

April—June 2014



Special points of interest:

- **Photos from the 530 Slide**
- **Brig. Gen. Tuohy's promotion**
- **Simulating a major disaster response**
- **Fewer CBTs!**
- **194 WG on Facebook**

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PHOENIX GUARDIAN

Air Guard lends a hand at 530 Landslide



Search and Fatality Recovery team members at work following the Highway 530 Landslide.

Following the Highway 530 Landslide on 22 March, Brig. Gen. John Tuohy mobilized members of the Washington Air National Guard, including the 116th Air Support Operations Squadron and the 141st Search and Fatality Recovery Team. Over 100 Airmen went to the communities of Oso, Darrington, and Arlington to aid in search and re-

covery operations.

In a briefing to members of the 194 WG on 3 May, Lt. Col. Bruce Simpson from HQ, Washington ANG described the landslide and the search and recovery efforts. Simpson once commanded the services unit at McChord Field that included mortuary services. He has been part of ongoing discussions and joint training exercises with military units and agencies in other states since 2008 regarding best practices for disaster search and recovery. He works closely with university geologists in his civilian job. So Simpson was well-positioned to provide advice and leadership on

the ground in Snohomish County following the landslide.

Simpson spent time in the Snohomish County Emergency Operations Center advising decision makers. He and SMSgt David Ridley, also of ANG HQ, coordinated with the Snohomish County Medical Examiner's Office. The Air Guard's assistance to the medical examiner marked the first time that Air Guard personnel have backfilled for a medical examiner anywhere in the U.S.

Airmen spent nights on cots (continued on page 2)



Airmen go to Normandy for 70th Anniversary of D-Day Invasion



Nineteen members of the 111th and 116th Air Support Operations Squadrons traveled to Normandy, France to take part in the 70th Anniversary of the D-Day Invasion.

Participants from the 111th and 116th joined with other TACP Guard members from throughout the country to control the drop zones for ceremonial airdrops, to participate in commemorative events at Point du Hoc and the American Cemetery, and to gain a deeper understanding of the Allied invasion on June 6, 1944.

"It was a phenomenal professional development opportunity for these guys," said Col. Jeremy Horn, 194 ASOG commander.

Lt Col Robb Obom, 116th ASOS/CC, at the American Cemetery in Normandy Through their coordination (continued on page 2)

**194th Wing
Upcoming 2014
UTAs :**

- 12-13 Jul
- 2-3 Aug
- 6-7 Sep
- 5-6 Oct
- 2-3 Nov
- 7-8 Dec

“The eyes of the world are upon you. The hopes and prayers of liberty loving people everywhere march with you. ...Our air offensive has seriously reduced their strength in the air and their capacity to wage war on the ground. Our home fronts have given us an overwhelming superiority in weapons and munitions of war, and placed at our disposal great reserves of trained fighting men.... I have full confidence in your courage, devotion to duty and skill in battle. We will accept nothing less than full victory!”

Gen. Dwight D. Eisenhower, D-Day Message, June 1944

Normandy, continued from page 1

tion of ANG airlift operations at Normandy, the 111th and 116th allowed event organizers to transport members of the 29th Infantry Division, VA ARNG, and the 75th Ranger Regiment. The 29th and the 75th both participated in the landing 70 years ago.

Ten members of the 116 ASOS will continue on to Latvia for Exercise SABRE STRIKE, a close air support training exercise with Joint Terminal Attack Controller (JTAC) counterparts in Latvia, Lithuania, and Estonia. This is the third year that the 116th has participated in the exercise with Eastern European allies.



Lt. Col. Raed Gyekis and Capt Travis Hartzell of the 116th ASOS with a D-Day veteran at the American Cemetery in Normandy

Brig. Gen. Tuohy promotion ceremony



Maj. Gen. Bret D. Daugherty administers oath to Brig. Gen. John Tuohy, 3 May

Hundreds of Washington Air National Guard members and guests attended the 3 May promotion ceremony for Brig. Gen. John Tuohy, Assistant Adjutant General for Air. Tuohy succeeded Maj. Gen. Gary T. Magonigle last year as the commanding officer of the Washington Air National Guard.

