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### **Passport** Office fulfills official travel needs

By YVONNE JOHNSON APG News

The APG Passport Office, located on the third floor of Bldg. 4304, provides a convenient location for service members and their families and Department of Defense civilians to apply for and receive nofee official U.S. passports for official travel.

Passport Control Officer Larry Tyson said the application process for U.S. passports can be demanding and time consuming, and customers should be aware of several requirements and factors before visiting the office.

The normal processing time for passport applications is six to eight weeks, Tyson said.

"And this is for applications with no problems or issues. Several more weeks can be added to passports that are rejected for whatever reason."

He said customers can avoid common problems by bringing required documents - such as travel orders, birth certificates, marriage licenses, current photos, etc. – to their

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### TECHNOLOGY

PEO ACWA and ECBC develop a new tool for use at the Pubelo Chemical Depot.

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### **FAMILY**

A recent seminar addresses estate planning for families with special needs individuals.

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The ATEC commander's daughter follows in his footsteps, receives appointment in West Point.

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### **HISTORY**

A Holocaust survivor shares how 'angels,' or U.S. Soldiers saved his life.

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"Issues, Trends and Innovations" panelists discuss Sexual Harassment and Assault Response and Prevention, or SHARP, program details during the 2016 APG SHARP Summit hosted by APG Senior Commander Maj. Gen. Bruce T. Crawford at the Mallette Auditorium on APG North (Aberdeen), May 10.

# Senior leaders stay SHARP

### APG summit focuses on readiness and accountability

By MARY B. GRIMES

CECOM

Readiness and accountability set the tone for the third annual Sexual Harassment and Assault Response and Prevention, or SHARP, Summit at the Mallette Auditorium on APG North (Aberdeen), May 10.

With the auditorium filled near capacity, non-commissioned officers, DOD civilians, senior Army officers, as well as members of the Senior Executive Service from across the DOD, joined in day-long panel discussions aimed at promoting greater awareness, and gaining fresher insights into a myriad of SHARP-related topics and trends.

The discussions were designed to support the program's theme for this year, "Not In My Army – From Buy-In to Ownership."

U.S. Army Communications-Electronics Command, or CECOM, Commanding General and APG Senior Commander, Maj. Gen. Bruce T. Crawford welcomed attendees, as well as SHARP supporters and event organizers, and extended his appreciation to keynote speaker Lt. Gen. Robert L. Caslen, Jr., 59th Superintendent, U.S. Military Academy West Point for his participation in the highprofile SHARP initiative.

See SUMMIT, page 18

# PG honors military spouses

Story and photos by **STACY SMITH** APG News

In recognition of the pivotal role they play in the lives of service members, APG spouses were honored with a Military Spouse Appreciation Lunch and "Paint & Sip" event at Top of the Bay on APG North (Aberdeen), May 9.

A popular alternative to standard get-togethers, paint and sip events stimulate creativity and bonding among friends and strangers.

### See PAINT, page 18

Bernadette Kovalsick shares a laugh with fellow military spouse Julie Aarsen during the Military Spouse Appreciation Lunch and "Paint & Sip" event at Top of the Bay on APG North (Aberdeen), May 9. The event recognized spousal commitment to the readiness and well-being of service members.



### Holocaust remembrance stirs conversation



By YVONNE JOHNSON

APG News

After the guest speaker canceled due to illness, quick-thinking organizers pushed on to present an alternate Days of Remembrance ceremony for Team APG at the Myer Auditorium, May 3.

The annual observance commemorates the Holocaust genocide that took place during Adolf Hitler's Nazi Germany that claimed the lives of about 11 million people, at least six million of them Jews. The U.S. Army Communications-

See EVENT, page 17

Rabbi Gila Ruskin, left, looks on as Spc. Addison Gibson of A Battery, 3rd ADA (JLENS) lights a candle of remembrance during the prayer and candle-lighting ceremony of the Days of Remembrance ceremony at the Myer Auditorium, May 3.

Photos by Sean Kief, USAG APG

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# STREET TALK

### May 18 is **International** Museum Day. What is your favorite museum?

My favorite museum is probably the Louvre [in Paris, France]. In America, my favorite museums are the Smithsonian museums in Washington, D.C. They are gems, we are lucky that we live so close



**Nancy** Karwatka Family member

My favorite is the Museum of Science and Industry in Chicago. I grew up in Chicago, and it was amazing to visit as a kid.

to them.



Capt. Brandon Schmitz National Ground Intelligence Center

The U.S. Army Ordnance Museum that was here on APG. I used to bring many out of town visitors to that museum. I also enjoyed visiting the Tate [an art gallery] in London, England.



Christine Belcher Family member

My favorite museum is the Louvre, because it has many famous paintings like the "Mona Lisa" [by Leonardo da Vinci] and the Water Lilies paintings by [Claude] Monet.



Gretchen **Thompson** Military spouse

The National Museum of American History is my favorite. I visited that museum the most when I was stationed in Washington D.C. with the Coast Guard. The artifacts they have are very interest-



Michael **Perrone** Retiree

ing, like the ruby slippers [worn by Judy Garland] in "The Wizard of Oz."

# Police & Fire

following statistics were provided by the APG Directorate of Emergency Services, recapping the fire, medic and police responses, issued citations and arrests made during the month of April.

\*Mutual Aid often involves incidents off post in the local community.

**FIRE: 123** 

■ Fire Alarms – 44

■ Mutual Aid\* – 21

■ Watercraft Emergencies – 0

■ Fire Drills – 38

MEDIC: 5

■ Mutual Aid\* – 0 ■ Chest Pains – 5

• Breathing Problems -0

POLICE: 190

■ Alarm Activation – 157

■ 911 Hang-ups – 20

■ Active Warrants – 2

### **Citations**

TOTAL: 121

■ Warning Citations – 75 ■ Non-Warning Citations – 46

### **Incidents/Arrests**

**TOTAL: 12** 

■ Traffic Related – 8

■ Warrant Arrests – 3 ■ Domestic Related – 0

■ DUI/Alcohol Related – 0



### See Something

Cut along dotted lines and fold in middle for use as wallet reference Card.







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19 May (Thursday) 1130

19 May (Thursday) Starts 1800

POC's: rodney d.shelby.civ@mail.mil

Professional Comedy Show, APG Rec Ctr

brian.l. lantz.civ@mail.mil

RIchlin Ballroom

ATION WATCH CARD

Suspicious activity or suspected surveillance.

Unusual questions or requests for information relating to capabilities, limitations, or operational information.

Unusual vehicles operating in or around APG.

Unusual aerial activity near or around installation.

Any possible compromise of sensitive information.

Unusual phone calls, messages, or e-mails.

Unusual contacts on or off post.

Harford County Chamber of Commerce Mill Luncheon

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Discuss military capabilities or limitations.

· Discuss FP measures, capabilities, or posture. Disclose information about R&D and testing.

Report suspicious activity immediately to APG Police!

APG (North & South): 410.306.2222 Off Post in Maryland call 1-800-492-TÍPS or 911

created



Amanda Rominiecki at amanda.r.rominiecki.civ@mail.mil, contact Assistant Editor Yvonne Johnson, 410-278-1148 or email yvonne.johnson5.ctr@mail.mil. Deadline for copy is Thursday at noon for the following

305, IMAP-PA, APG, MD 21005-5001; contact the Editor

Thursday's paper.

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# New tool improves worker safety

Assembled Chemical Weapons PFO Alternatives

A new hand tool, designed and built through a partnership of organizations, is making work easier and safer for Pueblo Chemical Agent-Destruction Pilot Plant, or PCAPP, operators in Pueblo, Colorado.

"During an observation of a procedure demonstration, we noticed the operators having difficulty removing the ignitor cartridge from the mortar with the commercially available tools, due to the tight fit of the cartridge in the mortar," said Jeff Kiley, physical scientist, Program Executive Office, Assembled Chemical Weapons Alternatives, or PEO

The PCAPP is being readied to start destroying more than 700,000 chemical weapons this year, and part of that destruction process includes reconfiguring some of those weapons by removing fuzes, ignitors, etc. before they can go through the neutralization phase, Kiley

A collaborative team was formed to develop and produce a solution among PEO ACWA, the U.S. Army Edgewood Chemical Biological Center, or ECBC, and the systems contractor, the Bechtel Pueblo Team, Kiley said.

ECBC coordinated with the ordnance technicians at PCAPP to develop design concepts, and based on testing and worker input, developed three different versions that should improve the process of removing mortar ignitors, said Charles Steinert, mechanical engineer, ECBC.

Part of systemization, or getting the PCAPP ready to operate, involves practicing every munitions step on exact scale models of munitions, Kiley said. This practice allowed the workers and ECBC engineers to test their prototypes quickly in conditions that closely match working on real chemical agent



munitions.

"The ergonomic design of the ignitor extractor tool makes it much easier to remove the ignitor without having to bend my wrist and arm in uncomfortable positions," said Joseph Deines, PCAPP ordnance technician.

Versions of the tool range from one that is lighter and thinner for detailed work to versions that are stronger and heavier to provide more leverage. Each version of the tool, produced at ECBC's Production Design Facility, is made from metal that doesn't produce sparks when working with mortar components, such as naval brass or copper alloy, Steinert said.

Using the tool to remove ignitors could potentially reduce costs, as it is expected to lessen the number of munitions that cannot easily be processed in the plant. These "rejects" would need to be destroyed by a manual process using the Explosive Destruction System, Kiley said.

(Left) David Farnschlader, ECBC Production Design Facility technician, holds a custom tool after it was bent to match specifications in a hydraulic press. The tool will be used to remove ignitors from chemical-agent mortars at the Pueblo Chemical Agent-Destruction Pilot Plant in Pueblo, Colorado. It was designed and produced through collaboration with workers from the Bechtel Pueblo Team, the Program Executive Office, Assembled Chemical Weapons and ECBC experts.

(Below) Joseph Deines, Pueblo Chemical Agent-Destruction Pilot Plant ordnance technician, uses a custom tool to remove an ignitor cartridge from a simulated chemical-agent mortar. The tool is expected to lessen the number of munitions that cannot be easily processed in the plant.

PEO ACWA photos





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Click on "ARMY" then "Aberdeen Proving Ground."

# ATEC learns resiliency from the Masters

Story and photo by **LINDSEY MONGER** 

As part of the command's monthly resiliency training, the U.S. Army Test and Evaluation Command, or ATEC, and two of its newest master resiliency trainers helped the ATEC workforce "detect icebergs" and "put it in perspective" during a session at their headquarters building, May 5, on APG North (Aberdeen).

Led by Master Resiliency Trainers Sgt. 1st Class Travis Griffith and Daniel Grifo, who both graduated from the Master Resiliency Training Level I Course in March, the training is part of the Army's Ready and Resilient Campaign, or R2C, and its Comprehensive Soldier and Family Fitness Program, or CSF2. It is designed to build resilience and enhance the performance of the Army family by providing the hands-on training and selfdevelopment tools needed to aid them in coping with adversity and improving their performance during stressful situations.

Griffith, a military evaluator at ATEC, started the session by comparing the resilience skill, 'Detecting Icebergs,' to an individual's core values and beliefs.

'The iceberg above the water's surface is what we see and observe, but what we don't see is the iceberg hidden beneath the water's surface," he said. "This is where you will find a person's core values and beliefs."

"[Putting it in perspective]

helps you build optimism.

The goal of PIIP is to

lower anxiety so you can

accurately assess the

situation and deal with it.

**Daniel Grifo** 

ATEC Master Resiliency Trainer

taught during the Detecting Icebergs resiliency training are effective tools Soldiers, Army civilians and their families can use to boost their self-awareness and help them maintain control over the negative emo-

tions and reactions tough circumstances can produce.

"Usually, during heat-of-the-moment situations (activating events), an individual will have thoughts that are outof-sync with their emotions or reactions (consequences), which will result in a



ATEC Master Resiliency Trainer Sqt. 1st Class Travis Griffith leads the "Detecting Icebergs" portion of a two-part resiliency training at the command's headquarters building on APG North (Aberdeen), May 5. The resiliency training is a part of the Army's Ready and Resilient Campaign and its Comprehensive Soldier and Family Fitness Program.

thought/consequence disconnect - also known as an iceberg," he said. "At that time, they should have identified the iceberg and started to ask themselves the critical 'what' questions instead of the According to Griffith, the skills negative 'why' questions."

Griffith explained that asking "what" questions forces people to think more critically about situation, the while asking "why" questions leads them to become defensive instead.

As part of the training, partici-

pants broke into small groups to share their personal experiences of activating events, the thoughts they had during them, and any negative or positive consequences that resulted from those thoughts. Participants then evaluated how well they felt they had handled those situations.

Grifo, an ATEC officer strength manager, started the second half of the resiliency session by explaining the importance of the skill "Put it in Perspective," or PIIP.

"PIIP helps you build optimism," he said. "The goal of PIIP is to lower anxiety so you can accurately assess the situation and deal with it."

Grifo explained that one of the worst things an individual can do is to catastrophize a situation.

"Catastrophizing is when you waste critical energy ruminating about the irrational worst case outcomes of a situation," he said. "Doing so could possibly prevent you from taking the purposeful action that's necessary."

"Being involved in an ambiguous situation; having something that is highly valued at stake; feeling mentally or physically run down or emotionally drained or depleted; having pre-existing fears about a particular situation; or engaging in something for the very first time, are just a few examples of the types of incidents that can trigger catastrophic thoughts," Grifo said.

According to the CSF2 website, putting situations into their proper perspectives involves the following five steps: describing activating events; capturing worst case thoughts; generating best case thoughts; identifying most likely outcomes; and developing plans for dealing with most likely outcomes. During the training session, each par-

ticipant had an opportunity to work with a partner who helped them develop strategies and solutions for working through situations that could potentially cause them to catastrophize.

ATEC will host a make-up session for the Detecting Icebergs and Put it in Perspective resiliency training 9 a.m. Thursday, May 19 at the command's headquarters.

