

# Hawaii Marine



Junior Golf champions, B-2

MALSEK wins at softball, B-1

Volume 27, Number 32

## K-Max debuts at MCB Hawaii

Cpl. M.V. Trindade and Cpl. Barry Melton

debut at MCB Hawaii Aug. 17-26 in an experiment conducted by the Marine Corps Warfighting Lab's Urban Warrior.

Urban Warrior tests new ideas and equipment that may one day become part of Marine Corps inventory.

Built by Kaman Aerospace, the K-Max spent the week demonstrating its capability to resupply land and sea-based units set far apart from each other.

The K-Max is currently used commercially for carrying heavy loads from place to place, mainly for the logging and construction industries, according to Grant Sparks, a senior consultant for seabasing with MCWL.

Landing Support Company Marines worked with MCWL specialists and representatives from Kaman to test the helicopter's ability to get supplies to Marines in the field, said Capt. Jim Washburn, commanding officer of LSC.

"It's very exciting for our unit to be part A new, external-lift helicopter made its of something that might change the way we do business," said Washburn. "It's not very often that you can be involved in something

> Marines of LSC claim the K-Max is something they would like to see in the future, according to Cpl. Luke Drew, a landing support specialist with Combat Service Support Group 3.

"It's faster, smaller and compact," Drew said of the helicopter. "One man can load this easily where a bigger helo would require more landing support specialists to load the helo. Its rotor doesn't produce a heavy downwind like the CH-53 and this makes it easier for the Marines on the ground to operate and communicate."

The four-point hook system used by the helo allows it to carry four different loads, such as ammunition or medical supplies.

Each hook has an individual release the pilot controls, making it easy to touch down and release specific supplies and quickly move on to the next supply point. This makes it easier to unload because there isn't a need to dig through a cargo bay of a CH-53 or CH-46 for specific supplies before taking off again.

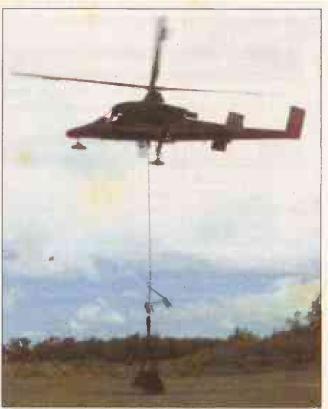
Urban Warrior testing of the K-Max also involved the resupply of relatively small, 80-foot vessels at sea travelling at speeds near 30 knots, a test the helo performed well.

Most ship resupply drops are done by CH-53 and CH-46s at 10-12 knots on ships much bigger than those used during the exercise, said Doug Steffanson, a K-Max field service representative.

The K-Max's most obvious difference from Marine helos is its intermeshing, torque-cancelling rotors.

"In a conventional helicopter, a tail rotor

See · K-Max, A-4



August 27, 1998

Photo by Cpl. Barry Melton

The K-Max flies in and drops supplies at a landing zone here on the old flightline.

## Anthrax vaccine date set

Cpl. Barry Melton

All military servicemembers here are slated to receive anthrax vaccinations in September to protect them in the event of a biological conflict.

Marines from 1st Radio Battalion, Combat Service Support Group 3 and 3d Marine Regiment scheduled for exercises in Asia in the coming months will start receiving the shots next week, said Navy Lt. Jim Herbst, the Preventive Medicine Department head at the Naval Medical Clinic, Naval Station Pearl Harbor.

The arm-administered vaccination is part of a DoD-wide directive to get all U.S. military servicemembers protected against the threat of anthrax, according to SSgt. Robert Andrews Jr., the nuclear, biological and chemical warfare specialist at Headquarters Battalion here.

Servicemembers with more than 18 months of active-duty service left will receive the shots.

Anthrax, which can either be inhaled or lodged into the skin, is a spore commonly found in cattle, Andrews said. It only takes six spores to kill a human. The spores can remain active for as long as 50 years.

After spores settle in the body, their host will become ill with flu-like symptoms for seven to 10 days, later begin to feel much better, and then die within 12 to 36 hours, he added.

Six shots must be administered per person to complete the vaccination, said Andrews. The cycle consists of an initial shot, a shot two weeks later, another at four weeks, then shots at six, 12 and 18 months after the first shot was given.

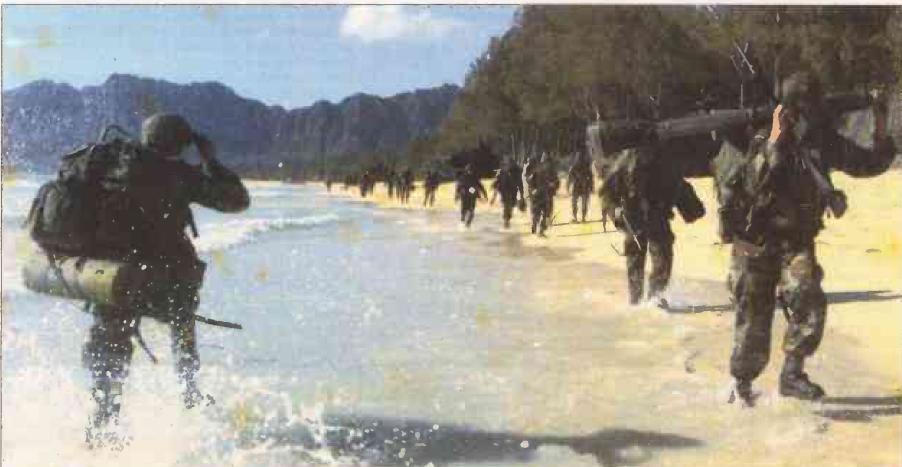


Photo by Cpl. Barry Melton

After landing at Bellows AFS, Marines of G Co., 2/3 assaulted the beach, overrunning 1st Plt., E Co., to secure their objective Aug. 19.

## ompany platoon defends beach assault

Cpl. M.V. Trindade Combat Correspondent

BELLOWS AIR FORCE STATION, Oahu- Vicious war cries broke the moming silence Aug. 19 as Marines of 1st Platoon. E Company, 2nd Battalion, 3d Marines, repelled a beach assault with simulated firepower.

Marines from G Co., 2/3, hit the beach to overrun 1st platoon's defenses, accord-

ing to Cpl. Derek Leader, the machine gun meant the Marines had to deal with lack of were going to get hit." squad leader, 1st Plt., E Co. In the aggressor role, 1st Plt., dressed in desert cammies. were outnumbered by G Co. and overexhausted from lack of sleep.

"We were only a platoon reinforced with machine guns," said Leader. "Basically we were going up against a whole company."

For E Co., the exercise included constant movement and reconnaissance, this sleep, according to 2ndLt. Louis Bush, platoon commander of 1st Platoon, E Co. This made the training a little more realistic and allowed the Marines to see what it was like to be aggressors.

The platoon had to increase their attentiveness more so than normal due to exhaustion, according Cpl. Jeremy McEntarfer, 1st squad leader, with 1st Plt., E Co. "We really didn't know when we

"We can still cover a lot because we can see a lot," Leader said, speaking of the platoon's ability to create a "wall of lead" with its firepower. "The machine gun teams just have to set up the fields of fire so the other guys in the platoon can do their jobs."

By the end of the morning, 2/3's objective had been secured. Even though E Co.'s defenses were conquered, the training was productive, said Bush.

Photos by Cpl. M.V. Trindade Marines from 3d Marine Regiment, Explosve Ordinance Disposal and the Rifle Range use all of their strength to get the tangled nets

up the hill.





## Ulupa'u Crater beach gets face lift by Marines

Cpl. M.V. Trindade

Combat Corresponden

Nearly a dozen Marines put hours of sweat and strain into spiffing up one of Hawaii's most valued resources Aug. 20-21 — its environment.

A litter-strewn beach cradled beside Uluupa'u Crater was in dire need of a good field day when leathernecks from 3d Marine Regiment, Explosive Ordnance Disposal, and the Rifle Range came to the rescue.

Surprising to some, the trash, which ranged from household detergent bottles and nets to vehicle tires, comes from the island itself, according to Dr. Diane

Drigot, the senior natural resource manspecialist agement with Environmental Department here.

"In Hawaii, it's been shown that as much as 80 percent of all this trash comes from our own back yards," Drigot said. The other 20 percent comes from illegal sea dumping off ships, she added.

It may seem unlikely to some that the garbage-strewn beach could have become littered because of the trash in homes far from the sea, but according to Drigot, it's very possible.

"People don't realize that garbage lying around can be washed away by rains or wind and eventually into streams and the ocean," Drigot warned.

The shoreline at the base of the crater is off limits to the public because of possible unexploded ordnance from the range. However, wildlife still thrives there.

"It's important to keep this place clean because of the creatures that live here," said SSgt. Nathan Bell, the pistol line NCOIC at the range here and beach cleanup volunteer. "You don't want to have the place so dirty that animals won't be able to live there.

Though maintenance of the beaches occurs every few months, trash still builds up. Anyone interested in volunteering to help clean-up on this and other environprojects can contact Environmental at 257-6920, ext. 224.

## Base Legal wins award

2nd Lt. Angela Judge Press Officer

The first-ever CMC Award for Excellence in Legal Assistance was awarded to MCB Hawaii

Legal Service Center earlier this month. The award was given to Base Legal because of their outstanding initiative and overall ingenuity in providing fast, effective

legal service, read the award. One initiative that MCB Hawaii implemented, which the award highlighted, was the Command Financial Specialist certification program. The CFS program provides comprehensive training in consumer law, according to the award.

The CFS is a three-day course involving students from MCB Hawaii units. This pre-

ventative law course informs students on basic legal issues such as purchasing a car, divorce/separation, bankruptcy, credit reports and debt management, according to Capt. Ian Brasure, defense officer for Base Legal.

Presently, MCB Hawaii is the only legal office in the Marine Corps that has a program like the CFS. However, it is one of the legal initiatives that can be implemented throughout the Marine Corps, according to the award.

"We recommend this type of course Marine Corps wide," said Brasure.

The CMC Award for Excellence in Legal Assistance is the second award that Base Legal has received this year. The 1998 Legal Assistance for Military Personnel Distinguished Service Award was presented to Base Legal in April.

### Savings on Utilities Fire Safety A Section School parking Base Action Committee **B** Section Snorkeling Terrorism Awareness B-1 Every Clime and Place B-1 Softball Junior golf Flag football Urban Warrior B-2 B-2 Word on the Street Intramural Standings New Marine Commercial Semper Fit features **B-3** 4th Force Recon **B-4** Blotter and Courts Martial Classifieds **B-4** Legal Feature Ticket to Fun Doers' Profile Religion Schedule Word to Pass

### **Commissary closure**

The base commmissary will be closed Sept. 8 in observance of Labor Day. Normal operations will resume Sept. 9. Call 275-2612 for more information.

### **Library Hours**

A town hall meeting for all Hana Like 802 residents will be held at the BOQ conference room, Aug. 31, 7-9 pm. Information to be discussed includes allotment requirements and the new Hana Like Housing Office location. Call 438-6124 or 257-1282.

### **Housing ceremony**

An opening ceremony for the new housing on Kansas Tower hill is scheduled for 2 p.m. Friday in the housing

### All SNCO need to update

All MCB Hawaii staff NCO residents need to update their ranks, number of family members. phone numbers and whether or not they want to move into the new Kansas Tower housing. Two meetings, which are part of a housing redesignation process, are scheduled for Saturday from 8 a.m. to 4 p.m. and Sept. 5. The update will only take approximately one to one-and-a-half minutes. It is mandatory that this information is updated.

### MarForPac Post and Relief

Marine Forces Pacific Marines will say goodbye to their top enlisted leader Sept. 4 during a 10 a.m. ceremony at Borderlon Field. SgtMaj. Joel S. Williams is passing the sword of leadership as MarForPac sergeant major and senior enlisted advisor to the MarForPac commander to SgtMaj. Robert W. Holub. Holub has served tours as an artilleryman and infantryman. He is also a former battalion drill master and arrives at MARFORPAC after serving as the depot sergeant major for Marine Corps Recruit Depot Parris Island, S.C. Williams, a Vietnam veteran, is retiring after 30 years in uniform and plans to return to his hometown of Asheville, N.C.

Ask the Deputy Commander via e-mail: olsonml@exemh1.mcbh.usmc.mil

Base Environmental Hotline: 257-6920 ext. 221

The Base Action Committee: MCBHBAC@ool.com, or tel: 257-4280

### **Domestic Violence Help Numbers**

Military Shelter	533-7125
MPD	257-7114
Crisis Hotline	521-4555
Child Protective Services	832-5282



Photo by Cpl. Trent Lowry

LCpl. Ben Matties, a military paliceman with MPD, checks ID cards at the main gate. The ID checks are a security measure.

## Safeguarding against terrorism

Cpl. Trent Lowry Combat Correspondent

Terrorism can rear its ugly head at any time, and servicemembers and DoD employees who work on military installations are often high-risk targets.

In the face of worldwide events that pose a danger, however remote, an installation will adopt conditions of heightened awareness

Threat Condition A is the first echelon of alert, with gradually increasing awareness reaching ThreatCon D, which is enacted after a terrorist incident.

However, while terrorists can pose a danger, the risk can be lessened by following simple. common sense precautions.

"There are three main things to remember in keeping yourself safe against terrorism." said 1stLt. Pete Solano, the operations officer at the Provost Marshal's Office. "First, keep a low profile. Don't let yourself stand out in a

"Next, instead of a daily routine, adopt unpredictable patterns." Solano recommended.

"And lastly, remain vigilant and keep a watchful eye on your surroundings," Solano said. "This will reduce your chances of being a victim of terrorist activi-

In order to stay alert to the surrounding environment, one should take notice of visitors, deliveries or anything else that is unfamiliar to the area. When a suspicious event takes place, the best action to take is to jot down pertinent information and notify a watch duty or PMO, Solano said.

"Terrorism awareness is nothing to take lightly," said Cpl. Keith Crim, an assistant team leader with the Provost Marshals Office's Special Reaction Team. "We expand duty and put more military police on the street to tighten up security when a situation presents itself."

While the SRT is trained to be prepared to act at a moments notice, the responsibility for terrorism awareness is on everyone. Keeping a vigilant eye, low profile and unpredictable schedule can help keep everyone safe.

## School discussed

Cpl. M.V. Trindade Combat Correspondent

Educational issues were the focus of the Base Action Committee meeting Tuesday night at the Bachelo Officer's Quarters conference room here.

Issues concerning crowded classrooms in Hawaii public schools to quality of Hawaiian education were top on the list of concerns.

"There is an amazing similarity between school and textbooks throughout the nation," reassured Dr. James Schlosser, Kalaheo High School's principal.

Still, parents raised the question about when schools would have enough books for all the children, some of whom were unable to bring home text books to study.

"We've taken a huge step in trying to solve that problem," Schlosser answered, who said students at Kalaheo won't have that problem once new books arrive shortly after school begins.

"I think the book issue should be the school's priority," said GySgt. Russel Keiper, the inspector chief at the Inspector's Office here, who also has children attending Kailua Intermediate.

Though many issues were raised, school representatives sounded confident that for most concerns, a resolution would be reached within the near future. They also reassured BAC that there are many plans in the works to make the Hawaiian school system the best it can possibly be.



Mokapu Elementary School stu-

Photo by Cpl. Barry Melton

dents and their parents talk a walk safely across the new parking lot instead af through traffic on Mokapu

## Lot makes parking easier

Cpl. Barry Melton Combat Correspondent

Mokapu Elementary School students

will have a safer route to class this year due to a new 56-stall parking lot located between the school and the 3d Marines Headquarters building: For past school years, parents parked

across the street from the school, and had to cross a busy Mokapu Boulevard to take their children to class, according to Amy Arakaki, the principal at Mokapu. With the new lot, located next to the school's staff parking, children won't have to traverse through traffic.

The new lot was constructed by the Base Facilities Department under the direction of BGen. David Bice, the former MCB Hawaii commanding general, said Mark Hirano, an engineering technician with base facilities.

"This makes up for the parking space that was lost when construction of the new barracks removed the old gravel lot from usage," said Hirano. "The neatly paved area is also a great improvement over the dusty, potholed, gravel lot."

Even though the parking areas have changed, the procedure for drop-offs and pick-ups will not, said Arakaki. Parents can park in the lot or drive through the parking area at the front of the school to drop their children off for

Arakaki asked, however, that parents park in the new lot to pick their children up. If all the stalls are taken, parking on the grass around the lot is also accept-



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## Operational Readiness Inspection tests 3/3

Cpl. Robert Carlson

CENTRAL TRAINING AREA, Okinawa, Japan — Marines from K Company, 3d Battalion, 3d Marine Regiment, executed a helo-borne assault on Combat Town here Aug. 11, passing their initial Operational Readiness Inspection.

They successfully achieved the mission and took control of the town under the watchful scrutiny of evaluators from 4th Marine Regiment.

"This evolution is one of the things each battalion does within the first month of its arrival on Okinawa," said Maj. Billy Bob Brown, 4th Marines operations officer and inspection evaluator. "It gives the battalion commander the opportunity to watch his company commanders lead an operation in the field."

In addition to helping battalion commanders assess the strengths and weaknesses of each company. Brown said this initial evaluation gave the company commanders a chance to work through a combat scenario with their companies.

Before the actual exercise, Capt. Robert A. Baird, company commander of K Co., was given a combat scenario and had limited time to come up with a plan of action.

Baird's plan, which evaluators said was unique and highly effective, was to attack Combat Town from both sides, seize key terrain and use his unit's superior combat power, as well as close-air-support from AH-IW Cobra helicopters, to overtake the enemy.

After spending the previous day war gaming through the battle plan and implementing an effective signal system, K

Co. Marines boarded CH-53E Super Stallion and CH-46 Sea Knight helos and headed for a landing zone near Combat. Town.

Upon landing, the Marines quickly secured the landing zone and, with the acumen of seasoned professionals, moved through the jungle toward their objective.

The first unit to arrive in the town, 1st Platoon with a weapons reinforcement, encountered heavy enemy resistance, but was able to gain a foothold in the first building. With that stronghold secured, and with the close air support of the Cobras, the rest of the company moved in and systematically cleared the enemy from the remaining buildings:

One important factor in the success of the mission, according to Baird, was the presence of a forward observer in one of the attack helicopters, facilitating easy call for fire artillery missions and the ability to adjust the fire from above.

"The attack was very intense," said LCpl. Dennis C. Nelson, a rifleman with 1st Platoon. "Instead of slowly going through the motions, we got to experience what an actual assault would be like with rounds going off all around us."

"This exercise is only one block in the three-block war concept." said Brown. "It consists of simultaneously handling humanitarian operations, a peace-keeping mission and actual combat.

While on Okinawa, K Co. will also have the chance to practice the other two.

"This company has really strong leadership, especially at the squad leader and platoon sergeant level," said Brown after the evolution. "The company now has six months to work out the kinks and develop a training plan to maintain its combat readiness."

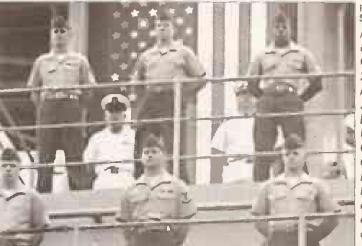


Photo by
SSgt. Eric C. Tausch
Manning the rails
of the USS
Germantown,
Sailors and
Marines from the
31st Marine
Expeditionary
Unit (Special
Operations
Capable), render
honors to their
Russian comrades
as the ship
departs the port
of Vladivostok.

## Cooperation from the Sea ends

1stLt. Kristen A. Lasica

VLADIVOSTOK, Russia — A slight breeze ruffled the draping colors representing both the United States and Russia. Both ensigns, though distinctly different, flew in unison, side-by-side.

Melancholy glances were passed back and forth between Marines and Sailors on the USS Germantown and the Russian BDK 011 as the rails were manned for Cooperation From the Sea '98's closing ceremony.

An utter contrast from the cautiously-curious demeanor experienced during the opening ceremony only six days earlier, the day's air was filled with the sentiments of an enduring integration between two nations, two forces and two peoples.

"The two biggest Navies in the world are making steps toward progress and development," said Russian Federation Navy Rear Adm. N. Temerev, deputy commander of the 10th Eskadra of Surface Ships. "Exercises like this bring people closer together."

The humanitarian assistance/disaster relief portion of the exercise, conducted Aug. 7-8 near Vladivostok, Russia, was based on an earthquake scenario that hit a small town, collapsing buildings, causing fires and trapping victims.

Marines and Sailors from the 31st Marine Expeditionary Unit (Special Operations Capable) and various attachments from Okinawa combined their forces ashore with a company from the 55th Division of the Russian Naval Infantry (RNI) to render complete and immediate aid. All traces of a language barrier seemed to disappear as vehicles were directed, convoys led, troops dispatched, stretchers carried, first aid administered, transport organized, and final care given.

