



PBA
24/7 SHARP
Hotline
870-209-4093

PBA SAFETY GLANCE



Safety Element for fiscal year 2018:
Lost Day Case:
0.17
Award Goal: 0.57

* **Lost time injuries for fiscal year 2018 is one.** There are zero lost time injuries for July 2018.

* **Recordable injuries for fiscal year 2018 are eight.** Recordable injuries are zero for July 2018.

* **Pine Bluff Arsenal days without a lost time injury is 73.**

* **Pine Bluff Arsenal days without a recordable injury is five.**

* **Estimated hours worked without a lost time injury: 309,618.**

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Practice good OPSEC.

If you SEE something

SAY something...

Arsenal celebrates Army Birthday



Pine Bluff Arsenal's Deputy to the Commander Roch Byrne cuts the Arsenal's Army Birthday Cake at the Headquarters Building, surrounded by other PBA employees, during a brief ceremony June 14. The cakes, which were provided by PBA's Civilian Welfare Fund, were distributed across the installation for the celebration. The U.S. Army turned 243 years old this year. U.S. ARMY PHOTO HUGH MORGAN

JMC welcomes new leadership

By Tony Lopez
Joint Munitions Command Public Affairs

ROCK ISLAND ARSENAL, Ill. -- The Joint Munitions and Lethality Life Cycle Management Command and Joint Munitions Command held an Assumption of Command Ceremony here, June 14, at Heritage Hall.

Col. Michelle M.T. Letcher assumed the responsibility as the senior leader of the JM&L LCMC and JMC during a ceremony hosted by Gen. Gustave F. Perna, commander, U.S. Army Materiel Command.

The Joint Munitions & Lethality Life Cycle Management Command is collocated at the Rock Island Arsenal, Illinois, and Picatinny Arsenal, New Jersey. The JM&L LCMC aligns three organizations to execute the Army's munitions and lethality mission: the Program Executive Office for Ammunition; the Armament Research, Development and Engineering Center; and the Joint Munitions Command.

Perna welcomed Letcher's family, who was present at the ceremony.

"Families are the cornerstone of our support. To all the family members, I want to thank you for all you do," said Perna. "You are our strength. God bless all of you."

Perna thanked Rhonda VanDeCastele, who served as Executive Director of JMC, during the two-month gap between commanders. "Not only did she sustain operations, but she pushed operations. She led the organization to a new level," he said.

Then, Perna turned his focus to the incoming commander. "I have one hundred percent confi-



Gen. Gustave F. Perna, right, commander, Army Materiel Command, passes the unit colors to Col. Michelle M.T. Letcher, left, to signify her as the leader of the Joint Munitions and Lethality Life Cycle Management Command and Joint Munitions Command, during the Assumption of Command Ceremony held on the Rock Island Arsenal, June 14. Outgoing Executive Director, Rhonda L. VanDeCastele, stands at attention, following her service as the leader. U.S. ARMY PHOTO BY TONY LOPEZ/JMC

dence in Michelle Letcher. She will lead this organization with confidence and skill. She will accept recommendations, assess risk, and move us forward," he said.

When Letcher took her turn at the podium, she said, "It's an honor to be here today on the historic Rock Island Arsenal. I am humbled by the opportunity to join this great team at Joint Munitions Command and the community here in the Quad Cities."

Letcher arrives at Rock Island Arsenal after serving as the Executive Officer to the Commanding General of AMC, at Redstone Arsenal, Ala. She is a native of Oak Forest, Ill., and was commissioned in the Air Defense Artillery branch via the Reserve Officer Training Corps in 1995. She was branch detailed and became an Ordnance Officer in 1997. She has served in many command and staff positions during her military career.

With this new assignment, Letcher will have the opportunity to serve on the same installation as her husband, Col. Kenneth Letcher, who leads the Joint Manufacturing and Technology Center on Rock Island Arsenal.

"To be honest, I was starting to feel a bit left out as Ken and the boys im-

mersed themselves into the Quad Cities and this great community embraced them back," added Letcher. "The stories have been endless and I look forward to being a part of the strong partnership between this community and the Arsenal."

"Gen. Perna, thank you for not only presiding over this ceremony but for the leadership you provide, leading and sustaining our Army every day and at the speed of war," she added.

"Today I am proud to assume command of an organization that excels in sustaining readiness for our military -- an organization that maintains a global presence wherever U.S. Forces operate," concluded Letcher.

U.S. Army Joint Munitions Command produces small-, medium- and large-caliber ammunition items for the Department of Defense. The primary mission of JMC is to manage the production, storage, issue, and demilitarization of conventional ammunition for all U.S. military services.

JMC is the sustainment and logistics integrator for life-cycle management of ammunition and provides a global presence of technical support to U.S. combat units wherever they are stationed or deployed.

Right Today

Accomplishing the mission "right today" simply means complying with regulations, policies, plans, work instructions, SOPs, and other requirements. We will not compromise the quality of products that will be used by our Warfighters and when we make these products, we will minimize impact on the environment and we will ensure no one gets hurt in the process.

Better Tomorrow

"Better tomorrow" means that every day, we will make improvements. Every time we start a manufacturing or administrative process, it should be more efficient and more environmentally friendly than it was before. Every day should be safer than the last one.

Commander's Column

My time here at Pine Bluff Arsenal has passed quickly in the past two years. I want to thank each and every member of our workforce for their dedication and loyalty to the Arsenal and to our nation.

Every Arsenal employee, whether working directly with our industrial manufacturing operations or in a support function, is equally important in ensuring that our nation remains secure.

I would like to say thank you to the communities of White Hall, Pine Bluff, Jefferson County and the state of Arkansas.

Your support to the Arsenal means so much. There is no way that this installation could survive and con-

tinue to thrive and grow without your continued support and help, and the high quality workforce you provide.

The Arsenal workforce amazes me daily in the area of safety. By working safely, the Arsenal will continue to be a vibrant part of the Organic Industrial Base for many years to come. I appreciate your remaining vigilant on the shop floors and office areas. You know what needs to be done and continue to watch out for each other and unsafe practices

Hot temperatures are here and summer is in full swing. Work plans for dealing with the heat should be in place. Every member of the workforce should



Col. Kelso C. Horne III

plan accordingly when at work or home. By staying hydrated and mindful of heat-related injuries, we can all have a safe and fun summer.

Thank you for being part of the PBA team. The work you do here provides the Joint Warfighter with essential smoke and pyrotechnic ammunition,

and with critical Chemical, Biological, Radiological, and Nuclear defense equipment. I am proud of what you all have done in our two years together, and am certain you will do greater things in the future.

I know you will be in good hands with Col. Ortiz. I will remember the great workforce here fondly and I'm grateful to have had the opportunity to serve with you.

Although the Horne family is moving on to our next assignment, PBA will always be in our hearts. Thanks again and we wish you all the best for years to come.

**"Mission First.
People Always.
Enjoy What We Do."**

Social Security

Ten powerful ways to use Social Security online

By **Tonya Cater**
Social Security Public Affairs

Chances are good that you use the internet or a cell phone app every day. Social Security has you covered. We've created online tools to make the lives of millions of people easier. We've put together a top ten list of easy-to-use resources for you.

Want access to our latest news, retirement planning tips, and helpful information? Social Security Matters is our blog at blog.socialsecurity.gov. There, you can also connect with us on Facebook, Twitter, LinkedIn, and YouTube, where you can watch our popular videos.

Our online calculators, such as the Retirement Estimator, the Life Expectancy Calculator, and the Early or Late Retirement Calculator, can be found at www.socialsecurity.gov/planners/calculators.

Apply for Social Security benefits online. This is the fastest, most convenient way to apply for retirement, spouses, disability, or Medicare benefits without visiting a local office or calling to speak to a representative; we can be found online at www.socialsecurity.gov/benefits.

Lost or missing your Social Security card? Find out how to get a new, replacement, or corrected card at www.socialsecurity.gov/ssnumber. In fact, you may be able to quickly request a replacement card online with a my Social Security account, if you meet certain qualifications, at www.socialsecurity.gov/myaccount.

