

Joint Base Journal

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News and information for and about
Joint Base Anacostia-Bolling

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JOINT BASE ANACOSTIA-BOLLING

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U.S. NAVY PHOTO BY MICHELLE L. GORDON

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JBAB kids have 'super' time during NASA astronaut visit



Navy Capt. Barry "Butch" Wilmore, a NASA astronaut, visited JBAB Youth Center June 24 to talk to kids about living and working in outer space. After the presentation, the children received NASA stickers, posters and books, and wore an astronaut helmet and space gloves while performing common tasks such as opening zippers and buckles.

STORY AND PHOTOS BY
MICHELLE L. GORDON
JOINT BASE ANACOSTIA-BOLLING
PUBLIC AFFAIRS

This week's theme at Joint Base Anacostia-Bolling (JBAB) summer camp was super heroes, and camp-goers were more than excited to meet a real-life super hero June 24 when a NASA astronaut visited the Youth Center.

When Navy Capt. Barry "Butch" Wilmore, a NASA astronaut, realized he would have some free time during an upcoming trip to Washington, D.C., he reached out to JBAB because he wanted to share his space experiences with military families.

"The experience of flying in space is magnificent, but I think it is diminished if you can't share it," he said. "Sharing it is what makes it kind of special. Also, I'm military - I've been active duty for almost 29 years now - so I wanted to give back to military families and maybe inspire these kids."

Wilmore was selected as an astronaut by NASA in July 2000 and has now logged 178 days in space during two missions. He

returned from his most recent mission in March where he served as the commander of the International Space Station.

During his trip to JBAB, he spoke to summer camp kids and preschoolers about living and working in outer space, as well as the educational needs associated with becoming an astronaut. In addition to Wilmore's presentation, NASA representatives also brought space food samples, a space suit, and other goodies the kids took home in their NASA backpacks.

Approximately 300 kids attended the astronaut presentation and Youth Center Director Joyce Sheridan is already looking to expand the event for next year.

"Anything that deals with space is intriguing to kids because being an astronaut is such an elite career field," said Sheridan. "After it was over, the kids were drawing rockets and planets, and talking about going into space - so I think there is great potential to expand this next year by possibly incorporating STEM (science, technology, engineering and mathematics) activities."



Naval District Washington holds change of command ceremony

BY PETTY OFFICER 1ST CLASS
PEDRO RODRIGUEZ
NAVAL DISTRICT WASHINGTON
PUBLIC AFFAIRS

Naval District Washington received a new commandant June 18 when Read Adm. Markham K. Rich turned over the command to Read Adm. Yancy Lindsey at the Washington Navy Yard.

Lindsey, a native of Phoenix, became the 89th commandant of Naval District Washington which is headquartered at the Washington Navy Yard, the oldest continuously operated Navy installation in the country. Lindsey will also serve as deputy commander of the Joint Forces Headquarters National Capital Region.

Rich became the 88th commandant in 2013. During his time at NDW, Rich led a workforce of more than 3,500 military and civilian personnel at five Navy and one joint installation. Additionally, he hosted the foreign Naval Attache Corps and personally oversaw all ceremonies featuring foreign dignitaries at the Washington Navy Yard, known as the "quarterdeck of the Navy," on behalf of the chief of naval operations.

During the ceremony, Rich recognized those he has worked with throughout his time at NDW and in his personal life.

"The first person I am going to recognize is the most important ... my wife, Brook, who is the absolute anchor of our family. It was no accident that we came here and for the last two years you have worked as hard for the Navy and especially for Navy families as anybody who actually gets paid for it ... You

are a natural leader and my most trusted adviser in pretty much everything."

Rich thanked the NDW leadership and reflected on his time at as NDW commandant.

"In any leadership position, there's nothing better than to have a leadership team who not only understands and accepts, but actually embraces your vision and your direction. I consider myself so fortunate on that front. You took my priorities on board and made them your own and delivered."

Vice Adm. Dixon Smith, commander, Navy Installations Command, presented Rich with the Legion of Merit for his able and dedicated leadership of NDW from June 2013 to June 2015.

