



APG NEWS

Published in the interest of the people of Aberdeen Proving Ground, Maryland

www.TeamAPG.com

THURSDAY, AUGUST 27, 2015

Vol. 59, No. 34

Team APG observes Women's Equality Day

By **STACY SMITH**
APG News

Team APG recognized Women's Equality Day during the 31st annual observance and awards program at the APG North (Aberdeen) recreation center Aug. 19.

The observance celebrates the passing of the 19th Amendment to the U.S. Constitution, which granted women the right to vote. After a 72-year campaign the amendment was ratified Aug. 18, 1920.

The Edgewood Chemical Biological Center (ECBC) hosted the program and recognized outstanding employees and organizations across the installation that promote equal opportunities and professional growth for federal women in the workplace.

After a brief invocation and opening remarks, ECBC Director Dr. Joseph Corriveau spoke about the struggle for gender equality and reflected on some of the achievements made

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FREESTATE

ChalleNGe Academy cadets spruce up their barracks with help from volunteers and MDNG.

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Before heading to the bus stop, brush up on school bus safety with young students.

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Deputy Fire Chief Adam Ballard, left, and 20th CBRNE Command Team Leader Staff Sgt. Kevin Averre, right, confer with DES Chief of Police Joel Holdford at the command post during the Raven Guardian Exercise, which tested the installation's emergency response plans, Aug. 20.

Photo by Yvonne Johnson

In case of emergency Exercise tests installation response plans, ops

By **YVONNE JOHNSON**
APG News

A disgruntled civilian employee held more than 10 workers hostage and dozens of emergency responders and explosive ordnance disposal personnel at bay during a more than two-hour standoff Aug. 20.

This dramatic scenario during the installation Raven Guardian Exercise tested all aspects of Aberdeen Proving Ground's ability to respond to a hostage/barricade negotiation event.

According to APG Garrison Commander Col. James E. Davis, annual exercises help ensure Team APG's emergency response plans remain sharp and evolve as needed.

"Recent events across the nation are a reminder that we must remain vigilant about protecting every member of our workforce, as well as our installation residents," he said.

"An exercise of this nature helps us gauge our ability to respond to an emergency, should one happen. We can identify areas in which we excel and areas we have room

for growth. In the end, being prepared may help prevent events like this, and ultimately, save lives."

Post workers were notified a day earlier of plans to raise the threat level to Force Protection Condition "DELTA" during the exercise and that gate activities and access to the installation would be affected.

Garrison police and K-9 officers, firefighters and paramedics from the Directorate of Emergency Services, as well as opera-

See **EXERCISE**, page 18

Soldiers visit with local veterans

Story and photo by **RACHEL PONDER**
APG News

Fifteen APG Soldiers visited with military veterans who are currently receiving inpatient treatment at the Perry Point VA Medical Center in Cecil County, Aug. 21.

During the visit, APG Sergeant Audie Murphy Club members and candidates played several rounds of bingo with the veterans in the activity room. The visit was sponsored by APG Garrison Headquarters and Headquarters Company Commander Capt. Nicholas Milano and 1st Sgt. Jermaine Allen. After bingo, several patients stayed in the activity room to

See **VA**, page 17

Sgt. Joseph Erwin, of the U.S. Army Test and Evaluation Command's Aberdeen Test Center, jokes with veteran Ralph Isabell during a visit by APG Soldiers to the Perry Point VA Medical Center Aug. 21.



Acting Army Undersecretary visits APG

Acting Undersecretary of the Army Eric Fanning, center, views an explosive ordnance disposal, or EOD, robot during a visit to the 20th CBRNE (Chemical Biological, Radiological, Nuclear, Explosives) Command at APG South (Edgewood), Aug. 18.

The Army's second highest ranking civilian official met with Soldiers and civilians, and learned about the unique missions of the 22nd Chemical Battalion (Technical Escort) and CBRNE Analytical and Remediation Activity, or CARA.

A part of the 48th Chemical Brigade, the 22nd Chemical Battalion is one of two technical escort battalions in the Army.

Made up entirely of Army civilians, CARA operates mobile theater laboratories, provides CBRNE training support, conducts remediation operations and provides technical escort aviation support of surety material.

Both units are assigned to the Aberdeen Proving Ground-based 20th CBRNE Command, the Defense Department's only multifunctional formation, which combats CBRNE threats around the globe.

Photo by Walter T. Hamm IV

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EDITORIAL

STREET TALK

What are you most excited about this upcoming school year?

Meeting my teacher and other kids in my classroom. I am excited to learn something new.



Christina Nguyen
Age 6

I am looking forward to gym class, because I get to run around and stuff. I also like doing projects in art class.



Joshua Sanders
Age 7

Meeting new friends and playing math board games.



Neyah Kinney
Age 8

Seeing my friends and having a better year than last year. I am going to study more and try not to get in trouble.



Chyann Benjamin
Age 12

I am excited about starting middle school, making new friends and going to new classes. I like science class and I love doing science experiments. I want to be a medic someday.



Genessa McGill-Moore
Age 11

It all begins with respect

It is an Army value for both military and civilian personnel. It is the basis for what some call the Golden Rule. Or as Aretha Franklin put it, I call it simply, Respect.

Treating people with respect is not a difficult concept. In his best-selling book, "All I Really Need to Know I Learned in Kindergarten," Robert Fulghum boils it down to "Share everything; play fair; don't hit people; say you're sorry when you hurt somebody."

Some might say this is an over-simplified view, but I am an engineer. When I encounter a problem that needs solving, I look first for the "root cause," – that first domino that starts the line falling.

When I look at incidents of sexual harassment or even the crime of sexual assault, the root cause I find is invariably a fundamental failure of respect – a failure to apply lessons learned on playgrounds past – play fair, don't hit people, say you're sorry when you hurt somebody – behavior all of us should have been taught as toddlers. With the onset of sexual awareness, respectful behavior takes on a more serious dimension.

Regardless of the motive or situation, the unwelcome assertion of sexual attention over another – verbally or physically – is a failure of respect. For those of us in government service, such behavior is also a violation of regulations and often a crime.

Sexual harassment, or worse, the crime of sexual assault, are behaviors that fly in the face of everything we stand for as Americans. Their appearance in any unit or organization is hostile to the work environment and damaging, if not deadly, to mission accomplishment. More importantly, on a human dimension, it is simply hurtful and wrong. No one deserves to be disrespected in such a manner. As the Chinese philosopher Confucius wrote more than 2,500 years ago, "Without feelings of respect, what is there to distinguish men from beasts?"

Sexual harassment and the crime of sexual assault are neither gender issues nor private issues – they are human issues for which we all share responsibility. Army leadership has given us the tools to prevent, fight and eradicate these violations of our values in the form of the Sexual Harassment/Assault Response and Prevention program, which we know as SHARP. All of us have attended the training and know that we can call 410-322-7154 at



Whyne

any time, 24/7, to report a SHARP incident. We know we can go to <https://www.apg.army.mil/Toolbox/SHARP> to find help and support at Aberdeen Proving Ground's SHARP Resource Center, but we have a much greater responsibility than simply knowing what SHARP is and how to get in touch with it.

Our responsibility starts with a look in the mirror every morning to ask ourselves, "What are we doing to fix that root cause – that first domino that sets the line falling?" Do we laugh, albeit uncomfortably, at the disrespectful, off-color joke, or do we say, "You know, that's really inappropriate." Are we aware of a colleague whose behavior toward another is simply out of place in a work setting, but we let it go as "none of my business?" Are we silent when we hear comments on someone's appearance or physical attributes in a way that would be embarrassing if said to the person's face?

Attitudes, it is said, cannot be regulated, but in government service, behavior can be, and over time, experience has shown attitudes will eventually align with behavior.

As members of the Army, military and civilian, we have a sworn duty to our Constitution and to each other for actively shaping and sustaining an environment free of disrespectful behavior and sexual intimidation – an environment where each of us can maximize our personal and professional potential. It has been proven many times that evil triumphs only when good people do nothing.

Sexual harassment and sexual assault have no place in our society, and while we may not be able to solve the problem globally, we can solve it locally. We must not be the good people who do nothing. Start in your own office or organization. Go after that "root cause," that lack of respect which leads to unwelcome and demeaning behavior. Treat everyone with courtesy and recognize the value and worth of every individual. We owe it to our colleagues, our country and ourselves.

It all begins with respect, and it all begins with us.

CONRAD F. WHYNE

Program Executive Officer, Assembled Chemical Weapons Alternatives



Working together, we can thwart terrorist attacks

After the orchestrated attacks on the World Trade Center in New York City and on the Pentagon in Washington, D.C., the United States learned, first-hand, the serious threats it faced from terrorists groups and from the countries supporting them.

After the Sept. 11, 2001 attacks, terrorism for most American citizens shifted from being a distant and occasional threat to an awareness of the real and imminent danger to ourselves, our families, and our way of life. These attacks not only changed the course of American history and the meaning of national security for the American people, it also left many concerned about the possibility and impact of future terror incidents executed on American soil.

That's why it remains imperative that Army professionals at home and abroad remain vigilant as we take time during the month of August to focus on antiterrorism practices. Although the U.S. continues to put relentless pressure on terrorist groups by disrupting terrorist plots, reducing the financial support available to these groups and inflicting significant leadership losses, the threat of potential terrorist attacks against America remains very real.

As a consequence of the heightened and significant threats to our homeland, countering terrorism has become the top national security priority for the United States and the Army. It is critical that we keep pace with and confront new and emerging threats as we cultivate a culture of preparedness and resilience that will allow the Army to prevent and/or respond to and recover successfully from any potential act of terror directed at our nation.

While threats persist, our nation is, without a doubt, stronger today than it was before 9/11. We are better prepared to

confront evolving threats and more resilient in the face of continued challenges.

As we observe Antiterrorism Month, it's important to remain aware of homegrown and foreign threats, whether they come from a conventional attack using bombs and bullets or an unconventional attack using CAC cards and computers.

The best way to protect the United States from terrorism is to ensure a strong and capable domestic Antiterrorism Program, executed globally, that proactively takes steps to increase the American public's understanding of the very real nature of the terrorist threats we face as a country.

Protecting our nation is a shared responsibility. As a nation of active citizens, we must all take responsibility for ourselves, our families and our neighborhoods so we stay informed and aware of potential threats.

We know there is no guarantee that there will never be another terrorist attack. However, we do know informed, alert communities are our best defense against future terrorist attacks and play critical roles in keeping our nation safe. We can all help keep our communities safe by paying closer attention to our surroundings and immediately reporting suspicious activity to local law enforcement agencies.

If you see something suspicious or just out of the ordinary, report it. Your report could interrupt the terrorism planning cycle and potentially stop a terrorist attack.

Our "See Something – Say Something" and "iWATCH" campaigns encourages community awareness and understanding on how to remain vigilant against terrorist threats. Reporting anything suspicious as soon as possible may just help save a life.

Know the threat. Know the plan. Protect our mission and our Army families.

Truth in Testing! Army Strong!

MAJ. GEN. DANIEL L. KARBLER

Commander, U.S. Army Test and Evaluation Command



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APG SEVEN DAY FORECAST

Thurs	Fri	Sat	Sun	Mon	Tue	Wed
82° 60°	83° 65°	87° 66°	88° 67°	89° 68°	90° 69°	89° 68°

APG NEWS

The APG News, a civilian enterprise newspaper, is an authorized publication for members of the U.S. Army. Contents of the APG News are not necessarily official views of, or endorsed by, the U.S. government, Department of Defense, Department of the Army or the U.S. Army Garrison, Aberdeen Proving Ground. The newspaper is published weekly by the APG Public Affairs Office, ATTN: IMAP-PA, Building 305, APG, MD 21005-5001, 410-278-1153. Printed circulation is 5,200.

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Bike patrols return to streets of APG

Story and photo by
YVONNE JOHNSON
APG News

Members of Team APG may have already noticed the new patrols protecting the installation. The Directorate of Emergency Services has reinstated bike patrols and 10 police officers are currently patrolling APG streets and neighborhoods.

According to DES police Capt. Dawn Fischer, the officers are certified by the International Police Mountain Bike Association.

The week-long certification course includes uphill and downhill training, turning in a box, an obstacle course, braking and pursuit techniques, and emphasizes judgment, Fischer said.

“We’ve had [bike patrol] units since 1996,” she said, adding that while some attend the Baltimore and Pennsylvania training sites, others are trained by Lt. Eric House who is a certified instructor.

The officers ride Smith & Wesson mountain bikes, specifically constructed law enforcement and security bike units.

Two bike patrol officers, William Beats and Richard Roberts, said they average 13 miles a day on the 24-speed bikes during their three to four-hour shifts. They ride together as well as separately. Bike patrol officers are also called on to assist at the post entry gates during random inspections.

“The primary goal is to patrol public areas such as the housing areas, parking lots, and bus stops as meet and greets with residents and employees,” Fischer said.

“This is community policing at its best,” Beats said. “We’re more into dealing with residents in the housing areas and letting kids know they need helmets.”

But they are law enforcement officers nonetheless and their responsibilities don’t stop there.



DES bike patrol police officers Richard Roberts, left, and William Beats, right, head out on mountain bikes at the start of their shift. Ten officers patrol APG North (Aberdeen) and South (Edgewood) as part of the reinstated initiative.

“I’ve personally pulled drivers over for talking on their cell phones while driving,” Roberts said.

Fischer added that bike patrols will have high visibility during outdoor events such as the upcoming Oktoberfest set for Oct. 23-24.

“They’re much faster than foot patrols when it comes to getting from one side of the venue to the other,” she said.

Officers stay in constant touch with dispatchers, letting them know when they are enroute and when they arrive at a destination.

Fischer said the state-of-the-art bikes are maintained by certified mechanics and are taken out of service and inspect-

ed prior to returning to the road after accidents.

Beats said the bike patrol concept enhances interactions with members of the community.

“The whole point is getting to know people on a personal level,” he said. “That way, if and when you do have to lay down the law it’s less likely to escalate due to personal rapport.”

“And it gives us greater visibility,” Roberts added. “People are more likely to interact with you when you’re on a bike than if you’re in a vehicle.”

Other advantages, Fischer said, include accessibility and maneuverability.

“These officers can get into places a car can’t,” she said. “When they’re out there they’ve got their sight, smell and public contact working for them.”

She said patrols as well enhance public image, are cost efficient and environmentally friendly. Noting that bike patrols started in Illinois in 1869 and that mountain biking was standardized in the 1980s, she added that police on bike patrols can be seen as “ambassadors.”

“I’m so grateful to these officers for being energized about getting out there in the public,” she said. “We’ve been getting very positive feedback, and it’s making a big difference to DES and to APG.”

ICE

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Click on “ARMY” then “Aberdeen Proving Ground.”

