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Capitol holds memorial

Families hold treasured memories of fallen heroes

Sgt. Danielle M. Bacon Marine Forces Pacific

CAMP H.M. SMITH, Hawaii — They were husbands, fathers, friends, sons and brothers. They are the 27 Marines and one Sailor from 1st Battalion, 3rd Marine Regiment, who were killed during Operation Iraqi Freedom in January and February.

They are heroes - each mourned and remembered for one or more of these roles during a memorial service held at the Hawaii State Capitol Monday.

"Everyone of these brave men are heroes who recently fought in the battle of Fallujah. I believe that battle had great significance," said Col. Jeffery Patterson, 3rd Marine Regiment commanding officer. "I believe it was this battle more than anything else that inspired eight million Iraqis to face their fears and cast a vote against tyranny and oppression."

A mother of a fallen Marine agreed.

"All of these boys left a legacy," said Helen Gilbert, mother of Cpl. Richard A. Gilbert, 26, of Dayton, Ohio. "Richard wanted to be a politician. He wanted to make a difference ... and he did. Giving Iraqis the right to vote - that's the legacy all of these men left."

There were many common traits shared by these service members - their love for their Corps, country and their mission.

"He loved what he was doing," said Rob Hopper, father of Lance Cpl. Brian C.

See MEMORIAL, A-6



Sgt. Danielle M. Bacon Hawaii Governor Linda Lingle speaks at the memorial service at the Hawaii State Capitol, Monday. The memorial service was held to honor 27 Marines and one Sailor from 1st Battalion, 3rd Marine Regiment, who were killed while serving with the 31st MEU during Operation Iraqi Freedom.

3/3 scores major success Pegasus



'America's Battalion' works with village elders to find terrorist threats

Cpl. Rich Mattingly

Only when the night's reverie was split by the blaring sounds of psychological operations' surrender appeals and the roar of Cobra gun ship appearing a few hundred feet overhead, did the inhabitants realize they had been surrounded. By the break of dawn, the battalion was well underway to completing one of its most successful operations to date in the region.

pulls together

Cpl. Rich Mattingly

Marines participate in

<u>Sgt. Joe Lindsay</u>

Community Relations Chief

handful of Marines gathered at the beach

aboard Marine Corps Base Hawaii,

Kaneohe Bay to greet the canoes. In the

lead was Kapono Souza, a Windward resi-

dent and, on this ceremonious day, the

day seemed to be the "fish greeting."

Wrestling competitions, hula dancing, Hawaiian

"To see the fish jump out of the water, like that,

music, and a "talk story" followed the canoe land-

ing. For many, the most memorable event of the

as the canoes were landing was a beautiful

moment," said Kanoa Aikala-Nelson, a Heeia area

resident and Makahiki participant. He said that the

only way he could describe the moment would be to

say that it was "a sign from the gods that they were

pleased. For me, personally, it was an affirmation of

and a member of the third generation of her family

According to Donna Ann Kamehaiku Camvel, Ahupuaa Restoration Council of Heeia chairman

Hawaiian traditions

four-month Makahiki season.

guardian of Lono's akua loa.

all I believe in."

Second Lt. Luke Lazzo, platoon commander with Weapons Company, 3rd Battalion, 3rd Marine Regiment, takes a knee and gets his bearings before leading his Marines the final distance to where his platoon was responsible for ensuring no suspected terrorists slipped through the Marines' cordon.

TMO urges preparation

Cpl. Michelle M. Dickson

Combat Correspondent

Peak season for shipping household goods for military personnel who are moving to a different duty station, finishing enlistments or retiring begins in early May and continues throughout mid-September. Preparation for transport of household goods and, in some cases, vehicles, to duty stations, permanent homes and storage facilities begins well in advance.

The process begins with those who work at the Traffic Management Office. It is their duty to get the job done; ensuring shipments leave and arrive at the correct destination, on time.

Since this is peak season, it is highly recommended that all military personnel get their orders to TMO, at the very latest, 10 business days from the time they receive their TMO brief, said Sgt. Manuel L. Loggins, personal property non-commissioned officer, TMO, Headquarters Battalion.

"If people bring us their orders too late, it can put them at the mercy of the actual shipping companies," said the Chicago, Ill. native. "That can put a huge dampener on people's plans - if dates end up having to be switched around."

This time of year, the people at TMO are competing with other services to secure move

See TMO, A-2

Combined Joint Task Force 76

KHOST PROVINCE, Afghanistan

- Under the light from a pale yellow moon, the Marines moved swiftly across the cold and barren wadi. Using hand and arm signals to silently mobilize squads and fire teams, they moved into position around the village. Shifting from the shadow of trees to the low rock walls in the surrounding fields as they neared, 3rd Battalion, 3rd Marines sealed a seamless cordon to search for several men they suspected of perpetuating terrorist activity and attacks on Afghan and coalition forces in the area.

K-Bay hosts Makahiki

"We moved over 44 kilometers at night, dismounted a few kilometers away, and surrounded the village where we believed the enemy to be hiding, by moving in on foot. Our enemies had never seen anything like this before, so they weren't ready for us, and they had no chance to escape into the mountains," explained Capt. Ken Barr, commanding officer, Weapons Company, 3/3. According to Barr, his company had been

See 3/3, A-4



Cpl. Megan L. Stiner

Press Chief

The Marine Corps has a proud tradition of providing immediate support - anywhere in the world - at a moment's notice. With the same sense of urgency, but on a smaller scale, the Marines of Heavy Marine Helicopter Squadron 463, known as "Pegasus," proved that tradition is still very much alive.

Although the Pegasus Marines were not called to a deployment on foreign soil, their expediency and efficiency made it possible to better their squadron in the long run.

"We were supposed to send three Marines to the Weapons and Tactics Instructors Course in Yuma, Arizona," began Sgt. John T. Logsdon, flight-line supervisor and crew chief for HMH-463. "But we thought it had been cancelled. Then at 12 a.m., on Saturday, we got the call that we had to be ready to leave this Monday."

In order for three of their Marines to attend the two-month course, they had to bring two CH53-D Sea Stallion helicopters and more than 40 other Marines to support and maintain the helicopters. This meant, preparing two helicopters for travel in two days.

"The Marines had to tear down the helos enough so they would fit inside another craft to transport them," explained Master Sgt. Miguel A. Castaneda, maintenance chief, HMH-463. "All the sudden they were tasked with something extremely difficult, but they came in and got it done in no time."

Usually, according to Logsdon, it takes about two days per aircraft to fully prepare a helicopter for traveling.

"The Marines had both of the Super Stallions torn down in less

See MAKAHIKI, A-8

See PEGASUS, A-8

Flying fish leaped from the ocean as if to say, "welcome," just moments before a procession of canoes - one of which carried the cloud-like akua loa, or tangible represenation, of the Hawaiian god Lono - crossed their path before landing at the Hale Koa Beach to mark the end of the More than 100 native Hawaiians and a

Gunnery Sgt. Claudia LaMantia

Wearing a blue pareau, Kalei Hoopai simulates a fight against Kanoa Nelson during the Makahiki closing ceremony, Saturday. The four-month season celebrates Lono, the god of clouds, thunder, lightning, rain, agriculture and fertility.

> to preside as Makahiki event coordinator aboard MCB Hawaii since the mid-1970s, the closing of Makahiki is an event that is deeply significant for the Hawaiian people.

> "From ancient times, the Makahiki season has been a time for peace, reflection, games, festivals and planning," said Camvel. "The presence of Lono — the god of clouds, thunder, lightning, rain, agriculture and fertility - during the four months of Makahiki signifies to us that there will be no war or fighting among the Hawaiian people during this time."

> According to Camvel, the Hale Koa Beach area, known as "Kahananui" by the Hawaiians, is consid-

News Briefs

Lane Closure at Mokapu and **Lawrence Roads**

There will be a lane closure at the intersection of Mokapu Road and Lawrence Road from Monday until April 29, from 8 a.m. to 3:30 p.m., in order to complete a trenching project. Lane closure will affect only one lane in either or both directions. Cones will be set up to mark the lane being closed, with flagmen positioned at each end to direct traffic.

Construction on Mokapu Road

KD Construction, Inc. will be performing waterline installation on Mokapu Road between Monday and April 29 between the hours of 8 a.m. and 3 p.m. This work will be in addition to the utilities installation on Mokapu Road; however, utilities installation and waterline installation will not be performed concurrently. Traffic will be directed around the work area.

Red Cross to Recognize Volunteers

The American Red Cross will be honoring their volunteers for their services in 2004 at a luncheon Monday at the Staff Non-Commissioned Officers Club, Building 3088, from 11 a.m. to 1 p.m.

Battle of Iwo Jima 60th Anniversary Ceremony

At 2 p.m. Wednesday, Iwo Jima veterans, returning from a 60th anniversary reunion at the tiny speck of an island that brought so many casualties to both sides, will be honored at a ceremony at the Pacific War Memorial, located on Marine Corps Base Hawaii. This ceremony will commemorate the 60th anniversary of the Battle of Iwo Jima, and is open to the public. This date also marks the third anniversary of the dedication of The Pacific War Memorial, which pays tribute to all who have served and continue to serve our great nation.

A luncheon will be held for active duty Marines and Iwo Jima veterans at 11:45 a.m. at the MCB Hawaii's dining facility, Anderson Hall.

For further information call Mrs. Sarah Fry at MCB Hawaii Public Affairs Office at 257-8832.

Triathlon may Cause Delays

The 4th Annual Lanikai Triathlon will be held, March 20, in Kailua and aboard MCB Hawaii, Kaneohe Bay. MCB Hawaii support for the event will include the closing of Mokapu Road to through traffic from 5 to 9 a.m. on race day, Sunday, from the back gate to the intersection of Mokapu Road and Harris Street. Traffic will be routed to minimize impact on residents. Appropriate event signs and traffic control points will be posted.

Professor, Author to Speak on Global Relations

Dr. Elizabeth Van Wie Davis, PhD, will be at the MCB Hawaii Theater at 1 p.m., March 29, to present a lecture on, "The Effects of the GWOT and Militant Islam on China-U.S. Relations." There will be a question and answer period following the lecture.

CVIC Sets Studio Hours

The Combat Visual Information Center will be open Monday, Wednesday and Friday from 7:30

Combat veteran dies at age 82

Cpl. Megan L. Stiner Press Chief

At an early age he showed dedication and leadership through his schoolwork and was nominated as the class president at Center High School in Marlborough, Mo. Little did he know that when he got older he would become a part of our nation's history, and eventually be buried with high honors and respect.

Retired Col. Lyle V. Tope, grew up as a sports and auto mechanic guru. He worked for the Kansas City Journal Post for, none other than, Walter Cronkite. Tope was also well known in his town for his Model "T" Ford, "The Red Demon," which he showed off by racing through neighborhood streets.

When World War II began, Tope wasted had a close encounter with death during his little time in joining the Marine Corps. In September 1942 he became a Naval Aviation Cadet, prompted by his love of airplanes and his devotion to the Cleveland Air Races.

Throughout the next few years, Tope served as dive-bomber pilot and torpedo bomb flyer pilot, and was a member of a squadron that performed classified missions.

After picking up the rank of captain, Tope became interested in boosting morale on base, so he formed two basketball leagues. One was a special team, the Marine Flyers, who came close to winning the 1951 AAU tournament.

Leaving the safety of the ground, Tope

deployment to Korea in 1952. His plane was hit by anti-aircraft fire, so he guided it to a ditch a mile offshore. Once back on solid ground, he had to fight off four Chinese fighters who had seen his plane go down, but he was aided by 10 Air Force jets that drove off the enemy. An Air Force helicopter later rescued Tope.

After his promotion to major, Tope spent six years training Navy cadets and officers from seven foreign countries.

Once Tope took on the rank of colonel in 1967, he shipped off to Vietnam.

Throughout his career Tope was recognized and honored for his actions during World War II, Korea and Vietnam, receiving 23 personal decorations, which include the Distinguished Service Medal and two Legion of Merit Medals with the Combat "V."

With his combat missions behind him, Tope settled into a position as the commandant's Marine Corps principal intelligence staff officer, becoming functional manager for all Marine Corps intelligence and cryptology.

October 1, 1973, Tope retired from the Marine Corps after 31 years and one month of dedicated service.

On Feb. 16, Tope passed away from diabetes, after fighting the condition for several years. He was laid to rest at the National Memorial Cemetery of the Pacific.

All must respect military customs

Customs and courtesies for Marines and Sailors are a matter of respect, especially when it comes to the raising or lowering of the American flag. Every morning at 8 a.m. the flag is raised and every evening, at dusk, the flag is taken down in front of Building 216.

When the sound of the first note of the National Anthem is played, everyone

within sight or hearing distance must render respect. This means drivers of motor vehicles must pull over and stop, and while outside, service members in uniform must face the direction of the flag, or music — if the flag is not visible — and salute. All others should stop and stand at attention with their hand over their heart, until the last note is played.

Behind the wire



Michael Garcia, mason, Smith Masonry, cuts wires in preparation to lay metal support beams for the cement they will be laying across from the football field. Workers have been doing construction since Feb. 1, putting in a hockey rink. By April 15, the cement should be layed and final

a.m until 11 a.m. for promotion photos. No appointments are being taken, walk-in basis only.

HI 5¢ Redemption Sites

Automated redemption machines will be stationed in the parking lot across from the Exchange Annex furniture/toy/garden store Tuesdays and Fridays, 12 to 5 p.m., beginning Tuesday.

A Camp Smith site will be set up in Lot 11 near the PMO building. The site will be open every other Wednesday, from 12 to 5 p.m.

Important Phone Numbers

| On-Base Emergencies | 257-9111 |
|---------------------------|----------|
| Military Police | 257-7114 |
| Child Protective Service | 832-5300 |
| Fraud, Waste, Abuse & EEO | 257-8852 |

$\mathbf{M}_{\mathbf{ARINE}}^{\mathbf{H}_{\mathrm{awaii}}}$

| Commanding | g General | Brig. Gen. George J. Trautman III |
|----------------|---------------|-----------------------------------|
| Base Sergeant | Major | Sgt. Maj. Anthony E. Franks |
| Public Affairs | s Officer | Maj. Patricia Johnson |
| Public Affairs | s Chief | Gunnery Sgt. Claudia LaMantia |
| Managing Ed | litor | Millie Perera |
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| Staff Writer | | Sgt. Joe Lindsay |
| Staff Writer | | Cpl. Michelle M. Dickson |
| Staff Writer | | Cpl. Rich Mattingly |
| Press Chief | | Cpl. Megan L. Stiner |
| Lifestyles | | Susana Choy |
| News Editor | & On Point Eo | ditor Kristin Herrick |
| | | |

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noon on the Friday prior to publication, using the following addresses:

> HAWAII MARINE, BOX 63062, BUILDING 216, MCB HAWAII, KANEOHE BAY, HAWAII 96863 E-Mail: editor@hawaiimarine.com FAX: 257-1289, PHONE: 257-8836

preparations should take place.

TMO, From A-1

dates for Marines who have to ship household effects.

"There is limited space on aircrafts, and there may not be space if someone doesn't get their orders to us on time," said Loggins. 'Since we are so busy, if customers can come in 20 to 30 days before travel, it would be extremely helpful."

Another situation that TMO deals with is people who take their pet(s) with them to the mainland. Because it is warmer during the peak travel season, airlines impose a pet embargo, which restricts travel pets whenever the temperature aboard the aircraft rises above 80 degrees. In order to ensure pets are able to travel with their owners, TMO needs to be informed as soon as possible if a pet is going to travel with the service member. When notified, TMO will book an evening flight so that the pet(s) can travel with their owners.

"The most important aspect about having pets travel is that we need the exact dimensions of the kennel the animal will be traveling in," said Loggins. "We need to know this to ensure there is enough space on the plane."

According to Loggins, dealing with the pet issue is not the biggest challenge.

The hardest part for the workers at TMO is ensuring all of the paperwork is accurate, correct and on time, said the 25-year-old.

"It's hard when a Marine was given his orders two days prior to traveling," said Loggins. "They need to be getting their orders at an earlier date so we can make sure we can do our job."

Although Loggins admits that TMO can handle short-fused requests for request for travel and shipments, having to find and contract a shipping company within a matter of a few days can be near impossible.

The key to a smooth, successful transfer of personnel and their household effects is to be prepared, get paperwork to TMO as quickly as possible, and schedule an appointment for a TMO brief.

When going to TMO, travelers need to bring at least five copies of his or her orders, four more copies if shipping a car — along with two copies of the car's title and two copies of the registration. After TMO receives the proper documentation, they set up a date for the TMO brief that explains the entitlements for military based on each rank.

Loggins advised, "It's important that people bring in what we need, right away. so we can do our job faster and get things done correctly for the customer."

For more information on passenger transportation and shipping household effects, contact the TMO office at 257-3566.

Cpl. Megan L. Stine

DUIs are career killers

(Editor's Note: Per the commanding general of MCB Hawaii, those arrested for driving under the influence [DUI], driving while intoxicated or drug-related offenses shall be publicized in the Hawaii *Marine newspaper.*)

•Feb. 27, Cpl. Abbey L. McNamee of 3rd Radio Battlion. Driving under the influence with a blood alcohol content of .22 percent.

•March 5, Master Gunnery Sgt. Louis L. Schumacher of Headquarters Battalion. Driving under the influence with a blood alcohol content of .14 percent.

•March 6, Petty Officer 2nd Class Thomas R. Barbour of USS Port Royal. Driving under the influence with a blood alcohol content of .10 percent.

