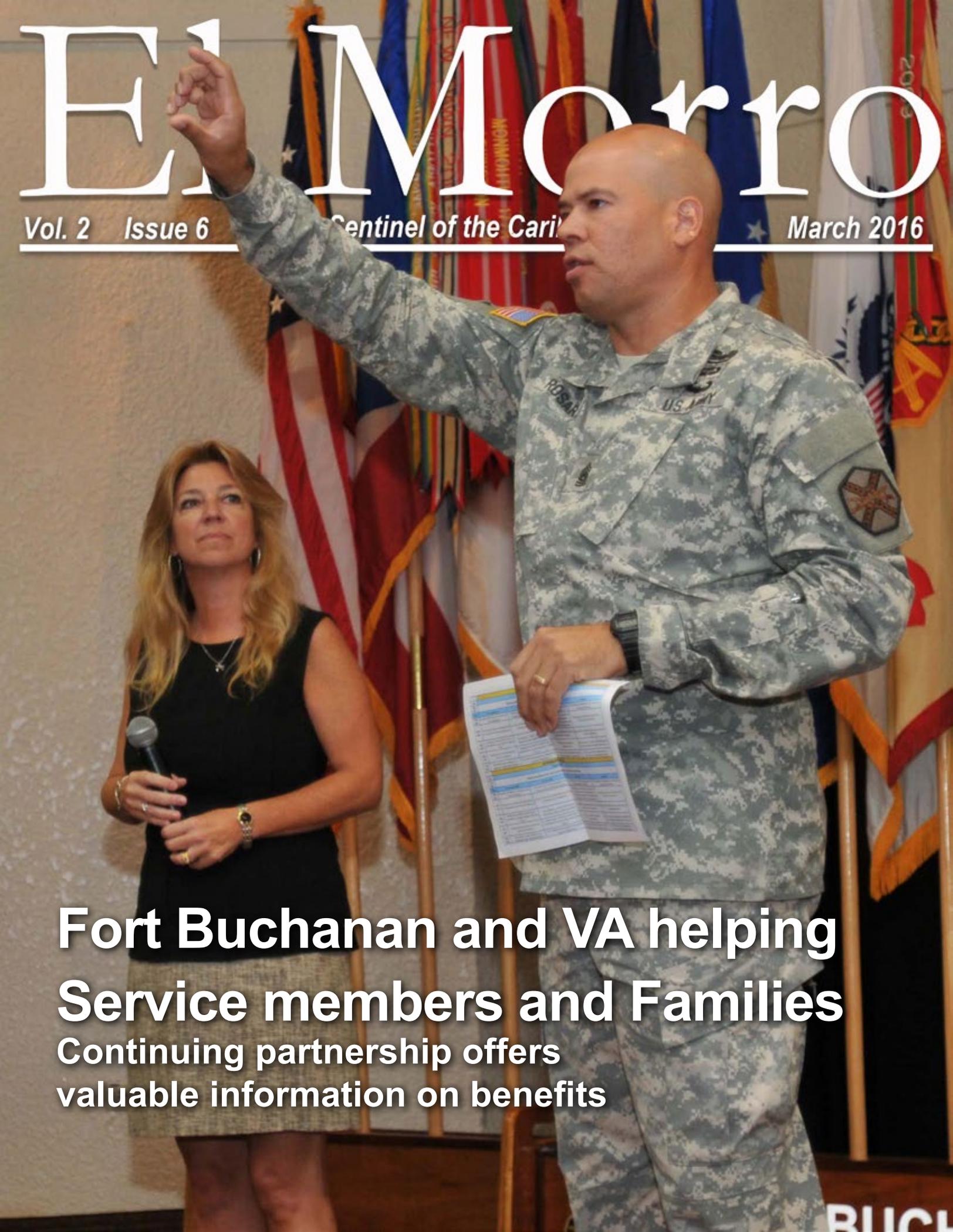


El Morro

Vol. 2 Issue 6

Sentinel of the Caribbean

March 2016

A man in a US Army uniform, with "ROSAH" and "US ARMY" visible on his uniform, is pointing upwards with his right hand. He is holding a document in his left hand. To his left, a woman with long blonde hair, wearing a black sleeveless top and a grey skirt, is holding a microphone. They are standing in front of a wall with several flags, including the US flag and a flag with the word "HONOLULU" visible. The man's uniform also features a patch with a cross and a shield.

**Fort Buchanan and VA helping
Service members and Families**
Continuing partnership offers
valuable information on benefits

BUCH

From the Garrison Commander



Team 76 (We are Fort Buchanan), please join me in celebrating Women's History Month where we take the time to remember extraordinary women have fought tirelessly to broaden our democracy's reach and help perfect our Union. This year's theme, "Working to Form a More Perfect Union: Honoring Women in Public Service and Government" emphasizes women's participation in forming a more perfect union.

Let's celebrate the countless pioneering women and the victories they won and continue our work to build a society where our daughters have the same possibilities as our sons. There are many women who were leaders in their own time and succeeded against great obstacles. You might know a few women whose stories deserve to be told as they faced challenges. We must share their success stories to inspire future generations of young women in their pursuit of life, liberty and happiness.

Today, more women are their family's main breadwinner than ever before. Women are nearly half of our Nation's workers, and they are increasingly among the most skilled. We know that when women succeed, America succeeds. The strength of our economy rests on whether we make it possible for every citizen to contribute to our growth and prosperity. As we honor the many patriots

who have shaped not only the destinies of other women, but also the direction of our history, let us resolve to build on their efforts in our own time.

Women who have served/are still serving in the United States Armed Forces are examples of the enormous transformation in the positions occupied by women. Women continue to prove to be an essential and significant part of the Army most recently evidenced by the achievements of female Soldiers in Iraq and Afghanistan. Our military women proved to have a crucial role in the defense of our nation, like SPC Frances M. Vega (whose name honors one of the main entrances to this installation) who paid the ultimate sacrifice.

The persistence and resiliency of women from all cultural backgrounds in all levels of public, private and military service underlines the fact that their dedication and willingness to share great sacrifices are essential in the continuing work of forming a more perfect union. As a Nation, we must join our voices with the chorus of history and push forward with unyielding faith to forge a more equal society for all our daughters and granddaughters—one where a woman's potential is limited only by the size of her dreams and the power of her imagination.

