We hope you will enjoy this special readers during the holiday season edition of the Military Sun Press, crea- when HAWAII MARINES is not pubted especially for HAWAII MARINES lished.

The Military Sun Press, published twice each year, is in no way connected to the U.S. Air Force or the U.S. government.

## Soldier stands guard in Sinai

Army's Bukarau up to challenge - as peacekeeper in desolate region

## By Garrett Reed

SINAI PENINSULA, EGYPT - The classic and '60s gave a whole generalm tion of TV viewers a tilste of what it's like to live - and die - In the desert. Scenes of stranded gold miners and desperadocs -parched with sun - were typical of those old TV westerns.
The sun of a Kailua couple won't have to refer to old cowboy movies to describe what it's like to live out in the Spec. Scott R. Bukarau, son of Isoa W. and Cheryl Bukarau, is deployed for six months to
the histortcal and biblically significant Sinai Peninsula, a desert region that puts the "d" in "clesolate.
Purt of an pairekeepers on and 11 -nation force of Bukarau is serving in the buffer zune between Egyp and israel to help miilintain peace between the two
nations. The Multinationd Force and Observers monly called the MFO, monitors and reports all activity in the Sinai region to conlirm that both Egypt and Isruel are honuring the terms of the 1979 Treaty of Peuce that
ended the nations' lonk-standing warfure. See DESERT on pg. A-8


Nick of time
Alivimanu Elementary Scliool students Steven Frasor. Noolanl Poarson and Robocea Duran mako last-minulo aippoals to Scint Nick during hils visil to. the scliool Dec. 13.

## Biker rides motorcycle on Great Wall of China to promote peace, honor vets

By ELOISE AGUIAR Staft Writer

Tast Veterans Day, when the United
States honored citizens who fought and dent and his patriot-red Harley-Davidson spreading pence in Clina. Jeffrey Faithful, 45, took a histuric motorcycle ride on
the Great Wall of China the Great Wall of Chini
Nov. 11, his birthday. No Nov. 11, his birthdiay. No
one before him has ridden is motorized vehicle on the Badaling Great Wall, as the Chinese govermment calls it. And no one will be allowed after him, a Chinese ollicial
said as he handed Faithful two certificates of the momentous event.
The ride and presentation of commemorative certifi cates - one for Faithful and one for his Harley-Davidson

- where captured on vidco-- where captured on video ing with people all over Americi.
Americil.
Billed as the The Great Wall of China Aloha Peace Ride, Falthrul said the idet came to him in an Inspiration of light late one evening
while reading a book in his living room. The inspiration was so strong that he decided to go to China in May, just to see what it was like. A friend put him in touch with ${ }^{1}$ resident in Shanghai. over, against many of friends' wishes," Faithful said. "They told me, 'Don' go, youll never cume back." Each step along the way seemed guided, he suld, and every time he followed his instincts in the adventure written on "rice paper" arrived after four monthis of waiting and was hand delivered by the Bataling (Grea Wall) Special Zune Ortice Coiling
Country singer Willie Nel


Jeffroy Faithful takes a historie ride along the Great Wall of China Nov, 11, his birthday and Voterans Day, to promote peace between the United States and China,
son and song writer Hoyt Axton wrote a song about the ride before he left, Faithful said. Promised financial backing fell through, but others stepped in to help pa
for the $\$ 60,000$ project. for the $\$ 60,000$ project was becoming a reality, people tried to discourage him,

## he said.

"I was told I was going to be murdered; I was going to be thrown off the wall; theres going to at " rebee said those Chinese people hate Americans and they're going to put you in jail. They said some big milititry ufficer wiss going to take my bike." happenedl "Everything went perfiectly," he said On the day of the ricle, the weather was perlect, cold at 40 degrees but clear in every direction. Fiithful awoke at 4:15 that morning to make wall with journalists by minivan. The Harley was delivered the day belore.
The most difficult part was still aheacl. Faithflul had to get the bike up the wooden planks that were set on the steep stairs to the Great
Wall. More than a half a dozen men pushed and pulled as Faithful slowly drove the 1,340 ec Dyna Wide Glide up four sets of stairs. With no traction, the planks smooth surface
offered little aid in keeping the bike from slipping backthe bik
ward.
Fard. Harley made it to the wall. He look a spin in the VIP section of the wall where dignitaries are brought to see
the ancient wonder. He was the ancient wonder. He was
cressed in denim jeans and jacket with an American and Hawaitan flag on one arm and a Chilnese flag on the other, He wore a Harley bascball cap.

Soo HARIEY AB

## By Jim Garamone

WASHINGTON (Army News Service) - Service members will get a 2.8 per cent pay raise beginning Jan. 1 as part of the fiscal 1998 Defense Authorization Ac
President President Clinton signe
Nov. 18 . In addition, the legislation creates a single basic allowance for housing, revis Ing the basic allowance for quarters, the variable housing allowance and the overseas
housing allowance working oll details of the effects on service members. End st rengtl) for active duty personnel is set at $1,431,379$ for fiscal 1998. This is a drop of 26,039 service members from the fiscal 1997 figure.
Reserve components will see a 15,471 -member drop to 895,259 at the end of fiscal 1998.