For more information about ATEC's Ready and Resilient Program, visit http://www.atec.army.mil/r2c. To learn more about the Army's R2C, visit www. army.mil.readyandresilient.

# CECOM hosts 82nd Airborne electronic warfare Soldiers

By MARY B. GRIMES

CECOM

The Army Reprogramming Analvsis Team - Program Office, known as ARAT-PO, a key component of the U.S. Army Communications-Electronics Command, or CECOM, hosted a group of visiting 82nd Airborne Division Electronic Warfare, or EW, Soldiers at Aberdeen Proving Ground, May 2, highlighting a full day of discussions about the ARAT-PO and ground EW system demonstrations.

According to Jason M. Juliano, the ARAT program officer, the visit was designed to provide an in-depth understanding of ARAT-PO ground EW capabilities, as well as the system sustainment that the ARAT-PO provides to globally deployed Soldiers. The day-long event helped to amplify the importance of a collaborative, mission-focused relationship between the ARAT-PO and the Soldiers it supports.

The visit to the ARAT-PO included briefings and demonstrations of capabilities that included the ARAT Warfighter Survivability Software Support Portal, Spectral Analysis test capability, Automated Test Equipment, Automated Test Set, Counter Radio Controlled Improvised Explosive Device Electronic Warfare system performance improvements, and system event logs.

ARAT-PO leadership and engineers answered Soldiers' questions about system performance, especially in the Operational Environments in which they may deploy.

"Soldiers rely on Ground EW systems to protect them from Radio-Controlled Improvised Explosive Devices (RCIED)," Juliano said, summing up the importance of the discussions. "By col-



Courtesy photo

Will Simmons, Army Reprogramming Analysis Team, or ARAT, Threat Analysis Activity chief, explains the ARAT mission to electroinc warfare Soldiers from the 82nd Airborne Division during a visit to Aberdeen Proving Ground, May 2.

laborating with one another, the ARAT-PO will be better suited to provide immediate and high-fidelity software products to ensure ground EW systems protect against the latest enemy threats."

The 82nd Airborne Division visit was the second of its kind since March of this year, he added.

"These visits have been unique as the ARAT doesn't often have groups of Soldiers, who directly use our products,

come to our labs. In the past, we have gone to various Army Aviation units to educate their Soldiers and provide technical assistance, but I believe this and the previous visit by 82nd Airborne Soldiers are the first interactions of this the direction of AR 525-15, the ARAT kind for ground EW systems."

Editor's Note: The Army Reprogramming Analysis Team (ARAT) is a rapid reprogramming infrastructure that develops, delivers, and sus-

tains software for Electronic Warfare (EW) systems and other electromagnetic spectrum (EMS) capabilities to support commanders across the full range of military operations. Under provides software sustainment of Aviation Survivability Equipment and Counter Radio Controlled Improvised Explosive Device Electronic Warfare (CREW) systems.



### See more photos from events across **Aberdeen Proving Ground, Maryland**

http://www.flickr.com/photos/usagapg/

### **Military Appreciation Month**

May is National Military Appreciation Month, a time to demonstrate appreciation for the sacrifices and successes made by the nation's service members- past and present.

### 1,346,615

Total number of U.S. service members as of February 2016. 481,741 are Soldiers.

### 29,000+

Estimated number of Americans killed during the Battle of Normandy, the deadliest battle in U.S. history.

### 150

Number of countries with a total of 150,090 U.S. Soldiers stationed worldwide.

### 82

Percentage of military officers who have attained a bachelor's degree or higher as of 2010.

### 45

Years since Memorial Day was made a national holiday. Originally called "Decoration Day" and observed by decorating graves at Arlington National Cemetery, the day was expanded and renamed Memorial Day during World War II to honor all Americans who died in military service.

### 12

Percentage of the U.S. population that served in the military during World War II. Less than one percent of the current population serve in the active-duty military or reserve.

By STACY SMITH, APG News

Source(s): www.heritage.org, www.dmdc.osd.mil, www.facethefactsusa.org, www. pbs.org, https://en.wikipedia.org

# MARK YOUR CALENDAR

### events&town halls

### SATURDAY MAY 14

### **RETIREE APPRECIATION DAY**

The Aberdeen Proving Ground Retiree Appreciation Day is set for Saturday, May 14 at the APG North (Aberdeen) recreation center.

The event will begin with registration at 8 a.m.

More details will follow.

For more information, contact Tom Shumate at thomas.s.shumate2.civ@mail.mil or 410-306-2303.

### SATURDAY – THURSDAY MAY 14 - 19

#### **ARMED FORCES WEEK**

APG will host the following events during Armed Forces Week:

- Military Retiree Appreciation Day May 14, at 8 a.m.
- APG North (Aberdeen) Recreation Center Armed Forces Golf Scramble
- May 16, 8 a.m. Ruggles Golf Course (APG North)
- Our Community Salutes May 17, 1 p.m.
- APG North Recreation Center Bike to Work Day
- May 18, 6:30 a.m. APG North Recreation Center
- Run to Honor May 19, 6:30 a.m. Shore Park (APG North)
- Harford County Chamber of Commerce Military Appreciation Luncheon

May 19, 11:30 a.m. Richlin Ballroom

Comedy Show

May 19, 6 p.m. APG North Recreation Center

For more information about upcoming events, contact Rodney Shelby at rodney.d.shelby.civ@mail.mil

### TUESDAY MAY 24

### **SENIOR SERVICE COLLEGE FELLOWSHIP GRADUATION**

The Defense Acquisition University - Senior Service College Fellowship Program will host a graduation ceremony for its current 2015-2016 class at 11 a.m. at the Myer Auditorium, Bldg. 6000.

The graduation ceremony marks the culmination of ten months of full-time, rigorous study focused on developing acquisition and leadership attributes. A short reception will follow. Please RSVP by May 19 to Ben Metcalfe at benjamin.metcalfe@dau.mil or 410-272-9471.

### meetings&conferences

### THURSDAY MAY 19

#### **COACHING SKILLS & TECHNIQUES WORKSHOP**

The Senior Managers Association is offering a free professional developmental opportunity for GS-14/15s or equivalents at the Mallette Training Facility, Room 115, 1 to 3 p.m.

Kyle Perkins, Product Director of Tactical Digital Media, PEO C3T, and a certified executive coach will deliver a 3 hour session on an "Overview of Coaching Skills and Techniques."

Topics will include an overview of coaching, the coaching conversation, and demon-

Seating is limited to 20 participants.

If you are interested in attending, please submit an SF-182 to Charity Simmons by May

Form available at: https://www.milsuite. mil/book/groups/apg-sr-manager-group/ blog/2016/05/03/training-opportunity-overview-of-coaching-skills-and-techniques

#### FRIDAY & SATURDAY **MAY 20-21**

#### **PILLARS OF A GODLY MAN** CONFERENCE

The APG Gospel Service Men's Ministry will host Pillars of a Godly Man Conference at the APG North (Aberdeen) main post chapel, 7 to 9 p.m. Friday, May 20 and 8 a.m. to 4:30 p.m. Saturday, May 21.

The free event will include various quest speakers. Breakfast and lunch will be served May 20. It is open to all men in the community.

For more information, call 443-422-8970 or 443-403-9466.

### **THURSDAY JUNE 23**

### **EEO FOR IMCOM SUPERVISORS**

EEO will host a training for IMCOM supervisors at Bldg. 3147 from 8 a.m. to 4 p.m.

All supervisors attending will need to email and register with Charles Gilmore, EEO training coordinator, at charles.l.gilmore3.civ@mail.

On the day of the training, check the bulletin board in Bldg. 3147 for the classroom loca-

tion of the training. Maximum 50 people per class.

**ONGOING** 

### **BIBLE STUDY CLASS**

The Religious Services Office hosts a new Soldier and Family Christian Fellowship Bible Study Class 6:30 p.m. to 7:30 p.m., every Tuesday at the APG North (Aberdeen) chapel. Free childcare is included. The class focuses on biblical fellowship and outreach and encouragement through prayer and is open to the entire APG community. For more information, call

### health&resiliency

### **UNTIL FURTHER NOTICE**

#### **SMALLPOX VACCINATIONS UNAVAILABLE AT KUSAHC**

Please be advised that Kirk U.S. Army Health Clinic is currently unable to administer smallpox vaccinations due to temporary nonavailability. An announcement will be made when vaccinations are to be resumed.

For questions, call 410-278-5475.

### THURSDAY MAY 19

### **OSTEOPOROSIS INFO SESSION**

The C4ISR Wellness Committee will host an Osteoporosis Informational Session from 11:30 a.m. to 12:30 p.m. in Bldg. 6001, 2nd floor, room 224. Osteoporosis is not just a problem for little old ladies. It is a condition that is preventable and reversible without using dangerous drugs and their side effects. In this class you will learn what triggers osteoporosis and its precursor osteopenia. This class will cover practical, simple steps to prvent weak bones that can lead to debilitating fractures as you age. You may be surprised to know it's not all about calcium.

The session is open to civilians, contractors, and military. Non-C4ISR employees must bring their CAC to gain access to the building. Contractors who participate in CECOM activities must not invoice government contracts for time spent at these activi-

For more information, contact Tiffany Grimes at 443-861-7901 or tiffany.l.grimes. civ@mail.mil.

### **ONGOING**

#### 2016 CPR & AED TRAINING **CLASS SCHEDULE**

The APG Directorate of Emergency Services has announced the CPR/AED class schedule for 2016. Classes are open to the entire APG community.

All APG North (Aberdeen) classes will be held at Bldg. 3147. All APG South (Edgewood) classes will be held at the Maryland Fire and Rescue Institute's North East Regional Training Center, located near the Edgewood (Wise Road) gate.

- May 19 APG North Bldg. 3147, Rm 205 - 9 a.m. & 1 p.m.
- June 16 APG South MFRI North East Regional Training Center - 9 a.m. & 1
- July 21 APG North Bldg. 3147, Rm 205 - 9 a.m. & 1 p.m.
- Aug. 18 APG South MFRI North East Regional Training Center - 9 a.m. & 1

• Sept. 22 – APG North – Bldg. 3147, Rm 205 - 9 a.m. & 1 p.m.

- Oct. 20 APG South MFRI North East Regional Training Center - 9 a.m. & 1 p.m.
- Nov. 17 APG North Bldg. 3147, Rm
- 205 9 a.m. & 1 p.m. ■ Dec. 15 - APG South - MFRI North East Regional Training Center - 9 a.m. & 1

For more information, contact Mike Slayman at 410-306-0566.

### THURSDAY JUNE 2

### **MEN'S HEALTH INFO SESSION**

The C4ISR Wellness Committee will host a Men's Health Informational Session at Bldg. 6000, Myer Auditorium, from 11:30 a.m. to 12:30 p.m. Guest speaker Dr. Sean P. VanZiil from Chesapeake Urology will provide an anatomy overview of the prostate, as well as, define signs, symptoms, and treatment options for an enlarged prostate (BPH), Low Testosterone (Low T), and Erectile Dysfunction (ED).

The session is open to all. Any contractors who participate in CECOM activities must not invoice any government contracts for time spent at these activities.

For more information, contact Tiffany Grimes at 443-861-7901 or tiffany.l.grimes. civ@mail.mil.

### THURSDAY JUNE 9

#### **FAMILY FUN, FITNESS AND NUTRITION INFO SESSION**

The C4ISR Wellness Committee will host a Family Fun, Fitness and Nutrition Informational Session at Bldg. 6000, Myer Auditorium, from 11:30 a.m. to 12:30 p.m. This session will discuss how to make eating healthy and exercising fun for the whole family. You will learn tips on how to create healthy meals and fun activities the whole family can participate in, which will allow you to spend quality time together, as well as get or stay fit.

The session is open to all. Any contractors who participate in CECOM activities must not invoice any government contracts for time spent at these activities.

For more information, contact Tiffany Grimes at 443-861-7901 or tiffany.l.grimes. civ@mail.mil.

### TUESDAY JUNE 21

#### **HEALTHY EATING FOR THE SUMMER INFO SESSION**

The C4ISR Wellness Committee will host a Healthy Eating for the Summer Informational Session in Bldg. 6001, 2nd floor, room 224 from 11:30 a.m. to 12:30 p.m.

.Summer brings an abundance of fresh. delicious, and healthy food choices. In this session, you will learn the secret health benefits of some of summer's fruits and vegetables.

The session is open to all. NON C4ISR employees must bring their CAC CARD to gain access to the building. Any contractors who participate in CECOM activities must not invoice any government contracts for time spent at these activities.

For more information, contact Tiffany Grimes at 443-861-7901 or tiffany.l.grimes. civ@mail.mil.

### **ONGOING**

#### **KUSAHC CLOSED FIRST** WEDNESDAY OF EVERY **MONTH**

Kirk U.S. Army Health Clinic believes the key to being the premier health and readiness platform is a professionally-developed workforce, and reinvesting in employees is an investment to their service to APG.

As such, KUSAHC will close the first Wednesday of every month for training purposes until further notice.

For more information, visit http://kusahc. narmc.amedd.army.mil/SitePages/Home. aspx or www.facebook.com/KUSAHC.

### THURSDAY **JULY 7**

### **EDGEWOOD DENTAL CLINIC CLOSURE**

The APG South (Edgewood) Dental Clinic will be closed Thursday, July 7. For more information, contact Sgt. Tracy Glover at tracy.s.glover4.mil@mail.mil.

### THURSDAY AUGUST 11

### **EDGEWOOD DENTAL CLINIC CLOSURE**

The APG South (Edgewood) Dental Clinic will be closed Thursday, August 11. For more information, contact Sgt. Tracy Glover at tracy.s.glover4.mil@mail.mil.

### miscellaneous

### **TUESDAY MAY 31**

#### SIGNAL CORPS SCHOLARSHIP **APPLICATION DEADLINE**

The Signal Corps Regimental Association, LTG Mallette Chapter, seeks to recognize Signal Soldiers through scholarship for their past achievements and to aid them in accomplishing their current goals. Applicants must be current Signal Soldiers or immediate family members and apply by May 31, 2016.