The two days in port following the field exercise involved multiple levels of interaction through ship tours, static displays, basketball and volleyball games, city tours and time for shopping, eating and exploring the town. As toasted by one Russian dignitary, "To two great states providing good cooperation and friendship ... Let this be a good example to act in a proper way for peace ..."

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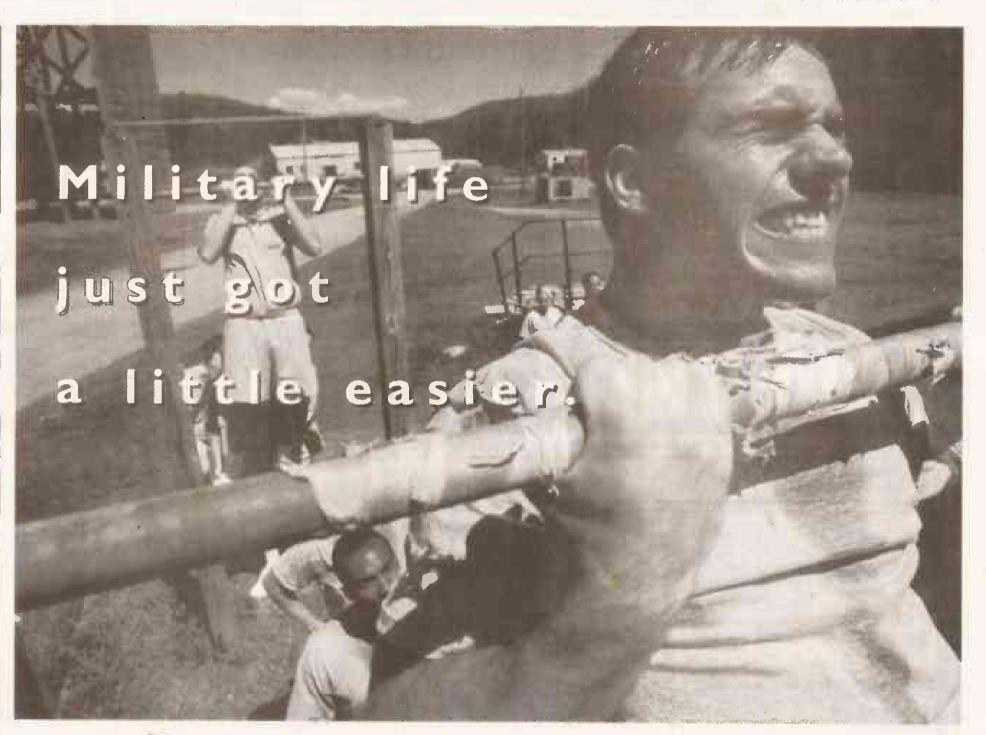
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### K-Max, From A-2

(used to counteract torque, the circulatory force created by the main engine) produces a 25 to 30 percent power loss," Steffanson said. "The K-Max's counter-rotating blades allow the torque to be cancelled in the transmission."

The advantage to this main rotor design is it eliminates the need for a tail rotor and allows the K-Max to use all its power to lift cargo. This added power allows the K-Max to lift nearly a thousand pounds more than it weighs.

"It's nearly unheard of for. any other type of helicopter to be able to lift more than its

of the bird's 6,000pound lifting capability.

Some people may think the design difference would make the K-Max a little unusual to fly. but that isn't the case according to John Liston, Kaman Aerospace's K-Max pilot.

"We spent about week going through normal and emergency operating procedures with the pilots." Liston said. "It flies conventionally so any helicopter pilot can get in and fly it. It's just a matter of how much finesse pilots will the have.



own weight," Steffanson said A K-Max helicopter comes in for a landing at Bellows AFS.

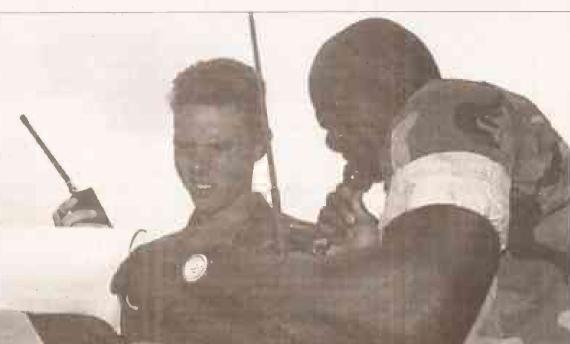


Photo by Cpl. Barry Melton

Cpl. Luke Drew, left, a landing support specialist with LSC, and Sgt. Zizi Kwekwe, from Communications Platoon, Headquarters Co., CSSG-3, communicate by radio with the K-MAX helicopter pilot.



Photo by Cpl. M.V. Trindade

K-Max pilot John Liston of Kaman Aerospace checks his surroundings before taking off during the K-Max testing.



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"I think crunches offer a better workout than sit-ups." LCpl. Julio Guzman, MIMS clerk, Ist Radio Bn.



"I think crunches are harder, but when we practice them they'll be the norm like sit-ups were." GySgt. Paul Harris, air traffic controller maintenance branch NCOIC, MCAF



"Crunches are easier and better for you, since there's less strain on your neck and back." LCpl. Melanie Krieger, accounting technician HQ Bn.

## New Marine commercial will air

Sgt. Jason Huffine 12th Marine Cors District PAO

SAN DIEGO - The Marine Corps' latest television commercial, "Rite of Passage — Transformation Plus;" is scheduled to air Sept. 19 or 20, according to representatives from J. Walter Thompson, the Marine Corps' paid advertising agency.

JWT said the commercial is the latest in an ongoing series showing America's youth how the Corps is the toughest, smartest and also the most elite of today's armed forces.

"Rite of Passage" shows a young man in a fight for his life.

In the commercial, Capt. Michael S. Burks, an intelligence officer with Camp Pendleton's 1st Marine Expeditionary Force, battles forces far beyond the realms of reality. He runs, jumps, dives and ducks in order to save himself from saw blades and throwing stars, representing the physical and mental obstacles a person faces when becoming a Marine. In the end, Burkes takes a sword out of stone and slays a fiery monster. Instantly, he transforms from a young man to a Marine.

"Transformation Plus" takes this vision one step further, according to David White, a JWT account representative.

The biggest difference between "Rite of Passage" and other Marine commercials is the amount of graphic imagery, explained White. He said 90 percent of the piece was done on computer. The remaining 10 percent was shot in a studio in front of a "green screen." This new look was done to attract today's high tech youth and was directed by Mikael Salmon, the director of the 1998 Hollywood Blockbuster "Hard Rain.

During a random survey in early August, JWT interviewed several Atlanta youth who had viewed the

commercial. The interviews produced comments ranging from, " It has the year 2000 look," to "It would make me stop (while flipping with the remote) and keep it on the chan-

These responses are important, however there's one even more important; According to one Atlanta youth, "It kind of makes me think about joining the Marine Corps." This response meets the "three-fold" goal (public awareness, enlisted lead generation and officer procurement) of Marine Corps advertising, according to Capt. David Kramer, the deputy assistant chief of staff for advertising, Marine Recruiting Command.

The commercial will be released in 60-, 30- and 20-second paid spots. There are plans to highlight the commercial on "Entertainment Tonight," "Access Hollywood" and various magazines, newspapers and other publications.

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Above, Sgt. Shaun Yancy, a communication specialist with 4th Force, sends back surf reports to the USS Frederick at the beaches here. Left, Sgt. William Burroughs (left) and Sgt. Shaun Yancy, both of 4th Force Recon, send surf reports and accounts of enemy movement back to Marines

## Recon trains with Sailors, assists infantry at Bellows

Cpl. Barry Melton Combat Correspondent

BELLOWS AIR FORCE STA-TION, Oahu - Marines from 4th Force Reconnaissance Company, MCB Hawaii, journeyed out to sea with the Sailors of the USS Frederick for training Aug. 18-20.

The Marines launched zodiac boats from the well deck of the ship and practiced re-entering, according to Sgt. Shaun Yancy, a communications specialist with 4th Force.

When the Marines were ready to come back on ship, the Sailors let down the stern gate, said Yancy. Marines sped through the water in their rubber boats to gain momentum and propel themselves back through the stern gate of the Frederick.

thing went like clockwork and everyone did really well," said Maj. James Bright, the Inspector/ Instructor at

4th Force. This was

also good training for the Sailors aboard the Frederick, because most of the well deck crew is new and not familiar with normal launching and recovering zodiacs, Inspector/Instructor staff to do these according to Bright.

Marines hit the beach here around 5:30 doing it.

a.m., to participate in an 'Everything went like amphibious raid with clockwork, and 2nd Battaeveryone did really well.' lion, Marines. They sent surf reports

3d

and informa-

tion about

e n e m y

movement

back to the

MAJOR JAMES BRIGHT INSPECTOR/INSTRUCTOR, 4TH FORCE

ship, Yancy said.

"It's hard for us to break from our duties · exercises," Yancy said, "but when To complete their training, Recon something like this comes up, we enjoy

### Clearing up Danno's woes



Army Capt. Abbie Whitehead, the head veterinarian at the base vet clinic, performs an ear inspection on Danno, the base mascot. The vet clinic is also scheduled to appear in an upcoming issue of the Hawaii

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THE AVENGERS\* (PG) AIR BUD II (G) THE MASK OF ZORRO (PG13) SNAKE EYES\*(R) Wrongfully Accused (PG13) LETHAL WEAPON 4 (R)

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## Tripler celebrates 50th

Tripler PAO Tripler Army Medical Center

Tripler Army Medical Center celebrates its 50th Anniversary at its current location on Moanalua Ridge Sept. 10.

The open-to-the-public ceremony is scheduled for 11:30 a.m. on the fourth

In 1948, Tripler was the tallest skyscraper in the Pacific. The 365-acre site on the lower slopes of the Koolau Mountain Range was purchased from the Damon Estate in the late

The facility was originally built as a 1,500bed hospital. Currently, it operates with approximately 250 inpatient beds because the practice of medicine has changed and wellness and prevention is now the healthcare

Today, Tripler is the largest military medical facility in the Pacific and serves more than 750,000 eligible beneficiaries in the region.

Tripler has been a welcoming haven to patients for all the years it has stood on Moanalua Ridge, and the staff continues the historical tradition of honoring its distinctive

### Blotter

· A two-foot Iguana was seized and given to the Hawaii Department of Agriculture after someone reported a Marine walking it around a barracks area on a leash. Iguanas are not allowed in Hawaii.

· A civilian was arrested for driving under the influence of alcohol and driving on a suspended license after he tried to exit the H-3 gate. Military police stopped the civilian to conduct an ID card check and smelled a strong odor of alcohol. He was given a series of field sobriety tests and failed. He was then taken to the Military Police Department, where he was given a breath test, but was unable to get an accurate reading because of the civilian's intoxicated state.

· A civilian was arrested for driving under the influence of alcohol

and drinking under legal age after he tried to come through the H-3 gate. MPs smelled a strong odor of alcohol coming from his vehicle when he was stopped for an ID check. He failed a series of field sobriety tests and was taken to MPD. There, he failed a blood alcohol content test with a .152 percent.

### Lost and Found

The lost and found custodian has bicycles, keys and other miscellaneous items in custody. If you are missing any of these items, call 257-1306. All unclaimed property is disposed of after 45 days.

The Military Police Department's Crime Prevention Section is seeking volunteers to assist the MCB Hawaii Neighborhood Watch Program. Volunteers are requested for various housing areas. For further information, call 257-2103.

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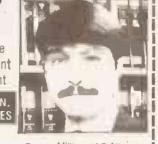
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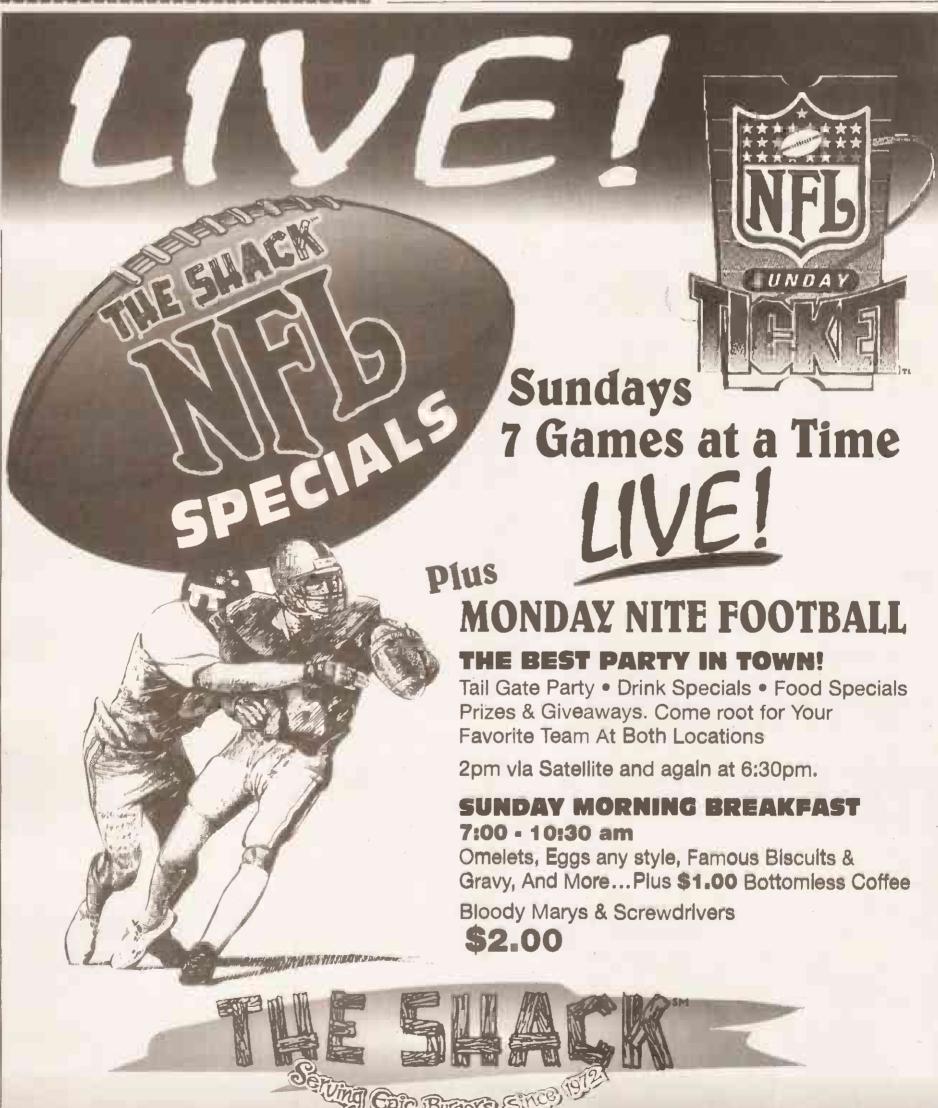
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### LCpl. Alexandria Beal

Birthday: October 7, 1976.

Hometown: Philadelphia, Pennsylvania

Self-Portrait: Funny, intelligent, adventur-

Motto: "Live life to its Pet Peeves: Finding fullest "

Hobbies: Collecting Star Trek memorabilia; Hawaii: Aunt Millies' reading; photograhy; watching "The X-Files" on Sundays and "Star Trek: the Next Generation" reruns.

Off-Duty: Taking classes for a Criminal Justice degree at Chaminade University.

Career goals: Reenlist, serve as a Drill Instructor and on Marine Security Guard with Adopt-a-School duty.

**Inspiration:** Best friend, Yvonne Peterson and sisters. "They make me laugh when I'm having a bad day, and they're behind me 100%."

Bad habits: Biting fingernails.

hair in the sink.

Favorite restaurant in for breakfast.

Volunteer work: Before joining the Marine Corps, included volunteering for Race for the Cure, a charity for cancer research, and Thrift for AIDS — a thrift store where proceeds benefited AIDS research. While in the Corps, helping activities.

## Base legal provides services for Marines

Cpl. Trent Lowry Combat Correspondent

Whether a Marine is looking to ward off problems before they occur, or trouble is already at the door, Legal Assistance has the tools to help with most legal questions.

From automobile registration to wills to separations and divorces. Legal Assistance can counsel servicemembers and their dependents, and often solve any legal problem they might

"We try to make servicemembers feel at ease," said Sgt. Lillian McLaughlin, a legal specialist with the Legal Assistance office here. "They often come in distressed, but we calm them down and let them know we can help."

The best way to use the services offered by Legal Assistance is to take action to prevent trouble before it occurs. The Preventive Law Guide, available at Base Legal, Building 215, is a helpful tool for servicemembers in Hawaii to use regarding all legal matters they might require help with.

A visit to the office during walk-in hours (Monday through Friday, 8:30-11 am) and meeting with an attorney can also help adviceseekers make the right decisions with any personal legal matter.

"Essentially, it's always a good idea to consult a lawyer if you have any legal questions," said Maj. Laulie Powell, a Legal Assistance attorney here. 'If we can't answer the ques-

Photo by Cpl. Barry Melton Sgt. Lillian McLaughlin is one of the legal specialists who answer servicemembers' legal questions by phone.

tions, we can do research to find a solution."

Services available range from legal documents, like non-resident registration needed for lower automobile insurance rates in Hawaii, to resolving debt problems with cred-

Command Financial Specialist training is also a service Legal Assistance offers. The course provides Marines preventative law classes including debt management and car purchasing advice.

"I'm taking this class so I'll have the knowledge to answer financial questions Marines might have," said Sgt. Shawn Nicholson, military policeman and CFS student.

Two services commonly used are setting up powers of attorney and wills, according to LCpl. Pervis Williams, a legal specialist at Legal Assistance.

"Power of Attorney helps when Marines go on deployment and they want someone they trust to take care of their personal business," said Williams. "It's also important for them to specify in a will to whom they want to leave their property in case of an accident. But wills can be complicated, so it's best for people to take the wills classes we offer."

Also, the legal office here is the only military law office on Oahu with a civilian paralegal available to file uncontested divorce and uncontested adoption cases. Other bases on island send their servicemembers here for those cases, according to Powell.

"We pretty much carry our own work load here, with nearly the same number of staff as the other military services on Oahu," said McLaughlin. "They often send their soldiers and airmen here, so we handle their cases,

Whatever the problem, though, the sooner it is taken care of, the better the resolution of

"What Marines need to realize is that their personal legal issue discussions with an attorney here are strictly confidential," Powell said. "They should come to us before a problem snowballs to become unmanageable."



Photo by Cpl. Barry Melton

### Somebody get it ....

The ball slips through the fingers of two mem-bers of E Co., 2/3, PFC Riley Marshall, a rifle-man, left, as Sgt. James Brookshire, a platoon sergeant, as the two face off in a shirts-onskins touch football matchup on Pollack Field here Tuesday. Though the competition was a tug-of-war throughout the entire game, the shirts team ended up claiming victory, 4-3. The Marines were getting in some physical training before setting out on a day of

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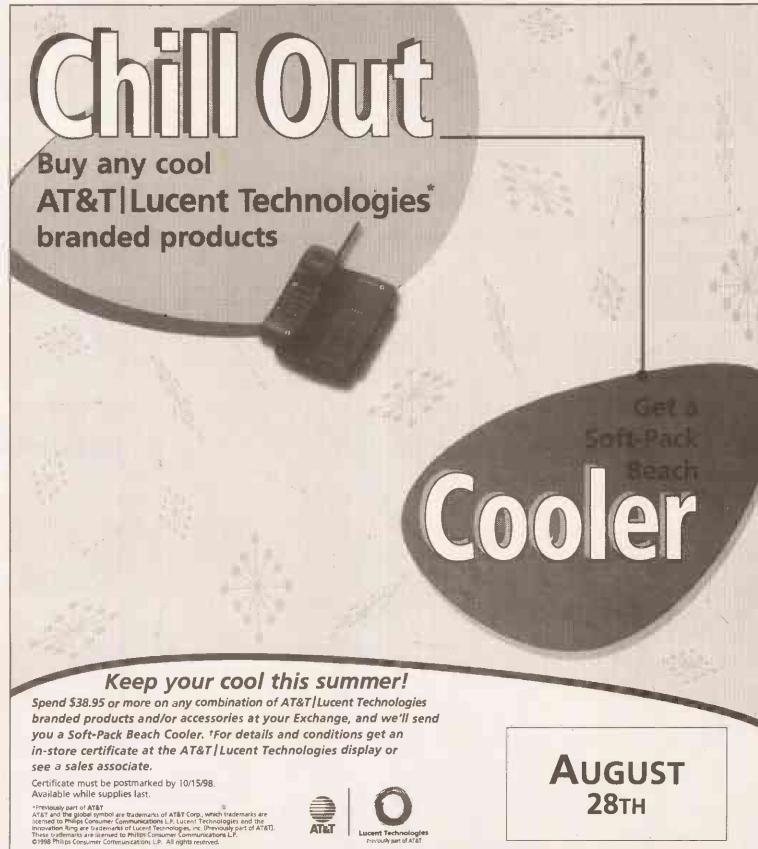
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### Word to Pass

**Employment** 

JEMS Job Fair '98 will be held Sept. 22 from 9:30 a.m. to 2 p.m. at Banyans on Naval Station Pearl Harbor. The job fair is open to all military personnel, their dependents and retired military personnel. Eighty-one companies are currently confirmed to attend.