The act establishes the
Commissiun Commission on Military Training and Gender-related Issues. This commissloll will
review requirements restrictions regarding relationships among members o the armed forces and review service basic training programs.
The authorization act kills the Ready Reserve Mobilization income insurance Pro
gram. Under the program, reservists bought insurance to cover income losses if they were involuntarily mobilized. The act ensures that enrol ed
reservists currently mobilized reservists currently mobilized
or on orders for mubilizitiun continue to receive insurance benefits.
The act establitshed two Joint Stafl positions: assistant to the chairman of the Joint Chiefs of Staff for Nitional Guird matters and assistan
to the chairman of the loint to the chairman of the loint
Chiefs of Staff for Reserve matters. Both will be two-star positions.
The basic allowance for subsistance will change. The act ties it to the
Agriculture Depariment's food plan indexes. The

# Siu siblings on alert for diabetic mom's seizures 

W

## Carol Chang Stall Writar Stall Writer

 hen Nickolaus Siu clials "911," he knows thatUncle Eric or Uncle Mark of the Hawaii Kai ambulance crew will oon be there to help his mom, whose cliabetic condltion brings on requcent seizures.
feel prelty scared and not so good untill run down the stairs to aus, a fourth-grader at Hahaitione Elementary School. "I like to help Hy mom control the discase. Hawaii Kal Flre Capl. Harold no publicly praised the youth's解 bouse. "It was really commendable for a
9-year-old child to know just what o do, Ano told the Hawaii Kai Neighborhood Board the next day. He did all the right steps. First, he 911 and told them his mollier was having seizures. Second, he gave lier fruit juice (for sugar balance). Then he locked up the dogs and went down to wait for the fire enginc and ambulance."
Kellie Siu-Chee saitl she depends on her two chitclien to help her diabetes, which regulres regular insulin shots and monitorlng for blood-sugar balance.
y'm surprised he's so locused in a kind of nervous situation, so l'm very proud of him," she said. "Nick0 wake me up. That day I hat a cally hard time waking up. As he watched nie, I went into reaction, so he called the ambulance.
"My doctor says adults would panic to see a seizure, too." "If I wake my mom early and don't give her iuicc, she starts thrashing alnd kicking around and "The first time I saw it, slie was like really, really scary.
Donald Gates, assistant clicef of the eity's Enrergency Medical Ser laus to summon help, even if they are hesitant.
"All calls are necessary," Gates said. "Residents should always con-
sider calling for an ambulance if


Kellie Siw-Chee (center) has taught daughtor Victoria and son Nickolaus a 911 action plon for her dlabetic omergonceios. Thoy've stood the test several fimas, with help from paramedics.

Lhey're not sure how serious the slt- and lunch wagons and is seldom "I told Vicki, if I ever clon't feel take care of his sister, she saidl. "All
uation is. Better safe than sorry." home during the early morning right in the mornings, to hide the the the ER people are excellent peouation is. Better safe than sorry." home during the early morning ages 100 calls per month between hours when difficulties usually Halemaumau Street and Makapuu "I like to have the kids around Point. his 7 -year-old sister. Victorid and reacl as a requires it. "They don't normally call emergency unden't normally help me. Thicy are my heroes, and the best thing that's ever happened 10 me," said Siu-Chee, whose hus-
hen 1 go when 1 go out, because they know
what to do. It takes only 30 to 60 seconts, if I don't get the sugar into me, belore a scizure."
They know the signs of her condi-
tion, and Nickolaus trained to give her a special shot, if necessary. "I give him pop quizzes on it," slie said, addling that Victoria on it," she said, adding that
is in charge of the car keys.
right in the mornings, to hide the the
keys just in case and don't say any- ple" keys just in case and don't say any- Ple."
thing to nic, no matter what." "I look after lier." the little girl phickolaus enioys recess, P.E. and explained. "I always hitce her keys, when it comes to the real world so she cluesn't.drive." Victoria said he's thinking of beconing a para she wants to be a doctor when she medic. "The good news Is, you get grows up. lots of money," he said. "But th The chlldren have plenty of cues- bad news is you see scary people. tions for the paramedics, Siu-Chee Nickolaus said he's been trying to
said. They also have two favorites, said. They also have two favorites, heip since he was 3. "I would walk
Eric and Mark, who answer them down to the plione, but I couldn't patiently. "Nickolaus is morc reas- reach it then. Now I'ni lieavier than sured if they are around, so he can my mom. I'mi 104 pounds!"



