

THE JET GAZETTE

READY TO SERVE... NEIGHBOR AND NATION

MONTHLY NEWSLETTER OF THE 141ST AIR REFUELING WING

FEBRUARY 2020

COMM FLIGHT SHEDS LIGHT ON DANGERS OF DEVICE USAGE AMONG CHILDREN

The 141st Communications Flight hosted an informational course on the use of electronics within the family unit. The course was called “A Parent’s Guide to Managing Your Kid’s Device,” and highlighted the dangers associated with children using applications available for electronics.

There are a number of different applications that parents should know about because the material found in these apps can be inappropriate for children under the age of 18. These applications are hard to set parental controls to filter the content.

“It is important to have a parent/child media plan to set parameters,” said Senior Airman Brooke Wright, 141st Communications Flight cyber transport specialist. “I try really hard with my children to sit down and go over the content that they are using on their electronic devices.”

There are applications available that help with parental control. One such app is called Family Link. It can control the content that children are able to view. Parents are able to set controls according to age ratings so that a child under the age of 7 can only watch

see [DEVICE USE](#) pg.2



NOTES FROM THE TOP



As I write the View from the Top, I am sitting in a hotel room at Joint Base Andrews, MD. I’m recalling the movie, “Jerry Maguire.” While on a business trip, Jerry writes a manifesto about the insincere acts of sports management company, SMI, and the need to produce fewer clients with quality relationships truly focusing on the needs of the sports athlete. The senior leadership at SMI of course does not appreciate Jerry’s point of view and terminates his employment while also snapping up all his clients before he can take them with him on his way out the door. Hopefully, my article won’t be received the same way as Jerry’s and I don’t have the nightmare of finding Chief Ness clearing out my desk and redirecting all my email accounts to his.

Reflecting on the movie, Jerry Maguire had a couple of valid points to make. First, do the right

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content that is deemed age-appropriate.

“Every electronic device has parental controls available,” said Senior Airman Jonathan Arana. “It is just a matter of being able to understand and learn how to set these parental controls to protect certain members of the family.”

Family link is a Google-based service that allows parents and guardians have control nearly every aspect of a child’s digital experience. Features include the ability to approve and block application and games children are able to download. It can also keep track of the time children are using electronic devices and informs you how much time they are spending on the device and what application they are using. It also allows parents to setup GPS tracking to help keep tabs on the location of children and their devices.

