



March 22, 2019  
Vol. 12, No. 06

# The Real McCoy®

Published for Fort McCoy, Wis. — Proudly Serving America's Army Since 1909

## UH-60 ops

An aircrew with the 1st Battalion, 147th Aviation Regiment of the Wisconsin National Guard at Madison operates a UH-60 Black Hawk helicopter March 11 at Fort McCoy.

Members of the unit regularly complete training operations at Fort McCoy and the unit also supports numerous training events at the installation each year.

According to the Army, the Black Hawk's mission is to provide air assault, general support, aeromedical evacuation, command and control, and special operations support to combat, stability, and support operations.

*Photo by Scott T. Sturkol*



## IMCOM transitions to Army Materiel Command

BY SUSAN A. MERKNER

*Installation Management Command Public Affairs*

JOINT BASE SAN ANTONIO-FORT SAM HOUSTON, Texas — Installation Management Command (IMCOM) was formally acknowledged as a major subordinate command of Army Materiel Command (AMC) during an assumption-of-authority ceremony March 8 at Joint Base San Antonio-Fort Sam Houston, Texas.

The transition establishes unity of command and effort on installations; improves the readiness of Soldiers and formations; and strengthen the well-being of Soldiers, civilians, and families.

The move, part of the Army's aggressive ongoing reforms, was effective March 1 to free up resources for readiness and modernization efforts and to improve overall efficiency.

Gen. Gus Perna is commanding general of Army Materiel

Command, based at Redstone Arsenal, Ala. Lt. Gen. Bradley A. Becker, IMCOM commanding general, continues to serve from Fort Sam Houston, Texas.

No military or civilian personnel moves are expected at this time due to the realignment. IMCOM has 50,000 employees worldwide.

Perna said Army installations play a vital role in establishing military might and sustaining troops and praised IMCOM professionals for their work.

"The realm of responsibility you have is incredible," Perna said. "We are very grateful for what you have done."

Becker thanked AMC leaders for their recent support.

"There is real value in having a higher headquarters," Becker said. "We think alike, and we share a culture of service."

IMCOM is the 10th command aligned under AMC. Its realignment reinforces the Army's priority of readiness, ensuring all installations are postured to provide the best

support, services and facilities.

AMC performs installation support and service functions, from management of installation power-projection platforms to installation contracting services.

This realignment consolidates base operations and other similar support functions under one command and leverages the Army's existing expertise in logistics, sustainment and services.

This effort is one of the ongoing reforms of management and headquarters to make the Army as efficient as possible and ensure the prioritization of resources to readiness and modernization.

The Army continues to focus on reform to modernize the force and increase lethality in support of multidomain operations.

Learn more about Installation Management Command by visiting <https://home.army.mil/imcom>.

**Inside  
This  
Edition:**

**Fort McCoy  
people earn  
awards  
Pages 2-3**



**CWOC  
training  
continues  
Pages 4-6**



**379th Chemical  
Company  
training  
Page 9**



**Spring  
safety  
addressed  
Page 11**



## NEWS

# Fort McCoy's The Real McCoy Online, Public Affairs staff earn 2018 IMCOM-level, DOD recognition

The U.S. Army Installation Management Command (IMCOM) recently announced results of the 2018 IMCOM-level Maj. Gen. Keith L. Ware Communications Awards Competition.

Thirty-five judges from across IMCOM helped select winners from Army garrisons around the world in more than 130 submissions in print, graphic arts, community engagements, and broadcast categories. Additionally, IMCOM is one of the largest commands in the Army.

Fort McCoy was recognized with a second place (runner-up) finish in Category C: Digital Publication (Unit Category) for The Real McCoy Online.

Significant contributors for this award included Scott T. Sturkol, Aimee Malone, Theresa R. Fitzgerald, Bill Coppernoll, and Tonya Townsell with the Fort McCoy Public Affairs Office.

Sturkol serves as the newspaper editor/public affairs specialist, and Malone serves as editorial assistant/staff writer.

The Nov. 23, 2018, edition of The Real McCoy Online was the issue submitted for the award.

The edition included stories about training at Regional Training Site-Medical and the post's Cold-Weather Operations Course, the garrison commander's first six months at Fort McCoy, the installation Native American Heritage Month observance, Veterans Day activities, Fort McCoy history, and more.

Malone also was recognized in one other category. She earned a third-place finish in Category D, Feature Photo. Malone's photo, titled "The Doodler," featured Illustrator Jason Gerke drawing a caricature for a Fort McCoy summer camper Aug. 30, 2018, at the Fort McCoy Youth Center.

The Maj. Gen. Keith L. Ware Communications Awards Competition recognizes Soldiers and Department of the Army civilian employees for excellence in achieving the objectives of the Army Public Affairs Program, according to the competition website, [www.army.mil/klw](http://www.army.mil/klw).

On behalf of the Secretary of the Army, the Office of the Chief of Public Affairs conducts the competition annually to recognize, cultivate, and inspire excellence within the Army public affairs community.

The competition also aligns as closely as possible with the annual Defense Media Awards, establishes competition criteria, and provides the Army with guidance for recognizing the most notable work of its public affairs professionals.

The Real McCoy Online earned first place in the same category in 2017, earned third place in the competition in 2015 and 2016, and also



Photo by Fort McCoy Public Affairs Office

This is a screenshot of the Nov. 23, 2018, edition of The Real McCoy Online, which earned a second-place finish in the 2018 Installation Management Command Keith L. Ware Communications Awards competition.

had a second place in 2014. The online edition earned similar placings in past years as well. Both of Fort McCoy's award placings moved up to compete at Army-level competition.

The Fort McCoy Public Affairs Office also received recognition throughout 2018 through the Defense Visual Information Distribution Service (DVIDS).

The office earned monthly trophies for "Most Uploads by a Unit" in January, February, March, April, May, June, August, September, October, and December, ensuring the office had the most uploads for all of 2018 to DVIDS in all of the Department of Defense (DOD).

Sturkol also earned "Most Uploads by a Storyteller" on DVIDS in 2018 from January to October and in December, also the most in DOD for the year.

The Fort McCoy Public Affairs Office also has earned the same DVIDS trophies for January and February 2019.

For more information about The Real McCoy Online or The Real McCoy newspaper, go to <https://home.army.mil/mccoy> or call 608-388-4128.

(Article prepared by the Fort McCoy Public Affairs Office.)



Photo by Aimee Malone

Illustrator Jason Gerke, also known as "The Doodler," draws a caricature for a Fort McCoy summer camper Aug. 30, 2018, at Child and Youth Services' School Age Center/ Youth Center. This photo earned a third-place finish in the feature photo category for the 2018 Installation Management Command Keith L. Ware Communications Awards.

## NEWS

# DPW Natural Resources Branch earns USFWS award

The Fort McCoy Directorate of Public Works Environmental Division Natural Resources Branch was recently awarded the U.S. Fish and Wildlife Service Military Conservation Partner Award.

“On behalf of the U.S. Fish and Wildlife Service (USFWS), I congratulate you on your selection as the recipient of our 15th annual Military Conservation Partnership Award,” wrote Assistant USFWS Director for Fish and Aquatic Conservation David Hoskins in a letter to Fort McCoy’s senior commander, 88th Readiness Division Commanding General Maj. Gen. Jody J. Daniels announcing the award.

“This award recognizes significant natural resource management achievements by military installations, particularly the conservation of important wildlife and their habitats through cooperative work with the (USFWS) and other partners.

“Fort McCoy is an outstanding example of the conservation contributions that military installations make across the nation,” the letter states.

New NRB Chief Tim Wilder, who was previously the endangered species biologist for Fort McCoy, said many efforts contributed to his team earning the award.

“This is a reflection of the team effort — the many partners it takes to be successful in managing the myriad of resources entrusted to our care,” Wilder said.

The team, Wilder said, includes everyone within the Natural Resources Branch including former NRB Chief Mark McCarty who recently retired); all of the employees working on the installation through Colorado State University Center for Environmental Management of Military Lands agreement who completed much of the on-the-ground work; Directorate of Plans, Training, Mobilization and Security personnel; volunteers; and USFWS and Wisconsin Department of Natural Resources (WDNR) employees who either assisted with surveys or worked behind the scenes to ensure funding was secured for projects.

“We are very proud of the positive relationship we have with both the USFWS and WDNR,” Wilder said.

“The relationship has been built over many years and is based on trust. They trust us to do what we



Photo by Scott T. Sturkol

**(Above) A crew with the Wisconsin Department of Natural Resources works to remove the West Silver Wetland Dam along Silver Creek on July 13, 2017, at Fort McCoy. (Right) An up-close view of the Karner blue butterfly, which is an endangered species that has thrived at Fort McCoy. Both the removal of the dam and the care for listed species were among the reasons the Directorate of Public Works Environmental Division Natural Resources Branch earned the U.S. Fish and Wildlife Service Military Conservation Partnership Award.**



Photo by Tim Wilder/Directorate of Public Works Environmental Division Natural Resources Branch

say we will do. It is always gratifying to be recognized for the work you do — especially when that recognition comes from one of the agencies responsible for overseeing that work.”