Verify your annual earnings and review esti-

mates of your future Social Security benefits when you access your Social Security Statement, one of the many services available with a my Social Security account at www.socialsecurity.gov/myaccount.

Do you have to pay taxes on Social Security benefits? How do you apply for Social Security retirement benefits? What is your full retirement age? Discover the answers to your Social Security related questions at our Frequently Asked Questions page at www.socialsecurity.gov/faq.

Do you own a business? The Business Services Online Suite of Services allows organizations, businesses, individuals, employers, attorneys, non-attorneys representing Social Security claimants, and third-parties to exchange information with Social Security securely over the internet.

Find it at www.socialsecurity.gov/bso/services.htm.

Have you dreamed of moving abroad? Learn how Social Security makes international payments and how you can do business with us from around the world at www.socialsecurity.gov/foreign.

Are you a veteran? Are you at mid-career? Maybe you're new to the workforce. Find out how we fulfill your needs through life's journey on our People Like Me page at www.socialsecurity.gov/people.

If you like to read and prefer to know all the details, our publications webpage is a library of helpful information. Access it at www.socialsecurity.gov/pubs.

We make things easy to use and beneficial. And we're always here to help you secure today and tomorrow at www.socialsecurity.gov.

Practical Money Matters

Credit score differences

(Editor's note: This article is intended to provide general information and should not be considered health, legal, tax or financial advice. It's always a good idea to consult a tax or financial advisor for specific information on how certain laws apply to your situation and about your individual financial situation.)

By **Hugh Norton**
PracticalMoneySkills.com

Like many others, when my wife and I got married, we decided to intertwine our finances along with the rest of our lives. For most couples, opening joint bank accounts and buying a car or home together is the norm. However, even after decades of living together and leading similar financial lives, spouses may find out their credit scores are different.

There are two primary reasons that your credit scores could be different from someone else's – spouse or not. Either the underlying information in your credit reports is different, or different credit-scoring models are creating the scores.

Marriage and your credit

First, let's quickly clear up a few misconceptions about marriage and credit. There was once a time when your marital status was part of your credit report and being unmarried or divorced could make it more difficult to get a loan or line of credit. That's no longer the case.

Now, your marital status isn't included in determining your credit score. It's illegal for creditors to discriminate based on an applicant's marital status. Since your credit score is entirely dependent on the information in your credit report, your score isn't directly affected by your marital status or your spouse's credit. Your credit also won't change if you decide to take a new last name, but both names could appear on your report.

Now, to understand how or why you and your spouse may have different scores, there are two main factors to consider: the credit report itself and the scoring model used.

Your credit reports aren't identical

Consumer credit scores depend entirely on the information that's in a person's credit report. Therefore, if you and your spouse have a different

score, it could be because there is different information in your respective credit reports.

The differences could be a result of a loan or credit card that you took out individually. Even if you closed a credit card five years ago, it could still be on your credit report and impacting your scores. Unless your spouse was a cosigner on the loan or an authorized user on the credit card, it won't show up on his or her report.

The credit bureaus are competitors and generally don't share information with one another. As a result, your credit reports could be different, and your credit scores could vary depending on which credit report gets used as the basis for the score.

You're looking at different credit scores

In the unlikely event that you and your spouse have identical credit reports, you could still have different scores depending on the credit-scoring model used.

Similar to the way in which major credit bureaus compete to create accurate credit reports, some companies compete to develop credit-scoring models.

If you're looking at your credit score from Credit Score Company A based on your credit report from Credit Bureau Company A, but your spouse is looking at a their credit score from Credit Score Company B based on his or her credit report from Credit Bureau B, then your scores may be different.

Making the most of your credit scores

Having different credit scores isn't necessarily a cause for concern. It's not even uncommon for one person to have several different scores.

Rather than worrying about who has a higher score, try to learn about and understand the factors that will impact both of your scores. Then you can take steps to improve both of your scores, such as paying bills on time and only using a small portion of your available credit.

When it comes time to apply for a loan or credit card, knowing which of you has a healthier credit history and higher scores could also help you strategize how to proceed. For example, only one parent needs to apply if you're taking out a federal student loan to help a child pay for school. Al-

Army Regulation-360

AR 360-1 is the regulation that governs the release of public information.

This includes what to release and how to release it to the public, non-releasable subjects, and items that need to be cleared through public affairs channels prior to release. The Public Affairs Program is the overall responsibility of the Arsenal commander.

Only the commanders and their designated representatives are authorized to speak for the Pine Bluff Arsenal. The PAO acts as the liaison between the media and the installation. However, employees are encouraged to speak to civilian professional groups on matters in which the individual has personal knowledge and expertise.

This needs to be coordinated through the Public Affairs Office. They shouldn't comment on military matters that are beyond their knowledge and experience. Obviously, classified information won't be discussed at all.

Online Conduct Think. Type. Post

"Army Professionals, by our solemn oath, voluntarily incur an extraordinary moral obligation to uphold the Army Values, which apply to all aspects of our life. Although our lives are changed by the Internet and social media in general, the standards of our conduct have not.

Online misconduct is misconduct -wherever, whenever, and however it occurs. Whether in the form of online harassment, assault, bullying, hazing, stalking, discrimination, retaliation, improper relationships, or any other type of misconduct, we hold ourselves and others accountable.

Trustworthy Army Professionals do not tolerate

double standards; anything that is unacceptable to say or do in person is also unacceptable to write or post online.

When using electronic communication, members of the Army Team should apply "Think, Type, Post"

"Think" about what messages/information is being communicated and who could potentially view it; "Type" messages or convey information that is consistent with the Army Values; and "Post" if the message/information is responsible and demonstrates dignity and respect for others.

Remember whenever on online -Think, Type, Post."

Arsenal Sentinel



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Pine Bluff Arsenal

Army Substance Abuse Program (ASAP)

Employee Assistance Program (EAP)

EAP can help you with:

- *Emotional problems
- *Financial problems
- *Marriage and family problems
- *Substance abuse
- *Health management issues
- *Stress management

EAP can help you:

- *Identify problems
- *Resolve issues
- *Improve your quality of life

..Many names..one goal, to help you in a time of personal crisis or other trouble.

Come visit with EAP staff members Pat Jenkins, Paula Smith, Cassandra Cosen and Dee Jermon at Building 13-040 or call 870-540-3094.

Hails and Farewells

Hails

Lance Smith, Paramedic, has joined the Pine Bluff Arsenal Health Clinic.

Melissa Attwood, Office Automation Clerk, has joined the Directorate of Business Operations and Planning.

Christopher Philips, Police Officer, has joined the Directorate of Emergency Services.

Dennis Kendall, Police Officer, has joined the Directorate of Emergency Services.

Joseph Hurt, Environmental Engineer, has joined the Directorate of Risk Management and Regulatory Affairs.

James Johnson, Industrial Worker, has joined the Directorate of Chemical and Biological Defense Operations.

Retirements

Gaines D. Florence, Incinerator Plant Operator, has retired from the Directorate of Public Works. Florence retires with 20 years of government service.

Erma L. Lephiew, Decontamination Plant Production Operator Supervisor, has retired from the Directorate of Chemical and Biological Defense Operations. Lephiew retires with 33 years of government service.

The TSP information below is just a portion of the information presented at a recent Financial Readiness training to a group of employees with the Directorate of Material Management.

Financial Readiness training



Jerry Pye, Pine Bluff Arsenal's Army Community Service/Family Advocacy Program Manager, speaks to a group of employees with the Directorate of Material Management during a Financial Readiness training. The training was provided by Rick Tomaskovic from the Airman and Family Readiness Center at Little Rock Air Force Base June 28. The training titled "How to Become a Millionaire", focused on several topics including spending plans, saving for emergencies, managing debt, Thrift Savings Program and other investments, credit scores, credit reports and more. This training was requested by Monte Smith, MM storage division chief. U.S. ARMY PHOTO BY RACHEL SELBY

TSP Basics

G Fund - The G Fund's investment *objective* is to produce a rate of return that is higher than inflation while avoiding exposure to credit (default) risk and market price fluctuations. The G Fund invests exclusively in a nonmarketable short-term U.S. Treasury security that is specially issued to the TSP. The *earnings* consist entirely of interest income on the security.