Prior to coming to NDW, Lindsey commanded the VAW-117 Wallbangers, earning the Battle Efficiency Award and completing an Arabian Gulf deployment on board USS Nimitz (CVN 68) in support of Operation Iraqi Freedom. He commanded Naval Base Coronado, California, a consortium of eight Navy installations and served as Navy Region Southwest chief of staff. He most recently served as the executive assistant to the assistant secretary of the Navy for Energy, Installations, and Environment.

"Admiral Rich, Brook, thanks so much for the in-depth and complete turnover. Safe travels and best wishes for a fun and meaningful tour in Navy Region Southwest," said Lindsey. "Naval District Washington, it's an honor and a privilege to serve with you in this storied and historic place. Thank you for your commitment and dedication. What you do each and every day is important to our Navy and our nation."



U.S. Navy photo by Mass Communication Specialist 1st Class Pedro A. Rodriguez

Rear Adm. Yancy Lindsey, center, reports to Commander Navy Installations Command Vice Adm. Dixon Smith as he takes command of Naval District Washington (NDW) during a change of command ceremony at the Washington Navy Yard. Lindsey relieved Rear Adm. Mark K. Rich, right, becoming NDW's 89th commandant.

Fighting mosquitoes: a team effort

BY JEREMY K. JOHNSON
JOINT BASE ANACOSTIA-BOLLING
PUBLIC AFFAIRS

Mosquitos at Joint Base Anacostia-Bolling (JBAB) are persistent creatures and potential carriers of West Nile virus.

That's according to Air Force Capt. Michael Scannon, 579th Public Health Flight commander at JBAB.

"One of the best things that can be done is to eliminate standing water," instructed Scannon, noting standing water is a breeding ground for the mosquito population.

Every week, weather permitting, a team from 579th Public Health is dispatched across the base to set traps for collecting mosquitoes. The next day, the captured insects are collected. They are then frozen (to kill them), sorted to isolate the females, and placed in a container to be sent to the Army Public Health Command at Fort Meade, Maryland.

There, said Scannon, they are crushed together and processed for testing to determine whether they are carrying diseases such as West Nile virus.

"It's already been established that West Nile is present among the mosquitos at JBAB," he said. "We don't get a lot of hits early in the summer; but as the season progresses, the number of positives increases."

In response, JBAB Public Works Department (PWD) is notified of which area is impacted.

Air Force Maj. Joseph Tortella, production officer at PWD, says the department performs treatments annually through the period covering "approximately" June 1 through October 31.

"We treat the area using an environmentally approved product distributed as a fog/mist at areas of concern on JBAB pre-identified by Public Health," said Tortella. "Treatment is scheduled to be provided three times a week - typically in the evening. It's weather dependent, and may shift from our standing schedule if conditions aren't ideal."

PWD isn't responsible for housing areas,



U.S. NAVY PHOTO BY JEREMY K. JOHNSON

Every week, weather permitting, traps are set at several locations on Joint Base Anacostia-Bolling to collect mosquito specimens. The specimens are prepared and sent to Army Public Health Command at Fort Meade, Maryland to be tested for diseases.

noted Scannon. Spraying there is contracted out by the Housing Office.

Regardless of the number of positives in the insect population, he emphasized, no human being on base in his three years at JBAB has been reported as testing positive for West Nile.

"That's the good thing," he added. "It means the actions we're taking and the work that we're doing is keeping the numbers down."

Residents and members of the base population can help protect themselves through proactive measures.

"One of the best things that can be done is to eliminate standing water," instructed Scannon, noting standing water is a breeding ground for the mosquito population. "Look for it in toys, patio furniture and other areas around your home. We monitor the population, but once they're in their adult stage, they're already near the end of their

life. The best thing we can do is to reduce their ability to reproduce."

Acknowledging that mosquitos can not be eliminated altogether on a base that sits on the coastline of a large river, Scannon also advised using insect repellants with DEET and covering skin with clothing as simple measures to avoid mosquito bites.