Renovation project brings together ChalleNGe cadets, MDNG, volunteers

Story and Photos by **STACY SMITH**
APG News

Cadets from Freestate ChalleNGe Academy (FCA) Class #45 began a months-long renovation and beautification project at their APG South (Edgewood) barracks Aug. 22.

FCA cadets, staff and approximately 30 volunteers from the U.S. Army and Air National Guard painted the building's interior walls and ceilings as part of a larger effort to gradually upgrade the building over several months.

"It's a start to try to improve the building and give the cadets and staff a better environment to live, work and play," said FCA Director Charles Rose.

"Once we finish up the painting, we have a contract going out to preventive maintenance on all of our heating, ventilation and air conditioning systems, new tiling, and new doors," Rose said. "We're trying to upgrade the entire facility."

Rose added that the building hasn't had a renovation or upgrade since 2007. It was the 143rd Ordnance Battalion barracks until 2011, and then became home to FCA in December 2012.

In addition to improving their living space, the project is an opportunity for the cadets to develop mentor-mentee relationships with volunteers, according to Charles Kohler, public affairs director for the Maryland Military Department, who volunteered to help with the project.

"This is a good way to help the kids," Kohler said. "Everybody should get out and give back."

The project was initiated by Maj. Gen. Linda M. Singh after she toured the building with MDNG Brig. Gen. Annette M. Deener and Command Sgt. Maj. Thomas B. Beyard in April.

"When I walked through the building, I realized that...we needed to do something," Singh said. "I've done a number of community service days, so I basically said, 'we need to do a community service day and work, not only with the cadets, but to have our folks engage with them.'"

Singh serves as the 29th adjutant general of Maryland and is responsible for



the daily operations of the Maryland Military Department. She and her family members painted alongside the cadets and other volunteers.

Additionally, Singh is in the process of becoming a mentor to an FCA female cadet.

"She has life experiences that these kids can learn from and can relate to," Rose said of Singh. "She is a big supporter of the program, and she loves being around the kids."

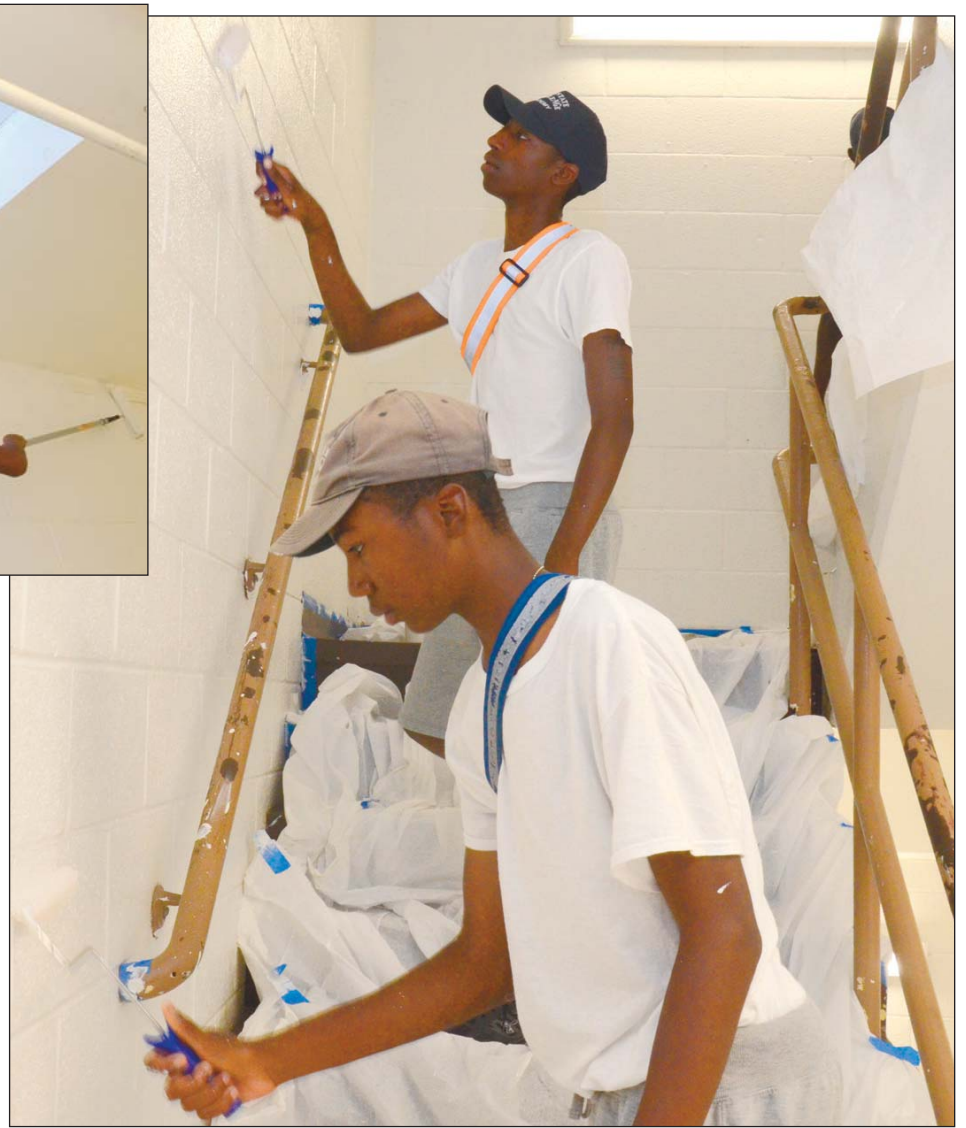
Singh said a number of cadets remarked that they'd never painted before and that she hopes the renovation project will help the cadets cultivate "an appreciation for what it takes to maintain [their] own place."

"They'll probably take pride in where it is they stay now, knowing that they actually took part in putting some paint on the walls and just making it a better place to be," said Sgt. 1st Class Deleashia Jordan, FCA military youth worker lead.

Cadet Christopher Cutter, 16, said he's never painted before, and that he was excited to take part in something that would improve his temporary home.

"This place looks a little run down, so it's a good idea just to clean it up a little bit," he said.

In addition to painting, the cadets landscaped the grounds and planted flowers Aug. 26. Rose said the project



(Inset) Freestate Challenge Academy (FCA) cadet Darius Keel-Davis dips his paintbrush as he and other FCA cadets, staff members and volunteers begin renovation and beautification projects at the APG South (Edgewood) barracks Aug. 22.

(Above) FCA Cadets Aaron Smith, front, and Dejuan Smith, back, paint the stairwell walls of their barracks. According to FCA director Charles Rose, painting is the first step in a renovation project that will include upgrades on the heating, ventilation and air conditioning systems, and new tiles and doors.

will require dedication, and he's looking forward to the outcome.

"It's going to be costly, it's going to take time, but this is the first step, and it's a giant step for us right now," he said.

The Freestate ChalleNGe Academy is a tuition-free program which offers

at-risk adolescents, 16- to 18-years-old the opportunity to change their futures for the better by providing the skills, education and self-discipline needed to become responsible, productive citizens.

For more information about the FCA, call 410-436-3331, or visit <http://freestatemil.maryland.gov/>.

PHC prepares for reorganization

By **CHANEL WEAVER**
Army Public Health Center

The U.S. Army Public Health Command hosted its Reorganization Rehearsal of Concept (ROC) Drill at the Mallette Training Center at Aberdeen Proving Ground, Aug. 4-6.

More than 100 attendees participated in the event, including representatives from the Office of the Surgeon General, all five PHC regions and regional health commands, the USAPHC Commander, Army Institute of Public Health director, portfolio directors, portfolio executive officers and select program managers.

The event, organized by the Strategy and Innovations Office of the USAPHC, allowed participants to rehearse execution of the public health mission under the new Army Medical Command organizational structure and to propose updates to ANNEX Q (Public Health Enterprise) from MEDCOM Operations Order 15-08. The ROC Drill used several scenarios to rehearse lines of communication and execution for technical public health missions between MEDCOM Public Health Enterprise organizations to synchronize the delivery of public health services across the Army and DOD for the care of the Warfighter, and, in certain situations, aspects of the nation overall.

Personnel were divided into groups, and they rehearsed responding to various public health scenarios that may occur in the future.

“This was a good opportunity to make our voices heard and give our input on how to best perform our mission in the midst of change,” said Lt. Col. Gayle McCowin, environmental health engineering portfolio director at the Army Institute of Public Health. “We are experiencing a paradigm shift in public health, and it’s exciting to be able to shape the future.”

According to Lt. Col. David Derrick, deputy director of technical services at Public Health Command Region-Pacific, the dialogue in the groups was important to the success of the ROC drill.



Photo by Graham Snodgrass

U.S. Army Public Health Command ‘Reorganization Rehearsal of Concept’ drill attendees participate in break-out sessions to discuss innovative solutions to responding to various public health scenarios that may occur in the future.

“It was rewarding to see my colleagues in Army public health and to discuss the most efficient methods for responding to various contingencies,” Derrick said.

On the last day of the session, attendees worked to develop a document that outlined the responsibilities of all organizations within the public health enterprise.

Col. Robert von Tersch, commander of the Public Health Command Region-South, said the ROC drill was quite beneficial to attendees.

“The sessions were very informative, and we had good, stimulating discussions that centered on Army public

health,” von Tersch said. “We identified the procedures that were working and noted the gaps that needed to be filled.”

Not only did PHC personnel find the drill worthwhile, but individuals from the regional health commands said attending the ROC drill provided an opportunity to learn more about the USAPHC mission.

“I learned a great deal about what Army public health professionals do,” said Lt. Col. Russ Chambers, of the Southern Regional Medical Command’s G-3 operations division. “We appreciated being invited to the event.”

In his closing remarks, Col. John Teyhen, USAPHC commander, encour-

aged attendees to remain focused on their mission to promote health and prevent disease, injury and disabilities of Soldiers, military retirees, their families, veterans, Army civilians, government-owned animals and pets of service members and their families.

“It is important that we continue the dialogue and document the best methods for delivering quality public health services,” Teyhen said. “We must remain a high-reliability organization that has consistent standards across the public health enterprise.”

Editor’s Note: U.S. Army Public Health Command is now the Army Public Health Center.



Loren Brown, Fire inspector

By **STACY SMITH**
APG News

As a fire inspector with the Directorate of Emergency Services fire prevention branch, Loren Brown’s primary duty is conduct fire inspections and coordinate all explosive

fire drills with post organizations.

“I am the point of contact person for explosive safety,” he said.

Brown and the other fire inspectors work closely with Directorate of Public Works master planners and engineers to ensure that all build-

ing plans follow fire safety codes and regulations. He regularly attends trainings to learn more about fire prevention and explosive technology, management and safety.

“The standards and codes are constantly changing, so we have to keep up on all the different changes and applications,” Brown said. “I try to study and take as many courses as I can.”

Brown also inventories the secure key boxes for buildings across the installation. Additionally, he leads the Fire Marshall Program, which teaches APG building custodians how to identify fire hazards in their facilities.

Brown was a staff sergeant and

firefighter in the Air Force for seven years. He began his career as a firefighter at APG 12 years ago, and was promoted to fire inspector in June 2014.

A self-described people-person, Brown said that he’d eventually like to work his way up to a management position.

“My goal was to get to Aberdeen Proving Ground; that’s where I wanted to work,” Brown said. “I love working with the customers. I love going out and establishing relationships with the tenants on post; that’s my strong suit,” he said.

For more information, contact Brown at 410-278-1128, or loren.r.brown.civ@mail.mil.

See Something

Cut along dotted lines and fold in middle for use as wallet reference Card.

Provided by the INTEL DIV/DPTMS

Say Something

INSTALLATION WATCH CARD

DO OBSERVE & REPORT

- Suspicious activity or suspected surveillance.
- Unusual questions or requests for information relating to capabilities, limitations, or operational information.
- Unusual vehicles operating in or around APG.
- Unusual phone calls, messages, or e-mails.
- Unusual contacts on or off post.
- Unusual aerial activity near or around installation.
- Any possible compromise of sensitive information.



INSTALLATION WATCH CARD

DON'T

- Discuss any aspect of military operations or planning.
- Discuss military capabilities or limitations.
- Discuss FP measures, capabilities, or posture.
- Disclose information about R&D and testing.

Report suspicious activity immediately to APG Police!



APG (North & South):
410.306.2222
Off Post in Maryland call
1-800-492-TIPS or 911

Card created by APG Intel



Back to school, back to safety

Maryland State Highway Administration

The bells are ringing in schools across Maryland and it's time to brush up on the rules of the road for drivers and pedestrians.

The Maryland Department of Transportation's State Highway Administration (SHA) is asking pedestrians and drivers to share the road this coming school year so that everyone can have a great start to back to school season. Parents should keep in mind that back to school lists should not only include books and supplies, but also a firm understanding of the Rules of the Road. Sharing information on how to walk smart, look both ways, obey crossing guards, use crosswalks and stay alert will help students get to school safely and securely.

Through the three "E's" of safety – engineering, education and enforcement – partners are working together to ensure that children stay safe this school year. SHA engineers monitor and evaluate school zones along state routes throughout the summer, making adjustments and adding traffic devices such as crosswalks, signs and flashing lights where needed.

"With schools starting back and the days getting shorter, we all need to pay extra attention and allow extra travel time since commutes will be impacted," said SHA Acting Administrator Doug Simmons.

"Don't take short cuts—in school or on the road. Pedestrians should use crosswalks and children should cross with the assistance of crossing guards whenever possible."

Tips below provide a reminder about the basic rules of the road, including pedestrian, driver and cyclist safety, and how to drive around school buses.

What to do when approaching a school bus

- When a school bus stops, the flashing red lights go on and the stop sign



flaps come out, drivers in BOTH directions are required to stop. This is the most dangerous time with children getting on or off the bus.

- It is against the law to pass a stopped school bus with its flashing red lights activated and stop arm extended.

- Drivers must be patient. There is simply no room for aggressive driving around a school bus.

Drivers should remember

- Realize that your commute takes longer when school is in session – allow more time.

- Traffic fines can be doubled in school zones – worst case scenario a speeding ticket could cost \$1,000.

- Stay alert. Avoid distractions – especially mobile devices. Watch for children walking in the street, especially if there are no sidewalks.

- And remember, Maryland law requires motorists to stop for pedestrians in all crosswalks.

What parents and kids should know

Children and their parents need to review the rules of the road too.

- If traveling by school bus: have a safe place to wait for the bus, away from traffic and the street, and stay away from the bus until it comes to a complete stop and the driver signals you to enter.

- When walking: only cross the street at a marked crosswalk, preferably one that has a crossing guard. Before crossing a street, look left, then right, then left again. Stay alert. Follow signals.