The USFWS recognized those Fort McCoy relationships as well.

“Your partnerships with the (USFWS) and the state of Wisconsin are protecting and restoring four federally and 33 state-listed species,” Hoskins’ letter states. “Aggressive habitat restoration and management activities on Fort McCoy are providing conservation benefits that reach beyond the installation fence line.

Fort McCoy completed 107 high-priority projects scheduled during

the most recent annual conservation planning review, exceeding a 98 percent completion rate.

“Recently, your Natural Resources Branch partnered with the (USFWS) and WDNR to remove the failing West Silver Wetland Dam and completed over a half mile of stream habitat enhancement,” the letter states. “Fort McCoy has met recovery goals for Karner blue butterfly and, through partnerships with the (USFWS) and WDNR, is ensuring continued progress toward delisting.

“We are moved by your efforts to provide hunting and fishing opportunities for youth and disabled people,” the letter further states. “Because of your commitment,

you are successfully conserving rare species and providing robust outdoor recreation programs to the public, all while achieving success in your military mission.”

In the awards submission letter, other efforts by NRB were also noted.

Some of those additional efforts include supporting research projects, such as:

- a grasshopper sparrow geolocator study looking at determining migration routes and over-wintering locations.
- research looking at the fungal relationships between Pennsylvania sedge and surrounding vegetation.
- a snake fungal disease study.
- western slender glass lizard

research aiming to understand chemical signaling and divergence among isolated populations.

- prairie fame flower DNA sequencing.

- research dealing with conspecific attraction as a management tool for endangered and at-risk species.

“The golden-winged warbler, a species currently undergoing a status review, was one of the target species of this research,” Wilder said.

A presentation date for the USFWS award is being planned for later in 2019.

*(Article prepared by the Fort McCoy Public Affairs Office and the Directorate of Public Works Environmental Division Natural Resources Branch.)*

## NEWS

# Army Rangers complete training in cold-weather ops course

BY SCOTT T. STURKOL

Public Affairs Staff

More than two dozen Army Rangers with battalions from the 75th Ranger Regiment bolstered their skills in cold-weather operations during training Feb. 21 to March 6 at Fort McCoy.

The Soldiers were part of the 14-day Cold-Weather Operations Course Class 19-05, which was organized by Fort McCoy's Directorate of Plans, Training, Mobilization and Security and taught by five instructors with contractor Veterans Range Solutions.

The Rangers received classroom training on various subjects, such as preventing cold-weather injuries and the history of cold-weather military operations. In field training, they learned about downhill and cross-country skiing, snowshoeing, ahkio sled use, and setting up cold-weather shelters, such as the Arctic 10-person cold-weather tent or an improvised shelter.

"Building a shelter among other Soldiers and being able to stay warm throughout the night was one of the best things I learned in this course," said Sgt. Paul Drake with the 3rd Battalion of the 75th at Fort Benning, Ga. "This training also helped me understand extreme cold weather and how to conserve energy and effectively operate while wearing the Extended Cold Weather Clothing System (ECWCS) uniform properly."

The Army ECWCS features more than a dozen items that are issued to Soldiers, said Fort McCoy Central Issue Facility Property Book Officer Thomas Lovgren. The system includes a lightweight undershirt and underwear, midweight shirt and underwear, fleece jacket, wind jacket, soft shell jacket and trousers, extreme cold/wet-weather jacket and



Photo by Joe Ernst/Cold-Weather Operations Course staff

**Students in the Cold-Weather Operations Course Class 19-05, which included many Soldiers from the 75th Ranger Regiment, practice cross-country skiing with two instructors Feb. 25 at Fort McCoy.**

trousers, and extreme cold-weather parka and trousers.

"It's a layered system that allows for protection in a variety of climate elements and temperatures," said Lovgren, whose facility has provided ECWCS items for Soldiers since the course started. "Each piece in the ECWCS

fits and functions either alone or together as a system, which enables seamless integration with load-carrying equipment and body armor."

In addition to many of the Rangers praising the course's ECWCS training, many also praised the field training.

"Living out in the cold for seven days and sleeping in shelters makes me more competent to operate in less-than-optimal conditions," said Sgt. Austin Strimeros with the 2nd Battalion of the 75th at Joint Base Lewis-McChord, Wash. "Other good training included becoming confident with using the Arctic tents and the heaters and stoves and learning about cold-weather injuries and treatments.

"Also, the cross-country skiing and the trail area we used were awesome," Strimeros said.

During training, the students experienced significant snowfall and below-zero temperatures. Spc. Jose Francisco Garcia, also with the 2nd Battalion of the 75th, said the winter extremes, along with Fort McCoy's rugged terrain, helped everyone build winter-operations skills.

"The best parts of this course is the uncomfortable setting that Fort McCoy confronts the Soldiers with during this kind of weather," Garcia said. "This makes us think critically and allows us to expand our thought process when planning for future cold-weather

operations. It also helps us to understand movement planning, what rations we need, and more."

Spc. Stephen Harbeck with the 1st Battalion of the 75th at Hunter Army Airfield, Ga., which is near Fort Stewart, said enjoyed the training, including cold-water immersion training. Cold-water immersion training is where a large hole is cut in the ice at the post's Big Sandy Lake by CWOC staff, then a safe and planned regimen is followed to allow each participant to jump into the icy water.

"The experience of a service member being introduced to water in an extreme-cold environment is a crucial task for waterborne operations and confidence building," said CWOC instructor Joe Ernst.

"The best things about this course are the training about fire starting, shelter building, and the cold-water immersion," Harbeck said. "CWOC has helped me understand the advantages and disadvantages of snow and cold weather. Everything we learned has equipped me with the knowledge to operate in a cold-weather environment."

By Army definition, units like the 75th are a large-scale special-operations force and are made up of some of the most elite Soldiers in the Army. Rangers specialize in joint special operations raids and more, so gaining training to operate in a cold-weather environment adds to their skills.

"Learning about and experiencing the effects of cold weather on troops and equipment as well as learning about troop movements in the snow are skills I can share with Soldiers in my unit," said Cpl. Justin Galbraith, also with the 2nd Battalion of the 75th. "It was cold, and it snowed a lot while we were here. So ... it was perfect."

Other field skills practiced in the training by the Rangers included terrain and weather analysis, risk management, developing winter fighting positions in the field, camouflage and concealment, and more.

"This course has given me insight on how to conduct foot movements, survive in the elements, and more," said Sgt. 1st Class Benjamin Bowman with the 3rd Battalion of the 75th. "It's also helped me establish the (basis) for creating new tactics, techniques, and procedures for possible upcoming deployments and training situations."

This course is the fifth of six CWOC classes being taught between December 2018 and March.

"Fort McCoy is a good location for this training because of the weather and snowfall," said Spc. Clay Cottle with the 2nd Battalion of the 75th. "We need to get more Rangers into this course."

*(Note: Male CWOC students are provided a command-approved modified grooming waiver during training to help prevent cold-weather injuries because of multiple days of field training.)*

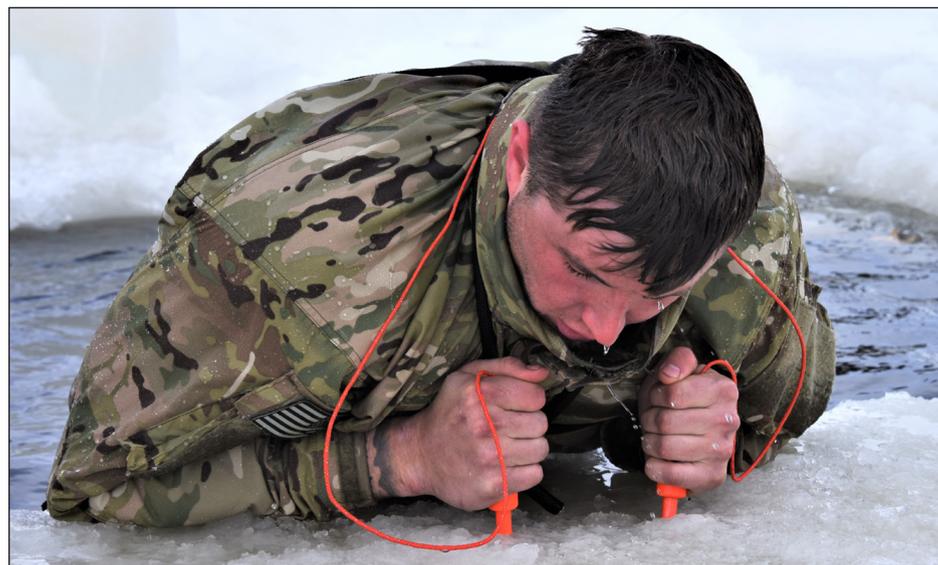


Photo by Scott Farley/Fort McCoy Multimedia-Visual Information Office

**A student participates in cold-water immersion training March 5 at Big Sandy Lake on South Post at Fort McCoy.**

NEWS

# Cold-Weather Operations Course Class 19-06 conducts training



*Photos by Scott T. Sturkol*

Students in Cold-Weather Operations Course (CWOC) Class 19-06 set up a bivouac site with Arctic tents March 15 on a North Post training area at Fort McCoy. Class 19-06 is the last class training in the course for the 2018-19 training season, which started in December. CWOC students are trained on a variety of cold-weather subjects, including snowshoe training and skiing as well as how to use ahkio sleds and other gear. Training also focuses on terrain and weather analysis, risk management, cold-weather clothing, developing winter fighting positions in the field, camouflage and concealment, and numerous other areas that are important to know in order to survive and operate in a cold-weather environment. The training is coordinated through the Directorate of Plans, Training, Mobilization and Security.