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## Pageants help Asian daughters return to roots

By Carol Chang By Caft Writer

TWo Castle High School graduatcs have gone back to
their roots in a royal weir roots in a royal
way this year, choosing Oahu's longest-running ethnic festivals to help them get there.
Cheryl Kodde is the 1.997 Cherry Blossom Queen, and princess on the 1997 Narcissus Queen court. Both have gone through St. Ann's School, King Intermediate and Castle High logether as menibers of the Class of 1994. But this thme they share an
awe for the lands of their ancestors, following a year of ethnic pageantry, classes and goodwill tours.
Woo was in Bcilling July 1, lue day Hong Kong officially everted to Chinese control. thousands and ihousands of Chinese everywhere. Hordes of them," she said. "I llought, if only I spoke Mandarin.
For security reasons, Hawall's traveling Narcissus
court was confined to cuarters that night. But the Imperial City Hotel overlooked Tiananmen Syuare, and they could watch the jubilant celebration below and fireworks "live" on TV, slic said
The Hawail Chinese Chamber of Commerce sponsured ing tea on a farm, a camel ride in the Gobi Desert, a walk on the Great Wall, and 12 claborate banquets that ested the stretching power of the woinen's orna
ting cheongsams.
ting cheongsams.
Koide has logged thousands of miles on behalf of
the Honolulu Japanese aycees during her reign, visiting lapan as well as Los Angeles, San Francisco and similar festivals. She also gets similar festivals. She also gets
to cruise around Oahu In a sleck black Nissom 240SX for year.
"The people in lapan are just so courteous. That blew me away," she said of her trip
last April. "it was so clean.


Castle High School gradualos Choryl Koido (Iloft) and Connie Woo are completing their yoar on royal courts o Oalv's oldest elhnic pageants. Koide is Cherry Blossom queen, and Woo is fourth princoss on tho Narcissus court. There $w$
of pride. Bride." Both women are 24 , and non-traditard degrees and non-traditional careers. Koide aims for optometry. build wants to design and build homes someday, including her own.
Traditlonal foods Koide came face to face with fatter than our rice.
Woo and her four royal cola poison delicacy and won. "I leagues could hardly keep up love lapanese food, but 1 with the array of dishes
don't eat sashimi," she said. offered by their Chinese "They were really nice about hosts. She slurped up eel, that. But I did try fugu, and frog legs, camel's paw, pig's it's pretty good. And the rice car, snake soup ant even
misled about one beef dish "It didn't really tist Il
went by there two montlis ago," she said proudly. Woo credits Tlomas Kodama, lie high school drafting teacher for whetting licr appetite for the work. "I love it," slie said
"and I knew then I wanted to "and I knew then I wanted to co it
Koide is at
Hawali on a full Presidential Scholarship. She's a devoted musiclan and likes to compose her own jazz numbers for the saxophonc. Her par ents are Frank and Karc Koide
She encourages any young woman to consider the bene the Cherry Blosson Festival "I would say, if you really want to do it, dream big and go for it. But be willing to sure your whole heart is in it. Woo's mother atds a bil o ancient Chinese wisdom fo pageant hopefuls to ponder "It's very expensive. I tell Connic, 'Get your degree u enter anotlie The
will be sew Narcissus court lan. 10 at the Nat $6: 30$ p.m. Concert Hall Neil Blaisdel Blossom pageant is in late March at the same site. pageant, Woo learned to preparc a dish or two, cultivatc walk regally nad muster intri cate craft skills.
Cherry Blossom promoters divide their pagcant night mo Eastern and western phases. Koide would lake and steps in a silk kimono making in al modern evening
gown. $\begin{aligned} & \text { Here in Hawaii, woo }\end{aligned}$ works two jobs while studying architectural drafting at Honolulu Conmunity Col lege - Tanaka of Toky Her parents arc Kwok Keung Her parents and Througl HCC interned with builders, and actually saw a fence project all the way through, from pernits to the final nall. "The was still standing when I

## Lanes stay open on holidays

The state Department of son is a very busy time with Transportation is again sus- children out of school, lots o
pending lane closures on cer-
last-minute shoppling and pain roads through the parties with family and holidays.
The department will not Tose any part of Kani Kazu Hayashida said. "While anaole Highway Likelike we can't ellminate all the Highway, the Pali Highway, scason, we lomes suspending Highway, the Paie Highway, scason; we lope suspending
and otlier well-used roadways lane closures in these areas $\begin{array}{ll}\text { and ound Oahu until Jan. } 2 \text {. } & \text { will make everyone's lioli- } \\ \text { arole }\end{array}$ "We know the holiday sea- days a little happier."

Civil defense tests sirens Jan. 2
The state Civil Defense has are usually conducted on the scheduled the next test of its first working day of the slrens and emergency alert month in cooperation with system for Jan. 2 .
The siren test is a stcady, the broadcast inclustry in brighter, mooster, shorter and soup. However, they were simultancously with the emer- to the civil defense section in is really good. It's whiter, Buddha Jumps Over the Wall simultancously with the emer- to the civil defense section in
brighter, noister, shorter and soup. However, they were gency alert systen). The tests the telephone directory.