- When riding a bike, don't ever ride your bike across an intersection. Get off and walk it across after looking both ways for oncoming traffic or waiting for a crossing signal. Children should always wear a helmet when cycling.

- Stay visible – wear light and/or reflective clothing, especially when walking in the dark.

For more highway safety information, visit www.roads.maryland.gov or www.ntsa.gov.

Local school immunization requirements

Harford County Health Department

National Immunization Awareness Month (NIAM) is observed every August and provides an opportunity to highlight the value of immunization across the lifespan. Activities focus on encouraging all people to protect their health by being vaccinated against infectious diseases. This is especially important as the new school year begins for students across Harford County.

School and public health officials in Harford County urge parents to make sure their children are properly immunized by the start of school to meet new state regulations that went into effect last year. Seventh and eighth graders in Harford County must have received a dose of Tdap and Meningitis vaccines by Sept. 15, or be excluded from school the following day Wednesday, Sept. 16.

Families with insurance are encouraged to take their students to their private provider for the necessary vaccinations, which also may be available through the Target clinics and Patient First. However, families without insurance or with Medical Assistance should call the Harford County Health Department at 410-612-1774 to schedule an appointment to receive the Tdap and/or Meningitis vaccine(s). Other vaccines are available through the Harford County Health Department such as the Varicella vaccine and the HPV vaccine. Those students with Medical Assistance will have their MA billed for the cost of the vaccine. Students without insurance will be charged \$23 per vaccine.

All children entering kindergarten or first grade are required to have received



two doses of Varicella (chickenpox) vaccine. The Maryland Department of Health and Mental Hygiene's 2015 Recommended Immunization Schedule states that the first dose of Varicella vaccine should be given after the first birthday, with the second dose given between the fourth and fifth birthdays.

It is highly recommended that children 11-12 years of age receive the HPV (Human Papilloma Virus) vaccine. This vaccine is given as a three dose series and is approximately 97 percent effective at reducing the risk of genital warts, oral, cervical, and anal cancers. The CDC recommends that the HPV vaccine be given before a child becomes sexually active.

Although immunizations against childhood and adult diseases are one of public health's greatest success stories, thousands of cases of preventable illnesses still occur in the United States every year despite the availability of safe and effective vaccines. Second only to the availability of clean water, vaccination has greatly reduced the burden of infectious diseases throughout the United States and worldwide.

"When a critical number of people within a community are vaccinated against a particular illness, the entire group becomes less likely to get infected," states Harford County Health Officer, Susan Kelly. "Not only does vaccination protect those who are immu-

nized, but it also can slow down the rates by which illness spreads among those who are not. It's also less expensive to prevent a disease than to treat it," Kelly said, referring to studies showing that for every dollar spent on routine childhood immunization in the U.S., researchers estimate savings to society of more than \$5 in direct costs and almost \$11 in additional costs.

It is the responsibility of students' parents/guardians to provide schools with proof of immunization. Official documentation is recorded on the Maryland Immunization Certificate (DHMH 896). This form is available from the schools. If you have documentation from another source or additional questions, consult with the school nurse.

For more information about school immunization requirements, visit the Harford County Health Department website at www.harfordcountyhealth.com. To schedule an appointment, contact the Health Department Communicable Disease Unit at 410-612-1774.

Healthy Living

Healthy Living is a recurring feature in the APG News. It addresses health topics that matter most to our readers. To view more health topics and the Community Health Promotion Council calendar of events, visit the APG homepage www.TeamAPG.com. To suggest health-related topics for the Health Living series, email amanda.r.rominiecki.civ@mail.mil

LET YOUR VOICE BE HEARD!



Help inform a decision to change installation access after-hours and on weekends and holidays by filling out the APG Access Control Point Survey.

The survey will help the APG senior commander make a decision about switching the main installation access control point on APG North (Aberdeen) from the Route 715 gate to the Route 22 gate after normal hours, and on weekends and holidays.

The survey can be accessed at the following link: <https://www.surveymonkey.com/r/APG-AccessControlPoint> and will be open for response for two weeks.

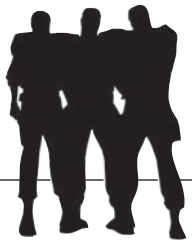
CONSTRUCTION ALERT

C4ISR CAMPUS ROAD CLOSURE

The intersection connecting Bldgs. 6007 and 6001 to Bldg. 6010 at the C4ISR Campus on APG North (Aberdeen) will be closed Thursday, Aug. 27 through Tuesday, Sept. 2. The traffic circle on Frankford Road going to Bldg. 6010 will remain open for normal use.

During this time, the contractor will have signs, cones and barrels out to indicate road work ahead. Drivers are being asked to use caution near the construction area. All other entrances to the C4ISR complex will remain open during the construction.

How are we doing? E-mail comments and suggestions for the APG News to usarmy.apg.imcom.mbx.apg-pao@mail.mil



MEMORIES OF 'NAM



Vet recounts 'Nam public affairs, tactical missions

By **YVONNE JOHNSON**
APG News

George Mercer might be described as “a laid back kind of guy.”

Mercer grew up in Wilmington, Delaware, and he's not ashamed to say he flunked out of the University of Delaware with the lowest average on record. He was working in a chemical plant when he found out was going to be drafted in the summer of 1965.

Mercer said his brother Peter, who was an Army recruiting officer, urged him to join up for three years to receive his choice of duty station or school, or opt for the buddy system.

He went along with his recommendation, and requested journalism and broadcast training at DINFOS, the Department of Defense Information School.

“I talked to my mother and decided there was no way out of it so I enlisted,” he said. “My brother actually swore me in.”

Mercer went to Fort Jackson, South Carolina and then attended DINFOS at Fort Slocum, New York. The post, on an island in the Long Island Sound, closed in 1965 and Mercer said he was in the next to last class held there.

He chose Fort Monroe, Virginia, the former home of the Continental Army Command, now known as the U.S. Army Forces Command – FORSCOM – which was closed after the 2005 base realignment and closure.

“It was great,” Mercer said of the post. “It had a museum and even had a moat.”

He was stationed there in the Public Information Office for more than a year, from September 1965 to December 1966, when someone from personnel came into his office one day and said, “guess who's going to Vietnam.”

Mercer was on his way before Christmas.

His orders read Fort Benjamin Harrison and he joined 12 teams that were given refresher training in military journalism.

“Someone in the Army had decided it needed PAO (public affairs officer) teams on the ground in Vietnam,” Mercer said.

He flew out to Oakland, California and boarded a World War II-era troop ship. Mercer said the first night almost everyone was seasick.

“I couldn't stand the stench so I went up on deck, strapped myself to a pole and looked at the stars all night,” he said.

Half the passengers disembarked at Subic Bay, Philippines, he said, and the rest went on to Vung Tau, Vietnam.

“Just getting there was bizarre. We had two officers, two enlisted and a vacancy on our team. We carried our own equipment, tables, typewriters, etc., and actually climbed down ropes over the side of the ship.”

Eventually, his team boarded a chinnook bound for the headquarters of the first Infantry Division.

“They had no idea we were coming,” Mercer said. “After a week we were told to go to the division headquarters to get assignment orders.”

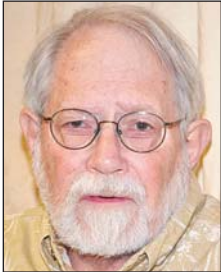
It was his first outing on the Vietnam roads he had heard so much about.

“We drove the orange route in a three-quarter-ton truck, and I was scared to death,” Mercer said.

The team was eventually assigned to the 44th Public Information Detachment with the 2nd Brigade, 1st Infantry Division.

“There were mostly writers, broadcasters and photographers,” Mercer said, all with the goal of bringing the war to the living rooms of America in the most positive light.

“A new program in the spring of 1967 was being built around the idea of win-



Mercer



(Clockwise, from top) Then Spc. 4 George Mercer, bottom right, poses with members of his first public affairs team in Vietnam in 1967. They include Capt. Don Hatfield, Spc 4 Dave Roemer, Lt. Bill Blacksten and Spc. 5 Dick Clapgood; Mercer befriends a Vietnamese child in 1967; Mercer during his first tour in 'Nam.

ning the hearts and minds of the public,” Mercer said. “It was a good idea, but nobody knew how to do it, so it was kind of hit and miss.”

While public affairs was their primary mission, they also went out on combat ‘search and destroy’ or ‘search and seal’ type missions.

“We put out a brigade newspaper, contributed to the division newspaper and went out to report on what Soldiers were doing,” he said.

The team picked up its fifth member, a former infantryman who always carried a fragmentation grenade in his shirt pocket.

“Naturally we called him ‘Frag.’ Mercer said. “It was understood. Anybody who'd been out there often took extra precautions.”

He added that he thought when it came to required actions and desired actions, the lines often blurred.

This was brought to light in the loss of the team leader, his captain, who decided at the last minute one day to replace Mercer on a mission. Mercer said [his captain] was injured by a land mine that took off part of his head and was medevac'd out.

“One of the real problems Soldiers have is when you lose someone in combat, that person ceases to exist. It's almost the same way with the injured. Every part of them is removed from the scene and boom, you move on. That opens up emotional problems.”

“Our officers wanted to go out and fight,” he said. “What we had was a

leadership that understood if your troops don't fight, you don't get promoted.”

He added that he thought that much of what went on around him was unnecessary.

“Throughout, we had leadership who thought in terms of World War II and Korea,” he said. “Personally, I really believe some missions were undertaken for no other reason than to get credit; to put notches in their belts. Now that may be unfair, but I'm convinced that attitude existed.”

He recalled one mission in which his captain ordered him along. They took a helicopter to a village area and “went in like gangbusters.”

“We jump into a swamp carrying rifles, cameras, and tables, and jump into a swamp up to our waists in muck,” he said. “Turns out the Viet Cong heard us coming and hardly anyone is there. So, I'm not convinced the Army had the best strategists over there.”

In another instance, after being flown out to participate in another mission, Mercer was told the mission was not occurring and to get back on the helicopter. When he did, he saw body bags.

“That hit me,” he said. “That put everything in a new perspective.”

In late 1967, Mercer's team was divided up and he was left to serve as the 2nd Brigade Public Information Officer. He escorted civilian media and also wrote for the division newspaper and magazine. He was promoted to Spc. 5 and earned two Bronze Star medals during the Tet Offensive of 1968. His lieutenant

was killed during an attack at Li Kay.

“That means out of the four of us, I was the only one not KIA or wounded,” Mercer said.

Mercer left the Army in 1968 and eventually gravitated to APG where jobs were being offered in the Ordnance Center and School. He started in 1981 as a temporary civilian deputy PIO which led to a permanent PAO position in 1982. He joined the TECOM PAO in 1988 and worked through the memorable period during the 1996 sex scandal.

“We had a really good staff. Our PAO folks represented the Army well,” he said. “I came into good teams and still had a good team when I left. People took their jobs seriously and didn't have to be told what to do,” he said. “Between MWR, DPW, DES, Operations and the other directorates, it was a golden period because they were not only taking care of business but taking care of each other too. It was always a team.”

Mercer retired as the public affairs officer for the APG Garrison in 2012.

He said when people thank him for his service today he's not sure what it means.

“I was born in 1944,” he said. “When I grew up, joining the Army was just what people did. It was no big deal. I just hoped for the best.”

“I tried to be a good Soldier; though I served much longer as a civilian. At some point I made a commitment to the community and I'm proud to say I worked with an awful lot of good people who made that same commitment.”

Vanpoolers needed on APG North



There are several existing vanpools looking for riders as well as individuals looking to start vanpools for the following listed to the right.

Commuters only need to be willing to travel to the designated areas to ride the vanpool. For more information, contact the APG Commuter Center POC, Syreeta Gross, at 410-278-5491 or syreeta.a.gross.ctr@mail.mil.

APG North (Aberdeen) to:

- ◇ Newark, Delaware
- ◇ Philadelphia, Pennsylvania
- ◇ White Marsh, Maryland
- ◇ Columbia, Maryland
- ◇ Aberdeen train station shuttle



ALL THINGS MARYLAND

Baltimore Book Festival

Local event features more than 100 exhibitors and booksellers

By **STACY SMITH**
APG News

The 20th annual Baltimore Book Festival offers bookworms, aspiring writers and literary illuminati a unique opportunity to revel in their preferred pastime with like-minded folks.

According to the festival's website, the weekend-long event features more than 275 appearances by local, celebrity and nationally known authors, book signings, exhibitors and booksellers.

This year's noteworthy guest speakers include Sen. John McCain, who will discuss his book "13 Soldiers" at the literary salon. "13 Soldiers" is an evocative history of Americans at war, told through the personal accounts of 13 remarkable Soldiers who fought in major military conflicts, from the Revolutionary War of 1776 to the wars in Iraq and Afghanistan.

Local fiction author and Maryland native Laura Lippman will also discuss her latest book "Hush Hush," which is centered on the fictional "accidental PI" Tess Monaghan. Lippman's experiences working as a Baltimore Sun reporter for 12 years influences a lot of her work.

Other author highlights include: 2015 Newbery Medal Winner Kwame Alexander, "The Crossover;" Daniel James Brown, "The Boys in The Boat;" Ryan Ferguson, "Stronger, Faster Smarter;" Jessica Knoll, "Luckiest Girl Alive;" Laura Lippman & Wes Moore, "The Work;" Isaac Oliver, "Intimacy Idiot;" Issa Rae, "The Misadventures of Awkward Black Girl;" Alice Randall & Caroline Randall Williams, "Soul Food Love: Healthy Recipes Inspired by 100 Years of Cooking in a Black Family;" Jess Row, "Your Face in Mine;" Bryan Voltaggio, "HOME;" and Joy Wilson (Joy the Baker), "Homemade Decadence."

The festival will feature nonstop readings on multiple stages, cooking demos by top chefs, poetry readings, workshops, panel discussions, storytellers and hands-on projects for kids, live music, and a delicious variety of food, beer and wine.



(Left) Local students display their love for late children's author Dr. Seuss during the 2014 Baltimore Book Festival. The 2015 Baltimore Book Festival runs Sept. 25 through Sept. 27, 11 a.m. to 7 p.m., at Baltimore's Inner Harbor.

(Bottom) A festival attendee browses a section of books for purchase. The annual event brings together book lovers, local and national authors, aspiring writers, and literary critics and fans.

Photos courtesy of Baltimore Office of Promotion & The Arts

It will introduce a "literary feast with gourmet eats," as food takes center stage with local vendors and cookbook demonstrations. The Health & Wellness Stage will feature authors who focus on fitness, health and nutrition. The Inner Harbor Stage will feature national authors, and the festival's official bookseller, the independently owned and operated Ivy Bookshop.