As we celebrate Women's History Month, we also recognize the efforts of Fort Buchanan's workforce, tenants and partners towards the accomplishment of our Vision to become a pre-eminent Joint, Interorganizational, and Multi-National (JIM) team supporting NORTHCOM Defense Support to Civil Authorities (DSCA) and Humanitarian Assistance/Disaster Relief (HA/DR) missions and supporting SOUTHCOM Theater Cooperation Plans and counter-drug task force missions. We provide military services to the entire Caribbean region as well as Central and South America via a diverse Community of strong and resilient Soldiers, Civilians, Families, and partners.

Fort Buchanan promoted this vision

during the recent Congressional Delegation visit as we informed the delegation of the training and Armed Forces Reserve Center's construction requirements necessary to enhance readiness and training platforms for our military and federal partners. Along with our Department of Defense sister services, directors from all Federal Agencies in Puerto Rico briefed the delegation on the successful partnerships being developed and the future goals of these essential relationships. I also want to say "Gracias" to the members of Fort Buchanan community, garrison and tenants for their support in the Beautification initiatives around the post. These projects not only enhance our environment but also shows pride throughout our installation.

Please check our upcoming events which offer opportunities for every member of the family. Mark your calendars for another "first" event at Fort Buchanan on Sunday, April 3 at 3:00PM at SPC Vega gate. In partnership with the San Patricio Mall, we will support the 5K en Familia (Family 5K) hosting the Children's Run in the area between Vega gate and Fort Buchanan Golf Club. There will be food, music and entertainment for the kids and kids at heart. There will be an open post policy to receive the children who register to run 600, 800 or 1,200 meters. The proceeds of the run will go to the Atención, Atención Foundation who is committed to providing training, preparation and tools to teachers, therapists, psychologists and other professionals dedicated to improve early childhood education, especially for the most vulnerable and disadvantaged children.

At 5:00PM, the adult 5K Run/Walk starts in front of the Vega gate. The proceeds of this run will go to the Children's Hospital in Guaynabo, who we visited as part of Operation Feliz Navidad. For more information on registration, please visit our neighbors at the San Patricio Mall.

"Juntos podemos lograr mucho"
"Together we can achieve much."

From the Garrison Command Sergeant Major

Garrison Commander
COL Michael T. Harvey

Garrison Command Sergeant Major
CSM Luis A. Rosario

Deputy Garrison Commander
LTC Joseph M. Dreksler

Deputy to the Garrison Commander
William S. Leyh

Public Affairs Officer
Grissel Rosa

Command Information
José L. López

Mailing address-
Public Affairs Office
ATTN: IMSE-BUC-PA
390 Crane Loop, Suite 311
Fort Buchanan, Puerto Rico 00934-4616

Story Submissions-
Email to: jose.l.lopez120.civ@mail.mil

Telephone numbers
(787) 707-4013/4486
Fax: (787) 707-3362

EL MORRO is an authorized publication, posted in accordance with Army Regulation 360-1.

Contents of EL MORRO are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense, Department of the Army or U.S. Army Garrison, Fort Buchanan.

EL MORRO is published monthly by the Public Affairs Office, U.S. Army Garrison.

All editorial content of EL MORRO is prepared, edited, provided and approved by the U.S. Army Garrison, Public Affairs Office. For guidance on how to submit items for publication, e-mail the garrison Public Affairs Office.

The PAO reserves the right to edit all submissions and to determine the suitability for inclusion in EL MORRO.

Every effort will be made to publish submissions in a timely manner. However, time, layout, style and editorial considerations, as well as determinations for publication, are determined by the Commander or the Public Affairs Officer.



During the month of March we commemorate Women's History Month. It is a month where we honor and celebrate the achievements of women throughout history. Women's History Month had its origins in 1981 when Congress passed Pub. L. 97-28 which authorized and requested the President to proclaim the week beginning March 7, 1982 as "Women's History Week".

Women in the military have a history that extends over 400 years into the past, throughout a large number of cultures and nations. Women have played many roles in the military, from ancient warrior women, to the women currently serving in conflicts. During the last two years of World War I, women were allowed to join the military. Over 33,000 women served as nurses and supported staff officially in the military.

Between 1940 and 1945, the female percentage of the U.S. workforce increased from 27 percent to nearly 37 percent, and by 1945 nearly one out of every four married women worked outside the home.

"Rosie the Riveter," star of a government campaign aimed at recruiting female workers for the munitions industry, became perhaps the most iconic image of working women during the war.

Throughout our history we can mention many women have broken the boundaries and have opened the windows of opportunities that many are benefiting from today. We are honored to have some of these hard-charged women in our workforce and our community.

In a separate subject, I will like to thank you for all the support you have given to our garrison and our workforce. You, the Fort Buchanan community, are our most important customer, and every day we endeavor to give you the very best service you deserve. Please let us know how well we are doing by using Interactive Customer Evaluation (ICE) computers around the installation.



New IMCOM commander challenges employees to be agile

By Robyn Mack
USAG Stuttgart Public Affairs

Commanding general of U.S. Army Installation Management Command, Lt. Gen. Kenneth R. Dahl, held a workforce town hall for U.S. Army Garrison Stuttgart military and civilian employees at the Patch Barracks Chapel Jan. 14.

Dahl, who took command Nov. 4, is responsible for the management of 75 installations worldwide, including USAG Stuttgart.

“We are in the business of supporting all those supported commanders out there,” Dahl said.

IMCOM professionals provide Base Operations Support, as well as services like housing and family programs to community members.

During the session, Dahl asked the audience to apply their expertise to help inform the command’s decision-making as they deal with continued resource and environmental changes.

“One of the first trips I wanted to make was to come here, to Europe,” Dahl said. “The reason is, things are changing. As Europe was drawing down and getting smaller and consolidating, there was a lag time in policy, manpower, and resources catching up with that. And then, just as it catches up, guess what happens? As you

know, the mission starts to grow and change. So that requires a lot of agility.”

Dahl said he plans to take the good ideas he has seen across IMCOM and apply them in new areas to address both the challenges and priority needs of the organization. “There’s nothing wrong with copying good ideas and spreading them around.”

Over the next few years, IMCOM plans to make changes to installation support to ensure readiness continues to be served as priority No. 1.

“I need your input,” the general told the audience. “You’ve got the texture, you’re down there where the rubber meets the road, you’re at the delivery level of those services, where the soldiers and their families are. You are going to have to help me make some tough decisions. You’ll definitely have a better idea of what the alternatives are, because the alternatives depend on the local environment.”

According to Dahl, these employee assessments are needed to address garrison support in a world that is rapidly changing. “That’s why I think we have to do the reassessments more often than we have previously done. How do we massage and move things around and remain agile.”

