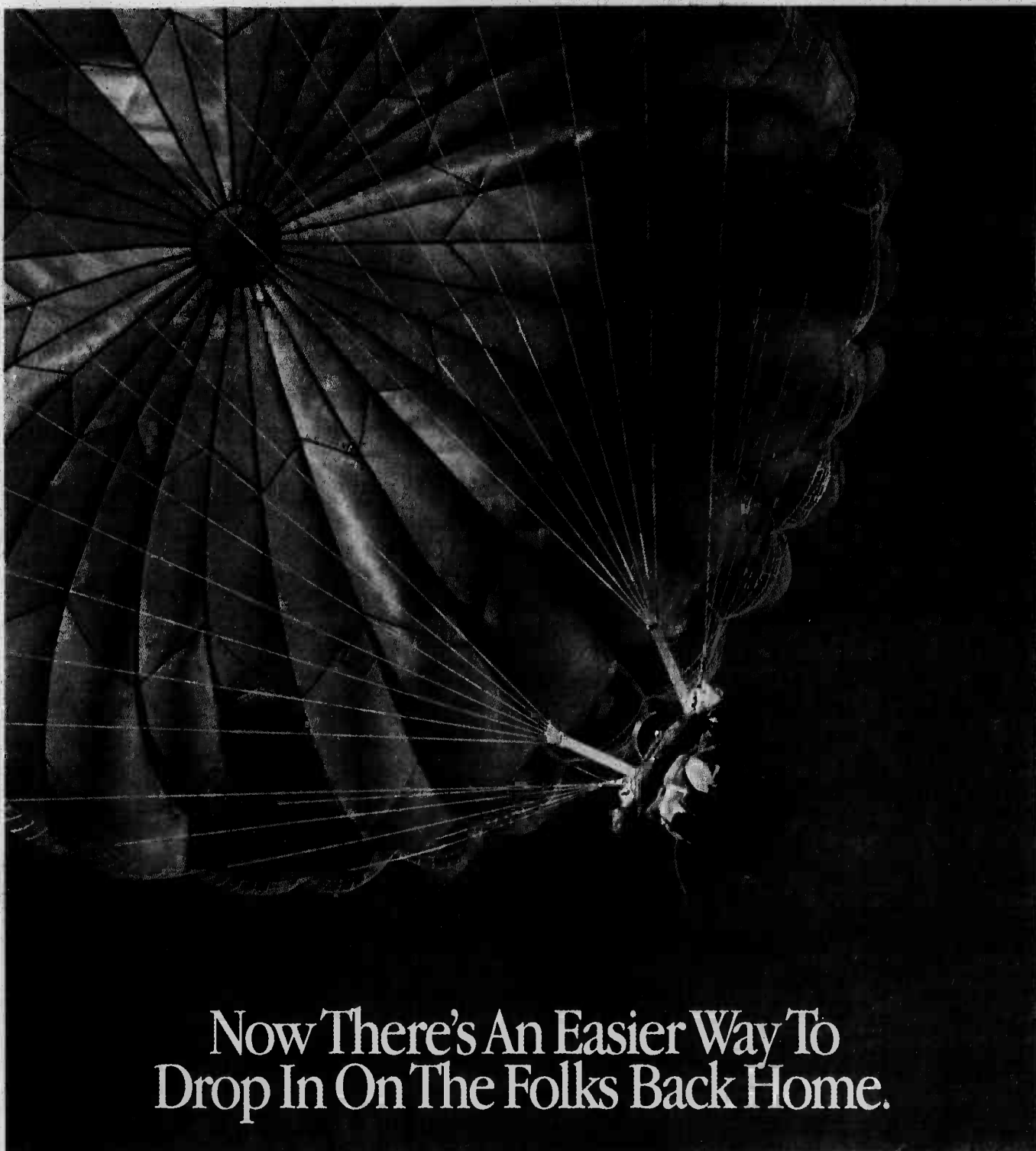
The variable market-based interest rate does not apply to these bonds. The interest rate for Series HH bonds issued on or after March 1, 1993, or HH

bonds which began extensions on that date, is 4 percent; those issued or extended before the March date continue to earn the rate guaranteed at time of issue or extension.

Reasons to buy bonds, said defense finance officials, include:

- Interest is free from state and local taxes.
- You pay no federal taxes on the interest earned until the bonds are cashed or reach final maturity in 30 years. If exchanging Series EE bonds for Series HH, you may defer taxes, even longer.
- If used to help pay college cost, some or all interest may provide special tax benefits.
- Bonds begin earning interest on the first day of the month that half of the purchase price is paid.
- If lost, stolen or destroyed, you can replace them at no cost.
- Bonds can be turned in for cash on demand.
- You pay no commissions or maintenance fees.

First sold in 1935, more than \$155 billion in savings bonds are currently outstanding. In fiscal 1992 alone, the U.S. Treasury sold more than \$13 billion worth of savings bonds. Every billion dollars worth of bonds sold saves the U.S. government about \$70 million in borrowing costs, treasury officials estimated.