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## Faithful ponders next move to promote peace

HARLEY from pg. A-1
event, which was attended by intumerous Chinese iournal ists, the Beljing chief of police Badaling Special Zone Olfice. If it wasri't for his name, Faithful sutid, he wouldn't lave been givent the opportunity. People in China took liking to his name and the name of peace.
"They said, 'If you had wanted to come over and conquer the wall with yous Harley-Davidson, forget it,' he recalled. "But you're doing it int lie nemne of peace, cool because they want to be friends just as much as we want to be friends with
them."
Faithrul caine to his peace
Faithful canne to his peace
ride by way of Bosion 10
"I had this gut feeling to go over, against many of my friends' wishes. They told me, 'Don't go, you'll never come back.' "


Following his historic rido along tlo Great Wall of Clinnc, Joffroy Foithiful returnod to tho islands eager to do moro to promoto peace lin hio world


## the world's greatest



## Clinton OKs military pay raise

CLINTON from pg. A-1 allowance will be adjusted to the new levels over a period of time beginning lan. 1. A
total of 25,000 positlons in the defense accurisition work ing fiscal 1998, according to
the act. Included in the act is
sense of Congress resolution security interests. that U.S. ground forces not The act authorizes more $\begin{gathered}\text { gram. } \\ \text { The act provides } \$ 600 \mathrm{mil} \text { - }\end{gathered}$ parlicipate in a follow-on money to the National Mis- Ilon to destroy the U.S. uniforce in Bosnia after June sile Defense program and tary clicmical agents 1998, when the NATO Stabi- other missile defense pro- munitions slockpile. This is lization Force milssion is grams. These inclucle the in accordance with the scheduled to end. For U.S. Army's Theater High-Altitroops to stay, the president tude Area Defense program
must certify their continued and the Navy's Upper Tier presence is in U.S. national Theater Missile Defense proChemical weapons Conven-
tion.
Anoticer portion of Anotlier portion of the act directs the president to report to Congress on counterterrorism and anti-terrorism programs. Furiher, the act calls for the defense secretary
to report that U.S. forces participating in peacekeeping operations have the necessary equipment to protect against terrorist attac
The act also: for procurement of additional B-2 aircraft or for modification and repair of the existing flect;

- Authorizes $\$ 382$ million for the Cooperative Threat Reduction program; curements for medium tactical vehicles and Apache Longbow fire control radars; - Authorizes procurement of $20 \mathrm{~F} / \mathrm{A}-18 \mathrm{E} / \mathrm{F}$ aircrafti ${ }^{\text {- Authorizes scven } \mathrm{V}: 22}$ till-rotor aircraft: - Accelerates NATO Joint STARS alliance ground surveiliance system;
- Provides $\$ 2.6$
- Provides $\$ 2.6$ billion for the procurement of the lead
sliip of a nciv class of nuclear ship of a nciv class of nuclear
attack submarines: - Approves $\$ 1.6$ billion for
refueling refueling overhauls of Nimitz-class carriers.
- Sels $\$ 2.8$ billion - Sets $\$ 2.8$ billion lor four Arleigh Burke-class destroy
ers; Arieig
ers;
$\bullet$ Ap
- Approves $\$ 50$ million to mient and construction of components for the next nuclear alrcraft carrier, CVN

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## Soldier learns patience in remote Sinai assignment

HARLEY from pg. A-I two separate base camps North Camp and South Camp. Bukarau, a member o the 101 st Airborne Division from Fort Camploell, Ky., is
deployed to South Camp for six-month tour of duty. He's a heavy anti-armor weapon infantryman maintaining the vigil at one of the observatio posts.
"My job here is mainly to lot of time in the guard towe watching our sector and reporting any incidents to make sure the peace treaty isn't being violated," Bukara said.
The The smaller South Camp ing the Red Sca, serves as support base for the 30 obser vation posts, sector contro centers and checkpoints scat tered throughout the caster Sinai region. North Camp south of the Mediterranea coastline, provides the logistical support necessary to keep South Camp and its remote isolated outposts operating. Along with eight to 14 other
soldiers, Bukkrau lives on small, isolated encampment for weeks at a time. From high atop a watchtower, the soldiers take turns keeping con stant watch of the surrounding areas. A few of the observation posts and sec-
tor control centers are on small islands, or are situated along the crystal blue water of the Red Sea. The land itself however, is empty, still and lifeless, save for the occasional Bedouin Arabs driving their goat and camel herds acros vegetation. Service in the Sinal is uncommon duty for Bukarau and his comrades in the 101st one of the Army's premier airborne combat units. When men arrive in the Sinai, they become peacekeepers - not warriors. Making the transition brings whole new chal lenges.
"No
"Normally, our missions involve a lot more tactical sturr than we're involved here, Buarau said. "Usually we want to be hidden, but here we're training to be noticed. We want both sides to know we're here and tha we're watching closely.

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 and Ob:orvers malntain a constant vigil over tho buffor zono that soparatos Egypt and lsraol.

The Sinai holds historical, is said to have led his people Mount Sinai, he was presenteconomic and political signifi- out of Egypt and into freedom ed the Ten Commandments. cance, being the fand bridge in Israel, roaming the swirling At the Guif of Ayaba, he saw Asia.en Arica and sonthwest sands and barren landscapes the Red Sea parted by the Asia. In biblical times, Moses of the Sinal for 40 years. On hand of God, caring the wa final trek into Israe The desolate wasteland of the Sinai, along with the bore dom that isolation brings, are
 Manning an emergency roscue station, a soldier (leff) watches as an
Army helleopter lands on the remote outpost where he lives. Boccuse of the outpos's location, the supplles neoded to sustain the saldiers must be flown in by halicoptor. An anciont erusader castlo rosts on Pharaah's
Island (above) in the Red Sea, only a few miles east of the U.S. Army observation post in Sinai. Soldiers stationed there have a picturesque view of the sea and the island, unlike their comrades living on the inland oulposts.