IMCOM Command Sgt. Maj. Jef-

frey S. Hartless added that the flexibility in service doesn’t go unnoticed. “I want to thank you for everything you do to help the senior commander here to support our Soldiers and families that are stationed here. It’s very important.”



Photo by Martin Greeson

Commanding general of U.S. Army Installation Management Command, Lt. Gen. Kenneth R. Dahl, visited U.S. Army Garrison Stuttgart for the first time since assuming the position Nov. 4, to speak with military and civilian employees at a workforce town at the Patch Barracks Chapel, Jan. 14, 2016

Terrorism is an enduring, persistent, worldwide threat.

If you see something, say something.

Help counteract terrorism.

Report suspicious activity by contacting your local law enforcement agency.

If in Fort Buchanan, call 787-707-3337.

Women recognized, still standing tall

By Magda E. Figueroa
Chief, EEO

The women's movement of the 1960s played an important role in the fight for women to be recognized as valuable citizens and not just an extension of a husband or father. Women, as a force to be reckoned with, began questioning why they had been held down under the thumb of a patriarchal world. Proclaiming discrimination and demanding equal rights, women were finally heard loud and clear.

Women's History Month celebrates the accomplishments and obstacles the female gender has overcome. In the past, women were treated as chattel and at the most, second class citizens, undeserving mention in history books. Seen as inferior to men, voting, owning property or even speaking in public was frowned upon.

Women's suffrage and the demand for equality turned the tides that drowned women of the past in sheltered, stifling lives. Finally, in 1981, the United States Congress passed a resolution declaring the week of March 8th as Women's History Month. The week grew into a month with the president proclaiming March as a month to celebrate women, both past and present.

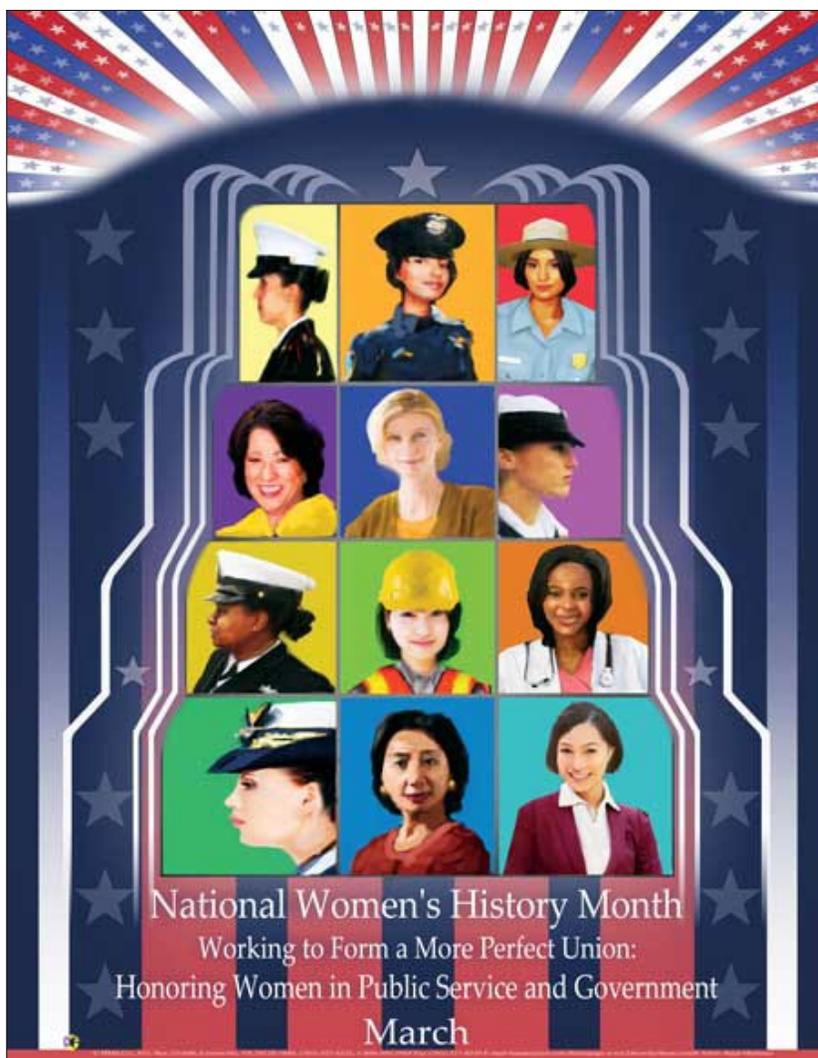
This year's theme: Working to Form More Perfect Union: Honoring Women in Public Service and Government.



Nominated by President Barack Obama on May 26, 2009, Sonia Sotomayor became the first Latina Supreme Court Justice in U.S. history.



LG (Ret.) Claudia J. Kennedy, first female to reach the rank of three-star general in the U.S. Army. Standing, Ms. Magda E. Figueroa, EEO Officer during LG Kennedy (Ret.) a visit to Fort Buchanan.



Congressional delegation visits FB

By Grissel Rosa
Public Affairs Officer

U.S. Army Garrison Fort Buchanan hosted the visit of a congressional delegation from Feb. 17-19, 2016. The visit informed members of Congress on Joint Forces and interagency partners, facility training requirements, military construction requirements, and provided a forum for senior military and federal agency leaders to engage congressional staff. The tour included visits to Ceiba, Camp Santiago and the US Coast Guard in San Juan.



Photo by José L. López, Public Affairs Office

Members of the Congressional Delegation pose at MG (Ret.) Armed Forces Reserve Center facilities. (L to R) MAJ Dan Davis, US Army Reserve Legislative Affairs; SGM Robert Hawkins, Office of the Chief Legislative Liaison; Mr. Eduardo Hilera and Mr. Jorge Mas, Office of the P.R. Resident Commissioner; Ms. Kristen Kapavik, Senior Legislative Assistant for Congressman Bill Posey; MG (Ret.) Felix A. Santoni, Civilian Aide to the Secretary of the Army (CASA) for Puerto Rico; Mr. Nishith Pandya, Legislative Assistant for Congressman Bobby Rush; Mr. Andrew W. Callahan, Legislative Assistant for Rep. Tom Rooney; Mr. Christian LaBella, Military Legislative Assistant for Rep. Mike Bost and Mr. Arthur Sydney, Chief of Staff for Rep. Henry C. (Hank) Johnson.