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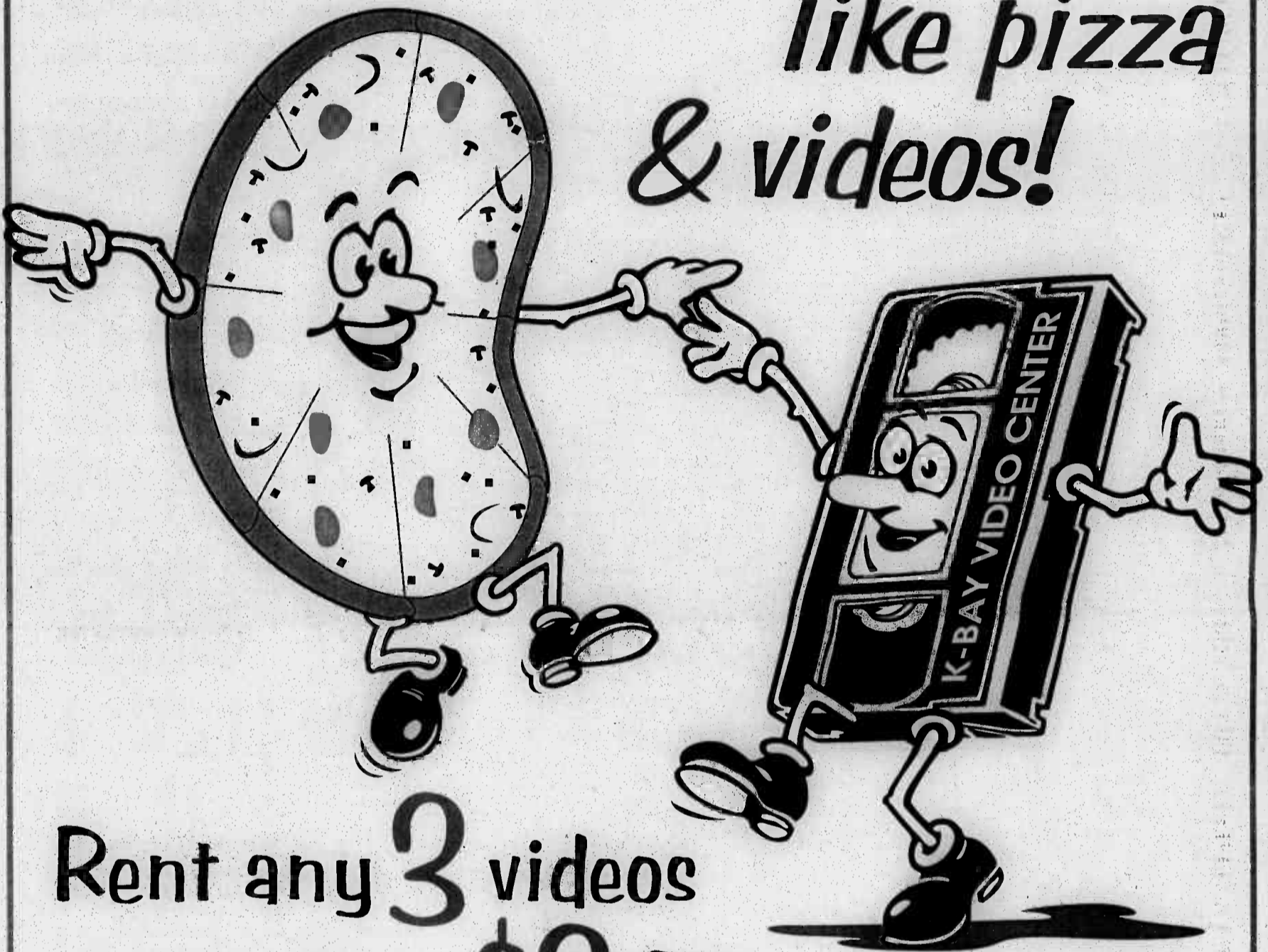
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Official USMC Photo

## Wipeout

Grab your sticks and head to Pyramid Rock Beach Saturday for the best beach party this side of the Koolaus. Beach Bash '94 will feature surfing and volleyball competitions, a sand sculpting contest plus music and food for the entire family.

## K-Bay Marine coaches B-ball team to victory

By Sgt. Kevin Doll  
Staff writer

Although Marines are known for their tenacity and winning ways in many sports, this has never been the case during the Men's Armed Forces Basketball Championships.

Until now. The Marine team persevered and emerged victorious during the championship March 18-20 at Naval Air Station Alameda, Calif.

Helping them achieve this milestone in military sports was All-Marine Coach GySgt. Norris Chappell, hazardous waste coordinator, Marine Aircraft Group-24.

Chappell and Coach SgtMaj. Christopher Crawford, Marine Corps Base Camp Pendleton, Calif., were the guiding force and glue that helped transform 12 men into a winning entity for the first time ever.

The job of the two coaches began even before the Armed Forces tournament, however. Chappell observed the East Coast Regional Men's Basketball Tournament and chose the top players from that playoff to attend the All-Marine camp, as did Crawford with the West Coast Regionals. A committee did the same in Okinawa for the MarForPac

Regionals. From a total of 29 Marines who attended the camp, the coaches had to cut down to a 12-man team. Only one MarForPac Marine, Ronnie Gipson from Okinawa, made the final cut. He was also chosen for the All-Armed Forces team.

This team probably had the odds stacked in their favor with Chappell as their coach. He is a former six-time All-Marine Basketball player and this was his fourth year on the coaching staff.

"Over half the team was veteran players," Chappell explained. "And all of them had played for either myself or the sergeant major before." According to Chappell, since the players either knew or knew of the coaches and their reputation, this added to the respect the players had for them.

"The players knew we knew what we were talking about when it came to our game strategy," he said. "They realized we had the tools for them to win."

One of the deciding factors in this year's win was the reliance on a strong defense, Chappell explained.

"We knew all the different teams could play offense and run up and down the court and score," he said. "To win, we knew we had to stop them from scoring and

force the turnovers."

That strategy worked against the Navy, the proverbial thorn-in-the-side for the Marines during the tournament. The Marines sank them 113-87.

"We have always been pitted against the Navy first in the tournament," Chappell said. "When we defeated them and found ourselves in the winner's bracket for once, it was motivating. We made the commitment to remain in the winner's bracket."