For more information and an application process contact Paul Terzulli at 443-395-8405, paul.l.terzulli.civ@mail.mil, or mallette.scra@ gmail.com.

### **ONGOING**

### **APG SOUTH 2016 WATER MAIN FLUSHING**

The APG Garrison Directorate of Public Works has announced its APG South (Edgewood) 2016 water main flushing schedule.

The Edgewood DPW Waterworks Branch will perform water main flushing during the following times:

- April through June: E2000 area.
- May 12-14: APG South housing area, Austin Road.
- July through Sept.: E3000-E4000 area. • Aug. 11-13: APG South housing area,
- E1220-E1300 area, and child care center.
- Oct. through Dec.: E5000 area. Nov. 10-12: APG South housing area,
- For more information, contact Robert

Warlick at 410-436-2196 or robert.w.warlick2. civ@mail.mil.

### **ONGOING**

### **2016 FIRE MARSHALL** PROGRAM SCHEDULE

The APG Directorate of Emergency Services Fire Protection & Prevention Division will host Fire Marshall classes the second Wednesday of the month, unless otherwise noted. All classes will be held from 9 a.m. to noon and attendees will receive a certificate of completion at the end of the class.

Upcoming class dates include: ■ May 19 – APG North, Bldg. 4403

- **June 28** APG South, Bldg. E4810
- July 14 APG North, Bldg. 4403
- Aug. 11 APG North, Bldg. 4403
- Sept. 27 APG South, Bldg. E4810 • Oct. 13 – APG North, Bldg. 4403
- Nov. 17 APG North, Bldg. 4403 • Dec. 15 – APG North, Bldg. 4403
- **Dec. 20** APG South, Bldg. 4403

Additional classes can be scheduled on a

### **MORE ONLINE**

More events can be seen at www. TeamAPG.com

case-by-case basis. For more information, contact Inspector Loren Brown at 410-278-1128.

### **ONGOING**

#### **2016 FIRE EXTINGUISHER TRAINING**

The APG Directorate of Emergency Services Fire Protection & Prevention Division will host fire extinguisher training classes on APG North (Aberdeen) and APG South (Edgewood)

Two classes will be held each day from 10 a.m. to noon, and 1 p.m. to 3 p.m. at the fol-

- May 19 APG North, Bldg. 4403
- June 23 APG South, Bldg. E4810
- **July 14** APG North, Bldg. 4403
- **Sept. 15** APG North, Bldg. 4403

- **Dec. 22** APG South, Bldg. E4810

For more information, contact Ernie Little

### **ONGOING**

### FIREWOOD AVAILABLE FOR

Firewood is available at a cost of \$20 per level standard 8-foot pick-up truck, \$15 per level standard 6-foot pick-up truck, and \$5 per car trunk load. Permits to buy wood are good for ten days, or until an order is filled, whichever comes first. Permits will be issued 8 a.m. to 3 p.m. on a first-come-first-served basis at APG South (Edgewood) in Bldg. E4630, Monday through Thursday. For more information, contact Scott English at 410-436-9804 or

### **ONGOING**

Are you an APG Soldier or civilian nearing retirement from government service? Con-

November - and the first Thursday in December, at the Dickson Hall (Ball Conference Cen-

equipment and photography support and

even create photo DVDs for each retiree. Also, awards and decorations are present-

ed to retirees and their spouses. All Soldiers and civilians are eligible to participate in the Installation Retirement Ceremo-

ing personnel for their loyalty and perseverance and for the sacrifices they endured while serving the nation.

to share this day with family members and After all, Uncle Sam wants to thank you.

Don't you think you've earned it? For more information, contact Lisa M. Waldon, Garrison Training Operations Officer,

Harford Community College has announced a new cybersecurity program to prepare interested individuals - military and civilian - in an

offers 39 credits, and prepares students for four industry-recognized certifications that include: Comp TIA's Net+, Security+, Linux+, and Cisco's CCENT. The program also awards credit for prior learning. Classes are held at Harford Community

are encouraged to apply. Enrollment for classes in the fall is currently underway. For more information, contact Christine

If you see it, report it Aggressive driving has no place at APG call 410-306-0550



throughout 2016.

lowing dates and locations:

- **Aug. 17** APG South, Bldg. E4810
- Oct. 13 APG South, Bldg. E4810
- Nov. 17 APG North, Bldg. 4403
- at 410-306-0583 or ernest.w.little.civ@mail.mil.

### **SALE**

Kathy Thisse at 410-436-8789.

### **RETIRING SOON? UNCLE SAM** WANTS TO THANK YOU!

sider participating in the monthly Installation Retirement Ceremony. The APG Garrison hosts the event the fourth Thursday of each month -except

Much goes into the planning for these events. Event planners set up flag displays, write speeches, print programs, provide sound

ny regardless of unit or organization. This is a program designed to thank retir-

Retirees are encouraged to participate and

at 410-278-4353 or email lisa.m.waldon.civ@

### **ONGOING**

mail.mil.

### HARFORD COMMUNITY **COLLEGE CYBERSECURITY PROGRAM**

entry-level cybersecurity position. The Cyber Defense Certificate program

College in the evening. Veterans and spouses

Brown at HCC at chbrown@harford.edu or 443-356-0363.

# EFMP hosts estate planning info session

Story and photo by **RACHEL PONDER** APG News

APG community members learned the basics on estate planning for families with special needs individuals during an information session hosted by the Army Community Service Exceptional Family Member Program, or EFMP, at the main post chapel, May 5.

A special needs trust, also known as a supplemental needs trust, is a specialized legal document designed for beneficiaries who are physically or mentally challenged. Special needs trusts are established to support special needs family members after the death of a parent or legal guardian.

"The reality of [a special needs trust] is it is there to accomplish all the things that you would do if you were there," said attorney Phillip W. Hegg, of PH Consulting Services, who led the information session.

Special needs trusts are critical because they improve the quality of life of a dependent without jeopardizing government benefits based upon needs like Supplemental Security Income, or SSI, Medicaid, vocational rehabilitation and subsidized housing, Hegg said.

"Families with disabled family members need to carefully plan for the future and set realistic objectives and goals."

He added that the needs of special needs family members vary, depending on the level of disability and said that

parent or guardian should consider the following factors before setting up special needs trusts:, a

- Family history
- Specific medical and physical needs Financial information
- Living situations
  - Education
- Desires, expectations for the family member

"You want to make sure [the trust] has all the provisions want in it," he said. "That means you might have to think about things you haven't thought about before."

According to Hegg, it is critical

to as the trustor or grantor, designate a According to Hegg, it is usually easitrustee and successor trustees in case the er to designate a protector than a trustee

Men

Attorney Phillip W. Hegg, with PH Consulting Services, discusses estate planning for family members with special needs during an information session hosted by the Army Community Service, ACS, Exceptional Family Member Program, or EFMP, at the main post chapel, May 5.

because the protector is not involved in

initial trustee cannot perform the duties.

When selecting a trustee, there are several factors to consider, he said. Ideally, a trustee should be a family mem-

ber or close friend and have similar beliefs as the trustor. The trustee has a duty to be loyal to the beneficiary and needs to become knowledgeable about SSI, Medicaid, and laws governing special needs trusts.

When setting up special needs trusts, parents or guardians have the option of choosing a protector who ensures that the trustee is fulfilling duties, goals and objectives set out in

the trust document. Protectors have the power to remove trustees

who act improperly. "[Protectors are] like the guardian of the process," Hegg day-to-day activities. "That could be an advisor, a CPA

(certified public accountant), an attorney, it could be any number of people," he said.

EFMP Manager Nancy Goucher thanked Hegg for his presentation.

"Detailed planning is of upmost importance because leaving money in a traditional will to a family member with special needs will impact Social Security and Medicaid benefits; and choosing and educating a trustee to a special needs trust is essential for its success," she said.

Matthew Burkins, with the U.S. Army Research Laboratory, said he attended the session because his son has special needs. He said the presentation was 'perfect timing."

"It was nice to have some of the fundamental things explained," he said. "It is important to think about who you will get to be the trustee and the backup trustees; those are things I haven't

thought about before."

### **About EFMP**

EFMP seeks to meet the needs of military family members with physical. emotional, developmental, or intellectual disorders requiring specialized services. EFMP Services include: information and referral, client advocacy and case management. The program is covered under Army Regulation 608-75. Enrollment of family members with documented special needs is mandatory for active duty service members.

ACS has a Special Needs Resource Lending Library containing resource books and DVDs covering a range of topics including special education, advocacy, law, social skills development, behavior management and parenting.

ACS is located in Bldg. 2503. Goucher's office hours are 8:30 a.m. to 5:30 p.m. Monday-Thursday and every other Friday. Appointments are suggested. For more information contact Goucher at 410-278-2420 or email nancy.e.goucher. civ@mail.mil.

**Detailed planning** is of upmost importance because leaving money in a traditional will to a family member with special needs will impact Social **Security and** Medicaid benefits; and choosing and educating a trustee to a special needs trust is essential for its success.

**Nancy Goucher** 

that the parent or Exceptional Family Member Program Manager



Visit us online at www.TeamAPG.com/APGNews

# APG SSC fellows visit Europe

Fellows meet with combatant commands and Allied partners, tour World War II battlefields

Defense Acquisition University

Participants in the Aberdeen Proving Ground Senior Service College Fellowship Program, or SSCFP, joined by a host of program facilitators and four fellows from the Warren, Michigan SSCFP, travelled to Europe, April 9-19, to learn about strategic Army, Department of Defense, and allied nation commands on the other side of the pond, and visit World War II battlefields.

APG fellows, along with Jim Oman, APG SSCF director; Mark Lumb, dean of the Defense Acquisition University-South and executive director Army SSCFP; Mike Roche, DAU Midwest Region professor; Jeff Caton DAU Capital and Northwest Region professor; and U.S. Army War College Professors Dr. Paul Jussell and Col. Scott Bertinetti, began their trip in Stuttgart, Germany.

In Stuttgart, the fellows visited the combatant command United States European Command, or EUCOM, and also heard from staff officers from the United States Africa Command, or AFR-ICOM. Later, the group traveled to Grafenwoehr, Germany where they visited the Joint Multinational Training Command. JMTC Chief of Staff and Deputy to the Commander Col. William "Clark" Linder accompanied the group to the Hohenfels Training Area to observe a multi-aircraft mass tactical airborne operation conducted as part of the Saber Junction 16 exercise, which included equipment heavy drops and personnel drops.

The airborne observation set the stage for a staff ride in Holland later in the trip.

From Grafenwoehr, the group traveled to Wiesbaden, Germany to receive briefings from senior leaders at the U.S. Army Europe, or USAREUR, headquarters. At USAREUR the fellows learned about ongoing troop deployments, the value of partnering, and lessons learned in the region. The fellows said they found the visit to USAREUR to be extreme- gic leaders.



Photo by Mike Roche, DAU

APG Senior Service College fellows listen as U.S. Army War College Professor Paul Jussel describes the close quarter combat experienced by Easy Company 2/506th Infantry Regiment near Foy, Belgium where they defended a portion of the perimeter around Bastogne. The fellows visited several World War II battlefields during a trip to Europe in April.

ly insightful in light of the planned and ongoing troop deployments.

Rounding out the organizational visits was a final stop at the Supreme Headquarters Allied Powers Europe, or SHAPE, in Mons, Belgium. The fellows received a SHAPE overview briefing which culminated in a Q&A session and a final briefing on the U.S. National Military Representative.

### **World War II battlefields**

The final component of the SSCFP trip to Europe was a staff ride to several key scenes from World War II, the first of which was Operation Market Garden, the largest airborne operation of the war.

On the way to Nijmegen, Holland, the group stopped at the Netherlands American Cemetery where they gained a deeper appreciation of the cost of World War II. The final two days of the trip took place in and around Grave, Eindhoven, Nijmegen, and Arnhem, Holland where the group learned about the key actions taken by the Allies as well as that of the Germans. Stops with discussions were made at multiple locations where professors Jussel and Bertinetti explained the significance of the events of the operations and provided context, relevance, and the implications for today's strate-

In addition to the Market Garden terrain walk, the group visited Bastogne, Belgium to learn about the Battle of the Bulge, which was the largest battle fought by the U.S. during World War II.

The fellows toured the Bastogne Barracks Museum and later visited a portion of the Battle of the Bulge battlefield with multiple stops that included a visit to Noville where Team Desobry defended a main avenue of approach into Bastogne, the Recogne German war cemetery; a stop near Foy where Easy Company 2/506th Infantry Regiment, the company highlighted in Stephen Ambrose's book "Band of Brothers," published in 1992 and portrayed in the subsequent, highly acclaimed HBO mini-series of the same name, defended a portion of the perimeter around Bastogne; the Mardasson Memorial which honors the sacrifice of the Soldiers, Airmen, and the Belgian resistance, and the Belgian army pillbox on the outskirts of Bastogne where 1st Lt. Boggess, 37th Tank Battalion, 4th Armored Division linked up with Soldiers from the 101st Airborne Division on Dec. 26, 1944, thereby breaking the German siege on Bastogne.

The fellows completed their visit to Europe with a historian-led tour of Fortress Eben Emael, Belgium and a self-guided tour of the Ludendorff environment.

Bridge at Remagen, Germany. At the fort the fellows learned about life in the citadel, heard about the first operational use of gliders in combat, and saw the devastation caused by Germany's use of shaped charges which were used for the first time in combat. After the visit to the fort, the group headed south and stopped near Aachen, Germany to view "dragon's teeth" tank traps which constituted a small portion of the defensive fortifications known as the "Siegfried Line" or "Westwall." A final stop was made at the Ludendorff Bridge at Remagen, Germany where members of the group participated in a self-guided tour of the Peace Museum located within the remaining twin towers on the western banks of the Rhine River.