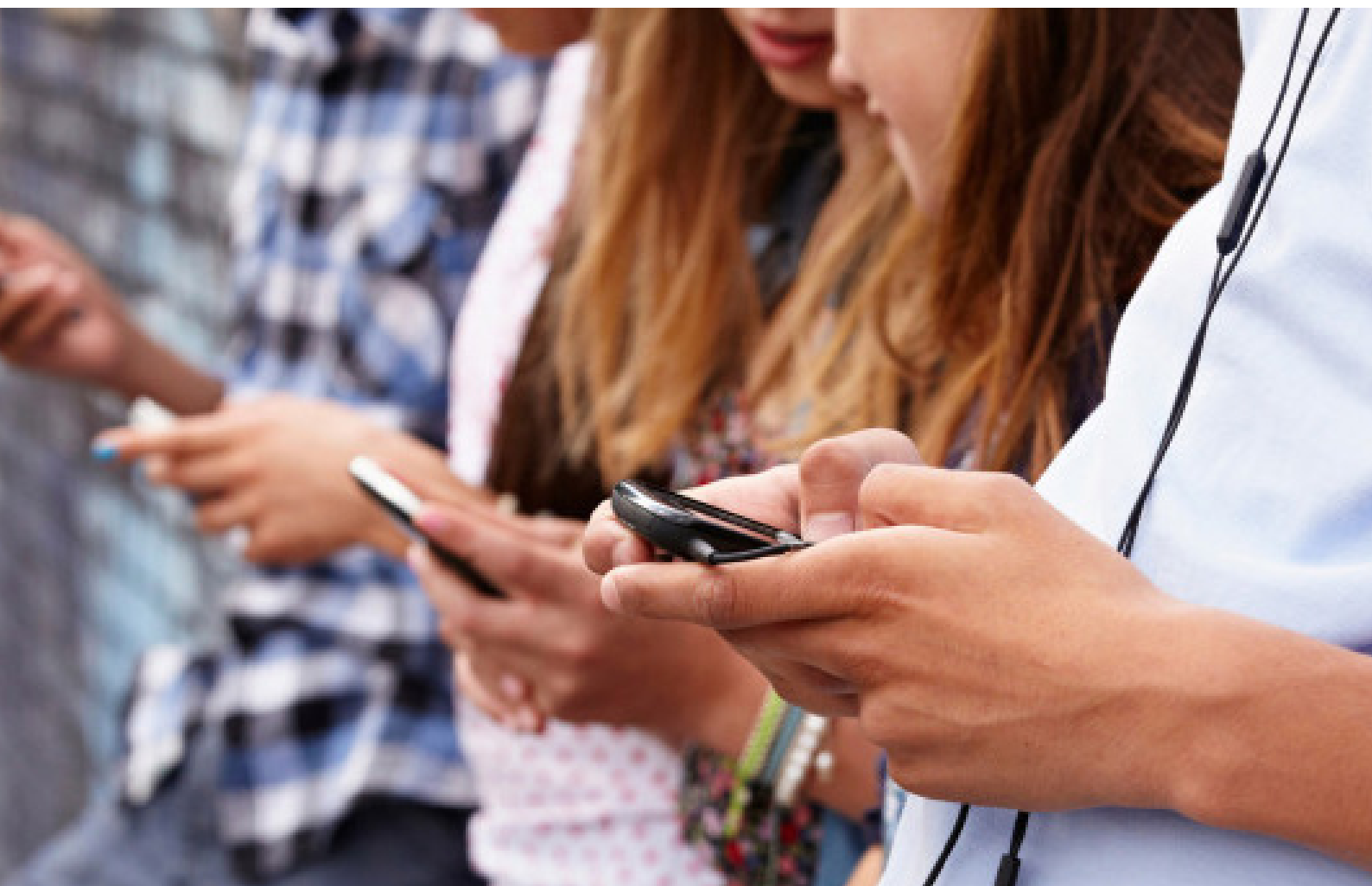
“I don’t have to check on my children that often because I am comfortable with the settings and parameters that I have set,” said Wright. “ I still have an open line of communication with my family but the perimeters that I set help me feel my family is safe from inappropriate content.”

The informational course provided handouts with direction of how to set parameters on both Apple-based products and Android-based products. The course also provided an outline for parents to sit down with children and loved ones to make a media plan.

A media plan within the family unit, can set guidelines and expectations between parents or guardians and children.

“My personal best experience has been with Family Link,” wright “I also download every application that my children download so I can know what they are looking at.”

Although there are many methods to place safeguards to protect children from inappropriate content, it is not 100 percent effective in protecting family members. According to the experts in the course it is important to take all available precautions and to prevent the shortcomings that parental precautions may not cover have an open line of communication with the electronic users in the family unit.



JUSTICE FILES

Provided by the 141st Legal Office

During the months of August 2019 through January 2020, commanders used the following actions as a means of punishment, rehabilitation, and maintenance of good order and discipline.

ADMINISTRATIVE INVOLUNTARY DEMOTIONS

141st Mission Support Group

A Staff Sergeant was involuntarily demoted for fitness failures. This member received three "Failed" fitness assessment scores. The member had been progressively disciplined with two LORs. The member was demoted to Senior Airman.

NONJUDICIAL PUNISHMENT (ARTICLE 15)

141st Air Refueling Wing

A Staff Sergeant with prior disciplinary issues received nonjudicial punishment / Article 15 for using tobacco outside of a designated area, in violation of the UCMJ, Article 92. The member's punishment consisted of a reduction to the permanent grade of Senior Airman, suspended unless sooner vacated, restriction to the limits of base for 30 days and a written reprimand.

ADMINISTRATIVE INVOLUNTARY SEPARATIONS

141st Operations Group

A Staff Sergeant's security clearance was revoked due to financial reasons. The member was separated from the Washington Air National Guard with an Honorable service characterization.