The 2015 Baltimore Book Festival runs 11 a.m. to 7 p.m., Sept. 25 through Sept. 27 at the Baltimore Inner Harbor. The festival is presented by Mayor Stephanie Rawlings-Blake and produced by the Baltimore Office of Promotion T Arts. The event is free and open to the public.

For more information about the event, call 410-752-8632. A full schedule of events & activities is available at online at www.baltimorebookfestival.org.





MORALE, WELFARE & RECREATION

Upcoming Activities

SAVE THE DATE DUELING PIANOS SEPT. 17

Save the Date! The popular "Dueling Pianos" will return to APG at the APG North (Aberdeen) recreation center from 7 to 10 p.m., Thursday, Sept. 17.

OKTOBERFEST OCT. 23-24

Save the date! Team APG will host its annual Oktoberfest – open to the entire community – Friday and Saturday Oct. 23-24. Stay tuned for more details to follow.

CHILD & YOUTH SERVICES SKIES ACADEMIC TUTORING SEPT. 14

Learning BYTS Tutoring has partnered with SKIES to offer academic tutoring for grades K-8 to include all subject areas, starting Sept. 14 at the APG North (Aberdeen) Youth Center, Bldg. 2522. Private, weekly 60-minute sessions between 3 and 7 p.m., Monday - Thursday, are available.

An assessment is required to determine areas in which help is needed. You may sign up for 6 sessions at a time or 12 sessions (savings of \$24). Six sessions cost \$168. Twelve sessions cost \$312. Tutoring is open to children in kindergarten through eighth grade. Registration is ongoing.

For more information, contact SKIES, 410-278-4589 or email shirelle.j.womack.naf@mail.mil

CYSS/HOME-SCHOOL PARTNERSHIP

CYSS is currently trying to establish a partnership with authorized CYSS patrons who home-school their children in the Aberdeen and Edgewood areas.

The CYSS facilities are willing to open during specific days and times during the week so that children who are home-schooled can have access to our classrooms, computer lab and gym on a scheduled basis. Sponsors of registered home-schooled children and youth are responsible to provide student instruction and supervision during the entire period of use.

The CYSS facilities will not be available on school holidays, evenings, weekends or federal holidays. All home-school users must be registered with the CYSS Parent Central Office.

For more information, contact Stacie Umbarger, APG school liaison officer at 410-278-2857 or stacie.e.umbarger.naf@mail.mil.

BEFORE & AFTER SCHOOL IMMEDIATE OPENINGS

Participants must be registered with the Parent Central Office. Fees are based on the Total Family Income. Fees are waived for all middle school stu-

dents' afternoon care. For information contact the Parent Central Office at 410-278-7571.

PRE-SCHOOL IMMEDIATE OPENINGS

Participants must be registered with the Parent Central Office. Fees are based on the Total Family Income. For additional information contact Parent Central Office at (410) 278-7479 or (410) 278-7571.

LEISURE & TRAVEL MARYLAND STATE FAIR AUGUST 28 - SEPTEMBER 7

The Leisure Travel Office is offering tickets to the Maryland State Fair at 2200 York Rd., Lutherville-Timonium, MD 21093.

Tickets are \$7 for adults, \$2.50 for children ages 6-11, \$19 for ride-all-rides passes, and \$11 for food vouchers. Registration deadline is Aug. 17. To purchase tickets, visit Leisure Travel Services at the recreation center, Bldg. 3326.

For more information, call 410-278-4011/4907 or email usarmy.APG.imcom.list.apgr-usag-mwr-leisuretravel@mail.mil.

PA RENAISSANCE FAIRE THROUGH OCTOBER 25

Experience the fantasy of a marvelous trip back in time to the days of yore as the castle gates swing wide to usher in the 35th season of the Pennsylvania Renaissance Faire.

Featuring 35 acres of jousting knights and royal delights, the faire welcomes you with a cast of hundreds of costumed merrymakers, more than 90 shows daily, manicured gardens, scores of artisans demonstrating ancient crafts and 22 royal kitchens -- truly the faire remains a marvelous fantasy of bygone days and knights.

Tickets are \$23.25 for adults and \$10 for children ages 5-11. Registration deadline is July 9.

To purchase tickets, visit Leisure Travel Services at the recreation center, Bldg. 3326. For more information, call 410-278-4011/4907 or email usarmy.APG.imcom.list.apgr-usag-mwr-leisuretravel@mail.mil.

PENN STATE V. ARMY FOOTBALL GAME OCT. 3

Active-duty military, Coast Guard, reservists, veterans, fallen and gold star families are able to apply online for complimentary tickets to Penn State University vs. Army West Point football game as part of the Seats for Service Members program.

If interested, the application that can be accessed at: <http://bit.ly/PSUSeatsforService>. Up to 4 tickets per application. All sign-ups are simply requests until confirmed via email by Penn State Athletics.

For questions visit MWR Leisure Trav-

el Services at the AA Recreation Center, BLDG 3326. For questions call 410-278-4011/4907 or email us at: usarmy.apg.imcom.list.apgr-usag-mwr-leisuretravel For more information visit: www.gop-susports.com

DISNEY ON ICE - 100 YEARS OF MAGIC TICKETS ON SALE THROUGH OCT. 23

Grab your Mickey ears and get ready for the ultimate Disney experience at Disney On Ice celebrates 100 Years of Magic Presented by Stonyfield YoKids Organic Yogurt! Be charmed by a cast of over 50, with Mouse-ter of Ceremonies Mickey Mouse, sweetheart Minnie Mouse, Donald Duck, Goofy and Disney Princesses including Cinderella, Rapunzel, Ariel, Snow White and Tiana. Relive the magic of Disney's Frozen with Anna, Elsa and the hilarious Olaf as they discover that true love is the greatest magic of all.

Tickets cost \$20 and are available for the following shows:

- Oct. 30 @ 7:30 p.m.
- Oct. 31 @ 10:30 a.m.; 2:30 p.m.; and 6:30 p.m.
- Nov. 1 @ 12:30 p.m. and 4 p.m.

SPORTS & RECREATION FRIDAY NIGHT FISH FRY @ RUGGLES THROUGH OCT. 30

Ruggles will offer a Friday Night Fish Fry and golf special, including nine holes of golf with cart and a beer-battered fish and chips dinner with fries and coleslaw. Cost is \$25 for military personnel, \$30 for all others. The cost of dinner only is \$15.95.

For more information, call Rik Bond at 410-278-4794 or email richard.j.bond10.naf@mail.mil

INTRAMURAL FLAG FOOTBALL

REGISTRATION DEADLINE SEPT. 4

The flag football season on APG will begin Sept. 14. Applications, league fees and rosters are due at time of registration, no later than Sept. 4. Cost is \$250 per team, all active-duty teams play for free.

Game times will be at 6:30, 7:30 and 8:30 p.m. For more information, call 410-278-7933 or 410-436-3375, email usarmy.apg.imcom-fmwr.list.usag-mwr-sports@mail.mil, or visit www.apgmwr.com.

INTRAMURAL SOCCER

REGISTRATION DEADLINE SEPT. 4

The intramural soccer season on APG will begin Sept. 14. Applications, league fees and rosters are due at time of registration, no later than Sept. 4. Cost is \$250 per team, all active-duty teams play for free.

Game times will be at 6:30 and 7:30 p.m. For more information, call 410-278-7933 or 410-436-3375, email usarmy.apg.imcom-fmwr.list.usag-mwr-sports@mail.mil, or visit www.apgmwr.com.

DRIVE AWAY DOMESTIC VIOLENCE GOLF TOURNAMENT SEPT. 23

Ruggles Golf Course will host a "Drive Away Domestic Violence Golf Tournament" to raise awareness of domestic violence prevention. The tournament will be a 4-person scramble, captain's choice. Registration begins at 11 a.m. Lunch will be from 11:30 a.m. to 1 p.m., followed by a shot-gun start. The tournament is open to men and women and costs \$45.

The purple ball challenge winners will be documented on a plaque displayed at Ruggles.

For more information, call the Ruggles Pro Shop at 410-278-4794.

LUNCH AND LEARN TUESDAYS & THURSDAYS THROUGH SEPT. 24

For \$15 a person, participants at the Ruggles Lunch and Learn will receive one hour of group clinic open to golfers of all skill levels. The clinic includes a choice of box lunch: Italian, club, chicken caesar, chicken salad or tuna salad wrap, chips, cookies and a bottle of water.

Lunch and learns are also available as team building events.

For more information, call the golf pro shop at 410-278-4794.

ULTIMATE FRISBEE WEDNESDAYS

Ultimate Frisbee matches will be held at Shore Park on APG North (Aberdeen), Every Wednesday from 5:15 to 7 p.m.

Ultimate Frisbee is a limited-contact team field sport played with a frisbee. Points are scored by passing the disc to a teammate in the opposing end zone. Other rules imply that players must not take steps while holding the disc (but may maintain a pivot) and interceptions and incomplete passes are turnovers.

All levels of players are invited -- beginners are welcome to come out and try a new activity!

ARMY COMMUNITY SERVICE APPLYING FOR FEDERAL EMPLOYMENT SEPT. 22 AND NOV. 9

ACS will host an "Applying for Federal Employment" workshop, exploring the 10 steps to federal employment. Seating is limited to 30 individuals. Participants are encouraged to bring their lunch.

Registration is required. Visit www.mwejobs.maryland.gov; create a user account; go to events calendar on left-hand side; move forward to appropriate date; click on "APG How to Apply for Federal Jobs"; Click register.

Learn more about APG MWR activities and services by going online at www.apgmwr.com and download the FMWR Directory.

APGMWR



Trip/Tickets

Philadelphia, PA
Dec 12, 2015



Departure: 8 a.m.
APG Recreation Center Parking Lot

Return: 8 p.m.
APG Recreation Center Parking Lot

Kick-Off: 3 p.m.

Trip: \$130 per person
(Includes game ticket and transportation)

Game ticket Only: \$91
All tickets are Upper Level End Zone Navy Side

Registration Deadline:
September 18, 2015

To purchase visit MWR Leisure Travel Services at the AA or EA Recreation Center.

Questions?
410-278-4011/4907 or email us at
usarmy.APG.imcom.list.apgr-usag-mwr-leisuretravel@mail.mil






Special Needs Resource Lending Library





The EFMP Lending Library provides an opportunity for Families who have a member with special needs to learn about, examine and borrow resources books and DVD's.

TOPICS INCLUDE:

- Special Education
- Advocacy
- Law
- Social Skills Development
- Behavior Management
- Parenting a Child with Special Needs
- Training DVD's
- & Much More



Open to Military Families, DOD Civilians, Retirees and Contractors
9:00am – 5:00pm Monday – Thursday
Army Community Service
Exceptional Family Member Program, Room 112
410-278-2420

'Middle School 101' eases student anxiety

Story and photo by **RACHEL PONDER**
APG News

Fifteen incoming middle school students, currently enrolled in the APG North (Aberdeen) summer camp program, asked questions and expressed their concerns about the upcoming school year during "Middle School 101," hosted by Child, Youth and School Services Aug. 19.

School Liaison Officer Stacie Umbarger, who led the forum, said the event was designed to ease anxiety and prepare students for academic achievement as they prepare to make the transition to a new school and new experiences. "They were very open and asked lots of questions," Umbarger said. "They were mainly concerned about bullying, homework, changing classes and locker assignments."

The presentation opened with a discussion from Aberdeen Middle School Principal Dr. Anthony Bess and sixth-grade assistant principal Lisa Standish.

"The one tip I give everyone is never share your locker combination with someone else," Bess said. "Even when you are having trouble with your locker. If you need help, get help from an adult."

Standish said that at the start of the school day she walks around the sixth-grade hallway and is available to assist students that need help.

"When you need help you just have to ask," she said.

Standish added that there are perks to middle school like band, gym and Project Lead the Way, an educational program focused on developing student's science, technology, engineering and mathematics, or STEM, skills.

"It's new, but new things can be exciting and fun," she said. "You are growing up, which is exciting."

After the presentation, Umbarger gave the students strategies for success

in middle school and encouraged them to choose friends who make positive choices.

"Show me your friends, I will show you your future," she said. "If you hang out with someone that gets in trouble a lot, trouble is going to find you."

She advised attendees to use their cell phones and social media with extreme caution.

"When you put your photos on the Internet, they are there forever," she said. "You have to be very careful about what you are putting out there. If you post a photo on social media, make sure it is a photo you would want your parents to see."

She urged them to just be themselves. "What makes you different is what makes you great," she said. "It's okay to be different, who says we have to be like everybody else."

At the end of the forum, seventh-grade students Chyann Benjamin, Christina Pagliaro and Andrew Fung shared their middle school experiences.

Attendees said they found the information helpful.

"I learned you can be just be yourself, you don't have to be scared," said Karissa Ocasio, 11.

Incoming sixth grader Gerald Brown, 11, said he is not worried about attending a new school.

"In middle school, I will be fine as long as I [can] be myself and focus," he said. "I will focus on the task at hand and make my parents proud."

Umbarger said she would like to expand "Middle School 101" so that more APG children can attend next year.

"I want to get current middle school students involved, so that we can make it better," she said.

For more information, contact Umbarger at 410-278-2857, or stacie.e.umbarger.naf@mail.mil.



Justin Dorsey, 11, front, raises his hand to ask a question during a Middle School 101 question and answer session hosted by APG Child, Youth and School Services Aug. 19.

CDC employee saves stranger with CPR

By **STACY SMITH**
APG News

Bayside Child Development Center (CDC) staff member Nakesia Wesley performed life-saving CPR on a local man after he fell off his motorcycle while riding on Route 40 in Perryville, Maryland July 25.



Wesley

Wesley said the man was riding in front of her car with a few friends when he suddenly lost control of his motorcycle and went down.