F Fund - The F Fund's investment *objective* is to match the performance of the Barclays Capital U.S. Aggregate Bond Index, a broad index representing the U.S. bond market. The F Fund invests in a bond index fund that tracks the Barclays Capital U.S. Aggregate Bond Index. This broad index includes U.S. Government, mortgage-backed, corporate, and foreign government (issued in the U.S.) sectors of the U.S. bond market. The *earnings* consist of interest income on the securities and gains (or losses) in the value of the securities. There is some exposure to credit (default) risk and market price fluctuations.

C Fund - The C Fund's investment *objective* is to match the performance of the Standard and Poor's 500 (S&P 500) Index, a broad market index made up of stocks of 500 large to medium-sized U.S. companies. The C Fund invests in a stock index fund that fully replicates the Standard and Poor's 500 (S&P 500) Index. The *earnings* consist primarily of dividend income and gains (or losses) in the price of stocks.

S Fund - The S Fund's investment *objective* is to match the performance of the Dow Jones U.S. Completion Total Stock Market Index, a broad market index made up of stocks of U.S. companies not included in the S&P 500 Index. The S Fund invests in a stock index fund that tracks the Dow Jones U.S. Completion Total Stock Market Index. The *earnings* consist of dividend income and gains (or losses) in the price of stocks.

I Fund - The I Fund's investment objective is to match the performance of the Morgan Stanley Capital International EAFE (Europe, Australasia, Far East) Index. The I Fund invests in a stock index fund that fully replicates the Morgan Stanley Capital International EAFE (Europe, Australasia, Far East) Index. The earnings consist of gains (or losses) in the price of stocks, dividend income, and change in the relative value of currencies.

L Funds - The L Funds, or "Lifecycle" funds, use professionally determined investment mixes that are tailored to meet investment objectives based on various *time horizons*. The *objective* is to strike an optimal balance between the expected risk and return associated with each fund. The L Funds' strategy is to invest in an appropriate mix of the G, F, C, S, and I Funds for a particular time horizon, or target retirement date. The investment mix of each L Fund becomes *more conservative* as its target date approaches. The strategy assumes that: The greater the number of years you have until retirement, the more willing and able you are to tolerate risk (fluctuation) in your TSP account value to *pursue higher rates of return*.

Roth vs. Traditional Contributions

With the introduction of Roth, you will potentially have two types of balances in your TSP account: A traditional (non-Roth) TSP balance and a Roth TSP balance. Any agency contributions you receive will always be a part of your traditional (non-Roth) balance. However, you may designate your own contributions any way you like depending on your individual tax circumstances. (**Note:** Money already in your account when you begin making Roth contributions will remain part of your traditional balance. You will not be able to convert it to Roth.)

The table below compares the treatment of the two different types of contributions.

The Treatment of...	Traditional TSP	Roth TSP
Contributions	<i>Pre-tax</i>	<i>After-tax¹</i>
Your Paycheck	Taxes are <i>deferred</i> , so less money is taken out of your paycheck.	Taxes are <i>paid up front</i> , so more money comes out of your paycheck.
Transfers In	Transfers allowed from eligible employer plans and traditional IRAs	Transfers allowed from Roth 401(k)s, Roth 403(b)s, and Roth 457(b)s
Transfers Out	Transfers allowed to eligible employer plans, traditional IRAs, and Roth IRAs ²	Transfers allowed to Roth 401(k)s, Roth 403(b)s, Roth 457(b)s, and Roth IRAs ³
Withdrawals	Taxable when withdrawn	Tax-free earnings if five years have passed since January 1 of the year you made your first Roth contribution, AND you are age 59½ or older, permanently disabled, or deceased

¹ Roth contributions are subject to Federal (and, where applicable, state and local) income taxes, while traditional contributions are not taxed until withdrawn. However, both Roth contributions and traditional contributions are included in the amount of wages used to calculate payroll taxes (e.g., Social Security taxes).

² You would have to pay taxes on any pre-tax amount transferred to a Roth IRA.

³ Transfers to a Roth IRA from a Roth TSP are not subject to the income restrictions that apply to Roth IRA contributions.

Combined Individual/L Funds Monthly Returns (Past 12 Months)

Month	L Income	L 2020	L 2030	L 2040	L 2050	G Fund	F Fund	C Fund	S Fund	I Fund
2017										
Jan	0.61%	1.04%	1.48%	1.70%	1.91%	0.20%	0.23%	1.90%	2.16%	2.89%
Feb	0.77%	1.36%	1.96%	2.25%	2.51%	0.18%	0.71%	3.97%	2.45%	1.44%
Mar	0.33%	0.48%	0.64%	0.71%	0.78%	0.20%	(0.01%)	0.12%	(0.08%)	2.85%
Apr	0.50%	0.76%	1.07%	1.21%	1.34%	0.20%	0.81%	1.03%	1.15%	2.62%
May	0.55%	0.86%	1.22%	1.38%	1.51%	0.19%	0.81%	1.41%	(0.77%)	3.76%
Jun	0.26%	0.35%	0.46%	0.52%	0.58%	0.19%	(0.09%)	0.62%	2.33%	(0.18%)
Jul	0.60%	0.96%	1.42%	1.63%	1.82%	0.19%	0.43%	2.05%	1.11%	2.88%
Aug	0.22%	0.21%	0.19%	0.17%	0.15%	0.19%	0.91%	0.30%	(0.41%)	(0.03%)
Sep	0.60%	1.02%	1.60%	1.87%	2.14%	0.17%	(0.48%)	2.06%	4.26%	2.52%
Oct	0.54%	0.83%	1.27%	1.46%	1.63%	0.19%	0.07%	2.33%	1.41%	1.54%
Nov	0.62%	0.99%	1.55%	1.80%	2.03%	0.19%	(0.11%)	3.07%	2.90%	1.06%
Dec	0.41%	0.57%	0.81%	0.92%	1.00%	0.20%	0.48%	1.11%	0.47%	1.60%
YTD	6.19%	9.86%	14.54%	16.77%	18.81%	2.33%	3.82%	21.82%	18.22%	25.42%
Last 12 mo	6.19%	9.86%	14.54%	16.77%	18.81%	2.33%	3.82%	21.82%	18.22%	25.42%

Percentages in () are negative

Shades of Green Price List

Get prepared for the new Universal Orlando Military Ticket offer!!

"Get 4 DAYS for the Price of 1"

NEW Ticket options include:

Ticket Option #1:

2-Park, 4-Day Park to Park Ticket

Adult	\$179.00	NA
Child (3-9)	\$174.00	NA

Valid for 4 days of admission to Universal Studios Florida™ and Universal's Islands of Adventure™

Ticket Option #2:

3-Park, 4-Day Park to Park Ticket

Adult	\$219.00	\$335.46
Child (3-9)	\$214.00	\$324.81

Valid for 4 days of admission to Universal Studios Florida™, Universal's Islands of Adventure™ and Universal's Volcano Bay Water Theme Park

Tickets are available for use on ANY 4 days between date of purchase and December 31, 2018 with NO blackout dates. Last day to purchase is December 28, 2018 with the last day of use December 31, 2018 when the ticket will expire in full.

Maximum number of tickets per valid military ID is (6). Tickets include four (4) days of admission to select live entertainment venues in Universal CityWalk™. Tickets must be used by the same person on any and all days (Non-Transferable). Tickets are not available for purchase at Universal Orlando theme park front gate ticket windows.