Mental illness has warning signs, too.
Withdrawal from soctal netivitues. Excessive anger. Unfortunately. most of we don't recognize the signe. Which is tragic. Because mentan illness can be treated. In fract, 2 out of 3 people who get lielp. get better. National Mental Health Associntion:

7 Learn to see the warning signs.


## State provides free hepatitis vaccine

By ELOISE AGUIAR

The state Department of Health has stepped up efforts to fight hepatitis B by extending its free vaccine
program to include Hawaii program to include Hawaii
youths 12 to 18 years old． With this new program，
done in cooperation will done in cooperation with
The Queen＇s Health Sys－ tems，all children from birth to 18 will have access to immunizatlon，said Patrick
Johnston，DOH communica－ fohnston，DOH coinmunica－ Three Hep B Project focuses on children born before 1991，when the Centers for
Disease Control began rec－ Disease Control began rec－ ommending hepatitis $B$ vac－ cinations．
babies．
＂Thabis．
largeted in the the ages ar which are kids who were born prior to 1．991，＂Jolin． stun said．
The Queen＇s Healtlı Sys－ tems will provide free vac
cine to physicians and clinics for their young patients．Most Hawail insur－ ance providers have agreed to support the proiect by covering adminisiration costs，he said．Immunization six－montli period and requilies parental consent． Hawali leads the nation in the incidence of hepatitis B，
one of the world＇s most seri－ one of the world＇s most ser－－
ous diseases known to attack ous disenses known to attack
the liver and possibly lead to the liver and possibly lead to ease，Johnston said．linmi－
grants
contribute substantially to Hawaii＇s


A 1993 ＂Pedlatrics＂survey reported 13 percent of

Hawail high school students Hawaii high school students
grades $10-12$ ）showed evi－ dence of past hepatitis B nifection as compared with 1.5 percent mationally，he Thald．
The hepatitis B virus （HBV）is times more
infectious than HIV（the infus that caluses AIDS），yet 100 percent preventable with a safe and elfective vaccine． The hepattis B virus is most commonly transnitted through unprotected sex，
shared intravenous needles， contact with infected blood， or use of unsterile equipment for tattoos or body－plercing． The virus is not transmitted by sneczlng，coughing or holding hands．
Onc One reason the virus
preads so quickly is that hepatitis B carriers may never become noticeably sick，Johnston said．The dis－ ase has an incubation peri－ od of 40 to 140 days and only 50 pereent of those nfectel ever experience
symptoms or only exhibit ymptoms or only exhibit
flu－like symptoms．Symp－ tonis may include a bloated belly that lurts，extreme iredness，rasli，dark－colored urine，jaundice and llu－like symptoms such as fever，
latigue，muscle or boint pain， atigue，muscle or ioint
nausea and vomiting． The teen project will last for one year．Last year，DOH ponsored a campaign to mmunize all lifth－graders．In the fall of 1996，cliildren between 6 and 11 years old
also became part of the cain－ paign．They can still receive ree vaccine until Aug．31， 1998.

For more information，call
Hawaii Immuniza
gram at $586-8332$ ．

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SO FAR \＄50，000 To Public and Private Schools

## Spirit of Giving －－Report－－


（Hana Girl） I＇ve worked with the schools over the years，and I know that they appreciate help from local businesses．I thought，too，that our customers are interested in helping the chools also－and that they would appreciate seeing a donation given in their names．So ch year，at both my Windward car dealerships，I launched The spirit of Giving to the chools．For each new car，truck or van（or Hummer）purchased．．．． 100 is given to a Hawaii s given in the the school is chos

We set a goal to hit $\$ 100,000$ in a single year，and while we＇re a little short with only half a month to go．．．we have decided to carry the program through 1998．We＇ll still shoot or $\$ 100,000$ by the end of


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## Holiday spirit in the cards for Delgado



Cindy Delgado says she enlisted the help of her husband Carlos and son Charles to produce card books for sick clilldren.
after reading about the pro- Kailua Methodist Chureh ject in a newspaper article. She met with Daniels, and within a week
on the lask.
For this year's books, she recruited a youth group from
three sixtli-grade classes fron Mokapu Elementary School and son Vince's thircl-grade
class at Ahuimanu Elemer tary to help her collect the cards.

