

# HAWAII ARMY WEEKLY

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## 29th BCT troops return



Military keiki anxiously await their father's return from Kuwait at the 29th BCT welcome home ceremony at Martinez Gym, Schofield Barracks, Nov. 17.

Story and Photo by Spc. Juan Jimenez  
Staff Writer

SCHOFIELD BARRACKS — Soldiers from 1st Battalion, 487th Field Artillery, and 227th Engineers Company, Hawaii Army National Guard, arrived home from Kuwait, Nov. 17, after an 11-month deployment supporting Operation Iraqi Freedom.

Anticipating their return, families stood by with numerous signs and greetings including "Welcome Home Daddy" and "We've missed you," at Martinez Gym.

Excitement filled the air as family members greeted Soldiers with roaring applause.

"I want to thank all the spouses and family member of these Soldiers," said Brig. Gen. Vern T. Miyagi, commander of the Hawaii Army National Guard, "because without their support the mission would have not been possible."

See "Home," page A-6

## The 3-25th is among the latest activations

Story and Photo by  
Pfc. Kyndal Brewer  
Staff Writer

WHEELER ARMY AIR FIELD— The audience of family members and distinguished guests took their seats as the Army band began to play the Adjutant's Call indicating the 3rd Battalion, 25th Aviation Regiment, Activation Ceremony was about to commence, Nov. 17 at Hillclimber Ramp here.

"The Soldiers you see before you form the backbone of this battalion ... a battalion that today activates three companies, and in the coming months [that] will expand ... our capabilities," said Lt. Col. Michael Fleetwood, battalion commander of 3rd Bn., 25th Avn. Regt.

The three new companies are Headquarters and Headquarters Company; Co. C, a medical evacuation (medevac) company; and Co. D, an aviation support company.

Charlie Co.'s "Air Ambulance" took the place of the 68th Medical Detachment, which was deactivated during the ceremony.

The 3-25th was originally constituted June 17, 1979, in the regular Army as Co. C, 25th Avn. Bn., an element of the 25th Infantry Division.

October 15, 1985, the company was inactivated and then reactivated Jan. 16, 1986, here at WAAF.

May 16, 1988, the company was reorganized and redesignated as Co. C, 25th Avn. Rgt., and then was relieved from assignment to the 25th Inf. Div. and reassigned to the 10th Mountain Division.

Soon after, Oct. 15, 1988, Co. C was reorganized and became HHC, 3rd Bn., 25th Avn. Rgt. Then eight years following, March 15, 1996, HHC was reorganized and became Co. C and was reassigned to the 25th Inf. Div.

"The battalion is an example of what is occurring through out our Army, with ... respect to efforts to meet our transformational objec-

See "3-25th," page A-6

## Cell phone ban

New policy prohibits operating a cell phone while also physically driving a motor vehicle on U.S. Army, Hawaii, installations. The policy applies to remote cell phone devices too, for example, using headphones or earphones to talk on cell phones while driving.

Violations of the new policy can result in punishment for any violator, whether military or civilian.



## 65th Engineers

The 25th Infantry Division continues to transform with unit activations and inactivations. A-5

## Good Neighbor Joe Contest

Entries are still wanted to give Good Neighbor Joe — the 25th Infantry Division and U.S. Army, Hawaii's symbol for commitment to the environment and cultural resources — a catchy slogan.

Submit your suggestions to Edward.Abersong@schofield.army.mil by Nov. 30. The best slogan will garner dinner for four.

Get more details at [www.25idl.army.mil](http://www.25idl.army.mil).

Follow the "Hawaii Army Weekly" tab to "Archives," then search for "Good Neighbor Joe Contest."



## Alaska EOD team claims top honors

Story & Photos by Sgt Dijon Rolle  
17th Public Affairs Detachment

BARKING SANDS PACIFIC MISSILE RANGE FACILITY, Kauai — Imagine being strapped inside a 75-pound suit made of the same material as your Kevlar.

The dense, padded material clings to your body allowing little airflow to reach your skin. Your mask, your only source of visibility, begins to fog as you try to disable an improvised explosive device.

This particular scenario was all too real for eight Soldiers competing in this year's U.S. Army Pacific Explosive Ordnance Disposal Team of the Year Competition held here Nov.14-17.

Donning a "bomb suit," however, was just one of several challenges faced by the four teams of EOD Soldiers. The annual event kicked off with a physical contest. Competitors completed an obstacle course and a five-and-a-half-mile road march.

Each team consisted of two EOD Soldiers from either Alaska's 716th or Schofield Barracks' 709th Ordnance companies. Together the competitors worked to complete an array of EOD and Soldier tasks during the four-day event, including everything from handling unexploded ordnances in a chemical environment to dis-

See "Scores," page A-4



Staff Sgt. Bradley Evans, 716th EOD, Fort Richardson, Alaska, uncovers a piece of unexploded ordnance during the 2005 U.S. Army Pacific Explosive Ordnance Disposal Team of the Year competition.

## 4 DAYS since last fatal accident

A division training holiday will be awarded for the first 100 consecutive days with no accidental fatalities. A four day holiday/long weekend will be awarded for 200 consecutive days with no accidental fatalities.



As of 11/23/05

## State DoE secures extra \$19.8 million in federal impact aid

Kristina Noriega  
School Liaison Coordinator

HONOLULU — State Rep. K. Mark Takai (Aiea-Pearl City) announced a \$19.8 million increase in Federal Impact Aid funds for the Hawaii Department of Education. He then joined a representative from the National Military Impacted Schools Association (MISA), military housing and state education officials to present the ceremonial check to the Hawaii DoE.

The increase in Federal Impact Aid is the result of efforts coordinated by Takai. Three years ago, he found an obscure provision in the Federal Impact Aid law. The provision allows some military districts to get a significant increase in funding for children displaced by housing renovations occurring on military installations.

Partnering with MISA and military housing officials on Oahu, Takai identified 2,900 housing units on Oahu that were vacant due to major repairs or significant renovations. Thus, Hawaii military fit the provision.

Takai's discovery resulted in an increase of \$6,441,583 in Impact Aid funds — a 16 percent increase in the \$40,022,557 that the DoE was already anticipating.

Two years ago, the DoE received a \$6.2 million windfall. Last year, the DoE received more than \$7 million. The total during the past three years is \$19,835,270.

Impact Aid provides federal funding for a portion of the educational costs borne by federally connected students. The funds are an "in-lieu-of" tax program. That is, the federal government pays its "tax bill" to local school districts



Courtesy Photo

(From left to right) Damien Hertslet, Actus-Hawaii operations manager; Wes Nakamoto of RCI; Allen Awaya, U.S. Pacific Command education liaison; Jason Tamura of RCI; Clayton Fujie, deputy superintendent of Hawaii

schools; Kyle Fairbanks of MISA; State Rep. Mark Takai; Patricia Hamamoto, superintendent of Hawaii schools; and Bennette Evangelista, Actus-Hawaii vice president, community relations gather for the check presentation.

that have a military installation in communities.

The federal government provides significantly more

funds for students of military families living on military installations versus for students living off base.

See [www.militaryimpactedschoolsassociation.org](http://www.militaryimpactedschoolsassociation.org) for more about the MISA and impact aid.

**We want to hear from you...**

The Hawaii Army Weekly welcomes articles from Army organizations, announcements from the general public about community events of interest to the military community, and letters and commentaries.

If you have newsworthy ideas or stories you'd like to write, coordinate with the managing editor at 655-4816, or e-mail editor@hawaiiarmyweekly.com.

The editorial deadline for articles and announcements is the Friday prior to Friday publications. Prior coordination is mandatory.

Articles must be text or Word files with complete information, no abbreviations; accompanying photographs must be digital, high resolution, jpeg files with captions and bylines.

The Hawaii Army Weekly is an authorized newspaper and is published in the interest of the U.S. Army community in Hawaii.

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# Lightning Six sends...

Accidents must be prevented. We all have a role.

Two separate vehicle accidents last weekend cost the lives of two of our Division Soldiers. Their deaths cause many emotions and thoughts in our Army and our civilian communities.

First and foremost, these accidents are a tragic loss of life that affects families, friends, loved ones, and associates. The Soldiers killed in these accidents had families and friends, and everyone whom they touched will feel their loss. Our thoughts and prayers are with everyone who mourns as they cope with their shock and sorrow.

But in addition to the grief, mourning, anger and disbelief brought about by these pointless deaths, many are asking why these accidents occurred and what can be done to prevent similar events from ever happening again. As leaders, comrades in arms, mothers and fathers our first question of ourselves must be, "What could I have done to save their lives?" Each one of us has an implied task to take care of one another -- in garrison and deployed.

Because the investigations into these accidents are still ongoing, it is premature to draw any conclusions. However, I want to use this opportunity to discuss two of the leading causes of accidental death among our Soldiers: alcohol and speed.

We all know the effect that alcohol has on our ability to drive. What we too often forget, however, is our obligation to our fellow Soldiers. In our small, tight-knit community it is almost always the case that a fellow Soldier knows when a comrade is about to operate a vehicle under the influence of alcohol. All too often, this Soldier does not intervene to prevent his or her buddy from driving drunk. When this happens, it is unacceptable and inconsistent with our core values -- stopping a fellow Soldier from driving after drinking is exactly how we demonstrate loyalty to that brother or sister Soldier, duty to keep each other safe, respect for that Soldier, integrity in being the same leader on and off duty, and personal courage to speak up and take action where others may perceive us as "uncool."

Soldiers simply do not let other Soldiers - or anyone else - drive after drinking alcohol!

The next problem is driving at excessive speeds. Many of our Soldiers, especially our younger Soldiers, commonly operate their vehicles at very high rates of speed. A safety slogan tells us, "Speed that thrills is speed that kills." But what are we -- what are YOU -- doing about it?

In addition to my most profound sorrow for all the victims of these tragic accidents, I am also both upset and disappointed that these sad events could happen to members of our Army family.

Each of us must reflect on these accidents and these losses and examine where we stand on the subjects of discipline, Army values, safety and whether we are committed to the bonds and traditions that make service to our nation a special calling and one that requires special commitment.

Let each of us commit ourselves to doing everything in our power to prevent an accident of this nature from ever darkening our community again.

Tropic Lightning!



Benjamin R. Mixon  
Major General, U.S. Army Commanding



Mixon

# USARPAC speaks on safety

As we cross into 2006, we can take pride in the accomplishments and achievements of the past year as we prepare for the missions that lie ahead.

This holiday season, take the opportunity to relax and enjoy the company of your family and friends. Enjoy the holidays. You've earned it.

During this time, we need you to make smart, informed decisions. As an Army and a Nation at war, we're counting on each other to be there when called upon. We cannot afford to lose anyone to a senseless accident.

Last year during the holiday season, the Army lost 17 Soldiers to accidental deaths. Fortunately, the Army in the Pacific was fatality free. Leader involvement and Soldiers making



Brown

number one killer of our Soldiers outside of combat. Whether you are stationed in Alaska, Japan or Hawaii, driving can be challenging and dangerous.

Never drink and drive, pay attention to the road conditions, obey the speed limit, use your safety equipment, and always wear your seat belts and/or motorcycle helmets.

This holiday season I ask that you make safety a personal priority. Make smart

smart, informed decisions made all the difference.

Motor vehicle accidents continue to be the number one killer of our Soldiers outside of combat. Whether you are stationed in Alaska, Japan or Hawaii, driving can be challenging and dangerous.

Never drink and drive, pay attention to the road conditions, obey the speed limit, use your safety equipment, and always wear your seat belts and/or motorcycle helmets.

This holiday season I ask that you make safety a personal priority. Make smart

decisions by not taking needless risks or engaging in reckless behavior.

Take care of each other by showing the courage and concern to stop a friend or co-worker from making a bad decision. I want you all to come back safely.

Thank you for your great work and sacrifices this year. I'm proud of all we've accomplished together.

I wish you and your families a very joyful holiday season. Be Safe! Be Smart! One Team!



John M. Brown III  
Lieutenant General  
U.S. Army,  
Pacific Commanding

## Lightning Spirit

# Thanksgiving is 'a matter of personal and national priority'

Chaplain (Capt.) Clint Black  
2-11th Field Artillery Chaplain

On Sunday, Oct. 30, I stopped by the post exchange for some odds and ends. I noticed the Halloween decorations were already down and ... yep, you know what's coming next ... Christmas decorations were on the way up.

As I reflected further, only 55 shopping bags were left until Christmas.

But whatever happened to Thanksgiving? And maybe more importantly, whatever happened to giving thanks?

Did you know that President Abraham Lincoln's Thanksgiving Proclamation of 1863 established Thanksgiving as a national holiday on the last Thursday in November? Later, in 1939, President Franklin D. Roosevelt changed the day to the fourth Thursday in November, and Congress formally approved our current day in 1941.

Prior to Lincoln, various presidents, beginning with President George Washington, declared one day or another, usually in November, as a national "day of prayer and thanksgiving." Washington first proclaimed a celebration Nov. 26, 1789.

Of course, Thanksgiving has ties to the Pilgrims as well. Though an official date is difficult to determine, in the fall of 1621, on some day after the harvest, the first European settlers in Plymouth, Mass., shared a "thanksgiving meal" with their newfound Native American friends.

On different occasions after that, various peoples and groups (and even several early colonies and states) defined one particular day or another as a holiday set aside for thanksgiving.

Interestingly enough, Christmas was not recognized as a day of celebration in the United States until the mid-1800s. The grief between the early colonists and their European homelands led some of the early colonies to ban Christmas celebrations altogether.

Yet, Thanksgiving was a uniquely American holiday, one that held deep significance for the people of our land.

You see, no matter the day, time or group, the generations before us were certain that thanksgiving, or giving thanks, was a matter of personal and national priority.

So, why is it then that Thanksgiving, in the sense of giving thanks, seems to be overlooked and even forgotten?

Certainly, the answers to this question abound. Yet I believe the reality of this phenomenon points beyond what many might write off as simply a "sign of the times."

To me, the act of "skipping Thanksgiving" (thank you, John Grisham) is indicative of the condition of our souls, both individually and collectively. Thanksgiving actually opens our eyes to see how others impact and impart to our lives what we have not and cannot provide for ourselves.