In a ceremony at the Aviation Readiness Center at Joint Base Lewis McChord, Maj. Gen. Bret Daugherty, Adjutant General of Washington, said that Tuohy is “eminently qualified” for promotion. He summarized Tuohy’s record of service “in fires, floods, storms, and recently in a landslide.” He mentioned Tuohy’s

background as a navigator in B-52s, T-43s, and T-37s. And he lauded Tuohy’s devotion to his family.

But the ceremony was not just a celebration of achievement, Daugherty said. It was a “commitment and rededication to what lies ahead” and “a solemn public promise of how he will conduct himself.”

In his remarks, Tuohy talked about his pathway to leadership in the Washington Air National Guard. He described the “skinny 18-year old who needed a haircut, who went to a community college with no clear goals and direction.” Tuohy saw a newspaper ad for the

Air Force ROTC, and his father urged him to pursue a career in the Air Force.

Tuohy mentioned former Adjutant General of Washington Maj. Gen. Timothy Lowenberg, former Assistant Adjutant General for Air Maj. Gen. Gary T. Magonigle, and former Assistant Adjutant General for Air Maj. Gen. Frank Scoggins as mentors, pointing to their commitment to excellence and their ability to innovate and “think outside the box.”

Tuohy affirmed his commitment to the Air Force Core Values and mentioned several examples of Airmen who demonstrate these values. He talked about CMSgt Kevin Whalen of the 111 ASOS who received the Bronze Star. He commended the 90 men and women from the Washington Air Guard who showed “resolve, determination, and a commitment to help” the communities impacted by the Highway 530 landslide. He recalled the image of a human chain of mud-covered Airmen and community members working together “with tender care, compassion, and silent honor.”

Among the honored guests at Tuohy’s promotion ceremony was Washington State Secretary of State Kim Wyman. Tuohy spent over an hour greeting Airmen and guests in the receiving line following the ceremony.

116 ASOS at Highway 530 slide



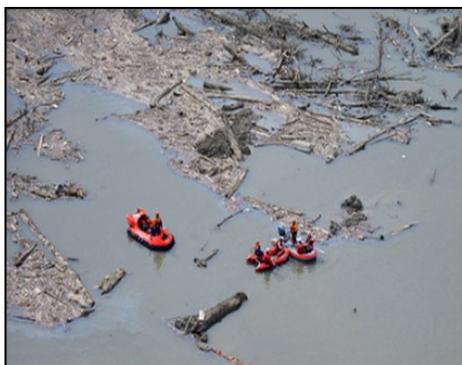
Photos by SrA Brant J. Shaw, 116th ASOS

Highway 530, continued from p. 1

spread across the gym at a Guard Armory in Marysville. By day, rain or shine, they worked with others involved in the grueling search through the vast mud and debris.

Simpson said that 80 percent of the people on the site of the slide were local residents trying to find friends and neighbors. Recovery workers walked on plywood to cross over the mud and debris. Search dogs were critical to the effort, Simpson said. Dogs could put in two or three hours of work before they needed to take a break to warm up.

Simpson came away from Oso, Darrington, and Arlington encouraged by the people. "There's a real can-do attitude in that community," he said. "I'm really proud of what we did, and it's really great to see how a team works," said Simpson.



BYTE TORRENT: Wing simulates response to major dam failure

Imagine if a Washington State dam were to fail, resulting in massive flooding. This was the scenario for the BYTE TORRENT simulation during the May UTA.

Seventeen representatives of various Wing staff elements formed a Crisis Action Team. Over two days, they simulated mobilization and deployment of rapid response personnel and vehicles in flooded areas to provide mobile command and control units. They took measures to ensure cyber security.

"This exercise was a way to evaluate and improve our Wing's domestic response capabilities," said Col. John Dowling, who commanded the Crisis Action Team.

The Team established a mobility line and mobilized 12 people, while mobilizing an additional 30 people notionally.

Lt Col John Deutscher of the 252 Group described the role of the 143th Information Operations Squadron and the 262nd Network Warfare Squadron in the exercise.

"This scenario included Washington's 143 IOS by tasking that unit to provide a simulated computer range that at a very basic level mimicked the computer environment of an

Emergency Management Department
(continued on page 5)



Col. John Dowling, 194 MSG/CC, at center, leads participants in Operation Byte Torrent on 4 May.