The team continued their winning ways, barely defeating the Army by only a basket, 104-102. But when the two teams met again, the soldiers handed the devil dogs a painful 122-103 defeat.

"The cooler heads prevailed in that game," Chappell said. "We underestimated them and our men just played flat."

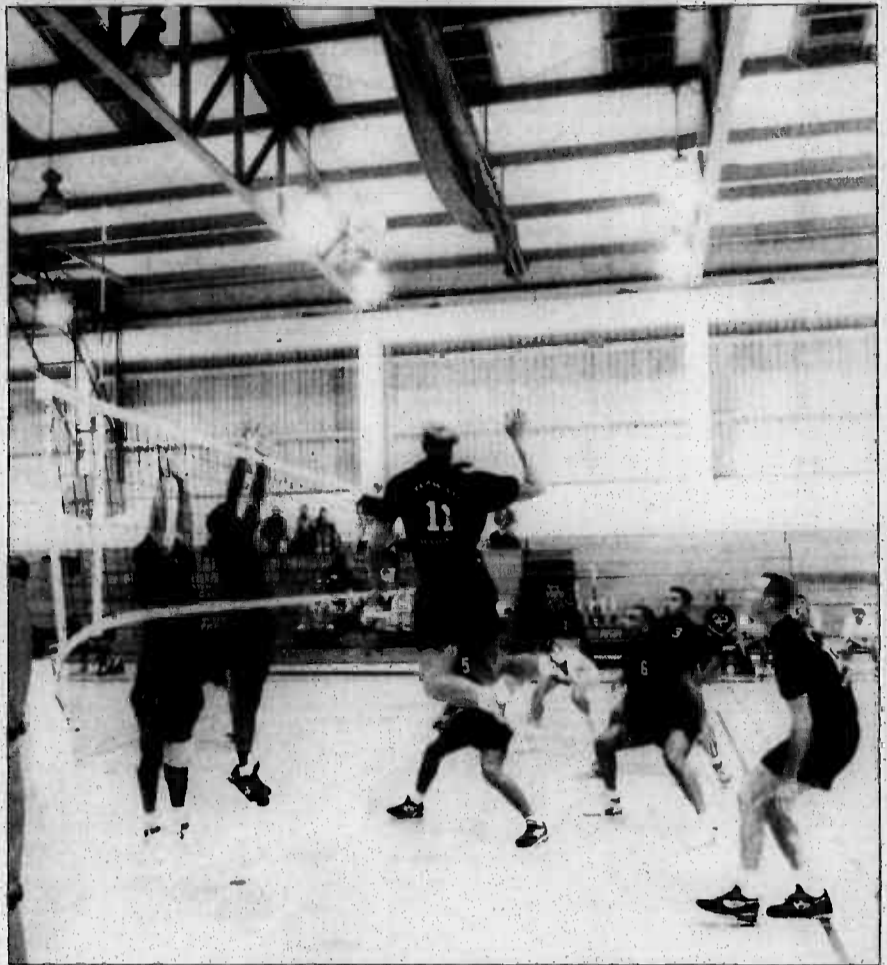
After the loss, Chappell and Crawford reminded them, as only the best coaches can seem to do, just what was at stake in the next game and tried to reinforce their winning game plan. It worked.

"In the championship game we led by seven points at the half and went on to win, 92-81," the coach said. Twenty-eight points scored by Gipson helped the team to victory.

"After playing and coaching in the tournament for so many years, well, this just felt great," Chappell said.

As further tribute to Chappell's coaching skills, he has been chosen to coach the U.S. All-Armed Forces team which will compete in the International Military Sports Council Championship (CISM) later this summer.

"Maybe this win will give hope and lay the groundwork to whoever plays and coaches the All-Marine basketball team next year," Chappell said. "Instead of just settling for second place or something below that, we now know we can win it all."



Sgt. Kevin Doll

Hawaii Marines' Scott Arnold rockets upward before executing a punishing spike against Okinawa defenders during his team's victory in the 1994 Men's MarForPac Regional Volleyball Championship April 7 at the Main Gym here.

## Hawaii V-ball champs, win 4th year in a row

By Sgt. Kevin Doll  
Staff writer

Hawaii Marine coach Evangelia Faasesa claimed early in the tournament his team would take the title of the MarForPac Regional Men's Volleyball Championship for the fourth year in a row.

And they did. Barely. The Hawaii Marines defeated the tenacious Okinawa One team in a five-game, see-saw battle at the Main Gym here April 7, downing them 7-15, 15-7, 15-7, 13-15, 15-12.

The home team went into the final match undefeated, after downing both Okinawa Two and Okinawa One earlier in the tournament. Okinawa Two claimed third place honors after defeating Iwakuni.

Although Hawaii came into the match high on their earlier victories, the Okinawa players soon proved they weren't going to go down easily. The boys from "Oki" quickly pulled ahead in the first game, 7-4, capitalizing on Hawaii's mistakes. Confusion in the home team's ranks allowed Okinawa to serve aces; Shane Studer added insult to injury with his punishing spikes to help propel his team ahead to 10-4.

Hawaii, unable to get anything started, was playing its worst game of the tournament, with blocks missing, serves not getting over the net and spikes landing outside. But Okinawa could do no wrong and, inevitably, won the

game, 15-7.

Game two started much the same, as the boys from Japan pulled ahead to a 4-1 lead before Hawaii ended their run. The Hawaii combination of Drew Aschenbrenner and Scott Arnold helped their team pull it together and get on the board with their well-aimed spikes. Okinawa suddenly fell prey to what Hawaii had in the first game as the Kama'ainas launched ahead to an 8-5 lead. The home crowd added to Hawaii's momentum and Okinawa only scored two more points before being put away, 15-7.