Weekend weather outlook Friday Saturday



Day — Partly to mostly cloudy with isolated showers, winds will be northeasterly at 10-15 mph

Night — Mostly cloudy isolated thunderstorms and scattered showers easterly winds at 12-18 mph

Hi — 74 Low — 68



Day - Mostly cloudy with scattered showers, winds will be norhteasterly at 15-20 mph

Night - Mostly cloudy with isolated showers northerly winds at 10-15 mph

Hi — 74 Low — 67



Day - Partly to mostly cloudy with isolated showers, winds will be northerly at 10-15 mph

Night - Mostly cloudy, winds will be light northeasterly at 8-12 mph

Hi — 76 Low — 68

Gone to the dogs

Kaneohe Bay K-9 units complete mission — and then some

Cpl. Megan L. Stiner Press Chief

"He is your friend, your partner, your defender, your dog. You are his life, his love, and his leader. He will be yours, faithful and true, to the last beat of his heart."

- Unknown author

This is a statement very fitting for military working dog handlers and the many individuals the dogs protect and defend each day, according to handlers assigned to MCB Hawaii, Kaneohe Bay.

"Our primary mission is deploying dogs and handlers forward," explained Sgt. Timothy R. Johnson, kennel master, Military Police Department, Kaneohe Bay.

Secondary, according to the kennel master, is the mission of supporting efforts focused on defending the war on terrorism from a stateside standpoint.

Currently, K-Bay has four handlers and four dogs in Iraq, with two more handler and dog teams on their way over. Aside from those who are currently in or headed to theater, K-Bay is home to six Marines who have already experienced overseas duty with canine sidekicks.

Before the dogs are fit to defend stateside bases and overseas heroes, the Belgian Malinois and German shepherd, the two breeds used by Marine Corps military police, go through training at Lackland Air Force Base, San Antonio, Texas.

Once the dogs reach the fleet, usually around the age of one-and-a-half





Cpl. Megan L. Stiner

Cpl. Mark D. Vierig, military working dog handler, takes his military working dog, Max, around a truck in search of narcotics. During exercises the handlers set up narcotic and explosive training aids for the dogs to sniff out. Once they pick up the scent of the aid, the dog signals that there is a narcotic or explosive scent present.

years, they begin training with a designated handler and continue training each working day on their particular specialty. Each handler must certify with their dog in their particular area of expertise. Handlers use aids like drugs or explosives, hiding them in various places for the dog to find. The dogs become "certified" whenever they can find these aids and signal, to their handler, where the aids are hidden.

The two primary areas in which Marine Corps military working dogs are trained are explosives and narcotics detection. In addition to receiving obedience training, they

are also trained to understand hand signals, taught patrolling techniques and receive aggression training.

> "On base, we have a very aggressive [Random Anti-Terrorism Measure] program," said Johnson. Portsmouth, Va. а native. "We conduct [commanding general] random-vehicle inspections, which can be conducted anywhere on base, every week."

When military working dogs are used in random vehicle inspecensure no contraband or other dangerous substances are brought onto or kept on base. According to Johnson, when the dogs are not being used for security on base, they are training for their primary mission.

realistic combat environments in order to conduct combat-related exercises," training explained Johnson.

To simulate the noises of war, the handlers perform training, on base, in areas such as the flight line and the rifle range so that they can acclimate the dogs to the types of environments they could be working in, overseas.

Some of the countries K-Bay military working dog handlers and dogs

have deployed to in recent years include, Saudi Arabia, Vietnam, Korea, Kuwait, Iraq and Afghanistan.

Since most of these countries have warm and humid climates, Hawaiibased dogs have an advantage over dogs from other bases.

"One of the positive aspects of being in Hawaii and training our dogs here," began Johnson, "is the fact that they are already fairly familiar to the warm weather conditions they will face in theater."

Most people don't conjure up an image of a military working dog tions, they are there to when they think about a search vehicles and combat zone, but these dogs are extremely effi-

cient in detecting the

main object that causes

the most casualties in

In addition to provid-

ing this element of securi-

ty, the dogs also increase

morale and help create a

explosive

improvised

devices.

less-stressful environment - even in threatening situations.

"Grunts love and value the dogs at extreme measures in combat areas," admitted Sgt. Mark D. Vierig, military working dog handler, Military Police Department, Kaneohe Bay.

In combat situations, it is human nature to feel fear, even if it is far in the back of one's mind, according to Vierig. Dogs, on the other hand, are fearless in the same situation.

"They are a detractor from the fear," continued the Park City, Utah native. "When the Marines see the dog, it is a comfort, not only because the dog is clearing a safe passage for them, but also because of the calm and fearless demeanor of the animal."

Besides detecting explosive devices, the dogs and handlers are responsible for providing security.

"They do searches at entry control, personnel and vehicle check points," said Vierig. "They also participate in unit missions, conducting raids and Duc, a military working dog, is one of many going on patrols." assigned to MCB Hawaii, Kaneohe Bay.

Although technology

keeps advancing, explained Johnson, nothing yet has been able to come close to achieving the capabilities of military working dogs, in combat zones and, stateside.

In certain circumstances, the dogs



could even be equipped with cameras and hearing pieces.

> With ever-changing technological advances, only time will tell whether or not man will ever replace the MWD and its exceptional abilities.

Cpl. Megan L. Stiner

That day has not arrived, so K-Bay's military working dogs and their handlers continue to do their duty, from the deserts of Iraq to the sands of Pyramid Rock, keeping service members, families, friends and residents safe.

Left — Lance Cpl. Justin Beneway, military working dog handler, Military Police Company, motions to where he wants military working dog Dino to search for drugs during a vehicle inspection.



It's not all work and no play for Max, a military working dog from MCB Hawaii, Kaneohe Bay.

He showed off his keen sense of smell as he sniffed out hidden drugs in a suitcase. The crowd

cheered as Max quickly sniffed out the narcotics, proving he was the right dog for the job at a

Lance Cpl. Miguel A. Carrasco Ir

"We attempt to create

Left — Sgt. Robert C. Barham, a military working dog handler from MCB Hawaii, Kaneohe Bay, assigned to 3rd Battalion, 5th Marine Regiment, along with his dog, conduct detailed searches for weapons caches in Fallujah.



Lance Cpl. Miguel A. Carrasco Jr.

Above — Cpl. Bruce L. St. John, a military working dog handler from MCB Hawaii, Kaneohe Bay, shows his dog a 20 mm round. The dog was able to pick up the scent of the round through a safe box while conducting detailed searches in Fallujah.

Right — Lance Cpl. Kalen A. Beasley, military working dog handler, Military Police Company, runs his military working dog, Duc, through one of the obstacles in the K-9 obedience course at K-Bay.



Camp Smith family day.

3/3, From A-1

planning the operation for more than a month-and-a-half, gathering key human intelligence information on anti-government militia forces that were operating in the Khost province. Over the course of two days, combined forces from Weapons and Headquarters and Service Companies, set up the operation, quite literally, in the suspected terrorists' backyards. Both companies are organized as provisional rifle companies in the battalion's expansive area of responsibility.

The battalion was able to capture eight men believed to be members of anti-government militias and seize a significant amount of illegal weapons and explosives. And they did it without a single shot being fired.

One of Weapons Company's platoon commanders explained that the relationship they fostered in the area, over the course of the last few months, had improved their successes and ability to go in "hard and fast" without disrupting friendly ties.

"The local populace has begun to trust us more and more as we've built a relationship with them through local patrols with Afghan police," said 2nd Lt. Luke Lazzo, second platoon commander, Weapons Co., 3/3. "We try to stress to them that it's their community, and they have to take responsibility for the actions of those they live with. We're here to help them with that. That allows us to go into a town the way we did and successfully find our enemies without too much resistance from the locals."

The Marines and Sailors of 3/3 are operating with a high level of cultural and societal awareness and attention to detail in order to strike a certain balance with the local populace during security and stability operations, said Barr. This is something he believes is a reflection of his Marines' professionalism as they complete more complicated missions.

When Weapons Co. entered the village, the commander's first action was to meet with the village elders and give them a chance to give up the men who were wanted in connection with the attacks.

"We went to the village elders and mullahs and asked them how they would like us to handle searches of houses in their villages," continued Barr. "We told them that if they would give up the men responsible for attacking Marines and Afghan forces in the area, then we wouldn't be forced to cordon and search their villages. The Marines and Sailors have upheld their end of things admirably, which improves our chances of even more future successes."

It was that approach that led to the operation's success, said 3/3 battalion commander Lt. Col. Norm Cooling.

"It's easy to get on line and fight a clearly defined enemy," said Cooling. "In our situation, you can't always locate, close with, and destroy the enemy in a straight forward manner. You have to establish human intelligence relationships to locate the enemy and then devise creative ways to close with him. While doing that here in Sabari, we sent a significant message to the villagers — that by helping us, they can help make HAWAII MARINE

their town and their country a safer place."

The Marines of 3/3 were very successful in their searches, which were done with the supervision of the town's elders. In the suspects' homes they found everything from grenades shoved into sacks of flour, to weapons buried in dung heaps, and plastic explosives and blasting caps stuffed in an old car tire. One squad even recovered a belt of illegal armor-piercing AK-47 rounds hidden under an infant in a crib.

"I, for one, understand the mentality of a homeowner who doesn't want some stranger coming into their house," said Sgt. Chris Bloom, squad leader with Weapons Co., whose squad recovered several stockpiles of munitions from the suspected insurgents. "This is their country, and we always have to be aware of that. What we did by waiting for the elders to go in with us, and let them give up the guys we were after, was very important to maintaining the trust of the people. We just want to take the guns and explosives away from the people who shot at us and make sure they pay for their crimes."

"It comes down to the golden rule," said Barr. "You have to treat others here the way you would want to be treated in their situation. This war is going to be won by the use of well-aimed, nonkinetic rounds," he said, referring to successful information and psychological operations campaigns that win the proverbial "hearts and minds" of the populace. "You may be able to kill a lot of the bad guys with bullets, but you can also lose this war that way."

Weapons Co. plans to follow up their successful round up of suspected terrorists with medical assistance operations in the area. America's Battalion continues to operate throughout Eastern Afghanistan in support of Operation Enduring Freedom.



Cpl. Rich Mattingly

Capt. Ken Barr, company commander, Weapons Company, 3/3, meets with elders of the village his Marines plan on searching.

3/3 readies for fair weather fighters

Staff Sgt. Bradley Rhen CTF Thunder Public Affairs Office

FORWARD OPERATING BASE SALER-NO, Afghanistan — As the temperatures gradually begin to rise and the snow starts to melt throughout Afghanistan, anti-government and anti-coalition militants are expected to resume attacks.

Historically, fighters take respite during Afghanistan's harsh winters and re-emerge in the spring with a brief increase in attacks.

In the last few weeks, several people claiming to be Taliban spokespersons have called media outlets to let them know they will launch their "spring offensive" when the weather gets fairer.

However, these fair-weather fighters shouldn't expect to catch the coalition on their heels this year, said Maj. Duke Davis, operations officer for Combined Task Force Thunder at Forward Operating Base Salerno in Khost province.

"We've already experienced the attacks, and anything that they launch at us, we'll be ready to address." Davis said.

Compared to near zero level of activity during the winter, Davis said any event or attack is going to seem like an increase, but he certainly doesn't expect an overwhelming offensive.

Instead, he expects a small increase in lowlevel attacks, but thinks the enemy is banking on a historical trend and perhaps even a bit of hope that their forces are going to come out and conduct major attacks when the warm weather comes.

"But I'm not so sure their message and their threats are associated with any distinct capabilities that they've shown," Davis said. "They're making those statements perhaps in hope, and



Second Lt. Caleb Weiss (center), platoon commander, and Sgt. Nick Lentz (right), squad leader, both with Company L, 3rd Battalion, 3rd Marine Regiment, lead their Marines toward a house while conducting search of a village in Korangal Valley during Operation Spurs. Historically, Afghani fighters take respite during the country's harsh winters and re-emerge in the spring with an increase in attacks.

based on trends, that their insurgent fighters are actually going to come out and do that. I certainly would not give credit to an overarching operational or strategically coordinated action"

Task Force Thunder is still conducting its own "winter offensive," Operation Thunder Freedom, which was developed to exploit the success of last year's presidential election. The purpose of the operation was to stay active, throughout the winter, against the enemy and continue training the Afghan National Army

and Afghan National Police so they are able to address enemy attacks in the spring.

"There's a lot of emphasis on what the enemy is going to be able to do, but I will tell you that the ANA and ANP, in conjunction with U.S. forces, are set and our capabilities are greater than they've ever been," Davis said. "This enemy is going to do what they typically do, which is increase attacks in the spring, but they're going to run into an ANA and an ANP force that is much more capable of addressing those threats on their own feet - let alone with

assistance from the U.S."

Unlike the enemy, U.S. and coalition service members continued operations throughout the winter, no matter the weather.

Sgt. Orlando Arocho, a squad leader with Weapons Company, 3rd Battalion, 3rd Marine Regiment, said he and his fellow Marines are always ready for anything the enemy throws at them. When they weren't out on missions, Arocho said he and his fellow Marines were constantly training to maintain their readiness even when it was cold outside.

No matter how chilly it got, the Long Island, N.Y. native said the Marines never decided it was too cold to go on missions.

"No ... no, that never happens," he scoffed. "The Marine Corps just doesn't do that. We have plenty of cold-weather gear that the Marine Corps issues us, and that's just no excuse."

Between their fear of the cold and their tactics. Arocho said he doubts the fortitude of the enemy fighters.

"They like to hit and run — it's almost like a sport to them," he said. "They're playing with people's lives here and trying to suppress the country, and it's just not going to happen. They're just cowards. They get no respect."

Even if the enemy does re-emerge from its hibernation and attack, their abilities are questionable. After all, staying indoors for several months probably hasn't helped their war-fighting skills.

"In our opinion, they have not improved at all," Davis said. "They just went into hibernation. What we've done is we've actually improved ourselves. We're coming out that much better and that much better prepared because of what the ANA and ANP have done throughout the winter months.

MSG duty gives Marines a new world of opportunity

Sgt. Joe Lindsay Community Relations Chief

(Editor's Note: This is Part Three in a three-part series on B-Billets, terms or 36-month assignment that Marines serve outside of their Military Occupational Specialty and a position that is often vital for promotion in the Corps. This story focuses on Marine Security Guard Duty. This story originally ran in the June 13, 2003 issue of the Hawaii Marine.)

In addition to wanting to meet and overcome the challenges, physical and mental, of earning the title "Marine," one reason Marines give for joining the Corps is a chance for travel and adventure.

Perhaps no other billet in the Marines, or any service, can live up to this desire more than Marine Security Guard duty.

"Prestige, excitement, pride, worldwide travel, adventure and challenge," said Gunnery Sgt. Tony Stewart, a Marine Corps career planner." You name it, MSG duty has got it."

Marine Security Guards, lance corporal through sergeant, are responsible for providing security at more than 120 U.S. embassies and consulates around the world, and generally serve two 15-month tours at two posts, one of which is likely to be a hardship post in a third world country. Sergeants and below cannot be married.

Staff non-commissioned officers may be married and accompanied, and serve two 18month tours, according to Stewart.

"No matter what rank you hold, you might not ever get a chance to hold such a high level of responsibility as when you serve on embassy duty," said Stewart.

Those on MSG duty are primarily responsible for embassies' interior security, normally the lobby or main entrance. Guards are trained to react to terrorist acts as well as a variety of emergencies such as fires, riots, demonstrations and evacuations.

"The sense of responsibility and the confidence instilled upon each individual Marine far outweighs anything else an enlisted Marine could experience," said Gunnery Sgt. Craig Elliott, who served on MSG duty at the U.S. embassies in Riyadh; Saudi Arabia; and Quito, Ecuador.

Representatives for MSG duty generally make yearly visits to Marine Corps installations. For more information on MSG duty, contact your career planner.

DI 'thrived on playing hard'

Cpl. Derrick A. Small MCRD San Diego

MARINE CORPS RECRUIT DEPOT SAN DIEGO, Calif. — With his ability to train men to be part of America's most elite fighting force — in seven, 13-week cycles — Staff Sgt. Brian D. Bland, made quite an impression on Company I drill instructors before he returned to the infantry. Today, family, friends, fellow Marines and Company I's drill instructors lament his loss.

A mortar man with Company C, Battalion Landing Team, 1st Battalion, 3rd Marine Regiment, 31st Marine Expeditionary Unit, the 26-year-old Marine from Weston, Wyo., was one of the 30 Marines who lost their lives in a helicopter crash near Ar Rutbah, Iraq, Jan. 26. He is survived by his wife and mother.

MEU officials said the Marines who died were veterans of numerous firefights and had fought valiantly during the multinational force's battle for the hostile city of Fallujah.

Reports of such gallantry did not surprise Bland's comrades in San Diego. The drill instructors, referring to him as "Super" Bland, said that he was a superior and a humble overachiever.

"I knew him as the 'go-to Marine'," said Capt. Peter Dahl, a former series commander with Company I. "At the time, he was only a sergeant, but he was just as good, if not better, than most of his peers."

Third Battalion routing chief Gunnery Sgt. Dwight Maloy said the Marine Corps hates to lose Marines like Bland — one of superb conduct.

"He basically set the tempo for his company and the battalion," Maloy said.

A good performer, Bland earned a spot as an Officer Candidate School drill instructor,

Photo Courtesy of 1st Sgt. Dathen C. Edwards

Staff Sgt. Brian Bland of Weston, Wyo., assigned to the 1st Battalion, 3rd Marine Regiment, MCB Hawaii Kaneohe Bay, was killed when the CH-53E helo he was traveling in crashed in Iraq.

an opportunity only outstanding leaders in excellent physical condition earn, said Maloy.

According to Staff Sgt. Joseph W. Sonsini, senior drill instructor at the receiving barracks and formerly with Co. I, Bland was respected because he cared more about the overall outcome rather than his own personal achievement.