Photo by Grissel Rosa, Public Affairs Officer

P.R. Resident Commissioner, Hon. Pedro Pierluisi addresses the audience during the meeting held February 17, 2016 at Fort Buchanan Community Club. (Seating from L to R) MG (Ret.) Felix A. Santoni, CASA; Mr. Arthur Sydney, Chief of Staff for Rep. Henry C. (Hank) Johnson; Ms. Kristen Kapavik, Senior Legislative Assistant for Congressman Bill Posey and Mr. Nishith Pandya, Legislative Assistant for Congressman Bobby Rush.



Photo by José L. López, Public Affairs Office

Fort Buchanan Garrison Commander, COL Michael T. Harvey briefed the Congressional delegation on completed water efficiency projects that have reduced consumption approximately 30% and additional projects scheduled (subject to availability of funding) that will achieve the Army's goal of becoming a Net Zero water installation by 2020.



Photo by Grissel Rosa, Public Affairs Officer

Members of the congressional delegation train with Drug Enforcement Agency (DEA) Counter Drug Task Force at the Joint Interagency Active Threat Training Facility (JIATTF).



Photo by Grissel Rosa, Public Affairs Officer

Directors from all federal law enforcement agencies in Puerto Rico and other interagency partners attended a dinner with the Congressional Delegation at Fort Buchanan's Community Club. The Dinner served as an opportunity to inform members of Congress of the vital relationship between Fort Buchanan and all other federal agencies in the Caribbean.



Antilles Middle School Principal Luldes Giraud presents Julián Olivo Santiago with the GeoBee winner's certificate.

Antilles Middle School student wins school-level GeoBee

By Sharon McGourty, M.A., M.Ed.
School Psychologist

PEACHTREE CITY, Ga. –Eighth grade student, Julián Olivo Santiago, won the Antilles Middle School (AMS) competition of the National Geographic Bee on Thursday, Jan. 28, 2016. Antilles MS is located at Fort Buchanan, Puerto Rico, in the New York/Virginia/Puerto Rico District in the Department of Defense Education Activity (DoDEA) Domestic Dependent Elementary and Secondary Schools (DDESS) and Department of Defense Dependents Schools (DoDDS)-Cuba.

Thousands of schools around the United States, the District of Columbia, Atlantic Territories, Pacific Territories and DoDEA are participating in the 2016 GeoBee. School champions, including Julian Olivo Santiago, will take a qualifying test. The top ten finalists from across the DoDEA school

system will be selected to compete in their state Bee on April 1, 2016.

The National Geographic Society will provide an all-expenses paid trip to Washington, D.C., for the 54 state winners to participate in the national championship rounds May 22-25, 2016. The first-place national champion will receive a \$50,000 college scholarship, a lifetime membership in the Society including a subscription to National Geographic magazine, and a National Geographic Expeditions trip to a national park in recognition of the 100th anniversary of the National Park Service.

The national finals will air on television on the National Geographic Channel and PBS stations. Check local listings for dates and times.

Everyone can test their geography knowledge with the exciting GeoBee Challenge, an online geography quiz at www.nationalgeography.com/geobee,

which poses 10 new questions a day, or by downloading the “National Geographic GeoBee Challenge” app, with more than 1,000 questions culled from past Bees.

The National Geographic Society developed the National Geographic Bee in 1989 in response to concern about the lack of geographic knowledge among young people in the United States. National Geographic is a global nonprofit membership organization driven by a passionate belief in the power of science, exploration and storytelling to change the world. They fund hundreds of research and conservation projects around the globe each year. With the support of their members and donors, they work to inspire, illuminate and teach through scientific expeditions, award-winning journalism, education initiatives and more. For more information, visit www.nationalgeographic.com.

Fort Buchanan upcoming events

March

Commander's Cup Golf Tournament

March 4
Fort Buchanan Golf Club
787-707-3980

The Transition Overview/Resilient Transition

March 4, 9 a.m. -10 a.m.
Building 511
787-707-3546.

Military Occupation Crosswalk

March 4, 10 a.m.-12 p.m.
Building 511
787-707-3546

The Benefits Delivery at Discharge (BDD)

March 4, 1 p.m.- 3 p.m.
Building 511
787-707-3546

Fort Buchanan Mentoring Day

March 5
787-707-3865

The VA Benefits I & II Briefings and Transition Briefings

March 7, 8 a.m. - 4:40 p.m.
Building 511
787-707-3546

The Department of Labor Employment Workshop (DOLEW)

March 8-10, 8 a.m. - 4 p.m.
Location is building 511
787-707-3546

SOS Information Booth

March 9, 9 a.m. - 3 p.m.
Main Exchange (PX) lobby
787-707-3692

Financial Planning Seminar

March 11, 8 a.m. - 2 p.m.
Building 511
787-707-3546

Saint Patrick's Day 10K*

March 12, 5 p.m.
Fitness Center
787-707-3767
\$5 fee for personnel unaffiliated to Fort Buchanan
Free for all DoD military and civilian personnel

The Federal Resume Class

March 15, 8 a.m. - 12 p.m.
Building 511
787-707-3546

Kick Butts Day Campaign Walk

March 16, 3:30 p.m.
Building 1000 (CDC/SAC)
787-707-3466

March 16

Welcome Center is closed on Good Friday
Waterspout schedule: noon to 5 p.m.

CYSS Fun Run

March 17, 4 p.m.
Ages 4 -18
Antilles High School Field
787-707-3466

Sexual Assault Prevention "Got your Back Training"

18 March
9:30 a.m.- 11:30 a.m. Session One
1:30 p.m. - 3:30 p.m. Session Two
Fort Buchanan Community Club
787-707-3481

Sexual Assault Prevention "Got your Back Training"

March 19, 9 a.m.-11:30 a.m.
Fort Buchanan Community Club
787-707-3481

Sexual Assault Prevention Training

March 19 1400-1600 2 p.m. - 4 p.m.
Camp Santiago Theater
787-707-3481

Easter Egg Hunt

March 26, 10 a.m.
Cabana Recreational Facility
787-707-3434/3787

Easter

March 27

April

Month of the Military Child

Child Abuse Prevention Month Reading of the Proclamation Event

April 1, 9 a.m.
AAFES/Main Entrance

Child Abuse Prevention Educational Booth

April 1 - 29
Army Community Services, Building 309
787-707-3709

Child Abuse Prevention Events

787-707-3709
April 4, 8:30 a.m.
Antilles Middle School

April 1, 7:30 a.m.
Pirate TV
Antilles High School

April 8, 8:30 a.m.
Antilles Elementary School

PRNG/1st MSC Recognition of Military Child/Family Event

April 9, 9 a.m. - 1 p.m.
Camp Santiago

Child Abuse Prevention Event & Month of the Military Child - Purple/Human Ribbon Event with Antilles Elementary School students

April 15, 8:30 a.m.
Antilles High School Soccer Field

National Volunteer Appreciation Week

April 10-16, 2016

Fort Buchanan Volunteer Appreciation Event

April 14, 10 a.m.
Fort Buchanan Community Club
787-707-3365

Sexual Assault Awareness Month

787-707-3481

Sexual Assault Awareness Month 5K Run and 2.5K Walk

April 13
787-707-3481

Administrative Professionals Day

April 27

Volunteer Corps Recognition Ceremony

April 17
Fort Buchanan Golf Club
787-707-3980

Tax Day

April 18

SOS Gold Star Wives and Mother's Day

April 11
787-707-3692

Earth Day

April 22
Fort Buchanan Community Club
787-707-3575

The community is invited to participate in these events as we partner together to provide opportunities, expand relationships, and show our appreciation to all who served and support the United States Armed Forces.