Skipping Thanksgiving is not only hazardous to our own souls, but to our nation as well. When we no longer believe it necessary to give thanks with any sincerity, when we measure our health, our families, our possessions and our abilities as merely extensions of our own strength and personal resources ... when we no longer recognize any authority beyond ourselves or even our fellow citizens, then we are truly more desperate than what we might have ever imagined.

You see, to celebrate Thanksgiving right is to know and celebrate the honest and sincere properties of giving thanks. These properties include the idea that one has received something beyond the scope or realm of one's own self, and that the giver of that something is truly worthy and even "ought" to be thanked.

So why not this year, during the four-day holiday we know as Thanksgiving -- surrounding the food, football and other festivities -- take some time and reflect on what you have for which you should be thankful?

Additionally, when you remember all those blessings, why not think about whom you have to thank for them? Whom might you thank for your job, your home, your possessions, your health, your family, your spouse?

Maybe you could thank your parents, your spouse, your children, Uncle Sam, your friends, the clerk in the store, your NCO, your OIC ... or maybe you should acknowledge and honor God, to thank and praise God with your lips and with your lives.

Why not take this holiday weekend as an opportunity to tell God and others "Thanks."

# Military hugs families

In November the military honors the extraordinary contributions of the nation's military families, and Chairman of the Joint Chiefs of Staff Gen. Peter Pace said, "the Joint

Chiefs of Staff join me in thanking all military families for their faithful service to their communities, their loved ones and this Nation.

"You have faced the special challenges of long deployments, family separations and frequent relocations with great courage and resolve," he continued. "In doing so, your selfless dedication has directly contributed to the mission readiness of our Soldiers, sailors, airmen, Marines, Coast Guardsmen and Merchant Marines.

"My heartfelt thanks to the families who sacrifice so much; you are patriots in a quiet, strong way and you make all the difference."



Pace

# Voices of Lightning: What is the best thing about living in America?



"...The ability to change certain social and economic hardships."

Spc. Katie Smith  
Co. A, 325th BSB  
Automated Logistics Specialist



"...Freedom we have to be an American. We have it all thanks to the military."

Anothony Alderete  
Retiree



"...Freedom to express yourself and to have dreams and live out those dreams."

Carolyn Green  
Waiialua Elementary School  
Preschool Teacher



"...Options to do more. And we have more economic and education opportunities."

CWO-2 Ari Jean Baptiste  
Co. C, 1st Bn., 25th Avn.  
Scout Aviator



"...Being free."

James Thomas Covell  
Retiree

# 3rd Brigade leaders hone Gracie combative

Story and Photo by  
Spc. Leslie Alberts  
3rd Brigade,  
Public Affairs Office

SCHOFIELD BARRACKS — Sweat poured from Soldiers methodically rehearsing their escape from headlocks. They twisted into handcuffing positions and restrained each other into submission. Yet, their environment was eerily quiet, and their mood uniquely intense.

During a two-week period, 80 select officers and senior noncommissioned officers squared-off to learn and perfect ground fighting techniques under the measured eye of their instructor, Rorion Gracie. These Soldiers appreciated the importance and significance of a training opportunity unlike any these leaders had ever received.

Gracie is one of the world's premier self-defense and martial arts experts. He trained Soldiers at 3rd Brigade's Headquarters and Headquarters Company in "F" Quad, Oct. 17 to 28.

The Gracie Combative is a specialized self-defense program. It recognizes realistic battle scenarios in urban environments where Soldiers may need to handle violent suspects like enemy prisoners of war (EPWs) at close range, especially when the fight goes to the ground, explained Gracie, founder of Gracie Academy.

Gracie's unique form of Brazilian Jiu-Jitsu already serves as the foundation for the Army's combatives manual.

"The essence of this particular program is a trainer-to-trainer program," said Gracie. "The intention is to give these Soldiers a limited amount of techniques that are basic enough for them to teach the next

level of Soldier. The goal is to give Soldiers enough confidence to handle a confrontation with someone who does not know what is going on, like an unruly EPW," Gracie continued.

"The very first day I tell the Soldiers two things: First, we have to practice from the perspective that your potential enemy is bigger, heavier and stronger than you so that whatever you do cannot rely on strength or speed. Second, there is no such



five-to-six techniques each day and then reviewed those techniques the following day for four days.

The techniques ranged from standing defenses, ground defenses-

teaching. Our goal is to establish a consistent teaching method among the Soldiers," he added.



Above — Sgt. Matthew Green, 2nd Battalion, 35th Infantry Regiment (top), and 1st Lt. Kite Faulkner, 2nd Bn., 27th Inf. Rgt., don't hold anything back during a combatives tournament.

Left — Soldiers perfect their ground fighting techniques.

thing as a bad student. Whether the student learns is dependent on the teacher," he added.

The Gracie Combative was taught in two groups of 40 Soldiers. Each course spanned five days.

Gracie, with the assistance of his two sons, Ralek and Ryron — both world-class martial artists in their own right — introduced

es, handcuffing and numerous submission tactics. The final day involved application of all the techniques in a "round-robin" ground fighting tournament.

"Repetition is crucial," explained Gracie. "The Soldiers learn certain techniques and ... how to teach the techniques. A big problem is the lack of consistency on the method of

Gracie's approach was well received.

"He broke it down in a way that it was impossible not to learn," said Staff Sgt. Gerald Mark, Headquarters and Headquarters Company, 3rd IBCT. "The repetition with each exercise made it so it became ingrained. Now, I can take his teaching philosophy that I learned

and incorporate it into training my Soldiers," Mark added.

"I currently teach combatives to my unit and, as a result of this training, I am going to rethink and teach differently," said Staff Sgt. William Dunn, Alpha Company, 1st Battalion, 14th Infantry Regiment. "I am amazed at some of the techniques I learned here this week.

"For example, with the 'rear-naked choke' we always used two arms. These guys taught us how to use one arm," Dunn emphasized. "Now, I can submit someone and still hold my weapon with my free arm. So this training is not only valuable, but practical."

Sgt. 1st Class Brian K. Burgan, HHC, 3rd IBCT, and a former drill sergeant who taught Phase 1 combatives to Soldiers during basic training, similarly observed that Gracie training is important "because if someone has no background in fighting, it gives them a basis of combatives that they can use besides what they learned in basic training or advanced individual training."

"Many people are afraid to grapple because of the mindset that if someone is bigger than me they are going to beat me. That is just not true with the techniques that Gracie teaches," said Burgan.

Burgan cautioned that "you must continually practice this stuff. It is perishable. To keep on our game, we [leaders] need to be continually instructing our Soldiers," he said.

## Rorion Gracie answered a life calling to teach jiu jitsu

Story and Photo by  
Spc. Leslie Alberts  
3rd Brigade, Public Affairs Office

SCHOFIELD BARRACKS — At 18 years old, he found himself on the streets of Waikiki, in between paychecks, begging for spare change.

Thirty-five years later, he was back on Oahu, this time doing what he was "called" to do — teaching elements of his first love, Brazilian Jiu Jitsu, to Schofield Soldiers who were practically begging for his time and an autograph.

At 53, Rorion Gracie is a world-renowned martial artist, self-defense expert and Jiu Jitsu teacher extraordinaire. At 6-foot-2 inches tall, 175 pounds, it is difficult to imagine that this is the man who was once considered the best "no-holds barred" fighter in the world, the man who developed the tremendously successful Ultimate Fighting Championship in 1993.

He is far from imposing, far from menacing and far from intimidating, which are qualities that such distinctions conjure up in the imagination. However, what he is, is the best Jiu Jitsu teacher in the world.



Rorion Gracie (left) and his son Ralek Gracie, instructors for 3rd IBCT's Gracie Combatives, take a moment from training to pose for a photo.

Gracie has introduced ground fighting into nearly every major martial arts, military unit and law enforcement organization world-

wide. And he does it because it is what he was "called" to do.

"My family has been teaching Jiu Jitsu for over 70 years in Brazil," explained Gracie. "However, in my visits to the United States in the 70s, I realized that no one was teaching it. There was nothing going on here.

"There were other forms of martial arts, but no Jiu Jitsu, and I knew that my family's style was light years ahead of other trades. No one was addressing ground fighting," he continued.

"I have a lot of faith that things happen for a reason. I have learned that God did not put me on this earth to not be productive. I am convinced that my reason is to teach, so one way or the other, I knew I needed to present Jiu Jitsu and make it so exciting that people would want to learn it," he said.

"So in 1978, I landed in New York with \$2,000 in my pocket and a plan to make my family's Jiu Jitsu popular worldwide."

Gracie began implementing his plan in Torrance, Calif., a short time later.

"I was cleaning houses in Los Angeles and, through contacts, that

led to doing 'extra' work in many popular television shows of the 1980s," Gracie explained. "In the meantime, I put some mats in my garage, and everyone I met, I invited to my home for a free Jiu Jitsu class.

"They would get hooked, a private class for \$10. So I told those first students that if you want a free class bring me a friend. If you want five free classes, bring me five friends. So, I began marketing my Jiu Jitsu and teaching out of my garage.

"Eventually, I was teaching lots of Torrance, California, cops in my garage. At one point, I had 130 students coming to my garage, seven days a week with 80 people on a waiting list. That's when I opened up the Gracie Academy in Torrance in 1989," he explained.

Ultimately, word of Gracie's techniques spread and he found himself in touch with the U.S. Army Rangers.

"Two special operations guys contacted me and wanted to take a class. So these two guys came to California and spent eight hours training with me. Six months later, they called and said they had

checked my background, and they wanted me to come to Fort Bragg to teach a class," he explained. "That was in and around 1994, 1995.

"If it is good enough for Rangers," Gracie said, "I suppose it was good enough for everyone else in the military," he said.

And good enough it was. Today, Gracie Jiu Jitsu fundamentals serve as the foundation for the Army's combatives manual. Every Soldier today learns elements of Gracie ground fighting techniques in basic training.

"My father has been training for 50 years," said Gracie's son, 23-year-old Rylon Gracie. "No one has the knowledge that he possesses. I admire him for all his mentoring and ability to teach this better than anyone in the world. I emulate him, and I only hope to be as healthy as he is when I am his age," he added.

"I consider myself extremely fortunate to be in a position to help so many people," said the elder Gracie. "It's a blessing to be able to teach other people to defend themselves and [to] help people be confident. My work impacts people in ways that you cannot imagine. My work saves lives."

# Engineers 'go hot' preparing to deploy to Iraq

Story and Photos by  
Pfc. Durwood Blackmon  
Staff Writer

**SCHOFIELD BARRACKS** — With the turn of a key, exhaust smoke belled from beneath a grizzly five-ton truck. Soldiers from Company B, 84th Engineer Battalion, climbed aboard this metal beast, and its Humvee counterparts, for a day of combat training and convoy live-fire exercises at training Area X, Nov 17.

This particular exercise was designed to enhance combat efficiency while dealing with varying environmental dangers.

Soldiers from Co. A, 1st Bn., 14th Infantry Regiment, provided range support as the engineer battalion executed the planned events. The 84th is preparing to deploy in support of Operation Iraqi Freedom IV in December.

"The entire scenario simulates a typical type of convoy mission that the 84th Engineers might find themselves conducting when they deploy to Iraq," said Capt. Jim Pangelinan, commander of Co. A, 1st Bn., 14th Inf. Rgt.

"As they negotiate the lanes, they will train tactically, take action on contact,

react to suspected improvised explosive devices, react to ambush, conduct vehicle recovery, and treat and evacuate casualties," Pangelinan said.

Pangelinan went on to explain that in order to give the combat training a more life-like feel, special equipment such as grenade simulators and reconstructed



Above — Soldiers of Co. B, 84th Eng. Bn., prepare to move out after securing a high risk area.



Left — Spc. Cedric Porter, Co. B, 84th Eng. Bn., pulls security as part of a convoy training exercise at Area X.

artillery rounds, mimicking IEDs, were placed throughout the training area.

Additionally, members of the 1-14th impersonated Iraqi Security Forces operating a traffic control point. This scenario allowed the 1-14th to incorporate some of its experiences of dealing with Iraqis into the training.

"All trainers involved have been deployed to Iraq and bring real-world experience to the exercise," said Pangelinan.

The 84th also received new equipment such as the M-240 Bravo machinegun. The M-240 replaced the M-60 as a fixed head space weapon that easily mounts to vehicles and tripods.

"Since the M-240 Bravo is new to our unit, it's important for Soldiers to feel how that weapon fires. It's a brand new weapon, especially for our kind of unit, so it's exciting to fire," said 1st Sgt. Carlos Santiago, Co. B, 84th Eng. Bn.

Training for the 84th is as close to real combat and live situations as Soldiers can get.

"It is extremely realistic; it is what they will probably experience. You get in roadblocks where there are vehicles everywhere. We have got to move the vehicles and keep situational awareness of what is going on and get the convey through safely with no damage," said Maj. Corey Spencer, S-3 officer, 84th Eng. Bn.

Soldiers rehearsed and navigated the training course in dry- and blank-fire runs. The final event, a live-fire exercise, allowed 84th to put long hours of practice and skill to test as the unit cut loose on enemy targets with the full force of live ammunition.

The practice was invaluable and prepared troops for the dangers they may face.

"All training is important. Doesn't matter how big or small it is; it's important," emphasized Santiago. "The more training that Soldiers get here, the better we will be during deployment."

During the training, Soldiers of the 84th showed relentless dedication and focus. Every small detail of the exercise required specific attention to ensure the safety of everyone on the mission.

"The focus of today's training is for the actual live-fire event, so the most important thing, like in every training event, is safety," said Capt. Andrew Marshall, commander, Co. B, 84th Eng. Bn.

With a future deployment just around the corner, the 84th live fire provided the 84th an opportunity to hone its skills and operate as a well-oiled machine. Combing experience with hard work, the Engineers stand eager and ready to carry out any mission assigned with precision and accuracy.

## Scores: Schofield EOD team battles with Alaska for TOY

From A-1

abling a mock IED strapped to a suicide bomber.