"They're generally most active between sunset and sunrise, so covering up when you're outside and using repellant, especially during those hours, is a good idea."

Joint Base Journal

JOINT BASE ANACOSTIA-BOLLING
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Housing Office hosts open house, spreads important information for PCS season

BY LT. CMDR. JIM REMINGTON

JOINT BASE ANACOSTIA-BOLLING PUBLIC AFFAIRS

The Joint Base Anacostia-Bolling (JBAB) Housing Office hosted an open house June 10 to showcase services available to military families.

According to Housing Office Director, Iris Jones, the open house was scheduled to coincide with the start of the busy permanent change of station (PCS) season, which typically runs from late spring through September - when military children are in between school years.

However, in addition to new families, Jones also wanted to make current JBAB residents aware of the various programs offered by the housing office, such as the realtor program. The realtor program brings volunteer realtors on base to answer questions or concerns military families may have about buying a home before they enter the off-base housing market.

"We also have the Renters Partnership Program (RPP)," said Jones. "[It] is designed to help military members find safe and affordable housing. It helps with move-in inspections. It waives security deposits and helps with friendly terms to help out our military members. We also offer counseling and seminars for those who would like assistance with the process of finding housing."

The program includes more than 27 property management companies across Washington, Maryland and Virginia involving 47,000 apartments, townhomes, and single family homes. Jones said that many of the RPP program offerings can be viewed online as well.

JBAB also has many on-base family housing units available, often on a waiting list, with both Hunt and Lincoln who service all branches of the military, as well as Defense Department civilians in some circumstances. The wait times vary depending on a service member's rank and the time of year. Late spring through September see the longest waits.

Andrea Gustafson, a Navy spouse who moved onto the base in the past two weeks following a permanent change of station move from Naples, Italy, said her family's housing arrangements went smoothly. Her husband, Lt. Cmdr. Christopher Gustafson, received a letter of intent from his detailing stating that Gustafson and his family would be proceeding to an assignment in the National Capital Region.



U.S. NAVY PHOTO BY LT. CMDR. JIM REMINGTON

Joint Base Anacostia-Bolling (JBAB) has many on-base family housing units available, which are open to all military service branches, as well as Defense Department civilians in some circumstances. Wait times vary depending on a service member's rank and the time of year.

This letter allowed him to put his name on the waiting list even before he had received an official set of orders. That process worked out almost perfectly in terms of timing.

"They actually sent us an e-mail saying we were good for a move-in appointment on May 25, but we knew we weren't going to arrive until June 1, so they moved the meeting until June 2. So on the morning of June 2, we met at the housing office, drove to the house for a quick tour of the house, and then back to the housing office to do the paperwork for the lease. The whole process was probably over in an hour. We actually received the first storage shipment that afternoon," Andrea said.

She said her experience has been excellent so far. There were a couple of repair issues she had to call in initially, but they were repaired the next day.

Daniel Dunham, JBAB's school liaison officer, was also present at the open house to speak with attendees about what he and the base offer in the way of resources and services to the military population that calls the installation home. He is prepared to assist interested families with information and counsel about public and private school op-

tions, busing and home schooling. In each case, he has current knowledge, forms, and the resources necessary to help.

Dunham is well versed in not only the schooling and bussing options, but he is also familiar with the various application requirements and deadlines associated with each of these. The best option is to contact him at his office by telephone at 202-433-2566 to set up an appointment. He generally schedules these appointments Monday through Friday from 10 a.m. to 6:30 p.m.

For those who intend to home school, parents or guardians need to submit a notification form of the Office of the State Superintendent of Education. The form can be found online, but Dunham said he has the form readily available for e-mailing so anyone who would like it may contact him at his office for a copy and to answer any other questions about the particularly requirements and standards for home schooling in the District of Columbia.

For more information, contact the JBAB Housing Office at 202-404-1840 or by e-mail at jbabhousing@navy.mil. More housing information is also available on the JBAB Warfighter and Family Readiness website, www.mywfr.com.