Open Base Policy in effect: For events with a "", valid Photo ID (Driver's License, State / Commonwealth ID, or passport) is required for each person age 16 and older in the vehicle.



Service members receive guidance at FB

Photos and story by José L. López
Public Affairs Office

Veteran Affairs (VA) and Fort Buchanan held its Service Members and Family Workshop held Feb. 19, 2016 at the Fort Buchanan Community Club and Conference Center.

Service members, Family members and dependants were invited to participate during the event.

Wendy Torres, director, San Juan VA Regional Office and CSM Luis A. Rosario, garrison command sergeant major, welcomed participants and reiterated the importance of discovering or learning more about service member's benefits and how family members should also partake of these educational events.

Approximately 200 participated and took advantage of learning various topics such as education benefits, vocational rehabilitation, drill pay and compensation, understanding the appeals process, Integrated Disability Evaluation System, submitting changes in dependencies, VA Healthcare Benefits, local and state benefits, employment and human resources among many others.



CSM Luis A. Rosario assisted Service members by highlighting many of the available topics of interest during the morning session of the event.



BG José R. Burgos and Wendy Torres, director, San Juan VA Regional Office exchange ideas



Various topics were discussed in classroom training throughout the Community Club. Service members were offered a myriad of information.

Chaplain's Corner

Easter is a strange word. It doesn't conform at all to its Romantic forebears or its Latin roots. Spanish says "Pascua" which derives from the Latin "Pascha" meaning "Passover" since the events of Easter took place during the Jewish holiday of Passover. They don't always match up today since the Jewish calendar is lunar, but the idea of a sacrifice is clear.

The word "Easter" is another story, however. The Oxford English dictionary relates that the word was derived by the Venerable Bede in the eighth century. He took it from an Anglo Saxon goddess of the dawn, Eastre, who was popular in German speaking lands and whose feast was celebrated in the Springtime.

As is often the case with Christian words and holidays, they are borrowed from popular traditions, baptized as it were, into the faith. Christmas falls on December 25, which happened to be the Roman holiday of Saturnalia, a convenient time to remember the Savior's birth. All Saints Day is on the first of November which happens to correspond with the pagan celebration of the dead Samhain (or Halloween).

It may have been a matter of convenience since the Scriptures do not give specific dates for these extraordinary events. It may also be a matter of brilliance because they do talk of the women going to the tomb before dawn to anoint the body for burial. The events of Easter, the witness of the resurrection, take place in the first rays of morning light.

And so the pagan word is a good fit. The story of Easter begins at sunrise on that "first day of the week" after the horrors of Good Friday and the profoundly quiet Holy Saturday which was the day of rest. It was at dawn that the women discovered the witness of an empty tomb.

It is therefore appropriate that we begin our Easter celebration at Fort Buchanan at dawn. The first service of Easter will take place in the Coconut Grove housing area beginning at 0600 before the sunrise. We will gather in silence to consider the great mystery of life overcoming death and the dominion of sin and suffering being broken forever. All members of the Fort Buchanan community: military, family, and civilian are welcome to meet us as we celebrate the dawn of a new day on Sunday, March 27 at 0600.

In addition to this special community Sunrise service, the Chapel will hold its regular Sunday services: Protestant Worship at 0930 and Roman Catholic Mass at 1130.



Chaplain Crawford



Wendy Torres, director, San Juan VA Regional Office and Daniel Massa, VA-Military Service Coordinator pose for a photo as they talk about the workshop held Feb. 19, 2016.



Soldiers visit the Directorate of Family, Morale, Welfare and Recreation's information booth during VA and Fort Buchanan's Service Members and Family Workshop held 19 Feb 2016.



CSM Luis A. Rosario lifted Service member's spirits and motivation as he welcomed them to the event.



Samuel Maldonado, Lenders Relations Specialist (right), introduces his co-facilitators during the Operation Boots 2 Business Program held Feb. 4-5, 2016 at Fort Buchanan's Directorate of Plans, Training, Mobilization and Security (DPTMS) Training Division, Building 511.

FB TAP carries out B2B at Bldg. 511

Photos and story by José L. López
Public Affairs Office

Service members, and their spouses, and veterans participated in a training held Feb. 4-5, 2016 at Fort Buchanan's Directorate of Plans, Training, Mobilization and Security (DPTMS) Training Division, Building 511.

The Directorate of Human Resources (DHR and the U.S. Small Business Administration (SBA) co-hosted the Operation Boots 2 Business Program. Twelve transitioning service members, one veteran and one spouse participated in the first iteration of the 2-day training.

According to the course syllabus, Boots 2 Business is an entrepreneurial education and training program offered by the U.S. Small Business Administration (SBA) as part of the

Department of Defense's Transition Assistance Program (TAP).

The purpose of this training is to help transitioning service members to begin the process of developing a set of skills and competencies focused on entrepreneurial opportunity recognition, innovation, and small business management. The curriculum continuum includes steps for evaluating business concepts, the foundational knowledge required to develop a business plan and information on SBA resources available to help access start-up capital and additional technical assistance.

Upon completion of the course, participants are expected to:

- Understand the nature of the entrepreneurial

process and evaluate new venture ideas

- Identify the requisite components of a comprehensive business venture strategy
- Explain the interrelationships of marketing
- Perform an objective review of business/nonprofit plans
- Know and under-

stand the practical tools and needs of actually starting the business

- Design a marketing and operations plan
- Recognize many of the legal, administrative and financial requirements of starting a business
- Understand growth and what is needed to achieve it



Service members and their spouses, and veterans listen and take notes as they participate during the Operation Boots 2 Business Program held at Feb. 4-5, 2016 at Fort Buchanan's Directorate of Plans, Training, Mobilization and Security (DPTMS) Training Division, Building 511.