Hawaii came out in game three with both barrels blazing and jumped to a 2-0 lead. Anival Saunders kept his team moving with a series of blistering spikes and more Hawaii teamwork rocketed them ahead to 8-2. A little help from the line judge, who called an outside ball inside, put them up 11-4. Okinawa had one last dying gasp and managed to wrangle three more points before Hawaii put them away in the third game, 15-7.

In game four, Hawaii was aiming to sink Oki for good and begin celebrating their championship victory. Unfortunately for them, they seemed to forget Okinawa didn't get to the championship game for just looking good.

This game proved to be the closest, hardest fought match of the evening with a point-for-point

battle. The game tied at four, five and then six before Hawaii began to take the lead. Like a steamroller, the home boys racked up the points, but Oki was right behind them at 12-9.

Jason Pinney and Studer were key players in Okinawa's comeback as the two had a number of saves and blocks which helped their team first tie Hawaii at 13 and, shortly thereafter, claim the victory at 15-13 to tie the match at two games each.

As the final game began, both teams showed signs of fatigue from four games of battle. The home crowd may have been a deciding factor in game five as the Hawaii steamroller started its engine again and the crowd responded.

Jewel Fautanu gave Hawaii a boost with his serving streak that netted his team five points and gave them a commanding lead at 8-2. Okinawa responded by falling apart and allowing Hawaii to move out to an 11-4 lead.

But with Studer leading the way with his ballistic spikes, the boys from Japan again reached down, pulled it together and fought back to within two at 12-10. As the home crowd wondered if Hawaii would let the big one slip from their grasp, an Arnold spike broke the Oki spell and Hawaii then easily moved in for the kill to claim point, game, match and championship, 15-12.



Official USMC Photo

GySgt. Norris Chappell (front left), and SgtMaj. Christopher Crawford, (front right), 1994 Men's All-Marine Basketball coaches, helped guide the team to a first-ever championship win during the Men's Armed Forces Basketball Tournament recently.

## From the cheap seats: A sports commentary

By John Magnus  
KMCAS Outdoor Recreation Supervisor

### John's campaign for baseball commissioner sounds promising

What a concept. New York radio's shock jock, Howard Stern, is running for governor of New York. He proposes three things; bring back the death penalty, stagger the highway toll booths and fix the highways. When he accomplishes these three things, he'll resign. What does this have to do with sports you ask? Well, nothing. But it did give me some ideas.

I was noticing that professional baseball doesn't have a commissioner. The owners voted last January to strip the commissioner of some of his "best interests" powers, but the commissioner would still have control to protect the "integrity and public confidence in baseball."

Well, I am proposing that I fill the vacant position, and I will do my best to protect the "integrity and public confidence in baseball." What that really means is; make it more fun for the fans.

If I am selected as the next baseball commissioner, I will propose that one half of all baseball games be played during the day. Oh sure, the leagues will lose money because of lost TV advertising revenues, but do you care?

By losing these advertising dollars, one great change will occur in Major League Baseball; the owners won't have enough money to pay the high-priced free agents.

And how will this make the sport more fun for the fans? Well, for one, we won't have to hear all of the spoiled little brats' stupid whining that \$3 million per year isn't enough money. Sure, they play eight months out of the year for \$3 million and we work our butts off for 12 months for \$30,000. Take a hike!

And with the inevitable pay cuts, the only players still around will be the guys who play for the love of the game, not the money. Guys like Paul Molitor, Ozzie Guillen and Lenny Dykstra. How about it? A league full of hustling, dirty uniformed, bubble gum blowing, grown-up kids. Isn't that why we all love baseball?

Another advantage of day games that will benefit the fans is that we will have to play hooky from school or work to go to the games. And what could be more fun than that?

In Chicago's Wrigley Field it is great to see

all of the business people lining up at the phone booths telling their offices that they are stuck in traffic or that their meeting is running longer than expected. What can be more fun than sneaking out to a ball game, drinking a couple beers, eating a hot dog and root, root, rooting for the home team when you are really supposed to be at work?

My friends and I used to duck out of high school, catch the train, and go sit in the bleachers and watch the Cubs. Okay, so it was bad to ditch school, but we didn't hurt anybody, and we had a lot of fun. And that's one thing I, if selected commissioner, propose to do. Have fun.

A second proposition that I will make is the removal of all astroturf. I hate this stuff. It's hard. It's ugly. It causes injuries. And you can't get those cool-looking mowing patterns like you can with real grass.

Grass is great. The ground crew leaves it long when a sinker-ball pitcher is due to pitch. These kinds of pitches force the hitters to hit ground balls. The long grass slows it up, making it easier to field and throw the runner out. Try letting the astroturf grow long to aid your pitchers.

Astroturf causes the ball to travel at excessive speeds, which in turn causes infielders to have to dive for the ball. Have you ever slid on

astroturf? It's like getting the most painful rug burn you could ever imagine, but ten times worse. Astroturf must go.

My third proposition is to make every Saturday a double-header day. Bring the kids out to the ballpark for a full day of sunshine, foul balls and Cracker Jacks. What more could a kid ask for? Hey remember what Mr. Cub, Ernie Banks says, "let's play two!" That is the exact kind of spirit that I, if selected commissioner, will bring back to the game.

My fourth and final proposition will be to make every Thursday, "Hot Dog and a Beer Day" at every major league park. The first 10,000 fans through the turnstiles will get one free hot dog and a beer. Soft drinks for children. I'll even give a little lee-way to the various ball parks so they can meet their local tastes. In Milwaukee it'll be "Beer and a Brat (bratwurst) Day." In Philadelphia it'll be "Cheesesteaks and a Beer Day." In Toronto it'll be "Croissant and Wine Day." Get the picture?