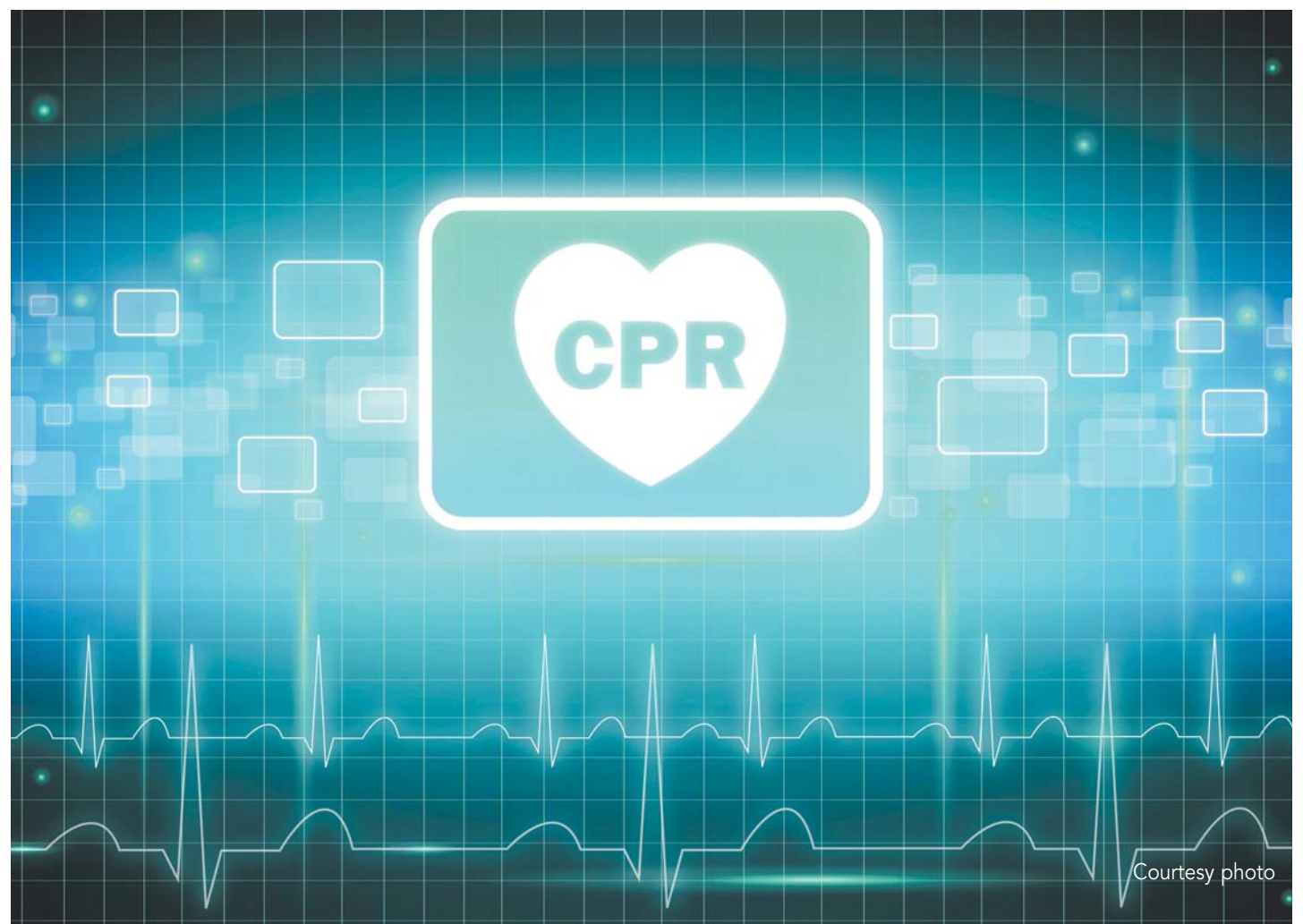
"I stopped my car behind him, and when I went over to him and rolled him over, he wasn't breathing," Wesley said. "So I started doing chest compressions."

The man was air-lifted to the University of Maryland Medical Center's Shock Trauma where he remained in the intensive care unit for approximately three weeks. He was recently relocated to a rehabilitation facility in Baltimore and is expected to make a full recovery.

Wesley said she learned CPR while working at the CDC as a child and youth program assistant. According to Bayside CDC facility director Annie Hite, CPR and first aid training is conducted biennially at the facility by the Directorate of Emergency Service's fire prevention branch and is mandatory for all CDC employees.

Wesley had completed CPR refresher training just a few weeks prior to the accident. Although she said she recognizes the relevance of CPR training, she never thought she'd have to use it in a real-life emergency.

"Especially not outside of here (work)," Wesley said. "I never thought I'd have to do it, and I didn't give it a second thought. When I saw him go



down, I just pulled off to the side of the road and started running."

Wesley credits her ability to remain calm in a crisis to her job working with infants. Though she continued her daily routines after the incident, she said the experience left her shaken.

"My nerves were pretty shot afterward. I had some trouble sleeping for a few days," she said. "I was really worried about him."

After two weeks of inquiring, Wesley was finally reunited in the hospital with the man she saved. She said he's in good

spirits despite his injuries.

"I got to meet his mother...She was like, 'I appreciate you. Thank you.' I said, 'don't thank me; I would just want somebody to do it if it was my husband,'" Wesley said. "He's got a bit of a long road, but they're expecting him to do well," she added.

Wesley has worked at the CDC as a child and youth program assistant for three years. Her colleagues said they were proud of her actions.

"We're very proud of her," said She-meika Wilbert. "She got in there and

the training took over. I don't know if I could have done it."

Since the accident, Wesley has encouraged her husband and his friends who are motorcyclists to become CPR certified. She said her story has convinced others to learn the life-saving technique.

"A couple [of] people said to me, 'you know what, I need to go get recertified.' And that made me feel good."

For information about CPR or how to become CPR certified, visit www.redcross.org.

Leave Donations Employees eligible for donations in the Voluntary Leave Transfer Program

To participate in the Voluntary Leave Program, use forms OPM 630, Application to Become a Leave Recipient Under the Voluntary Leave Transfer Program; OPF 630-A, Request to Donate Annual Leave to Leave Recipient Under the Voluntary Leave Transfer Program (within agency); or OPM 630- B, Request to Donate Annual Leave to Leave Recipient Under the Voluntary Leave Transfer Program (outside agency). Please contact Sue Campbell at 410-306-0266 or sue.a.campbell8.civ@mail.mil

Adair, Jennifer
Alba, Audrey
Boone, Nancy D.
Budzinski, David
Ciborowski, Steven
Clark, Lyra
Dissek, Michael J.
Finegan-Bell, Antoinette

Gaddis, Lonnie
Gilley, Christopher M.
Hancock, Kimberly M.
Hazel, Wanda L.
Johnson, Douglas W.
Kent, Nathaniel
Kladitis, Johnathan
Kuciej, Andrea D.

Leonforte, John L.
Lloyd, Wayne F.
McAlpine, Maria
McCauley, Adrienne
Meadowcroft, Catherine
Moore, Deborah A.
Morrow, Patricia D.
Puhalski, Kiyoko

Royston, James A.
Scott, Gerald L.
Solomon, Je'Neane
Tezak-Reid, Theresa M.
Urban, Brenda G.
Venable, Jr. Ronald

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Sun and water safety tips for children

American Academy of Pediatrics

Summer is almost over but there's still plenty of warm weather left. Keeping your family safe during summer activities often means being extra vigilant while watching over infants, toddlers and youngsters. Here are some tips from the American Academy of Pediatrics (AAP) that can help ensure a safe end-of-summer and beyond for the whole family.

Preventing sunburn

Infants 6 months and younger:

The two main AAP recommendations to prevent sunburn are to avoid sun exposure and to dress infants in lightweight long pants, long-sleeved shirts, and brimmed hats that shade the neck.

When adequate clothing and shade are not available, parents should apply a minimal amount of sunscreen with at least 15 SPF (sun protection factor) to small areas, such as the infant's face and the back of the hands. If an infant gets sunburn, apply cool compresses to the affected area.

For all other children:

The first, and best, line of defense against harmful ultraviolet radiation (UVR) exposure is covering up. Stay in the shade whenever possible, and limit sun exposure during peak intensity hours of 10 a.m. to 4 p.m.

Wear a hat with a three-inch brim or a bill facing forward, sunglasses (look for sunglasses that provide 97-100 percent protection against both UVA and UVB rays), and clothing with a tight weave.

On sunny and cloudy days use a sunscreen with an SPF 15 or greater that protects against UVA and UVB rays. Be sure to apply enough sunscreen – about one ounce per sitting for a young adults. Reapply sunscreen every two hours, or after swimming or sweating.

Use extra caution near water and sand – and even snow – as they reflect UV rays and may cause the skin to sunburn faster.

Heat Stress

Heat stress in children

Activities that last 15 minutes or more should be reduced whenever high heat or humidity reach critical levels. At the beginning of a strenuous exercise program or after traveling to a warmer climate, the intensity and duration of outdoor activities should start slow and then gradually increase over 7 to 14 days to acclimate to the heat, particularly in humid climates.

Before outdoor physical activities, children should drink freely and should not feel thirsty. During activities less than one hour, water alone is fine. Keep water or sports drinks available and ensure they take breaks to drink every 20 minutes while active in the heat.

Clothing should be light-colored and lightweight and limited to one layer of absorbent material to facilitate evaporation of sweat. Sweat-saturated shirts should be replaced with dry clothing.

Practices and games played in the heat should be shortened and there should be frequent water/hydration breaks. Children should be promptly moved to cooler environments if they feel dizzy, lightheaded or nauseous.

Heat stress in infants

Infants and small children are not able to regulate their body temperature in the same way as adults. Every year, children die from heat stroke after being left

Teach Kids to Swim.

It can mean the difference between a close call and a call to 911.

Pool SAFELY



- Always watch kids around water
- Fence all pools
- Stay away from drains

You never know which step might save a life, until it does.

PoolSafely.gov

in hot cars, often unintentionally, with the majority of these deaths occurring in children ages 3 and under. Here are some tips for parents when traveling in a car with infants or young children:

- Always check the back seat to make sure all children are out of the car when you arrive at your destination.
- Avoid distractions while driving, especially cell phone use.
- Be especially aware of children in the car when there is a change in routine; if someone else is driving them in the morning, for example, or you have to take a different route to work or child care.
- Instruct your childcare provider to call you if your child has not arrived within 10 minutes of the expected arrival time.
- Place your cell phone, bag or purse in the back seat, so you are reminded to check the back seat when you arrive at your destination.

Pool safety

Never leave children alone in or near the pool or spa, even for a moment; close supervision by a responsible adult is the best way to prevent accidental drowning. Whenever children under age 5 are in or around water, an adult – preferably one who knows how to swim and perform CPR – should be within arm's length, providing "touch supervision."

• Install a fence at least 4 feet high around all four sides of the pool. The fence should not have openings or protrusions that a young child could use to get over, under, or through.

• Make sure pool gates open out from the pool, and self-close and self-latch at a height children can't reach. Consider installing alarms on the gate that sound when the gate is opened. Consider surface wave or underwater alarms as an added layer of protection.

• The safest fence is one that sur-

rounds all four sides of the pool and completely separates the pool from the house and yard. If the house serves as the fourth side of the fence, install an alarm on the exit door to the yard and the pool. For additional protection, install window guards on windows facing the pool. Drowning victims have also used pet doors to gain access to pools. Keep all of your barriers and alarms in good repair with fresh batteries.

• Keep rescue equipment (a shepherd's hook – a long pole with a hook on the end – and life preserver) and a portable telephone near the pool. Choose a shepherd's hook and other rescue equipment made of fiberglass or other materials that do not conduct electricity.

• Avoid inflatable swimming aids such as "floaties." They are not a substitute for approved life vests and can give children and parents a false sense

of security.

• Children age 1 and older may be at a lower risk of drowning if they have had some formal swimming instruction. However, there is no evidence that swimming lessons or water survival skills courses can prevent drowning in babies younger than 1 year.

• The decision to enroll a child 1-year-old or older in swimming lessons should be made by the parent based on the child's developmental readiness and exposure to water. Swim programs should never be seen as "drown proofing" a child of any age.

• Avoid entrapment: Suction from pool and spa drains can trap a swimmer underwater. Do not use a pool or spa if there are broken or missing drain covers. Ask your pool operator if your pool or spa's drains are compliant with the Pool and Spa Safety Act. If you have a swimming pool or spa, ask your pool service representative to update your drains and other suction fitting with anti-entrapment drain covers and other devices or systems. See PoolSafely.gov for more information on the Virginia Graeme Baker Pool and Spa Safety Act.

• Large, inflatable, above-ground pools have become increasingly popular for backyard use. Children may fall in if they lean against the soft side of an inflatable pool. Although such pools are often exempt from local pool fencing requirements, it is essential that they be surrounded by an appropriate fence just as a permanent pool would be so that children cannot gain unsupervised access.

- If a child is missing, look for him or her in the pool or spa first.
- Share safety instructions with family, friends and neighbors.

The Consumer Product Safety Commission (CPSC) offers these tips for children ages 7-10:

How to be safe around pools and spas:

1. Learn how to swim
2. Swim with a buddy
3. Make sure a lifeguard or adult is watching
4. Stay away from drains and outlets
5. Learn water safety skills
6. If someone needs help, throw them a life ring or noodle and call an adult.

Follow the adventures of Splish and Splash while learning more about pool safety on the CPSC website at <http://www.cpsc.gov/>.

BY THE NUMB#RS

Women's Equality Day

On Aug. 26, 1920, the 19th Amendment granting women the right to vote was incorporated into the U.S. Constitution. Every year since 1972, the president proclaims Aug. 26 as Women's Equality Day to commemorate the historic milestone.



29+ million

Estimated number of women who have access to expanded preventive health services coverage in private insurance plans due to the 2014 Affordable Care Act.

26+ million

Number of U.S. women who gained the right to vote on Aug. 26, 1920 with the ratification of the 19th Amendment.

200,000+

Number of active-duty women in the U.S. military, including 69 generals and admirals, as of 2013.

167

Years that have passed since the first U.S. women's rights convention was held in 1848 at Seneca Falls, New York. Suffragists asserted women's right to societal value, income, and political power.

78

Percentage of what full-time, year-round female employees earned in 2013 as compared to their male counterparts.

21

Years since the Violence Against Women Act (VAWA) was enacted in 1994 under the leadership of then-Senator Joe Biden. The federal law is the cornerstone of the nation's response to domestic and sexual violence.

By **STACY SMITH** APG News

Source(s): www.aauw.org, www.americanprogress.org, www.whitehouse.gov, www.cnn.com



Have a great idea for a story?

The APG News accepts story ideas and content you think the APG community should know about.

- Story ideas or content must be geared toward the greater APG community and cannot appear to endorse any private company.
- The deadline for content to appear in an upcoming issue of the APG News is the **Thursday PRIOR** to publication. The APG News cannot guarantee submissions received after the Thursday prior to publication will appear in the next issue of the paper.
- Send story ideas or pre-written content to amanda.r.rominiecki.civ@mail.mil or call 410-278-7274 for more information.
- Please note, the APG News editor reserves the right to (1) reject any content deemed inappropriate, irrelevant or against regulation, (2) delay the publication of submitted material if it is not timely and (3) edit or shorten content for space and style reasons without altering the meaning of the submission.

THIS WEEK IN APG HISTORY



Take a look back in time as the APG News explores what made the headlines around APG during this week 10, 25 and 50 years ago. This week's APG News masthead is from 1970.

By YVONNE JOHNSON, APG News

2015

10 Years Ago: Aug. 25, 2005



(Left) Police Officer Jim Toscano shows the new crime-fighting chariot to Kirk Buerle, 10, during the first APG National Night Out event in Patriot Village.