The following qualify to purchase the Universal Orlando Military Promotional Ticket:

- Active or Retired**
- U.S. Military**
- National Guard**
- Reservists**
- U.S. Coast Guard**
- Spouses of Eligible Service Members**
- DoD Civilians**

Value Dates:

FEB 1-15 & 20-28 MAR 1 - 16

Anytime Dates: FEB 16-19, MAR 17-31



	SOG	Gate w/tax
1-Park 1-Day Base Anytime		
Adult	\$128.00	\$132.06
Child (3-9)	\$123.00	\$126.74
1-Park 1-Day Base Value		
Adult	\$114.00	\$117.15
Child (3-9)	\$108.00	\$111.83
2-Park 1-Day Park to Park Anytime		
Adult	\$179.00	\$190.64
Child (3-9)	\$174.00	\$185.31
2-Park 1-Day Park to Park Value		
Adult	\$159.00	\$165.08
Child (3-9)	\$155.00	\$159.75
2-Park 2-Day Base		
Adult	\$202.00	\$234.29
Child (3-9)	\$192.00	\$223.64
2-Park 2-Day Park to Park		
Adult	\$238.00	\$292.86
Child (3-9)	\$229.00	\$282.21
2-Park 3-Day Base		
Adult	\$218.00	\$255.59
Child (3-9)	\$208.00	\$244.94
2-Park 3-Day Park to Park		
Adult	\$253.00	\$314.07
Child (3-9)	\$243.00	\$303.51
2-Park 4-Day Base		
Adult	\$220.00	\$266.24
Child (3-9)	\$211.00	\$255.59
2-Park 4-Day Park to Park		
Adult	\$260.00	\$324.81
Child (3-9)	\$251.00	\$314.16
2-Park 5-Day Base		
Adult	\$227.00	\$276.89
Child (3-9)	\$218.00	\$266.24
2-Park 5-Day Park to Park		
Adult	\$268.00	\$335.46
Child (3-9)	\$259.00	\$324.81
BLUE MAN GROUP		
Adult	\$45.80	\$84.14
Child (3-9)	\$26.00	\$73.49

3-Park 2-Day Park to Park		
Adult	\$276.00	\$335.46
Child (3-9)	\$266.00	\$324.81
3-Park 3-Day Base		
Adult	\$257.00	\$298.19
Child (3-9)	\$247.00	\$287.54
3-Park 3-Day Park to Park		
Adult	\$289.00	\$356.76
Child (3-9)	\$280.00	\$346.11
3-Park 4-Day Base		
Adult	\$258.00	\$308.84
Child (3-9)	\$249.00	\$298.19
3-Park 4-Day Park to Park		
Adult	\$297.00	\$367.41
Child (3-9)	\$288.00	\$356.76
3-Park 5-Day Base		
Adult	\$265.00	\$319.49
Child (3-9)	\$255.00	\$308.84
3-Park 5-Day Park to Park		
Adult	\$304.00	\$378.06
Child (3-9)	\$295.00	\$367.41

SHUTTLE SERVICE TO UNIVERSAL

Adult 12+	\$10.00
Child (4-11)	\$5.00

Departs hotel (Lobby Level) promptly at 8:15am Return trip from Universal 6:30pm

This service is available to registered guests of Shades of Green only. ****Reservations Required**** and are made on a first come, first serve basis. Cannot accommodate scooters

Universal Orlando Ticket Description Key

- Base = 1 park per day
- Park to Park = can visit multiple parks on the same day
- 2, 3, 4, 5-Day all entitlements valid for seven (7) consecutive days to include first day of use. Includes CityWalk™
- 2-Park includes Universal Studios & Islands of Adventure
- 3-Park includes Universal Studios, Islands of Adventure and Volcano Bay
- 1-Day Tickets expire 1 year from purchase date

Prices and entitlements subject to change without notice. All sales are final

CYS student to employee

Former students talk about work experience

By Rachel Selby

Through the years, Pine Bluff Arsenal's Child and Youth Services Center has had many of their former students come back and work as summer camp counselors. Some of these students have even worked as lifeguards at the pool during the summer. Some have gone on to have successful careers here on PBA and elsewhere.

This summer, three former students are working at CYS as summer camp counselors. They are Cameron Girley, Samantha Coats and Morgan Carter.

"When we interviewed for these positions, we called the applicants on the phone. All of them are in college so this was the easiest way for us to get in touch with them," said Debbie Johnson, CYS Coordinator. "When we asked them why they wanted to work for CYS, they said they just wanted to give back what was given to them."

Johnson said the answer they gave means the Arsenal's CYS program did something right. "It gives me chill bumps and makes me almost want to cry thinking about it," she said. "I remember for myself it happened when I was teaching Sunday school with a former teacher. There is a great honor in working alongside someone who helped nurture you."

Girley, who is the son of Charles Girley, Sr., (who works for the Arsenal's Directorate of Chemical and Biological Defense Operations), said he started with CYS when he was in second grade. "It was a bit overwhelming at first coming back to work with the program," he said. "I missed it so much. Getting back with the kids and seeing the other



Morgan Carter



Cameron Girley



Samantha Coats



side as a counselor has made it very fun for me."

Girley is currently a junior at the University of Arkansas at Pine Bluff majoring in business management. He graduated from Dollarway High School in Pine Bluff. "I am not sure what I want to do yet. I would like to have my own business," he said. "I am interested in fashion and clothing."

Once of Girley's aunts, Sandra Scott, currently works for the Arsenal in the Internal Review and Audit Compliance Office, and another aunt, Ann Biley, is retired from PBA.

Missy Brodnax, Family Morale, Welfare and Recreation director, said there is great value to having summer camp counselors or lifeguards who grew up in the CYS program. "They have the benefit of

seeing the program from the perspective of the child and the staff member," she said. "They bring their knowledge of the program with them and can use it as a foundation to enhance an already successful program."

Carter has been working with CYS as a camp counselor for the past three years. "They stole me from the pool," she said. "I worked as a lifeguard for two years, starting when I was 15."

A 2015 graduate of Watson Chapel High School in Pine Bluff, Morgan is currently attending UAPB. "I'm a physical education major and will graduate in December," she said. "After I graduate, I'm planning to work for the Arkansas State Police."

Morgan, who is the daughter of Kristi Huntley (who works for the Arsenal's Health Clinic), said she knows how crazy she drove her camp counselors. "I'm enjoying giving back to the program. I feel bad for my counselors now," she said. "I have been working with the School Age group in the tech lab mostly, but I have also done some of the physical fitness activities."

Working in her first year as a camp counselor, Samantha Coats, said she started in the CYS program when she was three years old. "My degree is centered on kids and I love working with them. I enjoy coming to work every day," she said. "When I was growing up, I have great memories from going to camp, having fun and spending time with the counselors."

Coats is the daughter of Michelle Coats, a former Arsenal Health Clinic employee. Her grandmother, Barbara Miller, is retired from the Food and Drug Administration/National Center for Toxicological Research.

She said she remembers during dress-up days at camp she would wear her CYS shirt and say she wanted to be a counselor. "Now I am finally old enough to be a counselor, I thought why not work here? I just want to have an impact on the kids that are here now the same way my own counselors had on me," said Coats.

A sophomore at Oklahoma State University, Coats is getting her degree in Human Development and Family Science. "There are a lot of possibilities with this type of degree. I am hoping to do children's counselling and maybe branch off and work with military families," she said. "This summer I have been mainly in the School Age room working on different activities – from coloring giant pieces of paper to playing board games and getting the kids ready to go to the pool."

Coats, whose family moved from White Hall to Oklahoma when she was in 8th grade, graduated from Bartlesville (Okla.) High School in 2017. "My grandmother and my aunt still live here in White Hall," she said. "I'm staying with my grandmother while I work here this summer."

Multiple generations of families have come through the CYUS program that began in 1987, according to Brodnax.

"We've seen children grow from infancy to adulthood and then return with their own children," she said. "We are one of the few places on post where a 22-year old employee can truly have 22 years' worth of experience. It's powerful to have that kind of employee ownership. It makes a difference when employees can truly and fully understand the exact needs of their customer because they were a customer first."

SCORES

Continued from Page 2

though a credit score isn't considered, the applicant's credit history is, and an adverse credit history could disqualify you. Therefore, you may want the parent with the cleaner credit history to apply.