In a few weeks her home had turned into a card depot. "There were bugs of
cards all over the house," she says, laughing. Her husbaud has bullt a couple of shelves in the garage to store the cards. The most time-consuming part of the work was sorting says. "You have to get all the angels, Baby lesuses, cloves, Santas tuget her.
She found out quickly that cutiling out picture after pichand. Delgado fixed that by wearing a glove. Pusting was a job in itself.
You have to make sure the "You have to make sure the glue is spread evenly so that," the corners don't pop out,
slie explains. For Delgado, however, books is worth it. It's become a lamily undertaking that encourages quality time logether, sle says. ne would sit around at night and try to come up with
rhymes to go with the alphahymes to go with the al
bet letter and the picture." Delgado estimates she worked lour hours a day over the last two months to finish the job. "Every day I would try to do a complete set of
words Jor each book," slie says. ributed 11 alphabet books, one to euch critically ill child staying at the Runald Mac-
Donald House. Delgado a 1211 books. Delgado kept sample The books are red with red-and-green tying chords and the words Merry Christmas in gold on the cover. The last page reads: "Z murks the end of our alpha-
bet fun. Merry Christmas to bet fun. Merry Christmas to
all, peace and luve." all, peuce and love.
Delgado plans working on next year's bouks after the New Year. She doesn't want to wait till the end of the year like she did this thme, she says. Anyone
who wants to help out may cull her 239-1163. call her at 239-1163.

## The Holiday Plater

## Captain Courageous

Brison Lagaret tmagines piloting a ship of tires at Kailua Elementary
School Sunday.

## Team to conduct interviews

A team from OPMD, PER- Techs, wo Avn, DE, and conduct an OPMD overview
Interviews will be limited to briefing and intervlews with those officers who have 24individual olficers Janc. 27-30. plus months' time on station, An OPMD overview brem those currently in branch fan. 27 it SGT. Smitl am . qualiying iobs, or those who an. 27 board within the next year. If
ater. Between Jan. 27 and 30, you wish to schedule an representatives from the fol- interview, commissioned uffilowing officer branches will cers must call the G1 Admin conduct separate branch Office, 655-8783; warrant brectings and lindividual inter- officers must call CW4
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 the Administrative Directo of the Courts by Dec. 30 .

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# Big on sumo 

Superfan's new book tells the inside story of Japan's ancient sport

## By James Gonser

1o you enjoy watching
Akebono Chad Rowan) and the other big boys of sumo toss each other around
but don't fully understand the sport?
If the answer is yes, then "The Big Book of Sumo" is fur
The book, written by "sumo superfan" Mina Hall and published by Stone Bridge Press of Berkeley, $\$ 19.95$, is subtitled "History, Practice, Ritual and Fight. be only 10 by 7 inches, but may in content, the author said. "The publishers picked the title," Hall said from her home in Las Vegas. "It is not really thick, but it is big as far as giv-
ing a lot of information. The title plays on the size of the wrestlers. They just wanted everything about it to be bis." Hall, who is half Japanese was a member of the versity of Hawaii tennis
team and graduated in team After graduation, she took a job in Japun as a tennis coach at a
sports club in Yokosports club in Yoko-
hama. Hall became interested in sumo after hearing AkeHikh School kraduate, had become the first foreigner elevated yokozuna, the sumo.
"A lot of people don't understand sumo," she
> suid. "Even myself, when I first watched, just thought it was two big Ruys slamming into much more to it than that and the more you learn about it the more interesting it becomes. "I wrote the book because when I was in Japan and start ed getting interested in sumo lish that explained the sport. wondered why do they throw the salt or what are they doing stomping in the ring or what are those apron things. I had the same questions as every body else."
H a

researched her
iting
 wrestlers at the "stables" where becoming close friends with many of them, including Konishiki, or Salevaa Atisanoe of Hawaii sumolori during hier years of studying the sport in Japan Nanakuli, who Just
the sport this week The book include the history of sumo, the ranking of wrestlers, training and stable life, tournament pageantry, understanding the fights,
wrestlers' salaries and retire wrestiers salaries and retire ings and photos by the author to help understand the intrica cies of the sport.

She includes recipes
 for Chankonabe, stew, a sumo calendar and advice stable and attending tournaments in Japan.



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## Athletes, volunteers come together in Special Olympics

- By SSgt. Stephen Gude MARINE CORPS BASE HAWAII, Kancolic Bay Olympics at the K-Bay Lelles and Main Gymi licre revealed to visitors and voluntecrs Caring.
Caring. - outpourling of love between athletes and volunteers, said Chuck Little, who coor dinated the Special Olympics events on base
"Sometimes It was hard to tell who was having more fun, the athletes or the vol. unteers."
For instance, when 9 -yearold Ty Paulo rolled a strike at K-Bay Lanes, his look
betrayed his joy. betrayed his joy. fists thrust upward in triumph over the 10 falling pins roiling about in the back of the lane, he calmly walked back to the highfives and congratulations Olympians.
That's not to say Paulo wasn't happy whth what he wasn
did.


## Symposium to explore life's next step

 "The Way of Passion," at - refinement andl life's next step, is set for 5 p.m. Saturday at Calvary by the Sea Lutlicran Clurelı in AinaHaina. Haina.
Authors Rubert Pante and


Wyin Boggs (left) and Joseph Westor (righti) show Kyle Iwamooto the path of a ball while bowling at the K-Bay anes during tho Spoclal Olymples Doc. 6 .