The 11-day trip provided fellows with a tangible and unique experience of 20th century battlefields and a multitude of information gleaned from visits to military commands. The trip built upon earlier learned lessons on leadership, acquisition support to the warfighter, and national security strategy and provided fellows with an opportunity to reflect upon the complexities of strategic leadership and the strategic leader

# Maryland announces new driver's license

Maryland Motor Vehicle Administration

To safeguard personal information and protect against identity theft and fraud, Maryland Department of Transportation, or MDOT, Secretary Pete K. Rahn joined Motor Vehicle Administrator Christine E. Nizer, Maryland Department of Veterans Affairs Secretary George W. Owings and Maryland State Police Lt. Colonel Anthony Satchell to unveil Maryland's new secure driver's license and identification (ID) card, May 9.

The new cards feature multiple lavers of security to help prevent identity theft and fraud and are one of the most secure products in the nation.

"Marylanders will be protected against identity theft and fraud with these new cards," Rahn said. "We are proud to safeguard their personal information."

Examples of the cutting-edge security features include:

- Polycarbonate card body more
- durable and tamper-resistant; ■ Laser engraving – maximum pro-
- tection against forgery; • Changeable laser image – allows two or more images to occupy the same area;
- Tactile text raised print making it difficult to tamper; and
- Inventory control number a the card was issued to

the cardholder. "This is an exciting day for the citito licenses since 2003. In zens of Maryland and for all those who serve our state in a public safety capacity," said

the new license includes enhanced security features. Satchell, Commander Maryland State Police. "Together, we continue to improve efficiency, using enhanced technology and collaboration with our allied agencies to target crimi-

nal activity." The new cards meet all state and federal standards and are REAL ID com-

MARYLANDS
Driver's License S-000-000-000-000 SAMPLE JANE DIANE 123 ANY STREET **GLEN BURNIE MD 21062** 07/07/1985 5'-8" 132 07/07/2023 Endorsements Date of issue 03/25/2016 VETERAN **WORGAN DONOR** 

Maryland Motor Vehicle Administration graphic

The new Maryland secure driver's license, announced May 9, features multiple layers of security to help prevent identity theft and fraud, meets all state and federal standards and are REAL ID compliant. The state will begin issuing the new licenses this summer.

pliant, consistent with the current cards issued by the Motor Vehicle Administration, or MVA. Additionally, veterans now have the opportunity to have the "VETERAN" designation appear on the front of their license or ID card. According to state officials, this is long overdue recognition for the dedicated men unique number and barcode to verify that and women who bravely serve, and have served, the nation.

state's first update

aryland's new secure "I know first-hand driver's license is the how proud Maryland veterans will be to finally have the veteran designation on addition to a colorful design, the front of the new secure card," Owings said. "I want to thank

of the Field Operations Bureau of the Department of Transportation for putting this important designation out front for those who have protected this nation, out front."

> To further enhance safety and security, all new products will be printed and mailed from a high-security MVA facility. A similar central mailing process

is used to deliver U.S. Passports, credit cards and other important documents. Currently, 40 percent of all Maryland driver's licenses and identification cards are mailed from a central MVA location. Printing and mailing cards from a central location enhances security by limiting access to card materials, equipment and personal information. More than 30 other states currently mail their driver's licenses and ID cards to customers.

Customers will receive their new cards in the U.S. mail within seven to 10 business days. The MVA also offers the option to receive cards the next day through the U.S. Postal Service (USPS). Because customers will receive their new card in the mail, officials strongly encourage Marylanders to ensure their correct address is on file at the MVA, which is consistent with Maryland law. The USPS does not forward MVA mail. Customers who need to update their address, should visit www.mva.maryland.gov and type "address change" in the search box.

MVA will begin issuing the new cards for all learner's permits and new ID cards, and for licenses/ID cards renewed via web, kiosk and U.S. mail starting June 20. Beginning July 11, everyone applying for a new driver's license, learner's permit or ID card will receive the new, more secure card. If a customer's current license or ID is valid and not up for renewal, there is nothing they need to do until it's time to renew.

After July 11, customers applying for the new driver's license, learner's permit or ID card will still visit an MVA office and go through the following steps:

- Bring any required documents;
- Take any tests required; Have photo taken; and
- Pay at this office.

At the end of the application process, customers will keep their existing card (if they have one) and receive an interim document (receipt), which is valid for 30 days. Customers will then receive their new card in the mail within seven to 10 business days.

"As always, we encourage our customer to 'Skip the Trip' and renew their driver's license or ID card via web, kiosk and mail," Nizer said. "If they choose any of these easy methods, there is no change to the current process."

Whether at an MVA office or online, customers should keep their old card and receipt until their new secure card arrives in the mail within seven to 10 business days. Once the new card arrives, customers are strongly encouraged to destroy their old card - just as they would an old credit card when the new one arrives in the mail.

The new cards proudly feature iconic Maryland symbols, including the Chesapeake blue crab, Oriole bird and the State House. The Maryland driver's license was last updated in 2003, and the old technology is vulnerable to counterfeiting and fraud. To learn more about the new driver's licenses and ID cards, visit the MVA website at www.mva. maryland.gov.



# ALL THINGS MARYLAI

# Maryland, My Maryland

Another push to scrub state song of pro-Confederate lyrics

By **STACY SMITH** 

APG News

Amidst national debates over the fading appeal of Confederate symbols the Maryland state Senate voted 38-8 in March to approve a compromise bill that would alter Maryland's contentious state song, "Maryland, My Maryland," and replace its pro-Confederacy lyrics with praise for the beauty of the state's natu-

The song was created when America was in the throes of the Civil War. In its original state, "Maryland, My Maryland" had nine verses, with many often omitted. Set to the German Christmas tune "O Tannenbaum," or more recognizable stateside as "O, Christmas Tree," the song is only performed at the Preakness and some other official events, and with good reason.

Its lyrics refer to President Abraham Lincoln as a "despot," "tyrant" and "vandal," and the Union as "Northern scum." The song also refers to the Latin phrase "sic semper tyrannis," the shortened version of a phrase meaning "thus always I bring death to tyrants," which was the slogan later shouted by Marylander John Wilkes Booth when he assassinated Lincoln.

"That song has always been objectionable," said Marvin L. "Doc" Cheatham Sr., longtime civil rights advocate and former chairman of the Baltimore NAACP, as reported by the Baltimore Sun. "I think America now is at last opening their eyes and ears to what we've had to put up with for a while."

The song was originally penned as a poem in 1861 by a Baltimore native, James Ryder Randall, and only became the official state song as recently as 1939. Randall wrote it in reaction to the riots that occurred in Baltimore when Union troops passing through the city were attacked by a pro-Confederate crowd. There was considerable Confederate sympathy in Maryland at the time, and the song was used across the South during the Civil War as a battle hymn. Despite its controversial lyrics, several other states adopted the same melody for their official songs; Iowa and Michigan have state songs set to the tune of "O Christmas Tree."

The bill approved by the Maryland state Senate in March has since stalled in the state House, failing to be brought to a vote this session as lawmakers reportedly debate the balance between historical accuracy and modern sentiments. Alternative versions of the Maryland state song proposed in the bill include verses from the poem "Maryland, My Maryland" by John T. White, which is set to the same melody.

Maryland lawmakers have tried and failed several times to change "Maryland, My Maryland," but each time – in 2001, 2002 and 2009 - the measures where voted down in committee. A state advisory group even suggested adopting another song altogether, including possibly "The Star-Spangled Banner," since the national anthem was written and inspired by events at Fort McHenry in Baltimore.

Maryland isn't the only state to alter or relinquish its official song. The state of Virginia has spent nearly 20 years trying to find a replacement for its state song, "Carry Me Back to Old Virginny," after it was retired in 1997 for what many considered to be racist lyrics.

Maryland lawmakers made another push in March to change the state's song "Maryland, My Maryland" due to its pro-Confederacy lyrics. Proposed alternative versions of the state song would replace lyrics from James Ryder Randall's song with verses from John T. White's poem set to the same tune.

### State Song "Maryland, My Maryland" By James Ryder Randall

The despot's heel is on thy shore, Maryland! His torch is at thy temple door, Maryland! Avenge the patriotic gore That flecked the streets of Baltimore, And be the battle queen of yore,

Maryland! My Maryland!

### Poem "Maryland, My Maryland"

**Mental Health** 

MENTAL HEALTH: KNOW THE FACTS

By John T. White

We dedicate our song to thee, Maryland, my Maryland. The home of light and liberty, Maryland, my Maryland. We love thy streams and wooded hills, Thy mountains with their gushing ril Thy scenes our hearts with rapture thrills, Maryland, my Maryland.

MONTH

### Find help for mental health challenges big and small

**Bv CAROL ROOS** 

Defense Centers of Excellence

"A hero is an ordinary individual who finds strength to persevere and endure in spite of overwhelming obstacles." -Christopher Reeve, star of the 1978 film "Superman"

Life would be easier with super powers - lightning speed to bypass long commutes; super strength to keep from needing help; bullet-proof suits to keep us safe. But sadly, we are mere humans. Some of us are masters of resilience, and the rest of us are still learning and need the extra help – and that's OK. To help tackle what life throws at us, we need good mental health.

May is Mental Health Awareness Month, and it is the perfect time to learn about the tools that may help you improve your overall mental health. Mental health concerns are common, treatment works and help is available.

The list of Defense Centers of Excellence for Psychological Health and Traumatic Brain Injury resources below, arranged by audience, will direct you to information about mental health concerns, how to improve your mental health and Military Health System treatment options. With access to helpful resources and information, you don't need to be a super hero to combat mental health challenges.

### **Resources for Providers:**

- DCoE Website (http://www.dcoe. mil/PsychologicalHealth/PsychologicalHealth.aspx): Offers psychological health resources, myths and facts, treatments and resources, and suicide prevention tools.
- DCoE Webinars (http://www. dcoe.mil/Training/Monthly Webinars.aspx): Monthly webinars help providers learn the latest mental health information from experts and earn continuing education credit.

### **Resources for Service Members/Veterans:**

■ DCoE Outreach Center (http:// www.dcoe.mil/Families/Help.aspx):

Provides 24/7 support to service members, families and providers who have questions and concerns related to psychological health or traumatic brain injury - call 866-966-1020 to connect with a health resource consultant.

• AfterDeployment (http://afterdeployment.dcoe.mil): Offers a variety of wellness resources for service members, veterans and families to include online assessments and workshops for postdeployment challenges.

Breathe2Relax (http://t2health. dcoe.mil/apps/breathe2relax): mobile application that teaches breathing exercises to help decrease your body's fight-or-flight (stress) response.

• inTransition (http://intransition. dcoe.mil): Provides behavioral health care support to service members and veterans as they move between health care systems or providers.

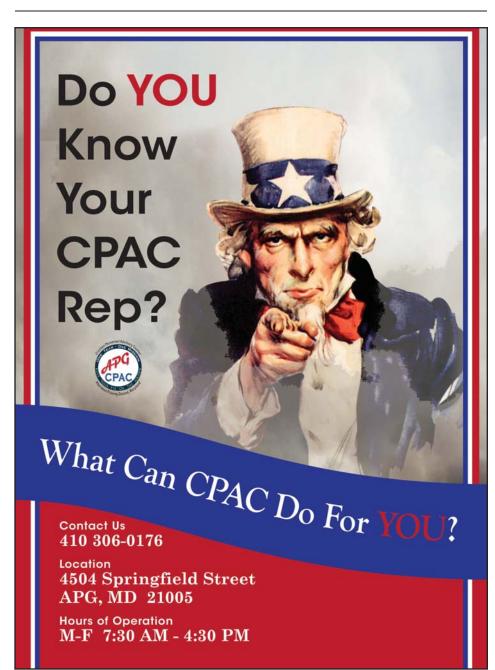
Real Warriors Campaign (http:// www.realwarriors.net): Features stories of service members who sought help for psychological health concerns and continue to maintain successful military or civilian careers - as well as information on a variety of military and mental health topics for veterans and families.

#### **Resources for Family Members:**

Moving Forward (http://startmovingforward.dcoe.mil): A free, online educational and life coaching program that teaches problem-solving skills to help you handle life's challenges. It's designed to help service members, veterans and their families.

• Military Kids Connect (http:// militarykidsconnect.dcoe.mil): An online community for military children ages 6 to 17 that provides access to ageappropriate resources to support children with the unique challenges of military

Military Parenting (http://militaryparenting.dcoe.mil): A free online course that provides military and veteran parents with information and strategies to improve parenting skills.



### How are we doing?

E-mail comments and suggestions for the APG News to usarmy.apg.imcom.mbx.apg-pao@mail.mil

### Morale, Welfare & Recreation

Learn more about APG MWR activities and services by going online at www.apgmwr.com.



### **Upcoming Activities**

### SAVE THE DATE

### **GIs OF COMEDY SHOW MAY 19**

5 p.m. APG North (Aberdeen) recreation center

APG MWR will host "GIs of Comedy," a free comedy show at the APG North recreation center. Doors open 5 p.m., show starts 6 p.m. Refreshments will be available for purchase.

For more information, call 410-278-3931.

### **ARMY/NAVY GAME TICKETS DEC. 10**

While supplies last, MWR Leisure Travel Services has tickets to the Army vs. Navy game on Dec. 10 at the M&T Bank Stadium in Baltimore. Tickets are \$91 a person.

For more information, or to purchase tickets, call 410-278-4011/4907.

### **INSTALLATION SOCIAL MAY 26**

4:30 p.m.

Top of the Bay

The next Installation Social will be a Memorial Day, red white and blue themed social at Top of the Bay starting at 4:30 p.m. The event will include free light refreshments and a cash bar.

For more information, call 410-278-3062.

### **LEISURE &** RECREATION

### **TORUK CIRQUE DE SOLEIL TICKETS**

Purchase tickets while supplies last. A live multimedia immersive spectacle that brings to the stage the breathtaking world of James Cameron's Avatar like you have never seen it before.