What Makes a Real Man Anyway? Knowing When It's Time to Get Help

Twenty years ago Attorney John Smith's wife questioned his commitment as a father and demanded he see a Psychotherapist. He grudgingly went. Once.

"The idea of sitting and talking to some guy about family issues is ridiculous," says Smith. His 45 minute assessment suggested that he was carrying around a load of psychological baggage that needed to be unpacked and sorted. Smith was having none of it.

Like millions of other men he couldn't see paying money or taking time to spill his guts.

Fast forward a couple of decades. Last year, the now divorced Mr. Smith was diagnosed with a serious form of prostate cancer. He has a distant relationship with his siblings, children, and grandchildren. His Oncologist suggests reaching out to a Medical Social Worker for support.

"How will yapping about my disease help? I have to deal with this head on."

Going it alone and not sharing vulnerabilities is the traditional macho mans' approach to living. There is a price to be paid for all that self-reliance. 8 out of every 10 suicides are a male. *Are males are genetically weaker and lack coping skills?* It is about the need to get and receive help. Family and friends are a great support. In certain cases when people disclose issues- they feel like they are letting people down. It can be easier to talk with a confidential neutral party. From an early age little boys are taught to live up to expectations of male stereotypical behavior. They are expected to show strength and confidence regardless of what they are feeling.

They are ridiculed for not meeting the standard tough guy behavior. Women are more often diagnosed with Depression, Anxiety and PTSD. However, they also do not feel as threatened by reaching out for help, hence a lower suicide rate.

The human race would not have survived without male strength and testosterone. Is the males' greatest strength his greatest weakness? Numbing feelings with alcohol increases the complications of dealing with uncomfortable emotions. Retired Air Force 1st SSgt Patrick McCathern is among the men who have posted public service spots on the National Institute of Mental Health's "Real Men. Real Depression." He describes drinking to numb the depression that was tormenting him. "But then you wake up the next day and it's still there. You still have to deal with it."

From your Director of Psychological Health,

Lynn MacKinnon

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Meet your 194th WG

Human Resource Adviser

I would like to take this opportunity to introduce myself. I am Senior Master Sgt. Thomas Olson and I am your 194th RSW Human Resource Adviser.

I became a member of the Washington Air Guard in 2009 after serving four years of active duty, 14 years with the 446th Air Reserve Wing, and a five year break in service. Most of you know me as the 1st Sgt. for the 194th Intelligence Squadron or the 262nd Network Warfare Squadron.

My primary role as the Human Resource Adviser is to promote our Wing's most valuable resource..... YOU! I am here to help you maximize your potential for success!

The 194th RSW and the Air National Guard offer many opportunities for you to utilize your talents, background, and interests to make our unit and country a better place.

You are in charge of your success!

Diversity is a leadership strategy designed to capitalize on the unique abilities of all. It is centered around talents and strengths. The 194th RSW has created an environment which believes each person has a voice and each person "brings something to the table." We are one of the most diverse wings in the Guard with nine different mission sets. We have proven to the Air Force and the Air National Guard that we are ready and relevant.

Again, YOU are our most valuable resource and we want you to progress in your career through Professional Military Education, promotions and interests.

I would like the opportunity to support your individual or group needs in the areas of diversity & mentorship education, inclusion, and professional & force development. I am located in Building #109 and can be reached at thomas.olson.2@ang.af.mil or 253-512-2135.

What is the Wing Inspection Team?



Maj Jason Baldy, 194 WG/XP, standing at right, conducts inspections during the recent Operation Byte Torrent

The Wing Inspection Team (WIT) consists of numerous subject matter experts from within our organization. These subject matter experts conduct inspections under the authority of the Wing Commander and under the direction of the Wing IG.

So what types of inspections does the new Air Force Inspection System (AFIS) cover for our Wing?

There are two types of inspections our Wing is subject to; these include internal and external inspections.

Internal Inspections:

Any inspection conducted by the Wing on a subordinate agency is considered an internal inspection; the WIT conducts these internal inspections on our Wing. During the internal inspections the WIT will interview members of the unit by group, conduct observations, view self-inspection checklists via Management Internal Control Toolset (MICT), and inspect the unit's multiple programs. The WIT helps identify problems within the Wing and ensures corrective action plans are in place to rectify any issues.