Sick with CHIKUNGUNYA, DENGUE, or ZIKA?

Protect yourself and others from mosquito bites during the first week of illness.

Protect family and friends

- During the first week of illness, chikungunya, dengue, or Zika virus can be found in the blood.
- A mosquito that bites you can become infected.
- An infected mosquito can bite a family member or neighbor and make them sick.



Watch for these symptoms

See your doctor if you develop a fever with any of the following symptoms:

- Muscle or joint pain
- Headache, especially with pain behind the eyes
- Rash
- Conjunctivitis (red eyes)

For more information:

www.cdc.gov/chikungunya
www.cdc.gov/dengue
www.cdc.gov/zika



Protect yourself from mosquito bites

- Wear long-sleeved shirts and long pants.
- Use door and window screens to keep mosquitoes outside.
- Use insect repellent.



U.S. Department of Health and Human Services
 Centers for Disease Control and Prevention

CS262037-A

Retirement Services Office event for March 2016

Department of the Army
 Reserve Component Survival Benefit Plan (SBP) Briefing:

When: Mar. 2, 2016 8 a.m.

Where: Building 511, Fort Buchanan

This briefing will break SBP down into manageable understandable blocks and allow Soldiers to make an informed decision on individual SBP election.

Who should attend: Reserve Soldiers who are within 15 to 20 good years of reserve, active, or a combination of both.

Soldiers are encouraged to bring their spouse or family member.

Point of contact for these briefings is Mr. Miguel Aponte-Cepeda, Retirement Services Officer, 787-707-2061.

1st MSC's change of command ceremony welcomes Brig. Gen. Rosende

By Maj. Ruth Castro
1st MSC Public Affairs Officer

FORT BUCHANAN, Puerto Rico – The 1st Mission Support Command (MSC) held a change of command ceremony where Brig. Gen. Jose R. Burgos relinquished command to Brig. Gen. Alberto C. Rosende at Maxie Williams Field, Fort Buchanan, on Feb. 26.

Family, friends, leaders and community members gathered to witness this momentous event. The passing of the unit flag, or colors, represents a formal transfer of authority and responsibility from one flag officer to another. The passing of the colors from an outgoing commander to an incoming one ensures that the unit and its Soldiers is never without official leadership, a continuation of trust, and also signifies an allegiance of Soldiers to their unit's commander.

In this centuries-old ceremony, the flag was first presented by Command Sgt. Maj. Harry Muñoz, who passed the colors to the outgoing commander, Burgos, who in turn passed the flag to Maj. Gen. David J. Conboy, relinquishing his command and gratitude for the opportunity to lead Soldiers.

That moment is symbolic of the transfer of command.

Conboy then transferred the colors to Rosende, entrusting him with the responsibility and care of the unit. Rosende accepted the flag from Conboy as he assumed command as the 1st MSC's fourth commander since it was officially activated in 2008, before returning the flag to Muñoz to complete the change of command ceremony.

Conboy, deputy commanding general (operations), United States Army Reserve Command, highlighted some significant accomplishments that Burgos achieved in his short tenure at the 1st MSC. He also mentioned what

an outstanding Soldier and leader Rosende is and expressed that "the 1st Mission Support Command will continue to be in exceptionally capable hands."

"But of course, none of us can accomplish what we do for the Army and the nation without the love and support of the people we love," said Conboy. He acknowledged and thanked the family members of Burgos and Rosende. "My thanks to all of them, and all of you, for your love and support of these Soldiers, and for the sacrifices you continue to make to help them succeed for the good of the Army and the land we love."

Burgos reminisced on his own ceremony only 28 months ago as he was welcomed as the new commanding general for the 1st MSC. "It was a special day for me and my family," said Burgos.

"Since assuming command, I have seen our Soldiers continuously demonstrate why they are our greatest strength. Their commitment to the Warrior Ethos is as inspiring as it is necessary," said Burgos.

"As my time as commanding general comes to an end, I am filled with pride in all the accomplishments of the incredible men and women of our command. I am deeply humbled to have had the opportunity to serve with each and every one of you," expressed Burgos.

Burgos will become the deputy commander for the 99th Regional Support Command.

As the new commanding general for the 1st MSC, Rosende addressed his command and spoke of his three basic and fundamental focus areas: The mission comes first, readiness and Soldiers.

"Remember to live by the Army Values in everything we do," said Rosende. "It will be the mark and impression that we leave with everyone we meet. I am truly energized by the opportunity to join you in this endeavor."

Rosende comes from the 75th Training Command located on Joint Base McGuire-Dix-Lakehurst in New Jersey, where he served as their deputy commander.



Brig. Gen. Jose R. Burgos passes the flag to Maj. Gen. David J. Conboy, relinquishing his command and gratitude for the opportunity to lead Soldiers of the 1st Mission Support Command during a change of command ceremony at Maxie Williams Field, Fort Buchanan, Puerto Rico, Feb. 27. (U.S. Army Photo by Spc. Anthony Martinez)



The Fort Buchanan Fire Department, Fire Chief wants you to know...

With the recent rash of hoverboard fires, the Consumer Product Safety Commission (CPSC) continues to work diligently to provide the answers on hoverboards that consumers rightfully want and deserve. The CPSC is actively investigating a number of companies that make or sell hoverboards.

In the interim, some retailers are erring on the side of caution and taking action now. For consumers who purchased a hoverboard from Amazon, they can return the product right now for a full refund through the following site: <https://www.amazon.com/contact-us/>.

It is expected that other retailers and manufacturers of hoverboards will take action and offer a full refunds to their customers as well.

Underwriters Laboratories (UL) has announced that while components of hoverboards, such as battery packs and power supplies, might be UL certified, there currently is no UL certification for hoverboards themselves.

CPSC investigators and engineers continue to work diligently to find the root cause of the hoverboard fires that have occurred throughout the country.

In the meantime, we urge consumers to continue to use caution with hoverboards:

- ◆ Have a working fire extinguisher nearby while charging or using these boards in and around your home.
- ◆ Charge in an open area away from combustible materials.
- ◆ Gear up before riding, which means putting on a skateboard helmet, elbow and knee pads and wrist guards.
- ◆ And, do not use a hoverboard on or near a road.