FBI career seminar will be held at building 216, Sept. 25, 9-10 a.m.

Interviewing workshop provides a general overview of the interview process. There will be tips on researching prospective employers, types of interviews and typical questions to expect. Sept. 16, 9-11 a.m. at TAVSC building 267.

Call 257-3135, ext. 353 for more information on the above programs or to register.

### **Total Quality Leadership** Fundamentals of TQL: Sept. 15-17, 8-11:30 a.m. at

Day 1: Introduction to Process Improvement: a

basic understanding of the definition and approach to quality, with a systems view and TQ structure. Day 2: Team Skills and Concepts: includes a basic understanding of personality types, team dynamics, communications, effective meetings and conflict resolution.

Day 3: Tools for Decision Making: a basic understanding of the scientific method, six primary tools, and the ten-step approach.

For more information, call the TQL Office at 257-

### **Transition Assistance Management Program**

New Arrivals/Employees Orientation will be held Tuesday from 7:30-11:30 a.m. in the base theater. This class is mandatory for new military arrivals and civilian employees.

PCS Workshop will be held Wednesday from 8-11 a.m. in TAVSC, building 267. This workshop is mandatory for Marines E-1 through E-6 and O-1 through O-3 who are stationed at MCBH Kaneohe Bay and have PCS orders.

Island Tour will be held Sept. 11, 7:30 a.m. to 4 p.m. Learn about the culture and history of Hawaii. The tour begins and ends at the Family Service Center, Registration is required. To register for any of the above programs call 257-335, ext. 353.

### Chaplains Religious **Enrichment Development** Operation

Sept. 18 Team Building and Sept 19-20

Psychodrama. Training for facilitators. Sept. 24-27 Personal Growth Retreat. Take the challenge to be a gladiator for the weekend. Step into the arena to conquer your inner demons. Marriage Enrichment Retreat will teach participants how to maximize their marriage and develop a greater love and appreciation for your spouse on a CREDO Marriage Enrichment Retreat. CREDO Hawaii seeks to provide couples quality time together in a beautiful, stress-free environment. Oct. 16-18, retreat for Spanish speaking couples. Oct. 23-25 CREDO retreat for English speaking

To sign up, call 257-1941/0408.

### The Armed Services **YMCA** Hourly child-

care reservations can be made up to two weeks in advance. Classes on holiday table runner making, reed basket making, dog obedience, childbirth education and web surfing are all being held in

August. Call for dates, times and fees. Plus Aerobics: Low-impact aerobics for plus-sized

women; Mondays, Wednesdays and Fridays, 5:30-6:30 p.m. Food for Families: An organization to bring food

into your home for small donations. Internet access: Call for reservations for one-hour

blocks. Call 254-4719 for more information on ASYMCA programs.

### **Events**

Toddler Olympics is now free. Open to children up to age 4. Saturday, 9 a.m. to 1 p.m., 257-9965 ext.

1998 Hawaiian Plane Pull will be held at Hickam Air Force Base Sept. 12 from 11 a.m. to 1 p.m. Deadline to enter is Monday. Call 531-1888 ext.

YWCA of Oahu's first annual "Play for Peace Festival" will include rollerblading lessons, baking, painting, kayaking and line dancing. Free, Oct. 24, 9 a.m. to 4 p.m. at 45-035 Kaneohe Bay Drive, Kaneohe.

The 17th Annual Century (100 miles) Bike Ride

will be held Sept. 20 at 6:15 a.m. at Kapiolani Park. Call 735-5756 for more information Crafters wanted for the Barbers' Point All Officers' Wives Club Holiday Bazaar. The event will be held on Oct. 3, 9 a.m. - 2 p.m. at the Paradise West Club, NAS Barbers Point. Interested vendors con-

tact Marilyn Henderson at 682-9205

The 7th Annual H.U.R.T. Tantalus Trek will be held Sept. 5 starting at 7 a.m. The trail runs on a 10plus-mile, figure eight loop through the rain forest. Call 239-2177.

> sponsored by the Hawaiian Humane Society will be free to the public. A jumping comelephant sale and keiki pony rides are among the events. Sept. 5, at Maunawili Farm, 1015 Auloa Rd. (just off Kamehameha Hwy.),

A Horse Show petition, white

Kailua, Sept.

New parent support program assists families in their own homes. Everything is confidential. Call 257-9965 ext. 333. By the clock: Curfew, rules and limits. Class for parents of teens and preteens. Learn what works. Parenting 911 is a class for parents of infants and children up to age 6. Lively group discussions encouraged. Learn discipline techniques that work. Tuesdays, 6-7:30 p.m. Call for reservations.

to learn better couples' skills. Oct. 13-14 from 8 a.m. to 4 p.m. Parenting teens: improving relationships will help parents learn effective behaviors to keep communi-

Enhancing your marriage will be a two-day educa-

tional format for individuals and couples who want

building 455, and open Mondays, Wednesdays,

and Fridays, 8 a.m. to 1 p.m., and Tuesdays and

Daddy's Baby Boot Camp and Orientation for New

Moms: 1st Tuesday & Wednesday of every month,

8 a.m. to 4 p.m. Call 257-9965 ext. 333 for infor-

Thurdays, 8 a.m. to 3 p.m., Call 257-3642.

Family Service Center

cation open with their teens. Marriage skills workshop is a 14-hour workshop for newly married couples and singles anticipating marriage. It is designed to focus on an orientation to married life in the military, relationships, communication, problem-solving skills and money management. Sept. 29-30, 8 a.m. to 4 p.m. For more information and reservations, call 257-3655 ext. 342.

### Lifestyles, Insights, Networking, Knowledge and Skills

L.1.N.K.S. is a program that gives spouses the opportunity to hear tips from other Marine Corps spouses on how to succeed in this environment. Day and evening sessions are available; and free childcare is provided. Reservations are required. L.I.N.K.S sessions are always held the third week of the month. For more information, leave a message at 257-2368 or call Marti at 254-0373.

### Information, Tickets and Tours

ITT has a variety of discounted tickets for activities island-wide, including cruises, luaus, movies and more. Several activities offer special limited offers from time to time, so call or stop by regularly to check prices. The ITT hours of operation are Mondays through Saturdays from 9 a.m. to -5 p.m., and holidays 9 a.m.to 2 p.m. For more information, call 254-7562.

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### **Volunteers**

The Waikiki Aquarium is looking for adult volunteers for its Edge of the Reef exhibit. A free, nine-session training period begins Sept. 15. For more information call Dr. Carol Hopper at 923-9741.

The Waikiki Aquarium is looking for adult volunteers for its docent training program. The training program is free, and begins Oct. 1. Call Mary Pickett at 923-9741 to sign up.

### Veterinary Services

The Central Pacific District Veterinary Command operates Veterinary Treatment Facilities for use by authorized active-duty, dependent and retired military personnel. These clinics are open daily for sales of over-the-counter veterinary products. Appointments are available for immunizations. heartworm checks, health certificates and sick call. MCB Hawaii, Kaneohe Bay clinic is located at



## FFD offers home fire safety tips

### Federal Fire Department

A little prior planning could save lives

in the event of a home fire.

Out of more than 1,700 home fires daily in this country, 14 people die. Nationally, 25 percent of all fires, 82 percent of all fire deaths and 63 percent of can open windows and remove screens all fire injuries occur in homes.

Most people believe fire won't happen fires usually give only three to four min-

Fill it up...

right side of the lanes are replaced.

do can be deadly.

To prevent this from happening, individuals should prepare a home fire escape plan and have the entire family practice

- Plan two ways out of every room. The normal exit may be blocked.
- Test emergency exits. Make sure you and storm windows.
- Practice using emergency exits in the to them and they don't plan ahead. Since dark. Keep a flashlight next to every bed. Most fatal home fires start at night while utes to escape safely, not knowing what to we are asleep and least likely to respond

quickly.

- · Install and maintain smoke detectors on every level of your home. Test them monthly and change batteries yearly.
- · Teach the family to stay low in smoke to avoid poisonous gases. Crawl to exits. Eight out of ten fire deaths are due to smoke inhalation.
- · Arrange a meeting place outside the home. Make sure everyone knows to get out quickly and go to the meeting place.
- · Call the fire department from a neighbor's house. Do not wait in a burning building to use a phone.

## Residents can help cut base utilities cost

Cpl. David Holliday

Without utilities, people couldn't perform daily routines.

A family of four, per day, uses about 100 gallons of water flushing toilets, 80 gallons showering and bathing and 70 gallons for laundry, dish washing, bathroom sinks and other utilities. Imagine how many people live on base and one can only assume how much water is used each

Many times, people ignore how much water and electricity is used daily. If they paid attention, they could cut down on utility bills.

The average usage of electricity here is 242,200 kilowatt hours per day, which equals about \$19,200 per day. Water costs approximately \$5,692 per day. The total water/electricity bill adds up to about \$24,892 per day.

These estimates are based on our daily average for June 1998.

If the base community works together to support the energy conservation program, then it can meet its goals and keep utility costs down. Each person can make a difference.







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Cpl. Jason Renolds, left, and Sqt. David Brooks put gas in their cars Tuesday

using the new pumps at the K-Bay Gas Lanes. The pumps made their debut

earlier this month and will be the only pumps available while those on the

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# Hawaii Lifestyles

Hawaii Marine B Section

August 27, 1998



### Kama'aina Korner

Cpl. Trent Lowry

As the dog days of summer wear down and the leaves on the trees ache to change color (OK, pretend you're not in Hawaii for a second), one thought creeps into this sports fan's mind.

Football is the biggest sport in the world. Here the nearest gridiron of consequence is Aloha Stadium, where the University of Hawaii plays their college contests. I know I'll be there for the season's first game, Sept 5, against my alma mater, the University of Arizona, ranked 24th in the preseason Associated Press poll.

Honolulu is now the host to two college bowl games, as the Oahu Bowl joins the Aloha Bowl as one of the first post season NCAA contests

Aloha Stadium is also the site of the National Football League's version of an All-Star game, the Pro Bowl. The contest is a matchup of the biggest, fastest and best NFL players, who get a week of fun in the sun after the Super Bowl is decided. Needless to say, I'll make sure to be in the

stands for that one, too. Certainly some folks may contend that soccer is a more global sport, or that basketball or baseball have more worldwide popularity than good old American football, and I would not dispute their claims.

But size for size, pound for pound, and man for man, football dwarfs the other sports. Let's first look at the size of the teams. Football has 22 players on a field at a time, plus practically a platoon of black-andwhite striped officials to keep an eye on the players. Soccer and baseball have nine men per team, and basketball teams

don't even field a half dozen. The entire football squad has 45 men on the roster, from star quarterback to scrub benchwarmer. Baseball maxes out at 25, including bullpen pitchers with ERAs over 6.00, and hoopsters lace up 11 sets of overpriced sneakers per

Presenting almost as obvious a difference as team size is the girth of the individual players. It's not uncommon to find a fellow strapping pads over his 320-pound frame in football. In basketball, the only 300 pounder I know of is Shaquille O'Neal, and he is an aberration in a sport dominated by height rather than bulk

As "America's Pastime," baseball can field smaller players and get by, but even their power heroes are small by comparison. Mark McGwire is considered a monster by diamond standards, but at 6'5" and 265 pounds, would he be able to break through the Dallas Cowboys' offensive line, which averages roughly 310 pounds per man, on the way to a sack? The answer, in two words: pancake batter.

Just as important to consider is the quality of the respective seasons and playoffs. While professional hockey and basketball drag out regular seasons of more than 80 games, and baseball has a marathon 162 game season, football gets the job done in just 16 contests. Each match draws the most out of every player, and injuries abound, justifying the recuperating time of a

Football's championship, the Super Bowl, concludes with one of the most watched contests worldwide, while a more globally coined championship, the World Series, lasts up to seven games. How many people watch one of those games? Combine the gate and television draw for the series, and I'd wager the number still doesn't approach the Super Bowl's audi-

Plus, who could deny that Denver's hotly contested victory over Green Bay in Super Bowl XXXII in January was one of the more exciting sporting events this century. Ok, maybe that's an exaggeration. It was

the most exciting sporting event this decade. As I think about it, intercollegiate sports have the same relative interest between football and the other sports; they just have larger stadiums to fill.

I won't say that football is better than any other sport, or that their players are better athletes. That sort of conversation is bestsuited to a debate over a pitcher or two at a

In Hawaii you can't be at a game every weekend, so I've got my Saturdays and Sundays planned out for the next five months. I'll have my pizza and soda ready by the armchair, the ringer on my phone will be off, and my Denver Broncos hat sitting proudly on my head.



Photo by Cpl. Barry Melton

The calm waters of Narth Beach's Cove provide ideal snorkelling conditions with an easy drive on base.

## Color, wildlife abound for snorklers at North Beach's Cove

Cpl. Barry Melton Combat Correspondent

If someone is looking for a place for snorkeling, but doesn't feel around a crowd, like

> Hanauma Bay is that venue. Nestled in the far right-hand comer of

daily, The Cove

North Beach here, at the foot of Ulupa'u Crater, The Cove is a beautiful, blue lagoon full of different species

of fish, breath-taking underwater rock formations and calm, crystal clear water.

"This is a really great place to snorkel," said Mark Miller, an Army nurse at Tripler Army Medical Center and avid snorkeler. "It's a lot cleaner than Hanauma Bay, less crowded and there's a wider variety of fish here.'

Summer is the best season to visit The Cove because the waters are more calm than in the winter, said Miller. Due to winter swells here, the water is too rough for snorkel-

"This place is also home of one of the best views on the island on a clear day," Miller said, pointing toward the Ko'olau mountains, the towering backdrop of Windward Oahu. "This is the place to be."

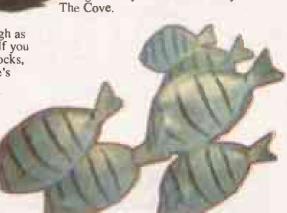
Along with snorkeling, The Cove is also a great place for spear fishing, according to Adam Shewey, a resident here who snorkels and spear fishes

regularly at The Cove. Spear fishing is really good here because it's not as rough as Ft. Hase beach," said Shewey. "If you go out past the outer ring of rocks,

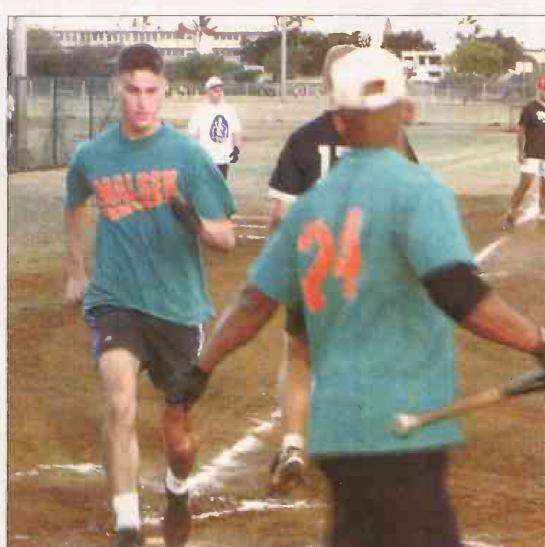
the water is deep, but there's plenty of fish out there." mended only experienced snorkelers venture outside the lagoon. However, he added, for the novice, there is plenty of action inside the

lagoon. So, the next time sometime

someone asks, "Hey, wanna go to Hanauma Bay?," tell them, forget about it. Instead of wasting gas driving down the coast, the best place to go is only a short walk away at



## MALSEK remains undefeated



Photos by Cpl. M.V. Trindade

Abave, MALSEK left centerfielder Brian Blanchard greets his teammate as he crasses the plate after his two-run home run in the fourth inning. Right, Dana Winslett, HQ Bn. pitcher sends his underhand pitch aver the plate.

MALSEK defeated HQBn. in intramural softball 15-13 Monday night at the Annex Field here.

Cpl. Trent Lowry

Combat Corresponden

The MALSEK softball squad survived an exciting contest of momenturn turnarounds over HQBn., winning the five-inning game, 15-13, in intramural action Tuesday at the Annex Field here.

The undefeated MALSEK team used hitting power to get lots of runs in, while HQBn. relied on steady hitting to manufacture a chain of

After a shaky start, MALSEK answered a 2-3 deficit withfour runs in the top of the third inning. Their big strike, however, came in the top of the fourth, when MALSEK scored seven runs back to back with homers by left centerfielder Brian Blanchard, with a two-run shot, and solo shot by shortstop Mike Duplichan.

"They're a good team, and you never know (what can happen). They have some guys with good sticks over there, so they could come back, Blanchard said after the fourth inning. A comeback was exactly what

Despite MALSEK adding two runs in the top of the fifth inning, HQBn. piled on 10 runs in the bottom of the inning, a great rally but just short of victory

They (MALSEK) capitalized off some of our mistakes, and a good team like that will come back and

get you," said HQBn. player-coach Carl Holden. "But I'm really proud of how our guys hung in there and

didn't give up."

MALSEK ran their record to 14-0, good for first place in the Red Division. HQBn. dropped to 9-6,

but is still in the playoff hunt. "We beat the top two teams in our division, and with the showing here against the top team, even though it was a loss, I think we've earned everyone's respect," Holden said. "We'll see MALSEK again in

the playoffs."

"We've played really well together as a team this year," said designated hitter Chris Collins. "Our defense is great, our bats are hot and we've got a great pitcher (Tito Gutierrez) who really knows how to work a batter."

Playoffs are scheduled to begin





## Junior golfers hit the greens

Cpl. Trent Lowry Combat Corresponden

It may be presumptuous to expect any of the 30 children, ages 7-16, who competed in a junior golf tournament at Kaneohe Klipper Golf Course Aug. 19, to be the next Tiger Woods

They certainly had fun trying, though.

The tournament was the last session of the three-week course professional instructor Henry Sieradzki holds each month at the course here.

"I want to introduce golf to kids as being a fun sport," said Sieradzki, a golf pro for 18 years. "I'm not interested so much in focusing on technique with them, as much as keeping the instructions relaxed and enjoyable.

Sieradzki and assistant instructor Robert Jacobus structured the tournament to consist of an eight-hole circuit on the practice putting green, and one hole on the actual golf course. The children played each hole twice for a total of 18 holes.

"I'm feeling pretty good right now," said Katie Burlingame, 9, after taking the girl's division with a low score of 28. "I wasn't expect-

The top three finishers in the boys and girls divisions earned trophies and each child took home a prize.

"I liked learning how to putt and hit with irons," said Kula Stone, 12, whose low score of 19 earned him the boy's division trophy. "I expected golf to be fun and I think I'll play a little more often now that I know more about it."

The childrens' success on the links is credited to Sieradzki and Jacobus' instruction. The children learned half, three-quarter and full swings, as well as golf etiquette, according to Sieradzki.

"I like the lessons because you get to hit and putt like in a real game," said 10-year-old Kristen Johns, who took second place in the girls division. "My dad says he'll take me on the big course sometime.'

The instructors get as much out of the lessons as the chil-'It's very self-gratifying to

see kids who've never hit a golf ball before come out and have fun," said Jacobus. Perhaps junior golf student

Bert Miller. 7, said it best with one simple statement.

"I just want to be a good golf player.





Photos by Cpl. Trent Lowry

From top left, clockwise, Kristen Johns, 10, watches her putt approach the hole. Johns finished the girls division in second place; Katie Burlingame, 9, a fourth grader at Kailua Elementary School, watches her drive on the ninth hole. Burlingame won the girl's division of the junior golf tourna-ment with a low score of 28; program golf instructor Henry Sieradzki gives his students their hole assignments to begin the tournament Aug. 19 at Kaneohe Klipper Golf Course

## MWR flagging down players for flag football

Cpi. Barry Melton Combat Correspondent

ntramural flag football is slated to kick off another season Sept. 9 at Pop Warner Field here and the MWR Athletics Office here is seeking any last-minute teams for registration

Seventeen teams are already signed up to play this season, according to Jason Enrique, the intramural sports coordinator with the athletics office. Though the season starts Monday, deadline for teams to enter this year's football season is Sept. 11

'We usually accept registration entries two-weeks after the season starts," said Enrique. "Most people don't get the word until the season starts and then they want to join."

Teams must have a minimum of eight members on the roster, Enrique said. Each team fields eight players at a time, and rosters are allowed a maximum of 16 players, including coaches and assis-

Registration is open to all K-Bay and Camp H. M. Smith teams, according to Enrique. All service-members, DoD employees and family members at least 18 years of age

are eligible for play.

The season will consist of round robin games until December; then the top teams will compete in a championship tournament to determine the best team, Enrique said.

To register or for more information, call Enrique at 254-7596.