Those are my four proposals, if I am selected commissioner of Major League Baseball, that protect the "integrity and public confidence in baseball." I promise you that every fan will enjoy America's favorite pastime once again. But unlike Howard Stern, I won't resign because I'll be having more fun than anyone.

# SPORTS Briefs

## Aerobics

Semper Fit Aerobics classes, including the STEP program, are offered everyday at the Main Gym. Classes are \$2.50 for dependents and 50 cents for active duty. Monthly passes are \$25 for dependents and \$10 for active duty personnel. Contact the Athletic Office at 254-2516 for more information.

## Kaneohe Rod and Gun Club

Meetings are held the first and third Tuesday of every month. Contact Mike Dunlap at 254-4964 for more information.

## K-Bay Officials Association

The K-Bay Officials Association is looking for any person interested in becoming a sports official. Experience is not required; the individual will be trained. For more information, please contact Harold Sharrer at 289-6175 (pager).

## Varsity soccer

The Hawaii Marines varsity soccer team is holding tryouts. All active duty Marines stationed in Hawaii and all Navy personnel stationed at Kaneohe Bay are eligible to participate. Contact the Athletic Office at 254-2516/2458 for more information.

## 30 and over basketball

The 30 and Over Basketball League organizational meeting is scheduled for today, at 1 p.m., in the Main Gym. All units wishing to field a team must have a representative present at the meeting. Call the Athletic Office at 254-2458 for more information.

## Lacrosse

The Hawaii Lacrosse Club is

## Soccer tryouts

Camp H.M. Smith is holding soccer tryouts every Monday and Wednesday at 6 p.m. at Bordelon Field. Contact LCpl. Cesar Solorzano at 477-3680 for more information.

## Globe and Anchor bowling

A bowling league is being formed for married couples which will start in early May. The league will bowl Saturdays at 6 p.m. at the K-Bay Lanes. Contact the bowling alley, or Donna at 254-1798 for more information or to sign up.

## Splash and Dash

As part of the Commanding General's Fitness Cup Series, MAG-24 is sponsoring an 800-meter swim followed by a 7.4-mile run, May 6, beginning at 6:45 a.m. The field is limited to 200 participants. The entry fee is \$3 or \$9 to include a T-shirt. Contact 1stLt. Vandenberg or MSgt. Scott at 257-1887 for more information.

## Bike-a-thon

Headquarters and Service Company, 1st Marine

Expeditionary Brigade, is sponsoring a 20-mile bike-a-thon April 22 at 8 a.m. in conjunction with the Commanding General's Fitness Series. The field is limited to 300 bikes. Registration for the event is \$2 before Friday and \$5 after that date. T-shirts will be sold for \$8.50. Helmets are mandatory. Contact Gysgt. Randle or Gysgt. LuJan at 257-4160 for more information.

## AER Golf Tourney

The 15th annual Army Emergency Relief Golf Tournament will be held at Leilehua Golf Course May 4. Check-in begins at 10 a.m. with a shotgun start at 12:30 p.m. There will be a pre-tournament putting and chipping contest held at 10:30 a.m. The tournament is co-sponsored by the Association of the United States Army and the U.S. Pacific Command.

The tournament entry fee covers green and cart fees, prizes, refreshments, an awards banquet and a tax-deductible donation to AER. Military and civilian golfers are welcome. The entry fee is \$50 for military or DoD employees and \$100 for civilians. Prizes include trips to Europe, outer-island overnights, gift certificates and golf merchandise. Call Maj. Gregg Petersen at 477-6127 or Col. Dick Joyce at 477-1080 for more information.

## Jazzercise

The jazzercise class at the Main Gym is offering a special for new students. Buy a pass for eight classes and get four classes free. The classes take place Mondays, Wednesdays and Fridays at 8:30 a.m. Baby sitting is available, call Jean Hamilton at 254-4112 for more information.

# Results of the PAC DIV Team Rifle matches

WINNER: Camp Smith  
TEAM CAPTAIN: CWO-4 M Culbreath  
TEAM COACH: SSGT BE Poe

	200 SLOW	200 RAPID	300 RAPID	500 SLOW	TOTAL	AGG
CWO-4 M Culbreath	92.04	47.03	50.07	95.08	284.22	
Sgt TW Baker	93.09	49.02	48.05	93.08	283.18	
Sgt DD Deloach	92.02	48.02	48.05	97.08	285.17	
Sgt TD Grimm	91.00	50.04	48.08	96.08	285.20	1137.77
<b>2. 3D MARINES-1'</b>						
TEAM CAPTAIN: SSGT RD Warren						
TEAM COACH: SSGT RD Warren						
Cpl DE Younglove	90.02	49.02	50.08	91.04	280.16	
Sgt GG Holland	97.03	50.05	48.02	98.07	293.17	
Sgt SA Smith	89.03	48.01	48.05	96.10	281.19	
1stLt JA Walsler	80.01	47.03	48.07	97.08	272.19	1126.71
<b>3. MCAS-1</b>						
TEAM CAPTAIN: 1stLt JW Fuhs						
TEAM COACH: 1stLt PF Halliwell						
LCpl JC Deeds	90.02	49.04	47.02	94.08	280.16	
LCpl KD Cook	89.03	50.04	50.05	97.05	286.17	
SSgt BK King	88.01	49.02	48.06	95.10	280.19	
1stLt JW Fuhs	90.02	49.04	47.04	87.05	273.15	1119.67
<b>4. BSSG-1 GOLD TEAM</b>						
TEAM CAPTAIN: 1stLt V Sifuentes						
TEAM COACH: SSGT MB Dunlap						
Cpl DE Traves III	98.02	50.00	48.06	95.08	291.16	
Sgt NE Thomas	93.01	40.02	50.08	92.08	275.19	
1stLt V Sifuentes	82.02	49.02	46.02	92.06	269.12	
Gysgt M Garibay	92.02	48.02	48.06	94.04	282.14	1117.61
5. RADIO BATTALION	1117.60					
6. MARINE BARRACKS-1	1114.56					
7. 3D MARINES-2	1110.67					
8. MAG-24	1104.61					
9. MCAS-2	1095.64					
10. MARINE BARRACKS-2	1083.43					
11. BSSG-1 SCARLET	1080.60					