Maurcen McDonough will tion, expression of warmen, cad the seminar. Pante, who love and compassion, wrote "Dress for Success," embracing perfection and ioy. win open participants' minds Fee is $\$ 100$, with a portion ultimatc to the possibility of of the proceeds going to Winnough, a Kailua resident, will Fur more for tecn-agers. discuss the clarity of inten- reservations, call 371
 ning a gold medal in basket- apeutic aide, was pleased as likes all the attention and
encouragement."
Volunteers noticed the joy
athletes derived from partici-
pation.
"These guys are just great,"
said Wynn Boggs, who
helped bowlers at K-Bay,
Lanes. "They're having so
much fun, they're pumping
me up.".
"You've got to see this
girl," said Bruce Weather-
spoon at the Main Gym,
talking about a young bas-
kelball player who displayed
amazing ball-handlling skills.
"Watch her dominate" Il' anyone expected to sec a. ack of coordlnation, slow play and a lack of skills on the basketball court, they were sorely disappointed, as Weatherspoon indicated. Threc-point shots, layups, dribbling and yes - the curse of the Main Gym, turnovers were the rule.
In other words, it was slmply basketball, and the only hing special about it were the peopie playing.




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## Davis recalls ranching life at Queen's Beach

By Carol Chang
$\pi \overbrace{\substack{\text { hen } \\ \text { Helen }}}^{90 \text {-year-old }} \begin{array}{r}\text { Sanborn }\end{array}$ Heler1 Sanborn
Davis gocs out on the town, her name makes waves - one way or another - at the reslaurants. Waiters who surf think of Alan Davis Beach and its they might say. "Hey, that's
'AD's!',"
The
much bigger wave, the deadly tsunami that slammed into Oahu without warning 51 years ago, literally wiping out Wawamalu ("sheltered val ley').
For 16 years, Helen Davis lived on a cattle ranch that spanned the vast Kealakipapa valley and shoreline from Lighthouse. Now vacant and strewn with boulders and trash, the former ranch land by Queen's Beach awaits it next tug of war between gol course planners and Ka lw State Park aclvocates in 1997 But for Alan and Helen
Davis, it was a great place to raise children, ride swim throw barlecues and play the
serious cowboy role. She and her husband, the late corporate executive, had three cattle inland from their ranch house near the shore. Up until April 1, 1946, that is. "avisas wonclerful," said home in lalling her first 3.000 irme Bishop Estate. Mi. Dovis had some cottages, several cowliands 20 horses and 500 head of black Angus. We had no ights and stove, a kerosene refrigerator. "He told me, 'We won't stay long. Heck, we never Davis is now a great-grandmotlier, safely ensconced on the slopes of Dlamond Head, and writing her autobiography. But at $6: 45$ that fateful mornlug in 1946, a wall of
water came crashing into the house, generated by an earthquake 2,200 miles to the north.
"I was lixing breaklast and Alan was shaving," she recalled. "He heard a crackling noise and cried, 'Grab
"The caretaker thought it was the cesspool overflow-
ing." They fled with the children to higher ground and watched us the angry waves
waslied away everyulting washed away everything
withill 100 feet or the beach. They made their way up the hill to the lighthouse, where Coast Guard personnel didn't have a clue about the devastation
"They served us"a big can of applesauce," Davis sald. there was a isunami. Nobody got warning in those days." Nine people clied on Oahu and thousands lost their homes. A few mementos turried up from the Davis
property as much as 14 years property as much as 14 years
later - from sadtales to silver baby spoons. A news photograph captured a Davis chital's stuffecl doll clangling from a kiawe branch. An entire domino sel was recovered later, but that lound only one tile. lound only one tile.
Fortunatcly, no
lost at the ranch, Davis said, and they already had sold all the cattle. "Material things are not the most important," are not noted.
From pre
From precontact times, the evilence of fishing and farm-


Chevron refinery manager Rick Roborts (lof) groels police echief Michael Nakamura al
drive. Chiovron has helped more than 10,000 childron obtain ID cards since las) April.

## Keiki I.D. cards easy to obtain

Since the establishment of a partuership last April between the Honolulu Police DepartMent's Community Policing Teams and children on Oahu have received Kelki children on
cards.
Each I.D. card contains the child's name, address, photograph, thumbprints and inedteal contact information, which are erucial to oflicials In the event the chiled becomes lost or is missling.
high, and untll Aprll, only two sets of Keiki I.D. equupment were avallable to policing teams. Chevron expanded the program by providing each of the island's eight policing teans


The Honolulu police Deparimenis' Community Policing Team ossists young customors during a Keiki. .D. projoct Dec. 15 .


I I.D. equipment set. Chevron also supplie "The salety of our keiki is a top concern." The salcty of our keiki is a top concern,
police chief Michacl Nakamura said. "Keiki I.D. promotes chilel safety, while at the same ime, it familiarizes children with, police officers in their communities. We want children to be comfortable with police offtecers if they need lielp or feel they're in danger for any reason."
People interested in offering the Keiki I.D. progran at their sethool or community slould contact their local CPT. The phone numbers
re on page 4 of the government oflices listings in the whilte pages of the Oahu telephone directory.