### Intramural Standings

### Golf

Red Division		Gold Division	
HMH-362	93	Winfall	96
Mess hall	84	MALSE	78
3d Mar Com	70	3d Mar HQ	58
2/3	69	CSSG-3 Maint A	40
PMO	39	CSSG-3 Supply	39
Law Dogs	35	Band	36
Law Dogs CSSG-3 Maint. B	12	HMH-463	31
		MCAF	30

### Softball

### Gold Division

### Red Division

1st Rad. Bn.	15	.3	MALSE	14	0
CSSG3 Hq.	9	5	HMH 363	9	5
HMH 463	8	5	1 / 12	5	2
HQBn.	9	6	CSSG Maint	6	6
CSC	8	6	2/3	6	7
Legal	4	11	HMH-362		9
3/3	2	8	Band		10
CSSG3 Supply	2	11	PMO	4	13

Standings as of August 24

### Rollerhockey players needed for tourney

Inline rollerhockey players are looking for 10-12 more teammates to join a MCB Hawaii team for the Naval Station Pearl Harbor Tournament Sept. 5-7. Players must have shin guards, elbow guards, hockey gloves and other required gear. The tournament is being held to help open the new Inline Hockey Arena on Pearl Harbor. For more information or to join the team, call 257-1106 in the daytime or 257-5982 during the evening.

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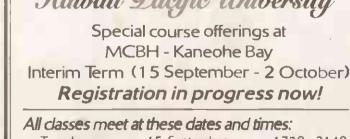
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For registration information, contact the HPU Kaneohe Satellite office at 254-2687.

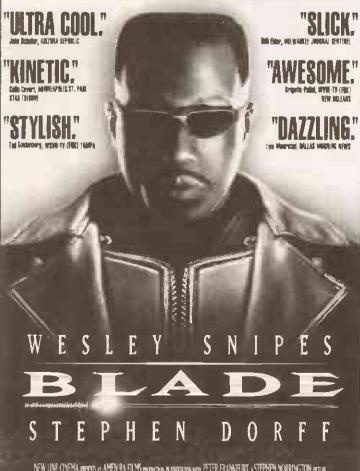


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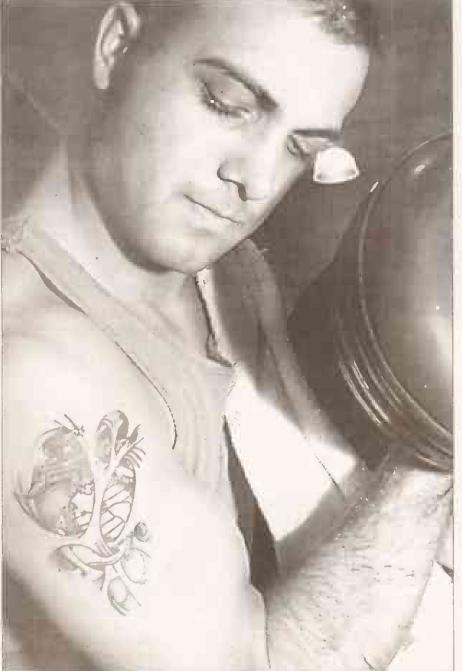
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Jasen Cunningham, an instructor with the Corporals Course, squeezes out a curl during one of his many workouts in the Semper Fit Center.



Mirror-lined walls reflect dozens of Marines, Sailors and family members as they sweat out exercises in the center. With 60 cardiovascular machines and a variety of free weights and weight machines, the center attracts hundreds of PTers.

# Getting 'Semper Fit'

Story and photos by Sgt. Steven Williams

Semper Fit Program in mind, a wide spectrum of people to tailor to and a base full of workout-hungry Marines, a fitness arena has stepped up to the plate — the Semper Fit Center.

Dozens of free weights and weight machines, 24 aerobics pro-

Dozens of free weights and weight machines, 24 aerobics programs, 60 cardiovascular machines, free personal trainers and fitness assessments, a basketball gymnasium, three racquetball courts, two saunas and two locker rooms, the puzzle pieces came together earlier this year for an ultimate physical training palace.

"The reason this place is so great is because there is so much variation that it appeals to all users," said Lynn Sanchez, the fitness coordinator at the center. "I've had a lot of people tell me this is one of the nicest facilities in the Marine Corps now."

The center came about when BGen. David F. Bice, the commanding general of the base at the time, wanted to create a Semper Fit facility that would be a model for the entire Marine Corps to follow.

Patrons here said "mission accomplished."
"It's the nicest I've seen in the Marine Corps," said Richard A.
Hepburn, a platoon guide with B Company, 1st Battalion, 3d Marine
Regiment, who has pumped iron in several other facilities.

"It's great," said Jasen Cunningham, an instructor at the Corporal's Course, catching his breath as he pumped out reps on a rowing machine.

"They've made a lot of improvements," he continued. "And it's a good alternative for Marines besides the normal, everyday running." Patrons can run and catch the latest episode of their favorite sit-coms thanks to an eight-television cardio-theater. Four 35-inch television sets flank the cardiovascular area, airing everything from sports to news programs.

"I like the huge selection of weights and machines," said Joe A. Kennedy, a field wireman with A Battery, 1st Battalion, 12th Marine Regiment. "You can knock out a lot of different exercises."

"A good thing with having a variety of machines and a lot of weights is you can get a quick workout," said Hepburn. "If you have to wait on an exercise, your body cools down."

A unique attribute to the center is it offers free personal trainers, fitness assessments and blood pressure readings, unlike other Hawaii facilities. Personal trainers can cost anywhere from \$50 to \$75 at civilian facilities and \$25 at other military facilities, according to Sanchez.

"The staff is really knowledgeable and that really helps," said Cunningham. "They help you focus."

There are several other qualities that attract hundreds of PTers everyday; however, there is one thing Sanchez said the center needed to complete its focus on Semper fit—classrooms for Semper Fit-related classes like nutrition education and smoking cessation.

"The Branch Medical Clinic already has these classes," Sanchez said, "but it would be nice if we were the focal point for all Semper Fit programs."

An item sure to be in the center's future however, is cholesterol screening. Sanchez said it's only a matter of time before it's implemented.

The center is still growing and may continue to expand in the future, according to Sanchez. But at its current level, many said it's a perfect resource for pursuing Semper Fit goals.



LCpl. Ramon Somoza, an infantryman with C Co., 1/3, checks out the cardiotheater while running on a treadmill.



Jarrod Johnson, an sniper instructor with Regimental Schools, pulls back another rep, using one of several pieces of gym equipment for working back muscles.



Photo by Sgt. Steven Williams

### Dangerous Driving ...

Danny Stevens, a Motor Transport Co. driver with CSSG-3, right, gets in a layup under Stevon Salter, a hydrolicsman with MALSEK, center, and Chris Sturns, a supply clerk with 3d Marine Regiment Headquarters Tuesday in the Main Gym.





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### of Polynesia taste

Cpl. Barry Melton

AIKIKI, Oahu -Ahh, the good ole days.

Sometimes, it' nice to think about the days when a cola only cost a nickel, the streets were quaint and friendly and tourism in the South Pacific was beginning to bloom.

Although most MCB Hawaii residents weren't on island to recall the 1930's, 40's and 50's, it doesn't mean the times can't be revived. The Hale Koa Hotel here takes hundreds of people back to the glory days of Polynesia with Tama's Polynesian Revue at 6 p.m. every Wednesday.

The Polynesian Revue features dancers and songs unique to each of the islands of the South Pacific, including New Zealand, Tahiti, Guam and Hawaii.

"We sing the songs you would expect to hear at a

Keakola Paishon, the show's master of ceremonies who takes guests all over the Pacific with humorous anecdotes and popular

songs. Paishon, who has been with the show for nearly 25 years, sings tunes like "Tiny Bubbles" and "Blue Hawaii." All

songs are complemented with native dances

performed by hula dancers. Some might say the best part of the evening is before the show even begins.

Since the show doesn't start until 7:45 p.m., the guests have more than an hour to dig in to an all-you-can-eat buffet. The Hale Koa serves up roast beef, fish and chicken, along with salad,

vegetables, breads and desserts.

Guests can complement their meals with just about any soda or drink imaginable, including tea, coffee and

tropical mixed drinks. The buffet is included with the admission price, but drinks are not.

After dinner is through, the tables are cleared and as guests settle back in, the stage curtains whip open to reveal a four-person band, fronted by Kinau Hicks singing island favorites with her angelic voice.

As the show progresses, dancers come out with precision staccato on stage, featuring different costumes and dances from each respective island while Paishon sings. A few numbers even feature the dancers singing while they perform

their routines. If the singing and dancing isn't enough to keep crowds content, some guests are invited on stage to show off

This mixture of crowd participation, good food and talented performers make the

show hard to beat.
"I loved it," said Chuck Ealy, a Sailor from the visiting USS John C. Stennis, who not only attended the show. but was called up front to hula dance on stage. "It was really great — one of the best shows I've ever seen. Being on stage was a little scary, but it was fun."
"We've been to this show

about 20 times," said Bob Dale, who was visiting from Lusby, Md. Dale retired from the Marine Corps in 1966 and frequents the island, bringing a different grandchild to the

show each year.
"We used to see this show before the Hale Koa was even built," Dale said. "They had it down on the beach in a little hut back in the 1960s."

Ahh, the good ole' days... For reservations and prices, call the Hale Koa Hotel at 955-0555



Top left, hula girl Malia Paishon rests on stage while she twirls bolos around her head. Above, audience member Chuck Ealy, a Sailor aboard the USS Stennis, particiates in a hula dance.

## BANKRUPTCY

If you are having financial difficulties, call Karen Kightlinger, Attorney-at-Law. THE LURIA LAW FIRM 1188 Bishop Street. Suite #3311 • Free Attorney Consultation Pay Fee In Installments

> 538-3800 Personal Service From Attorneys Who Care.

## Classified Ads

### Cars, & Motorcycles

Custom road blke, Dura ace drivetrain. 58.5 cm. lightweight, handles perfectly. Must sell. \$650/OBO. 254-6950. '96 Ford Mustang convertible, red, auto, very clean, 10-disk CD changer. \$16.000

Call 263-4355. '97 Jeep Wrangler Sport, 4x4, red, 28,900 miles, purchased July 96. Great condition, must see. Call 254-6460.

Jeep Accessories, repair manuals. CB radio, standard wheels, and others. Price negotiable. Call 254-3157, or 383-3209.

### Computer

IBM Computer, model 30/286, monitor

included, perfect starter computer for kids, \$200. Dot Matrix printer \$50. Call 254-

### **Appliances**

12,000 BTU A/C, 1 year old, \$200. Call Washing Machine, \$200. Stairstepper, \$100. Both great condition. Call 254-9590.

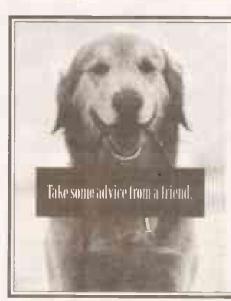
### Miscellaneous

Canopy/car cover, 10' x 20' galvanized frame, \$100. Call 487-0458. Cockatoo w/large cage, Talks, \$400. Call

Wedding dress, never wom, beaded satin bodice, tule skirt, cap sleeves, beautiful, size 8. Must sell, \$300/OBO. Call 254-4875. Free bunny rabbit, white male with black around eyes and on ears, 4 months old, loveable, furry, curious, and loves to eat grass. Need to give to a good home, school class or daycare class. Food included but not cage. Call 254-8870 (leave message).

AKC registered male dalmation available for breeding. Only owners of AKC registered female dalmations need apply. Price negotiable. Call 254-3157 or 383-3209.

To submit an ad to the Hawaii Marine, fax 257-2511, or come by our office on the ground floor of building 216. Submissions must arrive before noon Thursday the week before publication, and must contain the applicant's rank, unit, and home and unit phone numbers. Ads will run for two weeks and must be 20 words



Your dog recommends brisk walks on a regular basis. So do we. Our reason is that physical activity reduces risk factors for heart disease and stroke. (Your dog's reasons may vary.) To learn more, call 1-800-AHA-USA1. Or visit us at http://www.amher.or on the World Wide Web.

American Heart
Association

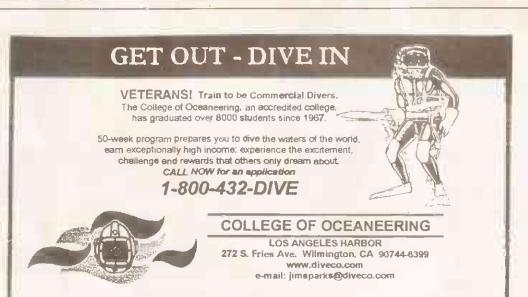


### Registration is now open

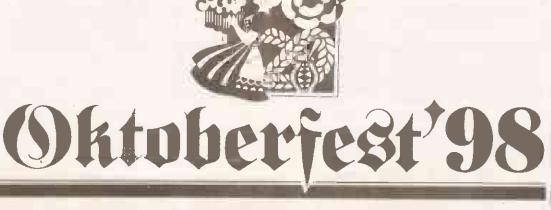
for new and returning students interested in the Associate. Bachelor, and Master degree programs

For information or counseling, contact MCBH Camp Smith 487 - 1182 Steve Kinder 0830 - 1630

MCBH Kaneohe Bay 254 - 2687 Bob Cyboron







### **CELEBRATE AN ANNUAL** TRADITION OF PURE FUN!

Come to an old-world tavern high in the Bavarian Alps! Wear your lederhosen and dirndls. Feast on Chef Rolf Walter's own home-country Sauerbraten, Knackwurst, Eisbein and Black Forest Cake. Savor German beers, wines, schnapps and liqueurs. Dance the chicken dance and the snake dance and polka to authentic German music provided by all-time favorites, "Neil Gow and the Five Knights." Oktoberfest '98 at the Hale Koa Hotel! Eins, Zwei, Drei, G'Suffa!!!

Place:

Tickets:

Seating:

Banyan Tree "Brauhaus"

Times:

Wednesday, September 30 and Thursday, October 1: 5 to 11 p.m. Friday, October 2 and Saturday, October 3: 6 p.m. to 12 a.m.

Sunday, October 4: 5 to 11 p.m.

\$6.00 per person. A wide selection of authentic German foods and traditional drinks will be available for purchase. Large groups welcome. Tickets go on sale August 31st

Get your reserved seats from any Special Services ticket office or at Reserved

> the Activities Desk in the hotel. Or, you may charge by phone to major credit cards by calling the Activities Desk at 955-0555.



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LOS ANGELES and SAN FRANCISCO



MWR Marketing

Get into the aloha spirit at the Fall Aloha Fair, Sept. 1 at the Enlisted Club. All ranks and DoD civilians are invited to the free base information expo from 5:30-7:30 p.m. Visit with representatives from MWR activities, plus other base quality of life programs. Representatives from Ocean Concepts Scuba, Mary Kay Cosmetics, Clever Canines, VCA Animal Hospital, Aloha Key & Awards and Dave's Ice Cream will also be available to answer questions.

Sponsored by AT&T, GEICO Direct and MWR, this event also features displays, door prizes and free pupus. Plus, enter to win door prizes from Ocean Concepts Scuba, Dave's Ice Cream and the grand prize, a two-night stay for two at the Turtle Bay Hilton.

Aerobics

"Meltdown." "Cutting-Edge Circuit," "Power Mix," "Super Step," "Ultra Toning & Abs" and "Step Control." Classes on Tuesday and Thursday mornings at 5:30 a.m. and Mondays, Wednesdays and Fridays at 11:30 a.m. are free for active-duty personnel. All classes are taught by certified aerobics instructors. Classes are held in the Semper Fit Center at \$2 per class or \$15 per 10 classes if coupons for classes purchased in advance. (Coupons are good for any class, any time.) For a complete schedule of class times and instructors, call the Semper Fit Center at 254-7597.

Be the Skipper of a Ship

Hey kids! Learn the challenging sport of sailing at the Junior After-School Sailing Program. Register now at the Marina for classes starting Sept. 14. Junior sailing is open to youths ages 8-18. Classes run Mondays, Wednesdays and Fridays from 2:30-5:30 p.m. For only \$65, junior sailors will skipper their own boat in scenic Kaneohe Bay. The course will cover the rules of sailing, wind dynamics and water safety. Lessons are held at the Marina and children will sail down to the sandbar and around Coconut Island. (Youths must pass a short swim test.) Junior basic sailing classes are open to all authorized patrons and will run from September through November. To sail away, call the Marina at 254-7667.

Camp Smith's 5K Grueler

Test the limits of physical endurance at the 2nd Annual 5K Grueler at Camp H.M. Smith Sept. 19 at 8:30 a.m. Open to the public, the race covers the hills of Halawa Heights at the Camp H.M. Smith military installation. Cost to enter is \$12 for DoD ID cardholders and \$15 for civilians and includes a commemorative "Grueler" T-shirt.

The race is part of the Commanding General's Semper Fitness Series. Sponsored by Spikes Bagels, Island Demo and coordinated by MWR and Headquarters and Service Battalion, Marine Forces Pacific, proceeds from this event benefit recreation programs for Hawaii's Marines, Sailors and their families. Entry forms are available at all MWR activities or by calling Athletics at 477-0498/5197.

Fairways Friday Night Buffets

The Fairways Restaurant introduces Friday Night All-You-Can-Eat buffets that are sure to tempt any appetite. All ages will dive into the Fish Monger's Wife Buffet. Sept. 4 and Oct. 2, featuring peeland-eat shrimp, Boston clam chowder, Pacific Northwest oyster stew, mahi mahi, poached cod, blackened catfish, fried shrimp, scallops, clam strips, salad bar, desert and much more. Those with a hearty appetite will enjoy the Beef-eaters Buffet Sept. 18, featuring a meat-lovers dream. Enjoy roast top round of beef, beef stroganoff, whipped potatoes, vegetable beef soup, salad bar and dessert.

Both buffets cost \$11.95 per adult, 50 cents per year for children 4-11 while children 1-3 eat free.

Don't miss the ship with a Fish, Chips and Chowder Buffet served twice a month. The next buffets are scheduled for Friday, Sept. 11 and Sept. 25. This mouth-watering buffet features two types of clam chowder, a fish fry, salad bar, desert and more at a great value of \$7.95 per adult, 50 cents per year for chil-

dren 4-11 and children 1-3 eat free. Fairways Friday night buffets are open to all ranks and DoD civilians. They are served from 5:30-8 p.m. For more information, call the Fairways Restaurant at 254-5592.



and under (age 16 and under for "R" movies) must be accompanied by a guardian 18 years of age or older throughout the movie. Admission is \$3 for those 12 years or older, \$1.50 for children ages 6 to 11, and free for children 5 and below. Admission to the second movie Friday through Sunday is \$1. For more information, call 254-7642.

Children ages 9

### Lethal Weapon 4

Friday and Sunday 7:15 p.m. Starring Mel Gibon and Danny Glover Everyone from the series returns to this sequel. An Asian crime family comes to L.A. to start a counterfeiting ring. Rated R, 125 mnutes.

Armageddon

Friday and Saturday, 10 p.m. Starring Bruce Willis and Billy Bob Thornton A comet is coming and a brave drilling crew is asked to save the world. Rated PG-13. 151 minutes.

### Small Soldiers

Saturday 7:15 p.m., Sunday 3:30 p.m. Starring Tommy Lee Jones (voice) A hi tech company invents toys that totally interact with their masters. Rated PG-13, 110 minutes.

MCB Hawaii Kaneohe Bay Chapel

Weekday Mass 11:45 a.m., Mon.-Fri. Saturday Mass 6 p.m. 7:30 a.m. and 9:30 a.m. Sunday Mass Protestant Communion 8:30 a.m. Sunday 9:30-10:30 a.m. Mokapu Elem. Sunday School Adult Bible School 9:30 10:30 a.m. Sun., Mokapu Elem.