DES Blotter

For the month of December 2015
Police Department reports the following:

Most relevant offenses that occurred during this month:

- ◆ One Traffic Accident reported due to improper reversing (this occurs when a driver is backing out of a parking space and does not take precautionary measures, impacts another vehicle or an object) or negligent driving (negligent means the failure to exercise ordinary care, or is doing some act that a reasonably careful person would not do under the same or similar circumstances).
- ◆ Seven shoplifting at the Main Exchange (PX). This is when people don't pay for the items by leaving the store or changing price tags.

Traffic Violations for the month:

- ◆ 21 Central Violations Bureau (CVB Traffic Tickets)
The most common violations were Unlicensed or No Vehicle Registration (When an individual is driving a motor vehicle without a driver's license or vehicle registration in possession, expired or unauthorized), Illegal Parking (is the act of parking a motor vehicle in a restricted place or for parking in an unauthorized manner), and failure to obey traffic control device (i.e. stop sign, speeding radars)
- ◆ Eight Warning Ticket (DD1408) – They are issued to military personnel and federal civilians who work on the installation. A DD1408 is not a "to pay" fine but is administrative in nature.
The most common warnings were no vehicle registration or driver's license in possession and failure to stop at the posted stop sign (run or pass the stop sign)

Entries in the DES Blotter are not necessarily adjudicative or prosecutorial in nature and do not always involve criminal charging by a prosecutor or in a criminal court.

FB can't kick the habit of beautification

Photos and story by José L. López
Public Affairs Office

Fort Buchanan's Equal Employment Opportunity (EEO) Office and Installation Legal Office (ILO) led beautification initiatives throughout the installation Jan. 29 and Feb. 11, 2016 respectively.

During EEO's initiative, volunteers reported to the Community Club's front parking lot at 8:30 a.m. to collect tools and receive guidance from Magda Figueroa, EEO Officer. Participation was comprised of USAG Fort Buchanan staff, Network Enterprise Center, Logistics Readiness Center (LRC), and MEDCOM personnel.

The activity consisted of repainting handicapped parking spaces. Some of the sites identified for the beautification activity were Directorate of Family, Morale, Welfare and Recreation Facilities, buildings in Area 200, Logistics Readiness Center, Network Enterprise Center, Building 514, Chapel, Rodríguez Army Health Clinic, and Mail and Distribution.

ILO's beautification event consisted of painting the Fitness Trails and beautifying the planters behind the Welcome Center (Chrisman Road), Building 390 and Area 200.

Command group personnel, ILO staff, service members and civilians from DPTMS, DPW and CID reported to the Welcome Center's parking lot to follow guidance from CW3 Deborah Rivera, legal administrator, Installation Legal Office. They proceeded painting the Fort Buchanan Fitness Trail in order to make it more visible. The group sowed 50 planters with vegetation donated by Puerto Rico's Department of Natural and Environmental Resources.



(L to R) Sonia Córdova, Network Enterprise Center, Miguel Aponte, Directorate of Human Resources, Roberto González, Equal Opportunity Employment (EEO) specialist, María Morales, Director of Human Resources, Magda Figueroa, Equal Opportunity Employment Officer pose with the equipment they will use to paint the handicapped parking spaces located around the installation.



Garrison employees re-paint existing handicapped parking spaces adjacent to Fort Buchanan's Pentagon Federal Credit Union during the beautification initiative held Jan. 29, 2016.



María Morales, Human Resources Director; Rodney Vega, DHR; and Melvin Barrientos, Directorate of Plans, Training, Mobilization, and Security, paint handicapped parking spaces in front of Building 514 during the beautification initiative held Jan. 29, 2016.



Joseph J. Frattallone, Installation Legal Office; Víctor Rodríguez, Directorate of Public Works; and Damián E. Ongay, Internal Review Officer, plant vegetation in decorative planters located by the Welcome Center during ILO's beautification Initiative held Feb. 11, 2016.



CSM Luis A. Rosario, garrison command sergeant major; and CPT Kathryn E Murphy paint a Fit Trail station Feb. 11, 2016.



CW3 Debora Rivera retouches a Fit Trail station in an effort to make it more visible during ILO's beautification Initiative held Feb. 11, 2016.

Where is your money really going?

By George H. Roman
ACS

Have you ever had the thought ... I could have sworn I had enough money in that account? Or maybe ... “wow, I’m sure I had more money in my purse” (or billfold), or maybe ... Oh no I have to get to an ATM machine, I don’t have any cash!” When this type of statement creeps into our daily lives we are losing control of our expenses or better stated, we are losing track of where our money is going. So the first step to getting your finances on track is to know where your money is going. But that isn’t always obvious: you may have a good handle on your monthly bills, but what about your daily expenses? You may be surprised by how much money you spend on small items—like food, impulse buys and transportation—when you add up your out-of-pocket costs.

It’s easy to track your spending if you focus on a short timeframe. When you see all of your expenses laid out, you may be able to identify some simple changes that could make a big difference in your financial situation—helping you stretch your paycheck or build your savings. Find a worksheet to help you track your expenses and get you started. At the Financial Readiness Program at ACS we can show you some good alternatives and teach you how to use them! If you’re married, both you and your spouse should

track your spending for a week, which can be an eye-opening experience. This does not mean that it will solve any problems but it will give you a better view of what’s going on with your money.

If you are going to measure your spending then you need to develop an “Action Plan”. Some on-line Military financial tool kits have

you spend for a week on groceries, gas, meals, clothes, entertainment, personal items, and even sodas and snacks, which can all add up. (It’s really important not to leave anything out! This is for you and you alone so be truthful with yourself). Keep a small notebook with you, use an expense chart or just collect the receipts during the day

ATMs to avoid fees. You may also want to make bigger changes that can save more money, such as cutting back on your cell phone package or dropping cable TV.

4. Review your big-ticket expenses. After you’ve reviewed your regular expenses, it can also help to review your big-ticket bills for the past year—the special expenses such as home improvements, car repairs, travel, education, furniture and electronics. These bills don’t crop up every month but can make a big difference in your finances—and can land you in debt if you aren’t prepared. Go through your credit card statements, bank records and receipts to list the cost of these items. If you don’t have good records of these expenses from the past year, start keeping a log of them from this point forward. Looking at these irregular costs will help you plan better for emergencies and other unexpected bills.

5. Create a plan. Review all of your expenses for ways to cut back, and then decide what to do with the extra money. Set specific goals, such as building an emergency fund, paying off your credit-card bills, or increasing your retirement savings. Don’t forget that if you are married and have other family members in the household they need to be active participants in any money decisions you make. Clue them in and you may be surprised with the great ideas that may pop up!



action plans you can use. An example of one such plan requires five steps:

1. List your regular monthly bills, such as your mortgage or rent, car loan, utilities, phone, Internet service, cable TV, credit-card bills (and any interest you pay, too), insurance premiums and child-care expenses.