"He was always thinking of ways to make his platoon better. But it didn't stop there," Sonsini said. "He wanted to make the company and the battalion better, too, because he was proud to be a part Company I."

Fellow Marines viewed Bland in different ways, but results were always similar. "He was very energetic and always on the move," said 1st Sgt. Dathan Edwards, Co. I first sergeant. "He was very eager to lead and always lead from the front."

"He wasn't as intense as some of the other DIs," Sonsini said. "He was cool, calm

See BLAND, A-8

MEMORIAL, From A-1

Hopper, 21, of Wynne, Ark. "He had already been injured twice, but had decide not to come home."

"He always wanted to be a Marine. When he was about eight years old he made a helicopter out of Legos. At about the same age he also drew a picture of the same helicopter that crashed," said Colleen Parkin, mother of Cpl. Matthew R. Smith, 24, of West Valley, Utah. "He wore his uniform with pride and honor."

"Michael had only one goal," said Tonia Pocztar, sister of Sgt. Michael W. Fink, Jr., 28, of Huron Ohio, in an article written by Jim Carney. "To be a Marine."

"He loved being a Marine," said Richmon Schumann, father of Lance Cpl. Darrel J. Schumann, 25, of Hampton, Va. "In his last letter, he said he was proud of everything they had done and it was an honor being in the Marines."

"He lived life large. He was doing exactly what he wanted to do," said Lynn Kelly, mother of Cpl. Sean P. Kelly, 23, of Gloucester, N.J. "He loved his friends — they were his brothers."

Helping others was also a common attribute.

"He was very protective and grateful of being able to help the Iraqi people," said Rebecca Spence, mother of Lance Cpl. Joseph Spence, 24, of Scotts Valley, Calif. "He lived a full life during his 24 years. He did more than a lot of people do in a lifetime."

"He cared about others. He believed in the Marines. He joined the Marine Corps so that we can have peace," said Nancy Ramos, mother of Lance Cpl. Hector Ramos, 20, Aurora, Ill. "He always had something to say to make me smile."

The ability to make their mothers laugh seemed to be shared by all the Marines.

"He loved to make me laugh, but he could especially make his mother laugh even when no one else could," said Hope Nelson, Grandmother of Lance Cpl. Fred L. Maciel, 20, of Spring, Texas. "Everybody was special to him. We felt like we were touched by an angel."

"He loved playing his guitar, and he love history," said Rae Oldaugh, mother of Lance Cpl. Allen Klein, 34, of Roseville, Mich. Randall Oldaugh added, "He loved his mummsy."

"He was a fun-loving friend to everybody," said Matt Schubert, brother of Cpl. Nathan A. Schubert, 22, of Cherokee, Iowa.

"He was my gentle giant," said Janet Maher, mother of Lance Cpl. Sean P. Maher, 19, of Grays Lake, Ill. "He was all of his family's hero."

"We were each other's hero. That's our thing. When he was younger he wrote an essay about me being his hero ... a Vietnam veteran," said Richard Gilbert, father of Cpl. Richard A. Gilbert, 26, of Dayton, Ohio. "I had never had a hero — before my son."

"He was my first child," said Belga Saintvil, father of Lance Cpl. Gael Saintvil, 24, of Orange, Fla. "He was a hero to me."

"He was a good man," said Robert Grimes, father of Cpl. Kyle Grimes, 21, of Northhampton, Pa. "He was a parent's dream."

"His best friend said it best at his funeral. 'Jon was liked by everyone he met. He was America's son,'" said William Etterling, father of Lance Cpl. Jonathon E. Etterling, 22, of Wheelersburg, Ohio. "It is hard to improve on that."

"He was my best friend, husband and soul mate," said Melanie House, wife of Petty Officer 3rd Class John D. House, 28, Ventura, Calif.

House was one of three service members that never got to hold his newborn.

They were 28 very different souls pulled from all across the nation — similar in many respects — bonded together as brothers. Each left lives touched forever, and will be remembered always.

Patterson closed his remarks at the service with, "These are indeed the times that try men's souls, but I thank God we have men and women like those we honor here today who have strength, human decency and freedom. May God bless them, their families and the United States of America for the courage and perseverance to stand up for humanity."



Lance Cpl. Bernadette L. Ainsworth ther of Cpl. Matthew Smith,

Colleen Parkin, mother of Cpl. Matthew Smith, grasps her son's dog tags as she remembers him at the memorial held Monday at the State Capitol.



Fish jump from the water, greeting the canoes preparing to dock at Hale Koa beach, Kaneohe Bay, during the Makahiki closing ceremonies, Saturday. Makahiki represents a time for peace, games and festivities for native Hawaiians.

MAKAHIKI, From A-1

ered sacred land.

"This is the land of our ancestors, and to have our canoes land at Kahananui — much as they did in times of old — gives me a feeling of being connected," said Camvel. "It is vital to our cultural identity that we not only maintain our traditions, but that we foster them and pass them on to the younger generations, which is why we have our keiki [children] with us, as well as our elders."

Leighton Manueu Suganuma, the grandson of a retired U.S. Army brigadier general, and a lifelong Windward resident, commented that the relationship between MCB Hawaii and native Hawaiian groups is one that has improved immensely over the past few years.

"The sense I get now is that there is a shared respect between the base and the Hawaiians, and that wasn't always the case," admitted Suganuma. "The Hawaiians have a proud warrior tradition, as does the Marine Corps. For the base to welcome us with open arms to conduct our ceremonies, and for some Marines to even participate, shows

just how far both sides have come toward a better understanding of one another."

One of those Marines, Sgt. Gary Goss, a Corporal's Course instructor from Tuscaloosa, Ala., said it was especially meaningful for him to be a part of Makahiki.

"For them to ask my wife and I to enter their circle and take part in the 'ava' ceremony was a great honor," said Goss. "At first, I was a little nervous because I could tell there was a lot of ritual behind the drinking from communal bowls, and I didn't want to break any protocols. Instead of pretending that I knew what was going on, I just admitted I had no idea of what to do, and the Hawaiians were very gracious and led me through the process. By the end of the day, I truly felt like I had made some new friends and that I gained a greater understanding and appreciation of Hawaiian culture."

Responses like Goss's are the reason ARCH opened up Makahiki to all service and family members aboard the base, noted Camvel.

"It was really encouraging to see some of the Marines respond the way they did," said Camvel. "It is not only a cultural event of great

significance for us, but it is also an opportunity for both the military and the Hawaiians to gain a greater understanding and appreciation of one another."



Gunnery Sgt. Claudia LaMantia

Kapono Souza, a Windward resident and Makahiki participant, hoists Lono's cloud-like akua loa after landing via canoe at the Hale Koa Beach area to mark the end of Makahiki season.

PEGASUS, From A-1

than twelve hours," said Logsdon, a Monrovia, Calif. native. "Spirits were high, too. Everyone just pulled together and achieved the goal in remarkable time. We thought it would take all weekend, but it only took half a day."

The short-term effect was that the unit's teamwork guaranteed that the Marines would attend the course, and the long-term effect was that the Marines would become weapons and tactics instructor qualified, which is a huge asset to the entire squadron.

"We need more, better-trained Marines," said Logsdon. "If we deploy to the desert, we want to be able to feel as confident as possible. By sending these Marines to the course, we will be accomplishing that goal."

For the Marines who were going, the news that the trip was on again was a complete relief.

"I was with the crew that tore apart the helicopters to get them ready to be shipped," said Lance Cpl. Mitchell

BLAND, From A-6

and collected. He was relaxed. To him everything had to be smooth. Being calm made him accomplish everything he did. Though he was calm, recruits and Marines, alike, still listened and did what he said."

Bland was also referred to as "the Green Belt Champion," because he was a difficult wrestling opponent.

"He thrived on playing hard and being tough," Sonsini said. "I never saw signs of weakness. I never saw him sweat, but then again, we didn't drink much water," he said, laughing.

Bland was also known for his sharp and well-tailored uniform, which seemed almost perfect at times.

"One time, we had to be in Service

C. Harquail, crew chief, HMH-463. "I didn't mind being there, though, because I really wanted to attend the course."

Harquail is one of the three Marines who will be attending the course and said he is excited to get

the opportunity to go.

"I am eager to be able to return and help out other Marines," said the New Brunswick, Canada native. "If I go into combat with these Marines, I want to know that they are

properly trained. Being able to be a part of that learning process is an honor."

Although the Marines had to come in on their day off and worked hard for extended periods of time, their morale, according to Castaneda, never seemed to falter — and having been treated to \$200 worth of pizza was an even larger morale builder.

"You couldn't ask for a better group of Marines," Castaneda stated. "This squadron has been working like this for over a year now. No matter how difficult the task is, they always come through and get the job done."

'A' uniform — immediately. Bland wasn't worried," Sonsini recalled. "Bland simply pulled his Alphas out of a sea bag and shook them out. What was surprising is that all his ribbons were in place and the uniform looked like it came out of the cleaners."

Truly a Marine to remember, "Super" Bland will be recognized by Co. I leaders who plan to honor him with a memorial inside 3rd Battalion headquarters.

To the Marines who knew Bland, he exemplified perseverance by continuously setting high standards for himself and those he led.

"Bland's life represented never settling for less," remarked Sonsini, "because he always wanted to take things to the next level."





Photos By Cpl. Michelle M. Dickson Mike Squires, general manager of Lifted Entertainment, shows off his skill in riding on the air in the vertical wind tunnel. The tunnel is Oahu's only skydiving simulation device and although Squires makes it look easy, it takes years of practice to master some of the challenging flips and turns while remaining suspended in the column of air.

It's a bird ... it's a plane ...

Wind tunnel prepares potential skydivers for the real deal

<u>Cpl. Megan L. Stiner</u>

"We had an advantage because we could

Squires explained that the most thrilling aspect about the Vertical Wind Tunnel is that when in the tunnel, a person can experience the same feeling that It was at Wright Patterson Air Force Base in Dayton, Ohio, that the Army's precision free fall team practiced the art of sky diving, using one of the first vertical wind tunnel designed specifically for this type of activity.

Press Chief

Marines and military members alike are stereotypically recognized as individuals who enjoy participating in extreme activities such as rock climbing, cliff jumping and skydiving.

For those not quite into such spontaneous excitement, Lifted Entertainment's "Vertical Wind Tunnel" may be the perfect activity to participate in for more down-to-earth fun.

Since 1964, people on the mainland have been experiencing the thrill of vertical wind tunnels, and now Hawaii residents and visitors can partake in the exhilaration of Oahu's only skydiving simulation device located at Dillingham Airfield in Mokuleia.

"We have been here since May," said Mike J. Squires, Lifted Entertainment's general manager. "We began on the mainland, working with college students."

One of the characteristics that sets Lifted Entertainment's Vertical Wind Tunnel apart is the fact that it is completely mobile. pick up and move wherever — whenever," explained the Chicago, Ill. native. "We used to cater to 40 different colleges in the fall, and then 40 more in the spring."



Mike Squires performs stunts within the vertical wind tunnel that generates a column of air that reaches speeds of up to 125 mph.

would be felt if he or she jumped out of an airplane. The only difference is that a safe landing is guaranteed.

Squires started in the vertical wind tunnel business with his good friend, Brian DiNicolo, and since then the two business partners have traveled all around the U.S., before settling in Hawaii where they are running the business.

"We were kinda bored with what we were doing and decided that wind tunnels looked like fun," said Squires.

According to Squires, the military used to use wind tunnels as a training tool. One of the most famous teams that used vertical wind tunnels for practice is the U.S. Army Parachute Team, "The Golden Knights." There are currently more than 50 vertical wind tunnels in the world. They can be found everywhere, from Texas to Israel.

Lifted Entertainment's Vertical Wind Tunnel on the island of Oahu is open to the public, daily, from 9 a.m. to 5 p.m.

"Monday through Friday, we take reservations only," he said. "But weekends are just 'walk in and ride.' It is better to call ahead, though — to make sure you will ride as soon as you get there."

From a safety standpoint, Squires ensured, no one has ever been seriously injured. Before anyone enters the tunnel, they must watch an informative video and listen to verbal instructions before receiving their safety gear: goggles, a wind suit and a helmet.

"It is a very safe sport," explained Squires. "It is different and fun for everyone. Just like a lot of popular activities these days, the best part is being able to laugh at and with your friends."

Weightless free fall induces the newly initiated to drool with the thrill of flight

Cpls. Megan L. Stiner and <u>Michelle M. Dickson</u>

Press Chief, Combat Correspondent

Since we arrived here to the wondrous Public Affairs Office, aboard happy Kaneohe Bay, our shop members have tried time-and-time again to get us out of the office to write stories — off base and about something exciting. Their efforts have thus far have resulted in us being attacked by military working dogs, sprayed by oleoresin capsicum spray, placed atop 2,000-pound bulls, and dropped in a cage surrounded by 20 sharks among an array of other glorious activities. So anyone can imagine the spasms of joy that coursed through our bodies when they told us we were being sent out to experience the wonder of a sky-diving simulator which, when you look at it, it actually seems to be just a cone-ish shaped bouncy-house with a giant propeller underneath it.

When we were first told about the simulator, we immediately recalled the 1971 hit classic, "Willy Wonka and the Chocolate Factory," a movie directed by Mel Stuart and based on the book by Roald Dahl.

The exact scene we recalled was when Charlie Bucket and Grandpa Joe found themselves floating in the air, after drinking fizzy-lifting drinks. Alas, the only way for them to get back down to the ground was for them to burp. We imagined our adventure would not yield quite an easy departure — once we were inside the wind contraption. But worries and indigestion relief aside, we climbed into our big red "govie-van," and headed to the other side of the island.

It was a stereotypically sunny day, not unlike many weekdays on Oahu, and we drove up to the beautiful, yet somewhat secluded, town of Mokuleia and ventured through the east gate of Dillingham Airfield. That is when we saw it — down on the end, past the offices. It was just sitting there, waiting for adventurous souls who were out to experience real skydiving, and gliding, and such. Yes, it was in the last building. The one that was smaller than the rest, and blue. It was simple enough; a blue building with a sign hanging out front that read, "Lifted Entertainment." We knew we were in for a treat, what type of un-fun people would have an office in a blue building? None, of course none that we could imagine.

And we, as usual, were exactly correct in our assumption of its utter awesomeness. Even if the "Vertical Wind Tunnel," as it is called, had been a complete flop, the staff member's outgoingness, enthusiasm, and downright pleasant attitudes would have easily made up for the disappointment.

Props to Mike, Mark and, lest we forget, Muddy. Rock on!

But, we were in luck, not only was the tunnel thingy a thrilling experience, it was also an eye opener to us so much so that we need a little more practice before we ever would attempt to actually sky dive. Oh, the things you learn in a vertical wind tunnel.

Now, to attempt to re-create the experience on paper: Well, first off, we were obviously equipped with the

K-Bay clubs celebrate special occasions

Women's History Month, St. Patrick's Day prompt massages, good times

Yibeli Galindo-Baird Public Affairs Coordinator

One of the great advantages of having three clubs at Marine Corps Base Hawaii, Kaneohe Bay, is that all military personnel and their family members can find an event at which to participate or a food type of their liking. The month of March offers no exceptions to this rule and offers plenty of options for those looking to celebrate, in particular, Women's History Month and St. Patrick's Day.

Women's History Month, which traditionally celebrates the accomplishments of women throughout history, for some, may invoke images of Rosa Parks, Helen Keller, Marie Curie or Barbara Walters. Ladies closer to us and of greater relevance to our personal lives should also be added to this list; mothers, sisters, aunts, grandmothers and wives should be honored and appreciated at the same time.

The Officers' Club featured a Women's Appreciation Seafood Buffet & Wine Tasting, Thursday, in recognition of the many special military women, spouses, and the women who make up our community.

The Seafood Buffet is just one of many niceties the O' Club offers for a special meal. From Mondays through Sundays, The Officers' Club also offers a variety of lunch menus and buffet as well as themed dinners that will make a special occasion out of any visit. For the latest buffet schedule, pick up a copy of the monthly Activities Guide at any of the SemperFind Out boards on base or visit the Web site at www.mccshawaii.com

Membership to the club provides the option of discounted pricing on menu items as well as



Kahuna's Sports Bar & Grill offers entertainment options ranging from karaoke to salsa lessons throughout the week. This week, "Martinis, Manicures and Massages" and the St. Patrick's Day Celebration will keep the crowds coming back for more.

special events. "During March, we are offering a family movie-pass package for any new member who joins the club. Membership offers more than just discounts and coupons. It offers a place where members and their spouses can get together to support each other, to be with those who have been through the same things you've gone through," said O' Club Manager Don Figueira. The March membership promotion provides new members the opportunity to get to know about what is happening at the Base Theater, an affordably priced venue in which to watch the latest Hollywood flicks. The package offers the perfect date or family outing combination of dinner and a movie.

Kahuna's Sports Bar & Grill is honoring women this month with "Martinis, Manicures and Massages," a well-deserved night for ladies to relax and be pampered. The event begins at 6 p.m. on Tuesday. Pupus and the regular menu will be available and Martini specials will be offered along with an all-evening showing of "Sex and the City" episodes. Sponsored by Ke Aloha Ke Kukui (massage therapy), Honolulu Nail Academy, Roxanne Marcum and Ginger Armstrong (licensed massage therapists), the celebration promises to be an evening any woman will truly enjoy.

St. Patrick's Day is also a great occasion to get to know your corresponding club. Thursday marks the official St. Patrick's Day Celebration at the Staff NCO Club and Kahuna's Sports Bar & Grill.

The Staff NCO Club will use this day to launch the first in a series of themed lunch buffets. The buffet, offered from 11 a.m. to 1 p.m., will showcase offerings typically associated with this date: Mixed kula greens; pasta salad; fruit salad; St. Patty's Day corned beef with stone-ground mustard; breaded catfish; steamed potatoes and carrots; chilled Jell-O; and green sheet cake. The meal is \$7.95 for members and \$10.95 for nonmembers.