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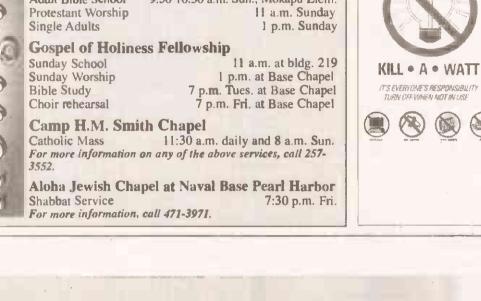
Neighbor Islands call Toll-F

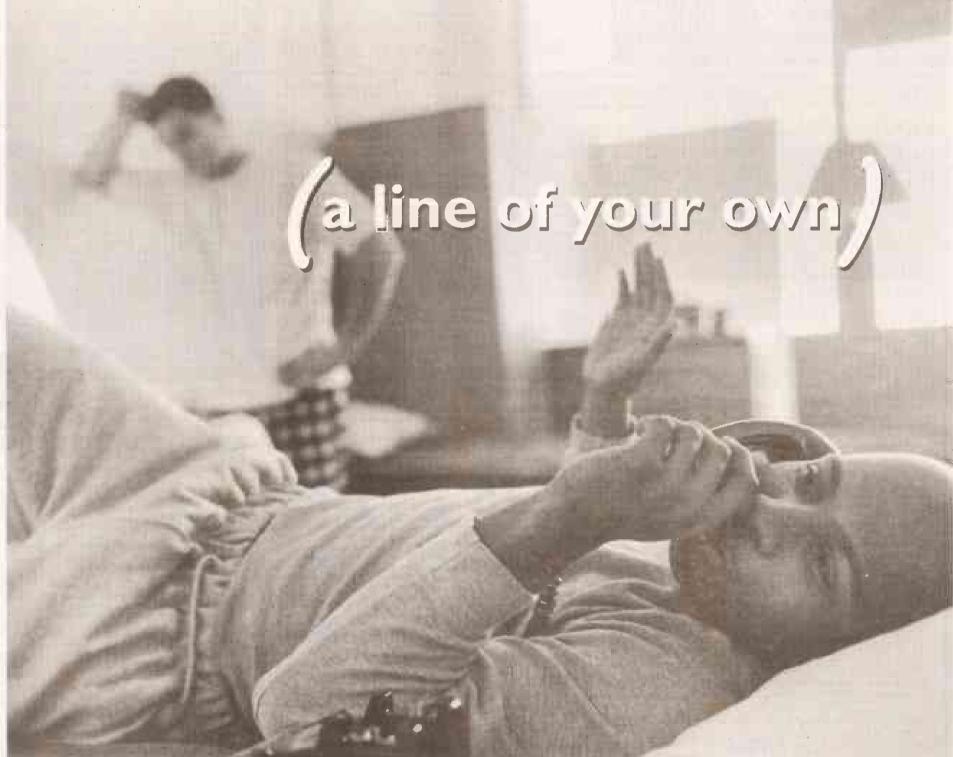
round-trip first

round-trip first

7 days from \$859 14 daws from \$3078 Bring friends and family to Hawaii for low fares! CALL NOW!!

FARES DO NOT INCLUDE TAX and are based on low season, midweek travel. Other restrictions apply. Fares subject to change without notice.





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  - -AT&T One Rate<sup>SM</sup> Plus 10 cents/minute for direct-dialed state-to-state long distance calls anytime, for a fee of \$4.95 a month\*
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# Sun Press

Line Ads due by 12 Noon-Tuesday Class Display Ads due by 4:00 p.m. Friday

CANCELLATIONS & CORRECTIONS DUE BY 12 Noon-Monday

Telephone Service

**Counter Service** 

Mon.-Fri. 8:30 a.m.-4:30 p.m. 45-525 Luluku Rd., • Kaneohe Mon.-Fri. 8:30 a.m. - 4:30 p.m.

Important Information: Please check your ad on the first day and bring any error to the attention of Classified immediately. RFD Publications assumes responsibility for errors in copy for the first insertion only, and any adjustment or credit will not exceed the value of the ad. The publisher assumes no further liability and the advertiser expressly waives any and all claims of consequential damages due to errors. RFD Publications cannot assume responsibility for the claims or performance of advertisers.

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WWW.MIDWEEK.COM Now you can really get the word out. Call 235-5881

0 Announcements

FREE Phone Card FREE 1. Unlimited Usage 2. Same Low Rate, 24 hrs Purchase Time w Check/Major Credit Card Send self-addressed. stamped envelope to.

"Super Selection"

Ocuble A Enterprise P.O. Box 961242 Riverdale, GA 30296 Limited Time Offer!! Hurry

**New Location**"

1998 TREK BICYCLES

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740 ALA MOANA BVD M-F 9-7 • SAT & SUN 9-5.

TRAFFIC CONTROL DEVICES

Traffic Schedule No. 98-9

Traffic Schedule No. 98-9

IN ACCORDANCE WITH THE PROVISIONS OF THE REVISED ORDINANCES OF HONOLULU 1990 (ROH), AS AMENDED, THE DEPARTMENT OF TRANSPORTATION SERVICES, CITY AND COUNTY OF HONOLULU, HEREBY ESTABLISHES TRAFFIC SCHEDULE NO. 98-9 TO AMEND SCHEDULE V OF SECTION 15-7.2(b)(3) ESTABLISHING SPEED LIMIT—25 MPH; SCHEDULE XVI OF SECTION 15-11.3 ESTABLISHING STOP INTERSECTIONS; SCHEDULE XVI OF SECTION 15.13.4(a) ESTABLISHING RESERVED PARKING STALLS; SCHEDULE XX OF SECTION 15-13.9(a)(7) ESTABLISHING TOW ZONES—24 HOURS; SCHEDULE XXI OF SECTION 15-14.5(a) ESTABLISHING TOW ZONES—SPECIFIED TIMES; SCHEDULE XXII OF SECTION 15-14.5(b) ESTABLISHING CERTAIN AREAS; SCHEDULE XXII OF SECTION 15-14.5(b) ESTABLISHING PROHIBITED PARKING CERTAIN AREAS; SCHEDULE XXII OF SECTION 15-14.5(b) ESTABLISHING PROHIBITED LOADING/UNION PROHIBITED

TAIN AREAS; SCHEDULE XXIII OF SECTION 15-14.5(b) ESTABLISHING PROHIBITED LOADING/UNLOADING; SCHEDULE XXIV OF SECTION 15-15.1(d) ESTABLISHING CURB LOADING ZONES; SCHEDULE XXV OF SECTION 15-15.3(d) ESTABLISHING OFFICIAL BUS STOPS.

Section 1. Chapter 15 of the ROH 1990, as amended, is hereby further amended in

By amending Schedule V of Sec. 15-

7.2(b)(3) establishing speed limit—25 mph by adding thereto the following

Booth Rd., from Pacific Hgts. Rd. to a

point 400' makai of the makai curb pro-

"Helekula Pl., for its entire length."
"Helekula Wy., for its entire length."
"Hui Alala St., for its entire length."
"Iliohe St., for its entire length."
"Kalaloa St., for its entire length."

"Kalemakapii St., for its entire

"Limukele St., for its entire length."
"University Ave., for its entire length."
By amending Schedule XIV of Sec. 1511.3 establishing stop intersections by

adding thereto the following items:
"Helckula Pl. Traffic on Helckula Pl.
shall stop before entering Kulawae St."
"Helckula Wy. Traffic on Helckula Wy.
shall stop before entering Helckula

'Iliohe St. Traffic on Iliohe St. shall

stop before entering Limukele St."
"Iliohe St. Traffic on Iliohe St. shall

"Kalemakapii St. shall stop before entering Palahia St."

"Kalemakapii St. shall stop before entering Limukele St."

"Kalemakapii St. Traffic on Kalemakapii St. Traffic on Kalemakapii St. shall stop before entering Palahia St."

"Kulawae St. Traffic on Kulawae St. shall stop before entering Kulauku St."

By amending Schedule XVI of Sec. 15-

the following particulars:

ongation of Hiolani Pl

0 Announcements

PAGEANT COACHING By Shawn Eugenic 531-2797 lv msg PRE-APPROVEDI

FREE Samoan coconut No \$\$\$ down! Pentium Computers, Call 942-9547 tree. You pick-up. 325 Keanian: St. 234-0064 DON'T WAIT ANY LONGER, FREE to good home, 2

sell things you don't need in the Classifieds 235-5881. cute, lovable male cats, yr., fixed. 833-3057 SOVEREIGNTY IS FREE, FREE, FREE

Clean fill dìrt. You load you haul! Call 235-3**8**97 1-800-320-9895 X 7083 FREE: 2 PARAKEETS reen pair, w/cage, food & oys incl. Call 923-1058.

10 Free Bees

FREE 2 tiger/tabby cats. 9

mo., spayed, need perm nside home 668-7222

25 Lost & Found FOUND PARROT, Kailua

GERMAN SHEPHERD (M), black/ tan, 80 lbs., 7 mos. old. nr. Windward Mall on 8/14.

\$100 reward. 235-1818 FIND IT fast! Call 235-5881

30 Personals

"MEET Mr./Ms. RIGHT" By phone. Try it FREE! 521-6696, code 7575, 18+

YOUR PAST LIVES Experience them yoursel Call Athena, 625-5574

30 Personals

S20 PSYCHIC READINGS app't. in Kaneo! Cali 235-6180.

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30 Personals

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**DESIRES!** Meet others just like you'l! Record & listen FREE! Call 596-7235. The Confiden-FREE Access Code: 8014

**ISLAND ROMANCE Meet** Local Singles! Record & Listen to ads FREE. Confidential Connection 596-7222, 18+

17' BAYLINER, New trailer, new carpel, new seats, like new Yamaha motor, Open bow. \$7,500 LEARN THE SECRET TO PERFECT HEALTH! TOLL FREE! 1-800-717-8894 takes it. Call 261-7198 SELL IT fast! Call 235-5881 MO BETTA FISH BOXES

DOCAL LOVE Meet by phone. Use code 4000. 536-6625. ACME! 18+

Post/Listen to ads FREE 521-6696, Ad 3325, 18+

THE POWER TO HELP YOU.

All cases guaranteed, Money-Orders Only \$45

Restores love, happiness Stops divorce, Helps all

problems Julia Douglas, 1-212-305-1302.

Write: 5960 So. Land Park Drive. Suite 155, Sacra-mento, CA, 95822

tance 70' Ewa direction from the Ewa curb prolongation of Pali

"Kulauku St., within its turn-

around area."
"Limukele St., within its turnaround area."
"6th Ave., Ewa side, distance 92'

MARIE 100 Cemetery Plots Religious God Gifted.

28 years experience. Specializes in HAW'N MEMORIAL PARK 3 plots, Bay View. \$2000 each. Call 235-5657 reuniting lovers Hyponotizes lovers to SUNSET Memorial Park 1 plot, \$1100. Call 689-7842. want only you. Free Reading 1-310-977-6417

PERSONAL ASTROLOGICAL FIND IT fast! Call 235-5881 VALLEY of the TEMPLES PROFILE 334-3808 Value \$3900. Must sell! 4 plots at \$2500 each SINGLE IN HAWAII?

> VALLEY of the TEMPLES Memory Slope #7, 7 plots for \$2000/plot 259-7183 VALLEY of the TEMPLES

Negotiable, 841-4344.

95 Boat Sales

& Service

15' SKI BOAT w/traile

150 H.P. Mercury O/B \$4200/OBO 263-4831

5 ft. long. For sale 637-8657 or 637-9839

6 prime plots. Area 1, Memory Slope. \$2500/ ptot. Valley of the Temples price, same area \$3900/ plot. Leaving islands. 521-5034 or 593-3817. All 6, \$13,000.

> tance 50' Koko Head direction from a point 280' Koko Head of the Koko Head curb prolongation of Kaiulani Ave. fronting 2405 Kalakaua Ave. (Waikiki Police Station/Kuhio Beach Park) for passenger vehicles only."

124' of the makai curb prolonga-tion of Beretania Street; to read: "Nuuanu Ave., Ewa side, distance 46' makai direction from a point

"Kalakaua Ave., makai side, fronting 2405 Kalakaua Ave. (Waikiki Police Station/Kuhio Beach Park)."

15.3(d) establishing official bus stops in the following particulars:

Ala Puumalu St." "Ala Napunani St., Koko Head side, distance 130' mauka direction

side, distance 130 mauka direction from a point approximately 75' mauka of the mauka curb prolongation of Likini St."

Section 2. This Schedule is hereby attached to and made a part of Article VI hereof and shall take effect ten (10) working days after its publication.

Director Department of Transportation Services

City Clerk's Office for use and examination by the public.

"Kalakaua Ave., makai side, dis- (Sun Press: 8/27/98)

### 115 Garage/Lanai Sales

SAT. 8/29 8 AM. 3-family.

120 Health & Fitness

"HOMEOPATHIC"

Products. FREE catalog & tape. 1-800-304-1723.

"MORINDA" Tahitian Noni helps diabetes, rash, B.P., constipation, 239-6736.

A NEW SLIMMER YOU! I

FREE SAMPLE 680-8863

ACUPUNCTURIST from

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105 Computers

NEED A COMPUTER don't have the cash? Comp. system. Fully loaded! \$0 down, lease purchase, all credits approved/cond 672-6198. PENTIUM Computer \$999.

\$56 14 per month. NO money down! All ranks! Limited time! 30-day hassle-free return policy. 1-800-683-2165.

115 Garage/Lanai Sales

KANEOHE Lvrm./bdrm furn & lots more! 8/29. 8-3pm. 46-241 Lilipuna Rd

MOVING 8/29 & 30, 8-4. All hshid, goods & furn., 2 cars, many unique items. 1324 Kuuna St., Kailua.

MOVING SALE Sat., 8/29 & Sat., 9/5, 8-2 pm 518 Kaulani Way., Kailua. MOVING SALE Sat. 8/29

B-1. Storage shed, furn., golf clubs & more! 47-505 Lulani St., Kaneohe. MOVING SALE daybed,

W/D, mattresses. Ent. ctr. All must go! 8/23 & 30 8-3pm. 44-004 Hulakai Pl.

By amending thereto the following Nuuanu Ave., Ewa side, distance 46' makai direction from a point

46' makai direction from a point 124' makai of the makai curb prolongation of Beretania St., Mondays thru Fridays, 8:30 a.m. to 4:00 p.m., Saturdays, 7:00 a.m. to 4:00 p.m., except Sundays and State holidays."

By deleting therefrom subsection (a) passenger loading zone the following item: "Kalakaya Ave., makai side.

"Kalakaua Ave., makai side, fronting 2405 Kalakaua Ave. (Waikiki Police Station/Kuhio Beach Park), commercial vehicles with permit, 24 hours."

By deleting therefrom subsection (b) freight loading zone the follow-

amending Schedule XXV of Sec. 15-

By adding thereto the following

"Ala Hahanui St., Ewa side, distance 130' mauka direction from the mauka curb prolongation of Ala Puumalu St."

By deleting therefrom the following items:

ing items:
"Ala Hahanui St., Ewa side, distance 150' mauka direction from the mauka curb prolongation of

ing days after its publication.

### 130 Home Furnishings

MULTIFAMILY Yard Sale Sunday, 8/30, 8am-1pm 46-038 Kumoo Pl Kaneohe 12-PC LV RM. SET couch, chair, lv. seat, ottoman & PEARL CITY Sat. 8/29 & assi. matching tables. \$2000/OBO. 487-9027 & Sun. 8/30, 8-2. 1356 Komo Mai Dr. Multifamily Sale! 6-PIECE SECTIONAL 6-PIECE SECTIONAL sofa, w/ bed, biege, excl. cond , \$595, 259-6878.

Furn., toys, windows, misc 308 Iliaina St. Kailua EXPENSIVE Whitewash Oak, 3 sections. Perfect over a dresser. New \$678 yours for only \$250. 261-7198.

FUTON BUNK BED top single, bottom dbl., 4 yrs. old, \$325/OBO, 261-4552.

MOVING Everything Must Go! Sofa-loveseal combo. \$650, Dining room set w/ baker's table. \$625, Bunk set. etc. 236-8512. SUPERB QUALITY

Misc. 50% OFF. 293-8234.

China 30 yrs' exp. In East West Med Ctr. 521-3166 YOU'LL BE AMAZED at the amount of money you can make on things you no longer need. They're ELIMINATE Pepto Bismol. Mylanta, Tums, etc. in longer need. They're someone else's treasure, and the Classifieds bring Mylama, Turns, etc. In gastro-indigestion Sim-ple, all-natural remedy found in your kitchen refrigerator. Send \$1/ SASE to: Natural, P.O. Box 107, Kaneohe. HI 96744 you together, Phone 235-5881 today!

160 Miscellaneous

ATTN.: FARMERS Bee-

DRUID

"FREE GROCERIES" the Classifieds! 235-5881 1200+ name brands. Free into 1-800-353-6842 ext 2 IT WORKS! Money-back guar. All-natural cellular nutrition Lose, gain, or maintain weight. Become healthy! 627-1003, 9-5om. 4-SEAT BABY STROLLER \$400/OBO. 263-2553

WE'LL PAY YOU CASH! to lose up to 30 lbs. in 30 hives for crop pollination, days. URGENT! 262-1172. Increase yield. 689-0340.

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Additional \*

2¢/lb. On Aluminum Cans.

SEMINAR with Phillip Carr-Gomm Chief of the

Order of Bards, Ovates & Druids Fri., October 9 6-10pm Sat., October 10 1-10pm

2500 Pali Hwy.

'6**82-5**539 Info: 396-0655 Solar Pro Glass Tinting GRAND OPENING SPECIAL ARY \$10

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KAILUA very nice studio. Sep. ent. \$675 incl. util., prkg., nr. bus. 262-9696. KAILUA-Aikahi Pk . 1/1 lv. rm., no pets. no smkr Avail 9/1. \$750/mo. 254-3210. (v. msg.

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KAILUA/LANIKAI nr. beach, 1/1, clean duplex, \$1025 incl. utils., W/O,-no pets; avail. 9/1, 722-3042, between 7 am-8 pm. OON'T WAIT ANY LONGER, sell things you don't need in the Classifieds 235-5881.

KANEOHE 1/1, nr. K-Bay Dr., W/D, no pets/smk. \$625 incl. utils. 235-7707 KANEOHE attached carpeted 2/1, incl. util., w/prkg., \$900. Avail 9/1 235-3614.

ous/mall \$1000, 396-6261 LILIMA nr. Kuakini, 1/1. \$600; 2/1, \$700, prkg avail., incl water 538-1513. M-F, 10-4 pm.

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> 1515 Business & industrial

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1530 Condos/Townhouses Partly Furnished

KAILUA 1/1, nr. beach, Windward Passage, A/C, many amen. 7th floor view. \$950, 263-6338. MAILE SANDS 1 bdrm.

duplex, \$550 utils, incl Call 668-1017. MILILANI 2/1, No pets 626-4003 lv. msg.

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HAUULA 3/11/2, nr. beach/ bus/shops/schools, W/D hookup, \$1050, 373-4190 KAILUA 3/2, Ige. enci. yd., pool/spa, deck, lanai, gar., \$2000. 422-9560.

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1555 Houses **Partly Furnished** 

WAHIAWA 3/1, 2-car gar. Ige yd., nr. schools/bus \$800, 363-5274/622-8909 WAIPAHU 2 Ige. bdrms patio, prkg , water incl , \$800 mo. Call 488-2034.

WESTLOCK ESTATE 3/2

2-car enci. gar , \$1100 Avail. 10/1. 487-3661

1580 Real Estate For Sale

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1610 Rentals to Sha

KAPOLEI Lge. house to

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KAILUA, Room wipvt

foday.235-5881!

KAILUA room, nice, quiet, nonsmkr., (F) pref., utils. lovely 1-bedroom cottage, incl., \$400, 25.4-8270, or 2-3/2 home, 262-5445.

Sun Press

45-525 Luluku Rd. Kaneohe, HI 96744

following item:

"Kalakaua Ave., makai side, fronting 2405 Kalakaua Ave. (Waikiki Police Station/Kuhio Beach Park)."

By amending Schedule XXII of Sec. 15-14.5(a) establishing prohibited parking certain areas in the following particu-

tance 82' mauka direction from a point 11' makai of the makai property line of 3259 Hayden St. to a

only."
By deleting therefrom the follow-By deleting therefrom the following item:
 "Kalakaua Ave., makai side, distance 90' Koko Head direction from a point 110' Koko Head of the Koko Head curb prolongation of Kaiulani Ave. for parking of police vehicles only."
 By amending Schedule XX of Sec. 15-13.9(a)(7) establishing tow zones-24 hours by adding thereto the following.

hours by adding thereto the following

By amending Schedule XXI of Sec. 15-13.9(a)(8) establishing tow zones—specified times by deleting therefrom the

items: "Ala Napunani St., Ewa side, distance 79' makai direction from the makai curb prolongation of Likini

"Helekula Pl., within its turnaround area."
"Helekula Wy., within its turnaround area. "S. Kuakini St., makai side, dis-

items:

"Kalakaua Ave., makai side, distance 50' Koko Head direction from a point 110' Koko Head of the Koko Head curb prolongation of Kaiulani Ave., fronting 2405 Kalakaua Ave. (Waikiki Police Station/Kuhio Beach Park) for authorized police vehicles only."

"Kalakaua Ave., makai side, distance 25' Koko Head direction from a point 305' Koko Head of the Koko Head curb prolongation of

13.4(a) establishing reserved parking

stalls in the following particulars:

I. By adding thereto the following

Koko Head curb prolongation of Kaiulani Ave. fronting 2405 Kalakaua Ave. (Waikiki Police Station/Kuhio Beach Park) for authorized lifeguard vehicles only."

"Kalakaua Ave., makai side, distance 206' Foko Head direction from the Koko Head curb prolongation of the Koko Head driveway of the Sheraton

By adding thereto the following g.

St."
"Ala Napunani St., Koko Head side, between Ala Ilima St. and Salt Lake Boulevard."
"Booth Rd., Ewa side, between Pacific Hgts. Rd. and Star Rd."
"Dowsett Ave., even-numbered side, for its entire length."
"Hayden St., Koko Head side, distance 82' mauka direction from a

point 25' mauka of the makai property line of 3307 Hayden St."