Students in Fort McCoy Cold-Weather Operations Course Class 19-06 start their skiing orientation and familiarization March 11 at Whitetail Ridge Ski Area at Fort McCoy.

**OBSERVANCES****Women's History Month:****Many women among those completing arduous CWOC training****STORY & PHOTOS BY SCOTT T. STURKOL***Public Affairs Staff*

During March each year, the Department of Defense and the Army recognize the accomplishments of women in support of military service and more during Women's History Month.

At the same time, each March at Fort McCoy since 2017, women have been training in the Cold-Weather Operations Course (CWOC) on post, enduring 14 days of physical training in the cold and snow of Wisconsin.

Dozens of women have been among the course graduates, and they've all done well, said Bill Hamilton, lead CWOC instructor, who works for contractor Veterans Range Solutions, which supports the Directorate of Plans, Training, Mobilization and Security, or DPTMS.

"The course isn't easy," Hamilton said. "Students must work together to complete training tasks that are demanding, both mentally and physically."

In each class during the 2018-19 training cycle for CWOC, many women have said the CWOC was a challenge they enjoyed.

"Through this course, I challenged my limits with exposure to colder temperatures," said Pfc. Myriah Miller with the 824th Engineer Battalion of the Wisconsin National Guard at Spooner. Miller was a student in CWOC Class 19-02.

"This course (gave) me better insight to my strengths as a Soldier," Miller said. "I accepted each task and acted as a squad leader to help guide a squad of Soldiers through icy terrain."

In each session of CWOC training, students traverse through hilly terrain for dozens of miles on post. Student learn about skiing and



**Women participating in Cold-Weather Operations Course Class 19-03 build an improvised shelter on a North Post training area Jan. 17 at Fort McCoy.**

snowshoeing, building improvised shelters and using ahkio sleds and an Arctic 10-person cold-weather tent. They also learn about terrain and weather analysis, risk management, cold-weather clothing use, developing winter fighting positions in the field, camouflage and concealment, and more.

"Skiing was a great challenge for me too because I get a little shaky when it comes to heights, but I nailed it," Miller said. "Also, learning to make A-frames for (improvised) shelters and what works best for insulation was one of the best parts of this course."

Sgt. Natalie Limes with the 310th Chemical Company of Anniston, Ala., was a student in CWOC Class 19-01 in December 2018. She said she was glad she attended.

"I learned skills about things I normally would never have been exposed to," Limes said. "Learning how to properly wear the issued cold-weather clothing and learning how to prevent cold-weather injuries were great training items I can bring back to my home station. All of the training was great as it was things I have never done before."

"The training showed me that if you put your mind to it, you can do anything," said CWOC Class 19-01 student Pfc. Kaitlyn Doll with the 132nd Brigade Support Battalion with the Wisconsin National Guard at Waupaca. "The instructors for this course are amazing because they didn't try to make everything as one way to do things. They show you a way and then let you try new things and figure out what

works for you."

Staff Sgt. Melissa Obcena with the 1002nd Civil Affairs and Psychological Operations Training Company, which operates at Joint Base McGuire-Dix-Lakehurst, N.J., took the training during CWOC Class 19-03. She said it helped her expand her skills and capabilities as a Soldier.

"It helped me learn how to survive in extreme cold weather," Obcena said. "Learning how to build a fire and make shelters were especially helpful."

The roles of women in the military are ever changing and expanding. For example, in 2015, the Army saw the first two women graduate from Ranger School. That continued effort for women's equality is also recognized in President Donald Trump's 2019 Women's History Month presidential proclamation.

"During Women's History Month, we celebrate the countless women whose courage and resolve have contributed to the character and success of our nation and the entire world," the proclamation states. "The equal opportunity of women in every facet of daily life is an essential feature of a free and prosperous society."

"This month, we honor women who have fought for equality and against the status quo, and who have broken the bonds of discrimination, partiality, and injustice for the benefit of all. These women created a legacy that continues to inspire generations of women to live with confidence, to have a positive impact on their communities, and to improve our nation every single day."

See more of the proclamation at <https://www.whitehouse.gov/presidential-actions/presidential-proclamation-womens-history-month-2019>.



**A student in Cold-Weather Operations Course Class 19-01 participates in cold-water immersion training Dec. 13 at Big Sandy Lake on South Post at Fort McCoy.**

**OBSERVANCES****Women's History Month: *Empower others*****STORY & PHOTOS BY AIMEE MALONE***Public Affairs Staff*

"Empowered women empower women" was the message of the Fort McCoy Women's History Month observance, held March 14 at McCoy's Community Center.

The guest speaker was Brig. Gen. Twanda E. Young, deputy commanding general of the U.S. Army Human Resources Command.

Amanda Schmock, an area community member whose parents retired from Fort McCoy, sang the national anthem. The invocation was given by Chaplain (Capt.) Sharon McQueary, the chaplain for Cold Steel III at Fort McCoy.

Speaking to a crowd of Soldiers and civilians, Young shared the importance of acting with character, empowering women to improve both their situations and the situations of those around them, and building a legacy to pass on to future generations.

"No one gets anywhere by themselves," Young said. Everyone stands on the shoulders of those who came before them and will provide support — and examples — to those who come after.

Young shared a story from her life that she said taught her the importance of character. Young was the first in her family to attend college, and she earned a four-year paid scholarship. Before she left for college, her mother told her she wanted her to work in the cotton fields for a summer.

"Your character must be strong so you don't mess up this opportunity," Young's mother told her.

Young said her job was to trim the grass around the cotton so it would grow better.

Because it was so hot outside and the rows were so long, Young said she didn't do as thorough of a job as she could have, figuring it wouldn't make a difference.

Her mother was the foreman and on checking her work, chastised her for leaving some of the grass. Young said she told her it didn't matter; their boss would never check all the rows and wouldn't know some of the grass was still there.

"It doesn't matter," her mother said. "You know you left it. That's what matters."

The episode taught her "to have the fortitude to do right ... even when someone wasn't looking," Young said.

It's a lesson she's tried to pass on to both her Soldiers and her daughter, she said. "I appreciate what (they) do when ... no one is around to see it."

In addition to building a personal legacy, Young said it's important to empower others by holding up examples

"We must continue to focus the spotlight on women in history and around the world who defy stereotypes and break down barriers," Young said.

She also challenged others to consider their own contributions and whether they were having a positive influence.

"When is the last time you surveyed yourself honestly as to the impact you have made ... to change the narrative (and) to change the culture?" Young asked. "It is important for women — and men — to ensure you have a legacy to build on and to stand on."

The observance was organized by the Fort McCoy Equal Opportunity office. For more information about EO events, call 608-388-6153.



(Above) Guest speaker Brig. Gen. Twanda Young, deputy commanding general of the U.S. Army Human Resources Command, speaks to Fort McCoy community during the Women's History Month observance March 14 at McCoy's Community Center. Young shared several stories about the importance of empowerment, both from history and her personal life. (Below) Fort McCoy community members applaud the guest speaker at the Women's History Month observance March 14.



Sgt. Christine Meyers (right) with the Fort McCoy Army Health Clinic salutes Brig. Gen. Twanda Young as Young presents the sergeant with a flag as part of the Women's History Day observance March 14.



**ADS**

TRAINING

# 379th Chemical Company trains at Fort McCoy



*Photo by Scott T. Sturkol*

Soldiers with the 379th Chemical Company, the “Southside Dragons,” of Chicago drive military vehicles in a convoy March 6 during training by the unit at Fort McCoy. The unit’s Soldiers were at the installation completing training in their pre-deployment validation exercise, Operation Enduring Dragon.