As an additional example, if you're looking to open a new credit card with a 0-percent introductory offer to finance a large purchase, having the spouse with the higher credit score apply could increase the chances for approval.

Bottom line: Although getting married won't have a direct impact on your credit, couples' financial lives often become intermingled, and each partner's credit could be important to the relationship's finances. Tracking your scores, understanding what can influence your scores and taking steps to improve your scores can put you in position to make informed financial decisions together.



Commander's Award

Micheal A. Johnson with Pine Bluff Arsenal's Directorate of Material Management was presented a Commander's Award May 14 for his outstanding commitment during the National Guard ICEMP Surge Mission March 19 to April 24, 2018. His dedicated efforts directly lead to over 206 warehouse tasks being completed, 15,672 pieces of material moved and approximately 97 shipping documents process to ensure mission success while simultaneously providing world-class support to day-to-day organic industrial base programs that are critical in supplying vital equipment to the Warfighter. U.S. ARMY PHOTO BY HUGH MORGAN

The signs are all around

it's up to **YOU** to recognize and act on them

Training, Discipline and Standards

Training, discipline and standards are the bedrock of our Army and as Soldiers, you've been taught what right looks like. As leaders, you have a duty and a responsibility to maintain standards in your formation. You also have an obligation to your Soldiers and their families to manage risk and take action to correct problems. In our fight against accidental fatalities, knowledge is the weapon of choice.

Know the signs

DO WHAT'S RIGHT

PRACTICE MOPSEC

Your Trash... Could be an Adversary's Treasure

Cool Breezes Menu

SALADS!	1/3 LB BURGERS!	EXTRAS!
All salads are served with crackers, crostons, and one dressing.	Hamburger \$4.25	Slice Cheese \$0.25
Chef Salad \$5.50 A blend of iceberg and romaine lettuces, with carrots and cabbage. Add in some diced tomatoes, cheese and diced ham. Topped with 3 slices of egg, bacon bits, and two peppercorn peppers.	Combo (with fries) \$5.25	Nacho Cheese \$1.00
Crispy Chicken Salad \$6.50 A blend of iceberg and romaine lettuces, with carrots and cabbage. Add in some diced tomatoes, cheese and chopped fried chicken tenders. Topped with 3 slices of egg, bacon bits, and two peppercorn peppers.	Cheeseburger \$4.50	Chili \$1.00
Ranch, Thousand Island, and Lite Italian dressings available	Combo (with fries) \$5.50	Jalapenos \$0.25
CHICKEN!	OTHER ITEMS!	Extra Meat \$1.50
Chicken Strips (3) \$3.25	Country Fried Steak Sandwich \$4.50	Bacon (2 slices) \$0.75
Combo (with fries) \$4.25	Combo (with fries) \$5.50	Condiments \$0.50
Crispy Chicken Sandwich \$4.25	Polish \$3.00	Salad Dressing \$0.50
Combo (with fries) \$5.25	Combo (with fries) \$4.00	One Egg \$0.50
NEW ITEMS!	Hot Dog \$1.50	Candy Bars \$0.85
Patty Melt \$3.50	Combo (with fries) \$2.50	Chips \$0.60
A hamburger patty with Swiss cheese and sautéed onions on Rye bread!	Frito Pie \$3.50	
Patty Melt Combo (with fries) \$4.50	Nachos \$3.00	SEASONAL ITEMS
Homemade Taco Soup \$3.25	Fries (Regular or seasoned) \$1.35	Pizza Stick \$2.00
Chicken and Dumplings \$3.50	Onion Rings \$1.50	*Ice Cream Cups \$0.60
Occasional Items:	Mozzarella Sticks (4) \$3.00	Vanilla, Chocolate
Homemade Potato Soup \$3.25	Jalapeno Mozzarella Sticks (4) \$3.00	*Ice Cream Sandwich \$1.50
Pound Cake \$1.75	Jalapeno Cheddar Bites (5) \$1.30	Slushies \$1.25
Cornbread \$0.50	Fried Pickles \$2.50	
	Fried Green Beans \$2.50	DRINKS!
	BreezyDog \$2.50 Jalapenos, Pickles, onions and tomatoes	Ooca Cola \$1.75
	Bacon, Egg & Cheese Sandwich \$3.00 4 Slices of Bacon, Cheese, and one egg	Diet Coke \$1.75
	BLT Sandwich \$2.85 4 Slices of Bacon, Lettuce, Tomato	Dr. Pepper \$1.75
	Egg & Cheese Sandwich \$1.75	Mt. Dew \$1.75
	Grilled Cheese \$1.50 2 slices of cheese on white bread	Sprite \$1.75
		Gatorades \$1.50
	Ask for American or Swiss Cheese!	Water \$1.40

Call in your order ahead of time!
(870) 540-3777
Full Menu: Monday - Thursday
1030-1230

New JMC commander visits Holston

By Kathy Cole
HSAAP Public Affairs

KINGSPORT, Tenn. – One week after her assumption of command, Holston welcomed Col. Michelle Letcher, command of U.S. Army Joint Munitions Command, for a visit. Letcher was accompanied on her trip to Holston by Kevin Blake, JMC Chief Industrial Facilities and Investment.

Letcher met with the Holston government staff, followed by the Holston command brief presented by Joseph Kennedy, HSAAP Commander's Representative. A windshield tour of area A was provided as well as a site visit to the A2B Acid Facility. Todd Hayes, BAE Systems, General Manager, also presented a briefing. The purpose for the visit was to highlight Holston's on going modernization projects and to demonstrate Holston's support to current and future forces.

Holston AAP is a government-owned, contractor-operated facility located in Kingsport, Tenn. BAE Systems is the current operating contractor. Since 1942, Holston has produced explosives in support of the Department of Defense.

Holston AAP is a subordinate installation of the Joint Munitions Command. JMC operates a nationwide network of conventional ammunition manufacturing plants and storage depots, and provides on-site ammunition experts to U.S. combat units wherever they are stationed or deployed. JMC's customers are U.S. forces of all military services, other U.S. government agencies and allied nations.



Todd Hayes, General Manager with BAE Systems, Larry Barnett, Production Manager, BAE Systems, JMC Commander Col. Michelle Letcher, and Joseph Kennedy, HSAAP Commander's Representative, take a tour of Holston Army Ammunition Plant facilities. U.S. ARMY PHOTO BY HSAAP

Industry Day



Pine Bluff Arsenal Deputy to the Commander Roch Byrne speaks during Industry Day at the White Hall Community Center June 7. More than 124 attendees participated in the two-day event organized by PBA and the Joint Program Executive Office for Chemical, Biological, Radiological and Nuclear Defense, representing 46 chemical and biological defense companies.



Tours of various production facilities at Pine Bluff Arsenal were offered to participants during a two-day Industry Day event. Above, participants tour the Arsenal's textile production facility.

Pine Bluff Arsenal
Recreation Services

Swimming Lesson Registration Form

Participant's Name: _____ Age: _____

- Please check the sessions that apply to you.
- Sessions are Monday – Thursdays for 2 weeks.
- Sessions are first come, first serve.

DATES	TIMES	Check which one you choose	
June 18- June 28	11:30 – 12:00	\$80 _____	Contact Information Parent / Guardian Name: _____ Address: _____ _____ Email Address: _____ Contact Number: _____ Alternate Number: _____
	12:00 – 12:30	\$80 _____	
July 9- July 19	11:30 – 12:00	\$80 _____	
	12:00 – 12:30	\$80 _____	
July 23- August 2	11:30 – 12:00	\$80 _____	
	12:00 – 12:30	\$80 _____	

Transportation:
 All persons age 16 and up who wish to gain access to the Pine Bluff Arsenal must complete a Pine Bluff Arsenal Background Verification Check. This can either be done at the Pass and ID office, or at Dexter Gate after business hours. Once cleared, drivers may purchase a Sportsman's Pass at the Fitness Center for \$2. This will be your Arsenal access pass. This process is the easiest way to gain access to the Arsenal.

SWIMMING LESSONS ARE NON REFUNDABLE!!