Moana Surfrider Hotel.

mauka direction from the mauka маика direction from the mauka curb prolongation of Waialae Ave." "21st Ave., Koko Head side, dis-tance 43' mauka direction from the mauka curb prolongation of Pahoa Ave." By amending thereto the following

Pensacola St., Koko Head side, dis tance 36' mauka direction from the mauka curb prolongation of Kona St.: to read: "Pensacola St., Koko Head side, dietance 54' mauka direction from the mauka curb prolongation of Kona St."

> "Ala Napunani St., Koko Head side, between Ala Ilima St. and Peltier Ave." "Ala Napunani St., Ewa side, between Likini St. and Peltier Ave."
> "Dowsett Ave., Ewa side, between

the mauka intersection of Dowsett

By deleting therefrom the follow-

Ave., Nuuanu Pali Hwy. and Alika "Dowsett Ave., even-numbered side, distance 482' Koko Head direction from the Koko Head curb prolongation of Alika Ave. to 140

gation of Pali Hwy."
"Dowsett Ave., even-numbered side, from a point 321' Koko Head of the Koko Head curb prolonga-

Koko Head curb prolongation of the Koko Head driveway of the Sheraton

By adding thereto subsection (a) passenger loading zone the following items:

"Dowsett Ave., mauka side, distance 321' Koko Head direction from the Koko Head curb prolon-

tion of Pall Hwy. to Alika Ave."
By amending Schedule XXIII of Sec.
15-14.5(b) establishing prohibited loading/unloading by adding thereto the following item: "Kalakaua Ave., makai side, distance 206' Koko Head direction from the

Moana Surfrider Hotel."
By amending Schedule XXIV of Sec. 15-15.1(d) establishing curb loading zones in the following particulars:

'Kalakaua Ave., makai side, distance 120' Koko Head direction from a point 160' Koko Head of the Koko Head curb prolongation of Kaiulani Ave. fronting 2405 Kalakaua Ave. (Waikiki Police

Station/Kuhio Beach Park) for trollies and shuttles only."

CHERYL D. SOON

City and County of Honolulu Copies of the Schedule are on file in the

160 Miscellaneous

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165 Miscellaneous Wanted

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175 Musical Instruments

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30 minutes **ROOF TOP LOT** 539-9338 578-7070 \$\$\$\$\$\$\$\$\$\$\$\$

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194<sub>MG.</sub>

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199<sub>MO</sub>

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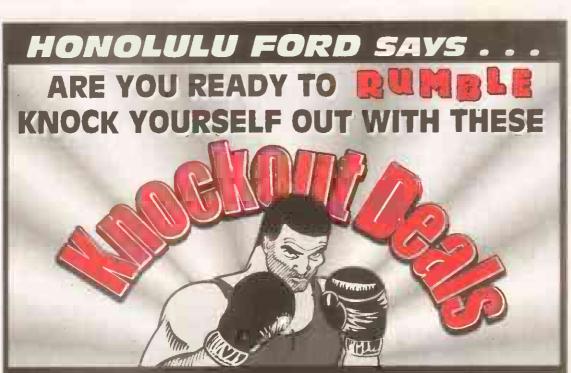
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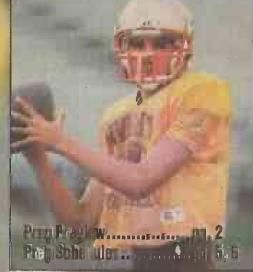






\*195

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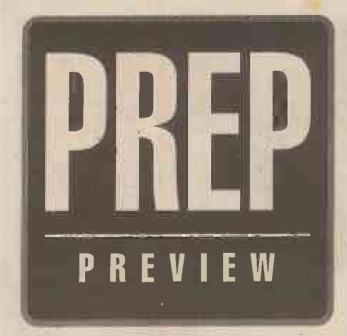


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## High hopes for OIA teams in '98

xcitement and optimism are running high on campus fields around the island as prep football gets ready for another banner season.

The OIA kicks off its 1998 campaign Sept. 4, while the ILH begins play Sept. 12.

The Sun Press covers four of the 21 OIA schools: Castle, Kailua, Kalaheo and Kaiser. Three of the four schools

are members of the OIA White Conference this year, and all four are shooting for a return to the league playoffs after making it to the postseason last fall.

Following is a look at the four teams Sun Press will be following this fall (in alphabetical

### CASTLE

Division: White Head Coach: Nelson Maeda (2nd year)

1997 Record: 1-5, 6th **OIA** Red

1997 Postseason: Lost to McKinley, 28-6

Players to watch: QB Arnubi Bruhn, DB Kainoa Kobayashi, LB Keneki Timoteo, DE Dayton Gernier and RB Kaleo Segovia.

Outlook: Few players turned out for football last fall, resulting in every Knight having to play both offense and defense. This fall, 60 players showed up for varsity tryouts alone. The drastic increase in manpower gives the Castle staff greater flexibility and should prevent the players from wearing down, especially late in games.

Brunh brings tremendous athleticism to Maeda's spread-option offense. He was an allstar defensive back last fall, but has played quarterback for at least part of the last two seasons. Segovia, a sophomore who rushed for 237 yards in 1997, also returns at fullback.

Gernier returns to the defensive front after taking a year off and will be counted on to help solidify the line. Maeda said Timoteo has also become a leader on defense.

Coach's quote: "The. returning players having one year under their belt ... they know what we expect and it's much easier. Things have fallen into place the way we want it to."

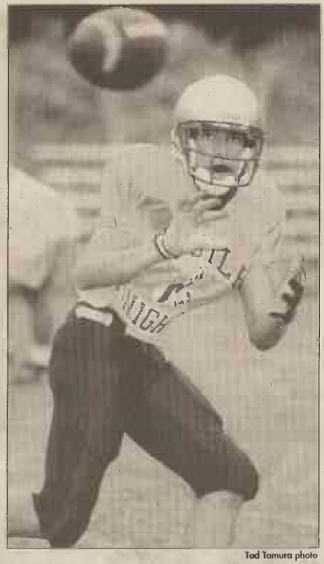
Schedule: Sept. 4/5 Mililani; Sept. 11/12 at Kailua; Sept. 25/26 at Nanakuli; Oct. 2 at Kaiser; Oct. 9/10 Roosevelt; Oct. 16 Moanalua (HC).

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See page 4



Nate Green Castle receiver is focused on the upcoming season.

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### KAHHA

Division: White Head Coach: Darren Johnson (3rd year) 1997 Record: 2-4, 5th OIA White

1997 Postseason: Lost to Waianae, 26-7

Players to watch: RB/LB Rocky Alo, QB/DB Chico Cantiberos, LB Roger Abing, OL Rob Kassebeer and WR John Kepa.

Outlook: Several Surfriders who were pressed into duty last year return as seasoned veterans. Johnson is banking on those players being a year older and wiser. To take the next step, the team needs to avoid costly penalties and mistakes.

Leading the Surfriders is running back Rocky Alo, who paced all White Division running backs in 1997 with 715 yards. He'll run behind an offensive line that averages 6-foot-1, 287-pounds per man. Kassebeer, a 6-4, 370pound tackle, returns to



the team after sitting out last year. Cantiberos enters the campaign as the top quarterback. Johnson hopes Cantiberos's throwing ability and a trio of talented receivers will

bring balance to Kailua's ground-oriented attack.

Jesse Kamakea, Maka Wolfgramm and Boyd Kalama lead the defensive front, while Clement Tahauri, Roger Abing, Alo and Keoni Brown form a speedy linebacking corps.

Coach's quote: "If we eliminate some penalties and be a little more disciplined, then we're going to be a good football team."

Schedule: Sept. 4/5 See page 6



Chico Cantiberos Kallua auarterback hopes to lead Surfriders to top of White Division.

F. L. Morris photo

Red Conference

Campbell

Waianae Leilehua

Waipahu Farrington

Kahuku McKinley

White Conference

Castle Roosevelt

Kaiser Moanalua Kailua

Nanakuli

Blue Conference

Aiea Radford Kalaheo Pearl City Kalani Kaimuki Waialua

• Italics indicates teams changing divisions this season



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F. L. Morris photo

Jesse Yoshino Kalser quarterback takes command of the Cougars' high-powered passing attack.

## 1998 Of A Football Sched

**Game times**: Junior Varsity at 5 p.m.; Varsity starts 25 minutes after conclusion of JV game, but no earlier than 7:30 p.m. Home teams listed first. HC= homecoming

Sept. 4-5 Campbell — Kahuku Waianae — Farrington Lellehua — Waipahu Castle — Mililani Roosevelt - Kailua Kaiser — Moanalua Aiea — Kalmuki Radford — Kalani Kalaheo — Pearl City bye: McKinley, Nanakuli, Walalua

Sept. 11-12 Walpahu — Walanae Farrington — Campbell Kahuku — McKinley Moanalua — Roosevelt Kallua — Castle Millani — Nanakull Pearl City — Radford Kalani — Alea Walalua — Kaimuki bye: Lellehua, Kalaheo, Kaiser

Sept. 18-19 Farrington — Lellehua Kahuku — Waianae McKinley — Campbell Roosevelt — Nanakuli Kaiser — Milijani Moanalua (HC) Kallua Kalaheo — Kaimuki Pearl City — Kalani Radford — Walalua

bye: Campbell, Alea,

Castle

Sept. 25-26 Waianae — McKinley Leilehua — Kahuku Walpahu — Farrington Kallua — Kalser Mililani (HC) — Roosevelt Nanakuli — Castle Kalani — Kalaheo Kaimuki — Radford

Aiea — Walalua bye: Pearl City, Moanalua

Oct. 2-3 Leliehua (HC) Campbell Waipahu (HC) McKinley Farrington (HC) — Kahuku Kaiser (HC) -- Castle Moanalua - Nanakuli Kaliua (HC) — Mililani Kalaheo (HC) — Alea Kalani (HC) — Kaimuki Pearl City — Waialua bye: Walanae, Radford, Roosevelt

Oct. 9-10 Kahuku (HC) Walpahu McKinley — Leliehua Campbell — Waianae Mililani — Moanalua Nanakuli — Kaiser Castle — Roosevelt Kalmuki (HC) — Pearl

Alea — Radford Walalua — Kalaheo bye: Farrington, Kalani, Kallua

Oct. 16—17 McKinley (HC) — Farrington Campbell (HC) Walpahu Walanae (HC) Leilehua Nanakuli (HC) — Kailua Castle (HC)

Moanalua Roosevelt (HC) — Kalser Alea (HC) — Pearl City Radford (HC) Kalaheo

Walalua — Kalani bye: Kahuku, Kaimuki

Oct. 23-24 OIA Playoffs first-round

Oct. 29—31 OIA Playoffs quarterfinals

Nov. 5—7 OIA Playoffs – semifinals

Nov. 13 **OIA Championship** 

Nov. 27 Prep Bowl





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## 1998-ILH-SCHEDULE

(All games at Aloha Stadium unless otherwise indicated)

First round
Sept. 12
St. Louis vs. Damien, 2 p.m.
Pac-Five vs. Punahou, 4:45 p.m.
Iolani vs. Kamehameha, 7: 30 p.m.
Sept. 19
Pac-Five vs. Iolani, 2 p.m.
Kamehameha vs. Damien, 4:45 p.m.
Punahou vs. St. Louis, 7:30 p.m.
Sept. 25
Damien vs. Punahou, 5 p.m.

Damien vs. Punahou, 5 p.m.
St. Louis vs. Iolani, 7:45 p.m.:
Sept. 26

Pac-Five vs. Kamehameha at Punahou, 2 p.m Oct. 2 Damien vs. Pac-Five, 5 p.m.

Kamehameha vs. St. Louis, 7:45 p.m. Punahou at Iolani, 3:15 p.m. Oct. 9 Damien vs. Iolani, 5 p.m. Punahou vs. Kamehameha, 7:45 p.m.

Pac-Five vs. St. Louis at Iolani, 2 p.m.

Second round Oct. 16

Kamohameha vs. Pac-Five, 5 p.m. Iolani vs. St. Louis, 7:45 p.m. Damien at Punahou, 3:15 p.m. Oct. 23

Damien vs. St. Louis, 5 p.m. Kamehameha vs. Punahou, 7:45 p.m. Pac-Five at Iolani, 3:15 p.m. Oct. 31

Pac-Five vs. Damien at Punahou, 2 p.m. St. Louis vs. Punahou, 5 p.m. Kamchameha vs. Iolani, 7:45 p.m.

Iolani at Punahou, 3:15 p.m. St. Louis vs. Pac-Five, TBA Damien vs. Kamehameha, TBA Nov. 13

Damien at Iolani, 3:15 p.m. Nov. 14

Punahou vs. Pac-Five, 5 p.m. St. Louis vs. Kamehameha, 7:45 p.m. From page 4 at Roosevelt; Sept. 11/12 Castle; Sept. 18 at Moanalua; Sept. 25/26 Kaiser; Oct. 2 Mililani (HC); Oct. 16 at Nanakuli.

### KAISER

Division: White Head Coach: Anthony Gayer (4th year) 1997 Record: 3-3, 3rd OIA White

1997 Postseason: Lost to Farrington, 36-27

Players to watch: QB Jesse Yoshino, OL Daniel Hue, DL Ammon Tong, LB Cole Masutani and OL Kekoa Tai.

Outlook: Defense will be the key for a Kaiser team seeking its third straight playoff appearance. The Cougars' defensive unit, led by coordinator Joe Seumalo, is built on speed and smarts. Tong, Masutani and Todd Kaneshiro anchor the front, while Nahe Noa is a bright newcomer at free safety. Gayer calls Tong a "legitimate Division 1 prospect."

Yoshino takes command of the Cougars' high-powered passing game after playing two seasons at wide receiver. He'll work behind an improving offensive line anchored by Tai and Hue. Gayer thinks Hue could develop into one of the best centers in the league. All-star receiver Kenny Patton is recovering from offseason knee surgery, but the Cougars have adequate depth at that position. One big question mark



is the running game. The Cougars are quick but undersized at running back and may use a five- or six-player rotation.

Coach's quote: "We can see already that the

success of our team will be based on the success of the defensive unit."

Schedule: Sept. 4/5 Moanalua; Sept. 18/19 Mililani; Sept. 25/26 at Kailua; Oct. 2 Castle (HC); Oct. 9/10 at Nanakuli; Oct. 16 at Roosevelt.

### KALAHED

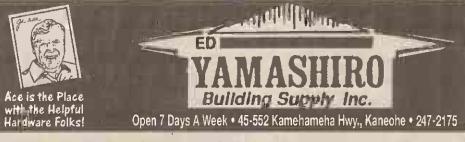
Division: Blue Head Coach: John Kapele Jr. (3rd year) See page 7



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1621 Kalakaua Ave. (near Daiei on Kanunu) • Ph. 947-3702 Open Mon.-Fri. 7 to 5 Sat. 8-2 Closed Sun. RD3308 From page 6 1997 Record: 4-2, 3rd OIA Blue 1997 Postseason: Lost to Leilehua, 30-14

Players to watch: SB Gary Wright, TE/LB Nalei Sooto, RB/LB Reyn Gibson, OL Tyrell Lolo and OL/DL Kealoha Emmsley.

Outlook: The goal of every team in the Blue Division is to get out, and Kapele thinks his club has the tools to finish in the top two and move up to the White.



One reason for Kapele's optimism is a group of talented returnees, especially on the defensive front. Emmsley, Sooto, Karl Liftee and Luke Kahawai form the core of the defense. Gibson, an all-star safety last year, moves to outside linebacker this season.

Offensively, Kapele calls the speedy Wright "our Michael Jordan." Wright's big-play potential will help take some pressure off of senior quarterback Kala Lopes, who steps in for Shawn Withy-Allen. Lopes will operate behind an experienced offensive line led by seniors Lolo, David Kane, Mason Peck and Brent Christensen. Gibson and Keoki Borge

will join Lopes in the backfield, while John Blodget will be a primary receiver.

Coach's quote: "I really see us doing really well in the Blue. In my eyes, we should at least finish second. But you never know what can happen. That's why you have to play the games."

Schedule: Sept. 4/5 Pearl City; Sept. 18/19 Kaimuki; Sept. 25/26 at Kalani; Oct. 3 Aiea (HC); Oct. 9/10 at Waialua; Oct. 16 at Radford

KAILUA: 30 Kihapai Street, 262-6700

## 1997-IN-REVIEW

Red Conferen	ce	4. Moanalua	3-3
1. Campbell	5-1	5. Kailua	2-4
2. Waianae	5-1	6. Aiea	2-4
3. Leilehua	4-1-1	7. Radford	0-6
4. Waipahu	3-3		
5. Farrington	2-3-1	Blue Confere	nce ;
6. Castle	1-5	1. Mililani	5-1
7. Roosevelt	0-6	2. Nanakuli	5-1
		3. Kalaheo	4-2
White Confere	ence	4. Pearl.City	3-3
1. Kahuku	6-0	5. Kalani	3-3
2. McKinley	5-1	6. Kaimuki	1-5

7. Waialua

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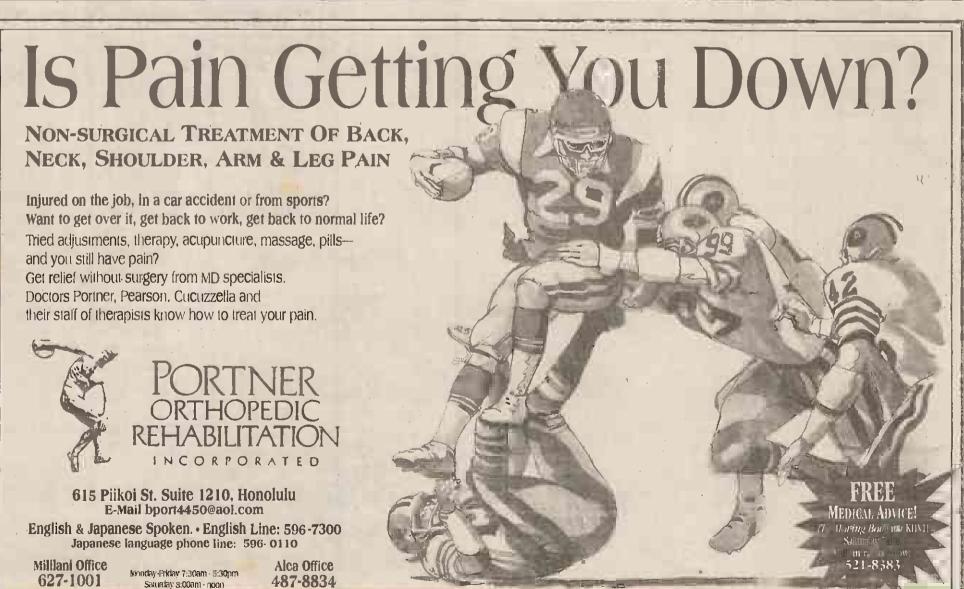


Senior power
Kalaheo's Nalel Sooto and Kealoha
Emmsley (above) power the
defense while Gary Wright (right)
sparks the offense.





3. Kaiser





## 'Bows shoot for return to glory

eja vu, 1992? This may be stretching things just a little, but there is reason to believe the University of Hawaii football team

could recapture some of the magic of its Western Athletic Conference title season six years ago.

Since then, the Rainbow football program has taken a tumble to the depths of the conference. But with an influx of young talent, a motivated coaching staff and, perhaps, a smile from the football gods, the Bows could begin the arduous climb back to the top this

The WAC title appears beyond UH's reach in 1998, but several signs point to the Bows return to respectability after four seasons in or near the WAC cellar. Among those omens are several eerie similarities between the start of the 1992 season and the upcoming campaign.

Following is a comparison of the 1992 squad and this year's club in several areas. Whether the Bows win the conference title or not, figure on Hawaii making Aloha Stadium the place to be on Saturdays this fall.

### **Early tests**

1992: The season opens with a win over a Pac-10 team (Oregon) followed by an important conference victory on the road (at Air Force).

1998: This year's slate begins with the Bows taking on Arizona of the Pac-10, then traveling to

Utah for an all-important WAC game. But even if Hawaii survives September, the remaining schedule is harsh. The Bows face San Diego State on the road and have tough home games against Brigham Young, Northwestern and national champ Michigan.

### Quarterback quandary

1992: Michael Carter and Ivin Jasper enter the season in a dead-heat for

See page 9

## 1998-UH-SCHEDULE

Sept. 3 Sept. 19	Arizona at Utah*	Aloha Stadium Salt Lake City, UT	5 p.m. 7 p.m. (MST)
Sept, 26 Oct. 3 Oct. 10	Arkansas State Southern Methodist* at San Diego State*	Aloha Stadium Aloha Stadium San Diego, CA	6 p.m. 6 p.m. 6 p.m. (PST)
Oct. 17 Oct. 24 Oct. 31	Brigham Young* New Mexico* at UTEP*	Aloha Stadium Aloha Stadium El Paso, TX	6 p.m. 6 p.m. 3 p.m. (MSD
Nov. 7 Nov. 14	San Jose State* at Fresno State*	Aloha Stadium Fresno, CA	6 p.m. 1 p.m. (PST)
Nov. 21 Nov. 28	Northwestem Michigan Western Athletic Cor	Aloha Stadium Aloha Stadium	6 p.m. 6 p.m.