141st Mission Support Group

An Airman First Class failed to report for scheduled inactive duty training within 365 days of enlistment. The member was separated from the Washington Air National Guard with an Entry Level Separation.

141st Mission Support Group

An Airman First Class concealed that they had never been charged, arrested, cited, or convicted for any violation of civil or military law. The member had been arrested and was pleading guilty to a felony and, therefore, separated from the Washington Air National Guard with an Under Honorable Conditions (General) service characterization.

141st Mission Support Group

An Airman Basic tested positive for marijuana, a Schedule I controlled substance. The member was separated from the Washington Air National Guard with an Entry Level Separation.



FIRST SERGEANT'S CORNER

By: Senior Master Sgt. Kellie Barton, 141st MDG First Sgt.



Leader, Mentor, Counselor, Advisor- do these words describe you? Do you imagine yourself as a First Sergeant? Yes... great! But what does a First Sergeant do? How do you become one?

First Sergeants are the link between the commander and enlisted members in a unit. It is their responsibility to ensure the commander understands and addresses issues, as well as make sure unit members understand the commander's policies, intent, and vision. First Sergeants are the focal point for non-operational issues, to include readiness and morale. They should be compassionate and empathetic and also have the ability to provide honest feedback.

Many years ago when I was a Senior Airman, I knew that

one day I wanted to be a First Sergeant. Even then, my favorite part about drill weekend was seeing people, getting to know them, and catching up on life events. I had a First Sergeant who was outstanding- he always seemed to be everywhere, taking care of everything. I sought out his mentorship and was deliberately developed for this career path.

I have since been asked several times how to become a First Sergeant, so I want to share some thoughts and ideas for your roadmap.

Number ONE- let people know! Tell your supervisor during your ACA. Tell your commander during a retention interview. These are great opportunities for you to talk about your goals to the leaders who want to help you achieve them.

Seek out mentorship! Go talk to your First Sergeant; how did they get where they are? Ask them to mentor you. Be willing to shadow them and take on additional responsibilities. The more situations you are presented, the more confident you will become in resolving them.

Position yourself now! Knock out the big stuff- PME, CCAF, fitness goals. Volunteer within your unit- be a unit career advisor or unit fitness program manager. Get involved in Wing events- Rising 6, mock boards, planning committees, peer-to-peer training. Put yourself outside your comfort zone.

Let me know what I can do for you. I am happy to help and look forward to seeing some shining new diamonds in the coming years!

141st Wing Safety Office

Non-Fire Cooking Burns



Most burns associated with cooking in 2013-2017 were caused by contact with a hot object or liquid rather than by fire or flame.

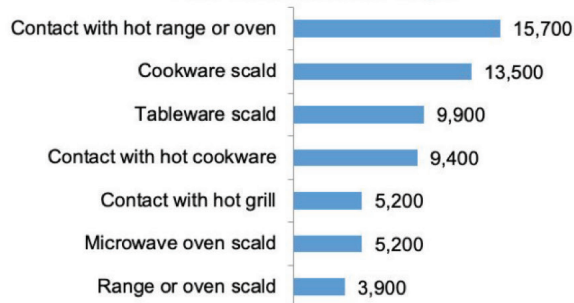
TIPS

- Ranges or ovens were the most common cooking equipment involved in non-fire cooking burns. Only 14% of thermal burns involving ranges or ovens were due to fire or flame.
- Although tableware is not itself used for cooking, it often holds very hot food, soups or drinks, and may itself be very hot.
- Keep hot foods and liquids away from table and counter edges.
- Have a “kid-free zone” of at least 3 feet (1 meter) around the stove and areas where hot food or drink is prepared or carried.
- Never hold a child while you are cooking, drinking a hot liquid, or carrying hot foods or liquids.