St. Patrick's Day turns into night as the festivities continue at the Staff NCO Club. The music will start playing and the green beverages will be poured at 5 p.m. Staff NCO members can take part in this celebration at no charge, but guests and nonmembers will pay a nominal \$5. Give a little green to get a little green and prizes, too!

For E-5 and below, and equivalent DoD civilians, Kahuna's Sports Bar & Grill is the place to celebrate the day of Ireland's patron saint. Doors will open at 6 p.m. with prize giveaways, green beverages and live music by Dita Holifield and Red Handed from 7 to 10 p.m. Come feel the luck o' the Irish at Kahuna's where, as its slogan says, it's "always a good time."

Officers can take part in the Irish celebration on Friday instead of Thursday. Come to The Officers' Club for a St. Patrick's Day celebration at the Grunge Bar, next to the pool. Musician, James McCarthy, will provide live entertainment from 7 to 9:30 p.m., but the event kicks off at 3 p.m. with complimentary pupus from 4:30 to 6:30 p.m. This celebration is proudly sponsored by the officers of MAG-24, who promise a large and lively turn out, and an excellent opportunity to unwind and a great way to start off the weekend. Members can take part in the event for \$5, nonmembers for \$6.

With so many events to attend, there is bound to be something for every one. For more information on The Officers' Club, call 254-7650; the Staff NCO Club, call 254-5481; and the Kahuna's Sports Bar & Grill, call 254-7660.

WWW.MCCSHAWAII.COM

Possibilities in Paradise

Kahuna's **Bar & Grill** 254-7660/7661

Sidekick Rocks Kahuna's -After a brief hiatus, live bands are back at Kahuna's. This week, welcome Sidekick to the club.

Music begins at 10 p.m., kicking off the weekend festivities.

Swing and Salsa Lessons Temporarily Relocated — Due to the Aloha Fair, Kahuna's popular swing and salsa lessons will be held at the Staff NCO Club - this week

take place from 7 to 9 p.m. and Tuesdays, salsa dancers can learn to "shake, shake, shake" from 7 to 9 p.m. Classes on both evenings are \$2.

Staff NCO Club 254-5481

DJ and Dancing for Ladies' **Night** — "Get your groove on" at the club every Friday night.

Ladies pay no cover charge and can enjoy the grill menu in the bar from 5 to 8 p.m. along with the rest of the party crowd.

Bar and Grill — The Staff NCO

Club may be closed on Mondays and

Tuesdays, but Fairways is now offer-

ing reduced pricing for Staff NCO

members from 11 a.m. to 1 p.m. on

those days. Don't forget to show

your valid membership card in order

ly served, Fairways is the place to eat!

With delicious menu items, quick-

to take advantage of a discount.

All Hands

Community Aloha Fair -Meet your community and make new friends at the Community Aloha Fair taking place Tuesday from 5:30 to 7:30 p.m. at Kahuna's Community Ballroom. The event is open to all.

There will be free pupus and great prizes, including a drawing for a Polynesian Cultural Center luau package for four, a \$320 value.

Mahalo to our sponsors: Artistic Exposures, GEICO Insurance, Hawaiian Waters Adventure Park, Home Interiors, Mary Kay Cosmetics, Pampered Chef, Polynesian Cultural need to have your credit card information ready when you call for pricing, unit size and additional reservations requirements.

Teddy Bear Drive — In preparation for April's Child Abuse Prevention month bring your new or gently used Teddy bears or other stuffed animals to Counseling Services and other locations on base so that they can be donated to the Prevent Child

Abuse Hawaii's Eighth Teddy Bear Round-Up. You can also bring your donation to the round-up that will take place at the Pearlridge Center, uptown, center stage from 10 a.m. to 2 p.m. on April 2.

al space, kids will be able to carry out various activities, simultaneously, making it the perfect venue for youngsters of all ages.

For more info, call 254-7610.

Ongoing

Looking for a Job? — Marine Corps Community Services employs more than 850 employees in retail, food and hospitality; fitness; child and youth activities; water safety; logistics and administration. Stop by the MCCS Personnel office.

For more details, call 254-7619 or visit www.mccshawaii.com/jobs



All events are open to unaccompanied E-5 and below who are active duty Marines or Sailors. The SM&SP Office is located in Building 1629, inside the Kahuna's Recreation Center. Get more details on activities at mccshawaii.com under the "Semper Fitness" icon, or call 254-7593.

Paintball Tournament: Pin them down with paintballs at SM&SP Paintball the Tournament, April 30 at MCB Hawaii's Paintball Hawaii, located near the Lemon Lot. Fees are \$20 for those who have equipment, \$30 for those needing to rent equipment, a \$20 all-day-air fee and a \$55 fee per five-player team.

Dodgeball Tournament: Teams of six are invited to the SM&SP Dodgeball Tournament, held April 15 at Camp Smith, and April 16 at Kaneohe Bay. Players will follow National Amateur Dodgeball Association Rules. These tournaments are absolutely free, and open to all E-5 and below. Call the SM&SP Office for further information at 254-7593.

Center and the University of Phoenix.

For more details, call 254-7679.

Storage Lockers at Kaneohe **Bay Reservations** — Now that the new reservation system has been installed we are encouraging everyone to call to make their official reservation for a locker.

Call The Lodge from Tuesday at 254-2806 to reserve one of the more than 250 units available. You will

Youth & Teen Center Grand **Opening** — Head on down to Building 5082 for the Grand Opening ceremony for The Children Youth & Teen Program.

The celebration will feature prizes and games at the new facility, which is more convenient and centrally located. In this new multi-functionlistings.html.

Family Child Care — Family Child Care is a home-setting, child care service provider with certified providers trained in child development, nutrition, guidance and more.

FCC provides a flexible schedule including evenings, weekends, and overnight care. To find a care provider, call 257-7430. To become a Family Child Care Provider at MCB Hawaii, call FCC at 257-7030.



Loretta Cornett-Huff

MCB Hawaii Command Education Center

Many questions are asked about the associate degree. It is composed of approximately 60 semester hours of successful academic credit. About half of these credits is composed of general education requirements: English, Social Science/History, Natural Science, Humanities and Math.

The other half could consist of electives, which are credits taken from experiences: military, business, computer science or education.

An associate degree is a program of courses, which usually takes two years to complete, or the equivalent — if attending part-time; through nontraditional means; or accelerated terms. The degree consists of 60 to 64 semester hours or 90 to 96 quarter credits, depending upon what type of term a particular college uses. At MCB Hawaii, our on-base schools: Chaminade, Embry-Riddle Aeronautical and Hawaii Pacific Universities have "semester

terms. The next on-base, 10-week term is from April 4 to June 15.

Most associate degrees are earned by attending a community or junior college, but all of the on-base universities offer both associate and baccalaureate degrees. Electives within the degree may come from the Marine "SMART" transcript or from other earned credit. Ask about McDonald's Hamburger college credits.

To obtain a "SMART" transcript, log on to www.mccshawaii.com/jec.htm and click on the "get SMART" button.

Types of associate degrees offered

Technical degree programs train students to go into jobs such as dental and medical technicians or automotive mechanics. Many technical occupations only require a certificate or two years of college. Successful completion of a twoyear technical degree program results in an Associate of Applied Science. This degree is a terminal, occupational degree that generally is

hours," even though we schedule in 10-week NOT designed to transfer into a four-year college.

Transfer degree programs

These programs consist of freshman and sophomore years in college and prepare students to transfer to a four-year university or continue with one of the on-base universities to complete their last two years. Many colleges have articulation agreements that designate what credit from the two-year college will transfer to the four-year institution. Completion of these programs result in earning an Associate in Science or an Associate in Arts.

For more information, call the Joint Education Center at 257-2158 or visit our Web site at www.mccshawaii.com/jec.htm.

Bottom line: Never enroll in a course or program without your funded tuition assistance voucher.

Watch this column for updates and valuable information. Protect and use your TA and Montgomery G.I. Bill benefits wisely.

Movie Time —

Prices: Adults, 12 and older, \$3; children 6 to 11, \$1.50 and children 5 and younger, free. Matinee prices are \$2 for adults, \$1 for children. Parents must purchase tickets for R-rated movies in person at the box office for children 16years-old and younger. Sunday evenings, the price is \$1 for all patrons. Show your ID card at the box office.

Call 254-7642 for recorded information.

Sneak Preview Policy: One hour and 45 minutes prior to the movie, tickets will be issued to first priority patrons waiting in line, then second and third priority patrons.

| Are We There Yet? (PG) | Today at 7:15 p.m. |
|------------------------------|------------------------|
| Assault on Precinct 13 (R) | Today at 9:45 p.m. |
| Phantom of the Opera (PG-13) | Saturday at 7:15 p.m. |
| Closer (R) | Saturday at 10 p.m. |
| In Good Company (PG-13) | Sunday at 2 p.m. |
| Closer (R) | Sunday at 6:30 p.m. |
| Assault on Precinct 13 (R) | Wednesday at 6:30 p.m. |
| In Good Company (PG-13) | Friday at 7:15 p.m. |
| Sideways (R) | Friday at 9:45 p.m. |

Volunteering **Reading bridges generations**

Volunteers participate in Read Across America program to tutor, set a good example for children

Cpl. Michelle M. Dickson Combat Correspondent

"When you see the kids, and they recognize you from last time, that's a great feeling," admitted Staff Sgt. Pettronella Williams, base inspector administration chief, Headquarters Battalion, talking about her last "Reading Across America" volunteer visit. "It makes you feel great, helping out and being a role model to them."

Recently, Williams and other Marines from Headquarters Battalion, MCB Hawaii, Kaneohe Bay, joined up with their adopted school, Puohala Elementary, to help with the Read Across America 2005 program.

Read Across America is a nationwide literacy event that encourages friends and family members to read to children - today's youth — in order to encourage good reading habits. Originally established in 1998 to celebrate the birth of famed children's book author, Dr. Seuss, Read Across America has grown from a one-day event to a daily reading program.

The K-Bay Marines read to children from the pre-kindergarten class on up to the sixth grade. Because the program lasted the through the afternoon, the children had time to ask the Marines questions before the stories were read to them.

"I think the reaction of the kids is the best admitted Gunny Sgt. David part," Pangelinan, supply chief, base property,

HQBN. "I have three kids, and I read to them every night - so I have a lot of practice."

The San Diego, Calif. native has been volunteering in various activities for the past five years and has received the Outstanding Volunteer Service Medal for his contributions. During the readings, Pangelinan used voice changes and would ask the children questions to keep them interested.

"I want to be a reader who keeps their attention the entire time by interacting with them and creating a one-on-one atmosphere with them," said Pangelinan. "I like relating to them on their level and watching them learn and grow."

In addition to their visit to the school for the Read Across America program, the Marines go to the school every week to tutor students and spend quality time with them.

"I've been tutoring here for six months so far, and I love it," said Lance Cpl. Roland

See READING, B-8

Gunnery Sgt. David Pangelinan, supply chief, base property, Headquarters Battalion, reads to children as a volunteer for the Read Across Program Friday at Puohala Elementary School.

Reading list helps teach

Cpl. Michelle M. Dickson Combat Correspondent

Originated in 1989, the Marine Corps Professional Reading Program was established in order to educate and provide historical knowledge to Marines throughout their military careers. The list is ever evolving and consists of specific books recommended for each rank.

"The program is needed because it talks about the past," said Sgt. Maj. Andre Francis, Marine Corps Air Facility Sgt. Maj., when commenting on the Marine Corps Professional Reading Program.

The White Plains, N.Y. native mentioned reading the book, "Combat Load," and said that reading it was informative, as it explained how soldiers should bringing only those items necessary when going into a combat zone. According to Andre, books like this one not only interests Marines, it informs them.

HMC-1 Robert J. Myers, senior enlisted advisor, medical, Marine Air Group 24, said the reading list benefits both the Marine Corps and the Navy by providing examples of leadership, in black and white. The Columbia, S.C. native said he plans to add the program to his unit and have his Sailors read selected books. After they've read each book, he plans to have the Sailors share their thoughts on what they've read by having group discussions.

Those participating in the Reading List Program have a large variety of books to read - with a specific number of books that are supposed to be read within one year. The required reading includes books from the past and present — fact and fiction. All of the books on the list are educational and informative, providing ready references to military history, which are intended to create stronger leadership traits and morals.

Program offers journeyman status for those with trade skills

<u>Press Release</u>

Headquarters Marine Corps Public Affairs Office

MCB QUANTICO, Va. — Do you want to "cash in" on the job skills you have attained while in the Marine Corps? All those hours you spent on the flight line, in the motor pool, armory, or computer lab can make you a marketable asset if you take advantage of the Marine Corps United Services Military Apprenticeship Program (USMAP).

USMAP currently has more than 15,000 active duty participants. More than 22,000 Marines have completed their trade certifications since the program began in 1977 ensuring civilian recognition of skills

they learned in the Marine Corps.

USMAP supports apprenticeship training in 125 occupations such as airframe mechanic, automobile mechanic, carpenter, cook (hotel & restaurant), electrician, engineer, equipment mechanic, heavy vehicle operator, legal secretary, machinist, photographer, powerplant mechanic, purchasing agent, radio mechanic, refrigeration mechanic, and welder. Of the 300 military occupational specialties (MOS), 257 are covered under USMAP trade/occupations employing apprenticeships.

The goal of the training is to help Marines qualify for employment in a recognized civilian trade and develops highly trained Marines with certified technical skills.

Three new trades have been added to the Navy and Marine Corps approved trade list. The trade airframe mechanic, requires completion of 3,100 hours of on the job training and is open to the Navy rating AM and Marine helicopter airframe and fixed wing airframe mechanics. This trade takes the place of aviation structural mechanic. The second new trade is the powerplant mechanic, which requires completion of 3,000 hours of on the job training and is open to the Navy rating AD and Marine helicopter power plants and fixed wing power plants mechanics. This trade takes the place of aircraft engine mechanic. The last new trade is internet-

working technician, which requires a completion of 5,000 hours of on the job training and is open to Navy ratings CTM, CTO and IT; Coast Guard ratings TC and TT; and Marine MOS 4066 and 4068.

Another new trade certification program available to Marines and Sailors with aviation related specialties is the Navy/Marine Corps Airframe and Powerplant Program Qualification Training Package. This program was established to support a Department of Defense and Department of Transportation initiative to assist military personnel seeking Federal Aviation Airframe and Administration Powerplant Certification. The NMCAPP is a voluntary program for

members of the Navy and Marine Corps and is open to all individuals who have a rank of E-4 or higher and a minimum of three years timein-service. This Qualification Training Package provides step-bystep instructions for obtaining the Armed Forces Certificate of Eligibility through military/civilian training programs and practical onthe-job experience.

For more information on USMAP contact your base MCCS Lifelong Learning program manager, or the Department of the Navy USMAP office at (850) 452-1001 ext 1753 or 922-1001. DSN e-mail NETPDT.USMAP@cnet.navy.mil or visit the USMAP Web site at https://www.cnet. navy.mil/usmap.

Women's History Month Dedication highlight of recognition

Editor's note: History records the date of Aug. 13, 1918 as the day that women first joined the ranks of "the few and the proud," with the enlistment of Pvt. Opha Mae Johnson. Since then, women Marines have made countless contributions to the Marine Corps and

Sgt. Michelle MaceaAstico *3rd Radio Battalion*

Sgt. Michelle MaceaAstico entered the Marine Corps on May 26, 1998 and was meritoriously awarded the rank of private 1st class. After graduating Marine Combat Training, she reported to Camp Johnson, N.C., for the Basic Automotive Mechanic course. After earning the Marine Occupational Specialty of 3521, she reported to 12th Marine Regiment, Headquarters Battery on Camp Hansen, Okinawa, Japan, where she served as a hazardous waste material clerk. After being promoted to corporal in 2000, MaceaAstacio reported to



MACEAASTICO

11th Marine Regiment at Camp Pendleton, Calif., where she served as the maintenance management non-commissioned officer-in-charge. During this period, she was selected to attend the infantry weapon's instructor's course. In November 2001, she was promoted to the rank of sergeant. MaceaAstacio then reported to 3rd Radio Battalion aboard Marine Corps Base Hawaii, July of 2002. While stationed with the battalion, MaceaAstacio has served as the maintenance non-commissioned officer-in-charge and platoon sergeant. She deployed with the battalion in March 2004 to Operation Iraqi Freedom II where she served as a platoon sergeant and assistant convoy commander. MaceaAstacio currently serves as the platoon sergeant for the motor transport platoon.

During her off-duty hours, MaceaAstacio attends college has applied for selection to the Marine Enlisted Commissioning Program. Her personal awards include the Navy and Marine Corps Achievement Medal, Good Conduct Medal, three Certificates of Commendation, a Letter of Appreciation and a Commander's Meritorious Mast. to the nation that deserve recognition.

During Woman's History Month, the month designated to celebrate and recognize the contributions that women have made to our nation, Combat Service Support Group 3 recognizes military and civil-

Capt. Erin J. Ritz

Marine Helicopter Training Squadron 301

Captain Erin J. Ritz, a CH-53D Sea Stallion pilot, has been stationed in Hawaii since 1999.

After completing flight instruction at Marine Helicopter Training Squadron 301 she was assigned to the Red Lions of Marine Heavy Helicopter Squadron 363 as the administrative and personnel officer. Her hard work resulted in a smooth transition to deployment coordinating all administrative support to a triple-sited squadron. Also, during her tenure at HMH-363, she augmented the Marine Aircraft Group 24 staff as the assault support coordinator for six months.