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UH Sports Media Relations photo
Charles Tharp
Sophomore running back leads the Rainbow charge.

From page 8
the quarterbacking job.
Jasper is the opening-day
quarterback, but Carter
eventually takes the helm
and leads the 'Bows to
the Holiday Bowl.

1998: Josh Skinner and Dan Robinson are the top contenders for the quarterback position this fall. Skinner started eight games last year, but Robinson (who redshirted in 1997) possesses superior arm strength. With Bronson Liana and Kalaheo grad Shawn Withy-Allen also in contention, two or more signal-callers may see action in any given game.

### Welcome back

1992: Bryan Addison, having overcome academic problems, returns to the Rainbow secondary and makes an immediate impact at free safety.

1998: Free Safety
Daniel Ho Ching, having
overcome lymphoma,
returns to the Rainbow
secondary and will try to
solidify a unit depleted by
graduation. Cornerback
Donnell Williams is the
only returning starter in



the secondary. The other positions will be filled by talented, but relatively inexperienced players in Celnell Bobbit and Anthony Smith.

Rush hour

1992: Running back Travis Sims breaks loose for 1,498 yards. No Rainbow has broken the 1,000-yard barrier since.

1998: As a freshman

last season, Charles
Tharp established himself as the Bows most reliable back since Sims.
Tharp isn't a physically imposing back (5-foot-8, 160 pounds), nor does he possess breakaway speed.
But just try to tackle him.
The sophomore has a knack for finding cracks and crevices to squeeze through for extra

yardage. Tharp, who is a Doak Walker Award candidate, has the best shot of any UH back in six years to rush for 1,000 yards.

### Front seven

1992: Maa Tanuvasa, Junior Tagoai and Taase Faumui form a ferocious defensive front, while linebackers Joe Shaw, Walter Santiago, Stewart Williams and Louis Randall provide solid support.

1998: The Bows defen-See page 10







Stephen Gonzales
Butkus Award candidate spearheads the UH defense.

From page 9 sive front may not have the athletes of the 1992 team, but the potential for a solid unit exists. Returning to the line are Ben Bright and big Miles Garner. The linebacking corps may be the strength of the team. Butkus Award candidate Stephen Gonzales is back after a redshirt season. Rinda Brooks will try to fulfill his potential as a pass rusher, while Kaneohe's own Kamuela Cobb-Adams is looking for a strong senior season. Keep an eye on transfer Jeff Ulbrich at inside linebacker.

### 'Tis better to receive

1992: Darrick Branch gives the Bows a big-time threat at wide-receiver, while Eddie Kealoha and Brian Gordon prove to be reliable pass catchers at slotback.

1998: The Bows don't

1998: The 'Bows don't have a receiver with Branch's combination of size and speed, but they do have a few who could shine. John Kirby has demonstrated he's capa-



ble of making the tough catch, while Wesley Morris and Kailua's Eleu Kane have shown flashes of promise. But with offensive coordinator Don Lindsey's commitment to the running game, the receivers may be more valuable as blockers rather than as catchers.

### Laying it on the line

1992: A young offensive line executes to perfection as the team tops the WAC in rushing offense. Leading the charge are Doug Vaioleti, Lene Amosa, Travis Fonseca, Kelly McGill and Peter Pale.

1998: A relatively untested offensive line will build around All-WAC candidate Kaulana Noa, Look for Kailua's Chris Smith and Kamehameha product Manly Kanoa to contribute as freshmen. Transfer Dustin Owen should make an immediate impact. Adrian Klemm was moved from tackle to tight end to give Lindsey an additional blocker.

If nothing else, this year's line must do at least one thing the 1992 unit did well, and that is stay healthy. The group is already thin, and any injuries will put a major crimp in the Bows' hopes.

See page 15

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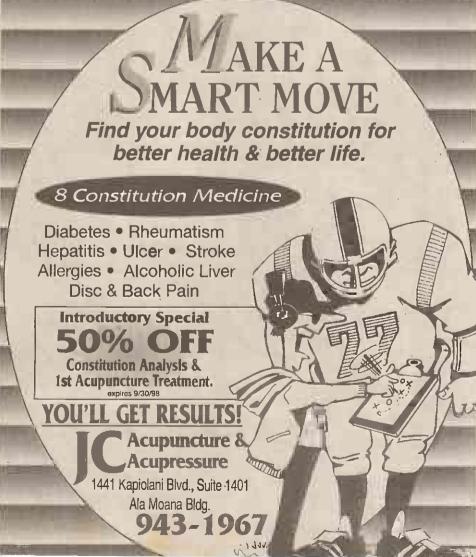
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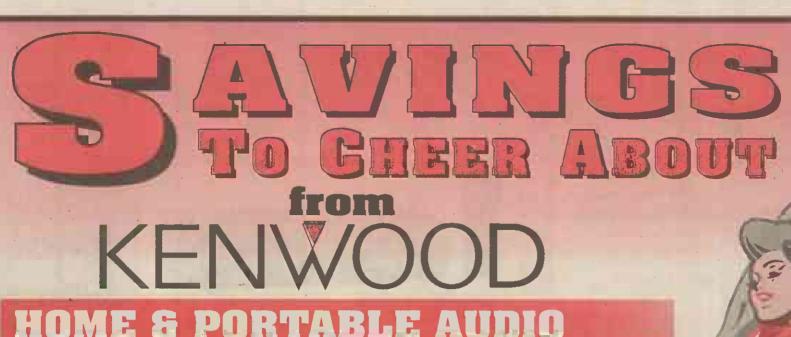


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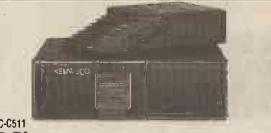


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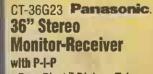
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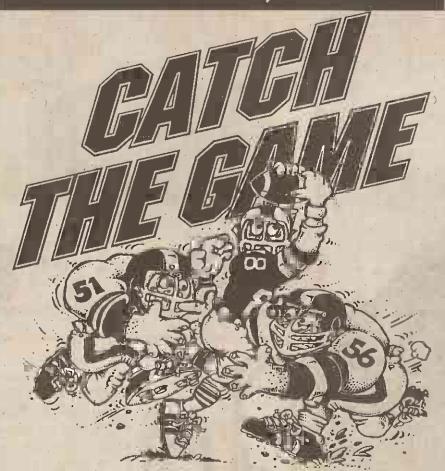


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## 1998 UH Football Roster

	Ann all I	AATP	FORE !	IUU	U
No	Name	Pos.	Ht.	Wt.	CI
-1	Ray Harrington	WR	6-3	195	Fr.
2	Donnell Williams Dwight Carter	DB WR	6-0 5-11	175 175	Sr. Jr.
4	Ricky Lumford	DB	5-8	170	Sc
5 5	Afatia Thompson Jason Vaughn	RB WR	5-10 5-8	205 158	Fr.
6	Daniel Ho-Ching	DB	5-11	186	Jr. Jr.
7 7	Phil Austin	DB WR	6-2 5-11	190	Jr.
8	Jauron Pigg Rinda Brooks	OLB	6-0	176 215	Jr. Sr.
9	Dan Robinson	QB	6-4	209	Jr.
10	Jay Amina Anthony Smith	ILB DB	6-0 6-1	207 199	So
12	Wesley Morris	WR	5-11	189	Sr.
13	Fred Lau Eric Hannum	FB KS	5-11 6-2	187 174	Sr. Jr.
16	Josh Skinner	QB	6-1	194	Jr.
17 18	Shawn Withy-Allen Bronson Liana	QB QB	6-4	195 192	Fr.
18	Chris Gamier	OLB	6-0	213	So
19	James Polk Avion Weaver	DB RB	5-9 5-10	187 209	Jr. So
21	Charles Tharp	RB	5-8	187	So
22	Yaphet Warren Jovan Jlles	OLB DB	6-1 6-1	202 188	Jr.
23	Ashley Lelie	WR	6-3	175	Jr. Fr.
24	Calvin Mims	FB	5-11	223	Sr.
25 26	Robert Grant Robert Kemfort	RB WR	6-0 6-2	175 192	Fr. So
27	Jimmy LeJay	DB	5-10	187	Jr.
28	Eleu Kane Lonnie Williams	WR LB	5-10 5-10	161 189	Jr. Fr.
30	Sean Butts	WR	6-3	185	Fr.
31	Anthony Dileso Kevin Shorter	RB FB	5-10 6-1	229 210	Sr. Jr.
35	Keith Bhonapha	DB	5-11	180	Fr.
36 37	Celnell Bobbitt Alan Hackbarth	DB DB	5-11 6-2	180 160	Sr. Sr.
38	Clyde Lewis	DB	6-0	156	So.
40	Bobby Morgan Steve Dietschy	FB OLB	6-2 6-2	228	Fr.
42	Bernard Sanfamaria	DB	5-11	190	Jr. Sr.
43	Damien Arafiles	DB	6-3	193	Sr.
44 45	Jeff Ulbrich Eddie Robies	ILB OLB	6-2 6-0	243	Jr. Sr.
46	Donovan Forges	DB	5-11	169	Jr.
47 50	Matt Paul Joaquin Avila	ILB ILB	6-3	230 218	Jr. So.
51	Kamueia Cobb-Adams	OLB	6-2	218	Sr.
52 53	Stephen Gonzales Lui Fuata	iLB OL	6-2	232 280	Sr. Fr.
54	Vincent Street	OL	6-3	275	Sr.
55 56	Victor Fonoimoana Matt Elam	DB DE	6-2 6-2	214 262	Jr. Sr.
57	Houdini Jackson	LB	6-2	220	Fr.
58	Keith Tomomitsu	OL	6-3	269	Sr.
58 59	Matt Wright Daniel Reed	ILB ILB	6-1 6-1	210 241	Fr. Jr.
60	Dustin Owen	OL	6-2	320	Jr.
61	Doug Gosling Kynan Forney	OF OF	6-4	302 282	Jr. Jr.
64	J.R. Directo	OL	6-2	289	Sr.
67 68	Scott Sherwood Andy Phillips	OL OL	5-11 6-4	210 306	Sr. Jr.
69	Mark Moliner	OLB	6-5	230	Sr.
70	Jose Martinez Kauiana Noa	OF OF	6-5 6-5	264 305	Jr. Jr.
72	Akoni Sandoval	OL	6-2	302	So.
73 73	Christopher Smith Sione Tafuna	OF OF	6-1 6-0	270 287	Fr.
74	Chris Hogge	DL	6-4	256	Jr. Fr.
76 77	Maniy Kanoa	OL	6-5	288	Fr.
78	Miles Gamer Mike iosua	DE	6-2	300 269	So, Fr.
79	Ben Bright	DT	6-2	265	Sr.
80 81	Adrian Klemm Echo Charles	OL/TE WR	6-4 5-11	295 194	Jr. Jr.
82	Craig Stutzmann	WR	5-11	190	Fr.
83 84	James Bessard Ryan Gray	TE WR	6-7 6-2	260 192	Fr. Jr.
85	Chris Pinkney	TE	6-3	234	Fr.
86 87	Kiavash Badil John Kirby	WR WR	6-2 6-2	197 - 174	So.
88	Davey deLaura	WR	5-9	174	Sr. So,
89 90	Jimmy McClain	TE	6-2	226	Sr.
92	Zeff Ah Quin Tony Tuioti	TE NG	6-3	247 280	Sr. Jr.
93	Robert Parker	DL	6-4	247	Fr.
94 95	Nassor Anderson Soon Togiola	NG	6-2 5-9	250 238	Sr. Jr.
96	Olen Rosehiil	DE	6-2	250	So.
97 98	Shaun Jackson Chuck Thompson	DE	6-3 6-2	245 256	Fr.
99	Chad Shrout	KS	6-1	251	Jr.
		F 4			

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From page 10

### Special delivery

1992: Jason Elam caps an All-American career by handling the placekicking and punting duties admirably.

1998: Last season, Hawaii's special teams were alternately wonderful and awful, often on the same play. Punter Chad Shrout has a powerful leg, but he needs to put more hang time under his punts. Opponents returned six punts for touchdowns last season: three off of Shrout's longer boots and three off of blocked kicks. Place kicker Eric Hannum doesn't possess great range, but has steadily improved in converting extra points and field goals.

### The Irish factor

1992: Hawaii ended the 1991 season with a near upset of Notre Dame. The Rainbows' stirring performance on national television helps get the momentum rolling into 1992.

1998: The Rainbows were nine seconds away from knocking off the Irish on national television in December. Last year's game may provide even more reason for hope than it did seven years ago. Unlike the 1991 game when the 'Bows needed a, frantic fourth-quarter rally to make it close, Hawaii actually outplayed the Irish for about 58 minutes in last year's game.



## Something to prove

1992: The WAC prognosticators pick Hawaii to finish eighth in the 10-member conference. The seniors take the prediction as an insult, and inspire the team to rise above the expectations of the media "experts."

1998: Hawaii is picked by most media polls to finish seventh or eighth in the eight-member WAC Pacific Division. The prediction is plausible considering Hawaii hasn't won more than two conference games in a season since 1993. But there is reason to believe the 'Bows could prove the pundits wrong.

Among the reasons for optimism is the coaching staff. Lindsey took a struggling defense and turned it into a top-20 unit last year. He's now the offensive coordinator. Defensive coordinator Tom Williams is a bright, dynamic young coach who studied his trade under Lindsey.

If Williams can maintain the positive momentum on defense and Lindsey can work his magic with the offense, the 'Bows could surprise a lot of people.

Just like in 1992.



Chad Shrout
The 'Bows' junior punter possesses one of the strongest legs in the Western Athletic Conference.

**UH Sports Media Relations photo** 



### DID YOU KNOW ...

• The Rainbows close the season against defending co-national champion Michigan. Hawaii has played the team that went on to win the national championship three times: Nebraska (1971, lost 45-3), USC (1978, lost 21-5) and Brigham Young (1984, lost 18-13).

• Since the arrival of vonAppen's coaching staff, the team's grade-point average has risen from 2.05 in 1996 to 2.70 last year. Assistant coach Guy Benjamin is the program's academic coordinator.

• The University of Hawaii holds a 53-24-4 all-time record in season opening games.

• Last year, Charles Tharp became the first UH running back to lead the team in receptions and receiving yards since Gary Allen topped the school's receiving stats in 1981.





## Broncos back to defend title

enver's victory over Green Bay in Super Bowl XXXII has been a catharsis for football fans everywhere, offering a refreshing outlook to the 1998 National Football League season.

Gone are the stale questions of whether John Elway can win the big one and if the AFC will ever break the NFC's stranglehold on the Lombardi Trophy.

Now the key question entering this season is,

"Who will step forward as the favorites to reach Super Bowl XXXIII?"

Denver, Kansas City, Green Bay and San Francisco top the list of contenders, but they figure to get a run for their money from up-and-coming squads like Tampa Bay, Jacksonville, Pittsburgh and New England.

Following is a synopsis on each of the league's 30 teams, covering their strengths (!) and areas of concern (?).

### AFC EAST

**NEW ENGLAND PATRIOTS** 

Coach: Pete Carroll Best players: QB Drew Bledsoe, WR Terry Glenn, TE Ben Coates, DE Willie McGinest.

!: With Glenn and Coates running patterns, Bledsoe has several targets to choose from. Bledsoe was second in the league in completions (314) and second in touchdown passes (28) last season.

?: Curtis Martin's defection to the Jets leaves the running load in the hands of rookie

Robert Edwards. But don't be surprised if Edwards thrives in the

MIAMI DOLPHINS Coach: Jimmy John-

Best players: QB Dan Marino, RB Karim Abdul-Jabbar, OT Richmond Webb and LB Zach Thomas.

!: Marino may be in the twilight of his career, but he still led the NFL's second best passing attack in 1997. O.J. McDuffie is

See page 17



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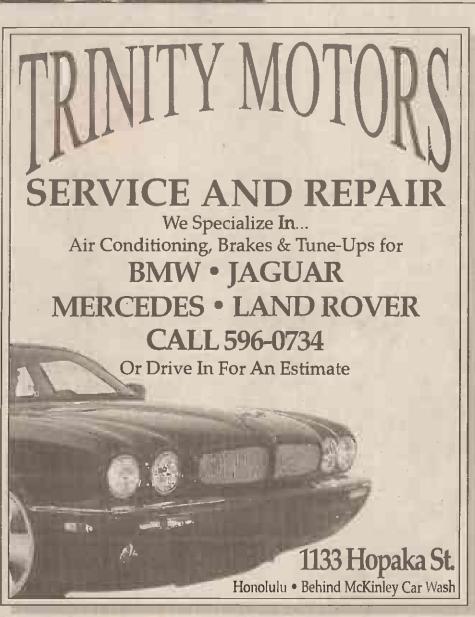
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From page 16

his most reliable target. ?: The Dolphins' running game was a non-fac-

tor last season, meaning Abdul-Jabbar and rookie John Avery must have larger roles in the

offense.

**NEW YORK JETS** Coach: Bill Parcells Best players: RB Curtis Martin, WR Keyshawn Johnson, WR Wayne Chrebet and CB Aaron Glenn.

1: Quarterback Glenn Foley does have some weapons at his disposal in Johnson and Chrebet. The addition of Martin will take some pressure off of the young QB.

?: The Jets' pass rush couldn't generate enough heat to fog a mirror last year. The team registered just 13 sacks and traded DE Hugh Douglas.

**BUFFALO BILLS** Coach: Wade Phillips Best players: RB Antowain Smith, DE Bruce Smith, DT Ted Washington and OG. Ruben Brown.

!: Smith is still a passrushing demon. Smith, Washington and Phil Hansen anchor what could be the best D-line in the conference.

?: The Bills, sans Jim Kelly, were last in the league in scoring last season. Is former Jacksonville backup Rob Johnson the answer at quarterback? Stay tuned.

### INDIANAPOLIS COLTS

Coach: Jim Mora Best players: QB Pey-



ton Manning, RB Mar-shall Faulk, WR Marvin Harrison and DE Dan Footman.

!: When healthy, Faulk is one of the league's premier backs. With a rookie quarterback aboard, Faulk figures to carry much of the offensive burden early on.

?: Few quarterbacks have excelled in their rookie season. Expect Manning and the Colts to take their lumps while the prodigy makes the transition to the pro game.

### AFC CENTRAL

**PITTSBURGH** STEELERS

Coach: Bill Cowher Best players: QB Kordell Stewart, RB Jerome Bettis, C Dermontti Dawson and LB Levon Kirkland.

!: The Steelers put together the league's best rushing team and the toughest run defense last season. Bettis leads a punishing ground attack, while Kirkland and Joel Steed anchor the defensive front.

?: The supremely athletic Stewart must still improve on throwing the ball in order for Pittsburgh to reach the summit.

### **JACKSONVILLE JAGUARS**

Coach: Tom Coughlin Best players: QB Mark Brunell, WR Keenan McCardell, OT Tony Boselli and LB Bryce Paup.

!: Brunell has emerged as one of the league's elite quarterbacks, while Jimmy Smith and McCardell will drive secondaries crazy. Boselli has quickly established himself as one of the top tackles in the game.

?: Injuries hampered the Jacksonville defense last season. The Jaguars still have some bumps and bruises, but the addition of Paup should cure some of their ills.

### TENNESSEE OILERS Coach: Jeff Fisher

Best players: QB Steve McNair, RB Eddie George, OG Bruce Matthews and WR Yancey Thigpen.

1: George established himself as one of the league's premier backs. The former Heisman Trophy winner can run by defenders or through them. He'll run behind a veteran offensive line led by Matthews.

?: While physically gifted, McNair is still raw. Bringing in Thigpen should help the league's second worst passing attack of 1997.

### CINCINNATI BENGALS

Coach: Bruce Coslet Best players: WR Carl Pickens, WR Darnay Scott, LB James Francis and CB Ashley Ambrose.

!: The Bengals have big-play potential all over the field. Pickens and Scott are a dangerous combination, while explosive Corey Dillon takes over the rushing load on a full-time basis.

?: Cincy was at or near the bottom of almost every defensive category last year. It's no surprise that Coslet used his first four draft picks on defensive players.

### BALTIMORE **RAVENS**

Coach: Ted Marchibroda

Best players: WR Michael Jackson, QB Jim Harbaugh, LB Peter Boulware and OL Jonathan Ogden.

!: The Ravens boast one of the biggest offensive lines in the league, led by Ogden and Orlando Brown. That bodes well for Harbaugh and

running back Errict Rhett.

?: Baltimore's secondary gave up 229 passing yards per game a year ago. The arrival of cornerback Rod Woodson should help.