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# Physical fitness should be a family affair



Sgt. Kevin Doll

(Above) Parents or older siblings can help children gain an interest in sports at an early age which can continue well into later years. (Right) Team sports can be a good way for children to gain new friends, stay physically fit and learn the value of teamwork.

## Navy News Service

Most parents want to give their children the best possible start in life and one important place to begin is with fitness. To help the entire family get the most out of life, establish healthy eating habits and incorporate exercise into the quality time you spend together.

### Set an example

We all learn by example. Whether you're a parent, child, aunt, uncle or family friend, you can be the person who motivates a family to become more fit. But you can't inspire others to be more active if you spend all your evenings in front of the television.

### "Sneak" activities into lifestyle

If your family is suspicious of

the whole fitness idea, you may have to sneak fitness into their lifestyles. When buying toys for children, select ones that require active participation: tyke bikes, push toys, climbing structures for toddlers, sports equipment, roller skates and jump ropes for older children.

Leisure-time events can also be planned around active recreation, a backpacking trip, a day hike at a local park or perhaps a bicycle or walking tour of your neighborhood. Your family will have so much fun they probably won't even realize that they're getting fit.

### Ageless activities

It isn't easy to find an activity that appeals to youths, adults and seniors alike; but it is possible. Walking, for instance, in addition to being an excellent aerobic

activity, can be done by practically anyone regardless of age or fitness level. Even a baby in a stroller can learn to appreciate the joys of being in motion. Family walks help keep you fit while providing time for conversation and relaxation with those you love most.

### Make fitness fun

One reason people fail to exercise regularly is the viewpoint that exercise is a type of punishment, or at the very least, boring. Children are especially prone to boredom, so if you've chosen walking as a regular family activity, turn your family walk into an adventure. Try a "treasure hunt." Hide clues and hints that lead to a hidden prize. Or make a list of five items (bottle caps, pop-tops, brightly colored leaves, acorns, etc.) for your children to

find and collect on the walk and the first child to collect all five is the winner. Or carry plastic bags and see who can collect the most recyclable items — such as aluminum cans or newspapers. The list of games and contests is endless.

### A family legacy

Just like a cherished photo, a valued heirloom or a family tradition, appreciation for exercise and fitness can be a treasure you pass from one generation to the next. The gift of physical health and vitality is a priceless one — one that you and your family can value for life.

For information about sports and activities sponsored here, call Dependent Recreation at 254-2963 or the Athletic Office at 254-2458.



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# Volunteers help maintain wildlife areas

By Cpl. Robert Berry  
Staff Writer

During recent months there has been a lot of activity at Nuupia Ponds, one of the wildlife management areas here. Under normal circumstances access to the ponds is limited. Lately, however, the ponds have seen an increase in visitors; but these visitors are helping improve the wildlife habitats and survey the ponds.

The job of monitoring the ponds and the wildlife areas on base belongs to the military game wardens.

With the abundance of wildlife habitats on base, and only two military game wardens, the Military Police Department has enlisted the help of more than 20 volunteer game wardens. These volunteers include civilian employees, active duty Marines and retired military from the surrounding community.

The volunteer game wardens are required to put in a minimum of eight hours a month. Many of the volunteers exceed their required eight and work more than 20 hours a month.

Before the volunteer game wardens begin their patrol, they attend classes given by the MPD, Department of Land and Natural Resources and various other military and civilian law enforcement agencies. The volunteers are taught a wide range of subjects to include base orders, law enforcement and wildlife management. After the volunteers attend the monthly training, they are evaluated.

The volunteers perform the same

functions as the military game wardens, but are limited in authority. The volunteers patrol the entire base, to include the wildlife habitats, in the same way as the MPs, but you won't find them in a military vehicle because they use their own vehicles.

"People who are breaking the law usually look for the patrol cars," said Sgt. Maynard C. Amat, chief game warden, MPD. "They aren't expecting game wardens to show up in a POV." Amat attributes a lot of the success of the program to this fact.

Albert C. Mongeon, who started

as a volunteer military game warden in 1986 when it was a mongoose trapping control program, currently works as a Facilities Department electrician and volunteers more than 12 hours a month. "It is a chance to give something back to the base for my employment," the Vietnam veteran said.

"They are a great asset to the military game wardens in enforcing all of the base, state and federal laws," Amat said. "Because they are volunteers they are limited in authority. They

become our eyes and ears when we are not around."

The volunteers mainly report violations but they can assist the MPs in affecting an arrest.

The volunteers also work unscheduled hours in assisting biologists and scientists that come to the base to study the natural resources. Their most recent duties included wading through the knee deep mud at the ponds and netting fish for a survey conducted by biologists from various universities on the island.



Cpl. Robert Berry

Volunteer game wardens include active duty Marines, retired military and civilian employees. Most volunteers work 20 or more hours a month.



Cpl. Robert Berry

Recently volunteers assisted scientist in netting the fish in the ponds for a survey.