Upon completion of her tour with HMH-363, Ritz was selected as an instructor pilot and the director of safety and standardization for HMT-301 for her aeronautical proficiency and professional skills. In this billet she manages all aspects of safety within the training squadron as well as ensuring aviation standardization among all CH-53D squadrons in the Marine Corps.



RITZ

ians assigned to Marine Corps Base Hawaii, Kaneohe Bay. This week, the women highlighted are from 3rd Marine Regiment's 3rd Radio Battalion and HMT-301.

Mrs. Lori Abrego 3rd Radio Battalion

Lori Abrego has served as 3rd Radio Battalion, 3rd Marine Regiment, Key Volunteer coordinator since August 2001.

Key volunteers are spouses of service members who serve as crucial information links between the unit and families. They provide the unit's families with information, guidance and referrals concerning services available to them on base and within the local area. In addition, they help families cope with other important issues such as how to cope when a loved one deploys and are ready to render aid in the event of a natural disaster. To becom



ABREGO

event of a natural disaster. To become a Key volunteer, individuals must attend a training course lasting at least 20 hours.

In December of 2004, Lori Abrego was recognized by the Navy League as Marine Forces Pacific's Key Volunteer, Spouse of the Year.

Abrego is the mother of two and the wife of Staff Sgt. Gustavo Abrego Jr., who is assigned with 3/3.

Prevention is key to protecting your child

Educate your child about strangers — in person and over the Internet

Jenny Sokol

LIFELines.navy.mil/LIFELines.usmc.mil

"Don't talk to strangers." It's the advice we grew up with and the advice we give our children. Unfortunately, that advice just doesn't cut it today. Our children face danger not only on the streets, but on the Internet, at the park, in shopping malls, and practically everywhere they go. Children of service members face a few additional challenges. As parents, we must empower our children with tools to protect themselves.

What is a stranger?

Start by explaining that a stranger is not always a creepy man lurking in the shadows they're often young and friendly. Tell them that strangers use tricks to lure children into dangerous situations. They may ask for help loading groceries into a car or searching for a lost puppy or kitten. Explain that grown-ups and teens typically don't ask children for help, or offer toys or candy.

A stranger may try to coax a child into a vehicle by saying that the child's parent is sick or in the hospital. Tell your child that you will

never send a stranger to get them. Agree on a code word that the driver must know. If he asks for hints or doesn't know the code word, the child should run and tell an adult. Teach your child to

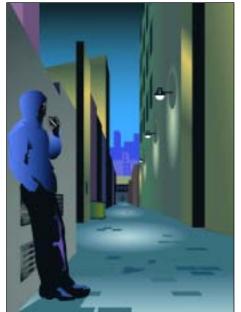
observe his or her surroundings, and to inform you if a stranger speaks to him. Make a game of teaching your child how to look at a random person in a crowd, then turn to you and describe the person without peeking: height, build, hair color, facial hair, skin color, jewelry, tattoos, and clothing, as well as how

they move. Do the same with cars and trucks.

Prevention

Safety 101. First, if lost in public, he should immediately inform a uniformed person, a cashier, or a mother with children. Help him remember his full name, address, and phone number by creating a rhyming song. Teach him how to use a pay phone, make a collect call. and dial 911.

Buddy up. If your child walks to school, find a buddy or two for him to walk with.



should ask him to keep secrets from his parents. He should trust his instincts and inform you if he feels uncomfortable with someone.

your

followed.

make sure he doesn't

deviate from it (for

example, no shortcuts

through wooded areas or

alleys). Teach him to use

the buddy system at

playgrounds as well.

Locate safe houses in

where he can go if he is

ever in trouble or being

child define personal

boundaries. Tell him

that no one should ever

touch his private areas

(except a doctor or nurse,

and you'll be there to

supervise), and no one

No secrets. Help your

neighborhood

Don't offer information. Teach your child never to reveal that one of her parents is deployed. Also, tell her not to reveal her name, address, or your rank over the phone or to strangers. This is especially important when living overseas.

The art of escape. If you are attacked, the first rule is to never go willingly. Statistics indicate that it is extremely difficult to survive a

Check the route, and kidnapping after being transported to a second location. Kidnappers are not interested in a screaming, kicking child. Tell them to pull the strangers hair, poke his eyes, pull forward hard on his ear, kick his groin, and run. Also, tell them to scream, "This is not my Mommy!" or "This is not my Daddy!"

> Awareness, not fear. This is a terrifying subject for adults and children alike. To alleviate fear, explain that there are bad people in the world, and that we must accept this sad fact of life. Tell her that her risk of being attacked is greatly reduced by being aware of strangers and using the buddy system.

> Internet safety. Although the Internet is a wonderful tool, it also poses a significant threat to children, especially chat rooms. Check out the Navy Criminal Investigative Services SafeKids program at www.ncis.navy.mil/info/ safekids.cfm, as well the Center for Missing and Exploited Children at www.ncmec.org/. SafeKids offers a free download of "Protecting Your Children in Cyberspace," a program that scans your hard disk for images and displays them so you can judge their appropriateness. Also check out Net Nanny at www.netnanny.com, a reasonably priced program that filters harmful Web sites, monitors online activity, and more.

> Base resources. Your base police provide programs for adults and children. They can create identification and fingerprinting pack-

> > See STRANGER, B-7

-WORD TO PASS

Festival Showcases Pacific Cultures

Authentic Japanese crafts, aboriginal dance and the world premier of "The Castaway" are the featured attractions at the 11th Annual Honolulu Festival — A Journey Across the Pacific, which runs today through Sunday.

This free, three-day cultural event celebrates the art, music, dance and the history of Asia and the Pacific. More than 5,000 artisans, performers and spectators from Japan, Hawaii and Australia will share their heritage and traditions with entertainment and demonstrations at the Hawaii Convention Center, Ala Moana Center and Royal Hawaiian Shopping Center.

A special feature of the festival is the world premier of "The Castaway," a documentary about John Manjiro, the first Japanese to set foot on American soil. Manjiro is credited with helping to open up Japan to the West, and playing a major role in introducing Englishlanguage education in Japan. "The Castaway" premier is part of a cultural exchange seminar, "Manjiro, Whitefield, Damon: How Friendship and Relations Begin," being held Saturday.

For more information on the festival, visit www.honolulufestival.com

Mokapu School to Hold Annual Curriculum Fair

The Mokapu Elementary School will hold its annual Curriculum Fair, Wednesday from 6 to 8 p.m., in the school cafeteria.

Parents and community members are invited to the fair, which showcases the work of every student at the school.

All Breed Cat Show Scheduled

The All Breed Cat Club announces its All Breed Cat Show to be held Saturday at the Ala Wai Golf Course Clubhouse from 9:30 a.m. to 3:30 p.m.

In addition to the show, Joey's Feline Friends will have kittens available for adoption.

Admission is \$3 for adults and \$2 for those 65 and older, children under 12, and those with military ID.

For details, contact Sam Moore at 262-7535.

Chapel Organizes Volunteer Event

The next scheduled "Feeding the Homeless" will be a BBQ for the Women and Children Shelter on March 19. Volunteers muster at Base Chapel on Friday no later than 2:15 p.m. in "appropriate" civilian attire and close-toed shoes.

For more information, call the Base Chapel at 257-3552.

Thrift Shop Announces Upcoming Sales

For the entire month of March, all military uniform pieces are \$1 each. *March 11:* Women's cloth-

ing will be 50% off. March 14 through 19: All

appliances will be 50% off. *March 19:* Brown Bag Sale —

\$5 from 10 a.m. to 2 p.m. *March* 21 *through* 25: Hoohokukalani, goddess of the stars; Haumea, goddess of fertility and childbirth; Namakaokahai, goddess of oceans; Pelehonuamea, goddess of volcanoes; and Hiiakaikapoliopele, goddess of hula dancers.

"As the Kau Wela season begins, as the earth heats, and Ku rises once again, we are reminded that where there is Ku, there is also Hina. Fundamental in Hawaiian thought is the principle of balance between male and female, light and dark, night and day," said Project Manager Noelle M.K.Y. Kahanu. "This exhibit thus celebrates the female part of this equation."

Located in Kalihi at 1525 Bernice St., the museum is open daily from 9 a.m. to 5 p.m. Admission is \$14.95 for adults; \$11.95 for seniors and youth 4 - 12 years; children under 4 years and Bishop Museum members are free; special rates for kamaaina, and military with a valid ID. For information, call the museum at 847-3511 or visit www.bishopmuseum.org.

Military Officers Association Offers Scholarships

The Aloha Chapter of the Military Officers Association of America has announced its scholarship program for students entering or enrolled in an institution of higher learning for the 2005 – 2006 academic years. Up to four \$1,000 scholarships will be awarded to selected applicants this spring.

The scholarship program is open to any member of the uniformed services — Air Force, Army, Navy, Marine Corps, Coast Guard, National Oceanic and Atmospheric Administration Corps and Public Health. Service member's children and spouses are also eligible. The program is also open to local MOAA member's spouse, child or grandchild. Winning applicants will be selected on the basis of financial need, scholastic ability or potential and apparent excellent character and personal qualities.

Application forms may be obtained by calling 488-7013 or by e-mail at Takyosh@aol.com. Completed forms should be mailed to Aloha Chapter MOAA Scholarship Fund, Attn: T. Yoshihara, 98-1039 Kaonohi St., Aiea, HI 96701. Completed forms must be received, postmarked, no later than March 31.

For more information, contact T. Yoshihara at 488-7013.

Volunteers Wanted for Coconut Island Clean Up

All are invited to help "clean the beach," on Coconut Island, April 2.

Volunteers will be picked up at the MCB Hawaii Marina at 7:45 a.m., taken to Coconut Island and returned to the Marina at 1:30 p.m. Lunch and drinks will be provided.

Tide will be low at noon, so swimming in the saltwater pool will not be at its best but will still be available. Children, under the supervision of Julie Thurston, will clean the beach while adults will clear brush from the island.

Remember to wear appropriate clothing; i.e., long-sleeve shirt and closed-toe shoes. If possible, please bring a machete. To volunteer, contact Jim Lakey at lakey@hawaii.edu

Rubber Duckies Come Out of Hibernation

The 20,000 rubber duckies that race each year in United Cerebral Palsy's Great Hawaiian Rubber Duckie Race are officially out of storage and ready for adoption. This year's race is scheduled for April 2.

Duckies and friends will take on the challenges of the Ala Wai Canal, starting at the Kalakaua Avenue Bridge. There will be pre-race festivities from 9 a.m. to 12 p.m. at the McCully Shopping Center. Participants will enjoy children's games, live entertainment and a duckie store. At 12:30 p.m. festivities include "Hawaii's Shortest Duck Parade," which begins at McCully Shopping Center and ends at the Kalakaua

Avenue bridge. The actual "Duckie Race" kicks off at 1:18 p.m. There will be an awards ceremony for both winning duckies and their adopted owners at the conclusion of the race.

Ducks may be adopted at any Sizzler Restaurant or Blockbuster video store. Additionally, individuals may call the duck hotline at 532-6744 or go online at www.ucpahi.org to adopt a duck.

On-street parking will be available as well as parking at neighboring parks. All proceeds from the event stay in the islands to help support Life Without Limits for people with disabilities.

Honolulu Symphony's 8th Annual Symphony Ball Benefits Community

The Eighth Annual Honolulu Symphony Ball will take place May 14 at the Kalakaua Ballroom of the Hawaii Convention Center. The theme, "Aloha Oe" ... Until We Meet Again, is a salute to Maestro Samuel Wong and celebrates his contributions to the community and to the Honolulu Symphony.

The gala features a sumptuous dinner and live and silent auctions, plus a dynamic music program presented by the orchestra and Maestro Samuel Wong. The gown and black-tie event begins at 5:30 p.m. with red carpet arrivals and cocktails. Dinner will be served at 7:30 p.m., followed by a live music program featuring the Honolulu Symphony. Dancing will continue into the night with the musical stylings of contemporary jazz ensemble Nueva Vida, featuring Anita Hall. A silent auction will be held during the event, which will include travel packages; once-in-a-lifetime musical opportunities; jewelry, art, wine, and antiques; designer clothing; dining packages and more.

The ball is a benefit for the symphony's diverse community programs and concerts.

Reservations for the Eighth Annual Honolulu Symphony Ball are available now by calling 524-0815 ext. 244 or e-mailing sym phonyball@honolulusymphony.com. Table sponsorships are available starting at \$4,000 for a table for ten. Corporate table sponsorships include premium table location, extensive recognition, valet parking, private stretch limousine transportation, and more. A portion of the price is tax deductible.

Sporting goods and luggage will be 50% off.

Note: All sales exclude consignment items.

The new AESC Thrift Shop hours are Mondays from 10 a.m. to 4 p.m., Tuesdays from 11 a.m. to 5 p.m., closed on Wednesdays, Thursdays from 11 a.m. to 5 p.m., Fridays from 10 a.m. to 4 p.m., and payday Saturdays from 10 a.m. to 2 p.m.

The Thrift Shop has a new drop off point for donations. The new donation building is located in the driveway just past the Thrift Shop parking lot, along 3rd Street. Follow the signs. Remember, the Thrift Shop accepts only items in good, clean and proper working condition. The Thrift Shop does not accept mattresses, box springs, bed pillows including propane tanks and does not have a way to dispose of these items.

2005 Scholarship applications are in. Stop by the shop to see if you qualify for a scholarships.

For more details, visit the Thrift Shop, Pless Hall, Building 212, or call 254-0841.

Museum Celebrates Female Gods of Hawaii

Coinciding with Women's History Month, Bishop Museum will open "Na Akua Wahine: Celebrating the Female Gods of Hawaii Nei" on Saturday. A free public opening will be held tonight, from 6 to 8 p.m.

The exhibit will be on display through fall.

Created to honor female deities, "Na Akua Wahine" will feature rare female aumakua images, as well as kapa and kapa-making implements — all of which are associated with goddess activities. Included will be stories and images of Poele, goddess of the deep, dark night; Papahanaumoku, earth mother goddess;

Lean corned beef weighs in on flavor

Kay Blakley DeCA Europe

If in the past you've missed a good corned beef and cabbage meal on St. Patrick's Day because you're away from home and Mom's cooking advice, then heed this advice. Don't do that this year! It's such an easy meal to prepare, there's no way you can go wrong. If you are thinking corned beef has way too much fat to be considered a healthy choice, think again!

Choose a "flat-cut" corned beef. Look for those exact words on the front of the package. It's the leaner half of the whole brisket. It has the same great corned beef flavor, but weighs in low enough in fat to qualify as "lean," according to the government's labeling standards. Lean means 10 grams or less total fat, 4.5 grams or less saturated fat and less than 95 milligrams cholesterol per serving. Check the nutrition label yourself, and rest assured that you can enjoy traditional Irish fare the healthy way.

Most corned beef briskets are in the 3 to 4 pound range. A conservative serving size is about 4 ounces per person, so count on a 4-pound brisket serving eight to 10 people.

Don't worry if that's more people than you can feed at one meal for corned beef keeps well. Use leftovers to make cold sandwiches accompanied by some good German mustard. Heat thin slices in the microwave for a repeat meal. Better yet, make Reuben sandwiches (thinly sliced corned beef, well drained sauerkraut, a slice of Swiss cheese and a tablespoon or so of Russian dressing, stuffed between two slices of lightly buttered rye bread, and grilled in a skillet or griddle, grilled cheese style).

If you've never eaten corned beef before, now is the time to try it. Don't be surprised by its rosy red color. That's the result of the saltspice-brine curing process it undergoes to become corned beef. And no, corn is not used in the curing process. The name is an age-old reference to the corn-sized crystals of salt used to brine large cuts of beef brisket or beef round.

Follow the cooking instructions on the package using the seasoning packet, or use the following recipe from "The Joy of Cooking" to lower the sodium content just a bit. Check it out when you read the nutrition label — 1,100 mg sodium per serving is high. If you prepare it according to package directions using the brine it's packed in, be sure to make low sodium choices in other foods consumed that

STRANGER, From B-5

ages for children or tailor a presentation to your needs. For example, the base police at Naval Station San Diego regularly present McGruff the Crime Dog to children in nearby schools. Call and ask if your base police or safety office will present McGruff to your neighborhood or group. These services are available for both military and nearby civilian communities. Safety fundamentals should also be taught to children in base childcare centers. According to Bettye Scherer, training and curriculum specialist at Naval Air Station Lemoore's Child Development Center, basic safety guidelines are explained to children at her facility. Also, safety binders are available in each room for parents to read. Get involved. Join or establish a Neighborhood Watch program. Keep a current photo of your child, and tell the school to inform you if your child doesn't arrive at school. Check out tips for parents and kids at Parenthood.com. Whatever you do, don't avoid the subject of stranger danger.



Corned Beef and Cabbage 1 corned beef brisket (about 4 pounds) 20 black peppercorns 2 bay leaves 1 head green cabbage, cored and cut into wedges

Remove corned beef from package and wash under running water to remove brine. Place the brisket in a large pot and add water to cover. Drop in the peppercorns and bay leaves. Set over high heat and bring liquid to a boil, then reduce heat to a simmer. Cover and let simmer for about three hours, or until fork can easily penetrate the center. Add cabbage to the pot during the last 15 to 20 minutes of cooking.

Remove the meat from the pot and let stand for 15 minutes. Drain the cabbage and keep warm. Cut the corned beef against the grain into thin slices and place on serving plate or platter.

Serve with boiled potatoes. Look for newcrop red potatoes in your commissary. Cook and serve them with the peel on. Offer mustard or horseradish as a condiment for the meat.

The Defense Commissary Agency operates a worldwide chain of nearly 275 commissaries providing groceries to military personnel, retirees and their families.