Helen Davis, widow of corporale executive Alan Davis, spent 16 years liv ing on a cattle ranch, which was wiped out by a tsunami In 1946.
ing, from sweet potato patch ated nearby. Alter World es to fislipond cultivation. War 11, the military installed Legends even place the god- radar sites, bomb shelters cless Pele in the area, and gun positions on the dry, perched on her lava throne sparse landscape. Kaiser During the Davises' tenure, and landfill from its growing nurseries, a piggery, kiawe subdivisions during the charcoal plts and a Kame- 1970 s. hameha Schools farm oper- "Black Angus weren't the
best for that area, because they didn't forage as well, Davis said. Ans avid horse-
woman since her childhood on il Hanalei ranch, the part on ia Hanalei ranch, the part-
Hawaiian Davls said she learned to give enemas to the horses, whose plumbling plugged up alter 100 many kiawe beans. (She gave a
Hawaiian name for tive conHawaiian name for the con-
dition, but preferred it not be
printed.) Niu Valley and Kuliouou often helped at branding tinie and on cattle drives, stie said. Charles Lucas, father of Laura Thompson and grand-
father of Nainoa, was one of them. He ran the modern Niu dlary, where the Davises would stop for milk on their way home to Wawamalu. Times Super Market now stands on the diary land, which King Kainehameha
granted to a Lucas ancestor. "Laura's dad was a beautiful roper," Davis recalled. "Helen Divis is sharp as a tack," said Laura Thompson. Thougl the ranch is long gone, part of the foundation remains at Wawamalu, jus
where Kalanianale High way passes Sandy Beach and curves inland toward the Hawaii Kai Golf Course. And Davis is still an active lady with many stories and opinions to share. She testified on behalf of preserving
Queen's Beach a few years ago. "I asked them about the she sald. "' 'There's not enough space to plant a mango trec,' I said.
"I was brought up in big open spaces, and I don't like Kai. They clutter the houses so close, you can hear people
run the toilet." run tlic toilet."


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## Agnes bake shop enjoys sweet success in Kailua

By ELOISE AGUIAR
Stall Writer
Tlic success of Agnes PorHiguese Bake Shop lias kept owners Non deMello and Cliristian Sorli busy over the last lecade, but the 30-yearold bikery is so popular,
leMcllo thinks it could probably operate without them. "It's almost like it's an entiy of its own and it survives on its own", deMello said, aughing. "I 'cel sometimes I could walk away and it wouk
still be producing things." In fact, deMcllo saide that it weren't for their loyal customers, the bakery would have closed years ago. "This is the bakery that refuses to die. It sloould have clied sever l times."
shop and a glimpse at ile delectable edibles are testimory to why people patronize the bakery. Ethuic products and health-food bread mix in with a sumptuous array of
pastry delighlits. Customers uniqueness of the place and seem more like friends, sharing new recipes, offering words of wisclom and on occasion bringing in a loaf of people have asked advice about baking and others have given it, he sald, adding that even when something goes wrong people don't mind. "As a general rule, we try so hard to put out a good produet people do forgive a dew
glitches," said deMello, 45. "ll's very gratifying."
New York native Candy Olson sald she never noticed any glitches slince slie's become a regular at the bak-

"When I was a little girh, my grandma would take me to a bak ery in town. This has the feeling of grandma to it."

- Crystal St. Louis, Agnes bake shop customer
ics. ic bakeries in New yoltieth not under one rool," sail Olson, a Castle Medlical Cen ter employee. "So here 1 lee that l've found the New York stufl and lots of chocolate, which is my addliction. Crysial St. Louis of Kaneo he said the bakery remind a little girl, my. grand ina would take nee to a bakery in town. This has the leeling of grandma to it."
None of llese people would have recognized the shop 10 ycars ago, whe
lemello and Sorlt and turned out 20 turnovers 1.2 bran muffins and 12 croissants caclı day. Eacls week they'd also make 25 to 40 loaves of McDougall bread, a health-lood loaf made with Five years land oils. Five years later, deMello
moved the bakery from the back of the building to the front and set up a colfcesliop. "Now we make 15 to 20 dif ferent pastries and 700 to 800 loaves of McDougall bread a

The business' involvenient in the comunnity has also in the community has also
grown, ollering high school grown, ollering high school
students iob training and students iob training and
cxcursions of the facility, donating leftover bread to the needy, and providing sweet bread and malassacla for fund-raisers.
Through these activities, demello said lie's icarned to
value his good fortune, especially alter two groups toured lle shop last month. A group of blind cliildren and a nother from the state hosplital rein-
forced his appreciation of life. forced his appreciation of life.
"1'm not saying they're miscrable people; l'm saying we slooulel count ourselves blessed," he said. "We're capable; we can work; most of our life is very, very easy.
You don't realize that you deal with pcople who really have to struggle. Our lifc is just lumexy-dory, thank you."
A Kailualligh Schiool graduate, deMello grew up on sev-
eral islands, wherever his ral islands, wherever his
fatler was assigned in the slale Department of Elucation, inclucling working as principal of Kailua High. He lield many jobs: teaching, driving tour buses and of home baking and extensive experience ing food service prepared him for the business. recession, deMello said the economic downturn hasn't hurt him and lie is able to business. the lo extremely optimistic of bake slopp," he said. "lt's the short term l'm worried about."


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