(Right) Crime Prevention Officer Mike Farlow shows bike safety information to a family during Stand Up For Children activities at the Maryland Boulevard Park.

2010

2000

25 Years Ago: Aug. 22, 1990



(Left) Dressed in safety gear, Judy Dawson, right, and Ralph French prepare cartridge castings in the Ammunition Processing Division of the U.S. Army Combat Systems Test Activity.

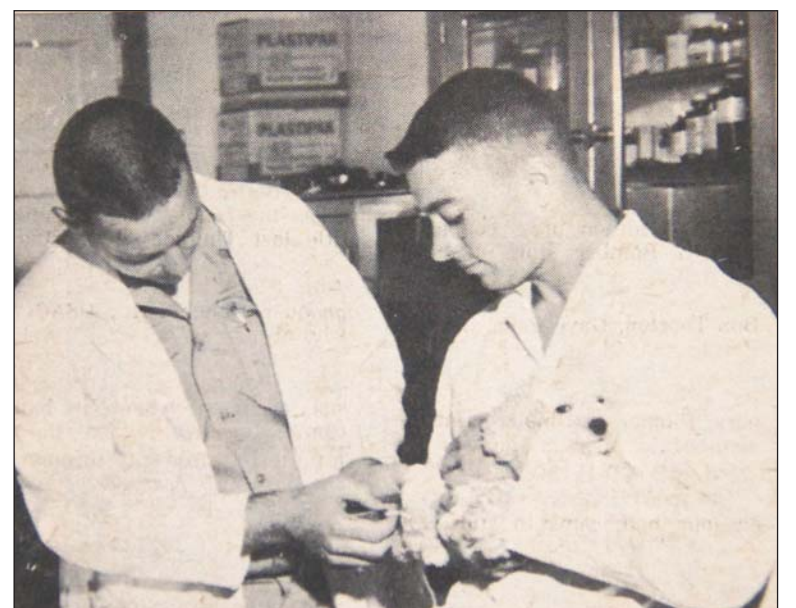
(Below) Maj. Gen. George H. Akin, center, commander, U.S. Army Test and Evaluation Command and APG, thanks Col. Wilson H. Rutherford III, left, outgoing APG Support Activity Commander, and welcomes Col. Robert W. Mortis, right, incoming APGSA commander during a Fanshaw Field ceremony.



1990

1980

50 Years Ago: Aug. 26, 1965



(Above) Spc. Robert V. Mitchell holds Fifi, a toy French poodle, as 1st Lt. John O. Walther administers a distemper shot.

(Left) Red Cross First Aid Instructor, Mrs. Floyd Wagner applies a bandage to William H. Creed Jr. during a demonstration for a junior first aid course.

1970

1960

1950

Maximizing Facebook privacy settings

By **PRISCILLA REY**
IMCOM

In a survey conducted last years by the Pew Research Center, Facebook remains by far the most popular social media site. As a member of the military, and for family members of service members, it is more important than ever to remain vigilant of operational security (OPSEC).

Sharing information on your Facebook timeline may seem harmless but can be dangerous to loved ones and fellow Soldiers.

Never accept a friend request from someone you don't know, even if they know a friend of yours. Don't share information that you don't want to become public. Someone might target you for working in the DOD, so be cautious when listing your job, military organization, education and contact information. Providing too much information in your profile can leave you exposed to people who want to steal your identity or sensitive operational information.

Understanding what you can and cannot post on Facebook goes a long way in protecting yourself online, but more can be done by adjusting your privacy settings.

There are a lot of ways to protect your privacy on Facebook and a lot of people are not aware that most information is available for everyone. We did some research on how to set your settings into the highest security level.

Here is how to set the highest security settings on your Facebook profile.

Choose who can view your Facebook posts.

1. Log into Facebook. Go to Settings, Privacy.

2. There you have three subjects: 'Who can see my stuff?', 'Who can contact me?', and 'Who can look me up?'.

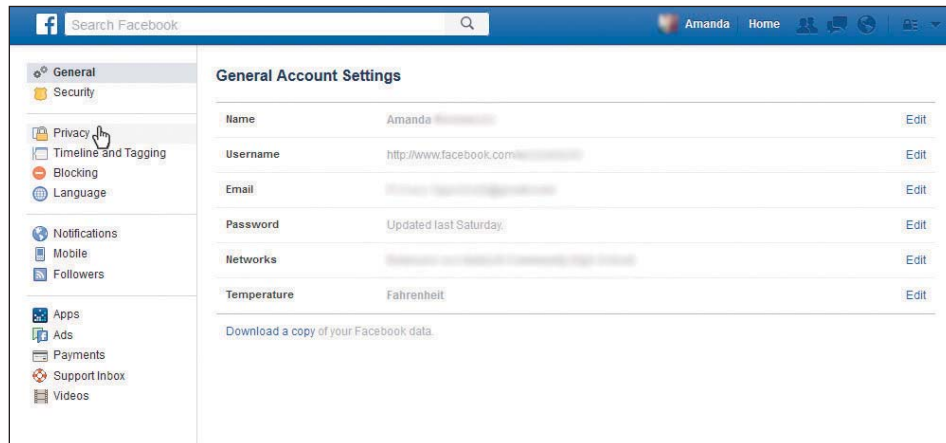


Photo illustration by Amanda Rominecki

Maximize your privacy settings on Facebook by logging in and going to "Settings." Then click "Privacy" in the left navigation bar. From there, you can adjust settings for who can see your posts to Facebook, who can contact you and who can look up your profile.

3. To maximize the security on your page, choose 'Only me' or 'Only friends'. This prevents other people from seeing stuff that you post.

4. Under 'Who can look me up?', Facebook will ask, "Do you want other search engines to link to your timeline?" Do not let other search engines link to your timeline.

Maximize privacy of your timeline and prevent tagging.

1. When you post pictures on your timeline you can change the settings on who can see, comment or add things to it. You can also determine who is allowed to post stuff on your timeline.

2. Log into Facebook. Go to Settings, Timeline and Tagging.

3. There you have three subjects: 'Who can add things to my timeline?', 'Who can see things on my timeline?', and 'How can I manage tags people add, and tagging suggestions?'.

4. The best thing to do is to make this public to just you or your friends only.

Don't have friends of friends put stuff or comments on your pictures and keep this as private as you can.

5. When you're "tagged" in a post, it means that someone has created a link to your profile. You can turn on Tag Review to review tags friends add to your content before they appear on Facebook. In the 'How can I manage tags people add and tagging suggestions?' section, click edit and click the disabled button and change its setting to enabled.

Prevent others from commenting on your profile picture.

1. A new update to Facebook allows you to change the size of your profile picture. It also allows you to make the picture private and unclickable.

2. Through Photoshop, Microsoft paint or any other photo editing software, you can change the size to 180 x 180 pixels. This will make it a square image and smaller. Save this and use this one as your profile picture on Facebook.

Army making base camps more energy efficient

By **ALLISON BARROW**, CERDEC
and **JEFFREY SISTO**, NSRDEC

When you need to charge a cell phone or turn on the lights, the power is typically there. You most likely don't have to wonder how you'll get it or how long you'll have it.

But for Soldiers at small base camps in forward operational environments, being able to harness and maintain power is essential for operating effectively. The better they're able to manage available power and energy, the less they have to rely on resupply convoys to bring more fuel and batteries, driving up costs, taking Soldiers away from other missions, and risking lives in the process.

The Secretary of the Army, the Army Chief of Staff, and the Sergeant Major of the Army made effective energy solutions a top priority, and the Army has a number of initiatives to make base camps more energy efficient by enabling Soldiers to not only maintain power for longer, but to intelligently control power distribution. The aim is to decrease the power draw and more smartly manage the use of available power, limiting the number of resupply convoys needed.

Base Camp Integration Lab

The Army demonstrated a number of these integrated capabilities at the Base Camp Integration Lab at Fort Devens, Massachusetts July 7-31, with the overall goal of reducing fuel, water and waste at small base camps.

This 300-person camp demonstration was the third in a series of demonstrations that are part of the Sustainability Logistics Basing – Science Technology Objective Demonstration, known as SLB-STO-D. The research effort to make base logistics more sustainable is led by the Research, Development and Engineering Command, and is being managed by the Natick Soldier Research, Development and Engineering Center, or NSRDEC, with collaboration from the Communications-Electronics Research, Development and Engineering Center, or CERDEC, for several fuel saving technologies, the Tank Automotive Research, Development and Engineering Center to reduce water demand and waste water generated and the Army Research Laboratory for basic research across each of the areas.

"These operational demonstrations provide an excellent opportunity to showcase how each of the fuel, water and waste technologies contributes to the overall objectives when integrated together. The data collected during the event allows the systems with the highest return on investment and those that have the biggest impact to be identified," said Gregg Gildea, NSRDEC's lead for the SLB-STO-D.

CERDEC's Command, Power and Integration Directorate, or CP&I, is leading several fuel reduction technologies with the task to cut fuel consumption by 25 percent.



Photo by Allison Barrow

Data collection takes place for CERDEC's Innovative Cooling Equipment program, which aims to reduce the electrical energy required to produce cooling and heating for forward bases as well as Brigade and below environmental requirements, during a demonstration at the Base Camp Integration Lab at Fort Devens, Massachusetts July 7-31.

"Our job is to demonstrate our technologies and show how their improvements impact the issues – those being reduction of fuel consumption, operational efficiency and how it impacts mission flexibility," said Selma Matthews, CERDEC CP&I engineer, and fuel lead for the project.

Energy Informed Operations

One of CERDEC's initiatives for intelligent power management is the Energy Informed Operations project, which is developing a nonproprietary tactical microgrid architecture that allows integration and sharing of different power sources aimed at providing more efficient, more reliable power for a tactical base camp.

In this demonstration, the team constructed a large microgrid consisting of several generators that powered base camp equipment, including shelters and shower facilities, as well as air conditioners, called environmental control units, said Garrett Clarke, the CERDEC CP&I software lead for Energy Informed Operations.

Having the ECUs connected to the microgrid allowed for better power distribution and provided the microgrid with initial steps toward identifying what loads are connected to the grid, and allowed the grid to intelligently shed those loads to save power if necessary, Clarke said.

Soldiers could control the ECUs directly through the EIO software application. For example Soldiers were able to turn off the cooling inside a specific tent to save power.

"The objective of the Energy Informed Operations architecture and standards will allow Soldiers to efficiently manage, monitor and control a microgrid," Clarke said. "This will provide Soldiers with real-time information about their power resource-

es in situations where they may be constrained, may not be able to get resupply or have multiple generators or other power resources available to them. The microgrid will take into account these things and provide them with the best way to sustain their power as long as possible until that resupply can occur," Clarke said.

Innovative Cooling Equipment

ECUs with improved efficiency was another capability CERDEC brought to the demonstration as part of its Innovative Cooling Equipment, or ICE, program.

The ICE program aims to reduce the electrical energy required to produce cooling and heating for forward bases as well as Brigade and below environmental requirements. This is done through advancements in thermodynamic cycles, electronics/digital controls, heating ventilation, air conditioning components and waste heat recovery.

The Army Materiel Systems Analysis Activity and Project Manager Expeditionary Energy and Sustainment Systems have found that up to 60 percent of generator power goes to environmental control, said Bill Campbell, CERDEC CP&I ICE project manager.

The advanced ECUs benefit Soldiers through improved and sustained control of the environment, reduced noise and humidity control, Campbell said.

"A 10 percent ECU efficiency improvement would translate to a savings of more than three million gallons of fuel. This represents not only a potentially significant cost savings but a major reduction in the number of fuel convoys required to sustain the operations," Campbell said. "The ICE program has built prototypes which have shown that the 10 percent efficiency reduc-

3. Then, click on your profile picture. You will see a new edit button.

4. Click on the 'Public' dropdown menu and select 'Only Me'.

Stop Facebook from sharing your location.

Geotagging is the process of adding geographical identification to photographs, videos, websites and SMS messages. It is the equivalent of adding a 10-digit grid coordinate to everything posted on the Internet. You can prevent Facebook from sharing your location.

Geotagging is typically done automatically on your tablet or mobile phone. When you first installed Facebook on your tablet or mobile phone, it probably asked for permission to use your phone's location services so that it could provide you with the ability to "check-in" at different locations and tag photos with location information. Revoke this permission in your phone's location services settings area.

There are also apps to strip your geolocation. Koredoko, deGeo (iPhone) or Photo Privacy Editor (Android) are just a few.

If you post to Facebook, you may see a light-gray location description in the lower left of the status box. Always check to see if the location is posted. If it is, remove it. Simply hover your cursor or finger over the location and click the X.

The Army's Social Media Handbook provides great information on safe networking and how to register your unit site. It also gives you guidance on Army branding standards and provides Facebook reference guides. It's available at www.us.army.mil/suite/doc/43167236 (AKO login required) or www.slide-share.net/usarmysocialmedia.

Always remember: Think before you post. Stay safe.

tion is achievable. We are looking to continue our efforts with an ultimate goal of as much as a 30 percent efficiency improvement in all ECUs."

Energy Efficient Optimization

NSRDEC's Energy Efficient, or E2, Optimization program also reduces fuel consumption in combat outposts and platoon base shelters through enhanced energy-control management, battery storage, improved electrical component design and energy efficient shelters.

E2 Optimization's improved shelter systems feature thermal insulation, solar shade, passive ventilation and LED lighting, while two ECUs improve the heating, cooling and dehumidification capabilities. A Microgrid Storage and Distribution Unit battery storage distribution system coupled with power monitoring software minimize the running time and logistical burden of generators.

Additional power technologies demonstrated were Man-Portable Generator Sets for Power Generation for Expeditionary Small Unit Operations, or MANGEN, and the Onsite Automatic Chiller for Individual Sustainment, or OACIS.

MANGEN addresses the Army's power gap between large batteries and small generator sets. The program provides a lightweight, man-portable conversion kit that adapts gasoline engines to be able to run on JP-8 fuel, the main fuel found in the field.