### **AFC WEST**

KANSAS CIT CHIEFS Coach: Marty Schottenheimer

See page 18

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**Eddle George** Former Heisman Trophy winner is too slick for Oller apponents. Authorized ERICSSON € doalers

From page 17

Best players: WR Derrick Alexander, OG Will Shields, LB Derrick Thomas and CB Dale Carter.

!: There isn't a weak point anywhere on the Chiefs' defense. The addition of Chester McGlockton and Leslie O'Neal bolsters the front while Thomas leads a speedy corps of linebackers. Cornerbacks Dale Carter and James Hasty both went to the Pro Bowl last year

. ?: Marcus Allen's retirement leaves a gaping hole in the running game. Rookie Rashaan Sheehee may be asked to carry the load right away.

### **DENVER BRONCOS** Coach: Mike Shanahan

Best players: QB John Elway, RB Terrell Davis, TE Shannon Sharpe and FS Steve Atwater.

!: Headaches aside, Davis is one of the game's best. Leading the way for Davis is the Broncos' undersized and underrated offensive



line. Elway is growing long in the tooth, but has thrived in Shanahan's offense.

?: The receivers aren't going to strike fear in the hearts of cornerbacks. But the Broncos' other weapons command so much attention, they don't need to be great to be effective.

### SEATTLE **SEAHAWKS**

Coach: Dennis Erick-

Best players: QB Warren Moon, WR Joey Galloway, DE Michael Sinclair and DT Sam Adams.

!: Moon passed for a franchise record 3,678 yards last season, but he is 42 years old. The arrival of running back Ricky Waters should take some heat off of

Moon. Galloway leads a group of talented receivers.

?: The kicking game cost the Seahawks several contests last season. While the offense and defense have improved, Seattle can't afford another mistake-filled season on special teams.

### OAKLAND RAIDERS

Coach: Jon Gruden Best players: QB Jeff George, WR Tim Brown, RB Napoleon Kauffman and OG Steve Wisniewski.

!: George and Brown form one of the league's most potent pass-andcatch combos. Kauffman is a threat to break a big play every time he touches the ball

?: The defense was the worst in the league last season. Eric Allen and Charles Woodson will strengthen the pass defense, Russell Maryland and Darrell Russell must establish a presence on the line of scrimmage.

SAN DIEGO **CHARGERS** Coach: Kevin Gilbride

Best players: RB Natrone Means, OG Aaron Taylor, LB Junior Seau and SS Rodney Harrison.

!: Means returns to Southern California after a stint in Jacksonville. He'll follow an offensive line bolstered by the signings of Taylor, John Jackson and Roman Fortin

?: Like Manning, Leaf should expect to go through some growing pains. Patience may be the key for Charger fans as Leaf gets his feet wet in the pro game.

### **NFC EAST**

**NEW YORK GIANTS** 

Coach: Jim Fassel Best players: LB Jessie Armstead, DE Michael Strahan, WR Chris Calloway and QB Danny Kanell.

!: Quarterbacks have a tendency to develop happy feet against the Giants, who registered 54 sacks last season. Strahan and Armstead lead the assault.

?: Calloway established himself as one of

See page 19



© Greg Trott/NFL Photos

Tim Brown Oakland receiver continues to frustrate cornerbacks.

## liversary



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KAPAHULU AVE.

From page 18 the division's best receivers, but he's the Giants' only proven threat. The loss of cornerback Jason Sehorn to a knee injury will hurt the secondary.



### WASHINGTON REDSKINS

Coach: Norv Turner

Best players: QB Gus Frerotte, RB Terry Allen, CB Darrell Green and DT Dana Stubblefield.

!: Signing Stubblefield and Dan Wilkinson gives the Redskins one of the top front-sevens in a defense-rich division. Cornerbacks Darrell Green and Chris Dishman are among the best in the business.

?: The offensive line is in a state of

**Brett Favre** 

Green Bay quarter-back looks to lead

© David Stłuka/NFL Photos

the Pack back to

the Super Bowl.

flux with several players recovering from injuries or learning a new posi-tion. The line must keep Frerotte and Allen healthy for the 'Skins to contend.

### PHILADELPHIA **EAGLES**

Coach: Ray Rhodes

Best players: WR Irving Fryar, RB Charlie Garner, DE Hugh Douglas and LB William Thomas.

!: Fryar continues to get better with age. He'll need to carry the load for an offense with limited firepower. Tight ends Jason Dunn and Chad Lewis could emerge as legitimate threats.

?: Douglas and Thomas are proven pass rushers, but the defensive front must improve against the run. The

Eagles were the league's worst team in defending the rush last season.

DALLAS COWBOYS

Coach: Chan Gailey Best players: QB Troy Aikman, WR Michael Irvin, CB Deion Sanders and OG Larry Allen.

!: The Cowboys are still rich in talent and hungry to prove last year's flameout was a fluke. The veterans are proven winners and Gailey's new approach may help invigorate the Cowboys.

See page 20







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## AUTOMATIC

**OUTER CV** 

### From page 19

?: An offense loaded with big-time weapons settled for field goals all too often in 1997. A wide receiver needs to step forward to take pressure off of Irvin.

### ARIZONA CARDINALS

Coach: Vince Tobin Best players: DE Eric Swann, WR Rob Moore, CB Aeneas Williams and RB Adrian Murrell.

!: The Cardinals'
defense may rise out of
the ashes thanks to several key acquisitions.
Adding draft picks Andre
Wadsworth and Corey



© Tony Tomsic/NFL Photos

John Randle

Vikings\* pass-rush demon.



Chavous to an already solid unit may give Arizona the best defense in the NFC ... if Wadsworth

?: The offensive line surrendered a leaguehigh 78 sacks last year. Crafty quarterback Jake Plummer must be given time to work his magic.

### NFC CENTRAL

GREEN BAY PACKERS

Coach: Mike Holm-

Best players: QB Brett Favre, WR Antonio Freeman, TE Mark Chmura and SS LeRoy Butler.

!: The Packers can put points on the board in a hurry with Favre throwing to receivers Robert Brooks and Antonio Freeman. Dorsey Levens proved he's a big-time running back in 1997, but a contract dispute could keep him out of the lineup.

?: The secondary was gutted as free agents
Eugene Robinson and
Doug Evans left for greener pastures. Butler will be surrounded by a cast of youngsters in a division featuring some of the game's best receivers.

TAMPA BAY
BUCCANEERS
Coach: Tony Dungy
Best players: RB
Warrick Dunn, C Tony
Mayberry, DT Warren
Sapp and LB Hardy
Nickerson.

!: Dungy forged his reputation on defense and the Bucs are among the best. Sapp, Nickerson and linebacker Derrick Brooks lead a stingy group built on speed and aggressiveness.

?: Tampa Bay was dead last in the league in passing in 1997. The Bucs hope that signing receivers Bert Emanuel and rookie Jacquez Green will help remedy

See page 22







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Week 1 Week I
Sunday, Sept. 6
Arizona at Dallas
Altanta at Carolina
Buffalo'at San Diego
Detroil at Green Bay
Jacksonville at Chicago
Miami at Indianapolis
New Orleans at St. Louis
New York Jets at San Frai New Oriectins at St. Louis
New York Jets at San Francisco
Pittsburgh at Baltimore
Seattle at Philadelphia
Tampa Boy at Minnesota
Tennessee at Cincinnati
Washington at New York Glants
Oakland at Kansas City
Monday, Sept. 7 Monday, Sept. 7 New England at Denver

Week 2 Sunday, Sept. 13
Arizona at Seattle
Baltimore at New York Jets
Buffalo at Marmi
Carolina at New Orleans
Chicago at Pittsburgh
Cincinnot at Detroit Cincinnoti at Detroif
Dailas al Denver
Konsas City at Jacksonville
Minnesota at St. Louis
New York Glants at Oakland
Philadelphia at Altanta
San Diego at Tennessee
Tampa Bay at Green Bay
Indianapoils at New England
Monday, Sept. 14
San Francisco at Washington

Week 3
Sundoy, Sept. 20
Baltimore at Jacksonville
Chicago at Tampa Bay
Denver at Oakland
Detroit at Minnesota
Green Bay at Cincinnati
Indianapolis at New York Jets
Pittsburgh at Miami
St. Louls at Buffalo
San Diego at Kansas City
Tennessee at New England
Washington at Seattle
Philladelphia at Arizona
Monday, Sept. 21 Monday, Sept. 21 Dallas at New York Glonts (Bye: Atlanta, Carolina, New Orleans, San Francisco)

Week 4 Sunday, Sept. 27 Arizona at St. Louis Atlanta at San Francisco

Denver at Washington Green Bay at Carolina Jacksonville at Jacksonville at Tennessee Kansas City al Philadelphia Minnesola al Chicago New Orleans at Indianapoils New York Glants at San Diego Oakland at Dallas Seatile at Pittsburgh Cincinnati at Baltimore Monday, Sept. 28 Monday, Sept. 28 Tampa Bay at Detroit (Bye: Buffalo, Mlaml, New Eng-land, New York Jets)

Week 5
Sunday, Oct. 4
Carolina at Atlanta
Dallos al Washington
Detroit at Chicago
Miami of New York Jets
New England at New Orleans
New York Giants at Tampo Bay
Oakland of Arizona
Philadelphia at Denver
San Diego at Indianapolis
San Francisco al Buffalo
Seatfle at Kansas City
Monday, Oct. 5
Minnesota at Green Bay
(Bye: Baltimore, Cincinnati,
Jacksonville, Pittsburgh, St. Louis,
Tennessee) Week 5

Week 6
Sundoy, Oct. 11
Buffalo at Indlanapoils
Carolina at Dallas
Chicago at Arizona
Denver at Seattle
Kansas City at New England
New York Jets at St. Louis
Pittsburgh at Cincinnati
San Diego at Oakland
San Francisco at New Orleans
Tennessee at Baltimore
Washington at Philadelphia
Atlanta at New York Glants
Monday, Oct. 12
Midmi at Jacksonville
(Bye: Defroil, Green Bay, Minnesota, Tampa Bay) Week 6

Week 7 Thursday, Oct. 15 Green Bay at Detroit Sunday, Oct. 18 Arizona at New York Glants

## 1998 NFL SCHEDUL

Baltimore at Pittsburgh Carolina at Tampa Bay Cincinnati at Tennessee Daltas at Chicago
Indianapolts at San Francisco
Jacksonville at Buffalo
New Orleans at Atlanta
Philadelphia at San Diego Philadelphia at San Diego St. Louis at Miaml Washington at Minnesota Mondoy. Oct. 19 New York Jets at New Englond (Bye: Denver, Kansas City, Oak-land, Seattle)

Week 8
Sunday, Oct. 25
Altanta at New York Jets
Ballimore at Green Bay
Chicago at Tennessee
Cincinnati at Oakland
Jacksonville at Denver
Minnesota at Detroit
New England at Miami
San Francisca at St. Louis
Seattle at San Diego
Tampa Bay at New Orleans
Buffalo at Carolino
Monday, Oct. 26
Pittsburgh at Kansas City
(Bye: Arizona, Dallas,
Indianapolis, New York Glants,
Philadeiphia,
Washington) Week 8

Week 9
Sunday, Nov. 1
Arizona at Detroit
Denver at Cincinnati
Jacksonville at Ballimore
Miami at Buffalo
Minnesota at Tampa Bay
New England at Indianapolis
New Orieans at Carolina
New York Giants at Washington
New York Jets at Kansas City
St. Louis at Atlanta
San Francisco at Green Bay
Tennessee at Pittsburgh
Oakland at Seattle Week 9 Oakland at Seattle Monday, Nov. 2 Dallas at Philadeiphia (Bye: Chicago, San Diego)

Week 10
Sundoy, Nov. 8
Altanta at New England
Buffato at New York Jets
Carolina at San Francisco
Cincinnali at Jacksonville
Detroit at Philadelphia
Indianapoils at Miami
Kansas City at Seattle
New Orleans at Minnesota
New York Glants at Dallas
Oakland at Baltimore
St. Louis at Chicago
San Diego at Denver
Washington at Arizona
Tennessee at Tampa Bay
Monday, Sept. 9
Green Bay at Pittsburgh Week 10

Week 11 Week 11
Sundoy, Nov. 15
Baltimore at San Diego
Cincinnati at Minnesota
Dalias at Arizona
Green Bay at New York Glants
Miaml at Carolina
New England at Buffalo
New York Jets at Indianapotis
Philadelphia at Washington
Pittsburgh at Tennessee
St. Louis at New Orleans
San Francisco at Atlanta
Seattle at Oakland
Tampa Bay at Jacksonville Tampa Bay at Jacksonville Chicago at Detroit Monday, Nov. 16 Denver at Kansas City

Week 12 Week 12
Sunday, Nov. 22
Arizona at Washington
Batilmore at Cincinnati
Carolina at St. Louis
Chicago at Atlanta
Detroit at Tampa Bay
Green Bay at Minnesota
Indianapolis at Buffato
Jacksonville at Pittsburgh
Kansas City at San Diego
New York Jets at Tennessee
Oakland at Denver
Philladelphia at New York Glants
Seattle at Dailas Seattle at Dallas

New Orleans at San Francisco Monday, Nov. 23 Miami at New England

Week 13

Thursday, Nov. 26
Minnesota at Dalias
Pittsburgh of Detroit
Sunday, Nov. 29
Arizona at Kansos City
Alianta at St. Louis Allanta at St. Louis
Buffalo at New England
Carolina at New Fork Jels
Indianapolis at Battimore
Jacksonville at Cinchnati
New Orleons at Miami
Philadelphia at Green Bay
Tampa Bay at Chicago
Tennessee at Seatile
Washinaton at Oakland Washington at Oakland Denver at San Diego Monday, Nov. 30 New York Glants at San Francisco

Week 14 Thursday, Dec. 3 St. Louis at Philadelphia St. Louis at Philadelphia
Sunday, Dec. 6
Bailimore at Tennessee
Buffalo at Cincinnati
Dallas at New Orleans
Detroit at Jacksonville
Indianapoils at Atlanta
Kansas City at Denver
Miami at Oakland
New England at Pittsburgh
New York Glants at Arizona
San Diego at Washington
San Francisco at Carolina
Seattle at New York Jets
Chicogo at Minnesota
Monday, Dec. 7
Green Bay at Tampa Bay

Week 15 Sunday, Dec. 13 Arizona at Philadelphia Atlania at New Orleans Cincinnati at Index Orleans
Chicago at Green Bay
Cincinnati at Indianapolis
Dollas at Kansas City
Denver at New York Glonts
Minnesola at Baitimore New England at Sf. Louis Oakland at Buffalo Pittsburgh at Tampa Bay San Diega at Seattle Tennessee at Jacksonvlile

Washington at Carolina New York Jets at Miami Monday, Dec. 14 Detroit at San Francisco

Week 16
Saturday, Dec. 19
New York Jets at Buffalo
Tampa Bay at Washington
Sunday, Dec. 20
Atlanta at Detroit
Battlmore at Chicago
Cincinnati at Pittsburgh
Indianapolis at Seattle
Konsas City at New York Glants
New Orleans at Arizona
Oakland at San Diego
Philadelphia at Dalias
St. Louis at Carolino
San Francisco at New England
Tennessee at Green Bay
Jacksonville at Minnesota
Monday, Dec. 21
Denver at Miami

Week 17 Week 17
Saturday, Dec. 26
Kansos City at Oakland
Minnesota at Tennessee
Sunday, Dec. 27
Buffolo at New Orleans
Carolina at Indianapolis
Detroit at Baltimore
Green Bay at Chicago
Miami at Altania
New England at New Yor New England at New York Jets New York Glants at Philadelphia St. Louis at San Francisco St. Louis at 3 an Francisco San Diego at Artzona Seattle at Denver Tampo Bay at Cincinnati Washington at Dallas Monday, Dec. 28 Pittsburgh at Jocksonville

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August 28 1998 -

From page 20 the situation.

### MINNESOTA VIKINGS

Coach: Dennis Green Best players: WR Cris Carter, WR Jake Reed, RB Robert Smith and DT John Randle.

!: Defensive coordinators could develop ulcers trying to contain the Viking receiving corps. Carter and Reed both went over 1,000 yards in receiving. Rookie Randy Moss adds even more firepower.

?: Randle is one of the league's most tenacious defensive players, but he can't do it alone. The Vikings were next to last in the NFL in total defense last season, giving up over 355 yards per game.

### **DETROIT LIONS**

Coach: Bobby Ross Best players: RB Barry Sanders, WR Herman Moore, QB Scott Mitchell and DE Robert Porcher.

!: Sanders continues to amaze as the the league's premier back and Johnnie Morton and Moore form one of the game's best receiver tandems.

The question remains whether Mitchell's output can match his potential.

?: Although Porcher and Luther Elliss emerged as quality defensive linemen, the Lions are still relatively soft up front, especially against the run.

CHICAGO BEARS Coach: Dave Wanstedt

Best players: WR Curtis Conway, QB Erik Kramer, OT Andy Heck



© Allen Dean Steele/NFL Photos

Barry Sanders

Nobody moves like Detroit's future Hall of Famer.

and CB Tom Carter.

!: Da Bears will try to rejuvenate their running game with a pair of bruisers in Edgar Bennett and rookie Curtis Enis. Carter and Walt Harris are among the best cornerback combinations in the game.

?: Chicago allowed the most points of any NFC team last season. The defensive front must overcome its underachieving tendencies for the Bears to rise out of the NFC Central cellar.

### NFC WEST

SAN FRANCISCO 49ERS

Coach: Steve Mariucci Best players: QB Steve Young, WR Jerry Rice, DT Bryant Young and RB Garrison Hearst.

!: Terrell Owens and J.J. Stokes emerged as two of the top receivers in the NFC after Rice tore up his knee in Week 1. With Rice returning at full speed, Young will have three big-time weapons to choose from.

?: The 49ers have large holes to fill on both sides of the line of scrimmage. Defensive stalwart Dana Stubblefield signed with Washington, and tight end Brent Jones retired. Both players will be tough to replace.

CAROLINA PANTHERS Coach: Dom Capers Best players: QB Kerry Collins, TE Wesley Walls, LB Michael Barrow and K John Kasay.

!: Walls led NFL tight ends with 58 catches and will be Collins's go-to guy once again. Running back Fred Lane was a pleasant surprise, and will be joined in the backfield by Tim Biakabutuka and former 49er star William Floyd.

?: Collins must prove the magic of 1996 wasn't a fluke. The third-year quarterback led the NFL in interceptions last year with 21.

ATLANTA FALCONS
Coach: Dan Reeves

Coach: Dan Reeves
Best players: QB
Chris Chandler, RB
Jamal Anderson, LB
Jessie Tuggle, DE Chuck
Smith and K Morten
Andersen.

!: Jamal Anderson and Byron Hanspard should provide punch for the running game. Former Packer safety Eugene Robinson joins a rapidly improving defensive unit.

?: The departure of Bert Emanuel leaves the injury-prone Chandler with little in big-play receivers. Terrence Mathis will see his workload increase, but who will help?

### NEW ORLEANS SAINTS

Coach: Mike Ditka Best players: OL William Roaf, DE Joe Johnson, DT Wayne Martin and LB Mark Fields.

!: The Saints led the league in sacks with 59. Martin and Johnson anchor a solid defensive front, and the secondary has been bolstered with

the addition of Chad Cota and Tyronne Drakeford.

?: While the defense ranked fourth in the league last season, turnovers exposed the unit far too often. Saints' quarterbacks threw a combined 33 interceptions, compared to just 13 touchdowns.

ST. LOUIS RAMS
Coach: Dick Vermeil
Best players: QB
Tony Banks, WR Isaac
Bruce, FS Keith Lyle and
CB Ryan McNeal.

!: Banks continues to develop at quarterback and has two of the league's best receivers at his disposal in Bruce and Eddie Kennison. McNeal and Lyle were first and second, respectively, in the league last year in interceptions.

?: Despite his vast potential, Banks tends to make too many poor decisions, resulting in 28 interceptions in 1997. The Rams are hoping rookie Robert Holcombe can kick-start a stagnant running game.



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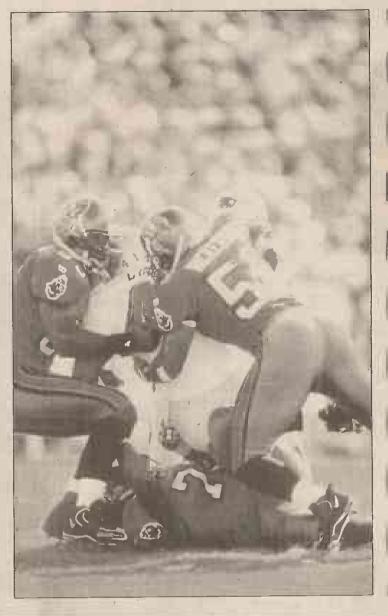
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The Buc stops here **Linebackers** Derrick Brooks (left) and Hardy Nickerson lead a swarmina Tampa Bay defense

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