*Photo by 379th Chemical Company*

Soldiers with the 379th Chemical Company review a training scenario March 9 during training by the unit at Fort McCoy.



*Photo by 379th Chemical Company*

Soldiers with the 379th Chemical Company conduct a training scenario March 9 at a Fort McCoy training area for Operation Enduring Dragon.

## FEATURE

# Fort McCoy ArtIFACT: Leather folk art

In 2013, archaeologists surveying southwest of South Post Family Housing found a number of artifacts near a location that served as Japanese-American internment camp and later a prisoner-of-war camp.

Hundreds of glass fragments or shards and more than one thousand metal artifacts and fragments were found while investigating the area. Other discoveries included a razor blade case, a broken piece of a music record, a bone button, and a piece of leather with a smiley face carved into it.

Leather is an organic artifact because it was manufactured from once-living materials.

The leather face was interpreted to represent a piece of folk art because it is handmade and fabricated from recycled components.

Leather working is an example of a craft employed by our prehistoric ancestors that is still common today. Wall paintings in Egyptian tombs, which are thousands of years old, appear to show individuals wearing leather clothes and sandals. A tannery was found among the ruins of Pompeii, which was covered by volcanic ash nearly 2,000 years ago.

Leather has been used in furniture

manufacturing since the Middle Ages in Europe. In ancient North America, Ancient-era leather artifacts have been found across the US from southeastern states such as Florida to western states such as Wyoming.

Subsequent investigations in the area where the leather face was recovered appear to indicate that the artifact is from a site dated to just after World War I.

Another artifact from this site was fragments of a ledger with the year 1919 stamped on each page.

The site area has been a part of military training exercises since at least the 1920s.

All archaeological work conducted at Fort McCoy was coordinated by the Directorate of Public Works Environmental Division Natural Resources Branch.

Visitors and employees are reminded they should not collect artifacts on Fort McCoy or other government lands and leave the digging to the professionals.

Anyone who excavates, removes, damages, or otherwise alters or defaces any historic or prehistoric site, artifact, or object of antiquity on Fort McCoy is in violation of federal law.

The discovery of any archaeological artifact should be reported to the Directorate of Public Works Environmental Division Natural Resources Branch at 608-388-8214.



*Photo courtesy of Colorado State University Center for Environmental Management of Military Lands*

**A piece of leather art, which was recovered at a past archaeological dig at Fort McCoy, is shown.**

## Equipment check

A firefighter inspects a fire truck at Fire Station 1 of the Directorate of Emergency Services Fire Department on March 8 at Fort McCoy.

The Fort McCoy Fire Department has two stations and multiple vehicles and equipment to respond to nearly any type of emergency.

The department also provides mutual aid support for numerous communities located near the installation through the Wisconsin Mutual Aid Box Alarm System.

*Photo by Scott T. Sturkol*



**SAFETY****Importance of vehicle restraints: *Seat belts save lives***

**BY SGT. 1ST CLASS DAVID NIESEN**  
1st Battalion, 147th Aviation Regiment  
Wisconsin Army National Guard

MADISON, Wis. — I grew up during a time when most states didn't have laws requiring vehicle occupants to wear a seat belt.

As a teenager, I wore a seat belt when I was riding in the car with my parents. Riding with my friends, however, was a different story. For some strange reason, it was uncool to wear a seat belt, especially when riding in a cool car. We knew it was wrong, but what teenager wants to look uncool?

One friend had an early 1980s Mercury Lynx with automatic shoulder belts. As soon as you closed the car door, the shoulder belt would ride up a track that ran above the window. The lap belt, however, had to be fastened manually. Being young and naïve, we figured the shoulder belt would be good enough. Little did we know that we'd soon get to test the importance of those shoulder belts.

One evening, as we returned from visiting our girlfriends, who lived in a neighboring town, my friend decided to pass a tractor-trailer that was going too slow for us. The highway we were traveling on was flat and we were out in the middle of nowhere, so my friend started to make his move.

As the front bumper of our vehicle reached the rear bumper of the semi, my friend saw a car up ahead coming around a slight bend in the road. He hit the brakes and quickly moved back to the right.

In his haste to avoid the oncoming vehicle, he overshot the road and our right tires rode over the gravel shoulder. He then hit the brakes again as he tried to move the tires back onto the road. This time, though, the brakes locked up, and we went into a skid.

As we slid toward a ditch, the right-rear tire blew out and the rim dug into the soft dirt beyond the gravel, causing us to overturn 2 1/2 times.

We ended up straddling the ditch upside down, the roof of



the car saved from being smashed by resting in the void. As we hung there, I remember thinking just how lucky we were to have had those automatic shoulder belts. Because the passenger door window did not break, I was unable to get out on that side. After we took off our shoulder belts, we were both able to crawl out the back door windows. Of course, nobody stopped to help.

As we inspected the damage to the vehicle and the path we'd taken to end up inverted in a ditch, I realized how easily things could have turned out differently.

Fortunately, somebody did call an ambulance for us (this was before widespread cellphone use), and we were taken to the hospital.

In the end, I walked away with a couple of bruises. My buddy just needed a few stitches from where he grabbed the windshield as it came in on him.

I decided that night I would never ride in a car again without

my seat belt, and I wouldn't let anyone else go without one either. Today, most states have universal seat belt laws in the United States, and I have a hard time understanding why so many people still refuse to wear them.

According to the Department of Transportation in my home state of Wisconsin, of the occupants in passenger cars involved in accidents, the fatality rate when seatbelts were used was .08 percent (137 out of 159,604).

Conversely, in accidents where seat belts were not used, the fatality rate was 3.04 percent (138 out of 4,535). That means vehicle occupants were 38 times more likely to die in an accident if they were not wearing seat belts.

The numbers also showed that there is a 97.2 percent seat belt compliance rate among those accidents used in the report.

For more information about safety at Fort McCoy, contact the Installation Safety Office at 608-388-3403 or stop by building 1678.

**Changing seasons — continue to be prepared for spring flooding**

When spring hits, whether it's "official" or it just feels like spring, many people are eager to get out and into the fresh air.

However, too much rain or thawing snow after a long winter can bring severe flooding. Floods are the most common and costly natural disaster in the United States. Here are some things to keep in mind as the spring flood season draws near.

- Never drive or walk through flooded streets. It only takes six inches of moving water to sweep a person off his/her feet and 12 inches to move a car. Remember, if a street is flooded: Turn around; don't drown.

- Floods are expensive. A few inches of water in a 1,000-square foot home could cost more than \$10,000 in repairs and replacement of personal possessions. Visit the Federal Emergency Management Agency's data visualization website at [www.fema.gov/data-visualization](http://www.fema.gov/data-visualization) to learn more about the costs and effects of floods in every state.

- Most insurance does not cover flood damage. Only flood insurance will cover the damage from floods. Speak with an insurance agent to learn more, and remember flood insurance takes 30 days to take effect.

- Talk with family and make an emergency plan. No matter the disaster, it's always a good idea to have emergency supplies ready at home, at work, and in the car.

Learn more about the dangers of flooding and find information about flood insurance at [ready.gov/floods](http://ready.gov/floods) and [floodsmart.gov](http://floodsmart.gov).

(Article prepared by Ready.gov.)

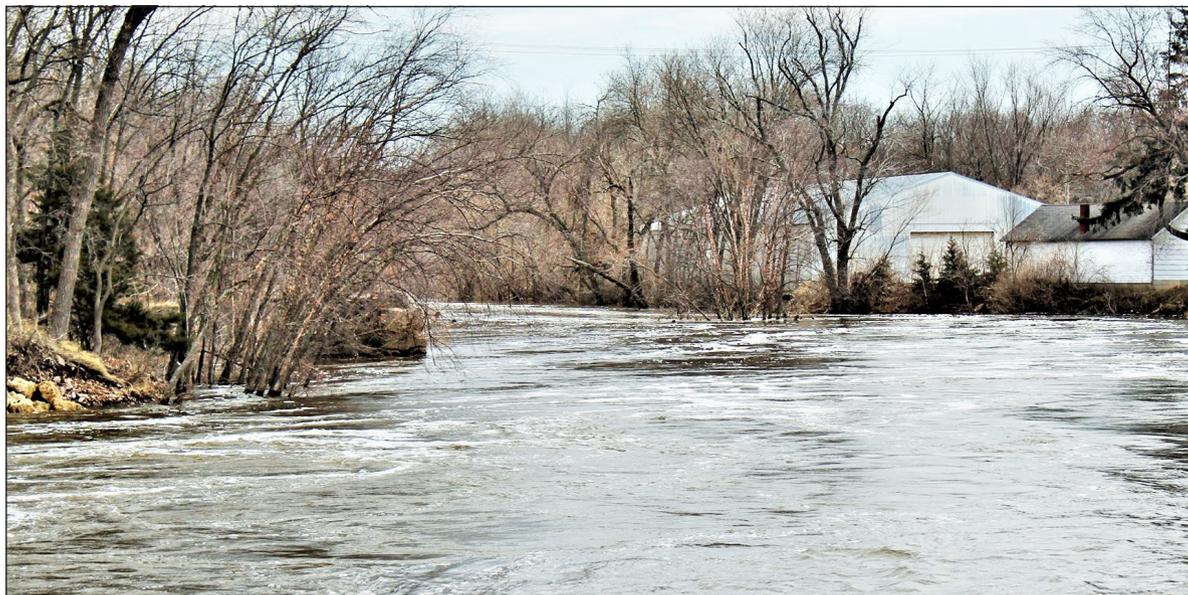


Photo by Scott T. Sturkol

**High water fills a river near Necedah, Wis., after a spring storm in 2018. During spring, melting snow and frequent rain can cause rivers, streams, and other water tributaries to flood.**