External inspections:

External inspections are completed by an external entity on our Wing; this includes IG inspections such as the Unit Effectiveness Inspection (UEI). The 194th Wing's upcoming external inspection, our CAPSTONE event, is August UTA.

The purpose of this type of inspection is to identify areas where the risks from undetected non-compliance are greatest. It also provides an assessment of Wing effectiveness and validating or verifying the Commander's Inspection Program (CCIP).

It is a great deal of information, so let's do a quick recap:

1. There are two types of inspections: internal and external
2. The WIT conducts internal inspections on our Wing
3. The ACC IG conducts external inspections (e.g. the UEI-CAPSTONE)
4. Detected non-compliance areas are those you identify and plan to correct; these = GOOD
5. Undetected non-compliance areas are those that the WIT or AMC IG identifies; these = BAD

If you have any questions about the AFIS program you are always welcomed to call or stop by the IG office located in building 109.5.

BYTE TORRENT simulates disaster, continued from page 3

The 262 NWS was tasked to provide simulated Supervisory Control and Data Acquisition (SCADA) system that might be found on a critical piece of infrastructure which provides electrical power. During the exercise, the two units simulated threats on those systems and practiced removing the threats in order to provide mission assurance while bringing the systems back on line."

TORRENT was the culmination of planning meetings over the preceding three months, as well as a practice simulation in March.

"Overall, this was a walk before you run exercise and the units learned a great deal," said Deutscher. "Both the 143 IOS and 262 NWS are looking forward to taking the lessons learned from Byte Torrent and developing a bigger and more robust cyber exercise for next spring."

According to Dowling, the Wing plans to use Operation Byte Torrent as a prelude to broader exercises in training years 2015 and 2016. These will culminate in a statewide response to a simulated catastrophic event in 2016.

The 194 WG plans to launch a new approach to ancillary training in September that will save Airmen many hours of time once spent taking Computer Based Training (CBT) tests.

Starting in September, Airmen will forego CBTs while having more opportunities to interact with Guard leaders about important subject matters through Commander's Call briefings. This will reduce ancillary training by 83% to 85%, according to CMSgt Max Tidwell, 194 WG. Time savings include 83% for newcomers orientation, 87% for total force awareness training, and 74% for expeditionary skills. Expeditionary skills will be imparted through a 4.5 hour "rodeo" training program every three years.

The expected benefits to the Wing? Airmen will spend less time on the computer and more time focusing on their jobs, said Col. Jill Lannan, 194 WG commander. And training itself will improve. "The training environment is more effective when you can do it as a group and talk about it," said Lannan.

The 194 WG and the 141 ARW are two of three Wings across the country involved in a test program to cut down on ancillary training time. Tidwell says that Air Force leaders are very interested to see the results of the experiment since this new approach could be applied across the Air Force.



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WA Guard is on Facebook!

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Members of the Washington Air National Guard's search and fatality recovery team at work following the Highway 530 Landslide in Oso, Washington.

Join the 194 WG Facebook Group Page!

INVITE-ONLY. Three Simple Steps:

The 194th Wing Public Affairs office has created an invite-only Facebook Group page to help with wing communication throughout the month. As per TAG policy, any Facebook pages created for WAANG Wings and individual units or organizations must be done via an invite-only Facebook Group. Wing members and their spouses can join the page. The page is on "secret" settings, and membership and contents of the page will only be visible to approved Group members.

Here's how you can join if you are interested:

1. Send an email to 194rsw.pa@ang.af.mil with your name and the personal email address associated with your Facebook account. If your spouse would like to be included on the Group page, you can also include your spouse's name and personal email address associated with his or her Facebook account.
2. The 194th Wing Facebook Group page administrator will invite you/your spouse to join the Group page using the email address associated with you/your spouse's Facebook account.
3. Once you reply to the invitation, the 194th Wing Facebook Group page administrator will approve your membership on the Group page.

You can direct any questions to 194th WG/PA at 194rsw.pa@ang.af.mil. We look forward to seeing you on our Group page!