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11th Operations Group welcomes new commander



Air Force Col. Jon Julian, right, incoming 11th Operations Group commander, accepts the 11 OG guidon from Col. Bradley Hoagland, 11th Wing/Joint Base Andrews commander, during the 11 OG change of command ceremony June 23 at Joint Base Anacostia-Bolling (JBAB). The transfer of the unit guidon symbolizes the transfer of authority from one commander to the next.

U.S. AIR FORCE PHOTO BY SENIOR AIRMAN PRESTON WEBB

Building new bonds between Miss District of Columbia and military

BY LT. CMDR. JIM REMINGTON
JOINT BASE ANACOSTIA-BOLLING
PUBLIC AFFAIRS

Air Force Senior Airman Nicholas M. Snyder took the stage June 14, at Washington's Arena Stage to offer a steady hand to Miss District of Columbia 2015 pageant finalists while representing the U.S. armed forces.

Snyder, a native of Kingwood, West Virginia and member of the elite United States Air Force Honor Guard joined the event after the Miss District of Columbia Organization and the Armed Forces Foundation made the request in the week leading up to the pageant. Pageant organizers' concept was to have a service member participate in the pageant itself to represent all of the military and to provide the 18 contestants the assistance of a steady hand as they negotiated the stairs from the stage down to the floor in long gowns and tall heels during the pageant's ball gown competition.

"I really enjoyed it. I've never been to a pageant like that. The crowd was really supportive of the military. When I walked on stage to support the ladies coming down the stairs in their evening gowns everyone was hollering and applauding. It was a really neat experience," Snyder said.

Outside of his approximately twenty minutes on stage, Snyder was able to take a seat and enjoy the remainder of the pageants. At the event's conclusion he attended a behind the scenes photo shoot with the newly crowned Miss District of Columbia 2015 Haely Jardas where the two were photographed by the media photographers present.

Jardas, an American University alumna, works with Mental Health Matters (MHMatters), a website founded to supply information and resources to mental health

consumers, professionals, students and supporters. She works with MHMatters to assist those suffering with mental illness, raise awareness about mental health issues, and to destigmatize the issue.

"I'm so happy to have a decorated serviceman participate in the ceremony," Jardas said after the event. "My brother is a U.S. Marine and I always feel honored when any branch of the military comes to support Miss D.C. and what she stands for. I am so excited for all the people I will get to meet and talk to in my year as Miss D.C. I look forward to being able to meet as many members of the U.S. Armed Forces in D.C. as I can, and I'm excited to be able to share my platform, Mental Health Matters, with them. Many military families deal with mental health issues, but because of the stigma associated with depression, PTSD [post-traumatic stress disorder] and other disorders, they rarely talk about these in an open and healthy environment."

One of Jardas' stated goals is to use her issue platform as Miss District of Columbia to publish her experiences and what she is able to learn from others on mental health. She said she wants to hear as many stories as she is able from military members and veterans who are struggling. She also said she hopes to be an inspiration for them to speak out along with her and to help others who are suffering in silence.

"Suicide is the most devastating result of untreated mental illness, and it's 100 percent preventable," Jardas said.

The connection between the Miss District of Columbia Organization and the military has firm roots dating back to Miss District of Columbia 1997 Sonya Gavankar. Her maternal grandfather was a general in the Indian Army. He met her grandmother during World War



Air Force Senior Airman Nicholas M. Snyder assisted Miss D.C., Haely Jardas, June 14 during the pageant's ball gown competition.

II while she was serving as a Dutch Red Cross nurse. But it was Gavankar's connection with her future husband, then a captain in the Marines and an instructor at Marine Corps Base Quantico, that led to a new Miss District of Columbia tradition.

"I met my husband just as he was wrapping up his career with the Marines. He was an instructor at TBS [The Basic School, where all newly commissioned and appointed U.S. Marine Corps officers are taught the basics of being a Marine officer]. I had the pleasure of attending an Evening Parade [at the Marine Barracks Washington, D.C.] when I was Miss D.C. and loved the precision and pageantry of the evening. I tell anyone visiting D.C. in the summer they have to go to see them," Gavankar said, "Over the years we have been lucky enough to secure

tickets after the pageant and it has become the de facto first event for Miss DC. Once folks find out she is there they always ask for her to wear the crown and sash, even though it's not an 'official appearance.' Haely continued this tradition when she attended the Evening Parade at 8th and I on June 18, the first Friday after being crowned Miss D.C."