Evaluators like Sgt. 1st Class Dallas Tatum, 731st Ordnance Company, Wright-Patterson Air Force Base, Ohio, graded the competitors as they made their way through various stations. Tatum has nine-and-a-half years of experience working in EOD and deployed to both Iraq and Afghanistan.

"Some of the things we look at are if they're following proper procedures and going by EOD guidelines," said Tatum. "Each team may go about the same mission in a different manner but it's the end result that we're after. Did they safely and effectively accomplish their mission and did they do it in the time allotted?"

In between missions, teams received a list of questions to answer and a common task to complete, all designed to test their overall military knowledge.

"It's been challenging," said Spc. Richard Dickerson, 716th EOD, Fort Richardson, Alaska, as he unwrapped a bandage while evaluating a casualty. "The tests, the weather especially ... it's hot. Coming from Alaska to a complete-

ly different climate has also been tough for us, but we're doing our best."

Dickerson and his team leader, Staff Sgt. Bradley Evans, 716th EOD, Fort Richardson, Alaska, were like a well-oiled machine, skillfully maneuvering through obstacles. Yet, the two have only been working together for a few months.

"Being here is definitely a good thing for us as a team and as EOD Soldiers," said Evans. "I think it gives everyone a chance to sharpen their skills as well as identify areas they may need work in."

Recently, the role of the EOD Soldier has become even more significant with the increasing use of IEDs by insurgents in Iraq and Afghanistan. The majority of Soldiers here have already deployed to combat and know firsthand the danger that awaits Coalition Forces on the ground there.

On the final day of competition the Soldiers were tasked to take their EOD skills into another arena, the classroom.

The teams took turns teaching an IED awareness class to local Transportation Security Adminis-



Staff Sgt. Bradley Evans, 716th EOD, inspects explosive ordnance found in a sand pit.

tration members, police officers and Coast Guard members.

"The main purpose of these classes was to foster cooperation with the Kauai first responders," said Sgt. 1st Class Taleb Fazle, USARPAC EOD Disposal Control Team.

"We work hand in hand with them, and every member of our team must be able to effectively communicate with them. It also let us see how the Soldiers react when we take them outside of their comfort zone."

After nearly a week of intense mental and physical competition, Staff Sgt. Dustin Rolfe and Spc. Eric Raska, 716th Ordnance Company, Fort Richardson, Alaska, walked away with top honors in the 2005 U.S. Army Pacific Explosive Ordnance Team of the Year Competition.

The announcement was made during an awards ceremony at Fort Shafter.

"EOD is very competitive and it's an honor to be TOY [Team of the Year]," said Tatum. "It's the cream of the crop. All of these guys worked hard to get here, and they're the best at what they do."

# Proud battalion activates under 3rd BSTB

Story and Photos by  
Sgt. Maurice Smith  
3rd Brigade Public Affairs

**SCHOFIELD BARRACKS** — The Soldiers on this installation continue to live up to the Army's motto "An Army of One" as yet another unit inactivated and then reactivated Friday under another battalion, forming a stronger combat team for the challenges that lay ahead.

The 65th Engineer Battalion held a ceremony on Leader's Field to close one chapter of their history and to start anew under the 3rd Brigade Special Troops Battalion.

The casing of the 65th colors and then the uncasing of its colors under the 3rd BSTB was the highlight of the ceremony.

"They cased the colors of the 65th today, and they'll start a new legacy with the 3rd Brigade Special Troops Battalion that we form now, which is a unique battalion," said Command Sgt. Maj. David Clark, command sergeant major, 65th Engineer Battalion.

Clark feels that their new designation is special because of the diversity it brings under one command.

"It's the only one in division. It has a headquarters company, an engineer company, a military intelligence company and a signal company supporting the 3rd IBCT," said Clark.

"With that, it just makes us more lethal as a brigade under the transformation and modularity of our forces and the brigade combat team. Now we have all the key players up under one roof, up under one command, and we can deploy at a moments notice anywhere around the world and sustain ourselves under the brigade



**Above** — Lt. Col. Bryan Truesdell, Command Sgt. Maj. David Clark and veterans of the Korean War case the colors of the 65th Engineer Battalion.

**Right** — Truesdell and Clark uncasing the new colors for the battalion as the battalion is reactivated under the 3rd BSTB.

combat team.

"It makes it a lot smarter the way we fight now," he added.

Following the casing of the colors were remarks from Lt. Col. Bryan Truesdell, battalion commander, 65th Engineer Battalion.

Having the unit deactivated was a "bitter sweet" day, according to Truesdell because of the closing of one unit and the opening of another.

"I know this day may be somewhat somber for those who are proud of the 65th Engineer Battalion's many accomplishments," said Truesdell.

"After all, it enjoys a legendary reputation throughout the engineer regiment as the premiere light engineer battalion. That reputation was earned in sweat and blood," he said.

Truesdell touched upon the battalion's rich history, and described how he thinks this transformation will make things better in the combat zone for the current Soldiers within the unit.

"Their blood froze in the mountains of Korea, and they wrote their motto "First in, Last out" in sweat in the mud of Vietnam, during the

Cold War, by making a difference on numerous and almost routine deployments throughout the Pacific and beyond, clearing ground, building roads, improving facilities and training other forces, engaging nations, local governments and peoples, ensuring the delicate peace was maintained," said Truesdell.

"Indeed I am honored to be associated with a unit that enjoys such an accomplished record of service," he said.

Now that the Soldiers have been reactivated under the 3rd BSTB, it makes deploying and training easi-

er because all of the previously separate support companies are now training together.

"The skills and talents of three of the Tropic Lightning's elite separate battalions under one command and control element focused within the Bronco Infantry Combat Team will make it an awesome force to be reckoned with," said Truesdell.

"The BSTB brings units with critical experience in handling captured or surrendered forces and interdiction and interaction with local populace. It provides flexible headquarters, fully capable of executing combat security operations while planning complex follow-on missions. As

perhaps the most diverse unit in the division, the on-point battalion brings a unique blend of engineer, military intelligence, signal, military police and chemical recon capabilities to the tip of the most lethal spear in the U.S. Army's arsenal," he said.

The 65th has already been deployed in support of Operation Iraqi Freedom in Iraq, and in support of Operation Enduring Freedom in Afghanistan. With newly presented orders for the 25th ID (Light) to deploy to Iraq in the future, Truesdell feels that his Soldiers will be more than ready for combat under their new designation.

"As I train with them, I am sure of one thing: with their initiative and their expertise, we will be ready when our call comes, ready to write another story as we bring these colors forth to the fray. We will be ready to be on point and each of us will live up to our chosen motto (First in, last out) by courage and arms," he said.

# Bobcats bid good night, as Night Raiders mount up

Story and Photo by  
SpC Leslie Alberts  
3rd Brigade PAO

**SCHOFIELD BARRACKS** — On one picturesque Hawaiian morning, Soldiers and guests were privileged to witness the passing of the "baton" between two storied units.

The 2nd Battalion, 5th Infantry Regiment, finished its "run" that traces its fighting history back to the War of 1812. Meanwhile, the 3rd Squadron, 4th U.S. Cavalry — one of the most decorated regiments in the Army, hit its "stride" as it was formally welcomed to the 3rd Infantry Brigade Combat Team.

The Nov. 16 morning was marked by the retirement of unit colors and unit re-flagging. The 2-5th Bobcats saw their colors cased for the second time since the unit's historic inception in 1808. Then the 3-4th Cavalry Night Raiders were activated as part of the 3rd IBCT during the ceremony here in "F" Quad.

"Our Army's transformation process is one that will be characterized by a series of changes. One of those changes we are witnessing here today — with the creation of a reconnaissance squadron comprised of two mounted troops, one dismounted



**Veterans of the historic 2nd Battalion, 5th Infantry Regimental Combat Team, share a photograph with a few Soldiers following the ceremony.**

troop, a headquarters troop and a forward support company whose combined arms and support elements — will allow us to mass effects like never before," said Lt. Col. Malcolm Frost, 3-4th Cavalry squadron commander.

"Our test will be to blend Army subcultures, predominately infantry and cavalry, and capitalize on each of their strengths to create a more efficient, effective fighting machine as outlined in our squadron command vision of four simple yet powerful words:

"lethal sections and platoons," said Frost.

In order to meet that command vision, Frost stated that the newly configured unit needed to achieve and strive for four imperatives: (1) trained, tough and confident Soldiers, (2) discipline and uncompromising standards, (3) innovative and adaptable leaders at the front, and (4) Soldier, family and community support.

As a result of transformation, the unit has reduced its numbers from a light infantry battalion

to a reconnaissance squadron, explained Capt. Jerem Swenddal, 3-4th Cavalry adjutant, or S-1 officer. "Technically, we have become more lethal," said Swenddal. "Our ability to see the battlefield better with our reconnaissance capabilities will allow us to get to the right place and time. Now, fewer Soldiers can cause the same effect."

Swenddal also emphasized that this is the only element within the brigade with the new reconnaissance and intelligence capability.

"[The] 3-4 Cavalry is now the eyes and ears of the brigade," Swenddal said. "This is a new animal so-to-speak. We will be setting the standard and tone for how these elements will be used in the future."

As important as the formal deactivation and activation ceremony was, however, more significant were the attendees, specifically the veterans of 2-5th Infantry and 3-4th Cavalry.

"Today is significant for a few reasons. Most importantly, we are integrating the veterans. We want them to have a significant

role in the ceremony to demonstrate that we still value and support them," said Command Sgt. Major Brian S. Briggs, 3-4th Cavalry squadron command sergeant major.

The 2-5th veterans assisted the unit in the casing of its colors, and the 3-4th veterans assisted in the re-flagging of the unit.

"While this ceremony serves as a guidepost towards our transition to a future force, it also serves as a marker that allows us to pause and reflect on the past," said Lt. Col. Frost. "In that vein, I want to publicly recognize the veterans of the 5th Infantry and 3-4 Cavalry Chapters of the 25th Infantry Association and the 5th Regimental Combat Team, all of which represent the distinguished lineage of the 2-5 Infantry and the 3-4 Cavalry.

"These historic organizations served and fought in nearly every American conflict since the dawning of our country," continued Frost. "Yet the true legacy of these units is not in their history, it is the service and sacrifice of the Soldiers and their families that paved the way and made possible the nation and world we so enjoy today. These veterans have made ours the greatest nation on earth and under God," Frost emphasized.

## Home: Hawaii Guard redeploys

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As soon as Soldiers were released, family members ran to their loved ones. "I am so thankful to God that he is home safe and alive," said Rosa Allan, wife of Sgt. Locius Allan as they kissed and hugged.

"I have been waiting for this day for a long time," the sergeant piped in.



**A 29th BCT Soldier holds his child after redeploying.**

January 2005.

The 1-487th and 227th Eng. units were crossed trained in Infantry units before leaving Hawaii for security roles.

## 3-25th: Aviation battalion activates

From A-1

tives while maintaining our locational commitments during the global war on terrorism," said Col. A. Thomas Ball while explaining the benefits of what is now 3rd Bn., 25th Avn. Rgt.

In the months to come, the battalion will add three more companies, which will include a command and control company, Co. A; a medium lift, Co. B; and a forward support company, Co. E.

"[The] Soldiers' mission is crucial to the success of this brigade and our division," said Ball. "I am supremely confident that you will excel and we will add another streamer to those colors that will proudly march off of this ramp."

# Island troops shake the shaka in Iraq

Story and Photo by  
Capt. Kyle Yonemura  
29th Brigade Combat Team

LOGISTICS SUPPORT AREA ANACONDA, Iraq — The shaka is alive and well in Iraq, thanks to Hawaii-based Soldiers from 29th Brigade Combat Team's 227th Combat Engineer Company and the Military Police Platoon, as well as infantrymen of the 100th Battalion, 442nd Infantry, who have taught the traditional Hawaiian hand gesture to Iraqi children in villages surrounding here.

While it has been widely reported that the shaka was banned at Camp Victory in Baghdad - after it was displayed to the wrong person (urban legend holds that it sparked the ire of a senior officer), the shaka is being wiggled on little hands in all of the villages that are patrolled by Soldiers from Hawaii.

Upon arrival here in February of this year, the Soldiers set about sharing some of their island culture with children who reside in surrounding villages. The Hawaii-based Soldiers regularly hand out candy and toys while on patrols, and during these interactions, they've taught the children how to flash the cultural salute.

"It was cute watching some of the kids trying to force their hands into the shape of a shaka," said Sgt. Lionel Lumauag, a squad leader with the 29th BCT



**Iraqi school children wave the shaka at 29th BCT Soldiers deployed in the vicinity of the village of Abu Hishma.**

MP Platoon. "Now most of them are good at it,"

"As soon as they recognize our patch, all the children start showing us the shaka," said Sgt. 1st Class Don Bongo of the 227th Combat Eng. Co. "We share our extra food and water with the Iraqis that live in the area as part of the aloha spirit. Now the Iraqis get really happy when they see the shoulder patches of the Soldiers from Hawaii."

Not only do Iraqi children now

automatically flash the shaka at Soldiers who wear the 29th BCT patch, but also to Soldiers wearing the 442nd Inf patch and the cavalry troop from Oregon that acts as the 29th BCT quick reaction force.

"I didn't know what the shaka was when I first got here, but I've seen all of the kids waving it around for months now," said Sgt. Jason Davis, a student from Portland, Ore., and a member of F Troop, 82nd Cavalry. "Now I know

it means "hang loose; we're friends," he said.

"Hopefully, while we've been here, we've taught the children that the shaka is a more than just a hand sign," said Spc. Sung Yi of the Military Police Platoon.

In civilian life Yi is a police officer with the Honolulu Police Department.

"I want them to understand that it's also a gesture that means we like each other and that everything's cool between us."

## News Briefs

### Tree Lighting Ceremonies

— Tripler Army Medical Center will hold its annual Christmas Tree Lighting Ceremony at 5:30 p.m., Nov. 29, outside the hospital's Oceanside entrance. The ceremony will include the traditional lighting of the "electronic" tree and entertainment from the 25th Infantry Division Band. Plus, Santa Claus is expected to make an appearance at the ceremony to

delight children of all ages.