## COMMUNITY

# Fort McCoy Teen Mental Health Stand-down: Counseling, relationship-building can help children

STORY & PHOTO BY AIMEE MALONE

Public Affairs Staff

Building relationships, a sense of community, and counseling can be key components in combatting mental-health issues for all ages.

Fort McCoy Soldiers and civilians gathered Feb. 25 at the 88th Readiness Division to learn more about youth mental health and what resources are available to help both parents and children within the Army and the surrounding area.

Several organizations banded together to share and present information, including Army Community Service (ACS), Child and Youth Services (CYS), the Directorate of Human Resources, the Directorate of Emergency Services, and the Religious Support Office.

## Counseling

Military Family Life Counseling is available through ACS at no cost to service members and family members. While the services are intended to be short term, they can help bridge the gap until longer-term services are available and provide community referrals. Counseling is confidential and can be conducted after work hours or on weekends by appointment. Per the Department of Defense, children and youth can only be seen within sight of their parents and with their parents' permission.

The ACS Family Advocacy Program can help with mental health resources and referrals. ACS also has a library on a variety of subjects, including stress management and other topics related to mental health.

"Most of our services are confidential," said Carrie Olson, program manager for the Family Advocacy Program. The primary exception is if someone is in a "duty to report" situation, which are mostly those involving abuse, violence, or other immediate danger.

Because bullying, both online and in person, has become a hot topic in recent years, the Family Advocacy Program is offering help on dealing with and preventing bullying.

"If you have a student who's really struggling in school, reach out to me," Olson said. She said she has a number of resources and activities to help, and both she and the School

Liaison Office have developed relationships with area schools to help resolve such problems.

"We're getting ready to do a couple of cyberbullying and safety classes for the children and parents," she said. "Bullying doesn't stop face to face. A lot of it is happening online on social media."

The Religious Support Office provided several resources in the community to help with mental-health issues. Area classes are taught by the National Alliance on Mental Illness. The classes are taught by parents who have lived with children who have mental illnesses. Information is available at [www.namimonroejuneau.org](http://www.namimonroejuneau.org).

The Monroe County Health Department health educator, Kayleigh Day, offers classes on suicide prevention. Day can be reached at [kayleigh.day@co.monroe.wi.us](mailto:kayleigh.day@co.monroe.wi.us). Common Ground Campus Ministry in La Crosse can help remove teens from dangerous situations, if necessary. Information on the program is available at [www.laxcg.org](http://www.laxcg.org)

The Monroe County Safe Community Coalition focuses on reducing alcohol, tobacco, and drug use and abuse, which can be connected with mental-health issues. Its website is [www.mcsafecommunities.org](http://www.mcsafecommunities.org). Tomah Baptist Church offers a "Victorious Overcomers" program to help with addiction recovery. Information is available online at [tomahbaptistchurch.com/ministries/victorious-overcomers/](http://tomahbaptistchurch.com/ministries/victorious-overcomers/).

The Religious Support Office also recommended getting involved with the community as a way to combat common mental-health issues like anxiety and depression. Church youth programs are available through a number of area churches. The Tomah Boys and Girls Club also offers children a safe place to hang out with their peers and build relationships while learning.

## Resiliency, relationships

The CYS Youth Center offers children a chance to build relationships with fellow military families in addition to providing educational and recreational activities, character and leadership development, and wellness and life skills. Transportation is provided from the Tomah and Sparta school districts.

The program also added a master resilience program in September. Master Resilience Trainer Tammie Noe works with

school-age children and teens to help build resilience through fun, educational activities.

"Resilience training with our Army teens is essential to preparing them to deal with the challenges of Army life," Noe said.

"A big part of resiliency is creating relationships," she said. "By coming to the Youth Center, teens have a safe environment to learn and grow while building those relationships."

School Liaison Officer Rebecca Walley can help with any issues that arise for children and teens in school, she said. Walley acts as an advocate for military families with area school districts. Her office works with schools within a 50-mile radius as needed to help ease school transitions, deployment challenges, and more.

## Important numbers

If someone is in immediate danger, call 911.

The National Suicide Prevention Lifeline is also available nationwide and provides a resource for people who are considering suicide. Call 800-273-TALK (8255). Callers will be directed to a regional location.

For information on EAP programs and services, call 608-388-2441. For information about ACS programs and services, call 608-388-3505. For information about CYS programs and services, call 608-388-8956. The School Liaison Office can be reached at 608-388-6814.

The Fort McCoy DES Police Department can be reached at its nonemergency line at 608-388-2266.

*(This article is the second of a two-part series on teen mental health.)*



Soldiers attend the Teen Mental Health Stand-Down on Feb. 25 in building 60.



Family Advocacy Program Manager Carrie Olson speaks to Fort McCoy community members Feb. 25 at the Teen Mental Health Stand-Down in building 60.

## COMMUNITY

# Installation to participate in statewide tornado drill April 11

April 8-12 has been designated Wisconsin's Severe Weather Awareness Week.

As part of the events for that week, Fort McCoy will participate in a statewide tornado drill scheduled for April 11.

A mock tornado watch will be issued at 1 p.m. April 11 followed by a mock tornado warning at 1:45 p.m. Many radio and TV stations across the state will issue a test tornado warning. In addition, mock alerts will be issued on National Oceanic and Atmospheric Administration (NOAA) weather radios, and many of the surrounding communities will sound tornado sirens to test emergency severe-weather plans.

Fort McCoy will test the Giant Voice and AtHoc mass-warning notification systems during the April 11 tornado drill. The watch and warning will be sent out via both AtHoc and community email, and the sirens will sound



during the 1:45-2 p.m. mock warning. An all clear will be issued at the end of the drill. The drill is part of the annual spring severe-weather campaign to encourage everyone to be ready for possible tornadoes and severe weather.

The tornado drill will take place even if the sky is cloudy, dark, or rainy. If severe storms

are expected in the area, the tornado drill will be postponed until April 12 at the same times. If severe storms are forecast for Friday, the drills will be canceled.

Take the time to review your organization's Emergency Action Plan and locate the nearest shelter and know what actions to take if severe weather approaches. Also, ensure that information is current and up to date in the AtHoc system by either clicking on the purple globe on a government computer desktop or going to <https://warnings.army.mil/SelfService/2090564>. Both require a Common Access Card.

A mock tornado warning will also be issued at 6:45 p.m. to give families and second-shift workers a chance to practice their emergency plans. Fort McCoy will not participate in this later event.

According to the National Weather

Service, Wisconsin averages 23 tornadoes annually. During 2017, there were 23 tornado touchdowns in the state. While most were either EF0 or EF1, the state did record an EF3 on May 16, 2017. The tornado followed an 83-mile path across Polk, Barron, Rusk, and Price counties, killing one person and causing widespread damage. The state also experienced an outbreak of 10 tornadoes on June 14, 2017, across Shawano, Winnebago, Outagamie, Brown, and Waushara counties.

For more information on severe-weather preparedness, visit [readywisconsin.wi.gov](http://readywisconsin.wi.gov), [ready.army.mil](http://ready.army.mil), or [www.weather.gov/arx/](http://www.weather.gov/arx/)

For more information about the drills at Fort McCoy, call the Emergency Management Office at 608-388-2763.

*(Article prepared by the Directorate of Plans, Training, Mobilization, and Security Emergency Management Office.)*

## Army Criminal Investigation Command warns of sexual-extortion scams

QUANTICO, Va. — As part of a continuing campaign to help prevent Soldiers and other members of the Army community from becoming victims of crime, special agents with the U.S. Army Criminal Investigation Command, commonly known as Army CID, are once again cautioning the Army community about ongoing internet-based sexual-extortion scams.