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# Chinatown

□ This bustling area of Honolulu offers everything from shops selling silks to open air fish and meat markets, chop suey restaurants and art galleries.

By Sgt. Kevin Doll  
Staff Writer

Most newcomers and visitors to Hawaii can see the large influence Asia has played in the islands' culture. For those desiring a closer look, a visit to Honolulu's Chinatown showcases one of the largest and oldest cultures in history.

Chinatown is located in a sixteen block area of Honolulu within the borders of Nuuanu Avenue, Hotel Street, River Street and King Street. TheBus, the state's bus transportation system, has many stops within Chinatown for those unable to drive.

The district had its beginnings in the early 1800s when the first Chinese immigrants came to the islands. Many came to work as plantation laborers while others began restaurants and other businesses or worked as

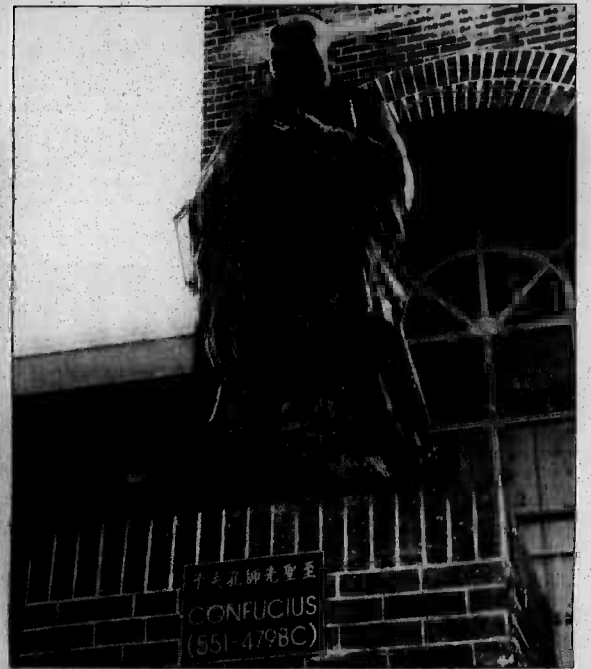
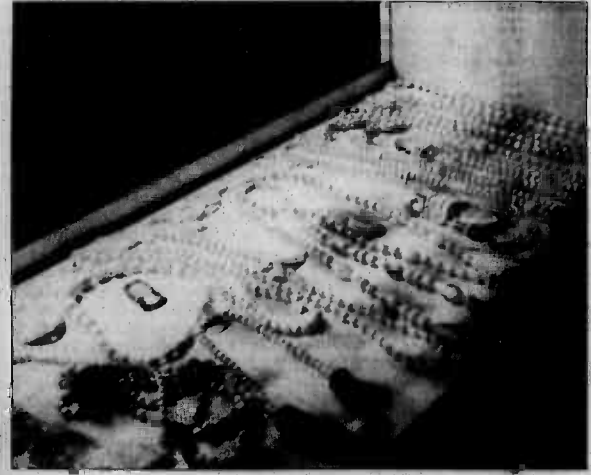
domestics for wealthy landowners. The Honolulu Chinese community celebrates Buddhist, Confucian and Taoist holidays as well as the Chinese New Year, with lion dances and colorful dragon costumes and fireworks during the latter.

Among the best known Hawaiian residents of Chinese descent are Hiram L. Fong, the first Asian-American to be elected to the U.S. Senate, in 1959, and nightclub entertainer Don Ho. The Charlie Chan mystery series was based on the Hawaiian-Chinese detective Chang Apana, who worked on the Honolulu Police department in the 1930s.

Today in the district, visitors can taste authentic Chinese food, purchase fine silks and jewelry or just enjoy the sights and sounds of one of the exotic Far East countries right here in Honolulu.



(Left) Wo Fat is the premiere Chinese restaurant (located in Chinatown).  
(Below) Chinese art and jewelry can be had for a bargain at the many stores located throughout Chinatown.



(Right) Fresh fish, vegetables and fruit are among the many products available at Chinatown markets.



(Far right) This statue honoring the Chinese philosopher Confucius is located in the new Chinese market area.

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# Did you know the Marine Corps Exchange provides more value for your dollar?

By Julie Mall  
MWR

Every dollar spent at the Marine Corps Exchange works overtime. Once that dollar is spent it begins to go to work. These dollars help support recreational programs aboard the base such as gyms, the auto hobby shop, fitness centers, youth activities and much more. However, any dollar spent at other exchanges or department stores, is just that — spent, gone. Customers are the lifeline of other MWR programs that improve the quality of life here at K-Bay.

The primary mission of the Marine Corps Exchange is to provide authorized patrons with retail merchandise and other specified services for health, comfort and convenience at the lowest practical prices. The secondary mission of the Exchange is generating sufficient profit in order to continue the operation of the recreation programs offered here on base.

Unlike a nonprofit organization which depends upon charitable donations, MWR is not in business to make a profit. Classified as a not-for-profit company, MWR must support itself by generating funds to pay the operating expenses. These funds are primarily generated through the Marine Corps Exchange. Seventy percent of the income generated by retail activities goes into an account that supports free or low cost activities here on base.

The other 30 percent goes into capital expenditures for such items as vehicle and equipment replacement, transportation, computerization and facility modernization. Over half of the Exchange employees are military or military dependents. Money spent at the Exchange is recycled into employee paychecks, helping

to support many families here on base.