• Don't miss the Schofield Barracks Tree Lighting Ceremony and Holiday Concert, Friday, Dec. 1, at 6 p.m. at General's Loop. This ceremony officially kicks off the holiday season in the Schofield Barracks community. Volunteer support is needed; call 655-1252 if you'd like to help out.

•The Fort Shafter Holiday Tree Lighting Ceremony will take place Thursday, Dec. 8, at Palm Circle.

**Road Closures** — Hewitt Street (from Trimble Road to McCornack Road) will be closed through Dec. 2 from 7:45 a.m. to 4

p.m. to install underground electrical ductlines north of the intersection. For more details, contact Michael Andres, Department of Public Works, Housing Division, at 275-3118.

**CG Access** — As a part of the commanding general's Open Door Policy, the 25th ID (L) and USARHAW have established a Contact CG Internet Web E-mail Access Program. The link encourages all military personnel, their family members and civilian employees to make recommendations and suggestions, ask questions or register bona fide complaints.

The access program provides a

method of addressing issues to the commanding general, 24 hours a day, seven days a week. Responsible commanders and designated staff will take appropriate action on each e-mail submitted; however, the commanding general will review all completed inquiries.

To provide input, log onto [www.25IDL.army.mil](http://www.25IDL.army.mil) and then click on the e-mail link: "If you have questions, comments, complaints, or suggestions about the 25th Infantry Division, you can contact the Commanding General by clicking here."

See "News Briefs," page A-11



The 25th Infantry Division band leads the way for the Veterans Day Parade and ceremony through Wahiawa.

## Wahiawa community honors veterans

Story and Photo by  
Sgt. Maurice Smith  
3rd Brigade PAO

WAHIAWA — It was a day to remember “America’s Heroes” as thousands of people ranging from service members to local schools and community organizations paraded through California Avenue here Nov. 11 in recognition of the country’s veterans.

Veterans Day is a chance to reflect on the contributions of our past and present service members and to thank them for their selfless service on the battlefield, keeping the United States a free country.

Troops, veterans groups, many state, city and county officials and other community organizations gathered at Kaala Elementary School and marched to Wahiawa District Park for a ceremony to conclude the day’s events.

“While the importance of this particular day clearly is steeped in history, we’re fortunate enough to have this opportunity to honor American Soldiers, sailors, airmen, Marines, Coast Guardsman, contractors and civilians who have fought and given the ultimate sacrifice for our country,” said Brig. Gen.

“Mick” Bednarek, assistant division commander (operations).

Bednarek tried to keep his speech short in support of the service members and local organizations standing before him in formation on the field. When he went beyond his projected time limit, he amused the crowd by confirming he owed them some push-ups. However, push-ups weren’t necessary because veterans and the audience expressed their enthusiasm for his remarks.

“I think it was fantastic,” said Arthur Martin, retired veteran, referring to the speech and parade.

Martin has experience in two branches of the service. He served in the Navy from 1942 until 1946 and the Air Force from 1947 to 1969. His legs aren’t in the best of shape, but he still managed to finish marching in the parade, then stand tall in formation and enjoy the day dedicated to him and his fellow veterans.

“I lived here in Wahiawa for 15 years, so this parade was sort of a coming home,” Martin explained. “Although I’m not supposed to be walking this far, I really enjoyed every bit of it.”



Courtesy Photo

The colors and guidons of the 6th Squadron, 17th Cavalry Regiment, are uncased during the unit’s activation ceremony on Wheeler Army Air Field, Nov. 16.

## Wheeler adds new cavalry squadron

Staff Sgt. Manuel Torres-Cortes  
17th Public Affairs Detachment

WHEELER ARMY AIR FIELD — The 6th Squadron, 17th Cavalry Regiment, took a new step in the 25th Infantry Division’s transformation process as Soldiers and leaders took part in the unit’s activation ceremony held here, Nov. 16.

“The ceremony represents a bit-sweet time for the members of the squadron as we close another chapter on the rich history of the 3rd Squadron, 4th Cavalry Regiment, and open a new chapter with the 6th Squadron, 17th Cavalry Regiment,” said Lt. Col. Robert S. Brown, 6th Squadron, 17th Cav. Rgt. commander.

The 4th Cavalry’s rich history dates back to the Civil War when it earned 20 campaign streamers. The unit participated in World War I, World War II, the Korean War, the

Vietnam War and Operation Enduring Freedom.

“The history of these two great regiments is intertwined with over nearly a century of protecting America’s frontier and interests as they are on the battlefield,” said Brown.

Both regiments are accredited with serving as the only mobile line units in the Hawaiian Department of Defense for the Pacific, more than 80 years ago.

Through transformation, the brigade will be able to provide the support to brigade to platoon ground force commanders and have the ability to exploit the terrain and environment, according to Brown.

Jerry Hedley, president of the 3rd Squadron, 4th Cav. Rgt. Association, along with the new commander, Lt. Col. Robert S. Brown, and Command Sgt. Maj. Christopher

Taylor, were all part of the ceremony that recognized the contributions, selfless service and sacrifices by the Soldiers that made their mark in the history.

“The colors, campaign streamers and unit awards are a testament to the very core of what these honors represents: Soldiers,” said Brown. “The colors of the regiment serve as a symbol of the Soldiers’ families in the profession of arms, which blood can never bond better.”

Transformation will surely prove to be an effective part of the Division’s success in future operations and missions, he said.

“Regardless of the changes that occur during transformation, the squadron will continue to focus on our Soldiers and our core competencies as an air reconnaissance squadron,” Brown explained. “Fly, observe, report and shoot in support of the maneuver commander.”

# IMA lauds Stalwart winners

Installation Management Agency  
News Release

ARLINGTON, Va. — The Installation Management Agency recently recognized top performers in 2005 with the agency's Stalwart Award.



Takeshita

Winners were announced at the IMA Garrison Commanders Conference held at Shades of Green Armed Force Recreation Center, Orlando, Fla.

The Stalwart Award is presented to Soldiers or civilians who stand out as model leaders and exemplify the spirit of IMA, said JoAnn F. Anderson with IMA's Human Resources Division Military and Civilian Awards Program.

Criteria for being selected for include representing high standards of performance, promoting the IMA mission and vision, and work performance in an exemplary manner, Anderson said.

One Stalwart Award recipient was selected from each of IMA's seven regions, and nominees from IMA headquarters and region headquarters also competed.

Locally, in the Pacific Region, the Stalwart Award recipient was Gordon M. Takeshita, Residential Communities Initiative program manager for Hawaii.

Nominees from the Pacific Region included Sherry L. Hatcher, training program coordinator for Fort Richardson, Alaska, and Julie A. Thixton, Fire and Emergency Services fire chief at Camp Zama, Japan.

IMA's top Soldiers were also recognized at the Garrison Commanders Conference.

# Examiners learn tools for judging installation excellence

Story and Photo by  
Installation Management Agency  
News Release

WHITE SANDS MISSILE RANGE, N.M. — "I'm just not buying it" may have been the first thought that crossed the minds of Department of Defense and private-sector volunteers who attended Army Communities of Excellence (ACOE) training last winter in Hawaii.

With its goal to provide an overview and further drive home the mission of the ACOE program — to provide the Army community and its customers with excellent facilities and services in a quality environment by developing better ways to help people and get work done — the session opened the first day with participants like Louis Roach feeling skeptical.

And Roach wasn't at all shy about making his reservations known.

As deputy to the garrison commander at Fort Greely, Alaska, since March 2003, by the time Roach first heard about the ACOE program, he had undergone so many Army reorganizations that he didn't give it much credence.

"[I felt that] it was associated with people that didn't have much to do," said Roach. "I really didn't want anything to do with it."

Nonetheless, Roach was asked to attend the gathering in Hawaii, much to his chagrin. It was there that Roach first met Mark Blazey, the president of the Buffalo, N.Y.-based Quantum Performance Group Inc., which has been a key partner with the Army for the past two years.

As the session facilitator and lead judge for the ACOE program, Blazey is helping transform the ACOE program so that it is aligned with the Army's vision for the future.

"What we are trying to do is increase the rigor of the ACOE process, so that it is truly compat-



Louise Paradis, an awards board volunteer examiner, reviews criteria during the 2006 ACE competition, Oct. 27 at Fort Leavenworth, Kan.

ible with the Malcolm Baldrige National Quality Award," said Blazey.

The Malcolm Baldrige National Quality Award is an annual award program that recognizes U.S. companies for business excellence and quality achievement.

According to Roach, Blazey eventually asked him to "settle down" and to give others — those truly interested in the ACOE training process — ways they could apply it on their installations.

"By the end of the day, [Blazey] had convinced me that he knew what he was talking about, and that the only detriment to [ACOE] would be how much effort I put into learning about it and applying it in my unit," Roach said.

## The mission

The ACOE program is the pinnacle of the Installation Management Agency's continuous improvement initiative. It recognizes role models of Army excellence in installation management.

Sponsored by the chief of staff of the Army and managed by IMA,

ACOE encourages and rewards installations that optimize quality in their environments and maintain excellent facilities and services, demonstrating organizational maturity in their approach and deployment of processes targeting key performance gaps.

All installations that apply for the award, regardless of size or mission, must undergo a rigorous assessment process, which entails the candidates being directly evaluated against the Army Performance Improvement Criteria (APIC).

Based on the Malcolm Baldrige Criteria for Performance Excellence, the APIC guides Army leaders through seven categories that examine all aspects of their organizations and determine how well they are meeting their goals. The categories are interrelated and based on a set of values and concepts that, when fully applied, result in a highly effective and efficient organization.

Through the evaluation process award candidates identify all of their priorities, strengths, weaknesses and systems. Then, follow-

## Fiscal 2006 Nominees for Army Community of Excellence Award

Fort Bragg, N.C.  
Fort Stewart, Ga.  
Fort A.P. Hill, Va.  
White Sands Missile Range, N.M.

ing a comprehensive award-board assessment, an independent panel of six senior examiners looks at all submission packets and all assessments within the Army to determine those that are contenders for the premiere role-model status, said Rosye Faulk, IMA ACOE program manager.

"Garrisons competing at the ACOE award-board level have embedded continuous improvement and fully integrated performance management systems into their organizational culture," Faulk said.

Top-performing Army garrisons are recognized with monetary prizes of \$2 million for first place, \$1 million for second place and \$750,000 for third place. The 2006 contest takes place in May.

## The way ahead

Although organizations have had success with the ACOE process, many still doubt it can make a difference. However, Blazey firmly believes that the ACOE process is critical to the Army because it is facing real competition for the services it provides.

"Every single thing the Army does is being done by some private sector organization, so why should it be done in an inefficient way, when resources are limited?" Blazey said.

*(Editor's Note: Compiled from articles by Miriam U. Rodriguez, editor, Missile Ranger, and Tisha Johnson, staff writer, Fort Leavenworth Lamp. Theresa A. Zahaczewsky at IMA headquarters also contributed to Rodriguez's article.)*



# Gimlets combine top-notch training with community service

Story and Photo by  
Bob McElroy  
*Pohakuloa Training Area PAO*

**POHAKULOA TRAINING AREA** — The 1st Battalion 21st Infantry “Gimlets,” recently became the first 25th Infantry Division battalion to complete a training rotation here on the Big Island in nearly two years.

Deployed to Operation Iraqi Freedom from January 2004 to February 2005, the unit returned to Schofield Barracks in March and (following mandatory post-deployment training and time-off for leave) experienced massive personnel turnover, especially in the battalion’s leadership.

According to battalion commander, Lt. Col. Matt Kelley, 50 percent of the Soldiers in the battalion are new as are 30 percent of his officer and noncommissioned officer leadership. The latter figure includes him and his battalion command sergeant major, Command Sgt. Maj. Sean T. Watson.

The deployment to PTA, therefore, was essential for the Gimlets to begin rebuilding their combat effectiveness and building cohesive teams battalion-wide.

Kelley said that his command intent for this training rotation was to “get away from the distractions at

Schofield Barracks and focus on combat readiness.”

Because such a large part of his battalion is new, Kelley said they followed the “crawl, walk, run” training method to build their individual and team skills.

“We did buddy team and fire team drills and marksmanship training,” Kelley added. “We brought along our mortars and did live-fire training with them. We also brought our machinegun crews and snipers, and they did day and night live fire. It was broad training that included every Soldier in the battalion.”

The battalion’s training included deployment and redeployment training as well. Preparing at Schofield Barracks, deploying to the Big Island and redeploying gives the unit essential experience the next time it deploys overseas, Kelley noted.

Despite a packed training schedule, the Gimlets managed to support two community relations events on the west side of the Big Island during their rotation.

On Nov. 5, 10 Soldiers led by the Operations sergeant major, Sgt. Maj. Errol J. Snyder Jr., joined more than 50 other volunteers at the West Hawaii Veterans Cemetery for a morning of weed pulling and planting.

The Soldiers and volun-



**Spc. Brett Oldenburger (right) of Co. A, 1st Bn., 21st Inf. Rgt., and local school teacher Will Howell plant a Native Hawaiian tree on the slope overlooking the West Hawaii Veterans Cemetery on the Big Island.**

teers pulled up tufts of Fountain Grass, an invasive species of grass, to clear the

hill for new plants. When they’d cleared the grass away the Soldiers began planting.

By the end of the morning, Gimlet Soldiers had helped to plant more than 100 Native Hawaiian plants on the slope overlooking the cemetery. They had also played a key part in an ambitious project to restore the Dryland Forest, which used to cover the coastal area in West Hawaii.

The Gimlets weren’t done with community service, however. On Veterans Day, Snyder led a rifle squad to the cemetery for a morning ceremony and then to a veterans luncheon that followed at Kealakehe High School near Kailua-Kona.

As veterans, families and friends queued up for the meal, Soldiers filed into the high school cafeteria in

full “battle rattle”— helmets, goggles, protective vests and individual and crew-served weapons.

Striding to the front of the cafeteria, Snyder paid his respects to the veterans and encouraged them to talk with the Soldiers and learn about how today’s Soldier fights.