Sexual extortion is a cybercrime perpetrated against unwitting victims who are often approached in casual conversation via social media platforms and then seduced into engaging in online sexual activities.

After participating in the sexual request, which is most often recorded without the victim's knowledge or consent, the victim is then threatened by the criminals with public exposure and embarrassment if the victim does not pay money to the extortionist.

According to military officials, more than 450 known military members from all services have fallen victim to such scams and have been blackmailed for more than \$560,000.

When the criminals threaten to send compromising video or photographs to the victim's commander or family, a victimized military member often pays out of fear that his/her career will be jeopardized by the false claims.

In another version of the scam, the criminals will contact the victim and pose as police or parents of someone they claim is an "underage victim" and threaten to ruin the service member's career or have them arrested if they do not pay the ransom.

Another method the criminals use to attempt to extort money is to claim that they are lawyers working on behalf of the alleged victims.

The scammer will request payments for things like counseling for the alleged victim or to replace electronic devices that now contain alleged child pornography. If these demands are not met, the person claiming to be the lawyer threatens to report them to law enforcement.

"Legitimate organizations will not contact you and ask for money in lieu of reporting you to law enforcement," said Special Agent Edward LaBarge, head of Army CID's Computer Crime Investigative Unit.

"Typically, law enforcement will not attempt to make contact with you over the phone. If you are contacted via telephone, always request validating information such as an agency email address and offer to meet in person at a law-enforcement facility before proceeding with giving out your personal information."

Army CID officials stress that if a person is being blackmailed



U.S. Army photo

and comes forward, they want to help that person.

"It is important to also keep in mind that law enforcement, to include Army CID, will never agree not take legal action against you if you have agreed to pay [ransom] money to the alleged victim or to the alleged victim's family," LaBarge said.

"We encourage victims to contact us so we can help. If law enforcement gets involved early on, there are investigative steps that may help identify the perpetrators responsible for victimizing Army personnel."

Additionally, CID officials warn that victims who do not seek help are often at risk for further exploitation. Once the blackmail begins, the criminals can continue to demand additional payments, more sexual images, sensitive military information, or access Army systems and facilities, so early notification to law enforcement is very important, said CID special agents.

"To avoid falling prey to a 'sextortion' scam, never send compromising photos or videos of yourself to anyone, whether you know them or think you know them," said LaBarge. "You are also advised to turn off your electronic devices and physically block web cameras when you are not using them."

If you have been the victim of sexual extortion, adhere to

the following:

- Preserve whatever information you have from the scammer(s), such as social networking profile, email accounts used, where money was directed to be sent, etc.

- Notify Computer Crime Investigative Unit at [usarmy.cciintel@mail.mil](mailto:usarmy.cciintel@mail.mil) to report being a victim if you are a service member or an Army civilian employee. Others should report the crime to a local police department, DHS Homeland Security Investigations at [assistance.victim@ice.dhs.gov](mailto:assistance.victim@ice.dhs.gov), or the FBI's Internet Crime Complaint Center at [www.ic3.gov](http://www.ic3.gov).

Victims can seek information on rights and assistance from:

- Army Victim/Witness Liaison Program. VWL will assist victims in contacting agencies or individuals responsible for providing necessary services and relief.

- command chaplains.

- Family Advocacy Center/Army Community Service.

- If victims are not eligible for military services, or where military services are not available, the VWL can provide liaison assistance in seeking any available nonmilitary services within the civilian community.

*(Article prepared by Army Criminal Investigation Command.)*

## NEWS NOTES

### Main Gate closed through November

Fort McCoy's Main Gate is closed for construction to improve installation force protection with security improvements and easier access to the Visitor Control Center.

During the construction period, which is expected to continue until mid-November, traffic will be rerouted through Gate 1, which is the old Main Gate for the installation and located less than half a mile west of the new Main Gate.

There will be no change to Gate 20 operations. It will remain open for all traffic as usual.

During the construction time, employees with access can use several electronic gates, as well. Gates 5 and 15, which are also located along Highway 21, will not be available as electronic gates. They will be for emergency vehicle use only.

The Fort McCoy Visitor Center, building 35, will remain open and accessible throughout the construction period. The center is located next to the current Main Gate and assists customers with installation passes, military ID cards, military retiree support, and more.

### April Awareness Kick-Off scheduled for April 2

Two April Awareness Kick-Off events are scheduled for 9 to 11 a.m. and 1 to 3 p.m. April 2 at the building 60 auditorium. Fort McCoy observes a number of awareness months in April. The Fort McCoy Sexual Harassment/Assault Response Prevention team, Family Advocacy Program, Exceptional Family Member Program, and Army Substance Abuse Program have coordinated a special event to bring awareness to several of them: Alcohol Awareness, Autism Awareness, Child Abuse Prevention, and Sexual Assault Awareness and Prevention months.

The event will feature a presentation by Jane Straub, who has been working in the violence prevention and intervention field for almost 20 years. Credit is available in certain mandatory classes for those who attend the event, as approved by each commander.

No registration is required. For more information about the event, call 608-388-3505.

### Mind-Body Workshop planned for April 8

The Mind-Body Workshop is scheduled for 10:30 a.m. to noon April 8 at McCoy's Community Center, building 1571.

The workshop's goal is to build awareness of the physical and emotional reactions to stress and trauma, encourage calm and effective responses to stress, and teach appropriate self-regulation and self-care. This training is a collaborative effort between the American Red Cross and Army Community Service (ACS).

Registration is required by April 3. The class will be held from 10:30 to 11:30 a.m. A free lunch buffet with drink will be provided to all registered attendees at 11:30 a.m. The work-



**Join the Nation...  
Thank a Vietnam Veteran  
for Service to our Nation**

U.S. Armed Forces personnel with active duty service between November 1, 1955 to May 15, 1975, regardless of location of service.

**Vietnam War Veterans Day is March 29**

National Vietnam War Veterans Day is March 29.

On March 28, 2017, President Donald Trump signed into law The Vietnam War Veterans Recognition Act of 2017, designating every March 29 as National Vietnam War Veterans Day. The United States of America Vietnam War Commemoration honors all United States veterans who served on active duty in the U.S. Armed Forces from Nov. 1, 1955, to May 15, 1975, regardless of location.

The Department of Veterans Affairs estimates that there are 6.4 million living Vietnam veterans and 9 million families of those who served during this time frame.

shop is limited to 20 participants.

ACS events are open to military members, retirees, civilian workforce, family members, and registered Fort McCoy volunteers. For more information or to register, call 608-388-2359.

### Easter Eggstravaganza scheduled for April 13

The annual Easter Eggstravaganza is scheduled for 9 a.m. to noon April 13 at the Fort McCoy Exchange and Constitution Park.

From 9 to 11 a.m., breakfast will be available at the Exchange. Crafts and activities will be available, as will the chance to take photos with the Easter bunny. Door prizes will be drawn at 11 a.m. At 11:20 a.m., the parade to Constitution Park will begin. The Easter Egg Hunt starts at 11:30 a.m. at Constitution Park. The inclement weather location will be Rumpel Fitness Center. No advance registration is required. Call 877-864-4969 for more details.

### Denim Day set for April 24

Fort McCoy garrison civilians can participate in Denim Day on April 24.

Denim Day is an effort to bring awareness to those that have been affected by sexual violence. It is the last Wednesday in April.

It grew out of protest to an Italian rape case in which the perpetrator's conviction and sentence were overturned at the Supreme Court because "the victim wore very, very tight jeans; she had to help him remove them, and by removing the jeans, it was no longer rape but consensual sex."

Tenant organization employees should contact their leadership for guidance on participation.

### S.A.F.E. Challenge planned for April 26

The Fort McCoy Noncommissioned Officer Academy is hosting the first S.A.F.E. Challenge from 1 to 4:30 p.m. April 26.

The S.A.F.E. Challenge is an obstacle course. The event is being held to raise awareness for Sexual Assault Awareness and Prevention Month, Alcohol Awareness Month, the Family Advocacy Program for Child Abuse Prevention Month, and the Exceptional Family Member Program for Autism Awareness Month. Information tables will also be set up.

Wear an awareness color (teal, red, blue, or

yellow) or team costumes. Trophies will be awarded to the top three teams, the team with the most spirit, and the team with the best costumes.

Registration is required by April 24. For more information or to register, call 608-388-2812/5929 or email [meghan.l.cross.mil@mail.mil](mailto:meghan.l.cross.mil@mail.mil) or [bridgette.c.loving.mil@mail.mil](mailto:bridgette.c.loving.mil@mail.mil).

### SHARP training dates set for 2019

Dates are scheduled for fiscal year 2019 Sexual Harassment/Assault Response and Prevention (SHARP) training.

All classes are 9 to 10:30 a.m. at Army Community Service, building 1571

The class examines strategies to prevent sexual harassment and sexual assault and individuals' roles in intervening when sexual harassment or sexual assault is present.