ON THE MENU: AT ANDERSON HALL

Today Lunch

Oven Roast Beef Baked Tuna & Noodles Steamed Rice French Fried Cauliflower Vegetable Combo Chocolate Chip Cookies Fruit Pies

Dinner

Sauerbraten Knockwurst w/Sauerkraut Cottage Fried Potatoes Boiled Egg Noodles Green Beans w/Mushrooms Chocolate Chip Cookies Fruit Pies

Specialty Bar Pasta Bar



Saturday Brunch/Dinner Grilled Steak Pork Chop Mexicana Mashed Potatoes Spanish Rice Mexican Corn Fruit Nut Bars Fruit Pies

Sunday

Brunch/Dinner Beef Pot Pie Baked Ham Baked Macaroni and Cheese Cauliflower Au Gratin Bread Pudding w/Lemon Sauce Peanut Butter Cookies

Monday Lunch Teriyaki Chicken Salisbury Steak Steamed Rice Mashed Potatoes Simmered Lima Beans Apple Crisp Fruit Pies

Dinner Baked Meat Loaf Oven Roast Beef Parsley Buttered Potatoes Pork Fried Rice Green Beans w/Mushrooms Apple Crisp Fruit Pies

Specialty Bar Pasta Bar

Tuesday

Lunch Barbecue Spareribs Veal Parmesan Oven Browned Potatoes Buttered Egg Noodles Simmered Asparagus Devil's Food Cake w/Mocha Butter Cream Frosting Fruit Pies

Dinner Swiss Steak w/Brown Gravy Baked Fish Fillets Lyonnaise Potatoes Steamed Rice Southern Style Green Beans Devil's Food Cake w/Mocha Butter Cream Frosting Fruit Pies

Specialty Bar Taco Bar

Wednesday

Lunch Baked Ham Chili Macaroni Candied Sweet Potatoes Grilled Cheese Sandwich French Fried Okra Bread Pudding w/Lemon Sauce Peanut Butter Cookies Fruit Pies

Dinner

Baked Stuffed Pork Chops Turkey Pot Pie Mashed Potatoes Steamed Rice Calico Corn Bread Pudding w/Lemon Sauce Peanut Butter Cookies Fruit Pies

Specialty Bar Hot Dog Bar

Thursday

Lunch Cantonese Spareribs Baked Tuna and Noodles Shrimp Fried Rice Corn on the Cob Pineapple Upside-Down Cake Asst Fruit Pies

Dinner Swedish Meatballs Caribbean Chicken Steamed Rice O'Brien Potatoes Simmered Brussels Sprouts Pineapple Upside-Down Cake Fruit Pies

Specialty Bar Taco Bar Cpl. Megan L.

Stiner floats

weightlessly,

thanks to the

large, rotating

blades beneath

Entertainment's

General Manager

Squires, stands

instruct her in

the art of flying.

vertical wind

tunnel, as

Michael J.

close by to

Lifted

HAWAII MARINE

proper safety gear and classes before we attempted to tackle the tunnel. But none of that prepared us for what was in store.

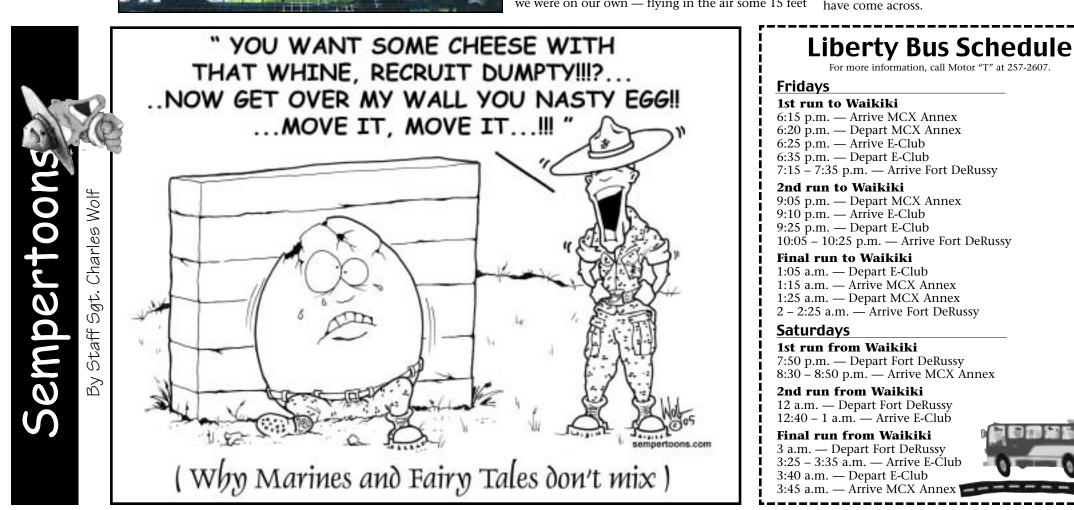
To first enter the wind tunnel, you have to get down on your knees - in a praying position and then just shoot yourself out into the center of the airstream, then float around and do flips and twirls and, oh, wait, not even close. Unless you are experienced, the only thing you are concentrating on, once you are somewhat in the air, is where the instructor is and whether or not he has a hold on you. Well, him and the continuous stream of drool that flies out of your mouth as the air hits your face.

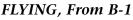
Anyhow, after a couple tries and a few hand-signals from the instructor, we were beginning to grasp the concept and have a lot more fun with it. Soon we were on our own — flying in the air some 15 feet

above everyone, trying our best to shoot them a cheesy grin, but failing miserably because of the wind pressure. Nonetheless, cheesy grins were abundant after all was said and done.

As we look back on this, we can't help but remember that when we were kids, we used to dream that we were flying. Both of us agree that the vertical wind tunnel was the closest thing to flying that we have ever experienced in the non-dream world. And, although we are attempting to recreate our feelings on paper, we find that it is more or less an indescribable experience. So, we recommend that everyone experience it for himself or herself.

Although this may not be for everyone, we can honestly say that out of all the wacky situations we have encountered since we began the exploration of the island, the vertical wind tunnel was one of the most pleasant and surprisingly informative that we have come across.





READING, From B-3

Gros, inbound personnel clerk, HQBN. "The kids seem to like it a lot, and I think it gives them a positive image of Marines as well."

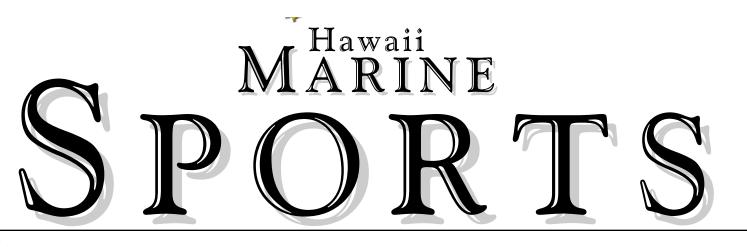
The Lake Jackson, Texas native has past volunteer experience from when he attended school in Pensacola, Fla.

"It's sometimes good to just give the kids someone to talk with and to look up to," said the 20-year-old. "Like a big brother type of thing. Instead of them being timid, over time they open up to you, and it makes you feel like you're really doing something good."

Gros said that although he's reading to and for the children, he thinks he is also benefiting from these readings.

"I'm learning every time I come here. I'm learning about new cultures and different people," said Gros. "I plan to keep on doing this as long as I can."

For those interested in volunteering to read and tutor the children of the Puohala Elementary School on Thursdays from 12:30 to 2 p.m., contact Staff Sgt. Williams at 257-8861.



HAWAII MARINE C SECTION

MARCH 11, 2005

HQBN Marines medal at PacDiv Matches

Sgt. Joseph A. Lee Sports Editor

PUULOA RANGE TRAINING FACILI-

TY, Hawaii — Headquarters Battalion Marines were well represented in the 2005 Pacific Division Matches, winning all of the available individual medals and distinguishing one of their own at the rifle and pistol meet that concluded at Puuloa Rifle Range, Wednesday.

Staff Sgt. Troy L. Allenbaugh, comptroller chief with Headquarters Battalion, was "double" distinguished Tuesday when he won gold at the individual rifle and pistol competitions. Allenbaugh began the competition with 24 points already accrued towards rifle distinction, and 28 towards the pistol.

For a Marine to be recognized as a "distinguished shooter," he must accumulate 30 total match points, according to Allenbaugh, a native of Tenino, Wash.

"Every division match medal a Marine earns brings him that much closer to distinguished status," said 2nd Lt. Jeff Garza, match executive officer. "A gold medal is worth ten points, a silver is worth eight, and a bronze medal is worth six. This year we only had enough shooters to award a gold and silver medal for the rifle, and just a gold medal for the pistol."

Since practice for the competition started, Feb. 14, competitors have fired the competition rifle course that consists of 20 rounds standing, slow fire, at 200 yards; 10 rounds sitting, rapid fire, at 200 yards; 10 rounds,

See PACDIV, C-4



Staff Sgt. Troy L. Allenbaugh, "double" distinguished shooter and gold medal winner of both competitions in the 2005 Pacific Division Matches, counts his nearperfect shots after the "25-yard slow fire" stage of pistol fire, Tuesday.

1/12 Braves capitalize over HQBN Knights 12 – 11

Sgt. Joseph A. Lee Sports Editor

In a close game of intramural baseball at Riseley Field, the 1/12 Braves, with key pitching by Jason Januskiewiczy, were able to come back for a win over the Headquarters Battalion Knights, 12-11, March 2, putting them at 6-1 on the season.

Early in the game, it looked as if the Braves were going to have their work cut out for them, as the Knights were able to score eight points in the top of the first inning off of Braves

pitcher Ty Watson.

"It was my first time pitching," admitted Watson, "so I was really just trying to do all I could for my team. I was pretty shook up after the first inning, because they scored so much, and I hit a few batters in the second. But overall, I felt pretty good out there for my first time."

After the Braves had their time at bat and were able to close the gap, somewhat, with three points, they brought out a new pitcher, Jason Januskiewiczy [pronounced "Janiskavich"], to start off the second. Fortunately for the Braves, Januskiewiczy was able to slow down the Knights' scoring drive, only allowing one run.

This gave the Braves just the edge they needed, as they scored six points in the bottom of the second inning to tie the game at nines, when the Knights pitcher, Mike Davis, began to lose steam. When he was replaced by Ricky "Hollywood" McQuade, both teams seemed to find their key ingredient in the bullpen, and the game was at a stalemate for the next three innings. Both teams' pitchers put on a show, each trying to outdo one the other as batters were sent back to the dugout, frustrated and anxious.

In the top of the sixth and final inning, the score was still tied up at nines. Center fielder Pedro Martines led off in the order for HQBN, and the Braves pitcher began to show signs of fatigue which allowed a couple runners on base during the inning. The runners took every opportunity they had to steal bases, and the Knights were able to capitalize — scoring two runs and placing the pressure on the Braves.

Behind by two, with only three outs left in the game, the Braves were determined to settle the score.

After two batters were walked, the Braves had an open window of opportunity as catcher Carlos Moriera stepped up to the plate. The crowd for 1/12 erupted when Moriera cracked a double, scoring both walked batters to tie the game.

Then, Knights catcher Saul Pacheco let one pass by, and Moriera

See BASEBALL, C-4



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Sgt. Joseph A. Lee
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Braves pitcher Ty Watson (left) looks on as the third baseman throws to catcher Carlos Moreira for the play at home, stopping the Headquarters Battalion Knight base runner from scoring in the third. Heavy scoring occurred early in the game, but soon came to a grinding halt as both teams found their pitching game. It wasn't until the fifth and sixth innings that both teams bean to bring in some runs.

Family member wrestles for future at state championship

Sgt. Joseph A. Lee Sports Editor

HONOLULU — Kalaheo High School wrestler and MCB Hawaii family member placed fifth at the Chevron Hawaii High School Athletic Association 2005 Wrestling Championships, Friday and Saturday, at the Neal Blaisdell Arena in Honolulu.

Christopher L. Bovo, an 18-year-old senior



Christopher Bovo (blue) cradles his bleeding opponent, Del Onaga of Roosevelt High School, in his first match of the second day of competition. Bovo made quick work of Onaga on his way up.

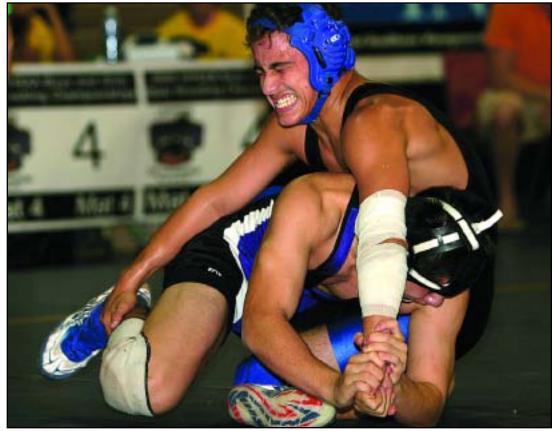
at Kalaheo High School, wrestled his way through six grueling matches in the 140-pound weight class to finalize his high school wrestling career.

"Chris lives for wrestling," admitted his father, Master Sgt. Michael A. Bovo, regimental master chief, 3rd Marine Regiment. "Ever since he started at our previous duty station in North Carolina, Chris has made wrestling his favorite sport, and so far he's done quite well. We all

> hoped he would do well at the state competition, and he has made us very proud."

As the event kicked off, Chris and the Bovo family watched as "fish tail" matches ensued. The matches determined which of the "wild card" finishers would advance to compete for a place in the tournament. Bovo, who had already placed for competition in the tournament, watched to see which of his opponents he might face.

"There are a few guys who I've been wrestling for a couple years," said Bovo. "Some I am rivals with and others I know I can beat. No matter how the event goes, though, I'm a



Sgt. Joseph A. Lee

Christopher Bovo (right) clenches his teeth in pain as competitor Seth Ching wrenches on Bovo's injured elbow. An obvious disadvantage, Ching and other competitors used his injury for their gain at every opportunity, and in this match, his injury allowed Ching the victory, 4-0.

friend to most of the wrestlers out there."

A four-year veteran of state wrestling competitions, three of which were here in Hawaii, Bovo was ready for first match against Maruel Unrein of Aiea High School. Bovo entered the

arena like an angry bull and came out victorious with a 22-7 win.

"Unrein was a very defensive wrestler," said

Base pool closed for deck repairs

MCCS: 'Kaneohe Spring Splash postponed until further notice'

Ed Hanlon V

MCCS Public Relations

The Kaneohe Base Pool will be closed from Monday through May 1 due to deck re-surfacing. The Kaneohe Spring Splash, originally scheduled for March 19 has been postponed, the rescheduled date will be announced at a later date. For swimmers interested in swimming laps, The Officers'

Club pool will be open from 11 a.m. to 1 p.m. and will be open to all hands; however, recreational swimming at The Officers' Club pool is still limited to members only.

The Kaneohe Base Pool will open on May 1 for normal operation hours which are: Saturdays, Sundays and holidays from noon to 5 p.m., closed on Mondays, and open Tuesday through Friday from 11 a.m. until 1 p.m. for swimming laps, 1 to 5 p.m. for recreational swimming, and 5 to 6 p.m. for swimming laps, again.

Call MCCS Aquatics at 254-7655 for additional information.

Ed Hanlon V MCCS Public Relations

Herculean hopefuls again have the opportunity to press off against the biggest lifters from the MCB Hawaii community, Friday, as the Benchpress Classic kicks off.

This Semper Fit Center event is open to all authorized patrons; active duty, family members, reservists, retired and DOD civilians, and will begin at 6 p.m.

"Marines have a reputation for being the toughest and the strongest; however, we invite anyone to put themselves to the challenge," dared Jon Shiota, manager of the Semper Fit Center aboard Kaneohe Bay.

Weigh-ins will be held on Thursday and Friday, from 8 a.m. to 4 p.m. Entrants must wear shorts, tank top or T- shirt, and shoes, as they are the required equipment to maintain safety.

Bench Press Classic returns to K-Bay

"Last year, over 50 participants worked hard throughout the year to participate in this event, and we're seeing even more interest this year,"

added Shiota.

Trophies will be awarded to the top three places in each weight division as well as the team division. Trophies will also be awarded for the "Overall Lifter."

Entry fees for the event are \$20 per lifter. All registered entrants will receive an event tank top.

"We do this event every year to provide a healthy challenge to the Marines, Sailors and civilians of the MCB Hawaii community," summarized Shiota. "It's a fun way for our patrons to see the benefits of staying in shape, and actually be rewarded for it," he finished.

Show 'em what you're made of, and register now by calling the MCCS Semper Fit Center at 254-7597.

Saturday

Pyramid Rock Beach Surf Showdown — Sign up now for the Pyramid Beach Surf Showdown. It's going to be more than just "fun in the sun" when surfers come from all over the base to show their worth at the first intramural surf meet of 2005.

The meet begins on Saturday, from 7 a.m. to 5 p.m., and is open to all services, family members and DoD cardholders.

The competition divisions include youth surfing and body boarding for dependents, ages 14 years and under as well as contestants age 15 to 19. Amateur surfers can battle it out in the Men's Division, ages 18 to 3; Men's Masters Division, ages 31 and up; Women's Open, all ages; Men's Longboard Division, all ages; and the Women's Longboard Division, all ages

The entry fee is \$15 for adults, \$10 for youths; however day-of-event entries will be charged an additional \$10 fee. Each additional division that surfers decide to join will cost an additional \$5. Awards will be presented to the first place winners in each division.

Entry forms can be picked up and dropped off at the MCB Hawaii Base Pool, Building 274, as well as at the beaches. Surfers may also register at the meet. For more information, contact MCCS Aquatics at 254-7655.

Wednesday

must include at least two female players per team. Games will be played from 11 a.m. until 1 p.m., so hop in on the lunch-time spiking excitement.