Kelley said he was happy to support the local community. With his battalion’s first training rotation behind him, Kelley deemed the affair a success.

“This was a fantastic rotation; PTA is a great training area,” Kelley added. “If we could get to PTA once a quarter, we’d never need to train at Schofield. I hope we can get back there soon.”

## 2-5th spreads paint to make a big difference

Story and Photo by  
Pfc. Nicole R. Montoya  
*17th Public Affairs Detachment*

**WAHIAWA** — On a hot, humid Saturday morning yellow, white and orange paint cans sat on the pavement waiting to be put to good use.

Paint brushes and rollers anticipated Company B, 2nd Battalion, 5th Infantry Regiment, Soldiers who would make a difference at Kaala Elementary School here, Nov. 5.

Bravo Company Soldiers had postponed their annual “Make a Difference Day,” activities due to inclement weather on the original Oct. 22 event date. Their main mission was to beautify the school by repainting the sidewalks and the parking lot.

“We’re here to help the progression and growth of the community of Wahiawa,” said Sgt. Nate Alicie, Co. B, 2nd Bn., 5th Inf. Rgt., platoon sergeant.

While sweeping, Pvt. Glen Goya, Co. B, 2nd Bn., 5th Inf. Rgt., said he was proud of all the Soldiers and how well



**A 2nd Bn., 5th Inf. Regt., Soldier paints stripes on a speed bump in the Kaala Elementary School parking lot in Wahiawa Nov. 5. The company is making a difference in the Wahiawa community.**

they worked together.

“We worked really hard to finish what we had previously promised,” said Goya. “Everything we did today was for the students.”

# DoD demos its new electronic gadget that aids medical system

Story and Photo by  
Gerry J. Gilmore  
*American Forces  
Press Service*

BETHESDA, Md. — The U.S. military demonstrated its new Internet-based electronic medical records system to reporters at a rollout ceremony here Monday.

Army Staff Sgt. Kevin M. Walker, a combat medic assigned to the 1st Stryker Brigade, 25th Infantry Division, Fort Lewis, Wash., demonstrated a portable medical data collector that's used by American forces in Iraq.

"This is not just an electronic health record that's built around one hospital, or even a local community of hospitals. It moves information globally," said Dr. William Winkenwerder Jr., assistant secretary of defense for health affairs, who attended the event held at the National Naval Medical Center here.

The system is called AHLTA, and it operates 24 hours a day, seven days a week, Winkenwerder said, noting all medical data is secured and accessed only by authorized personnel.

AHLTA is not an acronym, he said, it is the system's name.

The \$1.2 billion system uses off-the-shelf technology

and began phase-in across the force in January 2004, officials said.

It's been deployed to about 60 percent of the military. Full fielding is estimated to occur around January 2007, officials said.

The system will potentially serve more than 9 million U.S. service members, retirees and their families across the globe, Winkenwerder said. Future plans include sharing military medical information contained on AHLTA with the Veterans Affairs Department, Winkenwerder added.

AHLTA was tested and proven in wartime conditions, said 32-year-old Walker. He used AHLTA's portable electronic medical-record-gathering device when he was in Iraq.

"I think it's a great system," said Walker, who was in Iraq from October 2004 to September 2005. "Anything that can expedite the process of giving [service members] care and helping their care go on further without the paper trail is just a really exciting experience."

Walker demonstrated the field electronic medical data-collection device at the Bethesda ceremony.

Service members' medical data contained on a dog-tag-



Staff Sgt. Kevin M. Walker participates in the rollout ceremony for the military's electronic medical records system at Bethesda, Md.

sized electronic information chip, Walker said, is inserted into the medic-carried, palm-sized device for processing.

Walker said the device is user-friendly and makes it easy to update a service member's medical information, compared to using old-tech paper forms.

"He puts the dog tags back on, and off he goes," Walker said, noting the information is then forwarded to a main database for a doctor's review.

Widespread use of interactive electronic medical records systems like AHLTA

will ultimately produce lower costs, fewer medical mistakes and better care, said U.S. Department of Health and Human Services Secretary Michael O. Leavitt, who attended the event with Winkenwerder.

Medical researchers can use data gathered by AHLTA and similar systems to head off outbreaks of disease, said Navy Vice Adm. Donald C. Arthur, surgeon general of the Navy, also at the ceremony.

"We're talking about the ability to aggregate those records, to put them together so that we can locate disease patterns," Arthur emphasized.

# Tripler efforts garner diabetes certification

Briana Kaya  
*Tripler Army Medical Center,  
Public Affairs Office*

HONOLULU — Tripler Army Medical Center is now one of seven organizations in Hawaii to achieve certification by the American Diabetes Association (ADA) for its quality Diabetes Self-Management Education (DSME) program. Only 2,829 organizations in the United States have achieved this level of certification.

An estimated 20.8 million people in the United States have diabetes, with roughly 100,000 living in Hawaii. Currently in Hawaii, about 25,000 people, one-fourth of the diabetic population, are undiagnosed.

Diabetes education is important in the state of Hawaii because of the large population of Asian and Pacific Islanders who are two times more likely to develop diabetes than the rest of the general population.

Accreditation by the ADA lasts three years. It shows that Tripler has met stricter standards put in place by a panel of experts including the American Dietetic Association and the Centers for Disease Control and Prevention. Both organizations require strict documentation of the program structure, assessment of needs, multi-specialty participation, and review of continuous quality improvement.

The certification process includes an assessment of individuals' specific educational needs, identification of their specific diabetes self-management goals, educational and behavioral intervention directed toward helping individuals achieve goals, and evaluation of the individuals' attainment of goals.

The Adult Medicine Clinic administers Tripler's diabetes program. First, a patient's needs are assessed at an initial appointment with a diabetes nurse practitioner. The patient attends three classes held on the first three Wednesdays of each month and then receives comprehensive education from a diabetes multidisciplinary team.

Patients further receive follow-up at six-week, three-month and six-month intervals to evaluate learning and behavioral objectives and overall glycemic (sugar) control.

The outcomes of all these services include improved glycemic control, decrease in emergency room visits and hospitalizations, lower risk of complications and health care costs, and improved quality of life and patient satisfaction.

Primary care managers or providers can give patients a consult for the diabetes management education classes. Interested patients can also call Donna Jenell in the Adult Medicine Clinic at 433-6641 for more details.



## News Briefs

From A-6

According to the program, individuals are encouraged to refer matters to their chain of command, but the commanding general has extended to them the right to seek redress otherwise. Commanders or activity chiefs will not take derogatory action against personnel using the Contact CG Internet Web E-mail Access Program.



**Flu Shots** — Tripler Army Medical Center has received flu vaccine for patients, and the Tripler Flu Hotline is available at 433-3357. Shots will be provided as follows:

- During Immunization Clinic hours Tuesdays, 1 to 3 p.m., and Wednesdays and Fridays, 9 to 11:30 a.m.

- At the Pediatric Clinic today (Nov. 25) from 8 a.m. to 2 p.m. and during regular hours, Mondays, Tuesdays, Thursdays and Fridays, 8 a.m. to 3:45 p.m., and Wednesdays, 8 a.m. to noon, and 2 to 3:45 p.m. Call Pediatrics at 433-6234.

- At Tripler Family Medicine Clinic during regular immunization hours Mondays, Tuesdays, Thursdays or Fridays, from 8:30 to 11:30 a.m. or 1 to 3:30 p.m., and on Wednesdays from 8:30 to 11:30 a.m. or 2 to 3:30 p.m. Call Family Medicine at 433-9738 or 433-3649.

- Patients enrolled in the Adult Medicine Clinic may walk-in Tuesdays or Wednesdays from 9 to 11 a.m., or 1:30 to 3:30 p.m. Or, make appointments at 433-6641 or request the flu vaccine during a regularly scheduled appointment.

- Patients enrolled at Schofield Clinic may be vaccinated Mondays from 8 a.m. to noon, or 1 to 2:30 p.m.; Tuesdays or Thursdays from 7:30 a.m. to noon or 1 to 3:30 p.m.; Wednesdays from 7:30 a.m. to noon; or Fridays from 7:30 a.m. to noon or 1 to 2:30 p.m., except the last Friday of every month when hours are 1 to 2:30 p.m. Call the Schofield's Immunization Clinic at 433-8145.

- Patients enrolled at the Schofield Family Medicine Clinic may be vaccinated Mondays, Tuesdays, Thursdays or Fridays from 8:30 to 11:30 a.m., or 1 to 3:30 p.m.; or Wednesdays from 8:30 to 11:30 a.m., and 2 to 3:30 p.m. Call Schofield Family Medicine at 433-3650 or 3649.

# Smokeout aims to educate, deter smoking

Pfc. Nicole R. Montoya  
17th Public Affairs Detachment

**SCHOFIELD BARRACKS** — While growing up in a household filled with cigarette smoke, Maj. Samuel L. Jones knew smoking wasn't the life for him.

His father was a smoker throughout his life and later died from cancer caused by smoking, said Jones.

The cause of his father's death made him want to help others who suffer from the habit of smoking.

Jones, the installation's community health clinic officer-in-charge, coordinated a Great American Smokeout Day at the post commissary, Nov. 17, to warn people of the harmful effects of smoking.

He invited nursing students from Hawaii Pacific University to lend a hand for the annual Smokeout Day.

During the annual Smokeout Day,

the students set up a tiny booth at the commissary, where they handed out pamphlets and offered advice to smokers and those who know them.

The cancer that took his father's life was one of many things on discussion.

People often get cancer from smoking by inhaling about 4,000 harmful chemicals in a single cigarette, 43 of which, such as tar, ammonia, and nicotine, are known to cause cancer.

Formaldehyde, also known as embalming fluid, is a common chemical found in cigarette smoke. This chemical is used on dead corpses to help preserve their body after death.

Imagine, every time you take a puff of cigarette smoke, you are actu-



ally ingesting a small amount of toilet bowl cleaner. Ammonia, a common chemical found in household cleaners, is also a very prominent chemical found in cigarette smoke.

Tar, nicotine, carbon monoxide, arsenic and hydrogen cyanide are some more harmful chemicals found in cigarette smoke that are known to cause cancer.

Smoking not only harms smokers themselves, but also affects the people around them. Around 440,000 people die a year due to smoking. About 53,000 of those people die from second hand smoke.

"Our goal is to educate people and make them aware of the resources around them to help them quit smoking," said Joanna Sutton, a HPU student helping out with the annual Smokeout Day.

"Today is a great day to remind people to maintain good health," said Sutton, "and have a longer life."



# COMMUNITY & SPORTS

Friday

November 25, 2005



## Hale Koa

The armed-forces recreation center logs a 30-year legacy in military accommodations

Sgt. Sean Kimmons  
Assistant Editor

WAIKIKI — Located in the heart of Oahu's tourism stronghold is the military-friendly Hale Koa hotel. It's a paradise outlet for service members not only visiting Oahu but also to those who reside on the island.

For 30 years, the Hale Koa, which in Hawaiian translates to "House of the Warrior," has accommodated and entertained the nation's finest, as well as their family members and friends. In fact, the 817-room hotel takes in more than one million visitors each year in its Fort DeRussy location here.

Unlike its neighboring hotels, the Hale Koa takes a lighter hit on the wallet with its military discounted prices. The dual-tower hotel provides seven room categories from which to choose. Rates for a standard room vary from \$77 to \$109, while a deluxe ocean front view can cost \$137 to \$198.

Room rates are based on the sponsor's rank.

According to Hale Koa's Web site, all of the hotel's rooms are similar in size. Views are the deciding factor in pricing.

Standard room rates for ocean-front hotels in the vicinity of the Hale Koa range from \$149 to \$199.

One of four armed forces recreational resorts, the Hale Koa's location, facilities and amenities make the hotel a favorable rest and recuperation destination.

The hotel boasts restaurants and lounges, including the Barefoot Bar — an outside bar that offers the view of a Hawaiian sunset almost every night.

Entertainment includes three dinner shows: Magic in Paradise, the Hale Koa Luau and Tama's Polynesian Revue.

Magic in Paradise reveals the mystery, fantasy and comedy of magician Mark Allen Maurico every Tuesday at 6 p.m. An all-you-can-eat buffet is part of the show, which costs \$24.95 for adults and \$14.95 for children under 12.

The Hale Koa Luau serves up Hawaiian tradition with an Aloha lei welcome, lei making, coconut frond weaving, an authentic imu ceremony, and hula dances as well as a fire knife dance and a royal Hawaiian feast. The luau runs every Monday and Thursday at 5 p.m. and costs \$34.95 for adults and \$22.05 for children.

For the beat of Tahitian drums and elegance of Polynesian dances, Tama's Polynesian Revue is it. Every Wednesday at 6 p.m., the revue (\$24.95 for adults and \$14.95 for children) dishes up an all-you-can-eat-buffet along with its island entertainment.

To purchase tickets for Hale Koa's dinner shows, call 955-0555. For room reservations, call 367-6027 or go to its Web site at [www.halekoa.com](http://www.halekoa.com).

If you are interested in staying at the Hale Koa hotel, be sure to make your reservations well in advance but not more than 365 days prior to your arrival.

### ON THE WEB

For reservations or to obtain more information on the Hale Koa hotel, go to [www.halekoa.com](http://www.halekoa.com).

### Hale Koa side notes:

- First opened its doors in October 1975.
- Opened its second tower in September 1995.
- Responsible for 14 percent of the acreage in Waikiki.
- Contributes more than \$1 million per year for grounds and beach that is open to the public.
- During the Vietnam War, the Hale Koa was designated as an Armed Forces rest and recuperation destination. The hotel continues that tradition for troops deployed to Afghanistan and Iraq.



Sgt. Sean Kimmons

Dancers who entertain during the Hale Koa luau dinner show perform the hula for their guests inside the Banyan Tree Showroom.



Sgt. Sean Kimmons



Sgt. Sean Kimmons

Above — Hale Koa dancers yell during a traditional Samoan dance.

Left — Tiki torches light up the night sky during a dinner show at the hotel.



Courtesy of Hale Koa

The Bibas restaurant and bar is a popular eating destination.