The class counts as the annual face-to-face refresher training for both military and civilian personnel. Classes are scheduled for May 7 and 29, June 5, July 9, Aug. 7 and 27, and Sept. 3 and 17.

Advance registration is required. For more information or to register, call 608-388-8951.

### Armed Forces Day Open House set for May 18

The annual Fort McCoy Armed Forces Day Open House will be 9 a.m. to 3 p.m. May 18. This family-friendly event is free and open to the public.

The installation's Commemorative Area will serve as the hub of activity for this event and will showcase the History Center, five World War II-era buildings, the Equipment Park, and Veterans Memorial Plaza.

Planned activities include guided installation bus tours, a sandbag-filling station, personalized ID tags, camouflage face painting, military equipment displays, and much more.

Guests must enter the installation through Gate 15 off Highway 21 between Sparta and Tomah, Wis.

Adults must be prepared to present photo identification.

For more information, call 608-388-2407

### Fort McCoy new employees

New employees joined several organizations at Fort McCoy in February.

Welcome to the following new employees:

- **Islande Cesaire** — 88th Readiness Division.
- **Dustin Frederick** and **Austin McCormick** — Directorate of Emergency Services.
- **Katlyne Morris** — USARC Pay Center.

### Next issue of The Real McCoy

The next issue of The Real McCoy will be published March 22. The deadline for submissions to be considered for publication is noon March 21.

For more information about The Real McCoy, call 608-388-4128.

## Recreation

**Automotive Skills Center:** Building 1763. Open 1-9 p.m. Thurs.-Fri. and 9 a.m.-5 p.m. Sat. Call 608-388-3013.

**Better Opportunities for Single Soldiers (BOSS):** Meets at 4 p.m. each quarter in building 1363. Upcoming meetings: May 9 & Sept. 12 Call 608-388-3200.

**iSportsman:** Portal for hunting, fishing, and outdoor recreational activities. Check what areas are available for recreation and sign in or out at <https://mccoy.isportsman.net>.

**McCoy's Community Center:** Building 1571. Offers books, arcade, gaming area, and bowling. Manager has discretion on closing time. Call 608-388-7060.

**Bowling Center:** Open 11 a.m.-11 p.m. Mon.-Fri. and 4-10 p.m. Sat.-Sun. Extreme bowling 4-9 p.m. Fri.

**Leisure Travel Services Office:** Open 10 a.m.-5:30 p.m. Mon.-Fri. Call 608-388-3011.

**Pine View Campground/Recreational Equipment Checkout Center:** Building 8053. 9 a.m.-5 p.m. Mon.-Fri. Call 608-388-2619.

**Rumpel Fitness Center:** Building 1122. Open 5 a.m.-8 p.m. Mon.-Thurs., 5 a.m.-7 p.m. Fri., and 6 a.m.-2 p.m. Sat.-Sun. Call 608-388-2290.

**Indoor swimming pool, atrium, sauna and steamroom:** Open 6 a.m.-7 p.m. Mon.-Thurs., 6 a.m.-6:30 p.m. Fri., and 9 a.m.-1:30 p.m. Sat.-Sun.

**Sportsman's Range:** Closed for the season. Call 608-388-9162/3517.

**Tactics Paintball & Laser Tag:** By appointment. Two-day notice required. Call 800-531-4703.

**Whitetail Ridge Ski Area:** *Closed for the season.*

## Dining

**McCoy's Community Center:** Building 1571. Catering/administration, call 608-388-2065.

**Primo's Express:** Open 11 a.m.-9 p.m. Mon.-Fri., 4-11 p.m. Sat., and 4-10 p.m. Sun. Buffet (pizza, pasta, and rotating hot dishes) available 11 a.m.-1 p.m. Mon.-Fri. Call 608-388-7673.

**Sports bar:** Open 4-11 p.m. Mon.-Fri. and 4-10 p.m. Sat.-Sun. Manager has discretion on closing time.

**Snack Avenue:** Building 1538. Located inside Express. Open 6 a.m.-7 p.m. Mon.-Sat. and 8 a.m.-3 p.m. Sun. Call 608-269-5604 or 608-388-4343.

**Specialty Express Food Court:** Building 1538. Open 10 a.m.-6 p.m. Mon.-Fri. Call 608-269-5615, ext. 303.

**Whitetail Ridge Chalet:** Building 8061. *Closed for the season.* Chalet available year-round for private parties. Call 608-388-3517.

## Services

**Alteration Shop:** Building 1538. Open 9 a.m.-5 p.m. Mon.-Fri. and 10 a.m.-2 p.m. Sat. Call 608-269-1075.

**Barber Shop (Exchange):** Building 1538. Open 9 a.m.-5 p.m. Mon.-Fri. and 10 a.m.-2 p.m. Sat. Call 608-269-1710.

**Car Rentals (Enterprise):** Info available at the Exchange, building 1538. Use the phone at the Enterprise sign. Call 608-782-6183 or 800-654-3131; use CDP# 1787245.

**Car Wash:** Building 1568. Offers self-service and automatic bays and vacuums. Open 24/7. May close during extremely cold weather. Accepts cash, tokens, or credit cards. Token machine on site. Tokens also sold at McCoy's Community Center, building 1571. Call 608-388-4161.

**Commissary:** Building 1537. Open 10 a.m.-6 p.m. Mon.-Sat. Early bird/self-checkout open 9-10 a.m. Mon.-Fri. Call 608-388-3542/3543.

**CWT (Carlson Wagonlit Travel) SatoTravel:** Building 2180. Open 7:30 a.m.-4 p.m. Mon.-Fri. Call 608-388-2370, 608-269-4560, or 800-927-6343.

**Education/Learning Center:** Building 50, room 123. Open 8 a.m.-4 p.m. Mon.-Fri. Call 608-388-7311.

**Exchange:** Building 1538. Open 8 a.m.-7 p.m. Mon.-Sat. and 8 a.m.-3 p.m. Sun. Call 608-269-5604, ext. 101 or ext. 4343.

**ID Card/DEERS Section:** Building 35. Open

# facilities services

This schedule is projected through **April 11**. **Bold, italic typeface** indicates a change since the last publication. Call facilities to verify hours. To report updates, call 608-388-2769.

7:30 a.m.-3 p.m. Mon.-Fri. Call 608-388-4563 to verify ID Section is operational.

**IHG Army Hotels:** Building 51. Open 24/7. Call 608-388-2107 or 877-711-TEAM (8326).

**Launderette/Dry Cleaning:** Building 1538. Open 10 a.m.-5 p.m. Mon.-Fri. and 10 a.m.-2 p.m. Sat. Call 608-269-1075.

**Laundry Facilities:** Open 24/7. Exclusively for use by Soldiers training on Fort McCoy. Civilian, family members, and retired military members are not authorized to use these facilities. Call 608-388-3800 to find out which buildings are open.

**Military Clothing:** Building 1538. Open 8 a.m.-7 p.m. Mon.-Sat. and 8 a.m.-3 p.m. Sun. Call 608-269-5604, ext. 203.

**Patriot Outfitters:** Building 1538. Open 9 a.m.-6 p.m. Mon.-Fri. and 9 a.m.-4 p.m. Sat.-Sun. Call 608-269-1115.

**Permit Sales:** Building 2168. Hunting, fishing, and firewood permits. Open 7 a.m.-3:30 p.m. Mon.-Fri. Call 608-388-3337.

**Retirement Services Office:** Building 35. Open 7:30 a.m.-3 p.m. Mon.-Tues. and Thurs.-Fri. Call 608-388-3716.

**R.I.A. Credit Union:** Building 1501. Open 9 a.m.-1 p.m. Mon.-Wed. and 9 a.m.-1 p.m. and 2-5 p.m. Thurs.-Fri. ATMs are located in building 1501 (available 24/7); McCoy's, building 1571; Exchange, building 1538; and IHG Army Hotels, building 51 (available 24/7). Call 608-388-2171.

**Service Station/Express/Class VI:** Building 1538. Open 6 a.m.-7 p.m. Mon.-Sat. and 8 a.m.-3 p.m. Sun. Call 608-388-4343. Pay-at-the-pump gas is open 24/7. ATM inside. Cash transactions available during Express hours.

**Visitor Control Center:** Building 35. Call 608-388-4988 for hours.

## Family Support

**Army Community Service:** Building 2111. Open 7:30 a.m.-4 p.m. Mon.-Fri. or by appointment. Call 608-388-3505.

**Army Substance Abuse Program:** Building 1344. Open 7:30 a.m.-4 p.m. Mon.-Fri. or by appointment. Call 608-388-2441.

**Child Development Center:** Building 1796. Open 6:30 a.m.-5:15 p.m. Mon.-Fri. Call 608-388-3534/2238.

**Housing Office:** Building 6158. Open 7 a.m.-4 p.m. Mon.-Fri. Family Housing, Single Soldier Housing, and referral services. Call 608-388-2804.