To register, call Camp Smith Athletics at 477-0498.

March 19

3rd Marines 10-Kilometer Run Date Change — The 3rd marines 10-Kilometer run, originally scheduled for March 19 has been changed to April 30.

For further information regarding registrations, call MCCS Athletics at 254-7590.

Spring Splash Postponed — The Kaneohe Spring Splash, originally scheduled for March 19 has been postponed, the re-scheduled date will be announced at a later

Call MCCS Aquatics at 254-7655 for more information.

March 21

Camp Smith Volleyball League Begins — Beginning March 21, Camp Smith will host a volleyball league open to all Camp Smith personnel and family members. Games will run at 11 a.m. and noon, so you can schedule a fun fitness hour instead of a boring lunch break. Teams must consist of six people, with at least two females.

Call Camp Smith Athletics at 477-

The format will be a four-person, best ball scramble with an awards ceremony following the game. Call 254-5481 for further information.

BASE SPORTS -

March 24

SM&SP Shank & Slice Golf **Tournament** — It's time again for the famous Single Marine & Sailor Program's Shank & Slice Golf Tournament. Players will hit the Klipper at 12:30 p.m. on March 24.

The Shank & Slice Tournament is open to all single, active duty military personnel who are E-5 and below, and their active duty guests.

Players are invited to bring their bosses; however, all guests must play with their sponsor.

The fee for the tournament is \$27 for E-5 and below and \$34 for guests who are E-6 and above. The price includes golf fees, golf cart, pupus, sodas and prizes.

Pre-registration is recommended due to a high volume of registrants. All entry forms are to be delivered to the Single Marine & Sailor

Program office, Building 1629, the Semper Fit Center or the Camp Smith gym.

For more information, call Dino Leonard at the Single Marine & Sailor Program office at 254-7593.

Ongoing

Center every Monday, Tuesday, Wednesday and Friday starting at 6:15 p.m. for men's intramural basketball.

March 2005

Cheer on the women's basketball teams as they hit the wood every Thursday starting at 6:15 p.m. Intramural baseball games hit

Riseley Field Monday through Friday at 6:30 p.m.

Campground & Picnic Sites — For picnic and camping sites, Marine Corps Base Hawaii offers some of the most scenic beaches on the island.

Three of those beaches, Pyramid Rock, Hale Koa and Fort Hase are available by reservation for picnics and parties from dawn to dusk. Hale Koa Beach may also be reserved for overnight camping. All beaches have picnic pavilions and barbecue grills.

Reservations are required. For reservations, call 254-7666 for Kaneohe or 477-5143 for Camp Smith.

Semper Fit Center Offers it All — The Semper Fit Center has an

> and everyone trying to meet that New Year's resolution. Check out as many of the following programs as you would like; Yoga, Cycling, Tai Chi, cardio-Kick, Gut Cut, Water

Step-Challenge, Aerobics, Pilates, Marathon Training and many more.

For class information, call the Semper Fit Center at 254-7597.

boats to service you, Mahalo Kai is capable of accommodating a fourpassenger crew, and the Bill Collector is capable of holding six.

Charters are priced below competition. Charters range from six-hour, eight-hour, to 10-hour tours for both boats and offer all patrons "splitcatch" meaning they can take home half of the days caught fish.

Take the time to stop by the Base Marina, located in Building 1698 across from Hangar 101. Charters can be booked by calling the Marina at 254-7666 or 254-7667, seven daysa-week.

Inexpensive, Fun Entertainment - Look no further for economical entertainment Mondays through Thursdays, all E-5 and below can receive free rental shoes and discounted games at only \$1.50 a game. This discount is good for open play, but does not qualify for tournaments, leagues or unit functions.

Call the K-Bay Lanes at 254-7693 to get the spin.

Color Pin Special - Every Wednesday, roll a strike. When a colored pin is in the headpin position you can win up to three free games of bowling. All patrons are welcome to take advantage of this deal. If you make the play, you win!

Call the K-Bay Lanes 254-7693.

Parents for Fitness — This cooperative baby-sitting effort is available at the Semper Fit Center for children ages 6 weeks and older.

All active duty service members and their families may participate; however, PFFP participants are required to volunteer baby-sit three times per month.

EMPER

ES MARINE CORP.

aerobic class for anyone

Camp Smith Intramural Volleyball League Registration Deadline — All players interested in the Camp Smith Intramural Volleyball League are encouraged to register by March 16. The season will run from March 22 through mid-May.

The league, open to all Camp Smith personnel and dependents, 0498 to register your team now.

March 23

Staff NCO Golf Tournament - Staff NCO Club members and their guests are invited to play in this spring's Staff NCO Golf Tournament. The game begins with a shotgun start at noon at the Klipper Golf Course.

Cycling at Semper Fit — Join Michelle every Monday from 4:45 to 5:45 p.m. for cycling class at the

Semper Fit Center. Get your heart pumping and your legs burning for only \$30 per class.

Call Semper Fit at 254-7597 for more information.

Cheer on your Favorite Team — Head down to the Semper Fit

Fishing Charter Available at MCB Hawaii - Spend the day aboard one of Mahalo Kai's charter fishing boats, speeding across the bay in search of the perfect catch. Mahalo Kai have been servicing MCB Hawaii since 1992, fishing the bountiful waters off the windward side. Catch Marlin, Mahi Mahi, Ahi, Ono, Aku and more. Mahalo Kai's has two

Call 235-6585 for more information.

Paintball Hawaii — The field is open weekends from 9 a.m. to 5 p.m. Call 265-4283 for Friday appointments.

COMMUNITY SPORTS:

'Walk Now' to Cure Autism

An organization called Cure Autism Now is organizing a 5k walk, Community Resource Fair and Family Fun Festival Saturday in Honolulu as a benefit to the Cure Autism Now Foundation. The foundation is an organization of parents, clinicians and scientists dedicated to finding effective biological treatments, the causes and the cure for autism and related disorders.

Registration begins at 7 a.m., and the walk begins at 8:30 a.m. For questions, or to sign up, visit www.walknow.org or call (888) 8Autism, or locally at 235-4411.

Fort DeRussy to Host Biathlon

Registration has begun for the 2005 Fort DeRussy Biathlon and Keiki Run-Swim-Run. The Saturday race will start with the adults at 7 a.m. and the children at 8:20 a.m.

Athletes can choose between the long course, a 5K run followed by a 1K swim, and the short course, a 2.5K run followed by a 500M swim, along Waikiki's finest beach. Keiki distance course will be a run, swim, run format, with distances varying by age group.

Entry fees are \$18 for individual runners, \$16 for students and \$15 for military. There is no guarantee of a T-shirt for late entries.

Register online at www.Active.com or call 955-9151 for more information.

2005 Sports Car Racing Gears Up

The Hawaii Region Sports Car Club of America will host six major races in 2005 and Solo II races on both Oahu and Maui.

Solo II, or Autocross, is held at the Hawaii Raceway Park at Campbell Industrial Park on Oahu and costs \$25 per driver. About 70 to 90 cars, from stock vehicles to race cars, normally compete. The event is purely amateur, but anybody can participate.

Each driver receives four runs through the

sports car course, and the driver with the single fastest time in the class wins.

Points acquired throughout the year accumulate for prizes and trophies presented at year's end. Minimum participation in more than half of the year's races is required to be in the running for points and the run-off championship.

Races are scheduled as follows: April 3, May 1, June 5, July 3, Aug. 14, Sept. 18, Oct. 2, Nov. 13 and Dec. 26. For more details, call Curtis Lee at 262-5987.

The Wheel-to-Wheel and Solo I racing events are regional sports car races at Hawaii Raceway Park. All drivers must pass a driver's school to obtain a competition license, as the cars are raced at speeds of up to 140 mph, and passing is permitted.

Both the driver and vehicle must comply with a number of safety features before they are granted race entry.

Future races will be on the following dates: March 25, May 15, July 10, Sept. 5 and Nov. 26. For more details, call Ed Hollman at 488-1782.

State Offers Free Outdoor Education

The Hawaii Department of Land & Natural Resources is offering education classes for the public. Subjects covered include firearms and archery safety, survival and first aid, wildlife identification; and conservation, regulations, game care and outdoor responsibility.

Attendance at two sessions is required for certification, and classes are open to anyone 10 years or older who enjoys the outdoors not just hunters.

The next two-day session is Friday from 5:45 to 10 p.m. and March 19 from 7:45 a.m. to 4 p.m. in Classroom A-212 at the Nimitz Business Center, 1130 N. Nimitz Hwy. (Drive up the ramp to the classroom, which is the first room on the right.)

A picture ID is required for entry to the sessions. For more information about outdoor

education, or to sign up for this course, call

587-0200 or visit www.hawaii.gov/dlnr/ Welcome.html.

Triathlon to Include On-Base Events

The 4th Annual Lanikai Triathlon will be held, March 20, in Kailua and aboard MCB Hawaii, Kaneohe Bay. Starting and finishing at Lanikai Beach Park, the race will consist of a 500-meter swim parallel to Kailua Beach, a 20kilometer road bike on base, via Mokapu Gate, and a 5-kilometer Lanikai loop run. An awards ceremony will follow the race at Kailua Beach Park

MCB Hawaii support for the event will include the closing of Mokapu Road to thru traffic from 5 a.m. to 9 a.m. on race day, Sunday, from the back gate to the intersection of Mokapu Road and Harris Street. Traffic will be routed to minimize impact on residents. Appropriate event signs and traffic control points will be posted.

Individuals and relay teams are welcome. Entry fee is \$65 for individuals and \$85 for relay teams. As this is a USA Triathlon sanctioned event, an annual or one-day license (\$9) is required for each athlete, including each relay member. Marine Corps waiver of liability forms must also be signed at packet pick-up.

For registration and packet information, visit www.bocahawaii.com or www.active.com (www.active.com/event_detail.cfm?event_id=1 198727).

Registration Open for 2005 JAL Honolulu Triathlon

Registration for Honolulu's premier triathlon — the 2005 JAL Honolulu Triathlon is now open online at www.honolulu triathlon.com.

The amateur race will be held April 17, and will begin and end at Kapiolani Park. Mail-in registration forms can also be found in Athletes Hawaii Magazine, which is available at most Hawaii sporting goods stores.

The registration fee is \$100 for individuals

and \$125 for teams.

For more information, visit the JAL Honolulu Triathlon Web site at www.honolulu triathlon.com.

Hawaiian Trail and Mountain Club

Hikers prepare for upcoming hikes in March and early April with the Hawaiian Trail and Mountain Club! The first hike open to the public, is the Nuuanu Loop 4-mile hike, which takes place Saturday at 8 a.m.

This new loop route will include the Paperbark Ridge, the Nuuanu Lookout and other interesting spots in the valley. For more information, or to participate, contact coordinator John Hall, at 377-5442.

Then, on March 20, join in the fun for the Wailupe Loop hike at 8 a.m.

This hike will you leave you 'loopy.' It's an arduous climb to the Koolau Summit, a tightrope walk on a narrow razor edge, then a descent so steep that you'll be hanging on, hand over hand, to the trees. Be sure to watch for ribbons or the loop may become a loop-dloop! For more information, or to participate in this hike, contact coordinator Mike Algiers, at 422-1048.

If you haven't had enough yet, April 2 at 8 a.m., there is a 5-mile hike called Kamiloiki. From the Pahua Heiau, hikers will scamper up the lava rock slope, scurry along the ridge while scanning the interesting escarpment to the left and the valley on the right. After a final push through ironwood trees, scrunch down to enjoy scenes of Waimanalo. For more information, or to participate in this hike, contact coordinator Laura Owens, at 595-9023.

Hawaii Marine Accepts Briefs

Advertise sports and recreational activities of interest to the DoD community in the Hawaii Marine.

E-mail items to editor@hawaiimarine.com, call the Hawaii Marine staff at 257-8836 or fax items to 257-1289.



THE BOTTOM LINE

(Editor's Note: "The Bottom Line" is the **Hawaii Marine's** weekly sports commentary from two sports aficionados who rarely see eye-toeye when it comes to America's one true obsession — sports. Chances are you'll either agree with one of their takes or disagree with both. The **Hawaii Marine** welcomes your e-mails of no more than 250 words. We will print the top comment of the week from our readers. Send "Readers Strike Back" comments to editor@hawaiimarine.com. Remember, **"If you don't speak up, you won't be heard."**)

Is Randy Moss at home in Oakland?

Sgt. Joe Lindsay The Goat

The Autumn Wind is a pirate Blustering in from sea With a rollicking song he sweeps along swaggering boisterously

His face is weather beaten He wears a hooded sash With his silver hat about his head And a bristly black moustache

He growls as he storms the country A villain big and bold And the trees all shake and quiver and quake As he robs them of their gold

The Autumn Wind is a Raider Pillaging just for fun He'll knock you 'round and upside down And laugh when he's conquered and won

> "The Autumn Wind" Official poem of the Oakland Raiders

There is absolutely no better place for alienated aloof athletes, defiantly disobedient derelicts, miscreant malingering malcontents and out and out criminals than the Oakland Raiders. Maverick owner Al Davis has cultivated a renegade image of the Raiders not through any pre-designed PR ploy, but by actually embracing castaways from other teams who were deemed more trouble than they were worth.

In Oakland, it is nothing for a player to spend Saturday night in jail after a bar fight, make bail by Sunday morning, and be on the field ready for kick off by Sunday afternoon. As long as the player (see Sebastian Janikowski, et al.) is committed to excellence on the field and does his job, off the field transgressions will be forgiven.

The Raiders are the only team in professional sports who take this approach, and they have three Super Bowl rings under Al Davis to prove, that while their philosophy of "Just win, baby!" isn't for everyone, it works for them.

Bottom Line: The Raiders have a unique ability to change the perception of a player in their eyes from "degenerate" to "colorful character." So, in the tradition of Kenny Stabler, Lyle Alzado, John Matuszak, Jack Tatum and the rest of those immortalized in Raider lore, enters perhaps the greatest malcontented athlete of the 21st Century — Randy Moss.

The autumn wind is blowing once again in Oakland, and the Raiders like the feel of the breeze.

Capt. K.D. Robbins The Professor

You have to hand it to the Raiders. From the owner, Al Davis; to the coach, Norv Turner; to the players: Warren Sapp, Chuck Woodson, etc.; to the fans, The Raider Nation; they are all unquestionably loyal. Unfortunately, that loyalty breeds the least objective, most misdirected organization in the NFL.

The airwaves are pumping as the Raider faithful chime in with their "Randy Moss will take us to the Super Bowl" and "Randy will transform the Raiders the way T.O. transformed the Eagles" rhetoric.

To compare Oakland's acquisition of Randy Moss to Philadelphia's hiring of T.O. is beyond Raider Ruckus. It's plain insanity. This lunacy manifests itself in The Bottom Line's other half, a proud member of the Raider Nation, who would convince the readership that The Goat himself would be a good pick up for the fledgling franchise.

Randy vs. The World: In Moss' first interview in silver and black, he stated, "I have a commitment to excellence." Is that the same commitment that walked Moss off the field in a season-ending loss to the Redskins? Is that the same commitment that leads this melancholy receiver to give less than 100 percent on every play? The answer is ... yes.

Randy vs. The Receivers: Talk about "looking a gift horse in the mouth." In Jerry Porter (64 rec, 998 yds, 9 TD) and Ronald Curry (50 rec, 679 yds, 6 TD), the Raiders arguably boast one of the most talented and young receiving corps in the league. Will Moss' affection for the ball inhibit the two from developing? The answer is ... yes.

Randy vs. The Defense: Wide receivers don't play defense. Unfortunately, neither do the Raiders (30th Total Defense). With the talent in this season's free agency market, wouldn't the money have been better spent on improving the defense? The answer is ... yes.

Bottom Line: Randy Moss is a difference maker. There is no question about it. The problem is, Raider Nation, what difference are you looking for? Dissent. You got it. Bad chemistry. Add fuel to the fire. In Porter and Curry, you have two of the best young receivers in the NFL. With the NFL's 30th ranked defense, you will not compete for a Super Bowl. That hasn't changed ... and neither will Randy Moss.

READERS STRIKE BACK

"The column was much better when you two weren't holding hands and making kissy-kissy."



Sgt. Lindsay's take on the end of what never was the NHL season was borderline genius. His interweaving of Hunter S. Thompson, Jose Canseco and the NHL was brilliant. Kudos to the Goat.

However, I'm confused: the editor's note states that "The Bottom Line" is "commentary from two sports aficionados who rarely see eye-to-eye." Recently though, they've been more like a couple on their honeymoon. "Oh honey, you're so right about the NHL." "Sweetheart, your take on Karl Malone was exceptional." It seems the only competition in this week's article is who can better poke fun at Canadians — which is as novel as the internal combustion engine.

Don't you think your readers deserve better? Do you take us for mindless sheep happily grazing on your fodder because we can't find quality literature elsewhere? If you're not up to the task, my highly opinionated 8-year-old and I will be happy to take over.

The column was much better when you two weren't holding hands and making kissy-kissy. Take a hard-line stance, drop the gloves and go — hosers.

Sgt. Mike Wiener New Orleans, La.

66

"The only reason I don't like playing in the World Series is I can't watch myself play."

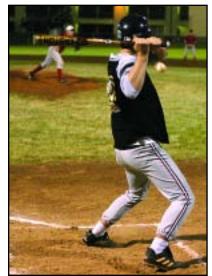
guotable



Knights' second pitcher of the night, Mike Davis, winds up to let one loose during the game March 2 against the 1/12 Braves.