**MWR Briefs**  
Serving America's Army in Hawaii

**NOVEMBER**

25 / Today

**Hawaiian Luau Lunch Buffet** — Taste a traditional Hawaiian style feast today from 11 a.m. to 2 p.m. at the Nehelani on Schofield Barracks. Cost is \$9.95 per person. Call 655-4466 for lunch buffet reservations or information.

The Hale Ikena will not host luau lunch buffets in November or December.

**Fort Richardson Theater** — Come see the Army Community Theater's production of "Kismet." Performances will be held today and Saturday, Nov. 26, and Dec. 2 and 3 and the curtain goes up at 7:30 p.m.

Tickets for this exciting musical can be purchased at the Richardson Theater box office or online at <http://www.squareone.org/ACT/tickets.html>.

27 / Sunday

**Readers Theater** — Come enjoy the production of "The Retreat from Moscow," a drama by William Nicholson, at the Richardson Theater. Performances will be held today and Dec. 4 and all shows begin at 2 p.m. For more information, call 438-4480.

28 / Monday

**"B" or Better**— Students who receive a "B" average or better grade on their report cards are invited to bring their report card to the Tropics during the month of November and enter to win a free meal at the Tropics.

A drawing will be held for elementary, middle school and high school students, Nov. 30. Students do not need to be present to win. For more information, call 655-8522.



**DECEMBER**

1 / Thursday

**Christmas Coloring Contest** — Show off your artistic talent and sign up for the Tropics' Christmas coloring contest. Winners will be selected on Dec. 30 and prizes will be awarded. For more information, call 655-8522.

*Hui O Na Wahine's*  
**Tropical Holiday**  
**Tour of Homes**

**Sunday, December 4, 2005**



Check-in at Quarters  
227 General's Loop,  
Schofield Barracks

**Reception**  
**4:00 to 5:00 p.m.**  
**Tour of Homes**  
**5:00 to 8:00 p.m.**  
*Ages 12 and Up*  
**\$8.00 in advance**  
**\$10.00 at check in**

Craft Fair 12:00 to 5:00 on Lawn of General's Loop

**FOR TICKETS OR VENDOR INFORMATION CONTACT VICKY 629-8322 OR RANDI 624-0895**

2 / Friday

**Fine Arts Exhibit** — Check out Schofield Barrack's talented youth and teens at the Boys and Girls Clubs fine arts exhibit. The winner's artwork will be sent to a regional competition on the mainland. The exhibit will be held at the Schofield Barracks Teen Center. For more information, call 655-0451

**"Zoundbox" Live** — Enjoy great entertainment and an exciting performance when Zoundbox plays live at the Tropics from 9 p.m. to 12 a.m. There is no cover charge for this event. For more information, call 655-8522

3 / Saturday

**Breakfast with Santa** — Get into the holiday spirit at the Nehelani from 7:30 to 10:30 a.m., Dec. 3, and enjoy "Breakfast with Santa." Cost for the event is \$8.95. For more information, call 655-4466.

**Holiday Fun Fest** — The Aliamanu Military Reservation community center will host a Holiday Fun Fest from 10 a.m. to 2 p.m., Dec. 3.

Holiday activities, pictures with Santa, games and relays, food, prizes and great live entertainment will all be available for families to enjoy.

The day will kick off with a community parade at 9 a.m. For additional information, call 833-0920.

7 / Wednesday

**Single Soldier Texas Hold'Em** — Are you the next Schofield Barracks Hold'Em Champion? Single Soldiers are invited to enter the Texas Hold'Em Tournament to be played Dec. 13 and 15 at the Tropics. The final table of the tournament will be held at the 'Single Soldier Christmas Party' on Dec. 24. The registration deadline is 7 Dec. so stop by the Tropics or call 655-5697 for registration or additional information.

9 / Friday

**Christmas Ornament Workshop**— Brighten up your Christmas tree with your own stained glass foil ornaments. Come and learn how to make these ornaments



on Dec. 9 from 9:30 a.m. to noon at the Schofield Barracks Arts and Crafts Center. The class costs \$10 and the fee includes materials to make two custom ornaments. Pieces can be engraved with the 25th ID or a Hawaiian graphic logo. Class size is limited, so register soon at the Schofield Barracks Arts and Crafts Center. For more information, call 655-4202.

**Fondue and Wine at Reggie's** — Enjoy live music while savoring a diverse fondue menu with friends from 5 to 8 p.m. The selection includes a variety of fruits, breads, cheeses, and chocolates, and a bottle of wine. Cost is \$24.95 for a party of four; each additional person is \$5. Call 655-4466 for more information.

**SKIES Christmas Gift** — Parents, do you want to give a special Christmas gift this year? Let SKIES Unlimited help. Enroll your child in karate, driver education or dance classes between now and Dec. 21, and receive a free karate uniform, a 10 percent discount on driver's education or a silver dance shoes charm (while supplies last).



You will also receive a gift card with each Christmas gift class registration. For more information, call 655-5525.

**ONGOING**

**Army Soldier Show**— Performer and technician nominations are now being accepted for the Army Soldier Show. If you are interested in participating or want more information, call the Leisure Activities Office at 655-0112 or 655-0111.

**School Transition Survey** — Every military family can have an influence on the future by participating in a school transition survey.

If you have recently transitioned your family to Hawaii, go to [http://www.armyhawaii.com/schoolsurvey\(2005\).htm](http://www.armyhawaii.com/schoolsurvey(2005).htm) and take a few minutes to share your thoughts and ideas regarding school transition concerns.

**Tropics Food Specials** — Come to Tropics to enjoy these new delicious deals. Start your morning with a pancake and sausage for \$4.25, take a break at lunch with a

See "MWR Briefs," page B-5

**DECEMBER**

1 / Thursday

**Hawaii Theatre** — The Hawaii Theatre and Nabors Productions will present a special preview performance of "A Merry Christmas with Friends and Nabors" on Dec 1 at 7:30 p.m. The show stars Jim Nabors and this special preview is for active duty military and their dependents only. Call the Hawaii Theatre Box Office at 528-0506 for all details.



**FBI Recruitment** — Are you interested in a career with the FBI as a special agent? Learn about the FBI by attending the monthly FBI career presentation on Dec. 1 from 10 to 11 a.m. at Building 690 (Aloha Center), third floor conference room at Schofield Barracks. For information, call 655-1028.

For information on future monthly presentations, contact Special Agent Kal Wong at 566-4488. Entry-level salary is \$49,347 (GS 10) during academy training and \$59,418-\$67,220 upon graduation.

2 / Friday

**Special Olympics Hawaii** — Special Olympics Hawaii needs volunteers at its Annual Holiday Classic, Dec. 2 through 4 at Hickam Air Force Base and Marine Corps Base Hawaii, Kaneohe Bay. Nearly 800 athletes will compete in statewide basketball, bocce and bowling competitions.

Volunteers are the backbone of Special Olympics, and more than 700 volunteers are needed to help make this event special. Whether you can contribute your time "behind the scenes" or at one of the sporting events, Special Olympics has a position for you.

Positions go fast, so don't wait. For more information, call 943-8808, extension 27, or visit [www.specialolympicshawaii.org](http://www.specialolympicshawaii.org).

**Hawai'i Pacific University** — Hawai'i Pacific University will celebrate its first ever Intercultural Holiday Bazaar on Friday, Dec. 2, from 10 a.m. to 3 p.m. on Fort Street Mall. The event is free, open to the public and spotlights the HPU students' diversity through cultural exhibits featuring traditional dance, music, and crafts from around the world.

4 / Sunday

**Hui O'Na Wahine Fundraiser** — The Hui O' Na Wahine presents its annual fundraiser, a Tropical Tour of Homes on Sunday, Dec. 4 from 5 to 8 p.m. Join the community for a look at many historical homes dressed for the holiday season. A craft fair will be held prior to the tour from noon to 5 p.m. on the Generals Loop lawn.

Check-in for the club fundraiser is from 4 to 5 p.m. at 227 General's Loop. Tickets are \$8 in advance and \$10 at check in. This event is open to the public, and only children ages 12 and older may participate on the tour. For tickets or vendor information, call 629-8322 or 624-0895.

15 / Thursday

**14th Annual Deaf Santa Celebration** — The state's lone deaf and signing Santa returns to Pearlridge Mall for the only yuletide celebration of its kind in the islands. Join us for some unique entertainment, including Hawaii's most prominent deaf and hard-of-hearing performers, as well as talented students from schools throughout the islands. Children will be visiting Santa Thursday, Dec. 15 from 9 to 11:30 a.m.



Entertainment will follow from 10 a.m. to noon at the Uptown Mall, second level.

For more information, call 733-4846 or 734-9154.

31 / Saturday

**Aloha Tower Marketplace** — Aloha Tower Marketplace will ring in

2006 with an unparalleled New Year's Eve celebration featuring waterfront dining, shopping, free live entertainment and a spectacular front row fireworks display over Honolulu Harbor at midnight. Center atrium entertainment begins at 7 p.m. with live entertainment, free giveaways, and more. Several Marketplace restaurants will host special menus and packages for the evening. For more information, call Aloha Tower Marketplace at 566-2337 or visit [www.alohatower.com](http://www.alohatower.com).

**ONGOING**

**Community Calendar Briefs** — Do you have announcements of upcoming events or activities you'd like to post in the Hawaii Army Weekly? If so, e-mail your information to [editor@hawaiiarmyweekly.com](mailto:editor@hawaiiarmyweekly.com) at least two weeks in advance of your event or activity.

**Schofield Barracks Pediatric Clinic** — The new children's waiting room is open for business at the Schofield Barracks Pediatric Clinic, Building 680. The waiting room provides free care for healthy children while parents tend to medical appointments.

For more information or to schedule an appointment, call the Armed Forces YMCA office at 624-5645.

**ACS Volunteers** — Free child care at an hourly site is provided for up to 20 hours per week when you volunteer with ACS. What's more, volunteering offers valuable job experience and flexible hours.

Come on out and support your Army family today. Contact Cathie Henderson at 655-2398 or [hendersonca@schofield.army.mil](mailto:hendersonca@schofield.army.mil) for more information.

**Hale Koa Room Special** — Book three rooms, instead of two, during the Hale Koa Hotel's fall season special now through Dec. 15. Eligibility requirements apply.

Contact the reservations department for availability at 955-0555.

**HACN TV Schedule**

**Morning**

|       |   |
|-------|---|
| 6:00  | Sign On                                       |
| 6:26  | Coqui Frog Invasion in Hawaii                 |
| 6:47  | Welcome Home Redeployment Guam                |
| 7:00  | Bulletin Board                                |
| 7:30  | What's Down the Drain                         |
| 7:41  | White Face                                    |
| 7:55  | Water Safety                                  |
| 8:00  | Hawaii Army Report                            |
| 8:30  | Army News Watch                               |
| 9:00  | Pentagon Channel                              |
| 10:00 | White Face                                    |
| 10:15 | Change of Command Ceremony 25ID (L) & USARHAW |
| 10:20 | Bulletin Board                                |
| 10:50 | Welcome Home Redeployment Guam                |
| 11:04 | Coqui Frog Invasion in Hawaii                 |
| 11:26 | VATV #2                                       |
| 11:52 | Inside Afghanistan 8/31/05                    |
| 12:00 | Hawaii Army Report                            |
| 12:35 | Pentagon Channel                              |

**Afternoon**

|      |                                |
|------|--------------------------------|
| 2:00 | Inside Afghanistan 9/08/05     |
| 2:12 | Bulletin Board                 |
| 2:42 | Welcome Home Redeployment Guam |
| 2:55 | Shamu: The Rhino Story         |
| 3:30 | Coqui Frog Invasion in Hawaii  |
| 3:50 | Hurricane Safety               |
| 4:00 | Pentagon Channel               |

**Evening**

|       |   |
|-------|---|
| 6:00  | Hawaii Army Report                            |
| 6:30  | Community Focus                               |
| 6:47  | What's Down the Drain                         |
| 6:56  | Change of Command Ceremony 25ID (L) & USARHAW |
| 7:00  | NFL: Football Follies                         |
| 8:00  | Bulletin Board                                |
| 8:30  | Inside Afghanistan 8/31/05                    |
| 8:42  | What's Down the Drain                         |
| 8:50  | White Face                                    |
| 9:06  | Volunteers                                    |
| 9:21  | Welcome Home Redeployment Guam                |
| 9:34  | Inside Afghanistan 8/22/05                    |
| 9:45  | Safety Video                                  |
| 9:49  | Coqui Frog Invasion in Hawaii                 |
| 10:10 | NFL: Ice Bowl                                 |
| 11:25 | Bulletin Board                                |

**Overnight**

|                  |  |
|------------------|--|
| Pentagon Channel |  |
|------------------|--|

**Community Calendar**

**NOVEMBER**

26 / Saturday

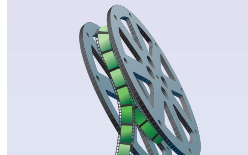
**Holiday Craft Fair** — The Mission Houses Museum will celebrate its 32nd Annual Holiday Craft Fair on Saturday and Sunday, Nov. 26 and 27 from 9 a.m. to 4 p.m. The craft fair will feature superior woodcrafts, clothes, ceramics, collectibles, jewelry, art, lei, food and entertainment. Free parking is available at the underground City and County Municipal parking lot, accessible from Beretania Street. Metered parking is available on Kawaiaha'o Street, King Street, and 'Iolani Palace grounds. Parking is also available for a nominal fee at Kawaiaha'o Plaza Garage.

The Holiday Craft Fair will be held on the grounds of the Mission Houses Museum located at 553 S. King Street behind Kawaiaha'o Church. Admission is free. Call 531-0841 for additional information.

**Readers Theatre** — Army Community Theatre opens Readers Theatre on Nov. 27 at 2 p.m. at Richardson Theatre, Fort Shafter. Jo Pruden, David C. Farmer and Dion Donahue appear in "The Retreat from Moscow." A second performance is scheduled for Dec. 4. Admission is \$6 at the door.