While Gavankar helped establish this precedence with the Marine Corps Barracks as one of her most visible and lasting achievements between Miss District of Columbia and the military, it is only a part of her legacy. During her year, and throughout her life since, Gavankar has worked with veterans and service members because she said she holds them in the highest regards.

"Having Senior Airman Snyder on stage added some much needed muscle!" Gavankar exclaimed. "We know how hard the men and women of our services work and they deserve a moment in the spotlight too. The contestants were expertly guided by him, but in a way it became a metaphor for what we are allowed to achieve because of the strength of those who keep us safe."

"I remember sitting with a dying Vietnam veteran, unable to hold his hand because it would cause him even more pain. Just sitting with him was the least I could do for a man who gave up so much. To have my generation fight multiple tours in Afghanistan and Iraq means I must step up to help them with their personal struggles. If I can make someone forget about it with one night of pageantry, perhaps this small step may bring someone one step closer to healing," Gavankar said. "I look forward to seeing the mental health advocacy work that this year's winner, Haely, brings to great effect for the military community."

1 Baby Girl
3 Deployments
2 Accidents
2 Generations of Service
3 Half Marathons
2 Field Hospitals
8 Years Active Duty

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Warfighter & Family Readiness Programs & Events

View all event information at www.MyWFR.com or www.Facebook.com/MyWFR

Special Events

Movie Under the Stars

June 26 | 8:45 p.m. | Marina Parking Lot
Enjoy a FREE, family-friendly movie outdoors! Movies are announced on the Wednesday prior on MWR's Facebook page, at facebook.com/MyWFR.com.

MWR Cruise Giveaway

July 1-31
Summer wouldn't be the same without a summer vacation. That's why MWR is giving away a FREE 7-day cruise vacation for two! Sail from Baltimore, Maryland on Carnival Pride to the Eastern Caribbean! Enter to win by mailing in a free entry form from the July edition of the MWR 411 Magazine. Find out other FREE ways to enter the promotion all month long by visiting MyWFR.com. No purchase is necessary.

4th of July Block Party

July 4 | 4 p.m. | Slip Inn
Free Admission
Schedule of Events:
- Bingo, 4 p.m.
- Youth Activities, 4:30-7:30 p.m. (Inflatables, rock climbing wall and games)
- Live Music by The Fuzz, 5 p.m.
- After Glow Party with DJ Chris (Immediately following the fireworks)
- Free T-Shirts and giveaways!

Bolling Club

Theisen St., Bldg. 50 | 202-767-6794

Freedom Live Presents: Sensatiables & Intruders

June 27 | 8 p.m.; Doors open at 6:30 p.m. | Bolling Club, Capital Ballroom

Boss & Buddy

June 30 | 3:30-5:30 p.m. | Bolling Club, Wings Bar & Grill

Seafood Buffet

July 1 | 5-8:30 p.m. | Bolling Club, Washington Dining Room
Club Members: \$29.95; Non-Members: \$34.95

First Friday

July 3 | 5 p.m.-midnight | Bolling Club, Washington Dining Room
Featuring DJ Bob Ski at 7 p.m. Doors open at 5 p.m. Club members receive free hors d'oeuvres from 5-7 p.m. \$10 for non-members.

Slip Inn

Arnold Ave., Bldg. 2482 | 202-767-5840

Acoustic Night

June 26 | 4:30 p.m. | Slip Inn

Potomac Lanes Bowling Center/Spinz

McChord St, Bldg. 1310
202-563-1701/1702

Cosmic Saturday

Every Saturday | 8 p.m.-midnight | Potomac Lanes Bowling Center
Unlimited bowling and shoe rental for only \$15; \$12 for active military personnel and their families.