Marines are tough consumers who demand the "best for less." The Marine Corps Exchange provides just that. The Exchange's strategy is based on an overall goal saving to its patrons of 20-21 percent under the price of merchandise in the surrounding community. This percentage is continuously analyzed by the Exchange managers, using such tools as the Price Leader Program. The Price Leader Program, mandated by Headquarters Marine Corps, comparing 150 products on a quarterly basis. These items are surveyed in the local exchanges. The Exchange is required to meet, or beat, the lowest surveyed prices here on the island. The last survey was taken in January of 1994 and the Marine Corps Exchange continues to be highly competitive with the other exchanges on the island.

One might ask, "with continuous surveys comparing prices, why do I still see such a price difference from one exchange system to another?"

The competition on the island of Oahu is one factor that contributes to price differences from one exchange to another. Unlike the commissary, which is operated with tax dollars, the Exchange, must be self supporting and pay for all operating expenses. "It is rare to find so many

exchange and commissary systems within a 40-mile radius, each competing for the same dollars," said Geoff Bangs, director of support services/controller for MWR. The Pearl Harbor Exchange is one of the highest volume exchanges in the entire Navy system, and the Hickam Exchange is one of the top ten in the Air Force. The buying practices between these exchanges and the K-Bay Exchange explain the pricing differences. The AAFES Exchange System (Army and Air Force) are able to make national purchases. All AAFES purchases are done on a national level, buying each item for every AAFES Exchange in the United States. The Navy Exchange system is a regional system. The Navy makes purchases for every exchange in the region, thus cutting buying costs.

Every Marine Corps Exchange location, on the other hand, makes their own individual purchases. There are both positive and negative aspects to individualized purchasing. The positive advantages are that the buyers are able to regionalize, or make purchases that typify the customers of the region. What a Hawaii buyer would select for their customers, for instance, would be different than what a buyer from Lejeune, whereas many of the purchases made for the Camp Lejeune Exchange would not be

popular here in Hawaii. The negative aspect of this purchasing system is that, since there is less mass purchasing, the prices are not always as competitive as those prices at the Navy or Air Force exchanges.

However, Marine Corps Exchanges are now doing more cooperative buying. "Whenever possible, we participate in Marine Corps-wide sales and cooperative purchasing with our sister services," said CWO3 Jones, exchange officer. The MCX will be meeting with the Navy locally to buy men's, women's and children's clothing early this year.

Since the creation of the Price Leader Program, in 1991, the prices have become more competitive than ever before. The Marine Corps Exchange is known for their emphasis on "basics." Many daily-use items can be found at the lowest possible prices on this island at the Marine Corps Exchange.

The Marine Corps Exchange is continually changing to serve the needs of their customers. A new Exchange has been slated for 1995, the Deferred Payment Program is coming on line in the spring and the Jewelry and Cosmetics and Housewares department are scheduled for cosmetic face lifts. These changes, along with continual service training for the Sales Associates, are planned to keep up with the competition.

The Marine Corps Exchange is a modern, retail organization dedicated to providing Marines and their families the best products at the best possible prices. With rising inflation, and the high cost of living in Hawaii, the Marine Corps Exchange strives to provide more value for your dollar.

## Laundry Service

By Julie Mall

Cleaning services available for all types of laundry. Prices are reasonable and service is prompt. Call for a free estimate.

## MWR offerings

By Julie Mall

**Mother's Day contest**  
Mother's Day is just around the corner and what a better way to show your appreciation to mom than to enter the Marine Corps Exchange "Salute to Mom" contest. To enter the contest, pick up an entry form at the exchange and complete the statement "Why My Mom is the Best Military Mom." Winners will be awarded Morale, Welfare and Recreation gift certificates: \$100 for first place, \$50 for second place and \$25 for third place. The contest began Monday and will continue through May 7. The winners will be drawn at random on Mother's Day, May 8. Children, ages 6-18, of active duty military, retired and reserve patrons are eligible for this contest; no MWR employees are eligible. Only one entry per family. Pick up your entry form at the exchange and deposit the completed form in the entry box provided.

**Outdoor Recreation**  
The Outdoor Recreation Center has all the supplies needed for a fun-filled day at the beach. Choose from camping equipment, picnic coolers, softball, volleyball, football and even rugby equipment. The center also has fishing and watersport equipment. The Outdoor Recreation Center has relocated back to the Marina and is open Thursday through Monday from 8 a.m. to 4:30 p.m.

**Bookmark contest**  
Enter the bookmark contest at the Station Library in honor of National Libraries Week, April 17-23. The bookmark must be based on the National Library Week theme "Libraries Change Lives." The contest is open to all age groups. Entries must be submitted no later than noon on April 23. Prizes will be awarded to one winner in each age category. Prizes have been provided by MWR including: two golf games, one sundae from Baskin-Robbins, six bowling tickets, six movie tickets, two Discover Scuba Diving Courses, and a two-hour Party Cruise on the MWR Party Barge. Pick up an entry form at any MWR location or at the Station Library.

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Loveseat	\$49 <sup>00</sup>
Couch	\$74 <sup>00</sup>

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## Show you appreciate your Hawaii Marine carrier

Marine dependent youngsters work hard every week to deliver your copy of Hawaii Marine to your door. For many of these enterprising young boys and girls, this is their first job experience. You can help support them by extending a friendly, courteous welcome as they deliver the newspaper to your home each Thursday.

Hawaii Marine is delivered to all Marine Housing areas on Oahu under a voluntary contribution system for only \$1.30 per month. Youngsters who deliver the newspaper do not receive any additional financial support for their efforts. Your contributions are greatly appreciated, and your words of encouragement and support go a long way to help build confidence and pride in our Marine dependent young people.

Please take a moment the next time your delivery boy or girls visits your home to say thanks for doing such a fine job. Knowing you understand and appreciate their hard work will make their job a more rewarding and enjoyable experience.

Thank You  
The Editor

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