28 / Monday

**Army Community Theatre Auditions** — Auditions for "CATS," the Andrew Lloyd Webber musical, will be held at Richardson Theatre on Fort Shafter, Nov. 28 through 30. Dance auditions will start at 7 p.m. followed by vocal auditions at 8:30 p.m. For more audition information, call the ACT Box Office at 438-4480.



**This Week at the MOVIES**  
**Sgt. Smith Theater**

*Today*  
Two for the Money  
7 p.m. (R)

*Saturday*  
Into the Blue  
7 p.m. (PG-13)

*Sunday*  
Lord of War  
7 p.m. (R)

*Thursday*  
Lord of War  
7 p.m. (R)

**Happy Thanksgiving!**  
The theater is closed Monday, Tuesday and Wednesday.

# Opportunities abound for parents, kids

Kristina Noriega-Artis  
School Liaison Coordinator

Have you ever wondered why some children are academically superior and well adjusted to the rigors of school? In many cases, this scenario did not "just happen" by chance.

To enjoy success, many key factors are involved, including good teachers, challenging curriculum, home conditions that are conducive to learning, a caring school environment, the student's aptitude and attitude — and parental involvement.

Although each component is important, one cannot truly measure the far-reaching impact that parents have on their children. From taking interest in their child's schoolwork, interacting with teachers, communicating well with children, supporting them in curricular, co-curricular, and extracurricular activities, among other things, parents convey the importance of education by their vested interest.

One of the ways that parents can express the significance of education and schooling is to participate in school groups. When parents give these support groups time and effort, children quickly conclude that mother and dad have committed and dedicated part of their day to the educational process — to them.

Parent participation speaks volumes to children and instills and confirms values.

Many opportunities are available.

## PTO (Parent Teacher Organization)

PTOs are an established group of parents and teachers; their meetings are designed to promote dialogue and positive responses between the school and families.

Parents improve a school program by sharing their thoughts and ideas with the school's leadership and personnel. This group supports the activities of the school by volunteering labor, skills, talents and other needed items or services to produce desired results.

## School Community Council

Recognizing that increased stu-

## Parent Community Network Coordinators in Army Areas

### Aiea Complex —

Webbing Elementary  
Dana Trinidad/Pearlena Stone .....483-7240

### Leilehua Complex —

Helemano Elementary  
Marcie Shima .....622-6336  
Kale Kula Elementary  
Ellen Petry .....622-6380, ext. 237  
Leilehua High  
Cindy Sumbad .....622-6550  
Solomon Elementary  
Sharon Stafford .....624-9500  
Wahiawa Elementary  
Ruby Chai/Nicki Bateman .....622-6393, ext. 233  
Wahiawa Middle  
Vivian Kim .....622-6500, ext. 312  
Wheeler Elementary  
Rema Eltringham .....622-6400  
Wheeler Middle  
Mary Rice .....622-6525

### Mililani Complex —

Kipapa Elementary  
Val Broussard .....627-7322  
Mililani High  
Roger Dale .....627-7747  
Mililani Ike  
Debbie Deibert .....626-2980  
Mililani Middle  
Iris Imamura .....626-7355

Mililani Uka  
Vickie Wong-Webb .....627-7303  
Mililani Waena  
Gracie Aoki .....627-7300

### Moanalua Complex —

Moanalua Elementary  
Susie Okumura .....831-7884  
Moanalua Middle  
Kristie Fukuzono .....831-7856  
Moanalua High  
Geri Mehrtens .....837-8455  
Red Hill Elementary  
Kauai Kealoha .....831-7866  
Shafter Elementary  
Carol Austin .....832-3560

### Radford Complex —

Aliamanu Middle  
Amy Arnone .....421-4100  
Makalapa Elementary  
Miki Crisp .....421-4110, ext. 230  
Mokulele Elementary  
Cathy Nii .....421-4180  
Nimitz Elementary  
Elizabeth McGillicuddy .....421-4165  
Pearl Harbor Elementary  
Jennifer McCag .....421-4125  
Pearl Harbor Kai  
Patrice Keesee .....421-4245  
Radford High School  
Luz Guerrero .....421-4200

dent achievement can occur only when school communities function cohesively, this legislative body creates a mandatory School Community Council at each public school.

Councils make recommendations to principals on academic and financial matters. Principals, in turn, consult with the School Community Council on a variety of issues that affect student learning.

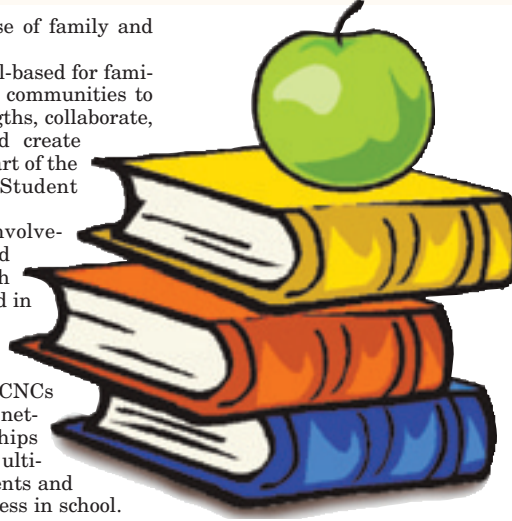
## Parent Community Network Coordinator (PCNC)

Parents can contact their children's PCNC for more parental involvement opportunities. The PCNC serves to create supportive partnerships within the home, the school and the community for purposes of supporting student success

and building a sense of family and community.

PCNCs are school-based for families, volunteers and communities to identify their strengths, collaborate, make decisions and create partnerships as a part of the Comprehensive Student Support System.

The parental involvement program and the goals of each PCNC are embedded in specific school action plans, called standards implementation design. PCNCs serve, through their network of relationships among partners, to ultimately support parents and their children's success in school.



# Prudence pays off during the holidays

25th ID & USARHAW  
News Release

The holiday season is a time to celebrate with family and friends and to give thanks for our good fortunes. As well, unfortunately, the holiday season can also be a time when accidents increase in frequency.

The number one killer of Soldiers continues to be privately owned vehicle accidents. Speeding, drinking and not donning safety equipment makes for a deadly combination.

Smart Soldiers don't drink and drive nor let their buddies make dumb decisions. Smart Soldiers enjoy the holidays by designating a non-drinking driver. They don't speed. They pay attention to road conditions, and they always wear their seat belts, among other safe driving habits.

Winter in Hawaii doesn't bring snow and cold, but it does bring big surf, rip currents and tides, and rapidly changing weather conditions. If your holiday plans take you to the beach or involve water-related activities, ensure you comply with all posted hazard warnings.

## The do's of vehicle safety

- Wear seat belts.
- Get proper training and licensing to drive motorcycles.
- Wear required personal protective equipment when driving motorcycles.

See "Prudence," page B5

# Schofield embraces Native-Americans

Story and Photos by  
Sgt. Maurice Smith  
3rd Brigade Public Affairs

**SCHOFIELD BARRACKS** — November is a month that brings joy and warmth to many households in America as families gather at dinner tables in celebration of Thanksgiving Day.

It is a time to feast, enjoy the company of friends and loved ones, and a time to remember to give thanks and show recognition to a vital piece in the history of this tradition — the Native American.

While Thanksgiving is only a day, the entire month is dedicated to Native Indians of the United States and their role in America's first harvest, the military and the nation as a whole.

Soldiers, civilians and most importantly, natives gathered Nov. 18 to pay thanks and observe and learn more about Indian cultures during the Native American Heritage Observance held here on Sills Field.

The Intertribal Council of Hawaii, an organization dedicated to teaching others the history and culture of Native Americans, hosted the observance.

After listing a proud background of native service to the armed forces, the council brought out natives who performed tribal dances and entertained the audience with ritual flute and drum playing.

"We've been coming up here for 10 or 11 years now, but it's always a pleasure to come up here and share a culture with you," said Bill Tiger, president of the Intertribal Council of Hawaii.

The council recruits young natives and teaches them tribal dances and history, so they can enlighten others of their culture. However, anyone can join the organ-



**Above** — Soldiers take the opportunity to dance with Native Americans and members of the Intertribal Council of Hawaii.



**Left** — Sgt. Forest Two Crow of the 39th Military Police Detachment, Fort Shafter, entertains the audience by performing a few tribal dances on Sills Field.

ization, regardless of race, according to Tiger.

Col. Jacqueline Cumbo, commander, U.S. Army Military Police Brigade, 25th Infantry Division, provided final remarks to close out the official ceremony.

"I have to say that is an honor to be given such a prestigious opportunity to speak at this occasion," said Cumbo. "Native Americans have a long tradition of supporting the United States Military. They fought bravely and loyally in every American war, even before being granted citizenship by Congress in 1924," she said.

"Native Americans serve in the armed forces, as you can see today,

for the same reasons as other Americans.

"They wish to serve their country and protect the rights, the land and dignity of their respective tribes," she continued. "In many Indian cultures, serving as a warrior was a path to manhood and a position of honor in the tribe.

"Indian communities have traditionally supported their men and women warriors regardless of the policy that sent them to fight."

After the ceremony, the audience took the opportunity to dance and interact with Native Americans.

"These activities are extensions of the equal opportunity education and

training objectives," said Cumbo. "The focus of the observance should be directed toward encouraging interaction and not just recognition," she emphasized.

Sgt. Arvella Quiocho, a Native American and a communications noncommissioned officer at Wheeler Army Air Field, said she was very proud of the day's events. She said she believed other Soldiers felt pride as well.

"It's good to see other natives out here, sharing our culture with people. For this many people, that were here today, showing an interest was important to me," Quiocho explained. "It makes me proud."

## Pet owners must protect their puppies from the deadly 'Parvo'

Dr. (Capt.)  
Emily C. Gocke-Smith DVM  
Schofield Barracks Veterinary  
Treatment Facility

If you have a dog, you are probably familiar with the dreaded term "parvo." This severe disease is the common name for a deadly virus called parvovirus, which often causes death in young puppies.

Clinical signs of infected puppies include vomiting, diarrhea, fever, lethargy, inappetance and decreased ability to fight infection.

The Schofield Barracks Veterinary Treatment Facility has recently seen an increase in the number of puppies stricken with this deadly virus.

### What is Parvovirus?

Parvovirus is a relatively new virus, first identified when large outbreaks occurred in the 1970s. Before that time, the virus did not exist.

When the virus first emerged, it affected dogs of all ages, but today it mostly affects puppies, as older dogs are usually protected by vaccination or exposure as young dogs.

Parvovirus mainly affects rapidly dividing cells in the gastrointestinal system and bone marrow. Puppies are infected by ingesting virus particles that have been shed by an infected dog, usually in the feces or vomit.

Once a puppy ingests viral particles, clinical signs usually show up four to 14 days after infection. Initially, puppies are lethargic and do not want to eat or drink.

One to two days after this, puppies develop vomiting and diarrhea (classically bloody). They then quickly become dehydrated and can



**A dog receives vaccinations to help protect it from parvo.**

Spc. Juan Jimenez

die from dehydration or infection.

Once puppies are infected, there is no antiviral cure for the disease. Puppies keep losing large amounts of fluid with diarrhea and vomiting.

### How can I protect my puppy?

For the best chance of survival, infected puppies need to be hospitalized and treated symptomatically with intravenous fluids and antibiotics. However, treatment is intensive and can be very expensive.

The virus also attacks the bone marrow and destroys white blood cells, which weaken the immune system. Because of this, puppies can die even if all symptomatic treatment is provided.

Several steps can help pet owners protect their puppy from infection with parvovirus. The first is properly vaccinating your puppy. Puppies should get their first parvovirus vaccine between 6-8 weeks. They should get a booster vaccine every three weeks afterwards, until they are 16 weeks old. The vaccine is very effective, but no vaccine can guarantee protection.

The second step to protect your puppy is to keep him or her from being exposed to the virus until after their vaccinations are complete. Parvovirus particles are sturdy and can survive in the environment for up to six months.

Your puppy should be limited to clean environments until vaccines have been completed. Avoid dog parks, beaches, pet stores or any other areas with a high dog population. Socializing your puppy with other dogs is

recommended only as long as the other dogs are healthy and are properly vaccinated.

If you suspect your puppy has parvovirus, seek veterinary care immediately. Take precautions to avoid environmental contamination of public areas until you see your veterinarian.

Most veterinarians can perform an in-house parvo test for quick diagnosis. If a sick puppy has been in the area, the best cleaning agent is a chlorine bleach solution containing one ounce of bleach per quart of water.

Call the Vet Clinic at Schofield at 433-8531 or Fort Shafter at 433-2271.

## TechNet to feature hi-technology

Frances Willis  
TechNet Co-Chair

**HONOLULU** — The largest and oldest information technology or IT conference in the Pacific, TechNet Asia-Pacific 2005, will take place Dec. 5-8, at the Sheraton Waikiki and Royal Hawaiian Hotels here. More than 200 exhibitors will feature the latest in IT, including speakers from each of the branches of U.S. Pacific Command and expert panelists to highlight the annual conference, which is celebrating its 20th anniversary.

Co-sponsored by the Armed Forces Communications and Electronics Association (AFCEA) Hawaii and (AFCEA) International, the 2005 conference theme is "Harnessing Information for Tomorrow's Flexible Mission Applications."

"Today, when our national and global security is being threatened, we must continually seek and utilize the latest and best advancements in technology," said Stephanie Spengler, TechNet Asia-Pacific co-coordinator. "TechNet Asia-Pacific's exhibits will showcase the latest state-of-the-art technology from communications equipment to intelligence gathering systems."

To register or get more information about the conference, visit <https://reg.jspargo.com/hawaii05/reg/>, contact Maureen Cirrito at [mcirrito@afcea.org](mailto:mcirrito@afcea.org), or call (800) 336-4583, extension 6174.

## MWR Briefs

From B-2

chicken salad wrap and drink for \$5, and on Friday's, fill up on fish and chips for only \$5.50. For more information, call 655-0002.

### SKIES Music Classes

— Are you a budding musician? Music Lady School of Music is offering classes in piano, vocal training, flute, recorder and violin through SKIES Unlimited. Classes are available at the Schofield Barracks and Aliamanu Youth Centers. Private lessons are \$95 per month and group lessons are \$55 per month. For more information, please call 655-5525.