BASEBALL, From C-1

advanced to third base. With the winning run on third, the Braves watched intensely as center fielder Anthony Witt approached the batters box. Itching for the win, Witt and the following batter, Brandon Barnett, were able to get on base with bunts, and Januskiewiczy stepped into



Sgt. Joseph A. Lee

Braves pitcher, Ty Walker, smokes a pitch past the elbow of Knights pitcher Mike Davis. When Walker began to lose steam after the second inning, pitches started to sail wide of the plate, hitting a few batters and allowing some early scoring for the Knights. This was his first time pitching.

the batters box for the Braves. "The end of the game was

"We were all on the edge of our seats when 'Ski' came up to bat."

When Januskiewiczy got hold of one, he sent it bouncing over the pitcher, past the first baseman, and Moriera was allowed to come in for the game-winning point.

"We played really well out there," said Braves coach Rob Weir. "Of course, in baseball, there are always places where we can improve, but I would say we did pretty well."

After going under by two in the sixth, most members of the Braves agreed that there was a lot of pressure going into the bottom of the inning, but they felt they had to pull out the win.

"When they scored two in the top of the last inning, we knew we had to rally together," said Weir. "Our roster depth was really hurting due to deployments, but I think just about every team is dealing with that problem. We knew we had to come back for the win and we got it done."

After-school programs help keiki

<u>Arlene H. Hull</u>

 ${\it LIFELines.navy.mil/LIFELines.usmc.mil}$

Finding the right after-school program, one that fits your child and offers you peace of mind, can be a challenging task. After-school care centers vary in the types of programs they offer. Onbase programs provide a variety of activities, including educational, athletic, and environmental, to name a few.

Most Navy and Marine Corps bases offer before- and after-school programs for children in kindergarten through age 13 at their Youth Development Centers. Most are usually open from 6 a.m. until 6 p.m. Some locations provide transportation to and from school, while others use the transportation system of the local schools. All care providers and staff members are required to be certified in CPR and first aid.

Most centers have computers (with limited access to the Web) that the children can use. Summer and school holiday camps are available at most bases. Rates are based on pay-grade or total household income. The Navy and Marine Corps Youth Development Centers and the Boys and Girls Club of America recently formed a partnership, according to Terry Nelson, regional Youth Center director at Marine Corps Recruit Depot, Parris Island, S.C. The partnership offers programs in athletics, drug awareness, outdoor activities, and academic activities, with incentive awards to encourage participation. They also offer Power Hour, where tutors help kids with their homework. Nelson adds

See SCHOOL, C-5

PACDIV, From C-1

prone, rapid fire at 300 yards; and 20 rounds, prone, slow fire, at 500 yards.

The pistol competition consisted of one-handed shooting from the 25 yard line. The first stage consisted of 10 rounds in 10 minutes of slow fire. The second stage consisted of 10 rounds of timed fire using two magazines with 20 seconds per string. The third stage consisted of 10 rounds of rapid fire using two magazines with 10 seconds per string.

"After a preliminary day of fire, which determines which target and on what relay the competitors will shoot from," said Garza, "the two days of scores are combined for an aggregate total score. The top ten percent of the competitors will receive medals."

This year, the two rifle medal winners were gold-medal winner, Allenbaugh, with an aggregate score of 555.25, and silver medal winner, Chief Warrant Officer 4 Carroll D. Duncan, K-bay Range Training Facility officer in charge, with an aggregate score of 552.28. Allenbaugh received the only medal for the pistol competition.

The "High Tyro," according to Garza, is the shooter with the highest score who has never shot in a division match before. The High Tyro for the rifle competition this year was 2nd Lt. Adam W. Kintop, logistics officer with 3rd Marine Regiment. Kintop had an aggregate score of 548.21. For the pistol competition, Capt. James B. Burke, training officer with 3rd Marine Regiment, took High Tyro.

Allenbaugh, now a distinguished shooter, had been in two Marine Corps



Capt. James B. Burke concentrates intently during slow fire. Burke claimed the High Tyro position for the individual pistol competition, which is fired by using only one hand.

Division Matches prior to this one, earning a silver medal and High Tyro in 1995, and a couple more medals in 2003, allowing him to come out in 2005 and capture the distinction.

"These matches were extremely exciting," said Allenbaugh. "This being my first opportunity to go distinguished, I was pretty pumped up all week, and fortunately I did well enough to earn it."

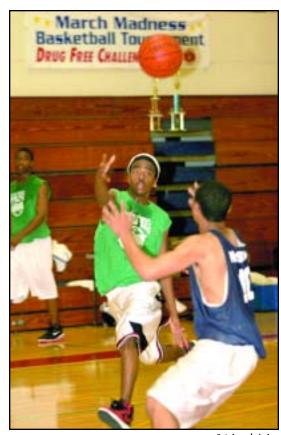
Another competitor, Pfc. Emanuel Jimenez, an ammunition technician with Headquarters and Service Company, Headquarters Battalion, was also excited about shooting in the competition.

"It's kind of stressful, this being my first time out here," said Jimenez. "Of course, I'm trying to shoot my best, but it seems the harder I try, the more my nerves get to me and I miss shots I know I should have hit. I definitely want to come out here next year and try this again."

Allenbaugh, Duncan and the High Tyros will be presented their awards ceremony at the Puuloa Range Training Facility today at 8 a.m.

"We greatly appreciated the commands' support so that we could make this event possible," said Garza. "Especially considering the current operational tempo and deployment schedule, we were glad that we could still hold the Pacific Division Matches in 2005.

March Madness keeps keiki off drugs



Sgt. Joseph A. Lee

Algin Haynes (center), a 15-year-old Radford High School student, passes the ball over the head of a Hickam 3 competitor. Playing as a forward for the Aliamanu Military Reservation Game Time Kings, Haynes was instrumental in assisting his team by getting the ball up the court during their championship game against Hickam 3, and will self-admittedly find any excuse to play some basketball.

Sgt. Joseph A. Lee Press Chief

High school basketball teams from military installations around the island gathered to compete Friday and Saturday in a "March Madness" "Drug Free Challenge" Basketball Tournament at the Semper Fit Center on MCB Hawaii, Kaneohe Bay.

Sponsored by the MCB Hawaii Substance Abuse Counseling Center, the idea for the tournament was derived after a conversation between SACC drug prevention specialist Quentin Redmon and some of the youth basketball coaches.

The regular Hawaii Youth Sports League season, lasting from Jan. 8 through Feb. 27, gets the kids all excited about playing basketball, said Redmon, but often doesn't fulfill the basketball craving that many of these kids have, because the season is just so short.

"At the conclusion of the regular basketball season, the kids didn't receive any sort of trophies or anything," said Redmon. "That coupled with the fact that the kids still want to play some ball, and never get the chance to play tournament style, inspired me to put on this tournament."



Aliamanu Military Reservation Game Time Kings coach, Silvester julienne (left), receives the tournament championship trophy from Quentin Redmon, drug prevention specialist. Julienne's team went undefeated, beating the seven other teams from the different military bases around the island.

game, Redmon and other members of the base SACC watched the eight HYSL Midget Division teams come face-to-face in a tournament designed to give the kids something else to do over the weekend besides involve themselves with drugs and alcohol.

"Any activities that are going to detract from the use of drugs and alcohol are a good cause for me," said Redmon. "I'm just

Serving as officials during the happy I could play an active part in providing this kind of alternatives for the children."

> After defeating K-Bay 1, 42-26, Hickam 3 advanced to the semifinals, and eventually the finals where they faced Aliamanu Military Reservation Game Time Kings.

"I love this sport," said 15-yearold Justin Piper of Hickam 3. "Any time I get the chance to play, I'm there — especially when you're talkin' tournament-style ball. We're going to give AMR a run for their money, even though they think they're so good."

The Game Time Kings dominated the courts throughout the competition, going undefeated. They were no different going into the final match against Hickam 3. In an awe-inspiring match up, spectators watched on as AMR proved why they were still undefeated in the tournament. With spectacular play-making ability, the players of AMR defeated Hickam 3, 57-43, in the championship game to clinch the title as "March Madness" champions.

"All of the kids just came out to have a good time, and I'm sure they all did," said AMR coach Silvester Julienne. "They were very happy to get their trophies, and it didn't take much to convince the kids to play - even though it wasn't a regular-season game. The kids always like playing in a tournament."

Both Hickam 3 and AMR were awarded team trophies for first and second place in the tournament. They also received individual trophies for each one of the players.

"It was a good time," said Piper. "I'm glad I came out to play some ball.'





Young B-ballers finish up season

Thomas Callahan Jr. (right), moves the ball up the court to gain his team, Celtics, a good position under the basket during the Mighty Mights championship game of the season. Callahan was among the team's lead scorers each game. This year's team was undefeated and won the championship game with a final score of 30-22. The team's lead scorer left the island before the final game, which left the opportunity for their opponents to break their winning record. But other members of the team stepped up and brought home the championship title.

Splash of color

Zach Mellinger, 18, family member, aims his paintball gun at a target in the airball field. Mellinger has been participating in paintball since the age of 13, and will be a referee at a paintball tournament aboard MCB Hawaii, Kaneohe Bay, April 30. The event is open to all DoD card holders of all ages. Teams of five will be chosen from a hat in order to mix more experienced athletes with beginners to prevent one team from dominating the tournament. For more information see the Base Sports section in upcoming Hawaii Marine newspapers.

SCHOOL, From C-4

that during 2003. Navy and Marine Corps after-school programs must be accredited by the National School-Age Care Alliance.

At Naval Air Station, Jacksonville, Fla., children study the outdoor environment and ecology through hands-on activities in a program called Ultimate Journey, says Erica Hickey, youth activity director.

Off-base programs

If you don't live on base or are stationed at a remote location, good programs are still available. If you do your homework, you can find one that fits you and your child.

Consider some of the following questions when checking out a before- or after-school facility:

What is the ratio of children to care givers? What types of supervised and unsupervised activities are available? Is transportation available to and from school? What are the hours of operation? Is there a penalty fee for late pickup? What emergency medical care is available? Are staff members certified in first aid and CPR? What are the discipline policies?

Observe the relationship between the students and employees. Are staff members actively involved with the children? Do the children seem happy and content to be there, or are they bored and just waiting to be picked up? Are the children involved in organized activities, or left to themselves to find things to do?

Expect high standards in a before- or after-school program, and make sure you find one that meets your expectations. Other articles on LIFELines, offer tips for choosing daycare programs for your children, as well as helping you decide when your children are too old for before- and after-school day care program.





Bovo (top) executes a cross-face on his opponent, Maruel Unrein.



Christopher Bovo (top), gets his first opponent, Maruel Unrein in a headlock near the end of his first match. Bovo defeated Unrein with ease to advance to the next level in the competition. With full mobility in both arms, Bovo was a force to be reckoned with early in the day.

BOVO, From C-1

Bovo. "Not too tough for me to beat."

In this double-elimination tournament, Bovo needed to win his first two matches to be placed on the "front side" of the tournament rankings in order to have the best shot at placing in the top three. After winning his first match, Bovo was determined to advance to the following day of competition. Two consecutive wins would advance Bovo automatically, but if he were to lose his next match, he would be forced to wrestle once more for the right to continue in the competition.

In his second match, he was to face Jarrod Sandobal of Kamehameha High School.

"This was going to be my toughest opponent, and I knew it coming into this thing," said Bovo. "He placed first in last year's state competition. Although I don't think he was quite as conditioned as I was going into the event, I did pretty well against him, so I'm not too disappointed with my performance."

Bovo was defeated in a knockdown drag-out match, 8-14, and sustained an injury to his left elbow. His loss dropped him to the "back side" of the tournament where he would have to face other wrestlers who had also lost a single match.

Late in the evening, Bovo faced Kai Iwasaki of Iolani High School. This match elbow," said Bovo, "more than any of the other competitors. Probably because he could tell it was so painful for me."

But the more desperately Bovo tried to protect it, the more determined Ching became set on disabling Bovo. Ching's coaches could be heard encouraging him to take advantage of the obviously injured elbow. With time ticking down, Bovo was out of scoring opportunities and lost the match 4-0.

"I think my son did a fantastic job," said Bovo's mother, Joann. "I'm one of those mothers who are completely into their son. I think he's just a great wrestler overall, and I hope that some scouting

colleges might recognize that."

Bovo would have the opportunity to compete once more for fifth place, which is the bottom of the recognized medal hierarchy. That evening, he faced and defeated Andrew Byron from Punahou High School and earned his place on the medal podium.

"My fantasy was to stand in the center of this arena wearing a first place medal, but I am content with my placement. I am sure that if I hadn't injured my elbow, things would have turned out differently. Either way, I think fifth place was a very difficult achievement, and I am happy that I made it."

Bovo (center), stands with his mother, Joann, and father, Michael.



Bovo looks to his coaches for advice as he remains in control.

would determine whether or not he would be continuing in the tournament. With an injured elbow from his last match, this match would test Bovo's endurance. Bovo defeated his opponent 19-3 and advanced to compete in the second day's competition.

That morning, Bovo was ready to go, though still nursing his injured elbow and facing a tough road ahead to place well in the competition. With the single loss, Bovo was faced with the goal of defeating three wrestlers to clinch a spot in the top three.

His first match of the day placed him against Del Onaga of Roosevelt High School. Unable to take advantage of the injured Bovo, Onaga was defeated 11-3, advancing Bovo one step closer to his goal.

"He kept trying to go after my elbow, but I wouldn't let him," said Bovo, after the match. "I just stayed on the offensive, which allowed me to out-score him and keep me in control of the match."

With one down and two to go, Chris was sitting in a place to do no worse than sixth in the competition. He could reach as high as third, if he was able to defeat his next two competitors, said Micheal.

He stretched, iced and retaped his injury, which was getting worse as the day progressed as each of his opponents took his turn to wrench and pull the injured limb in practically every direction.

"It definitely hurts," said Bovo, "But I won't let it stop me. I would continue wrestling even after my arm fell off, completely."

In what was seen as a key match that evening for Bovo, he was paired up against Seth Ching of Pearl City. As the match started, Bovo was forced to move quickly into a defensive posture to try and protect his injured arm.

"He really focused on my





Cpl. Kathleen Lynch, postal clerk, Headquarters Battalion, works at the cash register in the Base Post Office. The entire base relies on the post office for their mail and packages. Not only do the Marines need to know their job inside and out to ensure mistakes aren't made with the mail, they also need good people skills because they are constantly interacting with base residents.

Lynch explained, whenever some-

one joins the military, they have aspirations of joining to serve their country. But,

she continued, once you are actually overseas in

a combat environment, doing the things you

have been trained to do, you really realize what

if you know you are working for people who real-

"You can work all day and night and be absolutely miserable," said the 22-year-old, "but

Female Marine embraces past

Cpl. Megan L. Stiner Press Chief

Ever since she was young, her mother tried to instill in her family the values and traditions. As an Irish, traditionally Catholic girl, whose family has a rich history of military members who served in World War II, there hasn't some of the most been much that she hasn't carried on.

"Although to some people, those things are taken for granted, to Marines in Iraq; those are important things '

it is all about.

Cpl. Kathleen M. Lynch, postal clerk, Headquarters Battalion, has been in the Marine Corps for three years and three months. The half Greek, half Irish American joined the Corps for one reason and one reason alone.

"I wanted to serve my country," said the Queens, N.Y. native, proudly.

Out of the years served, the bubbly red head spent six months working as a postal clerk for Headquarters and Service Company, 1st Force Service Support Group in Al Asad, Iraq.

"We provided everything from food to mail," said Lync.

ly appreciate what you do, then you really feel like vou've accomplished something."

> Out of her time in the Corps, Lynch said the highlight of her service was her time overseas.

> "I know I will never experience the camaraderie that I felt in Iraq," she announced. "I worked with awesome people who knew how to take care of their Marines. We didn't get anything special beside recognition. But just to have someone tell you 'nice job today' at the end of a long day meant everything."

> Outside of a life "in theater," Lynch plans to continue college. She said she is hoping to attend Chaminade University to work on a degree in criminal justice. When she's not thinking about her education, her spare time is spent working out and "just hanging out with friends."

Although she is closing in on the end of her first enlistment, Lynch does not plan to end her career.

"I want to go to Military Security Guard duty," she said. "I think it would be a good experience."

> According to her peers, she has the drive and dedication to go as far as she wants to in the Corps, and bevond.

"Not only is she a very hard worker who always gets the job done," began Staff Sgt. Greg B Yates, postal staff non-commissioned officer, Headquarters Battalion," she knows what she wants out of life, and she will do whatever it takes to do it."

Yates said she has been a pleasure to work with.

"I am happy to know her," he said. "And I am grateful to have gotten the opportunity to work with such a knowledgeable, hard working, dedicated Marine."

Cpl. Megan L. Stiner

Cpl. Kathleen Lynch (left) helps a customer at the Base Post Office. Lynch, who has been a Marine for

more than three years, said the highlight of her time in the Corps was when she was deployed overseas.

Cpl. Megan L. Stiner

Cpl. Kathleen Lynch (right) stays busy with a customer at the Base Post Office. Following her current enlistment, Lynch, a Queens, N.Y native, hopes to move on to Military Security Guard duty.

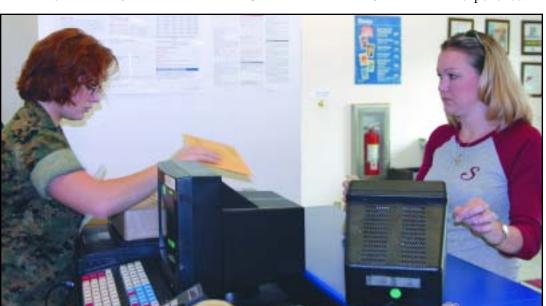






Photo Courtesy of Cpl. Kathleen Lynch

Cpl. Kathleen Lynch (back row, left), a half Greek, half Irish American, stands with fellow postal workers and Marines in Iraq during her deployment to Al Asad. While overseas, Lynch was responsible for all mail being distributed to the troops in her unit.