2. Track your out-of-pocket spending for a week. Keep track of all the money

and add them to the list in the evening. Keep track of all expenses for the week (7 days, you don’t want to miss those weekend expenses!), whether you pay for them in cash or use a debit card, credit card or check.

3. Review the numbers. Now that you can see how you’ve spent your money, look for ways to save. Some strategies may be simple, like cutting back on meals out or using in-network

FAP connects with teens to foster violence free relationships

Photos and story by José L. López
Public Affairs Office

Students convened at Fort Buchanan's Teen Center to participate in Family Advocacy Program's Teen Dating Violence Prevention class Feb. 11, 2016.

Wilda Díaz, manager, Family Advocacy Program, sat with students to have face to face communication and talk about issues involving relationships and to awaken new perceptions of possible violence happening within teens. Although teens had a laugh during some of the exercises, many serious themes were discussed.

Students were engaged in role playing exercises and were offered the opportunity to provide their insights of what they think is violence in relationships.

Díaz said she believes that it is up to Families to help their teens to identify this behavior. "As FAP Manager, I encourage every parent to create a healthy and happy home environment by displaying trust, respect, and effective open communication. This can indeed prepare our teens to identify signs of abusive relationships as well as to be willing to talk about their concerns. As parents and/or teachers, we must get involved in our teenagers' lives (e.g., attending to their sport games, meeting their friends, visiting their schools)."

Teenagers can face dating relationships with confusion and excitement. Behavior perceived as teasing or harassing may turn out violent and they may have difficulty recognizing abuse. Helping teens learn to develop healthy relationship skills can go a long way to preventing teen dating violence.



Tax Center Services at FB

When: March 1 - April 18, 2016.

Where: Installation Legal Office, Bldg. 214

By appointment only.

Services will be provided to Veterans, retirees and dependents.

For more information, or to setup an appointment, call 787-707-5154

**ARMY VOLUNTEER CORPS
FORT BUCHANAN, PR
VOLUNTEER APPRECIATION EVENT**

Volunteer Appreciation Week April 10-16, 2016

Thursday, April 14, 2016

10 a.m.

Fort Buchanan's Community Club and Conference Center

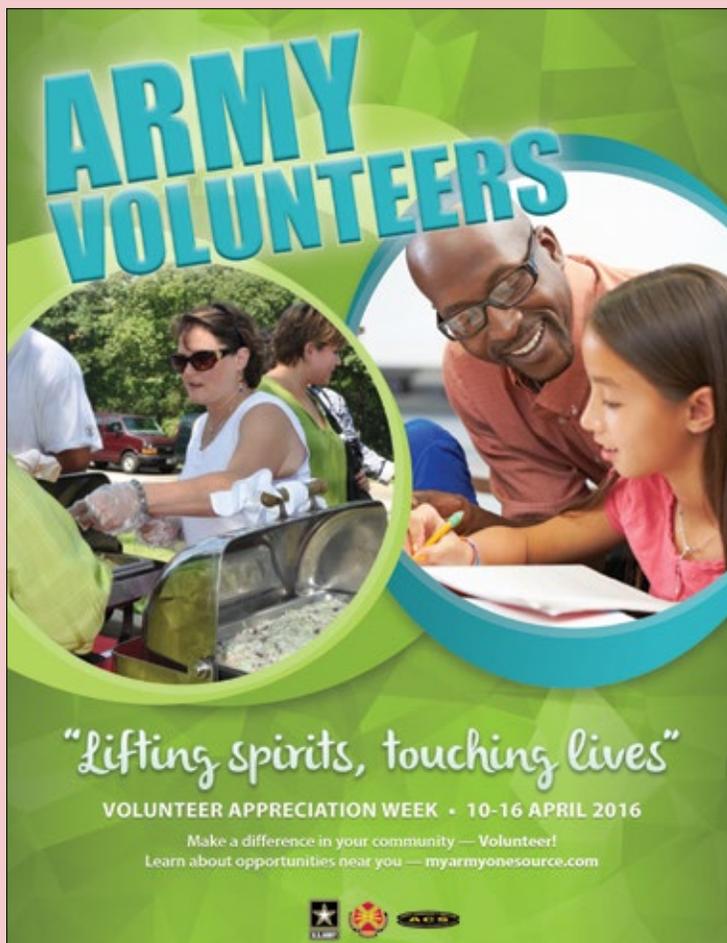
Theme: Army Volunteers: Lifting Spirits, Touching Lives

Volunteer Appreciation Week at Fort Buchanan recognizes how volunteers “make a difference in our community”. It is about promoting and strengthening volunteerism by uniting community volunteer efforts, supporting professional management, enhancing volunteer career mobility, and establishing volunteer partnerships to support individual personal growth and life-long volunteer commitment.

Fort Buchanan communities demonstrate that working together with volunteers we have the strength to meet our challenges and accomplish goals.

Fort Buchanan Army Volunteer Corps congratulates all community organizations with registered volunteers! Hooah!

- Army Community Services
- Antilles Elementary School
- Antilles Middle School
- Antilles High School
- Installation Legal Office
- Child Youth and School Services
- Youth Services Program
- Youth Sports
- BOSS Program
- San Juan MEPS
- Family and Morale, Welfare, and Recreation
- 1st MSC
- Marketing and Advertising
- Fitness Center
- Library
- Automotive Skill Center
- Chapel
- Department of Human Resources
- Rodriquez Army Health Clinic
- Special Community Events
- Department of Public Works
- Water Spout



KICK



BUTTS

ALL
COMMUNITY
WELCOME TO
WALK

DAY

MARCH 16 • 3:30PM

CDC/ SAC BLDG. 1000

CAMPAIGN FOR TOBACCO-FREE KIDS

AD/ DOD, RESERVE AND RETIREE DEPENDANTS ARE ELEGIBLE TO PARTICIPATE. TO RAISE AWARENESS OF THE TOBACCO PROBLEM, ENCOURAGE YOUTH TO STAY TOBACCO-FREE AND URGE STRONG ACTION TO PROTECT KIDS FROM TOBACCO. ALL FORT BUCHANAN COMMUNITY ARE WELCOME TO PARTICIPATE ON A WALK FROM CDC/ SAC BLDG. 1000 ENDING AT TEEN CENTER BLDG.148. **MUST WEAR RED T-SHIRT FOR THE WALK.** FOR MORE INFORMATION PLEASE CALL 787 -707 -3466.