Payments accepted by cash, check or credit card.
 You may mail completed registration along with payment to:
**Pine Bluff Arsenal
 Recreation Services
 16-310 Fleming Drive
 Pine Bluff, AR 71602**
 For more information please call:
 Aquatics Director: 870-540-3621
 Fitness Center: 870-540-3778

**Pine Bluff Arsenal
Swimming Pool Complex**

Swim Season 2018
 Opening Day, 9 June 2018 – Labor Day, 3 September 2018
 Monday – Saturday 1230-1830
 Closed Sundays

Fees:

Active Duty Military - No Charge

Active Duty Family Member:
 Single: \$80 Family: \$100

Retired Military
 Single: \$90 Family: \$110

Dept of Defense Employees/Retirees
 Single: \$110 Family: \$120

Federal Employees (Non-DoD)
 Single: \$130 Family: \$150

Community Civilians / Contractors
 Single: \$260 Family: \$310

Guest Fees: \$5 per person

Babysitter Pass: \$75
Can only be used while accompanying children with a current pool membership.

**Prices are subject to change.*

Family members are defined as individuals who reside with and are supported solely by the sponsor.

Daycares must be scheduled in advance! Contact Aquatics Coordinator at 540-3621!

Pool Passes are non refundable!!
 Please call 540-3778 or 540-3621 for more information!

EAP Corner

Rethink: Before you drink

Courtesy of Pine Bluff Arsenal Employee Assistance Program/Army Substance Abuse Program

Studies confirm direct link between alcohol and cancer. Aside from the well-known issues associated with alcohol consumption, you should know that drinking has a direct relationship with one of the deadliest diseases in the world.

There is strong evidence that alcohol causes cancer at seven sites in the body and probably others. Current estimates suggest that alcohol attributable cancers at these sites make up 5.8 percent of all cancer deaths world-wide. Confirmation of specific biological mechanisms by which alcohol increases the incidence of each type of cancer is not required to infer that alcohol is a cause, (*Jennie Connor, 2016*).

According to the National Cancer Institute, “the risk of developing cancer increases with the amount of alcohol a person drinks”. A new analysis of nearly 600,000 drinkers in 19 high-income countries around the world found that drinking more alcohol is associated with developing all kinds of cancers of the digestive system.

Alcohol consumption is a major risk factor for certain head and neck cancers, particularly cancers of the oral cavity (excluding the lips), pharynx (throat), and larynx (voice box). People who consume 50 or more grams of alcohol per day (approximately 3.5 or more drinks per day) have at least a two to three times greater risk of developing these cancers than nondrinkers. The risks of these cancers are substantially higher among persons who consume this amount of alcohol and also use tobacco products.

Alcohol consumption is a major

risk factor for a particular type of esophageal cancer called esophageal squamous cells, (*International Journal of Cancer, 2007*). Alcohol consumption is an independent risk factor for, and a primary cause of, liver cancer. Chronic infection with hepatitis B virus and hepatitis C virus are the other major causes of liver cancer, (*Clinics in Liver Disease, 2012*).

More than 100 epidemiologic studies have looked at the association between alcohol consumption and the risk of breast cancer in women. These studies have consistently found an increased risk of breast cancer associated with increasing alcohol intake. A meta-analysis of 53 of these studies (which included a total of 58,000 women with breast cancer) showed that women who drank more than 45 grams of alcohol per day (approximately three drinks) had 1.5 times the risk of developing breast cancer as nondrinkers (a modestly increased risk). The risk of breast cancer was higher across all levels of alcohol intake: for every 10 grams of alcohol consumed per day (slightly less than one drink), researchers observed a small increase in the risk of breast cancer, (*Journal of the National Cancer Institute, 2009*).

Alcohol consumption is associated with a modestly increased risk of cancers of the colon and rectum. A meta-analysis of 57 cohort and case-control studies that examined the association between alcohol consumption and colorectal cancer risk showed that people who regularly drank 50 or more grams of alcohol per day (approximately 3.5 drinks) had 1.5 times the risk of developing colorectal cancer as nondrinkers or occasional drinkers. For

NAME _____ OFFICE SYMBOL _____

Rethink Before You Drink

O	V	U	T	C	O	N	S	U	M	P	T	I	O	N
J	N	Y	Q	W	B	Y	L	Z	Q	Q	U	R	M	M
Q	D	C	R	N	E	B	Z	A	F	J	S	F	B	W
U	W	N	E	E	A	D	Y	E	L	B	H	Q	W	P
D	I	Y	T	C	E	V	H	J	I	C	J	O	I	E
R	M	M	H	K	S	L	U	Y	S	P	O	H	D	U
I	G	D	I	N	O	L	O	C	M	P	A	H	V	Z
N	S	A	N	D	P	E	R	C	Q	I	J	O	O	Q
K	L	E	K	F	H	B	R	E	A	S	T	B	N	L
B	B	H	S	A	A	K	K	D	V	N	C	K	G	I
D	Z	D	N	A	G	N	R	N	C	I	C	G	O	A
I	I	D	I	G	E	S	T	I	V	E	L	E	F	X
W	G	T	H	R	A	S	P	V	S	V	A	W	R	N
E	N	I	H	Q	L	X	I	C	S	K	S	M	K	S
U	T	Q	P	W	T	Y	N	D	X	V	S	Q	O	X

DRINK
ALCOHOL
CANCER
RETHINK
RISK
CONSUMPTION
DISEASES
ESOPHAGEAL
COLON
DIGESTIVE
LIVER
BREAST
HEAD
NECK

every 10 grams of alcohol consumed per day, there was a small increase in the risk of colorectal cancer, (*Annals of Oncology, 2012*).

Most of the studies that have examined whether cancer risk declines after a person stops drinking alcohol have focused on head and neck cancers and on esophageal cancer. In general, these studies have found that stopping alcohol consumption is not associated with immediate reductions in cancer risk; instead, it may take years for the risks of cancer to return to those of never drinkers.

In several studies, the risk of esophageal cancer was also found to decrease slowly with increasing time since stopping alcohol drinking. Studies found that the risk of

esophageal cancer did not approach that of never drinkers for at least 15 years after stopping alcohol drinking, (*International Journal of Cancer, 2007*).

Drinking even moderate amounts of alcohol can and will do some lasting damage to your system if you're not careful. Of course, almost everyone is going to have a drink here and there.

If you think you have a problem with alcohol or any other substance, Pine Bluff Arsenal's Employee Assistance Office staff are here to help. We offer a safe and confidential place to discuss concerns, challenges, and strategies for managing difficulties in life. Our office is located at Building 13-040, and our phone number is 870-540-3094.

CYS Summer Camp 2018



Eli Blackledge, Grady Martin and Elijah Watson enjoyed bowling at Millennium Bowl in North Little Rock.



CYS Summer Camp Counselor Adam Gibson shows Korbin Baird, Taylah Williams, Josh Ward, Tre Jamison, Grace Shelby, Emily Shelby, Nira Pugh, Jessa Milburn, Ansley Howson and Chloe Wynne how to make a tornado during a science experiment with the school age group.

.....
U.S. Army photos by PBA Child and Youth Services
.....



Kayleigh Wynne, Morgan Burnett and Aileen Parades enjoy a game of cards in the middle school/teen room during an afternoon at CYS Summer Camp.



Trinity Hagood helps out the camp counselors by unwinding all the headphones in the school age room.



Pine Bluff Arsenal's Child and Youth Services Summer Camp school age group enjoyed "The Incredibles 2" during a recent movie outing.



Audriunna Peterson, Morgan Burnett and Emme Peters participate in an engineering activity that involved building and flying paper airplanes.



Gauge Storz looks like he is ready for swimming. Going to the Arsenal pool is a favorite activity during CYS Summer Camp.

Safety Corner

Safety first: Learning to deal with heat waves

Courtesy of PBA Directorate of Risk Management and Regulatory Affairs-Safety Division

In recent years, excessive heat has caused more deaths than all other weather events, including floods. A heat wave is a prolonged period of excessive heat, generally 10 degrees or more above average, often combined with excessive humidity.