To purchase tickets please visit MWR Leisure Travel Services at the AA Recreation Center, Building 3326 or EA Recreation Center, Building E4140. For questions call 410-278-4011/4907 or email us at usarmy.apg.imcom.list.apgr-usagmwr-leisuretravel@mail.mil

### **CHILD & YOUTH SERVICES**

#### **FAMILY MOVIE NIGHT MAY 20**

6 p.m. APG South (Edgewood) recreation center

This family move night will feature "The Peanuts Movie" at the APG South recreation center starting at 6 p.m. The free event will include a craft, giveaways, snacks and refreshments.

For more information, call 410-278-4011.

### **CYSS PARENT ADVISORY BOARD MAY 25**

11:30 a.m.-12:30 p.m. Bldg E1902- Edgewood Youth

CYSS has established a Parent Advisory Board (PAB) that represents all of our programs. We encourage you to attend if you have a child that is currently enrolled in any program that we offer. Any CYSS patron who has a child enrolled in a full time CYSS program will receive 2 Parent Participation Points for their attendance. Patrons are free to bring their own lunch if desired.

For additional information please, contact myria.i.figueroa.naf@mail.mil or call 410-278-2572.

### KIDZ ART SUMMER **WORKSHIP JUNE 27-30**

1-3 p.m.

**Corvias Community Center** 

Age 5-12. This class will introduce students to a variety of mediums and methods including drawing, painting, and collage. Students will learn and practice basic skills to include color mixing, painting with artist paint brushes, drawing with pencil, marker pastel and more. At the end, there will be a presentation for parents of the artists. Cost

For more information, contact Shirelle Womack at shirelle.j.womack.naf@ mail.mil or call 410-278-4589.

### **KINDERJAM**

KinderJam is a fun, new, exciting high-energy preschool learning program that emphasizes the kinesthetic learning of preschool concepts. Our classes are designed to enrich children from ages 1 to 5 years old (younger siblings are always welcome). KinderJam focuses on introducing and reinforcing basic preschool skills in a spirited manner that will capture and hold your little one's attention from begin-ning to end. For more info, log on to www.kinderjam.

One Free Trial class per child. Parents are required to attend.

Full class schedule coming soon. Free trial ages: 1-5 yrs

For more information, contact shirelle.j.womack.naf@mail.mil or call 410-278-4589/3250.

### ARMY COMMUNITY **SERVICE**

### THE 3 Cs OF COMMUNICATION **MAY 19**

12-1:30 p.m. ACS, Bldg 2503

Participants will learn about the different aspects of verbal and non-verbal

communication.

- C communicate
- C collaborate
- C commit

For additional information, please call ACS, 410-278-2180

### **HOW TO SMART START** YOUR SMALL BUSINESS **MAY 25**

11:30 A.M. - 1 P.M.

Bldg 2503 Highpoint Rd

The orientation programs provides a brief overview of the ways to smart start a business, the skills and duties of a successful entrepreneur. All session open to the public, all sessions held on Aberdeen Proving Ground.

To reserve your space for these FREE session contact Marilyn Howard, ACS Employment Program manager at 410-278-9669/7572.

### REUNION/ REINTEGRATION TRAINING JUNE 9

1:30- 4:30 P.M.

Aberdeen Main Post Chapel, Bldg 2485

Recently returned home from deployment? Learn strategies and resources to help navigate the reintegration phase of deployment and make the readjustment process go as smoothly as possible. Family members are invited to attend. For additional information, please call Army Community Service at 410-278-2180

### **SPORTS & RECREATION**

### **HOMERUN DERBY MAY 13**

5:30 p.m. Shine Sports Field

Earn bragging rights as the best "SLUGGER" on APG. \$5 per person (payments made at the AA and EA Recreation Center. Walk-ups welcome. Bring co-workers or friends to pitch, shag balls, or cheer. (VOLUNTEERS

WANTED) Registration forms can be found at any APG Sports Facility. Please email completed registration forms to: usarmy.APG.imcom-fmwrc.list.usagmwr-sports@mail.mil or drop them off at any MWR sports facility. 278-7933/436-

### ARMED FORCES DAY **GOLF TOURNAMENT MAY 16**

7 a.m. registration; 9 a.m. shotgun start

**Ruggles Golf Course** 

MWR will host 4-person scramble

captain's choice. The tournament is limited to the first 36 paid teams. Price is \$70, lunch only option is \$22. Includes light morning refreshments, practice range balls, BBQ lunch, door prizes an award ceremony.

For reservations, call 410-278-4794.

### **GREENS KEEPERS REVENGE MAY 21**

9 a.m. **Exton Golf Course** 

18 hole event. Cost is \$30 for annual patrons, \$35 for authorized patrons, \$40 for guests. Pre-register at the Exton

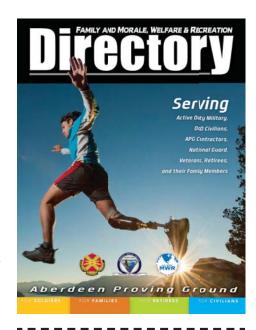
For more information call 410-436-2213 or 410-436-2233.

### **TURKEY SHOOT MAY 21**

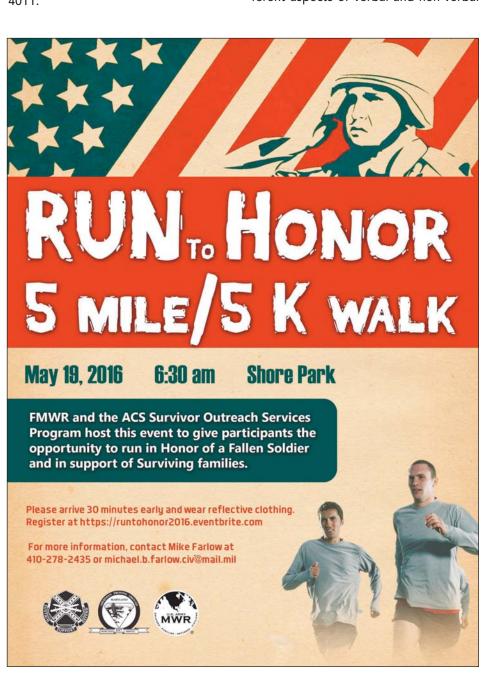
9 a.m. to 1 p.m. APG South (Edgewood) Skeet & Trap Facility

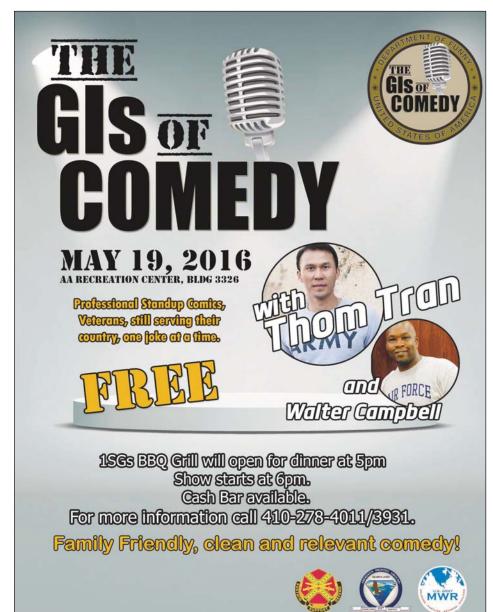
Cost: \$5 per shot. All shooters must have their guns registered prior to bringing them on post. 12 gauge shotguns only (28-30" barrels) MWR will provide ammunition.

RSVP to Outdoor Recreation Bldg. 2184 or call 410-278-4124/278-4360 or email: usarmy.APG.imcom-fmwrc.list. usag-mwr-outdoorrec@mail.mil



Learn more about **APG MWR** activities & services by going online at www.apgmwr.com and downloading the FMWR Directory.





# APG youth accepted to West Point

By STACY SMITH

APG News

A John Carroll School senior and the daughter of Maj. Gen. Daniel Karbler, commander of the U.S. Army Test and Evaluation Command at Aberdeen Proving Ground, received an appointment to the Class of 2020 at the United States Military Academy, or USMA, at West Point earlier this year.

Lauren Karbler said she was first reluctant to follow in her father's footsteps but warmed to the idea after attending a West Point summer leadership program.

"I found that serving my country was exactly what I wanted to do with my life, and West Point was one of the best ways to go about doing that," she said.

Acceptance to USMA is an exceptional honor reserved for the nation's most promising students. The academy's extensive application process includes the submission of written essays, standardized tests, class transcripts, and teacher and community leader recommendations. Lauren Karbler said she also attended a weight training class to help her pass the challenging physical fitness test.

Another critical component of the USMA application process is securing a nomination to West Point, which canbe from a congressman or an activeduty or retired service member. Lauren Karbler was nominated by Texas Sen.

She coincidentally met Cornyn, during his April 15 visit to APG and thanked him for the nomination.

Maj. Gen. Karbler, who was commissioned as a second lieutenant in the Air Defense Artillery Branch after earning his bachelor's degree from USMA in 1987, said he and his wife could not be more excited for their daughter's future military career.

"Leah and I are super proud of all Lauren has accomplished and are grateful that she got a chance to meet and thank Senator Cornyn during his visit," Maj. Gen. Karbler said.

Lauren Karbler said her parents knew about her acceptance to West Point in advance and concocted a clever way to record the exact moment she learned of her acceptance. She recalled the day she checked her application status online and read the words, "Appoint-



APG youth Lauren Karbler, right, thanks Texas Sen. John Cornyn, left, for nominating her to the Military Academy at West Point during a visit to the U.S. Army Test and Evaluation Command, or ATEC on APG North (Aberdeen) April 15. Karbler is the daughter of ATEC Commander Maj. Gen. Daniel Karbler.

ment offered."

"I was very shocked, and I turned around to see my parents standing

behind me smiling. I laughed and cried and hugged them. Lo and behold, they had hidden a camera right behind the computer to capture the whole thing," she said.

Although she said she's uncertain of what she wants to study, Karbler said she feels "overjoyed" when thinking about what the

next four years will bring.

"I'm leaning toward some kind of

engineering," she said, adding she'd like to fly helicopters in the Aviation Branch. For now, Karbler said she is con-

tent dreaming about the immediate future. She is interested in joining West Point's cheerleading team, exactly what I wanted the Scuba Diving to do with my life, and Club and some type of musical group.

> With graduation from The John Carroll School in Bel Air, Maryland on May 28 nearing, Karbler attributes her success to her parents'

constant love and devotion. "My parents have been my biggest supporters since day one," she said. Karbler will report to West Point at

the end of June. The U.S. Military Academy at West Point is a four-year, co-educational,

federal, liberal arts college located 50 miles north of New York City. USMA was founded in 1802 as the nation's first college of engineering and continues today as one of the premier leader-development institutions, consistently ranked among top colleges in the country.

Its mission remains constant: to educate, train, and inspire the Corps of Cadets so that each graduate is a commissioned leader of character committed to the values of duty, honor, and country, and prepared for a career of professional excellence and service to the nation as an officer in the U.S. Army.

For more information about USMA, visit **www.westpoint.edu**.

# Nurse Advice Line helps moms in the military

I found that serving

my country was

**West Point was one** 

of the best ways to go

about doing that.

Lauren Karbler

Daughter of ATEC Commander

Maj. Gen. Daniel Karbler

Military Health System

Editor's Note: National Nurses Week runs May 6-12 and includes the Mother's Day holiday. During this time, the Military Health System recognizes an important service for moms, as well as all TRICARE beneficiaries: the Nurse Advice Line.

It was supposed to be a happy family reunion and a chance for the grandparents to meet the new baby. But the baby was unusually fussy, even for a 2-week-old. The grandfather decided this was more than newborn restlessness and reached out for help.

"The retired Navy captain decided to

call the Nurse Advice Line," said Regina Julian, the primary manager for the line, a service for all Military Health System beneficiaries that lets patients talk directly with a nurse who evaluates their conditions and gives advice ranging from self-care to an immediate emergency room visit, 24 hours a day, seven days a week.

"Within two hours of the call, the baby

was in surgery with a life-threatening bowel obstruction. We don't expect new moms or any of our beneficiaries to know if their child needs that level of care. That's why our nurses are available to talk new parents through these situations."

Julian said the emergency surgery saved the baby's life. She added the advice line gives new moms, and in this case, new grandpas, expert medical advice based on industry-standard pro-

tocols developed by leading physicians to help determine what's best for the patient, even if it means that care starts in an emergency room.

"It is about getting you to the right level of care with the right provider at the right time. That's what quality and safety are all about."

About eight percent of calls to the Nurse Advice Line are pregnancy or OB-GYN related, making it a good resource for young mothers in the Military Health System. Kathryn Scheidt is the deputy program manager for the Line in the continental United States and a registered nurse herself, as well as a

retired 30-year Army nurse corps veterurse Advice Line an. She said that new moms in the military Military Health being able to reach System benefiout for help is especially important since ciaries that lets patients they might be sepatalk directly with a nurse rated from their own moms or maybe an aunt who might normally help in health care situations.

an immediate emergen-"New moms want cy room visit, 24 hours a to know if something happening with their baby is normal,"

Scheidt said.

is a service for all

who evaluates their con-

ditions and gives advice

ranging from self-care to

day, seven days a week.

"They want to know if the problem is something they need to seek care from a provider to remedy. The Nurse Advice Line reassures them they are doing the right thing in either taking care of an issue themselves or getting care from a provider. That's a difficult call for new moms on their own, because it takes experience to know what to do."

Scheidt also emphasized the importance of the Nurse Advice Line for moms who might be separated from



Courtesy photo

With staffing by nurses 24 hours a day, seven days a week, the Nurse Advice Line puts medical advice as close as the nearest phone for military personnel and their families.

their partners because of deployments and military schedules. She said there is a young mother of four who calls frequently, looking for that valuable advice, even if it's for self-care. That repeat business is a real testament to the value of the service.

"Parents call wanting to do the best for their child, so we want to do the best for them," said Scheidt. "No concern is too large or too small for our nurses."

Nurse Advice Line officials emphasize those on the receiving end of the phone use evidence-based, best medical practices to evaluate patients and determine the best method of care. All patients must be present when the call is made to make sure the exact symptoms are being conveyed to the nurse on the other end. In addition, all calls are monitored and reviewed to make sure the advice given is consistent with those best medical practices.