### Need a Great Holiday Gift?

— Stop by the Arts and Crafts Center and choose from a variety of island crafts, including mirrors, baskets, woodcrafts, and more. For more information, call 655-6330 at Schofield Barracks or call 438-1315 at Fort Shafter.

### DOD Employees

— Don't have the time to take your auto in for an oil change, tire rotation or balancing? Give the Auto Craft Shop a call. The craft shop can do these jobs and other services while you are at work. For more details, call 655-2271.



### Sunday Brunch

— Experience a delightful meal featuring brunch favorites along with numerous other choices at Reggie's on Schofield Barracks from 10 a.m. to 2 p.m., or at Fort

Shafter's Hale Ikena from 10 a.m. to 1 p.m.

Cost varies by location and children's pricing is available. Call Hale Ikena at 438-1947 or the Nehelani at 655-4466 for reservations or information.

### Homeschool Support Group

— Homeschool students are invited to join biweekly group meetings where activities include arts and crafts, field trips, science experiments, computer classes and more.

Call 655-2263 to obtain a copy of the current calendar or learn more about registration.



### Mystery Shopper Program

— Are you up for the challenge? The Directorate of Community Activities is looking for volunteers to participate in the Mystery Shopper Program. DCA uses this program to evaluate facilities and identify employees providing legendary service.

Mystery shoppers are asked to anonymously shop at various facilities or activities. Approximately three hours may be required for each assignment, and shoppers will be provided any money that is required for their shopping visit.

Shoppers will also be asked to attend an in- and out-brief where they can briefly explain their shopping experience. If you are up for the challenge and want to have some fun at the same time, contact Sandy Kawahara at 656-0078.

### Job Search

— Visit, browse and apply for federal jobs that are available in Hawaii at [www.nafjobs.com](http://www.nafjobs.com).

# Leilehua's military teenagers place in cross country finals

Capt. Jason Edwards  
Operations Officer, 556th  
Personnel Services Battalion

LIHUE, Kauai — The Leilehua High School Boy's Varsity Cross Country team sent seven runners who made up a full team to the Hawaii State Championship at the Kauai Community College Campus here Nov. 11 — for the first time in the history of the school.

This achievement was possible as a result of the team's first place finish at the Oahu Interscholastic Association (OIA) Regional Cross Country Championship meet held Nov. 5.

The Leilehua Mules placed first atop all public schools in Hawaii. They finished fourth place overall, behind Iolani, Kamehameha and Punahou respectively, in the Boys Varsity State Cross Country Championship.

The state championship berthed 19 teams of five to seven runners, and a number of individual qualifiers totaling 170 runners.

This year, three Schofield Barracks' military family members led the charge for the Mules.

Freshman-phenom Bryce Jenkins set another personal record, turning out a time of 16 minutes and 47 seconds on a very challenging course.

Jenkins placed 18th in the state and was one of only two freshman that placed in the top 50. He was recognized as a top-20 medalist and finished as Leilehua's number-one seed.



Leilehua H.S.'s Bryce Jenkins (#126), a military family member, races towards the 1-mile mark at the Hawaii State Cross Country Championship finals in Kauai.



Courtesy Photos

Left — The cross country team celebrates its victory after the OIA meet.

Senior Matt Roberts finished second for the Mules and placed 21st in the race with a time of 16:58. Also, senior Steffan Shade provided veteran leadership placing 118th.

The boy's 2005 team, which earned the OIA championship title, has a strong group of returning freshman and sophomores to keep the winning tradition alive in 2006.

## Prudence: Safety is no laughing matter

From B-3

### The don'ts of vehicle Safety

- Do not speed.
- Do not drink and drive.
- Do not drive when fatigued.

### On water safety

- Consider weather conditions of big surf and rip currents and tides.
- Use personal flotation devices.
- Never swim alone.

### On fire safety

- Never leave cooking unattended.
- Never overload outlets.
- Never leave candles unattended.

### About unattended cooking

The leading cause of fire in family quarters throughout the Department of Defense is cooking-related fires caused by inattentive occupants. How can you prevent cooking-related fires? By not leaving the kitchen, even for a minute, while cooking.

Do not drive to the store, pick up children at child care, answer the telephone in the next room, go next door to speak with a neighbor, or leave cooking unattended. All these reasons are listed on past fire reports usually accompanying the following statement: "I was only gone for a minute."

Cooking and baking are big parts of our holiday traditions, but keep a close watch on the stove and be safe.

### About turkey frying

Deep-fried turkey, a longtime favorite of the South, has become popular throughout the country, and now Thanksgiving and Christmas are favorite times to fry a turkey. However, if you plan to fry a turkey this holiday season, ensure you follow the safety tips in the owner's manual.

### About holiday lighting

The growing popularity of candles has spawned all-time highs in the numbers of fires. Take care when burning candles. Be sure they are kept away from decorations or other combustible materials.

Don't leave children unattended in a room with lit candles, and always keep candles, as well as matches and lighters, out of reach of children.

Never display lighted candles in windows or near exits.

### About decorations

When decorating with lights, be sure to purchase only those labeled by a testing laboratory. Never use candles to decorate Christmas trees.

For outside decorations, use only those lights labeled for outdoor use. Don't overload electrical outlets, and always unplug all lights before leaving home or going to bed.

Never put electrical lights on a metal Christmas tree.

### About Christmas trees

Choose a fresh Christmas tree and secure it in a sturdy stand. Place the tree away from heat sources and exits, and water it daily.

If you purchase an artificial tree, be sure it is labeled as fire-retardant.







NOVEMBER

29 / Tuesday

**Youth Basketball Clinic** — Be prepared for the upcoming Hawaii Youth Sports League basketball season by attending a youth basketball clinic.

The Aliamanu Physical Fitness Center gym will be the location for one clinic, for all ages, Dec. 27.

The Bennett Youth Center at Schofield Barracks will be the meeting location for two clinics, one Dec. 28, for children born between 1997 and 2000, and the other Dec. 29 for children born between 1987 and 1996.

All clinics will include both offensive and defensive skills and drills. Register for the youth clinic up until Nov. 29 at your nearest Army Youth Center. For more information contact your area youth sports director.

**Youth Basketball and Cheerleading** — Registration for Hawaii Youth Sports basketball and cheerleading will be held through Nov. 29 at the youth centers of Aliamanu Military Reservation, Fort Shafter, Schofield Barracks, Helemano Military Reservation and Wheeler Army Air Field.

First-time participants must sign up with the CYS Registration Office before they can register for activities. Cost is \$55 per person for basketball and \$60 per person for cheerleading, or \$20 per person using the same uniform from past cheerleading seasons.

For more information, contact your area sports director.

3/ Saturday

**Ladies Golf Clinic** — Ladies, do you want to brush up on your golfing skills? A free golf clinic will be held Dec. 3 at the Leilehua Golf Course located right outside the WAAF front gate.

The clinic will last for one hour and will begin promptly at 3 p.m. All required equipment will be provided to participants and advance reservations are recommended.

For more details or to reserve your space, call 655-4653.

**Hawaii Championship**



Spc. Juan Jimenez

**‘Can’t touch this!’**

A running back for the 3rd Brigade Broncos runs up field against a defender from 1st Battalion, 25th Aviation Regiment, in the second half of a flag football game at Stoneman Field on Schofield Barracks, Nov. 19. The Broncos won, 14-13.

**Wrestling** — Come watch Hawaii Championship Wrestling at the Tropics on Dec. 3 and again on Dec. 17. Doors open at 6 p.m. and matches start at 7 p.m.

The cost is \$5 for ages 12 and up, \$3 for ages 11 and under, and free for children ages 5 and under. Call 655-8522 for more information.

ONGOING

**Cardio Kickboxing** — Cardio kickboxing can help develop cardio-vascular fitness, improve balance and lead to more self-confidence. Classes are offered at the Fort Shafter Physical Fitness Center, Tuesdays and Thursdays from 4:30 to 5:30 p.m. For more information, call instructor Daryl-Lynn Gandaoli at 779-4495.

**SKIES HOKK Classes**

— Come and learn Hawaii Okinawa Kenpo Karate-Do Shudokan, a quality martial arts program taught by

master instructors. HOKK teaches self-discipline and dedication to overcome obstacles and become successful in Karate and life in general. Classes are \$35 per month or \$105 for a semester. Family discounts are available. Classes are offered for students in grades 1 to 10 and parents are welcome to take classes with their children. New students start at the beginning of each month. For additional information, please call 655-5525.

**Chess Club** — Come and play chess every Monday from 5 to 8:30 p.m. at the Tropics. Competitors must have their own equipment; a few sets will be available for those without. For more information, call the Tropics at 655-0002.

**Youth Sports Coaches Needed** — Youth Sports is looking for volunteer coaches to help make the pro-

gram a success. If you would like to give back to the youth what you received as a child, see your local Youth Sports Director or call these numbers for more details: Aliamanu Military Reservation at 836-1923, Fort Shafter at 438-9336.

**Intramural Flag Football Standing**

| Unit                        | Wins | Losses | Pct.  |
|-----------------------------|------|--------|-------|
| <b>Green Division</b>       |      |        |       |
| HHC, 84th Eng. Bn.          | 5    | 1      | 0.833 |
| Co. B, 66th Eng.            | 3    | 2      | 0.600 |
| HHC, Discom                 | 4    | 3      | 0.571 |
| HOC, 732 MI                 | 4    | 3      | 0.571 |
| Co. A, 1st Bn., 14th Inf.   | 0    | 7      | 0.000 |
| <b>Orange Division</b>      |      |        |       |
| HHC, 3rd Bde.               | 6    | 1      | 0.857 |
| 1-25 Avn. Rgt.              | 4    | 2      | 0.667 |
| Co. A, 1st Bn., 27th Inf.   | 2    | 2      | 0.500 |
| 556th PSB                   | 1    | 3      | 0.250 |
| Co. B, 725th MSB            | 0    | 5      | 0.000 |
| <b>Blue Division</b>        |      |        |       |
| Co. C, 25th Avn Rgt.        | 4    | 1      | 0.800 |
| Btry. B, 2nd Bn., 11th      | 3    | 1      | 0.750 |
| HHT, 3rd Sqdn., 4th Cav.    | 4    | 3      | 0.571 |
| Co. C, 1st Bn., 14th Inf.   | 1    | 3      | 0.250 |
| DFAC                        | 0    | 4      | 0.000 |
| <b>Gold Division</b>        |      |        |       |
| Btry. A, 3rd Bn., 7th FA    | 7    | 0      | 1.000 |
| Co. A, 2nd Bn., 5th Inf.    | 2    | 2      | 0.500 |
| HQ Co. A, 225th FSB         | 2    | 4      | 0.333 |
| 125th Fin. Bn.              | 1    | 3      | 0.250 |
| HHC 25th Avn. Bde.          | 0    | 3      | 0.000 |
| <b>Purple Division</b>      |      |        |       |
| 40th QM                     | 7    | 0      | 1.000 |
| Co. C, 2nd Bn., 27th Inf    | 4    | 1      | 0.800 |
| Co. B, 2nd Bn., 35th Inf    | 2    | 3      | 0.400 |
| Co. C, 725 MSB              | 1    | 5      | 0.167 |
| HHC, 125th STB              | 0    | 5      | 0.000 |
| <b>Ft. Shafter Division</b> |      |        |       |
| 94th AAMDC                  | 6    | 1      | 0.857 |
| 30th Signal                 | 5    | 2      | 0.714 |
| TAMC                        | 5    | 3      | 0.625 |
| 39th MP                     | 5    | 5      | 0.500 |
| 29th Engineers              | 4    | 5      | 0.444 |
| DENTAC                      | 2    | 3      | 0.400 |
| USARPAC                     | 0    | 8      | 0.000 |

(Standings are current as of Nov. 21.)



DECEMBER

1 / Thursday

**Hawaii Youth Soccer Camp** — Coerver, a premier soccer skills teaching program, will be conducting a soccer camp at Mililani District Park for Hawaii Youth Soccer Association players between the ages of

7 to 14. The five-day soccer camp will be held from Dec. 26 to 30. Youth ages 7 to 10 will train from 4 to 6 p.m., while youth ages 11 to 14 will train from 6:30 to 8:30 p.m..

Those registering by Dec. 1 pay \$95, if members of Hawaii Rush or \$125 if non-members, and \$90 each additional sibling.

After Dec. 1, the price increases to \$155. Only early registrants will be assured of a Coerver training T-shirt.

Registration forms are available online at

www.hawaiirushsoccer.com (click on "Clinics"). For more information, e-mail HawaiiRushCoach@aol.com.

2 / Friday

**Great Aloha Run** — The 22nd Great Aloha Run, an 8.15-mile run, will be held President's Day, Feb. 20, but GAR is offering a special rate and entry form to all active duty Soldiers, family members and DoD civilians who register by Dec. 2.

By using the special military entry form, participants will save \$5 off the regular entry fee and \$1 will be returned to MWR.

Early entries received no later than Dec. 2 also entitle military to a free "In Training" T-shirt; however, be sure to use the military entry form that can be found at all military Physical Fitness Centers, or go online to www.active.com. For information on the Great Aloha Run, call the GAR office at 528-7388 or visit the Web site at www.greataloharun.com.

18 / Sunday

**Great Aloha Run Training** — All 2006 GAR

applicants are invited to participate in the 2005/2006 GAR "In-Training" Workshop. Training will begin on Sunday, Dec. 18, at 7:20 a.m. at the Kapiolani Park Bandstand.

Participants must arrive on time, sign a waiver and then trainers will help them get ready for the race, regardless of pace and current conditioning.

Participants can join their preferred group of walkers, walkers, runners or runners.

"In-Training" will be conducted every Sunday at 7:30 a.m. through Feb. 12. The workshop, valued at \$165, is free to all 2005 GAR participants. Call 943-0309 for information about the "In-Training" Workshop.

ONGOING

**Local Sports Calendar Briefs** — Do you have sports announcements of upcoming events or activities you'd like to post in the Hawaii Army Weekly?

If so, e-mail your information to editor@hawaiiarmyweekly.com at least two weeks in advance of your event or activity.