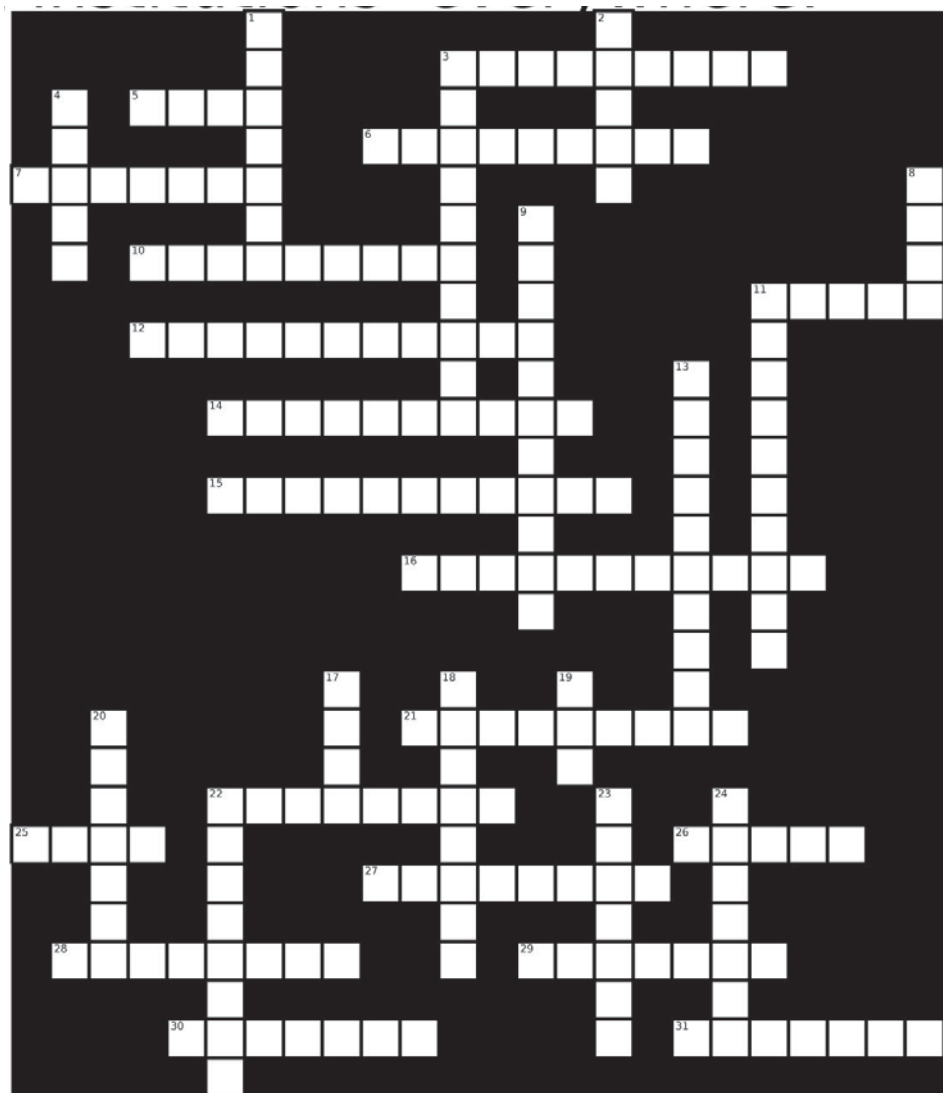
"The OACIS leverages high-efficiency refrigeration technology to reduce the energy and power needed to chill up to 500 liters of bottled beverages at base camps. OACIS reduces the fuel draw and encourages Soldier-hydration via easy access to cold beverages," said Gildea.

Soldier perspective is an important part of becoming a more energy efficient force, and Soldiers from the 542nd Quartermaster Forcer Provider Company were on hand throughout the demonstration to provide feedback on the applicability of the technologies and test their ease of use, Matthews said.

"The EIO microgrid went above and beyond what we expected to see," said a Soldier with the 542nd Force Provider Company during the demonstration. "Everything that it could possibly do would make our job even easier."

Planning is underway to demonstrate approximately 25 additional technologies to help make base camps more efficient during Fiscal Year 2016 at two venues: a 1,000-person camp demonstration at the Contingency Base Integrated Technology Evaluation Center at Fort Leonard Wood, Missouri and a 300-person camp demonstration at the BCIL.

Additionally, a capstone integrated demonstration is being planned with acquisition partners to showcase technologies with the greatest impact to base camp efficiency and potential for transition to programs of record in Fiscal Year 2017.



The APG Crossword

Back to school!

By **RACHEL PONDER**, APG News

Millions of students will head back to class in August and September. This education-themed trivia puzzle salutes learning institutions everywhere.

Across

- 3. The scientific study of social behavior, its origins, development, organization and institutions.
- 5. This U.S. President signed the No Child Left Behind Act Jan. 8, 2002.
- 6. On Jan. 23, 1849, she became the first woman in the U.S. to receive a medical degree.
- 7. The _____ National Spelling Bee is an annual spelling bee held in Washington, D.C. during the week following Memorial Day weekend.
- 10. The branch of knowledge con-

cerned with the production, consumption and transfer of wealth.

- 11. Another name for student.
- 12. The application of scientific, economic, social, and practical knowledge in order to invent, design, build, maintain, research, and improve structures, machines, devices, systems, materials and processes.
- 14. This method of education emphasizes independence, freedom within limits, and respect for children's natural psychological, physical, and social development.
- 15. The Science and _____

Academy is a specialized school within Aberdeen High School.

16. The Free _____ for Federal Student Aid is a form that can be prepared annually by current and prospective college students (undergraduate and graduate) in the United States to determine their eligibility for student financial aid.

21. This university, located in Washington D.C., was the first school for the advanced education of the deaf and hard of hearing in the world.

22. A half-year term in a school or college, typically lasting 15 to 18 weeks.

25. The Phi _____ Kappa Society, founded Dec. 5, 1776, at the College of William & Mary in Williamsburg, Virginia, is recognized as the first Greek-letter student society in North America.

26. This company produced the first commercially available graphing calculator, the fx-7000G, in 1985.

27. The branch of mathematics concerned with the properties and relations of points, lines, surfaces, solids and higher dimensional analogs.

28. An outline and summary of topics to be covered in an education or training course.

29. The first college to grant degrees to women in 1841

30. The study of living organisms, divided into many specialized fields that cover their morphology, physiology, anatomy, behavior, origin and distribution.

31. The GED measures proficiency in science, mathematics, social studies, reading, and _____.

a student's day set aside for study and homework.

9. Star of the 1986 movie "Back to School."

11. The study of mind and behavior.

13. This Harford County school was the first in the nation to offer a high school curriculum program for Homeland Security.

17. The Common _____ State Standards is an educational initiative in the U.S. that details what K-12 students should know in English language arts and mathematics at the end of each grade.

18. Membership to this online social networking service was initially limited to Harvard University students when it launched in 2004.

19. Edgewood High School mascot.

20. The branch of science concerned with the bodily structure of humans, animals and other living organisms.

22. The _____ method, named after a classic Greek philosopher, is a form of inquiry and discussion between individuals based on asking and answering questions to stimulate critical thinking and to illuminate ideas.

23. Eight U.S. colleges make up the "Ivy League" Brown, Columbia, Yale, Dartmouth, Harvard, Penn, Princeton, and _____.

24. Havre de Grace High School mascot.

Down

1. This U.S. President signed the Elementary and Secondary Education Act (ESEA) into law in 1965. He believed that "full educational opportunity" should be "our first national goal."

2. Skull and _____ is the most prestigious of Yale's senior societies. Its members have included William Howard Taft, William F. Buckley, George H.W. Bush, John Kerry, and George W. Bush.

3. The practice or science of collecting and analyzing numerical data in large quantities, especially for the purpose of inferring proportions in a whole from those in a representative sample.

4. This English philosopher and physician asserted that humans are born into the world with no innate knowledge. This is called "blank slate theory," or tabula rasa.

8. Study _____ is a period in

Think you solved last week's puzzle?

Check out the solution below

Solution to the August 20 puzzle



WORD OF THE WEEK

Lackadaisical

Pronounced: lak-uh-dey-zi-kuh l

Part of Speech: Adjective

Definition:

- 1. Lacking enthusiasm and determination; lethargic.
- 2. Lazy; indolent

Related Forms:

- Lackadaisically - Adverb
- Lackadaisicalness - Noun

Use:

- A lackadaisical defense left the San Antonio Spurs adrift in the second half.
- I want to be organized, but I'm just too lackadaisical to get things in order.
- Due to the poor training and lackadaisical service of its staff, the restaurant folded despite its delectable cuisine.

By **YVONNE JOHNSON**, APG News
Source(s): www.dictionary.com
www.oxforddictionaries.com

ACRONYM OF THE WEEK

BOEM

Bureau of Ocean Energy Management



BOEM is an agency within the U.S. Department of the Interior. It was established in 2010 by Secretarial Order. BOEM and its sister agency, the Bureau of Safety and Environmental Enforcement (BSEE), are the agencies to which responsibility for the Outer Continental Shelf Lands Act (OCSLA) is delegated. Together, they exercise oil, gas, and renewable energy-related management functions. Specifically, BOEM activities involve resource evaluation, planning, and leasing and overseeing oil and gas programs, renewable energy programs, environmental stewardship, and regulations, reforms and governing statutes in the nation's four Outer Continental Shelf regions: Alaska, Atlantic, Gulf of Mexico and Pacific.

Abigail Ross Hopper, the former director of the Maryland Energy Administration (MEA), became director of the Bureau of Ocean Energy Management (BOEM) in January 2015.

By **YVONNE JOHNSON**, APG News
Source(s): www.boem.gov; www.wikipedia.org



APG CATCH-A-POACHER PROGRAM

A wide variety of wildlife call Aberdeen Proving Ground home. The APG Conservation Law Enforcement Branch is asking you to be a partner in protecting and preserving the natural resources here on post. If you see or have knowledge of poaching or illegal activity involving wildlife or natural resources, you can use the SUBMIT-A-TIP hotline to anonymously provide information to catch a poacher.

Call the SUBMIT-A-TIP "HOTLINE" at 410-306-4673.

Emergencies or violations in progress should always be reported via 911.

When reporting poaching or illegal activity involving wildlife or natural resources on APG, please take note of the information listed in the form below.

Name/Description/Address of the Poacher
Location/Days/Times & Type of Poaching
Vehicle/Vessel Description or Registration #

You can also cut out this completed SUBMIT-A-TIP form and mail it to: 2200 Aberdeen Blvd. APG, MD 21005

MDNG tests civil support abilities

The Maryland National Guard conducted an exercise at Lauderick Creek Training Site in Edgewood on Aug. 12, to assess its ability to quickly respond to and support civil authorities.

The service members helped to maintain public safety, provide emergency management services, and restore law and order. The exercise scenario also included helping civil authorities respond to the simulated detonation of an Improvised Nuclear Device.

Photos by Sgt. 1st Class Thaddeus Harrington



(Above) Maryland National Guard service members, wielding riot shields, work to control a crowd during a support to civil authorities exercise at Lauderick Creek Training Site, Aug. 12.

(Left) Soldiers from D. Co., 1st Battalion, 175th Infantry Regiment provide force protection during a support to civil authorities exercise at Lauderick Creek Training Site, Aug. 12.



Equality day recognizes ‘outstanding’ woman

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by women in science, technology, engineering and mathematics (STEM) fields.

Corriveau told the story of Barbara McClintock, an American scientist and cytogeneticist who was awarded the 1983 Nobel Prize in Physiology or Medicine. He said McClintock discovered ‘jumping genes,’ or transposition: the ability of genes to change position within a genome and turn physical characteristics on and off.

“Part of the struggle was that she was a pioneer; she was a visionary,” Corriveau said. “She had made this astonishing discovery, and people weren’t believing her. And part of this struggle was gender bias.”

According to Corriveau, ‘jumping genes’ revolutionized the world of genetics, but McClintock was met with derision from her male peers before she was met with acceptance. He said the story highlights how “given an opportunity, women consistently rise to the occasion. They consistently demonstrate that they can meet a challenge and make great achievements.”

Corriveau introduced guest speaker Maj. Gen. Linda L. Singh, the 29th adjutant general of the Maryland National Guard, who is responsible for the daily operations of the Maryland Military Department. Singh is the first female and African-American to hold this position.

As adjutant general, she is a senior advisor to the governor and is responsible for the readiness, administration, and training of more than 6,700 members of the Military Department with an annual budget of more than \$314 million.

Singh talked about her struggle to find success in life, how she transformed herself from a homeless high school drop-out to enlisted Soldier where she rose through the ranks to become a formidable military leader.

“I became the senior squad leader before the end of basic training,” Singh said. “That commander saw something in me even in basic training that I didn’t even see in myself. I knew that it was important for me to do the best that I could.”

“I’ve now come into understanding my responsibility to other women,” Singh said. “I have to be looking deep



Photo by Stacy Smith

ECBC director Dr. Joseph Corriveau, left, and Maryland Adjutant General Maj. Gen. Linda M. Singh, right, present Aberdeen Test Center employee Alicia Thomas with the 2015 Federal Women’s Program Outstanding Woman of the Year award during the 31st annual Women’s Equality Day observance at the APG North (Aberdeen) recreation center Aug. 19.

to mentor; I have to be looking to see where are the shining stars that need to get the opportunity so that they can be competitive.”

She addressed the female cadets from the Freestate Challenge Academy in attendance and encouraged them to stick with the rigorous program and the opportunity to change their futures.

“I do not want to hear any of you say you can’t do it,” Singh said. “Because I’ve been there [and] done that several times over. I know the feeling that the world is totally against you,” she said.

Singh encouraged leaders to offer other women opportunities for career success.

“If someone didn’t pull me up, I wouldn’t be here today,” she said. “When you see something in someone,

take a step back and say ‘I’ve got a hidden jewel. Let me help her.’”

The observance culminated with an awards and scholarship presentation. Alicia Thomas, of the U.S. Army Test and Evaluation Command’s Aberdeen Test Center, was named the 2015 Federal Women’s Program (FWP) Outstanding Woman of the Year for extraordinary support of equal opportunities and professional growth for federal women.

The U.S. Army Materiel Systems Analysis Activity was named the 2015 FWP Most Supportive Organization and Frank Belcastro of the U.S. Army Chemical Materials Activity, was named Outstanding Supervisor or Manager of the Year; both for supporting and promoting equal opportunity for women in the workplace.

Sheryl Coleman, president of the Maryland Tri-County Chapter of Federally Employed Women (FEW), presented the annual Dottie Dorman Working Women’s Scholarship to Laure Moluski, a nutritionist who is pursuing a master’s degree in nutrition and functional medicine at the University of Western States in Oregon.

The \$500 scholarship is awarded to a female federal employee who works in Baltimore, Cecil or Harford County and is currently pursuing undergraduate or master’s level education studies.

For more information about the Federal Women’s Program at APG, contact Elizabeth Young at 410-278-1392 or Teresa Rudd at 410-436-5501. For more information about FEW, a private membership organization, visit www.few.org.

VA visit connects current, former service members

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chat with the Soldiers.

Milano said the goal is to visit Perry Point VA at least once a month, and he said he hopes to get more Soldiers and units involved.

“I would want someone to do this for my family members,” Milano said.

Volunteer Sgt. 1st Class Tameka Dixon, with the APG Garrison HHC, called the event “eye opening” and “wonderful.”