Julian said it's not just moms of young children who call. Sometimes, it's the mom of an adult son or daughter in the military, and they're looking for help because that child has conveyed feelings of loneliness or even suicidal impulses. In such cases, the Nurse Advice Line can step in and help that mom help her adult military child.

The Nurse Advice Line is available at no cost to TRICARE beneficiaries in the Continental United States, Alaska and Hawaii 24 hours a day, seven days a week. Call 1-800-TRICARE and choose option 1.



See more photos from events across Aberdeen Proving Ground, Maryland

http://www.flickr.com/photos/usagapg/

## Scientists synthesize high-performing energetic material

By **DAVID MCNALLY** 

Army Research Laboratory

Army scientists are on the trail of new high-performing energetic materials.

Scientists at the U.S. Army Research Laboratory recently synthesized a new

Dr. Leah Wingard, Mr.

Eric Johnson, and Dr.

Pablo Guzman are

wonderful scientists

on my team.

Their intellectual

contributions and skill

in the laboratory were

critical in getting this

material made.

Dr. Jesse J. Sabatini

ARL Energetics Synthesis Team Leader

material called bisisoxazole tetranitrate, or BITN, with potential applications in propulsion and lethality.

"BITN has a strong potential for improving insensitive munitions characteristics for gun and rocket propellants" said Dr. Jesse J. Sabatini, team leader of the Energetics Synthesis Team within ARL's Weapons and Mate-Research rials Directorate.

Insensitive munitions are chemically stable enough to withstand mechani-

cal shocks, fire and impact by shrapnel, but still explode as intended to destroy their targets, he said.

The Joint Insensitive Munitions Technology Program funds efforts to improve response to several scenarios, such as slow cook-off, bullet and fragment

"It's been extremely challenging due to the bulk of sensitive energetic ingredients typically used in many of these munitions," Sabatini said.

In an effort to develop even denser,

higher-performing energetic ingredients for propellant and explosive applications, Army researchers are now making derivatives of BITN. Sabatini predicted the derivatives will have high densities, detonation pressures and detonation

velocities.

"In assessing whether BITN and its derivatives are suitable targets to be synthesized, we have been consulting with colleagues at the U.S. Army Aviation and Missile Research, Development and Engineering Center at Redstone Arsenal, Alabama," Sabatini said. "The collaboration serves as a prime example as to what can be accomplished when organizations work togeth-AMRDEC approached us with

a particular need, and we were honored to play a role in helping them."

The laboratory's mission is to discover, innovate and transition science and technology capabilities. Researchers seek to facilitate lethality development across a broad range of Army missions, and conduct research in materials science to ensure "rapid and affordable development of materials, from discovery to delivery, critical to the Army of the future," Sabatini said.

In a scholarly paper published in



Photo by Conrad Johnson, RDECOM

Dr. Jesse J. Sabatini, team leader of the Energetics Synthesis Team within ARL's Weapons and Materials Research Directorate, leads efforts to synthesize a new material called bis-isoxazole tetranitrate, or BITN, with potential applications in propulsion and lethality.

December 2015's Crystals, "Recent and secondary high explosives. It will Advances in the Synthesis of High Explosive Materials," Sabatini and coauthor Dr. Karl D. Oyler from the U.S. Army Armament Research, Development and Engineering Center at Picatinny Arsenal, New Jersey, outline processing improvement and formulating aspects used in synthesizing energetic materials.

"There is an ever-increasing need for the development of new energetic materials for explosive applications," they wrote. "This includes, but is not limited to, the area of primary explosives be interesting to follow its progress in future years, as many of these ingredients move past the basic research area, and progress into an applied research setting to be investigated in various formulations.

In synthesizing BITN, Sabatini credited the members of his synthesis team.

"Dr. Leah Wingard, Mr. Eric Johnson, and Dr. Pablo Guzman are wonderful scientists on my team," he said. "Their intellectual contributions and skill in the laboratory were critical in getting this material made."

# ARL earns certification with quality work, by the book

Army Research Laboratory researchers earn quality management certification

Story and photo by **DAVID MCNALLY** U.S. Army Research Laboratory

Army researchers are doing quality work -- by the book -- according to an international standards organization.

SRI Quality System Registrar, an internationally recognized accredited registrar, approved the U.S. Army Research Laboratory's Coatings, Corrosion and Engineering Polymers Branch, or CCEPB, for its quality management system March 17.

The International Organization for Standards, or ISO, develops and publishes international standards. It serves as a worldwide federation of national standards organizations, according to

"The certification means we have demonstrated a commitment to our stakeholders, establishment of clear policy, effective planning and implementation and sound resource manage-



Corrosion scientist Tom Considine analyzes an oxidation sample in the U.S. Army Research Laboratory's Coatings, Corrosion and Engineering Polymers Branch at Aberdeen Proving Ground, May 2.

ment," said Dr. James Snyder, acting branch chief. "Validating the credibility of our procedures and data in this way is invaluable for both our fundamental and customer research efforts, and especially critical for CCEPB as we have approving authority for the DOD for qualifying certain materials within the coatings and corrosion commodity areas that are used on military assets."

The branch conducts research and development of corrosion resistant materials, surface modification of materials, advanced coatings, adhesives and other engineered polymeric materials at ARL's Rodman Materials Research Laboratory.

"This is a fine example of business acumen within the laboratory and marks a success under the Materials Research Campaign," said Michael Zoltoski, acting director for ARL Weapons and Materials Research Directorate. "This accomplishment fosters a more business savvy approach and thought process at all levels of the laboratory. As we focus on business acumen, we document and streamline our processes and practices."

The branch has been working towards certification, known as ISO 9001:2008, for the past three years. Dr. John La Scala, former CCEPB branch chief, initiated the quest.

"The branch's application [for ISO 9001 certification] was approved on its first attempt, which is a testament to the strength of the processes and procedures within the branch given that a high percentage are not accepted upon first application," La Scala said.

The branch is raising the bar for busiess acumen across the laboratory, he said.

"This is the first branch within ARL to have its complete quality management system ISO certified and registered through a registrar, such as SRI" said Charles Pergantis, CCEPB quality assurance coordinator. "Continual improvement has been institutionalized and we have demonstrated efficient process controls, measurement and analysis, and an effective document and record management system."

A quality management system is a set of policies, processes and procedures required for planning and execution in the core business area of an organization.

"Certification provides evidence to customers, suppliers, employees and their community of their commitment to producing a quality product or service and providing customer satisfaction," said Edward L. Maschmeier, SRI certification director.

Peduzzi, Jill L.

### Leave Donations **Employees eligible for donations in the Voluntary Leave Transfer Program**

To participate in the Voluntary Leave Program, use forms OPM 630, Application to Become a Leave Recipient Under the Voluntary Leave Transfer Program; OPF 630-A, Request to Donate Annual Leave to Leave Recipient Under the Voluntary Leave Transfer Program (within agency); or OPM 630- B, Request to Donate Annual Leave to Leave Recipient Under the Voluntary Leave Transfer Program (outside agency). Please contact Sue Campbell at 410-306-0266 or sue.a.campbell8.civ@mail.mil

Acevedo, Rachel Acosta, Jeannie M. Adams, Chervl A. Barela, Linda M. Beale, Jamila A. Branscome, Teresa A. Chacon, Leanne A. Ciborowski, Steven Clark, Lyra Clybourn, Angela M. Crowder, Phillip N. Dennis, Robin N. Dileonardi, Ann Mae Dimond, Crystal Dissek, Michael J. Diveley, Roberta R.

Donlon, Jacqueline A. Durke, Erin M. Frankel, Ronald A Gaddis, Lonnie Galloway, Dea S. Gant, Hennither B. Garrett, Mary F. Ellis, Gibson, Tanya J (T'Jae) Gilley, Christopher M. Glassman, Connie L. Hampton, Devita D. Hamrick, Eunice G. Hazel, Wanda L. Hornberger, Michele D. Hug, Sarah C. **Humphries, Theresa** 

Jackson, Vivian A. Johnson, Douglas W. Johnson, Patricia A. King, Sharon M. Kuciej, Andrea D. Kvro, Kelly J. LiCalzi, William E. Malczewski, Stephen V. Mancini, Jennifer Manos, Gust H. McCauley, Adrienne Meadowcroft, Catherine Meskill, Joseph F. Mielke, Sylvia A. Morrow, Anthony

Nunley, Dana Y.

Pulaski, Michele L. Pusey, Nancy K. Redman, Corinne L. Rodriguez, Pedro Ruske, Hilary P. Russell, Melissa A. Shoaf, Meaghan L. Solomon, Je'Neane Soto, Robert Alan Stadtler, Alberta R. Thompson, Curtis Tisdale, Dorris A. Vaccaro, Dominic S. Villanueva, Jenny West, Abby Lee



# Congested airspace likely challenge in future fight

#### By **DAVID VERGUN**

Army News Service

By 2025, airspace over future battlefields will be extremely congested, as well as dangerous. That's one of several significant outcomes that came out of experiments conducted recently, said Col. Wayne Grieme.

Grieme, the division chief of the Joint & Army Experimentation Division, or JAED, U.S. Army Capabilities Integration Center, U.S. Army Training and Doctrine Command, spoke during a media roundtable, May 4, regarding the outcome of experiments conducted at Unified Challenge 16.1.

### Lots of stuff flying around

Since the next fight will be a joint undertaking, participants in the experiments included personnel from the other services who brought their own capabilities to the fight, each utilizing the air, as well as the other domains, Grieme said. Things flying through the air domain would include:

- Low, medium and high-altitude artillery
  - Missiles of various ranges
  - Space-based weaponry
- A variety of unmanned aerial vehicles, armed and reconnaissance
  - Fixed-wing and rotary aircraft

As new technologies for unmanned aircraft systems becomes less costly and readily available, even non-state actors would be able to afford them, Grieme said. Operating in this domain would present some real challenges to pilots and UAS, he said.

### Signals in the air

Adding to this clutter of aircraft and projectiles in the air would be electronic signals used for cyber and electronic warfare, Grieme said. Cyber offensive and defensive capabilities are also becoming readily available to adversaries, both state and non-state. These pose significant challenges.

Dr. Van Brewer, chief scientist, JAED, said that land, sea, cyber and other domains were also involved in the experiments, not just air.

The experiment's outcome pointed to the importance of training with joint and multinational partners, Brewer said.

Lt. Col. Chris Matherne, Experimentation Branch chief, JAED, said that what struck him about the experiment was the lethality potential adversaries' current weapons systems pose in the fight, not just their likely future capabilities.

### **About the experiment**

Brewer said that while details of the scenarios used in the experiment are classified, they did involve a late, forced-entry with major combat operations against a hybrid threat from state and non-state actors, all fully capable across all domains.

Experimenters from 11 centers of excellence battle laboratories, as well as the U.S. Army Special Operations Command, employed simulation on a closed network to examine the force size that would be needed, materiel requirements and optimal structure of division, corps and theater, Brewer said.

Role playing was "very interactive" and moderators and facilitators helped



U.S. Naval Research Laboratory graphic

A C-130 airplane releases a swarm of Close-In Covert Autonomous Disposable Aircraft, or CICADA, gliders.

lead discussions that followed, Grieme said.

About 1,500 pages of outcome data were developed and analyzed, and that information has been given to senior Army leaders to inform doctrine, science, research and development requirements and investments, he said.

This fall, Unified Challenge 16.2 will take place, Grieme said. It will also be a simulation exercise.

While Unified Challenge looks at the force of 2025-2030, TRADOC also conducts experiments known as Unified Quest that look at the 2030-2050 timeframe.

Grieme concluded that these and other experiments produce good analytics that are shared across the joint force.

He added: "Thinking about the future fight takes a lot of reading, learning and interacting. It's already a very complex world and it will continue to get more complex. We're ready to accept the challenge and we're excited about being part of it."

# Office offers passport service for official travel

### **Continued from Page 1**

appointments.

"Primarily, you have to prove citizenship," he said, adding that along with birth certificates, proof can be in the form of naturalization documents, consular reports of birth abroad, or previous passports.

Specific documentation requirements are mapped out in the instructions Tyson issues to those requesting appointments. He said the average appointment processing time lasts 30-45 minutes and applicants should carefully review instructions regarding supporting documents prior to their appointments.

For example, some requirements stipulate that only original documents with raised seals are acceptable; forcing applicants to request documents from their home state's bureau of vital statistics, which takes additional time. Substantiating documents for minors and infants can be even more stringent, often requiring marriage licenses and birth certificates that show the mother's maiden name or accompanying state certification of the mother's maiden name. Requirements gets even more complicated if step-parents are involved, Tyson

The office does not make the rules, he said, but is governed by the U.S. Department of State Passport Services Directorate, which issues passports to all traveling Americans.

Tyson is a graduate of the State Departments' Bureau of Consular Affairs training program at Fort Belvoir.



While written requests from general officers or Senior Executive Service members can expedite the process for requests being made on short notice, they cannot override or sidestep State Department requirements, Tyson said.

"I am not the approving authority. The State Department will reject applications for any number of reason. All you can do is comply."

The Passport Office issues diplomatic passports as well as the brown "Official" passports and blue "Tourist" passports.

"You cannot travel on business using a tourist passport or travel as a tourist on an official passport," Tyson said. "If you get caught, you'll be in serious trouble with the State Department."

Traveling status has a direct impact on events such as mandatory evacuations of American citizens, for example, he said.

Legal incidents, accidents or any event requiring the presentation of a passport, must match the individual's

"If you're in an accident and you state that you're a tourist, but you're found to be traveling on an official passport you'll have some explaining to do," Tyson said.

He added that the average Soldiers have no need for passports as they can travel on their CAC cards to NATO countries honoring the Status of Forces Agreement, or SOFA. Nations, however, reserve the right to change/increase requirements as security dictates, such as when France tightened its entry requirements after the November 2015 terror-

Tyson said one recent rejection of a passport application was due to an obsolete photo.