You will likely hear weather forecaster's use these terms when a heat wave is predicted in your community:

Excessive Heat Watch - Conditions are favorable for an excessive heat event to meet or exceed local excessive heat warning criteria in the next 24 to 72 hours.

Heat Advisory - Heat index values are forecasting to meet locally defined advisory criteria for 1 to 2 days (daytime highs= 100-105° Fahrenheit).

Excessive Heat Warning - Heat index values are forecasting

to meet or exceed locally defined warning criteria for at least 2 days (daytime highs= 105-110° Fahrenheit).

What to do before a heat wave

- Listen to local weather forecasts and stay aware of upcoming temperature changes.

- Be aware of both the temperature and the heat index. The heat index is the temperature the body feels when the effects of heat and humidity are combined.

- Discuss heat safety precautions with members of your household. Have a plan for wherever you spend time—home, work and school—and prepare for power outages.

- Check the contents of your emergency disaster kit in case a power outage occurs.

- Know those in your neighborhood who are elderly, young, sick or overweight. They are more likely to become victims of excessive



heat and may need help.

- If you do not have air conditioning, choose places you could go to for relief from the heat during the warmest part of the day (schools, libraries, theaters, malls).

- Be aware that people living in urban areas may be at greater risk from the effects of a prolonged heat wave than are people living in rural areas.

- Get trained in first aid to learn how to treat heat-related emergen-

cies.

- Ensure that your animals' needs for water and shade are met.

What to do during a heat wave

- Listen to a NOAA Weather Radio for critical updates from the National Weather Service (NWS).

- Never leave children or pets alone in enclosed vehicles.

- Stay hydrated by drinking plenty of fluids even if you do not

feel thirsty. Avoid drinks with caffeine or alcohol.

- Eat small meals and eat more often.

- Avoid extreme temperature changes.

- Wear loose-fitting, lightweight, light-colored clothing. Avoid dark colors because they absorb the sun's rays.

- Slow down, stay indoors and avoid strenuous exercise during the hottest part of the day.

- Postpone outdoor

games and activities.

- Use a buddy system when working in excessive heat.

- Take frequent breaks if you must work outdoors.

- Check on family, friends and neighbors who do not have air conditioning, who spend much of their time alone or who are more likely to be affected by the heat.

- Check on your animals frequently to ensure that they are not suffering from the heat.



Lorie Castleberry, far left, and Becky Simmons, center, with the Bluff Center Chapter of Federally Employed Women present a \$500 scholarship check to Devin Whiteside, a White Hall High School graduate. Devin, who received the scholarship after writing a winning essay titled "What Qualities Make a Good Leader in Today's Society," is pictured with her mother, Yolanda Whiteside. U.S. ARMY PHOTO/FEW

FEW chapter presents scholarship

The June meeting of Bluff Center Chapter of Federally Employed Women was held June 27 at FDA Jefferson Labs. The program included the presentation of our annual scholarship to a graduating high school senior.

Our scholarship committee consisted of Dee Jermon and Ginger McDaniel who were responsible for advertising, collecting applications, and selection of judges. We had four qualifying applicants this year which

included Jerica Bell, Allison Herrin, James Luke Reed, and Devin Whiteside. The applicants were judged on GPA, school and community activities, and an essay.

All applicants and their parents were invited to the meeting. First Vice President, Lorie Castleberry presented a certificate and check for \$500 to Devin Whiteside, a graduate of White Hall High School, who will be attending the University of Arkansas.

DID YOU KNOW?

The one year pilot program that afforded Department of the Army civilians and non-appropriated funds employees the same reporting options as active duty service members is no longer available. The pilot, which began January 5, 2017 and was extended through March 8, 2018 is obsolete. Civilians are not eligible for restricted reporting through military channels. "DACs seeking guidance from SHARP personnel will be referred to community based crisis services and support organizations." Although, services are limited to civilians, SHARP advocates can provide training and referral services. They can also accompany civilian employees to an off-post medical center for care. Providing continuing support and ensuring that all victims are treated with dignity and respect is a top priority.

Restricted and unrestricted reporting options are available to service members and their family members who are over the age of 18. Filing a restricted or unrestricted report is the victim's choice. "Victims have the right to independently determine whether to accept the offer of VA services." Medical treatment and support services are available under both reporting options. However, when an unrestricted report is filed, law enforcement is notified and an investigation begins.

A restricted report made to a sexual assault response coordinator, victim advocate or medical personnel does not trigger an investigation. The victims receive full advocacy services while keeping the case confidential. A restricted report can be filed upon the victim's request and changed to an unrestricted report at any time.

Help is available 24-hours a day, seven days a week by calling the SHARP Hotline at 870-209-4093. The Department of Defense Safe Helpline is 877-995-5247.

STAY SHARP

For more information, contact your local SHARP Program, Damaris Powe at [870-540-3092/damaris.sullivan-powe.civ@mail.mil](mailto:damaris.sullivan-powe.civ@mail.mil)

Small effort makes big difference with boating safety

Courtesy of the National Safety Council (www.nsc.org)

Each year, about 74 million Americans engage in recreational boating, according to government research. Most boating experiences are positive – the stuff memories are made of. But the most joyful times quickly can turn deadly if boaters are not vigilant about safety – at all times.

One of three things usually happens when a good day on the water turns tragic, according to the U.S. Coast Guard:

- A passenger falls overboard
- A boat capsizes
- A boat collides with another boat or object

In 2015, the U.S. Coast Guard counted 4,158 boating incidents that involved 626 deaths, 2,613 injuries and about \$42 million of damage to property. Compared to 2013, the Coast Guard found:

- The number of incidents increased 0.05%
- The number of deaths increased 8.9%
- The number of in-

juries increased 2.2%

Just wear it

Life jackets are the lifeblood of safe boating. The U.S. Coast Guard reports 78 percent of boating deaths in 2014 were due to drowning, and 84 percent of the victims were not wearing a life jacket.

The good news is, comfortable – and stylish – Coast Guard-approved life jackets are widely available. The Wear It campaign promotes boating safety by encouraging boaters to wear life jackets all the time.

Before setting sail, review a pre-departure checklist to ensure you have everything you need in your boat, including a tool box and first-aid kit. Once on the water, use common sense. In a split second, a situation can arise or the weather can turn.

If you notice storm clouds, a sudden temperature drop or wind speed increasing, the best advice is to play it safe. Get off the water.

Get educated, reduce

risks

The National Safe Boating Council promotes safer recreational boating through education, outreach and training.

In 2015, Coast Guard data indicates 71 percent of deaths occurred on boats where the operator had no boating safety instruction. By comparison, 15 percent of deaths occurred where the operator had received a nationally approved boating safety education certificate.

To further reduce risk, the Coast Guard offers these tips:

- Don't drink: Alcohol affects judgment, vision, balance and coordination.

- Take a safety course: Seven out of 10 boating incidents are caused by operator error.

- Get a free vessel safety check.

- Know about carbon monoxide; this odorless, colorless poisonous gas is emitted by all combustion engines and onboard motor generators.

The extra effort that goes into taking these



kinds of precautions will help create fun-filled adventures for you and your family on the water.

Skiing, tubing and wake-boarding are popular water sports, but they also can be dangerous. The U.S. Coast Guard reports water skiing ranked fifth in recreational boating accident types in 2014. Eight people were killed and 305 were injured in 202 separate accidents.

Nationwide Children's Hospital says wakeboarders are more likely to have a traumatic brain injury than

water skiers. The hospital offers this safety checklist for safe water skiing and wakeboarding:

- Learn how to get up out of the water and how to safely use the tow rope

- Always have a spotter in the boat, and go over basic hand signals

- Be sure the boat operator is licensed and experienced with the boat and the body of water

- Only water ski and wakeboard during daylight

- Always wear a Coast Guard-approved life jacket

Coast Guard data shows 34 people were killed and 592 injured using personal watercraft in 2014, ranking second behind motorboat injuries and deaths (1,672). Canoe and kayak incidents were listed fourth, at 256.