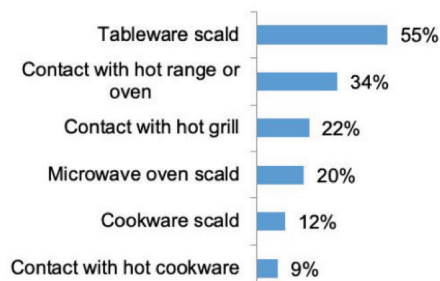
FACTS

- Children under five face a higher risk of non-fire cooking burns. These young children account for 6% of the population but much larger percentages of non-fire burn injuries from cooking equipment, tableware such as bowls and cups, and cookware such as pots and pans.
- In contrast to the non-fire burn estimate, reported home structure fires caused by cooking killed 530 people and injured 5,270 people. This was a fraction of total burn injuries caused by cooking, hot food, or hot drinks. Children under five accounted for only 6% of home cooking fire deaths and 3% of home cooking fire injuries. Cooking was still the leading cause of home fire injuries in the under 5 age group.

**Non-Fire Cooking Burns
Seen at Emergency Departments
2013-2017 Annual Averages**



**Percent of Non-Fire Cooking-Related
Burns Seen at Emergency Departments in
2013-2017 by Children under Five**



Source: Data from the Consumer Product Safety Commission's National Electronic Injury Surveillance System, queried in October 2018.



**BURN
PREVENTION**

American Burn Association
312-642-9260
www.ameriburn.org

Improving the lives of those
affected by burn injuries

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thing and build a company you are proud to call your own. Second, kindness will be you and your company's ultimate strength.

So how do you build your company? I call it, getting on the R.O.A.D. to success.

R=Responsibility. It means our wing never loses sight of taking care of our unit's primary nuclear readiness mission, continuously supporting the CENTCOM commander's needs in the AOR, and finally, caring for our airmen.

O=Ownership. It means big or small, you need to see things through to conclusion. Denzel Washington during an award show said, "Without commitment you will never start and without consistency you will never finish."

A=Accountability. It means we stay committed to caring for our country's property, funds and most precious asset, the airmen. Don't let peer pressure make you look the other way.

D=Dependability. Without this trait, the previous subjects we've talked about are useless. Also, your subordinates, peers and supervisors count on you to have a consistent trustworthy

character they can depend on.

Finally, I want to let you know kindness is not a weakness, but rather it will be your greatest strength. It does not paint you as frail leader, just the opposite, especially when you seek nothing in return. During your time in the military you will have the opportunity to work with countless individuals. Some of these people will return to your life as a subordinate, and some may be your boss. A few of these individuals will return from MAJCOM assignments as Chiefs, or maybe even the Fairchild AFB installation commander. Folks will not remember all the interesting things you said or did, but rather how you made them feel. Gary Vaynerchuk, a successful entrepreneur said, "Once you are happy for people instead of envious, you can start the process of getting to a happy place."

I hope you have a wonderful Drill weekend.
Colonel David E. Kimpel

DFAC LUNCH MENU

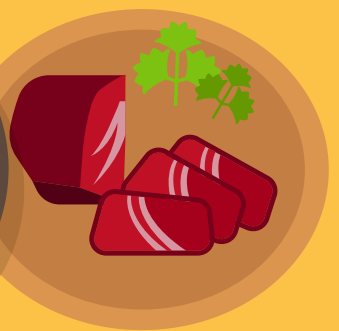
1100-1300

SATURDAY

- Blackend Basa
- Roasted Turkey
 - Potatoes
 - Rice Pilaf
 - Salad Bar

SUNDAY

- Pork Loin
- Chicken Casserole
 - Potatoes
 - Rice
 - Salad Bar



HISTORY

141st Major Leaguers



PRESS RELEASE PHOTO - Dodgers and Brewers Represented in Air Guard Promotion Ceremony - Two members of the Washington Air National Guard, both well-known professional baseball players were promoted this week. SSgt. Geoffrey Zahn, a pitcher for the Los Angeles Dodgers received his new stripes from SMSgt. Thomas Reed as did A1C Gary Martz of Spokane, a first baseman in the Milwaukee Brewer organization.

Zahn played for the Spokane Indians in 1970 and joined Albuquerque when the franchise was moved to New Mexico. He joined the Dodgers last year.

Martz, a Spokane, Wash. native, prepped at West Valley High School and signed professional upon graduation in 1969. He played last year for Shreveport in the Texas League and is expected to be with Sacramento in AAA baseball this season.