"The instructions clearly state that photos must have been taken within the past six months," he said, noting that passport photos are free of charge to authorized customers at the APG Garrison photo studio, located in Bldg. 324.

"This applicant submitted a photo that was used in a previous passport that had expired," he said. "I had no way of knowing that but the State Department did and they rejected it."

The number one thing to remember is to apply early or as soon as possible after receiving official travel orders, Tyson said. "The sooner we get started on the process," the better."

The Passport Office is located in Bldg. 4304, third floor, room 328. Services are open to active-duty service members of any branch and their families and DOD civilians. For more information, or to make an appointment, contact Tyson at 410-306-2347 or email larry.c.tyson3.civ@mail.mil.

"It's May," Tyson said. "If you have a meeting overseas in June and you don't have a passport, chances of you getting there are slim-to-none."

For more information about U.S. passports and international travel, visit https://travel.state.gov.



Come and follow us https://twitter.com/USAGAPG

### HIS WEEK IN APG HISTORY



Vol. 42, No. 14 • April 8, 1999

Take a look back in time as the APG News explores what made the headlines around APG during this week 10, 25 and 50 years ago. This week's APG News masthead is from 1999.

By YVONNE JOHNSON, APG News

2015

2010

# 10 Years Ago: May 11, 2006



(Above) Spc. Joseph Kraft of the U.S. Army Research, Development and Engineering Command is named the APG Soldier of the Year for 2006. Sgt. Thomas Inman of the Joint Response Team is the NCO of the Year.

(Right) Sgt. Pacheco Nixon of HHC 16th Ordnance Battalion explains maintenance of the M249 Squad Automatic weapon during evaluation for the APG Noncommissioned Officer and Soldier of the Year competition.

2000

# 25 Years Ago: May 15, 1991



(Left) Sgt. 1st Class Ray Schell receives a warm greeting from his wife and son at the Edgewood Armory during the return of the 29th Air Traffic Control Group of the Maryland National Guard from Desert Storm.

(Below) From left, sheet metal mechanic Ron Ricketts, machinist Jerry Brown and exhibit artist Bill Taylor of the Combat Systems Test Activity, CSTA, look over a Gatling gun mount they fabricated for use during Armed Forces Day activities.



1970

# 50 Years Ago: May 12, 1966



(Right) OC&S candidates march to their first class of instruction after arriving at Aberdeen Proving Ground.

(Left) Col. Elmer Grubbs, post commander, right, presents the Aviation Safety Award of the U.S. Army Test and Evaluation Command to Maj. Buddy Choat, post aviation officer, and Phillips Army Airfield employees for pursuing a "sound aviation and accident free experience" since TECOM's formation in 1962.



1960

1950

### The APG Crossword

### **ALL THINGS EMERALD**

By STACY SMITH, APG News

Emerald, the birthstone for May, is a gemstone that is emblematic of love and success. Complete this puzzle to learn more about all things Emerald.

### Across

- 3. These holy scriptures of the Indians refer to precious green gems and their healing properties.
- 7. Gemstone specialists affectionately refer to the cracks and fissures which are typical of the emerald as this, also the Spanish word for "garden."
- 8. The word "emerald" comes from the ancient \_\_\_\_\_ word for "green."
- 12. Emeralds from this African country are among the oldest gemstones anywhere in the world.
- 15. The character Poison Ivy from this American comic book is depicted as wearing an emerald green outfit.
- 16. Emerald was once believed to cure this disease which still kills millions every year.
- 18. To find an emerald of good quality is rare, most possess these which mar the evenness of the

color.

- 19. According to www.irishcentral.com, Ireland is known as the Emerald Isle for its "rolling hills and of green."
- 20. Known as the "\_\_\_\_ Emerald," this ring, containing a 37-carat emerald, can be found in the National Museum of Natural History.
- 21. This Spanish name, also the female heroine of Victor Hugo's novel, "The Hunchback of Notre Dame," translates to "emerald."
- 24. Legend states that the emerald was one of four precious stones given by God to this biblical King, which endowed him dominion over all creation.
- 25. Name of one of the largest Colombian emerald crystals, which weighs 632 carats and is displayed in the New York Museum of Natural History.
- 26. The first-known Emerald mines were in this North African country, dating from at least 330 BC into the 1700s.
- 28. When in top quality, fine emeralds are even more valuable that these highly coveted stones.
- 29. Emerald is the gemstone that represents 20th and 30th \_\_\_\_ anniversaries.

### Down

- Today, many emeralds are enhanced with colorless oils or this sticky organic substance.
- 2. Emerald \_\_\_\_\_, North Carolina is a town which is part of the Crystal Coast, an area popular with tourists and second-home owners.
- 4. Emerald green is believed by some cultures to heal strain and injury to this body part.
- 5. This popular trading card game for children has an emerald version.
- 6. Emerald is the traditional gemstone for astrological signs of Taurus, Gemini and sometimes this water sign.
- 9. This country's most sacred religious icon is called the Emerald Buddha, even though it's carved from green jadeite.

- 10. Actress who visited Emerald City in the classic film, "The Wizard of Oz."
- 11. Emeralds were part of the plunder when 16th century explorers from this European country invaded the New World.
- 13. This Washington state city is known as "Emerald City."
- 14. The emerald is the sacred stone of this Roman goddess of love.
- 17. Egyptian pharaoh who was said to have a passion for emerald, and used it in her royal adornments.
- 20. A raw emerald that has many cracks or fissures is typically cut into this type of gemstone, which has been shapes and polished as opposed to faceted.
- 22. Legend said those who owned emerald had the ability to foresee the future when the gemstone was placed under this part of the wearer's body.
- 23. "Emerald" was a song released by 70s rock band Thin Lizzy, whose members hail from this island in the North Atlantic.
- 27. Emerald is a deeper shade of green than this light bluish-green gemstone.

Think you solved last week's puzzle?
Check out the solution below

Solution to the May 5 puzzle



### WORD OF THE WEEK

### **Aegis**

Pronounced: EE-jis

### Part of Speech: Noun

### **Definition:**

- 1. Protection; support; controlling or conditioning influence
- 2. Sponsorship; auspices; patronage; control or guidance, especially by an individual, group or system
- 3. (Classical mythology) The shield or breastplate of Zeus or Athena, bearing at its center the head of the Gorgon.

### Use:

- The Korean War was fought under the aegis of a resolution issued by the UN Security Council.
- Having no claim to the land under the aegis of the law, the cattle baron decided to claim it by force.
  - The warlord extended his aegis of protection over the defenseless minions.

By **YVONNE JOHNSON,** APG News Source(s): http://www.oxforddictionaries.com; http://dictionary.reference.com

### **ACRONYM OF THE WEEK**

### CFAY

### **Commander Fleet Activities Yokosuka**

Also known as U.S. Fleet Activities Yokosuka, CFAY is a United States Navy base in Yokosuka, Japan. Its mission is to maintain and operate base facilities for the logistic, recreational, administrative support and service of the U.S. Naval Forces Japan, Seventh Fleet and other operating forces assigned in the Western Pacific. CFAY is the largest strategically important U.S. naval installation in the western Pacific.

Yokosuka is the headquarters of 7th Fleet and the homeport for the carrier Ronald Reagan, the amphibious command ship Blue Ridge and about a dozen other cruisers and destroyers. Located at the entrance of Tokyo Bay, CFAY is made up of 55 tenant commands that support installation U.S. Navy Pacific operating forces, including principal afloat elements of the United States Seventh Fleet, including the only permanently forward-deployed aircraft carrier, USS Ronald Reagan (CVN-76), the group she heads, Carrier Strike Group Five, and Destroyer Squadron 15.

By **YVONNE JOHNSON**, APG News Source(s):



### **APG CATCH-A-POACHER PROGRAM**

A wide variety of wildlife call Aberdeen Proving Ground home. The APG Conservation Law Enforcement Branch is asking you to be a partner in protecting and preserving the natural resources here on post. If you see or have knowledge of poaching or illegal activity involving wildlife or natural resources, you can use the SUBMIT-A-TIP hotline to anonymously provide information to catch a poacher.

### Call the SUBMIT-A-TIP "HOTLINE" at 410-306-4673.

Emergencies or violations in progress should always be reported via 911.

When reporting poaching or illegal activity involving wildlife or natural resources on APG, please take note of the information listed in the form below.

Name/Description/Address of the Poacher
Location/Days/Times & Type of Poaching
Vahiala Massal Dagavintian ay Barristyatian #
Vehicle/Vessel Description or Registration #

# Holocaust survivor: US Soldier 'angels' saved me

By KATIE LANGE DOD News

"We are Americans, and all of you are free.

That phrase is etched in 88-year-old Henry Greenbaum's memory as part of the best day of his life. It was told to him by an American Soldier during World War II when he was 17, weighed 75 pounds and had lived through five hellish years as a victim of the Holocaust.

Thursday, May 5 was Holocaust Remembrance Day, which shines a light on the genocide of millions of people more than seven decades ago. It's meant to keep such atrocities from continuing to happen, and it's also a day to remember those who put an end to it, including the United States military.

That's how I found my way to Greenbaum, a Jewish survivor and volunteer at the U.S. Holocaust Memorial Museum in Washington, D.C. The Poland native was liberated in 1945 by U.S. Soldiers from the Army's 11th Armored Division, and he had no problem recounting that experience, amid many others, in vivid detail for me – like not bathing for years, or surviving being shot in the head.

What struck me most, however, was the ease with which he told the stories, almost as if they didn't happen to him. But they did, and he credits America for bringing him back from the dead.

#### **The Horrors**

Henry was just 12 and the youngest of nine children – six girls, three boys when the Nazis forced his family into a ghetto. But it wasn't until two years later, in 1942, when the real nightmare began - the day his mother and two of his sisters were taken.

"When they separated from me, [mom] went to give me a hug ... but they pushed her back. So she yelled over to [three of] my other sisters, 'Make sure you take care of your little brother."" And that was the last he ever heard from them. "That day, vividly, was the most horrible thing.'

Henry was then moved to a slave labor camp, where everyone got lice -abreeding ground for typhoid.

"It was a very contagious sickness, and you're sleeping with two other guys in a 75-inch wide shelf with no mattress, no straw," Henry recalled. "They gave us a rolled up little blanket that we used as a pillow. Otherwise, there was a bolt sticking out into your neck."

He was often forced to dig mass graves for the dead and dying.

"People had to undress naked. They were shot in the back of the head, and into the ditch they went," Henry remembered.

Two of Henry's sisters died of illness, while a fifth was killed when the pair tried to escape. Henry was shot in the head, but somehow survived.

### **His Angels**

Henry spent two more years in various concentration camps before April 25, 1945 – "the best day of his life." Without skipping a beat, he recalled how he and several others were sent on a death march toward Dachau.

"We knew the night before liberation that [our captors] were acting a lit-



Holocaust survivor Henry Greenbaum, who was born in Starachowice, Poland, in 1928, volunteers much of his free time telling his story and educating the masses about the atrocities of the Holocaust at the U.S. Holocaust Memorial Museum.

Photo by Marvin Lynchard, DMA





(Above left) Four young Jewish men stand in front of an UNRRA Assembly Center sign in the Zeilsheim displaced person's camp after the war. Henry Greenbaum is on the far right. Photo courtesy of the U.S. Holocaust Memorial Museum (Above right) Greenbaum autographs his "passport" at the U.S. Holocaust Memorial Museum. The passports of varying Holocaust victims are given out to every person who visits the museum. Greenbaum is featured on one of them.

Photo by Marvin Lynchard, DMA

tle bit better all of a sudden. They knew they were losing the war. They probably wanted to kill us, but they were afraid to fire their guns, because the American Army was on the highway," Henry remembered. "We didn't know that."

They were hidden in a farmer's silo instead of sleeping out in the open that night. In the morning, they were given one raw potato – "Otherwise, we were eating leaves that fell off the bushes," Henry said - before being ushered toward the highway. That's when the men guarding them fled.

"All of a sudden, off the main highway, a tank came toward us. We thought, 'For sure they're going to kill us all now," Henry said. "We didn't think it was an American tank until they parked 5 feet away and the hatch opened up, and [a Soldier] put his hands on his mouth and said, 'We are Americans, and all of you are free."

Henry and the remaining survivors, dumbfounded, were given all the rations the two American Soldiers in the tank

"I don't know their names, so I call them my angels," he said.

The survivors were then escorted back to the farm from which they came.

"We were so hungry – five years hungry - that we saw in the front of the farmer's house they had mixed up potato peelings and white flour as animal feed. We got on our hands and knees and shoved as many peelings as we could into our mouths," Henry said. "Then we went in [the farmhouse]. ... They had for us a table with regular, normal food. ... We didn't think we'd get the food inside."

### **Recovery**

After liberation, Henry managed to find one brother, Zachary, while regaining his strength in a displaced persons camp. "I was a skeleton. They told me I weighed 75 pounds at liberation," he

Aside from the physical torture, I've always wondered how a person survives that kind of mental trauma. For Henry, it was pretty simple – hope.

"I said to myself, if I beat all these odds, I'll be in America someday," referring to his last surviving sister, Dina, who had fled here in 1937. "I was thinking about once I get to this country and what my life will be here. I was lucky to have a sister who could help me survive."

Henry immigrated to America in 1947, and he, Dina and Zachary were able to find their last brother, David, who fled to the U.S. in 1941. Of their 10 family members who were alive when the Holocaust began, only those four survived.

Henry went on to live a good life. He agree to remember.

became a tailor, married and had four children. As I talked to him just days after the 71st anniversary of his liberation, he had a simple message for any remaining World War II vets out there: "Thank you for serving, and thank you for giving me back my freedom."

### As Genocide Continues

Freedom is currently being fought for once again in Syria, Iraq and many other parts of the world facing similar atrocities. Henry's experiences help give our current troops' mission perspective.

"They are risking their own lives. We [Americans] don't get anything out of it – we just want those countries to live free like we live," he said. "It's the best thing when you have freedom – to be able to do what you want."