Play Bingo at Potomac Lanes

Win up to \$8,000 per game and daily prizes! Sign up for your free VIP Bingo Player's Card today at Potomac Lanes!
Limited time offer - June 2015
Cheeseburger Supreme Pizza - \$8.95
Limited time offer - July 2015
East Meets West Burger - \$7.95

Information, Tickets & Travel (ITT) Office

4570 Chappie James Blvd. (Located inside Bolling Commissary) | 202-404-6576

Great Wolf Lodge Specials

June 26-28: \$412
Splash the day away in over 79,000 square feet of water-packed excitement, including jaw-dropping slides for thrill seekers or zero-depth entry areas for little ones. Outside the water park, the fun continues. Book today at the ITT Office!

Fitness & Sports

McChord Ave, Bldg. P-15 | 202-767-5895

Base Pool Now Open

All active duty service members and club members have free pool access for the entire swimming season!

Pool passes are available for purchase at the base pool. Patrons are welcome to bring their own food and beverages to the pool area. Please refrain from using any glass containers.

Swimming Lessons

Levels 1-6 now available for children ages 4 and older. Please visit MyWFR.com to view our Swim Guide and download a

registration form. Information is also available at the pool.

Child and Youth Programs

Youth Center | Langley Way, Bldg. 4485
202-767-4003

Teen Pool Party

June 27 | 8-10 p.m. | Base Pool
Open to ages 13-18.

Library

Tinker St, Bldg. 4439 | 202-767-5578

Patch Club

July 2 | 4:30-5:30 p.m. | Library, Children's Room
Attention youth ages 7-14 with a love of reading! Join the Patch Club where you'll be surrounded by other avid readers. Members earn patches upon completion of independent reading requirements. Each month the club discusses books read the previous month and embarks on a new genre as well. Light refreshments are served at each meeting. For further inquiries please contact the Library at 202-767-5578.

Box Tops 4 Education

Now - August 31 | JBAB Library
Drop off box tops to the JBAB Library to enter for a chance to win a weekly prize pack filled with MWR goodies!

How Box Tops 4 Education works:

1. Find box tops on hundreds of products. A full list is available at the Library or online at MyWFR.com
2. Clip box tops from each package
3. Bring in or send your box tops to the JBAB Library, Bldg. 4439, Tinker Street
4. Each box top is worth 10 cents and will be donated to our community partner, Leckie Elementary School!

Story time & Craftivity

Tuesdays and Thursdays | 10 a.m. | JBAB Library

Mommy & Me Yoga

Every Wednesday | 10:30 a.m. | JBAB Library

Professional Services

Call **301-670-7106**

Clinical Research



Volunteers needed

Completed this year's annual report for the Bolling side of the installation. We are looking for people who are interested in helping us complete this project. If you are interested, please contact the Environmental Program Director at 202-404-8204.

- Ages 18-65
- Live in the area
- Not engaged in other volunteer activities

Participating in this project is a great way to give back to the community. If you are interested, please contact the Environmental Program Director at 202-404-8204.

Don't miss out on this opportunity to help us complete this project. If you are interested, please contact the Environmental Program Director at 202-404-8204.

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11-10-15 10:00 AM

For more information, contact the Environmental Program Director at 202-404-8204.

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JBAB 2014 Annual Water Quality Reports available

COURTESY OF JOINT BASE ANACOSTIA-BOLLING
PUBLIC WORKS DEPARTMENT

The 2014 Water Quality Reports for Joint Base Anacostia-Bolling (JBAB) are available for both the Bolling side and the Anacostia side of the installation.

These reports were prepared in cooperation with the Environmental Protection Agency (EPA) Region III and D.C. Water and Sewer Authority (DC Water). These routine reports are required by law, and are provided to ensure users have access to all available information regarding the quality of their drinking water. These reports are not being issued in response to a health threat.

Copies of the reports are available upon request at JBAB Public Works Department and can be downloaded from the JBAB website, www.cnic.navy.mil/jbab, under environmental support.

If you have questions regarding the content of the reports please contact the JBAB Installation Environmental Program Director, Madina Alharazim-Plummer at 202-404-8204.