SURVIVAL

141ST OPERATIONS GROUP

TRAINS IN OPEN WATER

Guardsmen from the 141st Operations Group took to the choppy waters of Liberty Lake to accomplish their biannual water survival training in early September. The training was a coordination effort between the 141st Operations Group, the 22nd Training Squadron, and the 36th Rescue Squadron from Fairchild Air Force Base, Wash.

Survival, Evasion, Resistance, and Escape (SERE) specialists from the 22nd TRS led the training with the assistance of the 36th RQS and one of their Bell UH-1N Iroquois “Huey” helicopters to provide water survival training as close to real-world scenarios as possible.

“The purpose of the training is to make sure that every warfighter is prepared to learn how to survive in any condition in the water,” said Staff Sergeant Michael Salvaggio, a SERE specialist with the 22nd TRS. “Trainees are taught everything on how to exit the aircraft to getting hoisted and rescued and getting out.”

The morning consisted of refresher training familiarizing Airmen with survival kits and how to get into quick donning equipment and life preservers. Lessons on how to get into the life rafts and set up the raft canopies followed. The Airmen were then ferried out to the middle of the lake via pontoon boat and





after waiting for the sign to go, were dropped into the water to wait for the “Huey” to hoist them out, simulating a real-life water rescue.

“The training environment in a pool is hard to wrap your head around,” said Salvaggio. “When you’re out being rescued by live helicopter it’s still a training environment but it’s also real. Even though this isn’t a real situation where you’re actually stranded there is a live helicopter picking you up. You have to do everything right or you’re putting everybody else’s life at risk as well.”

Water survival refresher training courses can be completed at the pool on Fairchild, but the

opportunity to build on as-close-to-real-life experiences and apply the skills taught prove to be the most beneficial, said the SERE specialists.

The Airmen were able to capitalize on this unique training and were able to learn the ins and outs of water survival by experiencing realistic scenarios in open water.

“Most of it is confidence,” said Staff Sergeant Wesley Ward, SERE specialist from the 22nd Training Squadron. “It gives them that actual experience; giving them that open environment where they have to think for themselves and remember what they did is definitely a benefit for them.”

CHIEF'S CORNER



*Chief Master Sgt. Jeffrey Wyrick
141 ARW First Sgt.*



DISCIPLINE

Hello Patriots and welcome to February Drill! I wanted to talk about discipline and standards this month but it turns out General Goldfein beat me to it.

“Our ultimate job as an Air Force is to rapidly dominate the air and space over a geographical area in support of national security objectives. This often involves the precise and deliberate destruction of selected enemy targets and loss of life. Nothing about the job is inherently safe. Working next to running jet engines is not safe. Deploying into high threat areas is not safe. Securing an air field

in a high terrorist threat condition is not safe. Dodging surface-to-air missiles is not safe. So, how do you build a safe working environment under these conditions? One answer is by stressing discipline. A disciplined squadron will always be a safe squadron; however, the reverse is not necessarily true. Discipline to an aviator means strict adherence to the rules of engagement in war and to training rules in peacetime. Discipline to a maintainer means adherence to technical orders and precise documentation of

work performed. A disciplined squadron will take pride in its facilities and work areas. Standards for wear of the uniform and personal appearance will be strict, understood and supported by your supervision. Punish breaches and openly. When you build your squadron safety program focus on discipline first. Achieve it and you will be the safest operation on base with no sacrifice in mission readiness.” Written by Gen (then Col) Dave Goldfein.

I hope you all have a great Drill!

Group Meetings



Meeting Sunday February 9, 2020
11:30 @ the IG Conference room
in Bldg. 399

Top 3



Meeting Sunday February 9, 2020
11:30 @ the Honor Guard Training
Room in Bldg. 399

PROMOTIONS



Mindy Yates



Elissa Wagner
Brittany Clark
Nathanael Davis
Alexis Frank



Jacob Fields
Nicholas Pinque
Cassandra Gerhart



Kalina Bryan
Casey Ibach
Jordan Allen
Jennifer Tolbert