**Military and Family Life Consultant Program (MFLC):** Building 2111. Provides education, information, and support for anyone affiliated with the military. MFLC services are confidential. Available 8 a.m.-4 p.m. Mon.-Fri. or by appointment. Call 608-388-8068 or 815-793-0148

**Red Cross:** Fort McCoy active-duty Soldiers

and Family members can call 877-272-7337 for emergency assistance. For other Red Cross services, call 800-837-6313 or 608-788-1000.

**School Age/Youth Center:** Building 1792. Activities for youth grades kindergarten through 12. Offers after-school, nonschool, and inclement-weather care for eligible youth. Open nonschool days 6:30 a.m.-5:30 p.m. or 2:30-5:30 p.m. Mon.-Fri. for After School Program. Call 608-388-4373.

## Health Care

**Alcoholics Anonymous:** For more information, call 608-388-5955/2441.

**Fort McCoy Civilian Employee Assistance Program:** Screening and referral services for civilian employees and Family members experiencing difficulties due to problems related to substance abuse, mental health, marital/family discord, or other causes. Call 608-388-2441/5955.

**Fort McCoy Sexual Harassment/Assault Response & Prevention (SHARP):** 24/7 hotline: 608-388-3000.

**Occupational Health Clinic:** Building 2669. Open 7 a.m.-3 p.m. Mon.-Fri. Call 608-388-2414.

**TRICARE:** TRICARE North Region, 877-874-2273; TRICARE West Region, 877-988-9378; TRICARE South Region, 800-444-5445; TRICARE for Life, 866-773-0404; or visit [www.tricare.mil](http://www.tricare.mil).

**Troop Medical Clinic:** Building 2669. Authorized use only for Extended Combat Training Soldiers on orders of less than 30 days. Personnel on orders for more than 30 days are eligible for TRICARE Prime Remote and will see off-post providers. Call 608-388-3025.

## Worship

**Catholic:** Chapel 10, building 1759. Mass at 9:30 a.m. Sun. Fellowship follows service from 10:30-11:30 a.m. at building 2675. Call 608-388-3528.

**Jewish:** Congregations of Abraham, 1820 Main St., La Crosse, Wis. Call 608-784-2708.

**Mormon:** Church of Jesus Christ of Latter-day Saints, 702 E. Montgomery St., Sparta, Wis. Services from 10 a.m.-1 p.m. Sun. Call 608-269-3377.

**Protestant:** Chapel 1, building 2672. Protestant worship at 9:30 a.m. Sun. Fellowship follows service from 10:30-11:30 a.m. at building 2675.

**Protestant Women of the Chapel:** Building 2675. Bible study, 8:30-10:30 a.m. Wed.

**Spanish Language:** Catholic services in Norwalk at 4 p.m. Sun.; call 608-823-7906. Seventh-Day Adventist services in Tomah; call 608-374-2142.

Call 608-388-3528 for worship schedules in surrounding communities. If you have an emergency, call 608-388-2266, and the on-call duty chaplain will be contacted.

## Organizations

**American Federation of Government Employees (AFGE), Local 1882:** Building 1411. Open 7 a.m.-4 p.m. Mon.-Fri. Meets at 5 p.m. second Tuesday of each month. Call 608-388-1882.

**American Society of Military Comptrollers:** Meets several times throughout the year. For more information, call Maureen Richardson at 608-269-1912.

**Association of the United States Army - AUSA (Robert B. McCoy Chapter):** For information on meetings, visit [www.mccoysausa.org](http://www.mccoysausa.org).

**Reserve Officers Association, Fort McCoy-Readiness 43:** For more information, call 920-535-0515 or email [justdave49@centurylink.net](mailto:justdave49@centurylink.net).

**USO Wisconsin at Fort McCoy:** Building 1501. Open noon-8 p.m. Thurs.-Mon. For more info or to volunteer, call 414-477-7279 or email [ehazlett@usowisconsin.org](mailto:ehazlett@usowisconsin.org).

**Warrant Officers Association, Chapter 0317:** For more information, email [usawoamccoy@outlook.com](mailto:usawoamccoy@outlook.com).

*Let us know how we're doing! Submit comments Fort McCoy's ICE page: [https://ice.disa.mil/index.cfm?f=site&site\\_id=344](https://ice.disa.mil/index.cfm?f=site&site_id=344).*

## SEVERE WEATHER ANNOUNCEMENTS/PROCEDURES

During any severe winter weather situation, a liberal leave policy will automatically be in effect.

This policy affords supervisors and employees flexibility in addressing an individual request for leave or a work schedule adjustment due to weather, accommodating a late arrival, and/or an employee's request for an early departure due to weather conditions.

Annual leave may be requested and approved in 15-minute increments.

If the Garrison Commander should deem that due to an extreme weather situation all post operations would need to be suspended during the duty day, then that announcement will be made via a command-approved, postwide email communication, with employee notifications then disseminated

through their supervisory channels.

If such a decision were to be made outside of the normal duty day, then a Fort McCoy Public Affairs Office authorized announcement will be released through Fort McCoy's Facebook page at [www.facebook.com/FtMcCoy](http://www.facebook.com/FtMcCoy).

In addition, information regarding liberal leave/post closure can be obtained after duty hours by calling 608-388-7777.



<https://home.army.mil/mccoy>



[www.facebook.com/FtMcCoy](http://www.facebook.com/FtMcCoy)



[www.twitter.com/USAGMcCoy](http://www.twitter.com/USAGMcCoy)

Looking for work on the installation? Search for Fort McCoy jobs at [www.USAJOBS.gov](http://www.USAJOBS.gov).

### DAILY BUGLE CALLS

5:50 a.m. – First Call • 6 a.m. – Reveille • 6:45 a.m. – Assembly • 7 a.m. – Breakfast • Noon – Mess Call (Dinner) • 5 p.m. – Retreat/To the Colors • 5:45 p.m. – Mess Call (Supper) • 10:30 p.m. – Tattoo • 11 p.m. – Taps

This civilian enterprise newspaper is an authorized publication for members of the U.S. Army. Contents of The Real McCoy are not necessarily official views of, or endorsed by, the U.S. Government, Department of Defense, Department of the Army or Fort McCoy. The Real McCoy is published semimonthly using offset presses by the Public Affairs Office, Fort McCoy, WI 54656-5263, (608) 388-4128. Minimum printed circulation is 4,000.

All photos are U.S. Army photos unless otherwise credited.

Everything advertised in this publication shall be made available to purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation or any other nonmerit factor of the purchaser, users or patron. If a violation or rejection of this equal opportunity policy by an advertiser is confirmed, the printer shall refuse to print advertising from that source until the violation is corrected.

All editorial content of The Real McCoy is prepared, edited, provided and approved by the Public Affairs Office at Fort McCoy. The Real McCoy is printed by the River Valley Newspaper Group, a private firm in no way connected with the Department of the Army, under exclusive

The  
**Real McCoy**

written contract with Fort McCoy. The civilian enterprise printer is responsible for commercial advertising.

The appearance of advertising in this publication, including inserts or supplements, does not constitute endorsement by the Department of the Army, Fort McCoy or the River Valley Newspaper Group of the products or services advertised.

Send news items to the Public Affairs Office, ATTN: (IMMC-PA), 100 E. Headquarters Road, Fort McCoy, WI 54656-5263, or call 608-388-4128 or 2769 or send e-mail to [usarmy.mccoymailcentral.list.pao-admin@mail.mil](mailto:usarmy.mccoymailcentral.list.pao-admin@mail.mil)

Send advertising inquiries to River Valley Newspaper Group, P.O. Box 4008, La Crosse, WI 54601 or call 608-374-7786/877-785-7355.

**Garrison Commander** .....Col. Hui Chae Kim  
**Public Affairs Officer** .....Tonya Townsell  
**Deputy Public Affairs Officer**.....Bill Coppernoll  
**Editor**.....Scott T. Sturkol  
**Public Affairs Specialist** .....Theresa R. Fitzgerald  
**Editorial Assistant**.....Aimee Malone  
**Commemorative Area Caretaker** .....Robin R. Michalski  
**Editorial Content** .....608-388-2769

Read this publication online at <http://www.mccoymail.com>

### FIREARM REGISTRATION POLICY

All privately owned firearms brought on the installation must be registered through the Directorate of Emergency Services (DES) Police Department. Firearm registration is required by Army Regulation 190-11, 4-5, "Privately owned weapons and ammunition." Firearms are required to be registered prior to entrance or immediately upon entering any lands identified as Fort McCoy property. For more information, call 608-388-2266.