Discover Boating published a list of 10 tips for safety in boating and water sports, including

- Never go swimming or diving alone.
- Supervise children at all times.

- Let people know where you are going.

- Follow the rules of the lake, river or sea.

Do You Remember??



Remember when....The 752nd Explosive Ordnance Detachment unit stationed at Pine Bluff Arsenal returned from an active duty mission to Iraq in June 2006. Soldiers were greeted at the gate by Old Glory as it flew high from the Arsenal's fire department trucks. U.S. ARMY ARCHIVE PHOTO BY RACHEL (NEWTON) SELBY--2006

Army secretary talks modernization, readiness during trip to Kuwait

CAMP ARIFJAN, Kuwait -- Secretary of the Army Mark T. Esper toured an Army Prepositioned Stocks-5 warehouse managed by the 401st Army Field Support Brigade here, June 21.

"It's always good to get out of the Pentagon, come out and find out what is really happening on the ground," Esper said. "I just get a lot of good feedback that I can take back to Washington D.C. that we can then weigh out in regard to policy changes, process changes or other things that really require attention."

Esper got the opportunity to get a close look at the materiel readiness within APS-5, and talk about his overall Army vision for modernization.

"We have to modernize what we have now," Esper said. "Much of it, while it has been upgraded over the years, it is still the force that entered the Army when I entered the Army in the 1980s."

The Army's six mod-

ernization priorities include long-range precision fires, next generation of combat vehicles, future vertical lift platforms, Army network, air and missile defense capabilities, and Soldier lethality.

"We are in the process of doing that now with regard to our research and development, our prototyping and, in some cases, the early procurements we are starting to make based on the six Army modernization priorities," Esper said.

"The challenge for Army Materiel Command is to make sure that we can sustain high operational readiness rates," he said. "That we can get the industrial base cranked up again to supply those long needed items and I know that that is a priority for us in D.C., and that's a priority for AMC to make sure that we can maintain these units and make sure we sustain their readiness."

Esper spoke with 401st Army Field Sup-

port Brigade leadership about how the brigade is currently modernizing its processes to increase readiness of combat equipment and effectiveness of forward combat power.

"How we operationalize this equipment is just as important as the equipment itself," said Lt. Col. Christopher Garvin, commander, Army Field Support Battalion-Kuwait. "We're modernizing our processes so we can increase lethality and how quickly we can move that forward."

Army looks at modernizing depots

WASHINGTON -- The Army's depots, arsenals and ammunition plants are a key component of force readiness, said Lt. Gen. Aundre Piggee. He also said a holistic assessment is underway to modernize those facilities.

Piggee, the Army's G-4 or deputy chief of staff for logistics, testified June 28 before the House Armed Services Committee's readiness subcommittee during a hearing on Army and Marine Corps depot policy issues and infrastructure concerns.

The Army's organic industrial base is a \$14 billion enterprise of 23 ammunition plants, depots and manufacturing arsenals, Piggee said. "When the force needs equipment or parts manufactured or repairs upgraded, the OIB delivers," he said.

Some of the facilities date back to World War II though, he explained.

"We have aging, failed and failing facilities," Piggee said. "We've invested close to a billion dollars over the last 10 years to modernize our facilities as well as our equipment."

The Army has a near-term plan to invest almost \$400 million in its organic industrial base, he said. The service is also in the process of a long-term holistic assessment to prioritize modernization of its OIB facilities through 2030.

The assessment will conclude sometime after the first of the calendar year, he said.

"Our goal is to eliminate that old, failed or failing infrastructure as we modernize across all of our 23 depots throughout the OIB," he said.

Some state-of-the-art facilities have already been built.

Piggee discussed a new Center of Excellence for Additive and Advanced Manufacturing -- commonly referred to as 3-D printing -- that the Army is establishing at the Rock Island Arsenal Joint Manufacturing and Technology Center in Illinois.

"They will develop techniques, processes and procedures that they will be responsible to proliferate throughout the Army where we can

take advantage of this additive manufacturing and other machine-learning with the intention of reducing workload, becoming more efficient and taking advantage of today's technology," Piggee said.

Already 16 of the Army's arsenals and depots have some 3-D printing capability, he told members of Congress.

"When our supply chain is not able to provide necessary repair parts in a timely manner, we found we can 3-D print parts. That reduces the amount of time we wait for our supply system," Piggee said.

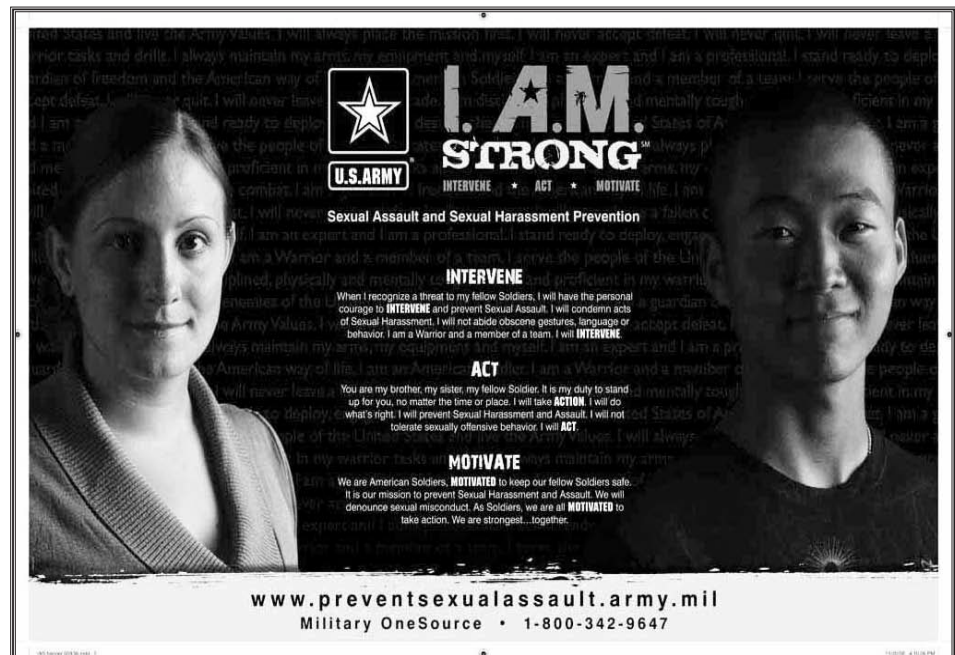
For instance, Anniston Army Depot in Alabama has incorporated an additive process to repair Abrams tank compensating suspension arm parts, saving 39 weeks in lead time and saving costs in parts.

"We've also found that we can 3-D print special tools in some cases, again allowing us to be more effective and efficient in production of our supply chain," Piggee told members of Congress.

The Army's Armament Research, Development & Engineering Center headquartered at Picatinny Arsenal, New Jersey, has developed a rapid fabrication system for additive manufacturing on the battlefield to create repair parts, specialty tools, and other critical items. This process won the Army's FY17 Maj. Gen. Harold J. Greene Award for Innovation.

"Increased readiness is the bottom line of the Army's initiative to incorporate additive and advanced manufacturing throughout our organic industrial base," said Mark Morrison, Army Materiel Command's director of Industrial Base and Infrastructure Planning.

The Additive and Advanced Manufacturing Center of Excellence at Rock Island Arsenal will link five lines of effort to increase readiness, said Dr. Bernard Goodly, AMC's Industrial Base Capabilities Division chief. Those lines of effort are research and development, manufacturing, fielding and sustainment.



Swimming lessons



Faith Hiserodt is enjoying her second year of swimming lessons with Lifeguard Ashley Clark at the Pine Bluff Arsenal swimming pool. Her mother, Laura Hiserodt, who works for the Arsenal's Directorate of Engineering and Technology, said even though she took lessons last year, she was initially hesitant about taking them again. "When I picked up Faith from Child and Youth Services on her first day she couldn't stop smiling. She was so excited to tell me all about it, "Mom, I got water in my face and didn't even cry." PHOTO SUBMITTED

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