“It is important do this because they gave their all to this country,” she said. “I am honored to serve not only for my family and the United States but for these veterans. We are continuing the tradition. I appreciate them.”

Nurse manager Tracy Rumble said that patients appreciate a break from

“It is important do this because they gave their all to this country. I am honored to serve not only for my family and the United States but for these veterans. We are continuing the tradition. I appreciate them.”

Sgt. 1st Class Tameka Dixon
APG Garrison HHC

the weekly routine.

“Part of the quality of life for the older veteran is knowing that they are heard,” Rumble said.

Several veterans said their spirits were lifted from the visit.

“I just like joking around with these young Soldiers,” said military veter-

an Ralph Isabell, who won a couple of bingo games.

U.S. Army veteran Charles Griffin, who served from 1979 to 1983, said he enjoyed reminiscing about his time in the military.

“I had more fun in the service than I had in my entire life,” said Griffin.

U.S. Navy veteran Ralph Platt, who served from 1967 to 1971, said he likes to talk with Soldiers about how much the military has changed over the years.

“It is really interesting,” he said. “They need more activities like this, it makes our weeks shorter. I try to stay as active as I can.”

For more information about volunteering at the Perry Point VA Medical Center call 410-642-1039 or contact Milano at 410-278-3000.

Exercise a ‘fantastic training’ opportunity for APG

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tions personnel from the directorates of Plans, Training, Mobilization and Security; Plans, Analysis, Integration and Operations; and medical personnel from Kirk U.S. Army Health Clinic mobilized in various areas, including the installation Emergency Operations Center, to respond to the possible mass casualty incident.

Later, a vehicle-borne improvised explosive device sighting drew Explosive Ordnance Disposal (EOD) Soldiers from the 20th CBRNE Command. The elaborate response included two triage locations where KUSAHC medics and DES paramedics tended to casualties.

The need for public information during an emergency was not overlooked. An information center was set up, manned by public affairs representatives from across the installation, followed by a staged press conference at the APG North (Aberdeen) recreation center, during which APG Senior Commander Maj. Gen. Bruce T. Crawford took questions from and provided updates to additional public affairs personnel roll-playing as members of the media.

On the ground at the tactical command post, where emergency responders gathered near the barricaded building, Lt. Joel Holdford, DES chief of police, serving as incident commander, received regular updates on the situation from the EOC and U.S. Army Criminal Investigation Command (CID) personnel.

Updates were non-stop and ever-changing and included reports of the hostage-taker's identity, the number of hostages and where they were being held, possible explosives, and more. Holdford used the information to deploy his resources and update negotiators. Eventually, the DES Special Reaction Team (SRT) made entry, rescued the hostage, neutralized one hostage-taker and secured the other into custody.

Participants from responders to volunteer “hostages” said they appreciated the relevancy of the exercise.

“It seems like it happens fast, but these things take time,” said Deputy Fire Chief Adam Ballard while receiving updates from the EOC. “Right now, we’re planning based on the information we have. Commanders have to look at all aspects while reacting to this information: from available personnel and equipment and where to set up triage areas once it’s safe for our guys to enter the building, to food and water for the responders as well as the hostages.”

Sgt. 1st Class Marcus Carstens of the 20th CBRNE Command was on hand to evaluate the EOD response team members who were led by Staff Sgt. Kevin Averre.

“This is an actual response team,” he said, noting that members arrived in the same type of response vehicle in real-world incidents.

“Our team leaders have a lot of training,” he said. “How deeply we get involved depends on the situation, but we’re a fully functional EOD entity. Our response teams are known by emergency responders who depend on us.”

Hostages were transported to the triage areas in the SRT Armored Rescue Vehicle.

One “injured hostage,” Mark Griep, arrived in handcuffs and under police



Photo by Molly Blasse

escort.

“I was reaching into my pockets; they didn’t like that,” he said of SRT team members, adding that he was told he’d be released once he was cleared of any involvement in the incident.

Three other “suspects” were triaged in a separate area.

“All three are categorized as perpetrators,” said DES paramedic J. Williams, adding that it is normal to set a separate triage area for suspects.

Sgt. 1st Class Lakeisha Hassell served as the KUSAHC Triage NCOIC. She led the group of KUSAHC medics who were evaluated by Maj. Slavomir Bilinski, KUSAHC emergency medical director. Bilinski said the group performed well and benefited from the training.

“The value is that this is fantastic training for our Soldiers,” he said. “We only get better from this and that’s the beauty of the whole thing. We live to train and we’re honored to serve.”

Holdford said that while the After Action Review will determine what areas need attention, overall, he thought it was “a very good exercise” that emphasized real-world intensity.

“During these types of situations there’s a great amount of information you have to take in in a short period of time,” he said. “And then you have to update your staff, do risk assessments and a number of other things before you can establish the best course of action.”

“I think we did well, but I also think we’ll do better tomorrow,” he said. “If you did everything perfect, it wasn’t a very good exercise.”

After the exercise, Davis thanked personnel from the garrison, tenant organizations, and the public for their participation and support.

“The entire staff showed extreme professionalism and our emergency responders did an amazing job.”



Photo by Yvonne Johnson

(Top) APG Senior Commander Maj. Gen. Bruce T. Crawford takes a question from a “journalist” during a mock press conference as part of the installation-wide Raven Guardian emergency exercise Aug. 20.

(Above) DES paramedic/transport officer James Royston, kneeling at left, watches as Kirk U.S. Army Health Clinic medics evaluate an “injured hostage” at one of two casualty triage stations set up for the Raven Guardian exercise.

Did You Know?

British troops set fire to the White House and Washington D.C., 201 years ago, during the War of 1812 on Aug. 24, 1814; less than a month before Francis Scott Key penned the future national anthem after the Battle of Baltimore at Fort McHenry.

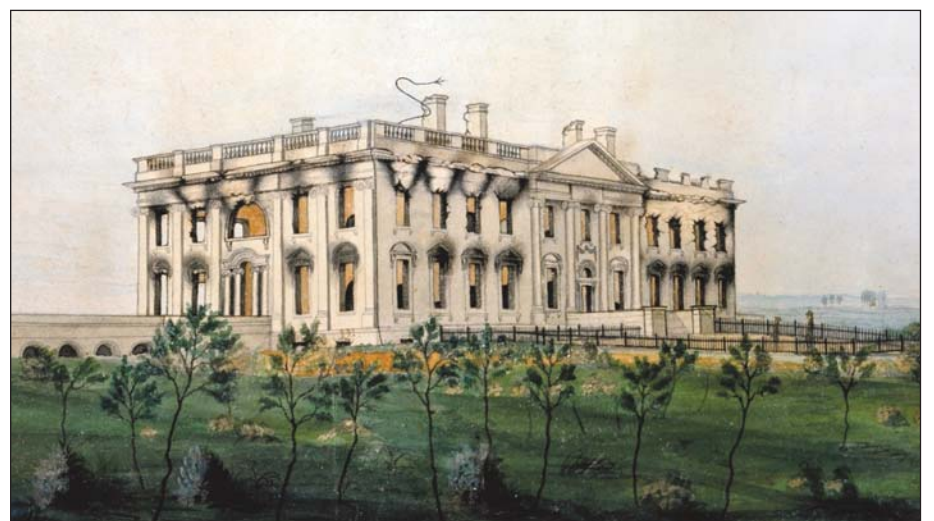
During the War of 1812, British forces under Maj. Gen. Robert Ross overwhelmed American militiamen at the Battle of Bladensburg, Maryland, and marched unopposed into Washington, D.C.

Most congressmen and officials fled the capital as soon as word came of the American defeat, but President James Madison and his wife, Dolley, escaped only shortly before the invaders arrived. Earlier in the day, President Madison had been present at the Battle of Bladensburg and had at one point actually taken command of one of the few remaining American batteries, thus becoming the first and only president to exercise in actual battle his authority as commander in chief.

The British army entered Washington in the late afternoon, and Ross and his officers dined that night at the deserted White House. The British troops set the city, and later the White House, aflame, in part as revenge for the burning of Canadian government buildings by U.S. troops earlier in the war. The White House, and several federal buildings and private homes were destroyed. The still uncompleted Capitol building was also set on fire, and the House of Representatives and the Library of Congress were gutted before a torrential downpour doused the flames. After the war, Thomas Jefferson reestablished the Library of Congress with his own personal library.

The Americans already had burned much of the historic Washington Navy Yard, founded by Thomas Jefferson, to prevent capture of stores and ammunition, as well as the 44-gun frigate USS Columbia and the 18 gun USS Argus both new vessels nearing completion. The Navy Yard’s Latrobe Gate, Quarters A, and Quarters B were the only buildings to escape destruction. Also spared were the Marine Barracks and Commandant’s House, which Marine legend attributes to a gesture of respect for their conduct at Bladensburg.

On Aug. 26, Ross, realizing his untenable hold on the capital area, ordered a withdrawal from Washington. President Madison returned to the smoking and charred ruins and vowed to rebuild the city. Madison resided in The Octagon House for the remainder of his term. Reconstruction of the White House began in early 1815 and was completed by the original architect, James Hoban, in time for the inauguration



Courtesy photo

This watercolor by George Munger depicts the White House ruins after the Aug. 24, 1814 fire set by British troops during the War of 1812. The painting remains on display at the White House.

of President James Monroe in 1817.

As witnessed by the president’s personal slave, 15-year-old Paul Jennings, Dolley Madison ordered the staff and slaves to save valuables from the British before abandoning the White House. While Dolley is credited with saving the George Washington portrait, Jennings said the actual saviors were French doorkeeper John Susé and the president’s gardener, Magraw.

Jennings brought his freedom from the widow Dolley Madison, and published his memoir - considered the first from the White House - in 1865.

In 2009, Jennings descendants, led by his great-great grandson Hugh Alexander, were guests of a White House ceremony honoring Jennings and his contributions to saving the painting and other valuables.

Yvonne Johnson, APG News
Source(s) www.wikipedia.org; www.history.com

APG SNAPSHOT

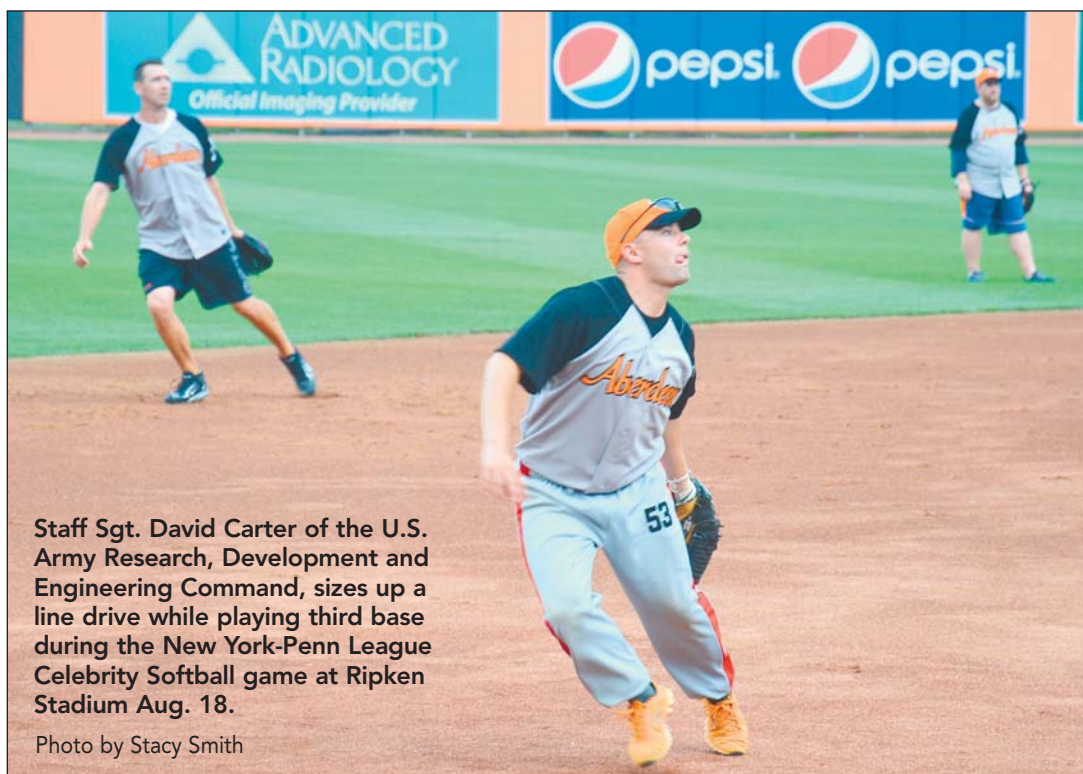
Take a peek at the events making news in and around U.S. Army Garrison Aberdeen Proving Ground. For complete photo coverage, visit <http://www.flickr.com/photos/usagapg/>.



All Stars SOLDIERS TAKE THE FIELD

Four Soldiers from APG participated in a celebrity softball game held at Leidos Field at Ripken Stadium Aug. 18. Aberdeen IronBirds Manager Joe Harrington said the friendly competition was part of the 11th Annual New York-Penn League All-Star Game festivities. The night included a mascot kickball game, an autograph session with former Orioles, local celebrities and the New York-Penn League All-Stars and a post-game fireworks show. Participating APG Soldiers included Sgt. Maj. Jamison Johnson, from the Edgewood Chemical Biological Center; Staff Sgt. David Carter from the U.S. Army Research Development and Engineering Command; and Pfc. Tracey Stevenson and Cory Rivera from Alpha Battery, 3rd Air Defense Artillery Regiment (JLENS). "This was awesome," Rivera said. "I want to thank my unit for letting me be a part of this."

Pfc. Cory Rivera eyes an incoming pitch mid-swing during an at-bat for his team
Photo by Rachel Ponder



Staff Sgt. David Carter of the U.S. Army Research, Development and Engineering Command, sizes up a line drive while playing third base during the New York-Penn League Celebrity Softball game at Ripken Stadium Aug. 18.
Photo by Stacy Smith



First baseman Pfc. Tracey Stevenson, left, and opposing teammate Pfc. Cory Rivera await the next play
Photo by Rachel Ponder



YOUTH CENTER BRINGS FRIDAY NIGHT FUN

Every Friday night, the APG North (Aberdeen) youth center offers "Friday Night Open Recreation for Teens" – a place for high school students to hang out with their friends, meet new people and play games like basketball, pool or ping pong, in a safe environment. Friday Night Open Recreation for Teens also features video games and computer and movie rooms. Open Recreation starts 6 p.m. and ends at midnight. For more information, call 410-278-4995

(Clockwise from top left) Isaiah Jones, 14, takes on staff member Nate Farlow in a pickup basketball game; Andre Armstrong II, 12, lines up a shot on the pool table; Terrell Hall, 16, sets up blocks for a game of Jenga.