It's a lesson he has spent his adult life teaching others. He talks with lots of service members who visit the museum, and he's even visited Fort Campbell, Kentucky, three times to talk to Soldiers and their children.

"I tell the schoolchildren whenever I speak to them ... 'Don't be bystanders. If injustice happens to any human being, speak out," Henry said. "We like to leave a legacy with the children of what could be and what we lived through so they won't live through that."

That's a sentiment I think we can all

# Event shifts focus to forgiveness after program change

### **Continued from Page 1**

Electronics Research, Development and Engineering Center, or CERDEC, hosted the event

Listeners were welcomed by Robert Zanzalari, associate director of the U.S. Army Communications-Electronics Research, Development and Engineering Center, or CERDEC, and Col. Matthew Schramm, CERDEC military deputy.

Zanzalari noted that 71 years have passed since the concentration camps were liberated.

"Soon there won't be many left to tell us first-hand what they saw; to share what they remember," he said. "That is why it is the duty of each of us to remain ever vigilant, not just of the world in which we live, but also of our own hearts. When we see hatred, when we see intolerance, when we are witness to prejudice, we must stand. Above all, we must remember what happens when intolerance and hatred are given reign over humanity."

Schramm said that survivors and witnesses have shared their histories so the world never forgets the consequences of

"The words of the survivors, stark narratives of violence and death, stand as a reminder of not only what has happened, but what can happen when we lose our humanity," Schramm said adding, the morning's discussion would center on, "not only the loss of humanity, but the circumstances of forgiveness.



Electronics, Research, Development and Engineering Center, or CERDEC, gives opening remarks during the Days of Remembrance ceremony at the Myer Auditorium, May 3.

The 2016 Days of Remembrance theme, "Liberation," would have highlighted the exploits of intended guest speaker, retired Master Sgt. Sol Goldstein, a former 1st Infantry Division Soldier who was among the first to knock down the fence surrounding a satellite concentration camp near Buchenwald, Germany.

Organizers instead went with the theme, "Forgiveness" and discussed the human aspects of the difficult act of letting go of feelings and attitudes.

Rabbi Gila Ruskin of Temple Adas

Shalom led the conversation that revolved around the notion of forgiveness as outlined in the 1976 novel, "The Sunflower: On the Possibilities and Limits of Forgiveness," by Simon Wiesenthal. The book poses the ethical question to the reader of whether to "forgive" former Nazi soldiers for their transgressions. It contains a symposium of responses from Holocaust survivors as well as former Nazis and challenges readers to search their souls for the

Several audience members respond-

ed to Ruskin's invitation to share their thoughts about forgiveness, and sparked conversations that continued after the

program was over. Ruskin credited CERDEC Outreach Lead Erica Bertoli with coming up with the idea for the alternate program. She noted that several people who did not wish to stand shared their thoughts with her later. One was the grandson of a Holocaust survivor, she said.

"I appreciated all the comments and I think we did honor to the liberators," Ruskin said. "Forgiveness is a common human experience. Our overall goal was to state that history cannot be unlived, but if faced with courage, need not be lived again."

Ruskin also presented the invocation and benediction and led the traditional candle-lighting ceremony. The event included readings by retired Col. Jonas Vogelhut; Bertoli and Staff Sgts. Jamal Washington and Tyler Young of A Battery, 3rd Air Defense Artillery (JLENS). Soldier participants in the candle-lighting ceremony included Spc. Addison Gibson; Pfcs. Jessica Leal, Yvette Martinez and Anastasiia Oliver; and Pvts. Ste-

ven Wendland and Jack Zimmerman. At the program's end. Zanzalari and APG Garrison Command Sgt. Maj. Jeffrey Adams presented certificates of appreciation to Ruskin and Racheal Acevedo who sang the national anthem. Sgt. Louis Schwab of the APG Garrison served as the program narrator.

### Summit calls on leaders to 'own' SHARP

### **Continued from Page 1**

The early morning summit began with an introductory video consisting of a variety of SHARP-driven events and activities conducted over the past year. For many of those who were unable to attend the recently held APG SHARP Poetry Slam, the summit allowed them an opportunity to hear several of the actual poets present their artistic creations. Ranging from profound to sobering, each presentation seemed to represent the foundation upon which the summit could continue to build.

"When I look across the footprint, and look at who's here today, I think we've got everybody well represented," Crawford said in his opening remarks. "So, as we think about the subject, and the overall importance of this subject, it's not about what only makes this community special, but the fact that you're here today, I believe in my heart of hearts, this is what makes our nation great."

Crawford went on to say that a lot of hard work and energy had gone into this SHARP effort, and given all that had gone into this particular subject, leadership chose to move from 'Buy-in' to 'Ownership.'

"A lot of great work has gone into readying our formations, and readying our workforce, and our Army - to include our civilian employees," he said. "I ask you to think, and put yourself beyond what we talk about here today, and I want you to think about tomorrow. Where do we go from here?

"The way I described moving from 'Buy-in' to 'Ownership,' and some of you have heard me say this, but I think it is appropriate at this time, is buyin means 'I like what you're doing,' but ownership, and what's going to be required to get us beyond where we are today, to really get at the root cause, for some of the challenges, means 'I'm willing to help you.' That's where I believe



**CECOM** photo

APG Senior Commander Maj. Gen. Bruce T. Crawford, right, presents a token of appreciation to APG SHARP Summit Keynote Speaker Lt. Gen. Robert L. Caslen, Jr., 59th Superintendent, U.S. Military Academy West Point, during the third annual APG SHARP Summit, May 10.

we need to go. And that's when we ultimately win."

Caslen said he was honored to be invited to speak at the summit.

"I'm very passionate about the elimination of sexual harassment and sexual assault in our formations," Caslen said. "I'm passionate about it at the United States Military Academy, and I'm passionate about leadership because that's what leaders do, and to see this assembled group, to have a summit like this, and to see so many leaders and so many other people that are here today, I give you a lot of credit and I'm very proud to be a part of it."

Caslen's presentation touched on the matter of unintended consequences and how they are something that every leader has to understand.

"Our actions and our words, regardless of what you think they mean, have consequences," he said. "The importance about leaders is that leaders build teams. Leaders edify. They build people up. Leaders unite. They take diverse elements and bring them together as one. They're in the process of building up. They are not in the process of tearing down and dividing."

He went on to describe the importance of leaders building an environment of trust and inclusiveness.

"My job is to build people up and to be inclusive. Leaders are in the business of being inclusive, and making everybody on that team, feel that they are a valued member of the team," Caslen said.

"Making everybody feel that they are respected. Making everybody feel that they can contribute, and making everybody feel that they are secure both emotionally and physically, and that's what leaders do. It is the leadership and command climate that we as leaders present in our organizations, so that there is not sexist behavior, there is not favoritism of one over another. Everybody in our group is treated properly and with respect, and that's what leaders do."

The summit represented CECOM and Team APG's commitment to positive and unwavering support of SHARP sensitivities and demands. It also drove home the point that they recognize there remains much work to be done. This awareness was demonstrated by subject matter expert panelists, as they took on a number of thought-provoking issues such as Civilian Lines of Effort and Leadership Focus, Workforce Focus, Leader Focus, and issues related to Innovations and Trends.

The topics addressed more in depth included the way ahead and the challenges confronting SHARP in today's environment. It is an environment that speaks to the continuous need for support of the Army's readiness and accountability efforts. Nowhere was this more evident than in the words of those survivors who used the SHARP Summit as an opportunity to share their personal stories and experiences with sexual assault and harassment. Their courage to speak out was met with tremendous applause.

Crawford said that although this year's APG SHARP Summit has drawn to a close, the challenge to remain focused on readiness and accountabilitv has no end.

"There is no point where we can get to where we can say, this is no longer a problem," Crawford said. "So, I ask you to think beyond today, and think about what happens about 1700hrs this afternoon, when the summit is done. I want you to leave here with the mindset that there are 365 summits. In order for us to get ourselves to where we need to be – accountable to the nation – moving from 'buy-in' to 'ownership', this can't be treated as a one off event, and so that's my message to you all today."

### Painting makes for lighthearted lunch for military spouses

### **Continued from Page 1**

APG Senior Commander Maj. Gen. Bruce T. Crawford thanked attendees and recognized the history behind the

"Thirty-two years ago our 40th Commander in Chief Ronald Reagan made the first declaration of military spouse

appreciation." Crawford said. "It's very important that we take the opportunity to recognize our spouses."

Crawford's wife Dianne added that the event was a great way for spouses to meet each other and emphasized the personal sacrifices military spouses contribute toward a ready and resilient Army.

"Whether it's with their job, moving or the sacrifices they make to take care of their families, mili-

tary spouses play a vital role for our Army," she said. "I appreciate them so very much."

beverages as they painted wine glasses they would later take home.

"We wanted to do something fun, something lighthearted and at the same time, make it something that the spouses could remember and take home with them," said Volunteer Coordinator Sarah Polanco.

Whether it's with their job, moving or the sacrifices they make to take care of their families, military spouses play a vital role for our Army. I appreciate them so very much.

**Dianne Crawford** 

Spouse of APG Senior Commander

Military spouse Ricciardi said the Paint & Sip was the first APG event she's attended since she and her husband, Lt. Col. Michael Ricciardi with the 20th CBRNE Command. moved to the area from Germany September.

"I came to see what the military community here looks like," she said, adding that she enjoyed the event

because she paints in her spare time.

Family and Morale, Welfare and Rec-Spouses enjoyed a light lunch and reation, or MWR hosted the free Paint



A military spouse contemplates the starfish shape she painted on her wine glass during Team APG's observance of Military Spouse Appreciation Day, May 9. Military spouses were recognized with a catered lunch at Top of the Bay and took home the wine glasses they decorated.

& Sip. Crawford presented Polanco with a Commander's Coin for her hard work organizing the event.

For more information about upcoming MWR events, visit www.apgmwr.

National Military Spouse Apprecia-

tion Day is celebrated the Friday before Mother's Day. The first Military Spouse Appreciation Day was proclaimed to recognize the importance of spousal commitment to the readiness and well-being of military members. For more information, visit www.militaryspouseday.org.



### Florence Nightingale is considered the founder of modern nursing.

The British-born statistician and nurse was the superintendent of nursing at a London hospital when she was requested to bring a corps of nurses to tend to the wounded during the Crimean War in 1854. Among her numerous accolades, Nightingale is credited with introducing female nurses into military hospitals, reforming nursing in British civil hospitals, establishing the first professional training schools for nurses and publishing more than 200 manuals, books, and reports on hospital planning and organization.

Nightingale was considered the most influential woman in England after

# You Know?

Queen Victoria. The Nursing School she established still stands as part of King's College in London. In addition her social reforms made nursing an acceptable vocation for young women.

Nightingale became known as "The Lady with the Lamp" in reference to making rounds of wounded Soldiers at night and was an icon of Victorian

In her waning years, Nightingale was sickened and often bedridden with a bacterial infection but still met and corresponded often with Queen Victoria. Nightingale was awarded the British Royal Red Cross in 1883 and in 1907 she became the first woman to receive the Order of Merit, Britain's highest civilian decoration.

She died Aug. 13, 1910 at age 90 and was buried with her family in East Wellow, Hampshire.

The Nightingale Pledge taken by new nurses was named in her honor.

The Florence Nightingale Museum is located at St Thomas' Hospital in central London, England. It is open to the public seven days a week. Highlights from the collection include her pet owl Athena that she carried everywhere in her pocket; the medicine chest she took to Crimea with its medicines, herbal remedies and bicarbonate mixtures, and a rare Register of Nurses that lists women who served under Nightingale in the military hospitals in Turkey and

National Nurses Week is May 6-12.

By YVONNE JOHNSON, APG News Source(s): www.wikipedia.org www.florence-nightingale.co.uk/the-collection/biography.html



# PG SNAPSHOT

Take a peek at the events making news in and around Aberdeen Proving Ground. For complete photo coverage, visit http://www.flickr.com/photos/usagapg/.



Photo by Sean Kief, USAG APG

### DAYS OF REMEMBRANCE

The Days of Remembrance ceremony, the annual observance of the Holocaust that claimed the lives of 6 million Jews during World War II, was held at the Myer Auditorium May 3. The program focused on forgiveness and the 1976 novel, "The Sunflower: On the Possibilities and Limits of Forgiveness," by Simon Wiesenthal. Rabbi Gila Ruskin, far left, offers a prayer at the conclusion of the prayer and candle-lighting ceremony as the A Battery, 3rd ADA (JLENS) Soldiers who participated, from left, Spc. Addison Gibson; Pvts. Jack Zimmerman and Steven Wendland; and Pfcs. Yvette Martinez, Anastasiia Oliver and Jessica Leal, stand at parade rest.





### CELEBRATING MILITARY **SPOUSES DAY WITH ART**

(Left) Military spouse Kim Baggett paints a wine glass during the Military Spouse Appreciation Lunch and "Paint & Sip" event at Top of the Bay on APG North (Aberdeen), May 9. Military spouses were recognized with a catered lunch at Top of the Bay. They took their decorated glasses home.

(Below) Paint and Sip hostess Kathy Smith displays two finished wine glasses while explaining each step of the painting process.

Photos by Stacy Smith, APG News



### Have a great idea for a story?

Know about any interesting upcoming events? Wish you saw more of your organization in the paper? The APG News accepts story ideas and content you think the APG community should know about.

- Story ideas or content must be geared toward the greater APG community and cannot appear to endorse any private company.
- The deadline for content to appear in an upcoming issue of the APG News is the **Thursday PRIOR** to publication. The APG News cannot guarantee submissions received after the Thursday prior to publication will appear in the next issue of the paper.
- Send story ideas or pre-written content to amanda.r.rominiecki.civ@mail.mil or call 410-278-7274 for more information.

Please note, the APG News editor reserves the right to (1) reject any content deemed inappropriate, irrelevant or against regulation, (2) delay the publication of submitted material if it is not timely and (3) edit or shorten content for space and style reasons without altering the meaning of the submission.